

1 *Review*

## 2 **Epigenetic effects of polybrominated diphenyl ethers** 3 **on human health.**

4 **ROBERT G. POSTON and RAMENDRA N. SAHA\***

5 Molecular and Cell Biology Department, School of Natural Sciences, University of California, Merced, 5200  
6 North Lake Road, Merced, California, USA, 95343

7 \* Correspondence: rsaha3@ucmerced.edu; Tel: 01-(209)-228-2425

8

9 **Abstract:** Disruption of epigenetic regulation by environmental toxins is an emerging point of focus  
10 for understanding the latter's impact on human health. Polybrominated diphenyl ethers (PBDEs),  
11 one such group of toxins, are an environmentally pervasive class of brominated flame retardants  
12 that have been extensively used as coatings on a wide range of consumer products. Their  
13 environmental stability, propensity for bioaccumulation, and known links to adverse health effects  
14 have evoked extensive research to characterize underlying biological mechanisms of toxicity. Of  
15 particular concern is the growing body of evidence correlating human exposure levels to behavioral  
16 deficits related to neurodevelopmental disorders. The developing nervous system is particularly  
17 sensitive to influence by environmental signals, including dysregulation by toxins. Several major  
18 modes of actions have been identified, but a clear understanding of how observed effects relate to  
19 negative impacts on human health has not been established. Here we review the current body of  
20 evidence for PBDE-induced epigenetic disruptions, including DNA methylation, chromatin  
21 dynamics, and non-coding RNA expression while discussing potential relationship between PBDEs  
22 and neurodevelopmental disorders.

23 **Keywords:** polybrominated diphenyl ethers; PBDE; Neurodevelopment; Epigenetics; DNA  
24 methylation; Chromatin remodeling; Environmental toxins; Toxicity

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### 26 **1. Introduction**

27 Across the world, humans face exposure to a vast number of industrial chemicals, whose  
28 potential for negatively impacting human health has long been a concern<sup>1-3</sup>. In early 2018, the United  
29 States Environmental Protection Agency (EPA) reported 30,972 active chemicals in industry out of a  
30 total of 86,071 registered in the agency's TSCA (Toxic Substances Control Act) Chemical Substance  
31 Inventory. The European Chemicals Agency's (ECHA) most recently updated figure from their  
32 relatively new REACH (Regulation for Registration, Evaluation, Authorization and Restriction of  
33 Chemicals) initiative reports 21,403 unique substances. China has also established a program recently  
34 – similar to Europe's REACH regulations – that mandates new updating of China's chemical  
35 inventory, the Inventory of Existing Chemical Substances (IECSC), which lists 45,612 substances as  
36 of 2013. As world governments attempt to define what chemicals have been produced and are in use,  
37 efficient methods to identify and evaluate compounds for safety screening are still being debated and  
38 formed. Progress is slow, with few chemicals actually being heavily regulated. In the US, the history  
39 of chemical regulation is long and convoluted, and is well reviewed elsewhere<sup>4</sup>. Presently, the EPA  
40 is in the midst of a three-tiered evaluation program designed to assess the safety of existing chemicals,  
41 with only the most dangerous chemicals likely ever reaching the eventual 'Risk Management' phase.  
42 It is questionable whether this type of approach is practical at all, yet meaningful change may not  
43 come soon, as it is unlikely that the country will shift the burden of proof regarding chemical safety  
44 from regulatory agencies to manufacturers (as with Europe's REACH program). In the meantime,  
45 the vast volume and diversity of industrial chemicals we expose ourselves to continue to pose a

46 potentially serious risk to human health. There are numerous avenues by which hazardous  
47 compounds may impact human health, perhaps the most widely recognized of which are potential  
48 for carcinogenicity, adverse effects on reproductive health, and disruption of hormonal signaling.  
49 Another exceedingly concerning endpoint for human health is nervous system toxicity, particularly  
50 during development of the brain. The developing brain is an especially vulnerable target due to the  
51 complex nature of its formation and refinement that spans prenatal and years of postnatal  
52 development. As such, neurodevelopmental toxicity induced by chemical exposures has been heavily  
53 studied<sup>5</sup>, but much remains unclear. Here, we will focus on a class of industrial chemicals that has  
54 been under heavy scrutiny for suspected neurodevelopmental toxicity: polybrominated diphenyl  
55 ethers (PBDEs).

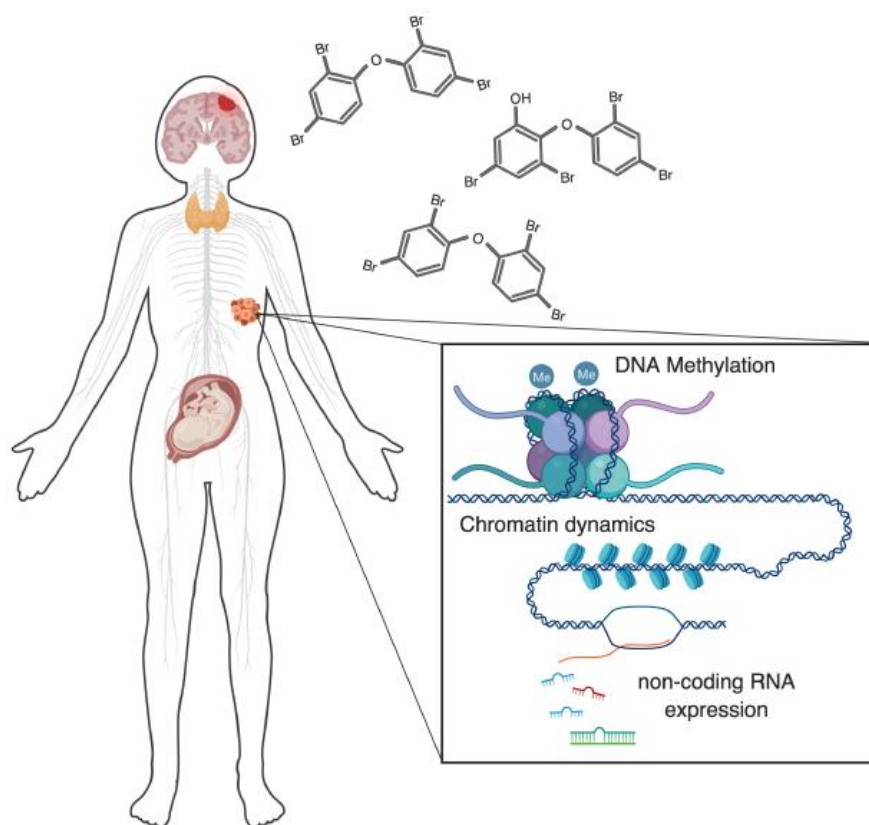
56 PBDEs are a group of environmentally persistent chemicals that have been widely used as flame  
57 retardants on household consumer products since 1970s. Due to their environmental stability and  
58 propensity for bioaccumulation, PBDE concentrations have ubiquitously and cumulatively built up  
59 in our environment and in our bodies around the globe. Intriguingly, PBDEs enter the environment  
60 from both anthropogenic and natural sources. Historically, these compounds were first described in  
61 the biomedical literature as early as the 1960s – a decade before their anthropogenic production –  
62 when they were isolated from Australian marine sponges (*Dysidea sp.*) and found to have  
63 antimicrobial properties<sup>6–8</sup>. They have also been isolated from various red algae<sup>9,10</sup>. Recently, in the  
64 case of sponges, it was demonstrated that PBDEs are actually produced by symbiotic cyanobacteria  
65 and are theorized to confer some level of microbial resistance to the host sponges, though the  
66 mechanism(s) by which the compounds are toxic to other organisms remains unknown<sup>11</sup>. It is  
67 interesting to note, however, that these compounds are excreted by the cyanobacteria and  
68 subsequently accumulate in high concentrations, crystalizing in the sponge ectosomal tissues. This is  
69 perhaps how sponges avoid the compounds' toxic effects and that they may be a defense mechanism  
70 against potential eukaryotic predators such as fish in addition to other prokaryotes<sup>12</sup>. In the context  
71 of human health, it is unfortunate that such a class of compounds, whose natural production was  
72 likely evolutionarily driven by their toxicity, ended up becoming a flame retardant of choice for  
73 consumer products. Understanding the natural origins of PBDEs may also inform our investigation  
74 of their biological effects in humans, which is of pressing importance given another unfortunate  
75 aspect of PBDE biology– the growing evidence for their epidemiological association with  
76 neurodevelopmental disorders (NDDs). In this review we will briefly discuss known biological  
77 mechanisms affected by PBDEs, focusing on epigenetic impairments and the impacts these  
78 disruptions may have on human health, especially in the context of neurodevelopmental disorders.

## 79 **2. Relation of PBDEs to human health**

### 80 *2.1. Human exposure to PBDEs and effects on human health, especially neurodevelopmental disorders*

81 A major effort has been devoted to evaluating the potential risk of PBDE exposure for human  
82 health. For the sake of brevity, here we will highlight some of the major points while pointing to  
83 relevant reviews and meta-analyses of the vast number of studies that have been published on the  
84 topic. Monitoring of environmental and human levels of PBDEs in the 1990s led to a rising general  
85 concern that they may be a serious human health risk, which was widely recognized by the early  
86 2000s<sup>13</sup>. At the time, the compounds' toxicity extents were unclear despite the observed increasing  
87 toxicological evidence. Following much attention in the time since, it is now clear that exposure to  
88 PBDEs is a very real concern for humans around the world as the compounds are environmentally  
89 stable and lipophilic, and thus tend to bioaccumulate and also collect in households, primarily in  
90 dust. These routes of accumulation enable the most common modes of human exposure- primarily  
91 through ingestion and inhalation of dust<sup>14,15</sup> and dietary intake, predominantly from seafood and  
92 dairy products<sup>16</sup>. It is also concerning and of interest that infants and toddlers tend to have higher  
93 body burdens compared to adults when considering potential developmental toxicity<sup>17</sup>. This is  
94 thought to be caused by younger children having higher rates of intake from dust and household  
95 products as well as by additional exposure to PBDEs through breastmilk.

96 Due to the persistent, widespread, and sometimes heavy exposure levels observed, much  
 97 attention has been given to the roles of PBDEs in several major aspects of health: carcinogenicity,  
 98 reproductive health, and disruption of hormonal signaling<sup>16,18,19</sup>. In addition to these concerning  
 99 PBDE-related effects on human health, another serious worry is their neurotoxicity and potential  
 100 roles in the etiology of neurodevelopmental disorders. A substantial amount of work has been done  
 101 surveying the potential association of PBDE exposures with behavioral deficits in humans as well as  
 102 in other animal models. Recently, several large-scale and systematic reviews have been conducted,  
 103 both of evidence from human<sup>20–22</sup> and animal studies<sup>23</sup>. Briefly, they conclude that PBDE exposures  
 104 highly correlate with externalizing behaviors and IQ in children, while BDE-47/99/209 were  
 105 concluded to affect learning in animal studies. There is also concern for the relationship between  
 106 environmental toxins like PBDEs and autism spectrum disorders, though the relationship is less clear,  
 107 especially in human studies<sup>24</sup>. Given the established and suspected connections between PBDE  
 108 exposures and intelligence and behavioral deficits, as well as other aspects of human health, it is  
 109 imperative to strive for a mechanistic understanding of PBDE toxicity at the molecular and cellular  
 110 level (Figure 1).



111

112 **Figure 1.** Polybrominated diphenyl ether exposures affect epigenetic regulatory mechanisms at  
 113 multiple levels, across multiple biological systems. There are several major aspects of human health  
 114 that are of concern regarding PBDE toxicity that now have evidence for an involvement of  
 115 dysregulated epigenetic regulation. These include: nervous system toxicity, disruption of thyroid  
 116 hormone signaling, effects on the reproductive system (primarily on the placenta and testes), and  
 117 oncogenic potential. One or more epigenetic components are known to be disrupted in each of these  
 118 systems. In this review we discuss these epigenetic regulators, their known modes of disruption by  
 119 PBDEs, and the relationship of these disruptions to human health.

## 120 2.2. Biological mechanisms of PBDE toxicity

121 Since the rise of concern regarding PBDE toxicity, several major impacted biological mechanisms  
 122 have been identified and investigated. These and other less explored effects of PBDEs have been  
 123 recently reviewed<sup>25</sup>. Briefly, major identified points of toxicity are: 1) disruption of calcium signaling–

124 dating back to one of the earliest functional studies of PBDEs<sup>26</sup>, 2) interference with thyroid hormone  
125 homeostasis— thought to be enabled by structural similarity to the hormones, and 3) general cellular  
126 toxicity driven by mitochondrial disruption and elevated production of reactive oxygen species  
127 (ROS), in some cases leading to DNA damage and apoptosis. However, some of the specifics of these  
128 known effects remain unresolved and other unknown mechanisms may be involved. Additionally,  
129 most studies have focused on individual PBDEs, while there are 209 congeners that humans are  
130 exposed to in mixtures, and these compounds can be further processed to produce various  
131 metabolites. Such metabolism, thought to be endogenously mediated in humans by cytochrome P450  
132 enzymes<sup>27-29</sup> and inherent in some other natural contexts<sup>9-11,30</sup>, leads to the production of hydroxylated  
133 and methoxylated forms that await in-depth investigation. Additional confounding factors include  
134 that past studies have covered a wide range of concentrations, many likely higher than  
135 environmentally relevant exposures, and much of this work has been conducted in cell culture,  
136 requiring further *in vivo* confirmation. Thus, while an extensive amount of work has been done, there  
137 is much that may yet be uncovered regarding biological mechanisms of PBDE toxicity.

138 A recently expanding approach towards understanding PBDE toxicity has focused on PBDE-  
139 induced disruption of epigenetic regulation. Such mechanisms are interesting as potential PBDE  
140 targets as they would constitute a direct gene-environment platform for cellular disruption. Further,  
141 there is an expanding appreciation for the role of epigenetic mechanisms in neurodevelopment and  
142 cognition<sup>31,32</sup>, as well as in diseases of the nervous system, including neurodevelopmental  
143 disorders<sup>33,34</sup>. Therefore, it may prove useful to understand the effects of PBDE exposures on  
144 epigenetic components, both in the brain and across other cell and tissue types, in order to build more  
145 complete causal models towards explaining observed links to human health complications and  
146 behavioral deficits. However, compared to other widely studied mechanisms, relatively little  
147 attention has been given to epigenetic effects of PBDEs. Here, we will summarize the findings of  
148 studies conducted to date that have observed epigenetic endpoints such as DNA methylation,  
149 chromatin characteristics including modifications and remodeling of histones, and other epigenetic  
150 mechanisms such as expression of various non-coding RNAs.

### 151 2.3. Repeatedly observed disruption of DNA methylation

152 One of the most commonly recognized epigenetic mechanisms is DNA methylation.  
153 Methylation commonly occurs at cytosine nucleotides positioned before a guanosine (CpG  
154 dinucleotides), resulting in a 5-methylcytosine. Given the extensive impact methylation has on  
155 transcriptional regulation<sup>35</sup>, it comes as little surprised that its disruption has potential impacts on  
156 human health<sup>36</sup>. An interesting example is folate deficiency's implication in disrupted methylation  
157 during pre-natal development, though the relationship is incompletely understood<sup>37</sup>. The  
158 relationship between PBDE exposure and DNA methylation is similarly incompletely understood.  
159 Though most studies report some correlation, they do not have a clear consensus, especially in human  
160 samples, while *in vitro* studies more consistently report negative correlations (see references below).

161 Studies have assessed PBDE-exposure-dependent changes in global DNA methylation at  
162 various representative regions or at specific loci (promoters). Two of the most prominent examples  
163 of representative methylated regions include ALU elements and LINE1, which are common  
164 transposable repeats that can have adverse cellular impacts when de-repressed due to  
165 hypomethylation<sup>38</sup>. Repetitive elements make up a large portion of the human genome<sup>39</sup> and have  
166 high CpG frequency, contributing heavily to the global amount of DNA methylation and thereby  
167 serving as a reasonable global estimate.

168 One of the earliest studies on the effects of PBDE exposure on global DNA methylation in  
169 humans found a negative relationship between measured BDE-47 levels and ALU %5mC in blood  
170 samples of healthy Korean adults, while not finding significant relationships for BDE-99 or LINE1  
171 methylation<sup>40</sup>. Similar studies correlating PBDE levels in blood with methylation have followed. One  
172 found an inverse relationship between BDE-47 abundance and TNF $\alpha$  promoter methylation in cord  
173 blood samples from mother-infant pairs of the Boston Birth Cohort<sup>41</sup>. Another reports a more complex  
174 finding in newborn cord blood samples from the CHAMACOS study, wherein significant changes in



175 LINE1 methylation were found when considering co-exposure to DDT, DDE, and PBDEs (the  
176 direction of change depended on level of DDE or DDT co-exposure)<sup>42</sup>.

177 Several groups have also examined the relationship between PBDE levels and effects on the  
178 placental epigenome. In 2016, two reports were published on effects in human placental samples. In  
179 one, the authors made PBDE, PCB, DDE measurements in villous placental tissue samples and found  
180 positive associations of PBDE levels with IGF2/H19 imprinting and methylation status (bisulfite  
181 conversion and targeted pyrosequencing) and global DNA methylation (assessed by LUMA,  
182 luminometric methylation assay)<sup>43</sup>. In the other, PBDE levels in umbilical cord blood were measured  
183 from eighty human samples and correlated with placental DNA methylation levels in LINE1, NR3C1,  
184 and IGF2. BDE-66/153/209 were all found to have significant negative correlations with methylation  
185 of some of these loci<sup>44</sup>. Two very recent reports have also been made utilizing *in vitro* models of the  
186 placenta. One group exposed primary villous cytotrophoblasts (CTBs, an *in vitro* model of human  
187 placental development) to BDE-47 or BDE-99. They found that BDE-47 alters gene expression in a  
188 concentration-dependent manner and produced a low-level global increase in DNA methylation  
189 (assessed with HumanMethylation450 beadarray)<sup>45</sup>. Another group exposed human placental  
190 choriocarcinoma cells (BeWo cells) to 1uM BDE-47 and found reduced methylation of some CpG loci  
191 of mitochondrial biomarkers (with no differences found for 50uM exposures)<sup>46</sup>.

192 In addition to these human studies, PBDE-methylation relationships have also been investigated  
193 in model animals – mostly rodents – both *in vitro* and *in vivo*. *In vitro* studies have been conducted in  
194 different cell types, but consistently found negative correlations between PBDE exposure and  
195 methylation level. In the earliest of these studies, primary hippocampal neurons were exposed to  
196 various concentrations of BDE-209 for 24 hours and subsequently, a global decrease in DNA  
197 methylation was found by an antibody based ‘ELISA-like’ assay<sup>47</sup>. Another found decreased global  
198 DNA methylation after a 10uM BDE-47 in murine N2A cells (assessed by HPLC and arbitrary primed  
199 PCR). This decrease coincided with increased adipocyte differentiation (2.5-25uM exposures)<sup>48</sup>. In a  
200 related effort to understand how endocrine disrupting chemicals may be inducing adipocyte  
201 differentiation, investigators report that BDE-47 induces demethylation of several sites in the PPAR $\gamma$   
202 promoter (a key adipogenic transcription factor) in COS7 and 3T3-L1 cells using Methylation-  
203 Sensitive High Resolution Melting (MS-HRM)<sup>49</sup>. Complementing these *in vitro* findings, *in vivo*  
204 studies that perinatally exposed rodents to BDE-47 reported interesting findings from offspring of  
205 various ages. These include decreased expression of LINE1 RNA<sup>50</sup>, decreased methylation of Mt-co2,  
206 L1Rn, Bdnf, and Nr3c1<sup>51</sup>, differentially methylated regions in sperm<sup>52</sup>, and global DNA  
207 hypomethylation associated with behavioral deficits in both exposed wild-type and MeCP2 deficient  
208 female mice<sup>53</sup>. Another study in mice assessing liver carcinoma tissue after DE-71 (a commercial  
209 mixture of PBDEs) exposure found little effect on global DNA methylation but reports a gene body  
210 methylation decrease in Tbx3 and subsequent mRNA and protein upregulation<sup>54</sup>. While not directly  
211 assessing DNA methylation, a multigenerational study in zebrafish that exposed F0 animals to a PCB  
212 and PBDE mixture found disrupted behavior (hyper/hypoactivity) in F1-F4 larvae, as well as altered  
213 c-Fos expression (F1/2) and altered *Dmmt3ba* expression in all generations<sup>55</sup>.

214 To our knowledge, only two reports exist that found no relationship between PBDE exposure  
215 and DNA methylation levels of any targets measured in those studies. One found no detectable  
216 decrease in methylation at the p53 promoter after 24 hours of exposure to low micromolar doses (1,  
217 5, 10 umol/L) of BDE-47 in human neuroblastoma cells (SH-SY5Y), though activation of the p53  
218 pathway in general was implicated in observed effects<sup>56</sup>. The other found no significant relationship  
219 between BDE-47 serum levels and global methylation as assessed by the luminometric methylation  
220 assay (LUMA) in samples from an elderly Swedish population. However, significant relationships  
221 were established for other persistent organic pollutants including PCBs and the dioxin OCDD<sup>57</sup>.  
222 Aside from these reports, the literature suggests a fairly consistent – but not necessarily a linear –  
223 relationship between PBDE exposures and DNA methylation levels. It is possible that changes may  
224 vary from genomic region to region and may not always manifest an altered phenotype. Also, there  
225 is little evidence concerning direct cause-effect relationships between methylation changes and  
226 behavioral phenotypes. It will be interesting and necessary to further refine understanding of the

227 route by which PBDEs affect DNA methylation states– be it primarily by dysregulation of DNA  
228 methyltransferase expression, cellular metabolism, intracellular signaling pathways, etc.

#### 229 2.4. Impact on chromatin – histone modifications to chromatin remodeling

230 Other reversible chemical modifications of chromatin include modifications to histone proteins  
231 that regulate chromatin structure and instruct remodeling processes, ultimately controlling gene  
232 expression<sup>58,59</sup>. Studies starting as early as 2003 reported mixed results on PBDEs inducing altered  
233 chromatin by several measures (chromosomal integrity, chromatin density and localization).  
234 Exposure of multiple bacterial strains to BDE-99 did not induce mutagenicity or a detectable increase  
235 in the number of structural chromosomal aberrations, while exposure to the PCB mixture Aroclor®  
236 1254 did<sup>60</sup>. This early study explicitly stated that the possibility of PBDEs acting through epigenetic  
237 mechanisms could not be ruled out, which, in retrospect, was prudent foresight. Two subsequent  
238 studies have also reported no increase in degraded chromatin, both in sperm– the first in the sperm  
239 of mice orally exposed to BDE-209<sup>61</sup>, the other in human samples of 153 men from the greater  
240 Montreal area, despite establishing a correlation between BDE-47 levels and decreased sperm  
241 concentration<sup>62</sup>.

242 However, there have also been a few studies that do report chromatin disruption following  
243 PBDE exposure. One study found that 24hr nanomolar range exposures to several PBDEs (BDE-  
244 47/99/153/183/209) induced micronuclei formation during cytokinesis in MCF-7 cells, an indicator of  
245 chromosomal damage occurrence preceding cell division<sup>63</sup>. It has also been found that rat pups  
246 exposed to a single injection of BDE-153 at post-natal day 10 (PND 10) exhibited behavioral  
247 dysfunction in a dose and age dependent manner one or two months later. Neurons in the CA3 region  
248 of the hippocampus of these rats were also found to be undergoing significantly increased rates of  
249 apoptosis, with chromatin condensed and localized to the nuclear membrane<sup>64</sup>. Most recently, it was  
250 reported that BDE-209 exposures reduced hESC differentiation (though total induction was still  
251 greater than 90%) and also led to chromosomal copy number variants (CNVs) as well as decreased  
252 expression of DNMT1/3A<sup>65</sup>.

253 There is also some evidence specifically for PBDE-induced dysregulation of histones and  
254 histone-regulating proteins. In an effort to understand the carcinogenic potential of BDE-209, the first  
255 such study found that HEK293T cells exposed to micromolar range levels of the toxin exhibited  
256 altered expression of chromatin regulating genes, specifically a histone gene cluster that the authors  
257 hypothesize could affect nucleosome properties<sup>66</sup>. In the same year, another group reported that  
258 exposure of the marine madaka (*Oryzias melastigma*) to BDE-47 led to sex-specific differential protein  
259 expression in male and female gonads, with several histone variants (H2b, H3.3, H3a, H2a) being  
260 down-regulated in male gonads<sup>67</sup>. Another study found that exposing maize (*Zea mays* L.) to BDE-47,  
261 and its metabolites 6-OH-BDE-47 and 6-MeOH-BDE-47, led to elevated levels of ROS and phospho-  
262 H2AX, likely in response to DNA damage. Interestingly, the hydroxylated metabolite produced the  
263 most severe effects<sup>68</sup>. Another study, primarily concerned with the relationship of PBDE exposure to  
264 reproductive health, exposed pregnant rats to BDE-47 from E8 to PND21. Male offspring were then  
265 assessed at PND120 for alterations in testes. It was found that exposed rats had smaller testes,  
266 decreased sperm production, and interestingly, an altered testes transcriptome and 4-fold decrease  
267 in protamine and transition gene expression (proteins responsible for histone-protamine exchange)<sup>69</sup>.  
268 Aside from these data that indicate potential disruptions of histone expression and nucleosome  
269 alteration, there are two studies that report PBDE-induced dysregulation of chromatin regulating  
270 proteins. The first found that BDE-47 treatment downregulated SirT1 expression (a histone  
271 deacetylase) in the livers of mice due to NAD(+)-depletion<sup>70</sup>. Recently, we reported that chronic  
272 nanomolar range doses of a hydroxylated metabolite of BDE-47, 6-OH-BDE-47, altered NDD  
273 candidate gene expression, including several epigenetic regulators, particularly multiple components  
274 of the Brg1-associated factors (BAF) chromatin remodeling complex<sup>71</sup>.

275 The potential importance of understanding the effects of PBDEs on chromatin dynamics cannot  
276 be understated given the fundamental importance of chromatin properties for regulating gene  
277 expression and thus cellular states. Going forward, it will be important for investigators to focus on

278 identifying additional effects on chromatin while distinguishing those that are direct from indirect,  
279 hopefully allowing for elucidation of underlying mechanism.

### 280 2.5. Other affected epigenetic mechanisms (non-coding RNAs)

281 Non-coding RNAs— such as, long non-coding RNA (lncRNA), microRNA (miRNA), etc. – can  
282 also act as epigenetic regulators<sup>72,73</sup>. Various PBDE exposures have been reported to alter expression  
283 of miRNAs, and one study described effects on expression of liver lncRNAs. The earliest study  
284 assessing miRNA expression as an endpoint following PBDE exposure utilized placental samples  
285 collected from the National Children’s Study. Among other associations established for PCB and  
286 heavy metal exposures, the study reported a positive association between BDE-209 and miR-188-5p  
287 expression and an inverse association for BDE-99 and let-7c<sup>74</sup>. Another group exposed hESCs *in vitro*  
288 to low doses of BDE-209 (1, 10, 100nM) for 4 days, inducing apoptosis and downregulating  
289 pluripotency genes, particularly OCT4, in part by hypermethylation of the promoter and induction  
290 of miR-145/335 which repress OCT4. There was also generation of ROS and decreased superoxide  
291 dismutase (SOD2) expression. ROS and OCT4 effects were partially rescued by treatment with the  
292 antioxidant NAC<sup>75</sup>. An even more recent study employing human cells found that, after stimulating  
293 THP-1 macrophages with BDE-209 and LDL, there was dose dependent repression of miRNA-21  
294 which subsequently de-repressed toll-like receptor 4 expression (TLR4), enhancing TLR4-dependent  
295 lipid uptake<sup>76–78</sup>.

296 In addition to these examples in human, two rodent studies concerning non-coding RNAs in the  
297 liver have been published. The first found that BDE-47 exposure upregulates CYP3A1 in rat liver and  
298 that this upregulation is mediated by BDE-47 induced repression of miRNA-23b, which negatively  
299 regulates CYP3A1 mRNA via a 3’ UTR binding site<sup>79</sup>. The other study reported that conventional and  
300 gut-microbiome depleted mice exhibit dysregulated lncRNA expression in liver tissue in response to  
301 both BDE-47 and BDE-99 exposure<sup>80</sup>. Interestingly, BDE-47 has also been found to induce  
302 dysregulation of novel miRNAs in exposed zebrafish larvae. Of particular interest is miR-735, which  
303 may play essential roles in larval sensory development, explaining previously observed BDE-47  
304 induced disruption of zebrafish visual perception<sup>81</sup>. In the near future, a general model of PBDE-  
305 induced miRNA dysregulation may hopefully be established given the multiple intriguing examples  
306 already characterized.

### 307 3. Conclusion

308 Considering this growing body of work documenting epigenetic dysregulation induced by  
309 PBDE exposure, there appear to be several central lines of evidence emerging from research done in  
310 various health contexts, including: adipocyte differentiation and obesity, reproductive health—  
311 both sperm/testes and the placenta, carcinogenicity (especially thyroid related), and negative impacts  
312 on nervous system formation and function. It is becoming clear that many, if not all, of these various  
313 aspects of human health are impacted by PBDE-induced disruption of normal epigenetic states and  
314 mechanisms.

315 There are fairly consistent findings of a negative relationship between PBDE levels and DNA  
316 methylation from *in vitro* and non-human animal studies across varied cell/tissue types and  
317 methylation detection methods. The data from human samples is more difficult to interpret, however.  
318 Studies reporting effects on global DNA methylation levels inferred from representative regions have  
319 incongruent results, and evidence of alterations to methylation in the placenta are likewise not in  
320 direct agreement. However, this confoundment and the fact that human studies have so far been  
321 conducted across very different populations and models should only encourage further work on the  
322 topic, especially given indications from non-human animal and *in vitro* studies. It will be of great  
323 value if these types of studies can build on the tentatively established negative impact of PBDEs on  
324 methylation and begin to focus on understanding the mechanisms underlying the alterations, while  
325 continuing to clarify effects in human studies.

326 Compared to DNA methylation, the literature is poorer regarding the effects of PBDEs on other  
327 epigenetic mechanisms like chromatin dynamics and expression of non-coding RNAs. However,

328 Some interesting ideas are beginning to emerge. While not yet well understood, PBDE-induced  
329 dysregulation of histones and chromatin regulators is an intriguing intersection for PBDEs and  
330 neurodevelopmental disorders, bolstered by the recent emergence of chromatin regulation as a major  
331 node of NDD risk<sup>31,82</sup>. Further, it is tempting to speculate that epigenetic effects of PBDE exposure  
332 may generally turn out to be a point of convergence for environmental and genetic factors that  
333 contribute to NDDs. If the effects of these compounds on targets like DNA methylation, chromatin  
334 components and regulators, and non-coding RNA expression (all of which are mechanisms known  
335 to have roles in neurodevelopment and perhaps NDD etiology) can be further explored and resolved,  
336 one or more could very well turn out to be that link. This is of pressing importance, especially for  
337 neurodevelopmental disorders considering their explosive increase in prevalence, growing evidence  
338 for the involvement of PBDEs in their etiology, and the long elusive role of environmental factors in  
339 these devastating conditions.

340 Going forward, a major challenge for epigenetic PBDE research will be to assimilate new  
341 findings into the existing framework of PBDE toxicity that has been established from insights into  
342 other major impacted biological mechanisms. It will also be important to carefully consider nuanced  
343 aspects of exposures including tissue and sub-cellular localization, conduct more research on  
344 environmentally relevant doses and mixtures of PBDEs, further explore the prevalence and effects of  
345 their metabolites, and, to the extent that it is possible, integrate evidence generated across human and  
346 non-human studies (both *in vitro* and *in vivo*). This will be necessary in order to construct a more  
347 wholistic understanding of how these compounds impact cellular states and, ultimately, phenotypic  
348 outcomes. Hopefully, with continued research, we may eventually be able to explain how and to  
349 what extent these pervasive environmental pollutants are related to the numerous human health  
350 conditions that they appear to be contributing to.

#### 351 List of abbreviations:

352 CHAMACOS: The Center for the Health Assessment of Mothers and Children of Salinas  
353 DDE: Dichlorodiphenyldichloroethylene  
354 DDT: Dichlorodiphenyltrichloroethane  
355 DNMT: DNA methyltransferase  
356 hESC: Human embryonic stem cell  
357 IGF: Insulin-like growth factor  
358 LDL: Low-density lipoproteins  
359 NAC: N-acetyl cysteine  
360 NDD: Neurodevelopmental disorders  
361 OCT4: Octamer-binding transcription factor 4  
362 PBDE: Polybrominated diphenyl ethers  
363 PCB: Polychlorinated biphenyl

#### 364 Methods

365 Records were initially identified by searching PubMed and Web of Science databases for  
366 combinations of the terms: 'PBDE,' 'BDE,' 'polybrominated diphenyl ethers,' 'chromatin,'  
367 'methylation,' 'DNA methylation,' 'histone,' 'histone modification,' and 'non-coding RNA.' In total,  
368 122 records were identified from the searches. We found 38 unique records after removal of  
369 duplicates and full text screening for studies that specifically reported epigenetic endpoints  
370 (chromatin integrity, DNA methylation, histone expression/histone modifications, non-coding RNA  
371 expression). All included studies were used for qualitative analysis. No quantitative meta-analysis  
372 was conducted.

373  
374 *PubMed*  
375 PBDEs chromatin – 7  
376 PBDE methylation - 38  
377 PBDEs DNA methylation – 19



378 PBDEs histone – 7  
 379 PBDEs non-coding RNA – 10  
 380  
 381 *Web of Science*  
 382 PBDE methylation – 18  
 383 PBDE chromatin – 8  
 384 PBDE DNA methylation – 12  
 385 PBDE histone – 3  
 386 PBDE non-coding RNA - 0  
 387

388 38 records retained after removal of duplicates and full text screen for epigenetic endpoints  
 389 Toft, Gunnar, 2014 – no association of BDE-47 and BDE-153 exposure with sperm DNA damage  
 390 An J, 2011 – 6-OH-BDE-47 and 6-MeO-BDE-47 found to cause DNA damage in HepG2 cells  
 391 Hao Chen, 2019 – report average increase in CpG methylation in hESCs exposed to BDE-47 for 24hr

### 392 Acknowledgement

393 Literature research, production of this manuscript, and its open access publication was supported  
 394 by a National Institute of Environmental Health Sciences (NIEHS), National Institute of Health  
 395 (NIH) grant to RNS (R01ES028738).

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