

Article

# Are the Sequential Interactive Effects of Two Active Learning Strategies Synergistic? Using the Socratic Method of Questioning and Ability Based Learning

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## 1. Introduction

Many students graduate college inadequately prepared even after completing all of the required coursework. In fact, recent research conducted on more than 2,300 undergraduates found that 45 percent of students show no significant improvement in the key measures of critical thinking, complex reasoning and writing by the end of their sophomore years [1] (Arum & Roksa, 2011). These same students are hired by employers who, according to an American Association of Colleges and Universities research survey, find that students feel more prepared than they are [2] (Education.com, 2015).

If students do not fully apply themselves, then they may be considered responsible for the result of being inadequately prepared. Nevertheless, such poor results are more likely a surface level reflection of a deeper systematic problem with the overall course architecture than resting with the students themselves. The group of high-achieving students continues to learn in the very same educational environments as all students. Regardless whether it is their intellectual capacities solely, or in combination with cognitive processes related to approaching learning and particular instructional methodologies implemented, these individuals are the link, and a qualitative strategy of inquiry should provide insight into how to approach the educational process best as a student learner and what steps educators may take to improve it for all students.

Deficiencies in preparation adversely and directly affect students' productivity upon entering the workforce and negatively influences their ability to maintain gainful employment and provide for their families, and inevitably contributes to developing issues concerning their psychological well-being. The development of mental and behavioral health problems in new graduates can be attributed to the predicament in which they find themselves governed by Proposition seven of what has been referred to as the Insecurity Thesis.

As presented in the text by Heery & Salmon [3] (2000), the uncertain or insecure nature of employment conditions not only impose economic costs on employees but psychological costs as well (p. 7). Specifically, as a result of the inadequate academic preparation in this case, the detrimental effect that job insecurity has on the psychological well-being of people includes heightening levels of anxiety, depression, feelings of uselessness, waning self-confidence, and overall dissatisfaction with oneself and one's environment [4] (Nolan, Wichert, & Burchell, 2000). In the event this trend continues, far-reaching effects also have the potential to include stifling societal maintenance and progression indirectly due to diminishing returns, as resources continue to be directed toward an educational process that has not lived up to its full potential.

Despite there being a disproportionate number of students who graduate without adequately learning the subject material in addition to essential skills such as critical thinking and effective

35 communication, there are a select few who excel academically and are successful learners. To learn  
36 the key to success, one must learn from cases of success, which are both necessary and sufficient with  
37 regard to the issue of dealing with success and its negation (i.e., cases in which one does not succeed  
38 referred to cases of failure).

39 From the perspective of the researcher as an observer, when one approaches the study of successes  
40 regardless of the context in which they occur, it can be argued that while learning from the failures  
41 may provide the best opportunities for growth from the perspective of those who actually fail (i.e.,  
42 what they are doing incorrectly), without cases of success to which to compare there can be no way for  
43 those who fail to know what deficiencies they need to correct in order to derive benefit; therefore, for  
44 those who fail the study of success is both necessary and sufficient to achieve the goal of learning how  
45 to succeed. Nonetheless, from the perspective of those who do succeed and the researcher as observer  
46 investigating, the study of successes without including the failures will always be self-sufficient  
47 because, while it may be helpful, the comparison to failures is unnecessary to ascertain what works  
48 (i.e., results in success) so that those who fail may derive benefit from the research.

49 If there were an equal number of ways to both succeed and not to succeed, then the probability of  
50 achieving success would be fifty percent, which would imply that success is no more determined than  
51 chance. Nevertheless, this cannot be the case since successful students regardless of their experience  
52 with failure are ultimately significantly more successful than what would be predicted by chance  
53 alone, or they are considerably less successful than chance predicts. Furthermore, no matter how  
54 many events were attempted with different approaches resulting in repeated failures, although the  
55 probability of succeeding for any given student may initially fluctuate or decrease with every trial, once  
56 the knowledge of how to succeed is gained after a trial or event, thereafter, success becomes permanent  
57 with probability steadily increasing, as each subsequent trial occurs. Therefore, disproportionate yet  
58 significantly greater, or fewer, trials of success over time cannot be purely due to a chance occurrence  
59 substantiating them as the primary focus of the research.

## 60 2. Background

61 The traditional educational process is designed around learning experiences both inside and  
62 outside of the classroom. There are two concepts of learning that are well-established in the literature.  
63 Learning may be either a product or a process. Those who view learning as a product measure its  
64 relative success or failure based on the observation of results achieved [5] (Carr, 1992). Conversely,  
65 others who view learning as a process consider the changes in the behavior of an individual that occur  
66 over time as a result [6] (Lachman, 1997). The focus on behavioral changes in this definition is common  
67 among traditional behaviorists [7] (Learning-Theories, 2016). Regardless of the concept of learning  
68 with which one agrees, the educational system has been established to achieve this end and aims to  
69 accomplish it through various instructional methodologies.

## 70 3. Literature Research Strategies

71 The key search terms used were learning, student, theories, instruction, and active learning. The  
72 research strategy employed consisted of first utilizing the University at Buffalo Libraries to conduct a  
73 general inquiry to obtain an idea of what was available using the terms as mentioned above, as well  
74 as google scholar. The author used these initial results to outline a path based on important concepts  
75 related to this study from the core understanding of learning. To ensure there was as full a selection  
76 of works as possible, a query using the same key terms was conducted on eric.gov, using EndNote,  
77 and Questia. The important concepts were used to provide explanations for, and contrast between  
78 concepts that were pertinent to the author's research allowed for the development of the context for  
79 the framework of this study. Both current literature and seminal works were considered based on  
80 relevance to the topic and not solely the date.

81 Instructional methodology can be the manner in which educators deliver information to their  
82 students [8] (University of Tennessee, 2016). Within the context of educational environments, the

83 choice of instructional delivery of course content may result in either of two forms of learning by the  
84 student: Passive and Active.

85 Passive learning, which is associated with the behaviorist view of learning, is typified by  
86 the experience from the perspective of the student who plays no role in the learning process [7]  
87 (Learning-Theories, 2016). An example of passive learning occurs in classes taught through traditional  
88 lecturing formats where students must sit and listen but are prohibited from discussion amongst  
89 themselves and questioning is discouraged. In contrast to this, active learning occurs within the  
90 context of educational settings that permit and encourage students to be involved in what they learn  
91 by thinking while they are doing the learning [9] (Bonwell & Eison, 1991).

92 The rationale behind active learning is that by having students participate in the process, the  
93 experience becomes more meaningful and personal. Through participation combined with frequent  
94 assessments that allow for real-time feedback and adjustments, there is an overall reduction in delay  
95 receiving timely input from educators so that they may take corrective measures.

96 The assessments that occur throughout the learning process are known as formative and may be  
97 thought of as helping to shape or “form” the learning of the student with rapid feedback from educators  
98 or experts [10] (Carnegie Mellon University, 2008). These structured and non-structured formative  
99 assessments that comprise active learning strategies are in contrast to the summative assessments that  
100 occur at the culmination of the traditional learning process. Summative assessments aim at gauging  
101 the result of the instruction to evaluate what students have learned [10] (Carnegie Mellon University,  
102 2008). Strategies of instruction that incorporate both forms of evaluation in addition to encouraging  
103 student cognitive and corporeal engagement are responsible for the beneficial effects observed when  
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113 employing active learning in educational environments.

#### 114 4. Review of Relevant Literature

115 Research findings support the conclusion that traditional methods of instruction such as lecturing  
116 that result in passive learning are ineffective at sustaining the attention of students. Stuart &  
117 Rutherford [11] (1978) note that findings suggest that student concentration dwindles after the first ten  
118 to fifteen minutes of a traditional lecture. Such a loss of focus has also been found to negatively impact  
119 students' ability to retain information beyond the initial ten minutes of lectures [12] (Thomas, 1978).  
120 The author finds that, although it may be ineffective by itself in the traditional format, these findings  
121 appear to portray lecturing in a negative light. Nevertheless, the problem is not the lecturing itself; it is  
122 the passive learning forced on the students to whom the lecture is given.

123 In light of the passivity mentioned above students are expected to endure, an attempt to address  
124 the need for student engagement in traditional lecture courses has led to research that offered ways  
125 to transform the lecture into a more interactive experience. By capitalizing on the strengths of the  
126 lecture with minimal to no modification, the strategies that were developed and refined took into  
127 consideration what was discovered about concentration and attention span to integrate periodic breaks  
128 from lecturing and allow both structured and non-structured student interaction [13] (Rowe, 1980;  
129 Mazur, 1997). Although the reduction of lecture time to increase educational outcomes may seem  
130 counterintuitive, by reducing the amount of lecturing time in a course, students were ultimately  
131 deriving greater benefit by actually coming away learning more. Thus, it seems as though the slightest

132 addition of an active component in the learning process was positively correlated with gains in  
133 student learning. Nevertheless, the student interaction activity was comprised of a combination of  
134 different things, which makes defining the individual contributions of each component of the activity  
135 problematic.

136 A review of the literature confirms that employing active learning strategies does produce  
137 significant positive effects on learning. Interactive lecturing as a form of active learning has been shown  
138 to be significantly more effective in producing learning as an educational outcome [14] (McKeachie  
139 et al., 1987). In addition, [15] also found significant gains in conceptual knowledge and increases  
140 in problem-solving examination scores compared to traditional lecturing methods of instruction  
141 when such strategies are employed. Furthermore, increases in positive student outlook, attitude, and  
142 tenacity have been positively correlated with the active engagement of students in small collaborative  
143 discussion groups in addition to increases in formative assessment during the learning process when  
144 compared to traditional instruction methods (Springer, 1998; Knight & Wood, 2005).

145 Although progress has been made with respect to representation in the extant literature being  
146 more reflective of the types of individual strategies that exist, only the benefits of implementing  
147 particular active learning strategies have been reported; there is insufficient data on the cumulative or  
148 interactive effects.

149 There is a consensus among authors responsible for studies published on active learning in that  
150 they share similar opinions regarding the shift toward engagement during education. Cross (1987)  
151 stated that more learning occurs when students are actively engaged in the process as opposed to  
152 passively involved. Cross' remarks are consistent with those who feel that active involvement, either  
153 cognitively or physically, is how students learn (Astin, 1985).

154 The author's interpretation of these remarks is that actively involving students appears to provide  
155 meaning on a personal level, which reinforces the importance of the students' participation. Regardless  
156 of how many students may be in a particular class, or group, on a personal level, the participation  
157 grounds them firmly within the experience. It is such grounding that imparts a deontological aspect to  
158 the process in that students feel a sense of duty or obligation to learn, which will compel them to give  
159 whatever effort necessary to achieve that end.

160 Based on the author's review of the literature, there seems to exist a disconnect between what  
161 students feel they are supposed to be experiencing in the learning process and what they do experience  
162 in traditional classroom environments. For many, old lecturing formats offer no incentive to attend  
163 class since the students feel as though they could derive more benefit from the reading own their  
164 own than by passively sitting in a lecture hall. This mindset of the students underscores the  
165 importance of implementing active learning strategies in the educational environment; doing so  
166 not only increases learning but it reinforces classroom attendance by incentivizing it with engagement,  
167 personal involvement, and gains in knowledge.

168 Whether the strategy is simply lecturing less as in the pause procedure (Rowe, 1980), utilizing  
169 classroom assessment techniques (CATs) of Angelo and Cross (1993), or incorporating technology to  
170 mediate the active learning as in TechoCATs (Lieberman & Creed,), as long as students are engaged by  
171 the instructional method of the educator and actively participate while thinking about what they are  
172 doing the process will significantly increase learning.

173 It is difficult to deny that there is a significant increase in student learning as a result of employing  
174 instructional methodologies that rely on active learning strategies. Nonetheless, while not outright in  
175 opposing active learning, there have been some who are reluctant to incorporate such strategies for  
176 a number of reasons each of which may be countered. Although implementation of active learning  
177 strategies from the perspective of the educator appears to reduce or limit the amount of total available  
178 time to cover required content, this argument does not preclude the use of techniques requiring little if  
179 any additional time.

180 In fact, the pause procedure previously mentioned (Rowe, 1980) has shown that, with a reduction  
181 in lecture hours, students were able to increase performance on tests that reflect an increase in learning.

182 Furthermore, educators opposing the use of active learning by citing barriers to employment such as  
183 preparation time, the number of students, or that students will be hesitant to make use these strategies  
184 are also unjustified in their reluctance. There are currently available prepared resources for activities to  
185 implement (Angelo & Cross, 1993), personal response systems or clickers that are readily available  
186 for large lecture classes (MacArthur & Jones, 2008), and students are very receptive to active learning  
187 strategies when provided instructions on how to do so.

188 The author's research has been designed to with the purpose of filling a void that exists in the  
189 literature concerning the interactive effects of components along the active learning spectrum. While  
190 some of the active learning strategies consist of a conglomeration of techniques aimed at engaging  
191 students with the information they learn, others are relatively pure strategies. The importance of these  
192 relatively pure strategies is that they allow the researcher to manipulate or observe them separately,  
193 which could potentially lead to discovering optimal pairs and ordering that will maximize student  
194 learning according to experiments investigating how two or more active learning techniques result  
195 in effects from the interaction. The author hypothesizes that the interactive effects of active learning  
196 strategies are synergetic; pairing them results in interactive effects that exceed the principal effects of  
197 either strategy implemented individually.

198 The research hypothesis is that the interactive effects of the two active learning strategies in the  
199 study, the Socratic Method of Questioning and Ability Based Learning, are significantly greater than  
200 the sum of the individual main effects. The rationale behind this hypothesis is based on it being highly  
201 unlikely that combining two individually positive main effects could result in less of an effect than  
202 the sum of the individual effects. The null hypothesis for this study is that there will be no significant  
203 difference between the interactive effects of the two active learning strategies in the study and the  
204 individual main effects of these strategies.

## 205 5. Significance of Study

206 The importance of this study is that by determining the interactive effects of paired active learning  
207 strategies, classroom instruction may be customized to enhance student learning and overall experience.  
208 The results will address the stated research problem by assisting educators in implementing specific  
209 research supported sequences or complementary active learning strategies, which will have been  
210 shown to improve educational outcomes.

211 By conducting this study, there is the potential to obtain findings that may later be used to combine  
212 and customize them to maximize interactive effects related to student learning. Future research can  
213 be directed toward optimizing main effects through studying the outcomes of combinatoric course  
214 design that implements the most effective pairs of active learning strategies into clusters that may  
215 be geared to the subject, gender, content amount, and specific ordering. The author believes that his  
216 approach could potentially improve the impact that active engagement has on student learners by  
217 guiding subsequent research into the best approach to customization of active learning techniques to  
218 increase effectiveness, efficiency, and economy of content delivery in the higher educational setting.

## 219 6. Methodological Approach and Rationale

220 The purpose of the proposed study is to investigate whether there exist interactive effects between  
221 two active learning strategies and gender to determine the influence on student learning. The active  
222 learning strategies are the independent stimulus variables representing active learning techniques as  
223 instructional methods to deliver course content, and the classification variable of gender will allow  
224 a determination to be made as to whether or not interactive effects may exist for one and not the  
225 other gender. It will be determined whether interactive effects may be employed to augment and  
226 adequately prepare students through learning as an educational outcome in a classroom setting for  
227 undergraduates enrolled at the university.

228 Rationale. Despite the fact that individual active learning techniques having been shown to  
229 influence learning with respect to their contribution to the process of learning as a whole, it is rarely

230 the case in the real world setting that only particular techniques can or will be employed during any  
231 given educational experience. To increase the ecological aspect of external validity, it would prove  
232 beneficial to represent the actual world environment more accurately. A more accurate representation  
233 of the natural educational setting and conditions may be accomplished by investigating pairs of active  
234 learning strategies at the very least. However, there is a paucity of evidence in the literature directed  
235 toward understanding the occurrence of interactive effects of multiple active learning techniques. This  
236 proposed research study is aimed at producing evidence of the effects of such interaction among active  
237 learning strategies if they exist as the author believes.

## 238 7. Research Design and Epistemological Assumptions

239 This study will be conducted within the context of a research paradigm based on axiology,  
240 ontology, and epistemology (Terrell, 2009). From an axiological standpoint, the author views learning,  
241 or the acquisition of knowledge, as a process and not merely a product (Lachman, 1997). Learning  
242 in any form provides the greatest value to humankind, and it may be transferred in a variety of  
243 different manners. The author also assumes that students are choosing to take courses of their own  
244 volition and are applying themselves 100% when enrolled. Based on this assumption, the author views  
245 both educators and researchers, as being ethically obligated to uphold the principles of beneficence,  
246 non-maleficence, the autonomy of participants, and justice in conducting any study.

247 Ontologically, regardless of whether or not the existence of multiple objective realities can be  
248 confirmed, assuming that relatively speaking the reality of the educator is fixed as it exists within the  
249 scope of an educational environment, the educator who employs a variety of techniques for multiple  
250 students whose realities (i.e., learning style) may differ ensures that the greatest number of students  
251 may benefit. Using an analogy, were the author to place a locked gate to a secure area combined with a  
252 sign containing the universal warning color red, the written word stop, a figure depiction with a circle  
253 around it and line through it, and an audio announcement "Stop, people not allowed," the realities of  
254 the color-blind, the illiterate, the deaf, and the dumb, the author has taken multiple possible steps and  
255 accounted for the possibility of each to "learn" within the context of their individual realities through  
256 my singular reality.

257 Lastly, concerning epistemology given the nature of learning, the author views his role as a  
258 researcher in an active light as far as active participation does not have the potential to detract  
259 from or call into question, the validity of the results of the study. The author will participate in the  
260 determination of which measurement devices will be utilized, how they will be administered, and  
261 designing the experimental and control conditions. Nevertheless, the author will not personally  
262 interact with the participants during the studies, which means the author will be conducting research  
263 from an etic (i.e., outsiders) perspective. Therefore, in consideration of the author's stances and the  
264 overall aim of this study, the format the author will employ to conduct the research will be that of  
265 a combined experimental and causal-comparative methodology mixed-factor two-by-two-by-two  
266 factorial design.

267 Research Design Rationale. There are four aspects concerning the content of courses and curricula  
268 associated with student learning, which affect students' educational outcomes: 1) manageability, 2)  
269 relevance, 3) sufficiency, and 4) instructional methodology. Considering each of the four aspects is  
270 critical to the overall outcome of student learning and may together be nearly as crucial to the success  
271 of educational outcomes as the students themselves. Nevertheless, they are not of equal importance to  
272 one another. In fact, a meta-analysis has recently shown that aside from what the student brings to the  
273 educational experience, the educator accounts for the most variance in learning (Hattie, 2015).

274 Although Hattie (2015) believes that the method of teaching may likely be less critical than any  
275 attributes of the instruction in the method (p. 8), The author does not make a distinction between  
276 such attributes of the teaching within a method and the method employing the teaching that has the  
277 attributes. It is the educator's instructional methodology comprised of his or her attitudes, expectations,  
278 and behaviors that the author interprets as providing a buffer for course content and influences student

279 learning by compensating for accidental or intentional excesses resulting from any of the remaining  
280 three aspects of course content.

281 Specifically, active learning strategies and techniques possess the attributes that have been very  
282 effective in educational settings. However, the literature contains many articles on the main effects  
283 of these active learning techniques; little to nothing has been done on the interactive effects. It is for  
284 this reason that the proposed study will be that of a combined experimental and causal-comparative  
285 methodology mixed-factor two-by-two-by-two factorial design true experiment: Active learning  
286 strategy 1 (used or not), active strategy 2 (used or not) and gender (male and female).

## 287 8. Definition of Terms

288 Instructional methodology integrates the manageable, relevant, and sufficient amount of subject  
289 content and determines the most effective, efficient, and economical modes of transferring the  
290 information to the students (University of Tennessee, 2016). Active learning strategies will be defined  
291 as any instruction that involves students in doing things that get them to think about what they are  
292 doing (Bonwell & Eison, 1991). Learning is viewed as a process by the author that incorporates a  
293 product and will be defined as a relatively permanent alteration in one's behavior resulting from  
294 previous experience (Lachman, 1997).

### 295 Participants and Sampling Procedures

296 The total number of participants in the experiment will be ninety-six and be comprised of  
297 four groups of twenty-four students each. Each group will consist of twelve male and twelve  
298 female students with equal proportions among the groups matched based on pretest performance.  
299 The participants in the study will be selected from among second and third-year undergraduate  
300 students in attendance at the University at Buffalo enrolled in a physical sciences course by stratified  
301 sampling to obtain as representative a sample of the population as possible (Keppel, 1991). Upon  
302 being selected, the individuals in the participant pool will be randomly assigned to groups with the  
303 participants proportioned for gender in each of the four groups, as well as matched according to  
304 pre-test performance levels with respect to gender.

305 Rationale. Randomization of participant selection and the sampling assignment was chosen to  
306 minimize bias. Moreover, randomization will allow the findings to be attributed to systematic effects,  
307 and examine the causal relationship between the independent and dependent variables. Furthermore,  
308 such procedures also enhance the external validity and population validity.

309 To be able to detect any differences when they truly exist, the power of the experiment will be  
310 maximized. Although getting a false negative may be considered preferable to getting a false positive,  
311 erring in favor of such type 2s negatively impacts the power of the experiment. Therefore, in addition  
312 to efforts made to minimize errors in sampling and measurement, using a large enough sample, as  
313 well as the decision to use parametric tests to analyze the data that will be obtained, the additional  
314 step of relaxing the alpha (Martella, 2013) was taken.

315 The desired effect of increasing the alpha level (i.e., relaxing) does mean that more type 1 errors  
316 (i.e., false positives) are likely to occur if the null hypothesis is true and differences occur by chance.  
317 Nevertheless, relaxing the alpha results in the reduction of type 2 errors (i.e., false negatives), which  
318 has the benefit of increasing ability to detect systematic variance when it is present and not due to  
319 chance. In light of this, the selected alpha (level of statistical significance) for the experiment was set at  
320 0.10.

321 The random assignment to the groups will be done to ensure that there is no systematic bias  
322 influencing the results, which allows any observed differences to be attributed to the intervention  
323 (Keppel, 1991; Martella, 2013). All data obtained from participants will be anonymized to ensure that  
324 ethical and privacy considerations have been addressed.

## 325 9. Location and Setting for Study

326 Ideally, arrangements for this study to be conducted will be made at an undergraduate university  
327 in a classroom setting during an introductory physical science course in which each student is enrolled.  
328 Nevertheless, modifications may be made to accommodate available time and resources.

329 Rationale. The higher education classroom environment is suitable for the site of the experiment  
330 because it is where the intervention occurs in the natural setting. Generalizability of any significant  
331 findings will be straightforward since the conditions in the experiment closely resemble that of the  
332 real-world. Separation into groups is essential to distinguish interventional influences from one  
333 another and avoid threats to internal validity that could potentially result in similarities within or  
334 between individuals. The educators and researchers involved in the study will be calibrated for the  
335 task involving the pretest, implementation of stimulus variable(s), and post-test assessment evaluation.

336 Double-blinding of both evaluators and participants involved will be done. Double-blinding  
337 will ensure that the findings are not influenced by bias and do not to threaten the validity of results.  
338 By providing all experimental educators an equivalent number (i.e., two) of interventional technique  
339 stimulus variables none of them will know which are experimental versus control. Furthermore,  
340 student participants in all four groups will be provided equally desirable alternatives as interventions to  
341 neutralize any resentful demoralization that could result in similarities between or within individuals.

## 342 10. Data Sources/Materials/Measures

343 There will be two independent (i.e., stimulus) variables that were chosen from available active  
344 learning strategies in the literature. One will be the Socratic method of questioning, and the other will  
345 be ability-based learning assessment as teaching.

346 The Socratic method of question attempts to stimulate metacognition, which is often referred to as  
347 cognitive awareness where one thinks about thinking (Zhao, 2014). Metacognition makes the students  
348 reflect on their thought process, analyze their assumptions, and question their evidence (Gleason,  
349 2011). Ability-based learning uses frequent evaluation and feedback from peers, educators, or experts  
350 that become part of the learning process (Gleason, 2011). This strategy involves: clearly explaining  
351 ability outcomes of teaching, ample opportunities to practice developing ability outcomes, specific  
352 performance criteria are indicated, so students know what is expected to be a good performance,  
353 and lastly students receive assessment and feedback with clear indications so that they may correct  
354 deficiencies and increase performance during the next assessment.

355 Rationale. Each active learning technique has been shown to influence learning as separate main  
356 effects. However, there were no experiments located in the literature designed to investigate the  
357 existence of interactive effects of active learning strategies. This study will be conducted to fill the gap  
358 in the literature in an effort to determine the presence of interactive effects between active learning  
359 strategies on the dependent variable of student learning.

360 There will be four groups in total, and each group of participants will be exposed to equally  
361 desirable strategies. The first group will consist of control instructional strategies which are basic  
362 lecturing. The second group will have one active learning strategy employed with the control strategy.  
363 The third group will have the other active learning strategy used with the control strategy. The fourth  
364 group will have both active learning strategies employed.

365 Given the population from which the sample will be selected is likely heterogeneous for certain  
366 variables, there is a potential these could influence the outcome of the study. To account for this  
367 possibility within each group, there will be ten randomly selected and assigned participants using a  
368 stratified random sampling procedure to stratify for gender and pretest performance. Every effort  
369 to assign ethnic representation equally to each of the groups will be made as well. All participants  
370 will take a pretest assessment so that threats to internal validity based on pretesting should not be the  
371 result of this.

372 Data will be obtained from both pretest and posttest measurements using the same previously  
373 established reliable and valid measurement device. The device that we will use is called Learning for



374 Mastery: A Formative Evaluation Quiz to Test Your Knowledge of Bloom's Concept and consists of a  
375 twenty-item quiz. The instrument is an assessment measure to facilitate learning based on Benjamin  
376 S. Bloom's Learning for Mastery, which measures students' knowledge of Bloom's concepts and is  
377 contained in the Handbook on Formative and Summative Evaluation of Student Learning (Educational  
378 Testing Services, 2000). The device is described as being used for higher education, college students,  
379 diagnostic testing, pretest-posttest assessment, learning activities, which makes the adoption of this  
380 measurement instrument appropriate for this research design and purpose.

#### 381 11. Data Gathering Procedures/Procedures

382 Data gathering will be done both pre-intervention and post-intervention. The assessments will  
383 be anonymized with gender as the only information needed for equal gender assignment to groups.  
384 Gender will be revealed after both scoring by machine, and visual inspection is completed to eliminate  
385 bias. The stimulus variables will be implemented and a posttest assessment administered. Again,  
386 machine scoring will be followed by visual inspection. Then statistical analysis will be performed.

387 Rationale. The measurement device will be administered to the participants first to obtain pretest  
388 performance data. The anonymized results will then be obtained by using a scantron or similar type  
389 of response card. While there are computer-based assessment tools that may be more efficient, the  
390 ability to have a machine and human scoring and verification is desirable since each alone may make  
391 errors. Each of the evaluators will review all of the participants' answers on the score cards to make  
392 sure that the machine correctly read the responses and scored them appropriately. The results will be  
393 ranked into three relative levels and gender: high, medium, and low with male and female.

394 The participants will then be randomly assigned to one of the four groups on the basis of their  
395 scores on the measurement instrument stratifying for gender, which will allow for equal representation  
396 for all groups and potentially discern effects based on them as well as gender. Each of the four groups  
397 is exposed to conditions within the context of the course material to be taught such that neither the  
398 calibrated instructors nor any of the participants know what results are experimental ones of interest.  
399 Measurement instruments are then administered to obtain posttest data for the dependent variable of  
400 student learning from all four groups. The posttest is collected, the scantron cards will be scanned,  
401 and all evaluators will visually inspect the anonymized scoring. The posttest performance results of  
402 the groups on the posttest are compared and analyzed using tests of statistical significance.

#### 403 12. Analysis Procedures and Scoring

404 Descriptive statistics will be provided including mean, standard deviation, and range. Due to the  
405 pretest-posttest control group design of this study, analysis of co-variance (ANCOVA) will be used to  
406 analyze the data.

407 Rationale. ANCOVA was selected because we need to determine whether a difference between  
408 two or more groups on an individual variable can be at least partly explained by differences that may  
409 exist in the groups on another variable (Martella, 2013). Utilizing ANCOVA will allow the pretest  
410 assessment scores to be treated as a covariate when comparing the posttest scores of the groups and  
411 statistically controls for any real differences between the pretest of the control and experimental groups.  
412 ANCOVA is the most powerful in that it improves the likelihood of the researchers detecting the effects  
413 of the independent variables if they do not occur by chance alone (Martella, 2013). The results will be  
414 interpreted concerning whether or not we rejected or failed to reject the null hypothesis based on the  
415 level of significance chosen. If results were not what was expected, explain possibilities that explain  
416 why or if threats to validity may have caused them. Lastly, the author will discuss whether the results  
417 can be generalized the results to the population and what are the potential implications of such an  
418 ability to generalize. All data obtained from participants will be anonymized.

### 419 13. The Procedure

420 The measurement device will be administered to the participants first to procure anonymous  
421 pre-test performance data. The participants will be randomly assigned to one of the four groups by  
422 their scores on the measurement instrument stratifying for gender. Each of the four groups is exposed  
423 to conditions such that neither the calibrated instructors nor any of the participants know what results  
424 are experimental ones of interest. Measurement instruments are used to obtain posttest data for the  
425 dependent variable from all four groups. The performance results of the groups on the posttest are  
426 compared and analyzed using tests of statistical significance.

427 Rationale. The pre-test with post-test control group design was chosen to assess the impact  
428 of the stimulus variable as an intervention. The stratified random sampling and assignment were  
429 done to allow the detection of the causal relationship to be determined if it in fact exists. Moreover,  
430 anonymization of the procedure, the double-blinding, and the calibration minimize evaluator bias,  
431 threats to validity, and increases competence in the administration of assessments and implementation  
432 of the independent variables.

### 433 14. Data Analysis

434 Descriptive statistics will be provided including mean, standard deviation, and range. Also,  
435 analysis of covariance (ANCOVA) will be utilized to analyze the results to be interpreted.

436 Rationale. Due to the pretest-posttest control group design of this study, analysis of co-variance  
437 (ANCOVA) will be used to analyze the data because we need to determine whether a difference  
438 between two or more groups on a certain variable can be at least partly explained by differences that  
439 may exist in the groups on another variable (Martella, 2013). Utilizing ANCOVA will allow the pretest  
440 assessment scores to be treated as a covariate when comparing the posttest scores of the groups and  
441 statistically controls for any existing differences between the pretest of the control and experimental  
442 groups.

443 ANCOVA is the most powerful in that it improves the likelihood of the researchers detecting the  
444 effects of the independent variables if they do not occur by chance alone (Martella, 2013). The results  
445 will be interpreted with regard to whether or not we rejected or failed to reject the null hypothesis  
446 based on the level of significance chosen. If results were not what was expected, explain possibilities  
447 that explain why or if threats to validity may have caused them. Lastly, The author will explain the  
448 ability to generalize the results to the population and what are the potential implications of such an  
449 ability to generalize. All data obtained from participants will be anonymized.

### 450 15. Establishing Trustworthiness/Inter-rater Agreement/Inter-rater Reliability

451 Although inter-rater agreement and reliability are not applicable due to the quantitative paradigm  
452 of this research study, the establishment of trustworthiness of the evaluators is paramount. Without  
453 trustworthy assessments or interventions, there is no way to make any meaningful inferences from  
454 the findings. There can be no external validity without prior internal validity, which is why The author  
455 value trustworthiness so highly.

456 The author intends to establish and reinforce the integrity of the evaluators by blinding to  
457 minimize the opportunity for trustworthiness to be a factor. Any attempt to intentionally or accidentally  
458 sabotage the findings will be significantly reduced since the evaluators will be calibrated to deliver  
459 interventions will not know which of them is experimental. Furthermore, although this quantitative  
460 nature of the rating renders interpreting scores on assessments impossible, any biases that the  
461 evaluators may bring will be neutralized by anonymizing participants assessments so that during  
462 the scoring process participants cannot be unfavorably targeted or have their results altered by raters.  
463 In this manner, an unscrupulous evaluator would have a ten percent probability of sabotaging the  
464 students that he or she wanted, and the participants are all equally likely to be affected by such behavior.

## 465 16. Limitations to Methodology

466 The pretest–posttest control group design of this study controls for the following threats to internal  
 467 validity: history, maturation, testing, instrumentation, statistical regression, selection, mortality, and  
 468 selection by maturation interaction, which threaten the internal validity that potentially cause changes  
 469 in the results of the experimental group (Martella, 2013). Although experimental treatment diffusion,  
 470 compensatory rivalry by the control group, compensatory equalization of treatments, and resentful  
 471 demoralization of the control group all have the potential to threaten the internal validity by causing  
 472 changes in the performance of the control group, because the design gives the control groups an  
 473 equally desirable intervention threats to internal validity that result in similarities within or between  
 474 individuals was a concern.

475 The threats to external validity that are controlled for include multiple treatment interferences,  
 476 novelty and disruption effects, the Hawthorne effect, pretest sensitization, and posttest sensitization.  
 477 Novelty, disruption effects, and the Hawthorne effect are not concerns as threats to the external validity  
 478 since the design provides an equivalent alternative intervention in all groups. Pretest sensitization  
 479 should not pose a threat since the pre-test does not have a powerful effect on the experimental  
 480 intervention that would favor the experimental groups more than the control groups. The design of  
 481 this study makes novelty, disruption, Hawthorne, and sensitization effects of little concern or equally  
 482 likely to occur for all participants, which means that it is highly unlikely for one of the groups but not  
 483 all having results threatened.

484 Of all of the threats to external validity that are applicable ecologically, the interaction of time of  
 485 measurement and treatment effects would always be a concern. The extent to which the effects of the  
 486 independent variable on the dependent variable will maintain through time cannot completely be  
 487 controlled for will multiple posttest measurements at various points in time. Doing so will introduce  
 488 the potential for many of the other threats to influence the results at subsequent points in time. The  
 489 only way to mitigate those potential threats would be to keep participants in the groups indefinitely  
 490 barring access to the outside world, which is unethical.

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## Author biography

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