

1 **Host availability, repulsive companion planting, and predation interact and shape how a**
2 **parthenogenetic aphid population responds to a stratified ecological challenge**

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11 **Running title:** Multiple bio-stressors alter aphid fitness

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34 **Abstract**—Phloem-feeding insects strive to offset the disadvantageous effects of stressors to sustain their
35 offspring and survive. Adaptive responses to environmental stress are not well understood under complex
36 influences of companion planting, natural enemies, and host gradient. In this study, under predation by
37 lacewing *Chrysoperla carnea* Stephens (Neuroptera: Chrysopidae), we survey the responses of green peach
38 aphid *Myzus persicae* Sulzer (Hemiptera: Aphididae), reared on different densities of cabbage *Brassica*
39 *oleracea* L. (Brassicales: Brassicaceae) to its shallot companion *Allium cepa* (L.) var. *aggregatum* G. Don
40 (Asparagales: Amaryllidaceae). Firstly, aphid aggregative abundance was strongly influenced by shallot
41 perturbation, predator presence and changes in cabbage-host biomass, altering aphid phenotypic plasticity.
42 Interestingly, the shallot and predation negative impacts can be of similar magnitudes. Secondly, changes in
43 the cabbage-host availability and biomass, especially under predation, had a strong impact on aphid traits.
44 Our study underscores the benefits of including shallots as crop-companions in augmenting pest control, but
45 also suggests that the outcome of coupling companion planting with natural enemies is context-dependent
46 and thus should be empirically applied. At the confluence of ecology and agronomy, this work provides
47 insights on how manipulated functional biodiversity may function as an alternative strategy for pestilent
48 herbivory management in model and green-house systems.

49
50 **Keywords**
51 Shallot, cabbage, green peach aphid, lacewing, bio-stress, companion planting

52 Introduction

53 Green peach aphid *Myzus persicae* (Sulzer), a major plant-virus vector, that reproduces rapidly and
54 explosively, causing considerable damage to many crops around the globe (Blackman and Eastop
55 2000; van Emden and Harrington 2007). The fitness, behaviour and virulence of this phloem-feeding
56 insect are strongly affected by the nutritional and chemical values of its wide range of vulnerable host
57 plants (Bell and Cardé 1984; Andow 1991). Plant chemicals can inform aphids whether specific
58 plants may be viable hosts that are suitable for settlement and colonisation (Pickett 1992; Visser 1986;
59 Visser and Piron 1995), or a poor choice that should be avoided (Tosh *et al.* 2003; Powell *et al.* 2006;
60 Amarawardana *et al.* 2007; Ikeura *et al.* 2012; Parker *et al.* 2013).

61 Companion planting is a useful multi-purpose horticultural practice where natural processes are
62 utilised to repel pests or disrupt their settlement and reproduction on a target crop or both (Parolin *et al.*
63 2012; Parker *et al.* 2013). The companion plant, inter-planted with a target crop, can have a perturbing
64 effect on the populations of phloem-feeding crop pests like aphids, via its deterring or repellent
65 properties (Block 2010; Parker *et al.* 2013; Claros Cuadrado *et al.* 2019), thus altering pest fitness,
66 behaviour, and host selection (Tang *et al.* 2012). As such, the application of companion planting
67 accentuates the effects of functional plant-plant associations (Lopes *et al.* 2015) on the population
68 dynamics of vegetable-associated insect communities and hence may impede the outbreak of pest
69 infestation (Vandermeer 1989; Sullivan 1998; Kuepper and Dodson 2001; Mousavi and Eskandari
70 2011; Claros Cuadrado *et al.* 2019), whilst conveniently providing plants that are edible by human but
71 inedible by pest in the vicinity of vulnerable crops.

72 Plants from the genus *Allium* are recognised for their insect-perturbing properties (Block 2010;
73 Parker *et al.* 2013). Few studies have evaluated the effect of growing *Allium sp.* with various
74 vulnerable cash crops on pest control (Block 2010; Parker *et al.* 2013; Pahla *et al.* 2014). For example,
75 intercropping systems of different ratios and mixes of cash crops and *Allium sp.* have been
76 documented to lead to reduced aphid fitness in the mixed blocks when compared to monocultures
77 (Mutiga *et al.* 2010; Baidoo *et al.* 2012; Pahla *et al.* 2014). Onions of the species *Allium cepa* (L.) are
78 rich with distinctive metabolites: organosulphur volatile compounds (Block *et al.* 1992;
79 Amarawardana *et al.* 2007) as well as glucosides and flavonoids (Block 1985; Rodrigues *et al.* 2017;
80 Singh and Kaur 2018; Fernández-Bedmar *et al.* 2019). Specifically, shallots *Allium cepa* (L.) var.
81 *aggregatum* (G. Don) are replete with phenolics (Lanzotti 2006; Rodrigues *et al.* 2017) and
82 organosulphur compounds (diallyl sulfide and diallyl disulfide) (Izawa *et al.* 2010) which are shown to
83 have insecticidal activity (Lattanzio *et al.* 2006; Plata-Rueda *et al.* 2017). These biochemicals
84 effectively give alliaceous plants their anti-pest properties. Also, *Allium*-specific chemicals can help
85 reduce the onset of soil-borne diseases due to their biocidal effects (Ratnadass *et al.* 2012). Contrary to
86 sustainable ‘anti-pest’ botanical insecticides (owing to plant secondary metabolites) (Isman 2006;
87 Mnayer *et al.* 2014; Hikal *et al.* 2017; Kasmi *et al.* 2017), conventional synthetic insecticides are

88 usually costly, non-environmentally friendly with negative impacts on health and the environment
89 (Larramendy and Soloneski 2014), and to which generalist pests, such as *M. persicae*, may develop
90 resistance over time (Devonshire *et al.* 1998; Digilio *et al.* 2008). The vast array of potential host
91 plants vulnerable to this polyphagous aphid species might have been evolutionarily associated with a
92 conferred degree of resistance of this generalist pest to the phytotoxicity of specific target plant
93 substances over others (Digilio *et al.* 2008).

94 The application of companion planting harnesses the effects of their secondary metabolites in pest
95 control and this has been gathering increased interest in integrated aphid management (Agelopoulos *et*
96 *al.* 1999; Isman 2006; Digilio *et al.* 2008; Rodriguez-Saona and Stelinski 2009; Kasmi *et al.* 2017).
97 The regulation of pest populations, via companion planting, may depend directly on the abundance of
98 each plant species in the culture mix (host plant abundance, in particular) (Baidoo *et al.* 2012; Khan *et*
99 *al.* 2012). This may also support plant growth and improve soil quality (Wu *et al.* 2016), enhancing
100 the properties of the target crop (Mutiga *et al.* 2010; Parker *et al.* 2013) and increasing leaf mass in
101 culture mixes in comparison to the situation in monocultures (Pahla *et al.* 2014). However, the effects
102 of Alliums, for example shallots *Allium cepa* (L.) var. *aggregatum* (G. Don), on the abundance linked
103 to aggregation as well as phenotypic plasticity (production of alates) in aphids are yet to be explored
104 and weighed against the effects of predation by aphid's natural enemies.

105 Along with the effects of abundance and diversity of plants available within a locale, as a
106 bottom-up effect, the presence of natural enemies adds another layer of stress to the challenging
107 surroundings of aphids through a top-down effect (Costamagna and Landis 2006; Xie *et al.* 2012),
108 with evidence for species diversity to simultaneously be a cause and a consequence of resource density
109 in plant-aphid-predator systems (Cardinale *et al.* 2006). There are various efficient predatory
110 'agrobionts' that feed on aphids, such as lacewing *Chrysoperla carnea* (Stephens) (van Emden and
111 Harrington 2007), that are particularly potent in greenhouse environments (McEwen *et al.* 2001;
112 Sarwar 2014). It is noteworthy that the "enemies hypothesis" by Root (1973) predicted that predators
113 can be more effective at controlling a herbivore population in diverse environments than single-crop
114 cultivation; more evidence has been accrued on the vital role of landscape complexity in aphid control
115 (Martin *et al.* 2015). Although, the application of natural enemies and the use of companion planting
116 have been previously explored discretely, the use of both methods simultaneously, whilst taking into
117 account variable availability or shortage of the target crop (host plants for the pest), has not received
118 much attention heretofore. Moreover, examining alata production, as an indicator of phenotypic
119 plasticity, in response to combined biotic stressors, such as when the primary crop is accompanied by
120 toxic or perturbing plant companions has not been, thus far, adequately conducted. Investigating how
121 aphids respond to complex stress in terms of reproductive success, aggregation, and phenotypic
122 plasticity will help examine and develop a novel genre of 'green' integrated pest management
123 comprising aphidophagous agrobionts and companion planting. Although some research investigated

124 the effects of garlic *Allium sativum* (L.) and onion *Allium cepa* in polyculture, as cited above, studies
125 on the application and effects of *shallots* are thus far lacking.

126 In this work, we manipulate the biological stress regimes in a model agroecosystem composed of
127 savoy cabbage *Brassica oleracea* (L.) var. *sabauda*, green peach aphid, and an aphidophagous predator
128 (lacewing), with and without shallot as an aphid-perturbing companion of cabbage. Conducting two
129 experiments, we investigate stress-driven ecological changes in the aggregative abundance and
130 phenotypic plasticity (via the production of dispersive winged morphs), on a single clone of the
131 generalist aphid *Myzus persicae*. In the first experiment, the applied stress comprised predation by
132 lacewing, or perturbation by variable shallot density relative to cabbage (host plant), or the
133 combination of these two stressors. The second experiment entailed stress by the predator (lacewing)
134 on different host-plant densities. General comparisons of the outputs of both experiments are also
135 drawn in terms of aphid response to complex biological stress. We raise and answer the following
136 questions:

- 137 1. With and without a predator, does shallot companionship with cabbage, alter aphid abundance,
138 aggregation and the production of dispersive morphs within the microcosm, as a result of escalating
139 shallot perturbation and different availability of consequent cabbage biomass?
- 140 2. With and without a predator, in the shallot-free contexts, does decreasing cabbage density alter the
141 abundance of aphids and the production of dispersive morphs, subject to different availability of
142 consequent cabbage biomass?
- 143 3. How does the parthenogenetic aphid population respond to elevated complex biological stress
144 caused by active predation, escalated shallot perturbation, changing host biomass, and declining host
145 availability?

146

147 **Materials and Methods**

148 *Study organisms, set-up, measured traits, and statistical analysis*

149 One green clone of *M. persicae* from a sample provided by JKI (Julius Kühn-Institut, Berlin), was
150 raised for four months on kale *Brassica oleracea* (L.) var. *Acephala* under controlled conditions (light
151 cycle of 16h light and 8h night, and 22 – 24°C) in a greenhouse at the Freie Universität Berlin,
152 Germany. We used savoy cabbage cultivar (Vertus 2), ordered from Sperli seed company, Germany,
153 as the experimental host plant. We also employed shallots, purchased from a local store, Berlin,
154 Germany, as companions of the cabbage primary model plant.

155 In order to create differential host availability and various ratios of cabbage (host plant) or
156 cabbage to yellow shallot (companion with insect-perturbing properties), different numbers of cabbage
157 seeds with shallots were sown in plastic pots (13 cm height and 15cm in diameter) filled with
158 steam-sterilised soil. In *Experiment I*, the plants were grown diagonally at opposing corners 1 cm
159 away from the pot ridge. This was done universally in each repeat. In *Experiment II*, where certain

160 pots contained less than four host plants, they were arranged in the same way but with the position of
161 the missing plant/s left vacant. A light plastic frame was attached to each pot to hold a cylindrical
162 fine-mesh sleeve (70-cm height, 20-cm width), that enclosed each microcosm, upright. The
163 microcosms were placed apart from each other on individual trays in the greenhouse to minimise plant
164 aerial communication and they were watered every other day. After 17 days of cabbage germination,
165 24 early nymphs of *M. persicae* were released into the middle of each pot using a fine wet brush.
166 Lacewing larvae were ordered from a biocontrol firm (Sautter & Stepper, Germany); a 2nd instar was
167 randomly selected and added to each of the relevant microcosms approximately 1 hour after the
168 introduction of aphids, to ensure the aphids had made their host-plant choice.

169 We conducted the study as two synchronised experiments. In total we applied 7 different
170 environments, with and without predator presence, resulting in 14 treatments and a total number of 87
171 microcosms (48 for *Experiment I*, and 39 for *Experiment II*), as detailed below; see also (Table S1) for
172 further specifications. Data collection took place 13 days after the introduction of aphids and lacewing
173 larvae. We recorded total aphid numbers (*i.e.*, aggregative abundance, hereafter) according to the
174 distribution of aphid densities within the microcosm (off-plants and on-plant: leaf upper- and
175 down-sides, and stems), aphid dispersion, as a proxy for phenotypic plasticity, by counting the number
176 of alates (winged aphids), and the dry biomass of savoy cabbage (the host plant). At the end of the
177 experiment, the cabbage plants were collected, washed, dried, and then oven-dried for 48h (50°C),
178 before being weighed; subsequently, we calculated the pooled mean (grand mean) of the cabbage
179 plants in the microcosm.

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181 *Experiment I: Effects of elevated shallot perturbation, predator presence, and changes in host-plant*
182 *biomass*

183 The predictors were: 1) Perturbation (the ratio of the number of shallots to the number of savoy
184 cabbage plants present in the microcosm); a categorical contextual variable ranging from 0% Shallot
185 (shallot-free optimal microcosm of 4 cabbage plants as the reference frame), 25% Shallot (1 Shallot:3
186 Cabbage), 50% Shallot (2 Shallot:2 Cabbage), to 75% Shallot (3 Shallot:1 Cabbage as the most
187 perturbing as well as the least nourishing context). 2) Predator presence: A categorical variable (0, 1),
188 3) Plant dry biomass (PDB, hereafter): The calculated pooled mean of the dry biomass of the cabbage
189 hosts in the microcosm; a continuous numerical variable representing plant well-being and the food
190 available for aphids in the microcosm; PDB was used as a covariate to add further precision to the
191 examination of the tested aphid traits across treatments. 4) All possible interactions between the
192 predictors.

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196 *Experiment II: Effects of decreasing host-plant availability, predator presence, and changes in*
197 *host-plant biomass*

198 The predictors were: 1') Host plant availability (HPA): A categorical contextual variable of four levels
199 representing the number of cabbage plants available in the microcosm comprising 4-Cabbage hosts
200 (the optimal context and reference frame), 3-Cabbage hosts, 2-Cabbage hosts, or 1-Cabbage host (the
201 least hospitable and nourishing context). 2') Predator presence (*vide supra*). 3') PDB (*vide supra*). 4')
202 All possible interactions between the predictors.

203 For the statistical analysis, we used RStudio (RStudio Team 2016). The following traits were
204 investigated per experiment, where the explanatory variables were (1-4) and (1'-4') in *Experiment I*
205 and *Experiment II*, respectively. The following aphid traits were measured and tested as response
206 variables to the aforementioned predictors:

207

208 *Aphid aggregative abundance and dispersion*

209 Aphids were counted on a spatially fine-scale, as described above. This made a quaternary response
210 variable that links aphid reproductive success logistically with aphid plant-colonising propensities in
211 the microcosm. This established method provides valuable information on aphid utilisation of space
212 and biotic environment (*i.e.*, their host plants where they reside, aggregate, feed, and reproduce).
213 Hence, this response variable, termed aggregative aphid abundance, was tested using a vectorised
214 generalised linear model (vGLM), per experiment, with a multinomial family, R package VGAM (Yee
215 2015, Yee 2017). The main effects of the output of this multinomial logistic regression model were
216 displayed thereof using an Anova function (Analysis of Deviance, Type II test; predictors are tested
217 irrespective of the order they are listed in the model), R package car (Fox and Weisberg 2011).

218 Also, a generalised linear model (GLM) was used, per experiment, with a quasi-Poisson family
219 (due to over-dispersion and non-normal data distribution; typical of aphid count data), R package
220 multcomp (Hothorn *et al.* 2008), to test the fractions of produced alates in relation to the total aphid
221 numbers in the microcosm, serving as a proxy for polyphenism (distinct phenotypic plasticity). The
222 main effects of the regression model were displayed using the Anova function.

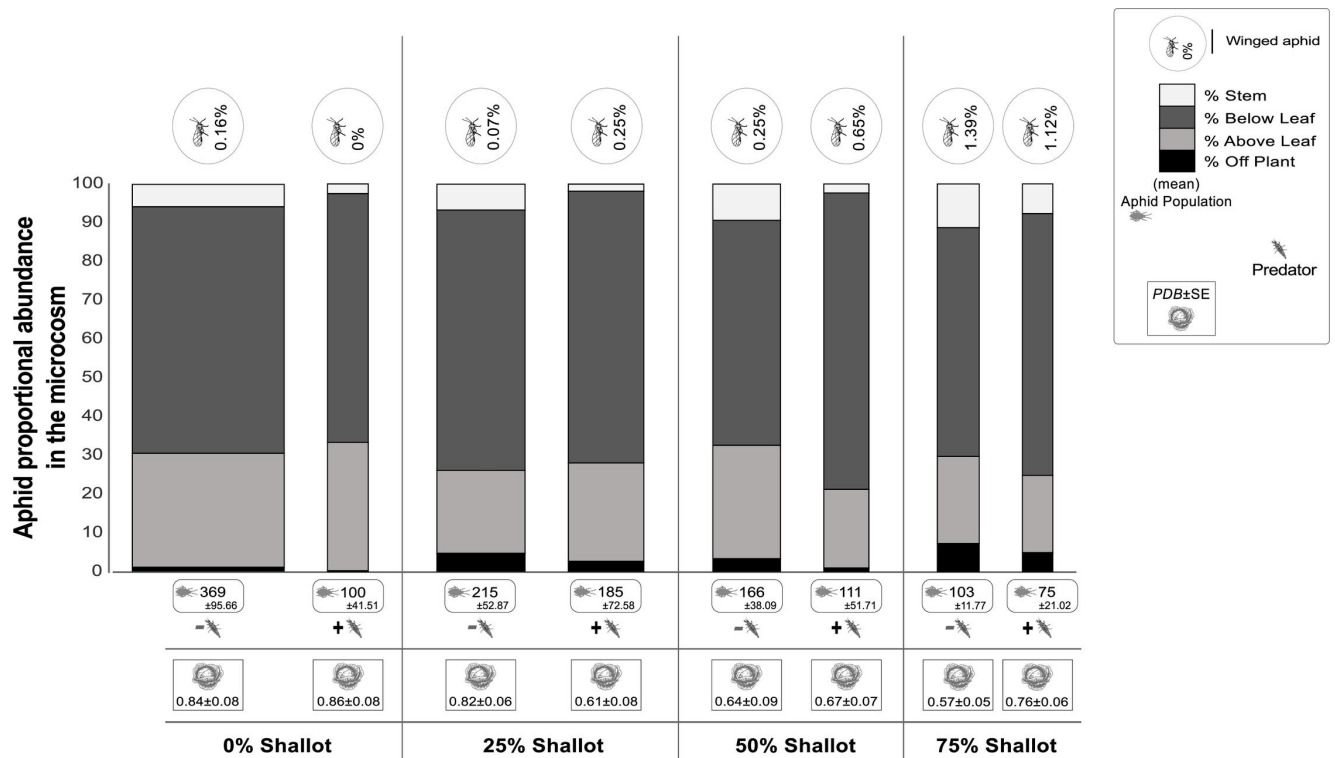
223 **Results**

224 *Aphid aggregative abundance and dispersion*

225 *Experiment I: Effects escalated shallot perturbation, predator presence, and PDB*

226 The majority of aphids resided below leaves especially under predation, in two contexts 50% Shallot
227 (2 Shallot:2 Cabbage) and 75% Shallot (3 Shallot:1 Cabbage), where the aphid population experienced
228 active predation by lacewing and elevated perturbation by the shallots. The propensity to abandon the
229 host plant was the clearest in the 75% Shallot context (without predator) where PDB was the smallest
230 (ranking 8th), (Fig. 1). Aggregation above leaves was fairly consistent across contexts, with and

231 without predation, but there was less tendency to dwell on the exposed upper sides of the leaves, under
 232 predation, within the 75% Shallot and 50% Shallot contexts. Also, in the presence of the predator,
 233 across all contexts, the aphid population appeared to be more risk-averse as the stems were clearly less
 234 populated (more exposure to predation here compared to leaf undersides) and the propensity of aphids
 235 to leave the host plant was less apparent, (Fig. 1). Noticeably, the proportions of aphids on plant shoot
 236 parts in the 25% Shallot context (with predator) was a little larger than the combined whole
 237 populations of the 75% Shallot context without predator (4th PDB rank) and with a predator (8th PDB
 238 rank).



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241 **Fig. 1. Experiment I, aphid aggregative abundance.** The bars are proportionate in width
 242 representing aphid numerical success as aggregative abundance (mean of total numbers in the
 243 microcosm per treatment at the end of the experiment ± SE); the different proportions of aphid
 244 aggregation/spatial distribution on- and off-plant are presented in grades of grey and all bar stacks are
 245 proportional. The left bars per treatment illustrates aphid aggregative abundance in absence of
 246 lacewing larva (*i.e.*, aphids alone without predation); whereas the right bar details aphid abundance in
 247 the presence of lacewing larva (*i.e.*, with predation). The respective encircled percentages at the end of
 248 the bars refer to the average proportions of winged aphids (dispersive morphs). The abbreviations for
 249 the different treatment lines (ecological contexts) are centred and displayed in bold. This included the
 250 contexts of 0 shallots to 4 cabbage hosts (0% Shallot), 1 shallot to 3 cabbage hosts (25% Shallot), 2
 251 shallots to 2 cabbage hosts (50% Shallot), and 3 shallots to 1 cabbage host (75% Shallot). The overall
 252 average plant dry biomass (PDB±SE) per treatment is shown below the bars in rectangles. In total, we
 253 applied 4 different environments, with and without predator presence, resulting in 48 microcosms (8
 254 treatments x 6 replicates).

255 Contrasting aphid abundance, *within context and subject to predation*, shows that for the context
256 75% Shallot, the abundance was ~27% smaller (with 33% larger PDB) than when the predator was
257 absent; for the context 50% Shallot, the abundance was ~33% smaller (with 5% larger PDB); for the
258 context 25% Shallot, the abundance was ~14% smaller (with 26% *smaller* PDB). Whereas, in the
259 optimal shallot-free context, 0% Shallot, a stark change can be seen in aphid abundance, as the
260 predator led to a population that was ~ 73% smaller (with 2% larger PDB) than the observations in
261 predator absence. As such, the control of aphid population, under elevated shallot perturbation, was
262 considerably better when the predator was present in the microcosm, especially in the 50% Shallot
263 context, suggestive of synergistic interactions of the two stressors; Supplementary Material (Table S2).
264 Also, by and large, there was more cabbage biomass in the presence of the predator than in its absence
265 except in the context 25% Shallot, (Fig. 1), and Supplementary Material (Table S2) for further drawn
266 contrasts. This suggests context-dependent additive suppressive effects of predation and escalated
267 shallot perturbation on the aphid population.

268 Clearly, there was greater cabbage mass, when the predator was present, as the rates of increase in
269 PDB and decrease in aphid abundance were more pronounced where more shallots were present in the
270 microcosm, in the contrasts (75% Shallot *versus* 25% Shallot) and (50% Shallot *versus* 25% Shallot);
271 see Supplementary Material (Table S2) for further contrasts with relation to the predator-exposed
272 microcosms. Our findings, therefore, indicate that combining predation with shallot perturbation, as
273 means of integrated pest management, is generally beneficial for the crop in question. See
274 Supplementary Material (Table S2) and *Note 1*, for extra information and further contrasts.

275 Further inferential analysis supports the descriptive statistics displayed above as aphid abundance
276 in the microcosm was significantly influenced by shallot perturbation ($F_{(9,96)}=13.67$; $P<0.0001$),
277 predator presence ($F_{(3,96)}=13.87$; $P<0.0001$), and PDB ($F_{(3,96)}=5.28$; $P=0.002$). Aphid abundance was
278 also significantly influenced by the interaction between shallot perturbation and predator presence
279 ($F_{(9,96)}=6.74$; $P<0.0001$), the interaction between shallot perturbation and PDB ($F_{(9,96)}=3.52$; $P=0.0008$),
280 the interaction between predator presence and PDB ($F_{(3,96)}=3.8$; $P=0.013$), and by the three-way
281 interaction between shallot perturbation, predator presence and PDB ($F_{(9,96)}=2.56$; $P=0.011$), (Fig. 1).
282 Furthermore, we also examined the effects of shallot and predator presence and their interaction on
283 host-plant dry biomass and found no significant effects; see Supplementary Material (Table S3) for
284 details.

285 As for aphid dispersion, the production of winged morphs was only significantly influenced by
286 the perturbation effect of the shallot ($F_{(3,32)}=6.42$; $P=0.0002$), (Fig. 1) and Supplementary Material
287 (Table S4). *Myzus persicae* was induced to produce more winged offspring with increasing shallot
288 density (elevated perturbation). We, however, attribute the noticeable proportion of the winged
289 morphs in the shallot and predator-free microcosm to a crowding effect therein.

290

291 *Within context* and under elevated shallot perturbation, clearly, the proportions of alates were
292 larger in the presence (than the absence of predator) except for the case of 75% Shallot (alata
293 production was ~ 0.27 percent smaller under predation, concomitant with low aphid abundance and
294 the 4th largest PDB). The differences in alata proportions were the largest in the context 25% Shallot
295 (~3.57 times bigger alata production under predation), followed by the context 50% (2.6 times bigger
296 alata production under predation).

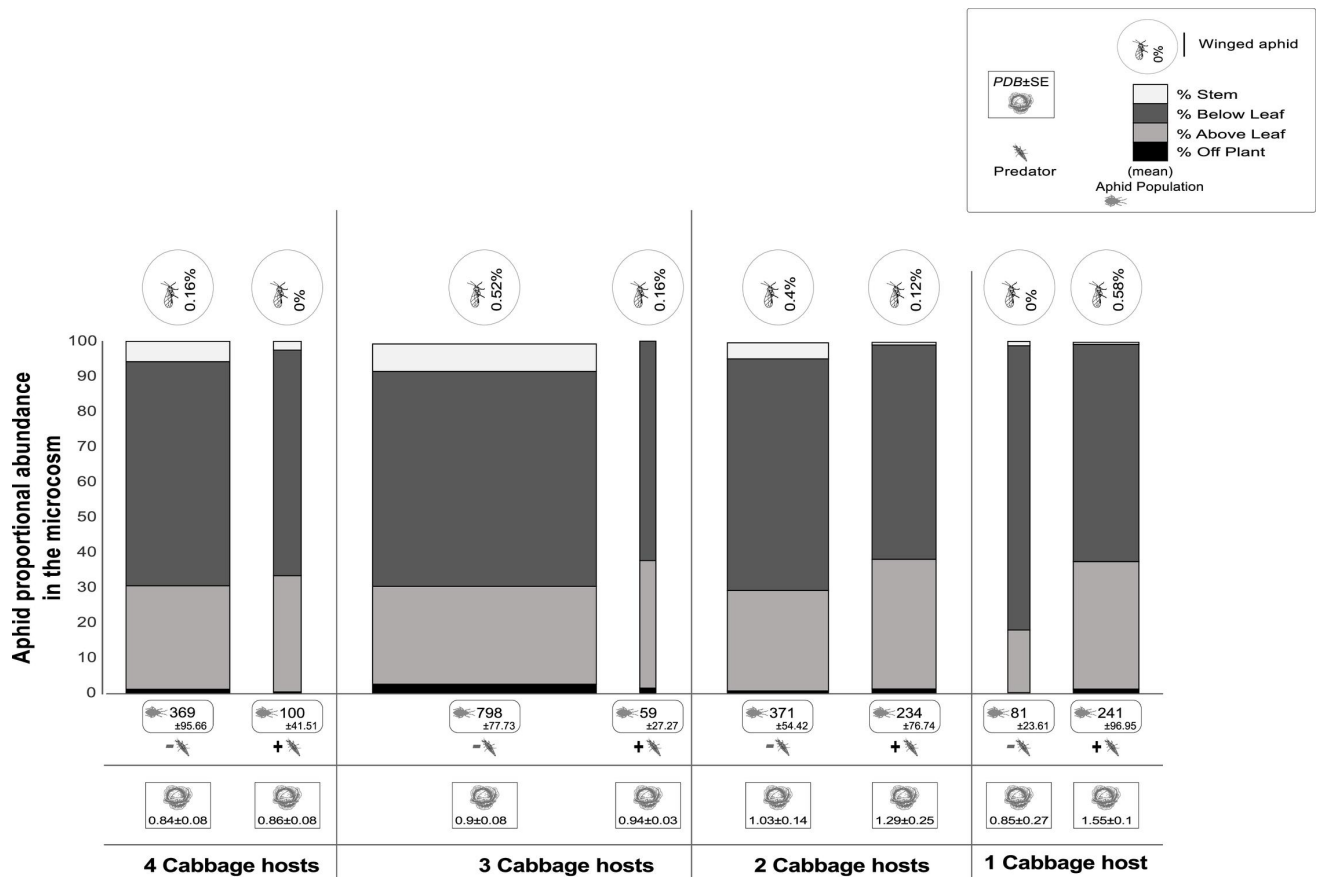
297 Relatively, contrasting the shallot-perturbed contexts (without predation) reveals that the sharpest
298 difference (~19.86 times bigger alata production) observed when contrasting the context 75% Shallot
299 with the context 25% Shallot; there was only 5.56 times bigger alata production when comparing the
300 context 75% Shallot with the context 50% Shallot. Concurrently, the decrease in PDB and aphid
301 abundance was the strongest with respect to the contrast (75% Shallot *versus* 25% Shallot). On the flip
302 side, under predation, the sharpest difference (4.48 times bigger alata production) is shown when
303 comparing the 75% Shallot and the 25% Shallot contexts; there was only ~1.72 times bigger alata
304 production when comparing the contexts 75% Shallot and 50% Shallot. It is interesting that across
305 contexts, the increase in PDB and the decrease in aphid abundance was the strongest in the contrast
306 (75% Shallot *versus* 25% Shallot) when the predator was present, Supplementary Material (Table S2).
307 Nevertheless, alata production was identical in the context 25% Shallot (*with* predator) and 50%
308 Shallot (*without* predator), with semi-identical PDB values and close aphid abundances.

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310 Experiment II: Effects of decreasing host plant availability, predator presence, and PDB

311 Aphids tended to populate the areas below leaves more than they did for other shoot parts, but the
312 proportions below leaves were smaller under predation than in the predator-free microcosms.
313 Generally, the propensity to abandon the host plant was remarkably low under predation. By contrast,
314 in predator absence, in the 3-Cabbage context (with PDB of the 5th rank) and the 2-Cabbage context
315 (with PDB of the 3rd rank), overpopulation led to noticeable off-plant aphid proportions. But, in the
316 3-Cabbage context, when the predator was present, the abundance was nearly 13.53 times smaller,
317 co-occurring with a PDB of the 4th rank. There, aphids abandoned the stem and colonised the leaf
318 (more abundant on leaf uppersides than without predation); the proportions off plant, almost identical
319 to the case without predation, but were possibly induced by fear of predation rather than crowding.
320 Other notable examples were: Aphids proportions below leaf in the 2-Cabbage context (without the
321 predator, having the 3rd largest PDB) was nearly the size of the entire aphid population of the
322 1-Cabbage context (with the predator, having the largest PDB). Moreover, the population on both
323 sides of the leaf in the 3-Cabbage context (without predator, having the 5th PDB rank) was almost
324 more than 2.2 times the size of the combined whole populations of the 4-Cabbage context, without
325 predator (8th PDB rank) and with predator (6th PDB rank), (Fig. 2) and Supplementary Material (Table
326 S5).

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330 **Fig. 2. Experiment II, aphid aggregative abundance.** The bars are proportionate in width
 331 representing aphid numerical success as aggregative abundance (mean of total numbers in the
 332 microcosm per treatment at the end of the experiment \pm SE); the different proportions of aphid
 333 aggregation/spatial distribution on- and off-plant are presented in grades of grey and all bar stacks are
 334 proportional. The left bars per treatment illustrates aphid aggregative abundance in absence of
 335 lacewing larva (*i.e.*, aphids alone without predation); whereas the right bar details aphid abundance in
 336 the presence of lacewing larva (*i.e.*, with predation). The respective encircled percentages at the end of
 337 the bars refer to the average proportions of winged aphids (dispersive morphs). The abbreviations for
 338 the different 8 treatment lines (ecological contexts) are centred and displayed in bold. This included
 339 the contexts of *4 cabbage hosts* (6 replicates with predator, 6 replicates without predator), *3 cabbage*
 340 *hosts* (5 replicates with predator, 4 replicates without predator), *2 cabbage hosts* (4 replicates with
 341 predator, 5 replicates without predator), and *1 cabbage host* (4 replicates with predator, 5 replicates
 342 without predator). The overall average plant dry biomass (PDB \pm SE) per treatment is shown below the
 343 bars in rectangles. In total, we applied 4 different environments, with and without predator presence,
 344 resulting in 39 microcosms.

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348 Contrasting aphid abundance *within context and subject to predation* shows that in the 1-Cabbage
349 context, the abundance was ~197% larger (with 82% larger PDB) than when the predator was absent;
350 in the 2-Cabbage context, the abundance was ~37% smaller (with 25% larger PDB); in the 3-Cabbage
351 context, the abundance was ~93% smaller (with 4% larger PDB). Whereas, in the optimal context (4
352 Cabbage), the predator led to a population that was ~73% smaller (with 2% larger PDB); the change in
353 aphid abundance, with and without predator, was not far a difference from the observation in the
354 3-Cabbage context (but was contrary to the case in the 1-Cabbage context having more aphids with
355 predator than without it). As such, the control of aphid abundance by the predator was the most
356 effective in the 3-Cabbage context, followed by the 4-Cabbage then the 2-Cabbage contexts, as the
357 predator performed poorly in the 1-Cabbage context.

358 It should be pointed out that the aphid population showed the most abundance and PDB
359 difference, between the presence of the predator and its absence, in the 4-Cabbage and the 3-Cabbage
360 contexts (negative impact on the aphid population), followed, by the 1-Cabbage context (unexpectedly,
361 positive impact on the aphid population). However, in the microcosms having less than 4 cabbages,
362 contrary to the pattern under predation, the aphid population was generally less abundant, when the
363 predator was absent concurring with decreasing availability of the cabbage host. Furthermore, PDB
364 was universally increasing by decreasing host availability, under predation, as aphids were always less
365 abundant when there was more than 1 cabbage host in the microcosm. This suggests
366 context-dependent suppressive effects of the employed stressors (decreased host availability and
367 predation) on the aphid population, (Fig. 2); see also Supplementary Material (Table S5) and *Note 2*
368 and (Table S5) for extra information and further contrasts when the predator was present in the
369 microcosm.

370 Inferential analysis supports the descriptive statistics as aphid abundance in the microcosm was
371 significantly influenced by the number of host plants available ($F_{(22,69)}=5.06.67$; $P<0.0001$), by
372 predator presence ($F_{(11,69)}=8.7$; $P<0.0001$), and by plant dry biomass in the microcosm ($F_{(12,69)}=6.05$;
373 $P<0.0001$). Aphid abundance was also significantly influenced by the interaction between host
374 availability and predator presence ($F_{(10,69)}=2.79$; $P=0.006$), the interaction between plant dry biomass
375 and host availability ($F_{(11,69)}=4.83$; $P<0.0001$), the interaction between plant dry biomass and predator
376 presence ($F_{(4,69)}=3.84$; $P=0.007$), and by the three-way interaction between host availability, plant dry
377 biomass, and predator presence ($F_{(9,69)}=4.34$; $P=0.0002$), (Fig. 2). We also examined the effects of
378 shallot and predator presence and their interaction on host-plant dry biomass and only found the
379 predator presence effect to be significant ($F_{(1,31)}=4.2$; $P=0.049$), Supplementary Material (Table S6).

380 As for aphid dispersion, the production of winged morphs was significantly influenced by
381 host-plant dry biomass ($F_{(1,23)}=10.87$; $P=0.003$). However, the effect of the number of host plants
382 available in the microcosm was marginally significant ($F_{(3,23)}=2.95$; $p=0.054$). The interaction between

383 host plant dry biomass and predator presence was highly significant ($F_{(3,23)}=9.13$; $P=0.006$). So was the
384 interaction between host availability and predator presence ($F_{(3,23)}=9.52$; $P=0.0003$), (Fig. 2) and
385 Supplementary Material (Table 7).

386 The largest proportion of the morphs was found in the 1-Cabbage context (with predator); note
387 that, in this case, the highest PDB was also observed. This was followed by the 3-Cabbage context
388 (without predator) where the 5th largest PDB was detected. The smallest proportions of the morphs
389 were recorded in the contexts of 4-Cabbage (with predator) and 1-Cabbage (without predator). The
390 sharpest within-context differences, with and without the predator, was seen in the context 1-Cabbage
391 (58 percent difference) and 3-Cabbage (36 percent difference). Interestingly, there was an identical
392 production of winged offspring of 0.16% in the optimal 4-Cabbage context (without predator) and the
393 3-Cabbages context (with predator), despite the considerable difference in aphid abundance (far more
394 larger population in the former) and PDB (larger in the latter), (Fig. 2). The noticeable proportion of
395 the morphs in the shallot-free microcosm is attributable to a crowding effect in the absence of
396 predation. See (Fig. 2) and Supplementary Material *Note 2*, for extra information and further contrasts.

397 *Comparing the outputs of Experiments I and II*

398 Useful comparisons can be drawn from the two parts of this work based on the stipulation that for each
399 of the contexts with 1-3 cabbage hosts the challenge, from an aphid's position, comprised an added
400 single stressor (shallot or predator) or combined stressors (shallot and predator) to the cabbage
401 embedding context with declining host availability.

402 The population-diminishing effect of predation was stronger than the effect of shallot perturbation
403 only when 3 cabbage hosts were available. Further, the total effect of the combined stressors was
404 more population-diminishing than the effect of every single stressor when only 1 or 2 cabbage hosts
405 were available in the microcosm. By contrast, the effect of the combined stressors was only stronger
406 than the shallot perturbation effect in the context having 3 cabbage hosts, (Table 1) and Supplementary
407 Material (Fig. S1), (Fig. S2), and (Table S8). Aphid abundance values were intriguingly close under
408 predation as well as under combined stress when 1 or 2 cabbage hosts were available (Table 1), (Fig.
409 S1), and (Fig. S2). Overall, the lowest value of abundance was recorded under combined stress on the
410 1-Cabbage context where the second-highest propensity to produce alates was notable. Further, the
411 largest production of alates was under combined stress in the 2-Cabbage and 3-Cabbage contexts but
412 under the shallot effect only in the 2-Cabbage context. By contrast, the smallest alata production was
413 under predation in the contexts of 1 or 2 cabbage hosts, but under shallot effect only in the context of 3
414 cabbage hosts. As such, there were fewer alates under predation than under shallot effect in two
415 contexts only (2-Cabbage and 1-Cabbage), (Table 1) and Supplementary Material (Table S9), (Fig. S1)
416 and (Fig. S2).

417 Context-wise, PDB was always the best under predation, when 1 cabbage host was present, even
418 when compared to the respective controls (predator-shallot-free microcosms). PDB was universally

419 better under the shallot effect; PDB was the smallest in shallot presence when 1 or 2 cabbage hosts
420 were present; PDB was the smallest under the shallot and predation effects in the context of 3 cabbage
421 hosts, (Table 1) and Supplementary Material *Note 3*, (Table S10), (Fig. S1), and (Fig. S2).

422 All in all, a trade-off between curbed aphid abundance and decreased PDB (due to plant-plant
423 space-sharing effect) to the overall advantage of the cabbage host is readable because lower aphid
424 density equates with lesser infestation risk for the target crop.

425

426 **Discussion**

427 Using a model agro-ecosystem, we demonstrated a differential aphid response in terms of reproduction
428 and phenotypic plasticity (alata production) against a challenging stratified ecological context. The
429 latter was characterised either by changing host biomass, increasing perturbation by shallot or
430 decreasing host plant availability, with and without predator presence. The parthenogenetic aphid
431 population showed spatially distinct abundances in the microcosm with deferential dispersive
432 propensities.

433

434 *On shallot perturbation and predation as stressors of the aphid pest*

435 In the first experiment, the stress in the embedding context was twofold: (1) host availability shortage
436 accompanied by increasing shallot presence, and (2) predation. The first stressor is complex as it
437 challenged aphids on two fronts: decreasing microhabitats, which are essential sites for aggregation,
438 feeding and reproduction, with increasing hostile non-host density. This can alter the
439 above-below-ground conditions to the benefit of the target crop (Mutiga *et al.* 2010; Xiao *et al.* 2013;
440 Ehrmann and Ritz 2014); this also may negatively impact aphids due to the toxic nature of the
441 companion plant's chemicals to aphids (Hori and Harada 1995; Block 2010; Mutiga *et al.* 2010;
442 Baidoo *et al.* 2012; Parker *et al.* 2013), thus depriving aphids from adequate host availability
443 absolutely necessary for their constant need of amino acids and shelter. Our results show that the more
444 companion shallots were present in the microcosm, the fewer aphids there were across contexts,
445 suggesting a clear negative effect of this stress in terms of challenging the otherwise exponential
446 population growth of the aphid population. This receives support from the "resource concentration
447 hypothesis", sensu Root (1973), on a context-dependent basis (Greze and Gonzales 1995), predicting
448 that the abundance of phytophagous insects may decrease in areas where there is a lower concentration
449 of preferred host plants. Aphids' biotic environment not only affects their reproductive success but
450 also their aggregation (Turchin and Kareiva 1989) and dispersion (Weisser *et al.* 1999). The regulation
451 of aphid populations, via companion planting, may also depend directly on the abundance of each
452 plant species in the culture mix, host plant abundance in particular (Baidoo *et al.* 2012; Khan *et al.*
453 2012). The application of companion planting, therefore, extends the effects of functional plant
454 diversity (Lopes *et al.* 2015) leading to tangible control of pest infestation and plant disease
455 (Vandermeer 1989; Sullivan 1998; Kuepper and Dodson 2001; Mousavi and Eskandari 2011; Tang *et*

456 *al.* 2012). This also may result in enhancement of host-plant properties (Mutiga *et al.* 2010) and
457 increasing leaf mass in mix plantings in comparison to one-crop plantings (Pahla *et al.* 2014).

458 The second stressor, *i.e.*, predation, led, in this study, to diminished aphid population as the
459 predator effect was obvious within each context and across the contexts, but with variable magnitudes,
460 where shallot/s made companionship of the cabbage host/s. The largest population decline between
461 being without predator and with predator was in the 50% Shallot context (2 cabbage hosts with 2
462 shallot companions) opposed to the least suppression in the 25% Shallot context (3 cabbage hosts with
463 1 shallot companion). In other words, the increased density of the shallot being hampering of aphid
464 reproduction, without predation, continued to perturb aphid without interfering with the predator
465 biocontrol efficiency in the 50% and 75% Shallot contexts. This suggests a degree of synergism
466 between the effects of shallot and predation. However, since this was not the case when only one
467 shallot accompanied three cabbage hosts, it can be inferred that for the manipulated functional
468 diversity in the crop-companion-predator assembly to work with maximum success, it would be
469 required to establish a certain adequate minimum of companionship densities in the micro-habitat.

470 Our findings suggest that higher shallot densities did escalate the status of aphid perturbation.
471 That, in turn, interfered with the clarity of chemical cues emitted by the cabbage host owing to the
472 discouraging nourishment and repulsive qualities of *Allium sp.* (Block 2010; Parker *et al.* 2013). To
473 discern a potential environment as suitable for feeding and colonisation, *M. persicae* requires certain
474 cues to process different sensory inputs out of the surroundings (Ben-Ari and Inbar 2014). This will
475 always be challenged with various changes in the ecological context wherein the aphid population
476 exists (Dixon 1998; van Emden and Harrington 2007; Ben-Ari and Inbar 2014; Martin *et al.* 2015;
477 Vilcinskis 2016). The chemistry of the phloem of *Allium*/shallot and the olfactory cues they emit can
478 be harmful to a vast array of aphids, including green peach aphid (Hori 1996); a cocktail of
479 attracting/arresting cues (emitted by the cabbage host) and repulsive cues (produced by the shallot)
480 might have created volatile chemical uncertainty (Ben-Ari and Inbar 2014) and inconsistency in host
481 suitability (Scriber 1984). This cue mix underlain by plant-plant interaction between the crop and its
482 companion is expected to affect organisms and their interactions in such manipulated species
483 assemblages (van Emden 1995; Verkerk *et al.* 1998).

484 It should be underlined that in this part of the study aphid dispersion, within context, was more
485 induced under the combined stress of shallot perturbation and predation than under the shallot
486 perturbation alone, when there were less than three shallots in the microcosm. Winged morph
487 production is considered to be a discrete plastic response (polyphenism) to challenging environments,
488 which is regulated maternally to increase their progenies dispersion in order to survive on safer more
489 palatable (or suitable) provisions elsewhere (Lombaert *et al.* 2006; van Emden and Harrington 2007).
490 It is interesting, however, that in the most hostile context (three shallots to one cabbage host) there
491 were more dispersive aphids due to induction by the shallot effect than predation effect. This can also
492 be attributed to a combination of larger aphid population, poorer PDB, and more aphid spread-out

493 aggregative abundance along with off-plant wandering (predator-threat lacking) attempting to escape
494 the increased hostility of the elevated shallot density and perturbation in this context. At any rate, the
495 proportions of alates, with and without the predator, within the said context are not far apart. One can
496 speculate that perturbation by companion plants (shallot in our example) may negatively impact aphid
497 population and ecology through the following consociated functional mechanisms that may severally
498 or collectively alter aphid behaviour, reproduction and survival:

499 1- Physical mechanism: The companion planting creates a physical barrier obstructing pest mobility
500 and thus the spread of pathogens they carry (Parolin *et al.* 2012; Ratnadass *et al.* 2012).

501 2- Chemical mechanisms through a) interference of companion-specific chemicals with the reception
502 and perception of aphid pheromones (and perhaps predator kairomones, as well) emanating in the
503 vicinity of the clone under sub-optimal/sub-lethal conditions (Tsao and Coats 1995; Digilio *et al.*
504 2008). b) mimicking aphid pheromones due to chemical similarity between specific companion plant's
505 volatiles and alarm pheromones of dispersal, causing aphid populations to invest more in the alates
506 which are energetically costly and moderately fecund yet dispersive (Kasmi *et al.* 2017). c)
507 interference of the companion chemicals with the reception and perception of host plant cues and thus
508 disrupting aphid feeding behaviour and plant settlement (Hori 1996; Ninkovic *et al.* 2013; Ben-Issa *et al.*
509 2017; Kasmi *et al.* 2017). d) interference of the companion's non-volatiles (*e.g.*, saponins) with the
510 ingestion of the imbibed phloem (Koul 2008; Ben-Issa *et al.* 2017). e) aerial and below-ground
511 communication between the plant neighbours (host [hospitable] and companion [hostile]) which alters
512 the aphid-embedding context making it more uncertain and/or disturbing (Law and Regnier 1971;
513 Ninkovic *et al.* 2013; Ben-Issa *et al.* 2017; Elhakeem *et al.* 2018; Kalske *et al.* 2019); this can be
514 envisioned to occur in a trait-mediated fashion appertaining to the interaction between the metabolites
515 and the microbiomes of both plants, as the companion plant might lead to quality changes in the
516 shared microhabitat and in the accompanied crop (Wu *et al.* 2016; Ben-Issa *et al.* 2017; Khudr *et al.*
517 2018; Nordkvist *et al.* 2019).

518 Any injury in the tissue of the shallots, including haphazard aphid probing by stylets, will trigger
519 the release of the defensive repelling volatiles (Sulvai *et al.* 2016); a process that adds an extra
520 negative spin to the hostile environment of the pest through direct effect and indirectly through
521 plant-plant communication (Karban *et al.* 2014; Kalske *et al.* 2019). We note, however, that the
522 bioactive constituents of *Allium sp.* (Arand and Arand 1998; Nicastro *et al.* 2015) may have similar
523 toxic and inhibitory effects of plant settlement, ontogeny, and reproduction in aphids (Hori and Harada
524 1995; Hori 1996), when compared to other components of plants from other families (such as
525 Lamiaceae) (Hori 1999a; Digilio *et al.* 2008; Kasmi *et al.* 2017); however, *Allium's* antifeedant effects
526 may be comparatively weaker (Hori 1996; Hori 1999a; Digilio *et al.* 2008; Kasmi *et al.* 2017), but see
527 (Simmonds *et al.* 1992).

528

529 *The aphid pest versus host shortage under predation*

530 In the second experiment, the embedding context entailed stress as per host availability shortage (with
531 and without predator presence). The parthenogenetic aphid population showed different abundances
532 contingent on the embedding context; the availability of only 1 cabbage severely impacted the
533 population, although PDB therein was interestingly as much as the PDB of the optimal context of 4
534 cabbage hosts where aphids were considerably more abundant. On the contrary, the availability of 3
535 cabbage hosts greatly boosted the population, although PDB therein was notably less than the PDB of
536 the context of 2 cabbage hosts where the aphid population was comparatively more than halved. As
537 such, in this case, host density rather than PDB, was the decisive factor in curbing aphid abundance.

538 Predator presence strongly suppressed the aphid population in all contexts having 2 or more
539 cabbage hosts. The predator impact on aphid population sizes varied in magnitude: 3 cabbage hosts >
540 4 cabbage hosts > 2 cabbage hosts. This outcome is generally in line with the reports on the efficacy of
541 lacewing as a biocontrol agent of aphids in greenhouse settings (McEwen *et al.* 2001; van Emden and
542 Harrington 2007; Sarwar 2014). However, the unexpectedly thriving aphid population where a single
543 cabbage host was available, also associated with the highest PDB value, can be explained by induced
544 changes in clonal *aggregation* in the microcosm. This evolved collective defensive trait of inclusive
545 fitness (*e.g.*, Hartbauer 2010; Muratori *et al.* 2014) manifested, in this work, in densely populated
546 spots on the leaf sides of the only host available that, in turn, fortified the clone chances against the
547 lacewing singling out vulnerable individuals. However, holistically, the population suppression in the
548 said context was nearly of the same magnitude as in the 2-Cabbage context, as opposed to the pattern
549 seen in the contrast 4-Cabbage *versus* 3-Cabbage. This implies that the lacewing may be more
550 efficient when multiple choices of hosts are available to aphids because more hosts equate with more
551 spread through the resource and hence corresponds with more wandering aphids and less densely
552 occupied plant spots making those easier targets for the predator. It may be mentioned here that
553 according to the “enemies hypothesis”, Root (1973), predators can be more effective at controlling a
554 herbivore population in diverse environments.

555 The induction of the dispersive morph may be caused by crowdedness (Müller *et al.* 2001; van
556 Emden and Harrington 2007; Mehrparvar *et al.* 2013), the presence of natural enemies (Mondor *et al.*
557 2004), and also, especially for *M. persicae*, by changes in host quality as it has been reported that
558 nutrition plays a considerable role in the induction of polyphenism (Müller *et al.* 2001; Martínez and
559 Costamagna 2018). There were generally larger proportions of alates in more populated microcosms in
560 our study. For instance, when only one cabbage plant was available aphids adjusted their reproduction
561 rather than investing in dispersion. The smaller size of the aphid population therein did not make a
562 sufficient trigger for the production of the more energetically costly winged morphs (Dixon 1998).
563 Comparatively, when 3 host plants were available, in the absence of any other stressors, overcrowding
564 occurred; most aphids aggregated on the most nutritive surfaces (*i.e.*, below leaves) but also occupied
565 more of the stems, which we consider to be the main reason for the higher percentage of the dispersive

566 morphs and the abandonment of host plant found therein. Whereas, the noticeable proportions of alates,
567 in less populated microcosms when the predator was present, could be the result of induction by
568 predator-borne cues (Kats and Dill 1998; Baranowski and Preisser 2018) in contact with or close to
569 aphid aggregates as well as aphid alarm pheromones resulting from the perception of predator
570 presence and consumption of kin clonal aphids (Mehrparvar *et al.* 2013; Hettyey *et al.* 2015; Hermann
571 and Landis 2018), and/or perhaps indirectly through interaction with clone members that were in
572 direct contact with predator cues (Haapakoski *et al.* 2018).

573

574 *Complex biotic stress against the aphid pest*

575 Our findings suggest that it may be rewarding to adopt a perspective that engineers the ecological
576 challenge against the aphid population as being composed of different levels of bio-stress that spans a
577 single stressor (shallot [non-host, toxic, and repellent], or lacewing [predator]) to the combination of
578 these stressors. This is because such an angle provides a toolkit to aid in gaining further insights on the
579 performance and dynamics of the model aphid-plant system in question, which can be otherwise more
580 difficult to glean. For instance, across contexts, the diminishing of aphid population intensified from
581 the contexts of 1 cabbage host to 3 cabbage hosts under shallot perturbation and also under the
582 combined stress (predation and shallot perturbation), but not under predation on its own. By that token,
583 from having 1 cabbage hosts to having 3, PDB decreased under predation; but increased under shallot
584 effect and combined stress. Moreover, when stress was strong (75% Shallot), under combined stress,
585 with increasing ecological challenge and generally decreasing PDB, the aphid population was
586 generally investing more in energetically costly polyphenism (an escape tactic) rather than
587 reproduction; the reason behind the considerable alata production in the stress-free 2-Cabbage context
588 was simply overpopulation in the absence of the extrinsic stressors. However, that the only case where
589 there were fewer alates under shallot perturbation than under predation was when 1 cabbage host only
590 was available in the microcosm.

591 Our findings also reveal that, albeit having an apparent loss in cabbage PDB due to soil-sharing
592 with the shallot, it may be more beneficial for the cabbage to be surrounded by shallots than cabbages
593 because the heterospecific companion always led, in every predator-free context involving the shallot,
594 to a reduced aphid abundance significantly less than the abundance accumulated in the 4-Cabbage
595 context. However, the addition of the lacewing predator to the shallot companion resulted in different
596 patterns with aphid abundance surpassing the abundance in the 4-Cabbage optimum in two contexts
597 where 2 or more cabbage hosts were accompanied by the shallots. But still, combining the stressors
598 was always better in diminishing the aphid population, within each context, than when the shallot
599 stressor was employed alone.

600 Our findings support the suggestion that companion planting, as a utilisable botanical insecticide,
601 helps negatively affect the target pest with minimal impacts on the pest's natural enemies (Hikal *et al.*
602 2017; Tembo *et al.* 2018) and even with a potential for enhancement of the pest control by natural

603 enemies (Amoabeng *et al.* 2019). The latter might vary by context and stress conditions or
604 combinations. The bioactive substances of Alliums have been demonstrated to be insecticidal and to
605 inhibit plant settlement in aphids (Hori and Harada 1995; Hori 1996; Ikeura *et al.* 2012). But, Hori
606 (1999b) proposed that polyphagous aphids, such as *M. persicae*, might depend more on visual than
607 olfactory cues to find their host plants. As such, the described far-reaching effects of shallot volatiles
608 may be less effective in preventing aphids from finding their host plants. In other words, influenced by
609 host proximity (Ikeura 2014), generalist aphids may use non-hosts odours as cues to avoid and resort
610 to detect their hosts more visually (Hori 1999b) and/or gustatory following phloem probing (Lattanzio
611 *et al.* 2006). However, surely the alliaceous companion's bio-chemicals are effective in significantly
612 perturbing the aphids via disruption, repellency or deterrence (Hori 1996; Amarawardana *et al.* 2007).

613 On the whole, the shallot companion may entail a degree of negative neighbourhood effect on the
614 accompanied crop but at the same time it offers a pay-off as the companion can act as a facilitator (de
615 Haan and Vasseur 2014) and a conferred line of defence against the crop pest. This is in harmony with
616 the results provided by Underwood (2009), who suggested that the average habitat quality (*i.e.*, plant
617 dry biomass) and habitat variance (*i.e.*, different number of host plants) could have a notable impact
618 on insect population dynamics. Further, shallots are quite similar to common onions but they are
619 smaller in size and their volatiles are less pungent (Nicastro *et al.* 2015). Also, unlike onions which
620 would require more space and resources to grow as companions of other vegetables, shallots bring
621 about the alliaceous anti-pest effects yet with a less competitive nature for space with the target
622 vegetable crop. In this vein, our work also draws on the knowledge and common practice that the
623 perturbing effects of the companion plant are the most efficient when it is in close proximity to the
624 accompanied target crop (Visser 1986). Additionally, shallots usually reach maturity faster than
625 common onion and also they are hardy (Saraswathi and Sathiyamurthy 2017) making them good
626 companions of winter cultivars of cabbage. Moreover, shallots are rich in saponins and flavonoids
627 (Fattorusso *et al.* 2002); the yellow shallot (used in this study) is documented to produce considerable
628 quantities of the flavonoid quercetin (Fattorusso *et al.* 2002; Swamy and Gowda 2006). Thus,
629 controlling aphid populations via shallot companion planting can provide an ecologically sustainable
630 insecticide-alternative in *Brassica* plantings, corroborating the mediated ecosystem services of
631 companion planting (Mutiga *et al.* 2010; Parker *et al.* 2013; Debra and Misheck 2014; Pahla *et al.*
632 2014; Saldanha *et al.* 2019) and conferring on the target crop enhanced direct and indirect defence
633 against the enemies of the crop (Shrivastava *et al.* 2010). As such, shallots should be integral to the
634 much-needed trend of affordable green pesticides (Mossa 2016) that provide applicable low-priced
635 pest management solutions (*e.g.*, Kuepper and Dodson 2001; Amarawardana *et al.* 2007). Furthermore,
636 in the offspring of the population groups impacted by combined stress in our study, winged aphids
637 were more common with variable proportions. It appears that the shallot perturbation, rather than
638 crowdedness, was the driving force behind aphid dispersiveness and the latter was at large further

639 induced by predator presence. The differential aphid dispersiveness could also be a result of the
640 reduced food availability and increased contextual hostility by increasing shallot to cabbage ratios,
641 which further contributed to the induction of extreme phenotypic plasticity (dispersive morphs) as a
642 survival tactic (Stadler *et al.* 1994).

643 **Conclusions**

644 We have demonstrated that decreasing the number of hosts (vital for aphid feeding, reproduction and
645 protection from intruders or enemies) and changes in overall host biomass had a considerable impact
646 on aphid population across the host-plant gradient, especially under predation by the lacewing.
647 Moreover, shallot presence was sufficient in producing a strong negative impact on aphid aggregative
648 abundance, largely due to perturbation resulting from naturally deterring or repelling as well as toxic
649 properties of shallots, which in turn led to alteration of aphid population dynamics and propensities for
650 dispersal. Interestingly, the shallot effect can be of a similar magnitude to the predation effect.

651 Our study highlights the importance of shallots as beneficial companions to crop plants in
652 impeding aphid population growth, and that combining the shallot effect with the inclusion of a natural
653 enemy of the pest can lead to more desirable results for aphid control. This suggests that shallots can
654 contribute to the enhancement of agro-ecosystem services in cropland as a sustainable
655 pesticide-alternative with the added economic benefit of being also an edible commercial crop.
656 However, the impact of the combined ecological stress may be contingent on predator-prey interaction,
657 micro-habitat structure, and changes in pest population dynamics. As such, manipulated functional
658 diversity in crop-companion-pest-predator systems appears useful and context-dependent at the same
659 time, thus requiring further investigation across different spatial structures with different interactants.
660 A careful application of said functionality is of particular importance for pest regulation, whilst
661 growing produce with the least need for harmful chemicals in urban farming and multi-purpose
662 greenhouse settings.

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681

682 **Conflict of interest:** The authors declare that they have no conflict of interest.

683

684 **Data availability**

685 The dataset generated during and/or analysed during the current study are available in the Figshare
686 data repository [<https://figshare.com/s/7c9137c3967ba936e01f>].

687

688

689 **Contribution statement**

690 **MSK** envisioned the experimental design co-developed the analysis with LF and co-optimised and
691 finalised the stats with OYB. MSK shaped and finalised the manuscript with LF and SAP. MSK
692 expanded the manuscript.

693 **LF** contributed to the design and executed the experiment, did the data entry and provided insights on
694 the optimisation of the analysis. LF provided the first draft of the manuscript and co-shaped and
695 co-finalised the manuscript with MSK.

696 **OYB** co-optimised the statistics of this work with MSK. OYB also provided insights on the
697 enhancement of the design and contributed to the enrichment of the final version of the manuscript.

698 **SAP** edited the penultimate draft and contributed to the shortening and the enhancement of the
699 manuscript. SAP also proofread the final version of the manuscript.

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1009 **Tables**

Number of Cabbage Hosts	minus (Predator+Shallot)	plus Predator	plus Shallot (minus Predator)	plus (Predator+Shallot)
4	369.17 (0.84 PDB) 0.16% alates	100.33 (0.86 PDB) 0% alates	NA	NA
3	798.2 (0.9 PDB) 0.52% alates	59.25 (0.94 PDB) 0.16% alates	215.33 (0.82 PDB) 0.07% alates	184.67 (0.76 PDB) 0.25% alates
2	371.25 (1.03 PDB) 0.4% alates	233.6 (1.29 PDB) 0.12% alates	165.67 (0.64 PDB) 0.25% alates	111 (0.67 PDB) 0.65% alates
1	81.25 (0.85 PDB) 0% alates	241 (1.55 PDB) 0.58% alates	103 (0.57 PDB) 1.39% alates	75.33 (0.61 PDB) 1.12% alates

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1011 **Table 1. Aphid abundance with polyphenism, and PDB under combined stress of aphids.**

1012 According to aphid's perspective, the ecological challenge against the aphid population was of
1013 different levels of stress including single stressors (shallot [non-host, toxic, and repellent], or lacewing
1014 [predator]) or the combination of these stressors. There were 4 Cabbage hosts [optimal, the most
1015 hospitable] = shallot perturbation (0% Shallot [0 Shallot : 4 Cabbage], 3 Cabbage hosts shallot-free,
1016 25% Shallot [1 Shallot : 3 Cabbage, the least perturbing], 2 Cabbage hosts shallot-free, 50% Shallot [2
1017 Shallot : 2 Cabbage], 1 Cabbage host [least hospitable]), 75% Shallot [3 Shallot : 1 Cabbage, the most
1018 hostile and perturbing]), predator presence (0 or 1), minus (Predator+Shallot) = the cabbage context
1019 was free from predator and shallots, plus Predator = the cabbage context had lacewing (aphid predator),
1020 plus Shallot (minus Predator) = the cabbage context had shallot companionship but the lacewing was
1021 absent, plus (Predator+Shallot) = the cabbage context had shallot companionship and the lacewing
1022 was present, cabbage host plant dry biomass (PDB), alates = dispersive winged aphid morphs as a
1023 proxy for polyphenism. The values in bold refer to the arithmetic mean of the aphid population in the
1024 corresponding microcosm. There were always four plants in the microcosm.