

44 Abstract

45

46 **Context:** Mutations in Cytochrome P450 oxidoreductase (POR) cause a form of congenital adrenal
47 hyperplasia (CAH). We are reporting a novel R550W mutation in *POR* identified in a 46, XX patient
48 with signs of aromatase deficiency.

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50 **Objective:** Analysis of aromatase deficiency from R550W mutation in *POR*.

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52 **Design, setting, and patient:** Both the child and the mother had signs of virilization. Ultrasound
53 revealed the presence of uterus and ovaries. No defects in *CYP19A1* were found, but further analysis
54 with a targeted Disorders of Sexual Development NGS panel (DSDSeq.V1, 111 genes) on a NextSeq
55 (Illumina) platform in Madrid and Barcelona, Spain, revealed compound heterozygous mutations
56 c.73_74delCT/p.L25FfsTer93 and c.1648C>T/p.R550W in *POR*. WT and R550W *POR* were produced
57 as recombinant proteins and tested with multiple cytochrome P450 enzymes at University Children's
58 Hospital, Bern, Switzerland.

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60 **Main outcome measure and Results:** R550W *POR* showed 41% of the WT activity in cytochrome c
61 and 7.7% activity for reduction of MTT. Assays of *CYP19A1* showed a severe loss of activity and
62 *CYP17A1*, as well as *CYP21A2* activities, were also lost by more than 95%. Loss of *CYP2C9*,
63 *CYP2C19*, and *CYP3A4* activities was observed for the R550W-*POR*. Predicted adverse effect on
64 aromatase activity as well as a reduction in binding of NADPH was confirmed.

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66 **Conclusions:** Pathological effects due to *POR* R550W were identified, expanding the knowledge of
67 molecular pathways associated with aromatase deficiency. Screening of the *POR* gene may provide a
68 diagnosis in CAH without defects in genes for steroid metabolizing enzymes.

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72 Précis

73 In a 46, XX patient with aromatase deficiency, a mutation in *POR* was identified, which inhibited
74 aromatase activity, expanding the molecular pathogenesis of aromatase deficiency.

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79 Introduction

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81 Cytochrome P450 oxidoreductase (POR) is the redox partner of cytochrome P450 proteins located in
82 the endoplasmic reticulum (1). POR deficiency (PORD, OMIM: MIM613571 and MIM201750) is a
83 form of congenital adrenal hyperplasia, initially described in patients with altered steroidogenesis (2,
84 3) followed by several reports with a broad spectrum of disorders (4-6). In 2004, mutations in POR
85 disrupting steroid biosynthesis were reported (2, 5, 6), and in subsequent reports, a range of POR
86 mutations causing disorders of sexual development with and without bone malformation have been
87 described (4, 7, 8). POR was identified by studies of Lu and Coon as a component of microsomal mixed
88 oxidase system along with lipids and cytochrome P450 proteins (9). POR transfers redox equivalents
89 from the reduced form of nicotinamide adenine dinucleotide phosphate (NADPH) to cytochrome P450
90 proteins for their catalytic activities (10). Also, POR can reduce heme oxygenase, cytochrome b₅, and
91 a range of small molecules and dyes like ferricyanide (FeCN), 3-(4,5-dimethylthiazol-2-yl)-2,5-
92 diphenyltetrazolium bromide (MTT), etc (1, 11). Due to its unique role in a range of metabolic
93 processes, POR is an essential protein and POR knockout mouse are embryonically lethal (12). POR
94 deficiency was initially identified as a disorder of sex development with ambiguous genitalia
95 resembling some features of Antley-Bixler bone malformation syndrome. However, after findings of
96 multiple genetic defects in POR from patients both with and without bone malformation features, PORD
97 is now considered a separate genetic disorder (7).

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99 Due to the involvement of POR in multiple reactions in the metabolism of both the steroids and drugs,
100 exact effects of individual mutations in POR are hard to predict and require extensive characterization
101 by enzymatic and biochemical analysis (2, 7, 13-20). Therefore, the exact mechanisms by which
102 mutations in POR cause pathogenesis, remain mostly unknown. From the characterization of multiple
103 mutations in POR by us as well as other laboratories, some general conclusions could be drawn.
104 Mutations in POR that result in loss of flavin co-factors (FAD and FMN) show a severe loss of
105 enzymatic activities and cause a lethal form of POR deficiency. Mutation located in the hinge region of
106 POR that is necessary for FMN and FAD domain movements cause a phenotypically variable form of
107 the disease and impact different P450 enzyme activities to different extents. Mutations located near the
108 NADPH binding site of POR may impact the activities of multiple cytochrome P450 activities, but the
109 impact on individual enzymes could be variable.

110

111 Aromatase is a 503 amino acid protein (NP_000094) encoded by the CYP19A1 gene (MIM10790,
112 GeneID:1588, NCBI: NM_000103), located on chromosome 15 (15q21.2, GRCh38 15:51208056-
113 51338597). CYP19A1 (EC: 1.14.14.14) regulates estrogen biosynthesis in humans (21) by converting
114 androgens to estrogens (22-25). Aromatase is highly expressed in ovaries and plays a significant role
115 in the regulation of the reproductive cycle in females (26). Some of the critical reactions catalyzed by

116 aromatase include the conversion of androstenedione to estrone (E1), testosterone to 17 β -estradiol (E2)
117 and 16-hydroxytestosterone to estriol (E3) (21). The catalytic process of aromatization of androgens is
118 multifaceted, and it comprises of three steps involving the transfer of three pairs of electrons from the
119 reduced form of nicotinamide adenine dinucleotide phosphate (NADPH) and consumption of oxygen.
120 Electron transfer from NADPH to aromatase is carried out by NADPH cytochrome P450
121 oxidoreductase (POR).

122

123 The first case of placental aromatase deficiency was reported by Shozu et al. (27), and aromatase
124 deficiency manifests during fetal life in both sexes (28). Multiple genetic defects are associated with
125 decreased aromatase expression in both male and female reproduction (29). In females, aromatase
126 deficiency affects maternal virilization during gestation, abnormal external genitalia in the female fetus,
127 normal ovarian development but increased polycystic ovary syndrome occurrence and virilization at
128 puberty (30, 31). Impact of aromatase deficiency on growth, skeletal maturation, and bone homeostasis,
129 as well as changes in insulin resistance and abnormal plasma lipid profile, have been described in earlier
130 studies (32, 33).

131

132 Here we have performed a detailed characterization of a novel mutation in POR, R550W, that caused
133 aromatase deficiency in a 46, XX patient and led to maternal virilization during pregnancy. By use of
134 biochemical analysis of patient samples and production of a recombinant form of POR containing the
135 R550W mutation, we have been able to characterize the different enzyme activities affected by the
136 R550W mutation in POR. We investigated the effect of R550W mutation in POR on steroid
137 metabolizing P450 enzymes CYP17A1 (17-hydroxylase activity), CYP21A2 (21-hydroxylase activity)
138 and CYP19A1 (aromatase activity) and could show that CYP19A1 activity was severely affected by
139 the R550W mutation in POR, explaining the cause of virilization observed the in 46, XX female child.
140 Moreover, we also tested the effect of R550W mutation in POR on activities of four drug-metabolizing
141 cytochromes P450 (CYP2C9, CYP2C19, CYP3A4 and CYP3A5) in addition to testing the direct
142 metabolic activities of POR on small molecules (FeCN and MTT) and a soluble probe substrate
143 cytochrome c, to identify different mechanisms that may affect POR due to R550 mutation. Our
144 experiments identified two distinct mechanisms for pathogenicity of the POR mutation R550W:
145 inhibition of CYP19A1 activity leading to virilization of the female child, and the overall reduced POR
146 activities due to loss of flavin content, suggesting protein instability. These results expand our
147 knowledge about the pathology of PORD and disruption of steroidogenesis resulting from mutations in
148 *POR*.

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150 Case Report and Methods

151

152 Patient

153 The patient was born at term in Malaga (Spain) in 2009, from the 1st pregnancy of non-consanguineous
154 parents. The mother had presented signs of virilization from the 6th month of pregnancy (acne, hirsutism,
155 clitoris growth, and voice deepening) that regressed progressively post-partum. Hormone analyses at
156 post-partum day 5 revealed a highly increased testosterone (T) serum concentration that returned to
157 normal female levels at the fourth postpartum month (Table 1). The child was explored at seven days:
158 length 48 cm (-1.22 SDS), weight 2,920 g (-1.02 SDS), the external genitalia (almost complete labia
159 majora fusion with scrotal aspect, no gonads palpable, genital tubercle of 1.5 cm with proximal urethral
160 opening, considered as Prader type 3 ambiguous genitalia). At three months, clitoris hypertrophy had
161 regressed. Initial (7 days of age) 17-hydroxy-progesterone (17-OH-P) and T were elevated and
162 progressively diminished; T reached normal female levels from the 1st month, whereas 17-OH-P was
163 still slightly elevated at seven months (Table 1). The karyotype was 46, XX, and 21-hydroxylase
164 deficiency was ruled out since the 17-OHP increased at birth, but the values were below those seen in
165 the classic form of 21-hydroxylase deficiency and showed a progressive reduction. Pelvic ultrasound
166 revealed the presence of uterus and bilateral gonads. Transient intrauterine virilization was diagnosed
167 due to maternal pregnancy luteoma or aromatase deficiency that would explain the transient virilization
168 of the mother and the female child. The *CYP19A1* gene was sequenced from the DNA of the child, but
169 no pathogenic sequence variant was detected. The patient developed without any further significant
170 clinical manifestations. A genitoplasty was performed at 13 months.

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172 Hormone assays

173 Hormone assays were performed in Málaga (Hospital Carlos Haya), Spain. The 17-OH-P was
174 determined with a commercial radioimmunoassay technique (Coat-A-Count. Siemens Healthcare
175 Diagnostics Ltd. Frimley, Camberley, UK); dehydroepiandrosterone sulfate (DHEA-S), T, estradiol
176 (E2) and cortisol were determined with automated electrochemiluminescent assays (Modular E, Roche
177 Diagnostics GmbH Mannheim, Germany) and ACTH with an automated chemiluminescence
178 immunoassay (LIAISON, DiaSorin, Saluggia, Italy).

179

180 Genetic studies

181 The study was approved by the Ethics Committee of Hospital Universitari Vall d'Hebron (CEIC),
182 Barcelona, Spain (PR (IR) 23/2016) and parents provided informed consent. Genomic DNA was
183 isolated from whole peripheral blood samples from the patient and her family using standard
184 procedures. The DNA samples were analyzed with a custom-designed targeted Disorders of Sexual
185 Development NGS panel (DSDSeq.V1, 111 genes, and three regulatory regions) using SeqCap EZ
186 technology (Roche Nimblegen) and sequenced on a NextSeq500 platform (Illumina) platform. All

187 procedures were carried out according to the manufacturer's instructions. Data analyses were performed
188 using VariantStudio V2.2.1 (Illumina) and in-house bioinformatic analysis as previously described (34).
189 The observed variants were evaluated using the Alamut Visual software v2.11 ([https://www.interactive-](https://www.interactive-bioinformatics.com/es/alamut-visual/)
190 [bioinformatics.com/es/alamut-visual/](https://www.interactive-bioinformatics.com/es/alamut-visual/)), which includes following pathogenicity prediction tools: Mutation
191 Taster, PolyPhen, Align GVGD and SIFT) MutAssesor, Fasthmm, Vest and CADD V1.4
192 (<https://cadd.gs.washington.edu/>). Genome Aggregation Database (gnomAD,
193 <http://gnomad.broadinstitute.org>), dbSNP (<https://www.ncbi.nlm.nih.gov/snp/>) and the Collaborative
194 Spanish Variant Server (CSVS; CIBERER BIER, Valencia, Spain; <http://csvs.babelomics.org/>) were
195 consulted for allelic frequencies. Candidate variants observed by targeted panel (DSDSeq.V1)
196 sequencing as well as segregation analysis in the family were validated and genotyped by Sanger
197 sequencing. Variant classification was performed according to ACMG recommendations (35).

198

199 **Materials**

200 Tris-base, NADPH, acetic acid, magnesium acetate, Sucrose, potassium phosphate EDTA, DTT,
201 glycerol, PMSF, and Benzonase were purchased from Sigma-Aldrich Chemie GmbH (Buchs,
202 Switzerland). Carbenicillin, FeCl₃, ZnCl₂, CoCl₂, Na₂MoO₄, CaCl₂, CuCl₂, M H₃BO₃ were purchased
203 from CarlRoth GmbH (Switzerland). Goat anti-rabbit antibodies labeled with infra-red dyes were from
204 LI-COR Bioscience Inc. (NE, USA). The RC-DC protein assay dye reagent was from Bio-Rad
205 (Hercules, CA). The anti-POR antibody was from GenScript (NJ, USA). BOMCC (Invitrogen Corp,
206 Carlsbad, CA, United States).

207

208 **Expression of POR proteins in bacteria and membrane purification**

209 The human POR WT and R550W mutant proteins (NCBI# NP_000932, UniProt# P16435) were
210 expressed in bacteria using heterologous gene expression (7, 20, 36, 37). The protocol for recombinant
211 expression of POR variants (N-23 form) and subsequent bacterial membrane purification was based on
212 our previous publications (7, 17, 18, 20, 38) with slight modification. Briefly, plasmid (pET15b)
213 containing cDNAs for WT or mutant POR were obtained from GenScript. The *Escherichia coli*
214 bacterial strain BL21(DE3) was transformed, and single colonies were selected for growth on
215 carbenicillin plate. For the main shake flask culture, autoinduction media consisting of terrific broth
216 supplemented with 40 mM FeCl₃, 4 mM ZnCl₂, 2 mM CoCl₂, 2 mM Na₂MoO₄, 2 mM CaCl₂, 2 mM
217 CuCl₂, 2 mM H₃BO₃, 0.5 mg/ml riboflavin, 100 µg/ml carbenicillin was used. The cells were grown at
218 37 °C to an optical density (OD) at 600 nm of 0.6, and then the temperature was reduced to 25 °C and
219 further grown for 16 h. The bacterial cells were collected by centrifugation, washed with PBS and
220 slowly stirred for 1 h at 4°C for in 50 mM Tris-acetate (pH 7.6), 0.25 M sucrose, 0.5 mM EDTA,
221 lysozyme (0.2 mg/ml), 1 mM PMSF and 20 U/ml endonuclease to prepare spheroplasts. The
222 spheroplasts were collected by centrifugation at 5000 x g for 20 min; and suspended in 50 mM
223 potassium phosphate (pH 7.6) containing 6 mM Magnesium acetate, 0.1 mM DTT, 20% (v/v) glycerol

224 and 1 mM PMSF; and disrupted by sonication. After centrifugation at $12000 \times g$ for 15 min at 4°C , the
225 supernatant was centrifuged at $100000 \times g$ for 90 min at 4°C to collect membranes. Purified membranes
226 containing POR were resuspended in 50 mM Potassium phosphate buffer (pH 7.8) and 20% (v/v)
227 glycerol and kept at -70°C . Protein concentration was measured by the RC-DC protein assay method
228 (Protein Assay Dye Reagent, Bio-Rad, Hercules, CA) and POR content in membrane proteins was
229 measured by western blot analysis.

230

231 **Western Blot Analysis of POR Content in the Bacterial Membranes**

232 Western blot analysis to determine POR content in membranes was done as described previously
233 (57). Briefly, $1\ \mu\text{g}$ of bacterial membrane proteins were separated on an SDS-PAGE gel and blotted
234 on to polyvinyl difluoride (PVDF) membranes. Blots were first incubated with a rabbit polyclonal
235 antibody against POR-WT from GenScript (GenScript, NJ, USA) at a dilution of 1:1000. We then used
236 a secondary goat anti-rabbit antibody labeled with an infrared dye (IRDye 680RD, LI-COR Bioscience
237 Inc., NE, USA) at a 1:15000 dilution. Signals were analyzed with the 700 nm fluorescent channel on
238 an Odyssey Infrared Imaging System (LI-COR Bioscience Inc., NE, USA), and protein bands were
239 quantitated using the Odyssey software (LI-COR Bioscience Inc., NE, USA). Purified wild-type POR
240 was used as a standard for normalizing the POR content of each membrane preparation in all
241 experiments described here, the normalized amount of POR content was used for POR-WT and POR-
242 P550W protein.

243

244 **Small molecule Reduction Assay by POR-WT and POR-R550W**

245 Cytochrome c reduction by POR-WT or POR-R550W was performed as described previously by
246 measuring the change in absorbance at 550 nm ($\epsilon=21.1\ \text{cm}^{-1}\ \text{mM}^{-1}$) (39). In brief, varying
247 concentrations of cytochrome c ($1.3\text{--}40\ \mu\text{M}$) were mixed with membrane preparations containing $1\ \mu\text{g}$
248 POR in 100 mM phosphate buffer (pH 7.6) in a total volume of $100\ \mu\text{l}$. The reaction was started by the
249 addition of NADPH, and the change in absorbance at 550 nm was monitored over 6 minutes. The
250 reaction was performed in 96-well plates, in triplicate, using a microplate reader (Spectramax M2e,
251 Molecular Devices, Sunnyvale, CA). Data were fitted based on Michaelis-Menten kinetics using
252 GraphPad Prism (GraphPad Software, La Jolla, CA USA) to determine the V_{max} and K_{m} . The MTT [3-
253 (4,5-dimethylthiazol-2-yl)-2,5-diphenyltetrazolium] reduction assay was carried out using different
254 concentrations of MTT ($3.9\text{--}500\ \mu\text{M}$), by measuring the rate of increase in absorbance at 610 nm ($\epsilon_{610}=11\ \text{mM}^{-1}\ \text{cm}^{-1}$) (40). The reaction mixture consisted of bacterial membranes containing $1\ \mu\text{g}$ POR
255 in 100 mM phosphate buffer (pH 7.6) and $100\ \mu\text{M}$ NADPH. Similarly, the ferricyanide reduction was
256 measured as the rate of decrease in absorbance at 420 nm ($\epsilon_{420}=1.02\ \text{mM}^{-1}\ \text{cm}^{-1}$). The reaction was
257 started by adding $100\ \mu\text{M}$ NADPH and the concentration of ferricyanide varied from 1.3 to $500\ \mu\text{M}$
258 (41). Activities represent the mean of at least three replicates. For NADPH variation analysis,
259

260 cytochrome c (40 μ M) and MTT (500 μ M) were kept constant, and NADPH concentration was varied
261 from 0.8-100 μ M.

262

263 **Flavin Content Analysis of WT and Mutant POR**

264 Flavins were extracted by thermal denaturation of POR proteins and analyzed as described previously
265 (42). POR-WT or POR-R550W (100 μ g/ml) were denatured by heating at 95 °C for 10 min in the dark
266 and flavins were separated by centrifugation at 14000 x g for 10 min from the precipitated protein. The
267 fluorescence of the supernatants was measured at pH 7.7 and pH 2.6 to determine FMN and FAD ratio
268 (excitation at 450 nm, emission at 535 nm).

269

270 **Expression and Purification of human CYP19A1**

271 The recombinant human CYP19A1 was expressed and purified, as described previously (43) with some
272 modifications. Briefly, a single colony of *E. coli* BL21(DE3) transformed with expression vectors for
273 CYP19A1, and molecular chaperones GroEL/GroES, was selected for protein expression. A 1:100
274 dilution of overnight growth culture was used to inoculate the autoinduction medium (terrific broth, 40
275 mM FeCl₃, 4 mM ZnCl₂, 2 mM CoCl₂, 2 mM Na₂MoO₄, 2 mM CaCl₂, 2 mM CuCl₂, 2 mM H₃BO₃, 100
276 μ g/ml carbenicillin and 50 μ g/ml kanamycin). After 4 h of incubation at 25°C, 1 mM δ -aminolevulinic
277 acid and 4 mg/ml arabinose (for induction of molecular chaperones GroEL/GroES) were added, and the
278 culture was grown for another 20 h. Bacteria were then harvested, washed with PBS, and stored at -80
279 °C. Bacterial pellet was resuspended in 50 mM Tris-Acetate (pH 7.6), 250 mM sucrose, 0.5 mM EDTA,
280 and 0.2 mg/ml lysozyme to prepare spheroplasts. For purification, spheroplasts were lysed using 10 x
281 CellLytic B (Sigma-Aldrich) in a 100 mM potassium phosphate (pH 7.4) buffer containing 20%
282 glycerol, 500 mM sodium acetate, 0.1 mM DTT, 0.1 mM EDTA and 1 mM PMSF. The supernatants
283 after centrifugation were pooled and CYP19A1 was purified by Ni²⁺ metal-chelate chromatography at
284 4 °C using 200 mM histidine for elution. Eluted protein was dialyzed to remove histidine, and protein
285 concentration was determined by RC-DC protein assay (Protein Assay Dye Reagent, Bio-Rad,
286 Hercules, CA) using BSA as standard.

287

288 **Cytochrome P450 CYP17A1 enzyme activity supported by WT and POR-R550W**

289 Purified recombinant CYP17A1 was used to test the effect of POR-R550W to support the 17 α -
290 hydroxylase activity of CYP17A1. Bacterial membranes containing POR and purified CYP17A1
291 (CYPEX, Dundee, Scotland, United Kingdom) were reconstituted as described previously (7, 44-46)
292 and 17 α -hydroxylase activity of CYP17A1 was measured by using progesterone as substrate. The
293 reaction mixture consisted of 30 pmol of CYP17A1, 60 pmol of POR, and ¹⁴C labeled progesterone
294 (50000 cpm) in 50 mM potassium phosphate buffer (pH 7.4). The reaction mixture was supplemented
295 with 10 mM magnesium chloride, 6 mM potassium acetate, and 1 mM reduced glutathione.

296 Progesterone concentration was varied from 0.3 μM to 5 μM for kinetic analysis, and the reaction was
297 initiated by the addition of 2 mM NADPH and incubated for 60 min at 37 $^{\circ}\text{C}$. Data were fitted based
298 on Michaelis-Menten kinetics using GraphPad Prism (GraphPad Software, La Jolla, CA USA).

299

300 **Assay of cytochrome P450 CYP21A2 enzyme activity supported by WT and POR-R550W**

301 Purified recombinant CYP21A2 was used to test the effect of POR-R550W to support the 21-
302 hydroxylase activity of CYP21A2. Bacterial membranes containing POR and purified CYP21A2
303 (CYPEX, Dundee, Scotland, United Kingdom) were reconstituted as described previously (7, 44-46)
304 and 21-hydroxylase activity of CYP21A2 was measured using progesterone as the substrate. The
305 reaction mixture consisted of 20 pmol of CYP21A2, 40 pmol of POR, and ^{14}C labeled progesterone
306 (50000 cpm) in 50 mM potassium phosphate buffer (pH 7.4). The reaction mixture was supplemented
307 with 10 mM magnesium chloride, 6 mM potassium acetate, and 1mM reduced glutathione. Different
308 concentrations (0.3–5 μM) of progesterone were used for kinetic analysis, and the reaction was initiated
309 by the addition of 2 mM NADPH and incubated for 60 min at 37 $^{\circ}\text{C}$. Data were fitted based on
310 Michaelis-Menten kinetics using GraphPad Prism (GraphPad Software, La Jolla, CA USA).

311

312 **Cytochrome P450 CYP19A1 enzyme activity supported by WT and POR-R550W**

313 Purified recombinant CYP19A1 using the bacterial expression system was used to test the effect of
314 POR-R550W to support the aromatase activity. Aromatase activity was measured by the tritiated water
315 release assay based on an earlier method described by Lephart and Simpson (47) with some
316 modifications (20, 44) using a reconstituted system and androstenedione (androst-4-ene-3,17-dione) as
317 the substrate. Bacterial membranes containing POR and purified CYP19A1 was reconstituted in a 1:2
318 ratio. Reaction mixture consisted of 50 pmol of POR, 100 pmol of CYP19A1 and tritium labeled
319 androstenedione ($[1^{\beta}\text{-}^3\text{H(N)}]\text{-andros-tene-3,17-dione}$; $\sim 15,000$ cpm) in 100 mM potassium phosphate
320 buffer (pH 7.4) with 100 mM NaCl. Different concentrations (10–1000 nM) of androstenedione were
321 used for kinetic analysis. The aromatase reaction was started by addition of 1 mM NADPH and was
322 incubated for 60 min at 37 $^{\circ}\text{C}$. After incubation, 0.8 ml of 5% charcoal/0.5% dextran solution was added
323 to the reaction mixture. Reaction tubes were mixed by vortex and centrifuged at 15000 x g for 5 minutes.
324 From each tube, 0.5 ml of supernatant was used for radioactivity measurement. Values obtained from
325 duplicate experiments are expressed as mean \pm S.E.M. (standard error of the mean). Data were fitted
326 based on Michaelis-Menten kinetics using GraphPad Prism (GraphPad Software, La Jolla, CA USA).
327 For NADPH kinetic analysis, androstenedione concentration was kept constant at 100 nM, and NADPH
328 was varied from 62.5-1000 μM .

329

330 **Assay of cytochrome P450 CYP2C9 activity supported by WT and POR-R550W**

331 The activity of CYP2C9 supported by WT or mutant POR was tested using *in vitro* reconstituted system.
332 It consisted of bacterial membranes containing WT/R550W POR, purified CYP2C9 (CYPEX, Dundee,

333 Scotland, United Kingdom) and purified cytochrome b₅ at a ratio of 5:1:1 (48). The fluorogenic
334 compound BOMCC (7-Benzyloxy-4-trifluoromethylcoumarin) (Invitrogen Corp, Carlsbad, CA, United
335 States) was used as substrate. 100 µL of assay mixture consisted of 5 µg DLPC (1,2-Dilauroyl-sn-
336 glycerol-3-phosphocholine), 3 mM MgCl₂ and 20 µM BOMCC in 100 mM Tris-HCl buffer (pH 7.4). 1
337 mM NADPH was added to start the reaction and fluorescence was measured on a Spectramax M2e
338 plate reader (Molecular Devices, Sunnyvale, CA, United States) at an excitation wavelength of 415 nm
339 and an emission wavelength of 460 nm for BOMCC.

340

341 **Cytochrome P450 CYP2C19 activity supported by WT and POR-R550W**

342 The activity of CYP2C19 supported by WT or POR-R550W was tested using the fluorogenic substrate
343 EOMCC (Invitrogen Corp, Carlsbad, CA, United States). *In vitro*, CYP2C19 assays were performed
344 using a reconstituted system consisting of WT/POR-R550W, CYP2C19 (CYPEX, Dundee, Scotland,
345 United Kingdom) and cytochrome b₅ at a ratio of 5:1:1 (48). It consisted of 2.5 µg DLPC and proteins
346 (0.5 µM POR: 100 nM CYP2C19: 100 nM b₅), 3 mM MgCl₂, 20 µM EOMCC in 100 µL of 100 mM
347 Tris-HCl buffer (pH 7.4). The reaction was started by addition of 0.5 mM NADPH, and fluorescence
348 was measured on a Spectramax M2e plate reader (Molecular Devices, Sunnyvale, CA, United States)
349 at an excitation wavelength of 415 nm and an emission wavelength of 460 nm for EOMCC.

350

351 **Cytochrome P450 CYP3A4 Activity supported by WT and POR-R550W**

352 The activity of the major drug-metabolizing enzyme CYP3A4 supported by WT or POR-R550W was
353 tested using the fluorogenic substrate, BOMCC, as described earlier (49). An *in-vitro* reconstituted
354 system was used by mixing POR (WT or R550W), purified CYP3A4 (CYPEX, Dundee, Scotland, UK)
355 and cytochrome b₅ as described above at a ratio of 5:1:1 (48). The final assay mixture consisted of
356 proteins (1 µM POR: 200 nM CYP3A4: 200 nM b₅), 3 mM MgCl₂, 5 µg DLPC and 20 µM BOMCC
357 in 100 µL of 100 mM Tris-HCl buffer (pH 7.4). 1 mM NADPH was added to start the reaction and
358 progress of the reaction was monitored by fluorescence Spectrophotometer (Spectramax M2e plate
359 reader; Molecular Devices, Sunnyvale, CA) with sample excitation at 415 nm and emission at 460 nm.

360

361 **Cytochrome P450 CYP3A5 activity supported by WT and POR-R550W**

362 The activity of CYP3A5 supported by WT or POR-R550W was tested using the *in-vitro* reconstituted
363 system as described above. The purified CYP3A5 (CYPEX, Dundee, Scotland, United Kingdom),
364 WT/mutant POR, and cytochrome b₅ were mixed at a ratio of 1:5:1 (48). The assay mixture (100 µL)
365 consisted of 5 µg DLPC and proteins (1 µM POR: 200 nM CYP3A5: 200 nM b₅), 3 mM MgCl₂, 20 µM
366 BOMCC in 100 mM Tris-HCl buffer (pH 7.4) and the reaction was started by addition of NADPH to 1
367 mM final concentration. Fluorescence was monitored for 1hr.

368

369

370 **3D protein models**

371 To study the potential impact of the mutation on structure, 3D models of POR-WT and POR-R550W
372 were prepared using previously published model building protocols.

373

374 **Statistical Analysis of results**

375 Data are shown as mean, standard errors of the mean (SEM) in each group or replicates. Differences
376 within the subsets of experiments were calculated using Student's t-test. P values less than 0.05 were
377 considered statistically significant.

378

379

380 **Results**

381

382 **Identification of compound heterozygous variants in *POR* in *CYP19A1* deficiency**

383 Custom-designed targeted DSD NGS panel (DSDSeq.V1) revealed compound heterozygous variants
384 in *POR* (NM_000941.2): c.73_74delCT/p.(L25Ffs*93) and c.1648C>T/p.(R550W) in the patient (46,
385 XX karyotype). Sanger sequencing confirmed the segregation, the mother carried for the frameshift
386 c.73_74delCT/p.(L25Ffs*93) and the father for the missense variant, c.1648C>T/p.(R550W) (Figure
387 1). A younger normal brother carried the c.1648C>T p.(R550W) variant. No further variants of interest
388 were identified in the DSDSeq.V1 panel. At 8 years, the patient is prepubertal, and growth is normal
389 (height 0.1 SDS and weight -0.41 SDS). No skeletal anomalies were detected, and the baseline
390 hormonal analysis revealed normal DHEA-S, cortisol, T, and ACTH while 17OH-P was elevated (Table
391 1). Recommendations related to the stress situation needing glucocorticoid therapy were given to
392 parents.

393

394 **Both *POR* variants found in patient are observed as rare variants in genome databases**

395 The *POR* variants identified in the patient in this report have been observed as rare variants in the
396 genome databases (Table 2). The variant c.73_74delCT/p.(L25Ffs*93) (rs782696006) has a population
397 minor allele frequency (MAF) of 0.000008125 (GnomAD), is classified as likely pathogenic following
398 recommendations of ACGM, and due to truncation would generate a non-functional *POR* protein which
399 would be unable to support the aromatase activity. We have reported a study of structural stability and
400 sequence conservation analysis to find out which *POR* variants may be potentially disease-causing (50).
401 Human *POR* is a 680 amino acid protein that has evolved from ferredoxin and ferredoxin reductase-
402 like domains to form a single redox protein in eukaryotes. The Arginine 550 residue studied here is
403 highly conserved across species. The variant c.1648C>T/p.(R550W) (rs782551496) which has a MAF
404 of 0.00004671 (GnomAD) was classified as a variant of uncertain significance (VUS) and predicted to
405 be pathogenic with multiple pathogenicity prediction tools. Another variant at the same position, R550Q
406 only had data available for the Global population. (Table 2).

407

408 Arginine 550 is located near NADPH binding site in POR and mutation R550W creates protein
409 instability

410 To differentiate between the POR-WT and POR-R550W, we performed in-silico mutagenesis using the
411 x-ray crystal structure of human POR. Human POR has distinct domains for the binding of
412 NADPH/FAD and FMN (**Figure 2A**). The FMN binding domain interacts with the redox partners and
413 is required for electron transfer to partner proteins. The redox equivalents for the electron transfer are
414 provided by NADPH which is used as a substrate by POR and converted to NADP. The R550 residue
415 is not directly at the surface of POR but is located near the NADPH binding pocket (**Figure 2B**). In
416 the WT-POR, the arginine 550 residue forms hydrogen bonds with threonine 529 to stabilize the
417 NADPH binding domain (**Figure 2C**). Mutation of arginine 550 to tryptophan results in loss of
418 hydrogen bond interactions and destabilization of the POR protein. Binding of NADPH has also been
419 associated in providing stability to POR and disruption of NADPH binding due to mutation of arginine
420 550 to tryptophan is predicted to cause protein instability.

421

422 The R550W mutation in POR results in reduced flavin content

423 To differentiate the conformational changes and effects of POR mutation R550W on flavin binding, we
424 evaluated the relative flavin content since the activity of POR may be affected by the changes in the
425 binding of cofactors FMN and FAD. As compared to WT POR, both the FMN and the FAD-binding
426 was affected due to R550W mutation. As compared to WT, the FMN and FAD content of POR-R550W
427 was 63.4% and 68.7 % respectively. This suggests that POR-R550W affects both FMN as well as FAD
428 binding to POR (**Figure 3**). Since the R550 residue is not directly involved in either the FAD or the
429 FMN binding, loss of flavins suggest an overall instability of protein due to R550W mutation. It has
430 been shown previously that binding of NADPH may affect the FAD/FMN binding in POR, and
431 therefore, R550W mutation in POR may create a conformational change that is less favorable for the
432 binding of FAD as well as FMN.

433

434 Small molecule Reduction Activity of POR is adversely affected by the R550W mutation.

435 To study the effect of the R550W mutation on POR activity, we expressed WT and POR- R550W in *E.*
436 *coli* as N-23 form and purified bacterial membranes. The ability to transfer electrons from NADPH to
437 cytochrome c, MTT or ferricyanide by POR-WT or POR-R550W was tested. The POR- R550W
438 mutation had a much lower capacity to reduce cytochrome c, MTT, and ferricyanide (**Table 3, Figure**
439 **4A-C**). Compared to WT POR, the R550W variant lost ~60% cytochrome c reduction activity and
440 ~70% of ferricyanide reduction activity. The MTT reduction activity (**Table 3, Figure 4B**) was also
441 severely affected by the R550W mutation, with only 8% residual activity observed compared to WT-
442 POR. The loss of activities with ferricyanide indicates disruption of electron transport from NADPH to
443 FAD and loss of cytochrome c and MTT reduction activities indicates disruption of electron transfer

444 between the two flavins and from FMN to the redox partners. Conformational instability due to an
445 R550W mutation might be affecting domain movements and transfer of electrons from NADPH to
446 FAD, FMN, and acceptor molecules. Since Ferricyanide reduction can proceed even without a
447 functional FMN domain in POR, loss of Ferricyanide reduction activity could either be due to a
448 disruption of electron transfer from NADPH to FAD or the loss of FAD-binding as reported above and
449 a combination of these two factors. The cytochrome c and MTT reduction by POR requires a functional
450 FMN domain in addition to the intact NADPH/FAD-binding domain. However, we have seen MTT
451 reduction activity to be a better indicator of the effect on steroid metabolizing enzymes, and here the
452 loss of MTT reduction activity was much severe compared to a loss of cytochrome c reduction activity.

453

454 **CYP17A1- 17 α -hydroxylase Activity**

455 After the observation of lower activities of the R550W mutant of POR towards the reduction of small
456 molecule substrates, we sought to examine the effect of arginine to tryptophan at the position 550 in
457 POR on the activities of several steroid metabolizing cytochrome P450 enzymes that are dependent on
458 POR for their enzymatic reactions. Towards this goal, we first examined the effect of POR-R550W on
459 the 17-hydroxylase activity of CYP17A1, which is considered the qualitative regulator of
460 steroidogenesis in human and guides the formation of steroids towards different pathways. The POR-
461 R550W lost almost all 17 α -hydroxylase activity of CYP17A1 (**Figure 5A, Table 3**). For the POR-
462 R550W variant, the apparent Vmax was reduced by ~95% without affecting the apparent Km as
463 compared to WT POR. The POR variant R550W showed only 3% residual activity in supporting
464 CYP17A1 as compared to WT POR.

465

466 **The 21-hydroxylase activity of CYP21A2 is severely affected by the R550W mutation in POR**

467 The CYP21A2 is involved in the regulation of corticosteroids and is a critical enzyme in the steroid
468 metabolism in human. Defects in CYP21A2 cause the standard form of congenital adrenal hyperplasia
469 and mutation in POR may resemble CYP21A2 deficiency due to adverse effects of a malfunctioning
470 POR on the activities of CYP21A2. The POR-R550W showed highly reduced CYP21A2 activity
471 (**Figure 5B, Table 3**). The apparent Vmax of POR-R550W was reduced by ~98%. The POR variant
472 R550W showed only 3 % residual activity in supporting CYP21A2 as compared to WT POR.

473

474 **POR mutation R550W causes severe disruption of the aromatase activity of CYP19A1**

475 Since the patient showed symptoms of aromatase deficiency as indicated by genital virilization, we
476 were particularly interested in examining the role of R550W mutation in POR on the CYP19A1 activity.
477 Compared to other cytochromes P450 studied in this report, CYP19A1 requires additional steps of
478 electron transfer from POR to complete a single reaction cycle, and therefore, is predicted to be severely
479 affected by changes in POR that affect electron transfer from POR to CYP19A1. The POR-R550W
480 showed a severe effect on CYP19A1 activity (**Figure 5C, Table 3**). The apparent Vmax of POR-

481 R550W was reduced to 16% of WT-POR. A significant loss of CYP19A1 activity confirmed the
482 diagnosis of aromatase deficiency and genital virilization in the patient.

483

484 **CYP2C9 Activity**

485 We tested the activity of CYP2C9 supported by the WT and R550W variant of POR in a reconstituted
486 system. Compared to WT POR activity of CYP2C9 supported by R550W variant of POR was severely
487 reduced to 2.5% of the WT-POR (**Figure 6A**). This almost complete loss of activity compared to WT
488 POR indicated a severe effect on drug metabolism supported by CYP2C9.

489

490 **CYP2C19 Activity**

491 The activity of CYP2C19 was tested with both the WT and R550W variant of POR. We found that in
492 CYP2C19 assays, the R550W variant of POR showed only 2.9% of the WT POR activity (**Figure 6B**).
493 The effect of R550W variation in POR on CYP2C19 was also severe, indicating a highly reduced
494 capacity of drug metabolism reactions by CYP2C19.

495

496 **CYP3A4 Activity**

497 The R550W variant of POR showed only 10.2 % activity in CYP3A4 assays as compared to the WT-
498 POR enzyme (**Figure 6C**). The loss of activities for drug-metabolizing cytochrome P450 enzyme-
499 CYP3A4 by the POR variant R550W indicates problems with POR-P450 interactions which seem to
500 be different for different cytochrome P450 partners.

501

502 **CYP3A5 Activity**

503 The R550W variant of POR had only 31.4% of the WT activity in CYP3A5 assay (**Figure 6D**). This
504 was different from the results obtained for the CYP3A4 activity assays, indicating there are differences
505 in the interaction of POR with these two closely related cytochrome P450 proteins. The effect of R550W
506 variation in POR on CYP3A5 was not as strong as in case of CYP3A4 activity, but the loss of activity
507 was still more than 50%, indicating a reduced capacity of drug metabolism reactions mediated by
508 CYP3A5. CYP3A5 is involved in the metabolism of tacrolimus, an immunosuppressant drug used
509 during organ transplants which has a narrow therapeutic index.

510

511 **The R550W mutation in POR affects NADPH binding.**

512 The structural analysis of the R550W mutation indicated an effect on NADPH. We sought to examine
513 the impact of R550W mutation in POR on the utilization of NADPH using three different assays
514 (**Figure 7**). For examining the role of NADPH concentration in reactions supported by POR, the
515 substrate concentrations (Cytochrome c, MTT, and aromatase substrate androstenedione) were kept
516 constant, and NADPH concentration was varied. In the cytochrome c reduction assay, a fivefold
517 increase in Km for NADPH was observed for the POR-R550W compared to the WT-POR (**Figure 7A**).

518 A similar effect was also observed using MTT reduction assay with a 4.8-fold increase in K_m for
519 NADPH for the POR-R550W compared to WT POR (**Figure 7B**). We also performed the CYP19A1
520 assay with varying concentrations of NADPH and observed a severe loss of CYP19A1 activity for the
521 POR-R550W (**Figure 7C**). In the CYP19A1 assay, a direct evaluation of NADPH oxidation could not
522 be made as the final product was the metabolism of androstenedione into estrone, but the loss of protein-
523 protein interaction coupled with the loss of flavins in POR-R550W would severely limit the activity of
524 CYP19A1 due to multiple interactions required for completion of one catalytic cycle.

525

526 Discussion

527 In this report, we have investigated the cause of CYP19A1 deficiency manifested not by any changes
528 in CYP19A1 itself but by a novel mutation in POR. A comprehensive examination of multiple
529 cytochrome P450 enzymes encompassing both the steroid as well as drug-metabolizing activities was
530 performed, which showed severe inhibition of multiple enzyme activities due to the R550W mutation
531 in POR. Severe inhibition of CYP19A1 activity due to the R550W mutation in POR corroborates our
532 previous hypothesis of both the virilization of the patient as well as maternal virilization during
533 pregnancy due to the mutation in POR affecting CYP19A1 activity. The results described here also
534 show that in severe cases of POR deficiency, the steroid as well as drug-metabolizing cytochrome P450
535 enzyme activities, that are dependent on POR, may be affected.

536

537 Remarkably, although the R550 residue is not directly involved in either the FAD or FMN binding in
538 POR, a loss of one-third of flavin content, for both the FAD as well as FMN was observed. Previously
539 we have shown that mutations in POR may cause protein instability which may ultimately lead to loss
540 of flavin cofactors. A reduction in flavin content by itself does not explain the severe loss of activities
541 of all cytochrome P450 enzymes studied. Consistent with this, some of the small molecule substrates
542 of POR, that can be reduced through FAD (FeCN) or requiring FMN (MTT) were only moderately
543 affected, indicating protein-protein interactions play a vital role in the overall effect of R550W mutation
544 in POR. The CYP19A1, requiring several electron transfer steps for its metabolic reactions, is affected
545 to a greater extent compared activities of POR towards small-molecule substrates. The overall effects
546 of R550W mutation on steroid metabolism may be more complicated due to inhibition of several
547 enzyme activities including CYP17A1 and CYP21A2, both of which catalyze critical steps in human
548 steroidogenesis (51, 52).

549

550 The patient, an individual with 46, XX DSD, presented signs of prenatal aromatase deficiency as
551 indicated from strong maternal virilization during pregnancy with highly elevated serum T levels at
552 delivery that returned to normal, newborn ambiguous genitalia with elevated T for the female sex, and
553 slightly elevated 17OH-P that progressively diminished. *CYP19A1* gene analysis was normal, and it
554 was not until seven years later that compound heterozygous *POR* gene variants were detected by using

555 a panel of candidate genes for DSD in DNA samples from DSD patients lacking a molecular diagnosis.
556 Clinical and biochemical control at prepubertal age (8 years) revealed normal skeletal growth, normal
557 baseline adrenal function (cortisol and ACTH), although with an elevated 17OH-P.

558

559 The allele c.73_74delCT/p.Leu25Phefs*93 is predicted to be a null allele resulting from a premature
560 stop codon truncated at amino acid position 93 out of 680 residues in POR protein. Therefore, the
561 protein encoded by the c.1648C>T/p.Arg550Trp allele would be responsible for the patient phenotype.
562 Prenatal and neonatal phenotype predicted a severe aromatase deficiency, whereas the elevated 17-OH-
563 P, although with normal cortisol and ACTH, may have indicated the presence of mild 21-hydroxylase
564 and 17,20-lyase deficiencies. The mutation Arg550Trp is located in the NADPH binding region of POR.
565 Computational analysis predicted instability in the NADPH binding region of POR by R550W mutation
566 due to the disruption of hydrogen bonding, which may affect cytochrome P450 activities to a higher
567 degree than small-molecule partners. Computationally predicted the negative effect on several
568 cytochrome P450 activities as well as binding of NADPH were confirmed by experiments using
569 recombinant proteins. These results suggest a pathological effect of *POR* R550W and a diagnosis of
570 *PORD* in the patient with p.Arg550Trp/p.Leu25PhefsTer93 in *POR*. The 46, XX patient and her mother
571 presented prenatal aromatase deficiency; at prepubertal age and without steroid hormone replacement
572 therapy growth is normal and baseline adrenal function is normal (cortisol and ACTH) although the
573 increased level of 17-OH-P demonstrates a mild 21-hydroxylase deficiency. It is predicted that
574 aromatase deficiency will manifest at pubertal age, most probably needing sex hormone replacement
575 therapy and interfering with future fertility while adrenal function will need to be monitored.

576

577 From the therapeutic perspective, supplementation with steroids is a viable and commonly used option
578 to treat POR deficiency, especially when the loss of exact metabolites can be measured in serum or
579 urine of patients by use of GC-MS or other methods (8, 53, 54). However, long term effect of multi
580 steroid supplementation may have unknown side effects on normal growth and development, and
581 therefore, an accurate characterization of individual variations in POR is required to characterize the
582 effects of different steps in steroid metabolism and tailor the therapeutic interventions based on
583 personalized steroid and enzyme activity profiles (55). A detailed characterization of the effects of POR
584 mutation R550W on multiple enzymes described is a step towards this goal of personalized medicine.

585

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591

592 **Data availability**

593 The datasets generated during and analyzed during the current study are not publicly available but are
594 available from the corresponding author on reasonable request. Restrictions apply to the availability of
595 data generated or analyzed during this study to preserve patient confidentiality or because they were
596 used under license. The corresponding author will on request detail the restrictions and any conditions
597 under which access to some data may be provided.

598

599

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784 **Table 1.** Hormone analyses of the patient and her mother. ACTH: adrenocorticotrophic hormone
 785 (pg/ml); DHEA-S: dehydroepiandrosterone sulphate ($\mu\text{g/dL}$); 17-OH-P: 17-hydroxy-progesterone
 786 (ng/dL); cortisol ($\mu\text{g/dL}$); T: testosterone (ng/dL); E2: estradiol (ng/dL).

787

788

	ACTH	DHEA-S	17-OH-P	Cortisol	T	E2
	pg/ml	$\mu\text{g/dL}$	ng/dL	$\mu\text{g/dL}$	ng/dL	ng/dL
Mother (5 th day post-partum)		167.4	150		545	11.1
Mother (4 th month post-partum)					26	
Normal values (women: follicular phase)		98.8-340.0	19-182		6-82	1.2-16.6
Patient (7 days)			4,700		84	
Patient (19 days)			2,100		36	
Patient (1 month 4 days)			2,400		29	
Patient (1 month 18 days)			1,510		17	
Patient (7 months)			590		2	
Patient (8 years)	65.2	47.1	10,400	14.3	< 7	
Normal values (8 years)	7.2-63.3	2.8-85.2	7-56	6.0-18.4	3-32	

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793 **Table 2:** Population distribution of POR variations reported in this study.

794

POR	DBSNP id	Study	Population	Sample size	Ref Allele	Alt Allele
R550W	rs782551896					
		TopMed	Global	125568	C=0.99996	T=0.00004
		gnomAD-Exomes	Global	171252	C=0.99995	T=0.00005
		gnomAD-Exomes	European	87224	C=0.9999	T=0.0001
		gnomAD-Exomes	Asian	35462	C=1.000	T=0.000
		gnomAD-Exomes	American	26414	C=0.9999	T=0.0001
		gnomAD-Exomes	African	9698	C=1.000	T=0.000
			Ashkenazi Jewish	7850	C=1.000	T=0.000
		gnomAD-Exomes	Other	4604	C=1.00	T=0.00
R550Q	rs1320059073					
		TopMed	Global	125568	G=0.99993	A=0.00007
L25Pfs* 93	rs782696006					
		TopMed	Global	125568		delCT=0.00001
		gnomAD-Exomes	Global	246148		delCT=0.00001
		gnomAD-Exomes	American	34162		delCT=0.0001

795

796

797 **Table 3:** Kinetic parameters for activities of cytochrome c, MTT, ferricyanide reduction, and
 798 CYP17A1, CYP21A2 and CYP19A1 activities supported by POR-WT and POR-R550W. For the
 799 cytochrome c, MTT and Ferricyanide reduction assay, the NADPH concentration was fixed at 100 μ M
 800 and varying concentrations of the substrate were used for the analysis. For the conversion of
 801 androstenedione to estrone (CYP19A1 activity), NADPH was fixed at 1 mM, and variable
 802 concentrations (10–1000 nM) of androstenedione were used. For the conversion of Progesterone to
 803 17OH Progesterone (CYP17A1 activity) or Progesterone to 21OH Progesterone (CYP21A2 activity),
 804 NADPH was fixed at 2 mM, and variable concentrations (0.3–5 μ M) of Progesterone were used. Data
 805 are shown as mean \pm SEM of independent replicates (n=3 for small molecule reduction assays and n=2
 806 for CYP assays).
 807

	Vmax μmol/min/mg	Km, (μM)	Vmax/Km	% WT
<i>Cytochrome c reduction assay</i>				
POR-WT	873 \pm 68	23.7 \pm 3.7	36.8	100
POR-R550W	267 \pm 30	17.8 \pm 4.3	15	40.8
<i>MTT reduction assay</i>				
POR-WT	1254 \pm 23	21.3 \pm 1.5	58.9	100
POR-R550W	916 \pm 24	201 \pm 11.7	4.6	7.7
<i>Ferricyanide reduction assay</i>				
POR-WT	3890 \pm 88	27.2 \pm 2.3	143	100
POR-R550W	2939 \pm 712	74.8 \pm 54	39.3	27.5
	Vmax pmol/hr/pmol P450	Km (μM)	Vmax/Km	% WT
<i>CYP19A1; aromatase (androstenedione to estrone)</i>				
POR-WT	0.042 \pm 0.003	0.24 \pm 0.05	0.173	100
POR-R550W	0.007 \pm 0.002	0.15 \pm 0.17	0.044	25.1
<i>CYP17A1; (Progesterone to 17OH-Progesterone)</i>				
POR-WT	8.2 \pm 0.47	1.3 \pm 0.22	6.2	100
POR-R550W	0.3 \pm 0.004	1.3 \pm 0.5	0.2	3.4
<i>CYP21A2; (Progesterone to 21OH-Progesterone)</i>				
POR-WT	32.5 \pm 7.9	2.2 \pm 1.28	14.8	100
POR-R550W	0.62 \pm 0.08	1.33 \pm 0.5	0.5	3.2

808

809 **Table 4: Effect of NADPH variation on activities supported by POR-WT and POR-R550W.** To
 810 measure the effect of NADPH variation on activities of POR-WT and POR-R550W activities were
 811 measured using fixed concentrations of cytochrome c (40 μ M), MTT (500 μ M) and androstenedione
 812 (100 nM) while the NADPH concentrations in the assays were varied from 0 to 1000 μ M. Data are
 813 shown as mean \pm SEM of independent replicates (n=3).
 814

	Vmax μmol/min/mg	Km (μM)	Vmax /Km	% WT
<i>Cytochrome c reduction</i>				
POR-WT	611.8 \pm 14	8 \pm 0.7	76.1	100
POR-R550W	434 \pm 33.6	30.4 \pm 5.7	14.3	18.8
<i>MTT reduction</i>				
POR-WT	994.1 \pm 58	12.3 \pm 2.3	81	100
POR-R550W	950.1 \pm 52	58.4 \pm 6.3	16	20
CYP19A1 (Androstenedione to Estrone)	pmol/min/nmol			
	P450			
POR-WT	0.13 \pm 0.003	11.3 \pm 3.4	0.011	100
POR-R550W	nd	nd	nd	nd

815

816

817 Figure Legends

818

819 Figure 1: Family tree and genetic analysis of POR sequences.

820 The DNA samples were analyzed with a custom-designed targeted Disorders of Sexual Development
821 NGS panel (DSDSeq.V1, 111 genes, and three regulatory regions) using SeqCap EZ technology (Roche
822 Nimblegen) and sequenced on a NextSeq (Illumina) platform. Sequence variations retained as
823 candidates were verified by Sanger sequencing and DNA from parents were also analyzed as controls.
824 (A) Compound heterozygous variants within the *POR* gene were identified in the proband (II-1):
825 c.73_74delCT (p.Leu25Phefs*93) located in exon 2, inherited from the mother (I-2), and a second
826 variant c.1648C>T (p.Arg550Trp) in exon 13, inherited from the father (I-1). Parents are both carriers
827 for each variant, and her brother (II-2) is a carrier for c.1648C>T (p.Arg550Trp). The arrow indicates
828 the proband. N indicates normal allele. (B) Chromatogram of the variants in the *POR* gene
829 (NM_000941) in this family. The arrows indicate the variant location.

830

831 **Figure 2: Structural analysis of POR-R550W.** (A). Location of R550W residue in POR. (B) R550 is
832 not directly at the surface of POR. (C) Arginine 550 forms hydrogen bonds with threonine 529 to
833 stabilize the NADPH binding domain. Its mutation to tryptophan results in destabilization of the POR
834 structure.

835

836 **Figure 3: Flavin content of POR-WT and POR-R550W.** Flavin content of the POR proteins was
837 analyzed by boiling the proteins under selective pH conditions. Relative fluorescence unit (RFU) of the
838 flavins released from the POR variants measured at (A) pH 7.7 (FMN or $F_{7.7}$) and (B) pH 2.6 (FAD or
839 $F_{2.6}$) are shown. The RFU of WT POR was fixed as a hundred percent. Data are shown as mean \pm SEM
840 of two experiments done in triplicates.

841

842 **Figure 4: Cytochrome c, MTT, and Ferricyanide reduction assay with POR-WT and POR-**
843 **R550W.** (A) Cytochrome c (B) MTT (C) ferricyanide reduction assays were performed with the WT
844 and POR-R550W variant. Kinetic assays were performed by monitoring the changes in absorbance at
845 550 nm for cytochrome c, 610 nm for MTT, and 420 nm for ferricyanide reduction. Data were fitted to
846 the Michaelis-Menten kinetics model and analyzed using GraphPad Prism. The calculated K_m and
847 V_{max} values are presented in Table 1. Data are shown as mean \pm SEM of three independent replicates.

848

849 **Figure 5: Enzymatic activities of steroid metabolizing cytochrome P450 supported by POR-WT**
850 **or POR-R550W.** A. Enzymatic activity of CYP17A1 supported by POR-WT and POR-R550W.
851 Purified, recombinant CYP17A1 and enriched bacterial membranes containing POR proteins were
852 reconstituted, and their activity to convert [^{14}C] labeled Progesterone into 17OH-progesterone was
853 tested by TLC and phosphorimager analysis. Data were analyzed using the Michaelis-Menten kinetics

854 with GraphPad Prism. The calculated K_m and V_{max} values are shown in Table 3. **B.** Enzymatic activity
855 of CYP21A2 supported by POR-WT and POR-R550W. The *in-vitro* reconstituted system was prepared
856 by mixing purified CYP21A2, and bacterial membranes containing POR proteins and their activity to
857 convert [^{14}C] labeled Progesterone to 21OH-Progesterone was measured by TLC and phosphorimager
858 analysis. Data were analyzed using the Michaelis-Menten kinetics with GraphPad Prism. The calculated
859 K_m and V_{max} values are shown in Table 3. **C.** Enzymatic activity of CYP19A1 supported by POR-
860 WT and POR-R550W. Bacterially expressed, purified, recombinant CYP19A1, and the enriched
861 bacterial membranes containing POR proteins were mixed, and their activity to convert [3H] labeled
862 androstenedione to estrone was tested by the tritiated water release assay. Data were analyzed using the
863 Michaelis-Menten kinetics with GraphPad Prism. The calculated K_m and V_{max} values are shown in
864 Table 3. Data are shown as mean \pm SEM of two independent replicates.

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866

867 **Figure 6: Activities of drug-metabolizing cytochromes P450 supported by POR-WT or POR-**

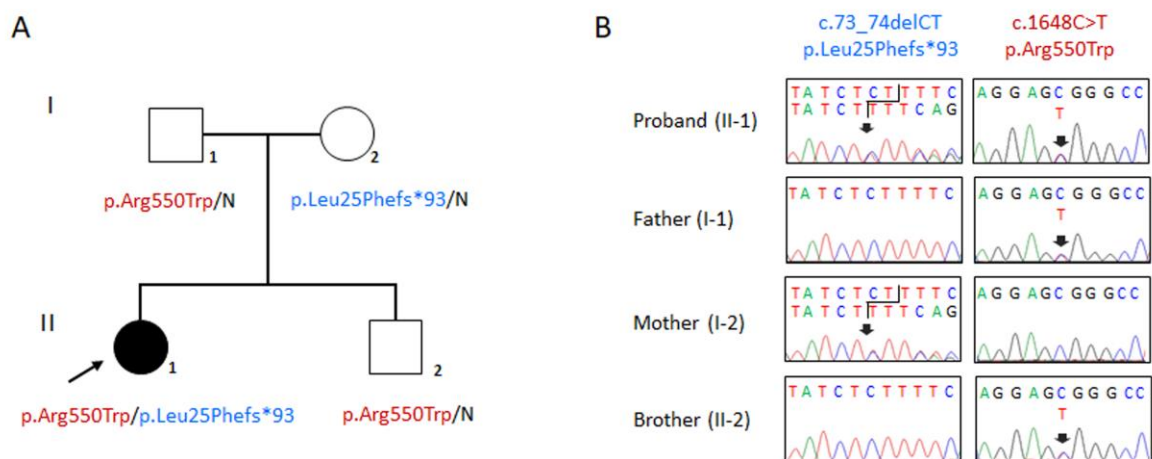
868 **R550W. A.** Activity of cytochrome P450 CYP2C9 supported by POR-WT and POR-R550W. Assay of
869 CYP2C9 activity was performed to compare POR-WT and POR-R550W by using 20 μM BOMCC as
870 a substrate. Activity with the WT POR was fixed as a hundred percent, and results are given as a
871 percentage of WT activity. Data are shown as mean \pm SEM from two experiments performed in
872 triplicates. **B.** The activity of cytochrome P450 CYP2C19 supported by POR-WT and POR-R550W.
873 Assay of CYP2C19 activity was performed to compare POR-WT and POR-R550W by using 20 μM
874 EOMCC as a substrate. Activity with the WT POR was fixed as a hundred percent, and results are given
875 as a percentage of WT activity. Data are shown as mean \pm SEM from two experiments performed in
876 triplicates. **C.** The activity of cytochrome P450 CYP3A4 supported by POR-WT and POR-R550W.
877 Assay of CYP3A4 activity was performed to compare POR-WT and POR-R550W by using 20 μM
878 BOMCC as a substrate. Activity with the WT POR was fixed as a hundred percent, and results are given
879 as a percentage of WT activity. Data are shown as mean \pm SEM from two experiments performed in
880 triplicates. **D.** The activity of cytochrome P450 CYP3A5 supported by POR-WT and POR-R550W.
881 Assay of CYP3A5 activity was performed to compare POR-WT and POR-R550W by using BOMCC
882 as a substrate. Activity with the WT POR was fixed as a hundred percent, and results are given as a
883 percentage of WT activity. Data are shown as mean \pm SEM from two experiments performed in
884 triplicates.

885

886 **Figure 7: Co-factor dependence of R550W mutation in POR.** Since the R550 residue is located near
887 the NADPH binding site in POR, we sought to examine the role of NADPH variation and binding to
888 R550W-POR. **A.** Assay of cytochrome c reduction activity with increasing NADPH concentration. In
889 R550W-POR affinity for NADPH was diminished as indicated by a fivefold increase in K_M for
890 NADPH. **B.** Assay of MTT reduction activity with increasing NADPH concentration. Affinity for

891 R550W-POR was also found to be lower as deduced from more than fourfold increase in K_m for
892 NADPH compared to WT-POR. C. CYP19A1 assay with increasing concentrations of NADPH. The
893 POR-R550W showed a severe loss of activity in the CYP19A1 assay, which was more pronounced
894 compared to fixed NADPH concentration assays shown in Figure 5C. In the CYP19A1 assays with
895 varying NADPH concentration (Figure 7C), the activity using the POR-R550W was too low to allow a
896 reliable estimation of kinetic parameters. Data are shown as mean \pm SEM of three independent
897 replicates.
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Figure 1

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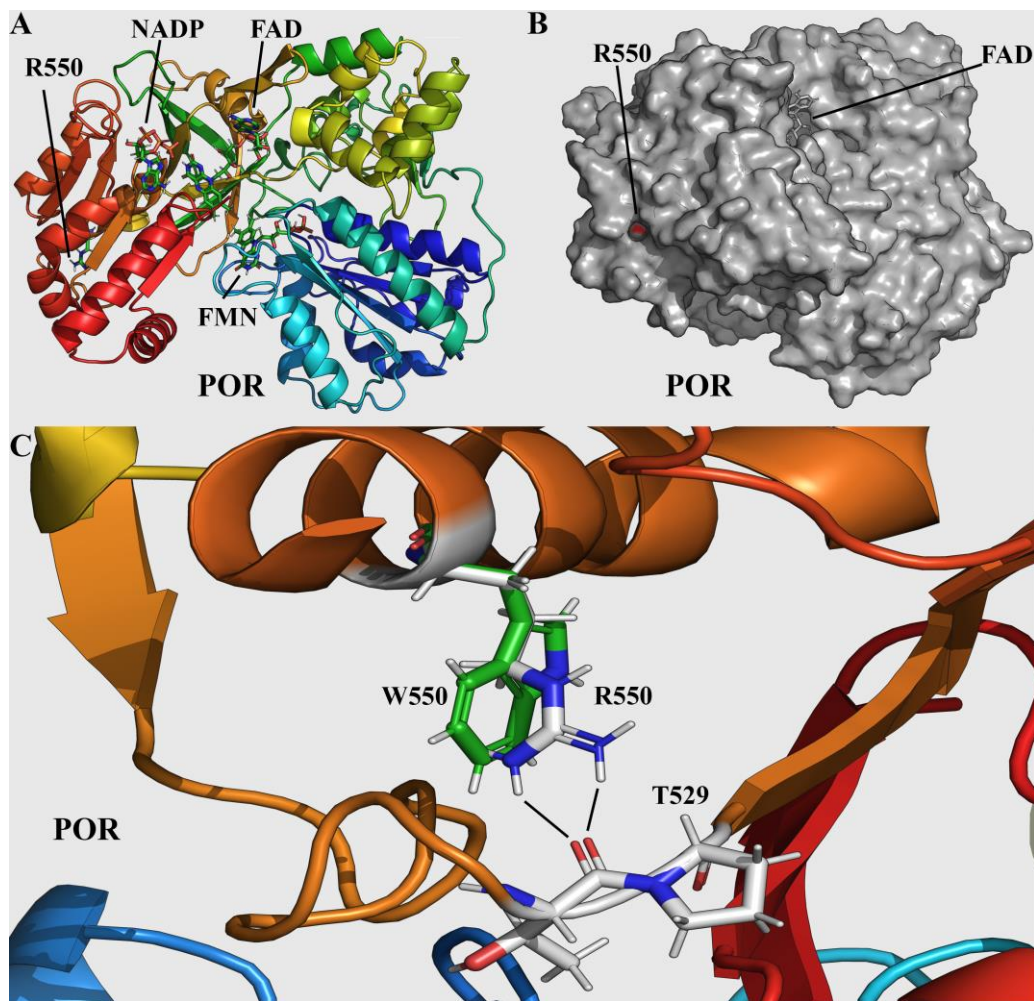


Figure 2

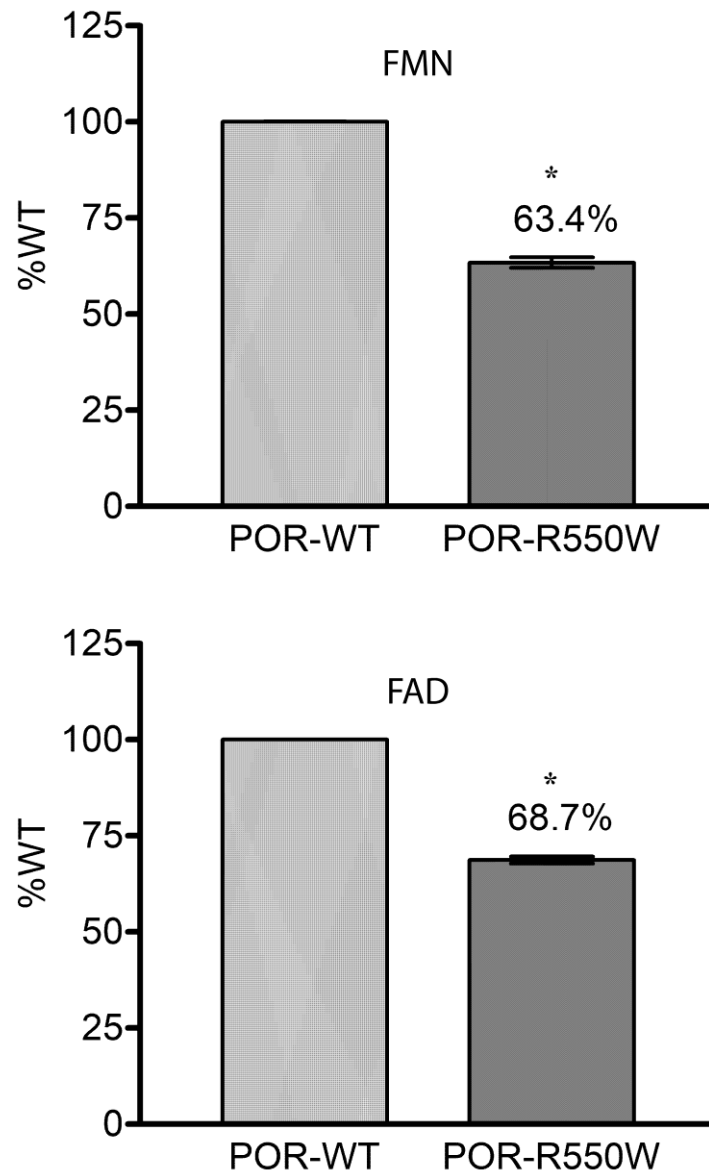
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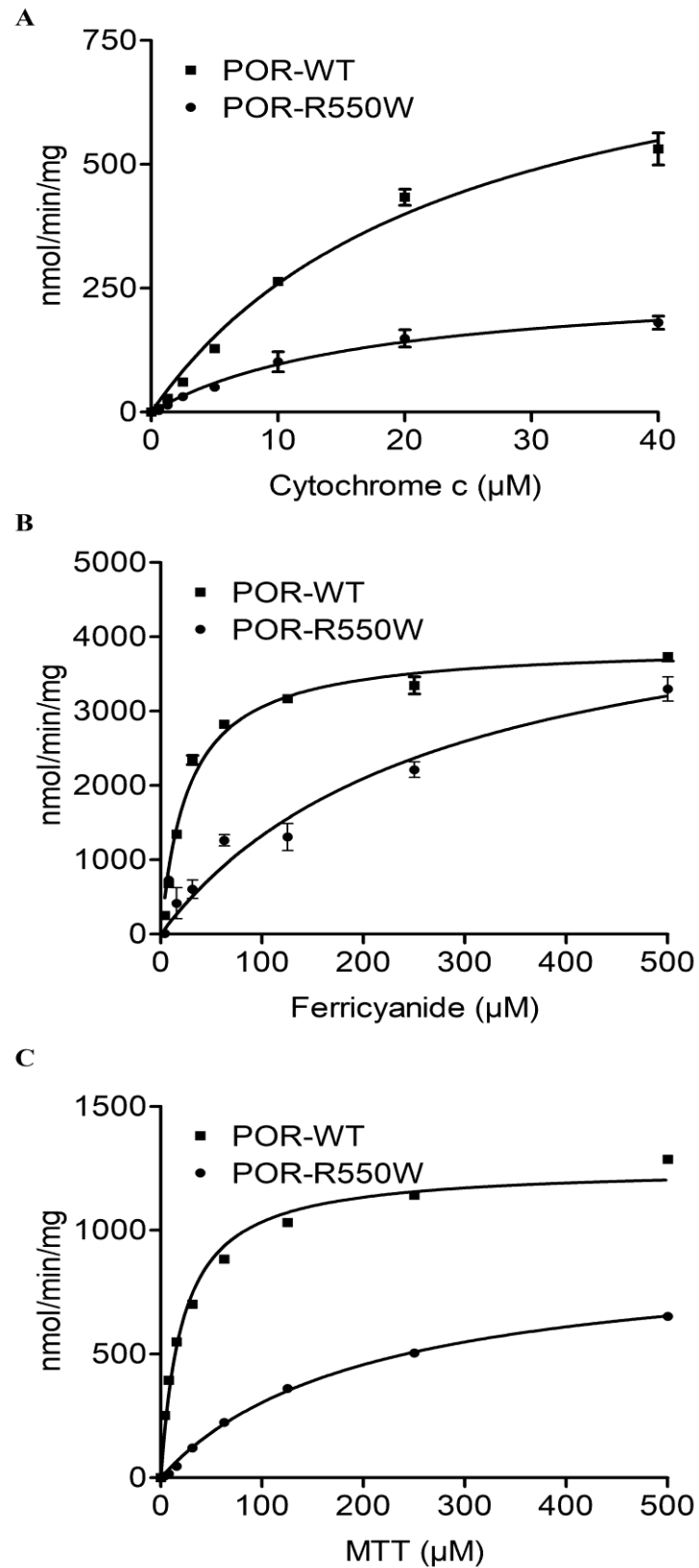
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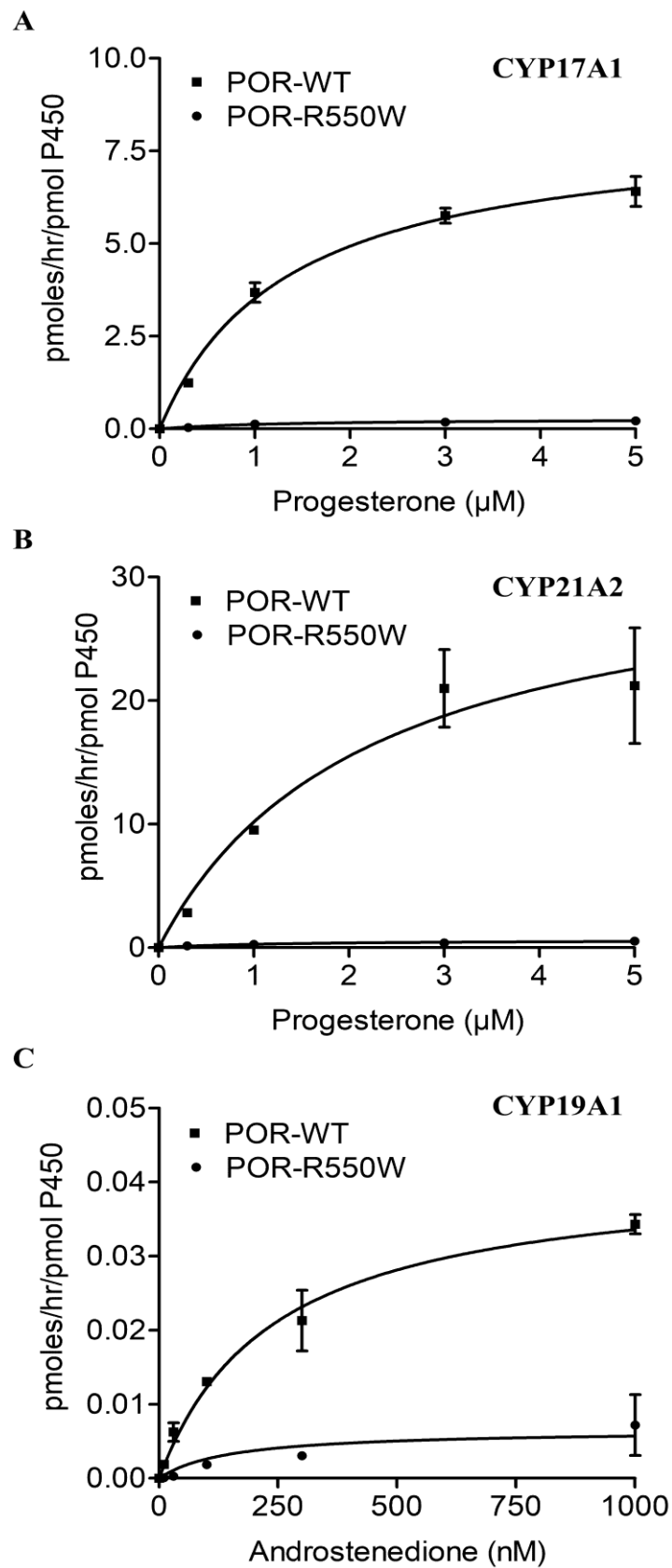
Figure 3



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Figure 4

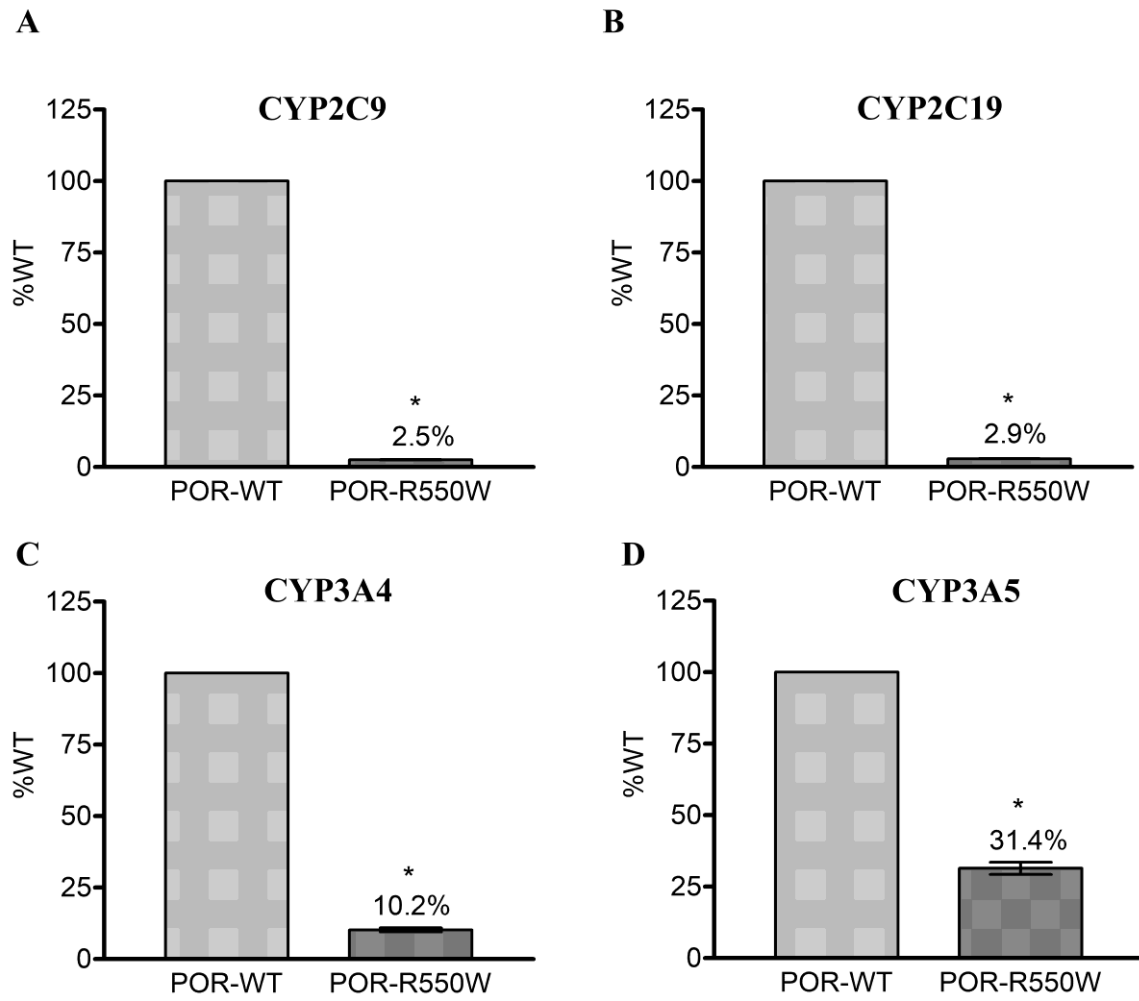
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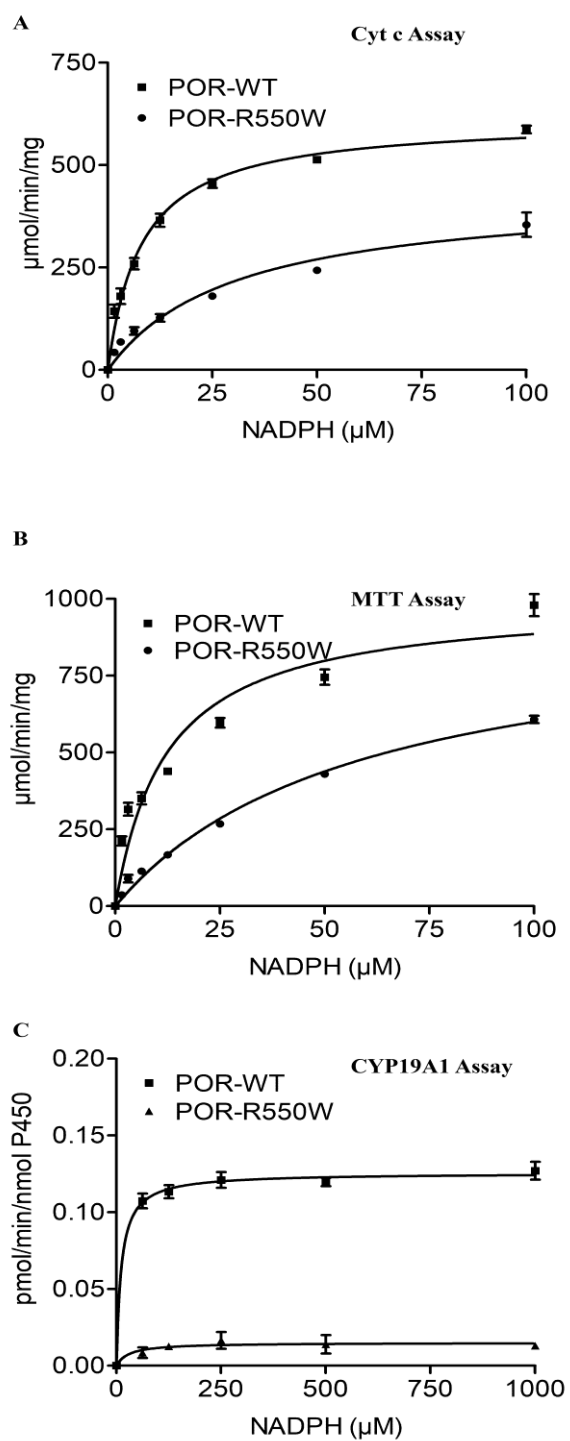
Figure 5



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Figure 6

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Figure 7