

1 Article

2 Performance of winter wheat cultivars grown 3 organically and conventionally with focus on 4 *Fusarium* head blight

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16 **Abstract:** Growing acreage and changing consumer preferences cause increasing interest in the
17 cereal products originating from organic farming. Lack of results of objective test, however, does
18 not allow drawing conclusions about the effects of cultivation in the organic system and comparison
19 to currently preferred conventional system. Field experiment was conducted in organic and
20 conventional fields. Thirty modern cultivars of winter wheat were sown. They were characterized
21 for disease infection including *Fusarium* head blight, seed sowing value, the amount of DNA of the
22 six species of *Fusarium* fungi as well as concentration of ergosterol and trichothecenes in grain. The
23 intensity of the diseases occurring in wheat canopy was at a similar level in both systems. Increased
24 *Fusarium* colonization expressed as ergosterol level or DNA concentration for the organic system
25 did not reflect in an increased accumulation of trichothecenes in grain. However, we found lower
26 sowing value of organically produced seeds. Significant differences between analyzed cropping
27 systems and experimental variants were found. The selection of the individual cultivars for organic
28 growing in terms of resistance to diseases and contamination of grain with *Fusarium* toxins was
29 possible. Effects of organic growing differ significantly from the conventional and grain obtained
30 such way can be recommended to consumers. There are indications for use of particular cultivars
31 bred for conventional agriculture in the case of organic farming, and the growing organic decreases
32 plant stress resulting from intense fertilization and chemical plant protection.

33 **Keywords:** *Fusarium* head blight; *Fusarium* species; soil minerals; mycotoxins; organic farming;
34 sowing value; winter wheat
35

36 1. Introduction

37 A way of growing crops is changing because of the geopolitical situation and consumer
38 preferences. In recent years, high interest in organic farming has been observed in Europe
39 (<https://ec.europa.eu/eurostat/statistics-explained/pdfscache/5461.pdf>). In 2002, organic farming took
40 up 5.0 million hectares, while in 2017 it was 12.6 million hectares. Austria, Estonia, Sweden, Italy,
41 Czech Republic and Latvia were the countries with the highest share of organic farmland, while the
42 largest areas of organic farmland were in Spain, Italy, France and Germany. In Poland in 2016 it was
43 536.6 thousand ha – 3.7% of all agricultural land) [1].

44 This is due to the awareness that in organic farming practices the use of artificial fertilizers as well as
45 pesticides is not allowed. There is limited list of substances, which can be used as natural fungicides
46 to protect crops against fungal diseases. Lack of fungicide protection can result in higher severity of

47 fungal diseases. Chemical seed treatment is not applied which leads to increased incidence of seed
48 borne diseases e.g. Stagonospora nodorum blotch (*Parastagonospora nodorum*), seedling blight, loose
49 smut (*Ustilago nuda*), common bunt (*Tilletia caries*) [2,3]. Thus, seed transmitted diseases are
50 considered the most harmful in organic farming. Powdery mildew (*Blumeria graminis*), rusts (*Puccinia*
51 spp.) and foot rot are less important. Severity of these diseases correlates with high nitrogen doses
52 and high crop density, so under organic farming conditions they are less damaging [4]. Diseases
53 caused by fungi surviving on crop debris [Septoria tritici blotch (*Zymoseptoria tritici*), tan spot
54 (*Pyrenophora tritici-repentis*), Fusarium head blight (*Fusarium* spp.)] can be controlled by cultural
55 practices, so they are less damaging than seed borne ones [3]. However, *Fusarium* fungi causing
56 Fusarium head blight produce toxic secondary metabolites – mycotoxins contaminating grain. The
57 main *Fusarium* species causing Fusarium head blight are: *F. culmorum*, *F. graminearum* and *F.*
58 *avenaceum* [5,6]. Cereal heads are infected mainly during the flowering period [7]. This is the stage
59 where cereals are the most susceptible to infection with *Fusarium* fungi spores. After infection the
60 fungus develops in infected flower spreading then to other flowers in the spikelet. Then through
61 rachis the fungus spreads to another spikelets causing necrosis and bleaching individual spikelets
62 [8,9]. The invaded cereal grain, even visually healthy looking, is contaminated with fungal
63 mycotoxins which are phyto- and zootoxic. *Fusarium* spp. affecting cereals are known as potent
64 producers of type A trichothecenes (T-2 and HT-2 toxins) and of type B (deoxynivalenol=DON,
65 nivalenol) as well as moniliformin, zearalenone (ZEN), enniatins, beauvericin and the other toxins
66 [5,6,10]. Avoiding the presence of mycotoxins in food is very important, thus organic food is
67 perceived as “food without chemistry” of higher quality than conventional.

68 In the literature, you can find analyses on this issue but they concern different samples and
69 environmental conditions. Mäder et al. [11] analyzed *Fusarium* metabolites, deoxynivalenol (DON)
70 and nivalenol (NIV), content in conventionally and organically produced wheat grain. The
71 experiment was conducted for 21 years. It was found higher concentration of deoxynivalenol in
72 samples from conventional fields in both years of analysis; however, differences were not significant.
73 NIV concentration was similar in both cropping systems. On the contrary, Malmauret et al. [12]
74 reported higher contamination with *Fusarium* toxins in organic samples of wheat and barley as
75 compared with conventional ones. In the experiment published by McKenzie and Whittingham [13]
76 the birds were fed with organic and conventional grain to observe preference behavior. Birds
77 consumed more conventional grain than organic. The authors found that DON levels varied widely
78 in both groups of samples but DON level was not consistently higher in organic samples. Moreover,
79 the most contaminated samples came from conventional system.

80 Marx et al. [14] analyzed grain of rye and wheat originating from conventional and organic
81 production. They found higher contamination of organic rye grain with DON and zearalenone (ZEN)
82 as compared with conventional one. In the case of wheat, concentration of DON in samples from both
83 production systems was similar; ZEN content was higher in organic grain. It is interesting that in
84 organic system DON amount in rye and wheat was more or less similar.

85 Magkos et al. [15] in their review summarized results of 12 papers on contamination of organic
86 and conventional cereals with *Fusarium* mycotoxins. Organically grown cereals has been reported to
87 be either more, less, or equally contaminated compared with conventional cereals. Authors
88 concluded that this variability resulted from different cultivars, geographical locations of fields and
89 time of harvest in different studies. It makes data not directly comparable.

90 In the literature it can be found, as stated above, a number of analyses of organic cultivation of
91 wheat, but experimental data that can verify the views presented there are still not very numerous.
92 Considering this, it was decided to carry out a field experiment on sowing 30 cultivars of winter
93 wheat in the same location, at the same time on conventional and organic plots. The aim of the
94 experiment was a comprehensive comparison of the results obtained for both cropping systems
95 through the analysis in a series of elements that describe the structure of the yield, fungal diseases,
96 presence of *Fusarium* fungi through analysis of the DNA content, production of mycotoxins in grain.
97 The results were subject of the widest possible statistical analysis with the aim of finding relevant or
98 irrelevant differences in both cultivation systems.

99 2. Material and methods

100 2.1 Field experiments

101 Thirty cultivars of winter wheat (*Triticum aestivum* L.) were evaluated (Table 1). The cultivars
 102 were listed in the Polish National List of the Research Centre for Cultivar Testing (COBORU) and
 103 were added to the list between 1998 ('Mewa') and 2009 ('Belenus'). The cultivars were described in
 104 details in the paper of Góral et al. [16]. They differed in the pedigree, morphological characters, and
 105 resistance to Fusarium head blight (FHB). Cultivars were grouped in four classes of FHB resistance:
 106 susceptible (S), medium susceptible (MS), medium resistant (MR) and resistant (R).

107 **Table 1.** List of winter wheat cultivars used in this study

No.	Cultivar	No.	Cultivar	No.	Cultivar
1	Akteur MS*	11	Jenga MS	21	Naridana MS
2	Alcazar S	12	Kampana S	22	Nateja R
3	Anthus MS	13	Kohelia MR	23	Ostka Strzelecka MS
4	Batuta MS	14	Legenda MR	24	Ostroga MR
5	Belenus MS	15	Ludwig MS	25	Slade MS
6	Bogatka MR	16	Markiza MS	26	Smuga S
7	Boomer MR	17	Meteor MS	27	Sukces MR
8	Dorota MR	18	Mewa MS	28	Tonacja MR
9	Figura MS	19	Mulan MS	29	Türkis MS
10	Garantus MS	20	Muszelka S	30	Zyta MR

108 * - group of resistance to Fusarium head blight [16]; S=susceptible, MS=medium susceptible, MR=medium
 109 resistant, R= resistant

110 Field experiments were established in 2014 in the experimental fields of state-owned research
 111 institute - Plant Breeding and Acclimatization Institute (IHAR-PIB) in Radzików, Central Poland.
 112 First experiment was sown in the conventional field (GPS coordinates: 52.212517, 20.634765). Pre-
 113 crop was oilseed rape. Artificial fertilizers were applied according to standard agricultural practices
 114 in IHAR-PIB in particular. In the autumn 3 dt ha⁻¹ of 'Polifoska 6' fertilizer was applied (N -18 kg ha⁻¹,
 115 P - 45 kg ha⁻¹, K -72 kg ha⁻¹). In the spring, after the start of vegetation ammonium nitrate fertilizer
 116 was applied in an amount providing 68 kg N ha⁻¹. Weeds and pests were controlled with herbicides
 117 and insecticides. Immediately after sowing weeds were controlled with herbicide 'Maraton 375SC' in
 118 a dose of 4 L ha⁻¹. In spring weeds were controlled using the herbicide 'Attribut 70GS' in a dose of 60
 119 mg ha⁻¹. Cereal leaf beetle and aphids were controlled with 'Fastac Active 050ME' in a dose of 250 ml
 120 ha⁻¹. No fungicides were applied.

121 Simultaneously the same wheat cultivars were sown in the experimental organic field of IHAR-
 122 PIB (GPS coordinates: 52.216319, 20.638653). Wheat was grown according to organic farming
 123 practices with no chemical disease control and application of fertilizers. Pre-crop was pea. Weeds
 124 were controlled mechanically. Distance between two experimental fields was about 500 m. Single
 125 plot size in both experiments was 5 m². In both fields, cultivars were sown in three randomized blocks
 126 (replications) distant from each other by 2 meters.

127 Heading and full flowering dates for individual plots were recorded. Plant height was measured
 128 after the end of heading stage. Fusarium head blight was scored based on the mean percentage of
 129 blighted spikelets per infected head (disease severity) and the percentage of infected heads per plot
 130 (disease incidence). Fusarium head blight index (FHB_i) was calculated as the combination of disease
 131 severity and disease incidence.

$$FHB_i = (FHB_{severity} \times FHB_{incidence})/100 \quad (1)$$

132 Other leaf diseases were also scored. They were as follows: yellow rust (*Puccinia striiformis*), leaf
 133 rust (*P. triticea*), Septoria tritici blotch, Stagonospora nodorum blotch and tan spot. These diseases

134 were scored according to percentage of leaf area per plot with symptoms of disease – necrosis and/or
135 sporulation.

136 2.2 Analysis of mineral elements in soil

137 In spring, soil samples were collected from conventional and organic fields. Twenty soil cores
138 were taken from experimental plots in both fields using soil sampler. Soil cores from plots were mixed
139 thoroughly.

140 The material was mineralized with a CEM Mars 5 Xpress (CEM, Matthews, NC, USA)
141 microwave mineralization system (55 ml vessels) using 8 ml HNO₃ (65%) and 2 ml H₂O₂, according
142 to the program comprising three stages: first stage – power 800 W, time 10 min, temperature 120 °C;
143 second stage – power 1600 W, time 10 min, temperature 160 °C; third stage – power 1600 W, time 10
144 min, temperature 200 °C [17]. Materials after digestion were filtered through 45 mm filters
145 (Qualitative Filter Papers Whatman, Grade 595: 4 – 7 µm; GE Healthcare, Buckinghamshire, UK), and
146 filtrate completed with deionized water from Milli-Q Academic System (non-TOC (Total Organic
147 Carbon); Millipores. A.S., Molsheim, France) to a final volume of 50 ml. Concentration of particular
148 trace elements was analyzed by the flame atomic absorption spectrometry (Cd, Cu, Mn, Cr, Co, Si,
149 Ni and Zn), atomic emission spectrometry (Mg, Ca, Na, K, B) using an AA Duo – AA280FS/AA280Z
150 spectrometer (Agilent Technologies, Mulgrave, Victoria, Australia), equipped with a Varian hollow-
151 cathode lamp (HCL; Varian, Mulgrave, Victoria, Australia). Calibration curves were prepared in four
152 replicates per each trace element concentration. Detection limit for the analysed metals was, ng kg⁻¹:
153 Ca 0.015, Na 0.10, K 0.09, Mg 0.003, B 0.06, Cu 0.18, Zn 0.06, Cr 0.005, Mn 0.005, Co 0.011, Si 0.12, Ni
154 0.005, Cd 0.01.

155 2.3 Seed quality

156 For the evaluation of germination ability, 3 x 50 seeds from each experimental plot (180 samples)
157 were sown in plastic boxes between two layers of moistened (to 60% WR) filter paper. After sowing,
158 the samples were prechilled at 7 °C for 3 days and placed in Sanyo growth chamber (Sanyo Electric
159 Co., Ltd., Japan) at constant temperature 20 °C. After four days, first count (germination energy) was
160 made. The normal seedlings were counted and share in percent was evaluated. According to present
161 International Seed Testing Association Rules [18] after eight days the final count (germination
162 capacity) and evaluation of normal seedlings, abnormal seedlings (AS), dead seeds (DS) and fresh
163 ungerminated (FUS) seeds were made.

164 2.4 Fusarium DNA quantification with Real-Time PCR

165 2.4.1 Isolation of total DNA from grain

166 Isolation of DNA was carried out from the ground kernels taken from 10 g bulk sample
167 according to modified protocol published by Doyle and Doyle [19],

168 2.4.2 Preparation of standard curve

169 Material for preparation of standard curve was a series of 10-fold dilutions of DNA isolated from
170 pure culture of researched six *Fusarium* species (*F. avenaceum*, *F. culmorum*, *F. graminearum*, *F.*
171 *langsethiae*, *F. poae* and *F. sporotrichioides*). Pure fungal cultures were grown on PDA medium on Petri
172 dish and DNA was isolated from scraped and lyophilized mycelium using the same protocol as for
173 grain.

174 2.4.3 Preparation of DNA samples for Real-Time PCR

175 Concentrations of DNA obtained from kernels were measured with Quantus fluorometer
176 (Promega, USA). All samples were diluted in sterile deionized water to 10 ng·µl⁻¹. Final concentration
177 of *Fusarium* DNA in a sample was expressed in picograms per 100 ng of total DNA.

178 2.4.4 Real-Time PCR reaction conditions

179 Amplification was performed with LightCycler 480II (Roche) using LightCycler 480 SYBR Green
180 I Master (Roche) in a volume of 10 µl per sample (5.5 µl premix + 4.5 µl DNA) in 45 cycles according
181 to thermal profiles specific to each *Fusarium* species.

182 The primers used for each researched *Fusarium* species were as follows:

183 *Fusarium avenaceum*: JIAF / JIAR

184 (GCTAATTCTTAAGTTACTAGGGGCC / CTGTAATAGGTTATTTACATGGGCG) [20];

185 *Fusarium culmorum*: Fc01F / Fc01R

186 (ATGGTGAAGTCGTCGTGGC / CCCTTCTTACGCCAATCTCG) [21];

187 *Fusarium graminearum*: Fg16F / Fg16R

188 (CTCCGGATATGTTGCGTCAA / GGTAGGTATCCGACATGGCAA) [21];

189 *Fusarium langsethiae*: FlangF3 / LanspoR1

190 (CAAAGTTCAGGGCGAAAAC / TACAAGAAGACGTGGCGATAT) [22];

191 *Fusarium poae*: Fp82F / Fp82R

192 (CAAGCAAACAGGCTCTTCACC / TGTTCACCTCAGTGACAGGTT) [23]

193 *Fusarium sporotrichioides*: FsporF1 / LanspoR1

194 (CGCACAAACGCAAACATC / TACAAGAAGACGTGGCGATAT) [22]

195 2.5 Analysis of trichothecenes

196 Grain samples (60) were analyzed for the presence of trichothecenes according to Perkowski et
197 al. [24]. Subsamples (10 g) were extracted with acetonitrile:water (82:18) and purified on a charcoal
198 column (Celite 545/charcoal Draco G/60/activated alumina neutral 4:3:4 (w/w/w)).

199 Type A trichothecenes (HT-2 toxin [HT-2], T-2 toxin [T-2], T-2 tetraol, T-2 triol,
200 diacetoxyscirpenol [DAS], scirpentriol [STO]) were analysed as TFAA (trifluoroacetic anhydride)
201 derivatives. To the dried sample 100 µl of trifluoroacetic acid anhydride were added. After 20 min.,
202 the reacting substance was evaporated to dryness under nitrogen. The residue was dissolved in 500
203 µl of isooctane and 1 µl was injected onto a gas chromatograph-mass spectrometer (GC/MS). Type B
204 trichothecenes (DON, NIV, 3-acetyldeoxynivalenol [3-AcDON], 15-acetyldeoxynivalenol [15-
205 AcDON], fusarenon X [FUS-X]) were analyzed as TMS (trimethylsilylsilyl ethers) derivatives. To the
206 dried extract, the amount of 100 µl of TMSI/TMCS (trimethylsilyl imidazole/trimethylchlorosilane;
207 v/v 100/1) mixture was added. After 10 min. 500 µl of isooctane were added and the reaction was
208 quenched with 1ml of water. The isooctane layer was used for the analysis and 1 µl of the sample
209 was injected on a GC/MS system.

210 The analyses were run on a gas chromatograph (Hewlett Packard GC 6890, Waldbronn,
211 Germany) hyphenated to a mass spectrometer (Hewlett Packard 5972 A, Waldbronn, Germany),
212 using an HP-5MS, 0.25 mm x 30 m capillary column. The injection port temperature was 280°C, the
213 transfer line temperature was 280°C and the analyses were performed with programmed temperature,
214 separately for type A and type B trichothecenes. The type A trichothecenes were analysed using the
215 following programmed temperatures: initial 80°C held for 1 min., from 80°C to 280°C at 10°C min⁻¹,
216 the final temperature being maintained for 4 min. For the type B trichothecenes initial temperature
217 of 80°C was held for 1 min., from 80°C to 200°C at 15°C min⁻¹ held for 6 min and from 200°C to 280°C
218 at 10°C/min, with the final temperature being maintained for 3 min. The helium flow rate was held
219 constant at 0.7 ml min⁻¹.

220 Quantitative analysis was performed in the single ion monitored mode (SIM) using the
221 following ions for the detection of STO: 456 and 555; T-2 tetraol 455 and 568; T-2 triol 455 and 569 and
222 374; HT-2 455 and 327; T-2 327 and 401. DON: 103 and 512; 3-AcDON: 117 and 482; 15-AcDON: 193
223 and 482; NIV: 191 and 600. Qualitative analysis was performed in the SCAN mode (100 – 700 amu).
224 Recovery rates for the analyzed toxins were as follows: STO 82±5.3%; T-2 triol 79±5.1%; T-2 86±3.8%;
225 T-2 tetraol 88±4.0%; HT-2 91±3.3%; DON 84±3.8%; 3AcDON 78±4.8%; 15 AcDON 74±2.2%; and NIV
226 81±3.8%. The limit of detection was 0.01 µg kg⁻¹.

227 2.6 Chemical analysis of ergosterol

228 Ergosterol (ERG) in 60 grain samples was determined by HPLC as described by Young [25] with
229 modifications [26,27]. A detailed evaluation of the method was given in a study by Perkowski et al.
230 [27]. Samples containing 100 mg of ground grains were placed into 17-ml culture tubes, suspended
231 in 2ml of methanol, treated with 0.5 ml of 2M aqueous sodium hydroxide and tightly sealed. The
232 culture tubes were then placed within 250-ml plastic bottles, tightly sealed and placed inside a
233 microwave oven (Model AVM 401/1WH, Whirlpool, Sweden) operating at 2450 MHz and 900 W
234 maximum output. Samples were irradiated (370 W) for 20 s and after about 5 min for an additional
235 20 s. After 15 min. the contents of culture tubes were neutralized with 1M aqueous hydrochloric acid,
236 2 ml MeOH were added and extraction with pentane (3 x 4 ml) was carried out within the culture
237 tubes. The combined pentane extracts were evaporated to dryness in a nitrogen stream. Before
238 analysis samples were dissolved in 4 ml of MeOH, filtered through 13-mm syringe filters with a 0.5
239 mm pore diameter (Fluoropore Membrane Filters, Millipore, Ireland) and evaporated to dryness in a
240 N₂ stream. The sample extract was dissolved in 1ml of MeOH and 50 µl were analyzed by HPLC.
241 Separation was performed on a 150 x 3.9 mm Nova Pak C-18, 4 mm column and eluted with
242 methanol/acetonitrile (90:10) at a flow rate of 0.6 ml min⁻¹. Ergosterol was detected with a Waters 486
243 Tunable Absorbance Detector (Milford, MA, USA) set at 282 nm. The presence of ERG was confirmed
244 by a comparison of retention times and by co-injection of every tenth sample with an ergosterol
245 standard.

246 2.7 Statistics

247 The statistical analysis was performed using Microsoft® Excel 2016/XLSTAT© Ecology (Version
248 18.07.38413, Addinsoft, Inc., Brooklyn, NY, USA). Differences between variable means for the two
249 experimental variants were compared using parametric Student't t-test (XLSTAT procedure: *Two-*
250 *sample t and z tests*). Variables distribution in samples from the two experimental variants were
251 compared using the Kruskal–Wallis one-way analysis of variance (XLSTAT procedure: *Comparison of*
252 *k samples - Kruskal-Wallis, Friedman*). The Kruskal-Wallis test was selected because some of the
253 variables did not follow normal distribution.

254 The relationships between FHBi, seed quality and concentration of ergosterol, mycotoxins and
255 *Fusarium* DNA were investigated by Pearson correlation tests (XLSTAT procedure: *Correlation tests*).
256 Prior to analysis, data that did not follow normal distribution was log₁₀ transformed to normalize
257 residual distributions. Multivariate data analysis method was applied to the data on FHB (FHBi, DS,
258 mycotoxin concentrations, *Fusarium* DNA concentrations) resistance. Principal component analysis
259 (XLSTAT procedure: *Principal Component Analysis PCA*) was used to show how wheat cultivars
260 within two experimental variants (60 observations) are distributed with respect to the main variation
261 described in the first two components and how variables (FHBi, DS, ERG, sum of type A
262 trichothecenes, sum of type B trichothecenes, *Fusarium* DNA) influence the construction of the two
263 components. PCA results also revealed associations among variables measured by the angle between
264 variable vectors.

265 Differences between two variants for all variables were analyzed using multidimensional tests
266 (XLSTAT procedure: *Multidimensional tests (Mahalanobis)*) and multivariate analysis of variance
267 (XLSTAT procedure: *MANOVA*).

268 Cultivars in the organic field were grouped according to their resistance to infection of heads
269 with *Fusarium* fungi measured by FHB index, dead seeds proportion, ERG, sum of type A
270 trichothecenes, sum of type B trichothecenes, *Fusarium* DNA. 'K-means clustering' procedure of
271 XLSTAT was applied. Results were visualized using 'Discriminant analysis' procedure of XLSTAT.
272 Classes obtained from k-means analysis were applied as a qualitative depended variable in DA
273 analysis.

274 3. Results

275 3.1 Concentration of mineral elements in soil

276 In order to determine soil conditions in both experimental fields analysis of a number of
 277 elements that occur in these environments was made (Table 2). For the most of 13 analyzed
 278 compounds significant differences between organic and conventional fields were found. Only for Co,
 279 concentration difference was not significant. In soil of conventional field, concentration of K, Mg, Cd,
 280 Cr, Cu, Ni, and Zn was higher than in soil of organic field. The highest differences were found for Zn
 281 (7-fold) and Cd (3-fold). On the other hand, in soil of organic field, concentration of Ca, Na, Si, B, and
 282 Mn was higher than in soil of conventional field.

283 **Table 2.** Mean concentration (mg kg⁻¹) of mineral compounds in soil samples of conventional and
 284 organic experimental fields

Mineral compound	Conventional	Organic
Ca	3598 a	4822 b
Na	1178 a	1378 b
K	5610 b	3881 a
Mg	1883 b	1641 a
Si	323 a	411 b
B	285 a*	311 b*
Cd	0.203 b*	0.072 a*
Co	2.563 a	2.397 a
Cr	9.520 b	7.907 a
Cu	8.363 b	6.578 a
Mn	130 a	147 b
Ni	6.340 b*	5.703 a*
Zn	364 b	52 a

285 Values within the same row followed by the different letters are significantly different at the level of probability
 286 < 0.001 or * < 0.05

287 3.2 Phenotypic data and fungal diseases

288 Wheat cultivars differed in heading and flowering dates. In the conventional field, heading date
 289 was 29.7 days from 1st May, at a range 24.0 ('Smuga') – 35.0 days ('Sukces') (Table S1). Flowering
 290 date was on average 31.6 days from 1st May, at a range 26.0 ('Smuga') – 35.0 days ('Sukces', 'Boomer').
 291 In the organic field, heading date was 28.0 days from 1st May, at a range 24.0 ('Smuga') – 33.0 days
 292 ('Sukces'). Flowering date was on average 29.8 days from 1st May, at a range 26.0 ('Smuga', 'Ludwig')
 293 – 35.0 days ('Sukces'). Heading and flowering time were significantly earlier in organic field than in
 294 conventional one (Table 3).

295 **Table 3.** Phenotypic characters, yellow rust and FHB infection of 30 wheat cultivars grown in
 296 conventional and organic field

Variant	Heading (days from 1st May)	Flowering (days from 1st May)	Plant height (cm)	Grain yield (kg)	Yellow rust (%)	FHBi (%)
Conventional						
Mean	29.7 b	31.6 b	97.8 a	5.0 a	5.8 a	0.74 a
Std. deviation	2.53	2.39	12.22	0.89	11.93	1.00
Organic						
Mean	28.0 a	29.8 a	99.0 a	5.1 a	4.6 a	0.66 a
Std. deviation	2.39	2.55	10.39	0.76	12.48	0.77

297 Values within the same column followed by the different letters are significantly different at the level of
298 probability < 0.01.

299 On average, plant height of wheat cultivars did not differ between organic and conventional
300 fields (Table 3). In organic field plant height ranged between 73.7 cm ('Muszelka') and 114.3 cm
301 ('Akteur') (Table S1). In conventional field, this parameter ranged between 76.3 cm ('Alcazar') and
302 118.7 cm ('Ludwig').

303 Grain yield per plot was similar for both field and do not differ statistically significantly (Table
304 3). In organic field grain yield ranged between 3.1 kg ('Nateja') and 6.7 kg ('Jenga') (table S1). In
305 conventional field, this parameter ranged between 2.9 kg ('Nateja') and 6.6 kg ('Boomer'). In both
306 field grain yield was significantly negatively correlated with yellow rust severity ($r = -0.517$ for
307 organic field and $r = 0.647$ for conventional field; at $P < 0.001$).

308 There were observed symptoms of leaf diseases in both experimental plots starting from half of
309 May, when yellow rust was detected. Seventeen cultivars were fully resistant to yellow rust and
310 showed no symptoms of disease (Table S2). The most infected on average were cultivars 'Legenda'
311 (12.0%), 'Akteur' (17.0%), 'Figura' (21.0%), 'Naridana' (24.6%), and 'Nateja' (52.0%). Cultivar 'Figura'
312 was infected with *P. striiformis* only in the conventional field. On average yellow rust severity was
313 slightly higher in conventional field; however, difference with organic field was not significant (Table
314 3).

315 Fusarium head blight severity was low and average values for conventional and organic fields
316 did not differ significantly (Table 3). In conventional field FHB index range was from 0 to 4.4%.
317 Cultivars 'Nateja' and 'Legenda' showed no symptoms of FHB and cultivars 'Kampana', 'Muszelka'
318 and 'Slade' were the most infected (FHBi = 4.4%, 3.5%, and 2.1%, respectively) (Table S2). In organic
319 field FHB index range was from 0 to 3.2%. Cultivars 'Nateja' and 'Mewa' showed no symptoms of
320 FHB and cultivars 'Slade', 'Kampana', 'Turkis' and 'Belenus' were the most infected (FHBi = 3.2%,
321 2.3%, 1.8% and 1.8%, respectively).

322 Leaf rust severity was low. On average it was 0.7% in organic field and 1.0% in conventional one.
323 Only cultivar 'Belenus' was considerably affected by leaf rust in both fields (20.0% in conventional
324 and 10.0% in organic) (Table S2). Symptoms of Septoria tritici blotch were observed on most (28)
325 cultivars in conventional field and on 17 cultivars in organic field. Average severity of Septoria tritici
326 blotch was significantly higher in conventional field (4.6%) than in organic (2.1%). The most infected
327 were cultivars 'Kohelia' and 'Sukces' (20.0%) in conventional field and 'Ostroga' in organic field
328 (10.0%). Symptoms of Stagonospora nodorum blotch were observed on 12 cultivars in conventional
329 field and on 23 cultivars in organic field. However, average severity of Stagonospora nodorum blotch
330 did not differ significantly in conventional (2.5%) and in organic fields (3.2%). The most infected were
331 cultivars 'Kampana', 'Muszelka', 'Slade' and 'Smuga' (10.0%) in conventional field and 'Ostka
332 Strzelecka' in organic field (10.0%). Tan spot was observed only in organic field with average severity
333 2.0%. This disease affected fourteen cultivars. The most infected were 'Alcazar' and 'Belenus' (10.0%).

334 3.3 Characteristic of seed germination

335 Sowing quality of seeds from conventional field was significantly higher than those from organic
336 one (Table 4). The mean value for the germination energy for the conventional seeds was much higher
337 (87%) than for the organic seeds (63.2%). Similar was found for the germination capacity. In organic
338 seed material lower percent's share of normal seedlings, but higher number of abnormal seedlings,
339 dead seeds and fresh ungerminated seeds was observed.

340 **Table 4.** Germination characteristic of 30 wheat cultivars grown in conventional and organic field

Variant	Germination energy (%)	Germination capacity (%)	Abnormal seedlings (%)	Dead seeds (%)	Fresh, ungerminated seeds (%)
	Conventional				
Mean	87.0 b	93.4 b	3.6 a **	2.5 a **	0.6 a

Std. deviation	10.86	3.81	2.26	1.79	0.63
		Organic			
Mean	63.2 a	89.3 a	5.3 b **	4.2 b **	1.2 a
Std. deviation	24.00	4.81	2.10	3.01	1.91

341 Values within the same column followed by the different letters are significantly different at the level of
342 probability < 0.001 or * < 0.01

343 Values of the germination energy ranged from 54.0% ('Mewa') to 98.0% ('Nateja') in
344 conventional samples and from 11.5% ('Belenus') to 93.0% ('Mewa') in organic samples (Table S3).
345 The germination capacity ranged from 83.5% ('Slade') to 98.5% ('Nateja') in conventional material
346 and from 75.0% ('Belenus') to 96.0% ('Batuta') in organic material. The percent shares of abnormal
347 seedlings as well as dead seeds were significantly higher in organic samples (Table 4). These variables
348 ranged from 0.5% ('Markiza') to 8.5% ('Alcazar', 'Garantus') and from 0.5% ('Batuta') to 15.0%
349 ('Belenus') in organic field and 0 ('Figura', 'Belenus') to 7.5% ('Mewa', 'Ostroga', 'Slade') and from 0
350 ('Batuta', 'Nateja') to 7.5% ('Jenga') in conventional field. Additionally, percentage of fresh,
351 ungerminated seeds was twice higher in organic material than in conventional, however difference
352 was not significant. It was the highest in organic seed material of cultivars 'Belenus' (7.5%), 'Akteur'
353 (6.0%), and 'Ostroga' (5.0%).

354 3.4 Concentration of ergosterol and trichothecenes

355 Concentration of ergosterol in grain was significantly higher in samples from organic field than
356 from conventional one (Table 5). Level of ERG varied from 0.26 ('Ostka Strzelecka') to 1.85 mg kg⁻¹
357 ('Mulan') in conventional field and from 0.26 ('Boomer') to 3.46 mg kg⁻¹ ('Akteur') in organic field
358 (Table S4).

359 Amount of type B trichothecenes was low and varied from 8.9 to 460.2 µg kg⁻¹ in conventional
360 field and from 10.1 to 384.5 µg kg⁻¹ in organic field. On average, more trichothecenes were present in
361 grain from conventional field; however, difference was statistically insignificant. Regarding specific
362 toxins, only concentration of 3-AcDON was significantly higher in conventional samples.
363 Concentration of NIV was higher in samples from organic field; however, difference was not
364 significant. Distributions for FUS-X and 3-AcDON in organic and conventional samples were
365 significantly different. In conventional samples, these toxins were detected in higher amounts in
366 single samples whereas they were more evenly distributed in organic samples.

367 **Table 5.** Concentrations of ergosterol (mg kg⁻¹) and type B trichothecenes (µg kg⁻¹) in grain of 30 wheat
368 cultivars grown in conventional and organic fields

Variant	ERG	DON	FUS-X	3-AcDON	15-AcDON	NIV	Total TCT B
	Conventional						
Mean	0.74 a *	84.8 a	0.9 a	7.3 b	1.5 a	5.6 a	100.0 a
Range	0.26–1.85	5.8–444.4	0–11.6	2.3–30.3	0–14.3	0–19.0	8.9–460.2
Std. deviation	0.39	97.3	2.4	5.9	2.6	5.0	101.4
	Organic						
Mean	1.42 b *	63.7 a	0.9 a	3.1 a	1.1 a	7.4 a	76.2 a
Range	0.26–3.46	2.2–348.4	0–2.9	0–6.2	0–3.3	0–29.5	10.1–384.5
Std. deviation	0.87	86.2	1.0	1.5	1.2	7.3	93.6

369 Values within the same column followed by the different letters are significantly different at the level of
370 probability < 0.001 or * < 0.01

371 The highest concentrations of type B trichothecenes were found in grain of cultivars 'Anthus',
372 'Ostroga', and 'Garantus' in conventional field (460.2 µg kg⁻¹, 321.1 µg kg⁻¹, 308.9 µg kg⁻¹, respectively)

373 and in grain of 'Alcazar', 'Kampana', 'Muszelka' and 'Anthus' (384.5 $\mu\text{g kg}^{-1}$, 278. $\mu\text{g kg}^{-1}$, 257.6 $\mu\text{g kg}^{-1}$,
374 1, 244.6 $\mu\text{g kg}^{-1}$, respectively) in organic field (Table S4).

375 **Table 6.** Concentrations of type A trichothecenes ($\mu\text{g kg}^{-1}$) in grain of 30 wheat cultivars grown in
376 conventional and organic fields

Variant	Scirpentriol	T-2 tetraol	T-2 triol	DAS	HT-2	T-2	Total TCT A
Conventional							
Mean	2.8 a	0.6 a	0.2 a	0.7 b	1.2 a	0.1 a	5.5 a
Range	0–17.0	0.0–5.6	0–1.9	0.0–2.7	0.1–20.5	0–0.9	0.7–30.5
Std. deviation	3.2	1.0	0.3	0.9	3.7	0.2	6.0
Organic							
Mean	3.9 a	0.4 a	0.1 a	0.23 a	0.4 a	0.0 a	5.1 a
Range	0.5–12.0	0–3.2	0–0.3	0.1–1.1	0.0–2.37	0–0.4	1.0–14.5
Std. deviation	3.1	0.6	0.1	0.3	0.4	0.1	3.7

377 Values within the same column followed by the different letters are significantly different at the level of
378 probability <0.05.

379 Amount of type A trichothecenes was very low and similar in conventional and organic samples
380 (Table 6). It varied from 0.7 ('Boomer') to 30.5 $\mu\text{g kg}^{-1}$ ('Garantus') in conventional samples and from
381 1.0 ('Figura') to 14.5 $\mu\text{g kg}^{-1}$ ('Zyta') in organic samples (Table S5). Average concentrations of type A
382 trichothecenes were similar in both groups, and they not differ significantly. Only average
383 concentration of DAS was significantly higher in conventional samples.

384 3.5 *Fusarium* species

385 Presence of biomass of six *Fusarium* species was detected in wheat grain. *Fusarium langsethiae*
386 was detected only in six samples in trace amounts. On average the highest amount of DNA was found
387 as follows for *F. poae*, *F. graminearum*, *F. sporotrichioides*, *F. culmorum* and *F. avenaceum* (Table 7). It was
388 true in organic field. In conventional field concentration of *F. culmorum* DNA was higher than *F.*
389 *graminearum* and *F. sporotrichioides* DNA.

390 **Table 7.** Concentration of DNA (pg 100ng⁻¹ of wheat DNA) of five *Fusarium* species in grain of 30
391 wheat cultivars grown in conventional and organic fields

Variant	<i>F. a.</i> DNA	<i>F. c.</i> DNA	<i>F. g.</i> DNA	<i>F. p.</i> DNA	<i>F. sp.</i> DNA	<i>Fusarium</i> DNA
Conventional						
Mean	10.8 a	23.3 a	22.7 a	34.7 a	15,1 a*	106.6 a
Range	0–106.7	0–346.2	0.7–79.5	9.4–132.4	0–113.3	15.4–405.2
Std. deviation	19.61	63.14	21.58	24.82	29.10	90.91
Organic						
Mean	30.2 b	41.1 a	67.0 b	98.2 b	50.5 b*	285.7 b
Range	0.2–184.6	0–415.5	0.5–280.0	14.1–222.0	0–350.0	15.3–1205.8
Std. deviation	44.88	85.73	62.92	56.44	94.3	244.83

392 Values within the same column followed by the different letters are significantly different at the level of
393 probability <0.001 or * <0.05. *F. a.* – *F. avenaceum*, *F. c.* – *F. culmorum*, *F. g.* – *F. graminearum*, *F. p.* – *F. poae*, *F. sp.* –
394 *F. sporotrichioides*, *Fusarium* DNA – total DNA of five species.

395 Total *Fusarium* DNA concentration in organic samples was more than twice higher than in
396 conventional samples. It ranged from 15.4 ('Batuta') to 405.2 pg 100ng⁻¹ ('Figura') in conventional
397 samples and from 15.3 ('Batuta') to 1205.8 pg 100ng⁻¹ ('Slade') in organic samples. The difference was
398 statistically significant. Similarly, significantly higher (about three times) were concentrations of *F.*
399 *poae*, *F. graminearum*, *F. avenaceum* and *F. sporotrichioides* in organic samples. Amount of *F. culmorum*
400 was about twice higher in organic samples; however, difference was not statistically significant. The
401 most *Fusarium* colonized was grain of 'Figura', 'Kampana' and 'Alcazar' cultivars in conventional
402 field and 'Muszelka', 'Kampana', 'Turkis', 'Ostroga', 'Meteor', 'Bogatka', 'Alcazar', and 'Slade' in
403 organic field (Table S6).

404 3.6 Correlation between experimental components

405 Result's correlations of the evaluation of conventional wheat material showed that the
406 proportion of the dead seed was poorly correlated with the germination energy, but highly negatively
407 correlated with germination capacity (Table 8). In the case of organic seed, the dependence was the
408 same, except that the negative values of the correlation coefficients were higher (Table 9). The
409 proportion of abnormal seedlings was significantly negatively correlated with the energy and
410 germination capacity, as well as the number of dead seeds in conventional material. In contrast to the
411 results of organic material, where the relevant dependencies for these traits were not found. However,
412 organic material has demonstrated a highly significant negative relationship between the proportion
413 of fresh ungerminated seeds and the energy and germination capacity and a positive correlation
414 between fresh ungerminated and dead seed.

415 In conventional and ecological material, the same negative relationship between FHBi and
416 germination was found, and the positive relationship between FHBi and the share of dead seeds
417 occurred. These two parameters in conventional samples correlated also significantly with
418 concentration of type B trichothecenes in grain.

419 We observed significant effect of colonization of kernels with *Fusarium* species on seed quality
420 (Tabs 8 and 9). The proportion of dead seed in conventional material was highly correlated with the
421 quantity of the DNA of *F. graminearum*, while in organic material with the amount of DNA of *F. poae*,
422 *F. sporotrichioides* and total *Fusarium* DNA.

423 There was lack of correlation between *Fusarium* head blight index and amount of ERG and
424 type A and B trichothecenes in grain in both variants (Tabs 8 and 9). However, in conventional
425 samples positive tendency FHBi *versus* type B trichothecenes was observed and the same was found
426 for FHBi *versus* type A trichothecenes in organic samples. *Fusarium* head blight index correlated
427 significantly with concentration of DNA of three *Fusarium* species – *F. avenaceum*, *F. graminearum* and
428 *F. poae* in both variants. In organic variant FHBi correlated significantly also with *F. sporotrichioides*
429 DNA concentration. No correlation was found with *F. culmorum* DNA. Ergosterol content in grain
430 did not correlated with type A or B trichothecenes as well as with DNA concentration of *Fusarium*
431 species.

432 In samples from conventional field amount of type B trichothecenes correlated highly
433 significantly with *F. graminearum* DNA but not with *F. culmorum* DNA. Contradictory, in organic
434 samples *F. graminearum* did not correlate with type B trichothecenes and for *F. culmorum* there was
435 found positive tendency however not statistically significant. Regarding specific toxins in
436 conventional samples *F. graminearum* correlated significantly with DON amount ($r = 0.531$) and for *F.*
437 *culmorum* some positive tendency was observed for FUS-X and 15-AcDON. In organic samples, only
438 correlation of *F. culmorum* with 3-AcDON ($r = 0.421$) was found. There was no significant correlation
439 between amount of type A trichothecenes and potentially producing species *F. sporotrichioides* and *F.*
440 *poae*.

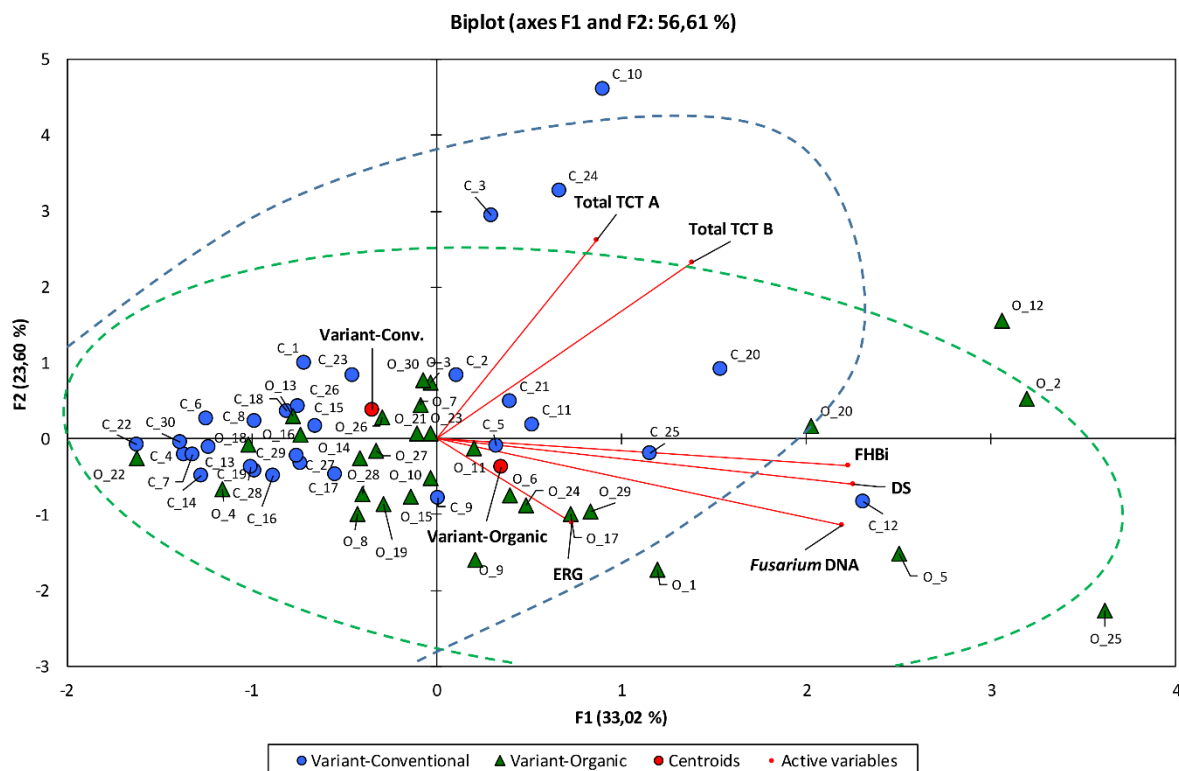
441 Amounts of DNA of three *Fusarium* species (*F. avenaceum*, *F. graminearum* and *F. poae*) in grain
442 form both variants correlated statistically significantly (Table 8 and 9). *Fusarium sporotrichioides* DNA
443 concentration correlated with *F. avenaceum* and *F. poae* DNA. *Fusarium culmorum* DNA concentration
444 did not correlated with the other species.

445 3.7 Multivariate principal component analysis

446 Multivariate principal component analysis showed significant difference between two studied
 447 populations (wheat cultivars in two environments) in terms of FHB infection (Figure1). However,
 448 this difference was caused by only some cultivars, which showed higher *Fusarium* infection
 449 (measured with different parameters) in organic or conventional field. Cultivars from organic field
 450 had higher FHB index, proportion of dead seeds and *Fusarium* DNA content. In conventional field,
 451 the most infected cultivars had higher toxin content in the grain but moderate FHB index, dead seeds
 452 proportion and *Fusarium* biomass amount in kernels. The exception was cultivar 'Kampana' (C_12)
 453 (Figure 1).

454 There were also carried out other tests - Multidimensional Wilks' Lambda test and Fisher
 455 distances test. They pointed to the significance of the separation between the analyzed growing
 456 systems at the significance level of $P < 0.0001$.

457 There was also compared which source of variation had higher effect on the obtained results (i.e.
 458 FHBi, DS, Total TCT B, Total TCT A and *Fusarium* DNA concentration) using multivariate analysis
 459 of variance (MANOVA). Both sources statistically significantly affected the results; however,
 460 experimental variant (conventional vs organic field) had much higher significance ($P < 0.0001$). It
 461 means that *Fusarium* head blight infection and its effect on grain quality, toxins concentration and
 462 *Fusarium* biomass in kernels depended mainly on wheat growing environment. Resistance of
 463 cultivars to FHB was less important ($P < 0.025$).

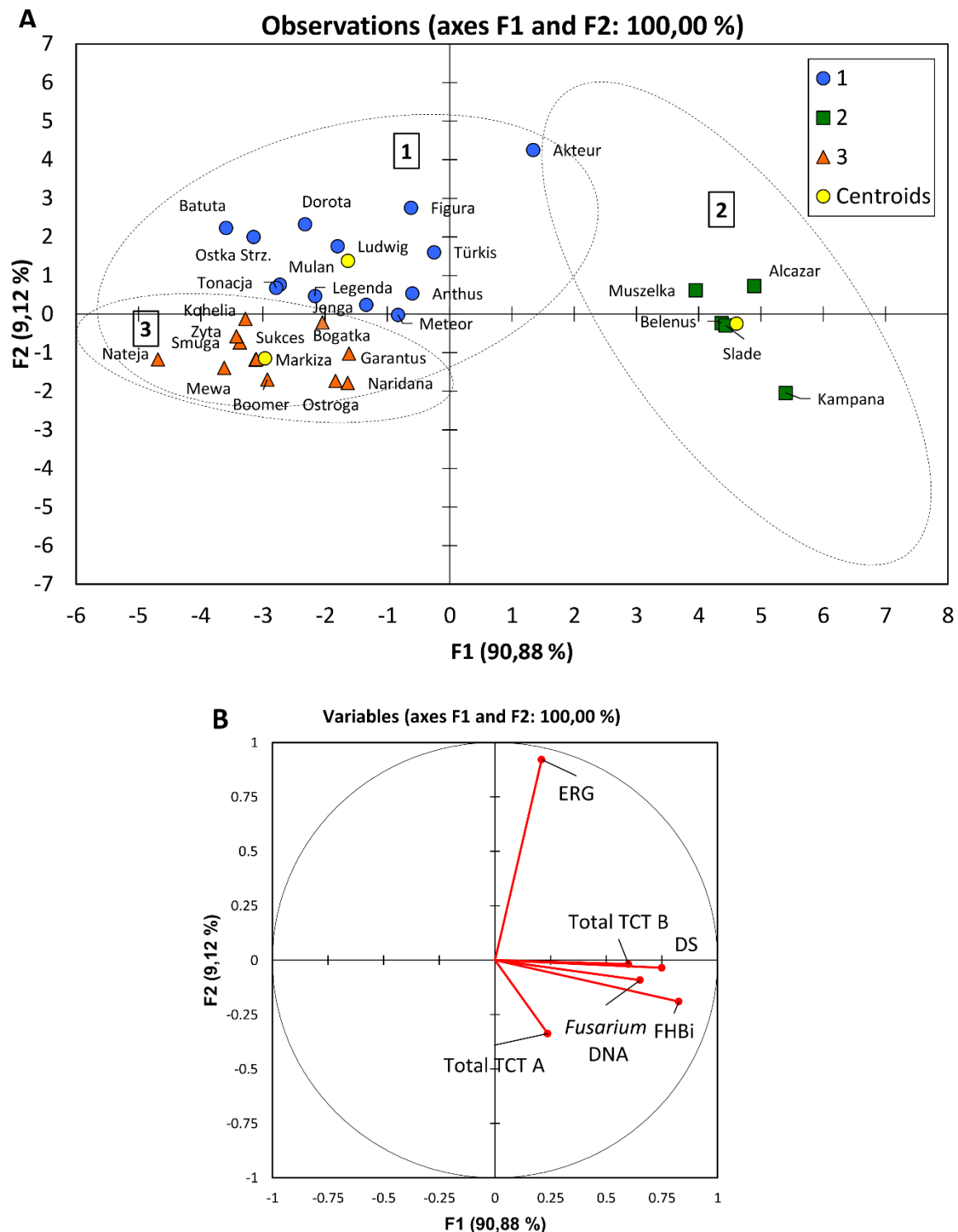


464

465 **Figure 1.** Biplot of the principal component analysis for 30 winter wheat cultivars grown in
 466 conventional (C) and organic field (O). Two first components explained 55.90% of variability of
 467 Fusarium head blight index (FHBi), dead seeds proportion (DS), ergosterol (ERG) and type A (Total
 468 TCT A) and type B (Total TCT B) trichothecenes content, and concentration of DNA (*Fusarium* DNA)
 469 of five *Fusarium* species in grain. Samples from conventional field marked with circles and from
 470 organic field with triangles.

471 Cultivars grown in organic field were compared for their overall performance under such
 472 conditions with respect to resistance to *Fusarium* infection. Multivariable analysis (k-means,
 473 discriminant analysis) made it possible to divide cultivars into 3 groups depending on their resistance

474 to head infection, number of dead seeds, accumulation of ergosterol and *Fusarium* toxins in the grain
 475 as well as contamination of grain with *Fusarium* fungi (Figure 2, Table10).



476

477

478 **Figure 2.** Discriminant analysis of 30 cultivars grown in organic field for *Fusarium* head blight index
 479 (FHBi), dead seeds proportion (DS), ergosterol (ERG) and type A (Total TCT A) and type B (Total TCT
 480 B) trichothecenes content, and concentration of DNA of five *Fusarium* species in grain (*Fusarium* DNA):
 481 (a) Observations on the factor axes with marked groups 1-3; (b) Correlation circle.

482 The most infected five cultivars were in the second group (Figure 2, Table 10). They could be
 483 described by the highest FHB index, high number of dead seeds, high accumulation of *Fusarium*

484 toxins and the highest concentration of *Fusarium* biomass in kernels. Only amount of ERG was
 485 medium in grains of the cultivars of the group 2. The other 25 cultivars were in two close groups 1
 486 and 3. They mainly differed in amount of ERG in grain, which was the highest in the group 1 while
 487 the lowest in the group 3.

488 The lowest overall infection showed cultivars from the group 3: 'Nateja', 'Mewa' and 'Markiza'.
 489 Regarding only accumulation of trichothecenes, it was the lowest in grain of 'Nateja' and 'Ostroga'
 490 from the group 3. It was low also in grain of cultivars 'Figura', 'Dorota', 'Mulan', 'Batuta', 'Tonacja'
 491 from the group 1, and surprisingly in grain of cultivar 'Belenus' from group of the most infected
 492 cultivars. Among the low-toxin accumulating cultivars, 'Ostroga', 'Batuta', 'Mulan', and 'Figura'
 493 were in the group of cultivars showing the highest grain yield per plot in organic field (Table S1). The
 494 lowest infected cultivar 'Nateja' had low grain yield caused by high yellow rust infection.

495 **Table 10.** Average values for groups shown in Figure 2A

Group	Number of cultivars	FHBI (%)	Dead seeds (%)	ERG (mg kg ⁻¹)	Total TCT B (µg kg ⁻¹)	Total TCT A (µg kg ⁻¹)	<i>Fusarium</i> DNA (pg 100ng ⁻¹)
1	13	0.4	3.8	2.10	63	4	206
2	5	2.0	8.7	1.48	191	7	610
3	12	0.4	2.8	0.67	43	6	237

496 4. Discussion

497 Until recently, the issue of organic farming was considered marginal. However, the constantly
 498 increasing acreage crops grown in this system and fast increasing percentage of consumers interested
 499 in obtaining the organic food encouraged a detailed address of this issue, which, so far, was
 500 recognized only partially. Thus, it was decided to provide field experiment for a representative
 501 sample of the population of wheat for both systems of crops growing - conventional and organic
 502 under the same environmental conditions (location, time and weather). Of course, not all growing
 503 conditions were the same. This was mainly related to soil conditions. This was reflected in the studies
 504 presented by the analysis of the mineral elements. In most cases, we found significant differences in
 505 the concentrations occurring in the soil. A higher concentration in organic soil was found for Ca, Na,
 506 Si, B and Mn. Lower for K, Mg, Cd, Co, Cr, Cu, Ni and Zn. This is certainly due to organic cultivation
 507 resulting from the lack of use of mineral fertilizers. This leads to the relative impoverishment of the
 508 soil. However, we found higher concentration of Ca, Na, B and Si in soil from organic field. In review
 509 paper by Romero et al. [28] the authors found that silicon shows the beneficial effects on growth,
 510 development and health of crops. It activates the defense mechanisms of plants and increases
 511 tolerance to fungal diseases [29]. Concentrations of all analyzed metals (despite Mn) was lower in
 512 organic soil. Differences were significant for Cr, Cu, Ni and Zn.

513 Concentrations of heavy metals in soil of both cultivation systems were much lower than
 514 threshold values presented by Toth et. al [30]. Exception was Zn in conventional soil. However, these
 515 low values were in accordance with European data showing that Poland is in the group of countries
 516 with less polluted soils in Europe [30].

517 This depletion of the soil in organic cultivation system has an impact on the amount of soil
 518 microorganisms [31,32]. They are responsible for the biochemical processes, and thus, consequently,
 519 the resistance mechanism of plants. Studies on the reduction of the content of alkaline metals showed
 520 it leads to its acidification, which promotes the growth of micro-organisms for which the acidic (pH
 521 4-5) is beneficial, including microscopic fungi and among them plant pathogenic species [33,34]. With
 522 this widespread phenomenon, we have to deal with in our research. These confirms our results
 523 indicating a higher concentration of K, Mg, Zn or Cd detected on fertilized, conventional plots. Much
 524 higher concentration of Zn and Cd was especially interesting.

525 The presented experiments concerned 30 cultivars of winter wheat, which were examined
 526 comprehensively for several years under conventional conditions to determine their susceptibility to

527 head blight and were divided into 4 groups as shown in Table 1. They constitute a complete cross-
528 section of widely grown wheat cultivars in Poland, which gives the basis for determining them as
529 model cultivars.

530 It is important to determine the condition of the plants by determination of the level of infection
531 caused by fungal diseases. The study found a similar level of infection with fungal diseases in both
532 cultivation systems. The only difference was the tan spot on the organic field. It was not observed in
533 the conventional field. Fusarium head blight severity was low and average values for conventional
534 and organic field did not differ significantly. Leaf rust severity was low, on average it was 0.7% in
535 organic field and 1.0% in conventional field. The severity of Septoria tritici blotch was significantly
536 higher on the conventional field. Symptoms of Septoria tritici blotch were observed on most (28)
537 cultivars in conventional field and on 17 cultivars in organic field. In contrast, average severity of
538 Stagonospora nodorum blotch did not differ significantly in conventional (2.5%) and in organic field
539 (3.2%). Tan spot was observed only in organic field with average severity 2.0%. This disease affected
540 fourteen cultivars.

541 These agronomic observations indicate a certain difference; however, they are much more, and
542 heading and flowering time were significantly earlier in organic field than in conventional. On
543 average, plant height of wheat cultivars did not differ between two analyzed cropping systems.
544 Yellow rust severity was higher in conventional system; however, difference with organic one was
545 not significant.

546 However, the data presented do not generally indicate a significant differentiation for both
547 cultivation systems. Organic farming does not affect the deterioration of the crop state, which was
548 observed by other authors [35,36] and what is shown in the pictures of canopy for the dwarf cultivar
549 'Muszelka' (Figure S1).

550 Sowing quality measured as germination energy and germination capacity of conventional
551 material was significantly higher than for the seeds from organic cultivation system. The percentage's
552 share of abnormal seedlings as well as share of dead seeds was significantly higher in organic seed
553 material. Its confirm results of conventional and organic oat's sowing value [37]. Additionally,
554 percentage's share of fresh, ungerminated seeds was twice higher in organic seed material than in
555 conventional one, however, difference was not significant.

556 It is evident that there were significant differences in the seed quality obtained from both
557 cultivation systems. For all parameters, the differences were important to the detriment of organic
558 farming. Particularly large was the difference in germination energy (first count), which for material
559 from the ecological field was almost 25% lower than for the conventional. The above differences may
560 also result from higher colonization of kernels by mycobiota obtained from the ecological field. This
561 was indicated by twice-higher ergosterol content (the total fungal quantity meter) and a three-fold
562 higher *Fusarium* biomass content in organic grain. The content of ergosterol in grain depends on the
563 type of grain (hulled, hull-less), cereal species and on the level of contamination of the grain with
564 microscopic fungi, both pathogenic strains and native mycobiota [27,38,39]. Its content is affected also
565 by the method of cultivation resulting from the use of fertilizers and treatments related to the use of
566 plant protection chemicals [26].

567 Plant protection causes a disturbance of the natural homeostasis of the microbiota of kernel's
568 surface, resulting in development of more expansive microbes that can dominate the environment.
569 Thus, unfortunately, probiotic microorganisms, which are a natural barrier to pathogens, are
570 completely removed [40,41].

571 The logical consequence is that, because of conventional agro-technical management, such crop
572 is more susceptible to colonization by mycobiota. On the other hand, this increases competitiveness
573 with pathogenic fungi producing specific fungal metabolites. Consequently, this has to do with the
574 detection of a twice-higher concentration of ergosterol in organic material. Among the detected types
575 of microscopic fungi, pathogenic ones represent a small percentage. This is related to the presence of
576 large amounts of nonpathogenic mycobiota, which is a competition for pathogens [42,43].

577 Presence of DNA of six *Fusarium* species was detected in wheat grain. *F. langsethiae* was detected
578 in six samples only in trace amounts. The highest amount of DNA was found as follows for *F. poae*,

579 *F. graminearum*, *F. sporotrichioides*, *F. culmorum* and *F. avenaceum*. It was true in organic field. In
580 conventional field, concentration of *F. culmorum* DNA was higher than *F. graminearum* and *F.*
581 *sporotrichioides* DNA. The composition of *Fusarium* species was similar to that observed in last years
582 in Europe [5,44–46].

583 Total *Fusarium* DNA concentration in organic samples was more than twice higher than in
584 conventional samples, what can be explained by the cultivation system. In the case of organic
585 cultivation, an environmental niche with a stabilized microorganism population is formed, which is
586 enriched with probiotic organisms. Living in a symbiosis of microorganisms contribute to the
587 improvement of soil condition, and thus naturally strengthen the resistance mechanisms of plants
588 through i.a. mycorrhiza. In the conventional case, there are stress related to fertilization or the use of
589 pesticides. Some fungi are eliminated, others often having a strong pathogenic remain. An analysis
590 of the DNA content in the grain also gives a lot of interesting information. In the grain of organic
591 farming, almost three times more DNA was found and stronger links between the contents of single
592 species were identified. This was not true for *F. culmorum*, which could be related to the presence of
593 *F. graminearum* in grain species being a competitor in the biosynthesis of type B trichothecenes.

594 Another legitimate conclusion here is that the testing of the DNA content of the grain is a much
595 more accurate test method than the determination of the fungal concentration by an ERG analysis
596 [47–49]. At the same time, it is emphasized that the concentration of ERG is a measure of both live
597 and dead mycobiota. Therefore, the amount of ERG gives a full image of the level of contamination
598 with microscopic fungi. This is confirmed by the correlation factors for the ERG. They are, in all cases
599 insignificant what confirms the above argument. Pathogenic fungi in the grain produce various
600 metabolites and among them mycotoxins. This also occurs in the case of fungi of the genus *Fusarium*,
601 which synthesize trichothecene toxins. This was also the case in the analyzed samples.

602 Based on the above results and conclusions is imposed another one. In grain of organic farming
603 theoretically, the concentration of trichothecenes should be significantly higher. However, it was
604 found that type A and B trichothecenes concentrations (Table 5 and 6) in both cases were similar and
605 the differences were not significant. Vanova et al. [50] found higher concentration of DON in grain
606 of wheat grown in three conventional systems. It was significantly higher in two systems where no
607 chemical protection against FHB was applied. Similar tendency was found in barley and oats from
608 organic and traditional farming [51–54]. In their review Brodal et al. [55] concluded that
609 contamination with *Fusarium* toxins of organically produced cereal grains was similar and sometimes
610 lower than conventionally produced ones.

611 The established correlation coefficients for both groups were significant for the conventional
612 system only. This is probably due to the fact, that for this system, more fungal biomass of *F.*
613 *graminearum* was found in the grain. That resulted in a higher correlation with the sum of type B
614 trichothecenes which *F. graminearum* is an important producer.

615 The concentration of detected toxins was relatively small. Concentration of DON and T-2/HT-2
616 toxins was below the European limit and recommendation (Commission Regulation No. 1126/2007
617 of 28 September 2007; Commission Recommendation No. 2013/165/EU of 27 March 2013). Comparing
618 the two cultivation systems, however, it is evident that in grain the average concentration of type B
619 trichothecenes was lower in the case of organic trials. Differences were not statistically significant,
620 but at the same time concentration of *Fusarium* DNA was almost 3 times higher in organic grain.
621 Although it can be also found similar data in other papers [50,55–58] it is a positive result. This proves
622 once again that in the organic system determines the community of co-existing microorganisms is
623 established. The most pathogenic and toxigenic are not predominant and environmental stress is not
624 as harmful as the stress associated with significant doses of artificial fertilizers and pesticides [59].

625 When considering the concentration of specific toxins, only concentration of 3-AcDON was
626 significantly higher in conventional samples. Concentration of NIV was higher in samples from
627 organic field; however, difference was not significant. Distributions for FUS-X and 3-AcDON in
628 organic and conventional samples were significantly different. In conventional samples, these toxins
629 were detected in higher amounts in single samples whereas they were more evenly distributed in
630 organic samples. Amount of type A trichothecenes was very low and similar in conventional and

631 organic samples, and they not differ significantly. Only average concentration of DAS was
632 significantly higher in conventional samples.

633 Comparison of the sum of trichothecene toxins of groups A and B indicate environmental effects.
634 Important correlations were obtained for the conventional system, by the fact that a strong
635 pathogenic species *F. graminearum* stood out, being the most important producer of such toxins as
636 DON, its derivatives and to a lesser extent (depending on the chemotype) NIV. For organic farming,
637 the established coexistence of species was confirmed and no dominance of *F. graminearum* was found.
638 When analyzing occurring mycobiota using ERG as a measure, no significant correlation was found
639 for both environments with the other characteristics. In the case of *Fusarium* DNA testing, such
640 correlations were found with the stronger link found for organic farming both between species
641 (except *F. culmorum*) and other studied traits (mainly FHBi). The data presented is a significant
642 contribution to understanding the philosophy of cultivation system and its effects. A similar method
643 of reasoning and application may be found in paper of Lazzaro et al. [60].

644 By summarizing this aspect of the research, it is possible to identify clearly the relationship
645 between the analyzed factors in the case of organic cultivation as stronger (Table 9). The above
646 statements confirm a comprehensive statistical analysis made by us. It included a number of tests
647 comparing analyzed populations based on factors such as FHBi, DS, ERG, Total TCT A and B and
648 *Fusarium* DNA concentration. The designated *P*-value for the multidimensional Wilk's test had the
649 value < 0.0001 . *P*-value was similar for Fisher distances. It gives clear grounds for supporting the
650 above conclusions indicating the different mechanism of reaction of plants on environmental stress
651 of both cultivation systems. The MANOVA test was conducted to further validate these conclusions.
652 It clearly showed that its effects depended on the type of cropping system in a very important way
653 (P -value < 0.0001), and to a much lesser extent on the cultivars used in the experiment (P -value $<$
654 0.025). Similar observations can be found in the work of e.g. Newton et al. [61].

655 The issue of wheat cultivars applied in cultivation is often raised [3,4,62,63]. The most important
656 question is whether the same cultivar can be used in both systems. During the study we wanted also,
657 deepen this issue using 30 different cultivars with varying resistance to fungal diseases (FHB). The
658 possibility of successfully applying the same cultivar in both systems is becoming increasingly
659 important, also for breeding reasons. Biplot of the principal component analysis shown in Figure 1
660 indicates the effects of cultivar on the results of the experiment.

661 In this figure there are various cultivars listed in Table 1 which FHB resistance was determined
662 based on several years of research in the conventional growing conditions. It can be concluded that
663 the results indicate a diversified behavior of cultivar that is characterized by varying distances
664 between cropping effects in two systems. Designated by multidimensional scaling (MDS) method the
665 average distance between pairs of in the conventional and organic systems is for resistant cultivars
666 (R) 0.576; medium resistant (MR) 2.335; medium susceptible (MS) 2.819 and susceptible (S) 3.547. This
667 result is unambiguous and indicates that it is possible to use the cultivars used in conventional crops
668 for organic farming [61,64].

669 The final stage of the study was comparison of the overall performance of cultivars grown under
670 organic field conditions with respect to resistance to *Fusarium* infection (Figure 3). Using
671 multivariable analysis (K-means, discriminant analysis), it was possible to divide cultivars into 3
672 groups depending on traits tested as indicated in Table 10 and Figure 2. The division on the three
673 groups finds its justification both in the values shown in the table and separation because of their
674 FHB susceptibility. For five cultivars ('Alcazar' (S), 'Muszelka' (S), 'Kampana' (S), 'Belenus' (MS),
675 'Slade' (MS)), significantly higher values (excluding ERG) have been obtained for all experimental
676 traits. Discriminant analysis confirmed the condition of these cultivars, which already in other
677 experiments showed low resistance after artificial inoculation of heads when they had high head
678 infection and DON accumulation [16].

679 All the results presented indicate the usefulness of the above studies for the recommendation of
680 individual cultivars to a particular growing method. They show differences in effects of the
681 conventional and organic system. The interesting results obtained, in the meaning of authors, will
682 contribute to a better understanding of the processes of growth and development and effect of cereal

683 farming in certain environmental conditions. They also allow for an objective look at organic farming
684 and perhaps contribute to its rapid growth, as the idea of sustainable cultivation and avoidance of
685 plant stress should gain new supporters.

686 **Supplementary Materials:** The following are available online at www.mdpi.com/xxx/s1. Table S1: Phenotypic
687 characters of 30 winter wheat cultivars grown in conventional and organic fields. Table S2: Disease infection of
688 30 winter wheat cultivars grown in conventional and organic fields. Table S3: Sowing quality parameters for
689 30 winter wheat cultivars grown in conventional and organic fields. Table S4: Concentrations of ergosterol (mg
690 kg⁻¹) and type B trichothecenes (µg kg⁻¹) in grain of 30 winter wheat cultivars grown in conventional and organic
691 fields. Table S5: Concentrations of type A trichothecenes (µg kg⁻¹) in grain of 30 winter wheat cultivars grown
692 in conventional and organic fields. Figure S1: Plots of winter wheat cultivar 'Muszelka' sown in conventional
693 (above) and organic (below) field. Wheat at watery ripe growth stage (BBCH 71).

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Table 8. Coefficients of correlations between seed quality parameters (germination energy - GE, germination capacity - GC, dead seeds, abnormal seedling - AS, fresh ungerminated seeds - FUS), *Fusarium* head blight index (FHBi), ergosterol (ERG) and type A and B trichothecenes concentrations (Total TCT A, Total TCT B) as well as amount of DNA of five *Fusarium* species in grain samples from conventional field

Variables	GE	GC	Dead seeds	AS	FUS	FHBi	ERG	Total TCT B	Total TCT A	<i>F. a</i> DNA	<i>F. c</i> DNA	<i>F. g</i> DNA	<i>F. p</i> DNA	<i>F. sp</i> DNA
Final count	0.584***													
Dead seeds	-0.419*	-0.803***												
AS	-0.553**	-0.777***	0.436*											
FUS	-0.112	-0.320	0.048	0.012										
FHBi	-0.125	-0.476**	0.545**	0.219	0.058									
ERG	-0.022	0.222	-0.111	-0.190	-0.162	-0.064								
Total TCT B	-0.019	-0.431*	0.369*	0.312	0.160	0.290	-0.163							
Total TCT A	-0.216	-0.252	0.185	0.373*	0.044	0.096	0.011	0.573***						
<i>F. a</i> DNA	0.258	-0.221	0.412*	0.095	-0.170	0.430*	0.016	-						
<i>F. c</i> DNA	-0.052	-0.215	0.168	0.002	0.289	0.011	-0.325	0.174	-	-0.013				
<i>F. g</i> DNA	-0.204	-0.502**	0.661***	0.288	0.010	0.586***	-0.104	0.501**	-	0.583***	0.347			
<i>F. p</i> DNA	0.259	-0.169	0.393*	-0.020	0.010	0.388*	-0.285	0.202	0.108	0.531**	0.053	0.497**		
<i>F. sp</i> DNA	0.181	0.016	0.197	0.125	-0.564***	0.193	-0.270	-	-0.162	0.451*	-0.241	0.215	0.447*	
Total DNA	0.124	-0.297	0.565	0.040	-0.107	0.481**	-0.267	0.201	0.063	0.657***	0.343	0.712***	0.762***	0.515**

F.a. – *F. avenaceum*, *F.c.* – *F. culmorum*, *F.g.* – *F. graminearum*, *F.p.* – *F. poae*, *F.sp.* – *F. sporotrichioides*; coefficients significant at $P \leq 0.001$ -***; 0.01 - **; 0.05*.

Table 9. Coefficients of correlations between seed quality parameters (germination energy - GE, germination capacity - GC, dead seeds, abnormal seedling – AS, fresh ungerminated seeds – FUS) and *Fusarium* head blight index (FHBi), ergosterol (ERG) and type A and B trichothecenes concentrations (Total TCT A, Total TCT B) as well as amount of DNA of five *Fusarium* species in grain samples from organic field

Variables	GE	GC	Dead seeds	AS	FUS	FHBi	ERG	Total TCT B	Total TCT B	<i>F. a</i> DNA	<i>F. c</i> DNA	<i>F. g</i> DNA	<i>F. p</i> DNA	<i>F. sp</i> DNA
Final count	0.639***													
Dead seeds	-0.511**	-0.874***												
AS	-0.059	-0.327	0.203											
FUS	-0.538**	-0.579***	0.470**	-0.346										
FHBi	-0.274	-0.533**	0.456*	0.360	0.002									
ERG	-0.083	-0.056	0.080	0.257	-0.152	0.036								
Total TCT B	-0.104	-0.219	0.207	0.309	-0.158	0.173	0.182							
Total TCT A	0.097	0.027	0.158	0.056	-0.225	0.315	-0.072	0.162						
<i>F. a</i> DNA	-0.023	-0.479**	0.557**	0.357	0.117	0.511**	0.192	-	-					
<i>F. c</i> DNA	-0.052	0.068	0.006	-0.202	-0.111	0.077	0.165	0.235	-	-0.210				
<i>F. g</i> DNA	-0.127	-0.379*	0.459*	0.370*	-0.003	0.461**	-0.031	-0.006	-	0.506**	-0.039			
<i>F. p</i> DNA	-0.382*	-0.577***	0.653***	0.220	0.282	0.508**	-0.055	0.208	0.163	0.550**	0.006	0.546**		
<i>F. sp</i> DNA	-0.338	-0.590***	0.593***	0.302	0.264	0.584***	0.098	-	0.106	0.607***	-0.085	0.323	0.530**	
Total DNA	-0.201	-0.475**	0.557***	0.323	0.089	0.636***	0.004	0.216	0.243	0.640***	0.214	0.760***	0.838***	0.623***

F.a. – *F. avenaceum*, *F.c.* – *F. culmorum*, *F.g.* – *F. graminearum*, *F.p.* – *F. poae*, *F.sp.* – *F. sporotrichioides*; coefficients significant at $P \leq 0.001$ -***; 0.01 - **, 0.05*.