

1 Article

2 Treatment with DHA improves epidermal 3 keratinocyte differentiation and ameliorates 4 inflammation in human keratinocytes and 5 reconstructed human epidermis models

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13

14 **Abstract:** Atopic dermatitis (AD) is a chronic inflammatory skin disease, which can cause skin
15 barrier function damaged. Although co-incubation with docosahexaenoic acid (DHA) exerts a
16 positive effect in deficient skin model, there is no study to investigate the effects of topical
17 treatment with DHA in inflammatory reconstructed human epidermis (RHE) model. The effects of
18 DHA on monolayer normal human epidermal keratinocyte (NHEK) cells were evaluated via
19 CCK-8, qPCR and ELISA. The skin related barrier function was assessed by hematoxylin-eosin
20 (HE) staining, western blot (WB), Immunohistofluorescence (IF) and ELISA in normal and
21 inflammatory RHE models. DHA upregulated filaggrin and loricrin expression at mRNA levels in
22 addition to suppress overexpression of TNF- α , IL-1 α and IL-6 stimulated by poly I:C plus LPS
23 (stimulation cocktail) in cultured NHEK cells. After topical treatment with DHA, cocktail induced
24 inflammatory characteristics of skin diseases including barrier morphological, differentiation
25 proteins and TSLP secretion, which were alleviated in RHE models. Supplementation with DHA
26 can improved related barrier function and have anti-inflammation effects in monolayer
27 keratinocytes and RHE models, which indicated that DHA may have a potential value for the
28 treatment of inflammation-associate skin diseases.

29 **Keywords:** DHA; reconstructed human models; filaggrin; skin barrier; inflammation

30

31 1. Introduction

32 The skin barrier consisted of dermis and upper epidermis is the first physical protective barrier
33 of human body. The epidermis, a multi-layered compartment, protects human from terrible external
34 environment through preventing the foreign pathogens, reducing the water loss and maintaining
35 the homeostasis of skin through the cell death and differentiation of keratinocyte [1,2]. Filaggrin
36 originates from its larger precursor profilaggrin existed in keratohyalin granules that is located in
37 the stratum granulosum. During the differentiation of terminal, profilaggrin generates filaggrin
38 monomers that can aggregate and link keratin to form cornified envelope (CE), which takes a critical
39 role in maintaining the integrity of stratum corneum (SC) [3]. Meanwhile, filaggrin is a core
40 epidermal protein that plays an important role for its intracellular metabolites that make
41 contributions to epidermal barrier functions such as stratum corneum (SC) hydration and inhibition
42 of UV-B irradiation [4].

43 Some common skin barrier diseases such as atopic dermatitis (AD) and ichthyosis vulgaris (IV)
 44 are connected with filaggrin deficiency like filaggrin gene mutations [5]. It has been identified that
 45 loss-of-function FLG is the most important genetic risk factor for AD patients and is potential
 46 pathogenic factors for IV [6]. However, variation of FLG genes is not the only factor that causes
 47 filaggrin deficiency, the lack of filaggrin also can be observed in AD patients without FLG mutation
 48 status [7]. More and more study has found the modulatory effects of inflammatory environment in
 49 the epidermis. One of the major symptoms of AD patient is the overexpression of IL-4 and IL-13,
 50 which clearly decreases the filaggrin expression in normal human epidermal keratinocyte cells [8,9].
 51 The dysregulation or the absence of filaggrin can cause skin barrier dysfunction, aggravate
 52 inflammation and increase the risk of microbial infections [10].

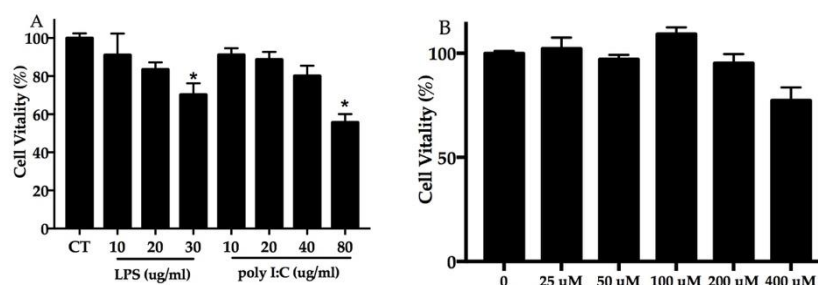
53 Traditionally, many studies have proposed effective programs including alleviating
 54 Th2-mediated inflammation and immunosuppressive drugs to treat skin diseases in AD patient.
 55 However, recent studies have shown that these traditional therapies can cause short or long-term
 56 risks [11,12]. There is increasing discovered that filaggrin deficiency is in the core of AD
 57 pathogenesis, hence upregulation of filaggrin expression is a more logical, effective and safe barrier
 58 repair therapy. Peroxisome proliferator-activated receptor (PPAR) agonists, especially PPAR α and
 59 PPAR γ , have drawn attention on the treatment of filaggrin-associated diseases including skin
 60 homeostasis and anti-inflammation, which make PPAR agonists further be explored [13,14].
 61 However, most of the results of topical treatment are from mice model, which has
 62 interspecies-related differences [15]. Even if recent evidences show that PPAR α + γ agonist
 63 docosahexaenoic acid (DHA) can upregulate the expression of FLG in organotypic, normal and
 64 deficient RHE skin models, all models are incubating with DHA [16,17]. More importantly, there
 65 almost no study exists whether the DHA works in inflammatory reconstructed human skin.

66 In this work, we firstly investigated the effects of DHA in human keratinocyte monolayer.
 67 Secondly, we investigated the impacts of topical treatment with a simple DHA formula in normal
 68 and inflammatory RHE skin models for the first time. We follow with interest the positive effects of
 69 DHA on the structural protein expression, skin barrier function and anti-inflammation, which is
 70 aiming for novel insights into the treatment with DHA in related skin disease.

71 2. Results

72 2.1. Effect of DHA, poly I:C and LPS on Cells Viability

73 The viability of NHEK cells was accessed by CCK-8 assay. The results of Figure 1 A showed that the
 74 NHEK cells viability was decreased with the increasing concentration of poly I:C and LPS. 30 μ g/ml
 75 LPS and 80 μ g/ml poly I:C significantly suppressed NHEK cells viability compared with the control
 76 group ($p < 0.05$). As shown in Figure 1 B, 200 μ M DHA indicated no apparent effect on cell
 77 proliferation. It is interesting that the cell proliferation is higher in 100 μ M DHA supplement group
 78 than control group, which was not obviously statistically significant.

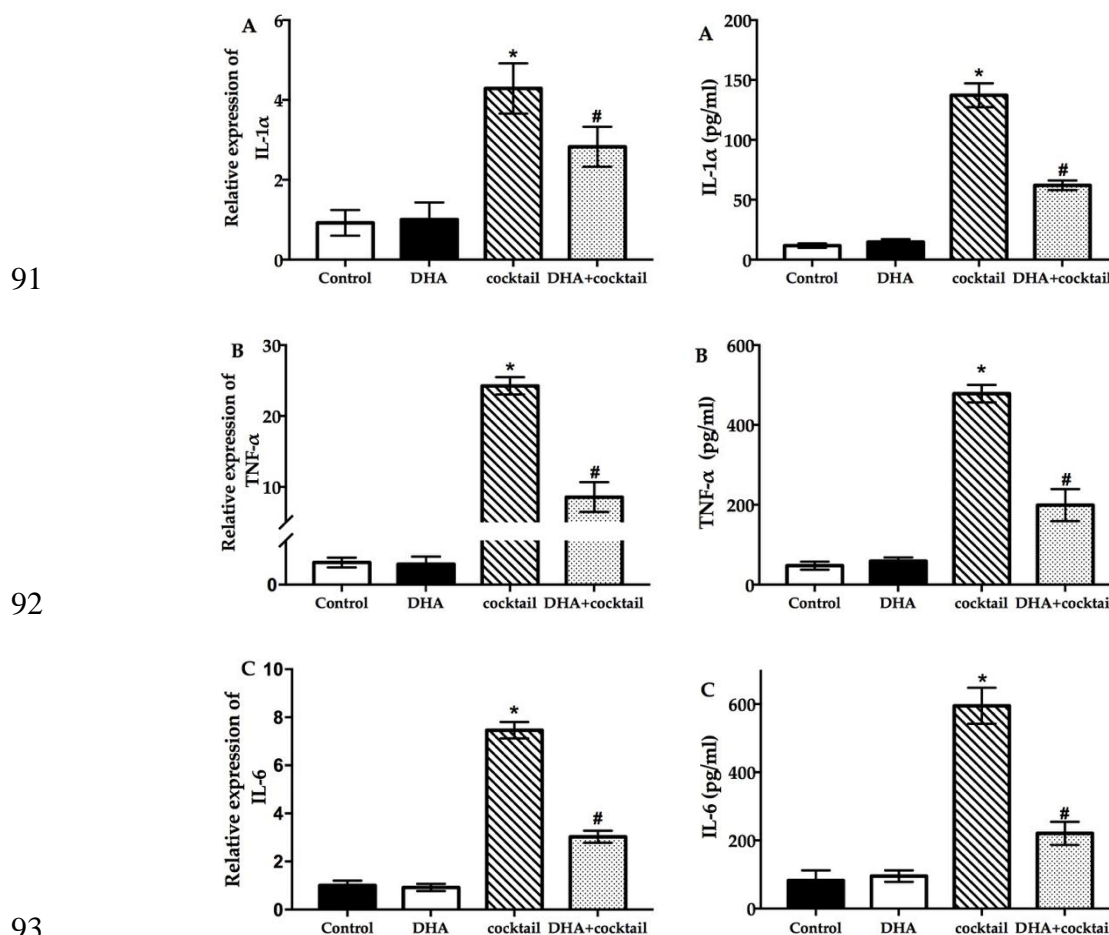


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80 **Figure 1.** Effect of poly I:C, LPS and DHA on cells viability. NHEK cells exposed to poly I:C (0
 81 μ g/ml-80 μ g/ml) and LPS (0 μ g/ml-30 μ g/ml) (A), DHA (B) for 24h. Data are expressed as mean \pm
 82 standard deviation (SD), $n = 5$. *compared with blank control, $p < 0.05$.

83 2.2. DHA decreased the cocktail-stimulated proinflammatory genes and cytokine secretion in NHEK cells

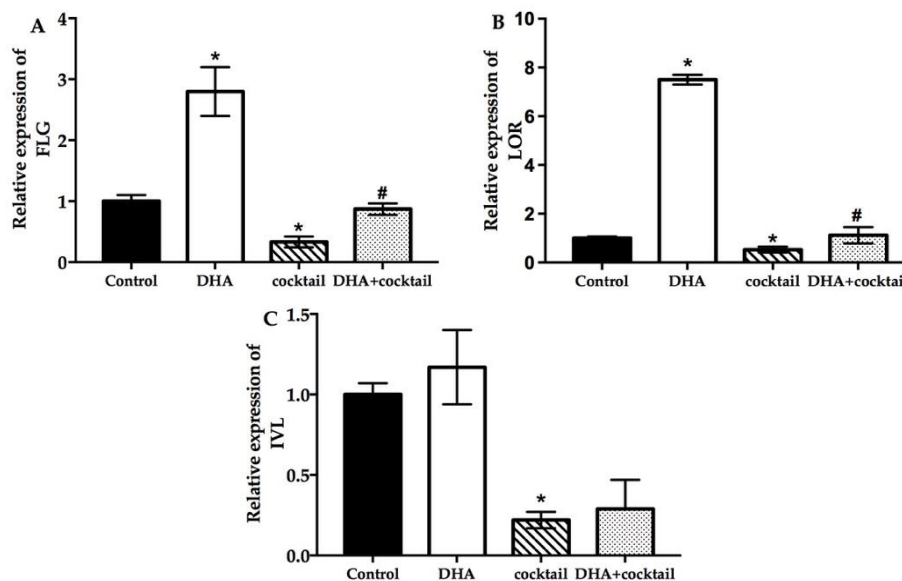
84 To evaluate the effect of DHA on stimulation cocktail (The concentration of cocktail is shown in
 85 Figure S1) and spontaneous proinflammatory cytokine expression in NHEK cells, this study
 86 measured IL-1 α (Figure 2 A), TNF- α (Figure 2 B) and IL-6 (Figure 2 C) expression at levels of mRNA
 87 and protein. As can be seen from the Figure 2, the results of proinflammatory genes and secreted
 88 protein in the stimulation cocktail groups significantly ($p < 0.05$) increased than control group.
 89 Interestingly, the addition of DHA significantly decreased the proinflammatory gene and cytokine
 90 expression induced by the cocktail (Figure 2) ($p < 0.05$).



94 **Figure 2.** Effect of DHA on the inflammatory cytokine expression in normal human epidermal
 95 keratinocyte cells with or without cocktail (poly I:C plus LPS). The results of qPCR and ELISA show
 96 the changes of IL-1 α (A), TNF- α (B), IL-6 (C) after incubation for 24h. Data were presented as mean \pm
 97 SD, $n = 5$. * compared with the control group, $p < 0.05$; # compared with the cocktail (LPS plus poly I:C)
 98 treated group, $p < 0.05$. IL, interleukin; TNF, Tumor necrosis factor; Cocktail, LPS + poly (I:C);
 99 lipopolysaccharide; poly I:C, polyinosinic-polycytidylic acid; qPCR, real-time quantitative
 100 polymerase chain reaction.

101 2.3. Effect of DHA on cultured NHEK cells with or without stimulation cocktail

102 The relative marker gene filaggrin (FLG), loricrin (LOR) and involucrin (IVL) expression was
 103 assessed for analysis of effect of the keratinocyte differentiation in response to DHA with or without
 104 stimulation cocktail. Incubation with DHA significantly increased the expression of FLG and LOR
 105 compared with blank group. (Figure 3) FLG and LOR were upregulated 2.7-fold and 7.2-fold after
 106 treatment with DHA. Interestingly, the expression of IVL was marginally influenced by DHA
 107 (Figure 3). In contrast, stimulation cocktail significantly inhibited the expression of FLG, IVL and
 108 LOR. After the DHA supplement, the amount of FLG and LOR in stimulation cocktail - treated
 109 group was 2.1-fold and 4.1-fold, which was higher than stimulation cocktail alone treated group.
 110 There was no difference observed in the IVL.



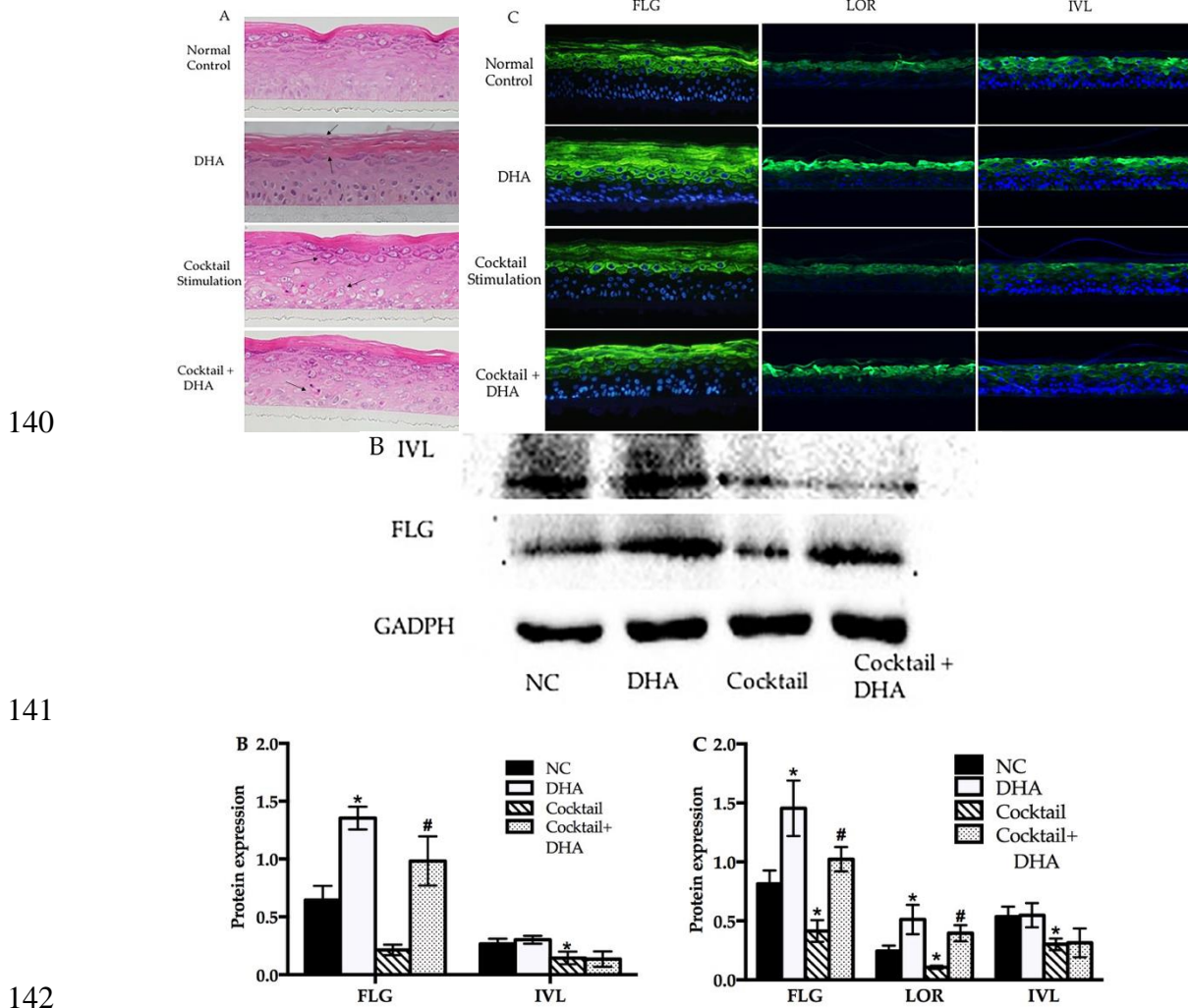
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113 **Figure 3.** Effect of DHA on the differentiation of cultured NHEK cells with or without cocktail (LPS
 114 plus poly I: C). qPCR was used to evaluate the changes of FLG (A), LOR (B) and IVL (C) mRNA
 115 expression after incubation for 24h. Data were presented as mean \pm SD, $n = 5$. * compared with
 116 respective blank group, $p < 0.05$; # compared with their respective cocktail (LPS + poly I:C) alone
 117 treated group, $p < 0.05$. Cocktail, LPS + poly (I:C); LPS, lipopolysaccharide; poly I:C, NHEK, normal
 118 human keratinocytes; qPCR, real-time quantitative polymerase chain reaction; FLG, filaggrin; LOR,
 119 loricrin; IVL, involucrin.

120 2.4. Topical treatment with DHA stimulates differentiation and improve barrier homeostasis

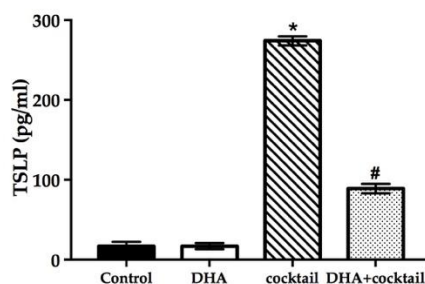
121 DHA was not stable to attach on the RHE, hence, we made a simple formula (Table S1) to investigate
 122 effect of the topical treatment with DHA. Firstly, we investigated the morphology of normal and
 123 inflammatory RHE models topically treated with DHA, which was used by haematoxylin and eosin
 124 staining. As show in Figure 4 A, the stratum corneum thickness of RHE significantly raised after
 125 topical treatment with DHA compared with normal group. Meanwhile, living layers of
 126 inflammatory RHE models induced by stimulation cocktail were looser and inflammatory RHE had
 127 spongiosis compared with normal models. Interestingly, the barrier disruption of inflammatory
 128 RHE models significantly improved after the topical treatment with DHA formula. In Figure 4 A,
 129 there is a clear trend of decreasing cavities in living layers and the status of spongiosis remarkably
 130 improved. Next, the effects of DHA on RHE differentiation protein were analyzed by
 131 immunohistofluorescence and western blot analysis. After topical treatment with DHA, the FLG and
 132 LOR amount significantly increased compared with normal group (Figure 4 B, C). The results of
 133 image quantification of immunohistofluorescence and western blot also revealed that FLG synthesis
 134 was significantly improved ($p < 0.05$). But, no effect with IVL in all groups (Figure 4), which was
 135 according to with the result of qPCR. FLG, LOR and IVL expression in inflammatory RHE induced
 136 by stimulation cocktail were significantly decreased compared with the normal groups, which was
 137 shown in the results of WB and IF (Figure 4 B, C). In inflammatory RHE models, topical treatment
 138 with DHA significantly improved the FLG and LOR expression. Once more, DHA also showed no
 139 effect on expression of IVL in inflammatory RHE (Figure 4).



143 **Figure 4.** The topical treatment with DHA affect the morphology and differentiation protein
 144 expression in normal and inflammatory RHE models. (A) The morphology of normal, DHA, cocktail
 145 induced and DHA treated groups were evaluated by haematoxylin–eosin (HE) staining, (B) Western
 146 blot of FLG and IVL in normal control, DHA cocktail induced and DHA treated groups and relative
 147 optical densities of FLG and IVL. (C) Immunohistofluorescences analysis were executed for FLG,
 148 LOR and IVL in the above RHE models. Magnification 10×, mean ± SD, $n = 4-5$. * compared with the
 149 blank control groups, $p < 0.05$; # compared with the inflammatory group, $p < 0.05$. FLG, filaggrin; LOR,
 150 lorixin; IVL, involucrin; RHE, reconstructed human epidermis; Cocktail, LPS + poly (I:C); LPS,
 151 lipopolysaccharide; poly I:C, polyinosinic-polycytidylic acid.

152 2.5. Topical treatment with DHA downregulated the release of TSLP in inflammatory RHE model

153 It was necessary to prove that the inflammatory RHE model has reference value, we measured the
 154 level of TSLP by ELISA, which is related to inflammation characteristics observed in AD patient. As
 155 shown in Figure 5, supplementation with cocktail significantly increased the secretion of TSLP
 156 compared with normal RHE models (16 pg/ml vs. 274 pg/ml $p < 0.05$). DHA alone showed a slight
 157 effect on TSLP expression in normal RHE models. On the contrary, the topical treatment with DHA
 158 significantly decreased the TSLP expression in inflammatory RHE models (90 pg/ml vs. 270 pg/ml,
 159 $p < 0.05$).



160

161 **Figure 5.** Effect of DHA on the TSLP secretion of RHE models with or without LPS plus poly I: C. The
 162 changes of TSLP were accessed by ELISA. Data are expressed as mean \pm standard deviation (SD). *
 163 compared with the normal control, $p < 0.05$; # compared with the inflammatory group, $p < 0.05$.
 164 Cocktail, LPS + poly (I:C); LPS, lipopolysaccharide; poly I:C, polyinosinic-polycytidylic acid; TSLP,
 165 Thymic stromal lymphopoietin.

166 3. Discussion

167 The defect of filaggrin is a primary pathogenic factor for the atopic dermatitis (AD) [18]. Many
 168 studies have demonstrated that topical treatment with glucocorticoids and calcineurin inhibitor can
 169 decrease the integrity of stratum corneum and destroy the skin functions [12,19]. Therefore, the core
 170 of AD treatment is to repair skin barriers and restore relative function. The general approaches to
 171 cure AD contain hydration, regulation of SC pH [20] and application of epidermal barrier-improving
 172 agents such as LXR activators, AMP increasing agents and PPAR activators [21]. PPARs including
 173 PPAR α , PPAR β/δ and PPAR γ are expressed in human keratinocytes and skin, which play a critical
 174 role in keratinocyte differentiation and skin recovery [22]. All epidermal layers contain PPAR β/δ ,
 175 but PPAR α and PPAR γ are present in suprabasal. Qiang [23] and Yan [24] have demonstrate that
 176 PPAR γ agonists can stimulate cultured human keratinocytes differentiation and repair skin barrier
 177 in mice model. Meanwhile, PPAR- α agonist like WY14643 increases the expression of some
 178 epidermal differentiation structural protein, which may be critical in human keratinocyte
 179 differentiation. Besides, PPAR activators can alleviate and remedy the adverse effects of topical
 180 glucocorticoids (GC) like decreased keratinocyte proliferation and differentiation in skin [25].
 181 Docosahexaenoic acid (DHA) can act as dual PPAR α/γ agonists [26] and we investigate the impact
 182 of DHA in monolayer culture human keratinocytes. In the current study, we founded that DHA
 183 significantly increase the expression of FLG and LOR in the level of RNA in vitro, without effect of
 184 IVL (Figure 2). However, monolayer culture human cells cannot present complete epidermal
 185 maturation characteristic. Several reports have shown that PPAR agonists can reverse damaged
 186 barrier function in atopic dermatitis-like model, for example, Chiba and Yoshida have founded that
 187 topical application of PPAR- α agonist and DHA can treat atopic dermatitis in NC/Nga mice model
 188 [27,28]. Some study found that the rodent skin models may be able to explain some skin reactions to
 189 PPARs, yet there are restrictions on species specificity and interspecies difference [29,30].

190 Furthermore, it had been demonstrated that there is the presence of PPARs in reconstructed
 191 skin. The expression of filaggrin and other functional protein significantly increases with PPAR
 192 agonists supplement in normal models [31]. In reviewing the literatures, DHA is difficult to
 193 effectively adhere to the skin, hence, all data was found on the association between incubation with
 194 DHA and normal or FLG-deficient models, very little literature is found on the question of topical
 195 DHA application in reconstructed human epidermis model. Only a small clinical trial indicated a
 196 therapeutic effect in AD patients after topical application for two weeks [32]. In the present study,
 197 we firstly generate a normal reconstructed human epidermis (RHE) to investigate the topical effects
 198 of the DHA. Secondly, we make a simple formula (Table S1) to make sure that DHA can stably
 199 attach to the surface of the reconstructed human epidermis. We also observe that SC became thicker
 200 after the topical treatment with DHA (Figure 3), which is according to previous findings [31].
 201 Another important function of filaggrin is its dephosphorylation degradation products called
 202 natural moisturizing factor (NMF), which affect multiple crucial functions tin the maintenance of
 203 epidermal homeostasis. NMF not only modulates the skin pH, acidification and increases retention

204 of water, but also shows the inhibitory influence of pathogenic microorganism colonization and has
205 the positive effect of filaggrin-processing enzyme activity [33]. So, we demonstrated for the first time
206 that upregulation of filaggrin works in reconstructed human epidermis models after topical
207 treatment with a DHA formula and DHA also increases filaggrin and loricrin expression.
208 Interestingly, IVL was not affected by DHA (Figure 3).

209 As mentioned in the literature review, inflammatory environment and microbial infection is
210 another important risk factor to induce and aggravate AD. While there are some AD-like features
211 RHE models induced by some regulatory factors in the previous studies [34], this study firstly
212 developed an AD-associated features RHE model induced by poly I:C plus LPS. Lipopolysaccharide
213 (LPS), a pathogen-associated molecular patterns (PAMPs), can trigger Toll-like receptor (TLR)4 to
214 activate NF- κ B to produce cytokines in human keratinocytes [35]. LPS can act as a microbial
215 infection to generate an inflammatory environment in this model. Poly I:C is known as a TLR3
216 ligand stimulator that can imitate double-stranded RNA to induce an acute immune response in
217 human keratinocytes. The concentrations of poly I:C and LPS were choose according to Figure S1 and
218 the previous literature [36,37]. After treatment of RHE with stimulation cocktail, the epidermal
219 morphology was changed and bring out spongiosis, which agree with other AD-like models [38] and
220 the characteristic of AD patients [39] (Figure 4). It is interesting to note that the results of HE is
221 in well line with morphological characteristic of epidermal models induced by IL-3 and IL-14 [40].
222 Meanwhile, the stimulation cocktail decreased the distribution of barrier proteins like filaggrin
223 (FLG), loricrin (LOR) and involucrin (IVL) (Figure 5), which is similar to other AD-like skin models
224 in vitro [41,42]. Here, we first demonstrated that upregulation of FLG and LOR works in
225 inflammatory RHE models after supplementation topical treatment with DHA (Figure 4).

226 Thymic stromal lymphopoietin (TSLP) that was abundantly expressed by keratinocytes plays
227 an important part in atopic dermatitis and other allergic disorders [43]. Prior studies that have noted
228 that TSLP is governed by the NF- κ B pathway through TLR3. More interestingly, high level
229 proinflammatory cytokines that are found in AD patient skin (IL-1 α and TNF- α) can induce TSLP
230 expression in keratinocytes [44]. Simultaneously, TSLP can brings out a Th2 inflammatory reaction
231 via a vicious circle, which is potential underlying pathogenesis of AD and atopic march [36]. In this
232 study, LPS can significantly stimulate the proinflammatory cytokines secretion in monolayer culture
233 human keratinocytes (Figure 2), The cytokine levels of IL-1 α were correlated inversely with NMF
234 levels. TSLP is over-expressed in RHE models induced by stimulation cocktail further, which is
235 associated inversely with FLG expression in AD patients. Conversely, the levels of cytokines and
236 TSLP secretion were lower than DHA untreated group. It is possible, therefore, that DHA can
237 increase FLG expression by decreasing the expression of TSLP and proinflammatory cytokines in
238 inflammatory RHE models.

239 4. Materials and Methods

240 4.1. Monolayer cell culture

241 Normal human epidermal keratinocyte (NHEK) cells were purchased from Guangdong Biocell
242 Co., Ltd (Guangdong, China) and cultured in Epilife (Gibico, Thermo Fisher Scientific, MA, USA)
243 medium containing 60 μ M Ca²⁺ and HKGS (Gibico, Thermo Fisher Scientific, MA, USA) in a 5% CO₂
244 incubator (Thermo Fisher Scientific, MA, USA) at 37°C. The medium was replaced every two days,
245 the cells were used at 70% to 80% confluence.

246 4.2. Cell Viability Assay

247 Cell Counting Kit-8 (CCK-8) (Beyotime Biotechnology, Shanghai, China) was commonly used
248 to test NHEK cells viability with high accuracy. NHEK cells (6×10^3 cells/well) were seeded in
249 96-well plates (Nunc, Thermofisher scientific, MA, USA). After stimulated with different
250 concentrations of polyinosinic-polycytidylic acid (poly I:C), lipopolysaccharide (LPS) and
251 docosahexnoic acid (DHA) for 24 hours, then the NHEK cells were incubated at 37°C for 4h adding
252 10 μ l/100 μ l CCK-8. Cell viability was used to count by the results of reading absorbance at 450 nm

253 with Microplate Reader (Molecular Devices, California, USA). The cell viability ratio was calculated,
254 and the calculation formula is as follows: Viability (%) = (Optical Density OD_{treatment group} - OD_{background}
255 group)/OD_{control group}) x100%.

256 4.3. Study Design and DHA supplement

257 For LPS and poly I:C, we determined the optimum concentrations for subsequent studies.
258 NHEK cells (6 × 10³ cells/well) were seeded in 96-well plates (Nunc, Thermofisher scientific, MA,
259 USA) and treated with different concentrations of poly I:C and LPS for 24 h according to the results
260 of cells viability. We define the best concentration of LPS plus poly I:C by measuring the expression of
261 TSLP (Figure S1).

262 NHEK cells were seeded into 6-well plates at a density 3×10⁴ cells/ml. NHEK cells were cultured
263 in Epilife medium with 1.3-1.5 uM Ca²⁺ and HKGS for 72h, and the medium was replaced with fresh
264 Epilife medium containing different DHA (100 uM) for extra 24 h. For inflammatory stimulation,
265 NHEK cells were incubated with HKGs and 1.5 uM Ca²⁺ in Epilife medium for 72h. After cocktail
266 was added into medium to stimulate for 24h, then 100 uM DHA were added medium for another
267 24h.

268 4.4. Quantitative real-time PCR analysis

269 The total RNA was extracted from the NHEK cells following the TRIZOL reagent (Life
270 Technologies, CA, USA) recommended protocol. The concentration and quality of RNA were
271 measured using Qubit 3.0 (Thermofisher Scientific, MA, USA). This RNA was used for subsequent
272 cDNA synthesis with the Prime script RT reagent Kit (Thermofisher Scientific, MA, USA). The
273 changes of mRNA levels were measured by a Light Cycler 96 system (Roche) and SYBR Premix Ex
274 Taq II (Takara Biotechnology, Dalian, China) following the manufacturer's recommended protocol.
275 All primers of FLG, LOR, IVL, IL-1 α , TNF- α , IL-6 and GADPH are listed in Table S1. The related
276 data were analyzed using the delta cycle threshold method and the relative expression levels of each
277 gene was normalized to Ct of the glyceraldehyde 3-phosphate dehydrogenase and calculated based
278 on the 2^{- $\Delta\Delta$ CT} method.

279 4.5. Construction of Reconstructed Human Epidermis (RHE) Models and DHA topical treatment

280 Reconstructed Human Skin (RHE) model was established by Complete Epilife growth medium
281 and Cell culture Inserts (Thermofisher Scientific, MA, USA). Briefly, complete Epilife growth
282 medium was prepared by adding 10 ng/ml keratinocytes growth factor, human keratinocytes
283 growth supplement, 50 ug/ml ascorbic acid and 140 uM CaCl₂. According to the standard protocol,
284 coating matrix was diluted by 1:100 and precoated. Cells were seeded in precoated inserts with 0.5
285 ml growth medium in both lower and upper compartment at a density of 7.5 × 10⁴ cells/cm². The
286 air-liquid inter face was established by adding complete growth medium with additional 1.5 mM
287 CaCl₂ to the lower compartment and aspirating the upper compartment medium for 2 days
288 incubation at 37°C and 5% CO₂. The changes of subsequent medium were conducted by aspirating
289 the medium from the lower compartment and replacing it with fresh medium supplemented with
290 an additional 1.5 mM CaCl₂ (1.7 mM total CaCl₂). For inflammatory RHE, the cocktail was added 72h
291 before DHA treatment.

292 According the Table S1, the simple formula was designed and used for next study. Dispense 32
293 μ l/cm² of the 0.1% DHA cream formula on the top of each epidermis tissue. After 24 hours
294 incubation, rinsing thoroughly 25 times with 1 mL PBS to remove all residual chemical from the
295 epidermal surface before further analyzation.

296 4.6. Haematoxylin–eosin (HE) staining

297 Harvested RHE models were fixed in 10% formalin reagent (Sigma, St. Louis, MO, USA),
298 dehydrated with ethanol and embedded in paraffin. RHEs sections were cut to 5 μ m, deparaffinized
299 and the slices were rehydrated using graded ethanol series. Finally, the slices were stained with

300 eosin and hematoxylin (Sigma, St. Louis, MO USA). The RHE slices were observed by EVOS FL auto
301 (ThermoFisher scientific, MA, USA) after mounting with neutral balsam.

302 4.7. Western blot

303 After treatment, the RHE models were washed with cold PBS and harvested with M-PER
304 Mammalian Protein Extraction Reagent (Thermo fisher Scientific, MA, USA). A bicinchoninic
305 Protein Assay kit (Pierce; Thermo Fisher Scientific) was used to measure the protein concentrations.
306 20 ug proteins were boiled and separated by 10% SDS-PAGE, then gels were transferred onto a
307 PVDF membrane by using Power Blotter System (ThermoFisher Scientific). Following 5%
308 skimmed-milk blocking, the membranes were incubated with anti-FLG (1:2000; ThermoFisher),
309 anti-IVL (1:2000, Noves) and anti-GAPDH (1:5000; Invitrogen) antibodies overnight at 4°C. The
310 membranes were washed and incubated with secondary antibody (1:20000) (Invitrogen) conjugated
311 with horseradish peroxidase (HRP) in 0.5% PBST for 1 h. Proteins expression were detected by
312 iBright FL1000 image system (Thermo fisher Scientific) and quantified by using iBright analysis
313 software (Thermo fisher Scientific, USA).

314 4.8. Immunohistofluorescence assay

315 After different topical treatment, the RHE models were washed with cooled
316 phosphate-buffered saline (PBS) and fixed with 4% paraformaldehyde for 30 min. After incubation
317 in 0.05% Triton X-100 for 30 mins, the treated RHE slices were blocked with 5% BSA buffer for
318 60 min. The RHE models were incubated with primary antibody (FLG; 1:500, LOR 1:500, IVL 1:500,
319 Abcam) overnight at 4 °C, followed incubation with an Alexflour 488-conjugated secondary Goat
320 anti-rabbit IgG (1:200; Invitrogen) for 2 hours in the dark at 37 °C. The nuclei were stained by
321 incubation for 10 min at room temperature with 4,6-diamidino-2-phenylindole (DAPI, 1:1000,
322 ThermoFisher Scientific, MA, USA). The images of immunohistofluorescence were visualized with
323 Fluorescence Microscope (EVOS FL auto, Life Technology, Carlsbad, CA, USA) and analyzed using
324 the EVOS browser imaging software (ThermoFisher Scientific, MA, USA).

325 4.9. TNF- α , TSLP IL- α and IL-6 by Enzyme-Linked Immunosorbent Assay (ELISA).

326 The supernatant of NHEK cells or RHE models' samples were collected from the 6-wells plates.
327 Proinflammatory mediators like tumor necrosis factor alpha (TNF- α), IL-1 α , IL-6 and Thymic
328 stromal lymphopoietin (TSLP) were determined by using ELISA kits (R&D, Minnesota, USA). The
329 tests were performed strictly according to the manufacturer's instructions.

330 4.10. Statistical Analyses

331 All the values have been reported in terms of means \pm standard deviation (SD). The mean values
332 were calculated based on data from at least three independent replicate experiments. The data were
333 analyzed using the Student's t-test. P value less than 0.05 was statistically significant. All statistical
334 analyses were performed using SPSS 25.0 (IBM Co., Armonk, NY, USA)

335 5. Conclusions

336 In conclusion, treatment with DHA can improved related barrier function and ameliorate
337 inflammation in monolayer keratinocytes and inflammatory reconstructed human epidermis
338 models, which indicated that DHA may have a potential value for the treatment of
339 inflammatory-associate skin diseases.

340 **Supplementary Materials:** The following are available online, Figure S1: Effect of poly I:C, LPS and cocktail on
341 the TSLP secretion in NHEK cells. Table S1: Primers for qPCR, Table S2: Formula Composition.

342 **Author Contributions:** methodology, T.J.; investigation, T.J., Q.Y. and W.Q.; validation, Q.W. and Q.Y.;
343 writing—original draft preparation T.J. and W.Q.; writing—review and editing, W.W.; supervision and project
344 administration, K.K.

345 **Conflicts of Interest:** The authors declare no conflict of interest.

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- 474 **Sample Availability:** Samples of the compounds DHA are available from the authors.