

# Effect of Tea Polyphenol on Serum Hormone, Serum Enzyme Activity and Antioxidant-Related Gene Expression in Chinese Yellow Chicken under Heat Stress

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**Abstract:** The present study was conducted to evaluate the effects of dietary supplementation of tea polyphenol (TP) on serum hormone, serum enzyme activity, antioxidant-related and immune-related gene expression of laying hens under heat stress. A total of 288 Chinese yellow chicken (186 days old) were randomly distributed among two treatments, each of which included 6 replicates of 24 hens. Dietary treatments were that the basal diet was supplemented with 200 mg / kg tea polyphenol. The study lasted for 7 weeks, including 1 week of adaptation and 6 weeks of the formal test. The content of high-density lipoprotein cholesterol (HDL-C) and total protein (TP) in serum significantly decreased by dietary supplementation with tea polyphenol. Dietary tea polyphenol supplementation improved serum superoxide dismutase (SOD), glutathione peroxidase (GSH-Px) enzyme activity and decreased serum malondialdehyde (MDA) content in treatments compared to the control. However, supplementation of tea polyphenol did not affect the activity of serum catalase (CAT). The results indicated that long-term feeding of tea polyphenols help to increase the amount of hormones (FSH, E<sub>2</sub>) associated with reproduction in laying hens and thus improve egg production. It also improved the immune function of laying hens in high temperature environments. Adding tea polyphenols to the diet can significantly increase the serum IgG, IgM content of the laying hens and can upregulate the IgA content. Dietary supplementation of tea polyphenols in the laying hens significantly increased the expression of antioxidant enzyme-related genes (SOD, CAT and GPX1) in the liver. Moreover, the addition of tea polyphenols significantly increased the expression of immune-related genes (Interferon- $\gamma$  (INF- $\gamma$ ), Interleukin 2 (IL-2) and Interleukin 4 (IL-4)) in the spleen. It is concluded that addition of tea polyphenols has a positive effect on antioxidant activity and immune function of laying hens.

**Keywords:** tea polyphenol; Serum hormone; enzyme activity; immune function, enzyme-related genes

## 1. Introduction

Heat stress causes significant hyperthermia and results in reduction of egg production, egg weight, ovarian weight, and the number of large follicles, which can lead to a significant reduction in plasma progesterone, 17 $\beta$ -estradiol, testosterone and luteinizing hormone [1, 2] and affects mRNA expression of cytochrome P450 17- $\alpha$  hydroxylase and steroidogenic enzymes in the hen ovary [1]. Heat-stressed rat granulosa cells showed a time-dependent increase in apoptosis [3]. It appears from the above studies that heat stress directly affects reproductive function in vertebrates. However, an alternate explanation for these previously observed reproductive effects is that heat stress can have negative impacts on egg production and reproductive performance through the effect on feed intake and physiological characteristics of laying hens [4, 5]. Decreased feed intake is known to affect the endocrine system, leading to acid-base imbalances and organ dysfunction [6]. In addition, heat stress may also result in decreased immune function [7]. High-temperature environmental stress also increases both the incidence and severity of infections from pathogens such as *Salmonella* and *Campylobacter* in farm animals [8]. In fact, many domestic chickens are severely affected by natural heat stress due to location of tropical or subtropical regions [6, 9]. Recently, nutritional strategies have been proposed that can be used to improve the tolerance of birds to heat stress, such as dietary reduction of protein [10, 11] or energy and the introduction of dietary supplements [12, 13]. With the focus on the animal health, more and more natural and safe feed additives have become the primary choice for farms. These feed additives were mainly from some natural plants extraction. Studies have shown that curcumin can be used as a feed additive to enhance the antioxidant properties of laying hens [14], and isoflavones in soybeans can be used as additives to increase progesterone secretion from chicken granulosa cells [15]. Probiotics have also been reported as feed additives to slow the rate of reproductive aging [16]. Additionally, there are many studies that Chinese herbal medicine can be used as a safe feed additive, such as the effect of *Astragalus membranaceus* on the gut microbiota of laying hens [17]. Therefore, such natural additives have a broad prospect in animal production.

Polyphenols are key biologically active compounds in tea. Epigallocatechin-3-gallate (EGCG), which accounts for 50-80% of total catechins in tea, is considered to be the most biologically active catechin in green tea [18]. The mechanism of action of EGCG has been proposed to involve inflammation, oxidative stress and various molecular signalling pathways as targets for EGCG [19]. Studies have shown that dietary supplements of 200 mg / kg of tea polyphenols can improve the performance of older hens, protein and a large number of forms [20]. Tea polyphenol can also prevent atherosclerosis [21]. Studies have shown that L-theanine in tea can regulate immunity, regulate the secretion of Th1 and Th2 cytokines, and supplement L-theanine can increase serum interleukin-2 (IL-2) and interferon gamma (IFN- $\gamma$ ) content [22]. However, there are few reports on the supplementation of tea polyphenols as feed additives to improve antioxidant properties and immune functions in animals, especially in relieving heated-stress states.

The female Chinese yellow chicken are often used to lay, so in somewhere, these chickens can be regarded as a laying line, but they are subjected to effect of natural environment.

Therefore, the objective of this study was to evaluate the effects of tea polyphenols supplementation on serum antioxidant enzymes, serum hormones, immune function and

related genes content in Chinese yellow chicken under heat stress.

## 2. Materials and Methods

### 2.1 Ethics Statement

This experimental protocol was approved by the Ethical Committee and conducted under the supervision of the Institutional Animal Care and Use Committee of Nanjing Agricultural University, Nanjing, China.

### 2.2 Experimental Birds, Design, and Feed Preparation

In this study, 288 186-day-old layer-type China native yellow chickens were assigned to 96 cages for seven weeks (one week of adaptation, six weeks of experimental period), completely randomized (CRD). The hens were randomly divided into 2 experimental groups, each with 6 replicates, with each replicate containing 24 chickens. Relative humidity was maintained at 50%, with temperature and humidity measured daily. Environment was kept clean and well-ventilated. Diets were prepared according to the normal nutritional needs of laying hens in China (Table 1).

Tea polyphenols were obtained from Wuxi Sanzhi Biotechnology Co., Ltd., Jiangsu, China. The laying hens were divided into two groups, the control group: the basic diet; the treatment group: 200 mg / kg tea polyphenols were added to the basal diet. The experiment was conducted from July 15 to August 26, 2018, and exposed to high temperature for 7 hours every day (10:00 am - 17:00 pm), with an average daily temperature of  $32\text{ }^{\circ}\text{C} \pm 2$ . Samples were taken after the end of the experiment and 6 hens from each group were randomly selected.

### 2.3 Assay of Serum Biochemical Parameters

At the end of the feeding period, six blood samples (3 mL) from each treatment were collected from a wing vein using a sterile syringe and needle. After equilibration at room temperature for 30 minutes, serum was obtained by centrifugation at  $3500\times g$  for 15 minutes. Serum samples were stored at  $-20\text{ }^{\circ}\text{C}$  to determine serum parameters.

Serum cholesterol (CHO), total protein (TP), triglyceride (TG), albumin (ALB), high-density lipoprotein cholesterol (HDL-C), low-density lipoprotein cholesterol (LDL-C), glucose (GLU), aspartate aminotransferase (AST), alanine aminotransferase (ALT) and alkaline phosphatase (ALP) levels were determined by biochemical automatic analysis.

### 2.4 Assay of Enzyme Activities and Endocrine Hormones

Superoxide dismutase (SOD), glutathione peroxidase (GPx), catalase (CAT) and malondialdehyde (MDA) [23] activities were assayed in serum using commercial kits (Nanjing jiancheng) [24]. Corticosterone (COR), oestradiol (E2), follicle stimulating hormone (FSH), luteinizing hormone (LH) were measured by ELISA. (Nanjing jiancheng)

### 2.5 Assay of Immune Activity

The IgG, IgA, IgM, complement C3, complement C4, IL-6 were measured by ELISA. The assay kit was purchased from Aoqing Biological Co., Ltd, and the reagent preparation and

procedure were carried out according to the instructions. Main instruments: incubator, constant temperature water bath, oscillator.

### 2.6 RNA Extraction and Quantitative Real-Time PCR Assay

TRIzol reagent was used to extract total RNA from the liver and spleen. The total RNA concentration was determined using a Thermo Nano Drop 2000 (Thermo Fisher Scientific Inc., Waltham, USA). Reverse transcription was then performed in which the reaction system (20  $\mu$ L) contained 4  $\mu$ L of total RNA. Next, the cDNA was produced through reverse transcription, and the cDNA was diluted to a desired concentration (400 ng/ $\mu$ L) for quantitative real-time PCR.

The mRNA expression levels of antioxidant enzyme-related genes - SOD, CAT, GPx1 and heat shock protein 90 (HSP90) in the liver were analysed using quantitative real-time PCR. Similarly, quantitative real-time PCR was used to analyze the mRNA expression levels of the anti-immunological related genes Interferon- $\gamma$  (INF- $\gamma$ ), Interleukin 2 (IL-2) and Interleukin 4 (IL-4) in the spleen. The primers used in this study were designed by Primer 3.0 software (Premier Biosoft International, Palo Alto, CA) and synthesized by GENEWIZ Biotechnology Company (Nanjing, China) (Table 2). Using the following procedure, the system used for quantification is 20  $\mu$ L, qRT-PCR was performed in triplicate: 95  $^{\circ}$ C, 8 minutes, 35 cycles, 95  $^{\circ}$ C for 10 seconds, 60  $^{\circ}$ C for 15 seconds, 72  $^{\circ}$ C for 10 seconds, 72  $^{\circ}$ C for 10 minutes. The target genes and the  $\beta$ -actin primer sequence are listed in Table 2. The relative expression levels of target gene mRNAs were analysed by comparing CT values ( $2^{-\Delta\Delta CT}$ ).

### 2.7 Statistical Analysis.

All data were analysed using SPSS Version 20.0 for Windows and expressed as the mean values with pooled standard errors of the mean using one-way ANOVA. Differences were considered statistically significant at  $P < 0.05$  and highly significant at  $P < 0.01$ , unless otherwise stated.

## 3. Results

### 3.1 Effects of TP on Serum Biochemical Parameters

Changes in serum parameters at the end of 42 days of feeding were observed as follows (Table 3): TP (total protein) content in treatment significantly decreased by 9.49% ( $P < 0.05$ ) compared with the control. There was also a significant difference in serum HDL-C (high density protein) content between the two groups; treatment decreased by 54.1% ( $P < 0.05$ ) compared with the control.

### 3.2 Effect of TP on Serum Antioxidant Indices

It is well known that SOD, GSH-PX, CAT and MDA are the four main indicators reflecting the antioxidant status of laying hens[25], so we determined the activity of SOD, GSH-PX, CAT and the MDA content of serum. Table 4 reflects the serum antioxidant index after 42 days of feeding with the tea polyphenol additive. From the four indices, it can be seen that the serum antioxidant index did not change significantly after 42 days of feeding, but it still followed the trend of SOD, GSH-PX, CAT increasing and MDA decreasing.

### 3.3 Effect of TP on Reproductive Hormones

Table 5 reflects serum hormone levels 42 days after the administration of tea polyphenols. Compared with the control group, the serum COR level in the treatment group decreased by 12.5% ( $P < 0.05$ ); concentration of FSH in the treatment group was significantly higher than that of the control group by 17.15% ( $P < 0.05$ ).

### 3.4 Effects of TP on Immune Parameters

Table 6 shows the immune status of laying hens after 42 days of tea polyphenol feeding. Compared with the control group, the levels of serum IgG and IgM in the treatment group were significantly increased by 36.76% and 31.64% ( $P < 0.05$ ), respectively.

### 3.5 Expression of Antioxidant-related Genes in the Liver

It can be seen from Figure 1 that after 42 days of adding tea polyphenols to the diet, the expression levels of SOD and GPX1 mRNA in the liver of the laying hens were significantly higher than those in the control group under heat stress ( $P < 0.05$ ). However, the expression of CAT mRNA in liver was significantly decreased ( $P < 0.05$ ), and there was no significant difference in the expression of HSP90 mRNA. This is consistent with the change in the previously measured antioxidant index, which demonstrates that the addition of tea polyphenols increases the antioxidant properties of laying hens.

### 3.6 Expression of Immune-related Genes in the Spleen

The effects of tea polyphenols on the levels of INF- $\gamma$ , IL-2 and IL-4 in spleen of laying hens were measured. As shown in Figure 2, after feeding the polyphenols diet for 42 days, it was observed that the spleen INF- $\gamma$ , IL-2 and IL-4 mRNA expression levels were significantly increased in the treated group compared with the control group ( $P < 0.01$ ).

## 4. Discussion

Flavonoids are found in beverages such as vegetables, fruits, grains, nuts, cocoa and tea. Flavonoids have antioxidant and anti-inflammatory effects. Flavonoids mainly include luteolin, velutin, orange peel, nobiletin, kaempferol, quercetin, apigenin, myricetin and catechins from tea [26]. The subject of this experiment is a tea polyphenol which is a component of catechin. This test aims to determine whether tea polyphenols can be fed to laying hens as a natural antioxidant feed additive to reduce heat stress caused by high temperatures in summer. In recent years, many studies have demonstrated the therapeutic effects of flavonoids on some diseases, such as insulin resistance [26]. Also useful as a supplement to agents for the treatment of arthritis and other autoimmune diseases [27]. It has been confirmed that polyphenols have a mitigating effect on stomatitis and dental disease [28]. Studies have also shown that epigallocatechin-3-gallate (EGCG) protects against kidney disease and demonstrates that EGCG acts as an antioxidant by inhibiting excessive production of ROS caused by stress or irritation [29]. (-)-Epigallocatechin-3-gallate (EGCG), occupying 50–80% of the total catechins in tea, is considered to be the most chemically active catechin in green tea [18]. Previous research has shown that EGCG has the capacity to scavenge toxic reactive metabolic wastes [30]. Other studies demonstrated that the likely

mechanisms of EGCG are oxidative stress, inflammation, and different molecular signalling pathways as the targets of EGCG [19]. Therefore, we speculated that the addition of tea polyphenols to basal diets may be associated with antioxidant properties and immune function. According to our experiments, in the presence of heat stress the addition of tea polyphenols can effectively improve the antioxidant performance of laying hens and the immune function of laying hens. Hormone levels also improved. Additionally, the addition of polyphenols increases the expression level of antioxidant-related genes.

#### *4.1 Effects of TP on Serum Biochemical*

After 42 days of feeding the diet supplemented with tea polyphenols, it was found that the total protein content (TP) in the serum of the treated group and the control group decreased significantly. EGCG in polyphenols has a certain alleviation effect on many chronic and cardiovascular diseases, especially cardiovascular diseases [31]. The increase in total protein content may be caused by some liver diseases [32]. Therefore, we speculate that the addition of tea polyphenols is also effective in preventing liver diseases.

#### *4.2 Effects of TP on Antioxidation*

From the antioxidant index data measured in the serum, it was found that the SOD, GSH-Px content of the treated group was increased, and the MDA level was lowered as compared with the control group. With the development of modern intensive farming, chickens are prone to oxidative stress [33]. Antioxidants (SOD, CAT, GSH-Px and MDA) are the first lines of defence against oxidative damage [34]. Through previous research, we know that a high temperature environment can induce oxidative stress in the body [35]. The good antioxidant properties of EGCG in tea polyphenols [36] remind us that intervention can improve the antioxidant performance of laying hens. The results showed that feeding a diet supplemented with tea polyphenols in a high temperature environment can increase the antioxidant content of laying hens, thereby improving the antioxidant performance.

#### *4.3 Effects of TP on Hormone Levels*

During the development of chicken ovary and follicles, a strict follicular development system was established through natural selection and follicular atresia, allowing these follicles to develop in a certain order [37, 38]. Egg production is currently one of the most profitable industries in animal production. Gonadotropins, such as FSH and LH, play a particularly important role in follicular development [39]. FSH can promote the secretion of P4 in follicular granulosa cells at some stages of follicular development [38]. In addition, LH can also promote the secretion of P4 [40, 41]. E2 promotes follicular development through feedback to the hypothalamus and pituitary [42]. Therefore, we measured the levels of FSH, LH and E2 in the serum of laying hens under different treatments. These indicators can be used to reflect the laying performance of laying hens [43]. The result is that feeding a diet supplemented with tea polyphenols in a high temperature environment can significantly increase the FSH content in the serum of laying hens. An increase in FSH content can stimulate follicular growth and maturation and promote the production of heavy oestrogen in follicles. It can be concluded that tea polyphenols have a beneficial effect on the laying performance of laying hens.



Corticosterone is the major glucocorticoid released by the adrenal cortex of rodents, birds and reptiles [44]. When released into the peripheral circulation, CORT binds to intracellular glucocorticoid receptors, which usually respond to stress in some animals [45, 46]. From the results obtained in this experiment, after adding tea polyphenols to the laying hens' diet in a high temperature environment, the corticosterone content in the serum was significantly lower than that of the control group. It can be concluded that tea polyphenols play a very important role in relieving heat stress in laying hens.

#### *4.4 Effects of TP on Immune Activity*

As mentioned earlier, many studies have shown that polyphenols have a therapeutic effect on inflammatory diseases. Green tea polyphenols or EGCG treatment have been shown to effectively inhibit chronic psoriasis pruritus in mice. Moreover, the itching relief of EGCG can be attributed to its antioxidant and anti-inflammatory properties [47]. This provides strong preclinical evidence for tea polyphenols to improve immune function. Studies have revealed a new role of green tea polyphenol EGCG in regulating Ca<sup>2+</sup> entry into murine CD4<sup>+</sup> T cells and human leukemia T cell lymphoblasts [48], thereby improving immune function. It has also been shown to relieve allergic symptoms [49]. Serum immunoglobulin concentration, as a parameter reflecting the immune function in animals, plays an important role in combating various infections and diseases [50]. To the best of our knowledge, few studies have investigated the complementary effects of TP on serum immune responses in laying hens at high temperatures. The results of this experiment showed that diets supplemented with tea polyphenols in a high temperature environment increased the levels of serum IgA, IgG and IgM in laying hens compared with the control group, and the IgG and IgM content increased significantly. It can be concluded that feeding supplemental tea polyphenols will increase the immune function of laying hens in high temperature environments. However, further research is needed to draw some conclusions about the dietary effects of tea polyphenols on immune responses.

#### *4.5 Effects of TP on Genes Expression of Antioxidant Enzymes in the Liver*

Previous studies have shown that SOD is the first enzyme to fight O<sub>2</sub> radicals and important endogenous antioxidants against oxidative stress, and GSH-dependent enzymes (GST, GPx and GR) are resistant to peroxidative damage [51]. Increased expression of antioxidant-related genes, the liver's antioxidant defense system is greatly activated to resist oxidative damage caused by heat stress and balance the body's oxidation and antioxidant levels [52]. The enhanced motor activity (SOD) of antioxidants, CAT and GPX1 leads to increased defense against oxygen and free radicals in laying hens. The result of this experiment was that the expression levels of total RNA SOD and GPX1 in the liver were up-regulated in the tea polyphenol supplement group. The HSP90 gene is expressed when stressed. It can be seen from the results of this study that there was a downward trend in the expression of HSP90 in the liver of the laying hens compared with the control group, but the difference was not significant. Consistent with our results, Simona Rimoldi et al [53] found no difference in HSP90 mRNA expression between the two groups. It is speculated that this may be due to chronic heat stress. Collectively, these results indicate that the tea polyphenol-fed hens have a better antioxidant status than the control.

#### *4.6 Effects of TP on Genes Expression of Immune-related in the Spleen*

INF- $\gamma$  is a pluripotent cytokine produced by activated T lymphocytes and plays an

important regulatory role in the immune system. It not only activates macrophages but also activates NK cells [54]. And it is a highly potent antiviral cytokine with broad-spectrum immunomodulatory effects [55]. It is reported that the beginning of IL-2 function depends on B and T lymphocytes, which is one of the most important lymphoid factors regulating the immune function of the body [56]. Similarly, the function of Th2 relies on the secretion of IL-4 and other cytokines to stimulate humoral immunity [57]. INF- $\gamma$  and IL-2 are mainly expressed by Th1 cells, while IL-4 is mainly expressed by Th2 cells, which play important roles in mediating cellular and humoral immune responses, respectively[58]. Therefore, we determined the contents of INF- $\gamma$ , IL-2 and IL-4 in the total RNA of spleen tissues of laying hens by real-time fluorescence quantitative determination. Compared with the control group, the results showed that tea polyphenols significantly increased the levels of IL-2, INF- $\gamma$  and IL-4 in the spleen of laying hens under heat stress. An increase in the expression levels of these immune factors suggests that the addition of tea polyphenols may exert an immunomodulatory response by improving the balance of Th1/Th2. The quantitative results are similar to changes in the immune-related factors measured in serum. It is further proved that the supplementation of tea polyphenols can effectively regulate the immune function of laying hens under heat stress mode.

## 5. Conclusion

This study shows that the addition of tea polyphenols in high-temperature environments has an effect on increasing the antioxidant capacity, increasing the expression of antioxidant-related genes in the liver, improving immune function, enhance the expression of immune-related factors in the spleen, and increasing hormones associated with reproduction to increase the amount of egg production. The experimental results show that tea polyphenols play an important role in relieving heat stress in laying hens. Therefore, tea polyphenols can be used as natural and safe antioxidants to improve the adverse effects of high temperature environments on laying hens.

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#### Chart Legends

**Table 1** Composition and nutrition levels of the basal diet (fed basis, %)

**Table 2** Gene-specific primers used in the real-time quantitative chain reaction

**Table 3** Effects of tea polyphenol on parameters of serum in laying hens

Data with different superscript letters are significantly different ( $P < 0.05$ ).

**Table 4** Effects of tea polyphenol on serum antioxidant index of laying hens

**Table 5** Effects of tea polyphenol on hormone levels of laying hens

Data with different superscript letters are significantly different ( $P < 0.05$ )

**Table 6** Effects of tea polyphenol on immune parameters in laying hens

Data with different superscript letters are significantly different ( $P < 0.05$ )

**Figure 1.** The mRNA expressions of SOD, GSH-Px, CAT, and HSP90 after 42 days of heat exposure in the liver of hens.

\*: Means differ significantly,  $P < 0.05$ .

**Figure 2.** The mRNA expressions of INF, IL-2, and IL-4 after 42 days of heat exposure in the spleen of hens.

\*\* : Means differ extremely significant,  $P < 0.01$ .

**Table 1** Composition and nutrition levels of the basal diet (fed basis, %)

Ingredients (%)	content	Analyzed nutrient	content
Corn	62.00	ME (MJ/kg)‡	11.20
Soybean meal	22.00	CP	17.00
Wheat bran	3.00	EE	6.32
Limestone	8.00	Lys	0.78
Premix†	3.00	Met+Cys	0.68
NaCl	0.40	Met	0.54
Calcium hydrophosphate	1.60	Ca	3.52
Total	100.00	P	0.48

†The premix provides the following per kg diet: vitamin A 7000 IU; vitamin D 3 2500 IU; vitamin E 36 mg; vitamin K 32 mg; vitamin B12 mg; vitamin B2 5.6 mg; vitamin B6 4 mg; vitamin B12 0.025 mg; nicotinic acid 38 mg; folic acid 1.1 mg; calcium pantothenate 10 mg; biotin 0.16 mg; Cu 10 mg; Fe 80 mg; Mn 100 mg; Zn 60 mg; I 0.55 mg; Se 0.12 mg. ‡Values are deterministic values except ME.

ME, metabolic energy; CP, crude protein; EE, ether extract; Lys, lysine; Met, methionine; Cys, cysteine.

**Table 2 Gene-specific primers used in the real-time quantitative chain reaction**

Gene	Accession no.	Sequences (5' → 3')	Product size (bp)
SOD1	NM 205,064.1	F: TTGTCTGATGGAGATCATGGCTTC R: TGCTTGCCTTCAGGATTAAGTGAG	98
GPX1	NM 0,012,77853.1	F: TCACCATGTTCGAGAAGTGC R: ATGTA CTGCGGGTTGGTCAT	124
CAT	NM 0,010,31215.1	F: GTTGCGGTAGGAGTCTGGTCT R: GTGGTCAAGGCATCTGGCTTCTG	182
HSP90	NM 423463	F: GGTGTTGGTTCCTACTCTGCTTAC R: ACTGCTCATCATCATTGTGCTTGG	372
IL-2	NM_008366	F: TCAGCAACTGTGGTGGACTT R: GCCTTATGTGTGTAAGCAGGA	106
IL-4	NM_021283	F: GTTCTTCGTGCTGTGAGGAC R: TGTACCAGGAGCCATATCCAC	135
INF-γ	NM_008337	F: TAACTCAAGTGGCATAGATGTGGAAG R: GACGCTTATGTGTGCTGATGG	169
β-actin	NM 205,518.1	F: CTACACACGGACACTTCAAG R: ACAACATGGGGGCATCAG	244

SOD1, Superoxide dismutase 1; GPX1, Glutathione peroxidase 1; CAT, Catalase; HSP90, Heat shock protein 90; IL-2, Interleukin 2; IL-4, Interleukin 4; INF-γ, Interferon-γ.

**Table 3 Effects of tea polyphenol on parameters of serum in laying hens**

item	Control	Treatment
AST(U/L)	316.4 ± 27.38	300.4 ± 26.18
ALT(U/L)	10.75 ± 1.44	11.25 ± 2.14
TP(g/L)	50.6 ± 0.98 <sup>a</sup>	45.8 ± 1.16 <sup>b</sup>
ALB(g/L)	25.2 ± 1.07	25.6 ± 0.4



ALP(U/L)	600.25 ± 61.1	768.25 ± 37.19
TG(mmol/L)	7.81 ± 0.87	8.82 ± 0.87
CHO(mmol/L)	3.66 ± 0.17	3.32 ± 0.3
GLU(mmol/L)	12.4 ± 0.12	12.59 ± 0.19
HDL-C(mmol/L)	1.83 ± 0.05 <sup>a</sup>	0.84 ± 0.23 <sup>b</sup>
LDL-C(mmol/L)	0.08 ± 0.01	0.06 ± 0.01
UA(mmol/L)	341.6 ± 26.16	343.6 ± 61.96
GRE(A(mmol/L)	5 ± 1.14	4.4 ± 0.98

Values are the mean ± SE of 6 hens. Data with different superscript letters are significantly different ( $P < 0.05$ ). AST, aspartate aminotransferase; ALT, aminotransferase; ALP, alkaline phosphatasealanine; ALB, albumin; TP, total protein; TG, triglyceride; CHO, cholesterol; GLU, glucose; HDL-C, high density protein and LDL-C, low density protein.

**Table 4 Effects of tea polyphenol on serum antioxidant index of laying hens**

item	Control	Treatment
SOD (U/ml)	12.83 ± 0.24	13.01 ± 0.05
GSH-PX (U)	9.78 ± 1.3	11.92 ± 0.87
CAT (U/ml)	5.1 ± 0.66	5.84 ± 0.82
MDA (nmol/ml)	7.1 ± 0.8	6.98 ± 0.73

Values are the mean ± SE of 6 hens. Data with different superscript letters are significantly different ( $P < 0.05$ ). GSH-Px, glutathione Peroxidase; SOD, superoxide dismutase; CAT, Catalase; MDA, malondialdehyde.

**Table 5 Effects of tea polyphenol on hormone levels of laying hens**

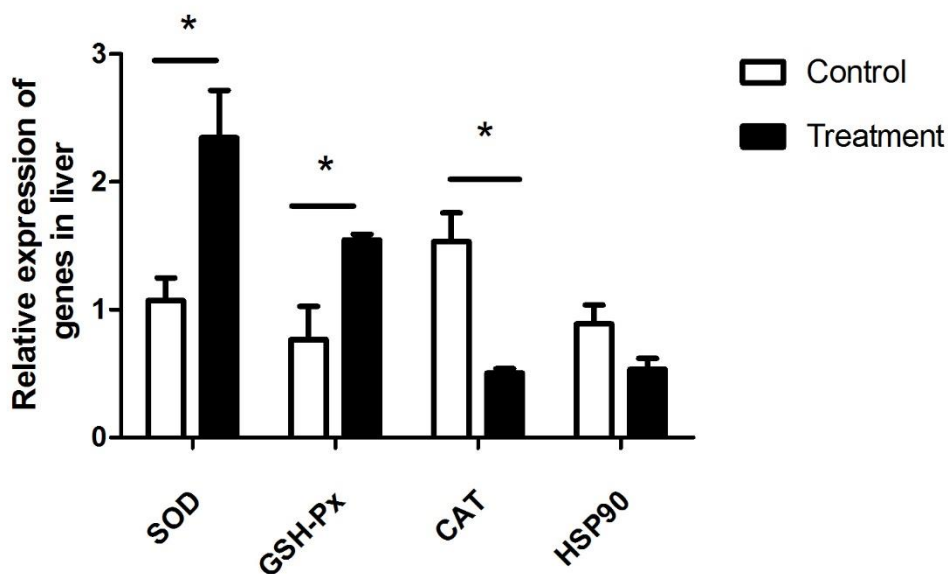
item	Control	Treatment
COR(ug/L)	188.74 ± 6.4 <sup>a</sup>	165.14 ± 5.53 <sup>b</sup>
E2(ug/L)	401.35 ± 20.22	451.69 ± 18.35
FSH(ug/L)	3.79 ± 0.08 <sup>b</sup>	4.44 ± 0.18 <sup>a</sup>
LH	14.51 ± 0.61	16.41 ± 0.9

Values are the mean ± SE of 6 hens. Data with different superscript letters are significantly different ( $P < 0.05$ ). COR, corticosterone; FSH, follicle stimulating hormone; E2, estradiol; PRL, prolactin; LH, luteinizing hormone.

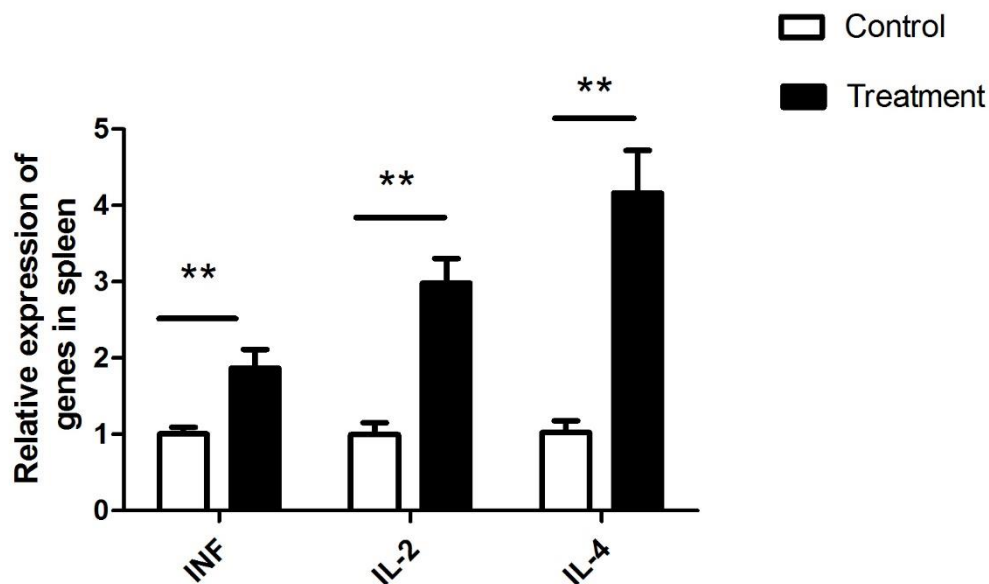
**Table 6 Effects of tea polyphenol on immune parameters in laying hens**

item	Control	Treatment
IgA(ug/mL)	243.73 ± 19.4	267.44 ± 15.62
IgG(ug/mL)	310.08 ± 26.23 <sup>b</sup>	424.06 ± 17.37 <sup>a</sup>
IgM(ug/mL)	2.75 ± 0.11 <sup>b</sup>	3.62 ± 0.32 <sup>a</sup>
C3(ug/mL)	1466.37 ± 60.8	1461.46 ± 37.59
C4(ug/mL)	908.17 ± 70.09	868.38 ± 41.39
IL6 (ng/L)	20.88 ± 1.66	21.77 ± 0.85

Values are the mean ± SE of 6 hens. Data with different superscript letters are significantly different ( $P < 0.05$ ).



**Figure 1.** The mRNA expressions of SOD, GSH-Px, CAT, and HSP90 after 42 days of heat exposure in the liver of hens. Each result represents the mean value  $\pm$  SEM (n = 6); \*: Means differ significantly,  $P < 0.05$ . Control, heat-stress group; Treatment, feed tea polyphenol group. SOD, Superoxide dismutase; GSH-Px, Glutathione peroxidase; CAT, Catalase; HSP90, Heat shock protein 90.



**Figure 2.** The mRNA expressions of INF, IL-2, and IL-4 after 42 days of heat exposure in the spleen of hens. Each result represents the mean value  $\pm$  SEM (n = 6); \*\*: Means differ extremely significant,  $P < 0.01$ . Control, heat-stress group; Treatment, feed tea polyphenol group. INF, Interferon- $\gamma$ ; IL-2, Interleukin 2; IL-4, Interleukin 4.