

1 *Review*

2 **Novel insights into the crosstalk between**
3 **mineralocorticoid receptor and G protein-coupled**
4 **receptors in heart adverse remodeling and disease**

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6 Barbara M. Parker, Shelby L. Wertz, Celina M. Pollard, Victoria L. Desimine,
7 Jennifer Maning¹, Katie A. McCrink^{2,3}, and Anastasios Lymperopoulos*

8
9 From the Laboratory for the Study of Neurohormonal Control of the Circulation, Department of
10 Pharmaceutical Sciences (Pharmacology), College of Pharmacy; Nova Southeastern University, Fort
11 Lauderdale, FL 33328, USA.

12 ¹Present address: Jackson Memorial Hospital, Miami, FL 33136, USA.

13 ²Present address: Massachusetts General Hospital, Boston, MA 02114, USA.

14 ³American Foundation for Pharmaceutical Education (AFPE) "Gateway to Research" Scholar.

15 *Correspondence to: Anastasios Lymperopoulos, PhD, FAHA, FESC, Associate Professor of
16 Pharmacology, Department of Pharmaceutical Sciences, Nova Southeastern University College of
17 Pharmacy, 3200 S. University Dr., HPD (Terry) Bldg/Room 1338, Fort Lauderdale, FL 33328-2018,
18 USA. al806@nova.edu

19 **Telephone:** +1-954-262-1338

20 **Fax:** +1-954-262-2278

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23 **Abstract:** The mineralocorticoid hormone aldosterone regulates sodium and
24 potassium homeostasis but also adversely modulates the maladaptive process of
25 cardiac adverse remodeling post-myocardial infarction. Through activation of its
26 mineralocorticoid receptor (MR), a classic steroid hormone receptor/transcription
27 factor, aldosterone promotes inflammation and fibrosis of the heart, the
28 vasculature, and the kidneys. This is why MR antagonists reduce morbidity and

29 mortality of heart disease patients and are part of the mainstay pharmacotherapy
30 of advanced human heart failure. A plethora of animal studies using cell type-
31 specific targeting of the MR gene have established the importance of MR signaling
32 and function in cardiac myocytes, vascular endothelial and smooth muscle cells,
33 renal cells, and macrophages. In terms of its signaling properties, the MR is distinct
34 from nuclear receptors in that it has, in reality, two physiological hormonal
35 agonists: not only aldosterone but also cortisol. In fact, in several tissues, including
36 in the myocardium, cortisol is the primary hormone activating the MR. There is a
37 considerable amount of evidence indicating that the effects of the MR in each tissue
38 expressing it depend on tissue- and ligand-specific engagement of molecular co-
39 regulators that either activate or suppress its transcriptional activity. Identification
40 of these co-regulators for every ligand that interacts with the MR in the heart (and
41 in other tissues) is of utmost importance therapeutically, since it can not only help
42 elucidate fully the pathophysiological ramifications of the cardiac MR's actions but
43 also help design and develop novel better MR antagonist drugs for heart disease
44 therapy. Among the various proteins the MR interacts with are molecules
45 involved in cardiac G protein-coupled receptor (GPCR) signaling. This results in a
46 significant amount of crosstalk between GPCRs and the MR, which can affect the
47 latter's activity dramatically in the heart and in other cardiovascular tissues. This
48 review summarizes the current experimental evidence for this GPCR-MR crosstalk
49 in the heart and discusses its pathophysiological implications for cardiac adverse
50 remodeling as well as for heart disease therapy. Novel findings revealing non-
51 conventional roles of GPCR signaling molecules, specifically of GPCR-kinase
52 (GRK)-5, in cardiac MR regulation are also highlighted.

53

54 **Keywords:** Adverse remodeling; aldosterone; cardiac myocyte; crosstalk; G protein-
55 coupled receptor (GPCR); GPCR-kinase (GRK); heart failure; inflammation;
56 mineralocorticoid receptor; myocardial infarction; oxidative stress; signal
57 transduction.

58

59 **1. Introduction**

60 Aldosterone exerts important effects in various organ systems outside the kidneys,
61 its primary target organ [1]. Among these systems is the cardiovascular system, of
62 which both the heart and the vasculature are direct targets of aldosterone`s actions
63 [2]. All of the genomic effects of aldosterone are mediated by the mineralocorticoid
64 receptor (MR), resulting in altered gene expression that affects vascular tone/blood
65 pressure, cardiac contractility and ventricular wall remodeling [3]. Specifically in the
66 cardiovascular system, the MR is expressed in vascular endothelial and smooth
67 muscle cells of murine kidneys and in the human heart, including cardiomyocytes,
68 coronary endothelial and vascular smooth muscle cells, fibroblasts, and immune
69 cells (e.g. macrophages, monocytes, etc.) [4,5]. Of note, cortisol, whose plasma levels
70 are normally hundreds of time higher than aldosterone`s, binds to, and activates the
71 MR with similar affinity to that of aldosterone [6,7]. Thus, MR hyperactivity is
72 prevented by the presence and activity of 11 β -hydroxysteroid dehydrogenase type
73 2 (11- β HSD2), which converts cortisol to the MR-inactive cortisone [7]. Cardiac
74 myocytes appear to express very little 11- β HSD2, which means that the
75 cardiomyocyte-residing MR may primarily be stimulated by cortisol rather than
76 aldosterone [8]. Nevertheless, direct effects of aldosterone in cardiac myocytes have
77 been documented and the MR plays important roles in cardiac physiology [9,10].
78 Since its effects are genomic, MR gene expression effects take at least several hours
79 to manifest but aldosterone is known to exert also more rapid, transient, non-
80 genomic effects via other receptors, including GPER (G protein-coupled estrogen
81 receptor) [11-14]. Contrary to its clearly defined function in the kidneys promoting
82 sodium (and water) reabsorption and potassium excretion, the function of the MR
83 in the normal healthy heart is poorly understood [13,15]. It has been shown to
84 regulate cardiomyocyte growth and cardiac electrical conduction [5,6].
85 Nevertheless, a large body of evidence, both from transgenic mouse models of
86 chronic pressure overload or myocardial infarction (MI) with manipulated MR
87 expression levels and from large scale clinical trials of MR antagonists (MRAs),
88 clearly documents the role of the MR in cardiac pathophysiology. The present

89 review provides an overview of the role and signaling of the MR in cardiac
90 pathophysiology with a particular emphasis on adverse remodeling. It also
91 discusses the experimental evidence for MR's cross-talk with cardiac G protein-
92 coupled receptors (GPCRs), highlighting novel, cardiac-specific aspects of MR
93 signaling that can be exploited for cardiovascular disease therapy.

94

95 **2. MR in cardiac adverse remodeling**

96 Aldosterone directly induces hypertrophy, ventricular remodeling, arrhythmias,
97 and ischemia in the myocardium. Importantly, these effects are mostly independent
98 of aldosterone's systemic hemodynamic effects [5,16]. Together with high salt
99 (sodium), aldosterone increases myocardial inflammation via upregulation of the
100 pro-inflammatory cytokines tumor necrosis factor(TNF)- α , interleukin-1 β , and
101 transforming growth factor(TGF)- β [17,18]. These effects are in part mediated by
102 serum- and glucocorticoid-induced protein kinase (SGK)-1 and transcription factors
103 nuclear factor (NF)- κ B and activator protein (AP)-1 [18,19]. Collagen and pro-fibrotic
104 factor synthesis, including connective tissue growth factor, TGF- β , plasminogen
105 activator inhibitor (PAI)-1, matrix metalloproteinase (MMP)-2, and TNF α , also
106 increases upon aldosterone/salt administration in the rat myocardium [18,20-22]. In
107 addition, oxidative stress, as evidenced by nicotinamide adenine dinucleotide
108 phosphate (NADPH) oxidase (NOX) activity and reactive oxygen species (ROS)
109 production, is increased, contributing to the cardiac inflammation and fibrosis
110 induced by aldosterone [5]. Moreover, MR activation stimulates apoptosis and
111 induces coronary vasoconstriction in animal hearts [23,24]. The underlying
112 mechanism for the reduced coronary blood flow by the MR is presumed to be
113 impaired endothelium-dependent, nitric oxide (NO)-mediated vasodilatation due to
114 decreased NO production [23].

115 The high-salt requirement for most of the aforementioned effects of aldosterone is
116 thought to stem from the fact that high sodium stimulates oxidative stress, which,
117 in turn, activates the cardiac MR [25]. Crosstalk between the MR and the angiotensin

118 II type 1 receptor (AT₁R), a member of the GPCR superfamily, has also been
119 implicated in aldosterone's damaging effects in the heart [26]. Perhaps the most solid
120 evidence for the pivotal role of the MR in heart disease comes from the remarkable
121 cardiac benefits the MRAs, specifically spironolactone and eplerenone, have been
122 demonstrated to exert clinically but also in animal studies. MRAs prevent or
123 significantly attenuate cardiac inflammation, fibrosis, and oxidative stress induced
124 by aldosterone [1,5,6]. They also reduce the risk of cardiac arrhythmias in animal
125 models of heart disease [5]. Notably, these beneficial effects of the MRAs appear
126 independent of any effects on systemic hemodynamics, which strongly indicates
127 that they are due to direct cardiac (or vascular) MR blockade [1,5,15,16].

128 The MR is present in cardiac myocytes and functions essentially as a high-affinity
129 cortisol receptor, since 11- β HSD2 is significantly under-expressed in these cells [7].
130 However, aldosterone still plays an important role in regulation of cardiac output.
131 Studies in cardiomyocyte-restricted MR-knockout mice showed that the absence of
132 the MR led to improved cardiac healing, preventing adverse remodeling, cardiac
133 hypertrophy, contractile dysfunction and maladaptive gene expression post-
134 myocardial infarction (MI) [27]. Cardiac inflammation and apoptosis were also
135 reduced early after the MI in these mice, and were accompanied by improved left
136 ventricular filling pressures, end diastolic and end systolic volumes, and ejection
137 fraction [27]. Immediate pharmacological blockade of the MR also ameliorates
138 cardiac healing post-MI by reducing cardiac inflammation [28] and genetic ablation
139 of the cardiomyocyte MR protects the heart in the transaortic constriction (TAC)
140 model of pressure overload [29]. Notably, in the latter animal model of heart failure,
141 the absence of cardiomyocyte MR only improved cardiac function without affecting
142 cardiac hypertrophy, fibrosis, apoptosis, or inflammation post-TAC [29]. Thus, the
143 cardiomyocyte-residing MR seems to affect cardiac function, while cardiac MR
144 expressed in other cardiac cell types (fibroblasts, endothelial cells, infiltrated
145 immune cells) regulates cardiac adverse remodeling. Indeed, the cardiomyocyte MR
146 is essential for the primary inflammatory response and recruitment of inflammatory

147 cells to the heart associated with high salt-induced cardiac remodeling [30]. Studies
148 in transgenic cardiomyocyte MR-overexpressing mice corroborate the findings in
149 cardiomyocyte MR-knockout mice. Genome-wide analyses revealed that connective
150 tissue growth factor (CTGF) and the neutrophil gelatinase-associated lipocalin are
151 among the early cardiac remodeling-associated MR target genes upregulated by
152 chronic aldosterone treatment (despite the preponderance of glucocorticoid
153 receptors in the heart) [31,32]. Of note, the MR does not seem to affect normal cardiac
154 development or function. Cardiomyocyte MR-knockout mice have normal systolic
155 and diastolic functions and cardiac dimensions [1]. When challenged with high salt
156 however, the inotropic and chronotropic functions of the MR-knockout hearts are
157 dysregulated [31], which is consistent with evidence in isolated cardiomyocytes for
158 aldosterone-dependent increases in positive inotropy and chronotropy [33-35]. The
159 effect of the MR on heart rate is also modulated by the glucocorticoid receptor and
160 oxidative stress [33]. The two steroid receptors act synergistically to regulate T-type
161 and L-type calcium channel expression and activity, thereby increasing risk of
162 arrhythmias in the myocardium [33]. Cardiac-specific MR overexpression leads to a
163 high rate of sudden cardiac death in mice via reduced potassium transient outward
164 and increased L-type calcium currents resulting in prolonged repolarization
165 (refractory period) [36]. In addition, cardiomyocyte-specific MR overexpression
166 causes NOX-dependent, ROS-mediated coronary endothelial dysfunction [37].
167 Additionally, both the MR and 11- β HSD2 are upregulated in rats post-MI and in
168 response to a high-salt diet and cardiac MR expression is elevated in heart failure
169 and atrial fibrillation patients [6,38-41].

170 Finally, additional effects by the MR expressed in other cardiovascular tissues
171 outside the heart, indirectly, but still significantly, contribute to cardiac adverse
172 remodeling. For instance, the MR promotes endothelial dysfunction in high
173 cholesterol diet-induced atherosclerosis in mice, in atherosclerotic monkeys, and in
174 models of experimental thrombosis [42,43]. Chimeric low density lipoprotein
175 receptor (LDLR)-knockout mice with MR-knockout bone marrow cells have reduced

176 atherogenesis both basally and in response to angiotensin II [44]. In humans,
177 polymorphisms of the aldosterone synthase (CYP11 β 2) gene have been associated
178 with atherosclerotic plaque size and plasma aldosterone was the only independent
179 predictor of plaque progression in one large study [45]. Another important cell type
180 with substantial endogenous MR expression and contributing to cardiac adverse
181 remodeling is the macrophages [46]. They also express glucocorticoid receptor but
182 not 11- β HSD2. Thus, under normal circumstances, macrophage MR is stimulated by
183 cortisol, similarly to the cardiomyocyte MR [47]. Deletion of macrophage MR
184 changes the baseline expression of several pro-inflammatory genes, but,
185 interestingly, does not affect macrophage recruitment/infiltration into the diseases
186 myocardium, indicating that the MR operating in other cardiac cell types, e.g.
187 endothelial cells, contributes to macrophage infiltration in DOC/high salt-treated
188 hearts [48-50]. Of note, even the MR in T-lymphocytes has been implicated in
189 aldosterone-induced Th17-mediated immune activation, which might be part of the
190 overall MR-driven cardiac inflammation [51,52].

191 In summary, deletion or inactivation of the MR gene attenuates left ventricular
192 dilatation, cardiac hypertrophy, and heart failure progression, whereas
193 overexpression of the MR in cardiomyocyte-specific MR overexpression promotes
194 cardiac adverse remodeling, heart failure progression and development of
195 arrhythmias [27,29,36].

196

197 **3. GPCR signaling and MR function**

198 The human MR is a 984-amino acid cytoplasmic protein with three functional
199 domains: the N-terminal domain (NTD) that regulates transcriptional activity of the
200 receptor; the DNA-binding domain (DBD) involved in the binding of the promoter
201 of the target gene; and the ligand-binding domain (LBD) responsible for hormone
202 binding [3]. In the nucleus, the MR depends on numerous molecular co-regulators
203 to activate and regulate its target genes that carry the (shared with the glucocorticoid
204 receptor) glucocorticoid response element (GRE) sequence in their promoters [53].

205 The MR also undergoes post-translational modifications, such as phosphorylation,
206 SUMOylation, ubiquitination, etc., which also play important roles in regulation of
207 its transcriptional activity and of its ligand binding specificity/affinity [54]. MR
208 activity is also affected by factors other than its ligands, including PKA, Rac-1,
209 ubiquitin conjugating enzymes and other factors involved in the regulation of
210 diverse nuclear receptors [53-56]. Additionally, as mentioned above, high salt
211 (sodium) concentrations lead to MR activation even in the absence of any
212 hormone/ligand [1,25], and result in cardiac fibrosis and inflammation.

213 One of the most powerful physiological stimuli for the synthesis and secretion of
214 aldosterone, and the last step in the renin-angiotensin-aldosterone system axis, is
215 angiotensin II activation of the AT₁R, a G_{q/11} protein-coupled receptor [57-61].
216 Specifically, the AT₁R promotes aldosterone production in the adrenal cortex
217 through G_{q/11} protein, i.e. diacylglycerol (DAG) and inositol trisphosphate (IP₃),
218 signaling, but also through β arrestin1 signaling to ERK-dependent StAR
219 upregulation [62-66]. Therefore, there is considerable (indirect) crosstalk between
220 the MR and GPCRs at the level of the former's natural hormone ligand regulation.
221 However, there is substantial evidence for direct regulation of GPCR signaling
222 mediators by the MR, as well. Apart from MR interactions with the epidermal
223 growth factor receptor (EGFR), a receptor tyrosine kinase (RTK), which are well
224 characterized [67-69], GPR30 or GPER, an estrogen-responsive GPCR, serves as a
225 membrane receptor for aldosterone [70,71]. G_q protein-coupled receptor signaling-
226 activated protein kinase C (PKC)- α also binds aldosterone directly (i.e. in an MR-
227 independent manner), which leads to its auto-phosphorylation [72]. Aldosterone is
228 known to activate mitogen-activated protein kinases (MAPKs), which play
229 significant parts in GPCR signaling in all tissues, including the heart. Thus, the
230 extracellular signal-regulated kinases (ERK)1/2 are activated by aldosterone in
231 various cell types and tissues, including in vascular smooth muscle cells [73] and in
232 cardiac myocytes [74,75]. In the latter cells, this leads to hypertrophy [75,76]. p38
233 MAPK is another MAPK activated by aldosterone via the MR in vascular smooth

234 muscle cells [77], where it leads to fibrosis through NADPH stimulation. In fact, p38
235 MAPK blockade counters the high salt diet-induced deleterious cardiovascular
236 effects in spontaneously hypertensive rats [78]. Contrary to PKC α , which directly
237 binds aldosterone, PKC δ and PKC ϵ are activated by aldosterone via MR-induced
238 EGFR transactivation [79]. Finally, protein kinase D (PKD)-1 activation leading to
239 cardiac hypertrophy has also been linked to the MR-EGFR crosstalk in aldosterone-
240 treated cardiac myocytes [80], whereas, in vascular endothelial cells, aldosterone
241 enhances nitric oxide production via MR- and phosphoinositol 3-kinase (PI3K)-
242 dependent endothelial nitric oxide synthase (eNOS) phosphorylation [81].

243 As mentioned above, the MR undergoes several stimulus-induced post-translational
244 modifications, most frequently direct phosphorylation, which underlies several
245 rapid signaling events induced by aldosterone. Phosphorylation of co-factors
246 required for MR transcriptional activity also plays an important role. Regulation of
247 these phosphorylation events by GPCRs and GPCR-activated signaling molecules
248 provides the basis for the opposite direction of GPCR-MR crosstalk to the one
249 discussed above, i.e. GPCR-dependent regulation of the MR. Indeed, protein kinase
250 A (PKA), activated by G_s protein-coupled receptors and inhibited by G_i protein-
251 coupled receptors, induces dissociation of heat shock protein (Hsp)-90 from the MR
252 [82] (**Figure 1**). This event is normally required for MR translocation to the nucleus
253 (Faresse). Furthermore, the steroid receptor co-activator (SRC) family, comprising
254 SRC1, SRC2 and SRC3, is another group of proteins required for transcription by
255 nuclear receptors, including the MR and PKA phosphorylates SRC2 resulting in its
256 ubiquitination and subsequent degradation [83]. Even the ERKs, which can be
257 activated by the aldosterone-induced MR crosstalk with the EGFR (see above),
258 phosphorylate the MR itself, thereby modulating MR protein stability (proteasomal
259 degradation) and closing a negative feedback MR regulatory loop [84] (**Figure 1**).
260 Moreover, serine-843 located within the LBD of the MR gets phosphorylated by an
261 unidentified kinase, preventing MR binding to, and activation by aldosterone in
262 renal intercalated cells [85]. Upon volume depletion (hypovolemia), the AT₁R

263 decreases Ser843 phosphorylation of the MR via protein phosphatase (PP)-1
264 activation in these cells, in order to increase chloride reabsorption, inhibit potassium
265 excretion and ultimately restore (increase) plasma volume [85]. Of note however,
266 this Ser843 phosphorylation event is renal intercalated cell-specific and purportedly
267 absent in cardiac myocytes [85].

268 Agonist-activated GPCRs are phosphorylated by a family of serine/threonine
269 kinases collectively known as GPCR-kinases (GRKs). This phosphorylation
270 enhances the affinity of the receptor for binding to the adapter proteins β arrestins,
271 which sterically hinder G protein coupling and activation, thereby conferring
272 receptor functional desensitization [86]. Several GRKs are now known to
273 phosphorylate non-GPCR substrates (the so-called “non-canonical” GRK actions,
274 [87]). There are seven mammalian GRKs (GRK1-7), all of which share a common
275 structural architecture with a well-conserved, central catalytic domain (~270 aa),
276 similar to that of other serine-threonine kinases, flanked by an amino-terminal (NT)
277 domain (~ 185 aa) and a variable length carboxyl-terminal (CT) domain (~ 105-230
278 aa) that contains specific regulatory sites [88,89]. The conservation of length and
279 specific amino acids in the NT domain suggests that this region is involved in
280 specific receptor recognition and binding and in intracellular membrane anchoring.
281 The CT domain of GRKs contributes to their subcellular localization and agonist-
282 dependent translocation by favoring their interaction with lipids and other
283 membrane proteins. GRK2, GRK3, and GRK5 are ubiquitously expressed, including
284 the heart where GRK2 and GRK5 represent the most abundant isoforms [90,91].
285 When inactive, GRK2 and GRK3 are in the cytoplasm and need to interact with the
286 free $G\beta\gamma$ subunits of activated heterotrimeric G proteins in order to translocate to the
287 cell membrane and phosphorylate agonist-occupied GPCRs [90-92]. In contrast,
288 GRK5 forms direct ionic interactions with the cell membrane phospholipids thanks
289 to a highly basic (lysine-rich) region of its molecule, so it is anchored to the plasma
290 membrane even when inactive [91]. The mechanism of its activation by GPCRs,
291 specifically by the β_2 -adrenergic receptor (AR), was elucidated recently [93]. Of note,

292 GRK5 is located also in the cell nucleus, thanks to a nuclear localization/ DNA
293 binding sequence (NLS) it contains, where it can affect gene transcription via
294 epigenetic mechanisms [94-96].

295 In transfected renal cells, the human MR has been shown to increase β_2 AR-
296 dependent intracellular cyclic adenosine monophosphate (cAMP) levels via $G_{s\alpha}$
297 protein upregulation and GRK3 downregulation [97]. In murine hearts in vivo, the
298 MR has been documented to promote heart failure by activating GRK2-dependent
299 cardiac apoptosis and GRK5 nuclear accumulation-dependent cardiac hypertrophy
300 [76] (**Figure 1**). These non-canonical, deleterious GRK effects appear to be mediated
301 by an MR-induced, c-Src kinase-dependent transactivation of the AT_1R in the heart
302 [76] (**Figure 1**). Importantly, the authors of that study correlated the peripheral
303 lymphocyte GRK2 levels, known to reflect myocardial GRK2 levels, of heart failure
304 patients with MRA (spironolactone) treatment and found that patients treated with
305 spironolactone had significantly lower peripheral lymphocyte GRK2 levels
306 compared to non-MRA treated patients [76]. This probably reflects the better
307 cardiovascular status of heart failure patients conferred by the MRA treatment.

308 In addition to GRK2 and GRK5 modulation by the cardiac MR, very recent data from
309 our laboratory indicate that the opposite, i.e. cardiac MR regulation by GRKs, can
310 occur, as well. Indeed, we have found that GRK5, but not GRK2, phosphorylates the
311 MR in H9c2 rat cardiomyoblasts and in adult rat ventricular myocytes, inhibiting
312 its transcriptional activity [98] (**Figure 1**). Moreover, this non-canonical effect of
313 GRK5 is enhanced by β_2 AR activation. In contrast, GRK2 phosphorylates and
314 desensitizes the non-genomic aldosterone receptor GPER [98]. Importantly, GRK5
315 appears necessary for the protective effects of the MRAs (eplerenone) against
316 aldosterone's deleterious effects in cardiomyocytes (apoptosis, oxidative stress, etc.)
317 [98]. Of note, the GRK5-mediated MR phosphorylation occurs in the cytoplasm and
318 seems to interfere with the ability of the MR to translocate to the nucleus to activate
319 gene transcription [99]. Thus, the MR functional blockade by GRK5 is topologically
320 independent from the kinase's own nuclear/genomic effects, which can be harmful

321 (i.e. pro-hypertrophic) in the heart. Therefore, GRK5 can counter the deleterious
322 effects of the MR, thereby augmenting the beneficial actions of the MRA's in the
323 heart. This is another line of evidence supporting a beneficial, rather than
324 detrimental, role for GRK5 in the myocardium. Indeed, enhanced GRK5 activity has
325 been associated with favorable outcomes, similar to those of beta-blockers, in human
326 heart failure [100], and GRK5 also inhibits cardiac NF κ B, thereby attenuating
327 inflammation and hypertrophy in the heart [101-104]. In diametric contrast, every
328 action of GRK2 in the myocardium uncovered so far appears deleterious for cardiac
329 function or structure [89-92].

330

331 **4. Therapeutic implications of GPCR-MR crosstalk for heart disease**

332 From the preceding sections, it becomes evident that there is a considerable amount
333 of GPCR crosstalk with the MR in the heart, which can have enormous
334 pathophysiologic and, consequently, therapeutic (in the context of heart disease)
335 implications. From the perspective of the MR regulating downstream GPCRs and
336 GPCR signaling mediators/regulators (**Figure 1**), therapeutic targeting of proteins
337 directly activated by aldosterone like GPER, EGFR, and PKC has the potential of
338 combating several non-genomic actions of aldosterone, which are as deleterious for
339 the myocardium as its classic genomic actions, e.g. EGFR transactivation-mediated
340 fibrosis, PKC-mediated hypertrophy, etc. Targeting of several of these signaling
341 mediators is already being pursued for heart failure therapy, independently of their
342 molecular connections with the cardiac MR. However, the main drawback of
343 targeting these molecules is that the equally (if not worse) cardiotoxic actions of the
344 cardiac MR, activated by aldosterone, cortisol or no specific ligand (oxidative stress,
345 hyperkalemia), are left unopposed.

346 For this reason, it is imperative that inhibition of the cardiac MR downstream
347 signaling targets be combined with blockade of the activity of the cardiac MR itself,
348 i.e. an MRA. Given the significant extent of GPCR signaling crosstalk occurring also
349 upstream of the cardiac MR (**Figure 1**), targeting of GPCR signaling

350 mediators/regulators that affect cardiac MR activity might also have therapeutic
351 potential, at least in that it might act synergistically or additively with an MRA. In
352 that vein, PKA inhibition or GRK5 stimulation in cardiomyocytes may augment the
353 beneficial effects of MR antagonists in heart disease, since PKA activates and GRK5
354 inhibits cardiac MR transcriptional activity (**Figure 1**). Indeed, GRK5 appears
355 indispensable for eplerenone's cardioprotective effects in ARVMs [98]. Of note,
356 β_2 AR stimulation in the cardiomyocyte, which can be achieved with agents currently
357 used in clinical practice (i.e. the anti-asthmatic β_2 AR-selective agonists), can
358 potentially lead to MR blockade in the heart, via GRK5 activation (**Figure 1**). β_2 AR-
359 activated GRK5 not only directly phosphorylates and inhibits the cardiac MR, but
360 also (indirectly) suppresses PKA activity by desensitizing the β_2 AR
361 (i.e. terminating the receptor's G_s protein signaling that activates PKA). Not to
362 mention, the cardiac β_2 AR is purportedly capable of switching its coupling from G_s
363 to G_i proteins, an event that would also suppress PKA activity (due to inhibition of
364 cAMP synthesis) [105].

365

366 **5. Conclusions & Future Perspectives**

367 Although more studies are certainly needed to further elucidate the molecular and
368 signaling connectome of the cardiac MR, two things are known for sure. The first is
369 that the cardiac MR exerts overall negative effects in the myocardium, in particular
370 in the diseased or injured myocardium (e.g. post-MI); thus, all of its actions, direct
371 and indirect, genomic and non-genomic, need to be blocked in heart disease. This is
372 why MRA drugs have been and continue to be so successful in human advanced
373 heart failure therapy. The other proven and well-documented fact about the cardiac
374 MR is that it displays significant signaling crosstalk with GPCRs and GPCR
375 signaling components, either being upstream of the latter (i.e. modulating them) or
376 being downstream (i.e. its activity being under the control of latter). With the
377 realization that an MRA agent is not enough to fully counter the cardiotoxic actions
378 of the MR or of aldosterone and as more data on the biochemistry and molecular

379 (patho)physiology of the MR in the heart become available, the pharmaceutical
380 industry`s odds of coming up with new and better MR-targeting drugs for heart
381 disease therapy are looking pretty good.

382

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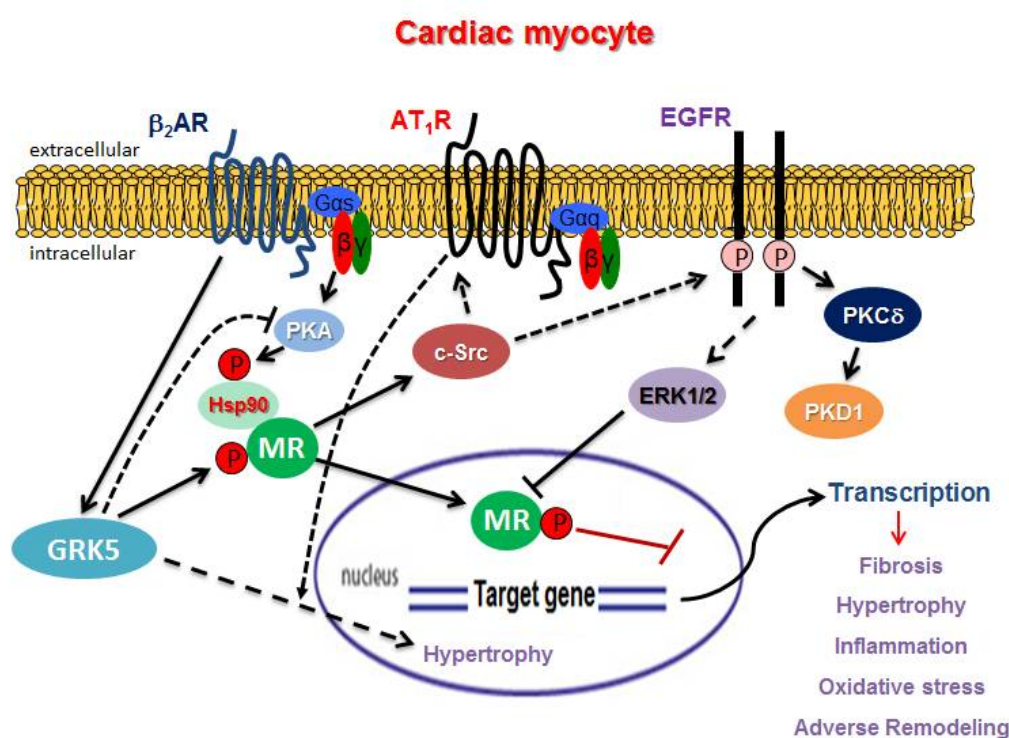
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- 698 **Figure 1. Important GPCR-related molecular pathways involved in crosstalk with**
 699 **the MR in cardiac myocytes.** Aldo: Aldosterone; P: Phosphorylation. See text for
 700 details and for all other molecular acronym descriptions.