

Aberrant Activation of hsa-miR-181d/STAT3 and hsa-miR-181d/5A Ratios Mediate the Anticancer Effect of Garcinol in STAT3/5A-Addicted GBM

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Abstract:

Background: Glioblastoma (GBM), a malignant grade IV tumor, is the most malignant brain tumor due to its hyper-proliferative and apoptosis-evading characteristics. The signal transducer and activators of transcription (STAT) family genes, including STAT3 and STAT5A, have been indicated to play important roles in GBM progression. Increasing number of reports suggest that Garcinol, a polyisoprenylated benzophenone and major bioactive component of *Garcinia indica* contains potent anti-cancer activities. **Material & Methods:** The present study investigated the anti-GBM effects of garcinol, focusing on the STAT3/STAT5A activation, using a combination of bioinformatics, *in vitro*, and *ex vivo* assays. **Results:** Our bioinformatics analysis of TCGA - GBM cohort (n=173) showed that STAT3 and STAT5A are preferentially elevated in primary and recurrent GBM, compared to non-tumor brain tissues, and is significantly correlated with reduced overall survival. In support, our immunohistochemical staining of a GBM cohort (n=30) showed an estimated 5.3-fold (p<0.001) elevation in STAT3 and STAT5A protein expression in primary and recurrent GBM versus the non-tumor group. *In vitro*, garcinol treatment significantly suppressed the proliferative, invasive, and migratory potential of U87MG or GBM8401 cells, dose-dependently. In addition, garcinol anticancer effect significantly attenuated the GBM stem cell-like phenotypes, as reflected by diminished ability of U87MG or GBM8401 to form colonies and tumorspheres and suppressed expression of OCT4 and SOX2. Furthermore, analysis on GBM transcriptome revealed an inverse correlation between the level of STAT3/5A and hsa-miR-181d. Garcinol-mediated anti-GBM effects were associated with an increased hsa-miR-181d/STAT3 and hsa-miR-181d/5A ratio. **Conclusion:** We present evidence of anti-GBM efficacy of garcinol mediated by enhancing the hsa-miR-181d/STAT3 and hsa-miR-181d/5A ratios in GBM cells. Our findings suggest a potential new therapeutic agent for combating aggressive GBM.

Keywords: glioblastoma; GBM; glioma; STAT3; STAT5A; hsa-miR-181d; microRNA

Working title: Garcinol effectively inhibit glioblastoma

50 1. Introduction

51 Glioblastoma (GBM), a WHO grade IV malignant glioma associated with poor prognosis, is
52 characterized by enhanced cellularity, increased mitotic activity, vascular hyperproliferation and
53 pseudopallisading necrosis (Adamson et al., 2009; Omuro & DeAngelis, 2013). Being highly invasive,
54 GBM cells infiltrate the surrounding brain parenchyma, including the cerebral cortex, cerebellum,
55 brainstem, and the spinal cord (Adamson et al., 2009). Current treatment options for GBM, namely
56 surgery, chemotherapy, and radiotherapy are characterized by dismal curative success, as evidenced
57 by the limited increase in the median overall survival (OS) from 12 months to 15 months in patients
58 exposed to radiation therapy and temozolomide (Omuro & DeAngelis, 2013; Stupp et al., 2005).
59 Symptomatic treatments such as corticosteroids for managing peritumoral edema, antiseizure drugs
60 (ASDs) for reducing seizures, and the anti-angiogenesis monoclonal antibody, Bevacizumab (also
61 known as Avastin), to mitigate brain edema are also used; howbeit, aside improving patients' quality
62 of life (QoL), they confer no survival advantage on patients with GBM (Kreisl et al., 2009; Omuro &
63 DeAngelis, 2013; Rossetti & Stupp, 2010). In addition, contemporary evidence indicates that the 1-
64 year-survival rate of patients with *de novo* GBM is 17-30%, and the 2-year survival rate is set at a
65 dismal 3-5% (Adamson et al., 2009). This dearth of effective anti-GBM therapeutic strategy, against
66 the background of dismal clinical outcome, necessitates urgent discovery of new actionable molecular
67 targets and/or development of novel efficacious anti-GBM therapy.

68 The last 20 years has been characterized by accruing evidence of the role of cancer stem cells
69 (CSCs, otherwise known as cancer-initiating cells) in enhanced oncogenicity and metastatic
70 phenotype, resistance to therapy, cancer relapse, and consequently poor clinical outcome in patients
71 with malignancies, including GBM (Colak & Medema, 2014; Frank, Schatton, & Frank, 2010; Jackson,
72 Hassiotou, & Nowak, 2015; Phi et al., 2018; Toledo-Guzmán, Bigoni-Ordóñez, Ibáñez Hernández, &
73 Ortiz-Sánchez, 2018). CSC transcription factors (TFs) are promising anti-cancer therapeutic targets.
74 Contemporary literature is replete with documented association of the signal transducer and
75 activator of transcription (STAT) proteins with enhanced pluripotency, related CSC-like phenotypes,
76 and cancer progression (Cheng et al., 2018; Do et al., 2013; Matthews, Sansom, & Clarke, 2011). STAT
77 proteins are a family of TFs that facilitate numerous biological processes such as cell proliferation,
78 differentiation, survival, and inflammation (Yue & Turkson, 2009). The aberrant expression and/or
79 activities of several members of the STAT protein family, including STAT3 and STAT5A, have been
80 implicated in the initiation, growth, and metastatic dissemination of various cancers, including head
81 and neck, breast and brain cancers (Guryanova et al., 2011). The aberrant expression of *STAT3* has
82 been implicated in GBM development and progression, and has been suggested to be a master
83 regulator of the mesenchymal *cum* malignant transformation of gliomas (Carro, Maria stella; Lim,
84 Wei; Alvarez, Mariano; Bollo, Robert; Zhao, Xudong; Snyder, Evan; Sulman, Erik; Anne, Sandrine;
85 Doetsch, Fiona; Colman, Howard; Lasorella, Anna; Aldape, Ken; Califano, Andrea; Iavarone, 2010).
86 Li et al. demonstrated that lentivirus-mediated silencing *STAT3* in GBM cells induces cellular
87 differentiation, indicating its role in keeping an undifferentiated cellular state in malignancy (G. Li et
88 al., 2009). As with *STAT3*, *STAT5A* is a key effector of the Janus Tyrosine Kinase (JAK)/STAT
89 pathway, its phosphorylation being positively correlated with cell invasion and poor prognosis in
90 GBM (Cao et al., 2011; Latha et al., 2013; Roos et al., 2018). Fan et al. demonstrated that *STAT5*
91 signaling drives pro-tumorigenic phenotypes in GBM cells (Fan et al., 2013). Thus, in the light of all
92 these evidences suggesting that *STAT3* and *STAT5A* play critical roles in cancer progression, the
93 present study investigated the nature and extent of the involvement of *STAT3* and *STAT5A* in the
94 therapeutic response and disease progression of patients with GBM.

95 Over the last 2 decades, there has been increase in the documentation of the critical roles of
96 microRNA (miRNAs/miRs) in the malignantization and progression of many human malignancies,
97 including GBM; by their ability to hamper or facilitate cancer initiation, miRNAs have emerged as
98 therapeutically-relevant actionable biomolecules for anticancer therapy (Bhaskaran et al., 2019; Floyd
99 & Purow, 2014). One such miRNA family is miRNA-181, with varied expression of its isoforms
100 (miRNA-181a/b/c/d) being touted as independent predictors of clinical outcome in patients with
101 different cancer types (Pop-Bica et al., 2018). A notable feature of treatment-resistant GBM is the

102 enzyme O⁶-methylguanine-DNA methyltransferase (MGMT), a DNA-repair protein that removes
103 alkyl group from the O⁶ position of alkyl groups, and consequently diminish the curative effects of
104 chemotherapeutic agents (Hegi et al., 2005), conversely, the silencing of MGMT through promoter
105 methylation is associated with prolonged OS and disease-free survival (DFS) in patients with GBM
106 (Bell et al., 2018). Interestingly, recent studies show that MGMT activity is inversely correlated with
107 the expression of microRNA-181d/miRNA-181d; as higher expression of miRNA-181d is positively
108 correlated with improved OS in patients with GBM (Zhang et al., 2012). There is also accruing
109 evidence that the prognostic implications of altered miRNA expression, is connected to their roles in
110 modulation of stemness signaling such as Notch, Hedgehog, and JAK/STAT3 (Floyd & Purow, 2014;
111 F. Yang et al., 2017), and the consequent acquisition of stem cell-like traits by GBM cells. Thus, the
112 present study's rationale for exploring the actionability of miRNA-181d in the context of STAT
113 signaling in GBM.

114 Due to the accruing adverse reactions to most chemotherapeutic agents, phytochemicals and
115 nutraceuticals have garnered interest as possible safe alternatives or adjuvants in cancer treatment
116 (Saadat & Gupta, 2012). Building on previous works by our team demonstrating that Garcinol inhibits
117 CSC-like phenotype by suppressing the Wnt/ β -catenin/STAT3 signaling axis in human non-small cell
118 lung carcinoma (Huang et al., 2018), we now examined the probable effect of Garcinol on GBM stem
119 cells (GBM-SCs), and the implication of same for sensitivity to conventional chemotherapy and better
120 prognosis. Garcinol, a major bioactive constituent of the fruit *Garcinia indica*, has widely-documented
121 antioxidant and anticancer effects, and is chemically similar in structure to the well-known curcumin
122 (Ashad et al., 2017; Saadat & Gupta, 2012). In fact, Hong et al. (Hong et al., 2007) demonstrated that
123 garcinol significantly inhibited the growth of the colon cancer cells, and importantly, provided
124 evidence that unlike conventional chemotherapeutics, garcinol preferentially targets cancerous cells;
125 thus inhibiting cancer growth without adversely affecting the neighboring 'normal' non-cancerous
126 cells (Hong et al., 2007). In breast cancer, garcinol was shown to inhibit STAT3-NF- κ B signaling,
127 resulting in reduced invasiveness, *in vitro*, and significantly attenuated tumor growth in NOD-SCID
128 mice (Ahmad et al., 2012, 2010); thus, building a case for the preclinical investigation of the probable
129 anti-GBM effect of garcinol in this stance. This present study, for the first time, to the best of our
130 knowledge, investigated and documents the effect of garcinol on GBM, consistent with current
131 theme-relevant knowledge, especially in the context of the therapeutic effects of garcinol alone or in
132 synergism with conventional anticancer treatment modalities on GBM-SCs through the mediation of
133 STAT3/5A signaling and miRNA-181d.

134 2. Methods

135 2.1. Drugs and Chemicals

136 Garcinol (sc-200891A, HPLC purity \geq 95%) purchased from Santa Cruz Biotechnology (Santa
137 Cruz, CA, USA) was dissolved in dimethyl sulfoxide (DMSO) to prepare a 20 mM stock and stored
138 at -20°C until use. For different assays, the stock was further diluted using cell growth medium as
139 appropriate. Dimethyl sulfoxide (DMSO), served as vehicle and negative control. Unless otherwise
140 indicated, all reagents were obtained from Gibco (Thermo Fisher Scientific, Life Technologies, Foster
141 City, CA, USA).

142 2.2. Analyses of Cancer RNAseq Dataset

143 The Cancer Genome Atlas (TCGA) GDC-TCGA glioblastoma (GBM) cohort (n = 173) used for
144 STAT3 and STAT5A gene expression profiling and correlative studies, was accessed, downloaded
145 and analyzed using the University of California Santa Cruz (UCSC) Xena functional genomics
146 explorer platform (<https://xenabrowser.net/heatmap/#>).

147 2.3. Cell lines and Culture

148 The human U-87 MG (ATCC® HTB-14™) (ATCC, Manassas, VA) and GBM8401 GBM cell lines
149 used in the study were purchased from (Bioresource Collection Research Center, Hsinchu, Taiwan).
150 The cell lines were cultured in Gibco DMEM (CAT. No. 11965175, Thermo Fisher Scientific, Inc.
151 Waltham, MA, USA), supplemented with 10% fetal bovine serum (FBS) and 1%
152 penicillin/streptomycin (Invitrogen, Life Technologies, Carlsbad, CA, USA) and incubated in 5%
153 humidified CO₂ incubator at 37°C. The cells were sub-cultured when they reached 80-90% confluency
154 and the media changed every 48-72h.

155 2.4. Sulforhodamine B (SRB) Viability Assay

156 GBM8401 and U87MG cells were seeded in 96-well plates in triplicates at a concentration of 3.5
157 x 10³ cells per well. After 24 h incubation in a 5% CO₂ humidified incubator at 37°C, the cells were
158 treated with varying concentrations of 2.5 μM - 40 μM garcinol as indicated for 24h. Thereafter, cells
159 were washed in cold PBS, fixed in 10% trichloroacetic acid (TCA) for 1h, washed with distilled water,
160 and then incubated in 0.4 SRB (*w/v*) in 1% acetic acid at room temperature for 1h. After washing of
161 unbond SRB dye with 1% acetic acid thrice, the plates were air-dried, and bond SRB dye dissolved in
162 20 mM Tris base under gentle agitation for 5 min and the absorbance was read at 570 nm wavelength
163 in a microplate reader (Molecular Devices, Sunnyvale, CA, USA).

164 2.5. Western Blot Analysis

165 U87MG and GBM8401 cells pre-treated with or without 2.5 μM or 5 μM of garcinol for 24h were
166 lysed, and the cellular protein lysates extracted using the Protein Extraction Kit (QIAGEN,
167 Germantown, MD, USA), followed by quantification using the Bradford Protein Assay Kit. 20 μg
168 protein samples were then loaded per lane and protein separated in 10% sodium
169 dodecylsulfate polyacrylamide gel electrophoresis (SDS-PAGE) gels, blots were transferred onto
170 polyvinylidene fluoride (PVDF) membranes, and then non-specific binding blocked in 5% skimmed
171 milk in Tris-buffered saline with Tween20 (TBST) for 1h. Thereafter, blot-bearing PVDF membranes
172 were incubated overnight at 4°C with the following primary antibodies: p-STAT3 (#9145; 1:1000
173 dilution), STAT3 (#9132; 1:1000 dilution), p-ERK (#4370; 1:1000), ERK1/2 (#4695; 1:1000), p-Akt1/2/3
174 (#4060; 1:1000), Akt1/2/3 (#2920, 1:1000), Bax (#5023; 1:1000), Bcl-xl (#2764; 1:1000) from Cell Signaling
175 Technology (cell signaling, MA, USA), p-STAT5 (ab32364; 1:1000), STAT5 (ab227687; 1:1000 dilution)
176 from Abcam (Abcam, MA, USA), GAPDH (10494-1-AP; 1:10000) from Proteintech Group
177 (Proteintech, IL, USA). Please see the **Supplementary Table 1**. This was followed by washing
178 membranes thrice in TBST for 5 min each, before incubation with appropriate goat anti-mouse or anti-
179 rabbit horseradish peroxidase (HRP)-linked secondary antibodies for 1h and TBST washing three
180 times for 5 min each. The protein bands were visualized using enhanced chemiluminescence (ECL)
181 detection system (ECL, Amersham Pharmacia Biotech, NJ, USA), and quantified using ImageJ
182 software (<https://imagej.nih.gov/ij/>).

183 2.6. Immunohistochemical (IHC) Staining

184 The study was approved by the Joint Institutional Review Board (JIRB) of the Taipei Medical
185 University -Shuang Ho Hospital (Approval number: N201903047). Tissue samples from patients
186 with primary and recurrent GBM were obtained from the Taipei Medical University-Shuang Ho
187 Hospital GBM cohort (n = 45). After de-waxing the paraffin-embedded 4 μm tissue sections using
188 xylene for 5 min twice and re-hydrating with 100% ethanol twice for 5 min, 95% ethanol for 5 min
189 and 80% ethanol for 5 min, 3% hydrogen peroxide (H₂O₂) (TA-125-H2O2Q, Thermo Fisher Scientific,
190 Waltham, MA, USA) was used to block endogenous peroxidase activity for 10 min. The sections were
191 then immersed in 10 mmol/L ethylenediaminetetraacetic acid (EDTA) for 3 min in a pressure cooker,
192 then blocked with 10% normal serum. Thereafter, tissue samples were incubated with primary
193 antibody against STAT3 (1:200) or STAT5 (1:200) at 4°C overnight, and then with biotin-labeled
194 secondary antibody at room temperature for 1h. Sections were incubated in diaminobenzidine (DAB)
195 and then counterstained with hematoxylin. Visualization was done under a light microscope.

196 2.7. Immunofluorescence Staining and Quantification

197 U87MG and GBM8401 cell lines pre-treated with or without 2.5 μ M or 5 μ M of garcinol were
198 seeded in 6-well chamber slides (Nunc, Thermo Fisher Scientific, Taipei, Taiwan), incubated at 4°C
199 overnight, fixed with 2% paraformaldehyde for 10 min at room temperature, and permeabilized in
200 0.01 M phosphate-buffered saline (PBS) with 0.1% Triton X-100 and 0.2% bovine serum albumin
201 (BSA). The slides were air-dried and rehydrated with PBS before incubation with primary antibodies
202 against OCT4 (#2840; Cell Signaling Technology) and/or SOX2 (#3579; Cell Signaling Technology) at
203 1:500 dilution in PBS for 2h at room temperature. The slides were washed with PBS twice for 10 min
204 each, then incubated with anti-rabbit IgG fluorescein isothiocyanate (FITC)-conjugated secondary
205 antibody (diluted 1:500; Jackson ImmunoResearch Lab. Inc., West Grove, PA, USA) in PBS for 1h. The
206 slides were mounted with Vectashield mounting medium and counter stained with 4', 6'-diamidino-
207 2-phenylindole (DAPI) for nucleus visualization.

208 2.8. Tumorsphere Formation Assay

209 For tumorsphere formation, U87MG and GBM8401 cells were cultured in Chemicon® serum-
210 free HEScGRO medium for human embryonic stem cell culture (CAT. No. SCM020, Merck KGaA,
211 Darmstadt, Germany) supplemented with 10 ng/mL human recombinant basic fibroblast growth
212 factor (hbFGF; Invitrogen, Carlsbad, CA, USA), 20 ng/mL human epithelial growth factor (hEGF;
213 Millipore, Bedford, MA, USA), B27 supplement (Invitrogen, Carlsbad, CA, USA), heparin (CAT. No.
214 07980; STEMCELL Technologies Inc., Interlab Co., Ltd, Taipei, Taiwan), and NeuroCult™ NS-A
215 proliferation supplement (CAT. No. 05753, STEMCELL Technologies Inc., Interlab Co., Ltd, Taipei,
216 Taiwan). The cells were seeded at a concentration of 1×10^3 cells/mL/well in 6-well ultra-low adhesion
217 plates (Corning Inc., Corning, NY, USA) with or without 5 μ M of garcinol and incubated at 37°C in
218 5% humidified CO₂ atmosphere for 7–10 days. The anchorage-independent tumorspheres ($\geq 90 \mu$ m
219 in diameter) were photographed under inverted phase contrast microscope.

220 2.9. Colony Formation Assay

221 U87MG and GBM8401 cells were seeded in triplicates at a density of 2×10^4 cells per well in 6-
222 well culture plates (Corning, Corning, NY, USA) with complete growth media containing 0 μ M, 2.5
223 μ M, or 5 μ M of garcinol and incubated at 37°C for 12-14 days. Culture plates with colonies with ≥ 100
224 μ m in diameter and ≥ 50 cells were washed with PBS twice, fixed with methanol for 15 min, and
225 stained with 0.005% crystal violet for 15 min at room temperature. The colonies formed were then
226 visualized under microscope and counted using the ChemiDoc-XRS imager (QuantityOne software
227 package; Bio-Rad, Hercules, CA, USA)

228 2.10. Invasion Assay

229 3×10^4 U87MG and GBM8401 cells were seeded per well onto 8 μ m pore membrane coated with
230 Matrigel in the upper chamber of 24-well Transwell chambers containing serum-free DMEM medium
231 with 0, 2.5, or 5 μ M of garcinol, while the lower chambers contained growth media with 10% FBS
232 serving as chemo-attractant. After 24 h incubation the media was discarded, and the non-invaded
233 cells on the upper surface of the insert were removed with sterile cotton swabs, while the invaded
234 GBM cells on lower surface of the filter membrane were fixed with 3.7% formaldehyde for 1h, and
235 stained with crystal violet dye for 20 min. The stained cells were visualized under microscope and
236 then analyzed using NIH ImageJ software (<https://imagej.nih.gov/ij/>).

237 2.11. Wound-healing migration Assay

238 After U87MG and GBM8401 cells were seeded in 24-well plates (Corning, Corning, NY, USA)
239 with DMEM with 10% FBS and incubated until 100% confluency, scratch-wounds were made along
240 the median axis of the adherent monolayer cells using sterile 200 μ L micropipette tips. The wells were
241 carefully washed with PBS to remove detached cells and then incubated in new growth media

242 containing 0, 2.5, or 5 μM of garcinol for 24 h or 48 h. Photographs of scratch-wound healing were
243 taken at indicated time-point.

244 2.12. Real-time polymerase chain reaction (qRT-PCR) Analysis

245 Total RNA extracted from U87MG or GBM8401 cells treated with or without 5 μM of garcinol
246 using Trizol reagent (Invitrogen, Carlsbad, CA, USA) following manufacturer's instruction. 2 μg of
247 RNA was added to the real time PCR, with the final primer concentration being 0.5 μM . The PCR
248 was performed under the following condition: reverse transcription at 42°C for 60 min, amplification
249 for 30 cycles at 94°C for 30 sec, 58°C for 50 sec, and 72°C for 50 sec.

250 2.13. Statistical Analysis

251 All experiments were performed at least 3 times in triplicates. Data presented represent means
252 \pm SD of all results. The comparison between two groups was done using 2-sided Student's *t*-test,
253 while one-way analysis of variance (ANOVA) was used to compare ≥ 3 groups. A *p*-value < 0.05 was
254 considered statistically significant.

255

256 3. Results

257 3.1. STAT-3 and STAT-5 are highly expressed in primary and recurrent glioblastoma, and their expression 258 negatively correlates with overall survival rates

259 Firstly, against the background that STAT3 and STAT5 to be highly expressed in GBM cell lines
260 (Roos et al., 2018), we evaluated the expression profiles of STAT proteins GDC TCGA-GBM cohort
261 of 173 samples. Our results showed a 1.07-fold or 1.08-fold increase in the median gene expression of
262 *STAT3* in the primary and recurrent GBM samples, respectively, compared to non-tumor samples;
263 similarly, compared to the non-tumor control, the median expression of *STAT5A* was elevated by
264 1.08-fold or 1.09-fold the primary and recurrent GBM samples, respectively (**Figure 1A**). In line with
265 the above, our survival analyses showed a significantly strong association between high STAT3 ($p <$
266 0.015) or STAT5 ($p < 0.008$) expression levels and worse OS (Figure 1B, *upper*). Interestingly, we also
267 demonstrated that compared with the ~20%, 11%, or 10% OS amongst patients with
268 *STAT3^{low}STAT5A^{low}*, *STAT3^{low}STAT5A^{high}*, or *STAT3^{high}STAT5A^{low}* GBM, respectively, no patient
269 with *STAT3^{high}STAT5A^{high}* GBM was alive, suggesting a strong association between
270 *STAT3^{high}STAT5A^{high}* and GBM-specific mortality ($p < 0.007$) (**Figure 1B, lower**). Moreover, consistent
271 with the RNA expression, results of our immunohistochemical staining confirmed elevated STAT3
272 and STAT5A protein expression levels in primary and recurrent GBM tissues compared to non-tumor
273 tissues (*STAT3/5A vs non-tumor*: ~5.3-fold, $p < 0.001$) (**Figures 1C and 1D**). These results indicate, at
274 least in part, that enhanced *STAT3* and *STAT5A* expression and/or activity play a critical role in the
275 development and recurrence of GBM.

276 3.2. Garcinol significantly inhibits GBM cell viability and oncogenicity through induction of STAT3/5A 277 signaling and enhanced apoptosis

278 Against the background of recent work demonstrating that garcinol inhibits CSC-like phenotype
279 of human non-small cell lung carcinoma by suppressing the Wnt/ β -catenin/STAT3 signaling axis
280 (Huang et al., 2018), we investigated the probable STAT signaling-mediated anti-GBM effect of
281 garcinol (**Figure 2A**). Firstly, to provide some mechanistic insight, we demonstrated that treatment
282 of U87MG or GBM8401 cells with 2.5 μM or 5 μM garcinol significantly downregulated the
283 expression of p-STAT3, p-STAT5, p-ERK, and p-AKT (**Figure 2B**). Synchronous with the observed
284 inhibition of STAT3, STAT5 and AKT signaling, garcinol significantly suppressed the viability of
285 GBM4801 and U87MG cells, with 10 μM eliciting 51% or 25% reduced viability of U87MG or
286 GBM8401 cells, respectively, and 40 μM eliciting 94.7% reduction of U87MG and GBM8401 cell
287 viability, indicating a dose-dependent GBM cell killing effect (**Figure 2C**), and this reduced viability

288 was associated with markedly enhanced Bax/Bcl-xL apoptotic ratio, as 2.5 μ M induced a 1.67-fold
289 ($p < 0.05$) or 2.7-fold ($p < 0.05$) increase in U87MG or GBM8401 apoptotic ratio, while 5 μ M
290 increased the apoptotic ratio by 2.83-fold ($p < 0.001$) or 2.92-fold ($p < 0.001$) in the U87MG or GBM8401
291 cells, respectively (**Figure 2D**). Since the highly invasive GBM spreads fast to surrounding brain
292 tissue, thus, contributing to its documented lethality (Omuro & DeAngelis, 2013), we sought to
293 understand if and how garcinol affects this invasive trait. We demonstrated that treatment with 2.5
294 μ M or 5 μ M dose-dependently suppressed the migration of the U87MG (~59%, $p < 0.01$ or 81%, $p <$
295 0.001, respectively) and GBM8401 (~48%, $p < 0.01$ or 76%, $p < 0.001$, respectively) cells at the 24 h time-
296 point (**Figure 2E**). Similarly, 2.5 μ M or 5 μ M garcinol induced a 60% ($p < 0.01$) or ~80% ($p < 0.001$)
297 reduction of U87MG invasive capacity, respectively, and 39% ($p < 0.01$) or 60% ($p < 0.001$) reduction
298 in number of invaded GBM8401 cells (**Figure 2F**). Together, these data suggest that garcinol
299 significantly inhibits GBM cell viability and oncogenicity through induction of STAT3/5A and
300 associated signaling with enhanced apoptosis.

301 3.3. Garcinol negatively impacts GBM stem cell-like phenotypes

302 Understanding that the highly prevalent and malignant GBM harbors self-renewing,
303 tumorigenic GBM-SCs that facilitate tumor initiation and resistance to therapy (Lathia et al., 2015;
304 Beier, Schulz, & Beier, 2011). To assess the effects of garcinol on GBM-SCs, we performed
305 tumorsphere and colony formation assays on the GBM8401 and U87MG cell lines. The results from
306 the tumorsphere assay demonstrated that 5 μ M garcinol significantly caused both cell lines to lose
307 their ability to form GBM tumorspheres, quantitatively and qualitatively, with ~ 88% ($p < 0.01$)
308 reduction in the number of U87MG or GBM8401 tumorspheres formed, and ~96% ($p < 0.01$) or 89%
309 ($p < 0.001$) reduction in the U87MG or GBM8401 tumorsphere sizes, respectively (**Figure 3A**).
310 Furthermore, because of the biological relevance of clonality in GBM-SCs origin (Lathia et al., 2015),
311 we demonstrated that 2.5 μ M - 5 μ M garcinol significantly inhibited the ability of the GBM cells to
312 form colonies, dose-dependently, as 2.5 μ M reduced the number of formed U87MG or GBM8401
313 colonies by 49% ($p < 0.05$) or 36% ($p < 0.05$), respectively, while 5 μ M induced a 75% ($p < 0.01$) or 72%
314 ($p < 0.01$) reduction, respectively (**Figure 3B**). Contextually, the garcinol-induced inhibition of
315 tumorsphere and colony formation potential was associated with significant and dose-dependent
316 down-regulation of the nuclear expression of stemness proteins SOX2 and OCT4 (**Figure 3C**) as
317 shown with immunofluorescence assay, and this inhibitory effect was associated with significantly
318 suppressed STAT3 and STAT5A immunofluorescence, in a dose-dependent manner (**Figure 3D**).
319 These data are indicative of the negative influence of garcinol on the stem cell-like phenotypes of
320 GBM cells.

321 3.4. Garcinol increases the expression of hsa-miR181d, which has inhibitory effects on STAT3 and STAT5 322 expression

323 Having established that garcinol impairs STAT3 and STAT5A activation, we probed for likely
324 modulators and/or mediators of the interaction between garcinol and the STAT proteins. Hsa-miR-
325 181d shown in Figure 4A, has been implicated in the worse OS of patients with GBM (Zhang et al.,
326 2012). Consistent with this, we demonstrated that hsa-miR-181d binds with STAT3 with a mirSVR or
327 PhastCons score of -0.26 or 0.69, respectively, while it binds with STAT5A with a mirSVR or
328 PhastCons score of -0.21 or 0.49, respectively (**Figure 4A**). Where the mirSVR predicted the
329 likelihood of hsa-miR-181d down-regulating the target mRNA STAT3 and STAT5A based on the
330 sequence and structure features in the miRNA/mRNA predicted target sites. Moreover, the
331 PhastCons score showed the likelihood that the predicted miRNA/mRNA binding nucleotides are
332 conserved. Next, our qRT-PCR analysis of 5 μ M garcinol-treated U87MG and GBM8401 cells showed
333 that garcinol significantly induced higher expression of miR-181d in the U87MG (2.7-fold, $p < 0.01$)
334 and GBM8401 (2.1-fold, $p < 0.01$) cells (**Figure 4B**). To confirm a direct relationship between the STAT
335 proteins and miR-181d expression, western blot analysis was done comparing samples exposed to
336 mir-181d inhibitor, mir-181d-mimic, or mir-181d inhibitor/garcinol combination. The results show
337 that mir-181d inhibitor significantly enhanced the expression of p-STAT3 and pSTAT5 proteins

338 compared to the control group, while for the mir-181d-mimic-treated cells, the p-STAT3 and pSTAT5
339 protein expression levels were significantly lower, and for cells incubated with mir-181d inhibitor
340 and 5 μ M garcinol concomitantly, p-STAT3 and p-STAT5 protein expression levels were markedly
341 higher than in the mir-181d-mimic group but lower than the mir-181d-inhibitor group (**Figure 6C**).
342 These results indicate that garcinol can activate mir-181d activity which suppresses STAT3/5A
343 activation.

344 4. Discussion

345 STAT3 and STAT5 are transcription factors implicated in various tumor cell proliferation,
346 migration, and invasion (Roos et al., 2018). STAT3 and STAT5A in response to cytokines and growth
347 factors are activated by phosphorylation of their Y705 position and Y695 residues, respectively,
348 followed by nuclear translocation of the phosphorylated proteins with subsequent activation of
349 specific downstream gene transcription (Mohanty et al., 2017). Activation of STAT3 and STAT5 serve
350 different purposes. STAT3 has been shown to promote the proliferation and pathobiology of GBM
351 tumor cores, while STAT5 affects its local invasion capabilities (Roos et al., 2018). Evidence also
352 abound that STAT3 signaling plays a role in maintaining the self-renewal capabilities and
353 multilineage differentiation potential of glioma stem cells (GSMs) (Guryanova et al., 2011). As with
354 STAT3, genetic alterations in the STAT5A gene has been implicated in myeloproliferative disorders
355 and linked to hematopoietic stem cell proliferation (Ghanem et al., 2017).

356 Past works from our team demonstrated that garcinol inhibited STAT3 activation and
357 suppressed the lung cancer stem cell population (Huang et al., 2018). In the present study,
358 investigating if glioblastoma patients also exhibit high levels of *STAT3* and the associated *STAT5A*,
359 we performed RNAseq analysis of the GDC-TCGA glioblastoma cohort and demonstrated that both
360 primary and recurrent glioblastoma patients have higher expression of *STAT3* and *STAT5*. Consistent
361 with past evidence showing aberrant STAT activity in glioblastoma cell lines, immunohistochemical
362 analysis revealed amplified STAT3/5A expression in primary and recurrent GBM. The increased
363 RNA and protein expression indicated STAT3 and STAT5A play a critical role in driving GBM
364 tumorigenesis. Furthermore, recurrent glioblastoma displayed a general trend of increased STAT5A
365 expression, suggesting a specific role for STAT5A in maintaining the GBM-SC phenotype. Upon
366 analysis of the differential STAT3/5A expression-based survival rates, high expression of both *STAT3*
367 and *STAT5A* was found to be strongly associated with the poorest OS time; and may be connected
368 with the enhanced tumorigenicity and lethality of GBM in oncology clinics. Of translational
369 relevance, we observed no significant difference in OS time between the *STAT3*^{high}*STAT5A*^{low} cohort
370 and the *STAT3*^{low}*STAT5A*^{high} cohort, suggesting there is no specific advantage in inhibiting the
371 expression of either transcription factor, and highlighting probable therapeutic efficacy of parallel
372 inhibition of both STAT3 and STAT5A. Thus, as indicated by the dismal OS of patients with
373 *STAT3*^{high}*STAT5A*^{high} compared to the other groups (**Figure 1**), we, for the first time to the best of our
374 knowledge demonstrate that concerted targeting of the aberrant expression and/or activity of
375 STAT3/5A in GBM, both at protein and mRNA levels, is essential for any meaningful curative effect
376 in STAT-based targeted therapy for patients with primary or even recurrent GBM. This would be
377 consistent with recent evidence indicating that combined targeting of STAT3 and STAT5 effectively
378 reversed various forms of tyrosine kinase inhibitor (TKI)- resistance in highly resistant BCR-
379 ABL1^{T315I} chronic myeloid lymphoma (CML) cells (Gleixner et al., 2016).

380 In the context of the GBM SC-phenotypes including enhanced proliferation, oncogenicity,
381 therapy resistance, recurrence and poor prognosis, we further demonstrated that garcinol
382 significantly inhibited GBM8401 and U87MG cell viability in a dose-dependent manner, as well as
383 suppresses the cell invasive and migratory potentials, thus, demonstrating the anti-proliferative and
384 anti-metastatic efficacy of garcinol in GBM (**Figure 2**). This is consistent with documented robust
385 growth-inhibitory effects of garcinol demonstrated against colon cancer and immortalized intestinal
386 cells (Hong et al., 2007). Since STAT3 and STAT5A are implicated in the maintenance of the stem cell-
387 like characteristics of GBM, we examined garcinol's therapeutic effect on the GBM-SCs profile.
388 Interestingly, low-dose garcinol ($\leq 5 \mu$ M) deregulated STAT3/5A signaling with repressed AKT and

389 ERK crosstalk, and this was sufficient to significantly impeded GBM cell migration, invasion,
390 clonogenicity, and tumorsphere formation, with associated increase in apoptotic index and nuclear
391 expression of SOX2 and OCT4 (**Figures 3 and 4**). Our findings are corroborated by recent evidence
392 that STAT3 and STAT5 are constitutively activated in malignant cells, and that their persistent
393 activation facilitates cancer development and progression by altering downstream gene expression
394 through epigenetic modification, EMT induction, oncogenic modification of the tumor
395 microenvironment, and enhancing of CSCs self-renewal and differentiation (Yuan et al., 2015), as well
396 as evidence implicating high ERK1/2 activity in the acquisition and maintenance of SOX2-expressing
397 Glioma stem cells (Kwon et al., 2017).

398 **Conclusion**

399 Taken together, as depicted in our pictorial abstract (**Figure 5**), the present study provides
400 evidence that the constitutive activation of STAT3/5A in GBM is inversely correlated with suppressed
401 has-miR-181d expression, and that garcinol-induced upregulation of hsa-miR-181d/STAT3 and hsa-
402 miR-181d/5A ratios mediate the anti-GBM-SC effect of garcinol in STAT3/5A-addicted GBM. These
403 findings are of translational relevance as they highlight the therapeutic efficacy of a relatively novel
404 small molecule inhibitor of STAT3/5A in the highly invasive and often therapy-resistant GBM
405

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409 **Authors' contribution:** Study conception and experimental design: Heng-Wei Liu, Peter Mingjui Lee.
410 Performed the experiments: Oluwaseun Adebayo Bamodu, Iat-Hang Fong. Data collation and
411 analysis: Yu-Kai Su. and Chi-Tai Yeh. Manuscript writing: Oluwaseun Adebayo Bamodu, Peter
412 Mingjui Lee. Provided reagents, materials, and experimental infrastructure: Chi-Tai Yeh, Ming-Hsien
413 Chien, I-Hung Kan and Chien-Min Lin. All authors read and approved the final submitted version
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416 Review Board (JIRB) of the Taipei Medical University –Shuang Ho Hospital (Approval number:
417 N201903047). Tissue samples from patients with primary and recurrent GBM were obtained from the
418 Taipei Medical University-Shuang Ho Hospital GBM cohort (n = 45).

419 **Availability of data and materials:** The datasets used and analyzed in the current study are publicly-
420 accessible as indicated in the manuscript.

421 **Conflict of interests:** The authors declare that they have no potential conflicting interests.

422 **References:**

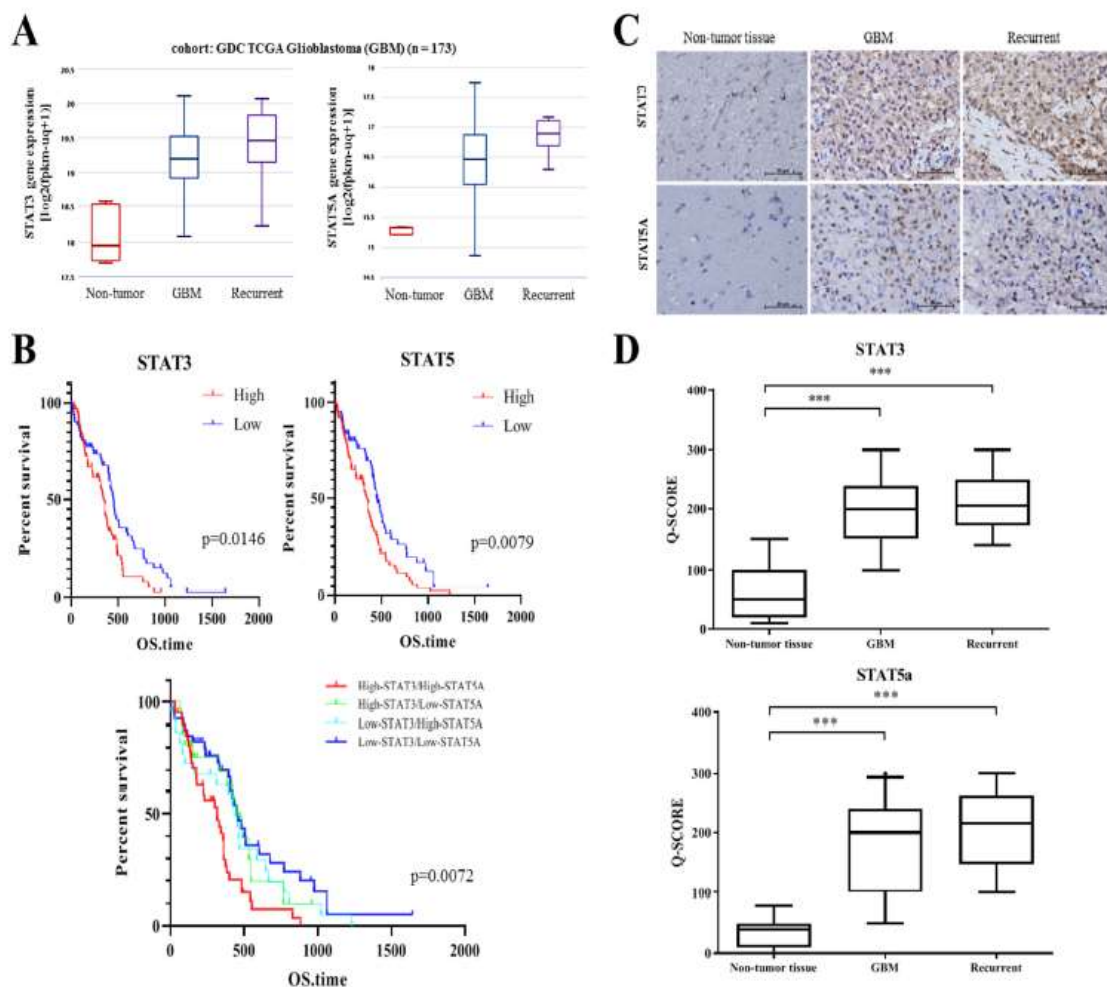
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555 Figure Legends



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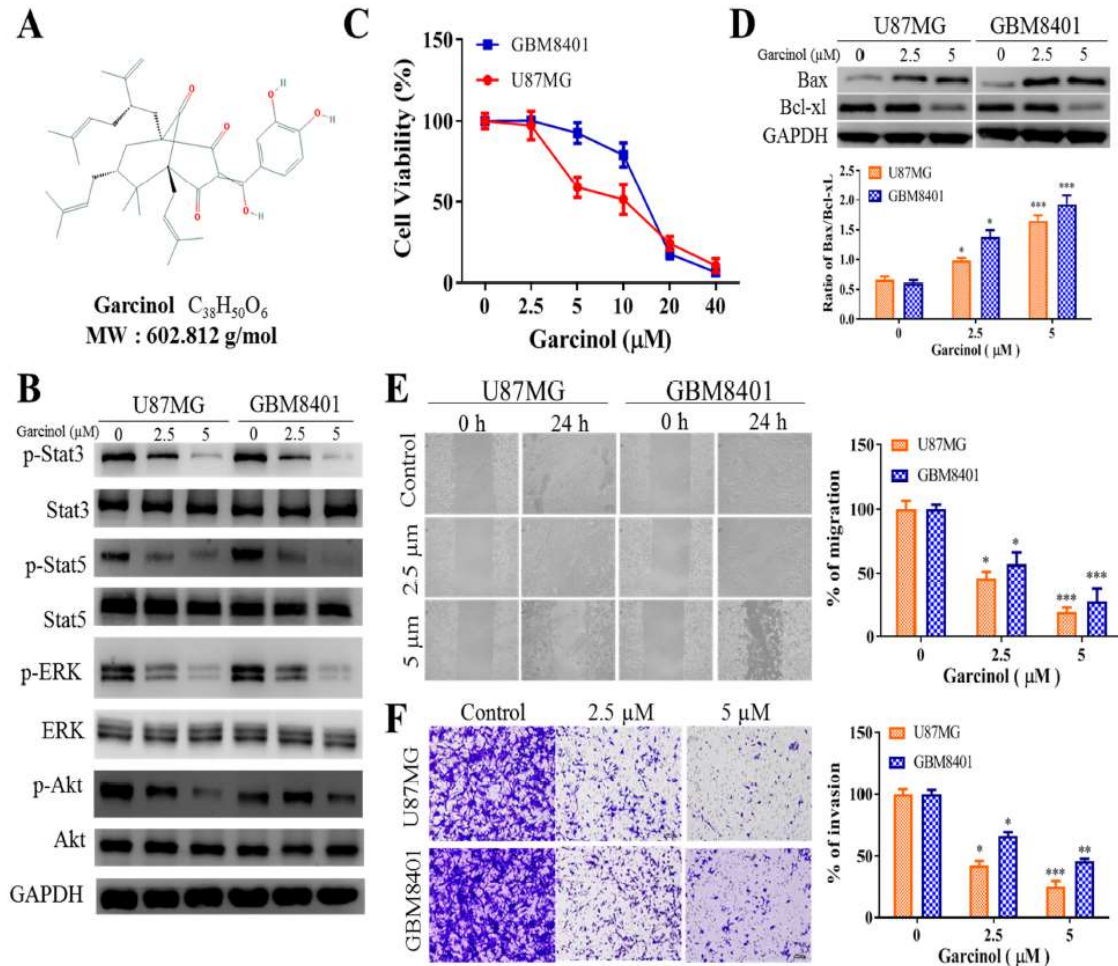
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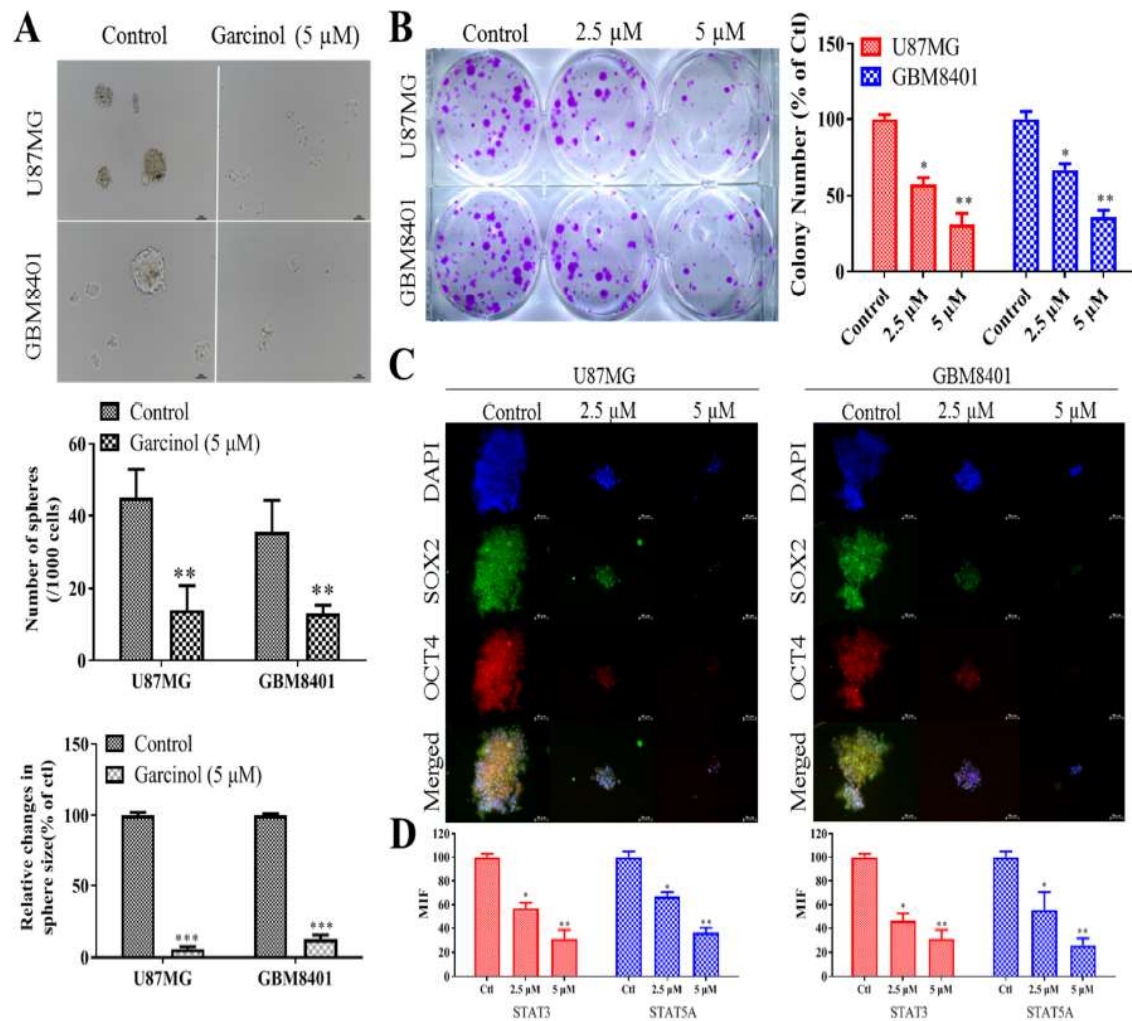
Figure 1. STAT-3 and STAT-5 are highly expressed in primary and recurrent glioblastoma, and their expression negatively correlates with overall survival rates. (A) Graphical representation of the differential expression of STAT3 and STAT5A in primary GBM, recurrent GBM or normal brain tissues from the GDC TCGA-GBM cohort. (B) Kaplan-Meier plots of the effect of differential STAT3

561 or STAT5A expression on OS of patients with GBM. (C) Representative IHC images showing the
 562 differential expression of STAT3 and STAT5A proteins in primary GBM, recurrent GBM or normal
 563 brain tissues. (D) Graphical representation of the differential expression of STAT3 and STAT5A
 564 proteins in primary GBM, recurrent GBM or normal brain tissues. * $p < 0.05$, ** $p < 0.01$, *** $p < 0.001$; OS,
 565 overall survival.



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567 **Figure 2.** Garcinol significantly inhibits GBM cell viability and oncogenicity through induction of
 568 STAT3/5A signaling and enhanced apoptosis. (A) Chemical structure of garcinol with molecular
 569 formula $C_{38}H_{50}O_6$ and molecular weight 602.80 g/mol. (B) Representative western blot photo-images
 570 of the effect of 2.5 μ M – 5 μ M on the expression of p-STAT3, STAT3, p-STAT5, STAT5, p-ERK, ERK,
 571 p-AKT, and AKT proteins in GBM8401 or U87MG cells. (C) Graphical representation of the effect of
 572 2.5 μ M – 40 μ M on the viability of GBM8401 or U87MG cells. (D) Representative western-blot photo-
 573 images showing the effect of 2.5 μ M – 5 μ M on the expression of Bax and Bcl-xL proteins in GBM8401
 574 or U87MG cells. Representative photo-images (*upper*) and graphical representation (*lower*) of the effect
 575 of 2.5 μ M or 5 μ M on the (E) migration and (F) invasion of GBM8401 or U87MG cells. * $p < 0.05$,
 576 ** $p < 0.01$, *** $p < 0.001$; GAPDH is loading control.



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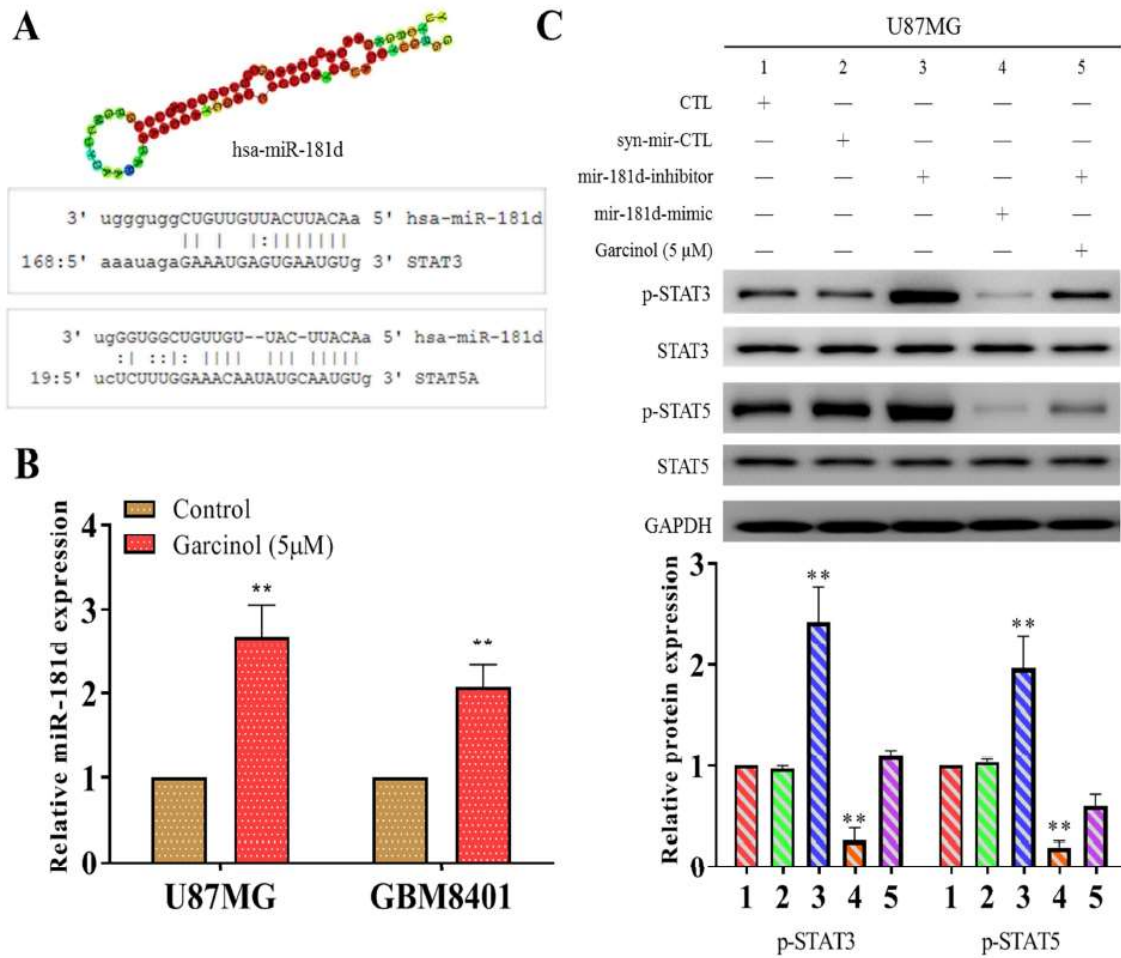
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Figure 3. Garcinol negatively impacts GBM stem cell-like phenotypes. (A) Representative photographs (*upper*) and histograms (*middle, lower*) of the effect of 5 μ M on the number and size of tumorspheres formed by U87MG or GBM8401 cells. (B) Representative images of the effect of 2 μ M or 5 μ M on the number of colonies formed by U87MG or GBM8401 cells. (C) Representative photographs showing the effect of 2 μ M or 5 μ M on the tumorsphere size and sub-cellular localization of SOX2 and OCT4 proteins in U87MG or GBM8401 cells. (D) Graphs showing how 2 μ M or 5 μ M affect the MIF of STAT3 and STAT5A in U87MG or GBM8401 cells. * p <0.05, ** p <0.01, *** p <0.001; MIF, median immunofluorescence; DAPI served as nuclear marker.



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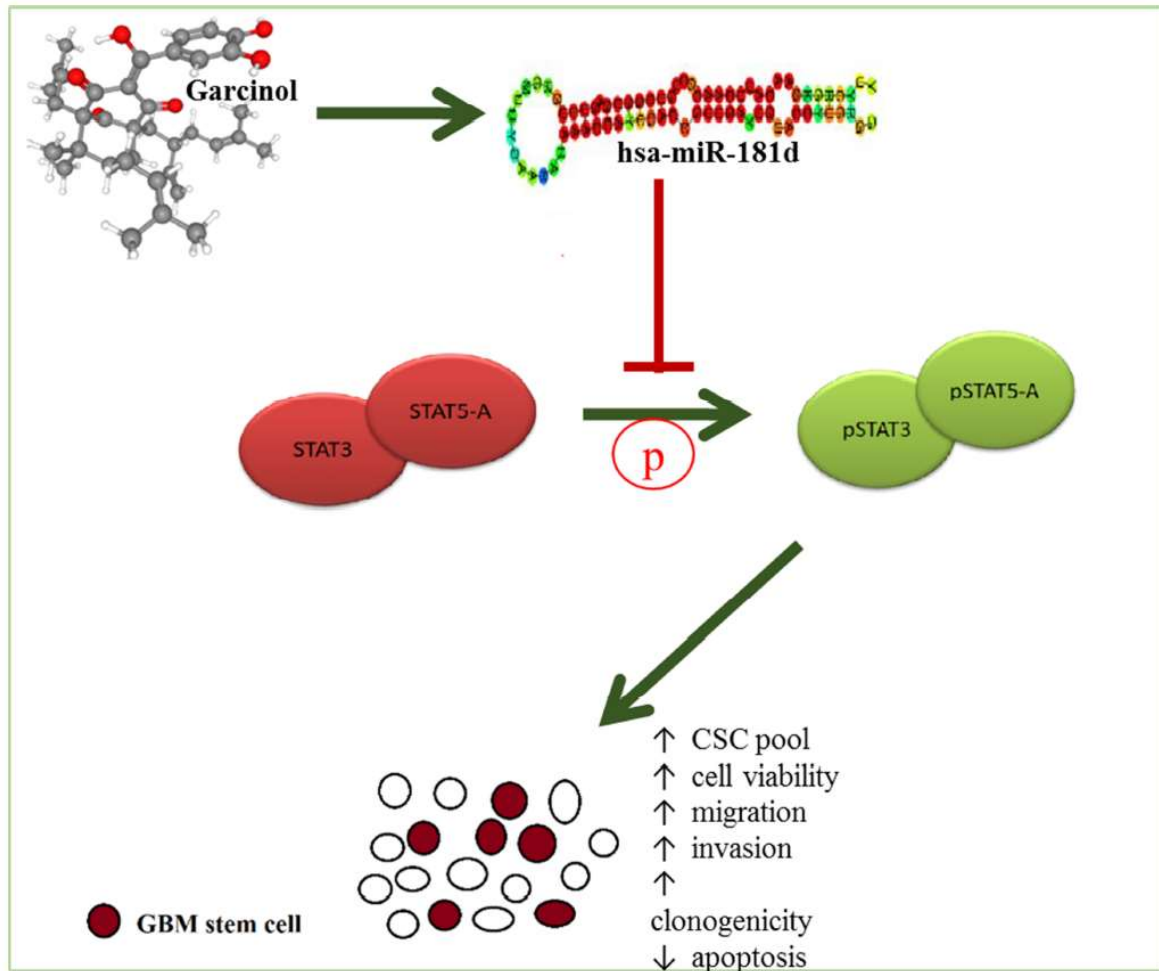
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Figure 4. Garcinol increases the expression of hsa-miR181d, which has inhibitory effects on STAT3 and STAT5 expression. (A) 2-dimensional image of hsa-miR-181d (*upper*) and images showing the complementary sequence alignment of hsa-miR-181d with STAT3 (*middle*) or STAT5A (*lower*). The mirSVR and PhastCons scores are indicated. (B) Histograms of the effect of 5 µM on U87MG or GBM8401 cells. (C) Representative western-blot photo-images comparing the effect of Syn-mir-CTL, mir-181d-inhibitor, mir-181d-mimic, or garcinol on the expression level of p-STAT3, STAT3, p-STAT5, and STAT5 in U87MG or GBM8401 cells. * $p < 0.05$, ** $p < 0.01$, *** $p < 0.001$; GAPDH is loading control.



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Figure 5. Pictorial abstract showing how activation of STAT3/5A in GBM is inversely correlated with suppressed has-miR-181d expression, and that garcinol-induced upregulation of hsa-miR-181d/STAT3 and hsa-miR-181d/5A ratios mediate the anti-GBM-SCs effect of garcinol in STAT3/5A-addicted GBM.