# Power Distribution and BER in Indoor VLC with PPM Based Modulation Schemes: A Comparative Study

Suzan M. El-Garhy<sup>1</sup>, Heba Fayed <sup>1</sup> and Moustafa Aly <sup>1,2,\*</sup>

- <sup>1</sup> Arab Academy for Science, Technology and Maritime Transport, Alexandria 1029, Egypt;
- S\_elgarhy@outlook.com; hebam@aast.edu; mosaly@aast.edu
- <sup>2</sup> OSA member
- \* Correspondence: mosaly@gmail.com; Tel.: +2-0100-663-9473

Abstract: Visible Light Communication (VLC) uses an intensity-modulation and direct-detection (IM/DD) scheme to transmit data. The light source utilized in VLC structures is constantly switched on and off rapidly, resulting in flickering. Furthermore, most of illumination systems exclude dimming support to permit customers to dim the light source to the desired stage. Therefore, the modulation scheme for information transmission in VLC should consist of flicker mitigation and dimming manage abilities. Double inverse pulse position modulation (DIPPM), sub-carrier pulse position modulation (SC-L-PPM), and M-ary variable pulse position modulation (M-VPPM) are recommended for minimizing the flicker issues and supporting an excessive degree of dimming for VLC systems. In this paper, a comparison is introduced between DIPPM, SC-L-PPM, and M-VPPM according to error performance and bit rate. In addition, a simulation is carried out to measure the optical power distribution for a LED lamp in an indoor room topology for each modulation technique. The obtained results indicated that SC-L-PPM is the best choice regarding the bit error rate (BER) and optical power distribution compared to the other two schemes. A 10-6 BER is achieved with a very low power requirement at L=8, while a remarkable power distribution of 1.5 to 6.5 dBm is observed from 3×5×5 m<sup>3</sup> room corners to the center, respectively. According to the bit rate, it is noticed that, M-VPPM is the most efficient one compared to the two other schemes. It achieves 2.3×10<sup>7</sup> bps at signal to noise ratio (SNR) of 22 dB and M=8.

Keywords: VLC; DIPPM; SC-L-PPM; M-VPPM; BER; Bit Rate; Power Distribution.

# 1. Introduction

The spectral limitation of Radio Frequency (RF) restricts the demand of increasing capacity. Moreover, RF suffers from several drawbacks like: 1) electromagnetic interference, 2) RF waves penetrate the wall causing a security problem, and 3) increasing transmitted power leads to harm human health. In order to conquer the disadvantages of RF technology, a visible light communication (VLC) is one of the optimum solutions. The VLC spectral range varies between 380 nm to 750 nm equivalent to frequency spectrum 430 THz to 790 THz which overcomes the limited bandwidth in RF. It is more secure as the light does not penetrate the walls. Non-Licensed Channel is the most important feature of the VLC technology [1].

VLC using white LED is more beneficial than incandescent for many reasons as: a) its long life time, b) minimum generated heat, c) low power consumption, d) high brightness, e) reliability f) small in size, g) fast switching [2]. Owing to these benefits of white LED, it is recommended to be the source of future application (indoor and outdoor) for both lighting and data transmission as well.

The several features of VLC make it attractive for practical use. There are many different practical applications such as vehicle to vehicle communication, underwater communication,

hospitals, information display signboard, visible light ID symbol, and sound communication system [1].

The two main obstacles for VLC physical layer are flicker and dimming control [3]. Controlling the dimming level is achieved using different modulation techniques. Therefore, the design of a modulation technique requires meticulous care to avoid these obstacles during communication.

This paper deals with several types of single carrier modulation (SCM) techniques that are used in VLC. The variable pulse position modulation (VPPM) is one of the SCM techniques that are standard by IEEE 802.15.7 [4]. A VPPM uses pulse position modulation (PPM) for modulating the message and pulse width modulation (PWM) to adapt the dimming level [5]. It has a high ability to control the diming, but it suffers from a limited bit rate. M-ary VPPM is introduced to overcome the low bit rate of VPPM [6]. However, the double inverse pulse position modulation (DIPPM) is more power efficient than VPPM, and the subcarrier pulse position modulation (SC-PPM) is the most power efficient VLC modulation technique with acceptable bitrate [7, 8].

In this paper, a comparative study between DIPPM, SC-L-PPM and M-VPPM schemes is performed addressing power distribution, bit rate and BER performance. A parametric study is applied in each scheme to extract the best performance conditions. A nomination regarding each performance is achieved.

This paper is organized as follows. Section 2 introduces the mathematical background. The obtained results are presented and discussed in Sec. 3. Section 4 is devoted for the main conclusions.

# 2. Mathematical Background

#### 2.1 Scheme Structure and BER/Bit Rate

In this section, a symbol structure for each scheme is explained. Moreover, a bit error rate formula is introduced.

#### A. Double inverse pulse position modulation (DIPPM)

The DIPPM can be obtained by applying a modification on inverse pulse position modulation (L-IPPM). In inverse pulse position modulation (L-IPPM), the symbol duration,  $T_s$ , is divided into L time slots. One slot is off while the others are on. The position of the off slot can be used to distinguish the transmitted information. The number of bits transmitted in the symbol is  $n = \log_2 L$  [8].

In DIPPM, the reduced L-IPPM symbol of duration T<sub>s</sub>/L<sup>2</sup> is inserted in the off slot of the IPPM symbol to generate a DIPPM symbol. The symbol structure of 2-DIPPM symbol is illustrated in Fig.1 [9]. The DIPPM dimming can be controlled by changing the instantaneous power of light source.

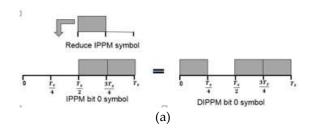


Figure 1. Symbol structure of 2-DIPPM symbol (a) Bit 0 symbol and (b) Bit 1 symbol [9].

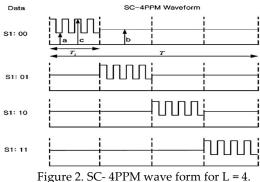
To initialize the comparison study, the relation between bit error rate (BER) versus power at different dimming ratios can be obtained using [9].

$$BER = Q\left(\frac{2P}{3d\sqrt{R_b N_o}}\right) \tag{1}$$

where d is the dimming ratio,  $R_b$  is the bit rate ,  $N_0$  is the power spectral density, and P is the power received.

# B. Subcarrier pulse position modulation (SC-LPPM)

The SC-LPPM has two components called subcarrier component and DC component. The symbol duration,  $T_s$ , of the SC-LPPM scheme is divided into L time slots of duration T/L. The optical transmitted signal is the subcarrier in one slot while the other has the same amplitude. The position of the subcarrier signal is equal to the decimal value of the corresponding symbol. Figure 2 shows an example of SC-LPPM wave form when L=4.



In SC-L-PPM, the receiver and the transmitter must be synchronized at the same slot and symbol to demodulate the signal at the receiver [7].

The bit error rate of SC-LPPM can be obtained as [10]

$$BER = \frac{L/2}{L-1} Q \left( \frac{1}{2} \sqrt{\frac{3 A_{eff}^2 L(P_j^r)^2 \log_2 L}{N_0 R_b}} \right)$$
 (2)

where A<sub>eff</sub> is the receiver effective area and P is the power received at photodiode (PD).

# C. M-ary variable pulse position modulation (M-VPPM)

The VPPM is standard by IEEE 802.15 [6]. It is obtained by mixing two pulse position modulation (2-PPM) with pulse width modulation (PWM) [11]. The pulse position and width modulation are used for communications and dimming control, respectively. Figure 3 explains an operating example for VPPM with a dimming control 75% [4].

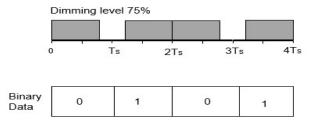


Figure 3. Operating example of VPPM at dimming 75%.

The VPPM scheme is simple and easy to implement. On the other hand, its bit rate is limited because it uses a binary PPM scheme. To overcome this limitation, M-VPPM is utilized to enhance the achievable bit rate performance [6].

The BER of M-ary VPPM is given by

$$BER = \frac{1}{2} \operatorname{erfc} \left( \gamma \sqrt{\frac{E_{w}(1 - \alpha_{\text{max}})}{2N_{O}}} \right)$$
 (3)

where  $\alpha_{max}$  is the largest non-diagonal value of the correlation factor matrix, and  $\gamma$  is defined as the scaling coefficient that contains the effects of the channel path loss gain and photodiode responsivity.

The bit rate, Rb, of M-VPPM can be obtained from

$$Rb = (1 - BER). (log_2 M)/T_s$$
 (4)

where M is the modulation order and T<sub>s</sub> is the symbol duration.

# 2.2 Optical Power Distribution

The optical power transmitted represents the energy irradiated from the LED. It also indicates the strength of the signal and can be calculated by [8]

$$P_i^t = M_{power} \times P_{max}^t \tag{5}$$

where i is the number of LEDs,  $M_{pow}$  is the modulation power factor for each modulation scheme and  $P_{max}^{t}$  is the maximum transmitted power.

The power received at the photodiode is [8]

$$P_j^r = \sum_{i=1}^I (H(0) \times P_i^t)$$
(6)

where H(0) is the channel response.

The channel response can be determined in for LOS channel as [12, 13]

$$H(0) = \frac{A_r(m-1)}{2\pi r^2} \cos^m(\theta) \cos(\psi) \tag{7}$$

where m is the Lambert index, r is the distance between LED and photodiode,  $\theta$  is the angle of irradiance and  $\psi$  is the angle of incidence.

The received optical power, P<sub>i</sub><sup>r</sup>, according to Eqs. (5 - 7), can be represented as

$$P_{i}^{r} = M_{power} \times P_{max}^{t} \frac{A_{r}(m-1)}{2\pi r^{2}} cos^{m}(\theta) cos(\psi)$$
(8)

#### 3. Results and Discusion

# 3.1 Error Performance, Bit Rate Analysis and Evaluation

In this section, error performance is used to evaluate each modulation scheme and the bit rate of each modulation scheme is investigated.

# 3.1.1 Error Performance

Based on Eqs. (1-3) and using MATLAB, Fig. 4 shows the relation between BER and SNR for SC-LPPM, M-VPPM and DIPPM. In general, increasing the SNR enhances the error performance in each modulation technique (i.e., increasing power improve the system performance). Moreover, it is noticed that, SC-L-PPM consumes less power than DIPPM and M-VPPM to achieve the same BER.

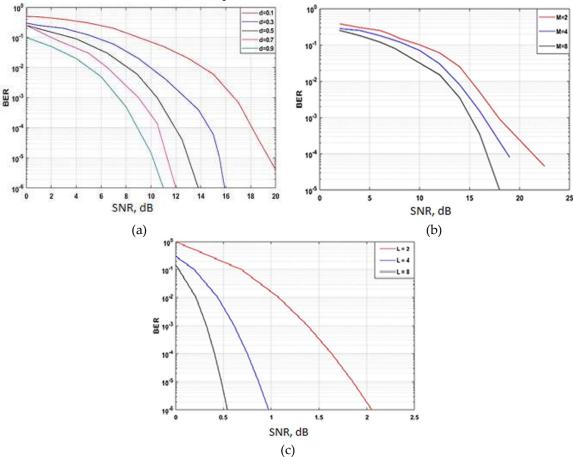


Figure 4. Error performance for each modulation scheme: (a) BER versus SNR at different dimming ratios for 2-DIPPM, (b) BER versus SNR at different values of L for SC-L-PPM, (C) BER versus SNR for M-VPPM at different values of M.

The error performance of DIPPM at different dimming ratios is shown in Fig. 4(a). It shows that, increasing dimming factor, d, the signal to noise ratio, SNR, decreases at a fixed BER. At a specific diming factor, BER is improved by increasing the SNR. The minimum value of SNR needed to enhance error probability form  $10^{-1}$  to  $10^{-6}$  is  $\sim 11$  dB.

Figure 4(b) shows the error performance of SC-L-PPM. It indicates that, at a nominated BER value, increasing L from 2 to 8 results in decreasing SNR. Moreover, fixing the value of L will enhance BER performance by incrementing SNR. This is in a fair agreement with the idea of enhancing BER with improving power SNR.

Figure 4(c) illustrates the BER against SNR at different modulation orders, M. For a given SNR, by rising the value of modulation order, the error probability increases (i.e., system performance degrades). It is a worth notice that, at a certain value of M, by increasing SNR, the error probability degrades gradually.

#### 3.1.2 Bit Rate

The achievable bit rate for each modulation scheme is displayed in Fig.5. Generally, increasing the power enhances the bit rate.

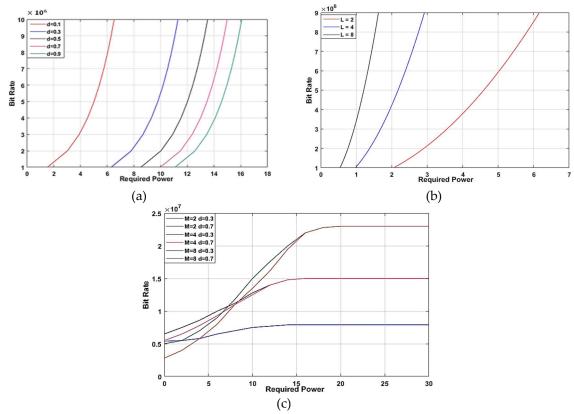


Figure 5. Achievable bit rate for each modulation scheme (a) DIPPM, (b) SC-LPPM, and (c) M-VPPM.

Figure 5(a) shows the relation between bit rate and required power. Fixing d to a definite value leads to enhancing the bit rate but needs a larger amount of power. Also, at a certain bit rate, increasing the diming factor requires more power.

The relation between the required power and bit rate for SC-L-PPM is displayed in Fig. 5(b). At a fixed bit rate, Rb, it is noticed that by increasing L from 2 to 8, it requires less power. Furthermore, at a certain L, increasing bit rate results in a more power required for successful transmission.

The bit rate of M-VPPM is shown in Fig. 5(c) versus SNR at different dimming ratios for different modulation orders. Increasing the modulation order gives rise to developing the bit rate at the same value of SNR. Moreover, it is clearly observed that the dimming ratio increments at the same level of SNR for the same modulation order the bit rate are approximately equal. By applying a certain modulation order, the bit rate is enhanced by increasing the required power of transmission.

# 3.2 Optical Power Distribution Analysis and Evaluation

The room under investigation  $(5\times5\times3 \text{ m}^3)$  including four identical LED modules equally spaced on the ceiling and a receiver at a desk of 1 m height. The locations of LEDs at the ceiling are (1.25, 1.25, 2.5), (1.25, 3.75, 2.5), (3.75, 1.25, 2.5), and (3.75, 3.75, 2.5) as shown in Fig.6 and the spacing between the LEDs is 1 cm. The BER is targeted to be  $10^{-6}$ .

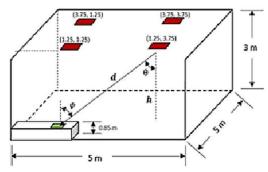


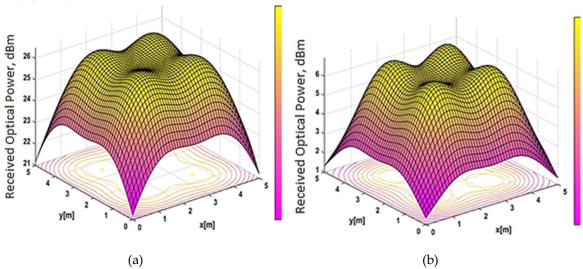
Figure 6. Room configuration.

Table 1 introduces the simulation parameters of room, source and receiver. These values are convenient for both lighting and communication purposes.

**Table 1** Simulation parameters of room, source and receiver.

Parameters		Value
Room	Room size	5×5×3 m <sup>3</sup>
	Height of desktop surface	1 m
Source	Number of LEDs	3600 (60×60)
	LED transmitted power	20 mW
	Semi-angle half power	$60^{\circ}$
	Center luminous intensity	0.73 cd
	Power spectrum density (N <sub>o</sub> )	10 <sup>-21</sup> W/cm <sup>2</sup>
Receiver	Area	1 cm <sup>2</sup>
	Field of view (FOV)	120°
	Responsivity	0.4 A/W
	Concentrator refractive index	1.9
	Filter gain	1

The optical power distribution for each modulation scheme in room topology is shown in Fig.7. It is noted that, the minimum received power values lie at the room corners for DIPPM, SC-L-PPM, and M-VPPM are with value 21, 1.5 and 23 dBm, respectively. The maximum power received is at line of sight (LOS) of the four LEDs and is 26.5 dBm for DIPPM, 7 dBm for SC-L-PPM and 29 dBm for M-VPPM.



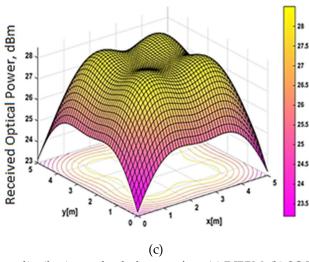


Figure 7. The optical power distribution at the desktop surface: (a) DIPPM, (b) SC-L-PPM, and (c) M-VPPM.

# 4. Conclusion

In this paper, DIPPM, SC-L-PPM and M-VPPM modulation schemes are utilized for VLC system to allow dimming control and flicker mitigation with a low power consumption, optimum BER, and acceptable bit rate. By comparison, the simulation results indicate that in terms of BER, DIPPM has a BER of 10<sup>-6</sup> at SNR ~ 11dB with d = 0.9 while SC-L-PPM has 10<sup>-6</sup> BER at SNR ~ 0.5 dB at L = 8. On the other hand, M-VPPM has a BER of 10<sup>-5</sup> with SNR ~ 17 dB. Therefore, SC-L-PPM is the best choice according to BER with low power requirement for data transmission. Regarding bit rate, the M-VPPM achieves 10<sup>-7</sup> bps whereas both DIPPM and SC-L-PPM reach 10<sup>-6</sup> bps. Consequently, M-VPPM has the best performance in date rate but at the expense of power required. Concerning the optical power distribution, the maximum obtained power is at the LOS of the four LED module and thus the values 26.5, 7 and 29 dBm for DIPPM, SC-L-PPM and M-VPPM, respectively. On the other hand the minimum obtained optical power is 21 dBm at the corner of the room for DIPPM, 1.5 dBm for SC-L-PPM and 23 dBm for M-VPPM. Subsequently, SC-L-PPM shows its effectiveness in terms of power efficiency.

# References

- 1. Khan; Ullah, L. Visible light communication: application, architecture, standardization and research challenges. Science Direct. 2017, 3, 78-88. [Available: https://doi.org/10.1016/j.dcan.2016.07.004]
- 2. Komine, T.; M. Nakagawa, M. Fundamental analysis for visible Light communication system using LED lights. IEEE Transactions on Consumer Electronics. 2004, 50, 100-107. [Available: http://dx.doi: 10.1109/TCE.2004.1277847].
- 3. Jovicic, A.; Li, J.; Richardson, T. Visible light communication: opportunities, challenges and path to market. IEEE Communications Magazine. 2013, 51, 26-32. [Available: http://dx.doi: 10.1109/MCOM.2013.6685754].
- 4. Yoo, J.H.; Jung, S.Y. Modeling and analysis of variable PPM for visible light communications. Journal on Wireless Communications and Networking. 2013, 134, 1-6. [Available: http://dx.doi:10.1186/1687-1499-2013-134].

- 5. Lee, S. H.; Jung, S.Y.; Kwon, J.K. Modulation and coding for dimmable visible light communication. IEEE Communications Magazine. 2015, 53, 136-143. [Available: http://dx.doi: 10.1109/MCOM.2015.7045402].
- 6. Yoo, J.H.; Kim, B. W.; Jung, S.-Y. Modelling and analysis of M-ary variable pulse position modulation for visible light communications. IET Optoelectronics. 2015, 9, 184-190. [Available: http://dx.doi:10.1049/iet-opt.2014.0107].
- 7. Kim, H.; Din, I. Performance analysis of SC-L-PPM for energy efficient visible light communication. in Consumer Electronics, JeJu Island, South Korea, 22-25 June 2014, [Available: http://dx.doi: 10.1109/ISCE.2014.6884505].
- 8. Jan, S. U.; Lee, Y.-D.; Koo, I. Comparative analysis of DIPPM scheme for visible light communications. International Conference on Emerging Technologies, ICET, Peshawar, Pakistan, 19-20 Dec. 2015. [Available: http://dx.doi:10.1109/ICET.2015.7389192].
- 9. Ullah, S.J.; Lee, Y.D. Modeling and analysis of DIPPM: A new modulation scheme for visible light communications. Journal of Sensors. 2015, 2015, 1-8. [Available: http://dx.doi.org/10.1155/2015/963296].
- 10. Din, I.; Kim, H. Energy-efficient brightness control and data transmission for visible light communication. IEEE Photonics Technology Letters. 2014, 26, 781-784. [Available: http://dx.doi: 10.1109/LPT.2014.2306195].
- 11. Lee, K.; Park, H. Modulations for visible light communications with dimming control. IEEE Photonics Technology Letters. 2011, 23, 1136-1138. [Available: http://dx.doi: 10.1109/LPT.2011.2157676].
- 12. Moon, H.D.; Jung, S.Y. Multi-coded variable PPM for high data rate visible light communications. Journal of the Optical Society of Korea. 2012, 16, 703-708. [Available: http://dx.doi:10.1109/APCC.2012.6388285].
- 13. Ghassemlooy, Z.; Popoola, W. P.; Rajbhandari, S. Optical wireless communications system and channel modelling with MATLAB. 2017, CRC Press: FL, USA, [Available: ISBN 9781138074804 CAT# K34043].