

**Table 1** Results of factorial ANOVA for Open Polo; Significant *p* values are presented in bold. All raw differences are calculated as WIN-LOSS. Raw differences are not provided for interaction effects. Magnitudes of effect sizes are denoted by the following symbols: \*: Small; #: Moderate; †: Large; ‡: Very Large.

Variable	Comparison	F	p value	Raw difference	CL		ES	
Duration (min:s)	Chukka	<b>F (1,126) = 5.82</b>	<b>0.017</b>	-01:06	-02:00	to	-00:11	-0.43*
	Game	<b>F (1,126) = 36.30</b>	<b>0.000</b>	02:45	01:51	to	03:39	1.08#
	Chukka x Game	$F (1,126) = 0.19$	0.666					0.06
	Chukka	<b>F (1,126) = 5.80</b>	<b>0.018</b>	-231.2	-421.3	to	-41.2	-0.43*
Distance (m)	Game	<b>F (1,126) = 19.95</b>	<b>0.000</b>	429.0	238.9	to	619.0	0.80#
	Chukka x Game	<b>F (1,126) = 3.96</b>	<b>0.049</b>					0.35*
	Chukka	<b>F (1,126) = 6.55</b>	<b>0.012</b>	-67.3	-119.4	to	-15.3	-0.45*
	Game	<b>F (1,126) = 28.47</b>	<b>0.000</b>	140.4	88.3	to	192.4	0.95#
Distance Speed Zone 1 (m)	Chukka x Game	$F (1,126) = 0.045$	0.833					0.00
	Chukka	$F (1,126) = 1.46$	0.229	-46.5	-122.7	to	29.7	0.21*
	Game	<b>F (1,126) = 4.29</b>	<b>0.041</b>	79.5	3.4	to	155.7	0.37*
	Chukka x Game	$F (1,126) = 0.89$	0.346					0.16
Distance Speed Zone 2 (m)	Chukka	$F (1,126) = 2.25$	0.136	-61.3	-142.3	to	19.6	0.27*
	Game	$F (1,126) = 3.05$	0.083	71.4	-9.5	to	152.4	0.31*
	Chukka x Game	$F (1,126) = 0.64$	0.424					0.14
	Chukka	$F (1,126) = 0.16$	0.690	-19.4	-115.3	to	76.6	0.06
Distance Speed Zone 4 (m)	Game	$F (1,126) = 3.15$	0.079	86.0	-10.0	to	181.9	0.31*
	Chukka x Game	<b>F (1,126) = 4.94</b>	<b>0.028</b>					0.39*
	Chukka	$F (1,126) = 2.69$	0.104	-37.2	-82.2	to	7.7	0.29*
	Game	<b>F (1,126) = 5.18</b>	<b>0.025</b>	51.7	6.7	to	96.6	0.40*
Distance Speed Zone 5 (m)	Chukka x Game	$F (1,126) = 0.13$	0.717					0.06
	Chukka	$F (1,126) = 0.45$	0.503	0.33	-0.63	to	1.29	0.12
	Game	<b>F (1,126) = 7.91</b>	<b>0.006</b>	-1.37	-2.33	to	-0.40	0.50*
	Chukka x Game	$F (1,126) = 0.80$	0.373					0.16
Average Speed (km/h)	Chukka	$F (1,126) = 2.32$	0.130	-1.14	-2.63	to	0.34	0.27*
	Game	$F (1,126) = 0.71$	0.400	0.63	-0.85	to	2.12	0.16
	Chukka x Game	$F (1,126) = 0.66$	0.419					0.14
	Chukka	$F (1,126) = 0.89$	0.347	-1.2	-3.6	to	1.3	0.17
Sprints	Game	<b>F (1,126) = 45.98</b>	<b>0.000</b>	8.3	5.9	to	10.7	1.21†

Accelerations	Chukka x Game	$F(1,126) = 1.34$	0.249						0.21*
	Chukka	$F(1,126) = 3.04$	0.084	-4.6		-9.9	to	0.6	0.31*
	Game	<b><math>F(1,126) = 8.25</math></b>	<b>0.005</b>	<b>7.6</b>	<b>2.4</b>	<b>to</b>	<b>12.9</b>		<b>0.51*</b>
Decelerations	Chukka x Game	$F(1,126) = 1.31$	0.255						0.20*
	Chukka	$F(1,126) = 0.72$	0.399	-2.1		-7.0	to	2.8	0.16
	Game	<b><math>F(1,126) = 7.84</math></b>	<b>0.006</b>	<b>7.0</b>	<b>2.0</b>	<b>to</b>	<b>11.9</b>		<b>0.50*</b>
Impacts	Chukka x Game	$F(1,126) = 0.61$	0.437						0.14
	Chukka	$F(1,126) = 0.17$	0.683	0.2		-0.6	to	0.9	0.06
	Game	$F(1,126) = 0.73$	0.396	0.3		-0.4	to	1.1	0.16
	Chukka x Game	$F(1,126) = 0.02$	0.866						0.00

**Table 2 Results of factorial ANOVA for Women's Polo; Significant *p* values are presented in bold. All raw differences are calculated as WIN-LOSS. Raw differences are not provided for interaction effects. Magnitudes of effect sizes are denoted by the following symbols: \*: Small; # Moderate; †: Large; ‡: Very Large.**

Variable	Comparison	F	p value	Raw difference	CL	ES	
Duration	Chukka	$F(1,124) = 3.80$	0.054	-00:36	00:00	to 01:14	0.35*
	<b>Game</b>	<b><math>F(1,124) = 4.47</math></b>	<b>0.037</b>	00:40	00:02	<b>to 01:17</b>	<b>0.38*</b>
	Chukka x Game	$F(1,124) = 2.26$	0.135				0.27*
Distance	Chukka	$F(1,124) = 0.00$	0.984	-1.5	-148.9	to 146.0	0.00
	Game	$F(1,124) = 0.61$	0.435	58.3	-89.2	to 205.8	0.14
	<b>Chukka x Game</b>	<b><math>F(1,124) = 4.73</math></b>	<b>0.031</b>				<b>0.39*</b>
Distance Speed Zone 1	Chukka	$F(1,124) = 2.18$	0.143	-53.2	-124.6	to 18.2	0.26*
	Game	$F(1,124) = 0.85$	0.359	33.2	-38.2	to 104.6	0.17
	Chukka x Game	$F(1,124) = 0.22$	0.637				0.08
Distance Speed Zone 2	Chukka	$F(1,124) = 0.19$	0.664	8.7	-30.8	to 48.1	0.09
	Game	$F(1,124) = 0.74$	0.391	-17.2	-56.6	to 22.3	0.16
	Chukka x Game	$F(1,124) = 0.74$	0.390				0.16
Distance Speed Zone 3	Chukka	$F(1,124) = 0.04$	0.847	3.4	-30.9	to 37.6	0.00
	Game	$F(1,124) = 0.85$	0.360	15.9	-18.3	to 50.1	0.17
	Chukka x Game	$F(1,124) = 0.27$	0.604				0.09
Distance Speed Zone 4	Chukka	$F(1,124) = 0.34$	0.562	41.5	-99.6	to 182.5	0.11
	Game	$F(1,124) = 0.22$	0.638	33.6	-107.5	to 174.6	0.09
	<b>Chukka x Game</b>	<b><math>F(1,124) = 5.88</math></b>	<b>0.017</b>				0.43*
Distance Speed Zone 5	Chukka	$F(1,124) = 0.03$	0.860	-1.8	-22.2	to 18.5	0.00
	Game	$F(1,124) = 0.49$	0.484	-7.2	-27.6	to 13.1	0.13
	Chukka x Game	$F(1,124) = 2.01$	0.159				0.26*
Average Speed	Chukka	$F(1,124) = 2.33$	0.129	0.71	-0.21	to 1.64	0.27*
	Game	$F(1,124) = 1.29$	0.258	-0.53	-1.46	to 0.39	0.20*
	Chukka x Game	$F(1,124) = 1.40$	0.238				0.21*
Maximum Speed	Chukka	$F(1,124) = 3.39$	0.068	-4.90	-10.17	to 0.37	0.33*
	<b>Game</b>	<b><math>F(1,124) = 41.40</math></b>	<b>0.000</b>	<b>17.13</b>	<b>11.86</b>	<b>to 22.40</b>	<b>1.16#</b>
	Chukka x Game	$F(1,124) = 1.62$	0.205				0.23*
Sprints	Chukka	$F(1,124) = 0.00$	0.963	-0.1	-2.7	to 2.6	0.00

	Game	F (1,124) = 0.52	0.472	1.0	1.7	to	3.6	0.13
	Chukka x Game	F (1,124) = 2.92	0.090					0.31*
Accelerations	Chukka	F (1,124) = 0.36	0.550	-1.5	-3.4	to	6.4	0.11
	<b>Game</b>	<b>F (1,124) = 4.27</b>	<b>0.041</b>	<b>5.1</b>	<b>0.2</b>	<b>to</b>	<b>10.0</b>	<b>0.37*</b>
	Chukka x Game	F (1,124) = 0.48	0.491					0.13
Decelerations	Chukka	F (1,124) = 0.30	0.584	1.5	-3.8	to	6.7	0.09
	Game	F (1,124) = 0.51	0.476	1.9	-3.3	to	7.1	0.13
	Chukka x Game	F (1,124) = 0.76	0.386					0.17
Impacts	Chukka	F (1,124) = 0.36	0.552	0.2	-0.5	to	0.9	0.11
	Game	F (1,124) = 3.03	0.084	-0.6	-1.3	to	0.1	0.31*
	Chukka x Game	F (1,124) = 0.85	0.358					0.17