

The video 1 provided in the following link shows the real practice of this technique using method 1 (in-plane approach, needle perpendicular to the long-axis of the nerve) in clinical situations.

Video 1:

<https://www.dropbox.com/s/eyhpphwcshkfs0k/MN%20Ulnar%20HD%20Combined%20and%20named.mov?dl=0>



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The video 2 in the following link shows the use of method 1 to treat 2 or 3 diseased nerves running parallel to each other in real clinical practice.

Video 2:

<https://www.dropbox.com/s/ym9rp8u2bgbtu56/CPN%2C%20LSCN%20and%20TN%20HD.mov?dl=0>



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The videos 3 and 4 showing the real clinical practice of method 2 for HD of nerves is shown in the following 2 links:

Video 3:

<https://www.dropbox.com/s/y0ye7tj8bj7o3ml/CPN%20HD%20Method%202%20faster.mp4?dl=0>



Video 4:

<https://www.dropbox.com/s/9uchgifwfskgsrp/MN%20HD%20SAX%20to%20LAX%20with%20Name.mov?dl=0>



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The video 5 in the following link shows the tracking of common peroneal nerve (CPN) from the distal to proximal end and shows a swollen fascicle.

Video 5:

<https://www.dropbox.com/s/70tqz5s7vohmg2n/Tracking%20of%20Swollen%20Nerve.mov?dl=0>



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The video 6 in the follow link shows direct digital palpation and snapping of the CPN against the fabella when the knee is flexed and extended.

Video 6:

<https://www.dropbox.com/s/e0ho10kqmq9w5v7/Digital%20Palpation%20of%20Nerves%20for%20Neuropathic%20pain.mov?dl=0>



The video 7 in the following link shows the dynamic US visualization of the loss of the “seesaw sign” of the tibial nerve and the CPN in the sciatic nerve sleeve during the ankle-planter flexion and dorsiflexion.

Video 7:

<https://www.dropbox.com/s/7299qwi2ixwivr/seesaw%20sign%20of%20sciatic%20nerve%201.mp4?dl=0>



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The following link shows the video 8 of the dry needle procedure of the pathologic nerve with stimulation under US guidance.

Video 8:

<https://www.dropbox.com/s/isr3fnc9e1ddcwj/Dry%20needling%20for%20suspected%20nerve%20pain.mov?dl=0>

