

1 Article

2 The Role of GPR109a Signaling in Niacin Induced 3 Effects on Fed and Fasted Hepatic Metabolism.

4 Caroline E. Geisler ^{1,2}, Benjamin J. Renquist ^{1,*}

5 ¹School of Animal and Comparative Biomedical Sciences, University of Arizona, Tucson, AZ 85721 USA.

6 ²Perelman School of Medicine, University of Pennsylvania, Philadelphia, PA 19104, USA.

7 * Correspondence: Author: bjrenquist@email.arizona.edu; Tel.: 520-626-5793

8 **Abstract:** Signaling through GPR109a, the putative receptor for the endogenous ligand β -OH
9 butyrate, inhibits adipose tissue lipolysis. Accordingly, this provides a feedback mechanism by
10 which the liver can communicate to adipose tissue to limit lipolytic flux. Niacin, an anti-
11 atherosclerotic drug, activates GPR109a at nM concentrations. However, the GPR109a mediated
12 anti-lipolytic actions of niacin are not required for niacin to improve circulating triglyceride and
13 lipoprotein concentrations. Niacin also modulates glucose metabolism and regulates transcription
14 of gluconeogenic genes, although the role of GPR109a in these actions is unclear. To better
15 understand the involvement of GPR109a signaling in regulating glucose and lipid metabolism, we
16 treated GPR109a wildtype (+/+) or knockout (-/-) mice with repeated overnight injections of saline
17 or niacin in physiological states characterized by low concentrations (ad libitum fed) of the
18 endogenous ligand, β -OH butyrate, or in a ketogenic state (16 hour fast). Niacin decreased fasting
19 serum non-esterified fatty acid concentrations in both GPR109a +/+ and -/- mice. Accordingly,
20 independent of GPR109a expression, niacin blunted fast-induced hepatic triglyceride accumulation.
21 Niacin decreased fasting hepatic mRNA expression of the lipid activated transcription factor
22 peroxisome proliferator activated receptor α (PPAR α). Still, hepatic expression of PPAR α target
23 genes in gluconeogenesis, β -oxidation, and ketogenesis during a fast was unaffected by GPR109a
24 expression or niacin. Niacin did not alter serum or hepatic lipids in the fed state, suggesting the
25 effects of acute niacin treatment during fasting are downstream of inhibiting lipolysis. Surprisingly,
26 GPR109a knockout did not affect glucose or lipid homeostasis or hepatic gene expression in either
27 fed or fasted mice. In turn, GPR109a does not appear to be essential for the metabolic response to
28 the ketogenic state or the pharmacological benefits associated with niacin.

29 **Keywords:** GPR109a; β -OH butyrate; niacin; metabolic homeostasis; liver

30

31 Introduction

32 GPR109a was identified as the niacin receptor in 2003 [1]. Although niacin binds to GPR109a
33 with high affinity (100 nM EC₅₀), this concentration is only reached in response to administration of
34 pharmacological doses. In 2005, it was established that physiologically relevant concentrations of β -
35 OH butyrate activated GPR109a [2]. With an EC₅₀ of 700-800 μ M, physiologically relevant changes
36 in β -OH butyrate concentrations that accompany a fast can vary signaling at GPR109a [3]. While
37 GPR109a was first shown to inhibit adipose tissue lipolysis, it has since been identified in various
38 other tissues with a broad range of physiological actions [4]. The GPR109a agonist, niacin, regulates
39 gene expression in liver, skeletal muscle, adipose tissue, and macrophages, although a direct role of
40 GPR109a signaling has not been explored [5-8].

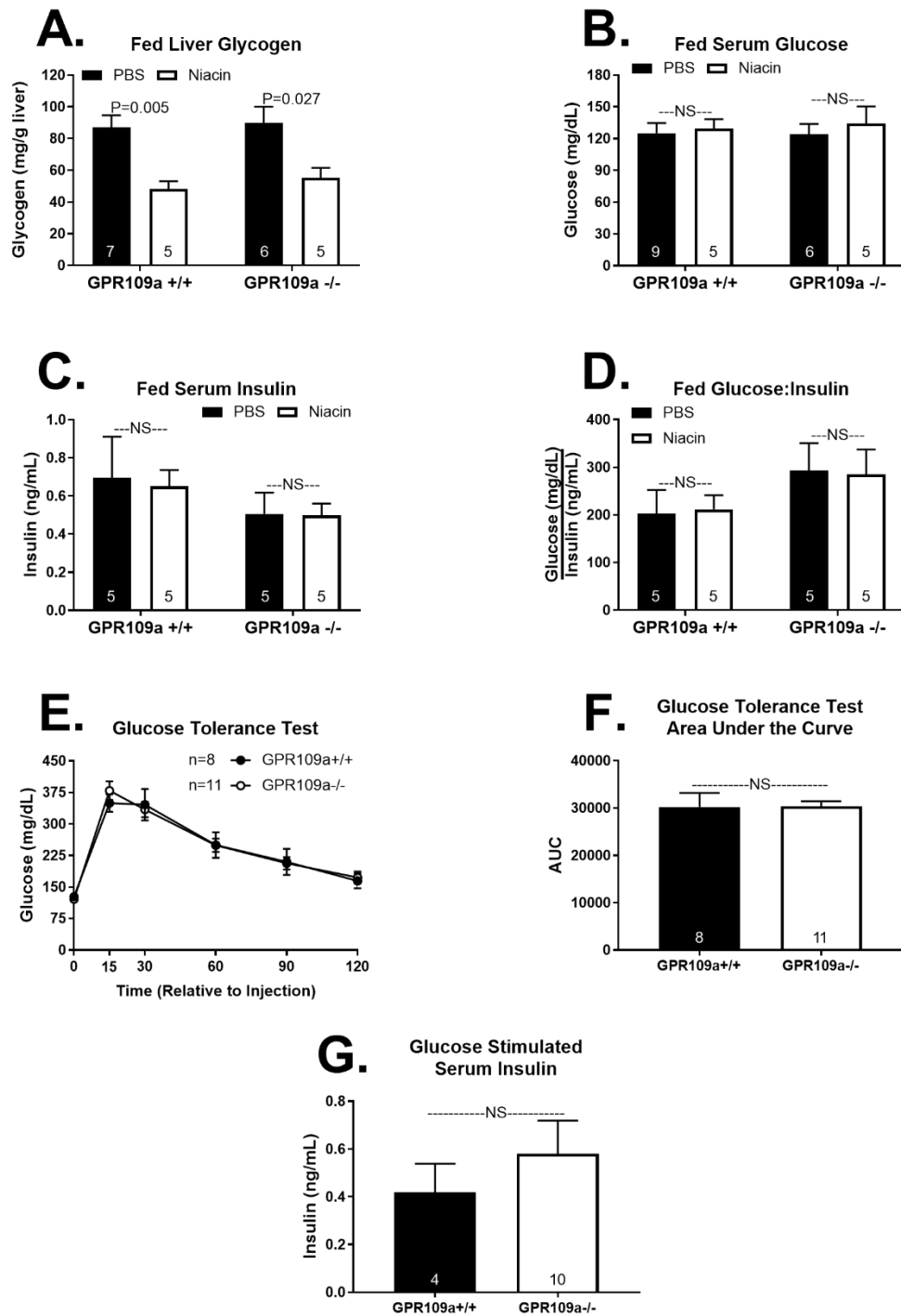
41 Niacin is a powerful anti-atherosclerotic lipid lowering drug whose clinical potential was first
42 recognized over half a century ago [9]. Niacin effectively decreases circulating triglyceride (TAG) and
43 very low density lipoprotein (VLDL) concentrations while raising high density lipoprotein (HDL)
44 levels in patients with dyslipidemia [10,11]. While statins became the dominant therapy for

45 hypercholesterolemia after their introduction in 1987, niacin is prescribed in statin resistant
46 individuals and the benefits of statin/niacin combination treatment are under debate [12-14].
47 Interestingly, niacin was found to improve plasma cholesterol levels in GPR109a $-/-$ mice, questioning
48 the underlying role of GPR109a in niacin's lipid efficacy [15].

49 Studies investigating GPR109a dependent and independent components of niacin signaling are
50 necessary to maximize the clinical applications of niacin therapy. Using HMGCS2 knockdown, we
51 had previously established that ketones were important regulators of the metabolic response to a fast
52 [3]. In the studies presented here, we expand upon those findings to focus on the role of GPR109a in
53 this metabolic feedback. These studies focused on glucose and lipid homeostasis, hepatic metabolic
54 enzyme mRNA expression, and serum lipid and ketogenic profiles, allow us to assess the on the role
55 of GPR109a in the normal fasting response and pharmacological effects of niacin.

56 **Results**

57 We first investigated the metabolic response to niacin treatment in fed state wildtype and
58 GPR109a null mice. Niacin decreased hepatic glycogen content in both genotypes but did not alter
59 serum glucose concentrations (Figures 1A-1B). Niacin did not affect serum insulin or the
60 glucose:insulin ratio (Figures 1C-1D). Additionally, glucose clearance during an IP glucose tolerance
61 test and glucose stimulated serum insulin concentrations were not different between GPR109a $+/+$
62 and $-/-$ mice (Figures 1E-1G). As niacin modulates cholesterol and triglyceride metabolism [9,10], we
63 assessed the lipid profile in niacin treated GPR109a $+/+$ and $-/-$ mice. Acute niacin treatment had no
64 effect on serum or hepatic non-esterified fatty acid (NEFA) and triglyceride (TAG) concentrations in
65 the fed state (Figures 2A-2D). Serum β -OH butyrate concentrations were not affected by niacin in
66 either genotype (Figure 2E).



67

68

69

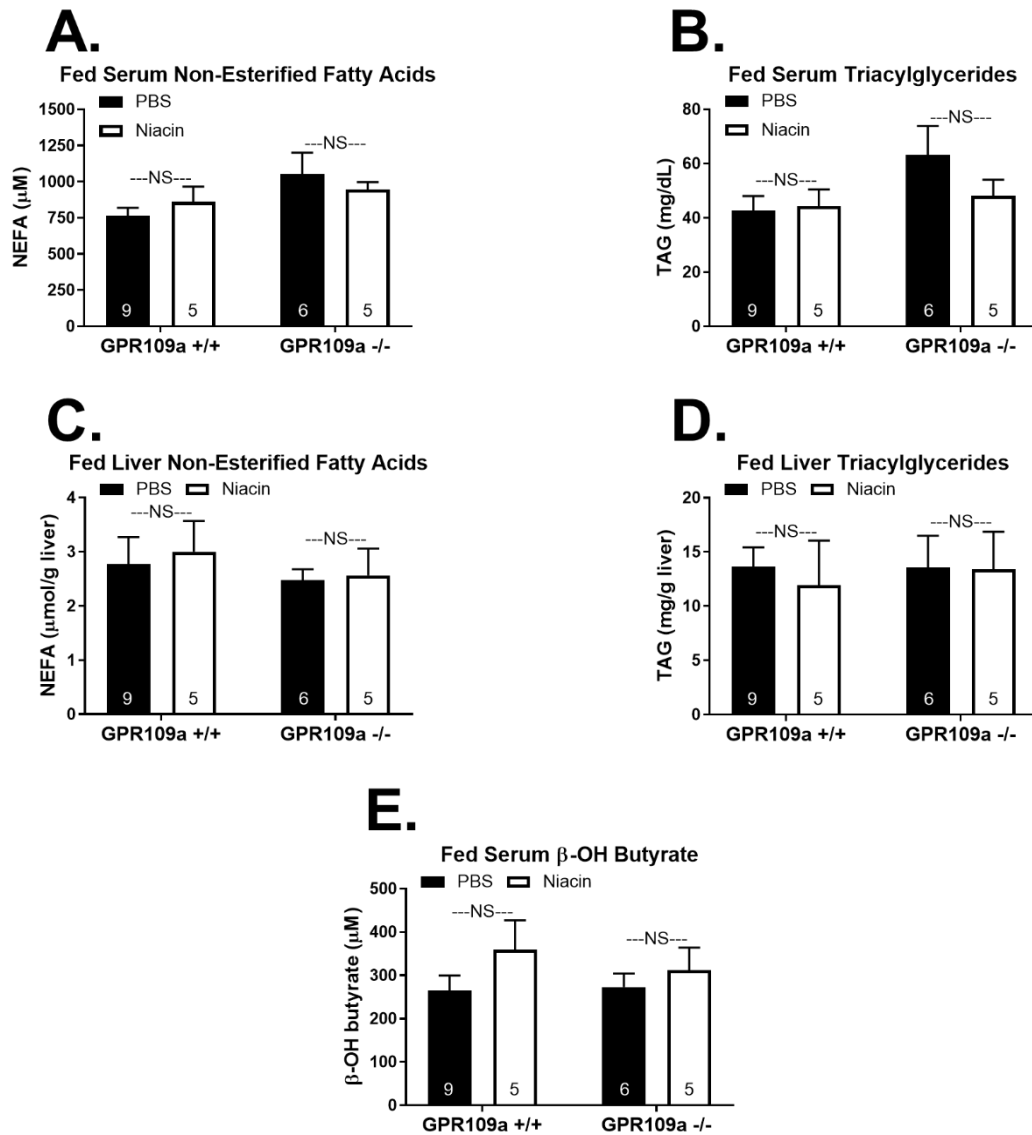
70

71

72

73

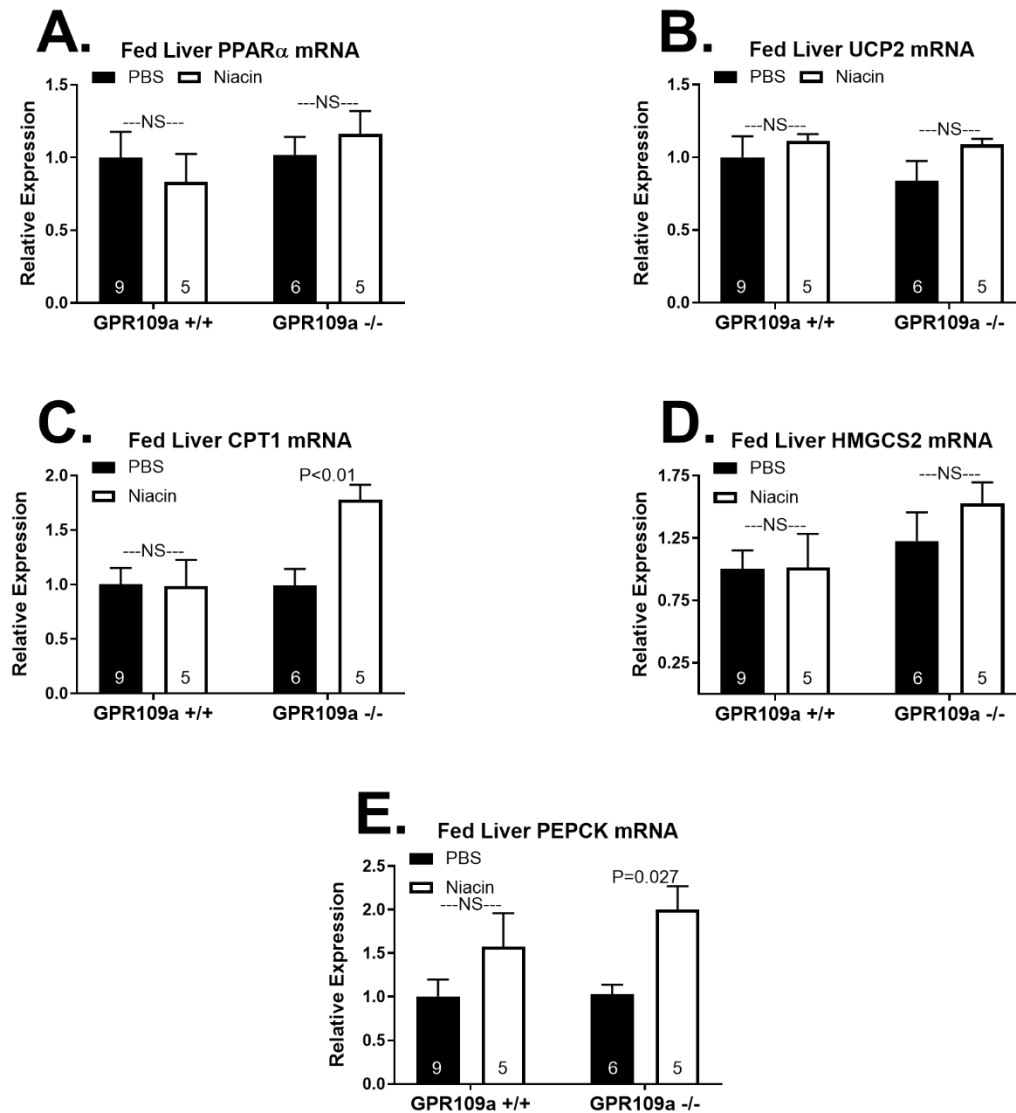
Figure 1. Effect of niacin on glucose homeostasis in fed GPR109a +/+ and -/- mice. Hepatic (A) glycogen (mg/g liver tissue), serum (B) glucose (mg/dL), (C) insulin (ng/mL), and (D) glucose:insulin ratio. Direct comparisons were made between injection treatment within genotype. (E) Glucose tolerance test in 4-hour fasted mice. (F) Glucose tolerance test area under the curve. (G) Glucose stimulated serum insulin. Bars were analyzed by a two-sided unpaired T-test. NS = non-significant; $P > 0.05$; PBS = phosphate buffered saline. Number inside bar denotes n per group.



74

75 **Figure 2.** Effect of niacin on lipid homeostasis in fed GPR109a +/+ and -/- mice. Serum (A) non-
 76 esterified fatty acids (NEFA; μM) and (B) triacylglycerol (TAG; mg/dL). Hepatic (C) non-esterified
 77 fatty acids (NEFA; $\mu\text{mol/g liver}$) and (D) triacylglycerol (TAG; mg/g liver tissue). (E) Serum β -
 78 OH butyrate (μM). Direct comparisons were made between injection treatment within genotype. NS
 79 = non-significant; $P > 0.05$; PBS = phosphate buffered saline. Number inside bar denotes n per group.

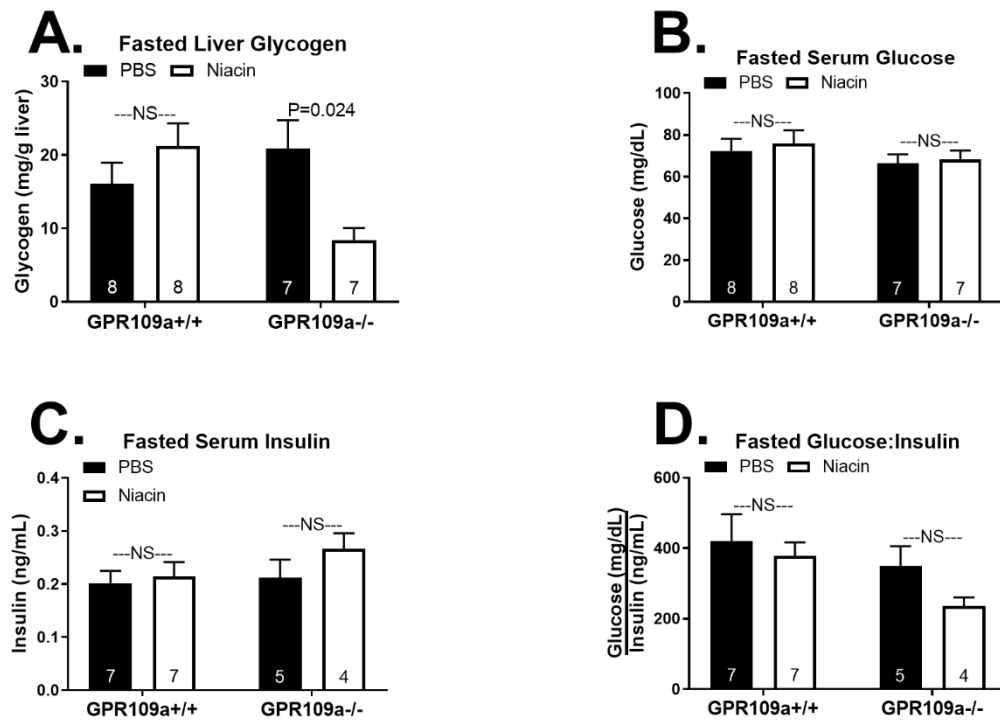
80 We expected that GPR109a signaling may exert physiologically relevant regulation of genes in
 81 pathways that are active when production of the endogenous GPR109a ligand, β -OH butyrate, is
 82 upregulated [4]. Accordingly, we examined hepatic mRNA expression of key genes in β -oxidation,
 83 ketogenesis, and gluconeogenesis. Fed state hepatic mRNA expression of the lipid activated
 84 transcription factor PPAR α [16] was not affected by niacin treatment in either genotype (Figure 3A).
 85 The mitochondrial uncoupling protein 2 (UCP2) is essential for NAD⁺ regeneration during fasting, to
 86 support high rates of lipid oxidation and ketone production [17,18]. Niacin did not alter fed hepatic
 87 UCP2 expression independent of GPR109a expression (Figure 3B). Hepatic mRNA expression of the
 88 mitochondrial long-chain fatty acid transporter that regulates lipid entry to β -oxidation, carnitine
 89 palmitoyltransferase 1 (CPT1), was increased by niacin in GPR109a -/- but not +/+ mice (Figure 3C).
 90 Niacin did not alter fed hepatic mRNA expression of the rate limiting enzyme in the ketogenesis
 91 pathway, hydroxy-methylglutaryl-CoA synthetase 2 (HMGCS2), in either genotype (Figure 3D).
 92 Niacin doubled fed hepatic mRNA expression of the early gluconeogenic gene,
 93 phosphoenolpyruvate carboxykinase (PEPCK), in GPR109a null mice (Figure 3E).



94

95 **Figure 3.** Effect of niacin on hepatic gene expression in fed GPR109a +/+ and -/- mice. Hepatic (A)
 96 PPAR α mRNA expression, (B) UCP2 mRNA expression, (C) CPT1 mRNA expression, (D) HMGCS2
 97 mRNA expression, and (E) PEPCK mRNA expression. Direct comparisons were made between
 98 injection treatment within genotype. NS = non-significant; $P > 0.05$; PBS = phosphate buffered saline.
 99 Number inside bar denotes n per group.

100 The lack of a robust metabolic phenotype in response to niacin treatment in the fed state
 101 independent of GPR109a expression prompted us to next examine the effect of niacin injections on
 102 hepatic metabolic homeostasis after a 16 hour fast. Niacin decreased fasted hepatic glycogen
 103 concentrations only in GPR109a -/- mice, and did not affect serum glucose, insulin, or the
 104 glucose:insulin ratio in either genotype (Figure 4A-4D). We report that niacin injections during the
 105 last 9 hours of a 16 hour fast decreased serum NEFA and TAG concentrations in both GPR109a +/+
 106 and -/- mice (Figures 5A-5B). Niacin tended to decrease fasted hepatic NEFA concentrations in
 107 GPR109a null mice but had no effect in wildtype mice (Figure 5C). Niacin decreased liver TAG
 108 concentrations by ~25% in both genotypes (Figure 5D). Additionally, niacin treatment diminished
 109 serum β -OH butyrate concentrations independent of genotype (Figure 5E; $P < 0.005$). Although this
 110 only reached significance in wildtype mice (22% decrease), niacin also decreased serum β -OH
 111 butyrate by 16% in GPR109a -/- mice (Figure 5E).



112

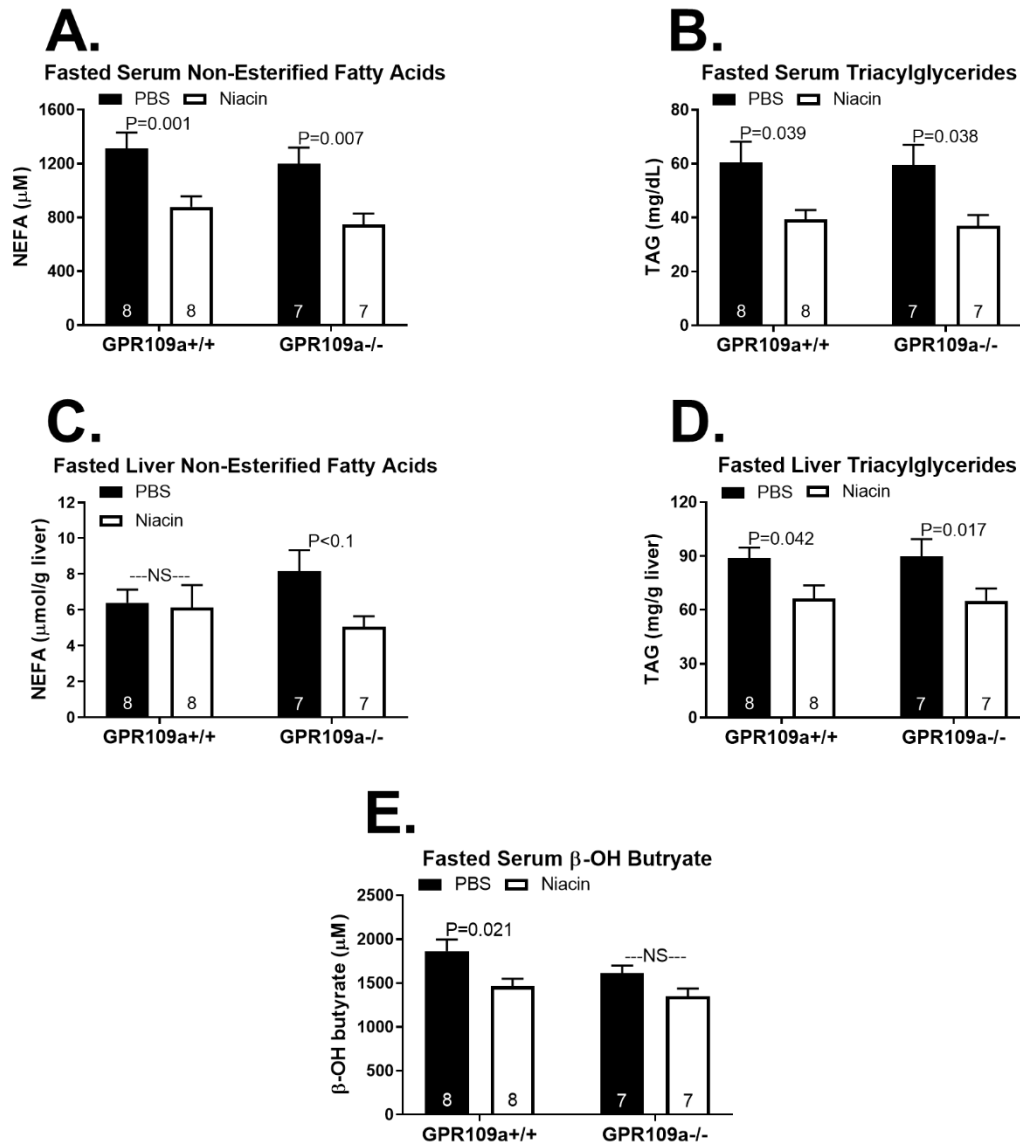
113

114

115

116

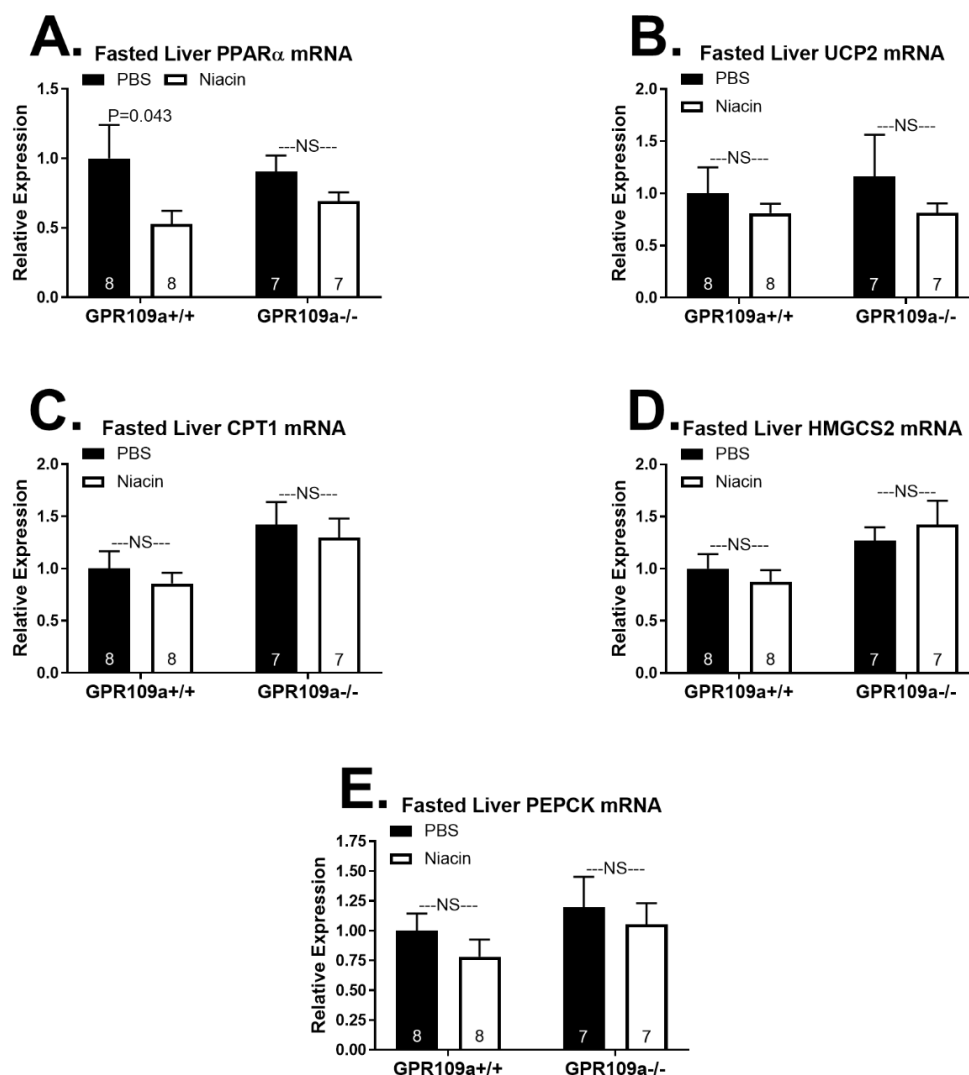
Figure 4. Effect of niacin on glucose homeostasis in 16h fasted GPR109a ^{+/+} and ^{-/-} mice. Hepatic (A) glycogen (mg/g liver tissue), serum (B) glucose (mg/dL), (C) insulin (ng/mL), and (D) glucose:insulin ratio. Direct comparisons were made between injection treatment within genotype. NS = non-significant; P > 0.05; PBS = phosphate buffered saline. Number inside bar denotes n per group.



117

118 **Figure 5.** Effect of niacin on lipid homeostasis in 16h fasted GPR109a ^{+/+} and ^{-/-} mice. Serum (A) non-
 119 esterified fatty acids (NEFA; μM) and (B) triacylglycerol (TAG; mg/dL). Hepatic (C) non-esterified
 120 fatty acids (NEFA; μmol/g liver tissue) and (D) triacylglycerol (TAG; mg/g liver tissue). (E) Serum β-
 121 OH butyrate (μM). Direct comparisons were made between injection treatment within genotype. NS
 122 = non-significant; P > 0.05; PBS = phosphate buffered saline. Number inside bar denotes n per group.

123 There was a strong effect for niacin to decrease fasted hepatic PPARα mRNA expression
 124 independent of GPR109a expression (Figure 6A; P=0.017). However, this decrease was only
 125 significant in wildtype mice (Figure 6A). Despite the muted expression of PPARα mRNA with niacin
 126 treatment, fasted expression of the PPARα target genes UCP2, CPT1, HMGCS2, and PEPCK [19-23]
 127 were not altered by niacin treatment in either genotype (Figures 6B-6E).



128

129

130

131

132

133

Figure 6. Effect of niacin on hepatic gene expression in 16h fasted GPR109a ^{+/+} and ^{-/-} mice. Hepatic (A) PPAR α mRNA expression, (B) UCP2 mRNA expression, (C) CPT1 mRNA expression, (D) HMGCS2 mRNA expression, and (E) PEPCK mRNA expression. Direct comparisons were made between injection treatment within genotype. NS = non-significant; $P > 0.05$; PBS = phosphate buffered saline. Number inside bar denotes n per group.

134

Discussion

135

136

137

138

139

140

Niacin has been used as a broad-spectrum lipid-lowering drug for over 60 years [9]. Although renowned clinically for its anti-atherosclerotic properties, niacin affects whole-body glucose and lipid homeostasis. Niacin's mechanism of action has been under investigation since it first uses in the clinic and recent research continues to reveal new complexities. We investigated the role of GPR109a expression in acute (9h) niacin mediated changes in serum and hepatic metabolites and hepatic gene expression in the fed and fasted state.

141

142

143

144

145

146

147

148

149

Niacin treatment can induce insulin resistance and fasting hyperglycemia [24,25]. In fact, niacin treatment for as little as one week decreases insulin stimulated glucose clearance [26]. One possible way niacin could cause insulin resistance is by altering skeletal muscle glucose utilization. Niacin increases the number of oxidative type 1 skeletal muscle fibers, a phenotype that favors lipid over glucose oxidation [7,27]. This decrease in glycolytic fibers could diminish muscle glucose utilization and impair insulin sensitivity. In support, niacin mediated increases in muscle lipid oxidation were correlated with niacin induced decreases in insulin sensitivity [28]. Although acute niacin signaling at adipocyte GPR109a inhibits lipolysis and decreases circulating NEFA concentrations, sustained niacin treatment causes NEFA levels to rebound to or above basal concentrations [1,29]. This NEFA

150 rebound has been implicated in niacin induced insulin resistance [30-32]. We report that GPR109a
151 knockout did not alter glucose tolerance (Figure 1E). Additionally, while niacin has been shown to
152 decrease glucose stimulated insulin secretion through a GPR109a dependent mechanism [33,34], we
153 found no effect of GPR109a knockout on glucose stimulated serum insulin concentrations (Figure
154 1G). While these results do not negate a role for GPR109a signaling in niacin induced insulin
155 resistance, they support that endogenous GPR109a signaling does not affect glucose tolerance or
156 glucose stimulated serum insulin.

157 Niacin treatment robustly decreased fed state hepatic glycogen concentrations independent of
158 GPR109a expression (Figure 1A). This is consistent with evidence that niacin decreases hepatic
159 glycogen in mammalian and avian species [35,36]. In the fasted state, the niacin induced decrease
160 in glycogen was only evident in GPR109a knockout mice. However, the physiological impact of
161 this finding may be minimal as hepatic glycogen stores are almost entirely depleted following a 16h
162 fast [3]. Three weeks of dietary niacin supplementation increased hepatic glycogen phosphorylase
163 activity in basal fed, 48h fasted, and 24h refeed turkey poults with no change in glycogen synthase
164 activity [36]. This suggests niacin decreases glycogen concentrations by increasing glycogenolysis.
165 Glycogen phosphorylase activity is negatively regulated by acetylation and SIRT1 increases glycogen
166 phosphorylase activity [37]. Niacin is a substrate for NAD⁺ synthesis and NAD⁺ dependent activation
167 of the deacetylase SIRT1 has been proposed to mediate some of niacin's effects [38-40]. However,
168 repeated overnight injections of niacin but not nicotinamide, another NAD⁺ precursor, decreased
169 liver glycogen concentrations in rats [35,39]. Thus, the mechanism by which niacin decreases hepatic
170 glycogen stores is not mediated by elevated NAD⁺ levels or GPR109a signaling.

171 Niacin potently improves lipid metabolism by decreasing triglyceride, VLDL, and LDL
172 concentrations and increasing HDL concentrations [10,15,41]. Central to the long standing free fatty
173 acid hypothesis explanation for niacin's favorable lipoprotein effects is the notion that adipose
174 derived NEFAs taken up by the liver can be re-esterified into TAGs which can then be incorporated
175 into VLDL particles [42]. Accordingly, it was believed that niacin's action to inhibit adipose lipolysis
176 decreased TAG and VLDL production by limiting substrate availability [43]. However, more recent
177 findings that niacin acts through several mechanisms directly at the liver which decrease VLDL and
178 increase HDL concentrations have questioned the free fatty acid hypothesis [44-48]. Moreover, it has
179 been shown that while niacin's anti-lipolytic effects are GPR109a dependent, niacin still decreases
180 plasma TAG and VLDL and increases HDL concentrations in GPR109a ^{-/-} mice [15]. We report that
181 niacin decreased fasting serum NEFA and TAG concentrations in both GPR109a ^{+/+} and ^{-/-} mice
182 (Figures 5A-5B). This is in direct contrast to previous findings that niacin does not decrease plasma
183 free fatty acids in GPR109a null mice [1,15]. One possible explanation for this discrepancy is the
184 timing between niacin exposure and NEFA quantification. In these studies, plasma free fatty acids
185 were measured within 60 minutes or less of niacin administration [1,15]. In fact, the study which
186 concluded GPR109a dependent anti-lipolysis does not mediate niacin induced decreases in pro-
187 atherosclerotic factors assessed plasma TAG and VLDL in GPR109a ^{-/-} mice after 4 days of niacin
188 treatment but only reported plasma free fatty acids 15 minutes after niacin administration [15]. We
189 assessed serum NEFAs 1-2 hours after the last niacin injection and following 9 hours of repeated
190 niacin injections. To our knowledge we are the first to report serum free fatty acid concentrations in
191 GPR109a null mice treated with niacin for more than one hour.

192 Supporting a physiological relevance of our findings, GPR109a expression did not affect the
193 elevation in serum NEFA in response to a fast. If GPR109a was a significant regulator of serum
194 NEFA, one would expect that fasting would result in a greater rise in serum NEFA, liver NEFA, liver
195 TAG, or serum TAG in GPR109a null mice. It remains possible that niacin lowers serum NEFA
196 concentrations by increasing non-hepatic NEFA clearance. However, an increase in NEFA clearance
197 would be observable in the fed and fasted state, while the niacin induced decrease in serum NEFAs
198 was specific to the fasted state. The mechanism by which niacin inhibits adipose tissue lipolysis and
199 NEFA release through a GPR109a independent mechanism warrants further investigation.
200 Diminished circulating NEFAs which provide substrate for hepatic TAG and ketone synthesis likely
201 explain the niacin induced decrease in liver TAG and serum β -OH butyrate concentrations (Figures

202 5D-5E). Although niacin can decrease TAG production by inhibiting diacylglycerol acyltransferase 2
203 (DGAT2) activity [45].

204 Niacin regulates gene expression and alters expression of lipoprotein transporters and receptors,
205 accounting for some of niacin's anti-atherosclerotic effects [44,47-49]. Niacin has been shown to exert
206 cAMP and liver x receptor α (LXR α) dependent transcriptional regulation which is proposed to be
207 indirectly downstream of GPR109a activation [6,44,47,49-51]. We observed that niacin upregulated
208 fed state hepatic CPT1 and PEPCK mRNA expression in GPR109a $-/-$ mice (Figures 3C and 3E). One
209 possible GPR109a independent mechanism of niacin regulated gene expression is through NAD⁺
210 mediated activation of SIRT1 [40]. SIRT1 activates the transcriptional coactivator peroxisome
211 proliferator-activated receptor γ -coactivator 1 α (PGC-1 α) and PGC-1 α upregulates hepatic
212 expression of PEPCK and CPT1 [52-54]. This does not explain why niacin mediated upregulation of
213 CPT1 and PEPCK was only evident in the absence of GPR109a signaling. One might hypothesize
214 that GPR109a signaling decreases expression of CPT1 and PEPCK, while niacin's GPR109a
215 independent signaling increases expression of these same genes. Accordingly, these effects of niacin
216 are offset in wildtype mice. CPT1 expression was 40% greater in fasted GPR109a null mice than in
217 WT mice supporting a negative feedback role of CPT1 (Figure 6C).

218 PPAR α is a master regulator of hepatic fasting metabolism which coordinates upregulation of
219 gluconeogenesis, β -oxidation, and ketogenesis [20]. Hepatic PPAR α is activated by unsaturated fatty
220 acids and upregulates expression of itself through PPAR α response elements in its promoter [16,55].
221 A decreased supply of NEFAs to the liver could explain the blunted fasting PPAR α expression with
222 niacin treatment (Figure 6A). Surprisingly, despite the niacin induced 47% reduction in fasted PPAR α
223 expression in wildtype mice and 23% reduction in GPR109a null mice, expression of the PPAR α target
224 genes UCP2, CPT1, HMGCS2, and PEPCK [19-23] were unaffected by niacin treatment (Figure 6).

225 **Materials and Methods**

226 *Animals*

227 All studies were conducted using 12-14 week old male GPR109a $+/+$ or $-/-$ littermates derived
228 from in house crosses of GPR109a $+/-$ mice. The founding GPR109a $-/-$ mice were kindly provided
229 by Dr. Klaus Pfeffer at the Institute of Medical Microbiology, Immunology and Hygiene at Heinrich
230 Heine University [1]. Mice were kept on a 14 hour light/10 hour dark schedule and housed 3-4 mice
231 per cage until 1 week prior to study initiation, at which point animals were individually housed. Ad
232 libitum access to NIH-31 chow (Harlan Laboratories, Indianapolis, IN) and water was available. All
233 studies were approved by the University of Arizona Institutional Animal Care and Use Committee.

234 *Injection Studies*

235 Mice were singly housed one week prior to experimentation. 16 hours before sacrifice all mice
236 were switched to sani-chip bedding (Harlan Laboratories; Cat. # 7090 Sani-Chips) and food removed
237 from mice in the fasted group. All mice had ad libitum access to water. Intraperitoneal injections of
238 0.8mmol/kg GPR109a agonist nicotinic acid (niacin) or phosphate buffered saline (PBS) were given
239 at 0.1mL/10g body weight 9, 7, 5, 3, and 1 hours before sacrifice. Sacrifice began at 10 am, 5 hours
240 after lights on, and was completed within 1 hour.

241 *Glucose Tolerance Test*

242 Intraperitoneal glucose (2.5g/kg; 0.1mL/10g body weight) was given to 4 hour fasted
243 individually housed mice. All glucose tolerance tests began at 1 pm and glucose was measured in
244 whole blood, collected from the tail vein, by glucometer (Manufacture # D2ASCCONKIT, Bayer,
245 Leverkusen, Germany) at 0, 15, 30, 60, 90, and 120 minutes after glucose injection. At 15 minutes after
246 glucose injection, a larger bleed (~50uL blood) was taken from the tail vein to measure glucose
247 stimulated serum insulin. Blood was immediately stored on ice and within 2 hours of collection,
248 blood was allowed to clot at room temperature for 30 minutes and serum was collected after
249 centrifugation at 3,000xg for 30 minutes at 4°C. Serum was stored at -80°C.

250 *Tissue Collection*

251 Mice were sacrificed by decapitation after isoflurane anesthesia using the bell jar method. We
252 collected livers and snap froze them on dry ice and trunk blood which was stored on ice. Within 2
253 hours of collection, blood was allowed to clot at room temperature for 30 minutes and serum was
254 collected after centrifugation at 3,000xg for 30 minutes at 4°C. All tissues and serum were stored at -
255 80°C. Prior to analysis, frozen livers were powered using a liquid nitrogen cooled mortar and pestle
256 to obtain homogenous liver samples.

257 *Serum Assays*

258 Serum triglycerides (Cat. # T7531, Ponte Scientific Inc., Canton, MI), glucose (Cat. # G7519, Pointe
259 Scientific Inc., Canton MI), non-esterified fatty acids (HR Series NEFA-HR, Wako Diagnostics,
260 Richmond, VA), and β -OH butyrate (Cat. # 700190, Cayman Chemicals, Pittsburg, PA) were analyzed
261 by colorimetric assay. Serum insulin was analyzed by enzyme-linked immunosorbent assay (ELISA;
262 Cat. # 80-INSMSU-E01,E10, Alpco, Salem, NH).

263 *Liver Analyses*

264 Whole liver mRNA was isolated from powered liver samples with TRI Reagent® (Life
265 Technologies, Grand Island, NY) and purified using water-saturated butanol and ether to eliminate
266 phenol contamination [56]. cDNA was synthesized by reverse transcription with Verso cDNA
267 synthesis kit (Thermo Scientific, Inc., Waltham, MA), and qPCR performed using SYBR 2X mastermix
268 (Bio-Rad Laboratories, Hercules, CA) and the Biorad iQ™5 iCycler (Bio-Rad Laboratories, Hercules,
269 CA). Expression of β -actin (ACT β), peroxisome-proliferator activated receptor α (PPAR α), 3-
270 hydroxy-3-methylglutaryl-CoA Synthase II (HMGCS2), phosphoenolpyruvate carboxykinase
271 (PEPCK), uncoupling protein 2 (UCP2), and carnitine palmitoyltransferase 1 (CPT1) mRNA were
272 measured using the primer pairs previously published [3]. LinReg PCR analysis software was used
273 to determine the efficiency of amplification from raw output data [57]. ACT β served as the
274 housekeeping gene for calculating fold change in gene expression using the efficiency- $\Delta\Delta C_t$ method
275 [58].

276 Total liver lipids were extracted from powered liver samples. Briefly, 10-20 mg of sample was
277 homogenized in 100 μ L PBS. 1 mL of 100% ethanol was added to each sample and agitated using a
278 tube-holder vortex attachment for 10 minutes. Following 5 minutes of centrifugation at 16,000xg at
279 4°C, supernatant was transferred to a fresh tube for analysis of liver non-esterified fatty acids (HR
280 Series NEFA-HR, Wako Diagnostics, Richmond, VA) and triglycerides (Cat. # T7531, Ponte Scientific
281 Inc., Canton, MI). Liver glycogen content was quantified by a colorimetric assay as previously
282 described [59].

283 *Statistical Analysis*

284 All statistical analyses were completed in SAS Enterprise Guide 7.1 (SAS Institute Inc., Cary,
285 NC). We used a mixed model ANOVA to assess the effect of genotype (GPR109a +/+ or -/-) and
286 injection (saline or niacin) in mice that were fed or fasted. All independent variables were treated
287 as classification variables. A Bonferroni correction was used to correct for multiple comparisons.
288 There was no statistical difference between saline injected GPR109a +/+ and -/- mice for any variable
289 in either nutrition state. Accordingly, post-hoc comparisons were focused on injection (niacin or
290 saline) within genotype. Glucose tolerance tests were analyzed by repeated measures ANOVA.
291 Figures were created in GraphPad PRISM® Version 8.2.1 for Windows (GraphPad Software, San Diego
292 California USA, www.graphpad.com) and are displayed as Mean \pm SEM.

293 **Conclusions**

294 GPR109a does not play a major role in regulating normal glucose or lipid homeostasis in either
295 the fed or fasted state. Independent of GPR109a, niacin limits lipolysis and hepatic lipid accumulation
296 without profound metabolic disturbances while fasting. Future work focused on understanding

297 GPR109a independent mechanisms of niacin action will be critical to enhance the therapeutic
298 potential of niacin like derivatives.

299 Abbreviation

| | |
|-----------------------------|---|
| CPT1 | Carnitine Palmitoyltransferase 1 |
| HMGCS2/ HMG-CoA synthase II | 3-hydroxy-3-methyl glutaryl CoenzymeA Synthase II |
| ACT β | β -Actin |
| PPAR α | Peroxisome Proliferator Activated Receptor α |
| UCP2 | Uncoupling Protein 2 |
| PEPCK | Phosphoenolpyruvate Carboxykinase |
| NEFA | Non-Esterified Fatty Acid |
| TAG | Triacylglyceride |

300 **Acknowledgments:** The authors wish to thank Dr. Klaus Pfeffer at the Institute of Medical Microbiology,
301 Immunology and Hygiene at Heinrich Heine University for providing a founding pair of GPR109a $-/-$ mice.

302 **Author Contributions:** CEG – Designed Studies, Performed Experiments, Completed Wet Lab Analyses,
303 Conducted Statistical Analyses, and Wrote Manuscript. BJR- Designed Studies, Performed Experiments,
304 Conducted Statistical Analyses, and Wrote Manuscript.

305 **Conflicts of Interest:** The authors have no conflicts of interest to report.

306 References

- 307 1. Tunaru, S.; Kero, J.; Schaub, A.; Wufka, C.; Blaukat, A.; Pfeffer, K.; Offermanns, S. PUMA-G and
308 HM74 are receptors for nicotinic acid and mediate its anti-lipolytic effect. *Nat Med* **2003**, *9*, 352-355,
309 doi:10.1038/nm824.
- 310 2. Taggart, A.K.P.; Kero, J.; Gan, X.; Cai, T.-Q.; Cheng, K.; Ippolito, M.; Ren, N.; Kaplan, R.; Wu, K.; Wu,
311 T.-J., et al. (d)- β -Hydroxybutyrate Inhibits Adipocyte Lipolysis via the Nicotinic Acid Receptor
312 PUMA-G. *Journal of Biological Chemistry* **2005**, *280*, 26649-26652, doi:10.1074/jbc.C500213200.
- 313 3. Geisler, C.E.; Hepler, C.; Higgins, M.R.; Renquist, B.J. Hepatic adaptations to maintain metabolic
314 homeostasis in response to fasting and refeeding in mice. *Nutr Metab (Lond)* **2016**, *13*, 62,
315 doi:10.1186/s12986-016-0122-x.
- 316 4. Taggart, A.K.; Kero, J.; Gan, X.; Cai, T.Q.; Cheng, K.; Ippolito, M.; Ren, N.; Kaplan, R.; Wu, K.; Wu,
317 T.J., et al. (D)-beta-Hydroxybutyrate inhibits adipocyte lipolysis via the nicotinic acid receptor
318 PUMA-G. *J Biol Chem* **2005**, *280*, 26649-26652, doi:10.1074/jbc.C500213200.
- 319 5. Ganji, S.H.; Kukes, G.D.; Lambrecht, N.; Kashyap, M.L.; Kamanna, V.S. Therapeutic role of niacin in
320 the prevention and regression of hepatic steatosis in rat model of nonalcoholic fatty liver disease.
321 *American journal of physiology. Gastrointestinal and liver physiology* **2014**, *306*, G320-327,
322 doi:10.1152/ajpgi.00181.2013.
- 323 6. Knowles, H.J.; te Poele, R.H.; Workman, P.; Harris, A.L. Niacin induces PPARgamma expression and
324 transcriptional activation in macrophages via HM74 and HM74a-mediated induction of prostaglandin
325 synthesis pathways. *Biochem Pharmacol* **2006**, *71*, 646-656, doi:10.1016/j.bcp.2005.11.019.
- 326 7. Ringseis, R.; Rosenbaum, S.; Gessner, D.K.; Herges, L.; Kubens, J.F.; Mooren, F.C.; Kruger, K.; Eder, K.
327 Supplementing obese Zucker rats with niacin induces the transition of glycolytic to oxidative skeletal
328 muscle fibers. *J Nutr* **2013**, *143*, 125-131, doi:10.3945/jn.112.164038.
- 329 8. Wu, Z.H.; Zhao, S.P. Niacin promotes cholesterol efflux through stimulation of the PPARgamma-
330 LXRA α -ABCA1 pathway in 3T3-L1 adipocytes. *Pharmacology* **2009**, *84*, 282-287,
331 doi:10.1159/000242999.

- 332 9. Altschul, R.; Hoffer, A.; Stephen, J.D. Influence of nicotinic acid on serum cholesterol in man. *Arch*
333 *Biochem Biophys* **1955**, *54*, 558-559, doi:10.1016/0003-9861(55)90070-9.
- 334 10. Grundy, S.M.; Mok, H.Y.; Zech, L.; Berman, M. Influence of nicotinic acid on metabolism of
335 cholesterol and triglycerides in man. *J Lipid Res* **1981**, *22*, 24-36.
- 336 11. Wahlberg, G.; Walldius, G.; Olsson, A.G.; Kirstein, P. Effects of nicotinic acid on serum cholesterol
337 concentrations of high density lipoprotein subfractions HDL2 and HDL3 in hyperlipoproteinaemia. *J*
338 *Intern Med* **1990**, *228*, 151-157, doi:10.1111/j.1365-2796.1990.tb00209.x.
- 339 12. Investigators, A.-H.; Boden, W.E.; Probstfield, J.L.; Anderson, T.; Chaitman, B.R.; Desvignes-Nickens,
340 P.; Koprowicz, K.; McBride, R.; Teo, K.; Weintraub, W. Niacin in patients with low HDL cholesterol
341 levels receiving intensive statin therapy. *N Engl J Med* **2011**, *365*, 2255-2267,
342 doi:10.1056/NEJMoa1107579.
- 343 13. D'Andrea, E.; Hey, S.P.; Ramirez, C.L.; Kesselheim, A.S. Assessment of the Role of Niacin in
344 Managing Cardiovascular Disease Outcomes: A Systematic Review and Meta-analysis. *JAMA Netw*
345 *Open* **2019**, *2*, e192224, doi:10.1001/jamanetworkopen.2019.2224.
- 346 14. Sharma, A.; Madan, N. Role of niacin in current clinical practice. *Minerva Med* **2019**, *110*, 79-83,
347 doi:10.23736/S0026-4806.18.05826-3.
- 348 15. Lauring, B.; Taggart, A.K.; Tata, J.R.; Dunbar, R.; Caro, L.; Cheng, K.; Chin, J.; Colletti, S.L.; Cote, J.;
349 Khalilieh, S., et al. Niacin lipid efficacy is independent of both the niacin receptor GPR109A and free
350 fatty acid suppression. *Science translational medicine* **2012**, *4*, 148ra115,
351 doi:10.1126/scitranslmed.3003877.
- 352 16. Kliewer, S.A.; Sundseth, S.S.; Jones, S.A.; Brown, P.J.; Wisely, G.B.; Koble, C.S.; Devchand, P.; Wahli,
353 W.; Willson, T.M.; Lenhard, J.M., et al. Fatty acids and eicosanoids regulate gene expression through
354 direct interactions with peroxisome proliferator-activated receptors alpha and gamma. *Proc Natl Acad*
355 *Sci U S A* **1997**, *94*, 4318-4323.
- 356 17. Pecqueur, C.; Bui, T.; Gelly, C.; Hauchard, J.; Barbot, C.; Bouillaud, F.; Ricquier, D.; Miroux, B.;
357 Thompson, C.B. Uncoupling protein-2 controls proliferation by promoting fatty acid oxidation and
358 limiting glycolysis-derived pyruvate utilization. *FASEB journal : official publication of the Federation of*
359 *American Societies for Experimental Biology* **2008**, *22*, 9-18, doi:10.1096/fj.07-8945com.
- 360 18. Sheets, A.R.; Fulop, P.; Derdak, Z.; Kassai, A.; Sabo, E.; Mark, N.M.; Paragh, G.; Wands, J.R.; Baffy, G.
361 Uncoupling protein-2 modulates the lipid metabolic response to fasting in mice. *American journal of*
362 *physiology. Gastrointestinal and liver physiology* **2008**, *294*, G1017-1024, doi:10.1152/ajpgi.00016.2008.
- 363 19. Leone, T.C.; Weinheimer, C.J.; Kelly, D.P. A critical role for the peroxisome proliferator-activated
364 receptor alpha (PPARalpha) in the cellular fasting response: the PPARalpha-null mouse as a model of
365 fatty acid oxidation disorders. *Proc Natl Acad Sci U S A* **1999**, *96*, 7473-7478.
- 366 20. Kersten, S.; Seydoux, J.; Peters, J.M.; Gonzalez, F.J.; Desvergne, B.; Wahli, W. Peroxisome proliferator-
367 activated receptor alpha mediates the adaptive response to fasting. *The Journal of clinical investigation*
368 **1999**, *103*, 1489-1498, doi:10.1172/JCI6223.
- 369 21. Rodriguez, J.C.; Gil-Gomez, G.; Hegardt, F.G.; Haro, D. Peroxisome proliferator-activated receptor
370 mediates induction of the mitochondrial 3-hydroxy-3-methylglutaryl-CoA synthase gene by fatty
371 acids. *J Biol Chem* **1994**, *269*, 18767-18772.
- 372 22. Aoyama, T.; Peters, J.M.; Iritani, N.; Nakajima, T.; Furihata, K.; Hashimoto, T.; Gonzalez, F.J. Altered
373 constitutive expression of fatty acid-metabolizing enzymes in mice lacking the peroxisome
374 proliferator-activated receptor alpha (PPARalpha). *J Biol Chem* **1998**, *273*, 5678-5684.

- 375 23. Yabuuchi, H.; Nijima, S.; Takematsu, H.; Ida, T.; Hirokawa, T.; Hara, T.; Ogawa, T.; Minowa, Y.;
376 Tsujimoto, G.; Okuno, Y. Analysis of multiple compound-protein interactions reveals novel bioactive
377 molecules. *Molecular systems biology* **2011**, *7*, 472, doi:10.1038/msb.2011.5.
- 378 24. Blond, E.; Rieusset, J.; Alligier, M.; Lambert-Porcheron, S.; Bendridi, N.; Gabert, L.; Chetiveaux, M.;
379 Debard, C.; Chauvin, M.A.; Normand, S., et al. Nicotinic acid effects on insulin sensitivity and hepatic
380 lipid metabolism: an in vivo to in vitro study. *Horm Metab Res* **2014**, *46*, 390-396, doi:10.1055/s-0034-
381 1372600.
- 382 25. Fraterrigo, G.; Fabbrini, E.; Mittendorfer, B.; O'Rahilly, S.; Scherer, P.E.; Patterson, B.W.; Klein, S.
383 Relationship between Changes in Plasma Adiponectin Concentration and Insulin Sensitivity after
384 Niacin Therapy. *Cardiorenal Med* **2012**, *2*, 211-217, doi:000340037.
- 385 26. Kelly, J.J.; Lawson, J.A.; Campbell, L.V.; Storlien, L.H.; Jenkins, A.B.; Whitworth, J.A.; O'Sullivan, A.J.
386 Effects of nicotinic acid on insulin sensitivity and blood pressure in healthy subjects. *J Hum Hypertens*
387 **2000**, *14*, 567-572.
- 388 27. Khan, M.; Ringseis, R.; Mooren, F.C.; Kruger, K.; Most, E.; Eder, K. Niacin supplementation increases
389 the number of oxidative type I fibers in skeletal muscle of growing pigs. *BMC Vet Res* **2013**, *9*, 177,
390 doi:10.1186/1746-6148-9-177.
- 391 28. Poynten, A.M.; Gan, S.K.; Kriketos, A.D.; O'Sullivan, A.; Kelly, J.J.; Ellis, B.A.; Chisholm, D.J.;
392 Campbell, L.V. Nicotinic acid-induced insulin resistance is related to increased circulating fatty acids
393 and fat oxidation but not muscle lipid content. *Metabolism* **2003**, *52*, 699-704.
- 394 29. Pereira, J.N. The plasma free fatty acid rebound induced by nicotinic acid. *J Lipid Res* **1967**, *8*, 239-244.
- 395 30. Heemskerk, M.M.; van den Berg, S.A.; Pronk, A.C.; van Klinken, J.B.; Boon, M.R.; Havekes, L.M.;
396 Rensen, P.C.; van Dijk, K.W.; van Harmelen, V. Long-term niacin treatment induces insulin resistance
397 and adrenergic responsiveness in adipocytes by adaptive downregulation of phosphodiesterase 3B.
398 *Am J Physiol Endocrinol Metab* **2014**, *306*, E808-813, doi:10.1152/ajpendo.00641.2013.
- 399 31. Kroon, T.; Kjellstedt, A.; Thalen, P.; Gabriellson, J.; Oakes, N.D. Dosing profile profoundly influences
400 nicotinic acid's ability to improve metabolic control in rats. *J Lipid Res* **2015**, *56*, 1679-1690,
401 doi:10.1194/jlr.M058149.
- 402 32. Oh, Y.T.; Oh, K.S.; Choi, Y.M.; Jokiah, A.; Donovan, C.; Choi, S.; Kang, I.; Youn, J.H. Continuous 24-h
403 nicotinic acid infusion in rats causes FFA rebound and insulin resistance by altering gene expression
404 and basal lipolysis in adipose tissue. *Am J Physiol Endocrinol Metab* **2011**, *300*, E1012-1021,
405 doi:10.1152/ajpendo.00650.2010.
- 406 33. Chen, L.; So, W.Y.; Li, S.Y.; Cheng, Q.; Boucher, B.J.; Leung, P.S. Niacin-induced hyperglycemia is
407 partially mediated via niacin receptor GPR109a in pancreatic islets. *Mol Cell Endocrinol* **2015**, *404*, 56-
408 66, doi:10.1016/j.mce.2015.01.029.
- 409 34. Li, H.M.; Zhang, M.; Xu, S.T.; Li, D.Z.; Zhu, L.Y.; Peng, S.W.; Chen, G.Q.; Martin, P.M.; Ganapathy, V.;
410 Wei, C.J. Nicotinic acid inhibits glucose-stimulated insulin secretion via the G protein-coupled
411 receptor PUMA-G in murine islet beta cells. *Pancreas* **2011**, *40*, 615-621,
412 doi:10.1097/MPA.0b013e31820b4b23.
- 413 35. Li, D.; Luo, N.; Ma, Q.; Li, S.Z.; Shi, Q.; Cao, Y.; Zhou, S.S. Excessive nicotinic acid increases methyl
414 consumption and hydrogen peroxide generation in rats. *Pharm Biol* **2013**, *51*, 8-12,
415 doi:10.3109/13880209.2012.697175.

- 416 36. Rosebrough, R.W.; Steele, N.C. Effect of supplemental dietary chromium or nicotinic acid on
417 carbohydrate metabolism during basal, starvation, and refeeding periods in poult. *Poult Sci* **1981**, *60*,
418 407-417.
- 419 37. Zhang, T.; Wang, S.; Lin, Y.; Xu, W.; Ye, D.; Xiong, Y.; Zhao, S.; Guan, K.L. Acetylation negatively
420 regulates glycogen phosphorylase by recruiting protein phosphatase 1. *Cell Metab* **2012**, *15*, 75-87,
421 doi:10.1016/j.cmet.2011.12.005.
- 422 38. Hara, N.; Yamada, K.; Shibata, T.; Osago, H.; Hashimoto, T.; Tsuchiya, M. Elevation of cellular NAD
423 levels by nicotinic acid and involvement of nicotinic acid phosphoribosyltransferase in human cells. *J*
424 *Biol Chem* **2007**, *282*, 24574-24582, doi:10.1074/jbc.M610357200.
- 425 39. Jackson, T.M.; Rawling, J.M.; Roebuck, B.D.; Kirkland, J.B. Large supplements of nicotinic acid and
426 nicotinamide increase tissue NAD⁺ and poly(ADP-ribose) levels but do not affect diethylnitrosamine-
427 induced altered hepatic foci in Fischer-344 rats. *J Nutr* **1995**, *125*, 1455-1461.
- 428 40. Romani, M.; Hofer, D.C.; Katsyuba, E.; Auwerx, J. Niacin: an old lipid drug in a new NAD(+) dress. *J*
429 *Lipid Res* **2019**, *60*, 741-746, doi:10.1194/jlr.S092007.
- 430 41. Jin, F.Y.; Kamanna, V.S.; Kashyap, M.L. Niacin accelerates intracellular ApoB degradation by
431 inhibiting triacylglycerol synthesis in human hepatoblastoma (HepG2) cells. *Arterioscler Thromb Vasc*
432 *Biol* **1999**, *19*, 1051-1059.
- 433 42. Carlson, L.A. Studies on the incorporation of injected palmitic acid-I-C into liver and plasma lipids in
434 man. *Acta Soc Med Ups* **1960**, *65*, 85-90.
- 435 43. Carlson, L.A. Nicotinic acid: the broad-spectrum lipid drug. A 50th anniversary review. *J Intern Med*
436 **2005**, *258*, 94-114, doi:10.1111/j.1365-2796.2005.01528.x.
- 437 44. Chennamsetty, I.; Kostner, K.M.; Claudel, T.; Vinod, M.; Frank, S.; Weiss, T.S.; Trauner, M.; Kostner,
438 G.M. Nicotinic acid inhibits hepatic APOA gene expression: studies in humans and in transgenic
439 mice. *J Lipid Res* **2012**, *53*, 2405-2412, doi:10.1194/jlr.M029769.
- 440 45. Ganji, S.H.; Tavintharan, S.; Zhu, D.; Xing, Y.; Kamanna, V.S.; Kashyap, M.L. Niacin noncompetitively
441 inhibits DGAT2 but not DGAT1 activity in HepG2 cells. *J Lipid Res* **2004**, *45*, 1835-1845,
442 doi:10.1194/jlr.M300403-JLR200.
- 443 46. Li, X.; Millar, J.S.; Brownell, N.; Briand, F.; Rader, D.J. Modulation of HDL metabolism by the niacin
444 receptor GPR109A in mouse hepatocytes. *Biochem Pharmacol* **2010**, *80*, 1450-1457,
445 doi:10.1016/j.bcp.2010.07.023.
- 446 47. Yang, L.; Li, T.; Zhao, S.; Zhang, S. Niacin regulates apolipoprotein M expression via liver X
447 receptoralpha. *Mol Med Rep* **2019**, *20*, 3285-3291, doi:10.3892/mmr.2019.10557.
- 448 48. Zhang, L.H.; Kamanna, V.S.; Zhang, M.C.; Kashyap, M.L. Niacin inhibits surface expression of ATP
449 synthase beta chain in HepG2 cells: implications for raising HDL. *J Lipid Res* **2008**, *49*, 1195-1201,
450 doi:10.1194/jlr.M700426-JLR200.
- 451 49. Zhang, L.H.; Kamanna, V.S.; Ganji, S.H.; Xiong, X.M.; Kashyap, M.L. Niacin increases HDL biogenesis
452 by enhancing DR4-dependent transcription of ABCA1 and lipidation of apolipoprotein A-I in HepG2
453 cells. *J Lipid Res* **2012**, *53*, 941-950, doi:10.1194/jlr.M020917.
- 454 50. Gaidarov, I.; Chen, X.; Anthony, T.; Maciejewski-Lenoir, D.; Liaw, C.; Unett, D.J. Differential tissue
455 and ligand-dependent signaling of GPR109A receptor: implications for anti-atherosclerotic
456 therapeutic potential. *Cell Signal* **2013**, *25*, 2003-2016, doi:10.1016/j.cellsig.2013.06.008.

- 457 51. Rubic, T.; Trottmann, M.; Lorenz, R.L. Stimulation of CD36 and the key effector of reverse cholesterol
458 transport ATP-binding cassette A1 in monocytoid cells by niacin. *Biochem Pharmacol* **2004**, *67*, 411-419,
459 doi:10.1016/j.bcp.2003.09.014.
- 460 52. Rodgers, J.T.; Lerin, C.; Haas, W.; Gygi, S.P.; Spiegelman, B.M.; Puigserver, P. Nutrient control of
461 glucose homeostasis through a complex of PGC-1alpha and SIRT1. *Nature* **2005**, *434*, 113-118,
462 doi:10.1038/nature03354.
- 463 53. Song, S.; Zhang, Y.; Ma, K.; Jackson-Hayes, L.; Lavrentyev, E.N.; Cook, G.A.; Elam, M.B.; Park, E.A.
464 Peroxisomal proliferator activated receptor gamma coactivator (PGC-1alpha) stimulates carnitine
465 palmitoyltransferase I (CPT-1alpha) through the first intron. *Biochim Biophys Acta* **2004**, *1679*, 164-173,
466 doi:10.1016/j.bbaexp.2004.06.006.
- 467 54. Rodgers, J.T.; Lerin, C.; Gerhart-Hines, Z.; Puigserver, P. Metabolic adaptations through the PGC-1
468 alpha and SIRT1 pathways. *FEBS Lett* **2008**, *582*, 46-53, doi:10.1016/j.febslet.2007.11.034.
- 469 55. Pineda Torra, I.; Jamshidi, Y.; Flavell, D.M.; Fruchart, J.C.; Staels, B. Characterization of the human
470 PPARalpha promoter: identification of a functional nuclear receptor response element. *Mol Endocrinol*
471 **2002**, *16*, 1013-1028, doi:10.1210/mend.16.5.0833.
- 472 56. Krebs, S.; Fischaleck, M.; Blum, H. A simple and loss-free method to remove TRIzol contaminations
473 from minute RNA samples. *Anal Biochem* **2009**, *387*, 136-138, doi:10.1016/j.ab.2008.12.020.
- 474 57. Ramakers, C.; Ruijter, J.M.; Deprez, R.H.; Moorman, A.F. Assumption-free analysis of quantitative
475 real-time polymerase chain reaction (PCR) data. *Neurosci Lett* **2003**, *339*, 62-66.
- 476 58. Livak, K.J.; Schmittgen, T.D. Analysis of relative gene expression data using real-time quantitative
477 PCR and the 2(-Delta Delta C(T)) Method. *Methods* **2001**, *25*, 402-408, doi:10.1006/meth.2001.1262.
- 478 59. Lo, S.; Russell, J.C.; Taylor, A.W. Determination of glycogen in small tissue samples. *Journal of applied*
479 *physiology* **1970**, *28*, 234-236.