*Inonotus Obliquus* Extracts decreased expression of MMP1 mRNA via JNK-AP-1 axis

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Abstracts

In present study, the effect of *Inonotus Obliquus* extracts used in traditional medicine was investigated on the expression of matrix metalloproteinases-1 (*MMP-1*) in the normal human dermal fibroblasts. As shown our results, extracts of *Inonotus Obliquus* decreased MMP1 expression in oxidative stress-exposed normal human dermal fibroblasts. Additionally, *Inonotus Obliquus* extracts decreased AP-1 transcriptional activity and phospho-JNK in oxidative stress exposed normal human dermal fibroblasts. The results suggest that *Inonotus Obliquus* extracts decreased MMP1 expression using decreasing AP-1 transcriptional activity and phospho-JNK. Therefore, *Inonotus Obliquus* extracts has potential to reduce formation of wrinkle and to use as a cosmetic ingredient.

**Keyword:** *Inonotus Obliquus* extracts, MMP1, human dermal fibroblasts, JNK, AP-1
**Introduction**

Skin aging is caused by external and internal factors [1, 2]. A common feature of aging process is the creation of wrinkles [3]. Wrinkling is mostly caused by destruction of the extracellular matrix (ECM) in the dermis. ECMs in the dermis are mainly composed of collagen type I, III, VII, VII and elastin, proteoglycans and fibronectin, especially collagen type I accounting for more than 70% [4, 5]. Therefore, the assembly and disassembly of collagen type I plays an important role in the structure of the dermis. Matrix metalloproteases (MMP1) which is one of disassemble enzymes destructs collagen type I [6, 7, 8]. MMP1 is highly expressed in natural and photorealistic aging, which induce destruction and alteration of the dermal structure [4, 5]. Therefore, in the cosmetics field, skin aging is suppressed by maintaining the structure of the ECM through controlling the expression of MMP1 or Collagen type I [9, 10, 11]. In photo-ageing, expression of MMP1 is increased by ultraviolet radiation or reactive oxygen species (ROS), which is major factor of photo-ageing, which induced phosphorylation of c-Jun N-terminal kinase (JNK), which is one of the MAP kinase families, and then p-JNK activates c-JUN, the main factor of AP-1 complex [12]. Thus, the activation of AP-1 complex, a transcription factor, increases the expression of MMP1, since MMP1 is one of the target genes of AP-1. The ageing of the skin can be protected through phytochemicals which regulate collagen synthesis and degradation related genes, such as MMP1 [13]. Therefore, in this study, we investigate that *Inonotus Obliquus* extracts regulates expression of MMP1, and suggest the potential as a functional anti-wrinkle ingredient of cosmetics.

**Materials and Methods**

**Cell culture**

Normal human dermal fibroblasts (nHDFs) were purchased and used by Lonza Inc. (USA). The cell culture was cultured on Dulbecco’s Modified Eagle’s Medium (DMEM; Gibco, USA)
by adding 10% total bovine serum (FBS; Gibco, USA) and 10% P/S solution (Gibco, USA; penicillin (100 unit/mL), and streptomycin (100g/mL)). The incubation conditions were incubated at 37°C, 95% humidity, and 5% CO₂ incubator, and cells between 3 and 15 generations were used in the experiment.

**Preparation of *Inonotus Obliquus* extracts**

The dried plant material was ground into powder with a mill. The finely pulverized samples were weighed (5 g), and 500 ml of water or 70% ethanol solution in water was added, respectively. The mixtures were extracted with sonication, respectively. The extract was later filtered using filter papers (Whatman No. 3; Whatman, England), and centrifuged for 10 min at 4°C, 5,000 rpm. The filtered extracts concentrated under vacuum using a rotary evaporator (Rotavapor R-100; Buchi, Switzerland). The frozen extract was evaporated to a freeze-dried powder for 72 h using a laboratory freeze dryer (ILSHIN, Korea). The powder of *Inonotus Obliquus* extracts was dissolved into DMSO, and then *Inonotus Obliquus* extracts was stored at −20°C before use.

**Cell viability assay**

The cell viability was measured using WST-1 assay. In 96 well plate, 3×10³ nHDFs were incubated in a DMEM containing 10% FBS for 24 h. And then each experimental indicated condition was treated and then incubated again for 24 h. After incubation, EZ-CYTOX (Daeillab, Korea) based on WST-1 assay was added with 10% and the cells incubated for 30 min in 37°C. After the incubation, the absorbance was measured at a wavelength of 450 nm with the plate reader (Bio-Rad, USA).

**Quantitative real time polymerase chain reaction (qRT-PCR)**
Trizol (Invitrogen, USA) was used to extract total RNA. Total RNA (2 μg) was reverse-transcribed using a reverse transcription master premix (Enzymomics, Korea). qRT-PCR was performed using HOT FIRE Pol EvaGreen PCR Mix Plus (Solis BioDyne, Estonia). The primer of MMP1 used MMP1 forward primer, 5'-CTTCTGGAGGCAAGGAC-3'; MMP1 reverse primer and 5'-TGCCCCCCCATTCCCATTCA-3'; The primer of β-actin used β-actin forward primer, 5'-CGACAGGATGCAGAAGGAG-3’ and β-actin reverse primer, 5’-ACATCTGCTGGAAAGGGTGA-3’. Normalization was relatively quantified using β-actin, and the melting curve was measured to determine whether the non-specific band was present.

**Western blot**

The cells washed twice with 1X PBS, followed by lysis in radio-immuno-precipitation assay (RIPA) lysis buffer (Thermo Scientific, IL, USA) and centrifugation at 14,000 rpm for 10 min at 25°C. And then a total cellular protein content is measured using the Pierce® BCA method (Thermo Scientific). Whole cell lysates (20 μg protein each) were separated by 10% SDS-PAGE, transferred to a polyvinylidene difluoride membrane (Roche), and probed with primary antibodies specific to JNK and phosphor-JNK (Santa Cruz Biotechnology, TX, USA). After washing, membranes were incubated with horseradish peroxidase-conjugated secondary antibody (Santa Cruz). Immunodetection was performed using a chemiluminescence method (SuperSignal; Pierce Biotechnology, IL, USA) and then normalized with β-actin.

**Luciferase assay**

The genes of Reporter Plasmid (pGL-TRE, 1 μg) and normalization Plasmid (pCMV-β-gal, 0.2 μg) were transfected to nHDFs using Hilymix (Dojindo, Japan) and cultivated for 24 h. And then each experimental indicated condition was treated. After treatment of *Inonotus Obliquus* extracts, cultured 24 h, the cells harvested and lysed into 100μL of 1X luciferase lysis buffer
(Promega, USA) at 4°C for 10 min. And the supernatant was separated and used for luciferase assay. The Luciferase assay was performed using the luciferase agent (Promega) and the luminous intensity was measured using the Luminometer (Veritas, USA). Normalization corrected the Luciferase assay by measuring the activity of o-Nitrophenyl β-D-galactopyranoside (ONPG) assay.

**Statistical analysis**

The Student t -test method was used to determine the statistical significance of the experimental results. It was also determined that the value of p<.05 was significant.

**Results**

*Cytotoxicity Measurement of Inonotus Obliquus Extracts in nHDFs*

To identify cytotoxicity of *Inonotus Obliquus* extracts in nHDFs, cell viability was measured after treating 0, 25, 50, and 100 μg/ml *Inonotus Obliquus* extracts 24 h. As shown in Figure 1, cells were found to be non-toxic under 50 μg/ml *Inonotus Obliquus* extracts. Therefore, the efficacy was measured from further experiments using 50 μg/ *Inonotus Obliquus* extracts.

*MMP1 mRNA expression suppression of Inonotus Obliquus extracts in nHDFs*

We showed whether *Inonotus Obliquus* extracts decreased MMP1 mRNA expression in nHDFs with 200 μM H₂O₂. Each condition cells were harvested and RNA isolated. And cDNA was synthesized using isolated RNA, and the expression of MMP1 was verified as qRT-PCR. The results of the experiment revealed that the expression of MMP1 mRNA was increased by 3.20 times (320.25%) by 200 μM H₂O₂ against the control group as shown in Figure 2. In comparison, 50 μg/ml *Inonotus Obliquus* extracts decreased expression of MMP1 mRNA by
1.92 times (192.34%) in 200 μM H_2O_2 exposed nHDFs. Therefore, *Inonotus Obliquus* extracts have been confirmed to reduce MMP1 mRNA caused by oxidative stress.

**AP-1 transcriptional activity suppression of Inonotus Obliquus extracts in nHDFs**

The increase of MMP1 mRNA expression due to oxidative stress was induced by phosphorylation at c-Jun, a major component protein of AP-1 complex. Therefore, we investigated the transcription activity of AP-1 by *Inonotus Obliquus* extracts, which was measured by TPA Response Element (TRE), the DNA binding site of AP-1 (Rise et al., 1989; Park et al., 2003). As shown in Figure 3, we demonstrated that 200 μM H_2O_2 increase 8.26-fold (826.36%) in transcription activity of the AP-1 complex. However, treating *Inonotus Obliquus* extracts decreased the transcription activity of AP-1 complex by 3.07 times (307.46%) by 50 μg/ml in 200 μM H_2O_2 exposed nHDFs. Therefore, *Inonotus Obliquus* extracts is verified to reduce the expression of MMP1 by regulating the transcription activity of the AP-1 complex (Figure 3).

**JNK phosphorylation suppression of Inonotus Obliquus extracts in nHDFs**

AP-1 activity is regulated by phospo-JNK in oxidative stress. Thus, we showed whether *Inonotus Obliquus* extracts decreases phospo-JNK in 200 μM H_2O_2 exposed nHDFs (Leppä et al., 1998; Karin, 1995). As shown Figure 4, JNK phosphorylation was elevated by oxidative stress, 200 μM H_2O_2, and co-treatment of 200 μM H_2O_2 and *Inonotus Obliquus* extracts showed that phospo-JNK decreased compared to 200 μM H_2O_2 single treatment (Figure 4). *Inonotus Obliquus* extracts regulated the transcription activity of the AP-1 complex by inhibiting JNK, thereby regulating the increased MMP1 expression caused by oxidative stress. Overall, *Inonotus Obliquus* extracts suggest a potential as an ingredient for anti-wrinkle or anti-aging cosmetics (Figure 4).
Discussion

In this study, we confirm the anti-aging mechanism of the *Inonotus Obliquus* extracts. As shown in the results of this paper, the *Inonotus Obliquus* extracts was found to be non-cellular toxic at concentrations below 50 μg/ml (Figure 1). MMP1 overexpression caused by oxidative stress was decreased by 50 μg/ml *Inonotus Obliquus* extracts (Figure 2). We also found that this regulation of MMP1 was due to reduced transcription activity of AP-1 through decrease of JNK activity (Figure 3, 4). In aged skin, MMP1 decomposed extracellular matrix by degradation of collagen type 1. Especially, MMP1 is elevated by photo or natural ageing-mediated oxidative stress [1, 2]. The oxidative stress induced JNK phosphorylation, and then phospho-JNK elevates transcriptional activity of AP-1, which is finally upregulated MMP1 expression [14, 15]. Thus, our results suggest that *Inonotus Obliquus* extracts decreases MMP1 mRNA expression using downregulating AP-1 transcriptional activity and JNK phosphorylation [16, 17]. Moreover, through the results of this study, we identified that the *Inonotus Obliquus* extracts is a cosmetic material that can control the decomposition of the collagen by reducing the expression of MMP1, which breaks down the collagen of the skin, and thus presents a possibility as a new functional cosmetic ingredient for reducing wrinkles.

Conclusion

Treatment with *Inonotus Obliquus* extracts attenuated MMP1 expression in nHDFs, as determined by qRT-PCR, without causing cytotoxicity. Furthermore, *Inonotus Obliquus* extracts down-regulated AP-1 transcriptional activity and phosphorylation of JNK. These data collectively indicate that *Inonotus Obliquus* extracts are potent inhibitors of skin aging.

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**Conflict of interest**

The authors state no conflict of interest.

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**References**


**Figure legends**

**Figure 1.** Cytotoxicity of extracts of *Inonotus Obliquus* in human dermal fibroblasts

Effects of *Inonotus Obliquus* extracts on the cell viability were expressed as a percentage of control at the indicated concentrations. Values are mean±standard deviation (S.D.) from triplicate experiments. * p<.05 compared with non-treated cells.
**Figure 2.** Effects of extracts of *Inonotus Obliquus* on MMP1 mRNA expression in human dermal fibroblasts.

Effects of *Inonotus Obliquus* extracts on MMP1 mRNA expression against H$_2$O$_2$ treatment. MMP1 mRNA expression were normalized to β-actin. The results are expressed as the mean±S.D. from triplicate experiments. # p<.05 compared with non-treated cells. * p<.05 compared with 200 μM H$_2$O$_2$-treated cells.
**Figure 3.** Effects of extracts of *Inonotus Obliquus* on promoter activity of TRE in human dermal fibroblasts.

TRE activity was estimated by using TRE-luciferase reporter assay. TRE activity were normalized to β-galactosidase. The graphs are expressed as the mean±S.D. from triplicate experiments. # p<.05 compared with non-treated cells. * p<.05 compared with 200 μM H₂O₂-treated cells.
Figure 4. Effects of extracts of *Inonotus Obliquus* on JNK phosphorylation in human dermal fibroblasts.

JNK and p-JNK protein expression were assessed by using western blot assay. β-Actin served as an internal control, and different concentrations of *Inonotus Obliquus* extracts (0, 25, and 50 µg/mL) were treated in human dermal fibroblasts. JNK band density was measured by Image J software and normalized by band density of p-JNK. The graphs are expressed as the mean±S.D. from triplicate experiments. # p<.05 compared with non-treated cells. * p<.05 compared with 200 µM H₂O₂-treated cells.