Mycorrhiza Fungus *Rhizophagus intraradices* Mediates Drought Tolerance in *Eleusine coracana* Seedlings

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Abstract:

Under abiotic stress conditions, arbuscular mycorrhizal (AM) fungi help plants by improving nutrient and water uptake. Finger millet is an arid crop having soils with poor water holding capacity. Therefore, it is difficult for the plants to obtain water and mineral nutrients from the soil to sustain life. To understand the role of mycorrhizal symbiosis in water and mineral uptake from the soil, we studied the role of *Rhizophagus intraradices* colonization and its beneficial role for drought stress tolerance in finger millet seedling. Under severe drought stress condition, AM inoculation led to the significant increase in plant growth (7%), phosphorus, and chlorophyll content (29%). Also, the level of osmolytes including proline and soluble sugars were found in higher quantities in AM inoculated seedlings under drought stress. Under water stress, the lipid peroxidation in leaves of mycorrhized seedlings was reduced by 29%. The flavonoid content of roots in AM colonized seedlings was found 16% higher compared to the control, whereas the leaves were accumulated more phenol. Compared to the control, ascorbate level was found to be 25% higher in leaf tissue of AM inoculated seedlings. Moreover, glutathione (GSH) level was increased in mycorrhiza inoculated seedlings with a maximum increment of 182% under severe stress. The results demonstrated that AM provided drought tolerance to the finger millet seedlings through a stronger root system, greater photosynthetic efficiency, a more efficient antioxidant system and improved osmoregulation.

Key words: Finger millet, Mycorrhiza, Drought, ROS, Antioxidant

1. INTRODUCTION

Finger millet (*Eleusine coracana* L.) is grown worldwide in more than 4 m ha, and is the staple food for millions of people in less developed countries of Africa and Asia (1). It is rich in calcium, phosphorus, iron, and amino acids like -cysteine, tyrosine, tryptophan, and methionine
(2), which are crucial for human health. This plant is grown in semiarid and tropical regions where the soils are suffering from the deficiency of nutrients, low precipitation, high evapotranspiration rates and other restrictive environmental factors. Drought is one of the most challenging threat that may cause serious losses in crop yield, and by 2025 up to 30% of the global crop yield losses are expected due to drought (3). Drought conditions threat crop productivity with finger millet no exception to it, so there is an urgent need to find solutions which can provide an optimum yield under the drought stress.

Many studies have been focused to understand the molecular and physio-chemical mechanism of drought tolerance in crop plants. Under water stress, various biochemical reactions occur in plants like reduction in chlorophyll content and increase in the production of reactive oxygen species (ROS) (4). Like other environmental stresses, the homeostasis between production and detoxification of ROS in plants affect the development and growth under water stress (5). These irregularities cause several cellular damages such as oxidative damage of proteins, nucleic acids and lipids (6-7). Water limitation influence many physiological processes by altering the production and accumulation of secondary metabolites like phenols and flavonoids (8). These are efficient chain-breaking antioxidants that can inhibit lipid peroxidation and reduce oxidative damage during water stress and helps in scavenging of ROS (9).

Recently the use of arbuscular mycorrhiza (AM) has received increased attention in crop physiology, because mycorrhized plants are generally more tolerant to abiotic stresses than non-mycorrhized plants. AM symbiosis protects the host plants against the harmful effects through different physiological mechanisms of drought avoidance (10-11). Promotion of plant growth under stress is due to establishment of the extensive hyphal networks, secretion of biomolecules like glomalin for improving soil structure, and increasing water and nutrient uptake (12).
Moreover, due to the presence of extra radical mycelium (ERM) the plant can effectively absorb water from the tightly held soil water around the roots, thus increase the soil-root hydraulic conductance (13). Previous reports have suggested that the AM symbiosis can help plant to achieve drought tolerance due to physical, nutritional, physiological and cellular processes (14).

The effect of AM symbiosis for nutrient absorption and other growth parameters attributes in finger millet has been studied in recent past (15-16). But the studies to evaluate the AM symbiosis to mitigate abiotic stress in this millet crop are very less. In the previous study, plant growth promoting rhizobacteria (PGPR) and AM symbiosis was evaluated for reducing the effects of water stress (17). They found that the symbiosis of PGPR along with AMF has positive role on plant growth parameters during watered and water deficient conditions. But the underlying biochemical mechanism behind this association was not revealed, as only proline and superoxide dismutase (SOD) content were estimated. In the present study, we have evaluated the physiological and biochemical impacts of symbiotic association under drought in depth and reported here.

2. EXPERIMENTAL PROCEDURES

2.1 Plant material, soil and drought stress treatment

Finger millet seeds (cv. Ragi Korchara) were surface sterilized with 2% of sodium hypochlorite for 2 min followed by washing with sterilized distilled water for three times. The sterilized seeds were germinated in Petri plates containing sterilized wet filter paper with distilled water at 27±2°C. Three days old germinated seeds with uniform length of radical were transferred to pots (1.5 l size, 2 seedlings /pot) with the mixture of double autoclaved sand and soil in 1:1 proportion. The potting mixture was analysed for various soil parameters at Soil Testing Laboratory, IARI, New Delhi with standard established methods. The results of analysis showed that, it contained
0.10 % organic carbon (OC), 4.11 g kg$^{-1}$ of P and 18.57 g kg$^{-1}$ K, pH 8.33, electrical conductivity (EC) 0.34 ds/m, and field capacity (FC) of 33 %.

The seedlings with and without inoculation of AM fungus - *Rhizophagus intraradices* were exposed to drought stress conditions. For this, the starter culture of AM fungi was maintained and multiplied with maize seedlings in pots with autoclaved soil and sand in 1:1 ratio. The numbers of spores present in the inoculum were counted and 2 g of inoculum (50 spores g$^{-1}$) was used by making holes at the immediate vicinity of the germinated seeds. For control treatment, microbial wash from same quantity of inoculum was added, which was prepared by filtering AM inoculum through Whatman filter paper. Seedlings were grown in glass house under controlled conditions with 28 °C temperature, 16 h photoperiod (2500 lx) and 60–70 % relative humidity.

The experiment was carried out in a completely randomized design with three replications of each treatment.

Initially, the seedlings were irrigated with tap water to 100 % field capacity (FC) for one month. Later, water stress treatments were given by maintaining the soil water status to 100 % (well-watered), 60 % (mild stress) and 40 % (severe stress) of FC (18-19). To achieve the soil water status at 60 % and 40 % FC, pots were allowed to dry to reach the required level. During stress period of 10 days, the pots were weighed daily, and the amount of water lost by evapotranspiration replenished by re-watering. After 10 days of drought stress, seedlings were harvested by firmly shaking the pots to loosen the soil and then tilting the pots at < 45° of angle for smoothly pulling out the intact soil ball from the pots, without damaging the roots. For agronomical and biochemical estimation, treated and control samples were stored separately in plastic bags. The short duration storage was done at 4 °C for physiological observation, and for biochemical analysis the samples were stored at -80 °C.
2.2 Morphological parameters of finger millet seedlings

After drought treatment, randomly selected seedlings from each treatment were used to measure the plant height, number of leaves in plant and root length. Shoot and root dry weights of plant was estimated after drying at 75°C for 48 h in oven until a constant weight was obtained. Phosphorus content in seedlings of all the treatments was measured in oven dried samples (20).

2.3 Estimation of root colonization

Mycorrhizal colonization percentage in roots was measured according to the established method. Briefly, after washing with distilled water, roots were cleared in 5 % KOH solution at 95 °C for 1 h, and then treated with 5 % HCl for 10 min. The cleared roots were stained with 0.05 % Trypan blue-lactic acid solution (v/v). The colonization frequency was estimated by grid-line intersect method (21), and three replicates per treatment were used for the measurements.

2.4 Chlorophyll content in leaves

Chlorophyll content in the leaves was estimated by adding 0.1 g of finely chopped leaf samples in 7 ml of dimethyl sulfoxide (DMSO) followed by incubation in water-bath at 65°C for 30 min until green tissues turned colourless (22). The cooled samples were filtered, and volume was made up to 10 ml by adding more DMSO. After vortexing for few seconds, UV light absorption was measured using spectrophotometer (UV/Vis-1800, Shimadzu, Japan) at 645 and 663 nm. DMSO without any plant sample was used as a control. The amount of total chlorophyll present in DMSO extract was measured as mg chlorophyll g⁻¹ tissue according to the following formula (23).

\[
\text{Total Chl (g l⁻¹) = 0.0202} \times A_{645} + 0.00802 \times A_{663}
\]
2.5 Determination of proline content

The proline content in finger millet tissues was determined by previously described method (24-25). Briefly, for this 0.1 g of fresh plant tissue was homogenized in 1.5 ml of 3 % sulfosalicylic acid and centrifuged for 5 min at 13,000 rpm. The supernatant of around 300 μl was transferred into a new tube followed by the addition of 2 ml each of acid ninhydrin [1.25 g of ninhydrin in 20 ml of phosphoric acid (6M) and 30 ml of glacial acetic acid] and glacial acetic acid. The mixture was kept in water bath (100 °C) for 1h, and immediately cooled on ice. Toluene (1 ml) was added to the reaction and vigorously mixed for a few seconds. Toluene containing chromophore layer was removed from the aqueous phase and kept at room temperature. Absorbance of each sample was measured in spectrophotometer at 520 nm against Toluene blank. The standard curve was used to calculate the concentration of proline, with three independent replicates.

2.6 Estimation of total soluble sugar (TSS)

Total soluble sugars from the finger millet tissues were extracted and analysed according to the method reported earlier (26). In short, 0.1 g of tissue was homogenised in 2 ml of 80 % (v/v) ethanol, and vortexed for few seconds. The homogenates were allowed to stand at room temperature for 30 min and centrifuged at 10,000 rpm for 20 min. The resulted supernatants were stored at 4 °C until further analysis. Later, 5 ml of supernatant was mixed with 3 ml of freshly prepared anthrone reagent (200 mg anthrone, 100 ml of 72 % sulphuric acid), and followed by the incubation in the water bath at 100 °C for 10 min, after which the absorbance was measured at 620 nm. The TSS was determined using glucose as a standard and expressed as mg g⁻¹ fresh weight (FW) of plant tissue.
2.7 Measurement of lipid peroxidation

Measurement of lipid peroxidation was evaluated in terms of malondialdehyde (MDA) content as reported by Li et al. (27). The analysis contained 1.0 g of fresh grinded tissue mixed with 5 ml solution of 0.6 % TBA in 10 % Trichloroacetic acid (TCA). The mixture was subsequently centrifuged at 12,000 rpm for 20 min, and 2 ml of the resultant supernatant was supplemented with 2 ml of 0.6 % thiobarbituric acid (TBA) in 10 % TCA. The reaction was incubated in boiling water for 15 min, and then quickly cooled on ice. Afterward it was centrifuged at 12,000 rpm for 10 min again, and the absorbance of the supernatant was measured at 450, 532 and 600 nm.

The MDA content was calculated on a fresh weight bases using the below mentioned formula

$$\mu M \text{ MDA g}^{-1}\text{ of FW} = 6.45 \times (\text{OD}_{532} - \text{OD}_{600}) - 0.56 \times \text{OD}_{450}.$$ 

2.8 Estimation of hydrogen peroxide content

Method suggested earlier was used for the estimation of hydrogen peroxide (H$_2$O$_2$) content (28). Briefly, 0.5 g of plant tissue was homogenized in 0.1% TCA, and homogenized mixture was centrifuged at 12000 rpm. Later, the reaction mixture containing 0.5 ml of 10 mM potassium phosphate buffer (pH 7.0) and 1 ml of potassium iodide solution were thoroughly mixed to 0.5 ml of the supernatant and absorbance was measured at 390 nm. A standard curve plotted using a known concentration of H$_2$O$_2$ was used to calculate the content of H$_2$O$_2$.

2.9 Estimation of antioxidant compounds - Glutathione, Ascorbate, Phenols, and Flavonoids

Glutathione (GSH) content was determined by following the method suggested in the previous report (29). Briefly, plant tissue (0.1 g) was homogenized in 1 ml of 5 % TCA under cold condition, and centrifuged at 10000 rpm for 10 min. 100 μl of the supernatant was made up to
1.0 ml with 100 mM potassium phosphate buffer (pH 7.0) and 2 ml of 5,5-dithio-bis-(2-nitrobenzoic acid) (DTNB) solution. The resultant mixture was vortexed thoroughly for few seconds and incubated for 10 min for colour development. The intensity of the yellow colour developed was measured at 412 nm with spectrophotometer. The values were expressed as nM GSH g\(^{-1}\) plant sample. GSH standards were prepared for concentrations ranging between 0 and 50 ng ml\(^{-1}\).

The amount of ascorbic acid (AsA) was determined from 0.25 g of fresh tissues that were crushed in 10 ml of 6 % TCA (30). The homogenised mixture was centrifuged for 10 min at 4\(^{\circ}\)C at 1000 rpm followed by the addition of 0.5 ml of 2 % dinitrophenyl hydrazine solution. A drop of thiourea solution (10 % thiourea in 70 % ethanol) was added to the mixture and boiled for 20 min. The resultant mixture was placed on ice to decrease the temperature to 25 \(^{\circ}\)C followed by the addition of 5 ml of 80 % sulphuric acid (v/v) under cold conditions. The absorbance was measured at 530 nm, and AsA content was estimated by comparing it with the standard curve prepared by a known standard of ascorbic acid.

For the estimation of phenols and flavonoid content in finger millet seedlings, fresh plant tissues were collected and dried at 25\(^{\circ}\)C in the dark. The dried tissues were grounded into fine powder. Out of this powdered tissue, 0.1 g was extracted in 10 ml methanol by shaking it overnight at room temperature, followed by sonication for 30 min. The resultant mixture was filtered, and filtrate was used for phenol and flavonoid estimation. For flavonoid estimation 500 μl of methanol extract was added to 0.5 ml of an 2% aluminium chloride solution in methanol (31). Incubation was done at room temperature for 60 min and absorbance was measured at 240 nm. The resulting yellow colour intensity indicated the presence of flavonoids. Standard curve plotted for solution of quercetin at varying concentrations (10, 20, 40, 80, and 160 μg ml\(^{-1}\)) was
used for quantification, and total flavonoid content was expressed as quercetin (mg g⁻¹ dry weight).

Total phenolic content was determined by Folin-Ciocalteu method (32). A 1.16 ml of distilled water and 100 μl of Folin-Ciocalteu reagent were added to 20 μl aliquot of methanol extract, followed by addition of 300 μl of 20% Na₂CO₃ solution. The mixture was kept in a shaking incubator at 40 °C for 30 min and its absorbance was measured at 760 nm. Gallic acid was used as a standard for the preparation calibration curve. Total phenolic contents were expressed as gallic acid (mg g⁻¹ dry weight).

2.10 Statistical analysis

All experiments were performed in triplicate (n=3) and were expressed as average ± standard deviation. The data was analysed using two-way analysis of variance (ANOVA), with inoculation treatment (with and without AM) and water level as source of variation. Duncan’s multiple range test (DMRT) was performed by SPSS software (33) for comparative analysis under all water levels in all treatments.

3. RESULTS

3.1 Effect of AM inoculation on morphological parameters and phosphorous uptake

To evaluate the response of finger millet seedlings to drought, the seedlings were subjected to well-watered (100 % FC), mild stress (60 % FC) and severe stress (40 % FC) condition for 10 days. It was found that length, fresh weight, and dry weight of shoot and root were reduced under soil moisture depletion under mycorrhized and non-mycorrhized conditions (Fig. 1). However, compared to the non-mycorrhized seedlings, the reduction rate of morphological characters was negligible in mycorrhiza inoculated seedlings. Seedlings height was also more in the case of AM inoculated plants i.e. 44, 40, and 38 cm (18, 11 and 7 % more than non-inoculated seedlings)
Mycorrhiza treated seedlings showed maximum increase in the fresh weight of shoot and root at 60 % FC (mild stress) i.e. 54.46 and 62 %, respectively compared to the control. Number of leaves was more in the cases of treated plants, and highest percent increase was also observed under mild stress i.e. 33 % more than control. Mycorrhizal colonization had significant effect on the root length under severe drought stress, that showed 15 % more root length compared to the non-mycorrhizal seedlings. Highest increase in shoot dry mass was observed under severe stress (40 % FC), and it was found to be 70 % more compared to the control seedlings (Table 1). The results indicated that mycorrhiza inoculum has improved the biomass, especially the root biomass under water stress. To analyse the representative nutrient status of the seedlings, the phosphorous content was estimated; and found that it was significantly higher in AM seedlings. The highest percent increase (44 %) was observed at 40 % FC (2.27 mg g\(^{-1}\) tissue) as compared to the control (1.57 mg g\(^{-1}\) tissue) (Table 1).

### 3.2 Mycorrhiza colonization of roots under water stress

In the present study, no colonization by mycorrhiza was observed in non-inoculated seedlings. In the inoculated seedlings, it was decreased with the aggravation of drought stress, and was 54, 48 and 25 % under well-watered, mild stress and severe stress, respectively (Table 1).

### 3.3 Chlorophyll content in seedlings under stress

AM inoculation was significantly increased the total chlorophyll content, even in drought stress. In AM-inoculated seedlings it was significantly more than un-inoculated seedlings, and highest increase observed at 100 % FC was 43 % (0.56 mg g\(^{-1}\) FW). During the severe stress at 40 % FC, the total chlorophyll in AM-inoculated seedlings was 29 % (0.31 mg g\(^{-1}\) FW) more than control (Fig. 2).

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(Table 1)
3.4 Effect of drought on biochemical parameters of finger millet

3.4.1 Proline content

Because of the drought treatment, proline content was found to be more in leaves of AM treated finger millet compared to the non-inoculated seedlings (Fig. 3A). No significant differences were observed between AM-inoculated and control seedlings under well-watered condition. But under severe stress condition, proline content was 27 µg g⁻¹ of fresh weight in AM inoculated seedlings, i.e. 13.71 % higher than control (24.14 µg g⁻¹ FW). We also found that root accumulated higher proline content compared to the leaves. In AM treated seedlings, proline content was significantly up-regulated under moderate and severe drought stresses, and highest concentration was found at 40 % FC i.e. 63.57 µg g⁻¹ of FW of root, whereas 33.55 µg g⁻¹ of FW in control (89.4 % more than control) (Fig. 3B).

3.4.2 Total soluble sugars (TSS) content

Our results indicated an increase in TSS content with the reduction in soil moisture in both the treatments (Fig. 3C and 3D). Soluble sugar level in leaves was more in AM-inoculated seedlings under both stresses, and higher content of TSS osmolyte was found in AM seedlings (173.73 mg g⁻¹ FW). The TSS osmolyte content in non-AM plants was found to be 158.93 mg g⁻¹ FW under severe stress (40 % FC). Soluble sugar concentration in the roots of AM seedlings was increased significantly under 60 and 40 % FC, which was 53 % (90.82 mg g⁻¹ of FW) and 34 % (93.37 mg g⁻¹ of FW) higher compared to the control (59.19 mg g⁻¹ of FW and 90.82 mg g⁻¹ of FW) (Fig 3D).

3.4.3 Malondialdehyde (MDA) content

To analyse lipid peroxidation, the MDA content was measured. In leaves, the inoculation of AM fungus was more persistent in improving plant membrane stability by decreasing the level of
MDA in finger millet under drought stress. Under severe stress condition, MDA content in leaves of AM treated seedlings was found to be less (44.66 nM g\(^{-1}\) FW) than non-AM (54 nM g\(^{-1}\) of FW), that indicated the presence of less oxidative damage due to the AM treatment. It showed a 22 % decrease of MDA in non-AM seedlings (Fig. 3E). In the cases of roots, MDA accumulation was higher compared to the leaf tissues. Higher MDA content was observed under 60 % and 40 % FC, and that was 18 % and 28 % more in non-AM plants compared to the mycorrhizal roots (Fig. 3F). These findings indicated that higher degree of oxidative stress was observed in control plants, and mycorrhiza helps in mitigating oxidative damage.

3.4.4 Hydrogen peroxide (H\(_2\)O\(_2\)) content

The H\(_2\)O\(_2\) content in finger millet tissues was increased in all the stress treatments, but we found that, in all the AM inoculated seedlings H\(_2\)O\(_2\) level was decreased significantly compared to the control. Highest H\(_2\)O\(_2\) content (0.59 µM g\(^{-1}\) of FW) was observed in non-AM plants under severe stress (40 % FC), whereas in AM treated plants it was found to be 0.50 µM g\(^{-1}\) of FW (Fig. 4A). In the case of roots, the level of H\(_2\)O\(_2\) followed the same trend of leaves, where AM inoculation showed its significant effect under both stress levels. Higher variation among the control and treated roots was seen at 40% FC, where AM- seedlings showed 16 % less H\(_2\)O\(_2\) accumulation than control (Fig.4B).

3.4.5 Ascorbate (AsA) and Glutathione (GSH) content

In the present study, ascorbate content (AsA) was found to be decreased with the increase in level of water stress, and AM inoculated plants had showed higher ascorbate content than control under all stress levels. In well-watered conditions, the differences in both non-mycorrhized and mycorrhized seedlings were non-significant, indicating nearly same ascorbate redox status (Fig. 4C). With the depletion of water content, AM fungus was more able to improve the ascorbate
showed a significant increase of 10% to 25% under 60% and 40% FC, respectively. Roots accumulated less ascorbate content compared to the leaf tissue and no significant changes were observed under mild and severe stress (Fig. 4D).

We also found that, GSH was highly affected by AM fungi; specially in the case of leaf tissue. It was increased in all drought stress treatments, but higher variation was found at 40% FC with a significant increase of 182% in AM inoculation (2.4 µM g⁻¹ FW) compared to control seedlings (0.85 µM g⁻¹ FW) (Fig.4D). Root accumulates significantly less amount of glutathione compared to the leaves, while the results were significant and in favour with the AM seedlings (Fig. 4E).

3.4.6 Phenol and flavonoid content

Total phenolic and flavonoid content were also assayed to understand the influence of water stress on secondary metabolites in finger millet seedlings. With the induced water stress, phenol level was increased in all the treatments (Fig.5A). No significant change was observed at 100% FC, but AM showed its significant influence on phenol accumulation in roots under mild stress (139 mg gallic acid g⁻¹ of DW), which was 13% more as compared to the non-AM seedlings. In the case of leaves under severe stress condition, mycorrhiza treatment was not effective in respect of increase in phenol content. Roots accumulated less phenol than leaf tissues; significant and high variation could be seen between roots of treated and control seedlings. High phenol content was observed in AM-inoculated roots under mild and severe stress (39.64 mg g⁻¹ of DW and 48.66 mg g⁻¹ of DW, respectively). The increase was 35% and 46% more compared to the control (Fig. 5B).

Total flavanoid content in the leaves and roots was also increased in both treatments with the reduction in soil moisture level. No significant difference was observed under well-watered
condition, but in the leaves of mycorrhizal treated seedlings, there was a 30% (0.025 mg g\(^{-1}\) of DW) and 50% (0.030 mg g\(^{-1}\) of DW) increase in flavonoid content compared to non-AM plant under mild (0.015 mg g\(^{-1}\) of DW) and severe stress (0.022 mg g\(^{-1}\) of DW) (Fig. 5C). Results also showed that finger millet roots accumulated more flavonoid than leaves (Fig. 5D). At 60% FC, flavonoid content in the AM-inoculated roots was nearly same as compared to the control, but under severe stress condition mycorrhiza showed a significant effect with 16.48% increase compared to the control.

4. DISCUSSION

Seedling stage is more sensitive to the drought stress than the subsequent ones. It severely limits the crop stand and subsequent yield of various crop plants. The aim of the present study was to evaluate the effect of mycorrhizal symbiosis during water stress on growth of finger millet seedlings. Avoidance and tolerance are the two main strategies through which mycorrhized plants cope up with abiotic stress (11). Extensive hyphal network makes it perfect drought avoider by maintaining an adequate hydration status inside the plant cell and promote the plant growth through enhanced absorption of nutrition’s from the soil (10). Along with this, the effect of AM on the stress tolerance has often been measured in terms of osmolyte, secondary metabolite accumulation and biomass production (34).

In the present study, AM symbiosis enhanced the growth and biomass of finger millet seedlings under water stress. Drought stress has reduced the shoot and root biomass of finger millet seedlings (both AM and non-AM seedlings). However, the length, fresh and dry weights of the roots and shoots in AM seedlings were found to be in treated plants under mild and severe drought stress. Similar results were previously reported in *Pistacia vera* L (35) and *Zea mays*
where AM fungi had enhanced the tolerance potential to the abiotic stresses by improving
the physiological parameters. Drought affects plant chlorophyll content, indicating a lower
photosynthetic capacity. But chlorophyll content in AM treated finger millet seedlings was more
by 23.68 % and 29.16 % under mild and severe stress condition, respectively. This indicated that
lesser damage to photosynthetic ability of finger millet was might be due to greater availability
of nutrient and water content from the soil through AM symbiosis. Similar results were also
reported in other crops under severe drought stress (37-38). We found enhanced accumulation of
phosphorous in mycorrhizal seedlings under well-watered and severe stress conditions, and
similar finding was previously observed in many other plant species (39).

Drought stress in finger millet seedlings significantly affected the mycorrhizal colonization.
Similar results have been reported in Helianthemum almeriense and Terfezia claveryi orchards
(40). The results have confirmed the hypothesis that after establishment of initial symbiosis of
AM with plant, water stress reduces the AM growth in the soil by inhibiting the spore
germination and spread of extra radical mycelium (ERM) through branching (41). The lesser the
photosynthetic efficiency in the host plant induced by drought stress, lesser the quantity of root
carbohydrates, and hence the rate of AM colonization (42-43).

Proline has been broadly considered as a drought-inducible metabolite with an osmoprotective
role. It has been reported that, accumulation and interaction of proline and soluble sugars
preserved a high antioxidant protection in leaves of Arabidopsis thaliana under drought stress
(44). As expected, we also found high proline content under drought stress. The higher proline
accumulation in AM treated finger millet root and leaf was more than that of non-AM plant
under severe stress and was in agreement with the previous findings (17). It was also found that
leaves have lower proline content as compare to roots, which might be probably because, its
synthesis occur in the shoots and then transported to the roots to maintain the growth at low water level (45).

Along with proline, soluble sugars also play an important role in protecting membrane integrity through osmotic adjustment (5). In our study, drought was found to increase the accumulation of soluble sugars more in the presence of AM compared to the control. Leaves in AM treated seedlings were accumulated more carbohydrate than roots and may be an outcome of the enhanced photosynthetic efficiency and the sink effect of fungal demand for sugars from leaves to roots (45-46).

We also found that AM inoculation resulted in reduced the lipid peroxidation and hydrogen peroxide concentration in seedlings under the drought stress. In roots, higher lipid peroxidation was observed under severe stress, and less MDA was accumulated in AM treated roots. Most of the studies have demonstrated that lipid peroxidation is a biomechanism of cellular damage in living organisms and can be used as an indicator of oxidative stress. The increase of MDA content in the leaves indicates that the bulk oxidative lipid synthesis was induced by drought, suggesting a close relationship between drought and oxidative stress (47-48).

Interestingly ascorbate protects the plant cell against oxidative damage by its ability to function as an electron donor in a broad range of enzymatic and non-enzymatic reactions (50). Both AsA and GSH participate in the AsA-GSH cycle and helps to neutralise H$_2$O$_2$ into water and oxygen (51). The H$_2$O$_2$ content was increased with drought in control seedlings, but in treated plants it was significantly reduced. The H$_2$O$_2$ content was highly affected at mild stress that shows 44 % less H$_2$O$_2$ content in AM seedlings than control. It was reported that AM symbiosis improve the response of plants to drought largely through the accumulation of the antioxidant compound like...
glutathione. The glutathione was found to be associated with a reduction in oxidative damage to membrane lipids and cellular H$_2$O$_2$ (11,52). On the other hand, ascorbate levels were less in the mycorrhizal plants compared to the non-mycorrhizal counterparts. Similar findings were found in the present study as well, where the leaves of AM inoculated finger millet had increased glutathione level in severe drought stress, and ascorbate levels were decreased in the mycorrhizal plants. This is in accordance with the previous reports in rice where antioxidant compound glutathione was higher in AM plants compared to the non-AM (53).

In our study, phenols and flavonoids content in finger millet leaves were increased during drought stress. High content of phenol and flavonoid was also observed in AM treated seedlings. Recent studies have shown that accumulation of phenols, flavonoids can significantly increase in the plants under mild drought stress (54). As ROS is highly responsible for oxidative burst in plant cell, prevention of ROS production is achieved by compounds such as phenolic, flavonoids, and antioxidants. The drought stress lead to enhancement of these metabolites in the seedlings.

5. CONCLUSION

From the results, we conclude that AM fungi symbiosis with the finger millet seedlings has improved it’s growth performance under drought stress. The beneficial effect of the AM symbiosis was linked to the effective osmotic adjustment mechanism by accumulation of proline and soluble sugars; along with soluble phenols and AsA–GSH cycle. The drought stress decreased the shoot and root yield, but enhanced the accumulation of phosphorus and water, which could help seedlings to cope up with the water stress conditions. Thus, the arbuscular mycorrhizal fungi *Rhizophagus intraradices* can be an efficient plant growth promoting fungi to enhance drought tolerance in finger millet seedlings. Further research on the molecular aspects of
this AM assisted drought tolerance can reveal more to understand the molecular basis of drought tolerance.

**AUTHOR CONTRIBUTIONS**

JT performed the experiments, NS performed data analysis and paper drafting; AKS, AV, and RNP designed the experiments, supervised the work and finalized the manuscript. All the authors have read the manuscript and provided comments.

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**Figure legends:**

**Fig.1** Effect of mycorrhiza on plant growth at 100% field capacity (A), 60% field capacity (B), and 40% field capacity (C); effect of different field capacity on root length of control (NM) plant (D) and root length of mycorrhizal (M) plants (E); microscopic images of stomata from leaves of finger millet control leaves in which stomata are open (F); closed stomata in leaves exposed to drought stress (G); trypan blue stained finger millet plant roots (a) spores; (b) arbuscules; and (c) intraradical hyphae (H).

**Fig.2** Effect of different soil water levels (100%, 60%, and 40% FC) and AM colonization on chlorophyll content in finger millet leaves. Values are the means of three replications ± SD. Mean with same letter are not significantly different (P < 0.05). Control (non-mycorrhizal NM) and treated (mycorrhizal M). FC: Field capacity, WW: well-watered, MS: mild-stress, and SS: severe-stress.

**Fig.3** Effect of water stress and AM on proline content in leaves (A) and roots (B), Total soluble sugars (TSS) leaves (C) and roots (D), Malondialdehyde (MDA) content in leaves (E), and root (F) in Finger millet seedlings. Values are the means of three replications ± SD. Mean with same letter are not significantly different (P < 0.05). Control (non-mycorrhizal NM) and treated (mycorrhizal M). FC: Field capacity, WW: well-watered, MS: mild-stress, and SS: severe-stress.

**Fig.4** Effect of drought stress on hydrogen peroxide (H$_2$O$_2$) content leaves (A) and roots (B), ascorbate-glutathione status in leaves (C) (E) and roots (D) (F) at different moisture levels (100%, 60%, and 40% field capacity (FC). Values are the means of three replications ± SD. Mean with same letter are not significantly different (P < 0.05). Control (non-mycorrhizal NM) and treated (mycorrhizal M). FC: Field capacity, WW: well-watered, MS: mild-stress, and SS: severe-stress.
**Fig.5** Effect of drought stress on antioxidant metabolites in finger millet total phenol in leaves (A) and roots (B), Total flavonoid in leaves (C) and roots (D) with and without AM inoculation. Values are the means of three replications ± SD. Mean with same letter are not significantly different (P < 0.05). FC: Field capacity, WW: well-watered, MS: mild-stress, and SS: severe-stress.
Fig. 2

The diagram shows the total chlorophyll (mg g⁻¹ FW) levels at different drought stress levels (FC %). The bars indicate the values for NM and M conditions.

- **NM**: Bars labeled with 'a', 'b', 'c', and 'd' indicate different levels of significance.
- **M**: Black bars indicate higher levels of chlorophyll compared to NM conditions.

The x-axis represents drought stress levels (100%, 60%, and 40% FC). The y-axis represents the total chlorophyll content.
Fig. 3

(A) Proline in leaves (μg g⁻¹ FW)

(B) Proline in roots (μg g⁻¹ FW)

(C) TSS in leaves (μg g⁻¹ of FW)

(D) TSS in roots (μg g⁻¹ of FW)

(E) MDA in leaves (nmol g⁻¹ FW)

(F) MDA in roots (nmol g⁻¹ FW)
AsA in roots ($\mu$M g$^{-1}$ FW)

Drought stress level (FC %)

Fig. 4
Fig. 5

(A) Total phenol in roots (mg GA g\(^{-1}\) DW) vs. Drought stress level (FC %)

(B) Total phenol in roots (mg GA g\(^{-1}\) DW) vs. Soil moisture level (FC %)

(C) Total flavanoid in leaves (mg QE g\(^{-1}\) DW) vs. Drought stress level (FC %)

(D) Total flavanoid in leaves (mg QE g\(^{-1}\) DW) vs. Soil moisture level (FC %)
Table 1: Effect of mycorrhiza on finger millet plant characteristics – shoot and root length, shoot and root fresh weight, shoot and root dry weight, number of leaves per plant, root colonization percentage (%) and phosphorus content, under different moisture regimes. Values are the means of three replications ± SD, and same letters indicate that means are not significantly different (P < 0.05). NM: non-inoculated control and M: inoculated with mycorrhiza, FC: Field capacity, WW: well-watered, MS: mild-stress, and SS: severe-stress.

<table>
<thead>
<tr>
<th>Drought Treatment</th>
<th>Fungal Inoculants</th>
<th>Shoot length (cm)</th>
<th>Root length (cm)</th>
<th>Shoot fresh weight (gm)</th>
<th>Shoot dry weight (gm)</th>
<th>Root fresh weight (gm)</th>
<th>Root dry weight (gm)</th>
<th>No. of Leaves/Plant</th>
<th>Phosphorus content (mg/g tissue)</th>
<th>Mycorrhizal Colonization (%)</th>
</tr>
</thead>
<tbody>
<tr>
<td>100 % FC (WW)</td>
<td>NM</td>
<td>37.6 ± 0.36a,b</td>
<td>17.9 ± 0.56c</td>
<td>1.98 ± 0.11b</td>
<td>0.20 ± 0.03b</td>
<td>0.18 ± 0.02b</td>
<td>0.036 ± 0.02b,c</td>
<td>7.3 ± 0.57b,c</td>
<td>3.66 ± 0.14c</td>
<td>0.00 ± 0.0a</td>
</tr>
<tr>
<td></td>
<td>M</td>
<td>44.7 ± 2.08d</td>
<td>20.6 ± 1.21d</td>
<td>2.76 ± 0.18c</td>
<td>0.29 ± 0.01c</td>
<td>0.28 ± 0.02c</td>
<td>0.049 ± 0.003c</td>
<td>9.3 ± 0.57d</td>
<td>4.29 ± 0.44d</td>
<td>54.0 ± 5.29c</td>
</tr>
<tr>
<td>60 % FC (MS)</td>
<td>NM</td>
<td>36.4 ± 0.81a,b</td>
<td>14.8 ± 0.47b</td>
<td>1.12 ± 0.13a</td>
<td>0.17 ± 0.03b</td>
<td>0.16 ± 0.01b</td>
<td>0.028 ± 0.004a,b</td>
<td>6.3 ± 0.57a</td>
<td>3.43 ± 0.20c</td>
<td>0.00 ± 0.0a</td>
</tr>
<tr>
<td></td>
<td>M</td>
<td>40.5 ± 1.46c</td>
<td>15.6 ± 1.28b</td>
<td>1.73 ± 0.28b</td>
<td>0.21 ± 0.03b</td>
<td>0.26 ± 0.01c</td>
<td>0.03 ± 0.001a,b,c</td>
<td>8.0 ± 1.0c</td>
<td>3.83 ± 0.08c</td>
<td>48.0 ± 8.0c</td>
</tr>
<tr>
<td>40 % FC (SS)</td>
<td>NM</td>
<td>36.0 ± 1.25a</td>
<td>12.1 ± 0.66a</td>
<td>0.90 ± 0.24a</td>
<td>0.10 ± 0.02a</td>
<td>0.13 ± 0.02a</td>
<td>0.015 ± 0.002a</td>
<td>5.3 ± 0.57a</td>
<td>1.57 ± 0.29a</td>
<td>0.00 ± 0.0a</td>
</tr>
<tr>
<td></td>
<td>M</td>
<td>38.7 ± 0.87b,c</td>
<td>14.0 ± 1.70a,b</td>
<td>1.15 ± 0.13a</td>
<td>0.17 ± 0.03b</td>
<td>0.17 ± 0.02b</td>
<td>0.018 ± 0.003a,b</td>
<td>6.6 ± 0.57b</td>
<td>2.27 ± 0.24b</td>
<td>25.3 ± 4.93b</td>
</tr>
</tbody>
</table>