

1 Article

## 2 MCP-1/CCL2 in a Bulgarian cohort of children with 3 bronchial asthma and cystic fibrosis

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16

17 **Abstract:** C-C motif chemokine ligand 2 (CCL2), also called monocyte chemoattractant protein-1  
18 (MCP-1) is a key  $\beta$ -chemokine involved in the migration of monocytes and macrophages, playing  
19 a significant role in the inflammatory responses in the airways. We aimed to assess the serum  
20 levels of MCP-1/CCL2 in a pilot cross-sectional study of Bulgarian children with bronchial asthma  
21 (BA) and cystic fibrosis (CF). Forty-two children were recruited to the study as follows: twenty  
22 with BA, twelve with CF and ten healthy children. Serum MCP-1/CCL2 levels were measured  
23 using ELISA. We found higher serum level of MCP-1/CCL2 in children with BA ( $191.09 \pm 64.96$   
24 pg/ml) and CF ( $258.51 \pm 76.45$  pg/ml) compared to healthy children ( $70.30 \pm 64.30$  pg/ml,  $p=0.022$ , and  
25  $p=0.068$ , respectively). Younger patients with BA had higher levels of MCP-1/CCL2, as well as  
26 children with CF, with levels decreasing gradually with age. We observed also higher levels of  
27 MCP-1/CCL2 in children with moderate to severe BA compared to mild BA. We documented the  
28 significantly higher level of MCP-1/CCL2 in children with these chronic pulmonary diseases than  
29 in healthy controls, which suggesting that investigation of serum MCP-1/CCL2 levels could turn  
30 out to be beneficial for the severity of the disease.

31 **Keywords:** monocyte chemoattractant protein-1; MCP-1; C-C motif chemokine ligand 2; CCL2;  
32 childhood asthma; bronchial asthma; severe asthma; cystic fibrosis; chronic obstructive pulmonary  
33 disease.

34

### 35 1. Introduction

36 Chemokines are immune chemoattractant mediators which are divided into four families  
37 depending on the number and spacing of the conserved cysteine residues in the N-terminal part of  
38 their protein molecule [1]. They exert their functions through the activation of G-protein-coupled  
39 receptors with one of their major roles to selectively direct immune cells, i.e., monocytes,  
40 neutrophils, and lymphocytes, from the blood stream across the vascular endothelium for routine  
41 immunological surveillance of tissues or in response to active inflammation – a process called  
42 chemotaxis [1].

43 C-C motif chemokine ligand 2 (CCL2), formally called monocyte chemoattractant protein-1  
44 (MCP-1) is a key  $\beta$ -chemokine involved in the migration of monocytes and macrophages, especially  
45 in the lungs [2]. Human MCP-1 is encoded on chromosome 17 and it is a 13 kDa protein comprised

46 of 76 amino acids [3]. The MCP family has at least four members: MCP-1, -2, -3, and -4, where the  
47 CCL2 is the first discovered human CC chemokine [1].

48 The major source of MCP-1/CCL2 is found to be monocyte and macrophages, but a variety of  
49 cell types could produce it, including endothelial, fibroblasts, epithelial, smooth muscle, mesangial,  
50 astrocytic, microglial cells, mesenchymal stem cells etc. [1]. The secretion of MCP-1/CCL2 could be  
51 constitutive or after induction by oxidative stress, cytokines, growth factors, etc. [1]. We have to  
52 mention also that several other chemokines are able to recruit monocytes in the inflamed tissues,  
53 such as RANTES (CCL5). Both MCP-1/CCL2 and its receptor CCR2 have been involved in various  
54 diseases [1,4]. One of them is bronchial asthma (BA) which is the most common chronic disease of  
55 childhood, as well as the most prevalent cause of hospital admission. Moreover, childhood BA  
56 incidence is on the increase throughout the last decades [5]. In general, chemokines have been  
57 demonstrated to participate in the induction of chronic inflammatory processes, as well as in the  
58 pathogenesis of acute asthma episodes. Furthermore, it has been suggested that chemokine  
59 production is related to the severity of asthmatic inflammation and reactive airway responses [6]. It  
60 is thought that MCP-1/CCL2 plays a significant role in allergic responses in the airways by inducing  
61 mast cell activation and the release of inflammatory mediators, such as leukotriene C<sub>4</sub>, which leads  
62 to airway hyper-responsiveness [6]. There is evidence also for the involvement of MCP-1/CCL2 in  
63 the conduction of normal/abnormal T-cell immune response [1]. It was previously demonstrated  
64 that different T cell subtypes actively participate in the BA pathogenesis [7].

65 In the context of cystic fibrosis (CF), the chronic host inflammatory response could be also  
66 associated with increased airway levels of chemoattractants leading to recruitment and activation of  
67 pro-inflammatory monocytes [2]. Nevertheless, CF patients often have a chronic *Pseudomonas*  
68 *aeruginosa* infection, leading to airway inflammation and remodeling, re-infection, chronic tissue  
69 damage and subsequent cicatrization [8].

70 However, there are few studies involving children with chronic obstructive pulmonary disease  
71 and chemokine levels. On this background, we aimed to assess the serum levels of MCP-1/CCL2 in  
72 a pilot cross-sectional study involving a Bulgarian cohort of children with BA and CF.

## 73 2. Materials and Methods

74 Forty-two children divided into the following groups: twenty with BA at mean age  $11 \pm 3$   
75 years, twelve with CF at mean age  $9 \pm 3$  years and ten healthy children at mean age  $9 \pm 2$  years were  
76 recruited to the study according to the following criteria: female and male patients from 1 to 18  
77 years of age, diagnosed with the specific condition according to the international criteria for  
78 diagnosis of BA and CF. Disease clinical severity was evaluated by a specialist and blood samples  
79 collected outside disease exacerbation within the past 30 days.

80 All subjects included in the study were informed about the purpose of the project and  
81 volunteered to participate. A written informed consent was obtained from parents/legal guardians.  
82 The study design was approved by the Ethical Committee of the Medical University of Sofia. The  
83 protocols from the Ethical Committee were included in the relevant projects/grants for the study  
84 (Project no. 289/2015, grant no. 54/2015; Project No: 270/2015).

85 The serum samples (2 ml) from each subject were collected using serum separator tubes,  
86 centrifuged in room temperature, and frozen at  $-80^{\circ}\text{C}$  before testing. MCP-1/CCL2 was measured  
87 using Human CCL2/MCP-1 DuoSet® ELISA, Development system, and DuoSet Ancillary Reagent  
88 Kit 2 (R&D Systems, Inc., USA & Canada). The analytical sensitivity of the detection assay was  
89 0.57-10 pg/ml. Firstly, we coated the clear microplates with the Human MCP-1 Capture Antibody  
90 overnight, then we washed and blocked them, and afterward, the ELISA was performed according  
91 to the manufacturer's protocol.

92 Statistical analysis was performed with the software package for statistical analysis (SPSS®,  
93 IBM 2009, version 19). We accepted the results for significant if  $p < 0.05$ .

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95

96 **3. Results**

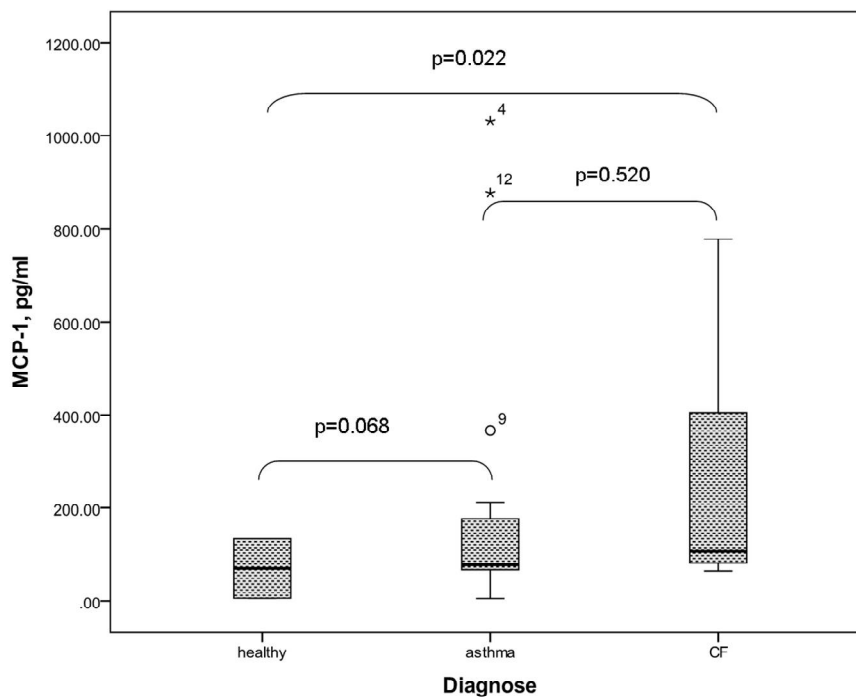
97 We found that the mean serum level of MCP-1/CCL2 in children with BA was  $191.09 \pm 64.96$   
 98 pg/ml and in children with CF –  $258.51 \pm 76.45$  pg/ml, whereas in healthy children the mean level  
 99 was  $70.30 \pm 64.30$  pg/ml (Table 1).

100 **Table 1.** Serum levels of MCP-1 (pg/ml) in the different studied groups of children.

	Children with BA	Children with CF	Healthy children
Mean	191.09	258.51	70.30
Standard error of the mean	64.96	76.45	64.30
Standard deviation	283.15	253.54	90.93
Range (Min – Max)	5.60 - 1032.50	64.30 – 777.20	6.00 – 134.60
Median	77.40	107.35	70.30
Interquartile range (25 <sup>th</sup> – 75 <sup>th</sup> percentile)	64.15 – 185.55	80.40 – 405.05	60.00 – 112.40

101

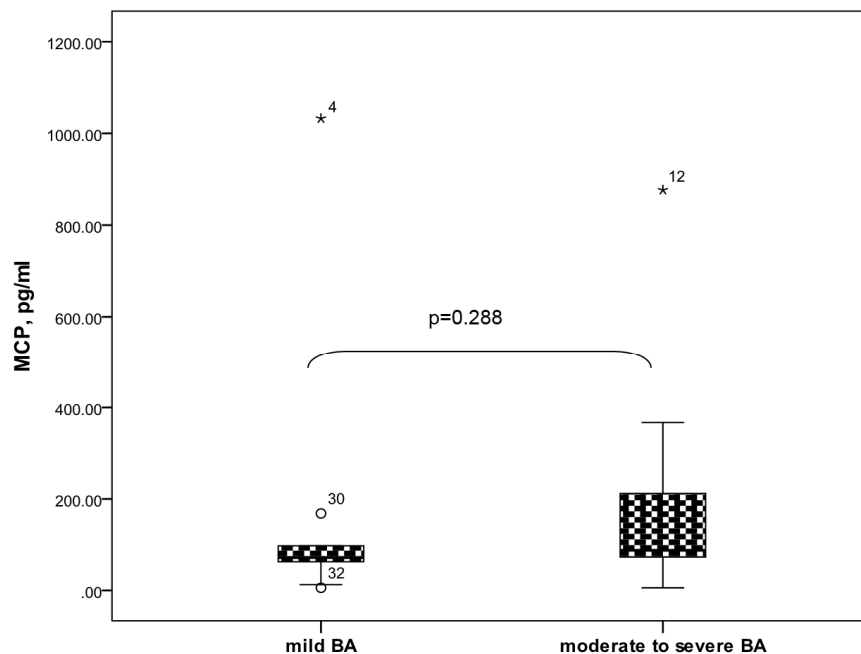
102 The difference found between patients with CF and healthy children was considered  
 103 significant ( $p=0.022$ ). Concerning the results in patients with BA versus healthy children, a clear  
 104 trend was observed without reaching significance in this sample size ( $p=0.068$ ) (Figure 1).



105 **Figure 1.** Serum levels of MCP-1/CCL2 in the different studied groups of children. The results are  
 106 presented as Median [IQR].

107 We did not find differences in MCP-1/CCL2 level regarding sex affiliation in each studied  
 108 group of children. According to age, we found higher levels of MCP-1/CCL2 in younger patients  
 109 with BA ( $185.47 \pm 106.81$  pg/ml in children below 10 years old vs.  $77.40 \pm 45.01$  pg/ml in children  
 110 above 11 years of age). Similarly, the serum MCP-1/CCL2 levels decreased gradually with age in  
 111 children with CF ( $405.05 \pm 117.34$  pg/ml,  $170.86 \pm 156.48$  pg/ml,  $98.12 \pm 39.11$  pg/ml, in the age range  
 112 below 5 years of age, 6-10 years, above 11 years, respectively). However, these differences did not  
 113 reach significance.

114 Dividing the children with BA into two groups regarding the severity of their asthma, we  
 115 observed higher MCP-1/CCL2 levels in children with moderate to severe compared to those with  
 116 mild asthma (203.64±81.56 pg/ml vs. 177.14±108.08 pg/ml). However, the difference could not reach  
 117 significance due to the small sample size (Figure 2).  
 118



119 **Figure 2.** Mean levels of MCP-1/CCL in BA children with moderate to severe and mild asthma.

120

#### 121 4. Discussion

122 In our pilot study, we assessed the serum levels of MCP-1/CCL2 in a Bulgarian cohort of  
 123 children with BA and CF, as well as in healthy children. We found a significantly higher level of  
 124 MCP-1/CCL2 in children with these two chronic pulmonary diseases than in healthy controls, with  
 125 the chemoattractant levels being demonstrated higher in CF than BA patients.

126 Dividing the BA children into two groups regarding the severity of their asthma, higher levels  
 127 were found in those children with moderate to severe disease compared to those having a milder  
 128 course of the asthma. These results are in confirmation with other authors, who documented  
 129 significantly higher serum levels of MCP-1 in children patients with an acute asthma attack than  
 130 levels during asymptomatic phases (682.88±88.45 pg/ml vs. 329.57±99.20 pg/ml,  $p<0.001$ ) [6].  
 131 Moreover, even in asymptomatic patients, the serum levels of MCP-1 were significantly higher than  
 132 MCP-1 serum levels in the control group (329.57±99.20 pg/ml vs. 213.63±77.29 pg/ml,  $p=0.007$ ) [6].  
 133 The observation that after treatment of the acute BA attacks, the serum levels of MCP-1 decreased  
 134 rapidly, allowed the authors to suggest that MCP-1 might play a key role in the asthmatic  
 135 inflammation and airway hyper responsiveness, and thus, in the acute asthma exacerbation  
 136 pathogenesis [6]. Our results regarding MCP-1 levels and the severity of the asthma are in line with  
 137 these considerations: children with moderate to severe asthma and poor disease control had higher  
 138 levels of MCP-1/CCL2.

139 Chen et al. further extend their research in BA treatment and found that the concentration of  
 140 MCP-1/CCL2 declined within 1 week after treatment but remained significantly higher than the  
 141 levels in the control group for up to 2 months post exacerbation. They conclude that even after  
 142 clinical manifestation had subsided, the ongoing airway inflammation is clearly demonstrated [6].  
 143 Cevit et al. and Hsieh et al. both reported increased chemokine production in BA patients which

144 decreased after successful immunotherapy [9,10]. All these studies, including ours, showed that  
145 investigation of MCP-1/CCL2 levels in BA children could be helpful for identifying those patients  
146 with systemic evidence of allergic inflammation, as well as for predicting the risk for exacerbations.

147 Other authors reported increased levels of MCP-1/CCL2 in the bronchial lavage of BA patients,  
148 which correlated with the serum levels [11]. However, since the bronchoscopy is an invasive and  
149 difficult method of examination, the serum testing of MCP-1/CCL2 should be preferable, especially  
150 in BA children.

151 However, Keszei et al. reported controversial results regarding MCP-1/CCL2 serum levels in  
152 BA children. They observed significantly lower concentrations in the BA than in the control  
153 children group ( $189 \pm 85$  pg/ml vs.  $315 \pm 106$  pg/ml, respectively;  $p < 0.0001$ ) [5]. We should  
154 emphasize, however, that the levels in their group of children with BA were similar to our BA  
155 patients ( $191.09 \pm 64.96$  pg/ml), which raises the doubt regarding the selection of the healthy children  
156 in their study.

157 Concerning the children with CF, we found the highest level of MCP-1/CCL2 ( $258.51 \pm 76.45$   
158 pg/ml). Rao et al. noticed increased CCL2, but not CX3CL1 in the airway and blood of CF patients  
159 [2]. The blood concentrations of CCL2 was increased in CF children compared with controls ( $1081$   
160 pg/ml vs.  $295.5$  pg/ml, respectively;  $p = 0.006$ ) [2]. They do not find an association of MCP-1/CCL2  
161 serum levels with age, whereas we observed gradual decreasing of the serum MCP-1/CCL2 levels  
162 with age in children with CF. In their study, there was no association between CCL2 and lung  
163 function in CF patients, including FEV1% predicted, clinical exacerbations, etc. [2]. Lacking such  
164 associations, however, does not exclude the major role of CCL2 in CF-associated lung damage.  
165 Moreover, tissue-damaging airway inflammation precedes changes in lung function [2]. McAllister  
166 et al. reported no increase in CCL2 levels during an exacerbation in CF patients [12].

167 In our study, due to the cross-sectional design we could not establish associations between  
168 MCP-1/CCL2 levels and clinical course of the BA and CF. Thus, more longitudinal studies are  
169 needed to provide information regarding the role of serum MCP-1/CCL2 as predicting the risk of  
170 exacerbations, long-term tissue damage and cicatrization, and for the follow-up of the patients.

## 171 5. Conclusions

172 We documented a significantly higher level of MCP-1/CCL2 in children suffering from two  
173 chronic pulmonary diseases, such as BA and CF than in healthy controls. Moreover, children with  
174 moderate to severe asthma showed higher levels of MCP-1/CCL2 compared to those with mild  
175 asthma, although not reaching statistical significance. Our observations suggest a pathway involved  
176 in the chronic lung inflammation and pathogenesis of BA and CF, through a selectively recruited  
177 monocytes, neutrophils, and lymphocytes in the lung tissues. Thus, we could recommend  
178 investigation of serum MCP-1/CCL2 levels as possibly beneficial in children with BA and CF, and  
179 suggestive for the severity of the disease.

180

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184 Perenovska, D. Miteva and G. Petrova selected, diagnosed and recruited the patients and healthy controls; T.  
185 Velikova and E. Krasimirova performed the testing; T. Velikova analysed and interpreted the data. T. Velikova  
186 and A. Valerieva have drafted the work; V. Dimitrov, M. Staevska, D. Kyurkchiev and G. Petrova  
187 substantively revised it. All authors has approved the submitted version..

188 **Conflicts of Interest:** The authors declare no conflict of interest. The founding sponsors had no role in the  
189 design of the study; in the collection, analyses, or interpretation of data; in the writing of the manuscript, and  
190 in the decision to publish the results.

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