

1 **Trend Analysis on Adoption of Virtual and Augmented Reality in the Architecture,**  
2 **Engineering, and Construction Industry**

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13 **Abstract**

14 With advances in Building Information Modeling (BIM), Virtual Reality (VR) and Augmented Reality  
15 (AR) technologies have many potential applications in the Architecture, Engineering, and Construction  
16 (AEC) industry. However, the AEC industry, relative to other industries, has been slow in adopting AR/VR  
17 technologies, partly due to lack of feasibility studies examining the actual cost of implementation versus an  
18 increase in profit. The main objectives of this paper are to understand the industry trends in adopting AR/VR  
19 technologies and identifying gaps within the industry. The identified gaps can lead to opportunities for  
20 developing new tools and finding new use cases. To achieve these goals, two rounds of a survey at two  
21 different time periods (a year apart) were conducted. Responses from 158 industry experts and researchers  
22 were analyzed to assess the current state, growth, and saving opportunities for AR/VR technologies for the  
23 AEC industry. The findings demonstrate that older generations are significantly more confident about the  
24 future of AR/VR technologies and they see more benefits in AR/VR utilization. Furthermore, the research  
25 results indicate that Residential and commercial sectors have adopted these tools the most, compared to  
26 other sectors and institutional and transportation sectors had the highest growth from 2017 to 2018. Industry

27 experts anticipated a solid growth in the use of AR/VR technologies in 5 to 10 years, with the highest  
28 expectations towards healthcare. Ultimately, the findings show a significant increase in AR/VR utilization  
29 in the AEC industry from 2017 to 2018.

30

31 *Keywords:* Virtual Reality; Augmented Reality; Building Information Modeling; Industry Trend; Virtual  
32 Environment;

33

## 34 **Introduction**

35 One of the largest industries in the United States is the AEC industry with expenditure reaching over \$1.162  
36 trillion in 2017 <sup>1</sup>. However, over 98% of construction projects incur cost overruns and delays <sup>2</sup>. Many  
37 projects experience rework, costing 5% to 20% of the total contract value <sup>3</sup>. The main causes of rework  
38 include lack of communication among different construction parties, lack of adequate visualization  
39 capability to recognize design conflicts, and lack of support for advanced communication technologies <sup>4,5</sup>.  
40 Addressing these deficiencies can decrease the number of unforeseen issues and, therefore, rework in  
41 construction projects <sup>5</sup>.

42 Over the past decade, BIM has found a wide range of applications in the AEC industry <sup>6-10</sup>. Global  
43 reports indicate that currently BIM is utilized heavily by AEC companies and within one year more than  
44 90% of the entire industry will completely utilize BIM in their projects <sup>11</sup>. In this paper, BIM is defined as  
45 the process of generating and involving a digital representation of a building or construction and their  
46 characteristics. BIM is not just the production of 3D models <sup>12</sup>, therefore, it can be used for different  
47 functions such as, improving communication, decision making enhancement, and visualization.  
48 Furthermore, BIM can accelerate information integration from design to construction <sup>13</sup>. BIM technology  
49 has improved and revolutionized the way designers, engineers, and managers think about the buildings and  
50 enables them to predict and solve problems that might occur during the life-cycle of a building. BIM  
51 technology has enabled designers and engineers to detect clashes and simulate different construction

52 scenarios for more efficient decision making. It revolutionized the AEC industry in many different aspects,  
53 such as technical aspects, knowledge management, standardization, and diversity management <sup>14</sup>. However,  
54 BIM still has some inherent shortcomings. For instance, BIM does not provide robust visualization for  
55 cluttered construction sites and the existing software packages provide limited user experience (i.e., lack of  
56 interactive visualization using a keyboard and mouse) <sup>15</sup>. Moreover, investigations have shown that BIM  
57 has some limitations in real-time on-site communication <sup>16,17</sup>. Additionally, the stakeholders who are not  
58 familiar with BIM solutions are not able to utilize its capabilities, such as improved communication through  
59 visualization and immersion.

60 To address some of the inherent deficiencies of BIM and open a new area for enhancement in AEC,  
61 researchers proposed the use of new technologies such as Augmented Reality (AR) and Virtual Reality  
62 (VR). In this paper, AR is referred to a physical environment, whose elements are augmented with and  
63 supported by virtual input and VR is referred to a simulated virtual environment, representing a physical  
64 environment. Accordingly, Immersive Virtual Environments (IVEs) are environments where user  
65 interaction is supported within a virtual environment. AR/VR technologies can potentially address these  
66 deficiencies and enhance BIM in several aspects, such as real-time on-site communication <sup>16</sup>. AR/VR can  
67 also improve communication among stakeholders and provide better visualization for engineers, designers,  
68 and other stakeholders, enabling one-to-one fully immersive experience <sup>18</sup>. Furthermore, IVEs have the  
69 necessary potentials to achieve knowledge synthesis to improve the design process <sup>19</sup>.

70 Many industries implemented AR/VR in a successful way. For example, AR/VR has applications  
71 in manufacturing <sup>20,21</sup>, retail <sup>22,23</sup>, mining <sup>24,25</sup>, education <sup>26-28</sup> and healthcare, especially for simulating  
72 surgeries <sup>29-31</sup>. Recent studies indicate the benefits of AR/VR in the AEC industry by demonstrating  
73 potential applications, such as safety training <sup>32</sup>, visualization <sup>33,34</sup>, communication <sup>15</sup>, and energy  
74 management <sup>35</sup>. Although research suggests AR/VR technologies can be very effective, the AEC industry  
75 has been very slow in adopting these technologies, which could be partly due to lack of feasibility,  
76 examining the actual cost of implementation versus an increase in profit.

77           The main objectives of this study are to 1) determine the trends in adoption of AR/VR technologies  
78 in the AEC industry, 2) predict the future and vision of the industry experts on the adoption of these  
79 technologies, and 3) detecting the limitations of utilization of these technologies. The following section  
80 summarizes AR/VR studies in other domains and then in the AEC domain. The Method section lays out  
81 the main hypothesis and presents how the questionnaire was formulated and distributed to industry experts  
82 in order to achieve the three objectives above. Over 150 AEC industry experts have provided their  
83 feedbacks and visions on the growth and utilization of AR/VR technologies within the AEC industry. The  
84 questionnaire was designed to analyze the growth of these technologies by collecting responses at two  
85 different time intervals (2017 and 2018). With the analyzed survey results, the Survey Findings and Results  
86 section presents the industry trends from 2017 to 2018 and provides insights on the industry's visions on  
87 the future of AR/VR technologies and the main opportunities for AEC industry. Finally, the Conclusion  
88 section summarizes the paper and discuss limitation and new potential applications for the AEC industry.

## 89 **Literature Review**

90 In this section, the authors investigated applications of AR/VR technologies in AEC and other domains  
91 such as, education, healthcare, mining industry, and retail industry. This comparison between AEC and  
92 other domains shows some of the potential use cases of AR/VR in the AEC industry.

### 93 **AR/VR in Other Domains**

94 Over the past decade, many researchers in different fields have investigated how AR/VR tools can enhance  
95 the communication of information among users. For instance, in the retail industry, Javornik (2016) and  
96 McCormick et al. (2014) demonstrated that AR/VR applications are rapidly evolving and increasingly used  
97 over the past years. Dacko (2017) quantitatively analyzed more than 250 Mobile Augmented Reality  
98 (MAR) applications for shopping. The results demonstrated that MAR is beneficial (i.e., efficiency or better  
99 shopping value) to the retail industry and presented actions to leverage MAR for smart retail.

100           In addition to the aforementioned industries, the mining industry is one of the pioneer industries in  
101 adopting AR/VR technologies. Grabowski and Jankowski (2015) demonstrate that a VR solution can

102 enhance occupational health and safety of coal mining workers by presenting a pilot study. In this study,  
103 the workers were trained by professionals who had adequate experience with safety training. They tested  
104 different motion capture systems, Head-Mounted Displays (HMD), joysticks as input methods, and training  
105 scenarios and compared the results. The results showed that VR technology can be a very effective platform,  
106 substitute on-site training, and prevent trainees from exposure to dangers and risks that are common in a  
107 mining environment. Zhang (2017) developed a VR-based training system for the mining industry and  
108 demonstrated that having more immersion using devices like magic leap can improve the training systems.  
109 Pedram et al. (2017) evaluated the VR-based safety training systems and concluded these systems have a  
110 positive learning experience.

111 AR/VR technologies have been receiving much attention in the healthcare industry due to their  
112 immersion capabilities. Mosadeghi et al. (2016) conducted a case study with over 500 hospital patients.  
113 The patients viewed VR simulations such as ocean exploration and tour of Iceland to reduce the stress level.  
114 Then, they conducted a survey on anxiety and pain level. The results demonstrated that most of the inpatient  
115 users expressed that the VR experience was pleasant and it was capable of reducing pain and anxiety.  
116 Tashjian et al. (2017) designed a similar experiment with 50 patients. Patients viewed a 15-minute VR  
117 simulation called Pain RelieVR. This simulation designed in a way that can reduce stress through a game-  
118 like experience. They monitored the heart rate and blood pressure of the patients during the experiment.  
119 The results of this experiment indicate that VR can significantly reduce pain versus traditional control  
120 distraction condition. Dascal et al. (2017) reviewed the applications of VR in healthcare industry between  
121 2005 and 2015 and concluded that VR had shown more success in three areas: eating disorders, pain  
122 management, and cognitive and motor rehabilitation. Also, Pelargos et al. (2017) investigated the potentials  
123 of using AR/VR in neurosurgery. They concluded that healthcare industry needs more AR/VR tools for  
124 educational purposes.

125 There are also many researchers in education who have investigated AR/VR technology. Akçayır  
126 and Akçayır (2017) presented a comprehensive review of usage, challenges, and advantages of AR  
127 technology in the education industry. They determined that AR can enhance learning achievements and

128 motivate students. Potkonjak et al. (2016) show the growth in online education and distant-learning that  
129 uses IVE. Wei et al. (2015) developed an AR-based teaching system. They showed that teaching using their  
130 AR-based application increases student motivation and improves the innovation and creativity of the design  
131 outputs in a design course. Nikolic et al. (2009) developed a VR-based tool that is proved to be a reliable  
132 and effective solution to the challenges faced by students in visualizing 3D structures. It allows students to  
133 visualize and review various designs through a VR environment. The efficiency and usefulness of the tool  
134 were assessed by surveys, group interviews, and in-class exercises. The results showed that subjects had a  
135 far better understanding of concepts when using a VR interface.

### 136 **AR/VR in AEC**

137 Usage of AR/VR technologies in other fields such as healthcare, education, and retail has shown to be  
138 useful for improving human behavior, student learning enhancement, increasing revenues in retailing. The  
139 other fields are growing in this area and also recently, AEC has grown too, but more in some specific areas  
140 and not across the entire industry mainly because of lack of budget in the industry and as a result, AEC  
141 industry has not adopted these tools, but it is possible to improve budget and enhance scheduling if AR/VR  
142 are effectively used.

143 Utilization of IVEs in an engaging experience for end-users in the project design process,  
144 and combining IVEs sense of presence and BIM models can enhance the opportunity to evaluate  
145 different alternative design options in a time and cost-effective approach.

146 The AEC industry has many potential use cases for utilizing AR/VR technologies such as, safety  
147 training, improving BIM visualization and communication, BIM-based immersive tools, energy savings,  
148 and understanding end-users (occupants) preferences. Li (2018) performed a case-study on personalized  
149 safety training in an IVE in order to achieve more efficient safety training with better results. Sacks et al.  
150 (2013) conducted a research study to evaluate the long-term effect of VR safety training in comparison to  
151 traditional approaches. They performed an experiment with two groups of 30 respondents. They gave a  
152 VR-based training to the first group while the second group has gone through the traditional safety training

153 program. The results of the study indicated that the VR-based safety training program is significantly more  
154 effective than the traditional approach in both short term and long term. Le et al. (2015) developed an online  
155 VR framework that enables workers to perform dialogic learning, role-playing, and social interaction to  
156 provide better safety and health education for the workers. They concluded that the platform effectively  
157 improves health and safety education. Jeelani et al. (2017) developed a training strategy that simulated  
158 construction accidents in the VR environment to demonstrate accident causation and the importance of  
159 thorough hazard recognition and proper risk perception. After training, the workers were able to identify  
160 more hazards, perceive them with a higher level of risk, and were able to use effective management  
161 strategies to control the hazards concluding that VR environments provide a high degree of realism, which  
162 improves training outcomes.

163 Balali et al. (2018) developed a framework for cost estimation in construction using VR technology.  
164 They used a real-time VR model that can give the stakeholders and the users the ability to change the  
165 material of the walls, floors and other parts and the model provides them the price impact in real-time.  
166 Linking cost estimation to VR can be beneficial to the AEC industry, especially to estimators. Du et al.  
167 (2018) introduced a cloud-based VR system called CoVR to improve communication among stakeholders  
168 in a construction project. CoVR is able to import BIM data and visualize it in a multiuser interactive virtual  
169 environment. This platform enables remote stakeholders to have social and face-to-face interaction with  
170 others. The researchers conducted a survey on CoVR and the results demonstrated that CoVR can enhance  
171 communication. Williams et al. (2015) developed a MAR application that can augment BIM models on top  
172 of the real world building. This application has the potentials to help technicians to optimize and visualize  
173 their model and data promptly in an AR application.

174 Some researchers used IVE to develop an interactive training environment for workers, technicians,  
175 and engineers. Goulding et al. (2012) introduced a VR-based interactive environment that enables a user to  
176 interact with triggered problems on a construction site and make decisions. They can see how their decisions  
177 affect project cost and schedule. The respondents of this study were interested in the tools and believed that  
178 VR provided better interaction and improved decision making. Fang and Cho (2016) developed a virtual

179 prototyping platform to improve crane safety. In this platform, a lift crew, consisting of a planner, rigger,  
180 signalman, and operators, virtually perform lifting operations. The results indicate that this tool can improve  
181 the operator's confidence and safety. Kayhani et al. (2019) developed a VR platform that can simulate the  
182 heavy mobile crane lift in modular construction. This platform enables the lift crew and engineers simulate  
183 the lift in an IVE and evaluate different options in real-time. This platform can simplify the heavy lift  
184 planning, improve the lift crew's performance on the construction site, and reduce human error.

185 Furthermore, some studies used IVE for improving the degree of presence in lighting condition  
186 assessment and energy management<sup>56,57</sup>. Niu et al. (2016) developed a design approach combining VR and  
187 design with an intent concept that can help in closing the energy performance gap caused by occupants'  
188 behavior. The results indicate that the developed framework can help designers detect design patterns that  
189 can predict actual occupant behaviors. Heydarian et al. (2015b) conducted an experiment to compare the  
190 respondents' sense of presence in a VR environment versus a real environment. A realistic model of a room  
191 with different lighting options was created. The respondents selected similar options in VR versus real  
192 room. The results showed that VR is effective in obtaining user feedback. The feedback can improve the  
193 end-user satisfaction rate and performance in design<sup>59</sup>. In another IVE study, Heydarian et al. (2016)  
194 evaluated how psychological factors such as defaults and personality traits may influence occupant's  
195 lighting and shading interactions; through collecting data from over 150 participants, they concluded that  
196 without any additional cost, defaults can be used to significantly reduce the lighting electricity consumption  
197 in commercial buildings.

## 198 **Method**

199 The hypotheses in this paper are 1) age has a direct effect in adoption and utilization of AR/VR  
200 technologies; 2) within the AEC sectors, residential and commercial projects are expected to utilize AR/VR  
201 more than other sectors; and 3) for a better utilization of VR, construction companies need to have a full  
202 adoption of BIM. Through a set of a comprehensive survey, the authors tested these hypotheses.  
203 Furthermore, this paper aims to understand the potential cost and time savings and find opportunities for



204 AR/VR developments in order to improve communication and visualization among different stakeholders.  
205 This study was carried out in accordance with the recommendations of the Institutional Review Board at  
206 the University of Virginia. The protocol was approved by the Institutional Review Board at the University  
207 of Virginia. All subjects gave written informed consent in accordance with the Declaration of Helsinki.

208         Since the implementation of AR/VR technologies is still relatively new within the AEC industry,  
209 there is not many empirical data on these topics. In order to gather some information regarding the trends  
210 and utilization of AR/VR tools and test our three hypotheses, the authors came up with a number of research  
211 methods. First, the authors designed a detailed online questionnaire. The detailed questionnaire was  
212 reviewed by three BIM specialists as well as three researchers within the field of construction engineering  
213 and management to ensure questions are clear and not misleading. The authors designed the questionnaire  
214 in a way to analyze the growth of these technologies by collecting responses at two different time periods.  
215 Finally, through the survey results, the authors identified some of the industry trends from 2017 to 2018  
216 and provide some information about the industry's visions on the future of AR/VR technologies.

217         The questionnaire is formulated to gather information about the AEC industry's adoption of AR/VR  
218 technologies from 2017 to 2018. Moreover, the questionnaire investigated the opportunities for AR/VR  
219 technologies to improve stakeholders' communication and identify experts' predicted return on investment.  
220 The online surveys were hosted on <https://new.qualtrics.com/>. Qualtrics enabled the authors to keep a record  
221 of the computer address from which the survey was completed using internet protocol (IP) and assign an  
222 identification number (ID) to the user's IP. Qualtrics excluded duplicated data by checking respondents'  
223 profiles, IPs, IDs, and entries from database for analyzing survey results. The excluded responses were  
224 mainly from the respondents who didn't complete the survey so that the authors could not accredit their  
225 credibility for the goals of this research.

226         As a first step, a set of 27 survey questions were designed to target a range of AEC professionals,  
227 such as engineers, designers, researchers, managers, and owners. The survey questions were divided into  
228 five sections: 1) general information, 2) company-related information, 3) BIM knowledge, 4) AR/VR  
229 related information, and 5) visions for the future of AR/VR within the AEC industry. The first three sections

230 capture the background and experience of the respondents. Then, AR/VR is evaluated in the next two  
231 sections. Table 1. Description of target areas and objectives with respect to different parts of the  
232 survey. Describes the main sections, gathered data, and the objective of each section in more detail.

233         The first and second rounds of the survey had 94 and 64 respondents, respectively. The surveys  
234 were distributed directly among professionals within the AEC industry and also through the Construction  
235 Management Association of America (CMAA) organization. CMAA was chosen since it has a great  
236 combination of 16000 members in the AEC industry from both public and private sectors across the USA.  
237 CMAA expert members are from different parties such as owners, architects and designers, general  
238 contractors, and construction managers. The authors conducted the first round of survey in March through  
239 May 2017 and the second round in February through March 2018. The surveys were distributed in two  
240 rounds to measure the impact and growth of AR/VR within the AEC industry and identify trends and visions  
241 for future adoption of these technologies.

242         The first section of the survey attempts to identify the general information of the respondents, such  
243 as age, gender, occupation, and professional experience. In the next section, the respondents answer several  
244 questions about their companies, such as geographical location, size, and type of projects (e.g., residential  
245 commercial, institutional, etc.). The third section examines the respondents' competency in BIM  
246 technology and applications (i.e. quality control, progress monitoring).

247         In the next two sections, the survey results assessing AR/VR utilization in the AEC industry as well  
248 as the future opportunities for AR/VR applications are presented. First, the respondents are asked what  
249 types of AR/VR devices they have used and how many AR/VR experts they have in their companies.  
250 Through these questions, the authors were able to evaluate the respondents' familiarity with AR/VR tools  
251 and their companies' effort in integrating these technologies with on-going and future projects. In the last  
252 section, the respondents were asked to answer a few questions about their vision for the future integration  
253 of AR/VR technologies within the AEC industry. The questions in this section were designed in a way that  
254 demonstrates AR/VR potentials for future developments. For example, the respondents were asked to  
255 identify the sectors (i.e., education and healthcare facilities) and the project size that can best leverage

256 AR/VR technology. The last section evaluated the visions for cost and time saving through integrating  
257 AR/VR technologies in construction projects. The last two questions evaluate how the respondents  
258 predicted the increase in end-user satisfaction when AR/VR technology is used and their limitations in  
259 AEC-related applications. By understanding the potential and maturity of AR/VR technologies, industry  
260 leaders can better understand the potential use-case of these tools. The identified industry trends can help  
261 industry leaders make better investment decisions on these technologies.

## 262 **Survey Findings and Results**

263 In this section, the survey responses are analyzed to (1) understand the current state and growth of AR/VR  
264 in the AEC industry over the past year, (2) identify opportunities of AR/VR development in improving  
265 communication and visualization among different parties, and (3) understand the benefits, that are foreseen  
266 by AEC practitioners of adopting AR/VR technologies.

267 In order to account for participant privacy, the surveys did not ask for any personal information  
268 such as, name, company name, and etc. from the participants. To detect whether participants took part in  
269 both rounds, the authors added a question to the second survey asking the participants whether they had  
270 participated in the same survey study previously. The results for this question demonstrated that none of  
271 the participants in the second round of survey participated in the first round. The survey results are analyzed  
272 as follows to understand these trends.

### 273 **General Respondent Information**

274 Overall in both surveys, 71% (67% and 77% respectively in each survey) of the respondents were  
275 male and 29% were female (33% and 23% respectively in each survey). Respondent's age ranged from 25  
276 to 60 with an average of 32 overall in both surveys. Approximately, 70% of the respondents (78 out of 114  
277 respondents who were willing to share their age) were 30 years old or younger. Respondents were also  
278 asked about their roles in the AEC industry. The survey categorized the respondents in four groups of  
279 engineer and designer (49% and 51% respectively in each survey), researcher (21% and 32% respectively  
280 in each survey), manager (29% and 17% respectively in each survey), and owner (1% and 0% respectively

281 in each survey). Professional experience is another important indicator of the expertise of the respondents.  
282 Most of the respondents with expertise in BIM and AR/VR technologies were relatively young. Overall in  
283 both surveys, approximately 75% of the respondents indicated that they had 10 years or less of professional  
284 experience in the AEC industry. Table 2 shows the number of years the respondents have spent at their  
285 current companies and presents how many years they have worked in the AEC industry in parenthesis.

## 286 **Company Related Information**

287 Among the respondents with AR/VR experience, California had the highest rate, 51%, of participation (22  
288 out of 43 respondents with a high level of AR/VR experience). After that Illinois was the second-highest  
289 rate, 12% (5 out of 43 respondents with high level of AR/VR experience). The third state was New York  
290 with 9% (4 out of 43 respondents with high level of AR/VR experience).

291 The numbers of employees and project values can be used to infer the size of a company, which  
292 can help determine how companies with different sizes envision the future of the AR/VR technologies. As  
293 the results demonstrate, 17% of overall respondents were currently working at companies with more than  
294 5000 employees (14% in 2017 analysis and 21% in 2018 analysis), 26% were in 1000-5000 employees  
295 company (23% 2017 analysis and 32% 2018 analysis), 21% were in 200-1000 employees company (23%  
296 2017 analysis and 18% 2018 analysis), and 36% were less than 200 employees company (40% 2017  
297 analysis and 29% 2018 analysis). Participants working for the AEC industry (excluding researchers) were  
298 also asked to identify what type of project(s) they were mainly involved with based on the average project  
299 cost (i.e., >\$100 million, \$10 - \$50 million, etc.). Approximately 45% of participants were working on  
300 projects > \$10 million in value and 50% on projects less than \$5 million. It is important to note that  
301 participants had the option of choosing more than one answer to this question.

302 The respondents had a wide variety of project types, which were divided into five different sectors,  
303 including residential, commercial, institutional, transportation, and industrial (Table 3). Approximately  
304 60% of the participants indicated they are involved with vertical projects and 15% working on horizontal

305 projects. Combining the result from this question and other questions (i.e., the number of VR experts), can  
306 demonstrate the growth and adoption of AR/VR technologies in these sectors.

### 307 **BIM Knowledge and Experience**

308 To assess BIM knowledge of the respondents, several questions related to BIM utilization were asked. The  
309 first question was about the BIM usage level. More than 75% of the respondents answered that they use  
310 BIM tools at least once a month. In addition, more than 90% of engineers use BIM on a monthly basis. The  
311 high usage of BIM among engineers demonstrates the importance of this technology for the industry. Table  
312 3 shows the BIM usage rate for the respondents.

313 The second question in this section was about the experience of the respondents with BIM tools.  
314 86% of the respondents expressed that they have had some experience with BIM tools and only 14% of the  
315 respondents have never used any BIM tool at all. Among the respondents with no BIM experience, 63%  
316 were engineers, 16% were managers, and 22% were researchers. The results show, although AEC research  
317 strongly recommends BIM, still many engineers have not used and were never trained to use any BIM tools.  
318 Table 3 presents the respondents' experience with BIM tools.

319 The last question in this section was about applications of BIM used by the respondents. The top  
320 three applications of BIM were clash detection, model validation, and visualization and trade coordination.  
321 Using BIM for facility management purposes, energy and light simulations, transportation, and cost  
322 estimation were the least options that were chosen by the respondents. Although there were several BIM  
323 tools available in the aforementioned areas, the adoptions of BIM tools in these areas were significantly  
324 lower as shown in Table 3. However, the deficiency of BIM in these areas means more room for potential  
325 applications of AR/VR technologies.

326 The results of this section suggest that frequency of using BIM did not change significantly over  
327 the past year. Additionally, on average, majority of respondents indicated they use BIM solutions and  
328 applications on a daily basis. This result is aligned with BIM global reports such as, NBS BIM which  
329 indicates over 99% of the industry is aware of BIM and more than 74% of the industry currently adopting

330 BIM in their projects <sup>11</sup>. It is important to note that BIM solutions are required to develop accurate and  
331 interactive AR/VR environments.

### 332 **AR/VR Knowledge and Experience**

333 This section evaluates the adoption of AR/VR technologies in the AEC industry from 2017 to 2018 by  
334 comparing the result of the first round of the survey with the result of the second round. In each survey, the  
335 respondents were asked about their familiarity with AR/VR equipment and whether they have used any  
336 related tools. As shown in Table 4, there has been a significant increase in respondents' familiarity and use  
337 of AR/VR tools from the first survey to the second survey. This growth indicates that companies and AEC  
338 professionals are becoming more familiar and interested in adopting AR/VR tools.

339 Table 4 indicates respondents' self-reported expertise and level of understanding of AR/VR  
340 technologies. Additionally, it further represents how these tools are being or envisioned to be used within  
341 the AEC industry.

342 The collected data shows 5% and 13% increase in the "extremely well" and "very well" expertise  
343 and understanding categories, respectively, between the two surveys. This growth indicates there has been  
344 a significant increase in the integration of AR/VR tools within AEC projects, where industry professionals  
345 are more exposed to these tools and have a better understanding of their capabilities.

346 Respondents were also asked about which VR devices they are more familiar with and recommend  
347 to be used. The results of both surveys indicate that respondents are most familiar with and recommend  
348 Oculus Rift (approximately 45%), followed by HTC Vive, Samsung Gear, and Microsoft HoloLens.  
349 Comparing the results of first and second surveys, respondents' significantly increased recommending the  
350 use of HTC Vive as well as a slight increase in Microsoft HoloLens. Consequently, recommendations for  
351 Oculus Rift and Samsung Gear marginally decreased between the two surveys.

352 The last question in this section is about the number of the AR/VR experts in each respondents'  
353 companies. As it is shown in Table 4, more employees are becoming familiar with AR/VR tools among the

354 respondents' companies. This result may also indicate that the industry is adopting AR/VR technologies at  
355 a faster pace.

### 356 **Visions of the Future AR/VR**

357 This section was designed to determine the opportunities of AR/VR in the AEC industry. Respondents were  
358 asked to predict whether AR/VR will be used on all or majority of the projects within the next 5 to 10 years.  
359 More than 70% of all respondents chose "probably yes" or "definitely yes," indicating a significant increase  
360 in the adoption of AR/VR technologies. In addition, over the past year, the percentage of "definitely yes"  
361 and "probably yes" increased by 14%, indicating a rapid and positive change in the industry trend. Table 4  
362 presents respondents' predictions on the AR/VR usage in the AEC industry for the next 5 to 10 years.

363 The respondents were also asked to identify the sector that has the highest potential for the growth  
364 in VR utilization. Most of the sectors had the same rate, but the result shows that the healthcare facilities  
365 with 23% and commercial buildings with 21% are more promising.

366 The last question of this section asked for an optimal project size in which AR/VR can be most  
367 beneficial. Large projects had the highest response, showing that large and mega projects can make the  
368 most out of AR/VR technologies (approximately 70% on both surveys) compared to small (10% and 5%  
369 on each survey respectively) and medium projects (20% and 25% on each survey respectively).

370 In the last section of the survey, the main opportunities and limitations of AR/VR were questioned.  
371 Respondents were asked to estimate the increase in end-user (i.e., owners, contractors, and occupants)  
372 satisfaction. Approximately 90% agreed that AR/VR can either "significantly" or "somewhat" improve the  
373 customer satisfaction rate. Furthermore, there was a growth in positive answers, from the first round of the  
374 survey to the second, as shown in Table 4.

375 The respondents were also asked to identify the limitations of AR/VR technologies; 21% indicated  
376 "lack of budget" as a limiting factor, 17% indicated upper management's lack of understanding of these  
377 technologies, and 17% mentioned design teams' lack of knowledge as the main limitation for AR/VR

378 utilization. Table 4 presents these result. Addressing these limitations can further increase the adoption of  
379 AR/VR technologies in the AEC industry.

380         The last question of this section, the respondents were asked for their estimate of time and cost  
381 savings (if any) in different phases of a project by adopting AR/VR technologies. The respondents' options  
382 for this question were based on the savings in terms of the project cost percentage. Approximately 55% of  
383 the respondents predicted more than 1% savings can be achieved by integrating VR/AR tools during the  
384 design and construction phases. Over 60% predicted savings of 1% during the operation phase. Table 5  
385 shows the result in the design and construction phases and the operation phase in parenthesis. As this table  
386 shows, a significantly higher number of respondents believe cost savings will be within the 0.5 to 1%.  
387 However, in 2018, less number of participants envisioned the cost savings to be "noticeably effective."

## 388 **Discussion and Analysis**

389 This section further discusses the survey results and how the results were analyzed. The main software used  
390 to perform statistical analyses were IBM SPSS and Microsoft Excel.

391         To measure the growth of confidence level of the respondents, the respondents' prediction on  
392 whether or not AR/VR technologies will be used on the majority of the projects within the next 5 to 10  
393 years was analyzed. The result from unpaired t-test indicates that there was a significant difference in the  
394 scores (definitely not=0, probably not=1, might or might not=2, probably yes=3, definitely yes=4) of this  
395 question for the first survey (M=2.63, SD=1.13) and second survey (M=3.20, SD=0.76);  $p = 0.001$ . These  
396 results suggest that the confidence level of respondents about the future of AR/VR technologies in the  
397 second survey are significantly higher than respondents in the first survey. This means that the AEC experts  
398 are paying more attention toward the AR/VR technologies. The increase in the number of employees with  
399 some level of expertise in AR/VR technologies between the two surveys also supports this finding.

400         In addition, although it seems that respondents who are relatively younger (i.e., less than 35 years  
401 old) believe that AR/VR technologies will be used on the majority of the projects within the next 5 to 10  
402 years, the survey results indicate that the older generations are more confident about the future of these



403 technologies. An unpaired t-test was conducted to compare younger (younger than 35 years old) and older  
404 (older than 35 years old) generations' ideas about the future of AR/VR. There was a significant difference  
405 in the scores for younger generations ( $M=2.86$ ,  $SD=1.01$ ) and older generations ( $M=3.29$ ,  $SD=0.77$ );  $p =$   
406  $0.025$ . These results suggest that older generations' positive beliefs about the future of AR/VR technologies  
407 are significantly higher than younger generations. Such findings may indicate that the older generation has  
408 more experience with the recent changes and advancements of technologies within the AEC industry (i.e.,  
409 BIM) and they believe AR/VR tools can provide significant benefits to the industry.

410         Moreover, the increase in the number of employees with some level of AR/VR expertise indicates  
411 the growth in the utilization of such technologies. Performing unpaired t-test on survey data shows that  
412 there was a significant difference in the number of employees with some levels of AR/VR expertise between  
413 the first survey ( $M=1.24$ ,  $SD=2.99$ ) and the second survey ( $M=3.55$ ,  $SD=0.65$ );  $p = 0.015$ . These results  
414 suggest that there was a significant increase in employees becoming familiar with these technologies over  
415 the past year. Furthermore, the results show that although familiarity with AR/VR technologies did not  
416 change in the education field over the past year. However, there was a decrease in industry-related  
417 responses. This finding indicates that there is still a large gap in the industry's familiarity with AR/VR  
418 compared to academia. As a result, the industry needs to be educated and understand use cases to become  
419 familiar with AR/VR technologies.

420         In addition, the authors used unpaired t-test to identify the growth in employees expertise and there  
421 was a significant difference in the scores (hardly at all=0, not very well=1, average=2, very well=3,  
422 extremely well=4) of AR/VR for the first survey ( $M=0.64$ ,  $SD=1.18$ ) and the second survey ( $M=1.27$ ,  
423  $SD=1.51$ );  $p = 0.009$ . These results demonstrate that AR/VR related expertise of the respondents in the  
424 second survey significantly improved compared to the first survey.

425         By dividing the company size into four categories (the same sizes in the surveys), companies with  
426 less than 200 employees (small companies) showed great interest in employing AR/VR experts. The  
427 AR/VR expert employment rate increased by 0.75 persons per (approximately one person) in a smaller-  
428 sized company from 2017 to 2018. This indicates, due to the lower overhead rate compared to larger

429 companies, they intend to focus on new technologies and expertise to maximize their profit. However, the  
430 respondents expected that large and mega-companies (companies with more than 2000 employees) would  
431 benefit the most from AR/VR technologies. Also performing an independent t-test on AR/VR expert  
432 employment rate on mega-companies (companies with more than 5000 employees) shows a marginally  
433 significant improvement over the past year with 0.071 significance level. This finding suggests that mega-  
434 companies are beginning to invest more in AR/VR technologies.

435 To show the prediction of AEC experts about the potential savings of AR/VR, the authors  
436 performed an unpaired t-test on the results from the last two questions of the survey. Unpaired t-test  
437 demonstrates that there was a significant difference in the potential cost and time savings score (percentage  
438 of entire project value) in design, construction, and operation by utilizing AR/VR. The results for the first  
439 survey ( $M=3.21$ ,  $SD=6.7$ ) and the second survey ( $M=4.17$ ,  $SD=10.97$ ),  $p = 0.049$  suggest that respondents'  
440 predictions about savings through AR/VR significantly increased in the second survey. Also, unpaired t-  
441 test shows that there was a significant difference in the potential predicted savings scores of AR/VR from  
442 respondents with no BIM experience ( $M=2.90$ ,  $SD=2.94$ ) and BIM experts ( $M=3.80$ ,  $SD=2.71$ );  $p = 0.033$ .  
443 These results suggest that respondents with higher BIM experience predict significantly more savings  
444 through AR/VR compared to respondents with no BIM experience.

445 The results of the surveys indicate that the number of AR/VR experts increased by 82% and 110%  
446 in the institutional and transportation sectors, respectively over the past year. In line with the authors'  
447 hypothesis, residential and commercial sectors accounted for the highest number of AR/VR experts with  
448 average of 5.34 and 5.23 AR/VR experts, respectively and industrial sector did not show increase as much  
449 as other sectors. These findings are well aligned with sectors that were predicted to have most benefits from  
450 utilizing AR/VR technologies. In addition, a Chi-squared test suggests that there was a marginal increase  
451 in vision for benefits of healthcare section ( $p = 0.066$ ). This finding is consonant with improvements in  
452 number of AR/VR experts in the institutional sector. Therefore, the finding also suggests that there will be  
453 a growth in healthcare within the institutional sector in the future.

454 Using the survey results, lack of budget, lack of understanding of upper management about AR/VR  
455 technologies, and lack of knowledge of design teams were the top three reported limitations for utilizing  
456 AR/VR technologies. It is important to note that all the limiting factors decreased over the past year, except  
457 for “lack of upper management knowledge” which was increased by 7%. This shows that upper  
458 management might need to become more educated and aware of the use cases and benefits of AR/VR  
459 technologies.

460 Table 6 depicts the main results from the t-test analysis on the survey results. Furthermore, the data  
461 does not show any more significant results by analyzing, gender, occupation, and company location.

462

## 463 **Conclusions and Future Vision**

464 Although the AEC industry is far behind other industries such as healthcare and retail in adopting  
465 AR/VR technologies in the research literature, the results of this study showed that AEC industry is  
466 changing its previous path towards utilizing these technologies. This paper presents two rounds of a survey  
467 that were conducted at two different time periods with about a year part. The results were analyzed to assess  
468 the current state, growth, and saving opportunities for AR/VR technologies in the AEC industry. The results  
469 of the surveys show that industry experts foresee strong growth in the use of AR/VR technologies over the  
470 next 5 to 10 years. Furthermore, the results show a significant increase in AR/VR utilization in the AEC  
471 industry over the past year and potential opportunities.

472 This paper demonstrated that 1) older generations are significantly more confident about the future  
473 of AR/VR technologies and they see more benefits in utilization of such technologies; 2) furthermore, the  
474 research results indicate that residential and commercial projects were the top sections that utilized AR/VR  
475 technologies; and finally 3) the industry is growing significantly in adoption of these technologies.

476 The surveys show some inherent limitations in the AEC industry adopting new AR/VR  
477 technologies such as the “lack of budget,” “upper management’s lack of understanding of these  
478 technologies,” and “design teams’ lack of knowledge.” Due to the lower profit margins on construction  
479 projects, one major limiting factor that prevents the industry from adopting AR/VR technologies is the lack

480 of availability of cost/benefit analysis. Owners and companies are not willing to invest their money without  
481 knowing the true costs and benefits (i.e., time and cost savings). Therefore, there is a need for empirical  
482 studies that assess the true costs of implementing these technologies and reduction in costs and time from  
483 design to operation and maintenance phases. With regards to the other two major limitations, the results  
484 show that within the one year period between the two surveys, the number of people within the respondents'  
485 companies that are familiar with AR/VR technologies has significantly increased; this may indicate that  
486 upper management and designers/engineers will become more familiar with the capabilities of these tools  
487 in the near future as these tools become more accessible to the general consumer.

488         Although this paper focuses on the benefits of both the AR and VR technologies, a more detailed  
489 study is required to better identify the benefits of each technology within the AEC industry. For instance,  
490 the survey results indicate that these technologies can be very effective for model visualization, validation,  
491 and clash detection, which are tasks related to pre-construction. However, with recent advancements in  
492 mobile augmented reality and machine learning, it is expected that AR head-mounted displays provide a  
493 better assistant to project teams during the construction phase (e.g., real-time safety feedback, progress  
494 monitoring) or facility managers during the operation phase (e.g., sensor data visualization, energy  
495 simulations) in comparison to VR tools.

496         Although respondents indicated that communication among software has improved within the past  
497 year, there still exist a number of limitations that can improve the capabilities of VR/AR technologies for  
498 AEC professionals. For instance, there is no robust approach for transferring all BIM information along  
499 with cost data into a VR platform. Importing BIM models into a 3D engine is a challenge because some of  
500 the building information (i.e., material library) might be lost during the export and import process.  
501 Moreover, connecting several VR headsets to enable a group meeting in a virtual space can enhance and  
502 improve communications among stakeholders. These problems have to be solved in order to convince the  
503 AEC industry to spend more money on the development and adoption in this area.

## 504 **Abbreviations**

- 505 Building Information Modeling (BIM)  
506 Virtual Reality (VR)  
507 Augmented Reality (AR)  
508 Architecture, Engineering, and Construction (AEC)  
509 Immersive Virtual Environments (IVEs)  
510 Internet Protocol (IP)  
511 Identification Number (ID)

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688 **Table 1.** Description of target areas and objectives with respect to different parts of the survey

General Section	Section Name	Gathered Data	Objectives
Background and Experience	General information	Age, gender, occupation, and professional experience	Determine how respondents in different positions envision the future of AR/VR
	Company related information	Companies size, turnovers, and employees number	Assess how companies with different sizes envision the future of AR/VR
	BIM knowledge and experience	BIM experience and used BIM tools	Evaluate how respondents with different BIM knowledge envision the future of AR/VR
AR/VR Evaluation	AR/VR knowledge and experience	AR/VR experience and used AR/VR tools	Identify the industry trends
	Visions for the future of AR/VR	Opportunities of AR/VR in the AEC industry	Trends for the future adoption and utilization of AR/VR in AEC

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691 **Table 2.** participants experience in current company (AEC industry)

	<b>2017</b>	<b>2018</b>	<b>Overall in AEC</b>
Less than a year	27% (13%)	33% (13%)	29% (13%)
1-5 years	57% (41%)	56% (40%)	57% (40%)
6-10 years	8% (20%)	4% (27%)	7% (23%)
More than 10 years	7% (25%)	6% (21%)	7% (24%)

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694 **Table 3.** BIM trends between 2017 and 2018

<b>Section</b>	<b>Option</b>	<b>2017</b>	<b>2018</b>	<b>Overall</b>
Companies project types	Residential	21%	27%	23%
	Commercial	27%	23%	25%
	Institutional	23%	19%	21%
	Transportation	15%	16%	16%
	Industrial	9%	12%	10%
	Other	5%	4%	5%
The frequency of BIM tool usage	Never use any BIM models	23%	19%	21%
	Monthly basis	14%	19%	16%
	Weekly basis	27%	23%	26%
	Daily basis	36%	38%	37%
Familiarity with BIM tools based on years of experience	Never used them before	14%	13%	14%
	Less than a year	12%	13%	12%
	1-3 years	35%	41%	37%
	3-6 years	18%	11%	15%
	More than 6 years	21%	22%	22%
Main sections for BIM usage	Model validation	20%	20%	20%
	Clash detection	20%	18%	19%
	Visualization and trade coordination	23%	18%	20%
	Transportation and logistics	5%	11%	7%
	Model-based cost estimation	11%	12%	11%
	4D simulation (3D + schedule)	11%	15%	13%
	Energy simulations and lighting analysis	5%	3%	4%
	Facility management purposes	6%	3%	5%

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697 **Table 4.** AR/VR trends between 2017 and 2018

<b>Section</b>	<b>Option</b>	<b>2017</b>	<b>2018</b>	<b>Overall</b>	<b>Difference</b>
Usage of AR/VR	No, not at all	32%	11%	25%	-21%
	No, but I have seen demos and videos	37%	33%	35%	-4%
	Yes	31%	57%	40%	26%
Understanding and expertise in AR/VR tools	Hardly At All	4%	4%	4%	0%
	Not Very Well	15%	8%	12%	-7%
	Average	38%	28%	33%	-10%
	Very Well	27%	40%	33%	13%
	Extremely Well	15%	20%	18%	5%
Number of AR/VR experts in the company	Not sure	29%	19%	25%	-10%
	1-3 people	38%	35%	37%	-3%
	3-6 people	24%	19%	22%	-5%
	6-10 people	5%	14%	8%	8%
	10-25 people	2%	5%	3%	4%
	25+ people	2%	8%	4%	6%
AR/VR usage on majority of the projects within 10 years	Definitely not	2%	0%	2%	-2%
	Probably not	15%	0%	9%	-15%
	Might or might not	18%	22%	20%	4%
	Probably yes	40%	38%	39%	-2%
	Definitely yes	24%	40%	30%	16%
Increase in end-users satisfaction rate by integrating AR/VR	Significantly	49%	61%	54%	12%
	Somewhat	33%	34%	34%	1%
	Neutral	5%	5%	5%	-1%
	Not much	9%	0%	6%	-9%
	Not at all	3%	0%	2%	-3%

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700 **Table 5.** Cost and time savings by utilizing AR/VR during the design and construction (operation) phase

	<b>2017</b>	<b>2018</b>	<b>Overall</b>	<b>Difference</b>
I am not sure	21% (20%)	11% (16%)	17% (18%)	-9% (-4%)
Not much (<0.5% in saving)	9% (6%)	7% (7%)	8% (6%)	-2% (1%)
Slightly effective ( 0.5-1% saving)	16% (21%)	32% (25%)	21% (23%)	16% (4%)
Noticeably be effective (1-3%)	44% (35%)	32% (32%)	40% (34%)	-12% (-3%)
More effective than BIM technologies (>5%)	10% (18%)	18% (20%)	13% (19%)	8% (2%)

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703 **Table 6. T-test analysis results on surveys with significant level**

<b>Significant Factor</b>	<b>P-Value</b>
Confidence level about the future of AR/VR technologies significantly increased over the past year	0.001
Older generations are significantly more confident about the future of these technologies.	0.025
The number of employees with AR/VR expertise improved significantly over the past year	0.015
Employees expertise in AR/VR significantly increased over the past year	0.009
Number of AR/VR experts is significantly different for the small companies and the big companies	0.070
Cost and time savings in design, construction, and operation by utilizing AR/VR significantly improved over the past year	0.049
Savings by utilizing AR/VR is predicted significantly different from respondents with no BIM experience Vs. BIM experts	0.033

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