- 1 Research Article
- 2 Reelin Haploinsufficiency and Late-Adolescent
- 3 Corticosterone Treatment Induce Long-Lasting and
- 4 Female-Specific Molecular Changes in the Dorsal
- 5 Hippocampus
- 6 Anna Schroeder<sup>1,2</sup>, Maarten van den Buuse<sup>4,5,6</sup> and Rachel A. Hill<sup>1,2,\*</sup>
- 7 ¹ The Florey Institute of Neuroscience and Mental Health, University of Melbourne, Parkville, Australia
- 8 <sup>2</sup> Department of Psychiatry, School of Clinical Sciences, Monash University, Clayton, Australia
- 9 School of Psychology and Public Health, La Trobe University
- 10 <sup>4</sup> Department of Pharmacology, University of Melbourne
- The College of Public health, Medical and Veterinary Sciences, James Cook University, Queensland, Australia
- 12 \* Correspondence: rachel.hill@monash.edu, +61385722917

### **Abstract**

Reelin depletion and stress seem to affect similar pathways including GABAergic and glutamatergic signaling and both are implicated in psychiatric disorders in late adolescence/early adulthood. The interaction between reelin depletion and stress, however, remains unclear. To investigate this, male and female heterozygous reelin mice (HRM) and wildtype (WT) controls were treated with the stress hormone, corticosterone (CORT), during late adolescence to simulate chronic stress. Glucocorticoid receptors (GR), N-methyl-D-aspartate receptor (NMDAr) subunits, glutamic acid decarboxylase (GAD<sub>67</sub>) and parvalbumin (PV) were measured in the hippocampus and the prefrontal cortex (PFC) in adulthood. While no changes were seen in male mice, female HRM showed a significant reduction in GR expression in the dorsal hippocampus. In addition, CORT reduced GR levels as well as GluN2B and GluN2C subunits of NMDAr in the dorsal hippocampus in female mice only. CORT furthermore reduced GluN1 levels in the PFC of female mice. The combined effect of HRM and CORT treatment appeared to be additive in terms of GR expression in the dorsal hippocampus. Female-specific CORTinduced changes were associated with overall higher circulating CORT levels in female compared to male mice. This study shows differential effects of reelin depletion and CORT treatment on GR and NMDAr protein expression in male and female mice, suggesting that females are more susceptible to reelin haploinsufficiency as well as late-adolescent stress. These findings shed more light on femalespecific vulnerability to stress and have implications for stress-associated mental illnesses with a female bias including anxiety and major depression.

Keywords: reelin; corticosterone; glucocorticoid receptors; NMDA receptors; parvalbumin; GAD67

# 1. Introduction

Reelin is an extracellular matrix protein that is secreted by Cajal-Retzius cells during embryonic brain development and mainly by cortical and hippocampal GABAergic interneurons during adulthood [1-3]. During brain development, reelin is predominantly involved in cortical layer formation [1]. Mice with homozygous loss of reelin, called reeler mice, display inversion of cortex cell layers and malposition of neurons throughout the hippocampus [4]. Heterozygous loss of reelin in mice induces a less severe phenotype showing dendritic abnormalities in the cortex and the hippocampus and only subtle abnormalities in cognitive function [5-9]. These mice are used to investigate the role of reelin in psychiatric disorders as mutations in the reelin gene and decreased levels of mRNA are associated with autism [10], schizophrenia and bipolar disorder [2, 11].

Aside from its developmental role, reelin serves a crucial function in the mature brain acting through its two major receptors, Apolipoprotein E receptor 2 (EpoER2) and very low-density lipoprotein receptor (VLDLR) [12], activating numerous downstream cascades via Dab1 phosphorylation such as Akt/mTOR or N-WASP leading to microtubule formation and actin stabilization, respectively [13]. In the mature brain, reelin signaling promotes the maturation of dendrites, synaptogenesis, synaptic transmission and plasticity, thus modulating the formation and function of synaptic circuits [14-16]. Reelin signaling through ApoER2 was shown to activate NMDAR phosphorylation and calcium influx through these receptors and subunit composition [17] thus mediating synaptic plasticity and learning and memory [14, 16].

NMDAr are tetramers consisting of two GluN1 subunits and two GluN2 subunits (GluN2A, GluN2B, GluN2C and GluB2D). While NMDA receptors containing GluN2C and GluN2D are mainly localized to the cerebellum and show slower kinetics compared to GluN2A and GluN2B in the adult brain [18], GluN2A and GluN2B are highly expressed in the hippocampus and the cortex and play a central role in synaptic function by controlling synaptic plasticity (reviewed in Sanz-Clemente, Nicoll [19]). Reelin has also been closely linked to the markers of GABAergic interneurons: glutamic acid decarboxylase (GAD67), the enzyme that converts glutamate to GABA, and parvalbumin (PV), as these were simultaneously decreased with reelin mRNA and protein levels in the PFC and the hippocampus in schizophrenia and bipolar post-mortem brains [20] as well as in mouse models of

these neuropsychiatric disorders [21, 22]. Findings on the effect of reelin deficiency on the expression of these GABAergic markers as well as NMDAr subunits remain inconsistent, possibly due to a lack of stratification for sex. Nullmeier et al. [22] for example combined male and female data when comparing GAD67 expression in reelin haploinsufficient and wild-type mice, while Lussier at al. [23] used only male rats for this analysis. Due to the well-established sex differences within GABAergic development [24] as well as psychiatric disorders [25, 26], it is important to discern specific differences between males and females.

Given that a combination of genetic predisposition and environmental insults such as stress contributes to psychiatric illnesses, reelin deficiency may constitute a risk factor by making the brain more vulnerable to stress. In particular adolescent stress has been shown to be a major environmental trigger for psychiatric illnesses as the brain still undergoes synaptic changes and maturation, including of hypothalamic-pituitary-adrenal (HPA) axis activity [27], during this vulnerable period of development. Chronic stress is well known for its detrimental effects on neuronal morphology and function in brain regions such as the hippocampus and PFC [28, 29] as these show the highest density of the glucocorticoid receptors (GR), which bind the stress hormone cortisol (in humans) and corticosterone (in rodents) [30]. In particular GABAergic interneurons as well as NMDA receptors appear to be affected by stress [29, 31, 32], targets that are also vulnerable to reelin deficiency. While there is strong evidence that reelin deficiency and stress may affect common pathways, only a few studies looked at the interaction underlying this genetic risk factor and the environmental insult mainly focusing on the behavioural phenotype related to neuropsychiatric disorders [33, 34]. We have previously shown that HRM mice were more susceptible to CORT treatment with regards to spatial memory [33], however, it remains unclear how reelin deficiency may increase susceptibility to stress on the molecular level. This study sought to investigate a) how reelin deficiency or adolescent stress impact the expression of NMDA receptor subunits, the GABAergic markers, GAD67 and PV, as well as GR and b) whether reelin deficiency makes the brain more vulnerable to adolescent/early adult stress which may explain the profound decrease in those markers in psychiatric disorders. Given strong evidence for sex differences in HPA axis activity and responses to stress [35] as well as in the incidence of psychiatric disorders such as major depression [25] and schizophrenia [26], we assessed both male and female mice. We used heterozygous reelin mice (HRM) which show 50% reelin depletion [36]. Late-adolescent stress was simulated by chronic corticosterone (CORT) administration [37]. We analysed the PFC and hippocampus, brain regions which are susceptible to stress and display high levels of reelin and GR expression [30, 38].

# 2. Materials and Methods

### 2.1 Animals

62

63

64

65

66

67

68

69

70

71

72

73

74

75

76

77

78

79

80

81

82

83

84

85

86

87

88

89

90

91

92

93

94

95

96

97

98

99

100

101

102

103

104

105

106

107

108

109

110

Male and female HRM and wild-type (WT) control mice were derived from a breeding colony at the Florey Institute of Neuroscience and Mental Health, Melbourne, Australia. This colony was originally established with Reln<sup>rl/+</sup> (on a C57Bl/6J genetic background) and C57Bl/6J breeders purchased from The Jackson Laboratory (Bar Harbor, Maine, USA). All mice were group-housed in individually-ventilated cages (IVC, Tecniplast, Italy) with *ad libitum* access to food and water, and kept on a 12/12 hour light/dark cycle (lights on 7am). Cages were cleaned once a week. All procedures were conducted according to the guidelines in the Australian Code of Practice for the Care and Use of Animals for Scientific Purposes (National Health and Medical Research Council of Australia, 8<sup>th</sup> edition 2013) and approved by the Animal Ethics Committee of the Florey Institute of Neuroscience and Mental Health.

# 2.2 Corticosterone treatment

Mice received chronic CORT treatment in their drinking water [39, 40] for 21 days starting from six weeks of age until nine weeks. We based the treatment time window on our previous developmental studies in C57Bl/6 mice, which showed a rapid rise in seminal vesicle weight, serum testosterone and uterine weight around 6–9 weeks of age, which we accordingly describe as the late-

- 111 adolescent period [41]. CORT (Sigma-Aldrich, St. Louis, Missouri, USA) was dissolved in 100% 112 ethanol and diluted with tap water to a final concentration of 50mg/L (0.5% ethanol). We used CORT 113 treatment rather than other stress paradigms in order to focus on glucocorticoid effects and its 114 interaction with reelin signaling. Stress paradigms (e.g. chronic restraint stress) elicit many 115 physiological responses and multiple other molecular changes other than glucocorticoid effects 116 specifically, making interpretation of the results more complex. Control mice received a vehicle 117 solution (0.5% ethanol in tap water). After the three-week treatment period all mice received normal 118 tap water and were left undisturbed until 15 weeks of age, when the brains and adrenal glands were 119 collected for molecular analyses to detect long-term effects of CORT and/or reelin haploinsufficiency. 120 Experimental groups consisted of four male and four female groups: WT mice treated with CORT 121 (WT CORT) or vehicle (WT Contr) and HRM treated with CORT (HRM CORT) or vehicle (HRM 122 Contr) (n=7). Body weight was recorded weekly from the start of the treatment.
  - 2.3 Detection of CORT

135

136

137

138

139

140

141

142

143

144

145

146

147

148

149

150

151

152

153

- 124 Faecal boli were collected from each cage at week 6 (on the day before the start of the CORT 125 treatment), week 9 (last day of the treatment period) and week 11 (two weeks after cessation of 126 treatment). The samples were frozen in liquid nitrogen and crushed using a pestle and mortar. One 127 ml of methanol was added to 50 mg samples and vortexed for 30 min. The supernatant was collected 128 and stored at -80 °C until analysis. A commercially-available enzyme-immunoassay kit (Cayman 129 Chemical Company, Ann Arbor, USA) was used for CORT detection. Samples were diluted 1:50. 130 Touma, Palme [42], previously demonstrated that CORT detection in the faeces of males and females 131 is an accurate measure of pharmacological stimulation and suppression of adrenocortical activity. 132 Accurate representation of CORT by means of faecal CORT measurements was also supported by 133 other studies [43, 44].
- 134 2.4 Western blot analysis

Mice were killed by cervical dislocation at 15 weeks of age and their adrenal glands and brains were collected and stored at -80 °C. The prefrontal cortex and hippocampus were dissected and the hippocampus was separated into ventral and dorsal hippocampus (approximately 50/50). All dissections were performed by the same researcher to ensure consistent dissection ratios. Protein extraction and Western blot analysis were performed as previously described by Klug, Hill [37] and Buret and van den Buuse [36]. The primary antibodies were anti-glucocorticoid receptor (GR) (97kDa, 1:500, ab2768, Abcam), anti-NMDAr2C (1:500, ab110, Abcam) which recognizes 180kDa GluN2B, 140kDa GluN2C and 120kDa GluN1 subunits, anti-NMDAr2A (170kDa, 1:1000, ab14596, Abcam), anti-parvalbumin (12kDa, 1:2000, MAB1572, Millipore), and anti-GAD67 (67kDa, 1:1000, Sigma-Aldrich).

# 2.5 Statistical analysis

Data are expressed as mean  $\pm$  standard error of the mean (SEM). Group differences were assessed with SYSTAT 13 (Systat Software Inc., San Jose, CA, USA). Five to six mice per group were used to analyse CORT levels as well as all presented protein levels. Relative adrenal weights as well as all Western blot results were analysed using three-way analysis of variance (ANOVA) with sex, genotype and (CORT) treatment as between-group factors. Faecal CORT levels were analysed by means of repeated measures ANOVA with the same between-factors and time as a within-group factor. In all cases, the significance level was set to p  $\leq$  0.05.

### 3. Results

- 154 3.1 Adrenal weight
- Statistical analysis of relative adrenal weight at 15 weeks of age revealed a main treatment effect (F(1,82)=9.5, p=0.003) and a sex effect (F(1,82)=271.0, p<0.001). This reflected that the adrenal glands were considerably larger in females than males and that CORT-treated mice had smaller adrenals

compared to their non-treated controls, irrespective of sex or genotype (Table 1). Body weight was smaller in females compared to males as expected and no differences were detected between the CORT and HRM groups at week 15 (data not shown).

### Table 1 Relative adrenal weight

	Male	Female
WT Contr	$1.13 \pm 0.05$	2.10 ± 0.11#
HRM Contr	$1.13 \pm 0.09$	1.97 ± 0.09#
WT CORT	$0.92 \pm 0.02$ *	$1.85 \pm 0.09^{*,#}$
HRM CORT	$0.96 \pm 0.08$ *	$1.82 \pm 0.08^{*,\#}$

Data are represented as mean  $\pm$  SEM of n=8-16

Relative adrenal weight was calculated as adrenal weight/body weight x 10,000

\*p<0.05 for difference between CORT groups and controls as shown by ANOVA main effect

#p<0.05 for significant sex difference as shown by ANOVA main effect

#### 3.2 CORT levels

Repeated measures ANOVA of faecal CORT revealed a main effect of sex (F(1,26)=19.3, p < 0.001), reflecting three-fold higher CORT levels in female compared to male mice, as well as a day x CORT interaction (F(2,52)=6.7, p=0.003) (Figure 1). Further analysis separated by time points of measurement (days: day 0 – before CORT treatment, day 21 – last day of CORT treatment, day 35 – 2 weeks after cessation of CORT treatment) showed a main sex effect for all three days (day 0: F(1,31)=27.4, p<0.001; day 21: F(1,33)=5.7, p=0.022; day 35: F(1,30)=34.2, p < 0.001). No treatment or genotype differences were observed on days 0 and 35, while a main treatment effect (F(1,33)=6.3, p=0.018) was detected on day 21 reflected higher CORT levels in CORT-treated male and female groups versus vehicle-treated controls (Figure 1).

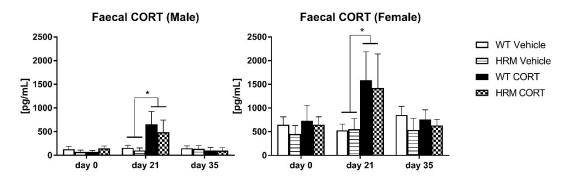
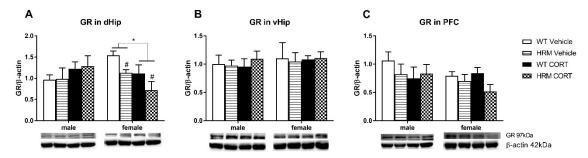


Figure 1. CORT levels in faecal boli at day 0 (before start of CORT treatment), day 21 (last day of CORT treatment) and day 35 (2 weeks after cessation of CORT treatment). Data are expressed as mean  $\pm$  SEM (n = 4-6). A main treatment effect was observed on day 21 with higher CORT levels in CORT-treated groups compared to controls (\* p<0.05). Female mice showed significantly higher CORT levels at all three time points of measurement. No treatment or genotype differences were detected on days 0 or day 35.

## 3.3 GR expression

Statistical analysis of GR protein expression in the dorsal hippocampus (Figure 2A) revealed a significant sex x CORT interaction (F(1,39)=3.05; p=0.01). Further separate analyses of males and females showed a main CORT effect (F(1,19)=7.37; p<0.05) and a main genotype effect (F(1,19)=7.02; p<0.05) in females only, reflecting reduced levels of GR in the CORT-treated females as well as in

HRM as compared to their respective control groups (Figure 2A). While no significant genotype x CORT interaction was found in females, the HRM+CORT group showed the lowest expression levels of GR. No significant differences in GR expression were detected in the dorsal hippocampus of males. No effects of genotype or CORT on GR expression were detected in the ventral hippocampus or PFC of either male or female mice.



**Figure 2.** Glucocorticoid receptor (GR) protein expression in the dorsal hippocampus (dHip) (A), ventral hippocampus (vHip) (B) and prefrontal cortex (PFC) (C). Data are expressed as mean  $\pm$  SEM (n = 5-6). GR levels were significantly lower in the dHip of HRM female, but not male mice compared to WT controls (# p<0.05). In addition CORT significantly reduced GR expression in the dHip of female mice (\*p<0.05). No differences were seen in the vHip or PFC.

### 3.4 NMDAr protein expression

# 3.4.1. NMDAr subunit protein expression in the dorsal hippocampus (Figure 3A-D)

While CORT had no effect on NMDAr expression in the dorsal hippocampus of male mice, it significantly reduced GluN2B and GluN2C subunit levels in female mice (Figure 3C, D). This was supported by an overall sex x CORT interaction (GluN2B: F(1,39)=4.62; p<0.05) GluN2C: F(1,39)=9.1; p=0.004) and further main CORT effects when data from female mice were analysed separately (GluN2B: F(1,20)=4.81; p=0.04, GluN2C: F(1,20)=11.15; p=0.003). For GluN2C expression, a main sex effect was seen in vehicle-treated mice (F(1,20=12.47; p=0.002) reflecting higher levels of GluN2C in females compared to male mice (Figure 3D). No differences were detected for GluN1 and GluN2A between the groups (Fig 3A, B).

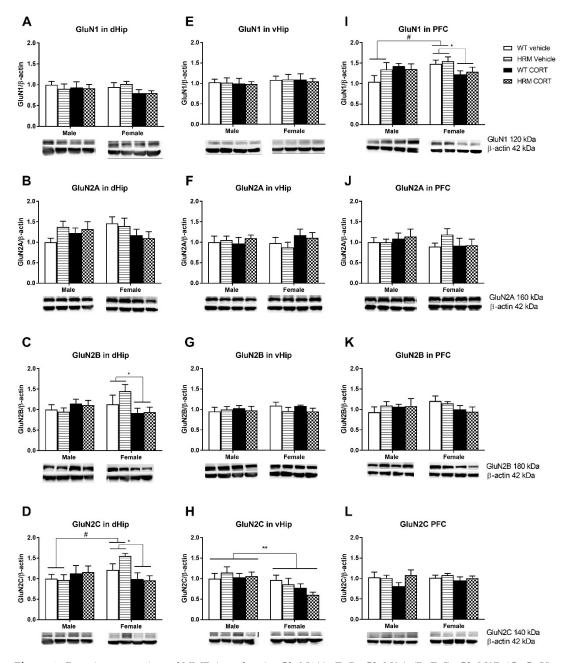
### 3.4.2 NMDAr protein expression in ventral hippocampus (Figure 3E-H)

Protein expression of GluN2C was lower in females as compared to male mice in the ventral hippocampus as shown by the main sex effect (F(1,34)=9.20; p=0.005) (Figure 3H). No significant effects of CORT, genotype or genotype x CORT interactions were observed in the ventral hippocampus for any of the subunits (Figure 3E, F, G, H).

## 3.4.3 NMDAr protein expression in PFC (Figure 3I-L)

With regards to GluN1 expression in the PFC (Figure 3I), statistical analysis revealed a significant sex x CORT interaction (F(1,40=7.01; p<0.05)). Further analysis showed that CORT significantly reduced GluN1 protein expression in female mice (F(1,20)=6.11; p<0.05), while no significant differences were observed in males. Within the vehicle-treated groups a significant main sex effect was observed (F(1,20)=5.53; p=0.029) reflecting lower GluN1 levels in males compared to females (Figure 3I). No significant statistical differences were seen for the subunits GluN2A, GluN2B or GluN2C in the PFC (Figure 3J-L).

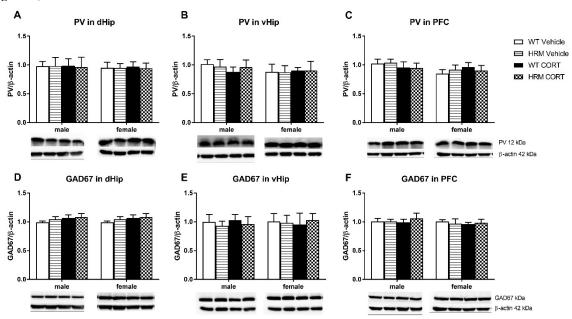
No significant effect of genotype and no genotype x CORT interaction was found for any NMDAr subtypes in any of the 3 brain regions.



**Figure 3.** Protein expression of NMDAr subunits GluN1(A, E, I), GluN2A (B, F, J), GluN2B (C, G, K) and GluN2C (D, H, L) in the dorsal hippocampus (dHip) (A-D), ventral hippocampus (vHip) (E-H) and prefrontal cortex (PFC) (I-L). Data are represented as mean  $\pm$  SEM (n = 4-6). Analysis revealed a female-specific reduction in GluN2B and GluN2C in response to CORT in the dHip (\*p < 0.05), but no difference GluN1 or GluN2A. In vehicle-treated animals GluN2C were higher in female mice compared to male mice (# p < 0.05). No differences were detected between the experimental groups in vHip, although female mice had lower levels of GluN2C compared to males (\*\*p<0.01). In the PFC CORT reduced GluN1 in female mice irrespective of the genotype (\*p < 0.05). In vehicle-treated animals GluN1 was higher in female mice compared to male mice (# p < 0.05). No significant differences were seen in GluN2A, GluN2B or GluN2C levels in PFC between the groups.

# 3.5 PV and GAD67 protein expression

No significant effects of CORT or genotype and no genotype x CORT interactions were detected on PV or GAD<sub>67</sub> protein expression in the dorsal hippocampus, ventral hippocampus or the PFC (Figure 4).



**Figure 4.** Levels of PV (A-C) and GAD67 (D-F) were measured in the dorsal hippocampus (dHip) (A, D), ventral hippocampus (vHip) (B, E) and prefrontal cortex (PFC) (C, F). Data are represented as mean ± SEM (n = 5-6). No differences were detected between the groups.

### 4. Discussion

This study investigated whether a genetic deficit in reelin increases susceptibility to high glucocorticoid levels during late adolescence as measured by relevant molecular changes in the hippocampus and PFC of male and female mice. The two main findings of this study are that a) female, but not male HRM had lower GR levels in the dorsal hippocampus and b) stress as mimicked by CORT treatment reduced GR, GluN2B and GluN2C expression in the dorsal hippocampus of female, but not male mice. In the PFC, CORT reduced GluN1 expression in female, but not male mice. Although animals with reelin depletion did not show increased susceptibility to CORT treatment in this study, we demonstrated a female-specific genotype as well as CORT effects on GR and NMDA receptor expression. Furthermore, the combined effect of both reelin haploinsufficiency and CORT treatment was additive in terms of GR expression in the dorsal hippocampus, with this group showing the lowest expression level.

To ensure that CORT treatment specifically affected the late adolescent period, we measured CORT metabolites from mouse faeces on week 6 (start of CORT treatment), week 9 (end of CORT treatment) and week 11. As expected, CORT was elevated solely during the treatment period (6-9 weeks) as was shown by significantly higher CORT levels in CORT-treated animals compared to controls on the last day of the treatment and return to baseline levels two weeks after treatment cessation. Reduced reelin levels did not affect the levels of CORT as no differences were seen between the genotypes. No differences were seen between baseline CORT levels and the levels measured two weeks after CORT cessation reflecting normal adrenal function after the treatment period, although adrenal glands were significantly smaller in CORT-treated groups compared to controls on week 15. A striking finding was that female mice had approximately three-fold higher baseline-CORT levels compared to male mice and, accordingly, these levels were three times higher during CORT treatment. Consistent with our study, Touma et al. [42] reported that females generally showed values about twice as high as males. Although it is difficult to directly compare

faecal and plasma CORT levels, as females show fluctuations in CORT plasma levels during the estrous cycle [45] and have higher plasma levels of corticosteroid-binding globulin (CBG) [46], a large number of studies demonstrate higher plasma CORT levels in females as compared to males [47-50]. An explanation for lower CORT-metabolite expression in males might be the protective role of testosterone. A large number of studies have shown that androgens inhibit the HPA axis. Basal CORT levels are increased in male rats after gonadectomy (GDX) [48, 51, 52]. Blockade of the androgen receptor in adult male rats prior to restraint stress resulted in elevated CORT and ACTH responses [53, 54]. Concomitantly, the female hormone, 17β-estradiol (E2), seems to maintain CORT at higher levels. Several studies reported decreased CORT levels as well adrenal weight after overiectomy, which were reversed by E2 treatment [55, 56]. In agreement with this observation and our results, Weathington, Arnold [57] showed that female rats were more severely affected by juvenile stress compared to males and showed higher circulating CORT levels.

The 3-fold higher level of CORT in the females compared to males in our study may explain the female-specific reduction in NMDAr subunits as well as GR expression. CORT reduced GR protein levels in the dorsal hippocampus of female mice, an area with the highest GR expression [30], which plays a crucial role in the feedback regulation of the HPA axis [58]. The majority of GRs are nuclear receptors that directly bind CORT and elicit either gene transcription or gene repression via binding to glucocorticoid receptor elements (GRE) on DNA [59]. Overstimulation of this receptor by extremely high CORT levels may have induced downregulation of GR, most likely through the ubiquitin proteasome pathway [60] to regulate transcription levels.

Interestingly, we also observed a female-specific reduction of GR in HRM mice versus WT controls, reflecting that reelin deficiency leads to reduced GR expression in the dorsal hippocampus in females only. GR is expressed in almost every cell type throughout the body and brain [61, 62] with high abundancy in the hippocampus and PFC [30, 63]. Extensive evidence shows that reelin promotes dendrite and spine formation during early development, particularly in the hippocampus and the cortex [9, 15]. Korn et al. [64] recently showed that abnormal reelin signaling decreased neurogenesis and increased the number of hilar ectopic dentate granule cells in adult mice. According to the GeneMANIA prediction server [65] as well as the literature there is no evidence for a direct physical interaction between reelin and GR receptors, hence the GR reduction found here is most likely the result of an indirect or compensatory response to reelin deficiency. Lower GR levels in female reelin-deficient mice may also be due to lower numbers of neurons and dendrites in these animals. Further studies are needed to investigate whether there are sex differences in neuronal expression, dendrite formation and what type of cells are affected specifically in reelin haploinsufficient models. Our finding of female-specific susceptibility to reelin deficiency is supported by studies showing that a single nucleotide polymorphism (SNP) with the RELN gene sequence increases the risk of schizophrenia in women, but not in men [66, 67]. In this study we show an additive effect of reelin deficiency and CORT treatment on GR expression in female mice.

We further showed that late-adolescent CORT treatment reduced GluN2B and GluN2C subunits of the NMDA receptor in the dorsal hippocampus and GluN1 in the PFC of female but not male mice. Buret and van den Buuse [36] previously reported that CORT reduced GluN2C protein levels in male mice in the PFC and dorsal hippocampus independent of the genotype. We did not detect this change in this study, which may be explained by the different CORT dose used (25mg/L vs. 50mg/L in the present study). The direct effect of CORT on NMDA receptors is supported by an in vitro study showing that CORT application reduces calcium influx through NMDA receptors in hippocampal slices [68]. Reelin also modulates calcium influx through the NMDA receptors, however our study shows that while CORT also modifies GluN1 receptor expression, reelin haploinsufficiency does not. Zhang et al. [69] further demonstrated that glucocorticoids suppress NMDAr activity by acting on putative non-genomic G-protein-coupled receptors activating the phospholipase C (PLC) pathway. Hence, GluN2B downregulation may result from a direct interaction with the receptor through the PLC pathway or may be subsequent to changes in other molecules. Once again, the female-specific CORT effect on NMDAr subunits may be due to the 3

fold higher CORT levels as compared to males. Van den Buuse et al. [70] previously reported significant up-regulation of NR1 subunits, but down-regulation of NR2C subunits in PFC of male and female HRM, while we could not detect these differences in the current study. This may be due to the fact that van den Buuse et al. [70] collected the brains starting at 12 weeks of age, while we looked at the brains from 15 week old mice. Furthermore, while we separated male and female groups, van den Buuse et al. [70] combined the two sexes for statistical analysis.

Reelin has been implicated in the regulation of PV and GAD<sub>67</sub> expression [22, 71-73], however we did not find any differences in PV or GAD67 levels in any of the three brain areas. Supporting our results, Lussier at al. [23] did not detect changes in hippocampal GAD<sub>67</sub> expression in HRM. By contrast, as opposed to our findings, Costa et al. [73] showed depletion of GAD67 in the frontal cortex of HRM and Nullmeier et al. [22] demonstrated reduced GAD<sub>67</sub> and PV in the hippocampus of HRM. The contradicting results may be due to different techniques and brain regions used for analysis. While Nullmeier et al. [22] compared sub-regions of the hippocampus such as CA1, CA2 or dentate gyrus by means of immunohistochemistry, we performed Western blots on ventral and dorsal hippocampi. Nullmeier et al. [22] analyzed male and female groups together, while other studies that are mentioned used only males for detection of PV and GAD67, which may explain contradicting results. Differences in age of the analyzed brain as well as housing conditions may also contribute to inconsistent results in the literature. While early-life stress and chronic isolation stress were shown to reduce PV in the hippocampus [74], pharmacological stress during lateadolescence in our study did not affect PV or GAD67. The former study, however, did not look at the long-term effects of chronic stress, but obtained tissue samples immediately at the end of the stress paradigm, whereas our study included 6 weeks of washout period after treatment cessation. It is possible that in our animals, some early CORT-induced changes in molecular markers could have been restored by this time. Therefore, different types of stress and different periods of stress application may have differential effects on these proteins. Furthermore, cellular distribution of these proteins may have been overlooked and immunohistochemical analysis would be of relevance to confirm these results.

In conclusion, CORT reduced NMDAr subunit expression in the dorsal hippocampus and PFC in female, but not male mice. A female specific reduction of GR in response to CORT was also observed in the dorsal hippocampus, which may be explained by the 3-fold higher CORT levels in females compared to male mice during the treatment period. In addition, GR expression was decreased in female HRM. Albeit reelin depletion did not enhance the effects of CORT on protein expression of NMDAr subunits, GR, GAD67 or PV as measured by Western blot analysis, an additive effect of reelin depletion and CORT on GR expression was observed in female but not male dorsal hippocampus. This is an important direction for future studies as reelin deficiency as well as stress and related HPA–axis dysregulation play a major role in the pathophysiology of numerous mental disorders, such as MDD or schizophrenia.

Author Contributions: Conceptualization, Anna Schroeder, Maarten van den Buuse and Rachel Hill; Data curation, Anna Schroeder; Formal analysis, Anna Schroeder and Rachel Hill; Funding acquisition, Anna Schroeder, Maarten van den Buuse and Rachel Hill; Investigation, Anna Schroeder; Methodology, Anna Schroeder, Maarten van den Buuse and Rachel Hill; Project administration, Maarten van den Buuse and Rachel Hill; Resources, Maarten van den Buuse and Rachel Hill; Supervision, Maarten van den Buuse and Rachel Hill; Writing – original draft, Anna Schroeder; Writing – review & editing, Maarten van den Buuse and Rachel Hill.

Acknowledgments: This research was undertaken at The Florey Institute of Neuroscience and Mental Health, Melbourne, Australia, supported by project grant funding from the National Health and Medical Research Council of Australia (NHMRC). AS was in receipt of a Melbourne International Research Scholarship as well as a Melbourne International Fee Remission Scholarship. MvdB was supported by a NHMRC senior research fellowship. RH was supported by a NHMRC Career Development Fellowship. This funding body had no involvement in the study design, the

Peer-reviewed version available at Brain Sci. 2018. 8, 118; doi:10.3390/brainsci8070118

- 365 collection, analysis and interpretation of data, or the writing of the paper and the decision to submit
- it for publication.
- 367 **Conflicts of Interest:** The authors declare no conflict of interest.

# 368 References

- Darcangelo, G., et al., A protein related to extracellular matrix proteins deleted in the mouse mutant reeler. *Nature*, **1995**. 374(6524): p. 719-723.
- Pesold, C., et al., Reelin is preferentially expressed in neurons synthesizing gammaaminobutyric acid in cortex and hippocampus of adult rats. *Proceedings of the National* Academy of Sciences of the United States of America, **1998**. 95(6): p. 3221-3226.
- 374 3. DelRio, J.A., et al., A role for Cajal-Retzius cells and reelin in the development of hippocampal connections. *Nature*, **1997**. *385*(6611): p. 70-74.
- Goldowitz, D., et al., Cerebellar disorganization characteristic of reeler in scrambler mutant mice despite presence of reelin. *Journal of Neuroscience*, **1997**. *17*(22): p. 8767-8777.
- 378 5. Brigman, J.L., et al., Executive functions in the heterozygous reeler mouse model of schizophrenia. *Behav. Neurosci.*, **2006**. 120(4): p. 984-988.
- 380 6. Podhorna, J. and M. Didriksen, The heterozygous reeler mouse: behavioural phenotype. 381 Behavioural Brain Research, 2004. 153(1): p. 43-54.
- Tueting, P., et al., Reelin down-regulation in mice and psychosis endo-phenotypes.

  Neuroscience and Biobehavioral Reviews, 2006. 30(8): p. 1065-1077.
- 384 8. Larson, J., et al., Olfactory discrimination learning deficit in heterozygous reeler mice. *Brain* 385 *Research*, **2003**. *971*(1): p. 40-46.
- Lee, G.H. and G. D'Arcangelo, New Insights into Reelin-Mediated Signaling Pathways. *Front. Cell. Neurosci.*, 2016. 10: p. 8.
- 388 10. Skaar, D.A., et al., Analysis of the RELN gene as a genetic risk factor for autism. *Molecular Psychiatry*, **2005**. *10*(6): p. 563-571.
- 390 11. Guidotti, A., et al., Decrease in reelin and glutamic acid decarboxylase(67) (GAD(67))
  391 expression in schizophrenia and bipolar disorder A postmortem brain study. *Archives of*392 *general psychiatry*, **2000**. 57(11): p. 1061-1069.
- Trommsdorff, M., et al., Reeler/disabled-like disruption of neuronal migration in knockout mice lacking the VLDL receptor and ApoE receptor 2. *Cell*, **1999**. 97(6): p. 689-701.
- 395 13. Beffert, U., et al., Reelin-mediated signaling locally regulates protein kinase B/Akt and glycogen synthase kinase 3 beta. *J. Biol. Chem.*, **2002**. 277(51): p. 49958-49964.
- 397 14. Campo, C., et al., Reelin Secreted by GABAergic Neurons Regulates Glutamate Receptor Homeostasis. *PLoS One*, **2009**. 4(5).
- Iafrati, J., et al., Reelin, an extracellular matrix protein linked to early onset psychiatric diseases, drives postnatal development of the prefrontal cortex via GluN2B-NMDARs and the mTOR pathway. *Mol Psychiatry*, **2014**. *19*(4): p. 417-26.
- Ventruti, A., et al., Reelin deficiency causes specific defects in the molecular composition of the synapses in the adult brain. *Neuroscience*, **2011**. *189*: p. 32-42.
- 404 17. Sinagra, M., et al., Reelin, very-low-density lipoprotein receptor, and apolipoprotein E receptor 2 control somatic NMDA receptor composition during hippocampal maturation in vitro. *Journal of Neuroscience*, **2005**. 25(26): p. 6127-6136.
- 407 18. Farrant, M., et al., NMDA-receptor channel diversity in the developing cerebellum. *Nature*, 408 1994. *368*(6469): p. 335-339.
- 409 19. Sanz-Clemente, A., R.A. Nicoll, and K.W. Roche, Diversity in NMDA Receptor Composition:
   410 Many Regulators, Many Consequences. *Neuroscientist*, 2013. 19(1): p. 62-75.

- 411 20. Costa, E., et al., Reelin and GAD67 downregulation and psychosis vulnerability. *Biological Psychiatry*, **2000**. 47(8): p. 68S-68S.
- 413 21. Giovanoli, S., L. Weber, and U. Meyer, Single and combined effects of prenatal immune
- activation and peripubertal stress on parvalbumin and reelin expression in the hippocampal formation. *Brain Behav. Immun.*, **2014**. 40: p. 48-54.
- Nullmeier, S., et al., Region-specific alteration of GABAergic markers in the brain of heterozygous reeler mice. *European Journal of Neuroscience*, **2011**. 33(4): p. 689-698.
- 418 23. Lussier, A.L., et al., Altered GABAergic and glutamatergic activity within the rat
- hippocampus and amygdala in rats subjected to repeated corticosterone administration but not restraint stress. *Neuroscience*, **2013**. 231: p. 38-48.
- 420 not restraint stress. *Neuroscience*, **2015**. 251: p. 56-46.
- 421 24. McCarthy, M.M., A.P. Auger, and T.S. Perrot-Sinal, Getting excited about GABA and sex differences in the brain. *Trends Neurosci.*, **2002**. 25(6): p. 307-312.
- 423 25. Bekker, M.H.J. and J. van Mens-Verhulst, Anxiety disorders: Sex differences in prevalence,
- degree, and background, but gender-neutral treatment. *Gender Medicine*, **2007**. 4: p. S178-425 S193.
- 426 26. Falkenburg, J. and D.K. Tracy, Sex and schizophrenia: a review of gender differences.
  427 *Psychosis*, **2014**. 6(1): p. 61-69.
- 428 27. Klein, Z.A. and R.D. Romeo, Changes in hypothalamic-pituitary-adrenal stress responsiveness before and after puberty in rats. *Hormones and Behavior*, **2013**. *64*(2): p. 357-
- 430 363.
- 431 28. Gilabert-Juan, J., et al., Reduced interneuronal dendritic arborization in CA1 but not in CA3 region of mice subjected to chronic mild stress. *Brain Behav.*, **2017**. *7*(2): p. 7.
- 433 29. Ghosal, S., B.D. Hare, and R.S. Duman, Prefrontal cortex GABAergic deficits and circuit
- dysfunction in the pathophysiology and treatment of chronic stress and depression. Curr.
- 435 Opin. Behav. Sci., 2017. 14: p. 1-8.
- 436 30. Oitzl, M.S., et al., Brain development under stress: Hypotheses of glucocorticoid actions revisited. *Neuroscience and Biobehavioral Reviews*, **2010**. 34(6): p. 853-866.
- 438 31. Zhu, Z.M., et al., GABAergic neurons in nucleus accumbens are correlated to resilience and vulnerability to chronic stress for major depression. *Oncotarget*, **2017**. *8*(22): p. 35933-35945.
- 440 32. Pillai, A.G., et al., Early life stress determines the effects of glucocorticoids and stress on
- hippocampal function: Electrophysiological and behavioral evidence respectively.
- 442 *Neuropharmacology,* **2018**. 133: p. 307-318.
- Schroeder, A., et al., Gene-environment interaction of reelin and stress in cognitive behaviours in mice: Implications for schizophrenia. *Behav Brain Res*, **2015**. 3(15): p. 00235-1.
- 445 34. Lussier, A.L., et al., Reelin as a putative vulnerability factor for depression: Examining the
- depressogenic effects of repeated corticosterone in heterozygous reeler mice.
- 447 *Neuropharmacology*, **2011**. *60*(7-8): p. 1064-1074.
- 448 35. Goel, N., et al., Sex differences in the HPA axis. *Comprehensive Physiology*, **2014**. 4(3): p. 1121-449 55.
- 450 36. Buret, L. and M. van den Buuse, Corticosterone treatment during adolescence induces down-
- regulation of reelin and NMDA receptor subunit GLUN2C expression only in male mice:
- implications for schizophrenia. *Int J Neuropsychopharmacol*, **2014**. 21: p. 1-12.

- 453 37. Klug, M., et al., Long-term behavioral and NMDA receptor effects of young-adult corticosterone treatment in BDNF heterozygous mice. *Neurobiol. Dis.*, **2012**. 46(3): p. 722-731.
- 455 38. Herz, J. and Y. Chen, Reelin, lipoprotein receptors and synaptic plasticity. *Nature Reviews*456 *Neuroscience*, **2006**. *7*(11): p. 850-859.
- 457 39. Karatsoreos, I.N., et al., Endocrine and Physiological Changes in Response to Chronic Corticosterone: A Potential Model of the Metabolic Syndrome in Mouse. *Endocrinology*, **2010**.
- 459 *151*(5): p. 2117-2127.
- 460 40. Notaras, M.J., et al., Interaction of reelin and stress on immobility in the forced swim test but
- 461 not dopamine-mediated locomotor hyperactivity or prepulse inhibition disruption:
- Relevance to psychotic and mood disorders. *Schizophr Res*, **2017**.
- 463 41. Hill, R.A., et al., Modulatory Effects of Sex Steroid Hormones on Brain-Derived Neurotrophic
- Factor-Tyrosine Kinase B Expression during Adolescent Development in C57Bl/6 Mice.
- 465 *Journal of Neuroendocrinology,* **2012**. 24(5): p. 774-788.
- 466 42. Touma, C., R. Palme, and N. Sachser, Analyzing corticosterone metabolites in fecal samples
- of mice: a noninvasive technique to monitor stress hormones. *Horm. Behav.*, **2004**. 45(1): p. 10-
- 468 22.
- 469 43. Thanos, P.K., et al., A Non-Invasive Method for Detecting the Metabolic Stress Response in
- Rodents: Characterization and Disruption of the Circadian Corticosterone Rhythm.
- 471 *Physiological Research*, **2009**. 58(2): p. 219-228.
- 472 44. Ninnes, C.E., et al., Comparing plasma and faecal measures of steroid hormones in Adelie
- penguins Pygoscelis adeliae. J. Comp. Physiol. B-Biochem. Syst. Environ. Physiol., 2010. 180(1):
- 474 p. 83-94.
- 475 45. Raps, D., P.L. Barthe, and Desaulle.Pa, Plasma and adrenal corticosterone levels during the
- different phases of the sexual cycle in normal female rats. *Experientia*, **1971**. 27(3): p. 339-&.
- 477 46. Gala, R.R. and U. Westphal, Corticosteroid-Binding Globulin in the Rat: Studies on the Sex
- 478 Difference. *Endocrinology*, **1965**. 77(5): p. 841-&.
- 479 47. Atkinson, H.C. and B.J. Waddell, Circadian variation in basal plasma corticosterone and
- 480 adrenocorticotropin in the rat: sexual dimorphism and changes across the estrous cycle.
- 481 Endocrinology, **1997**. 138(9): p. 3842-8.
- 482 48. Critchlow, V., et al., Sex difference in resting pituitary-adrenal function in rat American
- 483 *Journal of Physiology*, **1963**. 205(5): p. 807-&.
- 484 49. Chisari, A., et al., Sex and strain variability in the rat hypothalamo-pituitary-adrenal (HPA)
- axis function. *Journal of Endocrinological Investigation*, **1995**. 18(1): p. 25-33.
- 486 50. Griffin, A.C. and C.C. Whitacre, Sex and strain differences in the circadian rhythm fluctuation
- of endocrine and immune function in the rat: implications for rodent models of autoimmune
- 488 disease. *Journal of Neuroimmunology*, **1991**. 35(1-3): p. 53-64.
- Seale, J.V., et al., Gonadectomy reverses the sexually diergic patterns of circadian and stress-
- induced hypothalamic-pituitary-adrenal axis activity in male and female rats. Journal of
- 491 *Neuroendocrinology,* **2004**. *16*(6): p. 516-524.
- 492 52. Seale, J.V., et al., Gonadal steroid replacement reverses gonadectomy-induced changes in the
- 493 corticosterone pulse profile and stress-induced hypothalamic-pituitary-adrenal axis activity
- of male and female rats. *Journal of Neuroendocrinology*, **2004**. 16(12): p. 989-998.

- Gomez, F., S. Manalo, and M.F. Dallman, Androgen-sensitive changes in regulation of restraint-induced adrenocorticotropin secretion between early and late puberty in male rats.
- 497 Endocrinology, **2004**. 145(1): p. 59-70.
- 498 54. McCormick, C.M. and E. Mahoney, Persistent effects of prenatal, neonatal, or adult treatment with flutamide on the hypothalamic-pituitary-adrenal stress response of adult male rats.
- 500 Horm. Behav., **1999**. 35(1): p. 90-101.
- 501 55. Lesniewska, B., M. Nowak, and L.K. Malendowicz, Sex Differences in Adrenocortical Structure and Function. *Hormone and Metabolic Research*, **1990**. 22(7): p. 378-381.
- 503 56. Weiser, M.J. and R.J. Handa, Estrogen impairs glucocorticoid dependent negative feedback 504 on the hypothalamic-pituitary-adrenal axis via estrogen receptor alpha within the 505 hypothalamus. *Neuroscience*, **2009**. *159*(2): p. 883-895.
- 506 57. Weathington, J.M., A.R. Arnold, and B.M. Cooke, Juvenile social subjugation induces a sex-507 specific pattern of anxiety and depression-like behaviors in adult rats. *Horm. Behav.*, **2012**. 508 *61*(1): p. 91-99.
- 509 58. De Kloet, E.R., et al., Brain corticosteroid receptor balance in health and disease. *Endocrine* 510 *Reviews*, **1998**. 19(3): p. 269-301.
- 511 59. Beato, M., Gene regulation by steroid hormones. *Cell*, **1989**. *56*(3): p. 335-44.
- 512 60. Wallace, A.D. and J.A. Cidlowski, Proteasome-mediated glucocorticoid receptor degradation
- restricts transcriptional signaling by glucocorticoids. *J. Biol. Chem.*, **2001**. 276(46): p. 42714-42721.
- 515 61. Cole, T.J., et al., Targeted disruption of the glucocorticoid receptor gene blocks adrenergic chromaffin cell development and severely retards lung maturation. *Genes Dev.*, **1995**. *9*(13): p. 1608-1621.
- 518 62. Zhang, Y., et al., An RNA-Sequencing Transcriptome and Splicing Database of Glia, Neurons, and Vascular Cells of the Cerebral Cortex. *Journal of Neuroscience*, **2014**. 34(36): p. 11929-11947.
- 520 63. Sivukhina, E., H.H. Schafer, and G.F. Jirikowski, Differences in colocalization of corticosteroid-binding globulin and glucocorticoid receptor immunoreactivity in the rat brain. *Ann. Anat.-Anat. Anz.*, **2013**. 195(3): p. 219-224.
- 523 64. Korn, M.J., Q.J. Mandle, and J.M. Parent, Conditional Disabled-1 Deletion in Mice Alters 524 Hippocampal Neurogenesis and Reduces Seizure Threshold. *Front. Neurosci.*, **2016**. *10*: p. 12.
- Warde-Farley, D., et al., The GeneMANIA prediction server: biological network integration for gene prioritization and predicting gene function. *Nucleic Acids Research*, **2010**. 38: p. W214-W220.
- Wedenoja, J., et al., Replication of linkage on chromosome 7q22 and association of the regional Reelin gene with working memory in schizophrenia families. *Mol. Psychiatr.*, **2008**. 13(7): p. 673-684.
- 531 67. Shifman, S., et al., Genome-wide association identifies a common variant in the reelin gene that increases the risk of schizophrenia only in women. *PLoS Genet*, **2008**. 4(2): p. 0040028.
- 533 68. Saito, M., et al., Acute effect of corticosterone on NMDA receptor-mediated Ca2+elevation in mouse hippocampal slices. *European Biophysics Journal*, **2005**. 34(6): p. 817.
- 535 69. Zhang, Y.M., et al., Glucocorticoid acts on a putative G protein-coupled receptor to rapidly regulate the activity of NMDA receptors in hippocampal neurons. *Am. J. Physiol.-Endocrinol.*
- 537 *Metab.,* **2012**. 302(7): p. E747-E758.

#### Peer-reviewed version available at Brain Sci. 2018, 8, 118; doi:10.3390/brainsci8070118

- 538 70. van den Buuse, M., et al., Altered N-methyl-D-aspartate receptor function in reelin 539 heterozygous mice: male-female differences and comparison with dopaminergic activity. 540 *Prog Neuropsychopharmacol Biol Psychiatry*, **2012**. 37(2): p. 237-46.
- 541 71. Gorski, J.A., et al., Brain-derived neurotrophic factor is required for the maintenance of cortical dendrites. *Journal of Neuroscience*, **2003**. 23(17): p. 6856-6865.
- Huang, Z.J., et al., BDNF regulates the maturation of inhibition and the critical period of plasticity in mouse visual cortex. *Cell*, **1999**. *98*(6): p. 739-755.
- Costa, E., et al., Dendritic spine hypoplasticity and downregulation of reelin and GABAergic tone in schizophrenia vulnerability. *Neurobiol. Dis.*, **2001**. *8*(5): p. 723-742.
- 547 74. Filipovic, D., et al., The differential effects of acute vs. chronic stress and their combination on hippocampal parvalbumin and inducible heat shock protein 70 expression. *Neuroscience*, 549 **2013**. 236: p. 47-54.