

# Clinical, molecular and epidemiological characterization of the SARS-CoV2 virus and the Coronavirus disease 2019 (COVID-19), a comprehensive literature review

Esteban Ortiz-Prado\*<sup>1</sup>, Katherine Simbaña-Rivera<sup>1</sup>, Lenin Gómez- Barreno<sup>1</sup>, Mario Rubio-Neira<sup>2</sup>, Linda P. Guaman<sup>3</sup>, Nikolaos kyriakidis<sup>4</sup>, Claire Muslin<sup>1</sup>, Ana María Gómez Jaramillo<sup>5</sup>, Carlos Barba<sup>1</sup>, Doménica Cevallos<sup>6</sup>, Hugo Sanches-SanMiguel<sup>1</sup>, Luis Unigarro<sup>7</sup>, Rasa Zalakeviciute<sup>8,9</sup>, Naomi Gadian<sup>10</sup>, Andrés López-Cortés<sup>11,12</sup>

- <sup>1</sup> One Health Research Group, Faculty of Medicine, Universidad de Las Americas (UDLA), Quito, Ecuador
- <sup>2</sup> Hospital Baca Ortiz, Pediatric and Cardiology Department, Quito, Ecuador
- <sup>3</sup> Centro de Investigación Biomédica, Facultad de Ciencias de la Salud Eugenio Espejo, Universidad UTE, Quito, Ecuador
- <sup>4</sup> Grupo de Investigación en Biotecnología Aplicada a Biomedicina (BIOMED), Universidad de la Americas, Quito, Ecuador
- <sup>5</sup> Faculty of Medicine, Pontificia Universidad Católica del Ecuador, Quito, Ecuador
- <sup>6</sup> Intensive Care Unit, Hospital Quito Sur IESS, Quito, Ecuador
- <sup>7</sup> Intensive Care Unit, Hospital SOLCA Quito., Quito, Ecuador
- <sup>8</sup> Grupo de Biodiversidad Medio Ambiente y Salud (BIOMAS), Universidad de Las Americas, Quito, Ecuador.
- <sup>9</sup> Intelligent and Interactive Systems Lab (SI2 Lab) Universidad de Las Americas (UDLA), Quito, Ecuador
- <sup>10</sup> University of Southampton, Department of Public Health, Southampton, United Kingdom
- <sup>11</sup> Centro de Investigación Genética y Genómica, Facultad de Ciencias de la Salud Eugenio Espejo, Universidad UTE, Quito, Ecuador
- <sup>12</sup> Red Latinoamericana de Implementación y Validación de Guías Clínicas Farmacogenómicas (RELIVAF-CYTED), Quito, Ecuador

Esteban Ortiz-Prado: [e.ortizprado@gmail.com](mailto:e.ortizprado@gmail.com)

Katherine Simbaña-Rivera: [ksimbanarivera@gmail.com](mailto:ksimbanarivera@gmail.com)

Lenin Gómez- Barreno: [lsgomezbarreno@gmail.com](mailto:lsgomezbarreno@gmail.com)

Mario Rubio: [drrubio24@yahoo.com](mailto:drrubio24@yahoo.com)

Linda P. Guaman: [linda.guaman@ute.edu.ec](mailto:linda.guaman@ute.edu.ec)

Nikolaos kyriakidis: [nikolaos.kyriakidis@udla.edu.ec](mailto:nikolaos.kyriakidis@udla.edu.ec)

Claire Muslin: [claire.muslin@udla.edu.ec](mailto:claire.muslin@udla.edu.ec)

Carlos Barba: [carlos.barba.ostria@udla.edu.ec](mailto:carlos.barba.ostria@udla.edu.ec)

Ana María Gómez Jaramillo: [mdanamagomez84@gmail.com](mailto:mdanamagomez84@gmail.com)

Carlos Barba: [carlos.barba.ostria@udla.edu.ec](mailto:carlos.barba.ostria@udla.edu.ec)

Doménica Cevallos: [domecevallos.92@gmail.com](mailto:domecevallos.92@gmail.com)

Hugo Sanches-SanMiguel: [hmssanmiguel@icloud.com](mailto:hmssanmiguel@icloud.com)

Luis Unigarro: [luisunigarro3@gmail.com](mailto:luisunigarro3@gmail.com)

Rasa Zalakeviciute: [rasa.zalakeviciute@udla.edu.ec](mailto:rasa.zalakeviciute@udla.edu.ec)

Naomi Gadian: [naomigadian@hotmail.com](mailto:naomigadian@hotmail.com)

Andrés López-Cortés: [aalc84@gmail.com](mailto:aalc84@gmail.com)

**Corresponding author:** Esteban Ortiz-Prado One Health Research Group, Universidad de las Américas, Quito, Ecuador Calle de los Colimes y Avenida De los Granados, Quito 170137, Ecuador. Email: [e.ortizprado@gmail.com](mailto:e.ortizprado@gmail.com) Phone: +593995760693

## Abstract

Coronaviruses are an extensive family of viruses that can cause disease in both animals and humans. The current classification of coronaviruses recognizes 39 species in 27 subgenera that belong to the family Coronaviridae. From those, at least seven coronaviruses are known to cause respiratory infections in humans. Four of these viruses can cause common cold-like symptoms, while others that infect animals can evolve and become infectious to humans. Three recent examples of this viral jumps include SARS CoV, MERS-CoV and SARS CoV-2 virus. They are responsible for causing severe acute respiratory syndrome (SARS), Middle East respiratory syndrome (MERS) and the most recently discovered coronavirus disease during 2019 (COVID-19).

COVID-19, a respiratory disease caused by the SARS-CoV-2 virus, was declared a pandemic by the World Health Organization (WHO) on 11 March 2020. The rapid spread of the disease has taken the scientific and medical community by surprise. Latest figures from 14 April 2020 show more than 2 million people had been infected with the virus, causing more than 120,000 deaths in over 210 countries worldwide.

The large amount of information we receive every day concerning this new disease is so abundant and dynamic that medical staff, health authorities, academics and the media are not able to keep up with this new pandemic.

In order to offer a clear insight of the extensive literature available, we have conducted a comprehensive literature review of the SARS CoV-2 Virus and the Coronavirus Diseases 2019 (COVID-19).

**Key words:** Covid-19; Coronavirus; SARS-CoV-2; Review; Pandemic;

## Background

The new COVID-19 disease is caused by a novel coronavirus (SARS-CoV2) probably originated in Wuhan, China. In mid- December 2019, the Wuhan health authorities detected few cases of an atypical pneumonia that eventually was discovered to be caused by a novel coronavirus that probably jumped from an animal reservoir to a human during the first week of November 2019 [1].

Subsequent investigations discovered that the etiological agent was a RNA virus related to same family of coronavirus that caused the Severe Acute Respiratory Syndrome (SARS) and to Respiratory Syndrome of Middle East (MERS) pandemic during 2003 and 2012 respectively[2].

The specific origin of this new pandemic is not totally understood. At the beginning of the outbreak it was believed that a viral jump occurred between a wild animal and a human being in one of the most populated *wet market* in Wuhan, China during the November 2019. Further investigations were focused in finding which animals were responsible for this new zoonotic diseases, although still unclear which animal is the intermediary host, is well-known that bats are the main reservoirs for these type of virus and they probably emerged in one of the local wild-animal farms[3, 4].

## Chronology of the pandemic

The Center for Disease Control in China (CDCC) reported that during the last week of December 2019, the first cases of an atypical pneumonia were seen in Wuhan, the capital of Central China's Hubei province. Days later, after the first cases were reported, the Chinese health authorities decided to close the Huanan's "wet market" after some research suggested this place as the probable initial source of contagion[5].

During the first week of January, China's authorities announced that the new atypical pneumonia was not caused by either the SARS or the MERS coronavirus, but a new variant of the Coronaviridae family, a newly discovered virus called SARS-CoV2[5].

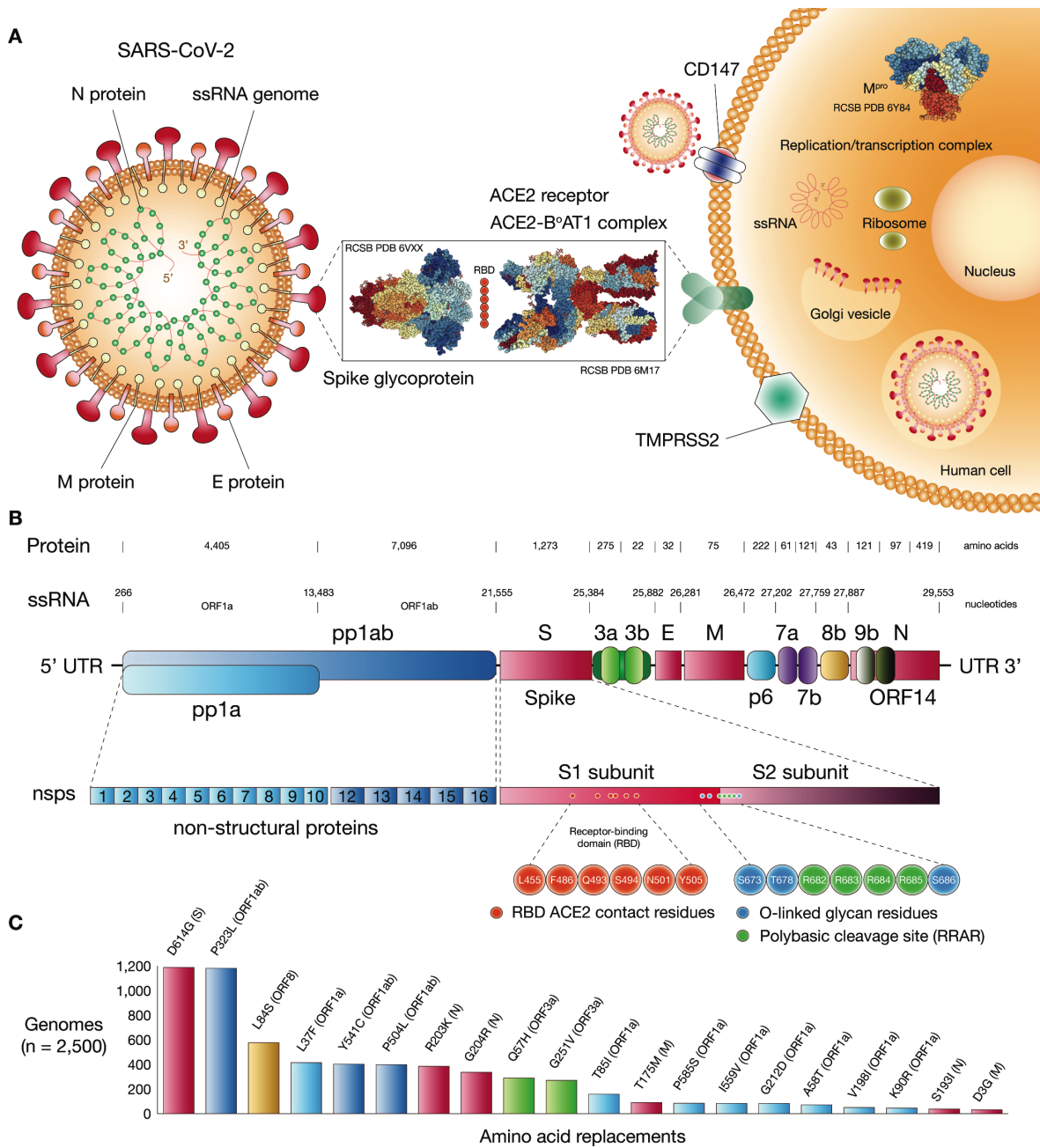
In January 11<sup>th</sup> the first SARS CoV-2 related death was reported and one day later, a group of Chinese researchers reveal the genome of the virus implicated in the Wuhan pneumonia outbreak.

From the initial case reported in China, the SARS-CoV-2 virus spread worldwide. At the beginning of the outbreak it started to move through Asia but only days later the first suspicious cases were reported in Europe and North America. In March 11<sup>th</sup> the World Health Organization (WHO) declare this disease a worldwide distributed pandemic. Since the first case and using the latest figures from April the 14<sup>th</sup>, 2020 more than 2 million people had been infected with the virus, causing more than 120,000 deaths in over 210 countries worldwide[6].

### **Structure and genome of the SARS-CoV-2 virion**

The family *Coronaviridae* is a large group of viruses infecting animals and humans. There are seven types of human coronaviruses that are primarily respiratory pathogens: 229E, NL63, OC43, KHU1, Middle East respiratory syndrome coronavirus (MERS-CoV), severe acute respiratory syndrome coronavirus (SARS-CoV), and severe acute respiratory syndrome coronavirus 2 (SARS-CoV-2). MERS-CoV, SARS-CoV and SARS-CoV-2 belong to genus *Betacoronavirus* and all have high mutation rates that result in viral genetic diversity, plasticity, and adaptability to invade a wide range of hosts[7].

Like other coronaviruses, SARS-CoV-2 is an enveloped virus with roughly spherical or moderately pleomorphic virions of approximately 60 to 140 nm in diameter (Figure 1a) [8].



**Figure 1** Overall structure and mechanism of infection of SARS-CoV-2. **A)** Structure and mechanism of infection of the novel coronavirus into human cells through the spike glycoprotein, the ACE2 receptor protein, and the CD147 receptor. The structure of the spike glycoprotein was taken from RCSB PDB 6VXX according to Walls et al. [9]; the structure of the ACE2-BoAT1 complex was taken from RCSB PDB 6M17 according to Yan et al. [10]; lastly, the structure of the main protease (M<sup>pro</sup>) was taken from RCSB PDB 6Y84 according to Zhang et al. [11]. **B)** Genomic structure and proteins encoded by SARS-CoV-2. **C)** Genomic structure and proteins encoded by SARS-CoV-2. **B)** Most frequent amino acid replacements in genomes analyzed worldwide.

The viral membrane contains the spike (S) glycoprotein that forms the peplomers on the virion surface, giving the virus its ‘corona’- or crown-like morphology in the electron microscope. The membrane (M) glycoprotein and the envelope (E) protein provide the ring

structure. Within the virion interior lies a helical nucleocapsid comprised of the nucleocapsid (N) protein complexed with a single positive-strand RNA genome of about 30 kb in length [12].

The first genome of SARS-CoV-2 named Wuhan-Hu-1 (NCBI reference sequence NC\_045512) was isolated and sequenced in China in January 2020 [8, 12]. The SARS-CoV-2 genome has similarities to other viruses: approximately 96% similarity to the bat coronavirus BatCoV RaTH13; an estimated 80% similarity with SARS-CoV [12], and an estimated 50% identity with MERS-CoV [13, 14]. SARS-CoV-2 has a positive-sense single-stranded RNA genome. It is approximately 30,000 bases in length and comprises of a 5' terminal cap structure and a 3' poly A tail. According to Wu *et al.* [15], this novel coronavirus (IVDC-HB-01/2019 strain) has 14 open reading frames (ORFs) encoding 27 proteins. The 5' terminus of the genome contains the ORF1ab and ORF1a genes. ORF1ab is the largest gene and encodes the pp1ab protein that contains 15 non-structural proteins named nsps (nsp1-nsp10 and nsp12-nsp16). ORF1a encodes the pp1a protein and also has 10 nsps (nsp1-nsp10) [15]. The 3' terminus of the genome contains four structural proteins: spike (S) glycoprotein; envelope (E) protein; membrane (M) glycoprotein and nucleocapsid (N) phosphoprotein. It also contains 8 accessory proteins (3a, 3b, p6, 7a, 7b, 8b, 9b and ORF14) [16] (Figure 1b).

The global scientific community from 52 countries have united to study this novel coronavirus by sequencing and submitting 2,500 SARS-CoV-2 genomes to the Global Initiative on Sharing All Influenza Data (GISAID) (<https://www.gisaid.org/>) between December 2019 and March 2020 [17, 18]. SARS-CoV-2 has accumulated mutations in its RNA genome as the outbreak progresses.

From the 2,500 viral genomes of SARS-CoV02 sequences analyzed to date in the outbreak, the CoV-GLUE project (<http://cov-glue.cvr.gla.ac.uk/#/home>) has identified 1,539 amino acid replacements, 3 insertions, and 18 coding region deletions.. Regarding amino acid replacements, 206 mutations were found in nsp3 (ORF1a) corresponding to the papain-like protease (PL<sup>pro</sup>) / transmembrane domain 1; 146 were found in the S glycoprotein; 89 were found in nsp2 (ORF1a); 61 were found in the N phosphoprotein; 59 were found in nsp12



(ORF1ab) corresponding to the RNA-dependent RNA polymerase (RdRp); 56 were found in nsp14 (ORF1ab) corresponding to the 3'-5' exonuclease; 50 were found in nsp4 (ORF1a) corresponding to the transmembrane domain 2; 48 were found in nsp13 (ORF1ab) corresponding to the Zinc-binding domain / helicase domain; 43 were found in nsp15 (ORF1ab) corresponding to the endoRNase; 39 were found in ORF3a, 41 were found in nsp16 (ORF1ab) corresponding to the 2'-O-ribose methyltransferase; 41 were found in nsp6 (ORF1a) corresponding to the putative transmembrane domain; 38 were found in ORF7a; 27 were found in nsp5 (ORF1a) corresponding to the 3C-like proteinase; 29 were found in nsp1 (ORF1a); 26 were found in the M glycoprotein; 22 were found in ORF8; 17 were found in nsp10 (ORF1a); 15 were found in ORF10 and ORF6; 14 were found in nsp8 corresponding to the putative primase; 13 were found in the E protein; 9 were found in nsp9 corresponding to the ssRNA-binding domain; 8 were found in nsp7; 7 were found in ORF7b; and 2 were found in nsp11. The most prevalent amino acid replacements were D614G (S glycoprotein) in 1,188 genomes, P323L (RdRp) in 1,181 genomes, L84S (ORF8) in 576 genomes, L37F (putative transmembrane domain) in 415 genomes, and Y541C (Zinc-binding domain) in 402 genomes (Figure 1c and Supplementary Table 1).

### **SARS-CoV-2 replication cycle**

As an intracellular obligate microorganism, the coronavirus exploits the host cell machinery for its own replication and spread. Since virus–host interactions form the basis of diseases, knowledge about their interplay is of great importance, particularly when identifying key targets for antivirals.

SARS-CoV-2 entry into host cells is mediated by the transmembrane S glycoprotein that forms homotrimers protruding from the viral surface (Figure 1a) [9]. Coronavirus S protein consists of two functional subunits: S1 subunit, where the receptor-binding domain (RBD) is found and is responsible for binding host cell surface receptors and S2 subunit, which mediates subsequent fusion between the viral and host cellular membranes [19, 20].



SARS-CoV-2 RBD directly binds to the peptide domain of angiotensin-converting enzyme 2 (ACE2), which is also the cellular receptor for SARS-CoV [9, 10, 21, 22]. RBD is the most variable part of SARS-CoV-2 genome [12, 23]. Six RBD amino acids (L455, F486, Q493, S494, N501 and Y505) are involved in the binding to ACE2 receptors [24], and five of these six residues differ between SARS-CoV and SARS-CoV-2 [25] (Figures 1a and 1b).

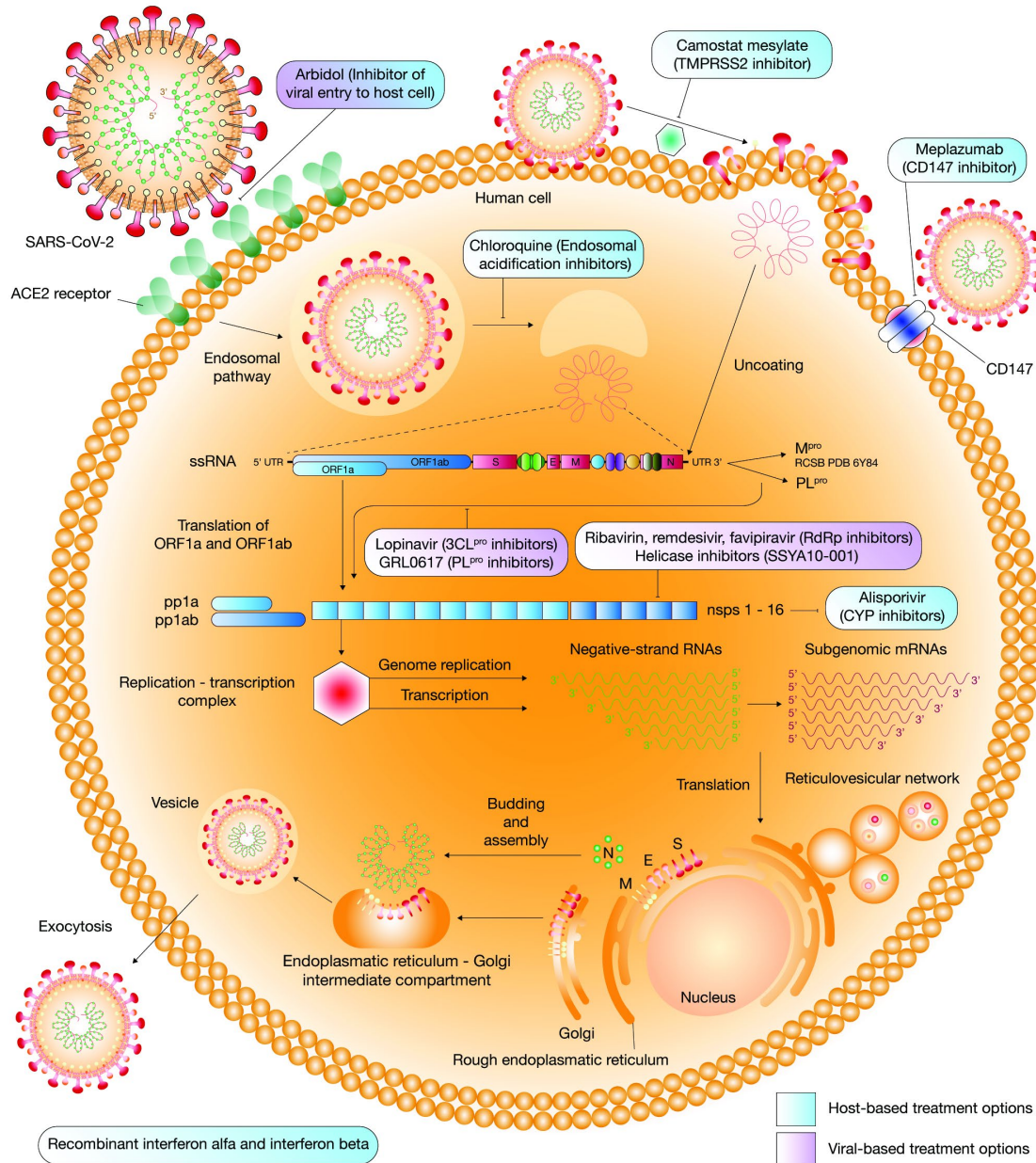


Figure 2 . SARS-CoV-2 replication cycle and its inhibitors. SARS-CoV-2 infection begins with the attachment of the spike (S) protein with the host cell receptor. Two cellular receptors have been identified for SARS-CoV-2 so far: angiotensin-

*converting enzyme 2 (ACE2) and CD147. After receptor interaction, the cleavage of S protein by the cell surface-associated transmembrane protease serine 2 TMPRSS2 promotes the fusion of viral and cell membranes. Following the release of the nucleocapsid to the cytoplasm, the viral genomic RNA is translated through ribosomal frameshifting to produce polyproteins pp1a and pp1ab, which undergo cotranslational proteolytic processing into the 15 non-structural proteins (nsp1-nsp10 and nsp12-nsp16) that form the replication-transcription complex (RTC). The RTC is involved in the genomic RNA replication and in the transcription of a set of nested subgenomic mRNAs required to express the structural and accessory protein genes. New virions are assembled by budding into the intracellular membranes of the ER - Golgi intermediate compartment membranes and released through exocytosis. Additionally, there are detailed host-based treatment options in blue and viral-based treatment options in pink.*

ACE2 is a type I membrane protein that participates in the maturation of angiotensin, a peptide hormone that controls vasoconstriction and blood pressure [26]. In the respiratory tract, ACE2 is widely expressed on the epithelial cells of alveoli, trachea, bronchi, bronchial serous glands [27], and alveolar monocytes and macrophages [28]. Xu *et al.* reported the [29] RNA-seq profiling data of 13 organs with para-carcinoma normal tissues from The Cancer Genome Atlas (TCGA; <https://www.cancer.gov/tcga>) and 14 organs with normal tissue from FANTOM5 CAGE (<https://fantom.gsc.riken.jp/>). These were used to validate the expression of the human cell receptor ACE2 in the virus and may indicate the potential infection routes of SARS-CoV-2 [30]. Interestingly, the ACE2 receptor is expressed more in oral cavity than lung. This potentially could indicate that susceptibility and infectivity of SARS-CoV-2 is greater from oral mucosa surfaces. [29].

Following the binding of the RBD in the S1 subunit to the receptor ACE2, SARS-CoV-2 S protein is cleaved by the cell surface-associated transmembrane protease serine 2 TMPRSS2, which activates S2 domain for membrane fusion between the viral and cell membrane [31]. A functional polybasic (furin) cleavage site was found at the S1-S2 boundary through the insertion of 12 nucleotides [9, 25, 32]. The S673, T678 and S686 residues of O-linked glycans flank the cleavage site and are unique in SARS-CoV-2 [25].

In addition to the S glycoprotein - ACE2 receptor complex, Wang *et al.* reported an alternative route where SARS-CoV-2 invades host cell through the S glycoprotein – CD147 complex. These findings were validated using co-immunoprecipitation, ELISA, and *in vitro* antiviral tests with meplazumab. This anti-CD147 humanized antibody significantly inhibited the viruses from invading host cells (<https://doi.org/10.1101/2020.03.14.988345>)

Paper: SARS-CoV-2 invades host cells via a novel route: CD147-spike protein.

Like SARS-CoV and other coronaviruses, SARS-CoV-2 likely enter target cells through receptor-mediated endocytosis, where fusion of the virus envelops the endosome membranes and leads to the release of the viral nucleocapsid into the cytosol of the infected cell [33].

Following the release and uncoating of viral RNA to the cytoplasm, coronavirus replication starts with the translation of ORF1a and ORF1b into polyproteins pp1a and pp1ab via a frameshifting mechanism (Figure 2) [34]. Subsequently, polyproteins pp1a and pp1ab are processed by internal viral proteases, including the main protease M<sup>Pro</sup>, a potential drug target whose crystal structure was recently determined for SARS-CoV-2 [11]. Polyprotein cleavage yields 15 mature replicase proteins, which assemble into a replication-transcription complex that engages in negative-strand RNA synthesis. Both full-length and multiple subgenomic negative-strand RNAs are produced. The former serves as template for new full-length genomic RNAs and the latter template the synthesis of the subgenomic mRNAs required to express the structural and accessory protein genes residing in the 3'-proximal quarter of the genome [33]. Coronavirus RNA replication occurs on a virus-induced reticulovesicular network of modified endoplasmic reticulum (ER) membranes [35].

The assembly of virions is quickly ensued with the accumulation of new genomic RNA and structural components. The N protein complexes with genome RNA, forming helical structures. Then, the transmembrane M protein, localized to the intracellular membranes of the ER - Golgi intermediate compartment (ERGIC), interacts with the other viral structural proteins (S, E and N proteins) to allow the budding of virions [36, 37]. Following assembly and budding, virions are transported in vesicles and eventually released by exocytosis.

### **SARS CoV-2 and human immune responses**

Normal immune responses against the majority of viruses involves a rapid containment response mediated by innate immunity components. These include antiviral Type I IFNs, pro-inflammatory cytokine production and NK cells, and a delayed virus-tailored adaptive

immune response aiming to eradicate the pathogen and produce long-lasting memory. The latter involves antigen specific CD8<sup>+</sup> cytotoxic T cells (CTLs), the Th1 subset of CD4<sup>+</sup> T helper cells that orchestrates the immune response against viruses and other intracellular pathogens, specific antibody producing plasma cells, and finally the production of memory T and B cell subsets.

Immune system responses following SARS-CoV-2 infection can be a double-edged sword. The response can lead to virus clearance and immune memory or, for others, cause severe pathology that can lead to pneumonia, ARDS, septic shock, multi-organ failure and, eventually, death.

Accordingly, patients who have immune system is weakened or otherwise dysregulated, such as older men with comorbidities severe COVID-19 is clearly more likely to occur [38–40].

### ***Innate immunity:***

Type I IFNs are mainly produced by plasmacytoid dendritic cells (pDCs) and have a plethora of antiviral effects such as blocking cell entry and trafficking of viral particles, inducing RNase and DNase expression to degrade virus genetic material, enhancing presentation of viral antigens by MHC-I, inhibiting protein synthesis and inducing apoptosis of infected cells [41].

Pathogen recognition receptors like cytosolic RIG-I and MDA-5 [42, 43] or endosomal Toll like receptors (TLRs) 7 and 8 that recognize viral RNA [44] are responsible for the activation of signaling cascades that activate the transcription factors NF- $\kappa$ B, interferon regulatory factor (IRF) 3 and IRF7 that translocate to the nucleus and induce proinflammatory cytokines and Type I interferon (IFN) production. In turn, Type I IFNs activate the downstream JAK-STAT signal pathway resulting in expression of IFN-stimulated genes (ISGs) [45, 46].

Our experience from SARS-CoV and MERS-CoV infection has shown that delayed type I IFN production and excessive recruitment and activation of infiltrating proinflammatory cells

(neutrophils and monocytes-macrophages) are possible mediators of lung dysfunction and bad prognostic factors for the outcome of the infection. Delayed type I IFN production allows for highly efficient viral replication that, in turn, results in recruitment of hyperinflammatory neutrophils and monocytes. Therefore, the pathogen recognition receptors (PRRs) of these proinflammatory cells recognize high numbers of their ligands and subsequently secrete excessive amounts of proinflammatory cytokines that lead to septic shock, lung pathology, pneumonia or acute respiratory distress syndrome [47–49].

It has been shown that in severe cases both SARS-CoV and MERS-CoV fruitfully employ an immune evasion mechanism whereby early type I IFN responses to viral infection are dampened [48]. This can be achieved by blocking signaling both upstream, as well as downstream of type I IFN expression. SARS-CoV can inhibit IRF3 nuclear translocation, whereas MERS-CoV can impede histone modification [50]. Additionally, both viruses can inhibit IFN signaling by decreasing STAT1 phosphorylation [51]. Due to the many sequence similarities of SARS-CoV-2 with SARS-CoV and MERS-CoV it would be enticing to speculate that similar mechanisms are also present, however further studies are needed to shed light to this hypothesis.

Hyperactivated neutrophils and monocytes-macrophages are the usual source of the cytokine storm. In this aspect, absolute neutrophil counts and neutrophil to lymphocyte ratio (NLR) were strongly associated with disease severity in a large cohort of COVID-19 patients and were proposed as markers of adverse disease prognosis [52].

Interestingly, the increased amounts of proinflammatory cytokines in serum associated with pulmonary inflammation and extensive lung damage described both in SARS [53] and MERS diseases [54] were also reported in the early study of 41 patients with COVID-19 in Wuhan [39]. Evidence shows that the leading cause of COVID-19 mortality is respiratory failure caused by acute respiratory distress syndrome (ARDS). There is an association with a cytokine storm mediated by high-levels of proinflammatory cytokines including IL-2, IL-7, IL-10, G-CSF, IP-10, MCP-1, MIP-1A and TNF- $\alpha$ . ARDS was associated with increased fatality and subsequent studies confirmed IL-6 and C-reactive protein are significantly upregulated in patients that died compared to convalescent patients [50]. Moreover, a recent



study of 452 patients in Wuhan identified that severe cases showed significantly higher cytokines and chemokines such as tumor necrosis factor- $\alpha$  (TNF- $\alpha$ ), IL-2, IL-6, IL-8 and IL-10 expressed [52].

In accordance with these findings, therapeutic strategies are being tested. A phase 3 randomized controlled trial of IL-1 blockade (anakinra) in sepsis has shown significant survival benefit in patients with hyperinflammation, without apparent increased adverse events [55]. Currently, a multicenter, randomized controlled trial of tocilizumab (IL-6 receptor blockade, licensed for cytokine release syndrome), is being trialled in patients with COVID-19 pneumonia presenting with high levels of IL-6 in China (ChiCTR2000029765) [56]. Moreover, several clinical trials are exploring if the well-established antiviral [57] and anti-inflammatory effects of hydroxychloroquine will be effective in treating patients with COVID-19 as has previously been suggested for SARS-CoV infection [58]. This has also been demonstrated *in vitro* for SARS-CoV-2 [59]. In contrast, Janus kinase (JAK) inhibition has been proposed as a potential treatment in order to reduce both inflammation and cellular viral entry in COVID-19 [60]. Thus, it comes as no surprise that in a recent correspondence, Lancet authors have identified the following potential therapeutic options for cytokine storm syndrome including ARDS the use of corticosteroids, selective cytokine blockade (eg, anakinra or tocilizumab) and JAK inhibition [61].

### ***Adaptive immunity:***

Virus presentation to the different T cell subsets stands on the crossroads between innate and adaptive immune responses. Studies on SARS-CoV [62–65] and MERS-CoV [66] presentation have identified several susceptibility and protection conferring HLA alleles. The dearth of similar data regarding SARS-CoV-2 antigen presentation to T cells and possible virus evasion mechanisms of this process suggests it is a virgin investigation field to be explored.

Apart from the sustained inflammation and cytokine storm, lymphopenia has been implicated as a major risk factor for ARDS and mortality in the context of COVID-19 [67]. Similar findings were described for SARS-CoV infected patients who had considerable decreases of CD4<sup>+</sup> T and CD8<sup>+</sup> T cells [63]. However, in convalescent patients specific T-cell memory responses to SARS-CoV were still found six years post infection [68]. Though it is still very early to trace memory responses against SARS-CoV-2, the observations linking lymphopenia with severe pathology are similar to patients diagnosed with severe acute respiratory syndrome (SARS) during the 2003 epidemic.

In a study of 452 Chinese patients in Wuhan, severe cases tended to have lower lymphocyte counts. This dearth of lymphocytes was mainly attributed to significantly lower T cell counts in severe cases. Numbers of CD8<sup>+</sup> T lymphocytic cells responsible for recognizing and killing infected cells were found to be significantly lower in patients with severe manifestations of COVID-19. Additionally, severely affected patients presented with a higher naïve CD4<sup>+</sup> to memory T cells ratio, suggesting that the adaptive immune system in the severe infection subgroup was less activated. Furthermore, these patients had less numbers of regulatory T cells (Tregs), especially induced Tregs. Tregs form the T cell subset responsible for controlling excessive inflammatory responses and their absence can lead to production of cytokine storm and enhancement of tissue pathology. Overall, this data suggest that dysregulation of T cell mediated immune responses may play a pivotal role in COVID-19 pathogenesis and severity [52].

Production of protective antiviral antibodies and long-lived memory B cells are fundamental for avoiding reinfection with the virus and form the basic principles behind vaccination. Less research has been completed relating to humoral immunity compared to than cellular against coronaviruses. However, in view of COVID-19 patient sera portraying some cross-reactivity with SARS-CoV, but not with other coronavirus, it might imply that similar mounting of humoral responses could be expected [8]. Studies conducted during the SARS epidemic have revealed that seroconversion is induced as early as day 4 after disease onset and that IgG protective antibodies lasted for as long as 2 years after infection [69] Anti-SARS-CoV IgM in turn disappeared after 12 weeks [70].



Preliminary data suggests that humoral responses are robust and follow a similar pattern. A study including 173 COVID-19 positive Chinese patients showed that 93.1% of the patients demonstrated anti-SARS-CoV-2 seroconversion. There was no late stage data available for the remainder of patients. Anti-SARS-CoV-2 antibodies were detected as early as 4 days' post disease onset, with a median time of positivity for IgM and IgG seroconversion being 11- and 14-days after disease onset, respectively. Interestingly, high antibody levels were not always found to be enough to clear the virus, as critically ill patients were found to have significantly higher virus specific antibody titers. However, the authors argue that combining viral nucleic acid and seroconversion detection significantly raised the detection sensitivity for patients [71]. Another recent study where a new ELISA assay for anti-SARS-CoV-2 specific antibody detection was developed reported the existence of IgA specific antibody in patients' serum apart from the expected IgM and IgG isotypes. Notably, among IgG subtypes tested IgG3 exhibited the highest reactivity followed by IgG1, while IgG4 showed no reactivity with viral antigens. However, the small number of sera used (n=4) implies that further investigation is needed to corroborate these results [72]. Nonetheless, since we are currently in early stages of SARS-CoV-2 pandemic more studies need to be carried out to shed light on antibody persistence (both IgM and IgG) and protective effects.

Recently, macaques re-challenged with SARS-CoV-2 after a primary infection did not show signs of re-infection, suggesting that protective immunity and memory responses were fruitfully mounted. This finding can also impact vaccine production strategies [73].

Importantly, COVID-19 convalescent sera was shown to hold promise as a passive immune therapy alternative to facilitate disease containment [74]. To the best of our knowledge, at least one pharmaceutical company, Takeda, is preparing to purify antibody preparations from COVID-19 convalescent sera against SARS-CoV-2 [75].

A recently published case report of a patient with mild-to-moderate COVID-19 revealed the presence of an increased activated CD4<sup>+</sup> T cells and CD8<sup>+</sup> T cells, antibody-secreting cells (ASCs), follicular helper T cells (TFH cells), and anti-SARS-CoV-2 IgM and IgG antibodies,

suggesting that both cellular and humoral responses are important in containing the virus and inhibiting severe pathology [76].

Antibody dependent enhancement (ADE) is a mechanism whereby non-protective antibodies produced during an infection with an agent cross-recognize a different pathogen and facilitate its entrance to target cells [77]. Evidence emerging over the past two decades suggests that antibodies against different coronavirus can cross-react to some extent and mediate ADE [78]. ADE in the context of SARS-CoV was thought to be mediated by antibodies produced against 229E-CoV [79] and was contemplated as contributing to high mortality rates in China [80]. The described mechanism suggests that anti-Spike protein antibodies mediate the infection of immune cells, further aggravating the dysregulation of anti-SARS-CoV immune responses [81]. Indeed, *in vitro* as well as *in vivo* experimental models have shown that ADE hinders the ability to manage inflammation in the lung and elsewhere. This may lead to ARDS and other hyperinflammation-induced clinical manifestations also observed in several of the documented cases of severe COVID-19 [82, 83]. While the molecular and immunological host response to SARS-CoV-2 infection has not yet been fully elucidated to confirm ADE is occurring, anti-SARS-CoV-2 have been shown to partially cross-react with SARS-CoV, suggesting enhancement is a possibility. With this in mind, ADE in populations previously exposed to other coronavirus can partially explain the geographic discrepancies observed in COVID-19 pathogenesis and severity.

## **Molecular diagnosis methods to detect COVID-19**

### ***RT-qPCR:***

Detection methods based on nucleic amplification tests (NAT) are usually preferred in the case of MERS-CoV and other viruses, because they have demonstrated the highest sensitivity at the earliest time point in the acute phase of infection [84]. Detection and surveillance of COVID-19 spread is currently carried out by one-step quantitative RT-PCR (RT-qPCR) targeting SARS-CoV-2 sequences. Recently, the WHO compiled a list of various protocols for detection of SARS-CoV-2, developed by researchers in China, Germany, Hong Kong,

Japan, Thailand, France, and USA (WHO 2020). Relative positions of RT-qPCR primer-probe sets on the SARS-CoV-2 genome are shown in Figure 3 and detailed in Table 4.

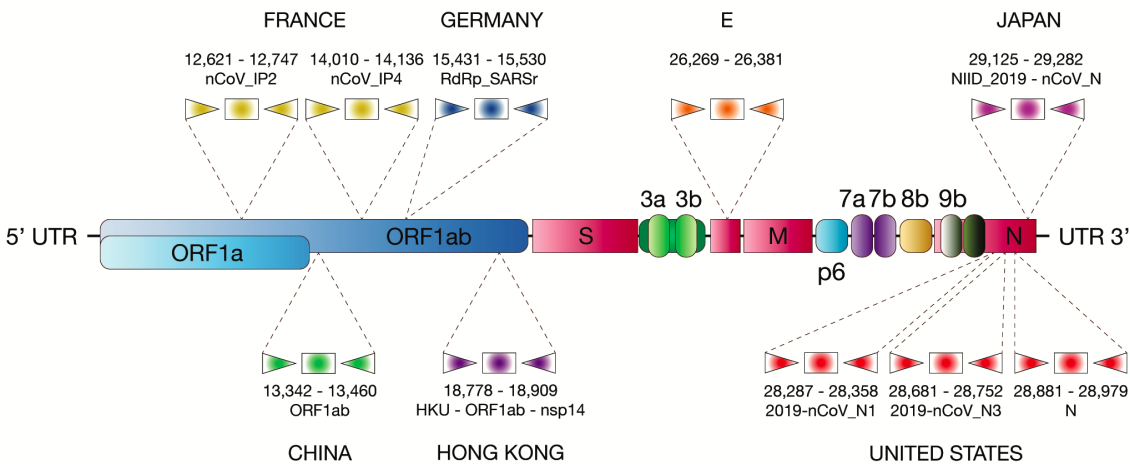


Figure 3 Relative positions of qRT-PCR primer-probe set on the SARS-CoV-2 listed by WHO. Institut Pasteur, Paris, France (nCoV\_IP2, IP4 and E), China CDC (Orf1ab and N), Charité universitätsmedizin Berlin institute of virology in Germany (RdRp\_SARSr and E), the University of Hong Kong (HKU-ORF1b\_nsp14 and HKU-N), USA CDC (2019-nCoV\_N1, N2, and N3), National Institute of Health in Thailand (WH-NIC N), National Institute of Infectious Disease in Japan (NIID\_2019-nCoV\_N). Orf1: open reading frame 1; RdRp: RNA-dependent RNA polymerase gene; Nsp14: non-structural protein 14 gene; S: spike protein gene; E: envelope protein gene, N: nucleocapsid protein gene. The number below amplicons are genome positions according to SARS-CoV-2, GenBank MN908947.3

Although RT-qPCR assay is considered the gold-standard method to detect viruses such as SARS-CoV and MERS-CoV [85, 86], currently available RT-qPCR assays targeting SARS-CoV-2 have important considerations. Firstly, due to the genome similarity of SARS-CoV-2 to SARS-CoV (82% of nucleotide identity [87]), some of the primer-probe sets described by different groups and listed in the WHO Coronavirus disease (COVID-19) technical guidance [88], have cross-reaction with SARS-CoV and other bat-associated SARS-related viruses, therefore, it is important to run confirmatory tests.

Table 1 Information of primers and probes recommended by WHO.

| Target     | Country   | Institute | Name                 | Position      | Reference |
|------------|-----------|-----------|----------------------|---------------|-----------|
| RdRp/Orf 1 | China     | China CDC | ORF1ab - F           | 13342 - 13362 | [89]      |
|            |           |           | ORF1ab - R           | 13442 - 13460 |           |
|            |           |           | ORF1ab - P           | 13377 - 13404 |           |
|            | Germany   | Charité   | RdRp_SARSr - F       | 15431 - 15452 | [90]      |
|            |           |           | RdRp_SARSr - R       | 15505 - 15530 |           |
|            |           |           | RdRp_SARSr - P2      | 15470 - 15494 |           |
|            | Hong Kong | HKU       | HKU - ORF1b - nsp14F | 18778 - 18797 | [91]      |
|            |           |           | HKU - ORF1b - nsp14R | 18889 - 18909 |           |

|   |          |   |                       |               |      |
|---|----------|---|-----------------------|---------------|------|
| N | France   | Institut Pasteur, Paris                   | HKU - ORF1b - nsp14P  | 18849 - 18872 | [92] |
|   |          |   | nCoV_IP2-12669F       | 12621 - 12641 |      |
|   |          |   | nCoV_IP2-12759R       | 12727 - 12747 |      |
|   |          |   | nCoV_IP2-12696bP      | 12696 - 12716 |      |
|   |          |   | nCoV_IP4-14059F       | 14010 - 14030 |      |
|   |          |   | nCoV_IP4-14146R       | 14116 - 14136 |      |
|   | Japan    | National Institute of Infectious Diseases | nCoV_IP4-14084P       | 14084 - 14104 | [93] |
|   |          |   | NIID_2019 - nCoV_N_F2 | 29125 - 29144 |      |
|   |          |   | NIID_2019 - nCoV_N_R2 | 29263 - 29282 |      |
|   | Thailand | National Institute of Health              | NIID_2019 - nCoV_N_P2 | 29222 - 29241 | [94] |
|   |          |   | WH - NIC N - F        | 28320 - 28339 |      |
|   |          |   | WH - NIC N - R        | 28358 - 28376 |      |
|   | USA      | CDC                                       | WH - NIC N - P        | 28341 - 28356 | [95] |
|   |          |   | 2019 - nCoV_N1 - F    | 28287 - 28306 |      |
|   |          |   | 2019 - nCoV_N1 - R    | 28335 - 28358 |      |
|   |          |   | 2019 - nCoV_N1 - P    | 28309 - 28332 |      |
|   |          |   | 2019 - nCoV_N2 - F    | 29164 - 29183 |      |
|   |          |   | 2019 - nCoV_N2 - R    | 29213 - 29230 |      |
|   |          |   | 2019 - nCoV_N2 - P    | 29188 - 29210 |      |
|   |          |   | 2019 - nCoV_N3 - F    | 28681 - 28702 |      |
|   |          |   | 2019 - nCoV_N3 - R    | 28732 - 28752 |      |
|   |          |   | 2019 - nCoV_N3 - P    | 28704 - 28727 |      |

Most of the tests enlisted in this review are currently available for use under an EUA by the FDA, a policy that aims to quicken the approval process for US labs developing tests for COVID-19. The approval is part of a concerted effort to make up for a lost time after delays and then a global shortage of the essential chemicals needed to make new tests (Table 5).

*Table 2 Commercially Available COVID-19 Diagnostic Tests with EUA status*

| Company/<br>Organization    | Test Name  | Instrument                      | Test type | Time             | Ref.  |
|-----------------------------|--|---------------------------------|-----------|------------------|-------|
| Carbon Health               | COVID-19 Home Test Kits  | NA                              | PCR       | 3 hours          | [96]  |
| IDbyDNA                     | Explify Platform for respiratory diseases                                      | NA                              | NGS       | 24 hours         | [97]  |
| Cepheid                     | Xpert® SARS-CoV-2  | GeneXpert® System               | PCR       | 45 minutes       | [98]  |
| Roche                       | cobas SARS-CoV-2 Test  | Cobas 6800 and 8800             | PCR       | 4 hours          | [99]  |
| Abbott                      | Abbott RealTime SARS-CoV-2 EUA test  | m2000 RealTime system           | PCR       | 1200 in 24 hours | [100] |
| CDC USA                     | CDC 2019-Novel Coronavirus (2019-nCoV) Real-Time RT-PCR Diagnostic Panel (CDC) | NA                              | PCR       | 4 hours          | [101] |
| DiaSorin Molecular          | Simplexa COVID-19 Direct   | LIAISON® MDX                    | PCR       | 6 hours          | [102] |
| Thermo Fisher               | TaqPath COVID-19 Combo Kit   | Applied Biosystems 7500         | PCR       | 3.5 hours        | [103] |
| Hologic                     | Panther Fusion® SARS-CoV-2 test,   | Panther Fusion ® System,        | PCR       | 1150 in 24 hours | [104] |
| Quidel                      | Lyra SARS-CoV-2  | Applied Biosystems 7500 Fast DX | PCR       | 75 minutes       | [105] |
| GenMark Diagnostics.        | ePlex SARS-CoV-2 Test  | ePlex system                    | PCR       | 2 hours          | [106] |
| Integrated DNA Technologies | IDT 2019-novel coronavirus kit   | NA                              | PCR       | 5 hours          | [107] |
| LGC, Biosearch Technologies | 2019-nCoV CDC-qualified Probe and Primer Kits for SARS-CoV-2                   | NA                              | PCR       | -                | [108] |
| Wadsworth Center            | New York SARS-CoV-2 Real-time RT-PCR Diagnostic Panel                          | NA                              | PCR       | -                | [109] |
| Quest Diagnostics           | Coronavirus Disease 2019 (COVID-19) Test                                       | NA                              | PCR       | 4 days           | [107] |

|                                   |   |                            |                          |         |       |
|-----------------------------------|---|----------------------------|--------------------------|---------|-------|
| BioMérieux/BioFire Defense        | BioFire COVID-19 test   | Filmarray® 2.0 and Torch   | PCR                      | 45min   | [107] |
| Laboratory Corporation of America | LabCorp 2019 Novel Coronavirus test                           | NA                         | PCR                      | 4 hours | [110] |
| Novacyt/Primerdesign              | COVID-19 Genesig Real-Time PCR assay                          | NA                         | PCR                      | -       | [111] |
| PerkinElmer                       | PerkinElmer New Coronavirus Nucleic Acid Detection Kit        | NA                         | PCR                      | -       | [112] |
| Abbot                             | ID NOW™ COVID-19 test   | ID NOW platform            | Isothermal amplification | 5 min.  | [100] |
| BGI                               | Real-Time Fluorescent RT-PCR kit for detecting SARS-2019-nCoV | NA                         | PCR                      | 3 hours | [111] |
| Cellex                            | qSARS-CoV-2 IgG/IgM Rapid Test                                | NA                         | Serological              | 10 min. | [113] |
| Ipsium Diagnostics                | CoV-19 IDx assay  | NA                         | PCR                      | 4 hours | [114] |
| Luminex Molecular Diagnostics     | NxTAGCoV Extended Panel Assa                                  | ARIES® M1 Systems          | PCR                      | 4 hours | [115] |
| Mesa Biotech                      | Accula SARS-CoV-2 test  | Accula System              | PCR                      | 30 min. | [116] |
| NeuMoDx Molecular                 | NeuMoDx SARS-CoV-2 Assay                                      | NeuMoDx™ Molecular Systems | PCR                      | 80 min. | [117] |
| Qiagen                            | QiaStat-Dx Respiratory SARS-CoV-2 Panel                       | QIAstat-Dx Analyzer,       | PCR                      | 1 hour  | [118] |

### Reverse Transcription Loop-Mediated Isothermal Amplification (RT-LAMP)

Loop-mediated isothermal amplification (LAMP) is a one-step isothermal amplification reaction that couples amplification of a target sequence with four to six primers, to ensure high sensitivity and specificity, under isothermal conditions (63-65°C), using a polymerase with high strand displacement activity[119]. In the case of an RNA sample, LAMP, is preceded by the reverse transcription of the sample RNA. RT-LAMP has been used before for the detection of various pathogens[120]. including SARS-CoV-2 [53,54] and other respiratory viruses[121, 122]. Recently, it received emergency use authorization (EUA) from the U.S. Food and Drug Administration (FDA) for a point-of-care test for the detection of novel coronavirus (COVID-19), delivering positive results in as little as five minutes and negative results in 13 minutes[100].

### *Serological tests:*

Serological tests also, called immunoassays, are rapid and simple alternatives for screening of SARS-CoV-2 infected individuals based on the qualitative or quantitative detection of SARS-CoV-2 antigens and/or anti-SARS-CoV-2 antibodies. There are several types of serological tests available, including ELISA (enzyme-linked immunosorbent assay), IIFT

(indirect immunofluorescence test) and neutralization tests. Immunoassays assays are very useful because they allow us to study the immune response(s) to SARS-CoV-2 in a qualitative and quantitative manner. In addition, help us to determine the precise rate of infection [72, 123], and to determine the fatality rate of the infection [72]. Several SARS-CoV-2 targeted serological tests are commercially available or in development [124]. A recently developed kit, reported a sensitivity of 88.66% and specificity of 90.63% [125] using SARS-CoV-2 IgG-IgM combined antibody rapid (within 15 minutes) test [125]. Despite their simple and fast readout and their potential for being used outside laboratory environments (bedside, small clinics, airports, train stations, etc.), serological tests have a critical disadvantage; given the fact that antibodies specifically targeting the virus would normally appear after 6 days or longer [126] after the illness onset [127], tests based on this principle have a lag period of approximately 4 to 7 days post-infection. During this lag period, infected and non-infected individuals will both result in a negative output. In addition, it is important to highlight that because serological tests depend on the ability to produce antibodies, intrinsic immunological differences and/or responses between individuals, can significantly affect the outcome of these tests. Recently, some commercially available immunoassays received CE Mark for professional use [128, 129], and therefore are registered as in vitro diagnostic devices.

### ***Alternative methods:***

Even though COVID-19 can be diagnosed using qPCR as the gold standard, inadequate access to reagents and equipment has slowed disease detection even in developed countries such as the US. Several low cost and rapid tests using different approaches have been described.

The CRISPR-based SHERLOCK (Specific High Sensitivity Enzymatic Reporter UnLOCKing) technique for the detection of COVID-19 and the DETECTR (developed by Mammoth Biosciences) prototype rapid detection diagnosis kit using CRISPR to detect the SARS-COV-2 in human samples have been described[130].

The use of RNA aptamers, have recently emerged as a powerful background-free technology for live-cell RNA imaging due to their fluorogenic properties upon ligand binding, a technology that could be use to diagnose SARS-CoV-2 infection [131].

Finally the use of next generation sequence (Explify®) might be used to detect and identify bacterial, viral, fungal, and parasitic pathogens by their unique genome sequences[97].

### **Clinical features of COVID-19**

In COVID-19 symptomatic infection, the clinical presentation can range from mild to critical scenarios. The symptoms of a lower respiratory infection, pneumonia, is the most serious manifestation of COVID-19 infection.

Studies derived from the Wuhan population have established the most common clinical characteristics at the beginning of the disease: fever, fatigue and cough [132]. Other descriptive studies of Wuhan patients with confirmed COVID-19 have reported a similar range of clinical findings. In cohorts of patients outside of Wuhan, this clinical behavior is similar. At Zhejian province cohort of 62 people, only 1 case required mechanical ventilation assistance [133].

### **Evolution of the disease: spectrum of clinical manifestations**

The spectrum of symptoms of COVID19 infection are characteristic of a mild disease in most of the cases, however, there is important to point that the progression could lead to a severe respiratory distress.

#### ***Asymptomatic infection:***

Asymptomatic infection (while incubation occurs) was described both in the first cases in Wuhan and in other cohorts. A group of isolated patients were screened for SARS-CoV-2, where 17% (629 cases) were positive for the test, and half of these cases had no symptoms. On the other hand, there are reports of cases without overt symptoms in which there were ground glass images in the chest tomography in up to 50% of patients [134].



Of the asymptomatic cases studied in Wuhan city, the 2.5% of people exposed developed specific symptoms in 2.2 days, and the remaining 97.5% were symptomatic in the following 11.5 days (CI, 8.2 to 15.6 days). The median estimated incubation period was 5.1 days (95% CI, 4.5 to 5.8 days) [135].

### *Acute infection: mild and moderate*

Some patients with initially mild symptoms had symptom progression over the course of one week [136]. The descriptive studies available so far have concluded that the majority of cases are mild infections (more than 80% of cases); with up to 15% of patients being severe in most cohorts, and less than 5% have been considered as critical cases with high vital risk [137].

In a study describing 138 patients with COVID-19 pneumonia in Wuhan, the most common clinical characteristics at the onset of the disease were described. This is consistent with other international cohorts (Table 1) [132].

*Table 3 Clinical Manifestations of COVID 19 infection.*

| Clinical manifestations | Presentation n=138<br>n (%) | ICU*<br>n=36<br>n (%) | Non-ICU n=102<br>n (%) |
|-------------------------|-----------------------------|-----------------------|------------------------|
| Fever                   | 136 (98.6)                  | 36 (100)              | 100 (98)               |
| Fatigue                 | 96 (70)                     | 29 (80.6)             | 67 (65.7)              |
| Dry Cough               | 82 (59.4)                   | 21 (58.3)             | 61 (59.8)              |
| Anorexia                | 55 (40)                     | 24 (66.7)             | 31 (30.4)              |
| Myalgia                 | 48 (34.8)                   | 12 (35.3)             | 36 (35.3)              |
| Dyspnea                 | 43 (31.2)                   | 23 (63.9)             | 20 (19.6)              |
| Sputum production       | 37 (27)                     | 8 (22.2)              | 29 (28.4)              |
| Pharyngalgia            | 24 (17.4)                   | 12 (33.3)             | 12 (11.8)              |
| Diarrhea                | 14 (10.1)                   | 6 (16.7)              | 8 (7.8)                |
| Nausea                  | 14 (10.1)                   | 4 (11.1)              | 10 (9.8)               |
| Dizziness               | 13 (9.4)                    | 8 (22.2)              | 5 (4.9)                |
| Headache                | 9 (6.5)                     | 3 (8.3)               | 6 (5.9)                |
| Abdominal pain          | 5 (3.6)                     | 3 (8.3)               | 0 (0)                  |
| Vomiting                | 5 (3.6)                     | 3 (8.3)               | 2 (2.0)                |

\*ICU: intensive care unit

Source: Wang D et al., 2020 [132].

It is important to note that fever is not always present and up to 20% of patients could have had a low grade temperature between 37.5 to 38 degrees Celsius or normal temperature. [138] If these patients required hospitalization, 89% developed a fever during the course of the illness. Rarer accompanying symptoms included headache without warning signs, odynophagia and rhinorrhea. Gastrointestinal symptoms such as nausea and watery diarrhea were relatively rare [133].

Dyspnea develops after a median of 5 to 8 days from the onset of symptoms. It is important to notice that, if dyspnea is an important clinical finding, not all the patients with this symptom will develop respiratory distress or require oxygen supplementation [132].

According to World Health Organization (WHO) guidelines, COVID-19 infection can present as pneumonia without signs of severity, and could be managed in the outpatient setting; this applies to those patients who do not need supplemental oxygen [139].

### ***Severe infection and critical state:***

As previously mentioned, the most serious manifestation of COVID 19 infection is pneumonia, characterized by cough, dyspnea, and infiltrates on chest images; the latter is indistinguishable from other viral lung infections.

Acute respiratory distress syndrome (ARDS) is a major complication of COVID pneumonia in patients with severe disease. This develops in 20% after a median of eight days. Mechanical ventilation is implemented in 12.3% of cases [140].

In different case reports, the need for supplemental oxygen via the nasal cannula was required in approximately 50% of hospitalized patients. 30% required non-invasive mechanical ventilation, and less than 3% required invasive mechanical ventilation with or without Extracorporeal Membrane Oxygenation (ECMO) [141].

It is important to mention that the proportion of severe cases is highly dependent on the study population and may be related to the epidemiological behavior of the infection in each country. Additionally, the number of people tested will influence the denominator. In Italy, the average age of people infected with COVID-19 is between 60 and 65 years, and 16% of those hospitalized require admission to the intensive care unit (ICU) [142].

The WHO recommendations had established that severe COVID-19 disease could be defined by the following parameters in table 2 [139].

Table 4 Severe COVID-19 disease definitions in adults

| Clinical scenario  | Criteria  |
|--|---|
| <b>Adolescent or adult: fever or suspected respiratory infection, plus one of:</b>   | Respiratory rate > 30 breaths/min   |
|  | Severe respiratory distress; or   |
|  | SpO2 ≤ 93% on room air.   |
| <b>Acute respiratory distress syndrome (ARDS): Onset: within 1 week of a known clinical insult or new or worsening respiratory symptoms.</b> | Chest imaging (radiograph, CT scan, or lung ultrasound): bilateral opacities, not fully explained by volume overload, lobar or lung collapse, or nodules. |
|  | Origin of pulmonary infiltrates: respiratory failure not fully explained by cardiac failure or fluid overload.  |
|  | Need objective assessment (e.g. echocardiography) to exclude hydrostatic cause of infiltrates/edema if no risk factor is present.                         |
|  | Oxygenation impairment in adults  |
|  | Mild ARDS: 200 mmHg < PaO2/FiO2 a ≤ 300 mmHg (with PEEP or CPAP ≥ 5 cmH2O, or non-ventilated)   |
|  | Moderate ARDS: 100 mmHg < PaO2/FiO2 ≤ 200 mmHg (with PEEP ≥ 5 cmH2O, or non-ventilated)   |
|  | Severe ARDS: PaO2/FiO2 ≤ 100 mmHg (with PEEP ≥ 5 cmH2O, or non-ventilated).   |
|  | When PaO2 is not available, SpO2/FiO2 ≤ 315 suggests ARDS (including in non-ventilated patients).   |

Adapted from: WHO, 2020. Clinical management of severe acute respiratory infection (SARI) when COVID-19 disease is suspected [143].

The Surviving Sepsis Campaign (SSC) has directed some recommendations to the population with COVID 19. This guideline focuses on the critical management of severe cases and makes recommendations through an exhaustive review of the literature. For more details, the clinical algorithm includes those recommendations in the critical scenario [144].

**Risk factors for severe disease:**

Among the established risk factors for the development of ARDS is age greater than 65 years,

diabetes mellitus and hypertension, in at least 40% of patients [133].

It should be clarified that, although advanced age is identified as a risk factor for a severe infection, those of any age may suffer from severe illness from COVID-19. The descriptions made so far of the patients from China have determined that almost 90% of the patients were between the ages of 30 and 79 years (cohort of 44,500 cases) [137].

In other population settings, such as in the United States, more than 60% of confirmed patients were older than 45 years. (CDC, et al. 2020) In most of the described cohorts, mortality was associated with age, with 80% of the deceased in China being over 65 years old, and in the USA the case fatality rate was up to 15% in adults over 70 years.

The Massachusetts General Hospital has suggested additional factors that can be considered risk for severe COVID 19 infection, detailed in Table 3 [145].

*Table 5 Risk factors for severe COVID-19 infection Adapted from: Ginsberg, L. E. (2010). "If clinically indicated:" Is it? Radiology, 254(2), 324–325. <https://doi.org/10.1148/radiol.09091736>*

| <b>Epidemiological - Category 1</b>           | <b>Vital signs – Category 2</b>    | <b>Laboratory – Category 3</b> |
|---|------------------------------------|--------------------------------|
| Age > 55 years                                | Respiratory rate > 24 breaths/min  | D-Dimer > 1000ng/mL            |
| Diabetes Mellitus                             | Heart rate > 125 beats/min         | CPK > 2 folds over upper limit |
| Hypertension and high cardiovascular risk     | Spo <sub>2</sub> < 90% at room air | LDH > 245 U/L                  |
| Immunosuppression and use of biological drugs |                                    | Elevated troponin              |
| HIV patients regardless CD4 count             |                                    | High Troponin                  |
|   |                                    | Lymphocyte count < 0.8         |
|   |                                    | Ferritin > 300ug/L             |

The document was developed by the Infectious Diseases division in conjunction with the front-line support departments. Their recommendations are continually updated as more data comes out.

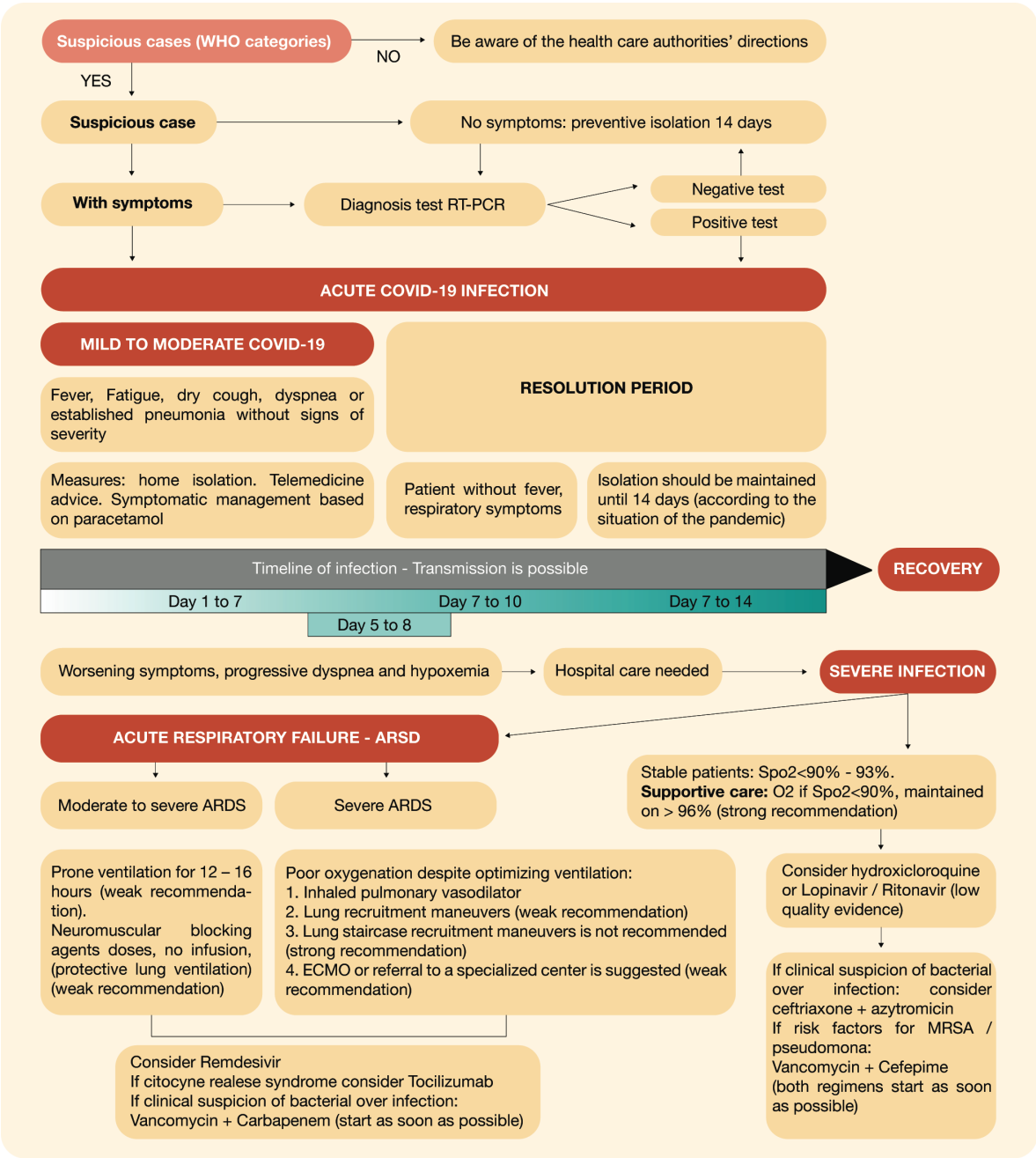


Figure 4 Clinical features of patients with Covid-19

**Clinical diagnosis and screening:**

The clinical characteristics of symptomatic cases and their severity has been described. In addition to the symptoms reported by the patients, the findings on physical examination may

be absent during mild COVID-19 infection. Those with moderate to severe COVID-19 infection have various signs on the pulmonary auscultation, however the most common findings include: wet rales; global decrease in respiratory sounds and increased thrill. [146].

Early recognition is essential to classify cases as potential cases and initiate one of the most important measures to contain the pandemic, isolation.

The Center of Disease Control (CDC) and the WHO have established clinical scenarios that should be considered as a high suspicion of COVID 19 infection:

1. Close contact with a confirmed or suspected COVID-19 case, including through work in healthcare settings. Close contact includes being within approximately two meters of a patient for an extended period of time without wearing personal protective equipment or having direct contact with infectious secretions without wearing personal protective equipment.
2. Anyone who has resided or been traveling in areas where widespread community transmission has been reported.
3. Any patient who has had potential exposure through attending events or has spent time in specific settings where cases of COVID-19 have been reported.

The scenarios described respond to the context of a high suspicion of COVID-19 infection. The world health authorities (CDC, WHO) continually update these contexts, that is why they have made several clarifications regarding who to perform the test:

- They have pointed out the importance of fever, cough and dyspnea as sentinel symptoms, since these should form part of the clinical judgment that guides doctors. This allows to expand the group of suspicious patients.
- In cases of severe respiratory distress of undetermined etiology and that do not meet the previously indicated criteria, a screening for COVID-19 would be indicated.
- In areas of limited resources, the suggestion is to prioritize cases that require hospital care, and in this way guide the epidemiological fence to order isolation and protect

the most vulnerable people (chronically ill and over 65 years of age), as well as test those with the greatest possibility of exposure (travelers and health personnel).

### ***Laboratory findings:***

At the moment, there is no laboratory data profile that is framed in COVID 19 infection. From a cohort of 43 patients confirmed with COVID 19, these findings were classified as mild, moderate and severe disease [147].

IL-6, D-Dimer, glucose, TTP, fibrinogen and PCR values were associated with the greatest difference in the deviation of their values. Thus, the optimal threshold and area under the ROC curve for IL-6 were 24.3 pg / mL and 0.795 respectively, while for D-Dimer they were 0.28 µg / L and 0.750, respectively. The area under the ROC IL-6 curve (AUC) combined with D-Dimer was 0.840. The specificity of IL-6 and D-Dimer was up to 93.3%, while the sensitivity of IL-6 and D-Dimer in severe COVID was 96.4%, especially in early stages of severe infection.

High levels of D-dimer and more severe lymphopenia have been associated with mortality due to a prothrombotic state that determines multi-organ failure.

In general, leukopenia and / or leukocytosis can be found in the interpretation of blood biometry, however, the most widely described finding is lymphopenia [148]. It should be considered that in the context of viral pneumonia biomarkers such as Procalcitonin and PCR are not useful, in most patients since these biomarkers are in ranges of the normal.

Among other findings, descriptive studies have reported considerable elevations of lactate dehydrogenase and ferritin as well as alteration in aminotransferases; although elevation ranges for these parameters have not been established [149].



### ***Imaging findings:***

About the imaging findings, COVID 19 viral pneumonia shows images similar to other viral infections.

Although computed tomography (CT) is the test of choice, it is not useful for a definitive diagnosis due to the wide variety of images that can be found in COVID 19 infection. This statement is derived from a large cohort of more than 1000 Wuhan patients, where RT-PCR confirmation of COVID 19 and chest CT images of these patients were correspondingly analyzed. CT images were determined to have a sensitivity of 98%; however, the specificity was only 25% [150].

In general, the majority of descriptive studies concur that the finding of ground glass opacifications is most common. It is typically basal and bilateral, and rarely associated with underlying consolidation. A multicenter Chinese study that retrospectively reviewed the CT scans of 101 patients found that 87% had typical ground-glass images and up to 53% had this finding along with consolidations. These findings were more frequent in the most severe and older age groups of patients [151].

These findings were compared between 205 viral pneumonia patients with a respiratory panel positive for other viruses versus 219 SARS-CoV-2 positive patients. The most uncommon findings on CT images of patients with COVID 19 were: central distribution of opacifications (14%), air bronchogram (14 %), pleural thickening (15%), pleural effusion (4%), and lymphadenopathy (2.7%) [152].

### **Diagnosis methods to detect COVID-19**

The emergence and outbreak of SARS-CoV-2, the causative agent of COVID-19, has rapidly become a global concern that highlights the need for fast, sensitive, and specific tools to surveil the spread of this infectious agent.

Diagnostic protocols to detect SARS-CoV-2 using real-time quantitative polymerase chain reaction (RT-qPCR) were listed on the World Health Organization (WHO) website as guidance, however, various institutions and governments have chosen to establish their own protocols that might not be publicly available or listed by WHO.

There are important challenges associated with close surveillance of the current SARS-CoV-2 outbreak. Firstly, the rapid increase of cases has overwhelmed diagnostic testing capacity in many countries, underscoring the need for a high-throughput, scalable pipeline for sample processing [153, 154]. Secondly, given that SARS-CoV-2 is closely related to other coronaviruses [87], some of the currently available nucleic acid detection assays can result in false positives [155]. Thirdly, critical concern for molecular detection is the low sensitivity reported for RT-qPCR assays [150] and serological tests [125], particularly in the early stages of infection. Additionally, most of the available RT-qPCR assays require sample processing and equipment only available in diagnostic and/or research laboratories.

The most common tests for COVID-19 involve taking a swab from a patient's nose and throat and checking these swabs for the genetic footprint of the virus. They are called "PCR tests". The first PCR test for COVID-19 was developed within two weeks of the disease being identified[125].

Even though most of the available diagnostics have focused on RT-PCR, additional methods include using microarray or microfluidic technologies, CRISPR to isolate gene segments for diagnostics, serological and full genetic sequencing are available. It is important to note that the FDA has so far granted Emergency Use Authorization (EUA) status only to some PCR-based tests.

### **Differential diagnosis**

COVID-19 pneumonia presents a clinical picture that, as previously stated, may be indistinguishable from other viral pneumonias. Any viruses that causes pneumonia must be in the differential diagnosis of COVID-19 and include influenza, parainfluenza, adenovirus,

respiratory syncytial virus, rhinovirus, human metapneumovirus, SARS-CoV, etc.

It is important to mention that coinfection is a possibility, as some reports from Italy and China had described, the most common pathogen in coinfection was Influenza virus (H1N1, H3N2), Rhinovirus and Respiratory syncytial virus (A/B). In contrast, bacterial coinfection was infrequent [156, 157].

The bacterial etiology that may have clinical and radiographic similarities to COVID-19 is that caused by bacteria such as mycoplasma and chlamydia. Among the pictures that cause non-infectious lung lesions are those autoimmune diseases with lung involvement such as vasculitis, dermatomyositis and other pneumonitis.

### **COVID-19 in pregnant women**

Regarding SARS-nCoV infection in pregnant women, there is currently limited evidences about the effect of the virus on the mother or fetus. However, due to the physiological changes typical of pregnancy, especially on the immune system (immunosuppression) and the cardiopulmonary system, pregnant women are thought to be more susceptible to developing severe symptoms when they acquire viral respiratory disease. In 2009, when Influenza A H1N1 infection occurred, pregnant women were 1% of the infected population, yet accounted for 5% of infection-related deaths [158].

Some of the guidance related to the effects of the coronavirus in pregnant women and the fetus is due to previous studies of various viruses. During the SARS-CoV pandemic in 2002 and 2003, in a very small study of 12 patients, women infected during their first trimester had high a miscarriage rate (57%). During their second and third trimesters they developed intrauterine growth restriction (40%), and preterm delivery (80% [one spontaneous and three induced by maternal condition]), and three women died during pregnancy (25%) [159]. In another study of 11 pregnant patients infected with MERS-CoV, 9 presented adverse results (91%), 6 neonates were admitted to the neonatal intensive care unit (55%) and three of them

died (27%) [160].

With information obtained so far from the Wuhan SARS-CoV-2 outbreak, the infection appears to be less severe for pregnant women, compared to previous SARS-CoV and MERS-CoV outbreaks [158]. However, it is important to take into account that the data obtained are from reviews consist of a small number of patients. Additionally, the majority of pregnancies with confirmed SARS-Cov-2 pneumonia were in the third trimester and there were very few within the first and second trimesters . Therefore, more information should be collected with larger numbers of pregnant women with the infection. Follow-up of positively diagnosed pregnant women during in the first and second trimesters should be encouraged, to understand the impact of the new coronavirus infection on the pregnant mother, the fetus and the course of pregnancy [161, 162]

Mullins et al, carried out a bibliographic review of all the evidence collected until March 10, 2020, relating to any pregnant women with coronavirus diagnosed during her pregnancy or puerperium. 23 studies were included but there is a high probability that reported cases overlap. In total, they found 32 women affected by COVID-19, including one with a twin pregnancy. Delivery of 30 newborns was reported, 27 by Caesarean section 3 by vaginal delivery[163].

The management of pregnant patients with COVID-19, in general, follows the same principles as for the wider population. It is vital to consider that the mother, fetus and, subsequently, the newborn are always considered a high-risk population. Management should include early isolation, oxygen therapy if necessary, avoid fluid overload, empirical antibiotic therapy (due to the risk of bacterial infection), maternal fetal monitoring, Doppler ultrasound is recommended within obstetric surveillance. In patients who are asymptomatic, home management can be done, indicating that they should seek further medical advice if their symptoms develop into more severe disease. All mothers recovering from COVID-19 infection should be monitored with a Doppler ultrasound every two weeks, due to the risk of developing intrauterine growth restriction [164, 165].

The time of termination of the pregnancy, as well as the method, also depend on several

factors, including gestational age, maternal condition in relation to SARS-CoV-2 infection, presence of maternal comorbidities, and fetal condition. It must be taken within a multidisciplinary team, with individualized management for each patient [166].

Prematurity conditions neonatal morbidity and mortality, so the diagnosis of COVID-19 is not an indication on its own of termination of pregnancy, and the use of corticosteroids is recommended for antenatal fetal lung maturation, with betamethasone or dexamethasone [167]; taking special care in critically nursing patients, as this may worsen their condition, and may delay delivery, which is necessary for the management of these patients [164, 168].

### **COVID-19 in children**

The symptoms presented by children are in themselves similar to adults with an incubation period ranging from 1 to 14 days (mean of 5.2). Cough is the most frequent symptom (65%) followed by fever (60%) with the difference of gastrointestinal symptoms diarrhea (15%), nausea, vomiting (10 %) and abdominal pain, which are usually more flowery than in the adult stage and, sometimes only manifestations along with fever [169, 170].

The clinical manifestations in pediatric patients vary markedly from adults, particularly relating to general progression and severity of the disease. Over 90% of affected children are asymptomatic or have mild to moderate disease [169]. The majority of serious cases in children are related to those with significant comorbidities such as heart disease, immunosuppression, etc. To date of this review, only a few cases of a child without comorbidities died as a result of COVID 19 are reported. This difference of severity of illness between adults and children has not been clarified, however, several theories have been postulated. These include that children express more ACE2 receptors in their lungs which confer some protection to severe injuries such as those caused by RSV and which would decrease dramatically with age [171, 172].

Immunological factors could may also influence outcomes, as in childhood we are most exposed to frequent challenges with recent seasonal viruses such as RSV in the winter months.

Most likely, it is multifactorial and depends on factors from both the host and the virus itself [172].

Abnormal radiological (CT) findings are found in asymptomatic children and consist of bilateral lung lesions (50%). Elevated CRP (C – reactive protein), Procalcitonin PCT (80%), and liver enzymes are present in most affected children, unlike adults in whom PCT is not a reliable marker.

Virus elimination via the stool even after the negativity in the nasopharyngeal mucosa and the disappearance of symptoms makes them a source of contagion through the fecal-oral route [173].

### **SARS-COV-2 infection and cancer**

Patients with cancer are generally more susceptible to infections than healthy people, because they have a state of systemic immunosuppression that is exacerbated during chemotherapy or radiotherapy [174].

In China, according to national surveillance data, coronavirus infection occurs in 1.3% of patients with malignant tumors, a proportion higher than the general incidence of 0.3% of malignant tumors in the country [175]. When comparing non-malignant tumors patients with malignant tumors patients have a higher risk of developing a more serious infection (OR 5.34; 95% CI: 1.80–16.18;  $p = 0.0026$ ) and health deterioration is accelerated (HR 3.56; 95% CI: 1.65-7.69;  $p < 0.0001$ ) even after adjusting for age [174]. To back up this findings, in a tertiary hospital in Wuhuan - China, it was found that 25% of patients with cancer and SARS-COV-2 infection died, most of them over 60 years of age [176].

Due to these findings, it has been proposed by many international entities that during the pandemic, for prevention it should be developed an individualized plan based on the specific conditions of each patient and treat to minimize the number of visits to health institutions.

- For early-stage patients with need of post-surgical adjuvant chemotherapy, especially those whose clinical, pathologic, and molecular biologic staging suggest a better prognosis, the start time of adjuvant chemotherapy may be delayed up to 90 days after surgery without affecting the overall effect of treatment [177].
- For patients with advanced cancer, the main approach should be to minimize hospitalization in COVID-19 positive installations. Replacing the existing intravenous treatment regimen with oral chemotherapy during this special period may be considered, to ensure that treatment is not interrupted for a long time during the pandemic [178].

However, if there is a suspicion of COVID-19 infection in this population group, it should be followed the same updated diagnostic guidelines and the corresponding management according to their state of severity. Moreover, it should be considered an individualized follow-up due to more likely of complications in this group of population [179].

It should be noted that cancer out-patients have different levels of anxiety, depression and other mental health problems than general population. Studies have shown that approximately 50% of malignant tumor survivors have a moderate to severe fear of tumor recurrence [180]. For this reason, psychologist surveillance of out-patients in quarantine or during hospitalization should be considered.

### **Complications SARS-CoV-2 infection**

Reported complications derived from COVID-19 describe a severe disease that requires management in an intensive care unit (ICU) in approximately 5% of proven infections. Main ones were respiratory failure, cardiovascular dysfunction, cardiomyopathy and acute kidney injury; the average duration between symptom onset and dyspnea and ICU admission has been 7 and 10 days, respectively. Suggesting gradual deterioration in most cases, with older patients (mean > 60 years) the most susceptible. The risk of patient-to-patient transmission in the ICU is currently unknown, therefore adherence to infection control precautions is paramount [181, 182].



Progressive deterioration of respiratory function is undoubtedly the main and worst complication of the infection. The prevalence of hypoxic respiratory failure in COVID-19 patients is 19%, and it can progress to acute respiratory distress syndrome (ARDS), with the need of mechanical ventilation support at 10.5 days on average; between 10 and 32% of hospitalized patients require admission to the ICU due to respiratory deterioration [182]. As the respiratory complication is the main and most severe, its early diagnosis will undoubtedly help in timely support, taking into account risk factors such as advanced age, neutrophilia and organic dysfunction for the development of ARDS. The diagnostic support of pulmonary tomography is undoubtedly a valid tool; images in patients with different clinical types of COVID-19 have characteristic manifestations, but it can become an operational problem due to the difficulty in performing it in critically ill patients; On the contrary, the performance of lung ultrasound at the foot of the bed may replace the performance of radiographs and tomography for its diagnosis [183, 184].

Since more than 70% of hospitalized patients will require supplemental oxygen, it is recommended that it should be started with pulse oximetry values less than 90% with a target of no more than 96%, since higher values have been shown to be harmful [185, 186]. Regarding the use of high-flow nasal cannula (HFNC) oxygen therapy, great variability of results were recorded, because it was not possible to determine whether the progression to orointubation, mortality, or the risk of contamination to health personnel had decreased, but it still should be used instead of non-invasive mechanical ventilation (NIMV). HFNC use should be closely monitored and cared for in an environment where intubation can be facilitated in case of decompensation, due to the failure rate can be high and emergency intubation in an uncontrolled environment increase the risk of nosocomial infection of health providers [187–189].

The recommendation for starting with NIMV is of very low quality, and it is of high risk for both patients and health personnel. In adults with COVID-19 hypoxic respiratory failure, there is no direct evidence to support the use of NIMV; Furthermore, some previous studies suggested that it may be associated with an increased risk of transmission of infections to healthcare workers and may worsen severe forms of lung injury as a result of harmful

transpulmonary pressures and large tidal volumes (TV), in addition to delaying initiation of invasive mechanical ventilation, leading to emerging intubations that may increase the risk of transmission to the healthcare team with increased risk to the patient [190–192].

For the initiation of invasive mechanical ventilation, the recommendation for highly protective ventilation is maintained, with the use of low TV (6 ml / kg of ideal weight), plateau pressure less than 30 cm H<sub>2</sub>O, conduction pressure between 13-15 cmH<sub>2</sub>O, respiratory rate can be carried up to 35 per minute, as needed. If hypoxemia progresses to values less than 100–150 mmHg of PaFiO<sub>2</sub>, there are several therapeutic options, initially increasing positive expiratory pressure (PEEP) by 2–3 cmH<sub>2</sub>O every 15 to 30 minutes to improve oxygen saturation to 88–90%, maintaining a plateau of less than 30 cm H<sub>2</sub>O. Recruitment maneuvers are probably of little value, but could be used in selected cases in the presence of a physician to control hemodynamics. If there is considerable asynchrony with positive pressure ventilation, accompanied by an increase in plateau pressure and refractory hypoxemia, deep sedation should be used followed by prompt institution of neuromuscular block. If hypoxemia has been reached refractory to the aforementioned measures, it is recommended to move quickly to ventilation in the prone position and as a final measure venous venous ECMO (VV) should be considered if available or to refer the patient to an ECMO center [193–198]. Routine use of corticosteroids has been discouraged, and restricting it exceptionally for patients who develop ARDS, although without reports of improvement in survival, with discrepancy in results of shorter mechanical ventilation time and ICU stay [199].

Hemodynamic deterioration has a variability of presentation, this depends on the study population and the definition [200], the presence of shock in the intensive care unit may be present between 25 to 35% [181, 201]. Cardiomyopathy related to viral infection is one of the main causes of hemodynamic detriment, occurring in up to 23% of patients with COVID-19 [202]. Hemodynamic failure is one of the main causes of death in these patients, with percentages of up to 40%, inconclusive risk factors are associated to date such as diabetes, hypertension, lymphopenia, and elevation of D-dimer [203]. Acute kidney injury (AKI) is present in up to 12% of critically ill patients, podocytes and proximal tubule cells are

potential host cells for SARS-CoV-2, caused by the virus induced cytopathic effect. The diagnosis is based on markers of early kidney injury and urinary output [187].

Initial management of shock is based on fluid resuscitation, based on the application of dynamic parameters to predict response to fluids, such as variation in stroke volume (SVV), variation in pulse pressure volume (PPV) and change in stroke volume with passive leg elevation or fluid challenge above static parameters [203]. Variables such as skin temperature, capillary refill time and/or serum lactate measurement are currently valid tools. The amount of liquids used in resuscitation should be restricted and administered in relation to dynamic assessment, a liberal water resuscitation strategy is not recommended, preferring balanced crystalloids over colloids as resuscitation liquids, avoiding the use of hydroxyethyl starches, albumin, dextrans or gelatins [204, 205]. Indirect evidence suggests that the target mean arterial pressure (TAM) for patients with septic shock is 65 mmHg using vasoactive support [206]. The recommendation of norepinephrine use as the first agent is maintained. If norepinephrine is unavailable, vasopressin or epinephrine could be used, avoiding the use of dopamine as the initial vasopressor due to the potential development of arrhythmias [207, 208]. In patients with COVID-19 and shock with evidence of cardiac dysfunction and persistent hypoperfusion despite fluid resuscitation and norepinephrine use, dobutamine as inotropic is recommended. Given the development of refractory septic shock, the suggestion of the use of hydrocortisone in continuous infusion is maintained, as indirect evidence, this in favor of reducing the length of stay in the ICU and the resolution time of the shock [207].

### **Clinical prognosis**

According to the investigative mission of the WHO in China, the case-fatality rate ranged from 5.8 percent in Wuhan to 0.7 percent in the rest of China. Of these cases, the deaths were mostly in patients with chronic diseases (cardiovascular disease, diabetes mellitus, chronic lung disease, hypertension and cancer) and the elderly. (WHO, et al. 2020).

Other reports from China have coincided with this clinical risk profile, for example, a study that included 41 confirmed cases, 12 patients who had ARDS had as main underlying

diseases: diabetes and high blood pressure. Of these cases, 6 patients died [138].

**Recovery from COVID-19 infection**

According to WHO, the recovery time is estimated to be two weeks for mild infections and three to six weeks for serious illnesses. On the other hand, CDC established that people who had symptoms in the mild to moderate spectrum and maintained home isolation have a resolution of 3 days after the fever decrease, and there was a substantial improvement in respiratory symptoms, even without use of medications.

Isolation may be limited to 7 days from resolution of symptoms, however, it must be adapted to the population circumstances of the epidemic [140].

**Current treatment strategies**

*Non - pharmacological measures:*

The evolution of epidemiological curve in COVID-19 outbreak makes consider containment strategies in China primarily, and other countries based on non-pharmaceutical interventions (NPIs). According WHO, the most effective measure is hands washing. In general, the recommendations are: “If hands are not visibly dirty, the preferred method is to perform hand hygiene with an alcohol-based hand rub for 20–30 seconds using the appropriate technique. When hands are visibly dirty, they should be washed with soap and water for 40–60 seconds using the appropriate technique” [209].

Five different non-pharmaceutical interventions (NPI) implemented individually and in combination as public health measures reduced contact rates in the population and therefore reduce virus transmission (Table 6) [210].

*Table 6 Non - pharmacological measures*

| Measure        | Description   |
|----------------|---|
| Home isolation | Symptomatic cases stay at home for 7 days, reducing non-household contacts by 75% for this period. Household contacts remain unchanged. Assume 70% of household comply with the policy. |

|   |   |
|---|---|
| Voluntary home quarantine                       | Following identification of a symptomatic case in the household, all household members remain at home for 14 days. Household contact rates double during this quarantine period, contacts in the community reduce by 75%. Assume 50% of household comply with the policy. |
| Social distancing of those over 70 years of age | Reduce contacts by 50% in workplaces, increase household contacts by 25% and reduce other contacts by 75%.  |
| Social distancing of entire population          | All households reduce contact outside household, school or workplace by 75%. School contact rates unchanged, workplace contact rates reduced by 25%. Household contact rates assumed to increase by 25%.  |
| Closure of schools and universities             | Closure of all schools, 25% of universities remain open. Household contact rates for student families increase by 50% during closure. Contacts in the community increase by 25% during closure.   |

Increasing the level of hand cleanliness to 60% in places with a high concentration of people, like all airports in the world would have a reduction of 69% in the impact of a potential disease spreading [211].

The specific recommendations from WHO are social distancing and hand washing. About rational use of masks, WHO recommends: “If the person is healthy, only need to wear a mask if he/she is taking care of a person with suspected SARS-CoV-2 infection”. In Japan, the statement in this topic was that effectiveness of wearing a face mask to protect from contracting viruses is thought to be limited. If the use of a face mask in confined, badly ventilated spaces, it might help avoid catching droplets emitted from others but if you are in an open-air environment, the use of face mask is not very efficient. CDC does not recommend that people who are well wear a face mask (including respirators) to protect themselves from respiratory diseases, including COVID-19. Thus, the recommendation is to optimize face mask distribution and priorities the needs of frontline health-care workers and the most vulnerable populations in communities who are more susceptible to infection and mortality if infected, including older adults (particularly those older than 65 years) and people with underlying health conditions [212].

***Pharmacological treatment:***

Therapeutic strategies are urgently needed to be applied in the context of COVID-19, as a pandemic. In terms of this public health urgency is important to consider two important definitions: Drug repurposing and compassionate use of drugs. The first one, drug repurposing is an emerging strategy where pre- existing medicines, having already been tested safe in humans, in similar virus or targets in the infection process, are redirected

against unique objective: SARS-Cov 2 (viral structure, infection process). The second one, compassionate use of drugs is the use of a new, unapproved drug to treat a seriously ill patient when no other treatments are available. These concepts have been applied with COVID-19 treatment.

Identifying targets for pharmacological use has been important to develop therapeutically drugs with roles in virus structure and infection process (Figure 2). Some representative existing drugs act on targets in similar RNA viruses like Ebola, hepatitis C, influenza, and others as MERS and SARS viruses. The most important studied targets are 3CLpro and PLpro, the two viral proteases responsible for cleavage viral peptides into functional units for virus replication and packaging within the host cells. Thus as drug repurposing appears Lopinavir and Ritonavir [213]. RdRp is other important target as the RNA polymerase responsible for viral RNA synthesis, blocked by Remdesivir and Favipiravir. About endocytosis process into host cells, viral spike protein and its interaction with ACE2 receptor constitute other important target blocked by arbidol, used also in Influenza. ACE2 is a negative regulator, receptor of renin-angiotensin system, involved in pressure control and inflammatory lung disease. By the knowledge of physiopathology of covid-19 infection, we know that activities of ACE2, AT1 and AT2 receptors are altered, thus some drugs are being studied around these targets, but also in vitro and experimental way. Some homologue target-drug models have been purposed between SARS-CoV and SARS-CoV-2 due to the receptor-binding domain (RBD) in S protein with 76% of sequence similarity. In the same way with PLpro sequences with 83% similar active sites [213].

Other drugs like Chloroquine and analogues (Hydroxicloroquine) acts directly on endosomal pH and interfere with ACE2 glycosylation. In general, the most studied pharmaceutical interventions found for COVID-19 treatment include arbidol, remdesivir, oseltamivir, favipiravir, human immunoglobulin, interferons, chloroquine, hydroxychloroquine, methylprednisolone, ritonavir, darunavir, lopinavir, tocilizumab and convalescent plasma. Drugs listed with their mechanisms of action on COVID 19, and adverse effects can be found on Table 7.

Table 7 Drugs and targets in SARS-CoV-2

| TYPE OF DRUG                  | TARGET  | OTHER DISEASES INDICATION                                       | MECHANISM OF ACTION IN COVID 19 (Drugs Repurposing)  | ACTIVITY AGAINST SARS-COV-2 | SIDE EFFECTS   |
|-------------------------------|---|---|--|-----------------------------|--|
| ANTIVIRAL DRUGS               |   |   |  |                             |  |
| Favipiravir                   | RdRp, RNA dependent RNA polimerase                  | Influenza. Ebola, yellow fever, chikungunya, norovirus.         | Inhibitor of viral RNA-dependent RNA polymerase. Pyrazinecarboxamide derivative viral RNA polymerase inhibitor. Entrance. S protein- AC2 receptor        | IN VITRO                    | ND   |
| Arbidol                       | S protein, ACE2                                     | Influenza   |  | IN VITRO                    | Gastrointestinal effects                               |
| ANTIRETROVIRAL DRUGS          |   |   |  |                             |  |
| Lopinavir + Ritonavir         | Viral proteases: 3CLpro or PLpro                    | Combination for HIV infection                                   | HIV reverse transcriptase inhibitors. Rito enhance the action of other drugs by inhibition of CYP3A4<br>May inhibit the viral proteases: 3CLpro or PLpro | IN VITRO. IN VIVO           | Rash, GI upset, abnormal liver tests                   |
| Remdesivir                    | RdRp, RNA dependent RNA polimerase                  | Ebola and Marburg viruses, SARS-CoV-1 and MERS                  | Inhibe viral replication   | IN VITRO, IN VIVO           | Abnormal liver tests, GI                               |
| Darunavir                     | Protease inhibitor                                  | HIV protease inhibitor  | In combination with cobicistat, a CYP3A inhibitor,   | ND                          | Rash, GI upset, abnormal liver tests                   |
| ANTIMALARIAL DRUGS            |   |   |  |                             |  |
| Chloroquine                   | endosome/ ACE2                                      | Antimalarial actions, chloroquine has some efficacy in HIV-AIDS | Glycosilation Inhibition and elevate endosomal pH and interfere with ACE2 glycosylation inhibiting virus entry into host cells                           | IN VITRO                    | Retinopathy, QT prologation, QT prolongation           |
| Hidroxi-chloroquine           | endosome/ ACE2                                      | Antimalarial actions, chloroquine has some efficacy in HIV-AIDS |  | IN VITRO                    |  |
| ANTIBIOTICS                   |   |   |  |                             |  |
| Azitromicin                   | Bacterial protein sybthesis, blocking 50S ribosomal | Bacterial infections  | For suspected bacterial superinfection   | ND                          | GI effects   |
| ANTIVIRAL DRUGS. NON-SPECIFIC |   |   |  |                             |  |
| Interferon                    | PKR, Mx protein                                     | Hepatitis B virus and HCV                                       | Inhibite viral replication by inhibition of PKR  | ND                          | Depression, injection site reaction, flu like syndrome |
| NEUROAMINID ASA INHIBITOR     |   |   |  |                             |  |
| Oseltamivir                   | Neuroaminidasa Inhibitor                            | Influenza   | Not well studied   | In vitro                    |  |
| TYPE OF DRUG                  | TARGET  | OTHER DISEASES INDICATION                                       | MECHANISM OF ACTION IN COVID 19 (Drugs Repurposing)  | ACTIVITY                    | SIDE EFFECTS   |
| MONOCLONAL ANTIBODY           |   |   |  |                             |  |



|                                      |  |   |  |    |   |
|--------------------------------------|--|---|--|----|---|
| <b>Tocilizumab</b>                   | IL-6 receptors ( soluble and membrane-bound) | rheumatoid arthritis, systemic juvenile idiopathic arthritis, juvenile idiopathic polyarthritis, giant - cell arteritis | Inhibit IL-6. Taper immune system in critical patients                                     | ND | Abnormal liver tests, GI perforation                |
| <b>ANTIINFLAMMATORY DRUGS</b>        |  |   |  |    |   |
| <b>Corticosteroids</b>               | Inflammation cascade                         | Inflammatory responses  | For patients with refractory shock or acute respiratory distress syndrome                  | ND | Cushing Sd., diabetes, weigh gain.                  |
| <b>OTHERS</b>                        |  |   |  |    |   |
| <b>Acetylcysteine</b>                | Mucolytic                                    | Symptomatic relief;   | Syntomatic relief  | ND | Nausea, fver, vomiting,                             |
| <b>Angiotensin receptor blockers</b> | ACE2 Receptors                               |   |  | ND | Diziness, nausea, diarrhea, headache                |
| <b>Thalidomide</b>                   | Immunosuppressant                            | Myeloma   | Inhibite production of TNF- $\alpha$ , antiangiogenic activity.                            | ND | Fever, low cell counts, anxiety, weigh gain or loss |
| <b>Pirfenidone</b>                   |  | idiopathic pulmonary fibrosis   | reduces fibroblast proliferation, production of fibrosis-associated proteins and cytokines | ND |   |
| <b>Vitamin C</b>                     | Antioxidant                                  | Sepsis, chronic process,  | Module redo2 signaling   | ND |   |

\*There are several drugs in study to be considering in treatment for Covid-19. This table summarizes the most important in terms of principal outcomes in clinical trials or activity in vitro. ND= Non Data

Actually, there is a great effort to build strong evidence. There are 382 clinical trials in progress. Some antiviral, antimalarial and antibiotic drugs have also been shown to have in vitro activity against SARS CoV 2, but it does not guarantee clinical efficacy. For these there are several completed and in progress clinical studies. Some of them like Darunavir are in phase II, Remdesivir, chloroquine and hydroxychloroquine are in phase III of clinical trials, Lopinavir and Ritonavir (Kaletra) and Umifenovir or Arbidol in phase IV. In order to collect data quickly and get information from many countries on March 20, 2020, the WHO announced a large global trial, called SOLIDARITY. The treatments included in this big trial are: remdesivir, chloroquine and hydroxychloroquine, ritonavir / lopinavir-ritonavir / lopinavir and interferon beta. The completed and clinical trials with evidence that favors them are listed in ([Supplementary Table 7](#)) and its relation with clinical features in Table 8 [143]. The clinical trials evaluate some important outcomes. A systematic review of Lopinavir /Ritonavir assess treatment in terms of mortality, mechanical ventilation or extracorporeal membrane oxygenation (ECMO)[214] development of acute respiratory distress syndrome and serious adverse effects [215]. None of the outcomes favors the intervention; nevertheless, in terms of development of the respiratory syndrome, the pharmacological intervention is effective, although the certainty of the evidence was very low. Another systematic review, that included six articles and 23 ongoing clinical trials in China about the use of chloroquine in COVID-19 [216]. Studies indicates chloroquine reduced progression of disease and decreased duration of symptoms, but none of the studies favors the use of chloroquine because of the lack of strong evidence in randomized trials. In a recent trial, 100% of patients treated with hydroxychloroquine in combination with azithromycin were “virologically cured” comparing with 57.1% in patients treated with hydroxychloroquine alone, and 12.5% in the control group, but these cannot be completely extrapolated because it requires more quantity and quality studies. The use of chloroquine or hydroxychloroquine in primary health care is not recommended for the management of COVID 19. These drugs are associated with an increased risk of heart damage, especially when administered concurrently with macrolides (QT interval prolongation). Drugs like Tocilizumab has been included in severe or critical patients. Remdesivir is effective against the 2019-nCoV in vitro in Vero E6 cells through mechanism of involving the host cells' post-entry stage. Several randomized trials are underway to evaluate the efficacy of remdesivir for moderate or severe COVID-19.

Oseltamivir inhibits the viral neuraminidase, drug approved for influenza A and B treatment. Its use was reported during the COVID-19 epidemic in China, but it has no effective outcomes. Tocilizumab, an inhibitor of IL-6 is considered in a group of critical patients, in which 75% cured with improved respiratory function after treatment. The last treatment reported in a 5 patient case series is convalescent plasma. Following plasma transfusion normalized temperature within 3 days in 4 of 5 patients, decreased SOFA score, increase PAO<sub>2</sub>/FIO<sub>2</sub> within 12 days and viral loads also decreased and became negative within 12 days after the transfusion. A promising drug, although the evidence level is low [217]. Bevacizumab is a monoclonal antibody that targets vascular endothelial growth factor (VEGF) that might suppress the edema in patients with COVID-19.

The other drugs studied in pharmaceutical interventions for COVID-19 treatment include arbidol, human immunoglobulin, interferons, chloroquine, methylprednisolone, tocilizumab, vitamin C, pirfenidone, bromhexine, danoprevir, darunavir, cobicistat, convalescent plasma, biological therapies and traditional Chinese medicines (TCM), which are studied in clinical trials in progress and do not appear as strong evidence to recommend them in practice.

Regarding corticosteroids, are beneficial in treating SARS-CoV patients; it prolongs the survival time of clinical cases. Due to the cytokine storm some authors described the use of corticosteroids, but others describe its use in the early stages of SARS infection with increasing values of viral load. Other drugs like vitamin C has been used to prevent but there is no good evidence to support this. All of the evidence including clinical trials, randomized clinical trials, favors the use or not about the therapeutically drugs are detailed in Table 8.

This review summarized some drug repurposing agents currently known to be effective against other RNA viruses including SARS-CoV, MERS-CoV, influenza. Actually, exist some new drugs with high potential impact of biologics targets for Covid-19 treatment. It is important to notice that there is no specific treatment for the coronavirus approach. In context of the scientific evidence and the particular clinical features of each patient, the reader will be able to make clinical and therapeutically decisions.

## Vaccines development

When it comes to vaccine design and manufacturing, the main objectives are its safety, its efficacy in activating specific adaptive immune responses and the production of -ideally- long term memory. Thus, eliciting protective immune responses including neutralization antibodies and/or CTL generation is of paramount importance.

Huge challenges need to be tackled in order to minimize the long and cumbersome process of vaccine generation. Among them, candidate antigen targets need to be identified, immunization routes and delivery systems investigated, animal models set, adjuvants optimized, scalability and production facility considered, target population selected, and vaccine safety and long-term efficiency evaluated.

Currently there are no approved vaccines against any human coronavirus, suggesting that their generation is quite trivial. Several candidate vaccines against SARS-CoV had shown promise reaching Phase I or Phase II clinical trials [77, 78], but the rapid containment of SARS-CoV expansion rendered them redundant, did not allow for a test population for Phase III trials and, therefore, put their further assessment to a halt.

However, the accumulated experience from previous coronavirus vaccine designs and the sequence and structural similarity of SARS-CoV and SARS-CoV-2 are significant advantages in the current endeavor. Thorough studies conducted in SARS-CoV-specific T cells of SARS convalescent patients have shown that all memory T cell responses are directed at SARS-CoV structural proteins. T cell epitope mapping showed that CD8<sup>+</sup> responses were targeting SARS-CoV membrane (M) and Nucleocapsid (N) proteins and CTL memory could last up to 11 years after infection [218]. These data suggest that vaccine strategies employing viral structural proteins that can elicit effective, long-term memory T cell responses could yield fruitful results.

On the other hand, the S1 spike protein region containing the ACE receptor binding domain (RDB) is the obvious option when neutralizing antibody responses are considered [219–221].

Indeed, a candidate SARS vaccine antigen consisting of the RBD of SARS-CoV Spike protein was created and found it could elicit robust neutralizing antibody responses and long-term protection in vaccinated animals [222].

The fact that COVID-19 convalescent sera shows potential as a therapeutic approach [67] argues that efficient B cell responses are mounted and lead to production of protective antibodies. Two different groups, using an immunoinformatic approach mapped several CTL and B cell epitopes on different proteins of the virus [223, 224]. Moreover, various CTL epitopes were found to be binding MHC class I peptide-binding grooves via multiple contacts, illustrating their probable capacity to elicit immune responses [82]. Consequently, these identified B and T cell epitopes could be potential targets for therapeutic vaccines.

However, important safety considerations should be taken into account before releasing a new vaccine in the market. Previous studies on macaque models have shown that a vaccine-induced anti-Spike protein antibody at the acute stage of SARS-CoV infection can provoke severe acute lung injury [225]. Similar observations of SARS-CoV vaccine-induced pulmonary injury have also been described in multiple several murine and monkey animal models [226].

Classic vaccine strategies like use of attenuated virus or recombinant protein subunit administration begin to lose support in the scientific community. COVID-19 mainly affects older patients with underlying pathologies that debilitate their immune system. Use of attenuated virus vaccines is contraindicated in these populations as weakened immune systems can permit the reversion of the attenuated pathogen to its wild type state, therefore causing the pathology it was designed to prevent. On the other hand, subunit vaccine design can be challenging when the protein used contains extended glycosylation. Interestingly, nucleic acid-based vaccines showed great promise in response to emerging pathogens like the DNA vaccine designed for Zika virus, entering in Phase I clinical trials [227]. Another nucleic acid-based platform for vaccine development, mRNA vaccines, seems a quite revolutionary strategy. Being designed to possess improved stability and protein translation efficiency these vaccine platforms can act both as adjuvants and antigen sources alike,

inducing potent immune responses [228, 229]. The optimization of the delivery system, such as lipid nanoparticles makes them excellent design candidates [230]. Finally, delivery systems such as recombinant vesicular stomatitis virus particles or the administration of mRNA molecules that codify for virus-like particles have been proven extremely efficient as testified by the recent FDA approved vaccine against Ebola [231].

In an unprecedentedly swift response to develop and manufacture an anti-SARS-CoV-2 vaccine, more than 40 companies and academic institutions are exploring the aforementioned strategies. An example illustrating the rapid reaction of the scientific community to the SARS-CoV-2 outbreak is that of the biopharmaceutical company Moderna, the first vaccine manufacturer that entered in Phase I clinical trials for one candidate vaccine for COVID-19. On the night of Saturday, January 11, 2020, in the headquarters of the National Institute of Allergies and Infectious Diseases (NIAID) of USA Barney Graham, Deputy Director of the Vaccine Research Center, received the SARS-CoV-2 sequence. During the weekend his group analyzed the data and on Monday, 13 of January he discussed his observations with a group of investigators of the biopharmaceutical company Moderna. On the same day Moderna's infectious disease research team finalized the sequence for mRNA-1273, the company's first vaccine candidate against SARS-CoV-2. On February 7, 2020, the first clinical batch of Moderna was completed. On February 24, 2020, the clinical batch was shipped from Moderna to the NIH to be used in their own Phase I clinical study. On March 4, 2020, the U.S. FDA gave the green light for mRNA-1273 to begin clinical trials. Twelve days later, on March 16, 2020, the NIH announced that the first participant in its Phase I clinical study received the first dose of mRNA-1273. The time between virus sequencing to beginning of Phase I trials was a record total of 63 days.

The pharmaceutical companies that are currently on a race to produce a vaccine for COVID-19 along with the vaccine developing strategies they are using are summarized in Table 9.

Table 8 COVID-19 vaccine development update by manufacturer. Vaccination strategies employed, delivery platforms used, and current development status are presented if official data are provided.

| Manufacturer  | Vaccine candidate                            | Vaccination Strategy                                     | Delivery Platform   | Current stage of development/Trial Phase <sup>y</sup> | Status <sup>y</sup>   | Viruses targeted by candidate vaccines using same strategy                     |
|---|--|--|---|---|---|--|
| <b>Moderna/ NIAID</b>   | mRNA-1273                                    | mRNA codifying for full-length S protein                 | LNP* encapsulated mRNA  | Phase 1<br>NCT04283461 <sup>§</sup>                   | Recruiting completed<br>19 March 2020   | SARS-CoV, MERS-CoV   |
| <b>CanSino Biological Inc./ Beijing Institute of Biotechnology</b>                          | Ad5-nCoV                                     | Recombinant virus/Non-replicating                        | Adenovirus Type 5 Vector  | Phase 1<br>ChiCTR2000030906 <sup>§</sup>              | Currently recruiting  | Ebola, MERS-CoV  |
| <b>Inovio Pharmaceuticals</b>   | INO-4800                                     | DNA vaccine  | Plasmid-Electroporation facilitated entry                       | Pre-clinical development                              | Phase 1 clinical trials are expected to begin in April 2020                                 | Lassa, Nipah, HIV, Filovirus, HPV, Zika, Hepatitis B                           |
| <b>Takis Biotech &amp; Applied DNA Sciences/ Evviva</b>                                     | Not announced/4 candidates for COVID-19      | DNA vaccine  | DNA   | Pre-clinical development                              | Phase 1 clinical trials are expected to begin in fall 2020                                  | Lassa, Nipah, HIV, Filovirus, HPV, Zika, Hepatitis B                           |
| <b>Zydu Cadila</b>  | Not announced/2 strategies employed          | 1. DNA vaccine<br>2. Live attenuated recombinant vaccine | 1. Plasmid<br>2. Recombinant replicating measles virus          | Pre-clinical development                              | Not announced   | Lassa, Nipah, HIV, Filovirus, HPV, Zika, Hepatitis B                           |
| <b>Sinovac</b>  | Not announced                                | Formalin inactivated & alum adjuvant                     | Inactivated virus   | Pre-clinical development                              | Not announced   | SARS-CoV   |
| <b>Serum Institute of India &amp; Codagenix</b>   | Not announced                                | Live Attenuated Virus                                    | Live Attenuated Virus   | Pre-clinical development                              | <i>In vivo</i> testing pending  | HAV, InfA, ZIKV, FMD, SIV, RSV, DENV   |
| <b>Geovax/ BravoVax</b>   | Not announced                                | Recombinant viral vector/Non-replicating                 | Modified vaccinia ankara virus like particles encoded (MVA-CLP) | Pre-clinical development                              | Narrowing the vaccine candidates down from three to one                                     | LASV, EBOV, MARV, HIV  |
| <b>Janssen Pharmaceutical Companies of Johnson &amp; Johnson/Barda University of Oxford</b> | Not announced                                | Recombinant viral vector/Non-replicating                 | Ad26 (alone or with MVA boost) - AdVac and PER.C6 systems       | Pre-clinical development                              | Vaccine candidate is expected end of March 2020/ Clinical testing starting in November 2020 | Ebola, HIV, RSV  |
|   | ChAdOx1                                      | Recombinant viral vector/Non-replicating                 | Chimpanzee adenovirus vaccine vector                            | Pre-clinical development                              | Not announced   | Influenza strains, Mycobacterium tuberculosis, Chikungunya, Zika, MenB, plague |
| <b>Altimmune</b>  | Intranasal COVID-19 vaccine                  | Recombinant viral vector/Non-replicating                 | Adenovirus -based NasoVAX expressing SARS2-CoV S protein        | Pre-clinical development                              | Animal testing imminent /Clinical testing is initially scheduled for August 2020            | Influenza strains (NasoVAX vaccine)  |
| <b>Greffex</b>  | Adenovirus-based vector vaccine for COVID-19 | Recombinant viral vector/Non-replicating                 | Adenovirus-based vector vaccine                                 | Pre-clinical development                              | Animal testing has begun  | MERS-CoV   |
| <b>Vaxart</b>   | Not announced                                | Recombinant viral  | Oral Vaccine platform   | Pre-clinical development                              | Not announced   | InfA, CHIKV, LASV, NORV;   |



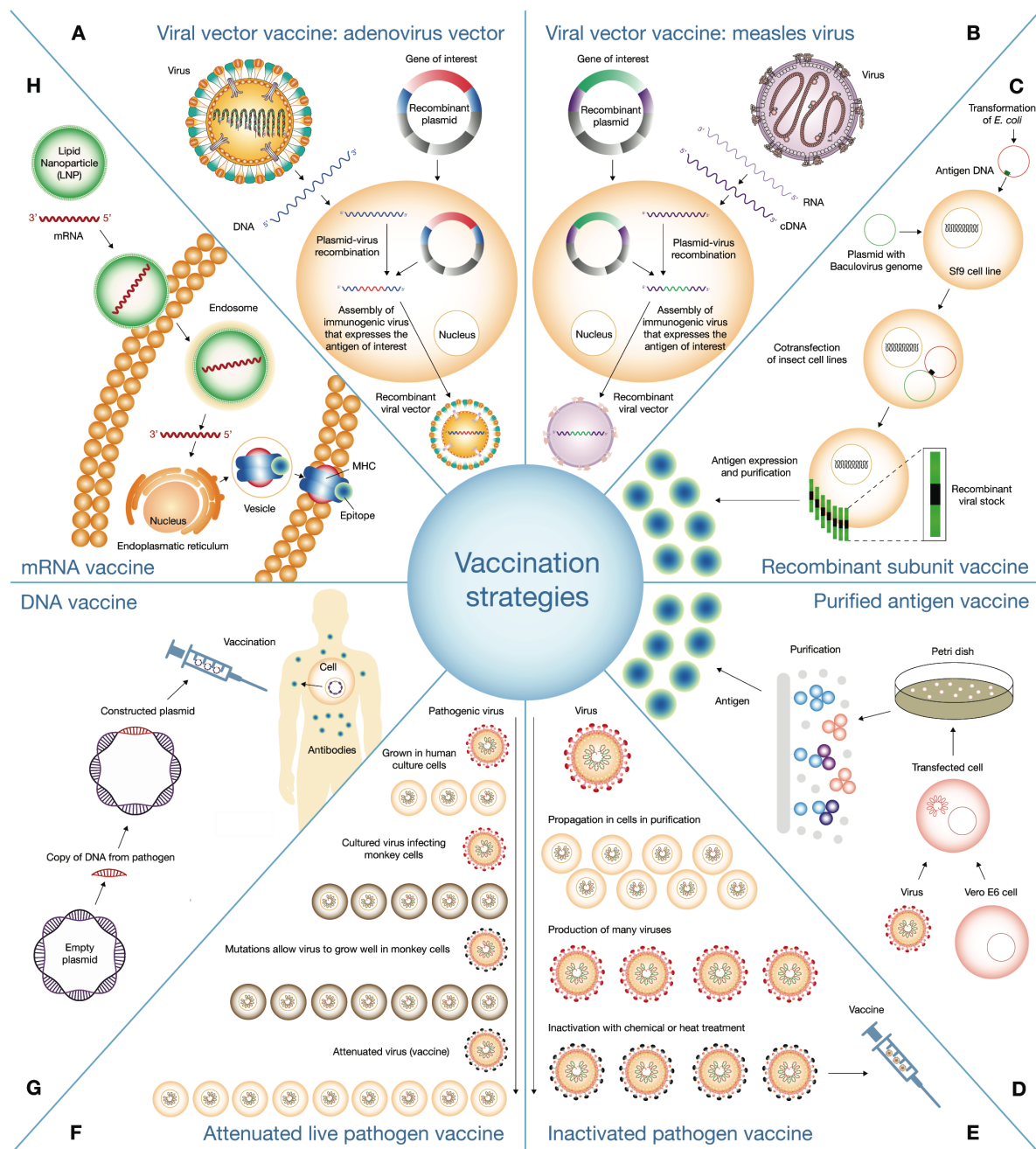
|  |  |   |  |                          |  |                                 |
|--|--|---|--|--------------------------|--|---------------------------------|
| <b>ExpreS<sup>2</sup>ion</b>   | Not announced                              | vector/Non-replicating Protein Subunit                    | Drosophila Schneider 2 insect cell expression system VLPs <sup>#</sup> | Pre-clinical development | Phase 1/2a clinical testing to begin within 12 months  | EBOV, RVF, HBV, VEE -           |
| <b>Walter Reed Army Institute of Research/United States Army Medical Research Institute of Infectious Diseases</b> | Not announced                              | Protein Subunit/S protein                                 | Antigen + adjuvant   | Pre-clinical development | Several vaccine candidates developed/ Animal testing has begun                               | MERS-CoV                        |
| <b>Clover Biopharmaceuticals Inc./Glaxo Smith Kline Vaxil Bio</b>  | COVID-19 S-Trimer                          | Protein Subunits/S-Trimer                                 | Antigen + adjuvant   | Pre-clinical development | Pre-clinical trials pending  | HIV, REV Influenza              |
|  | Protein subunit COVID-19 vaccine candidate | Protein Subunit/ signal peptide technology (Patented)     | Antigen + adjuvant   | Pre-clinical development | Candidate identified/Beginning of trials not announced                                       |                                 |
| <b>AJ Vaccines</b>   | Not announced                              | Protein Subunit   | Antigen + adjuvant   | Pre-clinical development | Not announced  |                                 |
| <b>Generex Biotechnology/EpiVax</b>  | Ii-Key peptide COVID-19 vaccine            | Protein Subunit   | Ii-key/antigenic epitope hybrid peptide vaccine                        | Pre-clinical development | Intention is to begin human testing within 3 months  | Influenza strains, HIV, SARSCoV |
| <b>EpiVax/University of Georgia</b>  | Ii-Key peptide COVID-19 vaccine            | Protein Subunit/S protein                                 | Ii-key/antigenic epitope hybrid peptide vaccine                        | Pre-clinical development | Not announced  | H7N9                            |
| <b>Sanofi Pasteur/BARDA</b>  | Not announced                              | Protein Subunit/S protein produced in baculovirus         | Antigen + adjuvant   | Pre-clinical development | Not announced  | Influenza strains, SARS-CoV     |
| <b>Novavax</b>   | Not announced                              | Protein Subunit   | Recombinant nanoparticles  | Pre-clinical development | Several candidates currently tested in animals/Clinical testing to begin in late spring 2020 | RSV; CCHF, HPV, VZV, EBOV       |
| <b>Heat Biologics/University of Miami</b>  | gp96-based vaccine                         | Protein Subunit/gp-96 heat-shock protein backbone         | Antigen + adjuvant   | Pre-clinical development | Not announced  | NSCLC, HIV, malaria, Zika       |
| <b>University of Queensland/CSL</b>  | Molecular clamp vaccine for COVID-19       | Protein Subunit/ Molecular clamp stabilized Spike protein | Antigen + adjuvant   | Pre-clinical development | Further development prior to pre-clinical testing required                                   | Nipah, influenza, Ebola, Lassa  |
| <b>Baylor College of Medicine</b>  | Re-purposed SARS vaccine for COVID-19      | Protein Subunit/S1 or RBD protein                         | Antigen + adjuvant   | Pre-clinical development | Not announced  | SARS-CoV                        |
| <b>iBio/CC-Pharming</b>  | Plant-based COVID-19 vaccine               | Subunit protein/Plant produced                            | Antigen + adjuvant   | Pre-clinical development | Not announced  |                                 |
| <b>VIDO-InterVac/University of Saskatchewan</b>  | Not announced                              | Protein Subunit   | Adjuvanted microsphere peptide   | Pre-clinical development | Not announced  |                                 |

|   |   |  |  |                          |  |   |
|---|---|--|--|--------------------------|--|---|
| <b>Institute Pasteur/Themis/ Univ. of Pittsburg Center for Vaccine Research</b> | Not announced                                     | Recombinant replicating Viral Vector                                 | Measles Vector   | Pre-clinical development | Not announced  | West Nile, Ebola, Lassa, Zika   |
| <b>Tonix Pharma/Southern Research</b>   | Horsepox vaccine with percutaneous administration | Recombinant replicating Viral Vector (used also in TNX-1800 vaccine) | Horsepox vector expressing S-protein   | Pre-clinical development | Not announced  | Smallpox, monkeypox   |
| <b>Fudan University/Shanghai Jiao Tong University/RNA Cure Biopharma</b>        | mRNA vaccine candidate for COVID-19               | mRNA vaccine/2 candidates  | 1. LNP* encapsulated mRNA cocktail encoding SARS-CoV-2 VLP#<br><br>2. LNP* encapsulated mRNA encoding RBD of S-protein | Pre-clinical development | Not announced  |   |
| <b>China CDC/Tongji University/Sterimina</b>                                    | Not announced                                     | mRNA vaccine   | Not announced  | Pre-clinical development | Not announced  |   |
| <b>Arcturus/Duke-NUS Medical School</b>   | Not announced                                     | mRNA vaccine   | Self-replicating RNA and nanoparticle non-viral delivery system  | Pre-clinical development | Not announced  | Various candidates  |
| <b>BioNTech/Fosun Pharma/Pfizer</b>   | BNT162  | mRNA vaccine   | Not announced  | Pre-clinical development | Clinical testing is expected to begin in April 2020                          | Influenza strains   |
| <b>Curevac</b>  | Not announced                                     | mRNA vaccine   | Not announced  | Pre-clinical development | Clinical trials expected to begin in summer 2020                             | RABV, LASV, YFV; MERS, InfA, ZIKV, DengV, NIPV EBOV; LASV, MARV, Inf (H7N9), RABV |
| <b>Imperial College London</b>  | Self-amplifying (sa) RNA vaccine                  | saRNA vaccine  | Not announced  | Pre-clinical development | Animal testing is underway/ Clinical trials expected to begin in summer 2020 |   |
| <b>Medicago Inc.</b>  | Plant-based COVID-19 vaccine                      | Plant-derived VLP#   | VLP#   | Pre-clinical development | Human testing expected to begin in July or August 2020                       | Influenza, Rotavirus, Norovirus, West Nile virus, Cancer                          |

\* LNP: Lipid nanoparticle system, § Clinical Trial Registry Identifier, ¥ According to manufacturer, # VLP: Virus like particle, Table updated until 22/03/2020; Several more companies have announced their intention to manufacture COVID-19 vaccines without disclosing further information.

As can be easily deduced from Table 9, optimistic predictions dictate that a vaccine for COVID-19 will not be ready in the next 12-18 months. An indirect course of action that could help to mitigate the impact of COVID-19 pandemic would be a plan of vaccination against influenza strains and *Streptococcus pneumoniae*. Influenza is a major universal health problem accounting for 3 to 5 million cases of severe illness and about 350 000 to 650 000 respiratory deaths yearly. For the time period from 17 February 2020 to 01 March 2020 alone the WHO laboratories tested positive for influenza viruses 62423 samples [232]. On the other

hand, *Streptococcus pneumoniae* is the most common cause of community acquired pneumonia. In the present context of COVID-19 global outbreak vaccination against the most prevalent strains of influenza and *Streptococcus pneumoniae* would have a multifaceted effect. Firstly, it would lower the risk of severe disease, reduce hospitalization and admission to already heavily charged ICUs due to these pathologies that could prove critical for weaker health systems that would struggle to carry the burden of combined outbreaks. Moreover, vaccinating health care workers is crucial for reducing the risk of absence due to disease, thereby strengthening the healthcare workforce and minimizing the risk to infect COVID-19 hospitalized patients with additional pneumonia-causing pathogens. Lastly, COVID-19 patients vaccinated for influenza and *Streptococcus pneumoniae* allow their immune system to focus on one pathogen and, therefore, give it a better fighting chance against SARS-CoV-2 infection [233]. High risk groups prioritized for vaccination for these two pathogens include pregnant women, persons with immunocompromised immune systems (either due to congenital or acquired immunodeficiencies), children, adults  $\geq 65$  years and health care professionals.



**Figure 4.** Strategies used or proposed for COVID-19 vaccine development and delivery. A) and B) Adenoviral and measles recombinant viral vectors can be manipulated to express and therefore elicit robust immune responses against the Spike (S) protein of SARS-CoV-2. C) Recombinant subunit vaccine strategies use the Sf9-baculovirus insect cell expression system resulting in the production of high-quality antigen that can be used to elicit immune responses. D) Purified antigen vaccine strategies implicate the replication of large numbers of virus in cell cultures and the subsequent purification of viral antigens to be used for vaccination. E) Attenuated vaccines contain whole pathogen that has been submitted to heat or chemical treatment inactivation. F) Attenuated live pathogen vaccine strategies consist in administering a live pathogen that due to cell culture passaging has lost its virulence. They usually elicit robust and long-term memory immune responses without the need to administer an adjuvant. G) In DNA vaccines the DNA codifying a highly immunogenic antigen is administered and captured by professional antigen presenting cells (APCs) leading to antigen production and presentation by these cells. H) Moderna's vaccine candidate already in Phase I clinical trials uses an mRNA vaccine approach whereby the genetic information codifying for the S protein of SARS-CoV-2 is delivered in LNPs to enhance absorption by APCs. Once

*uptaken by APCs the mRNA induces the expression of S antigen that is subsequently mounted on and presented by MHC molecules to elicit adaptive immune response.*

## Climate and SARS-CoV-2

Numerous studies confirm that climate has an impact on virus (i.e., influenza, coronavirus, etc.) spread through manipulating the conditions of i) its diffusion, ii) the virus survival outside the host, and iii) the immunity of host population [234]. Meteorological conditions, such as temperature, humidity, wind speed and direction, atmospheric pressure, solar radiation (including ultraviolet (UV) spectrum) and precipitation amount and intensity depend on the latitude and the elevation of the location, thus creating distinct climatic zones in the planet. While in some regions, such as temperate climate zones, human influenza peaks have clear seasonal cycles, in others it is not as predictable [234–238].

An array of studies, investigating the relationship between climatic factors and the activity of influenza all over the world, concluded that at the high latitudes of the world the peaks of influenza correlate with cold and dry weather conditions (i.e., winter season), while around the equatorial zone, it is more common during the months of high humidity and precipitation [239–245]. Essentially, it depends on explicit threshold conditions based on monthly averages of specific humidity and temperature. When specific humidity drops below 11-12 g/kg and temperature drops below 18-21°C, the peak of influenza is stimulated during the cold-dry season, however, for tropical and subtropical (always humid and warm) regions, it is likely to prevail during the high precipitation ( $\geq 150$  mm) months [239]. The “cold-dry” set of climatic conditions endorses a greater survival of the virus outside human body, and, thus, results in better transmission [237, 246]. Similar temperature dependency was concluded for SARS (strain CoV-P9) coronavirus. Laboratory experiments testing virus stability, demonstrated a decreasing infectivity with increasing ambient temperatures, where at 4°C, 56°C and 75°C the survival rates outside host decreased from at least 96 to 1.5 and to 0.5 hours, respectively [247]. In addition, cold air cools nasal epithelium which, in turn, decreases mechanical defenses of the respiratory and immune systems [248].

Duan et. al., (2003) concluded that, even a relatively short exposure (1 hour) to UV radiation destroys viral infectivity of SARS (strain CoV-P9) coronavirus. Other studies also correlate vitamin D secretion and influenza immunity, due to the UV role in vitamin D production [249, 250]. The latter, and the reduced immune system due to melatonin oscillations during the dark (lack of sunlight hours) winter seasons could further explain winter outbreaks of influenza at high latitude regions [251].

Finally, wind speed may contribute to the spread of influenza nanoparticles. While low winds might improve its transmission from one host to another, strong winds contribute to its dispersion and ventilation [252], which could be a positive effect depending on wind direction.

## Conclusions

The authors of this study examined the most important literature available in terms of the genetic, virologic, clinical and therapeutic evidence on the SARS-CoV-2 virus and the novel coronavirus diseases 2019 (COVID-19).

This extensive and comprehensive literature review tries to offer a good insight of the most recent information available. This review was designed to offer a good insight of the virus and the diseases to the entire medical community. This document although summarized, tries to bring well-supported information on this new disease. A disease that has been keeping us on a partial or total lockdown all over the planet.

## List of Abbreviations:

**ACE2:** Angiotensin Converting Enzyme-2

**ARDS:** acute respiratory distress syndrome

**CDCC:** The Center for Disease Control in China

**COVID-19:** Coronavirus disease 2019

**ELISA:** The enzyme-linked immunosorbent assay

**GISAID:** Global Initiative on Sharing All Influenza Data

**INF:** Interferon

**ISGs:** IFN-stimulated genes

**MERS:** Middle East Respiratory Syndrome

**MHC-I:** Major Histocompatibility complex I

**ORF:** Open reading frames

**PDB:** Protein Data Bank archive

**pDCs:** plasmacytoid dendritic cells

**RCSB:** Research Collaboratory for Structural Bioinformatics

**RNA:** Ribonucleic acid

**RdRp:** RNA-dependent RNA polymerase

**RBD:** receptor-binding domain

**SARS-CoV-2:** Severe acute respiratory syndrome coronavirus 2

**SARS:** Severe acute respiratory syndrome

**TCGA:** The Cancer Genome Atlas

**TLRs:** endosomal Toll like receptors

**WHO:** World Health Organization

## **Declarations**

### **Ethics approval and consent to participate**

According to the local and international regulation, this project did no required ethical approval.

### **Consent to publish**

Not Applicable.

### **Availability of data and materials**

All the information used for this analysis can be found

### **Competing interests**

The authors declare that they have no competing interests.



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## Authors' Contributions

EOP was responsible for the full conceptualization and he was in charge of drafting the document in all of the stages. KSR and LGB contributed with the Cancer and Covid-19 section. MRN completed the section about covid-19 in children. LG and CBO completed the diagnosis section of the review. NK completed the immunological response to SARS CoV2. CM completed the virologic aspects of the manuscript. AMG, DC, HSS and LU completed the clinical section of the manuscript, the therapeutic strategies and the gynecological and complication section of the manuscript. RZ completed the environmental effects and Covid-19. NG critically review the manuscript and ALC was partially responsible for the conceptualization of the study, the genetic aspects of the virus and he completed all the figures for this work.

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