

Table A1. Descriptives items-scale CBI_R

	N	Minimum	Maximum	Mean	S.D.
PB. Personal burnout					
1. How often do you feel tired?	83	1	5	4.04	1.37
2. How often are you physically exhausted?	83	1	5	3.65	1.46
3. How often are you emotionally exhausted?	83	1	5	3.75	1.55
4. How often do you think: "I can't take it anymore"?	83	1	5	3.10	1.62
5. How often do you feel worn out?	83	1	5	3.05	1.46
6. How often do you feel weak and susceptible to illness?	83	1	5	4.11	1.65
WB. Work-related burnout					
1. Is your work emotionally exhausting?	83	1	5	3.82	1.53
2. Do you feel burnt out because of your work?	83	1	5	2.49	1.52
3. Does your work frustrate you?	83	1	5	3.36	1.65
4. Do you feel worn out at the end of the working day?	83	1	5	2.81	1.58
5. Are you exhausted in the morning at the thought of another day at work?	83	1	5	3.36	1.56
7. Do you have enough energy for family and friends during leisure time?	83	1	5	2.71	1.62
CB. Client-related burnout					
1. Do you find it hard to work with clients?	83	1	5	2.04	1.34
2. Do you find it frustrating to work with clients?	83	1	5	2.37	1.52
3. Does it drain your energy to work with clients?	83	1	5	2.98	1.69
4. Do you feel that you give more than you get back when you work with clients?	83	1	5	2.17	1.60
5. Are you tired of working with clients?	83	1	5	2.37	1.74

Table A2. T-test results: Stress level before the pandemic and during the pandemic

t-test for Equality of Means										
Group	N	Mean	S. D.	t	df	p	Mean Difference	Std. Error Difference	CI4	
									Lower	Upper
SD	83	8.61	1.62	10.50	82	.00	2.61	.24	2.11	3.11
SB	83	6.00	1.96							

Table A3. T-test results: Stress level before the pandemic and during the pandemic and the system where they work

	t-test for Equality of Means										
	Group	N	Mean	S. D.	t	df	p	Mean Difference	Std. Error Difference	CI4	
										Lower	Upper
Public system	SD	59	8.97	1.48	10.75	58	.00	2.79	.26	2.27	3.31
	SB	59	6.17	1.92							
Private system	SD	23	7.70	1.66	3.47	22	.00	2.04	.58	.82	3.26
	SB	23	5.65	2.05							

Table A4. T-test results: Burnout scales –Paired Differences

Groups compared	t-test for Equality of Means									
	N	S. D.	t	df	p	Mean Difference	Std. Error Difference	CI4		
								Lower	Upper	
Work- Personal	83	.69	-1.77	82	.07	-.13	.07	-.28	.01	
Work-Client	83	.77	6.69	82	.00	.56	.08	.39	.73	
Personal- Client	83	1.01	6.28	82	.00	.70	.11	.48	.92	

Table A5 Chi-Square Tests - Level of burnout

Status			Pearson Chi-Square Value	df	Asymp. Sig. (2-sided)	Phi Value	Approx. Sig.
Elderly categories	versus	others	11.72	2	.003	0.37	0.003
Disabilities categories	versus	others	6.51	2	.030	0.28	0.03

Table A6 Chi-Square Tests - Level of burnout

Status			Pearson Chi-Square Value	df	Asymp. Sig. (2-sided)	Phi Value	Approx. Sig.
Intention to resign			7.58	2	.023	0.30	0.023
Intention to change the category of beneficiaries			4.02	2	.134	0.22	0.134
Intention to change profession			10.46	2	.005	.355	.005