

1 Article

2 Antibacterial activity of papain hydrolysates of 3 isoelectrically-isolated casein and thermoprecipitated 4 alpha-lactalbumin from bovine and caprine milk on 5 diarrheagenic bacteria

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11

12 **Abstract:** The study compared antibacterial potential of hydrolysates of casein and alpha-lactalbumin
13 from cow and goat milk on diarrhea-causing *Escherichia coli* and *Staphylococcus aureus*. Milk samples
14 were aseptically obtained from lactating cows and goats. The samples were skimmed; casein was
15 isolated using acetic acid and alpha-lactalbumin by filtrate thermoprecipitation at 75°C. 50% of each
16 isolate was reconstituted in a buffer and hydrolyzed with papain at 55°C for 2 hours. The
17 hydrolysates were heated to 75°C to inactivate papain, cooled and their antibacterial activity
18 determined by disc diffusion method. Results showed alpha-lactalbumins had higher degrees of
19 hydrolysis and antibacterial activity than caseins; goat alpha-lactalbumin had the highest
20 antibacterial activity with mean inhibition zones of 19.60mm and 19.50mm on *E. coli* and *S. aureus*.
21 Cow alpha-lactalbumin inhibited *E. coli* more than *S. aureus* with inhibition zones of 16.80mm and
22 12.50mm. Cow and goat milk casein hydrolysates inhibited *E. coli* with mean inhibition zones of
23 8.00mm and 10.90mm and inhibited *S. aureus* with inhibition zones of 4.13mm and 1.90mm
24 respectively. The research showed that the milk hydrolysates can be a source of antibiotics for
25 diarrhea treatment. Research should be done to establish the peptide fractions associated with the
26 observed bioactivity.

27 **Keywords:** Assay, diarrhea, isolate, hydrolysis, proteins, inhibition zone.

28

29 1. Introduction

30 Human life menacing infections such as tuberculosis, influenza, pneumonia, dysentery, diarrhea,
31 cholera and typhoid has left intolerable death toll worldwide. Diarrhea, particularly is a grave
32 justification of infantile deaths. According to WHO records, close to 5 billion medical incidences of
33 diarrheic infections are annually reported globally, wherein infants get diarrheagenic infections up

34 to thrice a year [1]. Gross diarrhea-related mortality, approximated at 1.26 million in 2013 from
35 2.58 million in 1990, was the penultimate most common justification of infantile deaths in the 2012
36 global medical data [1]. Diarrhea is a medical state wherein an individual experience more than two
37 loose excrements diurnally which is medically deemed aberrant. Diarrhea may be acute, persistent,
38 chronic, osmotic, secretory, exudative or inflammatory. Diarrhea can be surpassed through
39 maintenance of good sanitation, taking boiled or treated water and vaccinal inoculation against
40 rotavirus. Use of oral rehydration salts (ORS), Zinc tablets and antibiotics such as nitazoxanide can
41 treat diarrhea [1]. Albeit protozoic and viral causes, serious diarrhea is often caused by bacteria
42 namely; *Campylobacter*, *Clostridium difficile*, diarrheagenic *Escherichia coli*, *Bacillus cereus*, *Clostridium*
43 *perfringens*, *Staphylococcus aureus* and *Salmonella enterica*. Regrettably, the otherworldly rate at which
44 these causative microbes have presented sturdy resistance to synthetic drugs is a prognosticatory
45 signification that the world is soon getting thrown into a post-antibiotic era hence the need to search
46 for novel antibiotics with new modes of action.

47 Milk, a translucent white heterogeneous mixture of lacteal secretion by mammary glands of lactating
48 mammals is bound with biomolecules (chiefly water, proteins, carbohydrates, vitamins, minerals and
49 lipids) [2] indispensable for sustenance of neonate life through its various biological, chemical,
50 physiological and functional activities [3]. Water, the chief composition of milk, is the milieu for other
51 polar milk components. Two distinct phases of milk globular proteins can be appreciated; casein
52 complexes and a soluble serum fraction of whey proteins which are representatively 80% [4] and 20%
53 of the total bovine milk proteins respectively [5]. These often fold into compact, virtually spheroidal
54 units unimpededly dispersible in water. The casein fraction, disorganized structurally, is hesitant to
55 thermodenaturation. The calcium-casein phosphoprotein assemblage bestows the characteristic
56 white and opaque appearance of milk when clumped in clusters as micelles. The amino acid sequence
57 in casein micelles possess hydrophobic and hydrophilic regions, hence the assemblage is a
58 multidispersed surfactant system of spheroidal aggregates with quadradic subunits differing
59 significantly in molecular weight, isoelectric point (pI) and phosphate groups. The quadrature is
60 strictly only electrophoretically differentiable as alpha s1 (α s1), alpha s2 (α s2), beta (β) and kappa (κ)
61 caseins in order of their decreasing degree of motion at pH 7.0.1.[6]. Similarly, neither beta nor alpha
62 casein is singly soluble in milk, nor in fusion, though inclusion of kappa casein to one or both, leads
63 to a soluble complexation due to micelle formation [7]. Addition of an acid to casein causes colloidal
64 calcium hydroxyphosphate in the casein micelle to solubilize as exemplified in natural milk souring.
65 Whey proteins, the filtrate after casein isolation from skimmed milk, is a heat labile family of globular
66 milk proteins composed predominantly of beta lactoglobulin (β -lg), alpha-lactalbumin (α -la),
67 serum albumin (SA), immunoglobulins (IGs), folate-binding protein, lactoferrin (LF),
68 lactoperoxidase, transferrin, ferritin, proteose peptone, calmodulin (calcium binding protein) and
69 prolactin [8]. Alpha lactalbumin, more frequently called lactalbumin (LALBA), is the second most
70 predominant whey protein after beta lactoglobulin biosynthesized from a code transcribed from the
71 LALBA gene with translation in primates upregulated by elevated prolactin levels that successively

72 upregulates lactose synthesis. It constitutes the regulatory subunit of the β -1,4-galactosyltransferase
73 allosteric effector thus enhances lactose synthesis via carryover of galactose moieties to glucose [9].
74 Serum albumin is not biosynthesized in the mammary glands but rather carried over from the
75 mother's blood to milk. Immunoglobulins, the protein complexes fused by the B lymphocytes, are
76 functionally immunologic [9]. The amino acid profile of casein and whey protein fractions vary
77 significantly between mammals and this will dictate their ease of proteolysis [10]. The carbohydrate
78 profile of milk is dominated by lactose(4-O-(β -D-galactopyranosyl)-D-glucopyranose) which is fully
79 miscible in water. Lactose is a disaccharide composite of two renowned monosaccharides (glucose and
80 galactose) responsible for the saccharine taste and colligative attributes of milk such as osmotic
81 pressure, boiling point elevation and freezing point depression. Milk also contain vitamins: A, B₁, B₂,
82 B₃, B₁₂, B₅, B₆, C and D. The minerals bound in milk include calcium, potassium, sodium, phosphorus,
83 iodine, magnesium, zinc, potassium, sodium, chloride, iron, selenium, copper and fluoride [5]. Milk
84 is an emulsion of fat globules in spatial containment of an aqueous fluid wherein every globule is
85 beset by phospholipid-proteinaceous membrane emulsifiers, inhibiting globular patch up into
86 noticeable fat grains and which protect the fats from lipases in the milk serum. Milk fat, secreted in
87 the mammary epithelial cells as fat globules, houses fat-miscible vitamins: D, A, K and E,
88 phospholipids, tri-, di- and monoacylglycerols, cerebrosides, gangliosides, sterols, their esters and
89 derivatives, carotenoids, tocopherol and free fatty acids. Other insignificant milk constituents include
90 enzymes (lipoprotein lipase, lactoperoxidase, xanthine oxidase, alkaline phosphatase) and pigments
91 [Error! Reference source not found.].

92 Milk is inherently antimicrobial purposely to furnish neonate protection [11]. In the mammary
93 glands, milk is incorporated with immense immunity factors, including immunoglobulins fetched
94 from the mammalian mother's blood [12]. Lactoferrin and enzymes (lysozyme and lactoperoxidase)
95 are antimicrobials empirically reported in raw milk [11]. The former antibacterially secludes iron
96 while the latter interjects microbial cell walls by enhancing their porosity [12]. Lahov and Regelson
97 [13] obtained isracidin from bovine α S1-casein segment 1-23 proteolyzed by chymosin and reported
98 it is antibacterial against *Lactobacilli*, Gram-positive and Gram-negative bacteria with most Gram-
99 positive bacteria inhibited by aliquots between 0.1mg/mL to 1mg/mL. Murphy and Meullenet [14] in
100 another investigation reported that isracidin was defiant against infectious *Listeria monocytogenes* and
101 *S. aureus*. Otani and Suzuki [15] isolated isracidin from chymosin-mediated neutral pH digestion of
102 α s1-casein. The biopeptide reportedly exhibited antifungal action on *Candida albicans*, inhibited
103 *Lactobacilli*, *Staphylococcus species (sp)*, *Sarcina sp*, *Bacillus subtilis*, *Diplococcus sp*, *pneumoniae sp* and
104 *Streptococcus pyogenes* with minimum inhibitory concentration (MIC) between 0.1 to 1mg/mL.
105 Birkemo *et al* [16] also reported that isracidin is antibacterial *in vivo* against *E. coli* DPC6053 with a
106 MIC of 0.2 mg/mL. Furthermore, caseicin 15 and 17 on the C-terminal of bovine β -casein from
107 acidified colostrum reportedly had a MIC of 0.4 mg/mL against the test *E. coli* DPC6053 [13]. Hayes
108 *et al* [17] identified fragments of α s1-casein, caseicin A, B and C from bovine milk α S1-casein soured
109 using *Lactobacillus acidophilus* DPC6026 that manifested bacteriostatic potential against *Enterobacter*

110 *sakazakii*. Caseicin A, B and C suppressed the growth of *E. coli* DPC5063 with MIC of 52 μ g/ml,
111 0.22 μ g/ml and 1.48mg/ml respectively stated [17]. Recio and Visser [18] proteolyzed successively
112 bovine α S1-casein and α S2-casein with proteases: pepsin, trypsin, alpha-and beta-chymotrypsin. The
113 hydrolysates suppressed the growth of a list of Gram bacteria. Zucht *et al* [19] isolated and identified
114 a cationic biopeptide from acidified bovine milk. The segment 165-203, called casocidin-I, was proven
115 antibacterial against *Staphylococcus carnosus* and *E. coli* [19]. Minervini *et al* [20] isolated casecidin 15
116 and 17 from acidified colostrum of bovine milk beta-casein that suppressed the growth of a spectrum
117 of Gram bacteria including potentially pathogenic strains of daily increasing clinical importance such
118 as *E. coli* (with MICs of 0.4mg/mL), *Enterococcus faecium*, *Bacillus megaterium* and *Yersinia enterocolitica*.
119 The 26-amino acid peptide housed a copious content of non-polar residues, that hampered further
120 proteolysis and thus had limited antibacterial potential [20].

121 Thoma-Worringer *et al* [21] isolated caseinomacropeptide following proteolysis of bovine milk κ -
122 casein and tested its bacteriostatic potential on *Streptococcus mutans*, *Streptococcus sanguinis* and
123 *Streptococcus sobrinus*. The biopeptide repressed the adherency of *S. mutans*, *S. sanguis* and *S. sobrinus*
124 to the mouth and controlled the congruity of dental microbial flora. An antibacterial pentapeptide,
125 kappa-casecidin from a tryptic digest of bovine milk kappa-casein suppressed the growth of *S. aureus*,
126 *E. coli* and *Salmonella typhimurium* as reported by Tidona *et al* [22]. Malkoski *et al* [23] isolated
127 glycomacropeptide (GMP), a hirsute stretch on casein micelle chymosin proteolyzed from kappa-
128 casein in cheese processing. The GMP segment (polar residues 106–169), comprising roughly 15-20%
129 of the gross whey protein content inhibited *Streptococcus mutans*, *Porphyromonas gingivitis* and *E. coli*
130 effectively [24]. Rutherford-Markwick and Moughan [25] isolated GMP and tested it on *Vibrio cholerae*
131 and *E. coli* enterotoxins which were bound by GMP, a mimicry of enterotoxin binding carbohydrate
132 structures reported in literature for cell receptors. Lopez *et al* [26] isolated six biopeptides from a
133 peptic digest of kappa-casein and reported they had remarkable antibacterial potential *in vivo* against
134 *Listeria innocua* and *Salmonella carnosus*. da Costa *et al* [27] hydrolyzed Ethawah breed goat milk α S2-
135 casein and tested the digests against *Listeria monocytogenes*, *Bacillus cereus*, *Salmonella typhi* and *Shigella*
136 *flexneri*. The digests inhibited the bacteria with optimal concentrations of 5mg/ml (milligram per
137 milliliter). McCann *et al* [28] isolated isracidin from caprine milk α S1-casein that demonstrated
138 antibacterial potential against *E. coli*.

139 The search for novel antibacterial agents paid due attention to bovine milk with little attention to
140 other mammalian milk proteins. This study reported the digestibility of bovine and caprine milk
141 casein and alpha lactalbumin by papain and their antibacterial potential on two diarrheagenic
142 bacteria: *E. coli* and *S. aureus*.

143 2. Materials and Methods

144 2.1 Reagents and apparatus

145 The chemicals used in this investigation were of high analytical purity. The assortment of volumetric
146 glassware used in the experiment was presterilized in an autoclave at 121°C for 15 minutes and oven
147 dried prior to analysis. Mettler PM200 digital analytical balance (Marshall scientific, Hampton, New
148 Hampshire, USA) was used for all weighings. Hanna 211 digital microprocessor-based bench top
149 pH/mV/°C meter (Hanna instruments, Italy) precalibrated using pH 4.01, pH 7.01 and pH 10 buffers
150 was used for all pH measurements.

151 2.2 Sampling procedure, sample size and sample preparation

152 3 Litres of fresh cow milk sample was aseptically collected in triplicate in sterilized sample containers
153 from Kyambogo University Farm, Kyambogo University, Kampala-Uganda from healthy lactating
154 cows (*Bos taurus*) milked under clean sanitary conditions on Monday, 15th May 2017. Goat milk (3
155 litres) was aseptically obtained in triplicate from lactating Saanen goats (*Capra aegagrus hircus*) milked
156 under clean sanitary conditions on the same date from Bloom for Saan Farm, Mukono, Uganda. The
157 pooled milk samples at 4°C were taken to Uganda Industrial Research Institute (UIRI), Department
158 of Biotechnology and Product development for skimming, isolation of casein and alpha-lactalbumin.
159 Papain (papaya proteinase I) used for proteolysis was obtained from the same Department.

160 2.3 Preparation of samples

161 Skimmed milk (plasma phase of milk) was prepared by low speed centrifugation (using NIX-521,
162 Tomy Kogyo Co. Ltd, Tagara, Nerima-Ku, Tokyo, Japan) of pooled whole milk samples at 5000
163 rotations per minute (rpm) for 15 minutes. Exactly 150ml of skimmed milk samples in 250ml beakers
164 were warmed on a water bath to bring the temperature to 40°C. 1M acetic acid solution was added
165 to the warmed solutions drop by drop while constantly stirring until a pH of 4.6 (isoelectric point)
166 was attained. The beakers were kept on a serological water bath maintained at 40°C until no
167 observable precipitation occurred and subsequently filtered through a cheese cloth. The residues
168 were labelled as casein isolates from cow (CMC) and goat (GMC) milk respectively. The filtrates
169 obtained were heated to 75°C for 5 minutes to produce precipitates that were filtered from the hot
170 solutions through Whatmann No.1 filter papers (Sigma-Aldrich, US) to produce cow milk alpha-
171 lactalbumin (CMAL) and goat milk alpha lactalbumin (GMAL) isolates.

172 An aliquot (50% of total solid) of each non-fat milk protein isolate was reconstituted in pH 6.5
173 phosphate buffer for optimal proteolysis [29]. The isolates were heated in a water bath for 5 minutes
174 until complete dissolution. The resultant solutions were then hydrolyzed with papain in an
175 optimized enzyme to substrate ratio of 1:100 w/v at 55°C in a water bath for 2 hours. The pH of the
176 solutions was measured at 1-hour intervals. After 2 hours, the hydrolysates were heated to 75°C for
177 10 minutes to inactivate papain. The hydrolysates were cooled to room temperature and centrifuged
178 in a refrigerated centrifuge at 10,000 rpm for 30 minutes. The supernatants were subsequently
179 dispensed in sterile sample bottles and finally transferred to a refrigerator at -4°C awaiting
180 antibacterial assay.

181 2.4 Determination of degree of hydrolysis

182 The degree of hydrolysis (DH) of the hydrolysates after 2-hour proteolysis was obtained as
183 percentage of soluble milk protein in 10% (w/v) trichloroacetic acid (TCA) vis-a-vis the total protein
184 content of the sample according to Hoyle and Merritt [30]. Pipetted 500 μ L of the hydrolysates were
185 vortexed with equivalent volumes of 20% (w/v) TCA and allowed to stand for half an hour followed
186 by low speed centrifugation at 3000rpm for 20 minutes, and the soluble protein content of the
187 supernatants was obtained using a modified analytical procedure previously employed elsewhere
188 by Hartree [31]. Total protein content (TPC) of the hydrolysates were quantified using Kjeldahl
189 method and the DH was computed as the numerical quotient of the solubilized protein in TCA to the
190 total protein content in miligrams expressed as a percent [29].

191 2.5 Bacterial cultures

192 The diarrheagenic bacteria used in this investigation were obtained and identified from Department
193 of Food Processing Technology Laboratory, Kyambogo University-Kampala, Uganda.

194 2.51 Preparation of bacterial media

195 Molecular biology grade bacterial media used were prepared following standard guidelines
196 according to their respective manufacturers. Exactly 12.0g of Nutrient agar powder (Stratech, U.K)
197 was weighed and dissolved in 500ml of distilled water in a 500ml beaker. It was mixed thoroughly
198 using a sterilized stirrer and dissolved by heating with frequent agitation until complete dissolution.
199 The solution was dispensed into a 500ml bottle.

200 13.0g of Nutrient broth powder (DM1SOD, Merseyside, U.K) was weighed and swirled in 500ml of
201 distilled water. It was then mixed thoroughly using a stirrer and distributed into a 500ml bottle.

202 Exactly 3.8g of peptone water powder (Madrid, Spain) was accurately weighed and dissolved in
203 250ml of distilled water in a beaker. The solution was dispensed into a 500ml bottle. All the media
204 prepared were then sterilized in an autoclave at 121 $^{\circ}$ C (15psi) for 15 minutes.

205 2.52 Antibacterial activity assay

206 Cultures of diarrheagenic *E. coli* (*E. coli* 057:H7) and *S. aureus* previously in a refrigerator at -4 $^{\circ}$ C were
207 used for preparation of working cultures. The agar disc diffusion technique previously described by
208 Bauer *et al* [32] with modifications was employed. Briefly, 0.5 McFarland standard was prepared by
209 the method of Koneman *et al* [33] and the turbidity adjusted to 1.5×10^8 CFU/mL. Four (4) 90mm
210 sterile petri dishes were uniformly filled three-quarter with liquid nutrient agar. Two (2) antibacterial
211 discs were soaked in each of the hydrolysates and allowed to stand for 1 hour with intermittent
212 shaking. A loopful of the bacterial cultures were seeded onto nutrient agar in labelled petri dishes.
213 The antibacterial discs soaked in the hydrolysates were carefully removed from the hydrolysates
214 using sterile forceps and placed in the petri dishes. Tetracycline discs (30 μ g disc content) (Hi Media
215 Lab. Pvt. Ltd, Mumbai, India) were placed in the opposite side of the discs soaked in the hydrolysates.
216 The petri dishes were inverted and wrapped in Aluminium foils (Hotpack, Kampala) and labelled.

217 They were then transferred to a thermostatically regulated bacteriological incubator (DESCO, India)
 218 where they were incubated at 37°C for 24 hours. The petri dishes were observed for zones of
 219 inhibition which were measured and recorded in millimeters.

220 3. Results

221 3.1 pH and DH progression

222 The pH changes and the extent of hydrolysis were recorded in Table 1.

223 Table 1 Changes in pH and DH during the 2-hour proteolysis

| *Parameter | Proteolysis time (hr) | Hydrolysate | | | |
|------------|-----------------------|-------------|-----------|------------|-----------|
| | | CMC | GMC | CMAL | GMAL |
| pH | 1 | 6.46±0.01 | 6.47±0.01 | 6.48±0.01 | 6.48±0.01 |
| | 2 | 6.43±0.01 | 6.44±0.02 | 6.45±0.03 | 6.47±0.01 |
| DH (%) | 2 | 5.91±0.01 | 7.68±0.01 | 10.93±0.01 | 15.3±0.03 |

224 * Values are presented as mean±standard error (S.E) of analysis done in triplicate.

225

226 3.2 Antibacterial assay and statistical analysis

227 The experiment was done in triplicate and replicated. The observed zones of complete inhibition
 228 (ZOI) of the hydrolysates were measured and recorded (Table 2). One-Way Analysis of Variance was
 229 done followed by Tukey's Honest Significant Difference (HSD) test to determine the significant
 230 differences between the antibacterial potential of the hydrolysates ($p < 0.05$) using Minitab Statistical
 231 software (Minitab Inc., USA).

232 Table 2 Zones of inhibition of the hydrolysates on *E. coli* and *S. aureus*

| Bacteria | Papain hydrolysate | Zone of complete inhibition in mm | | | |
|-------------------------------|-----------------------------|-----------------------------------|------|------|-------------------------|
| | | 1 | 2 | 3 | Mean±S.E |
| <i>E. coli</i> ¹ | Cow milk casein | 8.0 | 7.9 | 8.1 | 8.00±0.06 ^a |
| | Goat milk casein | 11.0 | 10.8 | 10.9 | 10.90±0.06 ^b |
| | Cow milk alpha-lactalbumin | 12.0 | 13.0 | 12.5 | 12.50±0.29 ^c |
| | Goat milk alpha-lactalbumin | 19.0 | 20.0 | 19.5 | 19.5±0.29 ^d |
| <i>S. aureus</i> ² | Cow milk casein | 4.0 | 4.1 | 4.3 | 4.13±0.09 ^e |
| | Goat milk casein | 2.0 | 1.8 | 1.9 | 1.9±0.06 ^f |
| | Cow milk alpha-lactalbumin | 17.0 | 16.5 | 17.0 | 16.8±0.17 ^g |
| | Goat milk alpha-lactalbumin | 19.0 | 20.0 | 20.0 | 19.6±0.33 ^h |

233 ¹ the positive control disc had a mean ZOI of 19.80 ± 0.01 mm, ² the positive control disc had a mean ZOI of
234 9.90 ± 0.03 mm, * Means within the same column that have alphabetical letters (a-h) are statistically different as
235 determined by Tukey's HSD test. Statistical means are presented as Mean \pm S.E.
236

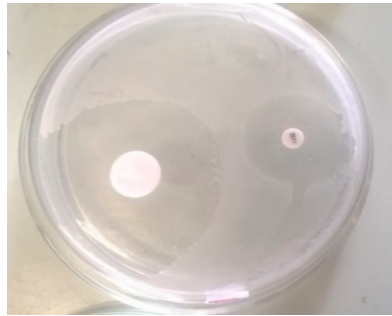


Figure 1 Zone of inhibition of cow milk alpha-lactalbumin hydrolysate on *E. coli*

237



Figure 3 Zone of inhibition of goat milk alpha-lactalbumin hydrolysate on *E. coli*



Figure 2 Zone of inhibition of goat milk alpha-lactalbumin hydrolysates on *S. aureus*

238

239 4. Discussion of results

240 4.1 pH and DH progression

241 The initial media pH wherein proteolysis progresses influences the reaction rate. A gradual decrease
242 in pH was observed in this investigation (**Table 2**). Changes in pH is known to alter the structural
243 and functional configuration of proteinaceous substrates, ultimately influencing enzyme-substrate
244 interactions. The least pH (6.46 ± 0.01) was registered in the milieu containing cow milk casein while

245 the highest pH of 6.48 ± 0.01 was observed in alpha-lactalbumin hydrolysates after one hour of
246 hydrolysis. After 2 hours, the cow milk casein media registered the least pH (6.43 ± 0.01) followed by
247 goat milk casein (4.46 ± 0.01), cow milk alpha-lactalbumin (6.45 ± 0.01) and finally goat milk alpha-
248 lactalbumin (6.47 ± 0.01). The gradual pH decrease could be due to protons cleaved from amino acids
249 during proteolysis [29]. An identical pH decrement involving proteolysis of ovine and camel caseins
250 have been reported by other researchers [29, 34, 35].

251 The degree of hydrolysis (DH) is an analytical measure of the soluble biopeptides enzymatically
252 released during the proteolysis. The highest DH after 2 hours of continuous proteolysis ($15.3 \pm 0.03\%$)
253 was attained with goat milk alpha-lactalbumin and the least DH ($5.91 \pm 0.01\%$) was obtained in cow
254 milk casein. The lower DH in cow milk casein could be due to the lower pH observed in it, which
255 could supposedly have potentiated denaturation of the functional proteins of the papain enzyme thus
256 loss of catalytic activity. Another close possibility could be the distortion of the ionic charges of the
257 substrate by the lowered pH, reducing the chances of interaction between the enzyme and the
258 substrate. It is also possible that the enzyme papain is highly specific, rendering it incapable of further
259 proteolyzing the residual bonds within the previously generated biopeptides [29]. This study
260 employed finite proteolysis to preserve the amino acid integrity and structural configuration of the
261 biopeptides produced so as to enhance the expression of their antibacterial potential.

262 4.2 Antibacterial activity assay

263 Statistical analysis showed that there is no significant difference between the antimicrobial activities
264 of cow and goat milk casein on *E. coli* although there is a significant difference between the
265 hydrolysates in inhibition of *S. aureus*. Goat milk casein hydrolysate showed a higher antibacterial
266 activity on *E. coli* than cow milk casein hydrolysate. Goat milk casein contains A2-beta casein as the
267 major casein, traces of alpha-s1-casein [36] and prominent levels of alpha-s2-casein while cow milk
268 contain traces of A2-beta casein, much A1-beta casein and a high concentration of the allergenic
269 alpha-s1-casein [37]. This genetic polymorphism causes goat milk casein to be easily digestible as the
270 A2-beta casein variant of beta casein in goat milk forms casein micelles that are larger in size, less
271 solvated, contributing to the formation of a softer curd and gentler proteolysis. Therefore, goat milk
272 casein is more easily digestible than cow milk casein [38-40] and due to a higher degree of hydrolysis
273 ($7.68 \pm 0.01\%$), goat milk casein contained a higher concentration of antibacterial peptides than the
274 cow milk casein, thus exhibited a higher antibacterial activity on *E. coli* with a mean zone of inhibition
275 of 10.9mm. Goat milk casein showed a lower antibacterial effect on *S. aureus* than cow milk casein;
276 this could be because of the difference in the cell wall properties of *S. aureus*. It is known that most
277 antibacterial peptides are positively charged, thus electrostatically bind to the oppositely (negatively)
278 charged components on bacterial cell walls, potentiating cell destruction [41-43]. This could be the
279 reason why *E. coli* was highly inhibited by the goat milk casein while the Gram-Positive *S. aureus* was
280 comparatively less inhibited. This result is concordant with the literature of Park [44] that caprine
281 milk casein derived biopeptides are more antibacterial on Gram negative bacteria.

282 Alpha-lactalbumin hydrolysates showed a higher antibacterial activity than the cow and goat milk
283 casein hydrolysates. This is because casein is resistant to enzymatic proteolysis and requires extensive
284 hydrolysis using unpromisingly long incubation periods [45]. Goat milk alpha-lactalbumin showed
285 a higher inhibitory effect on *E. coli* and *S. aureus* than cow milk alpha-lactalbumin because goat milk
286 alpha-lactalbumin is more easily digestible than cow milk alpha-lactalbumin. Therefore, due to a high
287 degree of hydrolysis ($15.3\pm 0.01\%$), the papain hydrolysate of goat milk alpha-lactalbumin contained
288 a higher concentration of antibacterial peptides than the cow milk alpha-lactalbumin, hence
289 exhibiting a higher antibacterial activity.

290 5. Conclusions and recommendations

291 The study revealed that papain hydrolysis of bovine and caprine milk casein and alpha-lactalbumin
292 enhanced their antimicrobial activity against *E. coli* and *S. aureus*. The hydrolysates could be an
293 alternative source of better bioactive, effective and ethnofriendly antidiarrheal drug candidates for
294 treatment of diarrhea caused by diarrheagenic *E. coli* and *S. aureus*.

295 Alpha-lactalbumin hydrolysates have a higher antibacterial activity than the corresponding casein
296 hydrolysates; goat milk alpha-lactalbumin have the highest antibacterial activity of all the
297 hydrolysates tested against diarrheagenic *E. coli* and *S. aureus*.

298 Further research to establish the fractions of associated with the observed antibacterial activity
299 should be done. The minimum inhibitory concentration and minimum bactericidal concentration of
300 the papain hydrolysates on *E. coli* and *S. aureus* should be determined.

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