"Shutdown" of the proton exchange channel waveguide in the phase modulator under the influence of the pyroelectric effect

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Featured Application: The results can have application in fiber optic gyroscopes to avoid the breakdown during the fast heating of device.

Abstract. It is shown that the termination of the channeling of the fundamental radiation mode in the waveguide can be observed upon heating of an optical integrated circuit based on proton exchange channel waveguides formed in a lithium niobate single crystal. This process is reversible, but restoration of waveguide performance takes tens of minutes. The effect of the waveguide disappearance is observed upon rapid heating (5 °C/min) from a low temperature (minus 40 °C). This effect can lead to a temporary failure of navigation systems using fiber optic gyroscopes with modulators based on a lithium niobate crystal.

Keywords: channel waveguide, proton exchange, fundamental mode, pyroelectric effect, mobile charge, fiber optic gyroscope, phase modulator

1. Introduction

Optical integrated circuits based on a lithium niobate crystal are used in fiber optic gyroscopes for phase modulation of a signal and in fiber trunk circuits for signal encoding at a frequency of up to 100 GHz [1–2]. The main advantages of using a lithium niobate crystal are its wide transmission window, high electro-optical coefficient r33 and the relative simplicity of creating waveguides [3]. The disadvantages of the crystal include its complex structure and the variety of defects, as well as the difference in the composition, structure and properties of the near-surface layers on crystals of different manufacturers [4]. The waveguides of optical integrated circuits are formed by the ion exchange method. As a rule, they either replace Li⁺ ions with H⁺ ions (proton exchange method), or Nb⁵⁺ ions with Ti⁵⁺ ions (titanium diffusion method). The proton exchange method is somewhat simpler, because it does not require heating the crystal above 350 °C [5].

In this paper we studied the temperature behavior of phase signal modulators used in a fiber optic gyroscope and constructed according to the scheme of Y-splitter. Temperature effects limit the accuracy of fiber optic gyroscopes and affect their noise characteristics [6–8]. Phenomena of a similar nature are observed in radiation intensity modulators of optic fiber transmission system [9–10].

A model, in which charged defects in the matrix of lithium niobate can move near the waveguide, was proposed to explain the observed drifts. In this model, the refractive index of the waveguide changes due to the local electro-optical effect.

The output power was used as the measurement signal, and the variable external temperature in the temperature chamber was used as the effect.

2. Experimental samples
The radiation phase modulators constructed according to the scheme of a Y-splitter with a division factor of 1/1 (Figure 1) were used as samples for research.

Figure 1. Topology of the waveguides of the phase modulator

Optical channel waveguides were formed by the proton exchange method in benzoic acid, followed by annealing. The process was selected in such a way that the shape of the propagating beam and the numerical aperture of the waveguide maximally corresponded to the shape and aperture of the core of Panda-type optical fiber used to input and output radiation in this type of modulators. A lithium niobate of congruent composition (X-section) was used as the virgin crystal. In this case, the waveguides were located along the Y axis, and the external electric field corresponded to Z-direction. The length of the sample was 38 mm, 22 mm of which were in the straight-line portions of the waveguides.

Conductive graphite paste was applied on the side faces and on the lower surface of the samples in order to suppress the pyroelectric effect. The use of paste provided the closure of the polar faces of the crystal and the rapid relaxation of the pyroelectric surface charges that occur when the temperature of the crystal changes. Samples without conductive paste were used to study drift processes associated with the pyroelectric effect.

3. Experimental technique

The programmed precision temperature chamber Espec MC-711 was used to study the action of temperature on the output optical power. The temperature of the sample during the exposure was considered equal to the temperature of the air in the chamber, which was controlled using the embedded sensor. A sample in an open process container was placed in a heat chamber in the upper part of the working volume. The modulator chip was placed on an aluminum substrate in order to reduce the temperature gradient in the sample. The chip and the substrate were connected using a thin layer of silicone-based adhesive with high thermal conductivity.

The experimental assembly is shown in Figure 2.

Figure 2. Scheme of the experimental assembly for optical measurements

The sample was connected to the radiation source and receiver by welding fiber optic light guides. The supply and return fiber optic light guides were brought out of the temperature chamber.
The construction of the chamber door excluded the bending and squeezing of fiber optic light guides during the experiment due to soft gaskets. The radiation source and receiver were located outside the chamber and were not exposed to variable temperature. A fiber laser with an output power of 5 mW and a central wavelength of 1550 nm was used as a source of radiation. The measurements were carried out both in constant temperature regime and with a change of temperature. During measurements, the time dependence of beam output power $I_{\text{out}}$ was recorded. Santec PEM 330 optical power meters (Japan) were used to measure the output power $I_{\text{out}}$.

4. Experimental results

The results of measurement $I_{\text{out}}(t)$ for Y-splitter during temperature cycling of the sample and the action of the pyroelectric effect are presented in Figure 3, where the red and black curves correspond to the two arms of the Y-splitter, and the gray broken line corresponds to the temperature in the temperature chamber during the experiment. The range of temperature changes was 140 °C. As can be seen from the presented figure, a sharp drop in the output optical power is observed in the heating areas on one arm of the Y-splitter. During subsequent heating, the $I_{\text{out}}$ value is restored, and this behavior is typical for all heating cycles. The cooling of the sample does not give a similar effect, and the analysis of the graph does not allow us to identify a stable temperature at which $I_{\text{out}}$ value decreases.

The power decrease for such a heating rate is characteristic of only one arm of the Y-splitter. At the same time, a small power output variation is observed in the second arm. The considered power drop can be conditionally classified into three sections: A-B is a sharp increase in optical loss (“disappearance” of the waveguide), B-C is the absence of the waveguide and C-D is the waveguide restoration. The length of the section A-B in the presented figure is 24 minutes, the length of B-C is 5.5 hours and the length of C-D is about 2.5 hours. The signal power in the section B-C (-49 dBm) corresponds to the value that would be observed in the absence of a waveguide channel, but in the presence of input radiation.

For higher heating rates, similar phenomena are observed, accompanied by changes in the signal of the second arm of the Y-splitter (Figure 4). The heating rate is 5.3 and 2.5 °C/min.
The condition for the waveguide “disappearance” was also investigated from the point of view of the starting temperature used for sample heating. For this purpose, a thermal cycle was proposed in which the sample was heated at different speeds under the influence of temperatures of minus 40 °C, minus 20 °C and 0 °C. The heating rates varied during the thermal cycle, but the temperature drop remained constant and was equal to 60 °C. The results show that the depth of $I_{out}$ degradation heavily depends on the temperature at which the sample was heated. Short-term, but complete “disappearance” of both waveguides is observed at an initial temperature of minus 40 °C. With an increase in the initial heating temperature, this phenomenon weakens and completely disappears when the sample is heated at the temperature of 0 °C. For this reason, the phenomena we discovered may not have been observed previously by other researchers, since the used parameters of the thermal cycle (low initial temperature, high heating rate and large temperature differential) are not typical for testing of optical integrated circuits.

5. Discussion of measurement results: Model of charged defects motion near a waveguide

The following facts were established during temperature tests on a large number of samples of Y-splitters with an active pyroelectric effect:

1. The disappearance of the waveguide is observed only when the sample is heated.
2. The output power varies differently on the two arms of the modulator.
3. These phenomena disappear when the edges of the sample are closed with a conductive paste.
4. The observed power output does not correspond to a complete laser shutdown, but to the input of radiation into the crystal without a waveguide.
5. In some samples, accompanying phenomena were observed without the disappearance of the channel. These samples differed from other samples by the width of their waveguides and the mode of their creation.
6. When the temperature is stabilized, the power in the arms of the Y-splitter is restored to the initial values.

The given pieces of evidence are interpreted from the point of view of the model of a channel waveguide surrounded by mobile charged defects. Let’s consider experimental facts on details.
5.1. In the study of Y-splitters, it was found that only one arm of the splitter can be affected by this phenomenon (or one arm can be affected much more than the other).

As a system with mobile charges, the arms of a Y-splitter are a coupled system because they have a junction point. In this case, the mobile charges, which are uniformly distributed near the two arms of the Y-splitter in the absence of the pyroeffect, can be redistributed under the influence of the pyroeffect so that their number near one arm becomes larger than near the other arm. Then the effect of their impact will be different for the two arms. An approximate diagram of such a process is shown in Figure 5.

![Figure 5. Charge flow under the influence of a pyroelectric field in the region of waveguides](connection)

This phenomenon leads to the fact that one arm disappears completely, and the second arm does not disappear at all or partially disappears for a short time.

5.2. These phenomena disappear when the edges of the sample are closed with a conductive paste

When the edges of the crystal are closed, the relaxation of pyroelectric charges occurs in a short time. The strength of the pyroelectric field does not reach values sufficient for the disappearance of the waveguide.

5.3. The observed power output does not correspond to a complete laser shutdown, but to the input of radiation into the crystal without a waveguide

When the waveguide disappears, the radiation entering the crystal from an optical fiber connected to the laser does not disappear, but propagates freely throughout the crystal. A small part of this radiation falls on the end of the output optical fiber and is recorded by the optical power meter.

5.4. In some samples, accompanying phenomena were observed without the disappearance of the channel. These samples differ from other samples by the width of their waveguides and the mode of their creation

For some samples, the channels did not disappear, which may be linked to a different actual width and depth of the waveguide, as well as its contrast ratio. These parameters directly depend on the protonation regimes and the parameters of the photolithographic mask. Samples with vanishing waveguides can be distinguished from samples with waveguides, in which only accompanying phenomena were observed, precisely by these parameters. It should be noted that phenomena indicating an uneven refractivity variation in two waveguides were observed on all samples.

5.5. When the temperature is stabilized, waveguide properties are restored over time
When the temperature is stabilized, mobile charges existing within the crystal and on its surface (as well as charged particles attracted by the electric field from the air surrounding the crystal) shield the pyroelectric charges, leading to a decrease in the pyroelectric field in the crystal. Thus, after some time and at a constant temperature, the pyroelectric field drops to a value at which the waveguide contrast sufficient for operation in the single mode is restored.

6. Theoretical interpretation

The disappearance of the waveguide is observed only when the sample is heated. An increase in the refractive index throughout the entire crystal volume occurs with an increase in the crystal temperature and leads to the waveguide contrast $\Delta n = n_2 - n_1$ compression, as well as to the termination of the channeling of the fundamental radiation mode (when the limiting contrast value is reached). The critical value $\Delta n_{cr}$ can be estimated as follows:

For simplicity, let us consider the propagation of a TE-wave with a wavelength $\lambda$ along a planar waveguide with a step-graded index (Figure 6).

![Figure 6. A waveguide model with a step-graded index: (a) a refractive index profile in a planar waveguide; (b) the scheme of light propagation within a waveguide in the ray approximation. $n_1 = 2.20$, $n_2 = 2.21$, $n_3 = 1$ are the refractive indices of the substrate, waveguide and coating (respectively), $N$ is the effective refractive index, $d$ is the thickness of the waveguide and $\theta$ is the angle of incidence of the beam on the interface.](image)

Waveguide modes propagate along the waveguide under the following condition:

$$ n_1, n_3 < N < n_2, $$

where $n_1 = 2.20$, $n_2 = 2.21$, $n_3 = 1$ are the refractive indices of the substrate, waveguide and coating (respectively) and $N = n_2 \cdot \sin \theta$ is the effective refractive index.

Maxwell’s equations for an isotropic, linear and nonmagnetic loss-free medium are written as:

$$ \text{rot} \mathbf{E} = -\mu_0 \frac{\partial \mathbf{H}}{\partial t}, $$

$$ \text{rot} \mathbf{H} = n^2 \varepsilon_0 \frac{\partial \mathbf{E}}{\partial t}, $$

where $\mathbf{E}$ is the electric field strength, $\mathbf{H}$ is the magnetic field strength, $\mu_0$ is the absolute magnetic permeability, $\varepsilon_0$ is the absolute permittivity and $n$ is the refractive index of the medium.

The following wave equations follow from equation (2):

$$ \Delta \mathbf{E} = \frac{n^2 \partial^2 \mathbf{E}}{c^2 \partial t^2}, $$

$$ \Delta \mathbf{H} = \frac{n^2 \partial^2 \mathbf{H}}{c^2 \partial t^2}, $$

where $c$ is the speed of light in vacuum.
The electric field strength and magnetic field strength for a plane wave are described by the following equations:

\[ \begin{align*}
    \mathbf{E}(x, y, z, t) &= \mathbf{\hat{E}}(x, y)e^{j(\omega t - \beta z)} \\
    \mathbf{H}(x, y, z, t) &= \mathbf{\hat{H}}(x, y)e^{j(\omega t - \beta z)},
\end{align*} \tag{4} \]

By substituting (4) to (3), we obtain the following equations:

\[ \begin{align*}
    \frac{\partial^2 \mathbf{E}(x, y)}{\partial x^2} + \frac{\partial^2 \mathbf{E}(x, y)}{\partial y^2} + \left( \frac{n^2\omega^2}{c^2} - \beta^2 \right) \mathbf{E}(x, y) &= 0 \\
    \frac{\partial^2 \mathbf{H}(x, y)}{\partial x^2} + \frac{\partial^2 \mathbf{H}(x, y)}{\partial y^2} + \left( \frac{n^2\omega^2}{c^2} - \beta^2 \right) \mathbf{H}(x, y) &= 0.
\end{align*} \tag{5} \]

Given that the waveguide is planar:

\[ \mathbf{\hat{E}}(x, y) = \mathbf{\hat{E}}(x) \quad \mathbf{\hat{H}}(x, y) = \mathbf{\hat{H}}(x), \tag{6} \]

By substituting (6) to (5), we obtain the following equations:

\[ \begin{align*}
    \frac{\partial^2 \mathbf{E}(x)}{\partial x^2} + \left( \frac{n^2\omega^2}{c^2} - \beta^2 \right) \mathbf{E}(x) &= 0 \\
    \frac{\partial^2 \mathbf{H}(x)}{\partial x^2} + \left( \frac{n^2\omega^2}{c^2} - \beta^2 \right) \mathbf{H}(x) &= 0.
\end{align*} \tag{7} \]

According to the definition of a TE-wave, the electric field vector has only the transverse component \( E_y \), and the magnetic field vector has the transverse and longitudinal components \( H_x, H_z \):

\[ \begin{align*}
    \mathbf{\hat{E}}(x) &= \begin{pmatrix} 0 \\ E_y(x) \end{pmatrix} \\
    \mathbf{\hat{H}}(x) &= \begin{pmatrix} -\beta E_x(x) \\ \frac{\omega p_b}{n} \\ 0 \\ -1 \frac{\partial E_x(x)}{\partial x} \end{pmatrix}.
\end{align*} \tag{8} \]

Thus, the system (7) reduces to a single equation for a TE-wave:

\[ \frac{\partial^2 E_x(x)}{\partial x^2} + \left( \frac{n^2\omega^2}{c^2} - \beta^2 \right) E_x(x) = 0. \tag{9} \]

For the region \( x > 0 \) in Fig. 7 (a), the solution to equation (9) is:

\[ E_x(x) = E_{x0} e^{-\gamma_3 x}. \tag{10} \]

where \( \gamma_3 = \frac{\omega}{c} \sqrt{N^2 - n_1^2} \).

For the region \(-d < x < 0\) in Fig. 7 (a), the solution to equation (9) is:

\[ E_x(x) = E_z \cos(k_z x + \phi_1), \tag{11} \]

where \( k_z = \frac{\omega}{c} \sqrt{n_2^2 - N^2} \).

For the region \( x < -d \) in Fig. 7 (a), the solution to equation (9) is:

\[ E_x(x) = E_{e0} e^{-\gamma_3 (x + d)}. \tag{12} \]

where \( \gamma_1 = \frac{\omega}{c} \sqrt{N^2 - n_1^2} \).
Based on the boundary conditions on the media interfaces $n_1$ and $n_2$, $n$ and $n_z$:

$$E_1 = E_2 \cos(\phi_1) \quad E_1 = E_2 \cos(-k_d + \phi_1)$$

(13)

By dividing the lower equation from (13) by the upper equation, we obtain the following system:

$$\tan \phi_1 = \frac{\gamma_1}{k_z},$$

$$\tan(k_d - \phi_1) = -\frac{\gamma_1}{k_z},$$

(14)

If we express the arguments of tangents in (14) and substitute the upper equation into the lower one, we obtain the dispersion equation:

$$k_d = \tan^{-1}\left(\frac{\gamma_1}{k_z}\right) + \tan^{-1}\left(\frac{\gamma_1}{k_z}\right) + m\pi,$$

(15)

By substituting $k_d$, $\gamma_1$ and $\gamma_1$ in (15), we obtain the following equations:

$$\frac{2\pi}{\lambda}d\sqrt{n_1^2 - n_1^2} = \tan^{-1}\left(\frac{N_1}{n_1^2 - N_1^2}\right) + \tan^{-1}\left(\frac{N_2}{n_2^2 - N_2^2}\right) + m\pi,$$

(16)

By making substitutions $V = \frac{2\pi}{\lambda}d\sqrt{n_1^2 - n_1^2}$, $b_e = \frac{N_1^2}{n_1^2 - n_1^2}$, $a_e = \frac{n_1^2 - n_2^2}{n_1^2 - n_1^2}$, we obtain the normalized dispersion equation:

$$V\sqrt{1 - b_e} = \tan^{-1}\left(b_e\right) + \tan^{-1}\left(\frac{a_e + b_e}{1 - b_e}\right) + m\pi,$$

(17)

In the case of a symmetric waveguide ($n_1 = n_2$, $a_e = 0$), equation (17) always has a solution, at least for the value $m = 0$. In the case of an asymmetric waveguide ($n_1 \neq n_2$, $a_e \neq 0$), not only the solutions for positive $m$, but also the solutions for $m = 0$ successively disappear with decreasing $\Delta n = n_2 - n_1$ at a fixed layer thickness $d$. Physically, this phenomenon can be explained by the fact that the fundamental mode begins to radiate into the substrate. The cutoff condition for the fundamental mode in an asymmetric waveguide is as follows:

$$V_e = \tan^{-1}\left(\sqrt{a_e}\right),$$

(18)

The following equation was graphically solved in order to find $\Delta n$:

$$\frac{2\pi}{\lambda}d\sqrt{n_1^2 - n_1^2} = \tan^{-1}\left(\frac{n_1^2 - n_1^2}{n_1^2 - n_1^2}\right),$$

(19)

where $\lambda = 1.55 \, \mu m$; $d = 7 \, \mu m$; $n_1$ from 2.17 to 2.22; $n_2 = 2.21$, $n_3 = 1$.

The required value of $\Delta n_{350}$ was 0.00085.

7. Calculation of the pyroelectric effect for a waveguide in lithium niobate

We will calculate the electric voltage arising on the faces of the Y-splitter under the influence of the pyroelectric effect when the temperature of the crystal changes to 1 °C. In a first approximation, we will consider a Y-splitter as a flat capacitor, the capacitance of which is determined by the relation $C = \varepsilon_{3}^{\parallel} S / d$, where $\varepsilon_{33}$ is the relative permittivity in the Z-direction and $d$ is the width of the sample in the Z-direction. For lithium niobate, $\varepsilon_{33} = 30$ units of CGS (centimeter–gram–second) system [11] for low frequency voltage applied. It should be noted that in the calculations of microwave devices and optical devices, $\varepsilon_{33}$ decreases to a value of about 5 units of CGS system based on the value of the refractive index for lithium niobate. The product of $\varepsilon_{33}$ and the dielectric constant $\varepsilon_0$ gives the absolute dielectric constant of lithium niobate in the system of SI units, measured in $F/m$. 

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The charge that appears on the faces of the Y-splitter under the influence of the pyroelectric effect is calculated by the formula $Q = \gamma \cdot \Delta T \cdot S$, where $\Delta T$ is the change in temperature of the sample and $S$ is the area of the side face. Then the ratio $U = \gamma \cdot \Delta T \cdot d / \varepsilon_{33} \varepsilon_0$ is true for the voltage that arises on the faces of the Y-splitter. For $\Delta T = 1^\circ C$, we will obtain the voltage value at the faces of the integrated optical circuit phase modulator $U = 5.5 \times 10^5 \, V / K$.

Thus, when the temperature of the Y-splitter changes to $1^\circ C$, a voltage of $550 \, V$ appears on its faces. In this case, the electric field strength $E$ in the crystal can reach $1760 \, V/cm$. When the crystal temperature changes to $100^\circ C$, which occurs at standard thermal cycles, the electric field strength can reach $E = 1.76 \times 10^5 \, V/cm$ and lead to change of waveguide refraction index.

The $\Delta n_{pyro}$ caused by this electric field is calculated by formula $\Delta n_{pyro} = -\frac{1}{2} \varepsilon_{33} n^3 E \approx 0.003$ for $\Delta T=100^\circ C$. It is 3 times lower than we need to have for waveguide “shutdown”. Now we have no exact explanation for this effect, but it can be connected with electrodes deposited near to the waveguide and redistributing the charges near this electrodes.

8. Conclusion

The effect of termination of the channeling of the fundamental radiation mode in proton exchange channel waveguides formed in a lithium niobate single crystal was experimentally demonstrated for the first time. “Dangerous” temperature conditions were determined and the critical value $\Delta T_{crit}$, at which the channeling of radiation ceases, was calculated. It is shown that the magnitude of the pyroelectric effect is not sufficient for achieving the specified critical value $\Delta n_{crit}$, which requires follow-up studies of physical mechanisms leading to the “shutdown” of the waveguide.

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