

Table 1 Results of factorial ANOVA for Open Polo; Significant *p* values are presented in bold. All raw differences are calculated as WIN-LOSS. Raw differences are not provided for interaction effects. Magnitudes of effect sizes are denoted by the following symbols: *: Small; # Moderate; †: Large; ‡: Very Large.

Variable	Comparison	F	<i>p</i> value	Raw difference		CL		ES
Duration (min:s)	Chukka	F (1,126) = 5.82	0.017	-01:06	-02:00	to	-00:11	-0.43*
	Game	F (1,126) = 36.30	0.000	02:45	01:51	to	03:39	1.08#
Distance (m)	Chukka x Game	F (1,126) = 0.19	0.666					0.06
	Chukka	F (1,126) = 5.80	0.018	-231.2	-421.3	to	-41.2	-0.43*
	Game	F (1,126) = 19.95	0.000	429.0	238.9	to	619.0	0.80#
Distance Speed Zone 1 (m)	Chukka x Game	F (1,126) = 3.96	0.049					0.35*
	Chukka	F (1,126) = 6.55	0.012	-67.3	-119.4	to	-15.3	-0.45*
	Game	F (1,126) = 28.47	0.000	140.4	88.3	to	192.4	0.95#
Distance Speed Zone 2 (m)	Chukka x Game	F (1,126) = 0.045	0.833					0.00
	Chukka	F (1,126) = 1.46	0.229	-46.5	-122.7	to	29.7	0.21*
	Game	F (1,126) = 4.29	0.041	79.5	3.4	to	155.7	0.37*
Distance Speed Zone 3 (m)	Chukka x Game	F (1,126) = 0.89	0.346					0.16
	Chukka	F (1,126) = 2.25	0.136	-61.3	-142.3	to	19.6	0.27*
	Game	F (1,126) = 3.05	0.083	71.4	-9.5	to	152.4	0.31*
Distance Speed Zone 4 (m)	Chukka x Game	F (1,126) = 0.64	0.424					0.14
	Chukka	F (1,126) = 0.16	0.690	-19.4	-115.3	to	76.6	0.06
	Game	F (1,126) = 3.15	0.079	86.0	-10.0	to	181.9	0.31*
Distance Speed Zone 5 (m)	Chukka x Game	F (1,126) = 4.94	0.028					0.39*
	Chukka	F (1,126) = 2.69	0.104	-37.2	-82.2	to	7.7	0.29*
	Game	F (1,126) = 5.18	0.025	51.7	6.7	to	96.6	0.40*
Average Speed (km/h)	Chukka x Game	F (1,126) = 0.13	0.717					0.06
	Chukka	F (1,126) = 0.45	0.503	0.33	-0.63	to	1.29	0.12
	Game	F (1,126) = 7.91	0.006	-1.37	-2.33	to	-0.40	0.50*
Maximum Speed (km/h)	Chukka x Game	F (1,126) = 0.80	0.373					0.16
	Chukka	F (1,126) = 2.32	0.130	-1.14	-2.63	to	0.34	0.27*
	Game	F (1,126) = 0.71	0.400	0.63	-0.85	to	2.12	0.16
Sprints	Chukka x Game	F (1,126) = 0.66	0.419					0.14
	Chukka	F (1,126) = 0.89	0.347	-1.2	-3.6	to	1.3	0.17
	Game	F (1,126) = 45.98	0.000	8.3	5.9	to	10.7	1.21†

Accelerations	Chukka x Game	F (1,126) = 1.34	0.249					0.21*
	Chukka	F (1,126) = 3.04	0.084	-4.6	-9.9	to	0.6	0.31*
	Game	F (1,126) = 8.25	0.005	7.6	2.4	to	12.9	0.51*
Decelerations	Chukka x Game	F (1,126) = 1.31	0.255					0.20*
	Chukka	F (1,126) = 0.72	0.399	-2.1	-7.0	to	2.8	0.16
	Game	F (1,126) = 7.84	0.006	7.0	2.0	to	11.9	0.50*
Impacts	Chukka x Game	F (1,126) = 0.61	0.437					0.14
	Chukka	F (1,126) = 0.17	0.683	0.2	-0.6	to	0.9	0.06
	Game	F (1,126) = 0.73	0.396	0.3	-0.4	to	1.1	0.16
	Chukka x Game	F (1,126) = 0.02	0.866					0.00

Table 2 Results of factorial ANOVA for Women's Polo; Significant *p* values are presented in bold. All raw differences are calculated as WIN-LOSS. Raw differences are not provided for interaction effects. Magnitudes of effect sizes are denoted by the following symbols: *: Small; # Moderate; † Large; ‡: Very Large.

Variable	Comparison	F	<i>p</i> value	Raw difference		CL		ES
Duration	Chukka	F (1,124) = 3.80	0.054	-00:36	00:00	to	01:14	0.35*
	Game	F (1,124) = 4.47	0.037	00:40	00:02	to	01:17	0.38*
Distance	Chukka x Game	F (1,124) = 2.26	0.135					0.27*
	Chukka	F (1,124) = 0.00	0.984	-1.5	-148.9	to	146.0	0.00
	Game	F (1,124) = 0.61	0.435	58.3	-89.2	to	205.8	0.14
	Chukka x Game	F (1,124) = 4.73	0.031					0.39*
Distance Speed Zone 1	Chukka	F (1,124) = 2.18	0.143	-53.2	-124.6	to	18.2	0.26*
	Game	F (1,124) = 0.85	0.359	33.2	-38.2	to	104.6	0.17
	Chukka x Game	F (1,124) = 0.22	0.637					0.08
Distance Speed Zone 2	Chukka	F (1,124) = 0.19	0.664	8.7	-30.8	to	48.1	0.09
	Game	F (1,124) = 0.74	0.391	-17.2	-56.6	to	22.3	0.16
	Chukka x Game	F (1,124) = 0.74	0.390					0.16
Distance Speed Zone 3	Chukka	F (1,124) = 0.04	0.847	3.4	-30.9	to	37.6	0.00
	Game	F (1,124) = 0.85	0.360	15.9	-18.3	to	50.1	0.17
	Chukka x Game	F (1,124) = 0.27	0.604					0.09
Distance Speed Zone 4	Chukka	F (1,124) = 0.34	0.562	41.5	-99.6	to	182.5	0.11
	Game	F (1,124) = 0.22	0.638	33.6	-107.5	to	174.6	0.09
	Chukka x Game	F (1,124) = 5.88	0.017					0.43*
Distance Speed Zone 5	Chukka	F (1,124) = 0.03	0.860	-1.8	-22.2	to	18.5	0.00
	Game	F (1,124) = 0.49	0.484	-7.2	-27.6	to	13.1	0.13
	Chukka x Game	F (1,124) = 2.01	0.159					0.26*
Average Speed	Chukka	F (1,124) = 2.33	0.129	0.71	-0.21	to	1.64	0.27*
	Game	F (1,124) = 1.29	0.258	-0.53	-1.46	to	0.39	0.20*
	Chukka x Game	F (1,124) = 1.40	0.238					0.21*
Maximum Speed	Chukka	F (1,124) = 3.39	0.068	-4.90	-10.17	to	0.37	0.33*
	Game	F (1,124) = 41.40	0.000	17.13	11.86	to	22.40	1.16#
Sprints	Chukka x Game	F (1,124) = 1.62	0.205					0.23*
	Chukka	F (1,124) = 0.00	0.963	-0.1	-2.7	to	2.6	0.00

	Game	F (1,124) = 0.52	0.472	1.0	1.7	to	3.6	0.13
	Chukka x Game	F (1,124) = 2.92	0.090					0.31*
Accelerations	Chukka	F (1,124) = 0.36	0.550	-1.5	-3.4	to	6.4	0.11
	Game	F (1,124) = 4.27	0.041	5.1	0.2	to	10.0	0.37*
	Chukka x Game	F (1,124) = 0.48	0.491					0.13
Decelerations	Chukka	F (1,124) = 0.30	0.584	1.5	-3.8	to	6.7	0.09
	Game	F (1,124) = 0.51	0.476	1.9	-3.3	to	7.1	0.13
	Chukka x Game	F (1,124) = 0.76	0.386					0.17
Impacts	Chukka	F (1,124) = 0.36	0.552	0.2	-0.5	to	0.9	0.11
	Game	F (1,124) = 3.03	0.084	-0.6	-1.3	to	0.1	0.31*
	Chukka x Game	F (1,124) = 0.85	0.358					0.17
