

Article

# Comparison of the Level and Mechanisms of Toxicity of Carbon Nanotubes, Carbon Nanofibers, and Silicon Nanotubes in Bioassay with Four Marine Microalgae

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**Abstract:** Nanoparticles (NPs) have various applications in medicine, cosmetics, optics, catalysis, environmental purification, and other areas nowadays. With an increasing annual production of NPs, the risks of their harmful influence to the environment and human health is rising. Currently, our knowledge about the mechanisms of interaction between NPs and living organisms is limited. Additionally, poor understanding of how physical and chemical characteristic and different conditions influence the toxicity of NPs restrict our attempts to develop the standards and regulations which might allow us to maintain the safe living conditions. The marine species and their habitat environment are under continuous stress due to anthropogenic activities which result in the appearance of NPs in the aquatic environment. Our study aimed to evaluate and compare biochemical effects caused by the influence of different types of carbon nanotubes, carbon nanofibers, and silica nanotubes on four marine microalgae species. We have evaluated the changes in growth-rate, esterase activity, membrane polarization, and size changes of microalgae cells using flow cytometry method. Our results demonstrated that toxic effects caused by the carbon nanotubes strongly correlated with the content of heavy metal impurities in the NPs. More hydrophobic carbon NPs with less ordered structure had a higher impact on the red microalgae *P. purpureum* because of higher adherence between the particles and mucous covering of the algae; silica NPs caused significant inhibition of microalgae growth-rate predominantly produced by mechanical influence.

**Keywords:** Carbon nanotubes; Microalgae; Mode of action; Nanofibers; Silica nanotubes; Toxicity

## 1. Introduction

The growing industry of nanotechnology inevitably results in an increase of risks associated with the nanomaterials (NMs) and nanoparticles (NPs) to affect living organisms including humans. The consumer products, large-scale manufacturers producing NMs, synthesizing, and research laboratories could be highlighted among the main sources lead to the release of NPs in the environment [1, 2]. Despite intense interest in the problem of interaction between NPs and organisms and a relatively big amounts of experimental data, the mechanisms of toxic action for NPs are still not fully clear [3-5]. Hence, the risk evaluation of nano-bio interaction, regulation, and development of the standards for safe production and utilization of NMs and NPs has become one of the high-priority problems in nanotechnology and nanotoxicology [6, 7].

The difficulty of risk assessment in nanotoxicology is complicated by the variety of factors that could significantly change the properties and, therefore, the toxicity of NPs. Moreover, much uncertainty still exists about the relation between different parameters such as size, form, surface area, zeta potential of NPs, protein corona formation, and transformation of NPs inside of organisms and in the environment or combinations of these parameters and toxic properties of NPs [3, 8-10].

NPs appear in the aquatic environment by surface wash, atmospheric sedimentation, and direct spills occurring during their synthesis, application, and utilization. The entrance of synthetic nanofibers, NPs, and NMs to water bodies has been reported in earlier studies [11-14]. Aquatic organisms such as microalgae species are known as reliable research objects in toxicology owing to their adaptive capacity and ability to stay in contact with multiple pollutants [15-18].

The aim of this study was to evaluate and compare the toxic level and biochemical effects caused by the influence of different types of carbon nanotubes, carbon nanofibers, and silica nanotubes on four marine microalgae species.

## 2. Materials and Methods

### 2.1. Nanoparticles

In this research, we used two types of multiwalled carbon nanotubes (CNT-1, CNT-2) [19], two types of carbon nanofibers (CNF-1, CNF-2) [19], and two types of silica nanotubes (SNT-1, SNT-2) [20].

Carbon nanotubes and nanofibers were synthesized and characterized in Boreskov Institute of Catalysis (Novosibirsk, Russia) [19]. The structural features of carbon NPs were assessed by Raman spectroscopy in our earlier report [16]. The length of carbon nanotubes was hundreds of times larger than diameter and in water suspension, the particles could cohere into the spheres up to tens of micrometers in diameter. The toxicity of these NP samples has been previously evaluated on mice [21], rats [22, 23], human cell lines [24], and microalgae *Heterosigma akashiwo* [16].

Silicon nanotubes were kindly provided by the Department of Chemistry, Inha University Republic of Korea [20]. The samples had significantly lower ratio of length to diameter compared to carbon nanotubes.

Characteristics of NPs used in this research are represented in Table 1.

**Table 1.** Characteristics of NPs used in this study.

Sample	Diameter, nm	Impurities, %	Structure features
CNT-1	18 – 20	Fe – 0.6; Co – 0.3; Al – 0.9	Many particles with unordered structure, defect areas with opened ends of a carbon nanotubes
CNT-2		Fe – 0.2; Co – 0.12; Ca – 0.004; Cl – 0.08	Ordered structure
CNF-1	90 – 120	Al <sub>2</sub> O <sub>3</sub> – 0.4	Unordered structure, defect areas, the presence of amorphous carbon
CNF-2		Al <sub>2</sub> O <sub>3</sub> – 0.4; Ni – 3.6	Unordered structure, defect areas
SNT-1	3 – 4	–	–
SNT-2	45	–	–

\*The characteristics given in the table are as given the earlier studies i.e. diameter [19, 20], impurities [19], and structural features [16].

## 2.2. Microalgae cultures

Microalgal cultures were provided by The Resource Collection *Marine biobank* of the National Scientific Center of Marine Biology, Far Eastern Branch of the Russian Academy of Sciences (NSCMB FEB RAS). The toxicity bioassay of NPs was carried out on four marine microalgae: two types of diatom species *Attheya ussuriensis* [25] and *Chaetoceros muelleri* [26], an Ochrophyta *Heterosigma akashiwo* [27], and a red algae *Porphyridium purpureum* [28]. Culturing of microalgae and toxicity test conditions were maintained in accordance with the guidance of OECD No.201 [29] with minor modifications as previously described [30, 31].

## 2.3. Bioassay

The samples of NPs were added to filtered seawater to obtain the working suspensions with a concentration of 1000 mg/L. Before each series of bioassays, the working suspensions of NPs were sonicated with ultrasound homogenizer Bandelin Sonopuls GM 3100 (Bandelin Electronic GmbH & Co. KG, Germany) using maximal intensity for 30 minutes.

The exposition of microalgae cells to the suspensions of NPs was carried out in 24-well plates. Each well was filled with 2 mL of microalgae cell aliquot and the corresponding volume of the working suspension to obtain the final concentrations 1, 10, and 100 mg/L. The filtered seawater without NPs was added to the control group. The exposure of each used concentration and control group was performed in four biological replicates.

## 2.4. Flow cytometry

Microalgae cell counting and registration of morphological and biochemical changes during the experiment were carried out with flow cytometer CytoFLEX (Beckman Coulter, USA) with the software package CytExpert v.2.0. The changes of microalgae cells after exposure to NPs were evaluated using specific fluorescent dyes. Microalgae growth-rate inhibition was determined by staining with propidium iodide (PI) according to the standard bioassay protocol [32]. Esterase activity of microalgae exposed to the NPs was evaluated using non-fluorescent lipophilic dye fluorescein diacetate (FDA) [33, 34]. Membrane potential of microalgae cells was assessed by a lipophilic, positively charged fluorescent dye 3,3'-dihexyloxycarbocyanine iodide (DiOC<sub>6</sub>) [35, 36]. To determine the size of microalgae cells, a size calibration kit (batch F13838, Molecular probes, USA) with the certified size distribution of 1, 2, 4, 6, 10, 15 μm was used for the forward scatter emission channel. The emission channels were selected according to the maximum emission of the dyes, provided by the manufacturer (Molecular Probes, USA). The blue laser (488 nm) of the CytoFLEX flow cytometer

was chosen as a source of excitation light. The endpoints of toxicity used in this work and the parameters of their registration are listed in Table 2. Each sample was measured at a flow rate of 100  $\mu\text{l}/\text{min}$  for 30 s.

**Table 2.** Toxicity assessment criteria and conditions of their registration.

Endpoint	Registration time	Biomarker	CytoFLEX emission channel, nm
Growth-rate inhibition	96 h, 7 days	PI	ECD, 610
Esterase activity	3 h, 24 h	FDA	FITC, 525
Membrane potential	6 h, 24 h	DiOC <sub>6</sub>	FITC, 525
Size	96 h, 7 days	Forward scatter intensity	FSC

Prior to the assessment of growth-inhibition, esterase activity, and membrane potential of each microalgae species, we had made a series of preliminary measurements to determine the optimal concentration of fluorescent dyes and the optimal duration of staining as described in our previous report [31].

Microalgae growth-rate inhibition should be estimated as a benchmark of direct cytotoxic effects or as an indicator of mortality. Esterase activity and membrane potential changes can indicate either the preliminary stage of toxic action or display the adaptational ability of organisms to influence of toxic substances [37, 38].

Changes of microalgae esterase activity are mostly caused by the deficiency of enzyme action or by disruption of membrane integrity, and it can be evaluated as a sensitive endpoint of algal sublethal toxicity [33, 34]. Reduction of membrane potential (depolarization) can be accompanied by changes of membrane elasticity, loss of lipid microdomains, and changes of ion permeability [39]. Integrity and normal operation of membranes are vital parameters for organisms as they provide barriers and transportation functions.

### 2.5. Microscopy

Morphological changes of microalgae cells were observed and captured by optical microscope Axio Observer A1 (Carl Zeiss, Germany).

### 2.6. Statistical analysis

Statistical analyses were performed using the software package GraphPad Prism 7.04 (GraphPad Software, USA). The one-way ANOVA test was used for analysis. A value of  $p \leq 0.05$  was considered statistically significant.

## 3. Results

For all the samples of NPs, we calculated the concentrations that caused 50% inhibition ( $EC_{50}$ ) of microalgae growth-rate, FDA fluorescence intensity (esterase activity), and DiOC<sub>6</sub> (membrane potential) fluorescence intensity compared to control. The calculated  $EC_{50}$  concentrations are given in the Table 3.

**Table 3.** The calculated  $EC_{50}$  concentration of growth-rate inhibition, esterase activity inhibition, and membrane depolarization, mg/L.

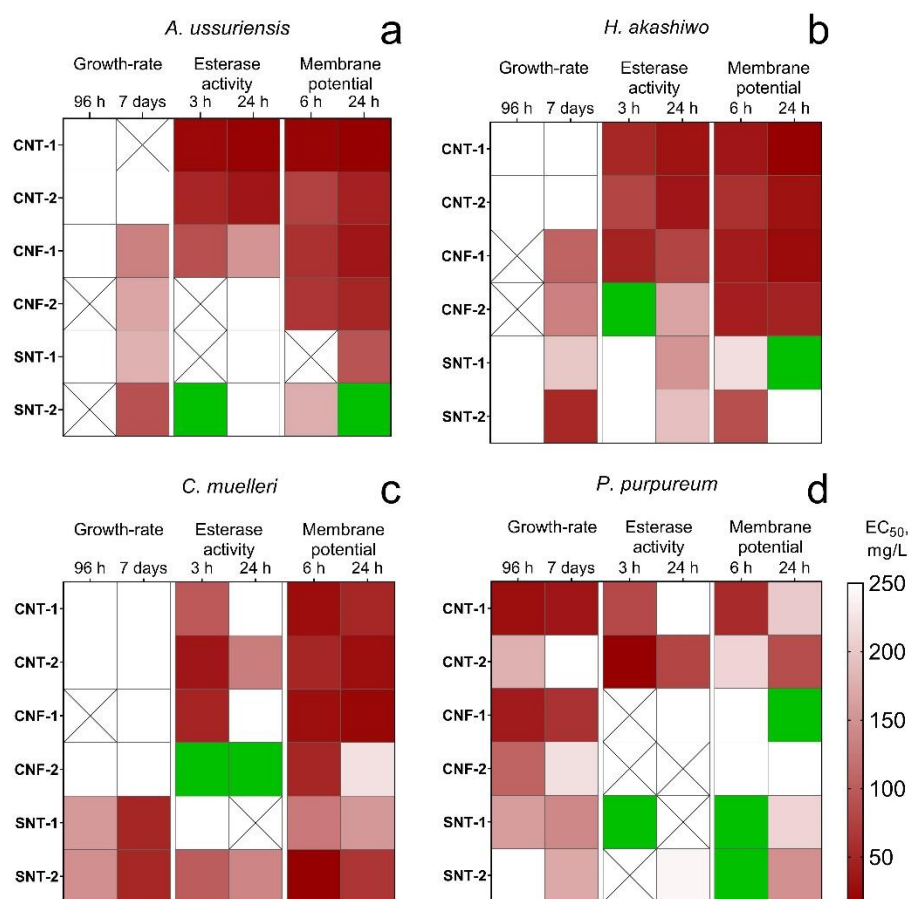
Sample	Growth-rate		Esterase activity		Membrane potential	
	96 h	7 days	3 h	24 h	6 h	24 h

<i>A. ussuriensis</i>						
CNT-1	360.0	n/a	29.8 (29.3 – 30.3)	24.3 (23.9 – 24.6)	27.4 (26.9 – 27.8)	23.4 (23.2 – 23.7)
CNT-2	344.0	560.0	56.2 (54.2 – 58.3)	42.1 (41.6 – 52.8)	81.4 (78.2 – 84.7)	52.7 (51.4 – 54.1)
CNF-1	> 1000	137.6 (135.0 – 140.2)	94.3 (91.2 – 97.6)	154.4 (150.3 – 158.7)	65.4 (62.1 – 68.8)	41.7 (40.2 – 43.2)
CNF-2	n/a	170.0 (168.9 – 171.2)	n/a	297.8 (294.0 – 301.6)	70.1 (67.4 – 72.9)	55.5 (55.0 – 56.1)
SNT-1	> 1000	180.1 (173.2 – 189.1)	n/a	839.0	n/a	97.4 (85.2 – 111.7)
SNT-2	n/a	95.3 (94.7 – 95.9)	stimulation 13 – 22%*	403.0	176.4 (169.3 – 183.9)	stimulation 5 – 25%*
<i>H. akashiwo</i>						
CNT-1	> 1000	1000.0	55.1 (53.4 – 56.4)	38.4 (38.7 – 40.1)	39.6 (38.9 – 40.4)	21.6 (21.4 – 21.7)
CNT-2	> 1000	855.0	83.0 (78.9 – 87.3)	40.9 (40.3 – 41.5)	65.2 (63.1 – 67.5)	37.4 (36.4 – 38.3)
CNF-1	n/a	110.6 (107.5 – 113.8)	51.2 (50.3 – 52.0)	82.5 (82.0 – 83.1)	46.0 (44.4 – 47.7)	31.4 (30.5 – 32.2)
CNF-2	n/a	135.8 (133.5 – 138.2)	stimulation 20 – 25%*	168.1 (164.1 – 172.2)	48.0 (47.0 – 49.1)	51.9 (51.3 – 52.4)
SNT-1	> 1000	199.1 (190.6 – 208.2)	532.0	153.9 (148.6 – 159.5)	256.6 (245.4 – 268.6)	stimulation 9 – 15%*
SNT-2	577.0	57.3 (56.7 – 57.9)	> 1000	193.1 (181.8 – 205.5)	92.2 (88.6 – 96.0)	> 1000
<i>C. muelleri</i>						
CNT-1	313.0	318.0	105.8 (100.5 – 111.6)	733.0	38.8 (38.0 – 39.7)	60.9 (58.8 – 63.1)
CNT-2	> 1000	680.0	45.8 (45.1 – 46.6)	136.5 (131.7 – 141.5)	60.4 (60.0 – 60.8)	39.6 (38.9 – 40.4)
CNF-1	n/a	830.0	59.3 (58.5 – 60.1)	> 1000	39.83 (39.0 – 40.7)	33.8 (33.2 – 34.5)
CNF-2	601.0	428.0	stimulation 15 – 18%*	stimulation 10 – 25%*	60.2 (59.0 – 61.3)	223.2 (222.5 – 223.9)
SNT-1	161.4 (158.6 – 164.3)	59.8 (58.3 – 61.4)	> 1000	n/a	132.6 (127.4 – 138.1)	159.7 (157.6 – 161.8)
SNT-2	151.8 (147.9 – 155.9)	61.1 (58.3 – 64.1)	107.7 (104.7 – 110.9)	142.3 (140.8 – 143.8)	27.9 (27.7 – 28.2)	74.11 (73.4 – 74.9)
<i>P. purpureum</i>						
CNT-1	28.7 (28.1 – 29.3)	36.1 (35.2 – 37)	82.7 (80.9 – 84.6)	423.0	53.9 (53.4 – 54.5)	208.6 (202.9 – 214.5)

CNT-2	178.3 (175.8 – 180.9)	415.0	16.5 (16.1 – 16.8)	78.6 (75.7 – 81.5)	213.2 (209.7 – 216.8)	86.8 (84.6 – 89.1)
CNF-1	39.5 (38.3 – 40.7)	61.5 (60.2 – 62.8)	n/a	654.0	359.0	stimulation 20 – 35%*
CNF-2	106.1 (104.9 – 107.3)	246.4 (234.7 – 259.0)	n/a	n/a	692.0	479.0
SNT-1	160.4 (189.7 – 161.1)	140.5 (137.5 – 143.7)	stimulation 10 – 22%*	n/a	stimulation 42 – 45%*	231.4 (229.7 – 233.1)
SNT-2	285.2 (279.2 – 291.4)	170.3 (166.8 – 173.8)	n/a	280.9 (280.2 – 281.7)	stimulation 82 – 90%*	148.0 (110.4 – 156.1)

95% confidence limits presented in the parentheses; n/a, measured effect was not observed even at the highest concentrations of the sample; \*In the cases when influence of NPs caused stimulation of the registered endpoint, the data were represented for concentration of 100 mg/L compared to control.

For visualization of calculated data (Table 3) and analysis of dynamic changes of microalgae cells, we created a heatmap (Figure 1).



**Figure 1.** The heatmap of changes in microalgae state after the treatment with the NPs: (a) *A. ussuriensis*; (b) *H. akashiwo*; (c) *C. muelleri*; (d) *P. purpureum*; white square, the calculated  $EC_{50}$  was higher than 250 mg/L; crossed square, measured endpoint was not observed; green square, the influence of the NPs caused the stimulation of the measured endpoint.

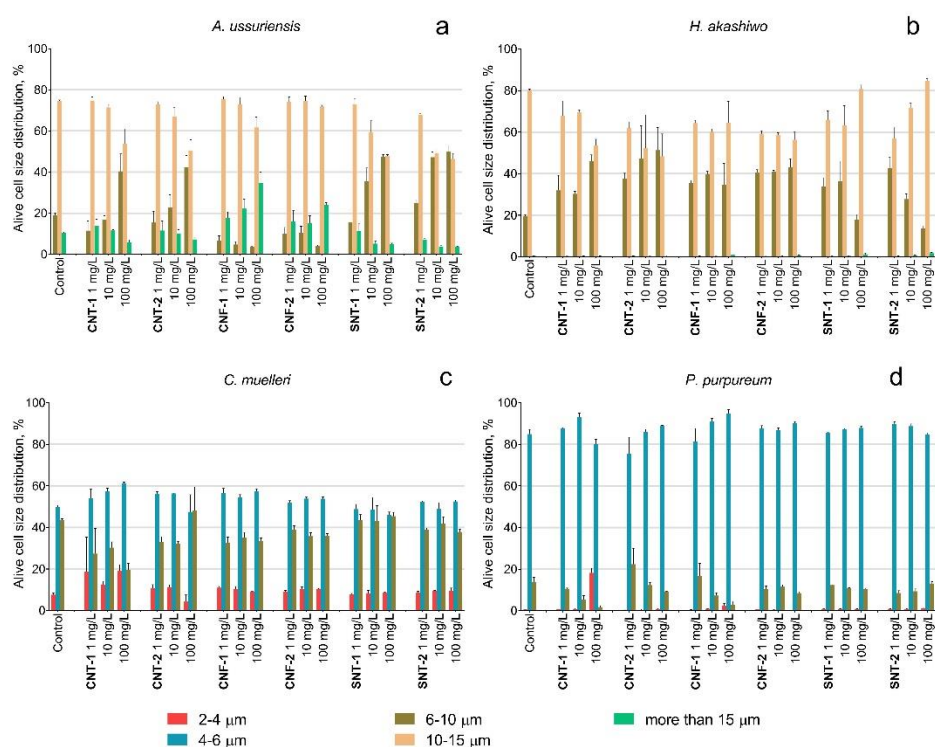
Silica nanotubes SNT-1 and SNT-2 demonstrated the most pronounced influence on the microalgae growth rate. The level of toxicity increased for all microalgae species after seven days of

exposure except for the samples SNT-1 and SNT-2 after 96 hours of the treatment affected growth-rate only for *C. muelleri* and *P. purpureum*.

Carbon nanotubes CNT-1 and CNT-2 had almost no influence on the growth rate of *A. ussuriensis*, *C. muelleri*, and *H. akashiwo* both after 96 hours (acute toxicity) and seven days (chronic toxicity) of the treatment. Carbon nanofibers CNF-1 and CNF-2 also did not reveal any significant influence on the growth rate of these three species in acute toxicity assessment but chronic toxicity and growth-rate inhibition was detected for *A. ussuriensis* and *H. akashiwo*. Moreover, all the carbon NPs caused significant inhibition of esterase activity and depolarization of membranes for *A. ussuriensis*, *H. akashiwo*, and *C. muelleri*. However, the nanofiber sample CNF-2 did not affect the esterase activity of diatomic algae *A. ussuriensis* and stimulated esterase activity of diatomic algae *C. muelleri*.

The toxicological profile of the red algae *P. purpureum* significantly differed from three other microalgae species. *P. purpureum* was the only species responded by growth-rate inhibition to the influence of carbon NPs. At the same time, the red algae had the lowest changes in esterase activity and membrane potential.

The data of flow cytometry analysis indicated the changes in the size of microalgae cells after the treatment of NPs as demonstrated in the Figure 2.



**Figure 2.** The changes of size distribution of microalgae cells after 96 hours of exposure to NPs: (a) *A. ussuriensis*; (b) *H. akashiwo*; (c) *C. muelleri*; (d) *P. purpureum*.

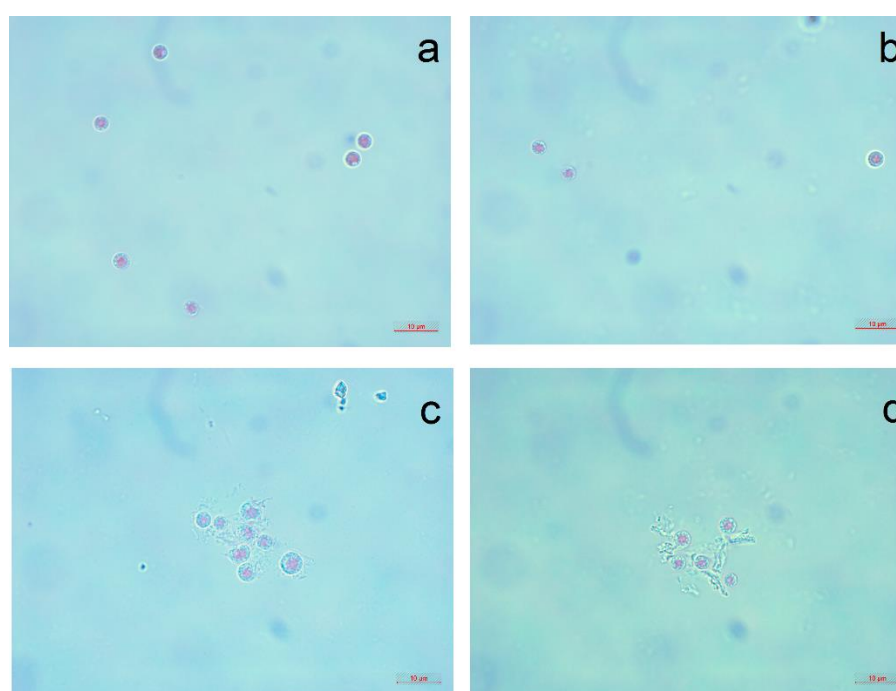
A decrease in the cell size was detected for diatomic algae *A. ussuriensis* after the treatment with the samples CNT-1 and CNT-2 at the concentration of 100 mg/L and after the treatment with silica nanotubes at the concentrations of 10 and 100 mg/L (Figure 2a). The carbon nanofibers CNF-1 caused enlargement of the cells of *A. ussuriensis* at the concentrations of 100 mg/L. The cells of *H. akashiwo* responded with a decreased cell size after the interaction with all tested types of NPs (Figure 2b). The cell sizes of *C. muelleri* and *P. purpureum* slightly decreased after the treatment with the sample CNT-1 (Figure 2c, d).

The visual observation of *P. purpureum* after seven days of exposure to the NPs is presented in Figure 3 and Figure 4.

It should be noted that despite a visible dissimilarity in the sensitivity and responses of different microalgae cells to the treatment of the NPs, we highlighted general mechanisms of action for assessed samples. In the next section, we have discussed the principal findings of this investigation.



**Figure 3.** The red algae *P. purpureum* after 96 hours of treatment with carbon nanotubes at concentration of 100 mg/L: (a) control; (b) CNT-1; (c) CNT-2.



**Figure 4.** The red algae *P. purpureum* after 96 hours of treatment with carbon nanofibers and silica nanotubes at concentration of 100 mg/L: (a) CNF-1; (b) CNF-2; (c) SNT-1; (d) SNT-2.

## 4. Discussion

### 4.1. Carbon nanotubes and nanofibers

One of the most peculiar observations that we can highlight from experimental data is a relatively high sensitivity of the red microalgae *P. purpureum* to the samples of carbon NPs and a lower sensitivity to the silica nanotubes, although the other three microalgae species had diametrically opposite responses (Table 3, Figure 1). The probable reason for such differences is a highly hydrophobic surface of the cells of *P. purpureum* caused by the presence of mucous covering around the cells of the red algae [40]. It was shown that carbon NPs can bind to membranes of microorganisms by hydrophobic interaction and hydrogen bonding formed between surfaces of cells and defect areas of NPs [41]. Hence, the hydrophobic surface of cells might have facilitated adhesion of more hydrophobic carbon NPs to microalgae (Figure 3b, c). Therefore, it could be stated that the red algae *P. purpureum* received higher influence from the samples of carbon NPs.

Current statement correlated with the results of the structural and surface analysis of the samples of carbon NPs (Table 1). It was shown (Figure 1) that the carbon nanotubes sample CNT-2



having the most ordered structure had a lower influence on the growth-rate of *P. purpureum* as compared to the other carbon NPs having unordered structure and a relatively higher hydrophobicity. Therefore, based on inhibition of growth-rate of *P. purpureum* and low influence of carbon NPs (except CNT-2) on esterase activity and membrane potential, we can conclude that the main mechanism of toxic action of these samples on the red microalgae was a physical damage caused by adhesion of clusters of NPs with extracellular mucopolysaccharides of *P. purpureum* [42].

Almost no effect of carbon NPs on growth-rate of *A. ussuriensis*, *H. akashiwo*, and *C. muelleri* was probably caused by the lower mechanical interaction between microalgae cells and the NPs. However, observed esterase activity inhibition, membrane depolarization, and size changes of microalgae cells might be produced by the influence of metal impurities containing in carbon NPs (Table 1). Prior research demonstrated similar effects of metal ions on esterase activity, membranes, and size of microalgae cells [43-45].

In general, nanofibers reveal a lower influence on esterase activity and membrane polarization compared to carbon nanotubes. Such a difference is probably caused by the unequal physical accessibility of toxic impurities from different types of NPs to microalgae cells [46].

#### 4.2. Silica nanotubes

The influence of silica nanotubes caused a significant growth-rate inhibition for all species but almost did not change esterase activity, membrane polarization (Table 3, Figure 1), size (Figure 2), and shape of microalgae cells (Figure 4). According to the experimental data and the absence of impurities in the composition of SNT-1 and SNT-2 samples (Table 1), we can conclude that the main toxic mechanism for silica nanotubes was mechanical damage of microalgae cells.

Hydrophilic surface of silica NPs allows them to easily move in the water body [47]. Such properties increase the possibility of NPs to have contact with microalgae cells. Thus, a planktonic species i.e. *C. muelleri* more frequently had a contact with silica nanotubes and experienced more severe mechanical damage (Figure 1c) compared to benthic laying on the bottom *A. ussuriensis* (Figure 1a), placed near the water surface *H. akashiwo* (Figure 1b), and having defense mucous covering *P. purpureum* (Figure 1d).

Interestingly, the toxic influence of silica nanotubes was reduced with time for all microalgae species except small planktonic algae *C. muelleri*. At the same time, the sample SNT-2 with a larger diameter of nanotubes had higher influence on growth-rate of two microalgae species with larger cells i.e. *A. ussuriensis* and *H. akashiwo*. Previous works showed that the toxicity from the silica nanotubes increases with the increase of microalgae cell diameter [48]. The other research described an increase in the phytotoxic action for silica NPs with increase of particle size [49]. For *C. muelleri* and *P. purpureum*, which are the algae species having smaller cell sizes, both types of silica nanotubes demonstrated a comparable level of toxicity, though the minor predominance could be seen for the sample SNT-1 (Table 3, Figure 1) with smaller diameter of nanotubes but a more developed surface area.

In the bioassay on common microalgae *Raphidocelis subcapitata*, the authors claimed the increasing of silica nanotubes toxicity with increasing of its surface area [47]. Hence, our results were in a good correlation with previous research, and we can conclude that the toxicity of silica NPs strongly depends on their size, surface area, and other surface properties.

However, the cell size changes observed for diatomic algae *A. ussuriensis* under the treatment of silica nanotubes were unexpected and it was in contradiction to the conclusion made for carbon NPs that the size of microalgae changed by the influence of metal ions from particle impurities. Nevertheless, the size of *A. ussuriensis* cells was reduced in the presence of silica nanotubes having no impurities (Table 1, Figure 3a).

Probably, the observed effect could be related to diatomic algae reproduction peculiarities. It is a known fact that the size of the diatomic algae population becomes smaller through the series of cell divisions, and the initial cell size can be kept only by sexual reproduction [50]. Therefore, cell size reduction for *A. ussuriensis* might be caused by a disorder in the reproduction processes. The reason for such disorder is a matter for further investigation and discussion. Moreover, the samples of silica

nanotubes did not reveal any influence on the size of the other three microalgae species (Figure 3b, c, d).

Another interesting observation was the increase in microalgae membrane polarization under the influence of silica NPs (Table 3, Figure 1). Therefore, the mechanisms of toxic action for silica nanotubes cannot depend only on particle diameter and surface area, and future investigations should be focused on the searching of the parameters and their combinations which could influence the toxicity of NPs.

## 5. Conclusions

In this study, the aim was to assess the level of toxicity and the mechanisms of toxic action of carbon nanotubes, carbon nanofibers, and silica nanotubes using four microalgae species as the objects of aquatic toxicity bioassay. The results of this investigation show that (1) carbon nanotubes samples CNT-1 and CNT-2 had non-significant toxic effect on the growth rate of all four microalgae species but caused a high inhibition of esterase activity and depolarization of cell membranes, which was most probably caused by heavy metal impurities in NPs; (2) more hydrophobic carbon NPs with less ordered structure had a higher impact on the red microalgae *P. purpureum* because of higher adherence between the particles and mucous covering of the red algae cells; (3) silica NPs did not affect the esterase activity and membrane potential of the cells of all four microalgae species even at higher concentrations but caused significant inhibition of growth-rate, which indicated predominance of mechanical damage as a mechanism of toxicity for used samples of silica nanotubes.

The findings of this research provide insights for the formation of the principles of safe design, production, and utilization of NPs [51]. We believe that safety ensuring in nanotechnology would be provided only by international cooperation and large-scale nanotoxicology research, including the approaches of bioinformatics, system biology and other methods of modeling, prediction, and maintaining the handling and interpretation the growing body of research data.

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**Conflicts of Interest:** The authors declare no conflict of interest.

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