

Communication

# Compelling Alternative Theories for Exclusion Zone Phenomena in Water and Other Liquids

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**Abstract:** The existence of the exclusion zone (EZ), a layer of water in which plastic microspheres are repelled from hydrophilic surfaces, has now been independently demonstrated by several groups. A better understanding of the mechanisms which generate EZs would help with understanding the possible importance of EZs in biology and in engineering applications such as filtration and microfluidics. Pollack theorizes that EZ water exists in a new phase which has a layered structure. We note several problems with Pollack's proposed structure, some of which were noted in the 1960's when a similar structure was proposed for "polywater". We argue that Schurr's diffusiophoresis based theory presents a compelling alternative explanation for the core EZ phenomena, although there remain other findings from Pollack's lab it does not explain. Among other things, Schurr's theory makes predictions about the growth of the EZ with time which have been confirmed by Florea et al. and others. In this work we also introduce and explore a novel hypothesis - that some aspects of EZ phenomena may be attributable to repulsive van der Waals forces. Finally, we touch on several possible confounding factors that make experimentation on EZs difficult, such as charged surface groups, dissolved solutes, and adsorbed nanobubbles.

**Keywords:** water; exclusion zone; diffusiophoresis; repulsive van der Waals

## 1. Introduction

Prof. Gerald Pollack's group has provided many convincing experimental demonstrations of an exclusion zone (EZ) in water whereby particles such as plastic microspheres are repelled from a surface.[1] For the case of highly hydrophilic surfaces these findings have now been reproduced by several independent research groups[2-7] and are considered to constitute a genuine physical phenomena which is need of a theoretical explanation. In this work we argue that Pollack's theory of a layer of ordered water is untenable. Instead, there are several other other plausible mechanisms by which the EZ phenomena can arise. In any given experiment, some or all of those mechanism may be present.

The dominance of Pollack's theory in the EZ literature has probably led many researchers to disregard the phenomena entirely. This is unfortunate since EZ phenomena may have important engineering applications in water filtration and microfluidics.[4] EZ phenomena have obvious importance to understanding biological systems, and Deryagin pointed out EZ water type phenomena in cells in 1986.[4,8]

## 2. Pollack's "fourth phase"

Pollack proposes that the EZ water is structured in hexagonal sheets, with the hydrogens lying directly between oxygens.[9] Furthermore, he proposes that when these sheets are stacked hydrogen atoms bond to the oxygens in neighboring layers, such that each hydrogen forms three bonds. Finally, he proposes that water forms  $H_3O_2^-$  ions, which would result in a vast amount of negative charge per unit space, making the structure extremely unstable. Even if we ignore this possibility of charge build up, there are still serious problems with this structure. Hasted noted problems with such a hexagonal structure in 1971, noting that high energy cost of placing hydrogens between oxygens was enough to

38 make such a structure explode if it were ever created.[10] Furthermore, Seggara-Martí et al. performed  
39 quantum chemistry calculations showing such a structure to be unstable.[11] More broadly speaking,  
40 there are no thermodynamic forces in the system to drive such a phase transition.

41 Exclusion zone phenomena have been observed in other polar liquids as well, suggesting that the  
42 phenomena is not tied to restructuring of the liquid.[12] If that were the case, we would expect EZ  
43 phenomena would be quite different between water, which supports low density hexagonal structures  
44 and hydrogen bonding, and other polar solvents which do not. An experiment which could falsify  
45 Pollack's theory would be to do x-ray crystallography of the EZ. This has not been done for EZ water  
46 but has been done for the electrically-induced water bridge which Pollack suggests is made of EZ  
47 water.[9] Both molecular dynamics and X-ray crystallography show that the internal structure of the  
48 water bridge is unchanged – implying that it is supported by enhanced surface tension rather than a  
49 change in internal structure.[13]

50 Other evidence that Pollack presents include optical birefringence,[9] and absorption at 270 nm.  
51 The optical birefringence has been shown to be an artifact of reflection from water-material interface.[7]  
52 As far as the absorption at 270 nm, results from Pollack's own lab show that a similar absorption peak  
53 is seen in salt solutions (LiCl, NaCl, KCl).[14] Thus rather than being indicative of a special phase of  
54 water, the absorption peak seems to indicate the presence of a salt gradient near Nafion.

### 55 2.1. Learning from the polywater affair

56 Polymeric water ("polywater") was purported to be a special phase of water which formed  
57 when water was condensed into tiny capillary tubes with diameters smaller than 100 micrometers.  
58 Interestingly, the structure which was proposed for polywater is very similar to the the structure  
59 Pollack proposes for EZ water. The earliest papers on polywater phenomena originated from the group  
60 of Boris Deryagin at the Institute of Surface Chemistry in Moscow, USSR in the early 1960s.[15] In 1962  
61 Fedayakin proposed that polywater had a honeycomb like structure with each oxygen bonded to 3  
62 hydrogens.[16] Lectures by Deryagin in England and the United States in 1966, 1967 and 1968 drew  
63 the attention of Western researchers. Research interest peaked after a 1969 a paper by Lippincott et  
64 al. in *Science* which reported spectroscopic results which were said to provide conclusive evidence of  
65 a "stable polymeric structure".[17] Over 160 papers on polywater were published in 1970 alone.[18]  
66 However, by 1972 it became apparent that the observed phenomena were due to trace amounts of  
67 impurities,[19] some of which likely came from human sweat.[20] In some cases it was found that the  
68 sample tubes contained very little water at all. Altogether, over 500 publications were authored on  
69 polywater between 1963-1974.[18,21] Far from being just a historical curiosity, the polywater saga is  
70 something that EZ water researchers can learn from to avoid repeating the mistakes of the past. The  
71 polywater saga is an example of what Langmuir called "pathological science", whereby a community  
72 fixates on a particular theory while disregarding other explanations. Other features of pathological  
73 science are that the experimental evidence is often on the edge of significance, and that interest in the  
74 pathological theories persists for years after disconfirming evidence and better theories have been  
75 presented. There is a long history of pathological science regarding water, which is probably related  
76 to the fact that water's properties can change dramatically under the influence of trace solutes and  
77 dissolved gases which are hard to control experimentally.

### 78 3. Alternatives explanations for EZ phenomena

79 This section focuses on two alternative explanations to EZ phenomena, diffusiophoresis (long  
80 range chemotaxis), reported previously by Schurr, and the repulsive van der Waals forces, reported  
81 here for the first time. These theories are very compelling explanations for the growth and maintenance  
82 of the exclusion zone where plastic microspheres made of (possibly functionalized) carboxylate,  
83 polystyrene, amidine, or PTFE are repelled from various surfaces. Other related phenomena, such as  
84 anomalous flow or the expansion of the EZ with light require further explanation. To conclude this  
85 section we touch on other mechanisms which may play a role in EZ phenomena.

### 86 3.1. Diffusiophoresis

87 Schurr has developed a theory which proposes that the EZ formation is created by forces arising  
88 from a concentration gradients of  $\text{OH}^-$  or  $\text{H}^+$  and salt. Called "long range chemotaxis" by Schurr,[22,  
89 23] it is a type of a more general and well known phenomena in colloid science called diffusiophoresis.  
90 Florea et al. have performed experiments on the EZ, carefully measuring it's time course, and have  
91 shown that the data are fit by a model of diffusiophoresis.[4] Notably, these experiments were done  
92 with the hydrophilic surface horizontal, which avoids convective fluid motions due to the force of  
93 gravity which occur when it is vertical, as in many of Pollack's experiments. Pollack has responded to  
94 Shurr's work.[24] Figure 1 in his response arguably support the theory however, since it shows a large  
95 pH gradient, as indicated by a dye.[24] Figure 2 in his response is more difficult to understand, as the  
96 nafion surface is not flat but has corrugations and the EZ is not easy to pinpoint.

97 Apart from the experiments of Florea, there are theoretical reasons to suppose that  
98 a large concentration gradient would arise near the surface of Nafion, the most popular  
99 surface used for generating EZs. Nafion is a copolymer of tetrafluoroethylene and  
100 perfluoro-3,6-dioxo-4-methyl-7-octene sulfonic acid which finds application in fuel cell technology.  
101 If the sulfonic acid part were allowed to dissolve into water it would be quite a strong acid, but this  
102 doesn't happen since it remains bonded into the copolymer. When Nafion is placed in water it quickly  
103 swells, resulting in a gell-structure with an extremely high surface area. In this structure all of the  
104 sulphonic acid groups are surrounded by water. The highly negative sulfonic acid group dissociates  
105 water and adsorbs  $\text{H}^+$  ions, resulting in a very low internal pH for Nafion, as observed with indicators  
106 such as methylene blue.[25] Computational studies show it is energetically favorable for 2-4 hydronium  
107 ions to surround each sulfonic acid group.[26,27] Using methylene blue the internal acidity of Nafion  
108 has been estimated to be equivalent to 1.2M sulphuric acid.[25] The excess protons inside Nafion are of  
109 two types - "fixed" ions which can "hop" between sulfonic groups, and "mobile" ions which can  
110 freely diffuse away.[25,27] Thus water around Nafion becomes acidic, with a pH gradient approaching  
111 neutral (7) further away from the membrane. This is shown clearly in experiments by Pollack where  
112 pH sensitive dyes have been added to the water.[28] Elsewhere the pH of water around Nafion has  
113 been reported as being -6.[29]

### 114 3.2. EZs at metal surfaces and van der Waals repulsion

115 The theory of chemotaxis of Schurr presents a compelling theory of the EZ phenomena observed  
116 near Nafion. However, Pollack's group has also reported EZ phenomena near metal surfaces, although  
117 they are much smaller in size.[30] The EZ is largest for Zinc ( $220 \mu\text{m}$ ), followed by aluminum, lead, tin,  
118 and tungsten ( $72 \mu\text{m}$ ).[30] Notably, attempts to independently replicate these findings with aluminum  
119 and zinc have failed.[7] Pollack also reports EZ phenomena at the surface of platinum, but only after  
120 a voltage is applied.[31]. While water molecules adsorb onto surfaces like platinum,[32] and may  
121 dissociate on such surfaces in certain circumstances,[33] the expected gradient of hydronium ions  
122 as one moves away from the surface is expected to be small, if it exists at all. A so far unexplored  
123 possibility is that the exclusion zone phenomena near metals (and possibly other materials) may be  
124 partially explained by repulsive van der Waals forces (also called Casimir-Polder forces in this type  
125 of context). The possibility that two objects of different composition may feel a repulsive force when  
126 submerged in a liquid was first realized by Hamaker in 1937.[34] The full theory for such forces, for  
127 arbitrary dielectric media, was worked out by Lifshitz in 1954.[35] Lifshitz's equations allow for a  
128 repulsive force between two objects if the dielectric susceptibility of the medium between the two  
129 objects is intermediary between the two. Calculations using Lifshitz theory show that the finite size  
130 of the slabs does not effect the repulsion between them.[36,37] Having free electrons, the dielectric  
131 constant of metals is extremely high (for instance Milling take the dielectric constant of gold to be  
132 300).[38] The dielectric constant of water is 78 and the dielectric constant of a polystyrene microsphere  
133 is about 2.5 (other plastic microspheres should have dielectric constants between 1.5 and 3). Thus, the  
134 metal-microsphere-water system obeys the conditions necessary for Casimir Pollard repulsion.

135 Most studies of the repulsive van der Waals force have used liquids other than water, likely  
136 due to the fact that water is easily contaminated with charge bearing solutes which can confound  
137 such experiments. The effect is also larger in nonpolar liquids than polar ones.[38] Munday et al.  
138 (2009) have reported a repulsive Casimir force between a gold plate and a silica sphere submerged  
139 in bromobenzene.[39] Similar repulsion has been found in follow up work with cyclohexane  
140 and other liquids.[40,41] Milling et al. (1996) measured the force between a gold sphere and  
141 PTFE block submerged in several liquids, including water.[38] While their results for water were  
142 neutral/inconsistent (both weakly attractive and weakly repulsive forces were observed), their  
143 theoretical calculation indicates that the vdW force in water should be repulsive.[38]

144 One issue with this theory though is that retardation effects can diminish the van der Waals force  
145 starting at just a few nanometers of separation.[42,43] Retardation effects become important when the  
146 travel time due to the speed of light becomes similar the timescale (period) of polarization fluctuations  
147 which underlie the van der Waals force. Under retardation the force changes from falling as  $1/r^7$  to  
148  $1/r^8$ . However, Isrealachvili notes that here is also a non-retarded zero frequency component to the  
149 vdW force which persists to large separations.[44] According to Isrealachvili, the actual progression of  
150 the vdW force may be from  $1/r^7 \rightarrow 1/r^8 \rightarrow 1/r^7$ . [44]

151 The growth of the EZ zone with laser light may be a similar type of induced van der Waals  
152 repulsion. It has been shown that the van der Waals forces between silver nanoparticles can be enhanced  
153 by radiation, since electromagnetic radiation induces fluctuating dipole moments in the particles.  
154 The possibility for light-driven enhancement of repulsive van der Waals forces has been shown  
155 theoretically by Rodríguez-Fortuño et al.[45] While these considerations are for metal nanoparticles,  
156 the polarizability of plastic (especially functionalized plastic) means such induced dipole moments  
157 may be possible. Further theoretical study is needed to clarify this matter.

### 158 3.3. Other possibilities

159 Huszár et al. have investigated two other possible explanations for EZ-formation.[3]

- 160 • Dissolution of Nafion, during which polymer strands diffusing out of the gel push the beads  
161 away from the surface.
- 162 • A “brush mechanism” in which closely spaced long elastic polymer strands keep the beads away  
163 by entropic forces.

164 Close inspection of gell shows that it does not lose mass, and an AFM study of the surface shows that  
165 there are no long strands hanging out, so they ruled out both of these mechanisms.

166 Apart from these two effects, there are many other possible effects that can contaminate  
167 microsphere systems and confound experiments. Plastic nanospheres can be easily contaminated  
168 with charge bearing groups. In the case of PTFE these may include “residual carboxylic groups from  
169 the polymerization process”. [38] Referring to research that uses plastic microspheres Horinek et al.  
170 note “these systems are notoriously plagued by secondary effects, such as bubble adsorption and  
171 cavitation effects or compositional rearrangements.” [46] As an example, the discovery of an ultra-low  
172 frequency Debye relaxation in water was later shown to be due to microbubble contamination.[47] There  
173 is also growing research showing that the removal of nanobubbles from water can be very challenging.  
174 This is especially true when they are adsorbed on surfaces. Results from Pollack’s lab show that the  
175 absorption of light at 270nm can be suppressed by nanobubbles and/or dissolved gases.[48] Thus  
176 careful degassing should be a key part of any research on EZ water going forward.

177 Finally, we note that Chaplin has a theory which he calls “self-generation of colligative  
178 properties”. [49] The basic idea is an osmotic effect can be generated near hydrophilic surfaces. Chaplin  
179 predicts that an even larger osmotic effect should occur near nanobubble’s surfaces, due to “surface  
180 teathered” solutes near or on the nanobubble air-water interface.[50] Chaplin’s theory will require  
181 carefully designed experiments to test.

## 182 4. Conclusion

183 In this communication we have argued against Pollack's hypothetical "fourth phase", noting  
 184 several major problems with it. Schurr's theory of macroscopic chemotaxis presents a compelling  
 185 alternative theory which can explain things which Pollack's theory cannot, such as the precise time  
 186 course of EZ growth. We have also explored a novel hypothesis that some aspects of EZ phenomena  
 187 may be attributable to repulsive van der Waals forces. Looking at the polywater affair as a historical  
 188 reference, the research community should embrace these new theories and work on experiments to test  
 189 them as well as experiments (such as x-ray diffraction) which would more conclusively falsify Pollack's  
 190 theory. A better understanding of the mechanisms behind EZ phenomena will assist in understanding  
 191 their possible roles in biology as well as their engineering applications.

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