

1 Article

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Micro-dumbbells – a versatile tool for optical 3 tweezers

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15 **Abstract:** Manipulation of micro- and nano-sized objects with optical tweezers is a well
16 established, albeit still evolving technique. While many objects can be trapped directly with
17 focused laser beam(s), for some applications indirect manipulation with tweezers-operated tools is
18 preferred. We introduce a simple, versatile micro-tool operated with holographic optical tweezers.
19 The 40 µm long dumbbell-shaped tool, fabricated with two-photon laser 3D photolithography has
20 two beads for efficient optical trapping and a probing spike on one end. We demonstrate fluids
21 viscosity measurements and vibration detection as examples of possible applications.22 **Keywords:** optical tweezers; optical trapping; viscosity; direct laser writing; 3D lithography;
23 two-photon polymerization; micro-tool

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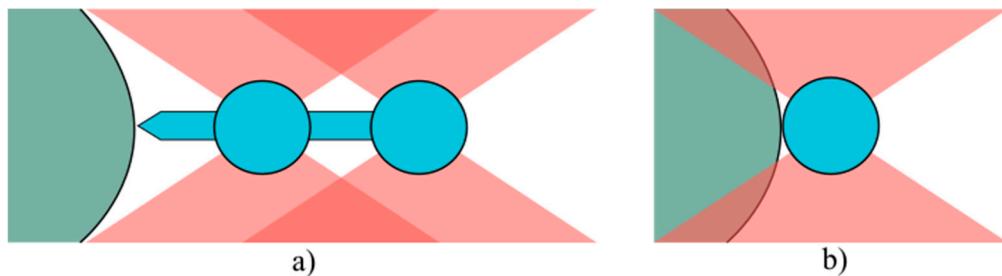
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1. Introduction

26 Optical tweezers use optical trapping to manipulate small objects in microscale. Tightly focused
27 laser beam becomes an optical trap – in the vicinity of the focus an interplay of attractive and
28 repulsive forces results in a trapping potential. Several requirements need to be fulfilled for an object
29 to be trapped. These include partial transparency, weak absorption at the trapping wavelength and
30 the refractive index exceeding the one of the surrounding medium. To circumvent these limitations,
31 instead of trapping the object itself, micro-tools can be held and operated by optical tweezers. Since
32 spherical shapes provide the most stable trapping, the so-called micro-beads of various sizes and
33 materials are employed to this end. They can be used as a probe [1], a handle [2] or a marker [3] and
34 their simple shape is both an advantage and a limitation. Various micro-tools have been
35 demonstrated [4-6] that expand the concept of optical trapping and manipulation beyond the
36 simplest micro-beads. Here we propose a new one: a micro-dumbbell, made of two connected beads
37 and a spike (Fig. 1a). Due to their simplicity micro-dumbbells can be manufactured in large volumes
38 with standard lithographic technique and their parts can be rescaled according to the specific needs.
39 The energy density of the focused trapping beam can be very high and may have uncontrolled
40 influence on the sample (Fig. 1b). The front spike enables exerting force on the objects under
41 examination (e.g. cells) without exposing them directly to the laser light. The micro-dumbbells are
42 controlled using the two beads trapped in laser beams. Since the entire trapping beams go through
43 these two beads, the measurement methods and data analysis is the same as in the case of a single
44 beam.

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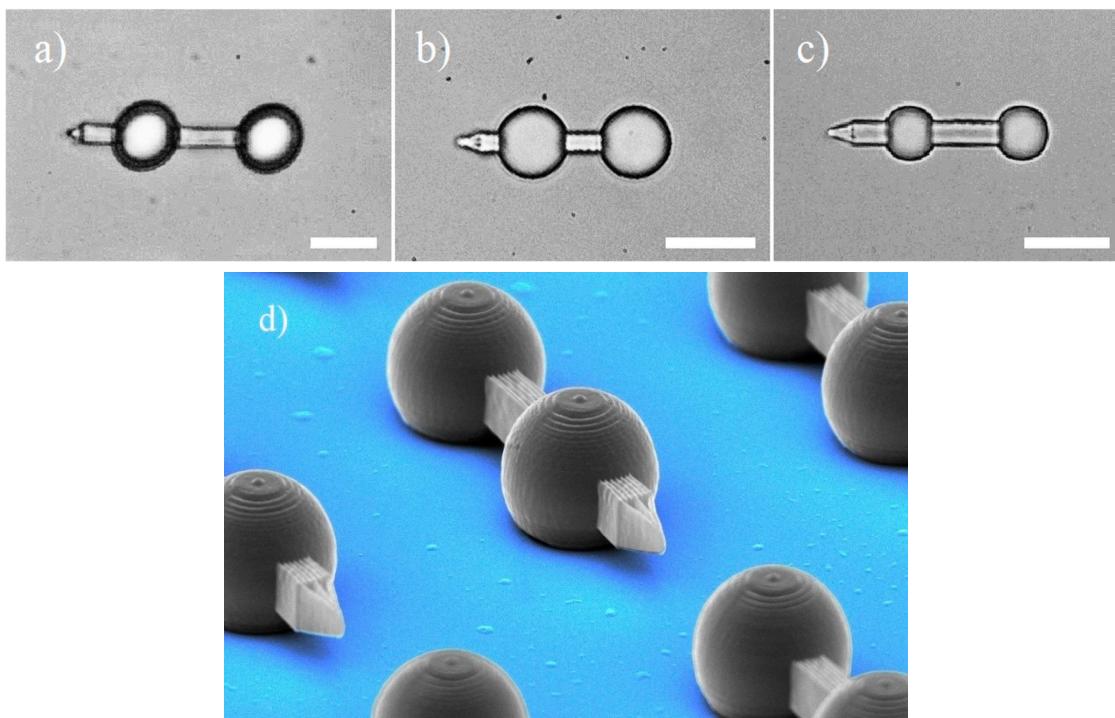
48 **Figure 1.** a) For probing with a micro-dumbbell, the examined object (green) is not exposed to the
 49 focused trapping beams, whereas for a single bead (b) a fraction of the beam illuminates the object
 50 and may cause unwanted effects.

51 **2. Materials and Methods**

52 **2.1. Optical micro-dumbbell**

53 A micro-dumbbell consists of two spherical beads with a bar between them and a spike on one
 54 end (Fig. 2). In Fig. 2a-c three different designs of the micro-tool are presented. They vary in the size
 55 of the bead, the overall proportions and the total length. All three types proved to work well, which
 56 indicates that the size of the tool can be adjusted to specific needs, with the limits imposed by the
 57 fabrication technology. The beads are trapped with optical trapping beams, one for each bead. Both
 58 traps have the same stiffness and the two beams are focused at the same depth in the specimen. By
 59 moving both traps simultaneously, the tool can be moved around and rotated in 3D space. Once
 60 trapped, the tool aligns itself in the horizontal position (i.e. parallel to the coverslips) and floats
 61 horizontally even in the absence of optical traps. That means that the trapping process is easy and
 62 keeping the tool in horizontal position requires no additional forces.

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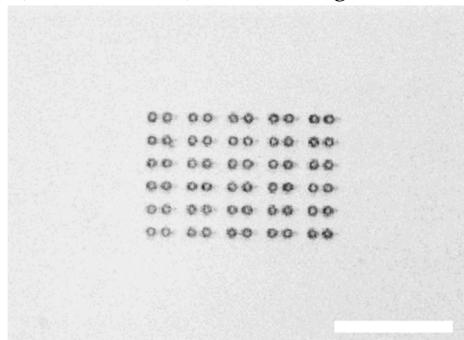
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66 **Figure 2.** Optical microscope images of three micro-tool designs with different bead diameters \varnothing and
 67 total lengths L; a) $\varnothing=10\mu\text{m}$, L=37 μm ; b) $\varnothing=8\mu\text{m}$, L=25 μm ; c) $\varnothing=6\mu\text{m}$, L=26 μm . Scale bars: 10 μm ; d)
 68 scanning electron microscope (SEM) image of the micro-tools on the glass substrate (with
 69 computer-added colors) shows the limits in resolution of the 3D laser photolithography.

70 The spike has two main features: due to the small area of its tip, the pressure exerted on objects
71 under study (e.g. erythrocyte membrane [7,8]) can be much higher than in the case of a single bead.
72 As the probing tip is at a distance from the trapping targets (the beads), the illumination of the object
73 under study can be reduced, which is important for highly absorbing and/or sensitive (e.g.
74 biological) specimen.

75 *2.2. Fabrication*

76 The tool shape was designed in a CAD software and the micro-dumbbells were manufactured
77 with 3-dimensional two-photon laser photolithography [9] (*Photonics Professional*, Nanoscribe) [10].
78 Several identical micro-tools were laser-printed in a UV-curable photoresist (IPL, Nanoscribe) on a
79 glass coverslip, the unsolidified resin was removed in the isopropyl alcohol and the plate was dried
80 with compressed nitrogen and air. A single sample contained a matrix of 20 to 30 dumbbells (Fig. 3).
81 Once the fabrication process was finished, the micro-tools remained attached to the substrate and
82 could be stored for a long time (a few months) before being used.



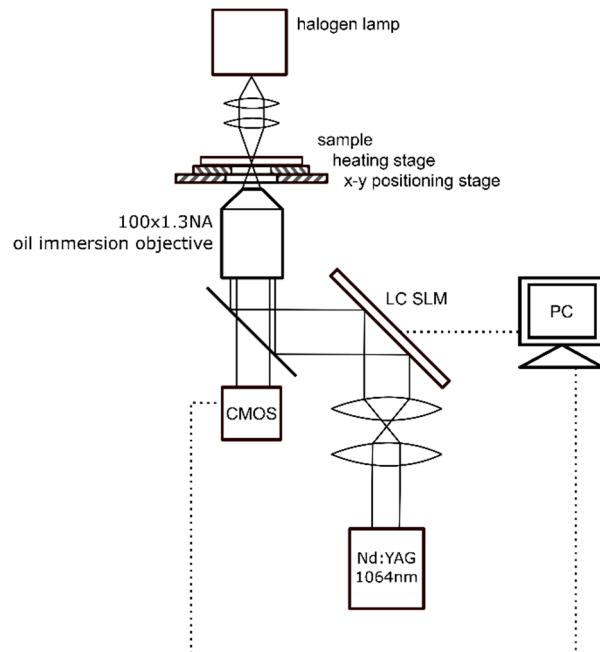
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84 **Figure 3.** Optical microscope photograph of an array of 30 micro-tools printed on a glass substrate
85 (microscope coverslip). Printing the entire matrix of micro-tools makes it easier to locate the tools on
86 the glass slide after they are detached and float in a water-filled chamber. Scale bar: 100 μ m.

87 The substrate glass coverslip (0.17 mm thickness) was first coated with a several hundred nanometer
88 thick layer of polyvinyl alcohol (PVA) that acts as a separation layer – once the micro-tools are
89 printed and a drop of water is deposited on the glass, the PVA layer dissolves, releasing the tools.
90 Very thin PVA layer guarantees low (below 0.1%) PVA concentration in water. Without the PVA
91 separation layer the tools can be detached mechanically from the glass surface with a needle tip, but
92 such operation provides little control and damages many of them.
93 Finally, a 1 mm high chamber was added on the glass plate and the micro-tools were sandwiched
94 between two coverslips, immersed in 20 μ l of water. As the separation between the coverslips (the
95 chamber height) was much larger than micro-tool size, the effects associated with the proximity of
96 the glass surfaces could be neglected.

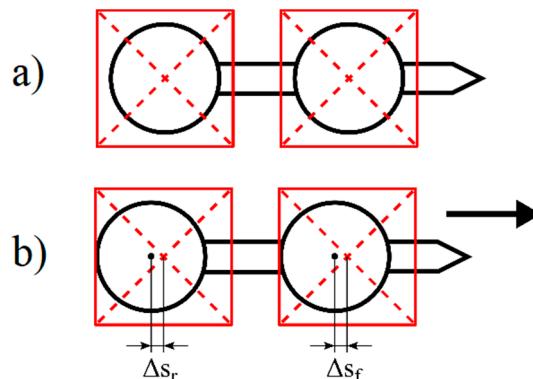
97 *2.3. Experimental setup*

98 The holographic optical tweezers setup [11] is schematically presented in Fig. 4. It is based on
99 the inverted microscope (Olympus IX71) and the Nd:YAG laser (1064 nm, 4 W, CW, Laser Quantum)
100 as a trapping source. The laser beam is collimated and illuminates an SLM matrix (Spatial Light
101 Modulator, HoloEye-Pluto). After reflection from the SLM, the beam is tightly focused with a
102 high-numerical aperture oil-immersion objective (100 \times , NA = 1.3, Olympus UPlanFL). The SLM acts
103 as a dynamic, programmable diffraction grating and generates two optical traps in a sample plane –
104 one for each bead of the micro-tool. A heating stage maintains the sample temperature, in particular
105 during the viscosity measurements. The microscope image is recorded with a CMOS camera
106 (Mikrotron Inspecta) working in a high-speed mode and the location of the traps as well as the
107 position of the trapped beads is registered and analyzed. The displacement between the trapped
108 bead and the trap centers (Δs in Fig. 5) is a measure of the external force acting upon the bead, and
109 can be used to determine e.g. the resistance of the medium.



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Figure 4. Schematic of the holographic optical tweezers setup.

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Figure 5. Trapped beads displacement with respect to the trapping laser beams. For a stationary tool (a), the trap centers (red squares) overlap with the centers of the beads. When the traps move and pull the tool, the displacements between the trapping beams and the beads centers Δs_f and Δs_r may be used to measure the drag forces.

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The micro-tool can be moved in liquid in two ways: either the trapping beams are moved by changing the hologram pattern displayed on the SLM or the laser beams are kept stationary and the chamber moves. The major disadvantage of the first approach stems from the limited response time of the liquid-crystal molecules in the SLM [12]. During the time needed for the molecules to rearrange, the SLM state and thus the trapping beam shape and position are, to a certain extent, random [13,14].

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The other method uses the microscope x-y translation stage, driven either manually or with a piezo-drive. Here the trapped tool motion is smoother, but the final velocity estimation is less accurate. In the following experiments the latter technique was used.

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3. Results

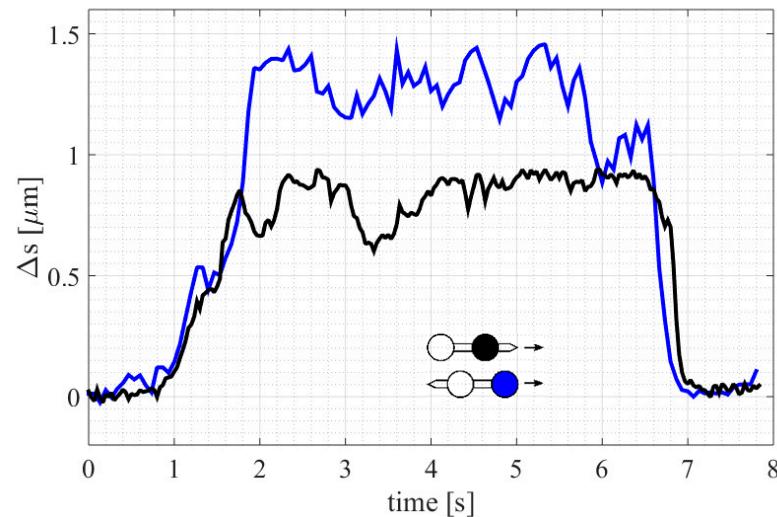
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3.1. Streamlined shape

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The first experiment looked into the dependence of the drag on the micro-tool motion direction. The displacements from the trap centers (Δs) of both beads were recorded for the 'forward' (spike in the front) and 'backward' (spike at the back) directions (Fig. 5). The results show that the

131 drag force exerted on the front bead increased more than twice in the second case. The streamlined
 132 shape of the dumbbell is effective in reducing the resistance of motion. One can conclude that
 133 adding a small spike in front of the bead (see Fig. 2) remarkably reduces the drag forces.

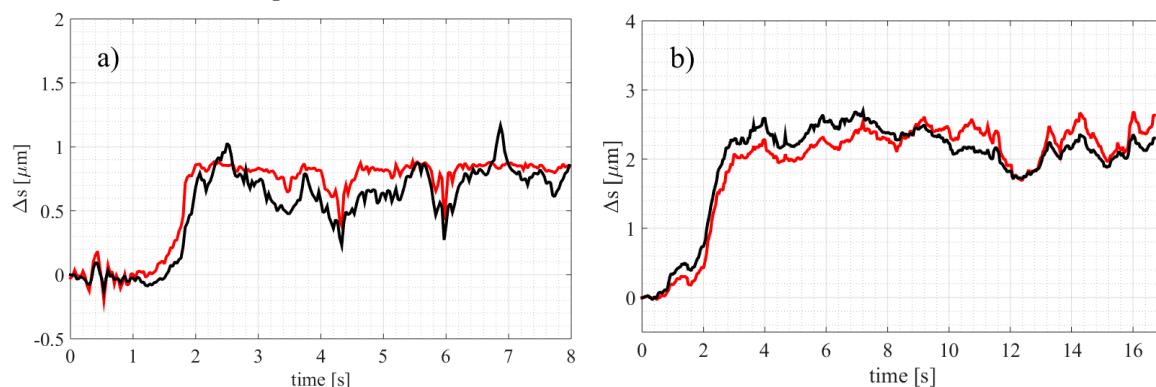


134

135 **Figure 6.** Drag force measurement for the micro-tool moving in two directions. Measured
 136 displacement of the front bead for the forward (black) and backward (blue) orientation of the tool.
 137 The tool velocity was increasing for the first 2 seconds, then kept constant and finally reduced to zero
 138 during the last 1.5 seconds.

139 *3.2. Fluid viscosity measurements*

140 The trapping beam - bead displacement can be used for fluid viscosity characterization. The
 141 procedure involves dragging the tool through the medium of an unknown viscosity and then
 142 through a reference medium. Water was used as a reference medium with the viscosity of
 143 0.853 mPa·s (27°C). The medium under examination was 20% glycerol solution (v/v) with the
 144 previously measured viscosity equal 1.64 mPa·s (27°C) [15]. Both beads were trapped and the
 145 micro-tool was set into motion with the maximum velocity for which the beads do not yet escape
 146 from the traps. This happens when the external force on the trapped object (in our case, the drag
 147 force) exceeds the trapping force. The trajectories of the beads for the reference and measured media
 148 are shown in Fig. 7. The mean displacement Δs in the 'plateau' regions is $\sim 0.8 \mu\text{m}$ for water and ~ 2.5
 149 μm for glycerol solution. This difference can be used to compare the two fluids' viscosities with only
 150 several microliters samples.

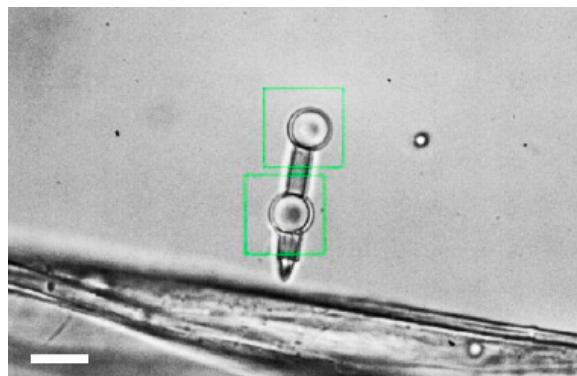


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152 **Figure 7.** Fluid viscosities can be compared by measuring the trapping beam - bead displacement in
 153 an accelerating tool. The displacements of the front (black) and rear (red) beads for the tool moving
 154 in water (a) and the 20% glycerol solution (b). At the beginning, the velocity increases (first 2 and 3
 155 seconds, respectively) and then remains constant.

156 3.3. *Vibrations detection and measurements*

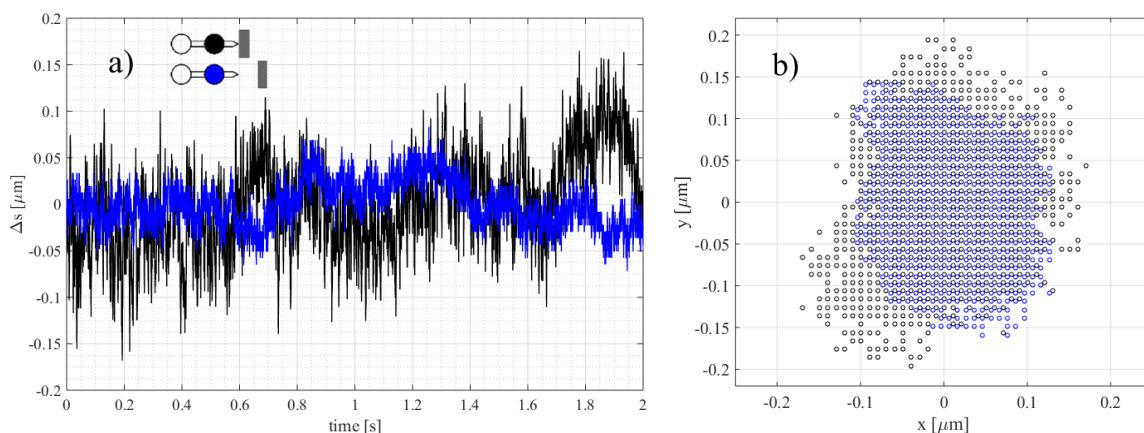
157 In this experiment the micro-tool was used to detect vibrations of a cotton fibers suspended in
 158 water. The tool spike was put in contact with a 20 μm diameter fiber (Fig. 8). There were three main
 159 factors affecting the motion of the objects in the sample. First, thermal noise of approximately
 160 uniform distribution (white noise). Second, mechanical vibrations, especially originating from the
 161 cooling system, i.e. the fan (~77 Hz). Third, the refresh rate of the SLM (60 Hz), accompanied by the
 162 so-called addressing rate - the liquid crystal molecules in the SLM are addressed at a number of
 163 refresh rates (120 Hz and overtones) [16,17]. The refresh and address rate are experienced only by
 164 the objects directly illuminated by the laser beam – in this experiment, the trapped micro-tool beads,
 165 but not the fiber.



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167 **Figure 8.** A micro-tool with the probing spike touching a cotton fiber. The thickness of the fiber is
 168 about 20 μm . Scale bar: 10 μm .

169 The position of the front bead was recorded with sampling rate of 5000 fps with the probing tip in
 170 contact with the fiber and then without. The trajectories for the two cases ('contact' and 'no contact')
 171 are presented in Fig. 9a. There is a visible difference in the amplitude of fluctuations for the two
 172 cases – when the probing tip was in contact with the fiber, the displacements of the bead were over
 173 twice as large as for the tool with no contact with the fiber.



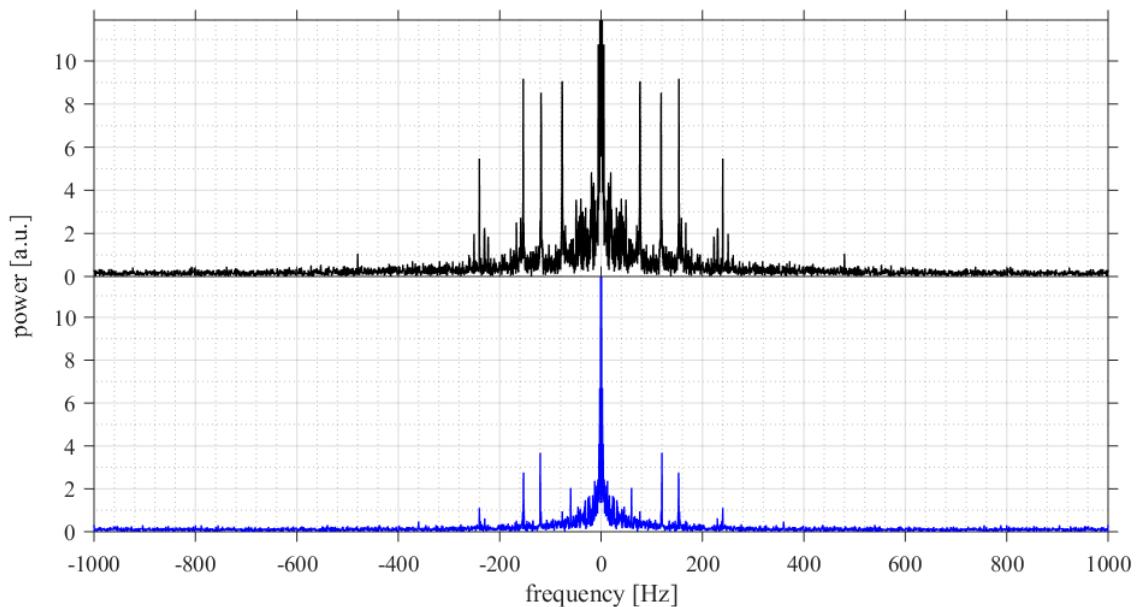
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175 **Figure 9.** Vibrations measurements in microscale. a) Displacement of the front bead for the trapped
 176 micro-tool in contact (black) and not in contact (blue) with the cotton fiber. The two measurements
 177 were performed in different two-second intervals and are presented on the same plot for
 178 comparison; b) corresponding position of the front bead in the x-y plane (the sample plane)
 179 measured every 2 ms. The alignment of the micro-dumbbell in the x-y plane corresponds to the one
 180 in Fig. 8.

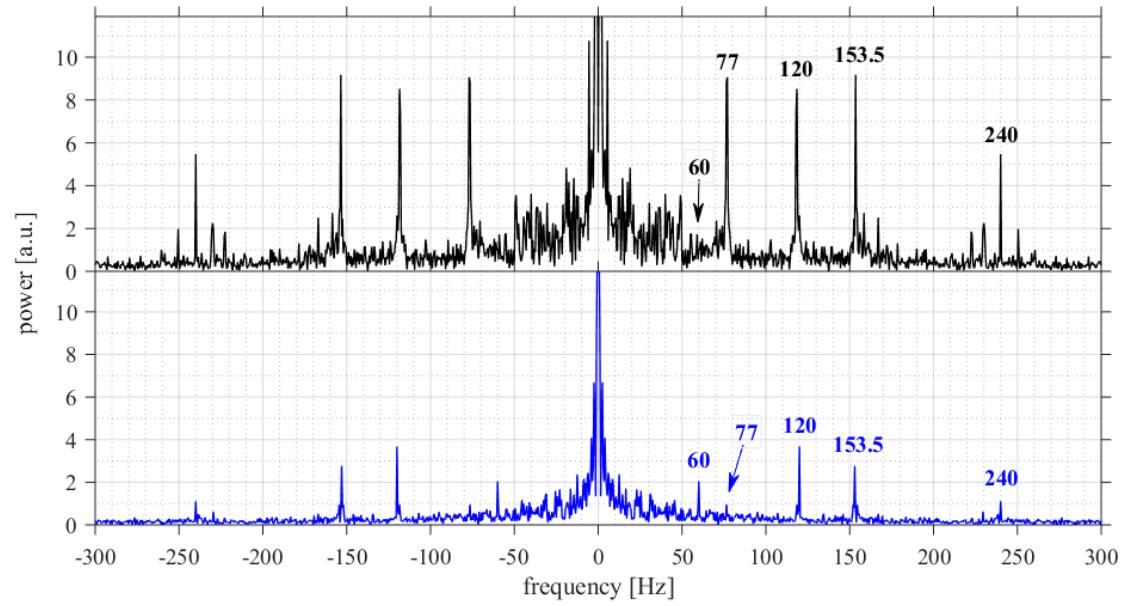
181 Fourier transform of the two recordings (Fig. 10) reveals another interesting feature. Although in
 182 both measurements some common frequency peaks were detected, for the tool in contact with the
 183 fiber their amplitude is larger and more overtones are visible. The 120 Hz and 240 Hz peaks are two

184 and almost six times larger, respectively. This effect is due to the nonzero force at which the tool is
 185 pushed against the fiber. As a result, the equilibrium state for the bead is off the trap center and the
 186 oscillation amplitude increases. This is also visible in Fig. 9b, where the positions of the front bead in
 187 the x-y plane (sample plane) are plotted for the two configurations. The circular pattern for the freely
 188 floating tool indicates the Brownian character of the bead motion. For the tool in contact with the
 189 fiber, the pattern is stretched along the line parallel to the tool axis.

190 Since the cotton fiber touches the microscope slide, the mechanical vibrations are transferred to it. In
 191 contrast, for the freely floating micro-tool these vibrations are damped by water. This results in the
 192 strong 77 Hz peak (the cooling fan frequency) being almost ten times weaker in the 'no contact'
 193 mode. Its first overtone, at around 154 Hz, is three times higher. Other low frequency peaks in the
 194 contact case result from unidentified sources of mechanical vibrations in the laboratory and its
 195 neighborhood.



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197

198 **Figure 10.** Fourier spectra of the two signals shown in fig. 8a, corresponding to the 'contact' (black)
 199 and 'no contact' (blue) cases. Main frequency peaks in the black plot are at 77, 120, 153.5, 240, 480 Hz.
 200 Main frequency peaks in the blue plot are at 60, 120, 153.5, 240 Hz. Sampling frequency was 5000 Hz,
 201 we show only the range of ± 1000 Hz in (a) and ± 300 Hz in (b) for clarity.

202 **4. Discussion**

203 We have designed, fabricated and characterized a micro-dumbbells tool operated with holographic
204 optical tweezers, bringing new possibilities to the optical manipulation in microscale. Due to the
205 simple design of our micro-tool, its oscillations as well as the force exerted on the spike can be
206 measured using the standard procedures for the polystyrene bead tracking [18-20]. Two applications
207 of the micro-tools were demonstrated: fluid viscosity characterization in a small volume sample and
208 detecting vibrations of micro-objects.

209 Tracing the tool position with sufficiently high sampling frequency and performing Fourier
210 transform of the data allowed us to detect several vibration modes of a cotton fiber suspended in
211 water. This technique can be directly adopted for self-vibrating specimen such as bacteria [21] or
212 yeast [22], as with the micro-dumbbells the measured object is not illuminated with the strong
213 trapping light beams. The sharp sensing spike can be used to exert high pressure, thus opening up a
214 way to determine elastic properties of micro-objects. However, for such applications an optical
215 tweezers with galvanic mirrors for beam steering, offering higher trap stiffness, are needed.
216

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220 **Author Contributions:** W.L. designed and performed the experiments, analyzed the data and wrote the
221 manuscript with support from J.M and P.W.; S.D. designed the experimental system and supported data
222 analysis; M.N. fabricated the micro-tools and prepared the SEM photograph, with contribution from P.W.; J.M.
223 supervised the project and contributed to the interpretation of the results.

224 Conceptualization, Weronika Lamperska and Jan Masajada; Formal analysis, Weronika Lamperska and
225 Sławomir Drobczyński; Investigation, Weronika Lamperska and Michał Nawrot; Methodology, Weronika
226 Lamperska and Jan Masajada; Resources, Piotr Wasylczyk; Software, Sławomir Drobczyński; Supervision, Jan
227 Masajada; Visualization, Weronika Lamperska, Michał Nawrot and Piotr Wasylczyk; Writing – original draft,
228 Weronika Lamperska; Writing – review & editing, Sławomir Drobczyński, Michał Nawrot, Piotr Wasylczyk
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231 design of the study; in the collection, analyses, or interpretation of data; in the writing of the manuscript, and in
232 the decision to publish the results.

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