

# 1 Long-term changes in soil properties and microbial 2 communities are continuous cropping obstacles 3 associated with American ginseng (*Panax quinquefolius* 4 L.) cultivation

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10 **Abstract:** This study aims to verify the time-variant feature of American ginseng (AG) continuous cropping obstacles  
11 and to explore the factors impeding continuous cropping. We verified the feature with a plant-soil feedback pot  
12 experiment and then investigated the factors by comparing the properties of control soils that had not been previously  
13 used for growing ginseng (CS) with those of soils with a 10-year-crop-rotation cycle following the growth of AG (RS). It's  
14 found that the survival rate of AG in RS was lower than that in CS. The RS had lower pH, available potassium content,  
15 and urease activity. Additionally, *p*-coumaric, *p*-hydroxybenzoic, vanillic, caffeic, and cinnamic acid levels were lower in  
16 RS than in CS, but salicylic acid levels showed the opposite pattern. RS had higher *Rhodanobacter* and lower  
17 *Acidothermus*, *Sphingomonas* relative abundances in bacterial community. It's also found that many bacteria were  
18 substantially correlated with phenolic acids and soil physicochemical properties. Results indicate that even after 10-year  
19 crop rotation, the negative effects of prior continuous cropping of AG has not been eliminated. The growth of AG can  
20 be affected negatively with deterioration of soil physicochemical properties and with lower levels of phenolic acids  
21 which promote pathogen reproduction. Probiotics reduction also weighs. Moreover, biotic factors are interrelated with  
22 abiotic ones. Therefore, it can be inferred that the comprehensive change of soil properties is the main obstacle for  
23 continuous cropping.

24 **Keywords:** continuous cropping obstacles; *Panax quinquefolius* L.; phenolic acids; soil bacterial community  
25 composition; soil nutrients  
26

## 27 Introduction

28 Continuous cropping obstacles are a common phenomenon, not only in the cultivation of crops such as apples, melons,  
29 eggplants, and peanuts, but are also associated with the cultivation of many medicinal plants such as *Angelica sp.*, *Pinellia*  
30 *sp.*, *Atractylodes sp.*<sup>1</sup>, and *Panax quinquefolius* L. (American ginseng, AG)<sup>2</sup>. AG is a perennial herb that belongs to the  
31 family Araliaceae. Clinical research has shown that AG, as a kind of medicinal plant with impressive medicinal properties,  
32 has the functions of boosting immune system, sobering up, anti-oxidation, anti-cancer, etc<sup>3-5</sup>. In addition, it's therapeutic  
33 in treatment of SARS, H5N1 and COVID-19, according to the research of traditional Chinese medicine<sup>6,7</sup>. It is often used  
34 as prescription drugs in medical treatment and disease prevention. However, serious continuous cropping obstacles restrict  
35 the replanting and the yield of AG, resulting in huge economic losses.

36 Crop rotation is one of the most effective practices to reduce or eliminate continuous cropping obstacles. While  
37 continuous cropping obstacles of most plants can be eliminated by employing a favorable rotation strategy<sup>8-10</sup>, those of AG  
38 can last for more than 5 to 10 years or even decades<sup>11,12</sup>. The main detrimental factors to replanting AG in land restored by  
39 rotation are not clear.

40 Many studies have reported that crops under continuous cropping can be adversely affected by allelopathic or autotoxic  
41 effects<sup>2,13</sup>. Phenolic acids released during plant growth as the main allelochemicals, are the main continuous cropping  
42 obstacles to many terrestrial plants. They have been reported to exert inhibitory effects on many crops and medicinal plants  
43<sup>14,15</sup>. Notably, in a study on the allelopathy of single and mixed phenolic acids on AG<sup>16</sup>, nine phenolic acids including

44 cinnamic, vanillic, and ferulic acids were found to inhibit the growth of AG radicles at concentrations ranging from 0.1  
45 mmol L<sup>-1</sup> to 10 mmol L<sup>-1</sup>; this inhibition increased with increasing phenolic acid concentration which indicated that phenolic  
46 acids had direct inhibitory effects on the growth of AG. However, there are also microorganisms that interact with phenolic  
47 acids in soil, especially some AG probiotics (e.g., *Sphingomonas*, *Burkholderia*) and AG pathogens (e.g., *Fusarium*  
48 *oxysporum*, *Phytophthora cactorum*). Kertesz et al. found that phenolic acids can be used as substrates by *Sphingomonas*  
49 and *Burkholderia*, enhancing their population growth, and that phenolic acids also play a role in the formation of a stable  
50 beneficial microbial community<sup>17</sup>. According to Hu et al.<sup>18</sup>, at a concentration of 100 mg L<sup>-1</sup>, ferulic acid promoted the  
51 growth of cucumber fusarium wilt, whereas at 150 mg L<sup>-1</sup>, it showed a significant inhibitory effect. Yuan et al.<sup>19</sup> found that  
52 ferulic acid promoted the growth of *Fusarium oxysporum* at low concentrations, but inhibited its growth at high  
53 concentrations. On one hand, phenolic acids can be used as substrates to support beneficial microorganisms, but on the other  
54 hand, high phenolic acid concentrations can inhibit the growth of pathogenic bacteria, thereby promoting AG growth.  
55 Therefore, higher concentrations of phenolic acids can not only inhibit the growth of AG as allelochemicals, but also  
56 promote AG growth by stimulating beneficial microorganisms and reducing harmful microorganisms. The direct and  
57 indirect effects of allelochemicals may have opposite effects on plant growth, which are similar to the allelopathic effects  
58 of different plants on invasive *Phytolacca americana*<sup>20,21</sup>.

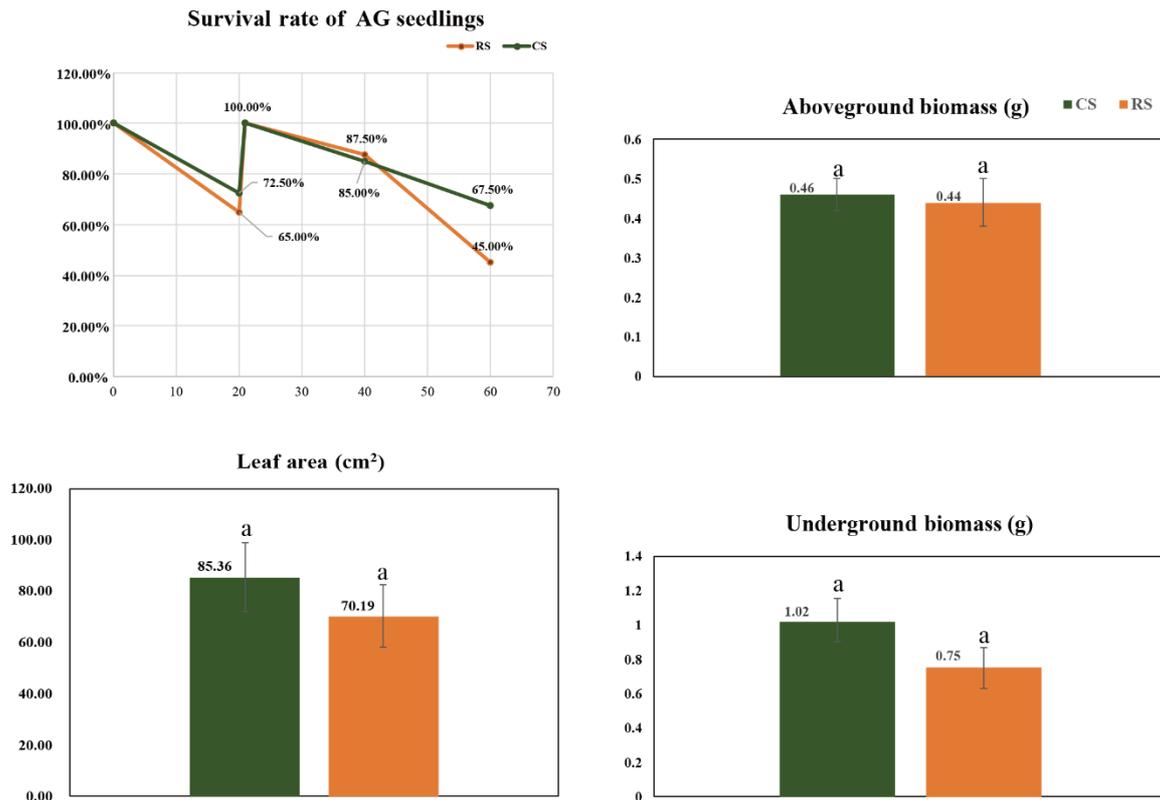
59 In addition, some studies have also showed that planting AG leads to progressive imbalances in soil microbial  
60 communities<sup>22,23</sup>, and the depletion of available nutrients in the soil or soil acidification<sup>24,25</sup>. However, there is little research  
61 examining whether these deleterious effects on the microbial community, soil nutrient availability, and soil acidification  
62 can be reversed after a period of recovery (here, 10 years). Therefore, it is important to measure soil microbial diversity,  
63 community composition, and soil physical and chemical properties after crop-rotation restoration in order to determine  
64 which factors influencing AG replanting persist over the course of 10 years. Since previous studies have mostly focused on  
65 fungi, equally important bacteria<sup>26-28</sup> have been often overlooked; therefore, here we focused on the bacterial communities.

66 In the present study, soil used for planting AG and then subjected to crop rotation for 10 years was collected and used  
67 for replanting AG (second age AG seedlings). The growth of AG seedlings in rotation soil (RS) was observed to explore  
68 the time-variant feature of continuous cropping obstacles and was compared to that in soil where no AG had been grown  
69 (control soil (CS)) to verify if: 1) the change in soil phenolic acid content has an effect on soil microbial community  
70 composition, and thereby an indirect effect on AG growth; 2) the change in bacterial community structure mainly reflects  
71 an increase in pathogen abundance or a reduction in beneficial bacterial abundance; and 3) soil physicochemical properties  
72 and enzyme activities remain unsuitable for AG growth.

## 73 Results

74 **Pot experiment of AG planting** As shown in Fig. 1, the survival rate of the two groups decreased in the stable period  
75 (20 days)—that of the RS group decreased to 65% and that of the CS group decreased to 72.5%. On the 21st day, the survival  
76 rate of the two groups were recovered to 100% by replanting AG seedlings. Although there was no significant difference in  
77 leaf area, aboveground biomass, and underground biomass between the two groups, the survival rate of RS was only 45%  
78 on the 60th day, while that of CS was 67.5%. The survival rate of AG between the two groups was substantially different.

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**Figure 1.** Survival rate and growth index of *Panax quinquefolium* in the pot experiment. The survival rate was calculated every 20 days. The aboveground and underground biomasses were calculated at the end of 60 days. Leaf area was calculated at the final harvest. CS: Plants in the CS group; RS: Plants in the RS group; a: means the difference is not significant ( $P > 0.05$ ). RS: the 10-year post-ginseng rotation soil; CS: soil in which no ginseng was grown before ginseng planting.

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**Soil physicochemical properties and enzyme activities** The water content of RS was significantly higher than that of CS. While, the pH of RS was significantly lower than that of CS. The content of available K in CS was also significantly (2.96-fold) greater than that in RS. There were no significant differences in the levels of total C, total N, ammonium N, nitrate N, and available P between CS and RS; however, in terms of available nutrients, the levels in CS tended to be higher than those in RS (Table 1).

**Table 1.** Comparison of physicochemical properties of 10-year post-ginseng rotation soil (RS) and soil in which no ginseng was grown (CS) before ginseng planting. \* Statistically significant difference at  $P < 0.05$ ; \*\*  $P < 0.01$  (T test).

Mean  $\pm$  SE (n = 4) data shown.

Physicochemical properties	RS (ginseng rotation)	CS (no ginseng)
Water content (%)	15.92 $\pm$ 0.30*	15.05 $\pm$ 0.00
pH	5.00 $\pm$ 0.04	5.19 $\pm$ 0.04*
Total N (%)	0.21 $\pm$ 0.01	0.20 $\pm$ 0.02
Total C (%)	1.45 $\pm$ 0.45	1.14 $\pm$ 0.10
Ammonium N (mg kg <sup>-1</sup> )	12.16 $\pm$ 0.56	13.72 $\pm$ 0.57
Nitric N (mg kg <sup>-1</sup> )	60.09 $\pm$ 3.88	70.50 $\pm$ 4.27
Available P (mg kg <sup>-1</sup> )	28.61 $\pm$ 6.65	37.83 $\pm$ 8.19
Available K (mg kg <sup>-1</sup> )	0.45 $\pm$ 0.10	1.33 $\pm$ 0.12**

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97 There was a significant difference in urease activity between the CS and RS samples, with the activity in CS being  
 98 25.13% higher than that in RS; the activities of phosphatase, sucrase, and catalase were higher in CS than in RS, but these  
 99 differences were not significant (Table 2).

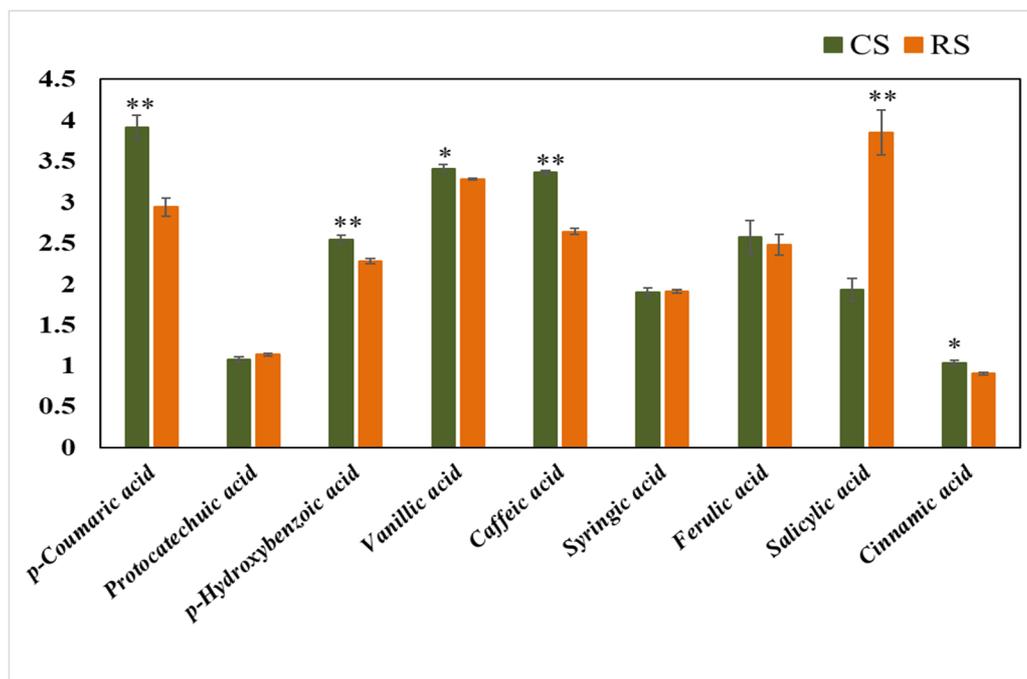
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101 **Table 2.** Comparison of enzyme activities between 10-year post-ginseng rotation soil (RS) and soil in which  
 102 no ginseng was grown (CS) before ginseng planting. \* Statistically significant difference at  $P < 0.05$  (T test).  
 103 Mean  $\pm$  SE (n = 4) data shown.

Soil enzyme activity	RS (ginseng rotation)	CS (no ginseng)
Phosphatase (mg g <sup>-1</sup> )	79.26 $\pm$ 34.42	139.96 $\pm$ 26.48
Sucrase (mg g <sup>-1</sup> )	0.07 $\pm$ 0.01	0.14 $\pm$ 0.05
Catalase (mg g <sup>-1</sup> )	224.16 $\pm$ 0.19	225.02 $\pm$ 0.33
Urease (mg g <sup>-1</sup> )	20.69 $\pm$ 0.65	25.89 $\pm$ 0.88*

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105 **Soil phenolic acids content** In terms of phenolic acids, the levels of vanillic and cinnamic acids were markedly  
 106 higher in CS than those in RS ( $P < 0.05$ ); the levels of *p*-coumaric, caffeic, and *p*-hydroxybenzoic acids were  
 107 significantly higher in CS than those in RS ( $P < 0.01$ ). However, salicylic acid showed the opposite trend ( $P <$   
 108 0.01) (Fig. 2).



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110 **Figure 2.** Comparison of phenolic acid content between 10-year post-ginseng rotation soil (RS) and soil in  
 111 which no ginseng was grown (CS) before ginseng planting. \*represent significant differences ( $P < 0.05$ )  
 112 according to Student's t-test (n=4). \*\* represent significant differences ( $P < 0.01$ ).

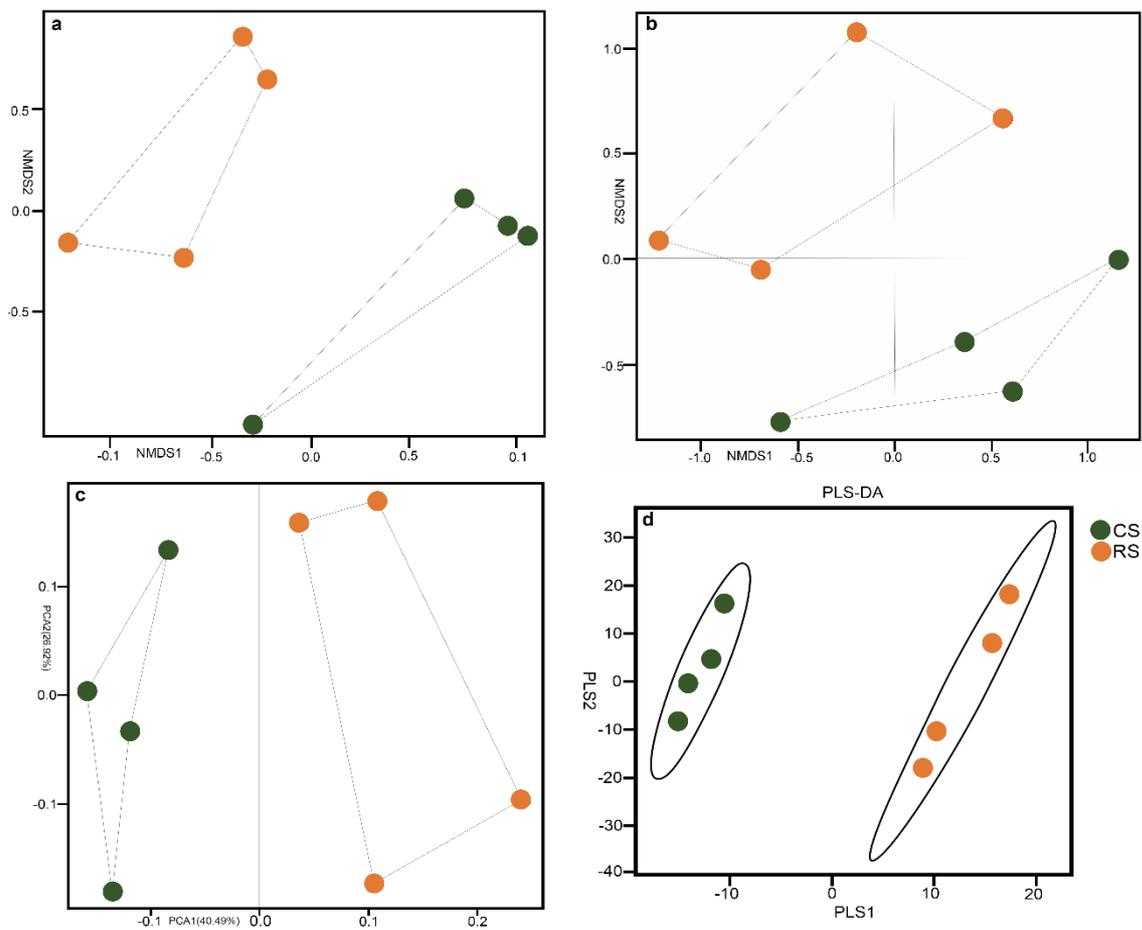
### 113 Soil bacterial diversity and community structure

114 **Sequencing results, OTU cluster analysis, and  $\alpha$ -diversity analysis** The V3–V4 region of the 16S rRNA gene  
 115 was sequenced. After removing the low quality, barcode, and primer sequences, 636,654 effective sequences were obtained  
 116 from the eight samples; 5421 and 5747 OTUs were contained in RS and CS samples, respectively, and the number of shared  
 117 OTUs was 3673 after clustering the effective sequences (see Supplementary Figure S4). The slopes of species  
 118 accumulation curves for bacterial species were flat at different similarity cutoff values, indicating that the identified bacterial

119 diversity was close to saturation and that an increase in the sequencing depth would not increase the number of detected  
 120 species (see Supplementary Figure S5). Species composition and abundance distributions for each sample, from phylum  
 121 to genus levels, were obtained using QIIME (see Supplementary Table S2). The diversity and richness of bacterial  
 122 communities in the soil samples were evaluated and compared using Chao1, Simpson's, Shannon's, and ACE indices. Each  
 123 index reflected higher microbial community diversity and richness in RS than in CS, although none of the differences were  
 124 significant (see Supplementary Figure S6).

125  **$\beta$ -diversity** As shown in Table S3, ANOSIM for the unweighted UniFrac result ( $R = 0.7188$ ,  $P = 0.030$ ) supported the  
 126 NMDS analysis (Fig. 3a) for the unweighted UniFrac distance matrix, both indicating that the bacterial community structure  
 127 of RS and CS differed significantly without weighing. However, the weighted UniFrac result ( $R = 0.3646$ ;  $P = 0.085$ )  
 128 indicated that the difference between the two groups of samples was not significant after considering evenness (Fig. 3b).  
 129 The overall  $\beta$ -diversity index analysis (Fig. 3a, b, c, d) showed that there were some differences between RS and CS.

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132 **Figure 3.** Nonmetric multidimensional scaling (NMDS) ordination plot of bacterial community structure  
 133 comparing 10-year post-ginseng rotation soil (RS) and soil in which no ginseng was grown (CS) before ginseng  
 134 planting. a, unweighted and b, weighted UniFrac distance matrix. c, PCA (principal component analysis) of  
 135 bacterial community structure; d, PLS-DA (partial least squares discriminant analysis) of bacterial community  
 136 structure. The shorter the distance between two points, the higher the similarity of the microbial community  
 137 structure between the two groups.

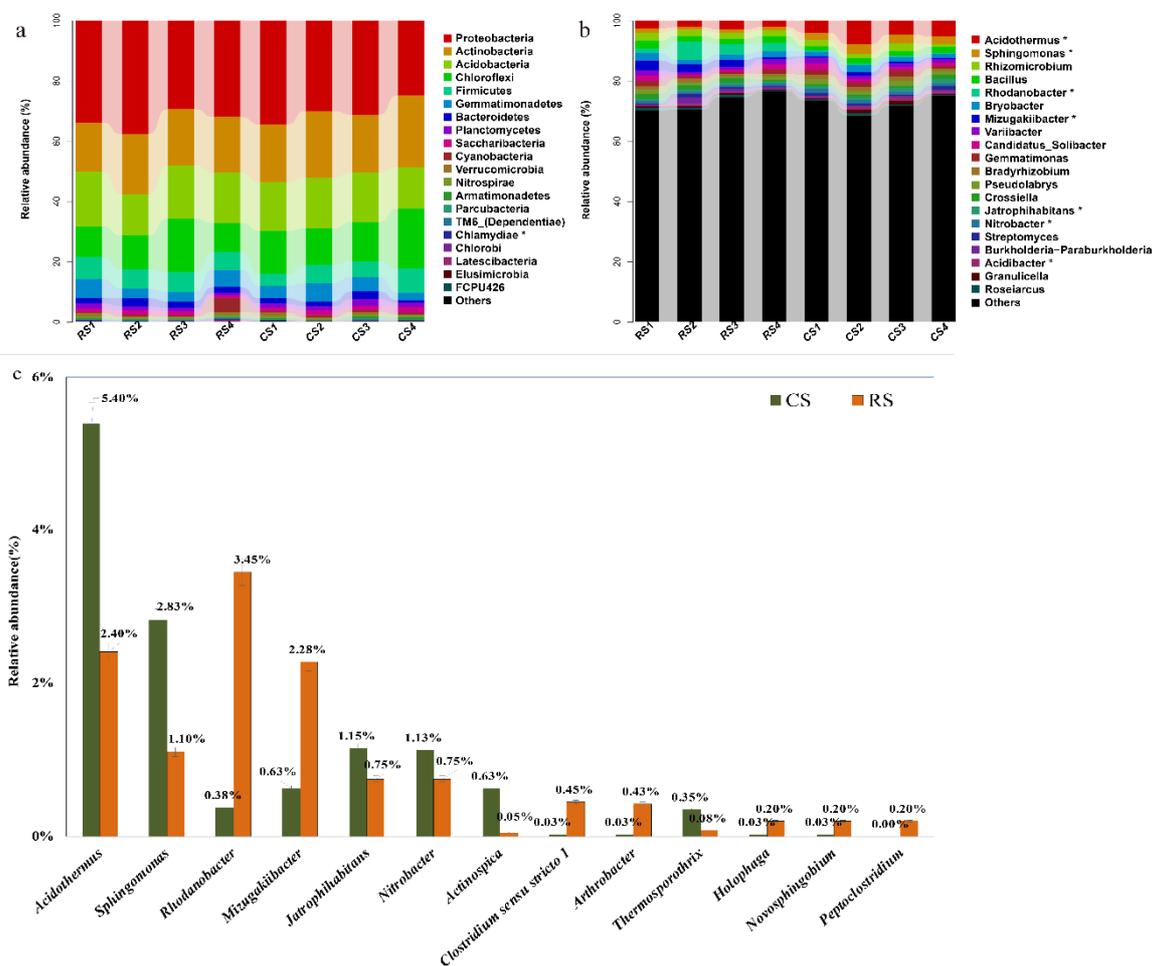
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139 **Bacterial community structure and significantly different bacterial composition** The bacterial populations in  
 140 the different samples were analyzed by comparing the obtained 16S rRNA sequences with those of the Greengenes databases  
 141 using BLAST (Fig. 4). The dominant bacterial phyla were Proteobacteria, Actinobacteria, Acidobacteria, Chloroflexi,

142 Firmicutes, Gemmatimonadetes, and Bacteroidetes across the two groups (Fig. 4a). The most prominent difference between  
 143 the two groups was that the abundance of Chlamydiae in RS (0.28%) was significantly higher than that in CS (0.10%), and  
 144 further analysis at lower classification levels revealed that c\_Chlamydiae, o\_Chlamydiales, f\_Simkaniaceae, and  
 145 g\_uncultured were all significantly different (see Supplementary Table S2).

146 The most abundant bacterial genera were also the same across both groups, namely *Rhizomicrobium*, *Bacillus*,  
 147 *Bryobacter*, *Variibacter*, *Candidatus\_solibacter*, *Gemmatimonas*, *Bradyrhizobium*, *Pseudolabrys*, *Crossiella*,  
 148 *Streptomyces*, *Burkholderia-Paraburkholderia*, *Granulicella*, and *Roseiarcus* (Fig. 4b). The proportions of  
 149 *Rhodanobacter* (3.45%), *Mizugakiibacter* (2.28%), *Clostridium\_sensu\_stricto\_1* (0.45%), *Arthrobacter* (0.43%),  
 150 *Holophaga* (0.20%), *Novosphingobium* (0.20%), and *Peptoclostridium* (0.20%) were higher in RS than in CS. The  
 151 proportions of *Sphingomonas* (2.83%), *Jatrophihabitans* (1.15%), *Nitrobacter* (1.13%), and *Thermosporothrix* (0.35%)  
 152 were higher in CS than in RS (Fig. 4).

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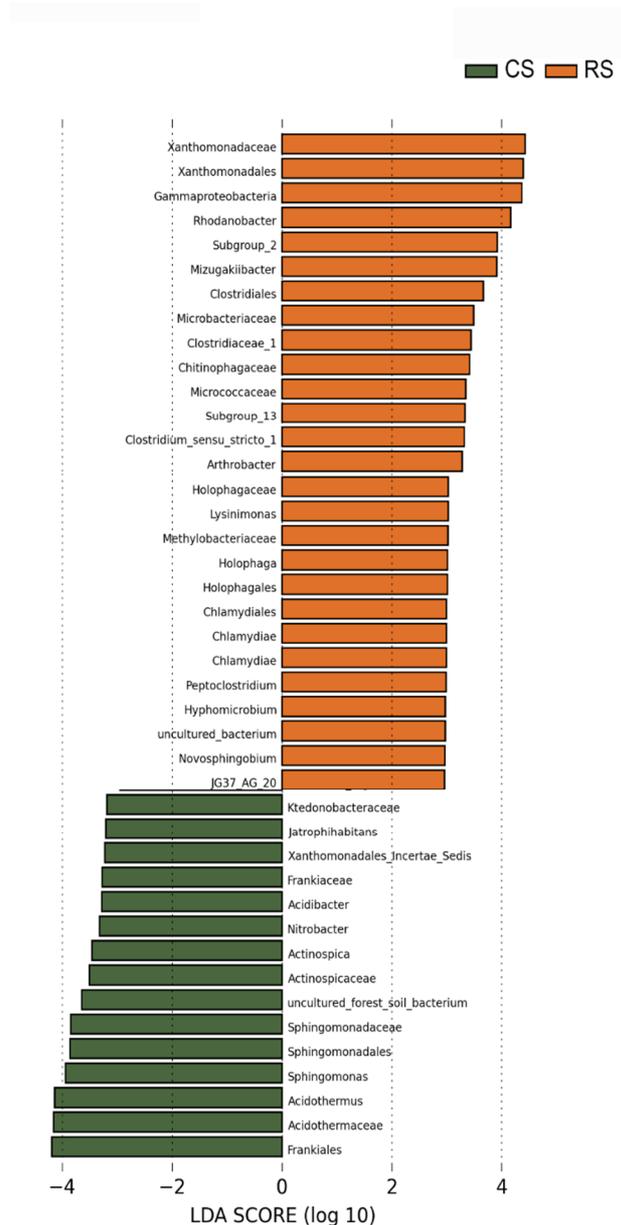
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155 **Figure 4.** Composition and structure of the bacterial community from the 10-year post-ginseng rotation soil  
 156 (RS) and soil in which no ginseng was grown (CS) before ginseng planting. a: phylum, b: genus, c: significantly  
 157 different bacteria at the genus level, comparing RS and CS. The bacteria genera listed in c are all significantly  
 158 different (t-test,  $P < 0.05$ ). Mean ( $n = 4$ ) data are shown; error bars represent SE. \*represents significant  
 159 differences ( $P < 0.05$ ) according to the Metastats-test ( $n = 4$ ).

160

161 **LEfSe analysis of the differentially abundant bacterial communities** LEfSe uses LDA scores to estimate the  
 162 effect size of each differentially abundant taxon, and to rank the relative differences among taxa that are discriminative

163 with biological consistency and statistical significance. The LefSe analysis of RS and CS bacterial communities showed  
 164 42 differentially abundant taxonomic clades with an LDA score higher than 3.0 (Fig. 5). After combining these results  
 165 (Fig. 5) with the information in Supplementary Table S2, it was found that c (class)\_Gammaproteobacteria\_o  
 166 (order)\_Xanthomonadales\_f (family)\_Xanthomonadaceae\_g (genus)\_*Mizugakiibacter* and g\_*Rhodanobacter*  
 167 (underscores represent relationships at the level of phylogeny); o\_Holophagales\_f\_Holophagaceae\_g\_*Holophaga* were all  
 168 significantly different (T-test,  $P < 0.05$ ) and had a higher abundance in RS. O\_Sphingomonadales\_f\_  
 169 Sphingomonadaceae\_g\_*Sphingomonas* and \_g\_*Novosphingobium* were significantly different (t-test,  $P < 0.05$ ); in  
 170 addition, they had a much higher abundance in CS, except for *Novosphingobium*. Furthermore,  
 171 f\_Acidothermaceae\_g\_*Acidothermus* and f\_Actinospicaceae\_g\_*Actinospica* were significantly different.



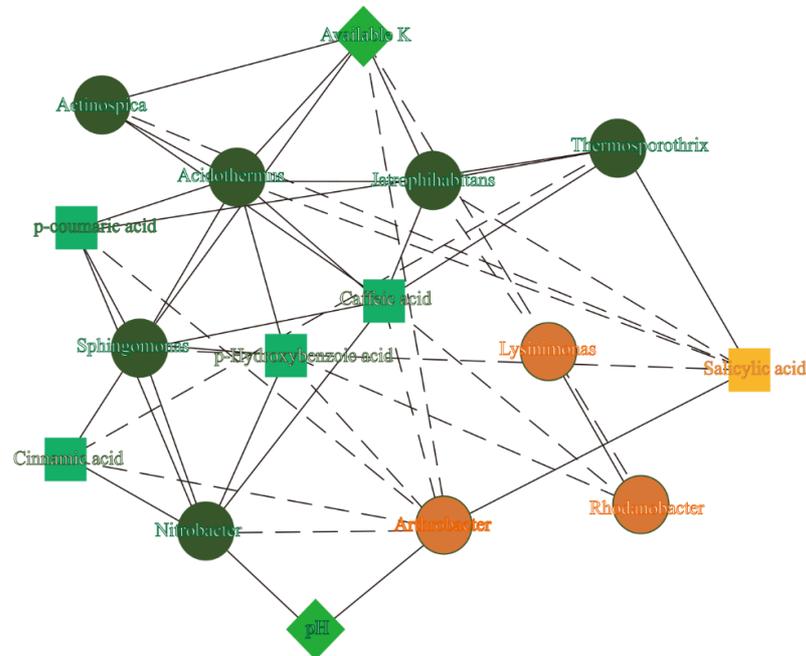
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173 **Figure 5.** Differentially abundant bacterial taxa as assessed using linear discriminant analysis (LDA) with effect  
 174 size measurements (LEfSe) in the 10-year post-ginseng rotation soil (RS) and soil in which no ginseng was  
 175 grown (CS) before ginseng planting.

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177 **Correlation analysis** To further examine the possible "collaborative" or "competing" relationships among the different  
 178 communities, Spearman's rank correlation coefficients between the most abundant genera were calculated using Mothur

179 software. The correlations among the 50 dominant bacterial genera were analyzed (see Supplementary Figure S7), and the  
 180 correlation analysis between the top ten bacterial genera (see Supplementary Table S4) and factors of interest—comprising  
 181 six different phenolic acids and three physicochemical properties—indicated a number of interesting relationships. As  
 182 shown in the Fig. 6 and Supplementary Table S4, *Sphingomonas* with low relative abundance in RS significantly positively  
 183 correlated with available K, concentration of phenolic acid, *Acidothermus* and *Nitrobacter* abundance and negatively  
 184 correlated with salicylic acid levels.



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186 **Figure 6.** The correlation network of phenolic acids with bacteria and soil physicochemical properties. When  
 187 the correlation factor is yellow, it means that the factor is enriched in the 10-year post-ginseng rotation soil (RS),  
 188 whereas when it is green, it represents the soil in which no ginseng was grown (CS) before ginseng planting.  
 189 The solid line represents the positive correlation among the correlation factors, while the dotted line is the  
 190 negative correlation. The circle represents bacteria, and the different arrangement of squares represents phenolic  
 191 acid and physicochemical properties.

192

## 193 Discussion

194 **Pot experiment of AG planting** As shown in Fig. 1, compared to CS, the survival rate of 10-year rotation AG decreased,  
 195 indicating that 2-year-old AG survival rate in RS was lower than that of AG in CS. This confirmed the continued existence  
 196 of AG continuous cropping obstacles in RS.

197

198 **The decrease of physicochemical properties and enzyme activity** Plant growth requires water and nutrients.  
 199 Because soil physicochemical properties influence water and nutrient availability, changes in soil physicochemical  
 200 properties directly affect AG growth. In the present study, the water content of RS was significantly higher than that of CS  
 201 under the same management conditions (Table 1). Shu et al.<sup>29</sup> found that high soil water content induced root rot disease in  
 202 AG when sandy loam water content exceeded 30% or that of clay exceeded 50%. Similarly, according to Wang et al.<sup>30</sup>, the  
 203 incidence of rust rot positively correlated with soil moisture and rainfall. Therefore, high soil water content, caused by  
 204 changes in soil physicochemical properties, may negatively affect AG replanting. Furthermore, the pH of RS was  
 205 significantly lower than that of CS (Table 1). According to Rahman and Punja<sup>24</sup>, root rot severity at soil pH 5.05 was greater  
 206 than that at pH 7.0, indicating that acidic conditions can negatively affect AG health. In addition, the available K content in

207 RS was lower than that in CS (Table 1). Sun<sup>31</sup> found that AG should be fertilized from emergence to early flowering, when  
208 its demand for potassium fertilizer is the highest, suggesting that AG has a high potassium requirement. The levels of  
209 ammonium N, nitrate N, available P, and available K, but not of total N and total C, were generally lower in RS than in CS  
210 (Table 1), indicating that the cultivation of AG may have long-term negative effects on these soil nutrients. The same trend  
211 was observed for soil enzyme activity. Urease, a nickel-containing enzyme, catalyzes the hydrolysis of urea into carbonate  
212 and ammonia. Here, urease activity was significantly higher in CS than in RS. Average phosphatase and sucrase activities  
213 were also higher in CS than those in RS, although these differences were not significant (Table 2). Yang<sup>32</sup> also found that  
214 the activities of sucrase, urease, and phosphatase decreased during AG cultivation. In summary, compared to that of CS, RS  
215 had lower fertility, but higher soil water content and lower pH, two conditions which are conducive to AG disease, and that  
216 may, therefore, present obstacles to AG replanting.

217  
218 **The dual effects of phenolic acids** The results showed that the content of salicylic acid in RS was significantly higher  
219 than that in CS. Yang<sup>16</sup> found that among the various phenolic acids tested, salicylic acid had the strongest inhibitory effect  
220 on AG radicle growth. In our study, higher salicylic acid content in RS may have posed direct autotoxicity to AG. As a  
221 major defense hormone, salicylic acid has the function of enhancing immune signals and reprogramming defense  
222 transcriptomes<sup>33</sup>. After planting AG, the soil salicylic acid content increased, which indicated that AG might release more  
223 salicylic acid in the growth process to improve immune response to the surrounding environment. Therefore, the role of  
224 salicylic acid in the continuous cropping obstacles to AG cultivation deserves further study.

225 In addition, we found that the content of most phenolic acids, such as *p*-coumaric, *p*-hydroxybenzoic, vanillic, caffeic,  
226 and cinnamic acid, decreased after AG cultivation, and had not returned to the levels in CS even after 10 years of subsequent  
227 crop rotation. AG requires a suitable environment for growth. Before germination in spring, the ginseng farmers' association  
228 uses wheat straw to cover the soil, which not only reduces soil temperature and retains soil moisture, but also improves soil  
229 quality and promotes the growth of AG seedlings. Jia et al.<sup>34</sup> detected the increase in ferulic, vanillic, cinnamic, and *p*-  
230 hydroxybenzoic acid in a wheat-corn rotation area. In addition, Zheng et al.<sup>35</sup> found that straw return, a common method  
231 for soil improvement, also increased the concentration of phenolic acids in soil. In our study, the increased phenolic acid  
232 content in CS relative to RS may have been beneficial to the growth of AG. Similar to our research results, Jiao et al.<sup>36</sup> also  
233 found that the content of phenolic acid substances such as syringic, vanillic, *p*-coumaric, and ferulic acid decreased by  
234 49.1%–81% after adding AG root residues (simulating the seasonal AG leaf and fibrous root senescence). Therefore,  
235 decreases in the soil contents of some phenolic acids after planting AG may underlie the decline of other soil properties,  
236 which is not conducive to the subsequent growth of AG.

237 As described above, some phenolic acids may be beneficial to the growth of AG; if so, by what mechanism do these  
238 beneficial phenolic acids exert their role? Li et al.<sup>37</sup> found that cinnamic acid inhibits *Cylindrocarpon destructans* (a  
239 pathogen of ginseng) growth at high concentrations, while promoting it at low concentrations. Yang et al.<sup>38</sup> found that  
240 vanillic acid promoted the growth of the pathogens *Rhizoctonia solani* and *Fusarium solani* at low concentrations, but  
241 inhibited it at high concentrations; many phenolic acid compounds can inhibit the proliferation of *Phytophthora cactorum*  
242 (a pathogenic bacterium that causes AG phytophthora disease) at high concentrations. In addition, Yuan et al.<sup>39</sup> found that  
243 *p*-coumaric acid strongly suppressed the in vitro growth of fungi, significantly reducing the decay caused by *Alternaria*  
244 *alternata*. Therefore, it can be seen that phenolic acids have inhibitory effects on pathogens at higher concentrations. With  
245 a decrease in soil phenolic acid content, this inhibitory effect on pathogenic bacteria will be weakened, resulting in an  
246 imbalance in the soil microbial composition that affects AG growth performance. Overall, soil phenolic acid content may  
247 indirectly affect AG growth performance by affecting soil microorganisms.

248

249 **The change in the relative abundance of key bacteria** Our results showed that there was no significant difference  
250 in bacterial  $\alpha$ -diversity between 10-year post-ginseng RS and CS, but there were differences in  $\beta$ -diversity, which reflects  
251 community composition and structure, between CS and RS. In other words, there were significant differences in the relative  
252 abundance of key bacteria in the bacterial community, such as Chlamydiae (phylum level, RS: 0.28%, CS: 0.10%,  $P =$   
253 0.035), within this phylum, the c\_Chlamydiae, o\_Chlamydiales, f\_Simkaniaceae, and g\_uncultured; *Acidothermus* (genus  
254 level, RS: 2.40%, CS: 5.40%,  $P = 0.030$ ); Sphingomonadales (order level, CS: 2.98%, RS: 1.68%,  $P = 0.002$ ),  
255 Sphingomonadaceae (family level, CS: 2.88%, RS: 1.48%,  $P = 0.004$ ), genera *Novosphingobium* (CS: 0.03%, RS: 0.20%,  
256  $P = 0.035$ ) and *Sphingomonas* (CS: 2.83%, RS: 1.10%,  $P = 0.000$ ); *Rhodanobacter* (CS: 0.38%, RS: 3.45%,  $P = 0.050$ );  
257 *Arthrobacter* (CS: 0.03%, RS: 0.43%,  $P = 0.001$ ); *Mizugakiibacter* (CS: 0.63%, RS: 2.28%,  $P = 0.048$ ); *Jatrophihabitans*  
258 (CS: 1.15%, RS: 0.75%,  $P = 0.048$ ); *Pseudomonas* (RS: 0.15%, CS: 0.03%,  $P = 0.029$ ) among others (Fig. 4, see  
259 Supplementary Table S2).

260 There was no difference in soil bacterial  $\alpha$ -diversity between RS and CS, which may be due to the recovery of soil  
261 bacterial diversity after 10 years of rotation. However, the results of the pot experiment showed that RS still presented  
262 continuous cropping obstacles, which indicated that restoring soil microbial  $\alpha$ -diversity does not alleviate continuous  
263 cropping obstacles for AG. Instead, differences in microbial community composition (i.e.,  $\beta$ -diversity), particularly the  
264 abundances of bacterial taxa that play key roles, may explain the persistence of AG continuous cropping obstacles in RS  
265 after 10 years.

266 Among the differences in microbial community composition, CS had higher relative abundances of some bacterial  
267 genera that may be beneficial bacteria. The genus *Acidothermus* had the highest abundance, and it contained a single species,  
268 *A. cellulolyticus*, which is thermophilic, acidophilic, and has the ability to produce many thermostable cellulose-degrading  
269 enzymes<sup>40</sup>. Therefore, higher cellulose-degrading capacity might exist in CS than that in RS. *Sphingomonas*, a bacterium  
270 with the ability to decompose mono- and polycyclic aromatic compounds, as well as heterocyclic compounds, was more  
271 abundant in CS than RS, suggesting that bacterial decay of recalcitrant plant compounds was also higher in CS than RS. In  
272 addition, *Sphingomonas* not only decomposes monoaromatic phenolic acids but also improves plant stress resistance, and it  
273 is considered a plant probiotic<sup>41</sup>. Similar to our results, Li and Jiang<sup>23</sup> found that *Jatrophihabitans* relative abundance in  
274 soil used for AG for 4 years was significantly ( $P < 0.05$ ) lower than that in soil used for other crops over the same period;  
275 therefore, we speculate that AG planting has reduced the abundance of *Jatrophihabitans* as a potential beneficial bacterium  
276 in soil. All in all, we found that previous AG planting reduced the relative abundance of some functionally-important  
277 bacteria, i.e. those with the abilities to decay cellulose and monocyclic/heterocyclic aromatic compounds, as well as the  
278 relative abundance of the plant-beneficial microbe *Sphingomonas* even after 10 years of crop rotation. These changes have  
279 negative effects on the maintenance of soil microbial community stability and the promotion of AG growth.

280 Moreover, there are some genera with higher relative abundance in RS that may be harmful pathogens. Many reports  
281 have shown that *Chlamydia* and its phylum Chlamydiae are pathogenic to humans and animals, and their host range may be  
282 larger<sup>42</sup>; hence, whether *Chlamydia* contributes to the continuous cropping disorder of AG needs further study. Similar to  
283 our research results, in a study conducted by Jiang et al.<sup>43</sup>, the abundance rank for *Rhodanobacter* was healthy root group  
284 > root rot group > control group; in addition, compared with CS, there was a higher abundance of *Rhodanobacter* in the soil  
285 in which Korean ginseng (*Panax ginseng*) was grown<sup>44</sup>. We also found that this genus might be increased by the influence  
286 of *Panax* plants, which warrants further study. Our results showed that *Arthrobacter* was higher in the RS group, and Jiang  
287 et al.<sup>43</sup> also found that the relative abundance of *Arthrobacter* in the root rot group was higher than that in the healthy root  
288 group; therefore, we speculate that *Arthrobacter* might be a factor causing root rot of *P. quinquefolius*, leading to a  
289 continuous cropping obstacle to AG growth. Our results showed that the abundance of *Pseudomonas sp.* in RS was higher  
290 than that in CS (RS: 0.15%, CS: 0.03%,  $P = 0.029$ , see Supplementary Table S2). Tan et al.<sup>45</sup> showed that *Pseudomonas*  
291 *sp.* was the main pathogen causing root rot disease in *P. notoginseng*. In addition, Jiang et al.<sup>43</sup> also found that *Pseudomonas*  
292 is abundant in the rhizosphere soils of diseased ginseng roots. Therefore, it is necessary to further study the effects of

293 *Pseudomonas* species on AG growth. To sum up, the relative abundances of a large number of bacteria that are either  
294 confirmed or potentially harmful to other plants increased in RS, which may be an important factor leading to the occurrence  
295 of continuous cropping obstacles in the 10-year post-ginseng rotation soil.

296 As shown in Fig. 6, there are many correlations among the three factors. The abundances of *Acidothermus*,  
297 *Sphingomonas*, *Jatrophihabitans*, and *Actinospica* were each positively correlated with that of available K, caffeic acid, and  
298 cinnamic acid, but negatively correlated with that of salicylic acid. Therefore, the interactions among phenolic acids,  
299 microorganisms, and soil nutrients evidenced possible "synergistic" or "antagonistic" effects within the microecosystem.  
300 Overall, these complex relationships are the main reason for AG continuous cropping obstacles, but it is still unknown which  
301 of these factors plays the primary role. Finally, *Nitrobacter*, *Actinospica*, *Clostridium sensu stricto 1*, *Thermosporothrix*,  
302 *Holophaga*, and *Peptoclostridium*, also showed significant differences in abundance between RS and CS (Fig. 4), which  
303 also should receive more attention.  
304

## 305 **Methods**

306 **Study site** Two study sites were selected in March 2018; these were two adjacent farmlands in Houjia Town, Wendeng  
307 District, Weihai, located 45 m above sea level at 122°13'17" E, 37°4'34" N, and has a continental monsoon climate. The  
308 rotation plot had been used for 4-year AG cultivation, following which it was used for 10 years (rotation soil, RS); the  
309 control plot was a cropland in which AG had never been planted (control soil, CS). Each plot was approximately 2 ha in  
310 size. For the 10 years of crop rotation, crop types and plot management such as fertilization, watering, and weeding were  
311 the same in both the plots. When sampled, both were planted with wheat.  
312

313 **Soil sampling** Each plot was divided into four subplots. Soil samples were collected by the five-point sampling method  
314 in each subplot. After removing surface stones, gravel, humus, and plant residues from each sampling point, approximately  
315 100 g of surface soil (0–20 cm depth) was collected. The five soil samples from each subplot were evenly mixed to produce  
316 one soil sample of approximately 500 g. Each soil sample was then divided as follows. Approximately 10 g of soil was  
317 transferred into cryogenic vials and placed in a liquid nitrogen tank for low-temperature transportation and preservation;  
318 after returning to the laboratory, these vials were refrigerated at –80 °C for use in high-throughput sequencing.  
319 Approximately 200 g of soil was immediately stored in a refrigerator at 4 °C to determine soil water, nitrate nitrogen, and  
320 ammonium nitrogen content. Approximately 300 g of soil was air-dried, filtered through a 2 mm sieve, and stored at room  
321 temperature (18–25 °C) to determine physical and chemical properties, enzyme activity, and phenolic compound content.  
322

323 **Pot experiment of plant-soil feedback** Sufficient soil was collected from the eight subplots of the two plots. The soil  
324 collected from each plot was divided into 40 pots (pottery basin, 40 cm in diameter and 30 cm in height). Because 2-year-  
325 old AG is prone to disease, two seedlings of this age were planted per pot (enough space for 2 years of AG growth).  
326 Regardless of the scientific management of local planting technology, the growth of AG seedlings was regularly observed  
327 and recorded in the first 20 days after planting. Because of this process, not only soil effects but also transplanting effects  
328 were observed; however, transplanting may lead to fibrous root fracture of AG, thereby causing its death. Hence, we chose  
329 to reseed pots on the 21st day to recalculate the survival rate, leaf area, biomass, and other indicators.  
330

331 **Soil physicochemical properties and enzyme activities** Soil pH was measured using a Delta 320 electrode pH  
332 meter (Mettler Toledo, USA) in a 1:2.5 (w/v) soil water suspension. Water content was measured by oven-drying the fresh  
333 soil samples at 105 °C for 24 h. Total nitrogen (N) and carbon (C) contents were determined using a vario EL III elemental  
334 analyzer (Elementar Analysensysteme, Germany). Ammonium N content was determined via the potassium chloride  
335 extraction–indigo phenol blue colorimetric method; nitrate N content was determined using the phenol disulfonic acid

336 colorimetric method. Available phosphorus (P) content was determined using the sodium bicarbonate extraction–  
337 molybdenum-antimony colorimetric method, and the content of available potassium (K) was determined via flame  
338 spectrophotometry<sup>46</sup>. Soil urease and acid phosphatase activities were determined via colorimetry. Catalase activity was  
339 determined via potassium permanganate titration. Sucrase activity was determined using sodium thiosulfate titration. The  
340 determination of soil enzyme activity was based on the method proposed by Guan<sup>47</sup>.

341

342 **Phenolic acids in soil** The method proposed by Hartley and Buchan<sup>48</sup> was used to extract phenolic acids from soil with  
343 the following improvements. Air-dried soil (25 g) was added to 25 mL of 1 mol L<sup>-1</sup> NaOH solution, left overnight, and then  
344 agitated for 30 min on a reciprocal shaker. After centrifugal separation of the soil suspension (5 min, 2860 g, 20 °C), the  
345 supernatant was filtered through filter paper. The suspension was then acidified to pH 2.5 with 12 mol L<sup>-1</sup> hydrochloric acid.  
346 After 2 h, humic acid was removed via centrifugation (same as above), and the supernatant was filtered through a 0.22- $\mu$ m  
347 filter to obtain the final extract. This final extract was analyzed using high performance liquid chromatography (HPLC; see  
348 details below) on the e2695 HPLC system (Waters, USA) with a diode array detector using Uranus C18 (250  $\times$  4.6 mm, 5  
349  $\mu$ m) and guard columns (20  $\times$  4.6 mm, 5  $\mu$ m). The results were converted to dry soil weight.

350 Standard phenolic acids (see Supplementary Figure S1) were purchased from Sigma (St. Louis, USA). Detection was  
351 performed at 280 nm. Different phenolic acids were identified by their retention times compared to those of the purchased  
352 standards (see Supplementary Figure S2). The chromatographic data were recorded and processed using an Empower  
353 workstation (Waters, USA). Standards of nine phenolic acids were prepared in different concentrations. The standard curve  
354 equations of the nine phenolic acids were obtained by considering the peak area of the liquid chromatogram as Y and the  
355 sample concentration as X. The concentration of each compound in each soil sample was obtained based on the peak areas  
356 (see Supplementary Table S1).

357 The HPLC separations were conducted as follows: the mobile phase comprised aqueous formic acid solution (0.1%,  
358 v/v) and acetonitrile; the column temperature was 30 °C; the injection volume was 20  $\mu$ L and the flow rate was 1.0 mL  
359 min<sup>-1</sup>. The gradients and timings were 6–10% acetonitrile (0–16 min), 10–22% (16–36 min), 22–50% (36–46 min), 50–  
360 100% (46–48 min), and final hold for 5 min. The column was equilibrated for 10 min between injections.

361

362 **Genomic DNA extraction, PCR amplification, and high-throughput amplicon sequencing** Total DNA was  
363 extracted from soil samples using the PowerSoil® DNA Isolation Kit (MoBio, USA), according to the manufacturer's  
364 protocol. The concentration and purity of the obtained DNA samples were then determined using a UV-1200 UV  
365 spectrophotometer (Shanghai Mapada, China) and agarose gel electrophoresis. The V3–V4 region of the 16S rRNA gene  
366 was amplified using primers 338F (5'-ACTCCTACGGGAGGCAGCA-3') and 806R (5'-  
367 GGACTACHVGGGTWTCTAAT-3') for bacterial community analysis<sup>49</sup>. PCR amplification was carried out in a total  
368 volume of 25  $\mu$ L containing 5  $\mu$ L 5 $\times$  reaction buffer, 5  $\mu$ L 5 $\times$  GC buffer, 2  $\mu$ L dNTPs (2.5 mmol), 1  $\mu$ L 338F primer (10  
369  $\mu$ mol), 1  $\mu$ L 806R primer (10  $\mu$ mol), 2  $\mu$ L DNA template, 8.75  $\mu$ L ddH<sub>2</sub>O, and 0.25  $\mu$ L Q5 High-Fidelity DNA Polymerase  
370 (NEB, USA)<sup>50</sup>. The PCR protocol consisted of an initial denaturation step at 98 °C for 2 min, followed by 28 cycles of  
371 denaturation at 98 °C for 15 s, annealing at 55 °C for 30 s, and extension at 72 °C for 30 s; a final extension at 72 °C was  
372 performed for 5 min and reaction mixtures were held at 10 °C until further analysis<sup>51</sup>. Three replicates were used per sample,  
373 and these were pooled to minimize PCR bias. PCR products were detected via electrophoresis on 2.0% agarose gels, and  
374 fragments of about 450 bp were purified with the AxyPrep DNA Gel Extraction Kit (Axygen, USA). PCR amplicons were  
375 quantified using the PicoGreen dsDNA Assay Kit (Invitrogen, USA). Finally, paired-end 2 $\times$ 300 bp sequencing of bacterial  
376 amplicons was carried out on the MiSeq platform (Illumina, USA) at Personal Biotechnology Co., Ltd (Shanghai, China).  
377 The detailed experimental procedure is shown in Supplementary Figure S3.

378

379 **Sequence analyses** Using the unique barcodes obtained from the quantitative insights into microbial ecology (QIIME,  
380 v1.8.0, qiime.org) pipeline <sup>52</sup>, the raw sequences were assembled for each sample after removing the primer sequences and  
381 adaptors. Low quality sequences were filtered out using the criteria proposed by <sup>53,54</sup>. Paired-end reads were assembled  
382 using FLASH v1.2.7 <sup>55</sup>. After chimera detection, the remaining high-quality sequences were clustered into operational  
383 taxonomic units (OTUs) at 97% sequence identity by UCLUST <sup>56</sup>. A representative sequence was selected from each OTU  
384 using default parameters. The OTU taxonomic classification was conducted using the basic local alignment search tool  
385 (BLAST) by comparing the representative sequences set against the Greengenes Database <sup>57</sup> and retrieving the best hit <sup>58</sup>.  
386 An OTU table was further generated to record the abundance of each OTU in each sample and its taxonomy. OTUs  
387 containing less than 0.001% of total sequences across all samples were discarded.

388 To minimize the difference in sequencing depth across samples, an averaged, rounded, and rarefied OTU table was  
389 generated by averaging 100 evenly resampled OTU subsets below the 90% minimum sequencing depth for further analyses.  
390 Sequence data analyses were mainly performed using the QIIME v1.8.0 and R v3.2.0 (<https://www.r-project.org/>) packages.  
391 Chao1, abundance-based coverage estimator (ACE), Shannon's, and Simpson's  $\alpha$ -diversity indices were calculated at the  
392 OTU level using the OTU table in mothur (v1.25.1, <https://mothur.org/>). OTU-level ranked abundance curves were  
393 generated to compare the richness and evenness of OTUs among samples <sup>52</sup>. To explore variation in bacterial community  
394 structures across the analyzed soil samples, unweighted and weighted UniFrac distances were also calculated using R v3.2.0.  
395 Nonmetric multidimensional scaling (NMDS) analysis, principal component analysis (PCA), and partial least squares  
396 discriminant analysis (PLS-DA), were performed on the distance matrices, and coordinates were used to draw 2D graphical  
397 outputs. The linear discriminant analysis (LDA) effect size (LEfSe) method was used to detect differentially abundant taxa  
398 across groups using the default parameters through the Galaxy online analytics platform  
399 (<http://huttenhower.sph.harvard.edu/galaxy/>) <sup>59</sup>. The difference in sequence size (i.e., absolute abundance) between samples  
400 (groups) of each taxon at the phylum and genus levels was compared and tested, using mothur v1.25.1 with the statistical  
401 algorithm of Metastats (<http://metastats.cbcb.umd.edu/>) <sup>60</sup>. mothur v1.25.1 was also used to calculate Spearman's rank  
402 correlation coefficients among the dominant genera (i.e. those with abundance in the top 50) and to construct the correlation  
403 network for the dominant genera whose  $Rho > 0.6$  and  $P$  value  $< 0.01$ . This network was then imported into the Cytoscape  
404 software (<http://www.cytoscape.org/>) <sup>61</sup>. We used analysis of similarities (ANOSIM) to determine the size of the intra- and  
405 inter-group differences by ranking the distance between the samples and evaluated the statistical significance of the  
406 differences between the original samples using the permutation test, calculated by QIIME v1.8.0 <sup>62,63</sup>.

407

408 **Statistical analyses** The data concerning survival rate, leaf area, biomass of AG in each sample group, soil  
409 physicochemical properties, enzyme activities, content of phenolic acids,  $\alpha$ -diversity indices, and the relative abundances  
410 of bacterial taxa (phyla and genera) were compared using independent sample t-tests with significance accepted at  $P < 0.05$ ,  
411 as performed in SPSS v19.0 (IBM Corp., USA). Pearson's correlation analysis was used to identify correlations between  
412 bacterial genera and each of the phenolic acids and physicochemical properties. R v3.2.0 and Photoshop CS6 (64 bit,  
413 adobe.com) were used to draw analysis charts and output the results. The structural formula of phenolic acid was obtained  
414 from indraw (5.1.0, <http://indrawforweb.integle.com/>).

415

416 **Data accession** Sequencing raw data can be found in the Sequence Read Archive at the National Center for Biotechnology  
417 Information under Bioproject ID PRJNA612151  
418 (<https://dataview.ncbi.nlm.nih.gov/object/PRJNA612151?reviewer=lou3qt0rvghbih2cbthrqe76l8>).

## 419 Conclusions

420 Compared to that in CS, the AG survival rate in RS was lower in the pot experiment, showing notable signs of  
421 continuous cropping obstacles. We found higher water content and acidification, and lower nutrient levels in RS than in CS;

422 these factors were directly or indirectly unfavorable to AG growth. The lower levels of *p*-coumaric, *p*-hydroxybenzoic,  
423 vanillic, caffeic, and cinnamic acids might be among the factors in RS that indirectly reduced AG growth by promoting the  
424 growth and reproduction of its pathogens; in contrast, higher salicylic acid content might be one of the factors directly  
425 impeding AG growth. Analysis of the bacterial community structure and composition showed that *Chlamydia* had higher  
426 abundance in RS than in CS. In addition, at the genus level, *Acidothermus*, which degrades cellulose, and *Sphingomonas*,  
427 which decomposes phenolic acids, had lower abundances in RS than in CS. Hence, according to the correlations we  
428 observed, we conclude that complex relationships among water content, pH, phenolic acids, and bacteria play important  
429 roles in the continuous cropping obstacles found in RS.  
430

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563

564 **Acknowledgments:** We would like to thank to all peers for their valuable contributions, and all colleagues for their help  
565 with this research. We would also like to thank Editage (www.editage.cn) for English language editing. This study was  
566 funded by the Major Science and Technology Innovation Project of Shandong Province (2017GGH5129), the National  
567 Natural Science Foundation of China (31770581), Shandong University Students Innovation and Entrepreneurship Training  
568 Project (201810451021), and a project of the Shandong Province Higher Educational Science and Technology Program  
569 (J17KA128).

570 **Author Contributions:** CWL and GZC conceived and designed the study. CWL, GZC, and JLZ performed the experiments  
571 and collected the data. CWL and GZC wrote the main manuscript. CWL, PZ, and XFB designed and performed the data  
572 analyses. YPH and XXZ reviewed and improved the manuscript. All authors participated in the data interpretation and  
573 reviewed the manuscript.

574 **Conflicts of Interest:** The authors declare no conflict of interest.

575

## 576 Figure legends

577 **Figure 1** Survival rate and growth index of *Panax quinquefolium* in the pot experiment. The survival rate was calculated  
578 every 20 days. The aboveground and underground biomasses were calculated at the end of 60 days. Leaf area was calculated  
579 at the final harvest. CS: Plants in the CS group; RS: Plants in the RS group; a: means the difference is not significant ( $P >$   
580  $0.05$ ). RS: the 10-year post-ginseng rotation soil; CS: soil in which no ginseng was grown before ginseng planting

581 **Figure 2.** Comparison of phenolic acid content between 10-year post-ginseng rotation soil (RS) and soil in which no  
582 ginseng was grown (CS) before ginseng planting. \*represent significant differences ( $P < 0.05$ ) according to Student's  
583 t-test ( $n=4$ ). \*\* represent significant differences ( $P < 0.01$ )

584 **Figure 3.** Nonmetric multidimensional scaling (NMDS) ordination plot of bacterial community structure comparing 10-  
585 year post-ginseng rotation soil (RS) and soil in which no ginseng was grown (CS) before ginseng planting. a, unweighted  
586 and b, weighted UniFrac distance matrix. c, PCA (principal component analysis) of bacterial community structure; d, PLS-  
587 DA (partial least squares discriminant analysis) of bacterial community structure. The shorter the distance between two  
588 points, the higher the similarity of the microbial community structure between the two groups

589 **Figure 4.** Composition and structure of the bacterial community from the 10-year post-ginseng rotation soil (RS) and  
590 soil in which no ginseng was grown (CS) before ginseng planting. a: phylum, b: genus, c: significantly different  
591 bacteria at the genus level, comparing RS and CS. The bacteria genera listed in c are all significantly different (t-test,  
592  $P < 0.05$ ). Mean ( $n = 4$ ) data are shown; error bars represent SE. \*represents significant differences ( $P < 0.05$ )  
593 according to the Metastats-test ( $n = 4$ )

594 **Figure 5.** Differentially abundant bacterial taxa as assessed using linear discriminant analysis (LDA) with effect size  
595 measurements (LEfSe) in the 10-year post-ginseng rotation soil (RS) and soil in which no ginseng was grown (CS)  
596 before ginseng planting

597 **Figure 6.** The correlation network of phenolic acids with bacteria and soil physicochemical properties. When the  
598 correlation factor is yellow, it means that the factor is enriched in the 10-year post-ginseng rotation soil (RS), whereas  
599 when it is green, it represents the soil in which no ginseng was grown (CS) before ginseng planting. The solid line  
600 represents the positive correlation among the correlation factors, while the dotted line is the negative correlation. The  
601 circle represents bacteria, and the different arrangement of squares represents phenolic acid and physicochemical  
602 properties

### 603 **Table**

604 **Table 1.** Comparison of physicochemical properties of 10-year post-ginseng rotation soil (RS) and soil in which no ginseng  
605 was grown (CS) before ginseng planting. \* Statistically significant difference at  $P < 0.05$ ; \*\*  $P < 0.01$  (T test). Mean  $\pm$  SE  
606 (n = 4) data shown

607 **Table 2.** Comparison of enzyme activities between 10-year post-ginseng rotation soil (RS) and soil in which no  
608 ginseng was grown (CS) before ginseng planting. \* Statistically significant difference at  $P < 0.05$  (T test). Mean  $\pm$  SE  
609 (n = 4) data shown

610