

**Supplement 1|** Designated scores to responses provided by participants to questions intended to measure overall adherence of the Saudi population to the home-stay strategy during the COVID-19 pandemic.

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Questions	Choices [score]
<b>Do you leave home during the home-stay period?</b>	A. No [1] B. Yes [0] C. Yes, but I have stayed home since the application of the curfew. [0.5]
<b>What is your main reason for leaving home?</b>	A. I never left home [1] B. Purchasing necessities [0.5] C. Buying a meal [0] D. Meeting with friends [0] E. Going to work or hospital [0.5] F. Having fun and leisure time [0] G. Not taking any restrictions as there are no confirmed cases in my area [0]
<b>How many days do you leave home per week during the pandemic of COVID-19?</b>	A. I never left home [1] B. One day [0.75] C. Two to three days [0.5] D. Four to five days [0.25] E. More than six days [0]
<b>Approximately, how much time per day do you spend outside during the COVID-19 pandemic?</b>	A. I never left home [1] B. Less than one hour [0.5] C. Between one and two hours [0.25] D. More than two hours [0] E. Other [0]
<b>Who joins you when you leave home?</b>	A. I never left home [1] B. No one [0.5] C. Adult [0.25] D. Child [0] E. Whoever wants to join [0]

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**Supplement 2|** Demographic characteristics of the participants in this study (n = 5105).

Demographic characteristics		Number of participants (% of participants)
<b>Gender</b>	Male	2125 (41.6)
	Female	2980 (58.4)
<b>Age group</b>	18-27 years old	1500 (29.4)
	28-37 years old	1884 (36.9)
	38-47 years old	1059 (20.7)
<b>Marital status</b>	Above 47 years	662 (13.0)
	Single	1779 (34.8)
	Married	3107 (60.9)
<b>Educational level</b>	Divorced	219 (4.3)
	Secondary and below	1219 (23.9)
	Diploma	525 (10.3)
<b>Monthly income</b>	Bachelor	2851 (55.8)
	Master and PhD	510 (10.0)
	Less than 3000 SR	2086 (40.9)
<b>Employment</b>	Between 3000-5999 SR	703 (13.8)
	Between 6000-10000 SR	734 (14.4)
	Between 11000-15000 SR	835 (16.4)
	Between 16000-20000 SR	392 (7.7)
	Above 20000 SR	355 (7.0)
<b>Geographical regions</b>	Unemployed	1515 (29.7)
	Student	695 (13.6)
	Employed (public or private)	2310 (45.2)
	Entrepreneur	38 (0.7)
	Retired	307 (6.0)
	Others	240 (4.7)
	West	2603 (51.0)

	Middle	1281 (25.1)
	East	268 (5.2)
	North	655 (12.8)
	South	298 (5.8)
<b>Do you live in</b>		
	City	4787 (93.8)
	Village	318 (6.2)