

Antiviral phytochemicals identified in *Rhododendron arboreum* petals exhibited strong binding to SARS-CoV-2 M^{Pro} and Human ACE2 receptor

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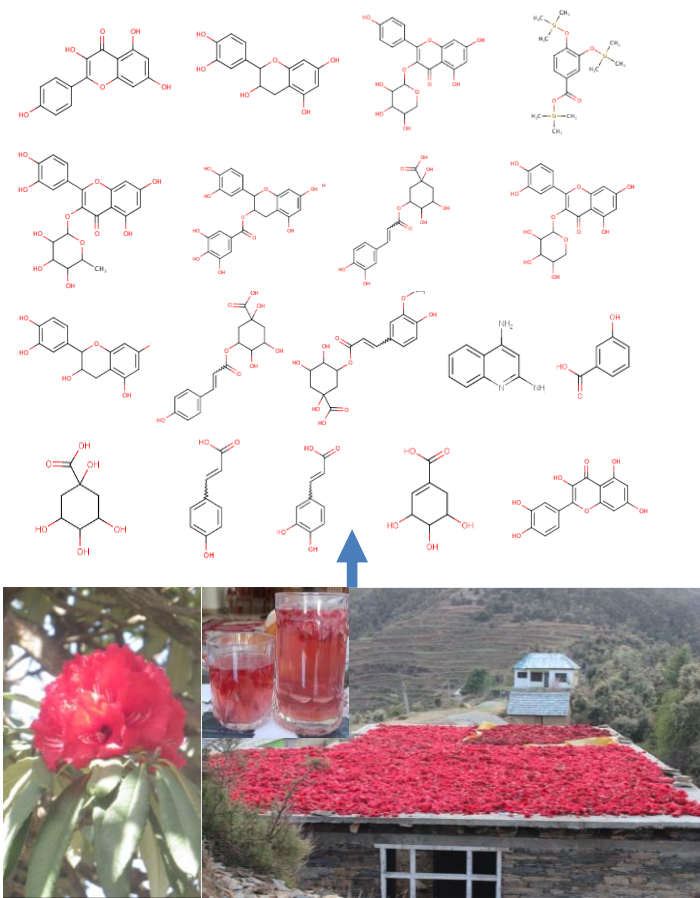
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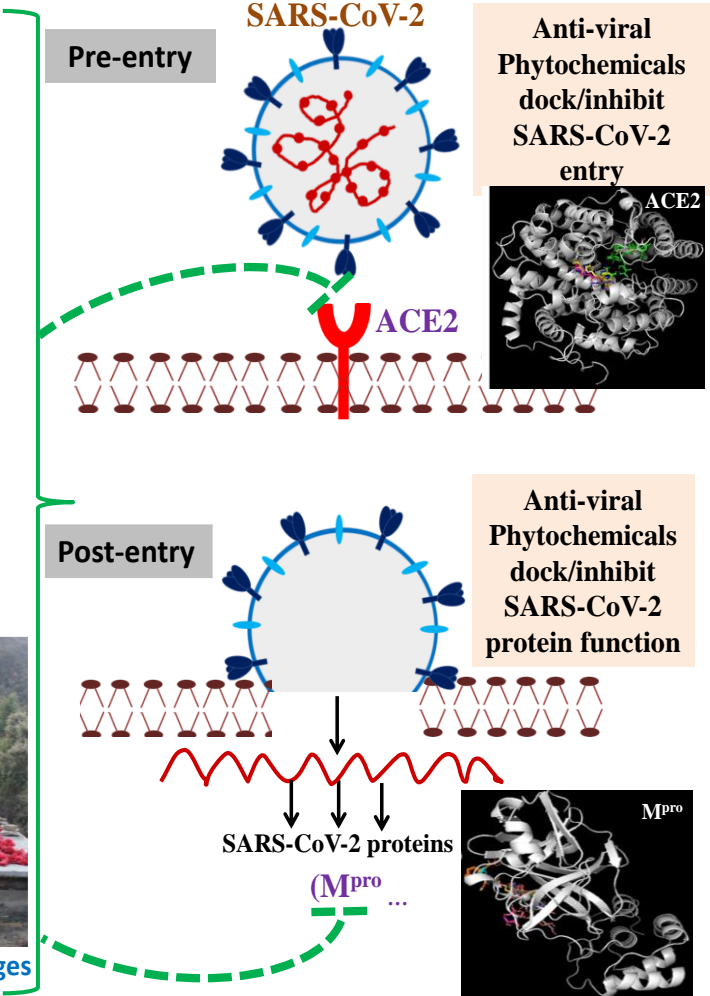
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35 Graphical abstract

Rhododendron arboreum petal phytochemicals



R.arboreum petals – consumed Fresh, dried and as beverages



51 Abstract

52 **Background:** Severe Acute Respiratory Syndrome Corona Virus 2 (SARS-CoV-2) affects human
53 respiratory function causing COVID-19 disease. Safe natural products with potential antiviral
54 phytochemicals with benefits to control high-altitude sickness could be adopted as adjunct therapy for
55 COVID-19. The red petals of *Rhododendron arboreum*, commonly available and consumed in the
56 Himalayan region may have phytochemicals with potential antiviral properties against COVID-19
57 targets.

58 **Purpose:** This study was aimed to profile the secondary metabolites of *R. arboreum* petals, to assess
59 their absorption, distribution, metabolism and elimination (ADME) properties and evaluate their
60 antiviral potential by docking against COVID-19 targets such as SARS-CoV-2 main protease
61 (M^{Pro} PDB ID: 6LU7) and Human Angiotensin Converting Enzyme 2 (ACE2) receptor (PDB ID:
62 1R4L) that mediates the viral replication and entry into the host respectively.

63 **Methods:** The phytochemicals of *R. arboreum* petals were mainly profiled using Gas
64 Chromatography-Mass Spectroscopy (GC-MS) and ¹H-NMR. In addition, the phytochemicals reported
65 from the literature were tabulated. The ADME properties of the phytochemicals were predicted
66 using SwissADME tool. Molecular docking simulation of the phytochemicals against SARS-CoV-2
67 main protease (M^{Pro} PDB ID: 6LU7) and Human Angiotensin converting enzyme 2 (ACE2) receptor
68 (PDB ID: 1R4L) were carried out using PyRx.

69 **Results:** *R. arboreum* petals were found to be rich in appreciable proportions of secondary metabolites
70 such as Quinic acid, 3-Caffeoyl-quinic acid, 5-O-Coumaroyl-D-quinic acid, 5-O-Feruloylquinic acid,
71 2,4-Quinolinediamine, Coumaric acid, Caffeic acid, Epicatechin, Catechin, 3-Hydroxybenzoic acid,
72 Shikimic acid, Protocatechuic acid, Epicatechin gallate, Quercetin, Quercetin-O-pentoside, Quercetin-
73 O-rhamnoside, Kaempferol-O-pentoside and Kaempferol. Several of these phytochemicals were
74 reported to exhibit inhibitory activities against a range of viruses. From the molecular docking studies,
75 5-O-Feruloylquinic acid, 3-Caffeoyl-quinic acid, 5-O-Coumaroyl-D-quinic acid, Epicatechin and
76 Catechin showed strong binding affinity with SARS-CoV-2 M^{Pro} and human ACE2 receptor.

77 **Conclusion:** This report showed that *R. arboreum* petals are rich in several antiviral phytochemicals
78 that also docked against SARS-CoV-2 M^{Pro} and Human ACE2 receptor. This is the first report
79 highlighting *R. arboreum* petals as a reservoir of antiviral phytochemicals with potential for synergetic
80 activities. The outcomes merit further *in vitro*, *in vivo* and clinical studies on *R. arboreum*
81 phytochemicals to develop natural formulations against COVID-19 disease for therapeutic benefits.

82 **Keywords:** *R. arboreum*, Antiviral phytochemicals, SARS-CoV-2, M^{Pro}, ACE2, COVID-19

83

84

Abbreviations

SARS-CoV-2, Severe Acute Respiratory Syndrome Corona Virus 2; ADME, absorption, distribution, metabolism and elimination; ACE2, Angiotensin Converting Enzyme 2; GC-MS, Gas Chromatography-Mass Spectroscopy; NMR, Nuclear Magnetic Resonance; MSTFA, N-Methyl-N-(trimethylsilyl) trifluoroacetamide; TIC, Total ion chromatograms; DSS, 4,4-dimethyl-4-silapentane-1-sulfonic acid; PDB, Protein Data Bank; CASTp, Computed Atlas for Surface Topography of Proteins; DPPH, 2,2-diphenyl-1-picrylhydrazyl; HAPE, High altitude pulmonary edema; CQA, Caffeoylquinic acid.

1. Introduction

Rhododendron is an important genus found abundantly in the Himalayas with reported application of its various plant parts for medicinal and commercial uses (Kumar et al., 2019). In the western mid-Himalayas, *Rhododendron arboreum* is one of the abundant species with distinct red coloured flowers which are traditionally used in culinary, as juice, squash and wine preparation. Flowers of *R. arboreum* is reported to be rich source of many bioactive compounds with antimicrobial, antioxidant (Srivastava, 2012), anti-inflammatory and cholinergic activity (Agarwal & Kalpana, 1988). In addition, the anthocyanidins present in the flower petals are also reported to possess antioxidant (Tsuda et al., 1994), antidiabetic (Tsuda et al., 2003), anticarcinogenic (Hagiwara et al., 2001) activities and useful in treating inflammation and damage caused by UV in liposomes (Min et al., 2010). Flower juice is used in the treatment of menstrual disorders (Uniyal et al., 2006). The dried flowers are very useful in controlling diarrhoea and dysentery (Laloo et al., 2006). Here, in the mid-Himalayan region of Himachal Pradesh where our laboratory is based, we observed that the local villagers use the *R. arboreum* petals for making chutney and beverages (as squash, juice, wine) providing them with a sustainable source of income. Although widely used, the phytochemical or metabolite profiles of the petals need chemical characterization.

The Gas Chromatography-Mass Spectroscopy (GC-MS) and ¹H Nuclear Magnetic Resonance (NMR) Spectroscopy based analysis of the petal extracts will be useful to identify and validate the presence of antiviral phytochemicals. Coronavirus disease (COVID-19) is caused by Severe Acute Respiratory Syndrome Corona Virus 2 (SARS-CoV-2), which spread worldwide and caused a pandemic. Coronaviruses are the enveloped viruses having positive-sense, single-strand RNA (Huang et al., 2020). Coronaviruses (CoVs) infects several species of animals including mammals, birds and reptiles and can cause severe respiratory diseases. Since the beginning of 21st century, these viruses have caused major outbreaks leading to human fatal pneumonia and pandemics (Cheng et al., 2007; Malik et al., 2020). Given its uncontrolled ability to infect, there is a need to develop vaccines and drugs

which also includes deploying plant-based phytochemicals for its control. SARS-CoV-2 virus enters and replicate within the host cells mediated by its different structural and functional proteins. Spike protein of the SARS-CoV-2 binds to Angiotensin-converting enzyme 2 (ACE2), a receptor that mediates the entry of the virus into the human host cell (Wan et al., 2020). Small molecules that can inhibit the catalytic site of the ACE2 protein may provide a suitable therapeutic strategy to block the entry of coronavirus into the host cells. Once, inside the host cell; the main protease (M^{pro}) of SARS-CoV-2 play vital role in the polyprotein processing and virus maturation (Liu and Wang, 2020). Two replicase polyproteins are cleaved by the main protease of the virus which is required to mediate viral replication and transcription. Inhibition of the protease activity might also significantly affect the viral replication (Zhang et al., 2020). Therefore, M^{pro} provides another important target for the discovery and development of an antiviral drug.

The current study is focused on profiling the secondary metabolites present in *R. arboreum* petals, assess their absorption, distribution, metabolism and elimination (ADME) properties and investigate their binding affinity with SARS-CoV-2 main protease (M^{pro}) and ACE-2 host cell receptor protein using molecular/computational docking studies. It has been observed that *R. arboreum* petals are enriched with antiviral phytochemicals with promising ability to strongly bind with the COVID-19 targets. The outcomes further warrant *in vivo*, *in vitro* and clinical testing of *R. arboreum* petals against COVID-19 to formulate safe and natural antiviral phytochemical extracts.

2. Material and methods

2.1. Harvesting and processing of Plant materials

The magnificent red flowers of *Rhododendron arboreum* were collected from the mid-Himalayan region in Mandi district in the hills between IIT Mandi and Parashar lake area (>2000m Height above mean sea level (AMSL), Himachal Pradesh, India. The petals were separated, washed with water and air dried under shade. The dried petals were powdered and stored at -20 °C for subsequent analysis at the medicinal plant laboratory of IIT Mandi.

2.2. Estimation of total phenols and antioxidant capacities of *Rhododendron* petal extracts

The powder of *R. arboreum* petals (100 mg dry weight: DW powder) was mixed in acetone (70 %, 2 ml). The extract was vortexed and centrifuged at 10,000 rpm for 10 min at 4 °C. The supernatant was used for total phenol content estimation using Folin-Ciocalteu method (Kupina et al., 2019). Acetone extract (100 µl) was mixed with Folin-Ciocalteu reagent (10 % v/v in MilliQ water, 500 µl) and incubated for 5 min at room temperature. The reaction was initiated by adding 400 µl sodium carbonate (5 % w/v in water) and incubated for 20 min at room temperature. Total soluble phenols

were analysed at absorbance 765 nm, calibrated against gallic acid as standard (0.02 mg/ml to 0.1 mg/ml). For determination of 2,2-diphenyl-1-picrylhydrazyl (DPPH) radical-scavenging activity, phytochemical extract from dry petal powder (5 mg in 1 ml water) was used. Briefly, the extract was centrifuged at $10,000 \times g$ for 15 min at 4 °C and supernatant was collected. DPPH solution (0.1 mM, prepared in absolute ethanol, 900 μ l) was mixed with varying concentration of sample extract (100 μ l; 0.25, 0.5, 1, 2, 4, 5 mg/ml), vortexed and incubated in room temperature for 30 min under dark. The antioxidant activity was calculated by measuring the absorbance at 517 nm after completion of the incubation period (Maiti et al., 2014). From the absorbance IC₅₀ (50% inhibitory concentration) values were calculated and compared with positive control (ascorbic acid, 0.01-0.1 mg/ml).

2.3. Extraction of *R. arboreum* petal phytochemicals

Water extract of *R. arboreum* petals (50 mg DW in 1 ml water) was prepared by heating at 70 °C for 5 min in a dry bath with continuous shaking at 500 rpm. Prior to the extraction, Ribitol (0.01 mg ml⁻¹) was added as an internal standard. This extract is centrifuged at $10,000 \times g$ for 15 min at room temperature. The supernatant containing hot water-soluble metabolites were transferred to a new fresh eppendorf tube. Aliquots of 50 μ l and 20 μ l were dried under-speed vacuum evaporator for phytochemical profiling using Gas Chromatography-Mass Spectrometry (GC-MS) (Lisec et al., 2006; Shree et al., 2019) and ¹H NMR analysis.

2.4. Phytochemical profiling *R. arboreum* petals using Gas Chromatography-Mass Spectrometry

The dried aliquots of hot water-soluble extracts of *R. arboreum* petals were derivatised by adding pyridine (50 μ l) containing methoxyamine hydrochloride (20 mg/ml) followed by incubation at 37 °C at 900 rpm for 2 hours and then MSTFA (N-Methyl-N- (trimethylsilyl) trifluoroacetamide, 70 μ l) was added and incubated at 37 °C, 900 rpm for 30 min. The derivatised samples were centrifuged at 13,000 g for 10 min. The clear supernatant (100 μ l) was transferred to a fresh vial and subjected to GC-MS data acquisition (Agilent instrument). The molecules were separated using a DB-5ms column (30 m x 250 μ m x 1 μ m). Helium was used as carrier gas at a flow rate of 0.6 ml/min. The front inlet temperature was 250 °C. The GC temperature program used was from 60 °C to a final 200 °C oven temperature gradient with an increase of 10 °C/min and hold time for 4 min. Further, ramped to a final 300 °C temperature at 10 °C/min and a hold time of 10 min at highest temperature. The total run time was 60 min. The raw GC-MS data were pre-processed for baseline correction. The metabolic features in total ion chromatograms (TIC) were further annotated against available commercial standards and match score of minimum 70 % against the libraries NIST17 (National Institute of Standards and

Technology, Maryland) and Fiehn13 (Agilent Technologies, USA). Retention times (RT), m/z fragmentation patterns and peak areas were extracted (Masakapalli et al., 2014a, Yadav et al., 2019).

2.5. ¹H NMR spectroscopy analysis of *R. arboreum* petal extracts

Aliquots (500 µl) of hot aqueous extracts were vacuum dried in an eppendorf tube and was reconstituted in of deuterated water (D₂O, 650 µl) containing internal standard 4,4-dimethyl-4-silapentane-1-sulfonic acid (DSS, 0.01 % w/v). The reconstituted sample was vortexed for 5 min and transferred into a 5 mm NMR tube. The ¹H NMR spectra were recorded on JEOL–ECX 500 NMR instrument for 64 scans, with a relaxation delay of 5s. The spectra obtained were manually corrected for phase and baseline distortions and referenced to DSS (set at 0 ppm) using software package JEOL Delta. ¹H-NMR spectra of the quinic acid standard were also recorded to confirm its identity in test samples (Masakapalli et al., 2014b).

2.6. Prediction of physicochemical, ADME pharmacokinetics, drug-likeness and medicinal chemistry properties of *R. arboreum* petal phytochemicals

The absorption, distribution, metabolism, elimination (ADME) properties of the extracted and reported phytochemicals of *R. arboreum* petals were probed using SwissADME (Daina et al., 2017). The physicochemical properties, lipophilicity, water-solubility, pharmacokinetics, drug-likeness and medicinal chemistry of the phytochemicals were evaluated using various parameters (Cheng et al., 2012; Pires et al., 2015). For the computational simulation, canonical SMILES of the selected phytochemicals were obtained from PubChem database (Bolton et al., 2008) and incorporated into SwissADME tool for the prediction of the properties.

2.7. Molecular docking simulation of *R. arboreum* petal phytochemicals

2.7.1. COVID-19 target proteins selected for docking

The three dimensional crystal structures of the target proteins: SARS-CoV-2 main protease (PDB ID: 6LU7) (Jin et al., 2020) and Angiotensin Converting Enzyme 2 (ACE2) receptor of host cell (PDB ID: 1R4L) (Towler et al., 2004) were retrieved from Protein Data Bank (Bernstein et al., 1978). Removal of water molecules, metal ions and all the native ligands bound to the target protein molecules was carried out by using Biovia Discovery studio client 2020 (<https://discover.3ds.com/discovery-studio-visualizer-download>).

2.7.2. Phytochemical ligands from *R. arboreum* petals

The three-dimensional structures of the *R. arboreum* petal phytochemicals were obtained from PubChem in SDF (Spatial Data file) format (Kim et al., 2019). The small molecules used for the docking studies against target proteins were 2,4-Quinolinediamine (CID: 14207924), 3-Hydroxybenzoic acid (CID: 7420), 4-Coumaric acid (CID: 637542), 5-O-Feruloylquinic acid (CID: 9799386), Caffeic acid (CID: 689043), Catechin (CID: 9064), 3-Caffeoyl-quinic acid (CID: 1794427), Epicatechin (CID: 72276), Protocatechuic acid (CID: 72), Shikimic acid (CID: 8742), 5-O-Coumaroyl-D-quinic acid (CID: 6441280), Quinic acid (CID: 6508), Quercetin (CID: 5280343), Quercetin-O-pentoside (CID: 5878729), Kaempferol-O-pentoside (CID: 14749097), Kaempferol (CID: 5280863), Epicatechin gallate (CID: 107905) and Quercetin-O-rhamnoside (CID: 5280459). Glycyrrhizic acid (CID: 14982) was reported to dock against SARS-CoV-2 main protease (PDB ID: 6LU7) and Angiotensin converting enzyme 2 (ACE2) receptor of host cell (PDB ID: 1R4L) and hence is selected as positive control for comparative analysis (Zhang et al., 2020).

2.7.3. Determination of Active Sites of target proteins

The amino acids present in the active site pocket of the target proteins were determined by Computed Atlas for Surface Topography of Proteins (CASTp) (Tian et al., 2018). These amino acids present in the active sites pockets of the target proteins were used for the creation of the grid box and analysis of the docking results.

2.7.4. Molecular Docking of *R. arboreum* petal phytochemicals

PyRx Virtual Screening software (version 0.8) was used for the docking simulations (Dallakyan and Olson, 2015). Prior to docking, the target protein molecules and ligands were converted to the PDBQT files. Firstly, we performed the blind docking to analyse the binding of ligands with the proteins. After the blind docking, active site docking was performed. Docking of the selected ligands against the target proteins was carried out using AutoDock Vina assembled in the PyRx software. Higher the negative binding affinity value, the stronger is the binding of the ligand to the target, so the conformation with the lowest binding affinity was chosen. Analyses of the docking results were carried out by using the software Biovia Discovery studio client 2020 and PyMOL2.4 (<http://www.pymol.org>). The binding affinities of the *R. arboreum* phytochemicals were compared with the positive control i.e. Glycyrrhizic acid.

3. Results

3.1. *Rhododendron* petal extracts constitute polyphenols and exhibit antioxidant ability

The total polyphenol and DPPH radical scavenging activity of *R. arboreum* petal extracts were measured. Total polyphenols were measured to be 59.87 mg GAE (gallic acid equivalent)/g of petal. The DPPH radical scavenging activity showed that *R. arboreum* petal extracts possess antioxidant ability with IC_{50} of 0.98 ± 0.01 mg/ml of petal extract which is comparable to the IC_{50} of ascorbic acid in concentration range of 0.01-0.1 mg ascorbic acid/ml.

3.2. *R. arboreum* petals are rich in secondary metabolites

The GC-MS profiles of hot aqueous extracts from *R. arboreum* petals confirmed appreciable proportion of secondary metabolites covering ~32 % peak area in comparison to other phytochemicals such as sugars, organic acids and amino acids (Fig. 1A). The secondary metabolites detected were Quinic acid, 3-Caffeoyl-quinic acid, 5-O-Coumaroyl-D-quinic acid, 5-O-Feruloylquinic acid, 2,4-Quinolinediamine, Coumaric acid, Caffeic acid, Epicatechin, Catechin, 3-Hydroxybenzoic acid, Shikimic acid and Protocatechuic acid (Table S1). Also, 1H -NMR of *R. arboreum* petals confirmed appreciable proportion of quinic acid and its derivatives (Fig. 1B). We also selected molecules reported from earlier work of Shresta 2016 on *R. arboreum* petals like Epicatechin gallate, Quercetin, Quercetin-O-pentoside, Quercetin-O-rhamnoside, Kaempferol-O-pentoside and Kaempferol for further analysis (Table S1).

3.3. Physicochemical, ADME, pharmacokinetics, drug-likeness and medicinal chemistry properties of *R. arboreum* petal phytochemicals

The prediction of physicochemical, ADME, pharmacokinetics, drug-likeness and medicinal chemistry friendliness properties of phytochemicals, present in *R. arboreum* petal, by SwissADME tool (Daina et al., 2017). Most of the molecules exhibited promising ADME properties with few exceptions (Table S2). This is supported by the prediction of a range of parameters such as the phytochemical structures, Topological Polar Surface Area, The LogP values, Log S, bioavailability, log Kp values and Lipinski's rules (Table S2).

3.4. Molecular docking of *R. arboreum* phytochemicals predicted their potential antiviral properties against the COVID-19 target proteins

The Molecular docking study showed that all the molecules (n=18) were binding with both the target proteins with varying binding parameters (Table S4). For the active site docking, the amino acid residues present in the active site pocket of the target proteins were determined and enlisted. Table S3 present the target protein structures in complex with the native ligand highlighting amino acids found in the active sites of the target proteins. All the phytochemicals screened showed significant binding

affinity to the SARS-CoV-2 main protease and human host cell receptor ACE2 protein. Out of all the molecules docked, 5-O-Feruloylquinic acid, 3-Caffeoyl-quinic acid, 5-O-Coumaroyl-D-quinic acid, Epicatechin and Catechin showed strong binding affinity with the two target proteins.

3.4.1. The phytochemicals of *R. arboreum* petals docked well to SARS-CoV-2 main protease (SARS-CoV-2 M^{pro})

Active site docking of all the 18 petal phytochemicals against the SARS-CoV-2 main protease M^{pro} (6LU7) which is essential for viral replication was performed. The docking results including the binding affinities, active site amino acid residues and various types of interactions between the phytochemicals and SARS-CoV-2 main protease (**Fig. 2, Fig. S1, Fig. S2, Fig. S3, Fig. S4 and Table 1**). Several of the phytochemicals screened showed significant binding ability towards M^{pro} and showed interactions with the active site amino acids. Binding affinities of the molecular docking studies - Epicatechin gallate (-7.3 kcal/mol), 5-O-Feruloylquinic acid (-7.2 kcal/mol), 5-O-Coumaroyl-D-quinic acid (-7.2 kcal/mol), Quercetin-O-rhamnoside (-7.2 kcal/mol), 3-Caffeoyl-quinic acid (-7.1 kcal/mol), Quercetin-O-pentoside (-7.1 kcal/mol), Kaempferol (-7.1 kcal/mol), Epicatechin (-7 kcal/mol), Catechin (-6.7 kcal/mol), Quercetin (-7 kcal/mol), and Kaempferol-O-pentoside (-7 kcal/mol) (Table 1). These molecules showed very strong interactions with the SARS-CoV-2 M^{pro} active sites amino acid residues THRA:24, THRA:25, THRA:26, GLYA:143, LEUA:27, THRA:45, SERA:46, CYSA:145, HISA:164, ASPA:187, HISA:41, ARG:188, META:49, GLNA:189, GLUA:166, THRA:190, ALAA:191 etc (**Fig. 2, Fig. S4 and Table 1**).

3.4.2. The phytochemicals of *R. arboreum* petals docked well to Human Angiotensin Converting Enzyme 2 (ACE2) receptor

Active site docking of all the 18 petal phytochemicals against the human ACE2 receptor protein (PDB ID: 1R4L) was performed. Molecular docking studies showed strong binding affinities, involved active site amino acid residues and various types of interactions between the phytochemicals and human cell receptor ACE2 (**Fig. 3, Fig. S5, Fig. S6, Fig. S7, Fig. S8 and Table 2**). Several of the phytochemicals screened showed significant binding ability towards ACE2 and showed interactions with the active site amino acids. The following binding affinities are observed from docking studies Quercetin-O-rhamnoside (-10.2 kcal/mol), Epicatechin gallate (-10.1 kcal/mol), Quercetin-O-pentoside (-9.9 kcal/mol), Kaempferol-O-pentoside (-9.7 kcal/mol), Catechin (-9 kcal/mol), Quercetin (-8.9 kcal/mol), 5-O-Feruloylquinic acid (-8.6 kcal/mol), 3-Caffeoyl-quinic acid (-8.5 kcal/mol), 5-O-Coumaroyl-D-quinic (-8.5 kcal/mol), Kaempferol (-8.4 kcal/mol) and Epicatechin (-8.4 kcal/mol) (Table 2). These molecules showed very strong interactions with the ACE2 active sites amino acid residues such as

PHEA:32, GLUA:37, PHEA:40, SERA:43, SERA:44, SERA:47, TYRA:50, ASNA:52, ILEA:54, META:62, ASNA:63, GLYA:66, ASPA:67, TRPA:69, SERA:70, ALAA:71, LEUA:73, LYSA:74, SERA:77, LEUA:91, THRA:92, LYSA:94, LEUA:95, GLNA:96, GLNA:98, ALAA:99, LEUA:100, GLNA:102, ASNA:103, GLYA:104, SERA:105, SERA:106, LEUA:108, GLUA:110, SERA:113, LYSA:114, LEUA:116, ASNA:117, LEUA:120, ASNA:121, SERA:124, TYRA:127, SERA:128, THRA:129, GLYA:130, LYSA:131, CYSA:141, LEUA:142, LEUA:143, LEUA:144, GLUA:145, PROA:146, ASNA:149, GLUA:150 etc (Fig. 3, Fig. S8 and Table 2).

4. Discussion

COVID-19 caused by SARS-CoV-2 affects human respiratory function, compromises the pO₂ level in severe cases with patterns similar to that of high altitude pulmonary edema (HAPE) (Solaimanzadeh, 2020). Recently, dexamethasone, a high-altitude prophylaxis drug for the prevention of acute mountain sickness (Zell and Goodman, 1988) has shown promise in treating a proportion of severe COVID-19 cases (Horby et al., 2020). These observations support our hypothesis that any safe natural product used traditionally to control high-altitude sickness along with potential antiviral phytochemicals may act as the first line of defence against COVID-19.

In the Himalaya's, the flowers of *Rhododendron arboreum* is being traditionally consumed by local population as beverage, squash, chutneys, jams and jellies and believed to help in preventing high-altitude sickness (Devi et al., 2018). The red petals and its extracts exhibit anti-diabetic, anti-diarrhoea, anti-microbial, anti-inflammatory, hepato-protective and anti-oxidant activities (Kumar et al., 2019). *R. arboreum* flower aqueous extract showed significant anti-inflammatory and anti-nociceptive properties against all phlogistic agents (Agarwal and Kalpana, 1988; Verma et al., 2011). Acetate fraction of *R. arboreum* flower extract was reported to be effective against hepatic damage (Verma et al., 2011). The flower extracts given orally showed efficient cholesterol reduction, and enhanced anti-diabetic activity (Bhandary and Kawabata, 2009; Thangaraj, 2013). The antimicrobial activity of the aqueous and ethanolic extract was proven earlier against *E. coli* and *S. aureus* (Sonar et al., 2012). The primary aim of this study was to profile the secondary metabolites present in *R. arboreum* petals, assessing their ADME and their antiviral properties using molecular docking.

Our analysis showed that *R. arboreum* petal extracts constituted higher polyphenol levels in comparison to that of *Rhododendron ponticum* (Malkoc et al., 2016). Also, the capability of the *R. arboreum* petal extracts to scavenge DPPH free radicals are due to the presence of polyphenols with antioxidant properties. Polyphenols are known to have health beneficial effect on humans and act as cardio-protectant, protect cell constituents against oxidative damage, anti-cancerous, neuroprotective

and anti-ageing (Harman, 2006) thereby rendering the significance of *R. arboreum* flower extracts for health.

We profiled the hot aqueous extracts of *R. arboreum* petals using GC-MS which confirmed appreciable proportion of secondary metabolites covering ~32 % peak area in comparison to other phytochemicals such as sugars, organic acids and amino acids (**Fig. 1A**). Predominantly, we observed that the extracts are enriched with secondary metabolites that have potential as antiviral natural products (**Table S5**) as discussed below.

Quinic acid is reported as a potent antiviral molecule with activities against various targets of dengue virus and hepatitis B virus (Li et al., 2005; Mahmood et al., 1993; Wang et al., 2009; Zanello et al., 2015). Molecular simulations/docking study showed the effective binding of quinic acid to the reverse transcriptase enzyme thus possess anti-HIV-1-RT activity (Yazdi et al., 2019). Caffeoylquinic acid (CQA) is one of the potent polyphenols also reported to exhibit activities against hepatitis B virus, influenza viruses (H1N1, H3N2, H5N1), enterovirus 71, herpes virus and HIV (Ding et al., 2017; Li et al., 2013; Ren et al., 2019; Serina et al., 2017; Urushisaki et al., 2011; Wang et al., 2009). The docking simulations/molecular docking between caffeoylquinic acid and the Avian influenza H5N1 neuraminidase showed positive interaction (Ren et al., 2019). Catechins are reported activities against influenza (Song et al., 2005), hepatitis B virus (Li et al., 2001) and docking against ACE2 receptor (Jena et al., 2019). Epicatechin has been reported against Mayaro virus (Ferreira et al., 2018). The antiviral activities of phytochemicals from *R. arboreum* petal extracts such as Caffeic acid, Kaempferol, Quercetin, Shikimic acid, 4-Coumaric acid and other are tabulated (**Table S5**). These reports suggest that *R. arboreum* petal extracts which are rich in various derivatives of Quinic acid (CQA, Feruloyl quinic acid, Coumaroyl quinic acid etc.) could be promising antiviral products.

The potential of the *R. arboreum* petal phytochemicals against COVID-19 targets were further evaluated using molecular docking. This approach has shown promising potential in identifying potential inhibitors against SARS-CoV-2 targets (Pandit and Latha, 2020, Khaerunnisa et al. 2020, Adem et al., 2020). In this study, the molecular docking simulations of the *R. arboreum* petal phytochemicals against the SARS-CoV-2 main protease (M^{Pro}) and human cell receptor protein ACE2 which are essential for the viral entry was investigated. The docking analysis showed that most of the *Rhododendron* phytochemicals bind effectively to both the target proteins. It was observed that the molecules exhibited strong binding affinity to human ACE2 protein as compared to the SARS-CoV-2 main protease (**Table 1 and Table 2**). Some of the phytochemicals possess similar binding affinity with the target proteins as glycyrrhizic acid which was used a control. Among all the phytochemicals docked, 5-O-Feruloylquinic acid, 3-Caffeoyl-quinic acid, 5-O-Coumaroyl-D-quinic acid, Epicatechin and Catechin showed the strong binding affinity with ACE2 and SARS-CoV-2 M^{Pro}. The docking

analysis further supports the hypothesis that several of these *R. arboreum* petal phytochemicals might synergistically act as antivirals inhibiting the binding sites of the SARS-CoV-2 and hence merits further *in vivo*, *in vitro* studies.

The physicochemical, ADME, pharmacokinetics, drug-likeness and medicinal chemistry properties of most of the *R. arboreum* petal phytochemicals showed promising features. It must be noted that the extracts are already used widely by the local population in the Himalayas and hence are largely considered to be safe for human consumption. However, further studies directed towards dosage and scientific assessment against SARS-CoV-2 will provide much needed insights and more importantly the molecular pathways.

Conclusion

In this study, the secondary metabolite of *R. arboreum* petals were deciphered, and their antiviral properties against selected COVID-19 targets using molecular docking were investigated. Several of the secondary metabolites of *R. arboreum* petals docked well against SARS-CoV-2 main protease (M^{pro} PDB ID: 6LU7) and Angiotensin converting enzyme 2 (ACE2) receptor (PDB ID: 1R4L) of humans. Among all the phytochemicals docked, 5-O-Feruloylquinic acid, 3-Caffeoyl-quinic acid, 5-O-Coumaroyl-D-quinic acid, Epicatechin and Catechin showed the strong binding affinity with ACE2 and SARS-CoV-2 M^{pro}. Our results indicate that the hot water extract of *R. arboreum* is rich in antiviral phytochemicals that merits further *in vitro*, *in vivo* and clinical studies to examine its efficacy and develop natural formulations against COVID-19 as adjunct therapeutics.

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Declaration of Competing Interest

All the authors declare no conflict of interest.

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625 **Tables**

626 **Table 1.** Active site docking of *R. arboreum* petal phytochemicals against SARS-CoV-2 Mpro (6LU7)
 627 showing the binding affinities and interacting amino acid residues

<i>R. arboreum</i> petal Phytochemicals	SARS-CoV-2 M ^{pro} (6LU7)	
	Binding affinity (Kcal/mol)	Interacting Amino acid Residues
Epicatechin gallate	-7.3	THRA:24, THRA:25, THRA:26, LEUA:27, HISA:41, VALA:42, META:49, PHEA:140, LEUA:141, ASNA:142, GLYA:143, SERA:144, CYSA:145, GLUA:166, META:165, HISA:163, HISA:164, HISA:172, GLNA:189
5-O-Feruloylquinic acid	-7.2	THRA:25, THRA:26, LEUA:27, HISA:41, META:49, PHEA:140, LEUA:141, ASNA:142, GLYA:143, SERA:144, CYSA:145, HISA:164, GLUA:166, META:165, HISA:163, HISA:172, GLNA:189
Quercetin-O-rhamnoside	-7.2	THRA:25, THRA:26, LEUA:27, HISA:41, VALA:42, META:49, PHEA:140, LEUA:141, ASNA:142, GLYA:143, CYSA:145, GLUA:166, META:165, HISA:163, HISA:172, GLNA:189
5-O-Coumaroyl-D-quinic acid	-7.2	THRA:25, THRA:26, LEUA:27, HISA:41, META:49, PHEA:140, LEUA:141, ASNA:142, GLYA:143, SERA:144, CYSA:145, GLUA:166, META:165, HISA:164, HISA:163, HISA:172, GLNA:189
3-Caffeoyl-quinic acid	-7.1	THRA:24, THRA:25, THRA:26, LEUA:27, HISA:41, THRA:45, META:49, PHEA:140, LEUA:141, ASNA:142, GLYA:143, SERA:144, CYSA:145, GLUA:166, META:165, HISA:163, HISA:164, HISA:172
Quercetin-O-pentoside	-7.1	THRA:24, THRA:25, THRA:26, LEUA:27, META:49, PHEA:140, LEUA:141, ASNA:142, GLYA:143, SERA:144, CYSA:145, GLUA:166, META:165, HISA:163, HISA:172, GLNA:189
Kaempferol	-7.1	THRA:25, THRA:26, LEUA:27, HISA:41, PHEA:140, LEUA:141, ASNA:142, GLYA:143, SERA:144, CYSA:145, GLUA:166, META:165, HISA:163, HISA:172, GLNA:189
Kaempferol-O-pentoside	-7.0	THRA:24, THRA:25, THRA:26, LEUA:27, META:49, PHEA:140, LEUA:141, ASNA:142, GLYA:143, SERA:144, CYSA:145, GLUA:166, META:165, HISA:163, HISA:164, HISA:172, GLNA:189
Epicatechin	-7.0	PHEA:140, LEUA:141, SERA:144, GLYA:143, ASNA:142, CYSA:145, GLNA:189, HISA:163, META:165, GLUA:166, LEUA:167, PROA:168
Quercetin	-7.0	THRA:25, THRA:26, LEUA:27, HISA:41, PHEA:140, LEUA:141, ASNA:142, GLYA:143, SERA:144, CYSA:145, GLUA:166, META:165, HISA:163, HISA:172, GLNA:189
Catechin	-6.7	THRA:25, THRA:26, LEUA:27, HISA:41, META:49, PHEA:140, LEUA:141, ASNA:142, GLYA:143, SERA:144, CYSA:145, GLUA:166, META:165, HISA:163, HISA:172

Caffeic acid	-5.7	PHEA:140, LEUA:141, ASNA:142, GLYA:143, SERA:144, CYSA:145, GLUA:166, META:165, HISA:163, GLNA:189
Protocatechuic acid	-5.4	PHEA:140, LEUA:141, ASNA:142, GLYA:143, SERA:144, CYSA:145, GLNA:189, GLUA:166, HISA:163, META:165
Quinic acid	-5.4	LEUA:141, ASNA:142, GLYA:143, SERA:144, CYSA:145, HISA:163, META:165, GLUA:166, GLNA:189
2,4-Quinolinediamine	-5.1	HISA:41, META:49, GLNA:189, CYSA:145, HISA:164, META:165, GLUA:166, HISA:163, ASNA:142, LEUA:141, GLYA:143
4-Coumaric acid	-5.1	PHEA:140, LEUA:141, ASNA:142, HISA:163, SERA:144, GLYA:143, CYSA:145, META:165, GLUA:166, LEUA:167, GLNA:189
3-Hydroxybenzoic acid	-4.9	PHEA:140, LEUA:141, ASNA:142, GLYA:143, SERA:144, CYSA:145, , GLUA:166, HISA:163, HISA:172
Shikimic acid	-5.3	PHEA:140, LEUA:141, ASNA:142, GLYA:143, SERA:144, CYSA:145, GLUA:166, HISA:163, META:165, HISA:172,
Glycyrrhizic acid (Positive control) (Zhang et al., 2020)	-7.2	PHEA:140, LEUA:141, SERA:139, HISA:172, GLYA:138, LYSA:137, TYRA:118, SERA:123, ALAA:116, GLYA:124, TYRA:126, VALA:125, GLUA:290, LYSA:5

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629 **Table 2.** Active site docking of *R. arboreum* petal phytochemicals against Human Angiotensin

630 Converting Enzyme ACE2 (1R4L) showing the binding affinities and interacting amino acid residues

<i>R. arboreum</i> petal Phytochemicals	Human Angiotensin Converting Enzyme (1R4L)	
	Binding affinity (Kcal/mol)	Interacting Amino acid Residues
Quercetin-O-rhamnoside	-10.2	GLUA:406, SERA:409, LEUA:370, ASPA:367, THRA:276, META:270, ASNA:149, TRPA:271, ASPA:269, PHEA:274, HISA:345, PROA:346, HISA:505, ARG:273, TYRA:515, GLUA:375, THRA:371, ARG:518, HISA:374
Epicatechin gallate	-10.1	ALAA:153, ASNA:149, TRPA:271, HISA:345, ARG:273, HISA:505, PROA:346, THRA:347, GLUA:375, TYRA:515, GLUA:402, HISA:378, HISA:374, THRA:371, ARG:518, PHEA:274, THRA:445, THRA:276, ASPA:367, ASPA:269
Quercetin-O-pentoside	-9.9	TRPA:271, ARG:273, THRA:371, HISA:505, TYRA:515, GLUA:402, HISA:374, HISA:378, GLUA:375, THRA:347, ARG:518, PROA:346, GLUA:406, THRA:445, ASPA:367, THRA:276, PHEA:274, HISA:345
Kaempferol-O-pentoside	-9.7	GLUA:406, SERA:409, ARG:518, HISA:374, THRA:347, HISA:505, GLUA:375, HISA:378, GLUA:402, TYRA:515, ARG:273, THRA:371, HISA:345, PROA:346, PHEA:274, ASPA:367, THRA:276, THRA:445
Catechin	-9.0	PROA:346, THRA:347, HISA:345, GLUA:375, THRA:371, PHEA:274, ASPA:269, ASPA:367, THRA:276, THRA:445, LEUA:370, GLUA:406, ARG:518, ARG:273, TYRA:515, GLUA:402, HISA:505, HISA:378, HISA:374
Quercetin	-8.9	PHEA:504, HISA:505, GLUA:375, HISA:345, ARG:273,

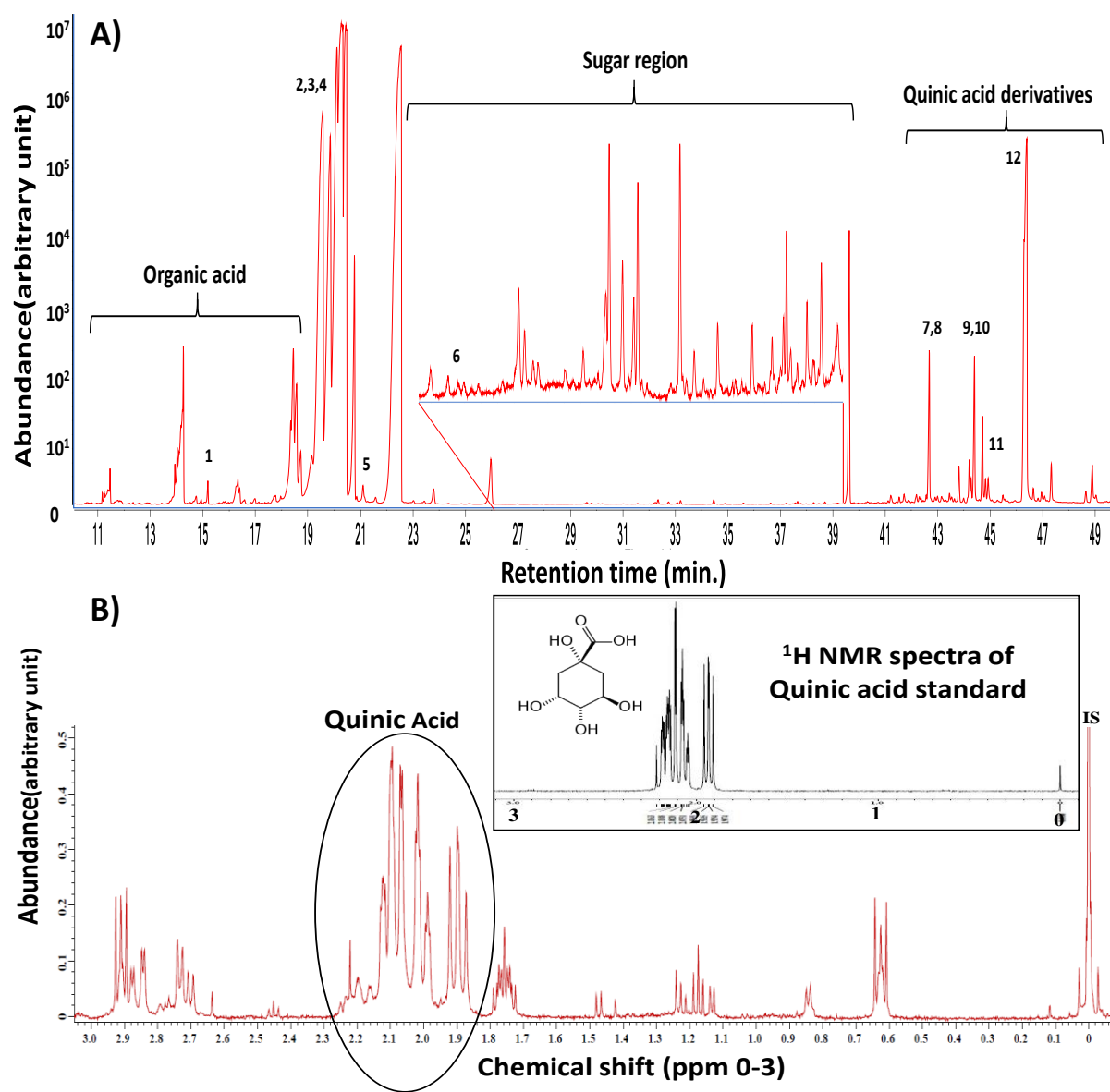
		THRA:371, PROA:346, PHEA:274, ARG:518, GLUA:402, TYRA:515, HISA:374, HISA:378, TYRA:510, THRA:347, ALAA:348
5-O-Feruloylquinic acid	-8.6	ARG:518, GLUA:406, THRA:371, ASPA:367, ARG:273, ASPA:368, ASNA:277, ASNA:158, THRA:365, ALAA:153, LYSA:363, GLUA:145, ASNA:149, TRPA:271, ASPA:269, THRA:276, THRA:445, PHEA:274
3-Caffeoyl-quinic acid	-8.5	PROA:346, HISA:378, ARG:273, GLUA:375, TRPA:271, HISA:345, TYRA:127, CYSA:344, GLUA:145, ASNA:149, LYSA:363, META:360, ASPA:368, THRA:371, PHEA:274, ARG:518, HISA:374, TYRA:515, GLUA:402
5-O-Coumaroyl-D-quinic acid	-8.5	ASPA:367, THRA:276, LYSA:441, THRA:445, TYRA:515, HISA:505, HISA:374, HISA:345, HISA:378, GLUA:375, ARG:514, GLUA:402, PROA:346, THRA:371, ARG:518, PHEA:274, ARG:273, LEUA:370
Epicatechin	-8.4	PROA:346, HISA:345, GLUA:375, THRA:371, PHEA:274, ASPA:367, THRA:276, THRA:445, LEUA:370, GLUA:406, ARG:518, ARG:273, GLUA:402, HISA:505, HISA:374
Kaempferol	-8.4	PHEA:274, HISA:505, HISA:345, ARG:273, PROA:346, GLUA:402, HISA:378, HISA:374, GLUA:375, TYRA:515, ARG:518, THRA:371, GLUA:406, LEUA:370, SERA:409, THRA:445
Quinic acid	-6.5	ALAA:348, GLUA:402, HISA:378, ARG:514, TYRA:515, HISA:505, TYRA:510, PHEA:504, HISA:345, THRA:347, GLUA:375, HISA:374, PROA:346
Caffeic acid	-6.4	THRA:371, ARG:518, ASPA:367, LEUA:370, GLUA:406, THRA:445, PHEA:274, GLNA:522, THRA:519, ILEA:446, THRA:449
2,4-Quinolinediamine	-6.3	ALAA:348, TYRA:510, TRPA:349, THRA:347, HISA:345, PHEA:504, TYRA:515, ARG:514, HISA:505, GLUA:402, HISA:378
4-Coumaric acid	-6.2	PHEA:32, PHEA:40 LEUA:73, TRPA:69, ASPA:350, LEUA:351, PHEA:390, LEUA:391, ASNA:394, GLYA:352, ARG:393
Shikimic acid	-6.0	ARG:514, GLUA:402, TYRA:510, PHEA:504, THRA:347, GLUA:375, HISA:374, PROA:346, HISA:505, HISA:345, ARG:273, TYRA:515, HISA:378
Protocatechuic acid	-5.8	ALAA:348, GLUA:402, HISA:378, ARG:514, TYRA:515, HISA:505, TYRA:510, PHEA:504, HISA:345, ALAA:348
3-Hydroxybenzoic acid	-5.7	ARG:514, GLUA:402, TYRA:510, PHEA:504, THRA:347, GLUA:375, HISA:374, PROA:346, HISA:505, HISA:345, ARG:273, TYRA:515, HISA:378
Glycyrrhizic acid (Positive control) (Zhang et al., 2020)	-10.5	SERA:511, TRPA:203, TYRA:510, TYRA:199, ARG:514, GLUA:398, ASPA:206, ASPA:509, LYSA:562, HISA:401, GLUA:402, ASNA:394, HISA:378, ASPA:350, PHEA:40, TRPA:69, PHEA:390 PHEA:32, LEUA:391, ALAA:99, LEUA:73, TRPA:202, TYRA:385

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634 **Figures**



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Fig. 1. Phytochemical profiles of *Rhododendron arboreum* petals. A) GC-MS spectra of hot water extract showed high abundance of secondary metabolites (~32% peak area) along with sugars, amino and organic acids. The secondary metabolites profiled are 1. Hydroxybenzoic acid 2. Shikimic acid 3. Protocatechuic acid 4. Quinic acid 5. Coumaric acid 6. Caffeic acid 7. Epicatechin 8. Catechin 9. 5-O-Coumaroyl-D-quinic acid 10. 3-Caffeoyl-quinic acid 11. 2,4-Quinolinediamine, and 12. 5-O-Feruloylquinic acid. Further metabolite profile details are presented in Supplementary Table S1 B) ¹H-NMR showed higher levels of quinic acid and its potential derivatives.

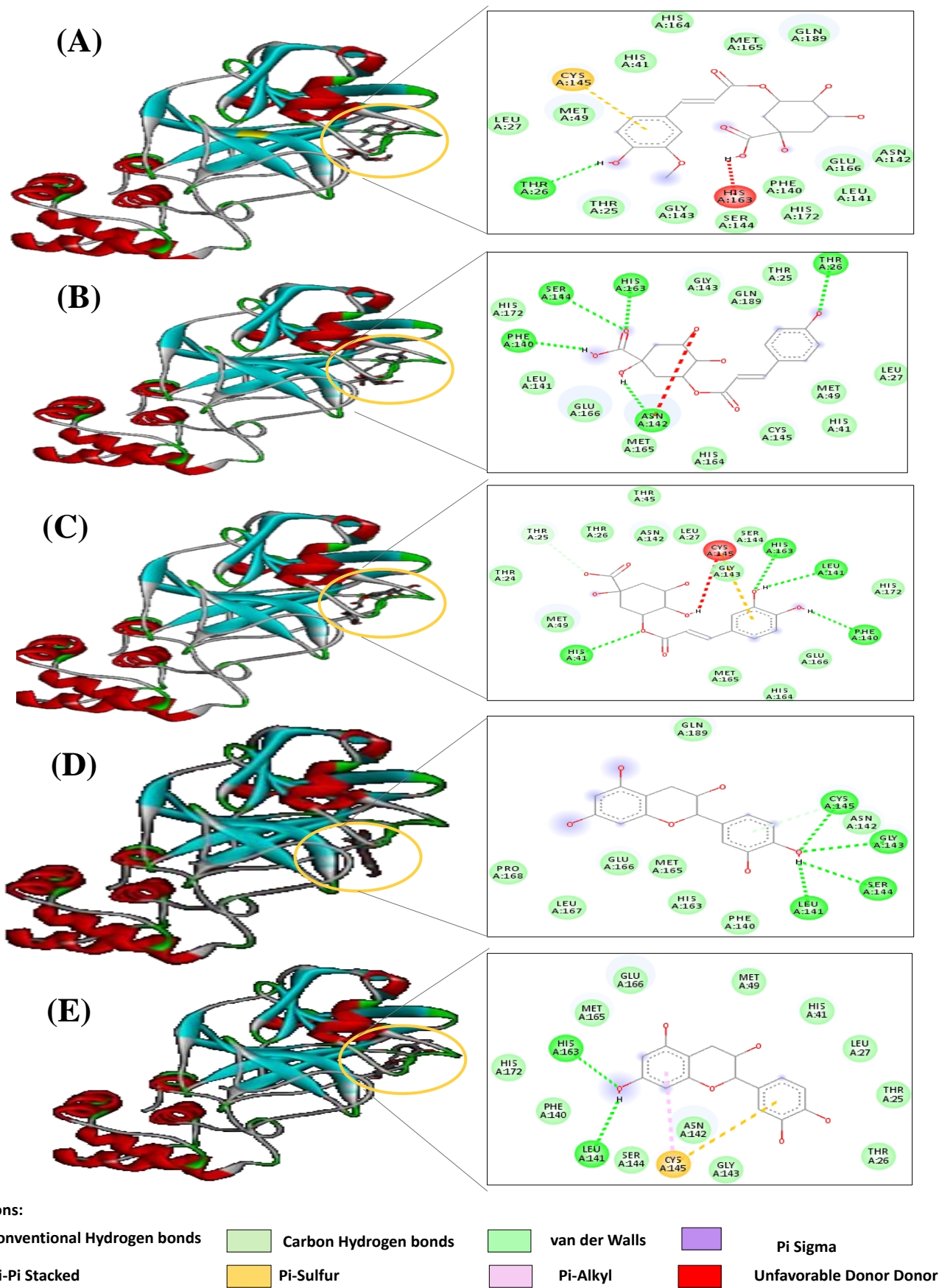
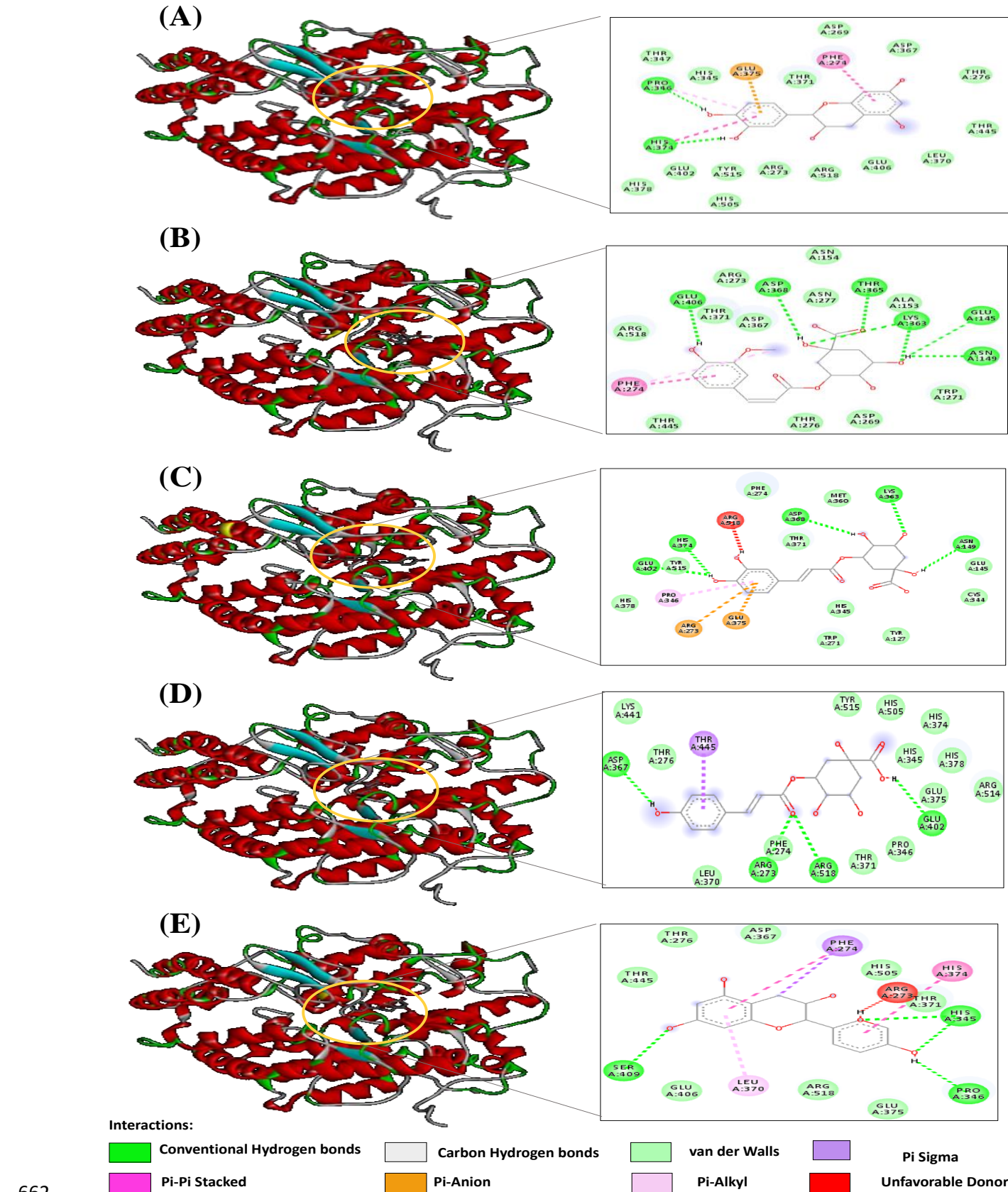


Fig. 2. Active site docking simulation of the interaction between SARS-CoV-2 main protease (PDB

645 ID-6LU7) and (A) 5-O-Feruloylquinic acid resulted in binding affinity of -7.2 kcal/mol. The analysis
 646 showed interaction of following active site amino acid residues - THRA:25, THRA:26, LEUA:27,
 647 HISA:41, META:49, PHEA:140, LEUA:141, ASNA:142, GLYA:143, SERA:144, CYSA:145,
 648 HISA:164, GLUA:166, META:165, HISA:163, HISA:172, GLNA:189 (B) 5-O-Coumaroyl-D-quinic
 649 acid resulted in binding affinity of -7.2 kcal/mol. The analysis showed interaction of following active
 650 site amino acid residues - THRA:25, THRA:26, LEUA:27, HISA:41, META:49, PHEA:140,
 651 LEUA:141, ASNA:142, GLYA:143, SERA:144, CYSA:145 GLUA:166, META:165, HISA:164,
 652 HISA:163, HISA:172, GLNA:189 (C) 3-Caffeoyl-quinic acid resulted in binding affinity of -7.1
 653 kcal/mol. The analysis showed interaction of following active site amino acid residues - THRA:24,
 654 THRA:25, THRA:26, LEUA:27, HISA:41, THRA:45, META:49, PHEA:140, LEUA:141, ASNA:142,
 655 GLYA:143, SERA:144, CYSA:145, GLUA:166, META:165, HISA:163, HISA:164, HISA:172 (D)
 656 Epicatechin resulted in binding affinity of -7 kcal/mol. The analysis showed interaction of following
 657 active site amino acid residues - PHEA:140, LEUA:141, SERA:144, GLYA:143, ASNA:142,
 658 CYSA:145, GLNA:189, HISA:163, META:165, GLUA:166, LEUA:167, PROA:168 (E) Catechin
 659 resulted in binding affinity of -6.7 kcal/mol. The analysis showed interaction of following active site
 660 amino acid residues - THRA:25, THRA:26, LEUA:27, HISA:41, META:49, PHEA:140, LEUA:141,
 661 ASNA:142, GLYA:143, SERA:144, CYSA:145, GLUA:166, META:165, HISA:163, HISA:172



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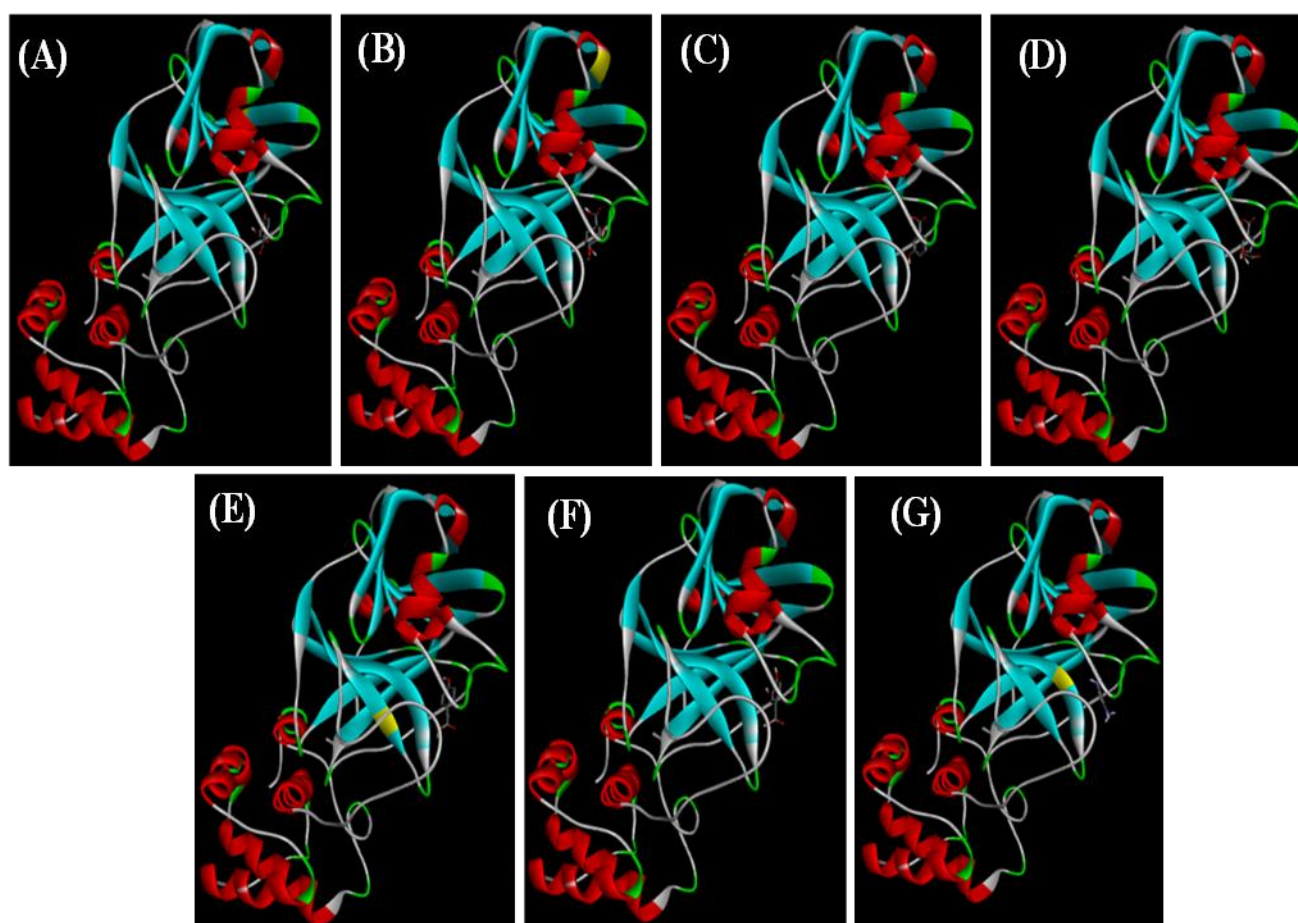
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Fig. 3. Active site docking simulation of the interaction between ACE2 host cell receptor (PDB ID- 1R4L) and (A) Catechin resulted in binding affinity of -9 kcal/mol. The analysis showed interaction of

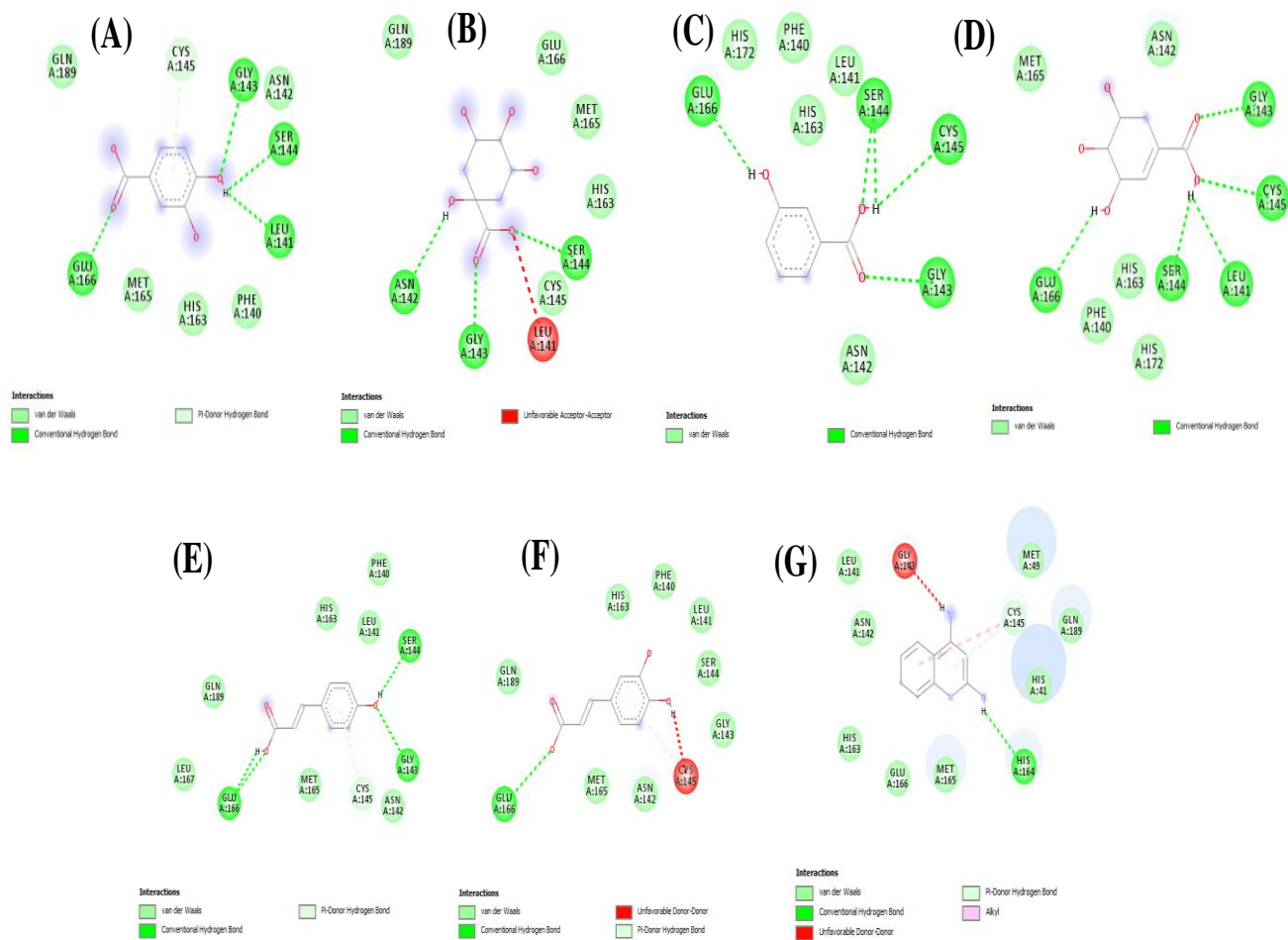
665 following active site amino acid residues - PROA:346, THRA:347, HISA:345, GLUA:375,
666 THRA:371, PHEA:274, ASPA:269, ASPA:367, THRA:276, THRA:445, LEUA:370, GLUA:406,
667 ARG A:518, ARG A:273, TYRA:515, GLUA:402, HISA:505, HISA:378, HISA:374 (B) 5-O-
668 Feruloylquinic acid resulted in binding affinity of -8.6 kcal/mol. The analysis showed interaction of
669 following active site amino acid residues - ARG A:518, GLUA:406, THRA:371, ASPA:367,
670 ARG A:273, ASPA:368, ASNA:277, ASNA:158, THRA:365, ALAA:153, LYSA:363, GLUA:145,
671 ASNA:149, TRPA:271, ASPA:269, THRA:276, THRA:445, PHEA:274 (C) 3-Caffeoyl-quinic acid
672 resulted in binding affinity of -8.5 kcal/mol. The analysis showed interaction of following active site
673 amino acid residues - PROA:346, HISA:378, ARG A:273, GLUA:375, TRPA:271, HISA:345,
674 TYRA:127, CYSA:344, GLUA:145, ASNA:149, LYSA:363, META:360, ASPA:368, THRA:371,
675 PHEA:274, ARG A:518, HISA:374, TYRA:515, GLUA:402 (D) 5-O-Coumaroyl-D-quinic acid
676 resulted in binding affinity of -8.5 kcal/mol. The analysis showed interaction of following active site
677 amino acid residues - ASPA:367, THRA:276, LYSA:441, THRA:445, TYRA:515, HISA:505,
678 HISA:374, HISA:345, HISA:378, GLUA:375, ARG A:514, GLUA:402, PROA:346, THRA:371,
679 ARG A:518, PHEA:274, ARG A:273, LEUA:370 (E) Epicatechin resulted in binding affinity of -8.4
680 kcal/mol. The analysis showed interaction of following active site amino acid residues -PROA:346,
681 HISA:345, GLUA:375, THRA:371, PHEA:274, ASPA:367, THRA:276, THRA:445, LEUA:370,
682 GLUA:406, ARG A:518, ARG A:273, GLUA:402, HISA:505,, HISA:374.

699 Supplementary Figures



700

701 **Fig. S1.** Active site docking analysis visualisation of SARS-CoV-2 main protease (6LU7) binding with
702 (A) Protocatechuic acid (binding affinity: -5.4 kcal/mol), (B) Quinic acid (binding affinity: -5.4
703 kcal/mol), (C) 3-Hydroxybenzoic acid (binding affinity: -4.9 kcal/mol), (D) Shikimic acid (binding
704 affinity: -5.3 kcal/mol), (E) 4-Coumaric acid (binding affinity: -5.1 kcal/mol), (F) Caffeic acid (binding
705 affinity: -5.7 kcal/mol), (G) 2,4-Quinolinediamine (binding affinity: -5.1 kcal/mol). Docking of the
706 *Rhododendron* molecules against the target proteins was done using the PyRx software and analyses of
707 the docking results were carried out by using the software Biovia Discovery studio client 2020.



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709 **Fig. S2.** Amino acid residue interactions of 6LU7 binding with ((A) Protocatechuic acid, (B) Quinic
710 acid (C) 3-Hydroxybenzoic acid (D) Shikimic acid, (E) 4-Coumaric acid, (F) Caffeic acid, (G) 2,4-
711 Quinolinediamine

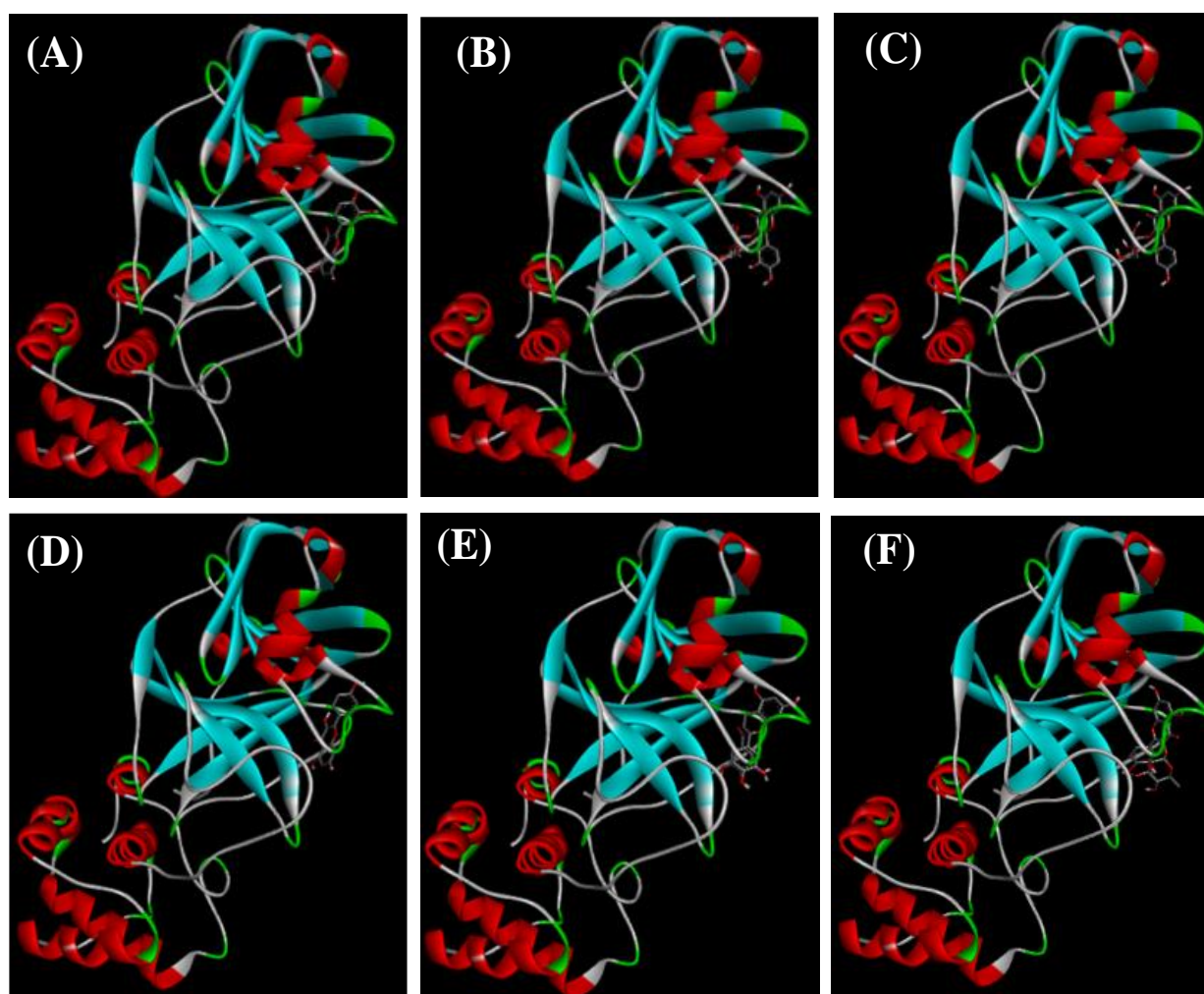


Fig. S3. Active site docking analysis visualisation of SARS-CoV-2 main protease (6LU7) binding with (A) Quercetin (binding affinity: -7 kcal/mol), (B) Quercetin-O-pentoside (binding affinity: -7.1 kcal/mol), (C) Kaempferol-O-pentoside (binding affinity: -7 kcal/mol), (D) Kaempferol (binding affinity: -7.1 kcal/mol), (E) Epicatechin gallate (binding affinity: -7.3 kcal/mol), (F) Quercetin-O-rhamnoside (binding affinity: -7.2 kcal/mol). Docking of the *Rhododendron* molecules against the target proteins was done using the PyRx software and analyses of the docking results were carried out by using the software Biovia Discovery studio client 2020.

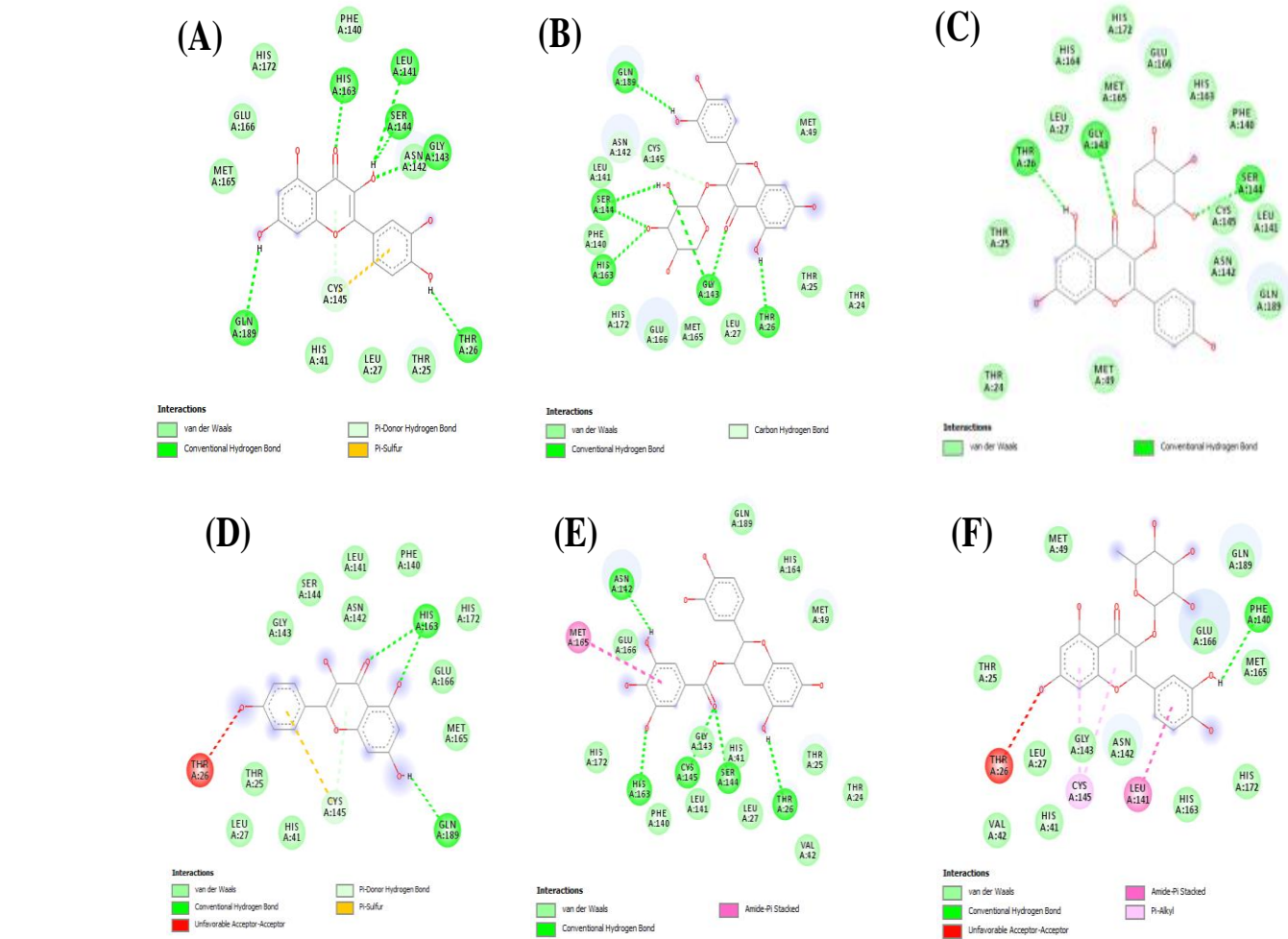


Fig. S4. Amino acid residue interactions of 6LU7 binding with (A) Quercetin (B) Quercetin-O-pentoside (C) Kaempferol-O-pentoside (D) Kaempferol (E) Epicatechin gallate (F) Quercetin-O-rhamnoside.

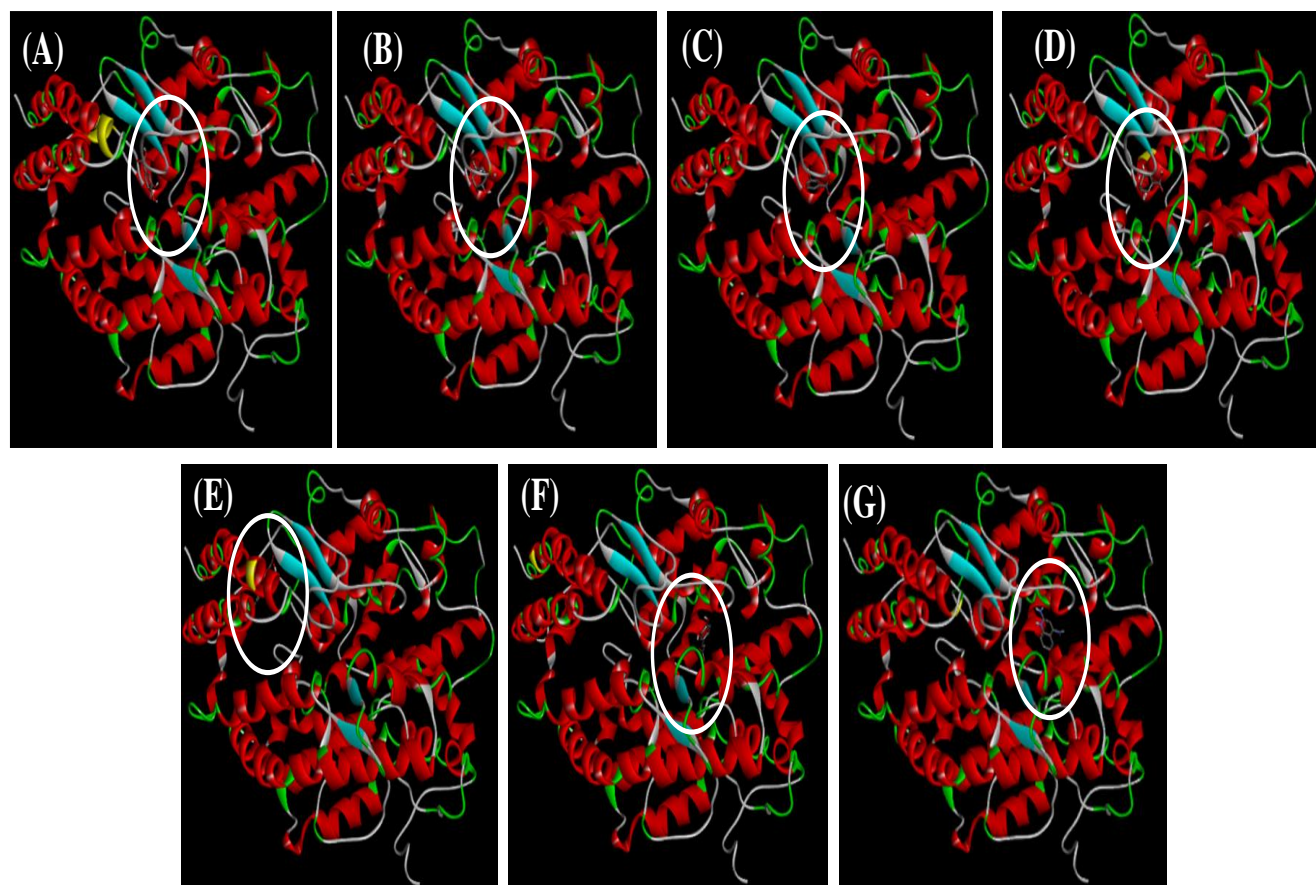


Fig. S5. Active site docking simulation of the interaction between ACE2 host cell receptor (PDB ID- 1R4L) and (A) Protocatechuic acid (binding affinity: -5.8 kcal/mol), (B) Quinic acid (binding affinity: -6.5 kcal/mol), (C) 3- Hydroxybenzoic acid (binding affinity: -5.7 kcal/mol), (D) Shikimic acid (binding affinity: -6 kcal/mol), (E) 4- Coumaric acid (binding affinity: -6.2 kcal/mol), (F) Caffeic acid (binding affinity: -6.4 kcal/mol) (G) 2,4- Quinolinediamine (binding affinity: -6.3 kcal/mol). Docking of the *Rhododendron* molecules against the target proteins was done using the PyRx software and analyses of the docking results were carried out by using the software Biovia Discovery studio client 2020.

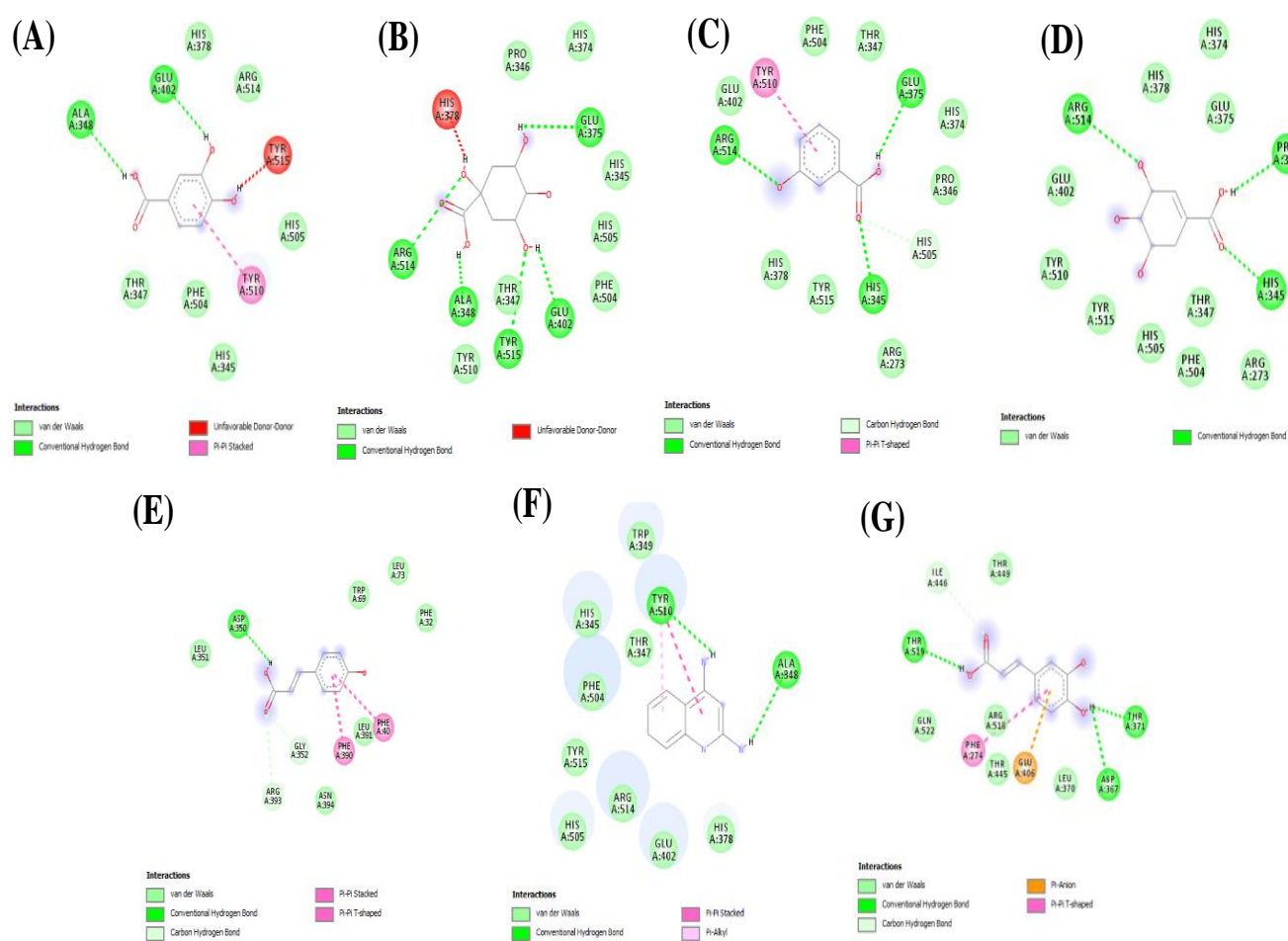


Fig. S6. Amino acid residue interactions of ACE2 host cell receptor (PDB ID-1R4L) binding with (A) Protocatechuic acid (B) Quinic acid (C) 3- Hydroxybenzoic acid (D) Shikimic acid (E) 4- Coumaric acid (F) Caffeic acid and (G) 2,4- Quinolinediamine.

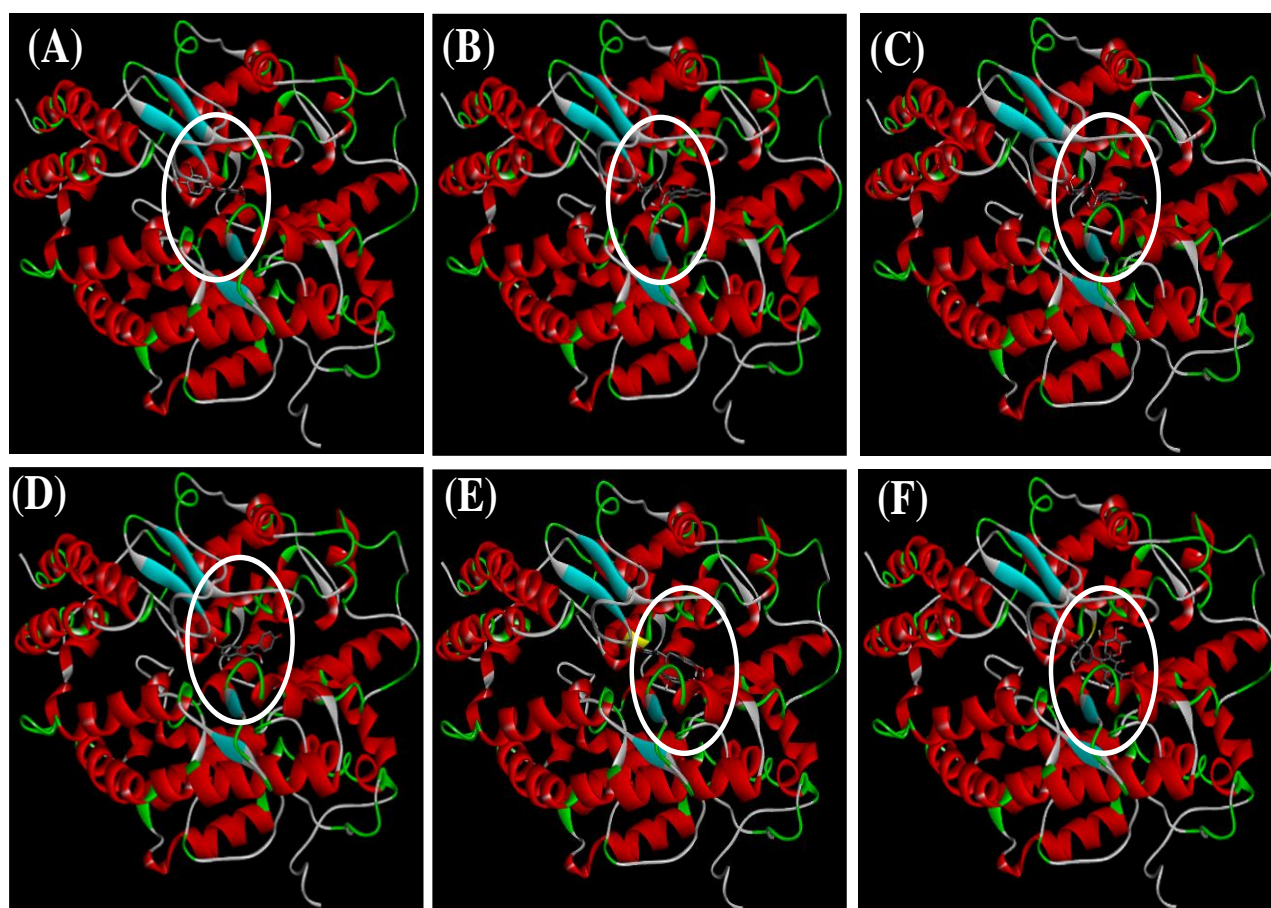


Fig. S7. Active site docking simulation of the interaction between ACE2 host cell receptor (PDB ID-1R4L) and (A) Quercetin (binding affinity: -8.9 kcal/mol), (B) Quercetin-O-pentoside (binding affinity: -9.9 kcal/mol), (C) Kaempferol-O-pentoside (binding affinity: -9.7 kcal/mol), (D) Kaempferol (binding affinity: -8.4 kcal/mol), (E) Epicatechin gallate (binding affinity: -10.1 kcal/mol), (F) Quercetin-O-rhamnoside (binding affinity: -10.2 kcal/mol). Docking of the *Rhododendron* molecules against the target proteins was done using the PyRx software and analyses of the docking results were carried out by using the software Biovia Discovery studio client 2020.

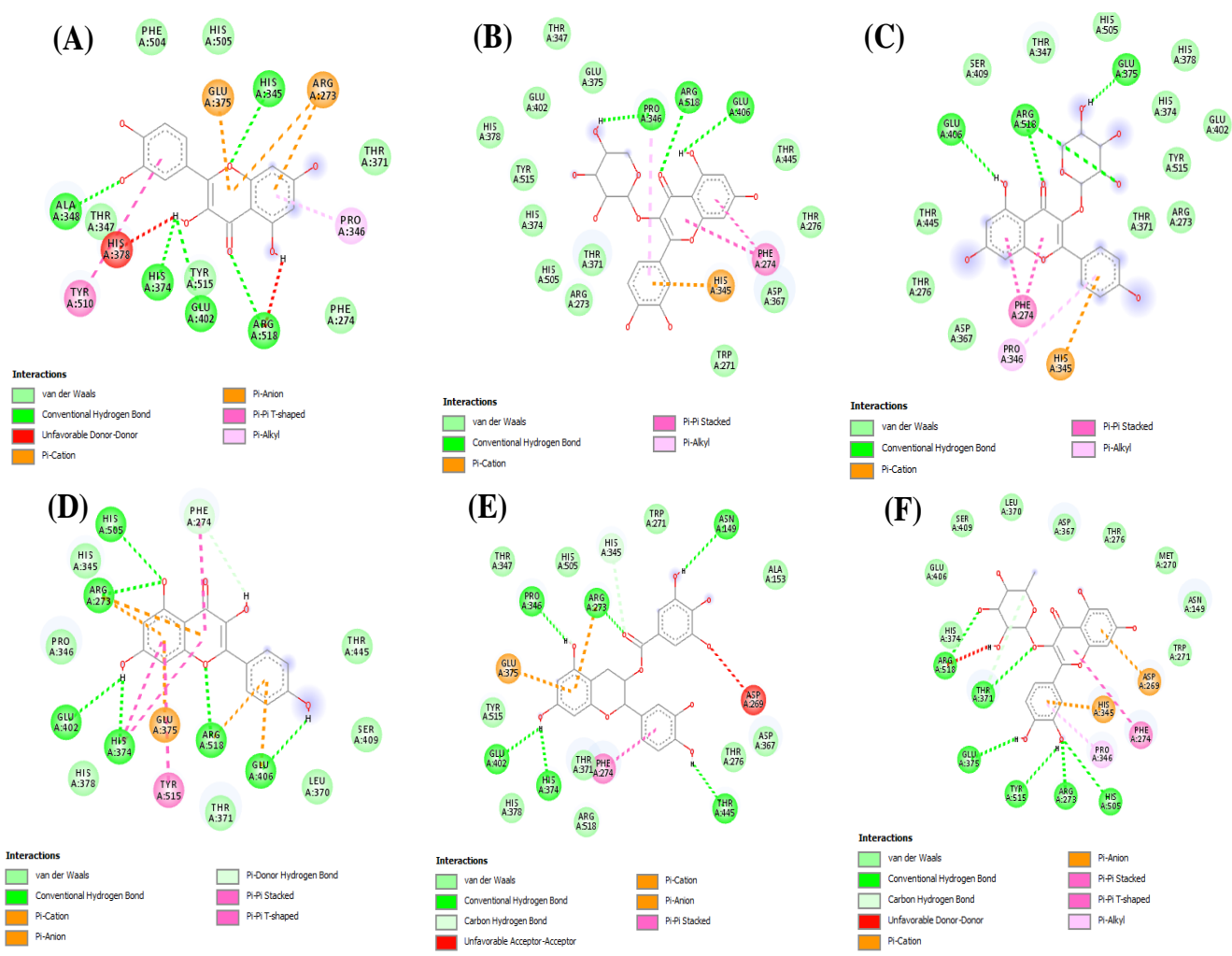


Fig. S8. Amino acid residue interactions of ACE2 host cell receptor (PDB ID-1R4L) binding with (A) Quercetin, (B) Quercetin-O-pentoside, (C) Kaempferol-O-pentoside, (D) Kaempferol, (E) Epicatechin gallate and (F) Quercetin -O- rhamnoside.