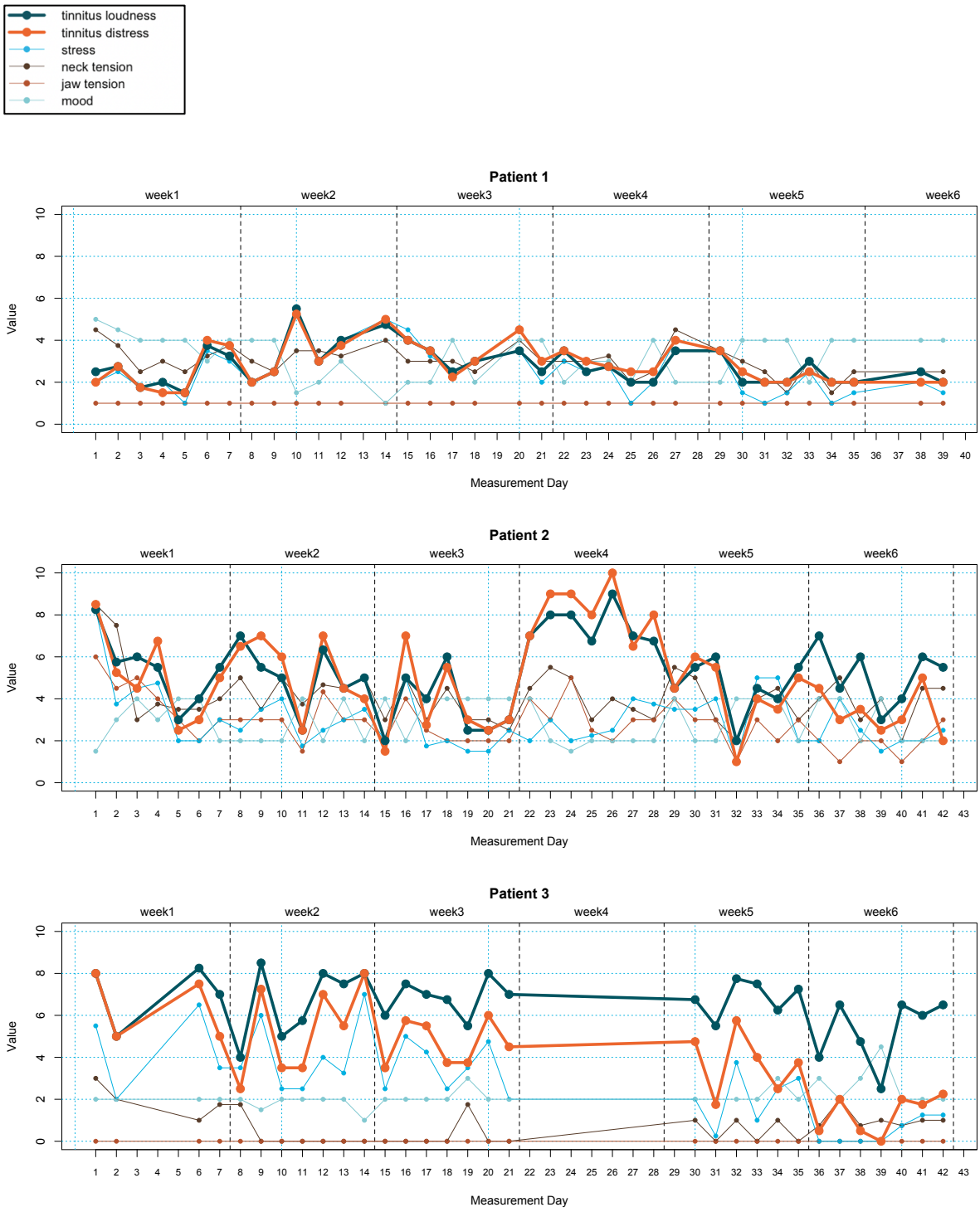
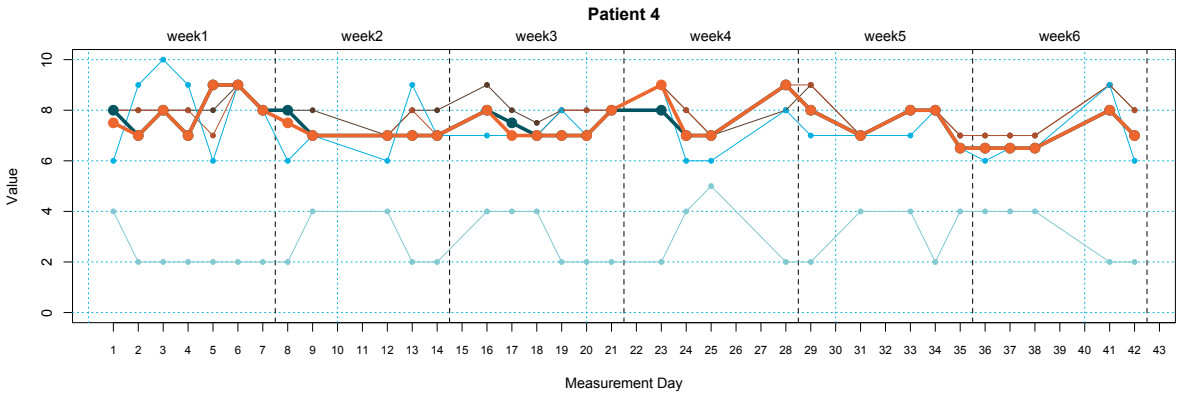
S1. Supplemental Material. Picture of the acupressure device (top) and how it should be mounted around the ear. The white arrows point to the parts of the device that can be adjusted to the individual ear.

S2. Supplemental Material. Visualization of the individual data in the study group over the six-week period. Tinnitus loudness and tinnitus distress as the main outcome variables are drawn in thick lines.

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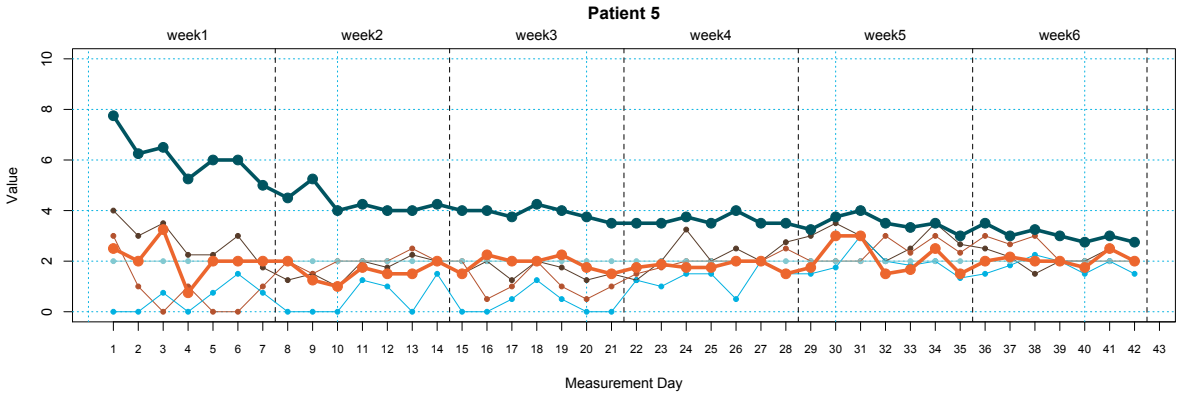
week6
Value
Measurement Day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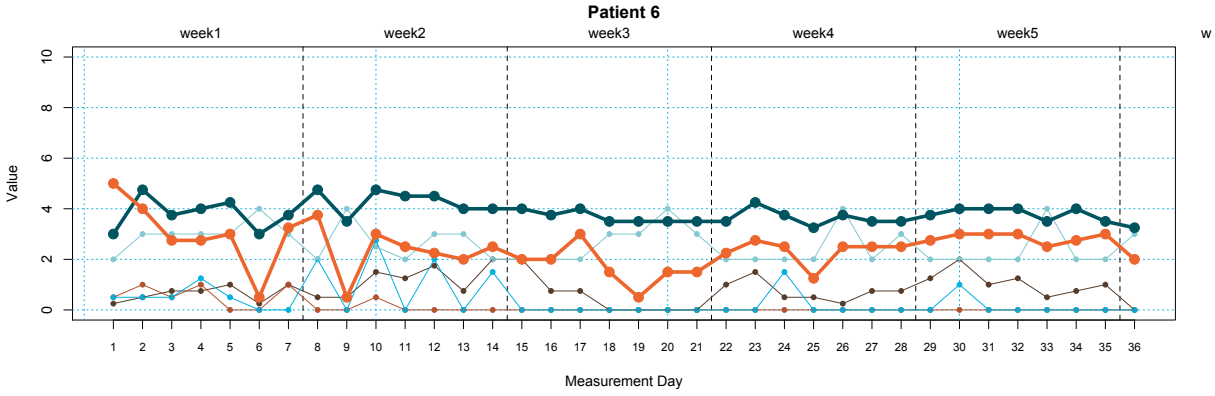
Value
Measurement Day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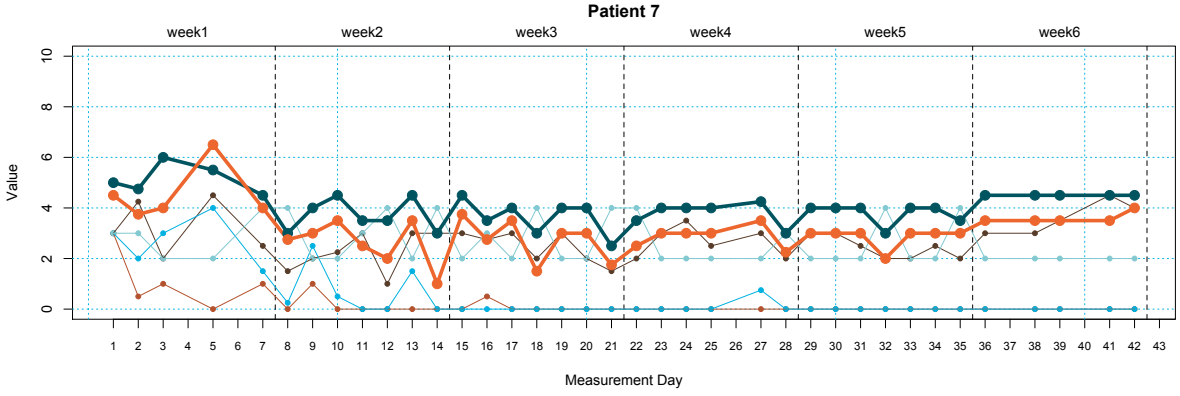
Measurement Day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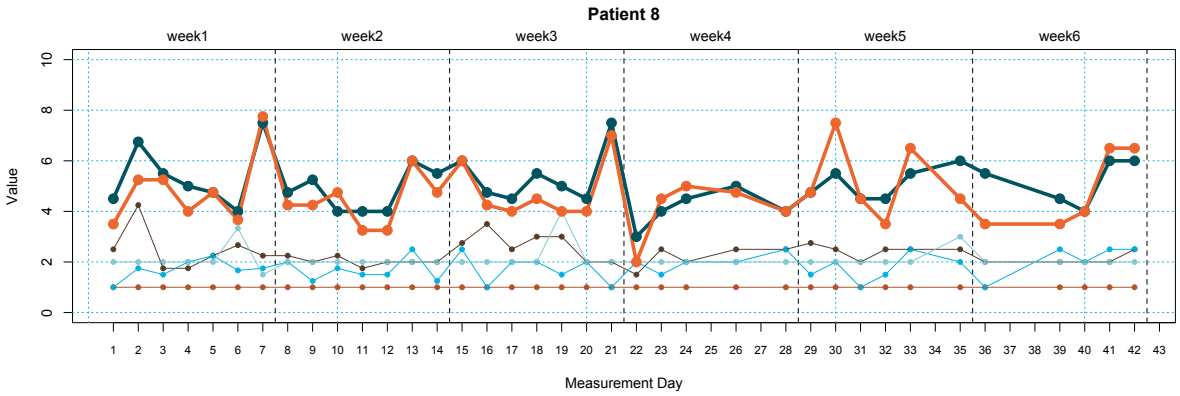
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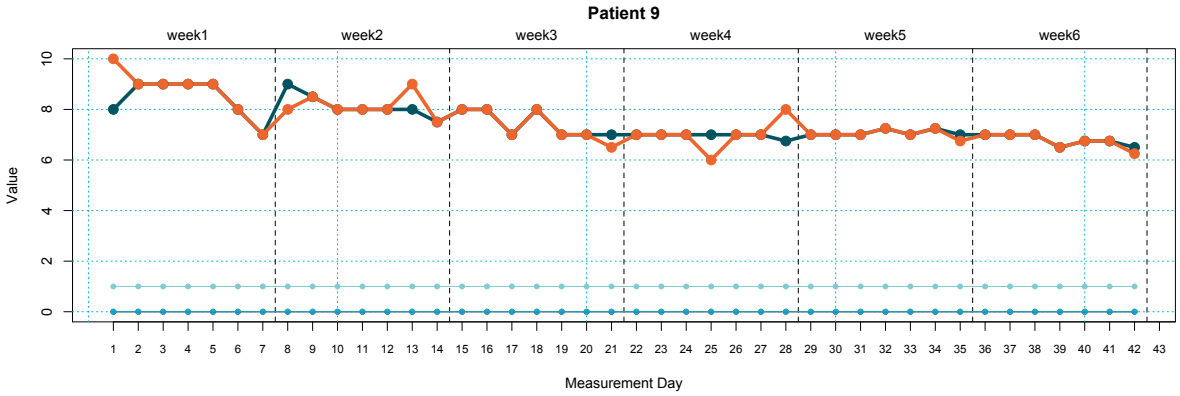
week6
Value
Measurement Day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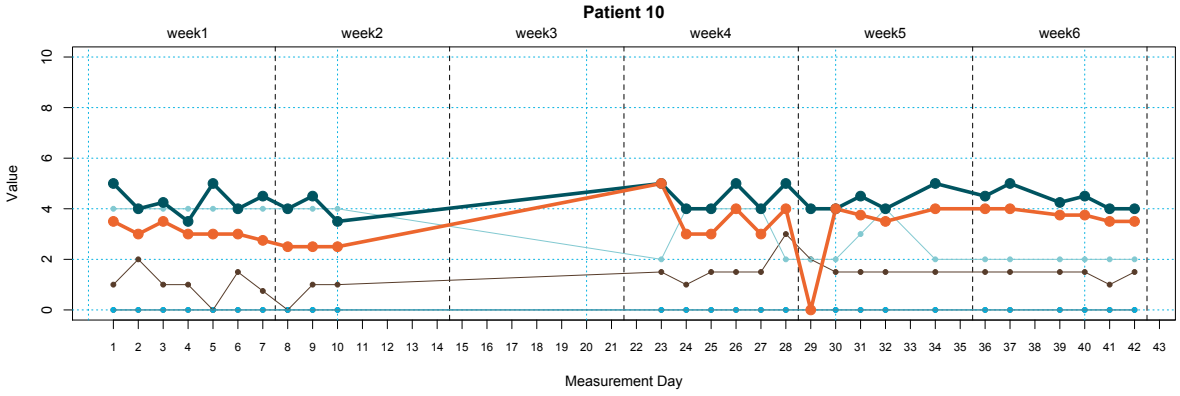
week6
Value
Measurement Day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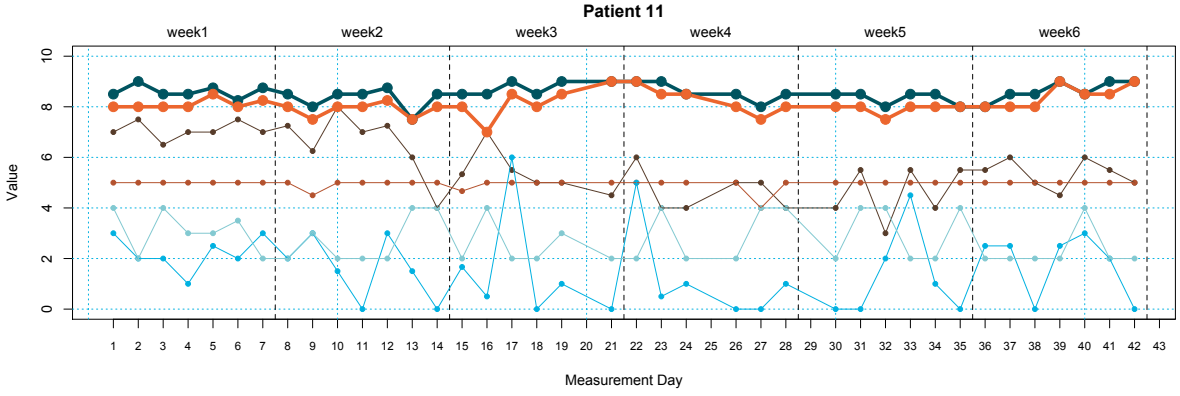
Value
Measurement Day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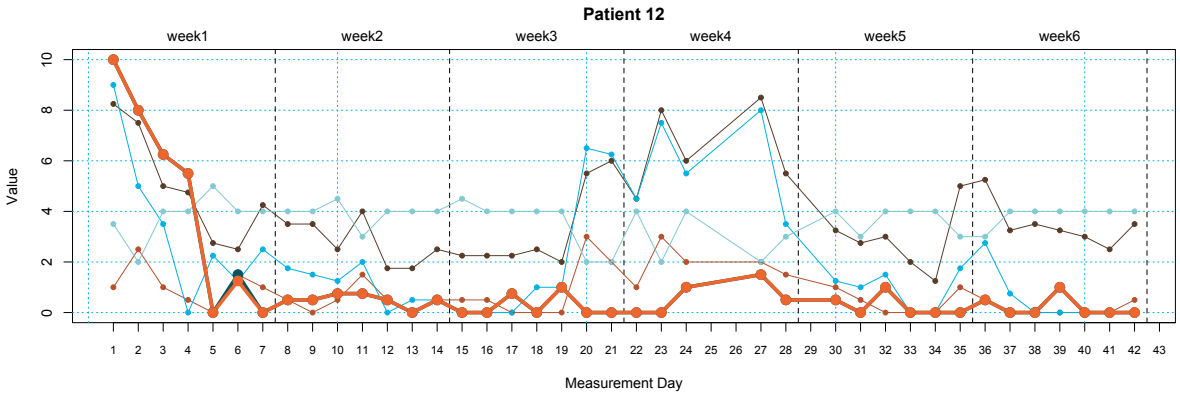
Value
Measurement Day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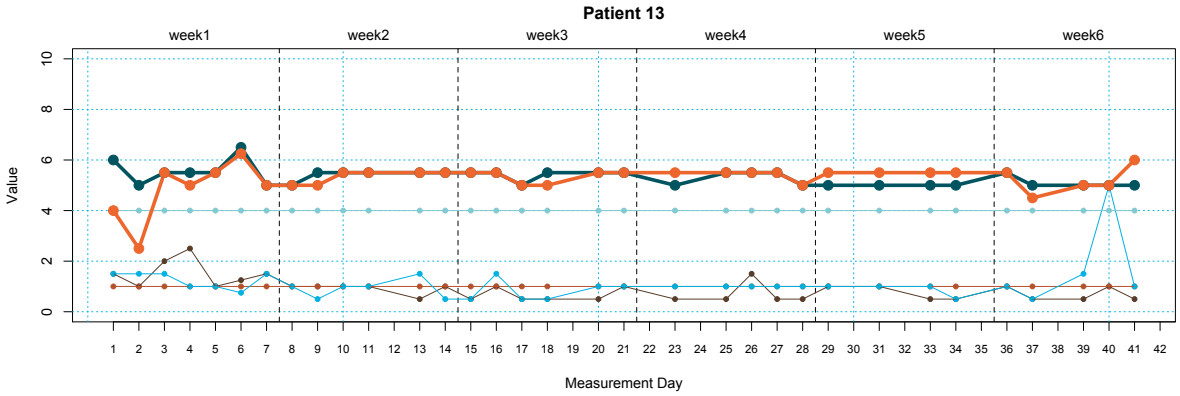
week6
Value
Measurement Day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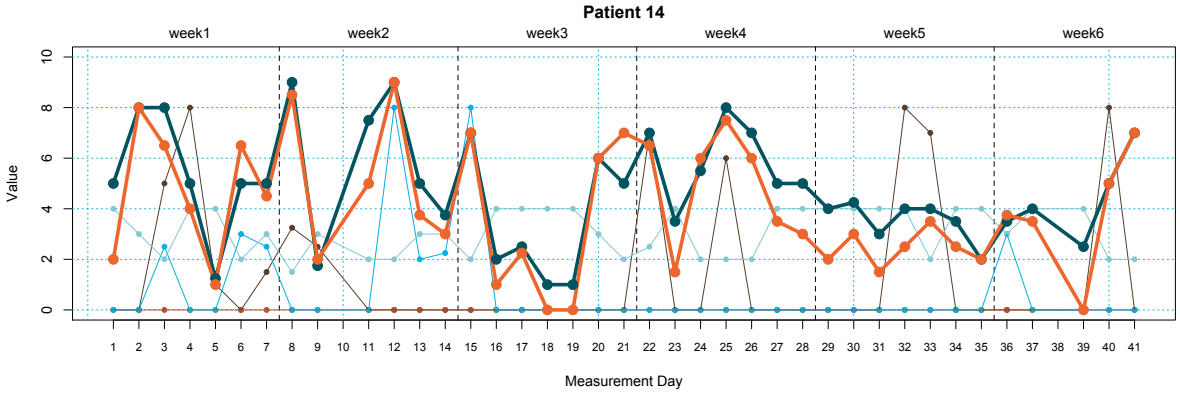
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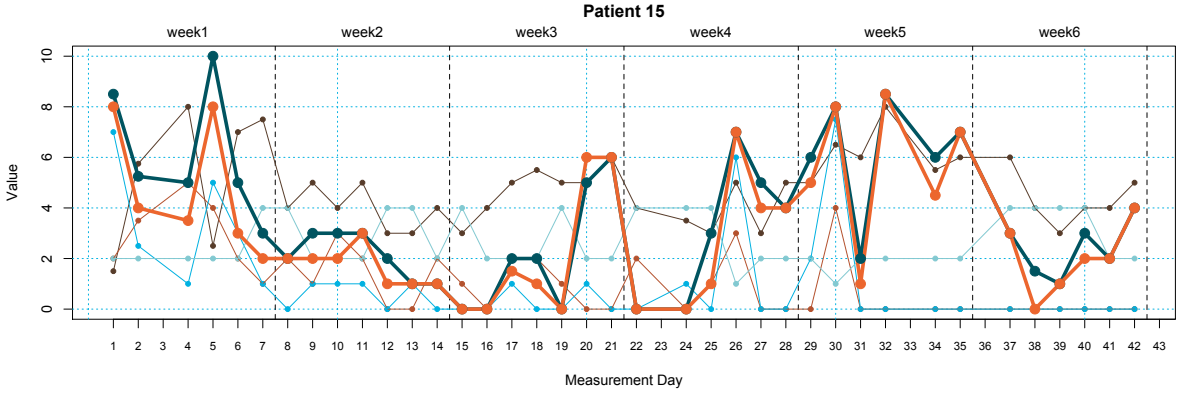
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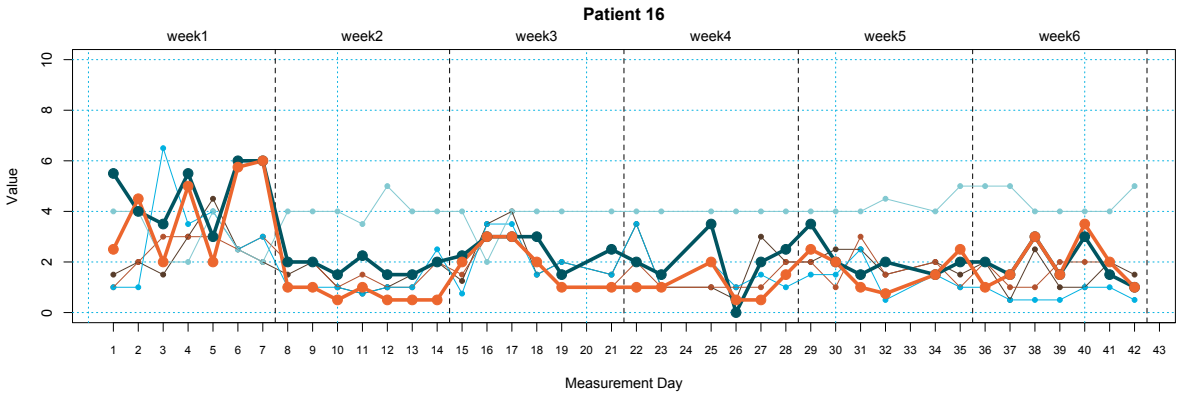
Value
Measurement Day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week3
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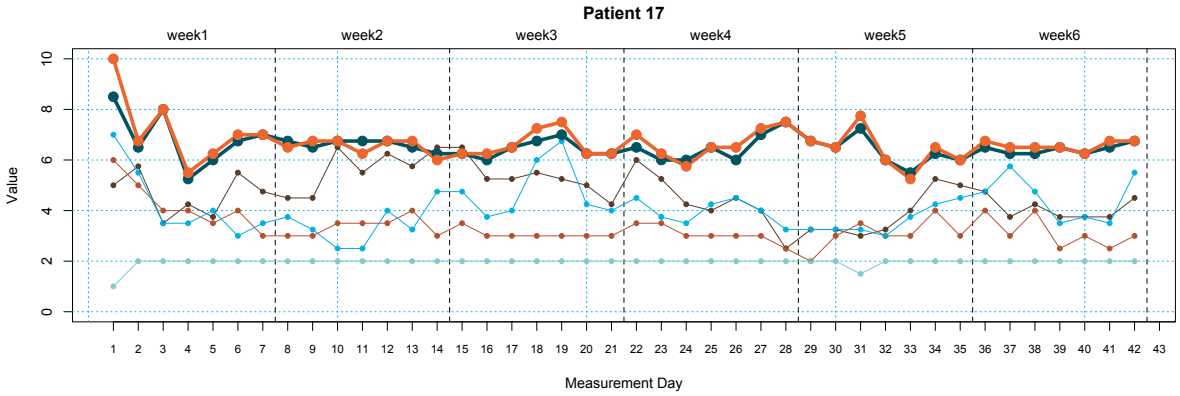
week5
week6
Value
Measurement Day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week4
week5
week6
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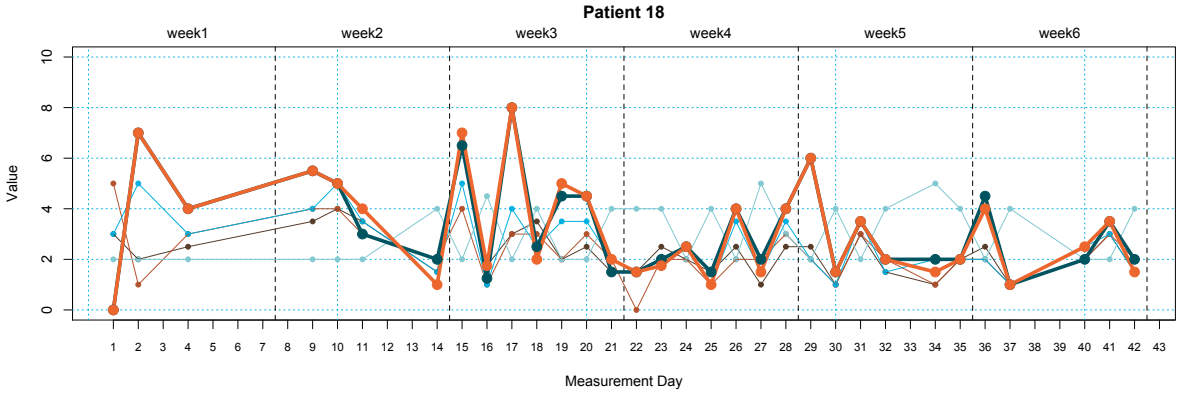
Measurement Day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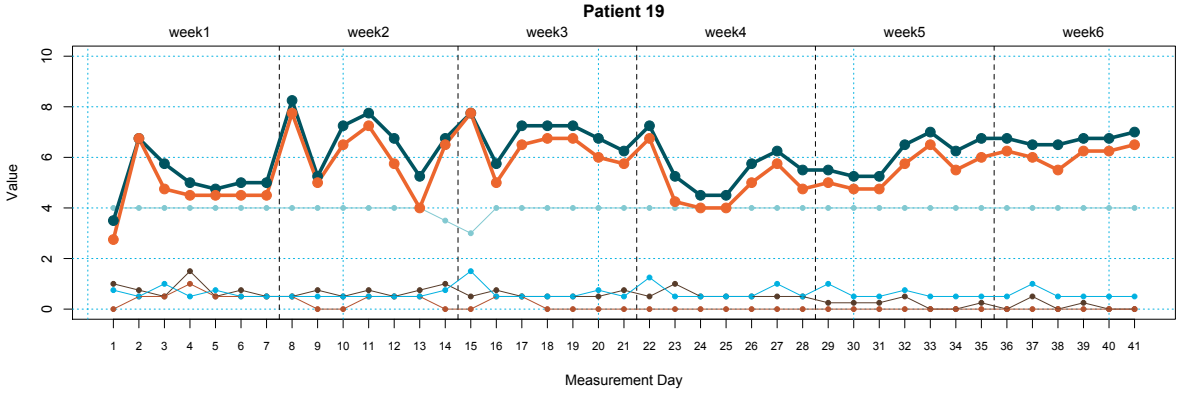
Measurement Day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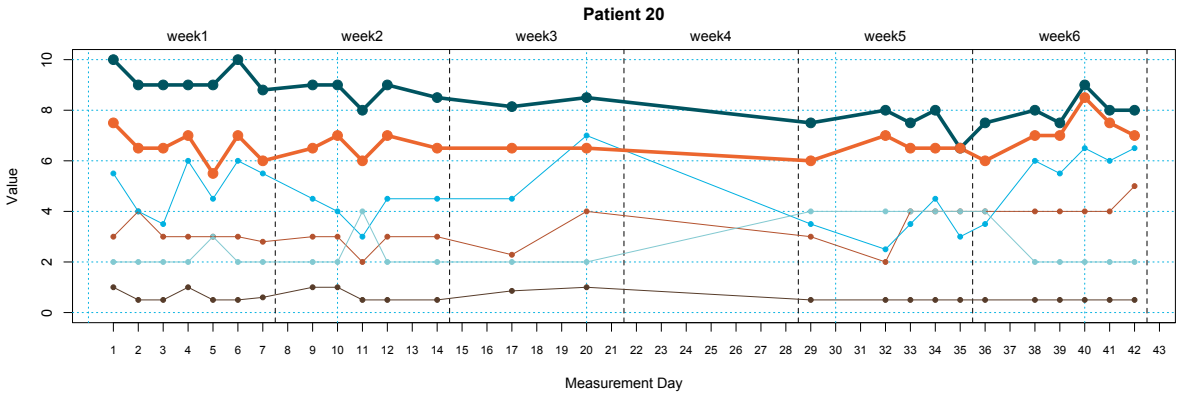
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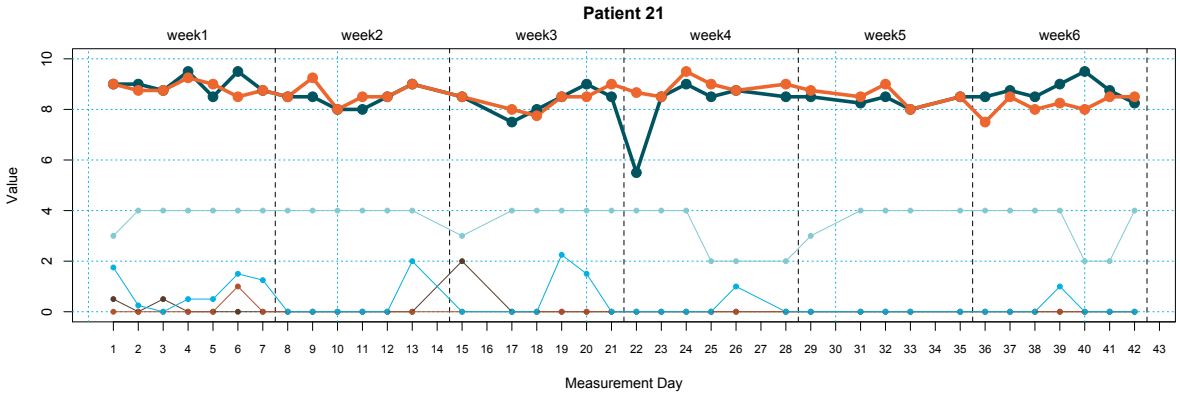
week4
week5
week6
Value
Measurement Day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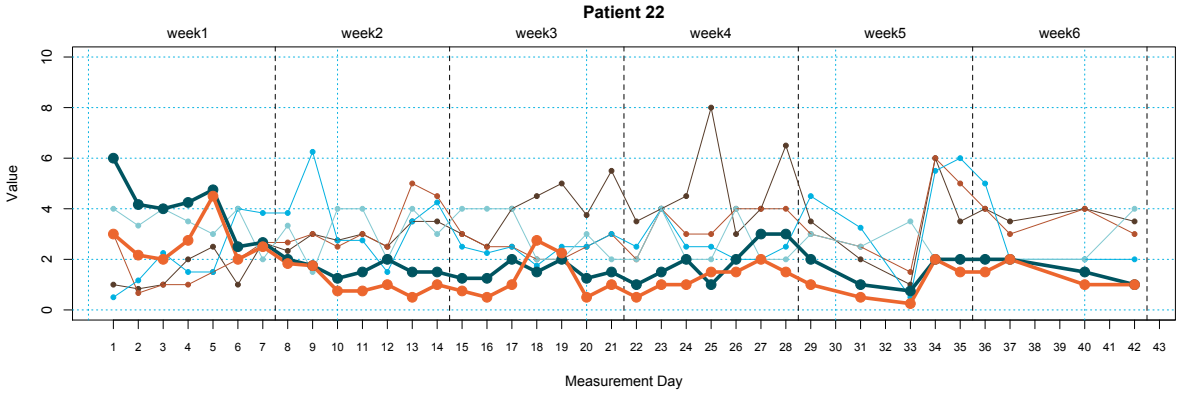
week3
week4
week5
week6
Value
Measurement Day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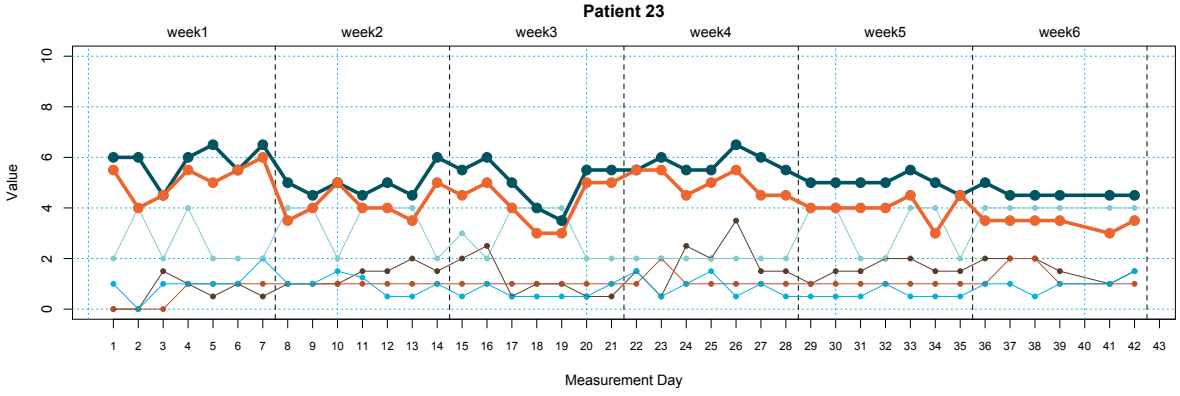
week3
week4
week5
week6
Value
Measurement Day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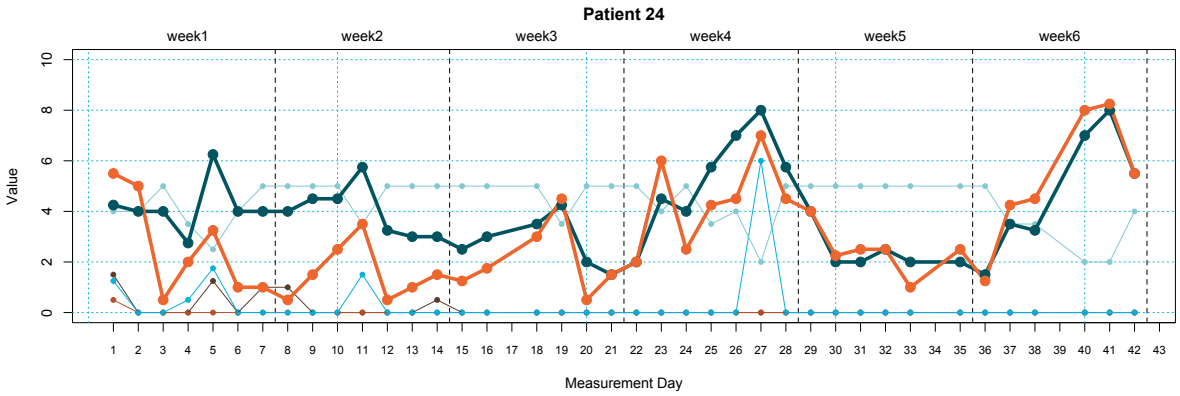
week3
week4
week5
week6
Value
Measurement Day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week5
week6
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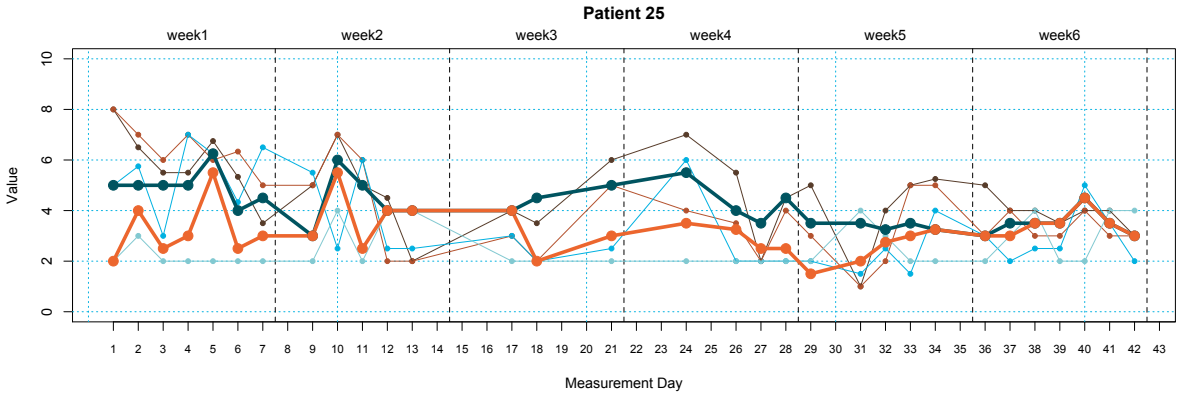
Measurement Day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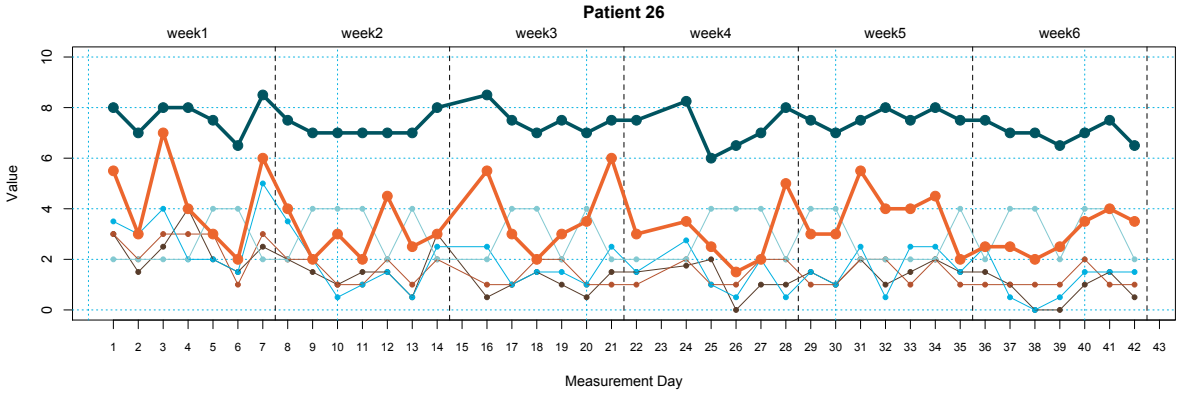
week4
week5
week6
Value
Measurement Day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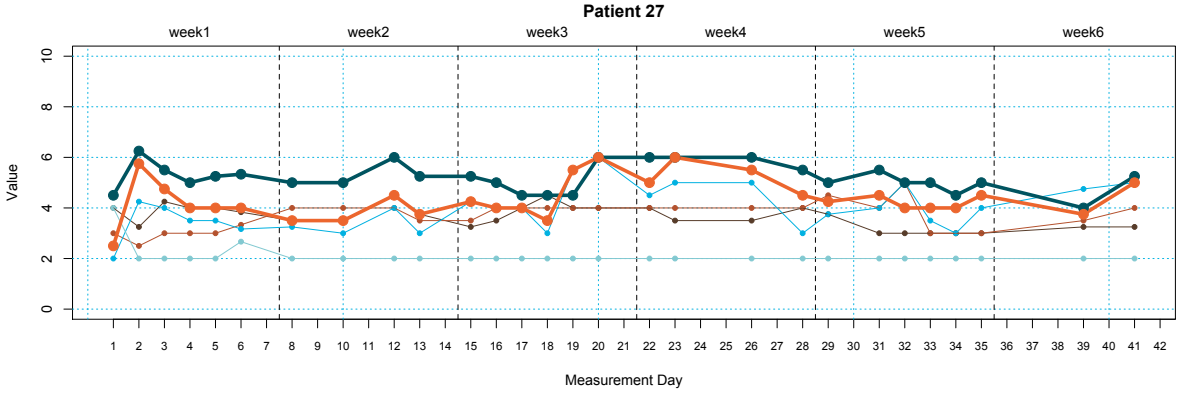
week5
week6
Value
Measurement Day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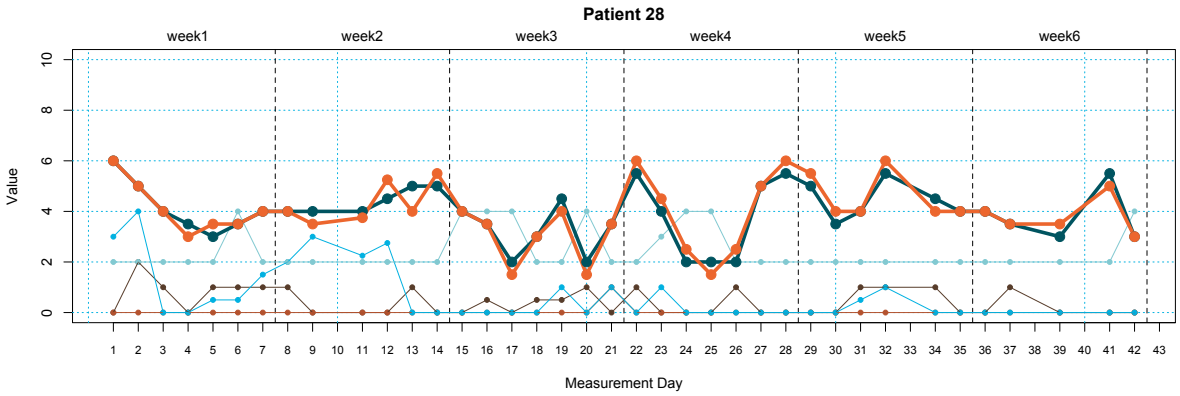
week3
week4
week5
week6
Value
Measurement Day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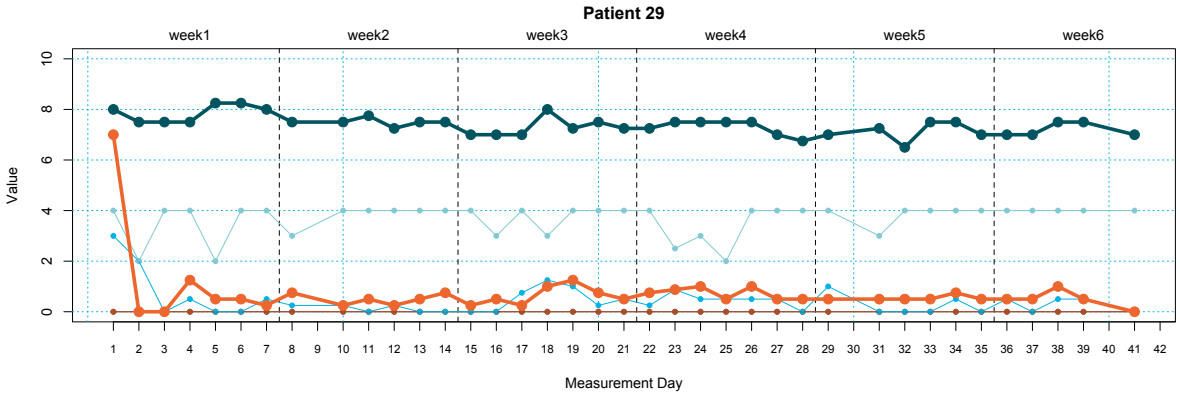
week3
week4
week5
week6
Value
Measurement Day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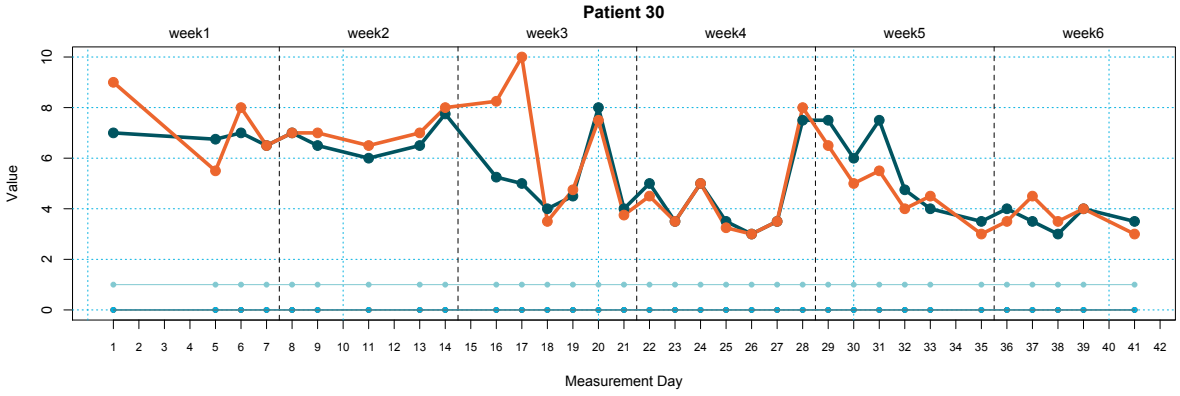
week3
week4
week5
week6
Value
Measurement Day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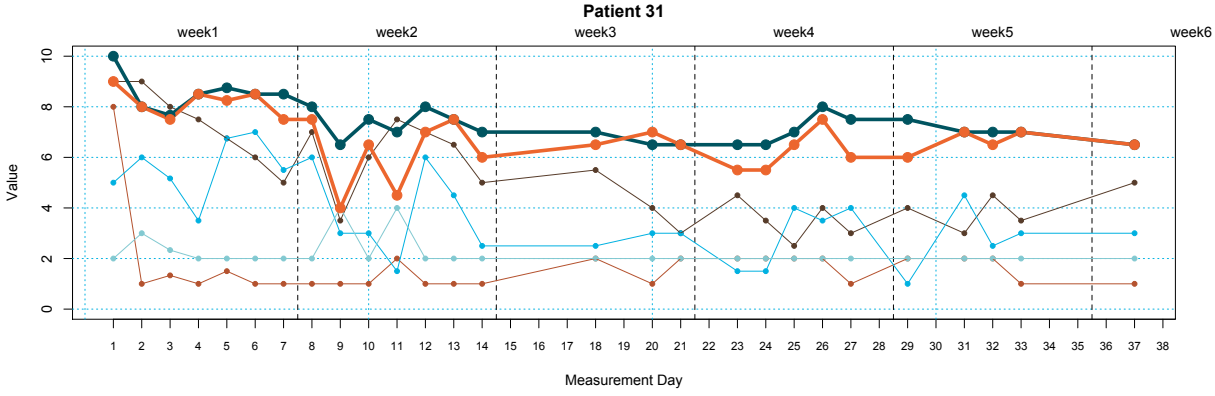
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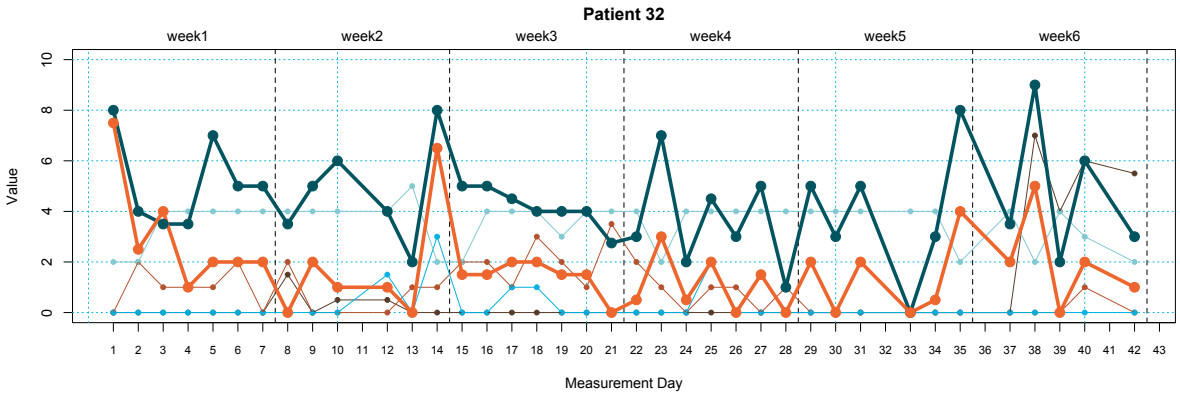
Measurement Day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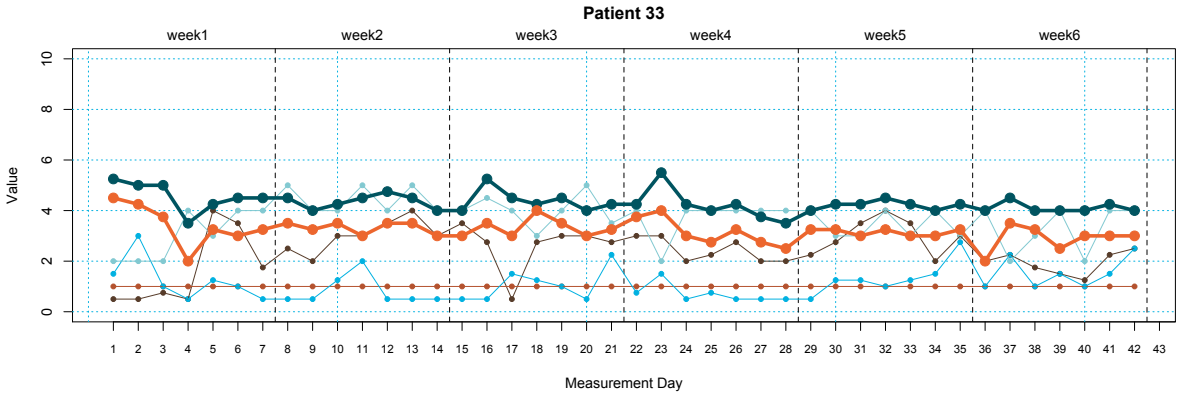
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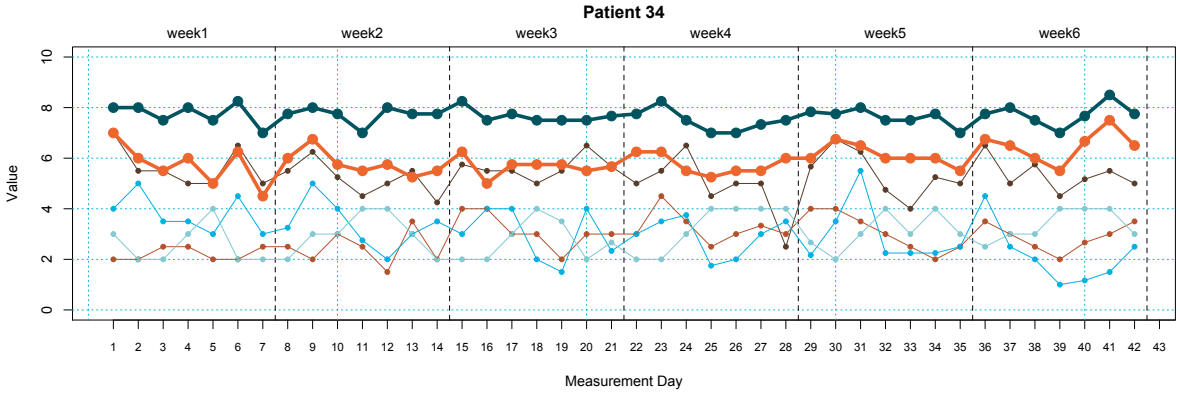
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week4
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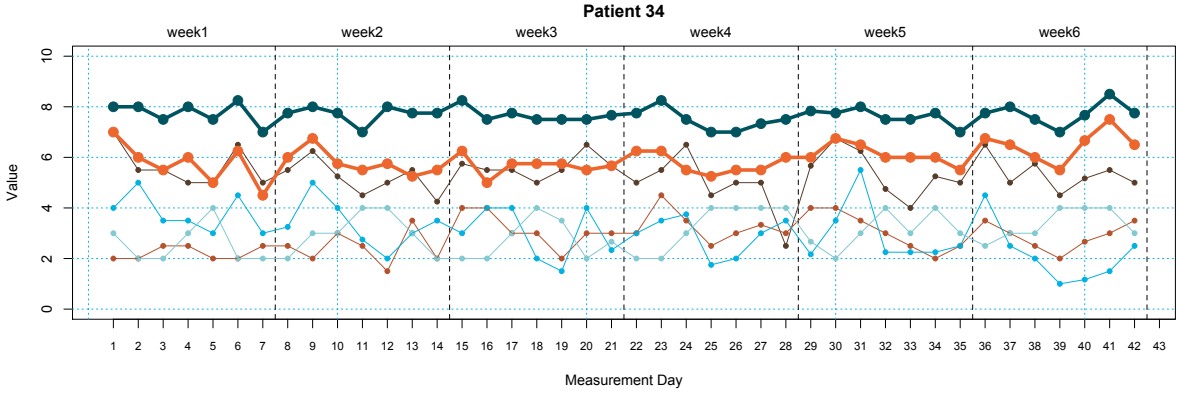
Measurement Day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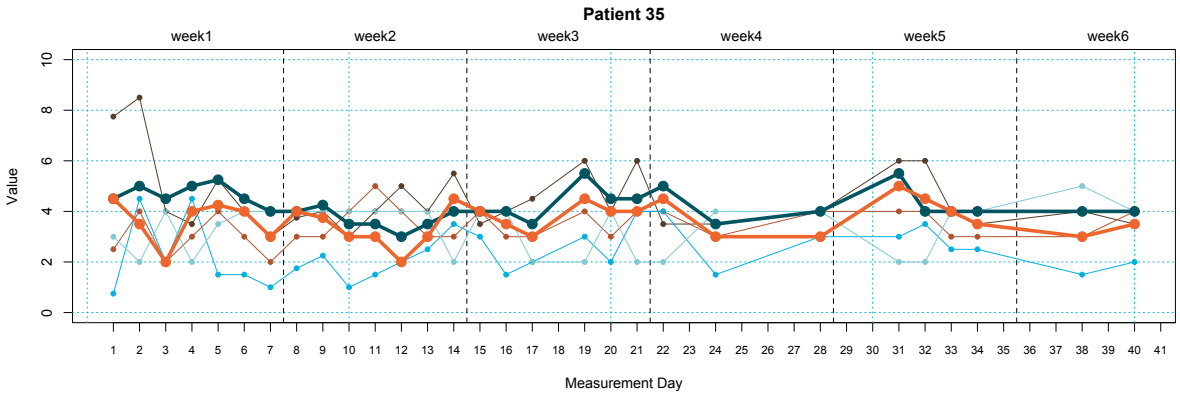
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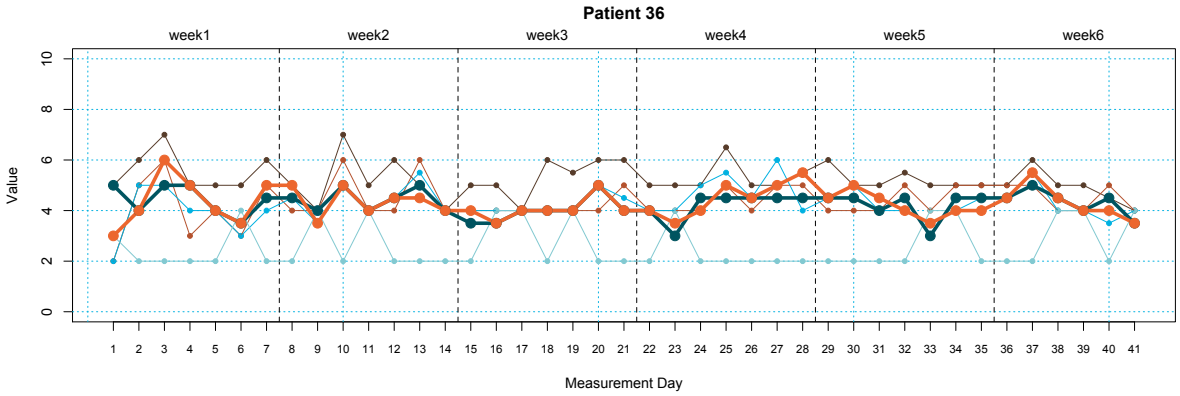
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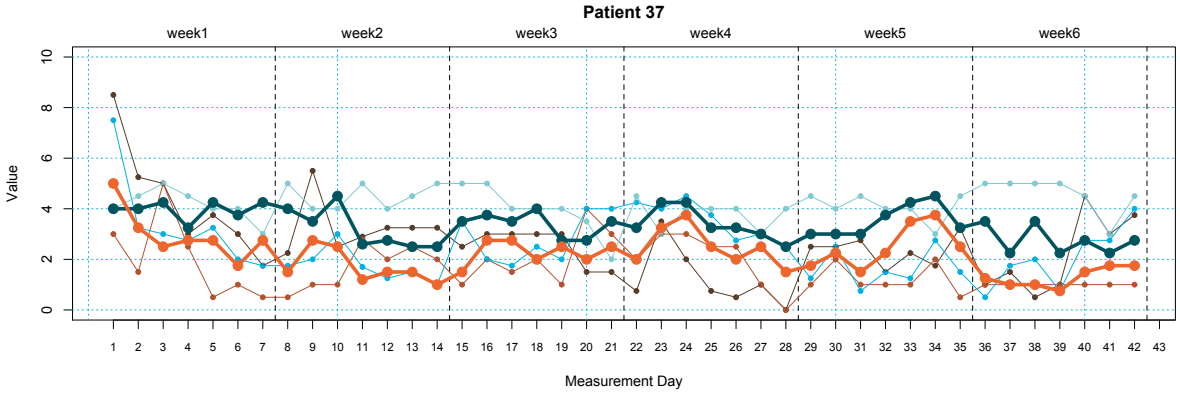
Patient 37
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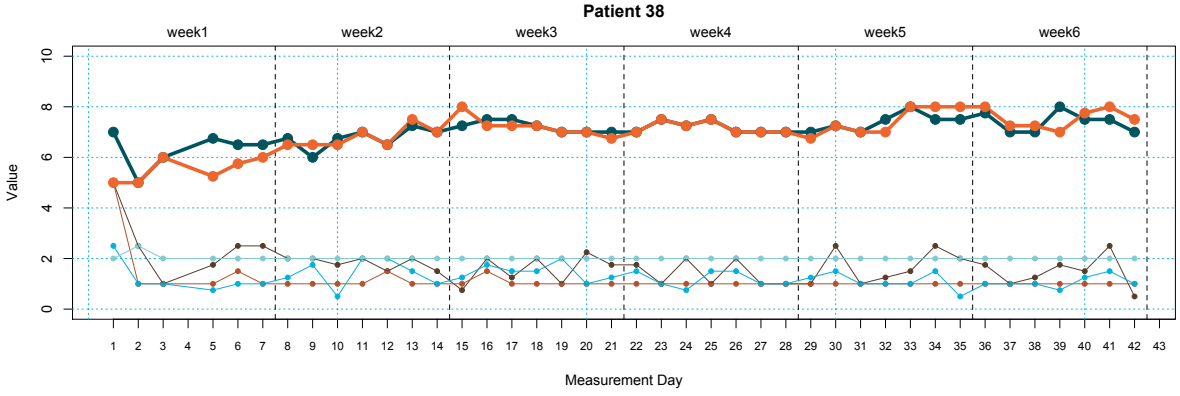
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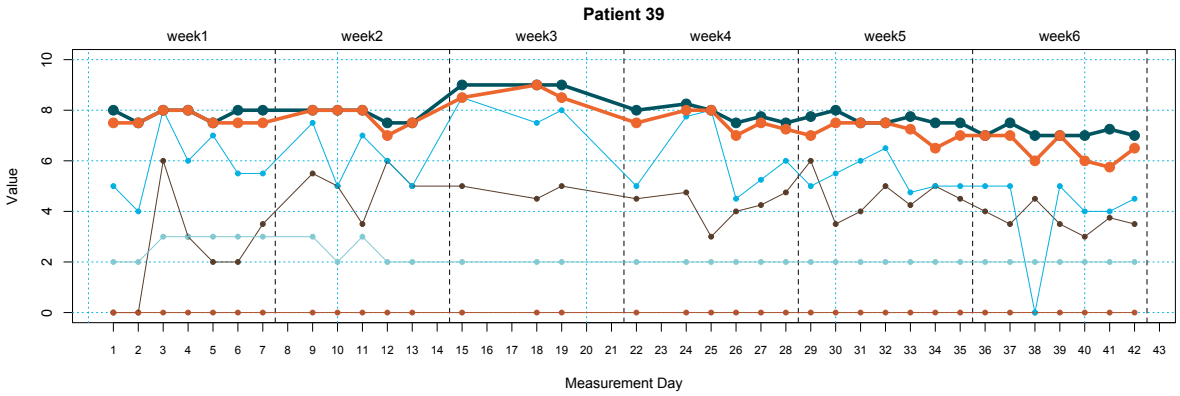
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8
10
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Measurement Day

S3 Supplemental material. Overview of the linear regression estimated in the study group. Estimates are summerized and mean ± standard deviation are provided in the table together with the range of estimates [min; max] .

Symptom	Intercept	Slope
Tinnitus Loudness	5.72 ± 1.79 [3.16; 9.13]	-.023 ± .027 [-.098; .030]
Tinnitus Distress	4.70 ± 2.13 [.97; 8.84]	-.018 ± .036 [-.118; .060]
Stress	2.65 ± 1.89 [.07; 7.84]	-.022 ± .033 [-.107; .045]
Tension in the jaw muscles	2.17 ± 1.82 [.022; 7.81]	-.008 ± .029 [-.087; .051]
Tension in the neck muscles	3.00 ± 2.29 [-1.06; 8.16]	-.013 ± .037 [-.144; .085]
Mood	2.84 ± .85 [1.00; 4.44]	.000 ± .016 [-.055; .035]