A Recent Optimization and Advancement in the Development of Microwave-Assisted Extraction of Microbial Bioactive Compounds

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Abstract

The current study aims to study the optimal fermentation conditions for producing microbial bioactive compounds. The microwave parameters consist on 2450 MHz, and 500-watt for 20, 30, and 40 seconds. The solubility of solvents was tested for the extraction of antioxidant compounds from fermented rice (Koji) by *A. flavus*, Ethyl acetate was the best solvent used for extraction purposes. Antioxidant properties were differentiated by blocking the oxidation of the linoleic acid with an inhibition rate of 73.13% at a concentration of 200 mg/mL, in addition to increasing its effectiveness for free radical extraction and reduction strength by increasing concentrations gradually. The bond ability to irons was lower compared to the EDTA-2Na, in addition to the obtained total content corresponding to phenolic compounds in the ethyl acetate extract of fermented rice (Koji) by *A. flavus* was 232.11 mg, on the basis of galic acid/mg. The stability of the antioxidant compounds of the ethyl acetate extract of fermented rice (Koji) by *A. flavus* was also studied**;** showing stability under neutral conditions, as well as at high temperatures (185 °C during two hours). However, no stability was obtained under acidic and alkaline conditions.

Keywords: microbial antioxidants; bioactive compounds; microwave extract; *Aspergillus flavus*; rice, antioxidant compounds; free radical; phenolic compounds; temperatures

1-Introduction

Fat oxidation causes food damage by excess reactive oxygen and nitrogen species (RONS) generation that appear in the human body and food systems. No doubt, these free radicals (end result/product of normal aerobic biological metabolism) cause damage by oxidizing vital biomolecules such as carbohydrates, proteins, lipids and fats leading to cell death and tissue damage. Earlier studies over the past few decades revealed that oxidation and/or oxidative stress has an important role in several human diseases such as neurogenerative disease, ageing, cardiovascular (heart) disease, arteriosclerosis, cancer, rheumatism, and diabetes (Packer 1995; Sirnonian and Coyle 1996; Aruoma 1998; Droge, 2002; Altemimi et al., 2017; Tan et al., 2018; Matschke et al., 2019). RONS are produced at the end product of metabolism and their adverse effects are encountered/balanced by antioxidant (Liguori et al., 2018). Therefore, it is necessary to use foods containing antioxidants to help the human body to reduce the damage of oxidation and delay the occurrence of several diseases. The human body contains antioxidants obtained from digesting foods that protect the human tissues as body's natural defense, but these systems are not enough to prevent the damage completely. For this reason, industrial antioxidants such as butylated hydroxytoluene (BHT), butylated hydroxy anisole (BHA), propyl gallate (PG) and tertiary butylhydroquinone (TBHQ) were used in diets because of their production of carcinogenic substances during their decomposition. Some natural antioxidants such as tocopherol and herbal extracts were used on a limited due to their high cost, special flavors, and colors in addition, plant sources require large tracts of land and large amounts of plants to obtain antioxidants (Jayaprakasha et al., 2003; Yen and Lee, 1997). At the present time, many techniques and methodologies have been used and explored in the production of antioxidants from natural sources of microorganisms (Ishikawa, 1992). These technologies are more economical, efficient, and easily accessible (Yen et al., 2001). The microbial antioxidants are the end metabolic products of microorganisms. In addition, they have anti-oxidant properties, with a high potential to capture free radicals (Kato et al., 1993), to inhibit lipoxygenase (Nihei et al., 1993), and as bonding agents for metal ions (Kunze et al., 1992). The transfer of energy is the main feature of the microwave heating process. Typically, the heat transfer process by conventional heating is carried out through convection, conduction, and radiation. The heat transfer moves from the outer surface of the material to the inside. When heating in the microwave, the heated material receives the energy directly through the molecular interaction with the electromagnetic wave by converting the electromagnetic energy into thermal energy (heat and mass transfer from the inside to out) (Thostenson and

Chou, 1999). Oufrance (2006) studied the use of microwave extraction at different temperatures (60, 80, 100 and 120 °C). The present study aims to (1) study the susceptibility of some fungal fungi isolated from different local sources to produce antioxidants using the technique of fermentation of solid forms of fermented rice (Koji); (2) the possibility of using microwave technology to increase the extraction of antioxidants by *A. flavus*.; and (3) to study the appropriate conditions for the production of antioxidant compounds for the fermented rice extraction (koji) by *A. flavus* and to study its effectiveness and stability.

2-Materials and Methods

2.1 Fermentation Media (Rice Koji)

Whole and polished rice was used as solid culture by infestation with fungal fungus (fungal isolates were obtained from the Food Science Department / Agriculture College / Basrah University, Iraq). The isolated fungi were diagnosed at the Laboratory of Life Sciences- Department of Marine Biology / Center of Marine Sciences / University of Basrah. After five days of incubation on the malt extract agar (MEA) media, the isolated fungal was examined to study the shape of the colonies and for microscopy test by introducing glass slides using lactophenol solution containing blue cotton. The spores suspension was prepared by activating the molds that were applied to the slant MEA media and incubated at 30 °C for 5 days. The surface of the media was immersed with sterilized distilled water, and then 5 mL of suspension was taken in order to calculate the number of spores using Hemocytometer. The final concentration was adjusted using distilled water to reach 1×10^7 spore/ml (Yen et al., 2003). Rice Koji was prepared according to the Hoppe method (13). Rice (50 g) was soaked in distilled water for an hour in a conical flask (250 ml), then sterilized at 121 °C under 15lb/kg^2 pressure for 15 minutes. The media was then cooled and sprayed with a concentration of 1×10^7 spore/ml and incubated at 30 °C for 15 days.

2.2 Microwave assisted extraction

Microwave extraction is different from conventional extraction through electromagnetic waves caused by the microwave oven, which causes changes in the structure of the cell during extraction. Microwave extraction is quick and presents great value because of the heat transfer and mass that are one-way oriented (from inside to outside), while conventional methods involve heat transfer from outside to inside and mass transfer from inside to outside (Chemat et al., 2011). Heating using microwave extraction occurred because the energy could be transferred through two mechanisms. Both bipolar rotation, bipolar and ionic conduction through bipolar reflections and the movement of the charged ions found in the solute and solvent occur at the same time. Because of the electromagnetic field, a rapid movement of ions occurs, and the resistance of the solution to the ion movement results in friction. This causes

the solution to be warmed and polar rotation means the polarization of the electromagnetic field (Routray and Orsat, 2011). The primary extraction of antioxidants was involved to release bioactive compounds by mixing the fermented rice (koji) into the electric blender several times; then collecting the organic layer after repeating the filtration process three times using whattman filter paper (Yen et al., 2003). The oufnace method (26)

was used as an extraction method including the use of 90 °C for extraction using Teflon tubes (3cm-diameter, 20 cm long,and 5mm thickness) tube cover (3 cm, 4 cm long and 8 mm thickness). Ten ml of filtrate were taken and put in dark glass bottles before adding 40 ml solvents; distilled water, hexane, ethanol, chloroform and methanol. Each of the samples were mixed with the solvent above using the magnetic plates for 30 minutes and then transferred to the Teflon tubes and sealed tightly and placed in the microwave device (capacity 2 liters) using a frequency of 2450 MHz and a 500-watt card for 20, 30 and 40 seconds. Next, the centrifugation was performed in tubes at 2000 cycles/minute during 15 minutes, nominated as extracts. Using Whatman type filter paper, the filtrate was concentrated using the rotary vacuum evaporator at 40 °C to dispose of the solvent to a final volume of 10 ml. The extracts were kept at 18 °C for further use.

2.3 Properties of Microbial Antioxidants

2.3.1 Antioxidant Activity

Thiocyanate by Bersuder et al. (1998) method was used to measure the anti-oxidant effect of linoleic acid in the prepared extracts. The efficacy of anti-linoleic acid oxidation was calculated according to the equation (1):

Antioxidant efficacy %

$$= \left[1 - \left(\frac{\text{Reading the absorption of model}}{\text{Reading the absorption of the control sample}}\right)\right] \times 100 \dots \dots (1)$$

2.3.2 Determination of Phenolic Compounds

The method described by Quettier-Deleu et al. (2000) was used to estimate the phenolic compounds in ethyl acetate extract in fermented rice (Koji) by *Aspergillus flavus*.

2.3.3 Free Radical Scavenging

The method described by Shimada et al. (1992) was followed to estimate the scavenging of free radicals, which included mixing 1 ml of sample with 4 mL methanol and 1 ml of Dimethyl sulfoxide (DMSO) solution instead of -1.1 diphenyl-2-picrylhydrazel (DPPH) according to the equation (2):

Scavenging of free radicalsefficacy %

$$= \left[1 - \left(\frac{\text{Reading the absorption of the model}}{\text{Reading the absorption of the control sample}}\right)\right] \times 100 \ \dots\dots\dots (\mathbf{2})$$

2.3.4 Ferrous Ion Chelating

To measure the ferrous ion, the method described by Decker and Welch (1990) was used. This included adding 0.2 ml of 8-hydroxyquinoline instead to Ferrozine 5 mM. The connectivity was calculated according to the equation (3):

Connectivity: %

$$= \left[1 - \left(\frac{\text{Reading the absorption of the model}}{\text{Reading the absorption of the control sample}} \right) \right] \times 100 \ldots \ldots (3)$$

2.3.5 Reducing power capacity

The reduction power of samples was estimated according to the Oyaizu method (1986), which measured the absorption of the product at a wavelength of 700 nanometers in the spectrophotometer**.**

2.4 Stability of anti-oxidant compounds

The method described by Yen and Lee (1997) was used, in order to measure the efficiency of antioxidant compounds regarding the pH and temperature.

2.4.1 Effect of pH

Different pH numbers were used for organic solutions including the solution of the regulated citrate (at pH 3 and 5) with a concentration of 0.2 molar, and the phosphate solution (regulated at pH 7 and 9) with a concentration of 0.2 molar to show the effect of pH on the stability of the antioxidant activity of *A. flavus*, It compared with the control sample on the same pH and without adding the sample. Antioxidant efficacy was estimated by the method of thiocyanate mentioned by Bersuder et al. (1998).

2.4.2 Effect of exposure time

A sample of *A. flavus* was used with a weight of 3 mg and put in a 10 ml flask at 185 °C for 0, 10, 30, 50, 70, 90, and 120 minutes respectively, and then cooled at room temperature before adding 0.3 ml acetatethyl. The efficacy was measured according to the thiocyanate method described by Bersuder et al. (1998).

2.5 Statistical analysis

The statistical program Statistical Package for the Social Sciences (SPSS) (1998) was used in the data analysis and a comparison was made between the averages using the least significant difference L.S.D at the probability level 0.05.

3- Results and Discussion

3.1 Production of effective antioxidant compounds

After the fertilization of the rice cooked with *Aspergillus flavus*, the fungus began to grow after 2 days and appeared on the surface of the rice in a visible and clear manner. As the

incubation period progressed, the growth of the mold became abundant, with the black spores appearing clearly on the surface of the rice. After 15 days of incubation, the surface was completely covered with *A. flavus* mold spores. During the fermentation process, the molds showed the ability to produce secondary metabolic products in the media of fermentation. These compounds have an antioxidant effect that increases during the fermentation process, which is in agreement with Miyake (24), showing that the molds have the ability to produce antioxidants on solid culture during the fermentation process. The grain contains phenolic compounds such as frolic acid and isoflavones released during the fermentation process by enzymes released by the molds that help to increase the effectiveness of antioxidants in the media of fermentation (Lin et al., 2006a).

3.2 Extraction of antioxidant compounds

Figure (1) shows the effect of using the different solvents to extract antioxidant compounds of fermented rice by *Aspergillus flavus* during 15 days of growth at 30 °C. The results showed a significant increase of the antioxidant efficacy ($p < 0.05$) when the extraction was mediated using the ethyl acetate solvent and an inhibitory rate was 69.41%. The effectiveness of the antioxidant compounds was reduced significantly when the extraction was carried out using the hexane solvent, with an inhibition rate of 4.71%. These results are in agreement with Esaki et al. (1996) who demonstrated that ethyl acetate solvent is highly efficient in extracting antioxidant compounds of *A. flavus* when compared to the other solvents. The results showed differences in the effectiveness of antioxidant compounds by the different solvents used to extract antioxidants due to the chemical nature of the active compounds in the different extracts, and the difference in the degree of polarity of the solvents, which depends on the solubility of the phenolic compounds in the solvent (Jimenez et al., 2006). The ethyl acetate to extract antioxidant compounds from fermented rice using A. flavus was used and the results were in agreement with Hirota et al. (1997) who used ethyl acetate to extract antioxidant compounds from Moretierlla sp. and extract. In addition, bioactive compounds such as 3.3-dihydroxyterphenyllin, 3-hydroxyterphenyllin, and candidus in B were isolated from A. candidus using acetylene solvent (Yen et al., 2001).
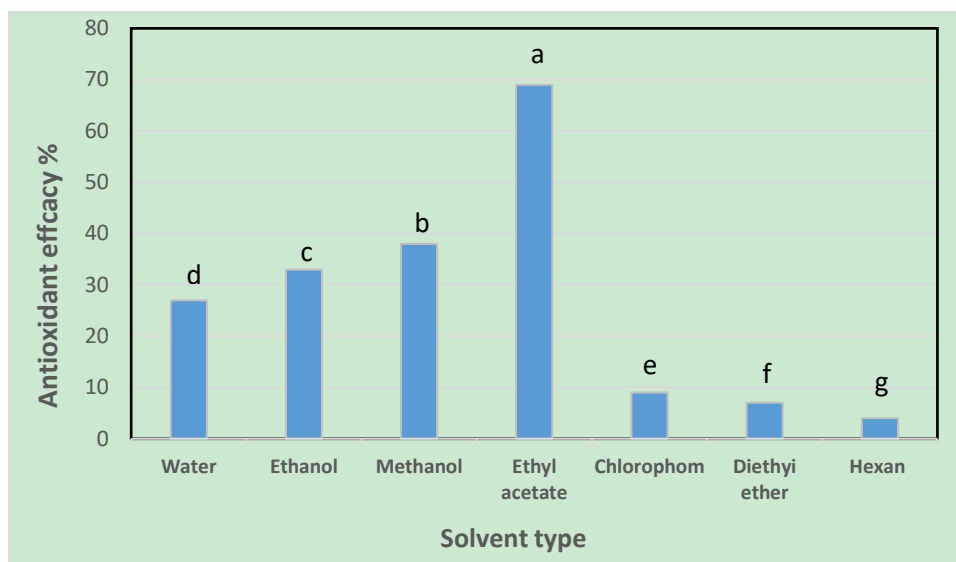
Figure 1. Effect of using different solvents on the effectiveness of antioxidant compounds of fermented rice(koji) by *A. flavus* for a 15-day incubation at 30 °C.

3.3 Affecting factors in fermentation process

3.3.1 Effect of the pH on the antioxidant production

Figure (2) shows the effect of the use of different pH for the production of antioxidant compounds of ethyl acetate extract for fermented rice (koji) with *Aspergillus flavus* for a period of 15 days at 30 °C. The results showed significant differences (p <0.05) in the isolation ability to produce antioxidant compounds in all pH. The results showed that the highest rate of effectiveness at pH 7, and the inhibition was 74.11% and lowest in pH 12, with an inhibitory rate of 1.11% due to inadequate base pH, which resulted in a lack of growth of the fungus and thus reduced antioxidant efficiency in acetate extract Ethyl.
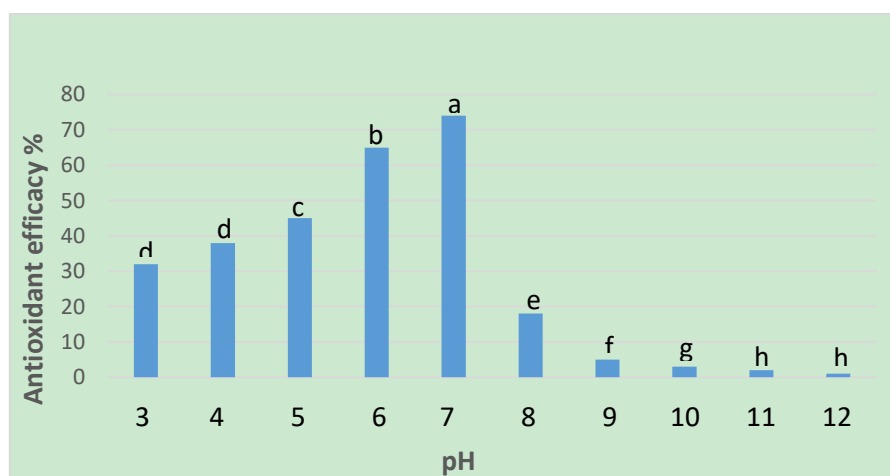
Figure 2. Effect of using different pH on the effectiveness of antioxidant compounds of fermented rice(koji) by *A. flavus* for a 15-day incubation at 30 ° C.

* The different letters indicate significant differences at the probability level p < 0.05.

3.3.2 Temperature:

Figure (3) shows the effect of using different temperatures for production of antioxidant compounds of ethyl acetate extract for fermented rice (koji) with *Aspergillus flavus* for a period of 15 days at 30 °C. The results showed significant differences (p <0.05) in the isolation ability to produce antioxidant compounds at different temperatures, which affected the susceptibility of microorganisms to grow. The results showed that the effectiveness of antioxidants *A. flavus* in the system of oxidation of linoleic acid was low at the incubation temperature of 20 °C and the inhibition rate was 35.18%, while significantly increased antioxidant activity at the incubation temperature 30 °C was 75.11%. The isolation showed a significant decrease in the effectiveness of the antioxidant compounds at a temperature of 40 °C, with an inhibitory rate of 13.15% which is in agreement with (Lin et al., 2006b). Lin et al.(2006b) reported that the molds had the ability to produce antioxidant compounds at 30 °C while the antioxidant activity decreased at 25 °C and 35 °C.
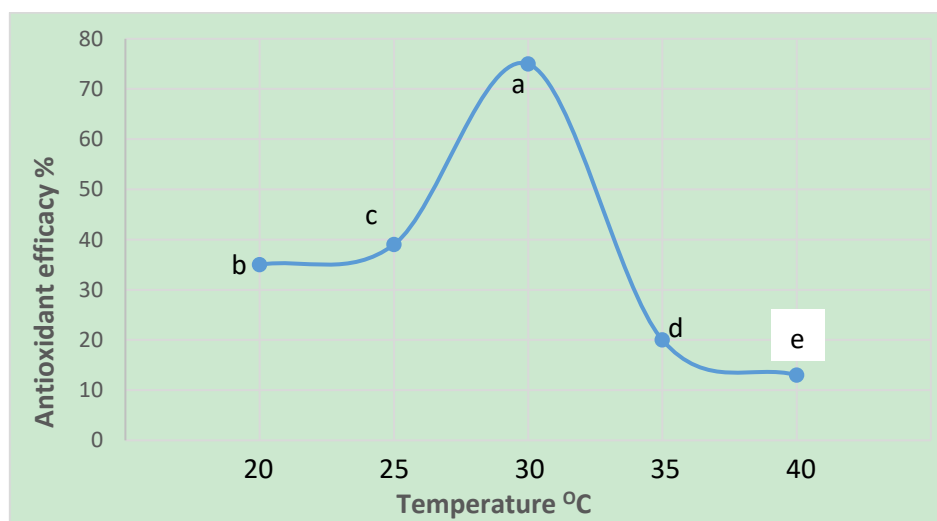
Figure 3. Effect of using different temperatures on the effectiveness of antioxidant compounds of fermented rice(koji) by *A. flavus* for a 15-day incubation at 30 °C.

* The different letters indicate significant differences at the probability level p < 0.05.

3.3.3 fermentation media

Figure (4) shows the effect of using different media such as rice, malt, wheat, and fermented wheat bran by *Aspergillus flavus* for a period of 15 days at 30°C. The results showed significant differences at the level of probability of p <0.05 in the effectiveness of antioxidant compounds of different media. The results showed that antioxidant activity significantly increased when *A. flavus* grow on rice media with an inhibitory rate of 74.89%. This was in agreement with Miyake et al. (2007) who used rice media to produce antioxidant compounds by molds, while the isolation showed a significant decrease in the effectiveness of antioxidant

compounds on the media of wheat bran with an inhibitory rate of 15.18%. These data show an improved additive effect between these plant compounds and the antioxidant compounds from fermented rice extract (koji) by *A. flavus* (Yen et al., 2003).
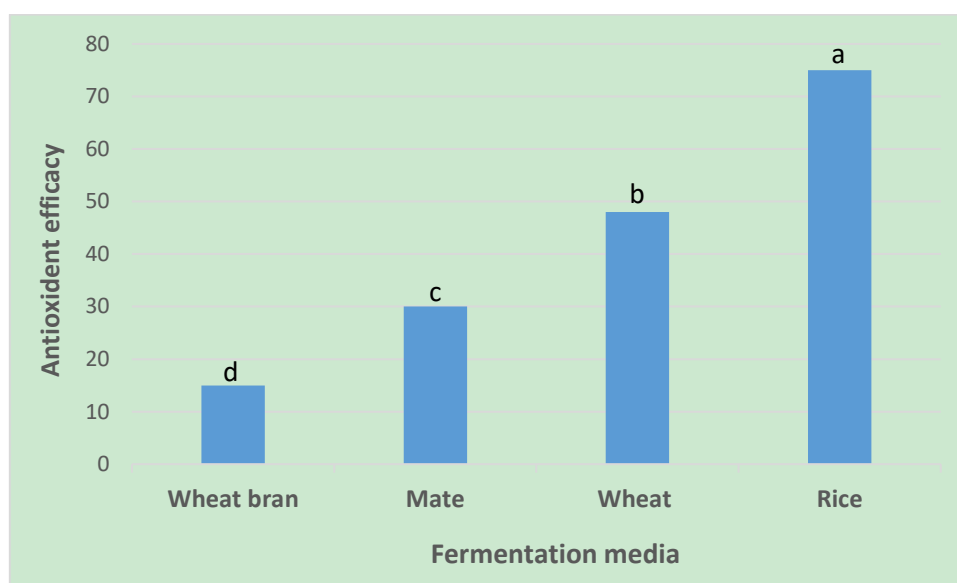
Figure 4. Effect of using different fermentation media on the effectiveness of antioxidant compounds of fermented rice (koji) by *A. flavus* for a 15-day incubation at 30 °C. * The different letters indicate significant differences at the probability level $p < 0.05$.

3.4 The properties of effective antioxidants produced from *A. flavus*

3.4.1 Antioxidant efficacy

Table (1) shows the antioxidant activity of the ethyl acetate extract of fermented rice (koji) using A. flavus compared to synthetic antioxidant BHT and Natural oxidation α-tocopherol at concentration of 200 microgram / mL. The results showed that the effectiveness of the industrial antioxidant BHT increased significantly with an inhibitory rate of 85.16%, while the effectiveness of the antioxidants *A. flavus* decreased, with the inhibitory rate of 73.13%. This percentage was significantly lower than the inhibitory rate of the natural antioxidant α-tocopherol at 82.04. The obtained results showed a significant difference (at p <0.05) in the antioxidant effectiveness of the three antioxidants. Shimada et al. (1992) reported earlier that the antioxidant efficacy is related to the number of hydrogen atoms. The effectiveness of antioxidants to inhibit the oxidation of linoleic acid is due to different mechanisms, including the disruption of the chain of the initiation reaction, bonding of iron ions, destruction of peroxides, prevention of hydrogen removal, reducibility, and free radicals (Yaldirim et al., 2001)**.** The effectiveness of antioxidants increases as the extract contains large quantities of antioxidant compounds (Miyake et al., 2007). Thus, the effectiveness of antioxidant compounds was increased by plant isoflavones, which were released during the fermentation process (Robbins, 1980).

Table 1. Antioxidant activity of the ethyl acetate extract of fermented rice (koji) using A. flavus.

Sample microgram/mL	Inhibitory percentage IP[*]
BHT	85.16[a]
-Tocopherolα	82.04[b]
Aspergillusflavus	73.13[c]

* The different letters indicate significant differences at the probability level $p < 0.05$

3.4.2 Total phenolic content

The total content of phenols in the ethyl acetate extract of fermented rice (koji) by *Aspergillus flavus* was 232.11 µg on the basis of galic acid / mg. There is a relationship between total phenol content in the extract and increasing antioxidant efficacy of compounds in ethyl acetate extract for fermented rice (koji) with *A. flavus*. The total content of phenols in the extract increased after the fermentation process and the larger quantities of phenolic compounds are produced after the fermentation process (Randhir et al., 2004). The effectiveness of antioxidant compounds increased by synergistic antioxidant that are released during the fermentation process, which increase the total content of phenols in the fermentation media (Lopes et al., 1999). These compounds are secondary metabolites that are present in plants and are linked through hydroxyl groups with glucose in the form of glucosides (Robbins, 1980). The concentration of phenols in extracts was dependent on the type of solvent used (Romero et al., 2004).

3.4.3 Free radicals scavenging activity

Figure (5) shows the effect of the use of antioxidant compounds on fermented rice (koji) extract by *Aspergillus flavus* with different concentrations of DMSO free radicals compared to BHT. The statistical analyses revealed that there were significant differences (p<0.05) between fermented rice (koji) extract using Aspergillus flavus among all concentrations regarding free radicals scavenging activity. It was also observed that the susceptibility of the antioxidant compounds *A. flavus* increased significantly with increased concentration, which is in agreement with previous studies (Chung et al., 2002). The results showed that the bioactive compounds of the ethyl acetate extract of fermented rice (koji) contained hydroxyl groups that were capable of interacting with free radicals and converted them into more stable products. These results were in agreement with Farhoosh et al. (2006) and Wu et al. (2003)

who confirmed that antioxidants compounds of fermented rice (koji) using A. falvus can have the ability to donate an hydrogen atom and thereby prohibiting free radicals.
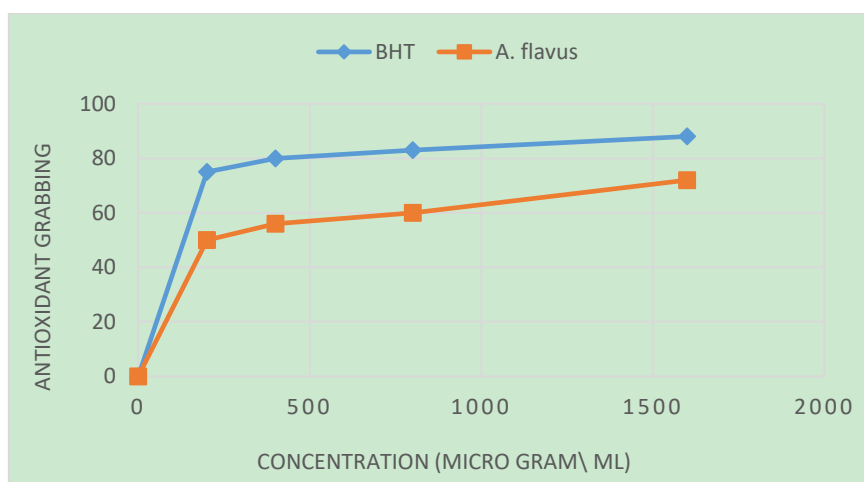
Figure 5. Effectiveness of antioxidant compounds of fermented rice (koji) by *A. flavus* for free radical scavenger DMSO compared to BHT with different concentrations.

3.4.4 Connect the iron ion Fe $^{+2}$:

Figure (6) shows the susceptibility of the antioxidant compounds of fermented rice (koji) by *Aspergillus flavus* to bind iron ions compared to EDTA-2Na in different concentrations. The results showed significant differences at the probability level of p <0.05 in the efficiency of the iron-ions binding between EDTA-2Na and the antioxidants compounds of A. flavus. The results showed a significant increase in EDTA-2Na susceptibility For the binding of iron ion, It was also observed that the antioxidant susceptibility of the fermented rice extract (koji) was determined by A. flavus to bind the iron ions that increased significantly with increased concentration. This was in agreement with Chou et al. (2002) and Lin et al. (2006) who found that the compounds of microbial antioxidant increased proportionally with the concentration.
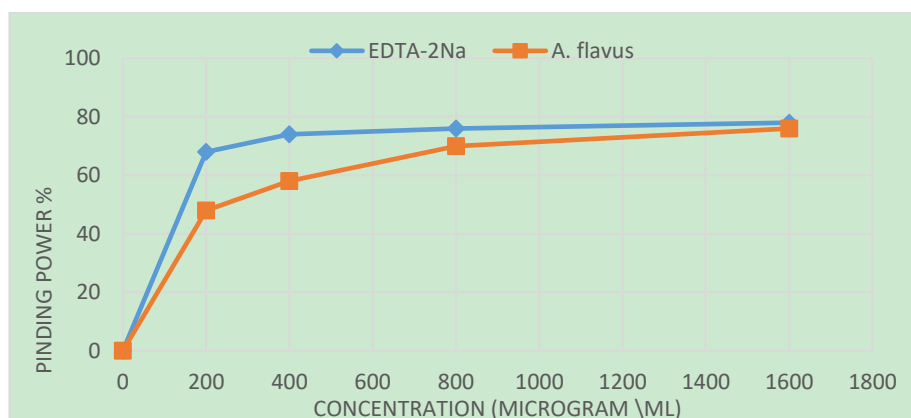
Figure 6. Effectiveness of antioxidant compounds of fermented rice (koji) by *A. flavus* for binding iron ion compared to EDTA-2Nawith different concentrations.

3.4.5 Reducing power capacity:

Figure (7) shows the ability of antioxidant compounds of fermented rice (koji) to reduce Fe^{+3} iron ions to Fe^{+2} using different concentrations. The results showed that the synthetic antioxidant BHT exhibited high absorption, while the strength of the reduction of the antioxidant compounds of *A. flavus* was observed to be less than the strength of the reduction of BHT. The results also found that the strength of reduction of antioxidant compounds of the extract of rice fermented by *A. flavus* Increased significantly with increased concentration. The results showed that there were significant differences at the probability level of $p < 0.05$ in the reduction power while increasing concentration, which is consistent with Yang et al. (2000). The observed reduction strength of the extract could be explained by the presence of compounds called reducing agent formed during the fermentation process, which can interact with free radicals to convert them into more stable products and then terminate the free radical reaction chain (Yang et al., 2002), while the reductase compounds interact with the peroxides and inhibit their formation (Jayaprakasha et al., 2003).
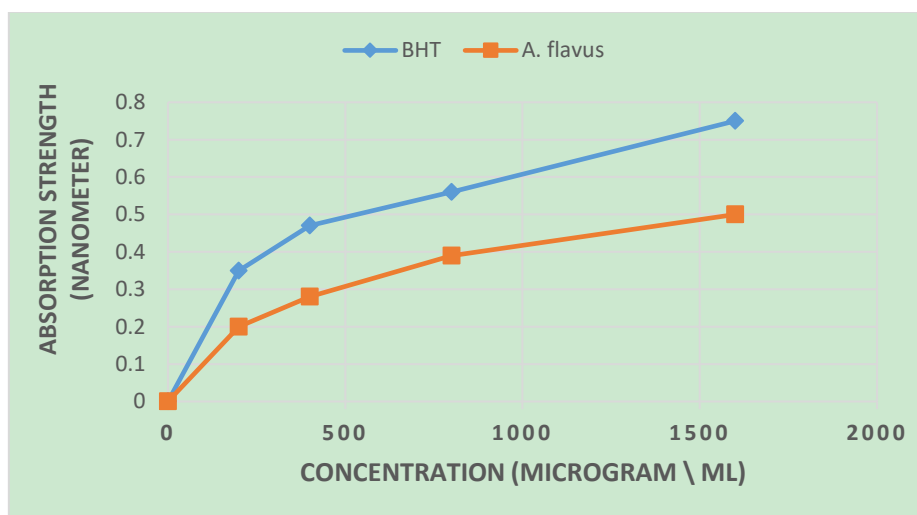
Figure 7. Strength of reduction of antioxidant compounds of fermented rice (koji) by *A. flavus* compared to BHT with different concentrations.

3.5 Stability of antioxidant compounds

3.5.1 pH

Table (2) shows the effect of the use of different hydrogen numbers on the effectiveness of antioxidant compounds of fermented rice (koji) by *A. flavus* to inhibit the oxidation of linoleic acid at incubation at 40 °C for 95 hours. The results showed that there were significant differences at the level of $p < 0.05$ in the effectiveness of antioxidant compounds of fermented extract by *A. flavus* for all pH tested. The obtained results showed the effect of acid pH on the

effectiveness of antioxidant compounds of fermented rice (koji) by *A. flavus*, in addition to a significant decrease in the effectiveness of *A. flavus* compounds and gradually increased incubation time at acidic pH when it reached a maximum time (after 95 hours). The results also showed the effect of pH on the anti-oxidant compounds A. flavus, ($P > 0.05$). A slight reduction in antioxidant activity was observed, which was consistent with Yen et al. (1997), this is due to the antioxidant potential of the compounds to be reduced to the pH. The rate of antioxidant activity was significantly reduced in basal pH. It was also observed that there was a significant variation in absorption of the control sample as it began to decline rapidly after a period of 45 hours, which could be explained by the breakdown of peroxides formed during the process of oxidation of linoleic acid.

Table 2. Effect of pH on the Effectiveness of antioxidant compounds of fermented rice (koji) by *A. flavus* for different incubation periods at 40 °C.

| The absorption strength is wavelength 500 nm | | | | | | | | Duration of incubation (day) |
| pH=9 | | pH=7 | | pH=5 | | pH=3 | | |
A. flavus	Control	A. flavus	Control	A. flavus	Control	A. flavus	Control	
0.24	0.57	0.43	0.62	0.36	0.58	0.40	0.60	0
0.36	0.64	0.63	0.85	0.55	0.75	0.63	0.84	20
0.50	1.17	0.80	1.20	0.72	1.12	0.78	1.20	40
0.64	0.85	1.03	0.50	0.86	0.60	1.00	0.50	60
0.83	0.40	1.20	0.40	1.17	0.45	1.10	0.40	80

3.5.2 Effect of exposure time

Table (3) shows the effect of thermal coefficients on the effectiveness of antioxidant compounds of fermented rice (koji) by *A. flavus* when heating at 185 °C at different time intervals. The effectiveness of the remaining antioxidant compounds was estimated after the heating process. The results showed significant differences ($p < 0.05$) in the effectiveness of the antioxidant compounds for the heating periods from 30 minutes up to the 120 min except for the heating period from 0 to 10 minutes. No significant differences ($p > 0.05$) were observed in the antioxidant activity at 185 °C. The results showed a slight decrease in the antioxidants activity when the heating time reached up to 10 minutes. The statistical analyses showed that the antioxidant activity of fermented rice (koji) by *A. flavus* was significantly decreased when the extraction heating time increased to 120 min. Therefore, the inhibition ratio was 21.11 %. This result was ascribed to the negative effects of exposure to high temperatures for long time,

thereby causing degradation for bioactive compounds. (32). This result was in agreement with Hamama and Nawar (1991) who showed that industrial antioxidants BHA, BHT, PG and TBHQ lose their effectiveness at 185 °C heating for an hour, with a damping rate of 42.8, 20.4, 37.1 and 47.7%, respectively.

Table 3. Effect of exposure time to 185 ° C in the effectiveness of antioxidant compounds of fermented rice (koji) by *A. flavus*.

Remaining Active Antioxidants[**]	Antioxidant efficacy (inhibition ratio%) [*]	Heating time (minutes)
99.34	75.11[a]	0
98.56	75.08[a]	10
98.12	74.91[b]	30
96.61	74.22[c]	50
95.17	73.88[d]	70
93.82	72.08[e]	90
92.68	70.11[f]	120

* The different letters indicate significant differences at the probability level $p < 0.05$

** $$\text{Remaining Active Antioxidants} =$$

$$\frac{\text{The percentage of inhibition (sample after the heat treatment at } 185 \text{ ° C)\%}}{\text{The percentage of inhibition (sample after the heat treatment at } 185 \text{ ° C)\%}} \times 100 \dots. (4)$$

4- Conclusions

The antioxidant efficacy was significantly increased when *A. flavus* was grown on the rice media and the inhibitory rate was 74.89%. The antioxidant strength of A. flavus was less than that of the antioxidant BHT. The results of the current study indicate the stability of the antioxidant compounds of the extract of fermented rice (Koji) by *A. flavus* under neutral conditions but not under acidic and alkaline conditions, thus reducing the anti-oxidant effectiveness of the compounds formed. The low antioxidant effect of fermented rice (koji) by *A. flavus* may be due to the disintegration of the antioxidant compounds by increasing the exposure time to high temperatures.

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Conflicts of Interest

The authors declare no conflict of interest.

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