

1 Article

2 Transformation to Conservation Agriculture shows 3 reduced soil CO₂ emissions and improved soil 4 aggregate stability in the first season in rain-fed areas 5 in India

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16

17 **Abstract:** Conservation Agriculture (CA) is capable of improving soil health and ecosystem functions.
18 Soil carbon sequestration is one of the ecosystem processes that is of importance in sustainable land
19 management involving reduction in greenhouse gas emissions and adaptation to climate change. In
20 this study, we wanted to determine, during the first year of the process of establishing a CA cropping
21 system in rain-fed areas in Madhya Pradesh state of India, which soil health indicators show measurable
22 signs of improvement. Four field trials were selected, each comprising two neighboring plots. One plot
23 (15×15 m) was managed conventionally under farmer practice and was tilled before sowing seeds, and
24 in the adjacent plot Conservation Agriculture practices were applied. No mineral fertilizers or pesticides
25 were applied in both treatments. Soil health indicators of soil aggregate stability, soil-atmosphere CO₂
26 fluxes, water infiltration, soil moisture, potentially mineralizable nitrogen, soil organic content and bulk
27 density were measured. Results demonstrate that soil CO₂ emissions in CA soils decreased and soil
28 aggregates stability improved in the first year. Generally, in CA soils, there were measurable
29 improvements in all soil health indicators but only some of them were statistically significant.

30

31 **Key words:** Conservation Agriculture, Greenhouse Gases, Soil Health

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33

34 1. Introduction

35

36 Soil organic matter has an important role in improving soil health and fertility. Tillage leads to
37 depletion of soil organic matter in agricultural soils compared with soils under natural vegetation. The
38 main reason for this loss is the increased rate of decomposition of soil organic matter. Also, tillage
39 removes plant residues from the soil surfaces and causes soil organisms to starve. Consequently, soil
40 structure and aggregate stability become weaker over time, increasing the risk and actual of soil erosion.
41 This loss process leads to decreases in soil water holding capacity, nutrient content, rainfall infiltration,
42 and leads to increased soil compaction and loss of soil biodiversity [1-4]. Conservation Agriculture (CA)
43 as a strategy in agricultural land management can improve soil health and biology [5, 6]. CA is an
44 agroecological approach to agricultural production based on three interlinked principles: a) no or
45 minimum mechanical soil disturbance, b) permanent soil cover by crop residues and cover crops, and
46 c) diversified cropping with annuals and perennials, including legumes, and involving rotations or
47 sequences or associations.

48
49 By applying these three principles through locally formulated practices, along with other good
50 agricultural practices, soils are able to recuperate over time from degradation and remain stable as in
51 natural ecosystems. The process of regeneration may take several years depending on the initial In CA
52 systems, soils are not disturbed mechanically except for opening a narrow slit and placing seeds or
53 fertilizers, and are protected by a layer of mulch from crop residues and cover crop biomass [7].
54 Diversified cropping provides a source and presence of biomass for the accumulation of soil organic
55 carbon [4]. Moreover, in CA systems, the decomposition rate of soil organic matter is reduced by soil
56 organic carbon becoming sequestered and included in soil aggregates due to low mechanical soil
57 disturbance [8]. Soil protection during dry seasons in semi-arid regions is particularly relevant and
58 necessary because it reduces soil erosion, water evaporation, surface crusting and temperature
59 fluctuations [9]. Soil aggregate stability is improved by increasing organic materials such as humified
60 organic matter, bacterial waste products, organic gels, fungal hyphae, especially mycorrhizae which
61 produces a cementing compound known as glomalin, and worm secretions and casts [10]. When the
62 soil is mechanically disturbed, micro-biota consume the young carbon pool through decomposition and
63 mineralization, depleting the major binding agents in macro and micro soil aggregates.

64
65 Soil mulch cover in CA systems protects soils and improves water capture and water use efficiency and
66 productivity through increased water infiltration and retention and reduction in evaporation from the
67 soil surface. This leads to reduced water runoff and soil erosion, and to higher soil moisture content.
68 This higher soil moisture level improves productivity especially in seasonally dry regions [11, 12]. This
69 is the results of three main processes: a) soil organic matters retaining water at lower moisture
70 potentials, b) the increased presence of soil organic matter and higher amount of water-stable soil
71 aggregates improves soil resistance against water and soil erosion [13], and c) water infiltration rate has
72 a direct relation with initial water content and soil pore volume. Distribution of soil porosity depends
73 on soil texture and structure, aggregate stability and soil organic matter [7]. Average aggregates size
74 changes with depth layer. For instance, average aggregate size increases with depth, in both grassland
75 and forest land use [14].

76
77 Tillage has a significant impact on CO₂ emission. Generally, it boosts the loss of soil organic carbon by
78 increasing its decomposition rate and through soil loss by soil erosion [15]. Moreover, in mechanized
79 systems, tillage is a high energy-consuming operation that needs a high amount of fossil fuel
80 consumption per hectare. Anthropogenic greenhouse gas (GHG) emissions have increased due to global
81 population and economic growth, but also because of conventional tillage-based agriculture. Thus,
82 there is a vital need to identify potential C sinks to store atmospheric CO₂ while at the same time
83 reducing the use of fossil fuel. Terrestrial ecosystems are considered to have a high sink potential for
84 carbon sequestration. When natural ecosystems such as grasslands or forests are converted to an
85 agricultural field, high amount of soil organic carbon is lost mainly in form of CO₂ [7, 16]. In contrast to
86 tillage-based agricultural systems, CA systems can increase both soil carbon sequestration and
87 production intensification, as well reduce fossil fuel requirement. Whereas, tillage over time can induce
88 losses of soil organic carbon content by 50% or more because of increases in aerobic processes of
89 microbial respiration [17]. Many studies have investigated the effects of conventional and CA systems
90 on soil carbon loss by soil respiration [6, 8-10, 12] and the results are equivocal. Many authors have
91 reported that CO₂ emissions are higher in conventional tillage agriculture compared to no-till CA
92 systems [18-20]. In CA systems, air diffusion into the soils and air-filled pores are reduced compared to
93 conventional tillage agriculture, causing low or minimum CO₂ emission [21]. On the other hand, in no-
94 tillage systems, soil CO₂ emission can increase due to increased soil water content in the soil surface
95 layers which can stimulate soil biological activity and CO₂ emission [1, 2].

96
97 The aim of the study reported in this paper was to detect measurable effects on soil health and CO₂
98 emissions in rain-fed areas in Madhya Pradesh, India, during the first year of the transformation process
99 of changing from tillage agriculture to CA. To transform a conventional tillage system to CA system

100 requires an initial rehabilitation phase of some five years, followed by a second phase of enhancement
101 of soil health and functions. Many studies have investigated the longer-term effects of CA
102 transformation but the effects of CA transformation in the initial years of implementation are not well
103 studied. For this reported study, on-farm field trails consisting of two neighboring fields were
104 established. One field was managed conventionally using farmer practice and the other with CA
105 practices.

106

107 **2. Materials and methods**

108

109 **2.1 Study area and treatment details:**

110

111 The study site was located in Madhya Pradesh state at Khandwa district in central India. The area is
112 under the monsoon environment with rainfall during the period of June to September followed by a
113 dry and cooler period until January. During the February to May period, temperature increase
114 considerably until the start of the monsoon rains. In Khandwa, the average annual temperature is 26.6
115 °C. In a year, the average rainfall is 932 mm. The driest month is February, with 2 mm of rain. The
116 greatest amount of precipitation occurs in July, with an average of 282 mm. The variation in
117 temperatures throughout the year is 14.5 °C [22].

118

119 Four on-farm field trials were established, each consisting of two neighboring plots. The distance
120 between sites was about 1 Km and plots were scattered across an area with about 1,000 ha of agricultural
121 land. One plot (15×15 m) per pair was selected randomly and managed conventionally with farmer
122 practice and tillage was applied to prepare the land for crop establishment. Farmers applied tillage
123 practices by hand or animal for more than 20 years in conventional plots and the plowing depth was
124 between 10-16 cm. Maize and gram (chick pea) were planted in last 20 years in the selected field trials.
125 In the adjacent plot, CA practices were applied. Soil surface was covered with plant residues (maize
126 and wheat leaves and stems) and no cover crops were planted. No-till seeding was carried out using a
127 jab-planter (dibbler, Khedut Agro Co., Gujarat, India) on May 18, 2014 to minimize soil disturbance. The
128 main crop in the Kharif (monsoon) season was maize, and for Rabi (dry) season gram was planted on
129 November 7, 2014. No mineral fertilizers or pesticides were applied to any of the treatments.

130

131

132 **2.2 Soil sampling:**

133

134 Each plot was uniform and flat and soil sampling was done using a grid. The field was divided into
135 cells by means of a coarse grid (50 × 50 cm). A horizontal coarse cell was selected in the top row and
136 kept the X coordinate the same but randomly select a new Y coordinate. The process was repeated for
137 all the coarse cells in the top row [23]. 2 to 3 cm of topsoil with coarse plant residues were removed and
138 soil samples in 10 cm depth were collected. Generally, 3 soil samples were taken in each plot (n=8) on
139 February 10, 2015 (268 days after sowing date). There were 4 blocks (4 field trials) consisting of two
140 neighboring plots (CA and Non-CA plots). The soil samples were placed in cold boxes and transported
141 to the laboratory within two hours.

142

143

144

145 **2.3 Soil texture:**

146

147 Soil texture has profound effect on soil behaviors such as ability to retain nutrients and water. Coarser
148 soils generally have a lesser ability to hold and retain nutrients and water than finer soils. Texture also
149 affects water permeability, and heavier finer soil can suffer from drainage problems, if soil structure is
150 poor. Soil texture is determined in order to characterize the particle size composition of the soil. To
151 determine soil moisture, 10 g of the soil samples (3 samples per plot), was dried in an oven at 60 °C and

152 then sieved with 2 mm mesh size and weight of the evaporated water from oven drying was calculated
 153 to determine soil texture, another subsample about 14 g (+/- 0.1g) of sieved soil was taken and added to
 154 a 50 ml centrifuge tube containing 42 ml of 3% soap (sodium hexametaphosphate) solution. This tube
 155 was placed on a shaker for 2 hours to fully disperse the soil into a suspension. In the next step, the entire
 156 content of the centrifuge tube was washed onto a 0.053 mm soil sieve assembly. The sieve assembly
 157 consisted of 0.053 mm sieve on top of a plastic funnel above a 600 ml beaker. Sand captured on top of
 158 the sieve was washed into a tared metal can and set aside. Silt and clay particles collected in the 600 ml
 159 beaker were re-suspended by stirring and allowed to settle for 2 hours. The clay in suspension was then
 160 carefully decanted. The settled silt at the bottom of the beaker was washed into a second tared can. Both
 161 tared cans (one containing the sand fraction and the other the silt fraction) were dried overnight at 105
 162 °C to constant weight before weighing [24]. Clay, silt and sand content were calculated as below:

$$164 \quad \text{Sand (\%)} = \text{dry wt sand (g)} / \text{dry wt (g) soil added to centrifuge tube}$$

$$165 \quad \text{Silt (\%)} = \text{dry wt silt (g)} / \text{dry wt (g) soil added to centrifuge tube}$$

$$166 \quad \text{Clay (\%)} = 100\% - \text{Sand (\%)} - \text{Silt (\%)}$$

168 **2.4 Aggregate stability:**

169
 170 Aggregate stability is a measure of the extent to which soil aggregates resist falling apart when wetted
 171 and hit by raindrops. It is related to soil structure stability and affects soil's load bearing capacity. In CA
 172 soils, aggregate stability improves with time as soil micro-biota and soil organic matter content
 173 increases. Aggregate stability can be measured using a rain simulation sprinkler that steadily rains on
 174 a sieve containing the known weight of soil aggregates between 0.5 mm and 2 mm. The unstable
 175 aggregates slake (fall apart) and pass through the sieve. The fraction of the soil that remains on the sieve
 176 is used to calculate the percent aggregate stability.

177
 178 Gugina *et al.* [25] protocol was used to measure aggregate stability. 10 g of the soil samples was oven-
 179 dried at 40 °C. Using stacked sieves of 2.0 mm and 0.25 mm with a catch pan, the dried soil was shaken
 180 for 10 seconds on a Tyler Coarse Sieve Shaker to separate it into different size fractions; small (0.25 - 2.0
 181 mm) and large (2.0 - 8.0 mm). Then a single layer of small aggregates (0.25 - 2.0 mm) was spread on a
 182 0.25 mm sieve (sieve diameter is 200 mm. Sieves are placed at a distance of 500 mm below a rainfall
 183 simulator, which delivers individual drops of 4.0 mm diameter. The test was run for 5 minutes and
 184 delivers 12.5 mm depth of water as drops to each sieve. This was equivalent to a heavy thunderstorm.
 185 A total of 0.74 J of energy thus impact each sieve over this 5 minute rainfall period. Since 0.164 mJ of
 186 energy was delivered for each 4.0 mm diameter, it can be calculated that 15 drops per second impact
 187 each sieve. The slaked soil material that fell through during the simulated rainfall event, and any stones
 188 that were remaining on the sieve were collected, dried and weighed, and the fraction of stable soil
 189 aggregates was calculated using the following equation:

$$191 \quad \text{WSA} = \text{Wstable} / \text{W total}$$

$$192 \quad \text{Wstable} = \text{Wtotal} - (\text{Wslaked} + \text{Wstones}) \quad [25]$$

193
 194 where W = weight (g) of stable soil aggregates (stable), total aggregates tested (total), aggregates slaked
 195 out of sieve (slaked), and stones retained on the sieve after the test (stones). Corrections were made for
 196 stones.

198 **2.5 Water infiltration:**

199
 200 Infiltration rate is a measure of how fast water enters the soil. Water entering too slowly may lead to
 201 waterlogging and ponding or to surface runoff and soil erosion. It is the downward entry of water into
 202 the soil. The velocity at which water enters the soil is the infiltration rate. Infiltration rate is typically

203 expressed in mm per hour. Water from rainfall or irrigation must first enter the soil for it to be of value
204 to the crop and to the catchment.

205
206 To measure water infiltration, a metal ring with 15 cm diameter was inserted about 20 cm vertically into
207 the soil by using a hammer. To minimize the disturbance to the soil surface inside and outside the ring
208 a block of wood was placed on top of the ring to avoid direct hammering to the ring. The ring was lined
209 with plastic wrap. As next step, the soil surface was lined inside the ring with a sheet of plastic wrap to
210 completely cover the soil and ring. This procedure prevented any disturbance to the soil surface when
211 adding water. The plastic bottle was filled with the 500 ml mark with distilled water and the 500 ml of
212 water was gently poured into the ring. Then the wrap was removed and time was recorded. Time-
213 keeping was stopped when the soil surface was just glistening. The infiltration test was repeated 3 times
214 in each plot in 3 different randomly selected spots. The test was done on February 12-14, 2015 (270-272
215 days after the sowing date)

216 217 **2.6 Bulk density:**

218
219 Bulk density is the weight of the soil in the given volume and it has a direct relation with soil aggregate
220 stability and pore space. In well-aggregated soils pore content is higher and bulk density is low. In our
221 study, bulk density was measured near (between 30 and 60 cm) the sites of the respiration measurement
222 and the infiltration tests on February 10, 2015 in 3 randomly selected spots in each plot. The ring was
223 driven into the soil using the hand sledge and block of wood. The ring with 12 cm diameter was inserted
224 about 8 cm into soils. Four measurements (evenly spaced) were taken of the height from the soil surface
225 to the top of the ring and the average was calculated. In the lab, the volume of the placed soil in the tube
226 was calculated. In the next step, samples were placed in a bag and labeled. The samples were
227 transported to the laboratory with as little touching as possible. In the lab, samples were weighed. To
228 calculate water content of the soils, two sub-samples (20 g) were oven-dried at 105 °C and water
229 content was calculated. Bulk density was calculated as below:

$$\begin{aligned} 230 \\ 231 \text{ Dry soil weight (g)} &= W_{\text{soil}} - W_{\text{ater}} \\ 232 \text{ Bulk density (g/cm}^3\text{)} &= \text{Dry soil weight (g)} / \text{Soil volume (cm}^3\text{)} \end{aligned}$$

233 234 **2.7 Potentially mineralizable nitrogen:**

235
236 Immediately after sampling, the mixed composite bulk soil sample (stored at 4°C) was sieved and two
237 8 gm soil samples were removed and placed in 50 ml centrifuge tubes. Then 40 ml of 2.0 M potassium
238 chloride (KCl) was added to one of the tubes, shaken on a mechanical shaker for 1 hour, centrifuged for
239 10 minutes, and then 20 ml of the supernatant was collected and analyzed for ammonium concentration
240 ("time 0" measurement).

241
242 In the next step, 10 ml of distilled water was added to the second tube, it was hand shaken and stored
243 (incubated) for 7 days at 30°C. After 7 days of anaerobic incubation, 30 ml of 2.67 M KCl was added to
244 the second tube (creating a 2.0 M solution), the tube was shaken on a mechanical shaker for 1 hour,
245 centrifuged for 10 minutes, and then 20 ml of the supernatant was collected and analyzed for
246 ammonium concentration ("time 7 days" measurement). The difference between the time 0 and time 7-
247 day ammonium concentration was the rate at which the soil microbes are able to mineralize organic
248 nitrogen in the soil sample.

249 250 251 252 **2.8 Soil organic matter content:**

253
 254 The percent of soil organic matter was measured using the method of weight loss on ignition. For this
 255 purpose, 10 g of soil sample was dried at 105°C to remove all soil water. The sample was then ashed for
 256 two hours at 500°C and the percent of weight loss was calculated. The % loss on ignition [26] was
 257 converted to % organic matter (OM) using the following equation:

$$258 \qquad \qquad \qquad \% \text{ OM} = (\% \text{ LOI} \times 0.7) - 0.23 \qquad \qquad [25]$$

261 2.9 Soil respiration rate:

262
 263 The Kirita [27] procedure of measuring soil respiration rate was followed. Three static chambers were
 264 inserted about 7 cm into the soils in each plot. In conventional agriculture treatment plots before placing
 265 the chambers between row spaces, soil was tilled up to 12 cm depth by a traditional animal-drawn
 266 wooden hoe plough. A sponge (11.6 cm in diameter, 2.5 cm in height) containing up to 25 ml of 2 N
 267 NaOH solution for a CO₂ absorbent was placed on a wire holder in a chamber (12.6 cm in diameter, 23
 268 cm in height). The chamber was quickly covered and tightly sealed with plastic tape. Measuring periods
 269 were normally 24 h to avoid any daily influence on the soil respiration estimate. After measuring, the
 270 NaOH solution was squeezed from the sponge, stored in a vial, and carried to the laboratory. A part of
 271 this solution (5.0 ml) was titrated with 0.2 N HCl using a titration device. This measurement was done
 272 in 3 randomly selected spots in each plot on February 10, 2015 (268 days after sowing date).

274 2.10 Statistical analysis:

275
 276 The unit of replication in the study was the field plot. We analyzed data in this study using one-way
 277 ANOVA with CA as a fixed effect and field blocks (n=4) as replicates in R 3.3.3. Effects with P<0.05 are
 278 referred to as significant, effects with P<0.1 as marginally significant.

279
 280 The relation between CO₂ emission, aggregate stability, soil organic content, water infiltration,
 281 potentially mineralizable nitrogen, and bulk density was tested by generalized linear models (GLM).
 282 For instance, we tested whether water infiltration rate can be influenced by soil aggregate stability or
 283 soil organic content. CO₂ emission data were log-transformed to meet the requirements of parametric
 284 statistical tests.

286 3. Results

288 3.1 Soil texture:

289
 290 Soils were mostly clay to sandy clay loam. Details for each plot are in Table.1

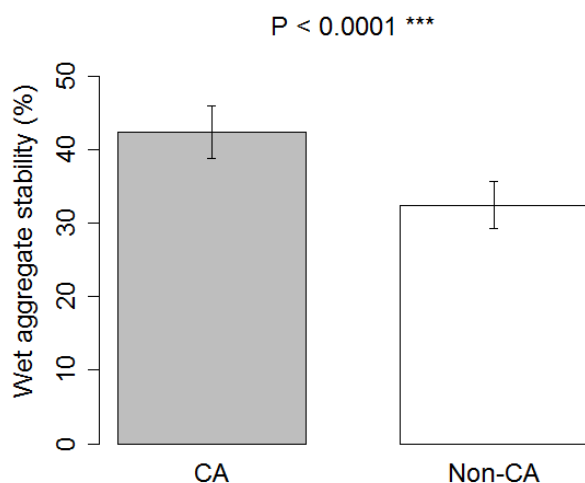
294 Table 1: Soil texture results for each plot

| <i>Plot number</i> | <i>Silt (%)</i> | <i>Sand (%)</i> | <i>Clay (%)</i> | <i>Soil texture</i> |
|--------------------|-----------------|-----------------|-----------------|------------------------|
| <i>Plot1</i> | 5.2 | 57.8 | 36.9 | <i>sandy clay loam</i> |
| <i>Plot2</i> | 4.8 | 34.8 | 60.6 | <i>Clay</i> |
| <i>Plot3</i> | 3.8 | 56.5 | 39.8 | <i>sandy clay</i> |
| <i>Plot4</i> | 3.8 | 41.0 | 55.2 | <i>Clay</i> |

295
 296

297 3.2 Soil aggregate stability:

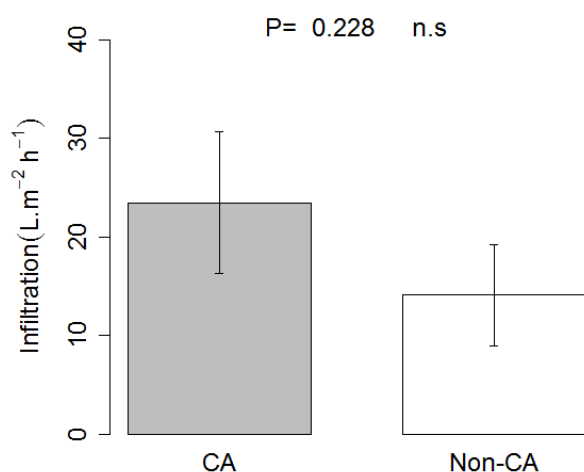
298
299 Soil aggregate stability was 30% higher in CA treatment compared with conventional agriculture
300 treatment. This elevation was statistically significant ($p < 0.0001$).
301



302
303 Figure 1: Wet aggregate stability in CA and traditional agriculture (Non-CA) treatments

304 3.3 Water infiltration:

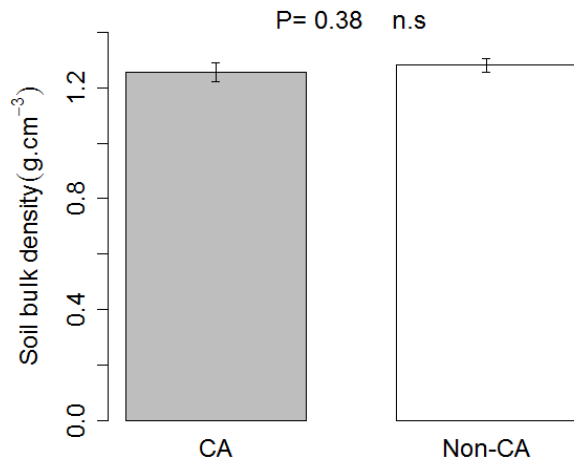
305
306 Infiltration rate was higher (64%) in plots with CA treatment but this difference was not statistically
307 significant ($p=0.228$).
308



309
310 Figure 2: Water infiltration in CA and traditional tillage agriculture (Non-CA) treatments

311 3.4 Bulk density:

312
313 Soil bulk density in CA plots was about 3% less than in conventional agriculture plots and this difference
314 was not statistically significant ($p=0.38$).



315

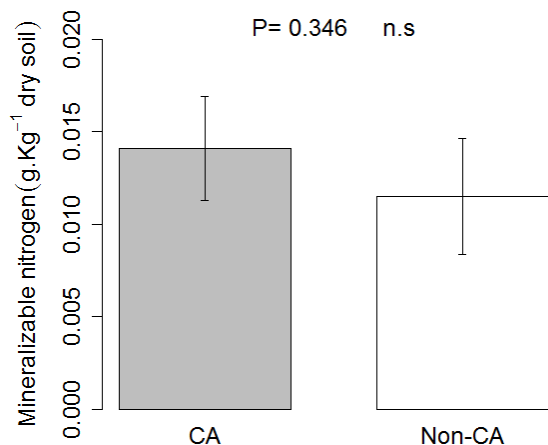
316 Figure 3: Soil bulk density in CA and traditional agriculture (Non-CA) treatments

317 **3.5 Potentially mineralizable nitrogen:**

318

319 Potentially mineralizable nitrogen in soils in CA plots was higher by about 27% than in soils in
320 conventional agriculture plots and this difference was not statistically significant (p=0.346).

321



322

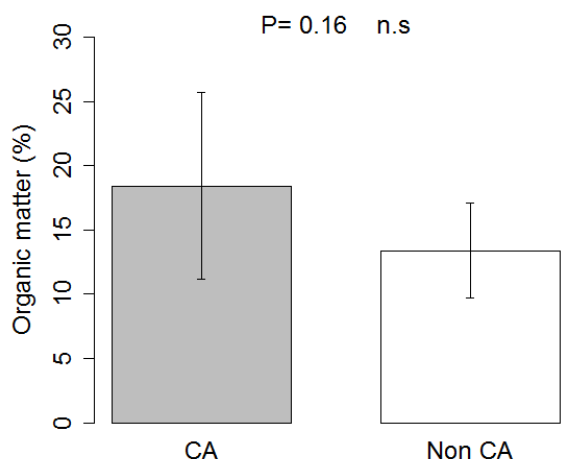
323 Figure 4: Potentially mineralizable nitrogen in CA and traditional agriculture (Non-CA) treatments

324 **3.6 Organic matter content:**

325

326 Organic matter content was higher in soils from CA plots by about 38% than soils from plots under
327 conventional agriculture but this elevation was not statistically significant (p=0.16).

328

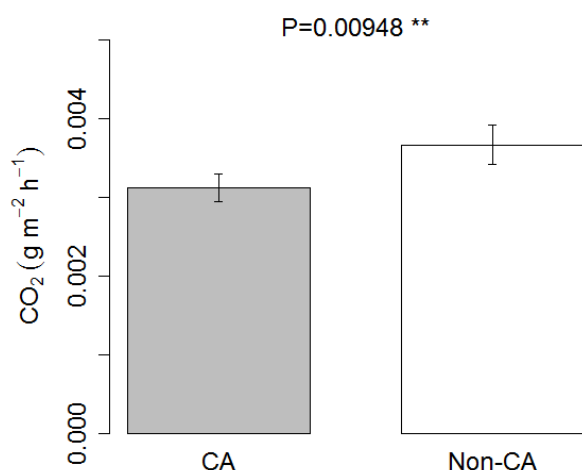


329
330 Figure 5: Organic matter content in CA and traditional agriculture (Non-CA) treatments

331 3.7 Soil respiration rate:

332
333 CO₂ emission in soils from conventional agriculture plots was about 16 % higher than that from soils
334 in CA plots and this difference was statistically significant (p=0.00948).

335



336
337 Figure 6: Soil respiration in CA and traditional agriculture (Non-CA) treatments

338 3.8 Interactions:

339
340 Generalized linear modelling (GLM) with quasipoisson error model was used to analyze the
341 interspecific relationships between water infiltration rate, CO₂ emission, soil organic content and soil
342 moisture. CO₂ emission and soil organic content decreased significantly by water infiltration rate
343 (F=14.1, P < 0.001, R²=0.34 and F=11.08, P < 0.001, R²= 0.26).

344

345 4. Discussion

346

347 CA practices of no-till and soil mulch cover began to show measurable difference in major soil health
348 indicators after the first Kharif season of the study. CO₂ emission and soil aggregate stability were
349 significantly higher in CA treatment plots, and all other soil health indicators such as soil organic
350 content, water infiltration, potentially mineralizable nitrogen, and bulk density showed an
351 improvement but the differences were not statistically significant. Soil moisture content in CA treatment

352 plots was about 9% greater than in plots under conventional agriculture treatment, but this difference
353 was not statistically significant.

354
355 CO₂ emission and soil organic content decreased by water infiltration rate. Water infiltration is related
356 to aggregate numbers in soils. In well-aggregated soils water storage and transmission is facilitated by
357 increased soil porosity. In addition, CO₂ emission resulting from decomposition is reduced due to soil
358 organic carbon inclusion in soil aggregates [15], although basal soil respiration can also be higher in
359 soils that are rich in microorganisms and organic matter compared with soils that are low in carbon and
360 microorganisms as is the case with regularly tilled soils. However, well-aggregated soils show higher
361 infiltration rate and low soil CO₂ emissions and soil organic content appear to be protected in soil
362 aggregates.

363
364 Tillage increases air diffusion into the deeper soil layers which leads to increase in organic matter
365 decomposition (similar to 'stocking the fire') leading to increased soil respiration and CO₂ emission. In
366 the study, respiration rate of soils in CA plots was significantly less than from soils in plots under
367 conventional agriculture. The results agreed with several other studies [2, 3, 12, 20] which have reported
368 that CA practices can decrease CO₂ emissions from soils and enhance their sink capacity for carbon. CA
369 practices increase micro and macro soil aggregate number and related soil quality aspects such as soil
370 structure and aeration, water infiltration and retention, and load bearing capacity. Maintenance of soil
371 mulch cover with biomass can improve carbon sequestration in the soil. Improved soil aggregate
372 stability also reduces soil respiration rates and CO₂ fluxes. Moreover, rhizodeposition of organic carbon
373 compounds by plant roots can increase soil carbon storage [3] that roots are a major source of carbon
374 for sequestration and can add to carbon stock as soil organic matter pool. Further, organic soil cover
375 and soil organic matter in CA makes higher nitrogen levels accessible to plant roots and thus over time
376 can lead to lower mineral fertilization requirements and N₂O emissions. Moreover, by using less fuel
377 energy input due to no-till seeding and weeding, CA systems can reduce CO₂ emissions further [15].

378
379 Results from soil aggregate test showed an improvement in soil aggregate stability in CA treatment as
380 has been shown in most studies [9, 15, 28]. Organic materials as a soil mulching substance or cover crops
381 as a source of biomass for soil cover in CA soils increases soil microbial activities. A Higher presence of
382 fungal hyphae, bacterial waste products, organic gels, worm secretions and casts in CA soils can
383 improve aggregate formation [10]. Yang *et. al* [29] have reported that microbial-derived carbohydrates
384 in silts and clay fractions in no-tilled soils were higher compared with conventionally tilled soils.
385 Arbuscular mycorrhizal fungi (AMF) play a key role in soil aggregate formation and stabilization by
386 a network around soil particles and the hyphal exudation as an aggregate binding agent called
387 glomalin. Glomalin acts as biological glue and bind soil particles into small aggregates and the
388 accumulation of glomalin in soils plays a pivotal role for the soil aggregate stability [30]. Aggregate
389 protection is important in land management in general. In soils where aggregates are mechanically
390 disrupted regularly, soil bacteria and fungi consume young carbon pool and consequently, the binding
391 agents that are produced by microorganisms, especially mycorrhiza, which hold soil mineral particles
392 together into micro and macro aggregates, are lost and the soils aggregates are dispersed. When
393 macropores are disrupted, carbon pool with soil cations creates cohesion forces that contribute to soil
394 compaction [7]. Land management under CA can affect soil organic matter accumulation. CA practices
395 as a sustainable land management system foster the buildup of new soil organic carbon by protecting
396 soil surface via plant residues or cover crops [4]. Further, decomposition rate and carbon loss have been
397 shown to be reduced by the inclusion of soil organic carbon in soil aggregates [8]. Soil organic content
398 accumulation in soils is a reversible process and even a single event of soil disturbance every growing
399 season may lead to substantial loss of soil carbon over the years. Stable soil aggregate formation in
400 conventional agricultural systems is inhibited by tillage-based agricultural practices [15]. Results
401 showed a similar pattern of increased soil organic matter in CA treatment as many other studies [1-4]
402 although the difference between non-CA treatment was not statistically significant.

403

404
405 Soil moisture content in CA soils was higher compared with tilled soils but this difference in the first
406 year of study was not statistically significant. Soil protection by the mulch layer decreases water
407 evaporation from the soil surface and over time improves rainfall infiltration and water retention.
408 Further, as soil erosion and runoff are decreased in CA fields, more available water can be accessible to
409 plants during the dry season [12]. Soil organic matter can improve these process in three different ways:
410 a) it absorbs water at lower moisture potentials, b) it fosters aggregate formation and enhances
411 resistance against water and wind erosions [13], and c) it fosters soil aggregate formation and improves
412 water infiltration rate [31].

413
414 Potentially mineralizable nitrogen was higher in CA soils in the study but the difference was not
415 statistically significant. Many studies have documented increased nutrient availability in CA soils [3, 6,
416 7, 13, 16]. N availability has a direct relation with carbon mineralization rate. In CA systems, N
417 availability can be low due to higher immobilization by plant residues, but the net immobilization rate
418 is higher and this temporary immobilization of N in CA systems over the long term decreases soil N
419 leaching and denitrification losses [32]. In addition, plant residues from leguminous cover crops provide
420 more carbon and nitrogen in soils under CA compared with soils under tillage systems.

421
422 Generally, in CA treatment plots, soil organic content, water infiltration rate, potentially mineralizable
423 nitrogen, and bulk density showed an improvement but the differences were not statistically significant.
424 None the less, the positive pattern in soil quality parameters is consistent with other studies [4, 7, 20,
425 31]. In these studies long-term effect of CA treatment were investigated. For instance, Thierfelder and
426 Wall [29] showed that after 4 years there was a significant improvement in water infiltration rate and
427 soil moisture content during the dry season in Zambia and Zimbabwe. Information on the effects of CA
428 treatment in the first year of conversion on the soil health indicators are rarely discussed in the research
429 literature. The results in this study confirm that it is possible already to detect in the first year of the
430 process of conversion to CA a measurable change in some of the soil health indicators.

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433 5. Concluding remarks

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444 6. Acknowledgment

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454 9. References

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