

1 *Review*

## 2 **Advances in *in-vivo* Imaging of Inflammatory Bowel** 3 **Disease mediators**

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6 **Nicole Dmochowska<sup>1</sup>, Hannah R. Wardill<sup>1</sup> and Patrick A. Hughes<sup>1\*</sup>**

7 <sup>1</sup> Centre for Nutrition and GI Diseases, Adelaide Medical School, University of Adelaide and South  
8 Australian Health and Medical Research Institute, Adelaide, Australia

9 \* Correspondence: Patrick.hughes@adelaide.edu.au; Tel.: +61-8-81284843

10

11 **Abstract:**

12

13 Inflammatory Bowel Disease (IBD) is characterized by chronic remitting and relapsing  
14 inflammation of the lower gastrointestinal tract. The etiology underlying IBD remains  
15 unknown but is thought to involve a hypersensitive immune response to environmental  
16 antigen, including the microbiota. Diagnosis and monitoring of disease is heavily reliant on  
17 endoscopy, which is invasive and does not provide information regarding specific mediators.  
18 This review describes recent developments in imaging of IBD with a focus on PET and  
19 SPECT imaging of inflammatory mediators, and how this may be applied to the microbiota.

20 **Keywords:** Inflammatory Bowel Disease (IBD), colitis, PET, SPECT, microbiota, cytokine,  
21 chemokine, inflammation

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### 24 **1. Introduction**

25 Inflammatory Bowel Disease (IBD) is an inflammatory disorder of the gastrointestinal (GI) tract

26 which has a substantial impact on quality of life. The causes of inflammation in IBD remain unknown

27 but are thought to involve a hypersensitive immune response to the intestinal microbiota. IBD is

28 commonly associated with dysbiosis, but it remains unknown whether dysbiosis is a cause or

29 consequence of inflammation. Diagnosis and monitoring of IBD is heavily reliant on endoscopy,

30 which is an invasive technique that requires bowel preparation and typically also anesthesia.  
31 Although generally well tolerated, endoscopy impacts substantially on quality of life of patients and  
32 does not provide any direct information regarding the role that specific mediators contribute toward  
33 inflammation. Therefore, new technologies are required that are sensitive enough to grade disease  
34 severity, can be optimized for detection of specific mediators and are non- or only minimally invasive.  
35 Recent developments in PET imaging, and particularly the use of antibody conjugates, have  
36 demonstrated success in cancers, but are only recently being adapted to studies of IBD. This review  
37 summarizes the evolution of these technologies in IBD studies, how they have been used to detect  
38 specific mediators of inflammation, and their potential to image microbiota.\_

39

## 40 **2. Inflammatory Bowel Disease**

41 IBD is a collection of debilitating idiopathic diseases characterized by chronic inflammation of the  
42 lower gastrointestinal tract that have a remitting and relapsing disease course. The global incidence  
43 of IBD is estimated to be 0.3% and is widely regarded as increasing [1]. The cause(s) of IBD remain  
44 unknown, however are thought to involve aberrant immune responses to environmental stimuli in  
45 people with a complex genetic predisposition. The relatively recent increase in the incidence of IBD  
46 is perplexing, but potentially highlights the importance of environmental factors in its etiology. The  
47 two major subtypes of IBD are Ulcerative Colitis (UC) and Crohn's Disease (CD) which can typically  
48 be distinguished by pathological and histological differences. Inflammation in UC is typically  
49 restricted to the mucosal layer of the colon and progresses in a contiguous manner. CD differs in that  
50 it is characterized by transmural skip lesions that can occur anywhere in the GI tract but are typically  
51 located in the ileum with and without involvement of the colon. The initiating factors and

52 inflammatory aspects of UC and CD are likely to differ given the distinctions between their pathology  
53 but are only poorly understood. Much more is known about how inflammation is perpetuated in  
54 IBD, and this has led to the relatively recent development of biologic drugs targeting specific immune  
55 mechanisms. However, treatment gaps remain in IBD due to intolerance, incomplete efficacy and  
56 side effects of current therapies, and the disease course in both UC and CD is characterized by  
57 variable periods of remission and relapse. Prognostic indicators of relapse in IBD are poor, requiring  
58 patients to undergo constant surveillance. Severe persistent or relapsing symptoms may lead to  
59 surgery [2] which can be curative for UC (withstanding complications), but is not curative for CD.  
60 This high rate of surgery highlights the ongoing need for a deeper understanding of the mechanisms  
61 involved in initiating and perpetuating inflammation in IBD.

62

### 63 **2.1 Imaging IBD: Current approaches**

64 The treatment of IBD depends on clinical severity which is currently highly dependent on endoscopy,  
65 where a thin flexible tube with a camera on the end is moved through the lumen. Endoscopy directly  
66 images the gastrointestinal mucosa for assessment of disease stage and monitoring and, when forceps  
67 are attached, allows for the collection of biopsy material for analysis of pathology and mechanistic  
68 studies. Endoscopy can differentiate between UC and CD in the majority of cases [3]. However,  
69 endoscopic approaches have limitations as the quality of results is operator dependent and may not  
70 be sensitive enough for assessment of clinical severity. Furthermore, endoscopic imaging is restricted  
71 to the superficial mucosal layers of the intestine and therefore provides no information regarding  
72 inflammatory damage to the deeper layers of the intestinal wall, the degree of muscle thickness or  
73 the diameter of the lumen. Finally, a major limitation of endoscopy is the difficulty in reaching the

74 small intestine due to the distance needed to be covered and the complexities of intestinal anatomy  
75 with its multiple loops and folds.

76

77 A number of novel imaging technologies are emerging that complement or may even replace  
78 endoscopy as the gold standard for clinical diagnosis, as recently reviewed [4]. Chromoendography  
79 involves the application of dyes onto the mucosa, improving endoscopic characterization of lesions  
80 and neoplasia and potentially correlating with histological damage, although the latter remains  
81 controversial [5]. Confocal laser endomicroscopy and endocytoscopy combine high resolution  
82 microscopic imaging with endoscopy and again are primarily used to detect colonic dysplasia and  
83 neoplasia [6]. Wireless capsule technologies may circumvent the limitations that endoscopy has in  
84 accessing difficult to reach areas of the small intestine. While these capsules provide high resolution  
85 imaging, they have similar limitations to standard endoscopy regarding assessment of inflammatory  
86 damage to the deeper layers of the colon wall, but may also require surgery for removal when  
87 stricturing occurs [7]. Less invasive imaging technologies include barium X-rays, Magnetic  
88 Resonance Imaging (MRI), Computed Tomography (CT), positron emission tomography (PET) and  
89 single photon emission computed tomography (SPECT). Barium enemas provide excellent  
90 visualization of the bowel and can reveal thickening of the bowel wall but is not recommended in  
91 patients with severe inflammation due to the risk of complications such as toxic megacolon. MRI, CT,  
92 PET and SPECT are minimally invasive relative to endoscopy and offer the additional benefits of  
93 visualizing planes through the colon wall and extra-intestinal manifestations. It is important to note  
94 that while these technological advances are welcome for IBD management, none of them currently  
95 target specific mediators. This highlights the need for the development of new imaging technologies

96 that are highly sensitive, quantitative and able to provide longitudinal data in real time but are also  
97 only minimally invasive. Recent advances in PET and SPECT imaging have the potential to cover all  
98 these issues.

99

### 100 **3. Imaging inflammatory mechanisms in IBD: which targets to choose?**

#### 101 **3.1 Immune targets**

102 Inflammation is central to IBD however much remains to be understood regarding the causes of  
103 inflammation in human IBD. Animal models of colitis have significantly improved our  
104 understanding of how inflammation develops and perpetuates, highlighting roles for both the innate  
105 and the adaptive arms of the immune response. It is currently thought that inflammation in IBD is  
106 driven by a loss of immune tolerance to autologous proteins in the colon wall and foreign antigen in  
107 the lumen, including the microbiota. This initiates a cascade of cytokines and chemokines which  
108 cause an influx of immune cells. Immune cells are attracted to sites of inflammation by chemokines  
109 and also by upregulated expression of 'gut-homing' integrins on the cell surface, including  $\alpha_4\beta_7$  [8].  
110 Subsequent inflammatory lesions and damage to the epithelial wall and deeper layers of intestinal  
111 tissue result in production of damage related mediators during active disease, which progresses  
112 toward mediators related to tissue-remodeling and wound healing as disease progresses toward  
113 remission, but also toward fibrosis after repeated or extended periods of inflammation. The  
114 immunological basis for the differences in pathophysiology of UC and CD are not clear, however it  
115 is suggested that CD is driven by a  $T_H1$  /  $T_H17$  type immune response while is thought to be mediated  
116 by a  $T_H2$  type immune response ( $\uparrow$  IL-5, IL-13) that is atypical as IL-4 is not involved.

117

118 Recent advances in two-photon laser scanning microscopy have enabled *in-vivo* imaging of deep  
119 visceral tissues and immune cells in particular. This technique was elegantly used to identify goblet  
120 cell associated passage (GAPs) as the major mechanism for delivering luminal antigen to dendritic  
121 cells in the small intestine in health, but only appear in the colon after microbe sensing pathways  
122 were disrupted [9, 10]. These findings potentially highlight a role for GAPs in IBD, however they are  
123 yet to be investigated in the IBD setting. We have recently applied two-photon laser scanning  
124 microscopy to investigate immune cell migration in the tri-nitro benzene sulphonic acid (TNBS)  
125 model of colitis, demonstrating *in-vivo* that not only are immune cells in very close apposition to  
126 nerves within the colon wall, but also that myeloid cell infiltration is increased in TNBS colitis [11].  
127 This technique can be easily combined with reporter mice and promises to increase the  
128 understanding of the mechanisms involved in immune cell migration from blood vessels into the  
129 lower GI tract in IBD.

130

### 131 3.2 Microbiota

132 Recent improvements in high throughput 'omics' technology have also revealed the involvement of  
133 the microbiome in IBD. The general consensus indicates that active IBD is characterized by an overall  
134 loss of diversity coupled with a dysbiotic phenotype primarily depicted by elevated *Proteobacteria*  
135 and decreased *Fermicutes*, although inconsistencies between studies remain [12-14]. Functionally, the  
136 major classes of bacteria affected relate to the production of short-chain fatty acids (e.g.  
137 *Faecalibacterium prausnitzii*), bacteria with mucolytic activity (e.g. *Ruminococcus torques*) and sulfate  
138 reducing species including *Desulfovibrio* [15-17]. While this dysbiotic composition may contribute to  
139 disease progression through dysregulated epithelial barrier function and aberrant immune signaling,

140 it is currently contentious whether dysbiosis itself causes IBD or is simply an effect of the disease  
141 course [18].

142

143 Uncovering the compositional shifts in the microbiome has undoubtedly increased our  
144 understanding of its role in disease initiation, progression and relapse. However, techniques such as  
145 16S pyrosequencing are inherently limited by the variations that exist in aspects of their methodology  
146 including inconsistent or incomplete reference libraries, the unknown impact of batched analyses,  
147 non-standardized statistical analyses, and an inability to adequately appreciate the heterogeneity in  
148 the microbiome [19]. This is further confounded by the fact that the annotation is based on putative  
149 association of the 16S rRNA gene with a taxon defined as an operational taxonomic unit (OTU) [20,  
150 21]. Although whole genome shotgun sequencing has enhanced our ability define species taxa with  
151 more accuracy, it remains an expensive alternative to 16S and requires significantly greater data  
152 analysis [19]. As such, conclusions regarding the functional implications of compositional shifts  
153 remain difficult to draw, relying on metagenomics inference using phylogenetic investigation of  
154 communities by reconstruction of unobserved states (PICRUSt). Non-the-less changes in microbiota  
155 composition offer the intriguing potential to image microbiota as markers of disease severity in IBD.

156

#### 157 **4. PET and SPECT imaging of the gastrointestinal tract in IBD**

158 PET studies have traditionally relied on the use of <sup>18</sup>F-fludeoxyglucose (<sup>18</sup>F-FDG), a radiolabeled  
159 glucose analogue that detects tissue glucose metabolism. This can be useful for detecting sites of  
160 inflammation but does not offer any information regarding the involvement of specific mediators.  
161 Radiolabeled leukocytes have been the gold standard for nuclear imaging of GI inflammation for

162 decades due to accessibility from both supply and economical ends. SPECT imaging of  $^{99\text{Tm}}$  -  
163 leukocytes was shown nearly two decades ago to accurately assess the extent and severity of people  
164 with severe UC, correlating with endoscopic and histological findings [22]. However, limitations with  
165 radiolabeled leukocytes exist, including a relatively extensive protocol required for working up the  
166 cells, risks of cross-contamination and, importantly, the non-specific nature of the tracer. These  
167 limitations have spurred interest in developing new technologies for imaging, with antibodies in the  
168 prime place. Multiple clinical trials are currently utilizing radioisotope labelled antibodies for  
169 immunoPET in cancer to tailor personalized therapies based on specifically targeted diagnostic tests  
170 [23, 24]. However, imaging of IBD is presently limited to pre-clinical studies.

171

#### 172 **4.1. Imaging colitis in animal models**

173 Monoclonal antibodies have exquisite selectivity for their targets which has been exploited clinically  
174 for decades. Nuclear imaging of colitis has so far relied upon two models, the TNBS model and the  
175 dextran sulfate sodium (DSS) model. TNBS is combined with ethanol to break the mucosal barrier  
176 and administered by enema, and inflammation is therefore restricted to the colon. TNBS is a hapten;  
177 it binds to autologous proteins and luminal microbiota turning them immunogenic. The colitis that  
178 develops is transmural, involves an IL-12 driven  $T_{\text{H}1}/T_{\text{H}17}$  type response and is therefore considered  
179 to model CD. DSS differs as it is directly toxic to epithelial cells and, when administered by the oral  
180 route in drinking water, results in a colitis that takes longer to develop than TNBS. DSS colitis is  
181 considered to model UC as the colitis results from direct damage to the epithelial layer and is not as  
182 deep as that which occurs with the TNBS model. While animal models are useful for emphasizing  
183 the importance of specific mediators and mechanisms, it is important to note that findings from



184 animal models can be difficult to translate to human IBD. This is common with most chronic diseases  
185 that have a remitting and relapsing course due to the involvement of multiple and overlapping  
186 pathways that are inter-twined with disease stage as inflammation progresses and regresses,  
187 highlighting the requirement for extensive validation in human subjects.

188

#### 189 4.1.1. PET and SPECT imaging of immune mediators in colitis

190 Cell-secreted immune mediators are generally classified as chemokines or cytokines, with  
191 chemokines mediating cell attraction and cytokines mediating immune responses. Table 1 provides  
192 an overview of PET/SPECT studies of immune mediators in human IBD and animal models of colitis.  
193 The first study investigating whether radiolabeled antibodies are efficacious for imaging colitis was  
194 disappointing as  $^{111}\text{In}$  labelled -IgG uptake was substantially lower than  $^{111}\text{In}$  labelled -leukocytes, the  
195 gold standard at the time, and also the newly developed  $^{111}\text{In}$  labelled -liposomes in TNBS colitic  
196 rabbits [25]. While imaging of liposomes and leukocytes enabled grading of inflammation, the  
197 contrast provided from IgG labelling was not sufficient for this to occur. This result was not  
198 surprising given the large abundance of IgG in circulating blood and its relative non-selectivity for  
199 colitis. Interleukin (IL) -8, more recently renamed CXCL8, is a chemokine produced by innate  
200 immune cells but also cells in other tissues including epithelial cells and endothelial cells. IL-8 is  
201 primarily involved in attracting neutrophils to inflammatory sites, but also attracts other  
202 granulocytes including mast cells. Colonic inflammation in TNBS treated rabbits was detected more  
203 readily with  $^{99\text{m}}\text{Tc}$  labelled -IL-8 than  $^{99\text{m}}\text{Tc}$  labelled -granulocytes [26]. Furthermore, the severity of  
204 inflammation was also able to be graded with  $^{99\text{m}}\text{Tc}$ -IL-8, but not with  $^{99\text{m}}\text{Tc}$ -granulocytes. More  
205 recently, IL-8 was again labelled with  $^{99\text{m}}\text{Tc}$  for SPECT studies in a large clinical study of people with

206 IBD and was found to have higher sensitivity for detecting inflammation than endoscopy, although  
207 specificity was lower than endoscopy [27]. TNF- $\alpha$  is a cytokine that is secreted by a range of immune  
208 cells from both the innate and adaptive arms of the immune response. TNF- $\alpha$  is produced in large  
209 amounts in many autoimmune diseases, including IBD. Neutralizing TNF- $\alpha$  with antibodies, for  
210 example Infliximab, has proven success in treating IBD [28, 29]. In pre-clinical studies,  $^{99m}\text{Tc}$  labelled  
211 -Infliximab was able to discriminate between moderate and severe colonic inflammation in TNBS  
212 treated rats [30]. However, enthusiasm for Infliximab as a tracer in preclinical studies was hampered  
213 by high background uptake in healthy control rats. This study is of importance as it not only revealed  
214 TNF- $\alpha$  mediated inflammation, but it also demonstrated target specificity of a clinically useful drug  
215 for IBD. This is also particularly significant given the increased development of biologics, particularly  
216 antibody-based therapies, but also the relatively recent expansion of personalized medicine and  
217 theragnostic approaches toward treating disease.

218

#### 219 4.1.2. Imaging immune cells in colitis

220 The DSS colitis model is the most commonly used model to image immune cells in colitis. Table 1  
221 provides an overview of PET/SPECT studies of immune cells in human IBD and animal models of  
222 colitis. The integrins  $\alpha_4$  and  $\beta_7$  form a heterodimer ( $\alpha_4\beta_7$ ) which specifically directs the migration, or  
223 homing, of immune cells to the gastrointestinal tract via interactions with its ligand the addressin  
224 MAdDCAM-1 [8]. Targeting this pathway has proved successful in IBD with the recent development  
225 of Vedolizumab, a monoclonal antibody that blocks  $\alpha_4\beta_7$  [31]. Uptake of  $^{64}\text{Cu}$  labelled  $-\beta_7$  antibodies  
226 was increased in DSS colitis relative to healthy controls and to  $^{64}\text{Cu}$  labelled -IgG isotype negative  
227 control [32]. However, high levels of background were also observed in non-target organs including

228 the small intestine and stomach, prompting the development of antibody fragments. Uptake of  $^{64}\text{Cu}$   
229 labelled  $-\beta_7$  antibody fragments was superior to both whole  $^{64}\text{Cu}$  labelled  $-\beta_7$  antibodies, but also to  
230  $^{64}\text{Cu}$  labelled  $-\alpha_4\beta_7$ , suggesting that antibody fragments may provide enhanced signaling of  
231 inflammation in IBD than whole antibodies [33]. The concept of increased sensitivity with small  
232 antibodies has recently been validated in cancer biology and in inflammation.  $^{18}\text{F}$  labelled antibody  
233 fragments directed against the antigen presenting complex MHCII were much more sensitive than  
234 standard  $^{18}\text{F}$ -FDG in detecting xenoplated tumors, even detecting tumors when growth was neither  
235 palpable or visible [34]. Furthermore,  $^{18}\text{F}$ - labelled antibody fragments directed against CD11b  
236 detected complete Freund's adjuvant (CFA) induced inflammation in the mouse paw much earlier  
237 than standard  $^{18}\text{F}$ -FDG [34]. Most recently,  $^{89}\text{Zr}$  labelled antibody fragments against the  $T_{\text{HELPER}}$   
238 marker CD4 were observed to have higher uptake in the colon of DSS mice compared to health [35].  
239 However, uptake was also increased in the spleen and lymph nodes, highlighting the intrinsic  
240 difficulties in imaging immune cells during inflammation as they generally migrate to the site of  
241 inflammation from distant lymph nodes.

242

#### 243 4.2 Imaging the **microbiota** in colitis

244 As our understanding of how microbiota and host interact grows, it is necessary to move beyond  
245 current genomics technology and compositional descriptions. This remains a daunting task when  
246 imaging specific microbiota in the gut as it is limited by the diversity of materials that need to be  
247 maintained, which is of particular importance when considering the sensitivity of the mucous layer  
248 to standard fixation methods and the heterogeneity within gut microenvironments. As such, it is  
249 critical that a robust protocol including mucous-preserving sample preparation, image segmentation

250 and quantitative analysis tools be developed. A framework satisfying these criteria was recently  
251 developed by Earle et. al. [36], where high-resolution quantification of spatial organization of the gut  
252 microbiome revealed that changes in the proximity of microbes to the epithelium are sufficient to  
253 induce increased expression of key inflammatory markers despite negligible shifts in microbiota  
254 composition. Their protocol included integrating formalin-free methacarn preservation with  
255 fluorescent in-situ hybridization and, most importantly, high-end software analysis called BacSpace.  
256 BacSpace enables 1) stitching of overlapping images into one continuous image, 2) landmark  
257 definition, 3) differentiation of background autofluorescence (e.g. diet-derived plant material, shed  
258 epithelial cells, blood and 4) measurement of cell-cell and cell-landmark distance distributions based  
259 on a well-defined local coordinate system, revolutionizing the analysis and interpretation of  
260 microbiome related data. Most recently, chemical imaging techniques exploiting a blinking Surface  
261 Enhanced Raman Spectroscopy (SERS) have been used to visualize bacteria in-vitro with exquisite  
262 resolution, and the ability to differentiate between the chemical signatures of different bacteria [37].  
263  
264 Several minimally invasive techniques have also been applied to investigate the activity of bacteria  
265 *in-vivo* including MRI, CT, fluorescence / bioluminescence imaging and PET, however the majority  
266 of these only provide indirect information about bacterial activity by inference from immune function  
267 [38, 39]. Recent advances exploiting the bacterial uptake of carbohydrates have proven successful for  
268 the selective *in-vivo* imaging of bacteria independently of host factors and secondary pathologies [39,  
269 40]. Furthermore, specific bacteria have also been labelled with iron oxide nanoparticles for MRI  
270 imaging to track bacteria longitudinally during infection [38]. These developments highlight the  
271 potential to image specific bacteria during inflammation but are yet to be applied to IBD.

272

273 **5. Limitations of radiolabeled antibodies**

274 Radiolabeling antibodies or immune mediators offers the real potential for *in vivo* diagnostic imaging  
275 however several issues remain that currently limit enthusiasm for widespread use. The primary  
276 limitation is economical-based, as specialized equipment is required for the manufacture and  
277 detection of radiolabels. These costs are high, however may be mitigated by improved clinical  
278 outcomes including early detection and potential the potential development of personalized  
279 medicines to improve clinical responses and reduce side effects. Limitations related to biology also  
280 exist, particularly with relation to the relatively long half-life of antibodies and the time they require  
281 to move through the circulatory system to the site of inflammation. This relates to the increased risk  
282 of cancer due to radiation exposure, particularly as IBD patients already have a higher risk of colon  
283 cancer. However, PET is considered safe and the effective dose of whole body <sup>18</sup>F-FDG was  
284 approximately 7 mSv, much less than the 16 mSv used for a routine abdominal-pelvic CT with contrast  
285 [41, 42]. Efforts are underway to reduce circulation time by using pre-targeted methods, as explained  
286 in more detail below. The relatively large structure of antibodies may lead to difficulties in  
287 penetration of the site of inflammation, although this may be mitigated by altering the structure of  
288 the antibody, also explained in more detail below. A limitation also relates to the single mode of PET  
289 detection; only a single mediator can be imaged. This is problematic in terms of detailed studies of  
290 immune cell subsets as they are typically identified by flow cytometry techniques requiring multiple  
291 targets. Furthermore, intracellular cytoplasmic cytokines and nuclear transcription factors are  
292 increasingly being used to characterize immune cell subsets, however this typically requires cell  
293 permeabilization which is not possible *in-vivo*.

294

**295 6. Future directions for imaging IBD**

296 Remarkable progress has been achieved in recent years toward the understanding of IBD and its  
297 underpinning disease mechanisms. This has resulted in a wide array of specific biologics for  
298 treatment, but they are yet to be applied to diagnosis or surveillance. The complex immunological  
299 mechanisms of IBD indicate that there are multiple markers that could potentially be used for  
300 diagnostic imaging on the one hand, and drug bio-availability at the inflammatory site on the other.  
301 Imaging specific sites of inflammation should be achievable relatively easily, however determining  
302 markers that differentiate between IBD and other gastrointestinal disease, such as cancer, is more  
303 problematic and requires extensive pre-clinical validation.

304

305 Intact antibodies are increasingly used as therapeutics, however their utility as imaging agents is  
306 reduced by their extended half-life as the duration of time required to reach a sufficient signal to  
307 noise ratio is long. Furthermore, extended half-lives may also lead to other unwanted biological  
308 activity and side effects, which may alter the biological function being imaged. Recent developments  
309 in antibody engineering include a shift from whole IgG antibodies to fragments which enhances their  
310 physical properties, leading to enhanced efficacy as extensively reviewed in [43]. Enzymatic cleavage  
311 or restructuring of the antibody attenuates the problems associated with half-life by decreasing  
312 clearance times. Furthermore, the decreased amount of time required to reach a suitable signal also  
313 allows for the use of short-lived isotopes decreasing radiation exposure.

314 Pre-targeting strategies have also emerged as a means of improving efficacy whilst reducing  
315 radiation dose. Cook et al (2017) describe a novel approach for pre-targeted PET based on a

316 biorthogonal inverse electron demand Diels-Alder reaction between a <sup>64</sup>Cu-labelled radioligand and  
317 a site specific immunoconjugate. This occurs in four steps: injection of the modified antibody,  
318 accumulation of the antibody at its target site and clearance from the blood, 24 hours later the  
319 injection of the radioligand and the *in vivo* click ligation between the immunoconjugate and  
320 radioligand and subsequent excretion of excess radioligand. Target tumor tissue was able to be  
321 delineated four hours post injection of the radioligand, with image contrast improving with time with  
322 an ideal sound to noise ratio at 24 hours. This pre-targeting approach and similar approaches may  
323 expedite clinical translation of future immunoconjugates for imaging.

324

325 A tantalizing approach is the potential to image different bacterial species, however is currently again  
326 limited by the lack of knowledge of functional roles for specific microbiota in IBD on the one hand,  
327 and the limited ability of PET to simultaneously label multiple targets. Furthermore, imaging of  
328 microbiota in general currently requires models where the bacteria can be isolated, labelled and re-  
329 administered. Future developments including the ability to use multiple labels, but also advances in  
330 the identification of bacterial species of interest and anaerobic culture of microbiota would be a  
331 welcome addition for preclinical models of IBD in the first instance before clinical studies are  
332 warranted. Furthermore, the potential to exploit factors that are selectively produced by bacteria and  
333 differentiate between active and quiescent states provides an intriguing insight. Bacterial toxins may  
334 be the ideal sensor, as they are typically only secreted during disease, readily identifiable by  
335 antibodies and relatively easily attached to various detection technologies. However, biosensing  
336 technology remains limited in its ability to provide insight into the spatial organization of the

337 microbiome, and as such the ideal microbial analysis tool remains elusive and current investigations  
338 must combine genomic, visual and activity-based measures.

339

#### 340 **7. Summary:**

341 Imaging has a critical role in the diagnosis and management of IBD patients. Endoscopic studies are  
342 currently the gold standard. However, the clear need for new technologies that are less invasive than  
343 endoscopy. Animal studies indicate that PET and SPECT imaging of immune cells and / or mediators  
344 may be useful for the management and diagnosis of IBD. However, translation of these technologies  
345 into human studies is currently lacking, despite progress in this area in other diseases including  
346 cancer. Numerous immune cells and mediators are potential targets for PET / SPECT imaging of  
347 active IBD, however options for imaging of microbiota are limited by the lack of understanding of  
348 the role specific microbiota contribute toward IBD.

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350



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355

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## 357 Abbreviations

<sup>18</sup> F	<sup>18</sup> Fluorine
<sup>89</sup> Zr	<sup>89</sup> Zirconium
<sup>99m</sup> Tc	<sup>99m</sup> Technetium
<sup>111</sup> In	<sup>111</sup> Indium
CD	Crohn's Disease
CD4	Cluster of differentiation 4
CFA	Complete Freund's Adjuvant
CT	Computed Tomography
CXCL8	C-X-C motif chemokine ligand 8; interleukin 8
DSS	Dextran sodium sulfate
GAP	Goblet cell associated passage
GI	Gastrointestinal
GIT	Gastrointestinal tract
Fab	Fragment antigen-binding
HMPAO	Hexamethylpropyleneamine oxime
HYNIC	Hydrazinonicotinic acid
IBD	Inflammatory bowel disease
IgG	Immunoglobulin G
IL	Interleukin
MAdCAM-1	Mucosal vascular addressin cell adhesion molecule 1
MHCII	Major histocompatibility complex II
MRI	Magnetic resonance imaging
mSv	Miliseiverts
OTU	Operational taxonomic unit
PET	Positron emission tomography
rRNA	Ribosomal ribonucleic acid
SERS	Surface enhanced Raman spectroscopy
SPECT	Single photon emission computed tomography
TNBS	Tri-nitro benzene sulfonic acid
TNF $\alpha$	Tumor necrosis factor alpha
VHH	Variable domain of heavy chain antibodies
WBC	White blood cell

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359

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Target	Tracers	Species	Model	Outcome	Reference
Leukocytes	<sup>99m</sup> Tc-HMPAO-leukocytes	Humans	UC	+	[22]
CXCL8	<sup>99m</sup> Tc-CXCL8	Humans	CD and UC	+	[27]
β <sub>7</sub>	<sup>64</sup> Cu-FIB504.64-Fab	Mice	DSS	+	[32]
α <sub>4</sub> β <sub>7</sub>	<sup>64</sup> Cu-DATK32	Mice	DSS	+	[33]
β <sub>7</sub>	<sup>64</sup> Cu-FIB504.64-Fab			+	
β <sub>7</sub>	<sup>64</sup> Cu-FIB504.64-F(ab') <sub>2</sub>			++	
CD4	<sup>89</sup> Zr-GK1.5 cys-diabody	Mice	DSS	++	[35]
TNFα	<sup>99m</sup> Tc-Infliximab	Rats	TNBS	+	[30]
IgG	<sup>111</sup> In-IgG	Rabbits	TNBS	-	[25]
Leukocytes	<sup>111</sup> In-WBC			++	
Liposomes	<sup>111</sup> In-liposomes			+	
IL-8	<sup>99m</sup> Tc-HYNIC-IL-8	Rabbits	TNBS	++	[26]
Granulocytes	<sup>99m</sup> Tc-HMPAO-Granulocytes			+	

454 **Table 1:** Summary of PET / SPECT imaging of human IBD and animal models of colitis. - Not  
 455 suitable for colitis imaging, + satisfactory image quality, ++ excellent image quality.