

1 *Review*

2 **Potassium: A vital regulator of plant responses and** 3 **tolerance to abiotic stresses**

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19 **Abstract:** Among the plant nutrients potassium (K) is one of the vital elements required for plant
20 growth and physiology. Potassium is not only a constituent of plant structure but also plays
21 regulatory function in several biochemical processes related to protein synthesis, carbohydrate
22 metabolism, enzyme activation. There are several physiological processes like stomatal regulation
23 and photosynthesis are dependent on K. In the recent decades K was found to provide abiotic
24 stress tolerance. Under salt stress, K helps in maintaining ion homeostasis and regulation of
25 osmotic balance. Under drought stress condition K regulates the stomatal opening and makes the
26 plants adaptive to water deficit. Many reports provided the notion that K enhances the antioxidant
27 defense in plants and therefore, protects the plants from oxidative stress under various
28 environmental adversities. Also, it provides some cellular signaling alone or in association with
29 other signaling molecules and phytohormones. Although a considerable progress in understanding
30 K-induced abiotic stress tolerance in plants has been achieved the exact molecular mechanisms of
31 such protections are still under research. In this review, we summarized the recent literature on the
32 biological functions of K, its uptake, and translocation and its role in plant abiotic stress tolerance.

33 **Keywords:** Abiotic stress; Antioxidant defense; Enzyme regulations; Oxidative stress; Plant
34 nutrients; Reactive oxygen species; Soil fertility

35

36 **1. Introduction**

37 Most of the cultivable crops experience one or more abiotic stress(es) of any form throughout
38 the growth stages. So, resilience from abiotic stress is a great challenge to increase the food
39 production by 70% to feed the increasing population by the year 2050 [1]. Abiotic stress hampers
40 plant productivity by altering the growth pattern, physiological responses [2,3]. Combination of
41 different stresses has become more common affecting the standing crop plant. The occurrence of
42 drought and high temperature is the most common [4]. In arid and semi-arid regions salinity and
43 high temperature stresses are imposed at a time. High light and high temperature stress, drought
44 and salinity, or high temperature, drought and salinity together are privileged nowadays. Due to the
45 complex nature of stress plants become upset, and the research with plant stress tolerance is ever
46 changing and updating with the new form of stresses. These complex stresses cause changes in

47 cropping pattern, crop cultural practices, extinction of plant species. Since the starting of agriculture,
48 a range of cultural practices is being developed after continuous trial and error process. Among the
49 cultural practices use of fertilizers and organic amendments are the oldest methods for improving
50 plant productivity. Role of potassium (K) in plant developmental process is well known.
51 Up-gradation of K status decreases the reactive oxygen species (ROS) generation in plants.
52 Potassium reduces the activity of NAD(P)H oxidases and retains photosynthetic electron transport
53 activity which helps to reduce ROS. Potassium deficiency can decrease photosynthetic CO₂ fixation
54 and transport and utilization of assimilates [5]. Membrane and chlorophyll (chl) degradation have
55 been privileged in K-deficient plants. Regulation of K is associated with the activity of enzymes
56 involved in detoxification of ROS [6]. Potassium triggers in activating the ATP synthase enzyme.
57 Plasma membrane-bound H-ATPase is influenced by K content [7]. K-deficient plants have been
58 reported to be light-sensitive showing chlorotic and necrotic symptoms. K was reported to decrease
59 different stress effects in plants such as drought, chilling, and high light intensity [6].
60 Potassium-induced combined high temperature and drought tolerance were reported by [8]. The
61 role of K as nutrient has been recognized for long. But the arrays of its biological function in
62 physiological processes of plants are still disengaging to realize. This is a comprehensive review
63 articulating the biological function of K in plants and its role in plant adaptation to abiotic stresses.

64 2. Biological functions of potassium in plants

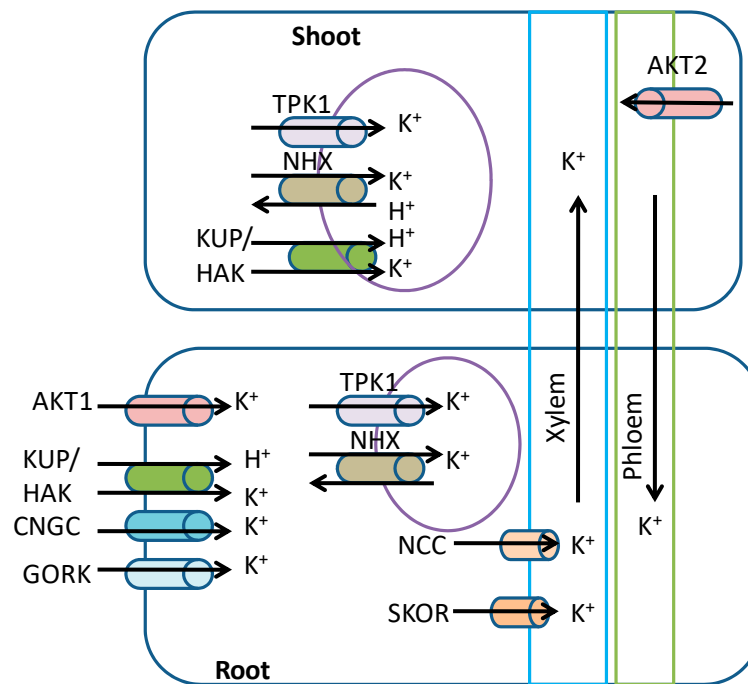
65 From seed germination to seed production plants require various macronutrients and
66 micronutrients. Potassium is one of the most important macronutrients along with nitrogen (N) and
67 phosphorous (P). Potassium is required for various biochemical and physiological processes, and
68 these are responsible for plant growth and development. Potassium is related to protein synthesis,
69 carbohydrate metabolism, enzyme activation. As well as it helps in cation-anion balance,
70 osmoregulation, water movement, energy transfer and so on. Potassium also plays a mitigating role
71 in various abiotic stresses like drought, salinity, metal toxicity, high temperature or chilling
72 temperature, etc. When plants are in K deficiency, it shows stunted growth, yellowing leaf margins.
73 Poor root system, lodging, yield reduction, are the common phenomenon of K deficiency. Lack of K
74 fertilizer, increases the susceptibility of various disease and pest infestation and makes vulnerable
75 damage in various stress condition.

76 3. Potassium uptake, transport, and assimilation in plants

77 To facilitate K uptake from outer environment and transport to different cellular compartments,
78 many proteins are present in the cell, mainly in the membrane. These proteins are often called
79 transporter, and channels. Based affinity towards K⁺, K⁺ transport components can be classified as
80 high-affinity components (transporters) which are active at a low concentration of external K⁺ and
81 low-affinity components (channels) which are active at a higher concentration usually above 0.3 mM
82 external K⁺ [9]. Advancement in molecular approaches and tools lead to the identification of some
83 low affinities and high-affinity transporters in different plant species including *Hordeum vulgare*,
84 *Oryza sativa* and *Capsicum annuum* [10]. A yeast mutant lacking K uptake ability could grow only
85 when the mutant transformed with a cDNA from barley. This study leads to the identification of
86 high-affinity K⁺ transporter HvHAK1 having homology to *Escherichia coli* and *Schwanniomyces*
87 *occidentalis* HAK1 K⁺ transporter [11]. To support low-affinity transport mechanism, inward
88 rectifying K⁺ channel, HKT has been proposed [10]. An *Arabidopsis* mutant lacking *HKT1* gene
89 (screened from T-DNA insertion line) was able to grow at one mM KCl solution without growth
90 reduction. However, at 100 μM KCl, the mutant showed significant growth reduction, indicating
91 *HKT1* channel involvement in K⁺ uptake from low K⁺ solution [12]. In *Arabidopsis*, 75 genes encode
92 the proteins that facilitate K⁺ uptake and transport. These genes can be roughly categorized into
93 seven categories viz. shaker-type K⁺ channels (9 genes), two-pore K⁺ channels (6 genes), putative
94 K⁺/H⁺ antiporters (6 genes), KUP/HAK/KT transporters (13 genes), HKT transporters (1 gene),
95 cyclic-nucleotide gate channels (20 genes), glutamate receptors [13]. Shaker-type K⁺ channels further

96 classified into three groups. These are an inward-rectifying channel, which facilitates K^+ uptake and
 97 is activated upon hyperpolarization; outward-rectifying channels, which mediate K^+ efflux and are
 98 activated upon membrane depolarization; and weakly-rectifying channels which can function in
 99 both K^+ influx and K^+ efflux, and are activated by membrane hyperpolarization [9]. Channels and
 100 transporters encoded by different genes are different regarding structure and function [9].

101 In root, K^+ uptake from the media is mainly mediated by two proteins, AKT1 and HAK5 as
 102 these two proteins are expressed in roots. Loss of function mutant *hak5* or *akt1* was able to survive at
 103 100 μ M KCl solution but the double mutant at *hak5 akt1* failed to survive at the same concentration,
 104 indicating AKT1 and HAK5 are high-affinity transporters that mediate sufficient K^+ uptake required
 105 for plant growth [14]. For long-distance transport, K^+ transport from root cortex to xylem mediated
 106 by outward-rectifying channels (Figure 1). Experimental evidence showed that a mutant lacking
 107 SKOR channel reduces the K^+ content in shoot by 50% and reduced K^+ content in xylem sap.
 108 Stomatal closure or opening depends on K^+ concentration in the guard cell, where inward channel
 109 KAT1 and KAT2 mediate K^+ uptake in the cell and outward rectifying K^+ channel, GORK channel
 110 mediates K^+ release to close stomata [15]. In case of K^+ , voltage-dependent K^+ channel (TPK1/TPK2,
 111 TPK3, and TPK5) and vacuolar Na^+ , K^+/H^+ antiporters, such as, NHX1 and NHX2 are present in the
 112 tonoplast to facilitate K^+ influx and efflux in the vacuole [16,17,18].



113

114 **Fig. 1.** Potassium uptake and transport in plants (Modified from Ahmad and Maathuis [19]). AKT,
 115 *Arabidopsis* (Shaker-type) K^+ channel; CNGC: cyclic nucleotide-gated channel; GORK: guard cell
 116 outward rectifying K^+ channel; HAK/KUP: high affinity K^+ transporters; KAT: *Arabidopsis* (Shaker
 117 type) K^+ channel; NCC: non selective cation channels; NHX: Na^+ proton exchanger; SKOR: stellar
 118 outward rectifying K^+ channel; TPK: tonoplast two-pore K^+ channel

119 4. Potassium and plant responses

120 Potassium plays significant regulatory roles in numerous plant physiological processes viz.
 121 seed germination and emergence, stomatal regulation, phloem transport, cation-anion balance,
 122 protein synthesis, photosynthesis, energy transfer, osmoregulation, enzyme activation, nutrient
 123 balance and stress resistance [20].

124

125

126 4.1. Seed germination and emergence

127 Potassium helps in seed germination by initiating rapid imbibitions of water and facilitates
128 other physiological processes [21]. Potassium salts have been well studied as a good catalyst in
129 improving seed germination and emergence rate. The most common form of K salt that used in seed
130 priming is potassium nitrate (KNO_3), potassium chloride (KCl) and dipotassium
131 hydrogenphosphate (K_2HPO_4) [22,23]. Using KNO_3 as a priming agent, good germination rate was
132 obtained in cotton genotypes ([24]. Osmopriming with KNO_3 in rice suggested that KNO_3 performed
133 best with maximum germination percentage, germinating rate, as well as other morphological
134 attributes [25]. Therefore, in the light of above experimental findings, it can be concluded that K has
135 a promising regulatory role in seed germination and emergence.

136 4.2 Growth

137 Among the essential plant nutrients, K is an indispensable mineral constituent, intrinsically acts
138 a key role in the process of plant growth and development [26]. Maintenance of K level and its ratio
139 with other essential plant nutrients especially with sodium (Na) in plant growing medium or in
140 cellular level is very crucial for normal function as well as the growth of the plant [27]. Moreover,
141 excess or deficient K in the growing medium hampers the overall growth of the plant. So,
142 management of K fertilizer is advantageous for improving plant growth [28]. Hussain et al. [29]
143 applied different levels of K (0, 30, 60, 90, 120 kg ha^{-1}) and found maximum plant height at 90 kg ha^{-1}
144 and minimum at 0 kg ha^{-1} . Zelelew et al. [30] experimented *S. tuberosum* growth with five K doses (0,
145 75, 150, 225 and 300 $\text{kg K}_2\text{O ha}^{-1}$) and found that plant height, aerial stem number and leaf number
146 per plant were enhanced in increasing K levels from 0 to 150 kg. Gerardeaux et al. [31] observed that
147 K deficiency in the vegetative phase of *Gossypium hirsutum* reduced plant dry matter production, leaf
148 area and internodes size, which leads to a reduction of plant growth. Tang et al. [26] cultivated three
149 *Ipomoea batatas* cultivars in K deficient soil and found a lack of K notably cut off total biomass
150 productivity and root yield. Nodulation is a very common phenomenon for legume crop, which is
151 closely related to plant growth itself. Level of K and its ratio with N and P determine the success of
152 nodulation process [32].

153 4.3 Stomatal regulation

154 Proper stomatal regulation (opening and closing) is a must for uninterrupted production of
155 energy through photosynthesis process, plant cooling, water, and nutrient transport. In the presence
156 of K ion, stomatal guard cell gets swelled by absorbing water followed by stomatal opening and
157 permitting gaseous movement in between plants and environment. In case of water deficit
158 condition, K is pumped out from the guard cell letting the pores closed tightly. Thus, K controls the
159 evapotranspiration of water through pores in a water deficit soil environment condition and protects
160 the plant from water stress [33]. The stomata get lithergic in case of insufficient supply of K, which
161 results in delayed stomatal closure even unfinished closure of the pores. Also, the osmotic gradient
162 produced due to the accumulation of K in root helps to draw water in the root cells. Therefore, the
163 reduced K supply in the plant results in decreased water uptake and faces water stress in case if the
164 supply of water drastically reduced.

165 Taiz and Zeiger [34] described the stomatal activity in details that, three major events are
166 happened, while light radiate into the plant cell and stimulate stomatal opening: proton pump
167 ATPase, solute uptake, and organic solute synthesis. Electrochemical potential generated by the
168 proton pump ATPase helps in uptaking K and associate anions like Cl^- malate. While solute and
169 sucrose amount increases in guard cell vacuole, it eventually decreases in osmotic potential. Later
170 on, the turgor pressure gets increased with increasing amount of water uptake results in stomatal
171 opening. On the contrary, the stomatal closure operation is largely maintained by ABA activity.
172 Calcium uptake is stimulated by ABA, which blocks the K channel and paves the way of anion (Cl^-)
173 entry into the cell apoplast. Increased concentration of Ca in intercellular level reduces proton pump

174 ATPase that accelerated in cell membrane depolarization followed by deporting cytoplasmic K^+ to
175 the cell apoplast. Therefore, the stomata close due to reduced turgor pressure.

176 4.4 Water uptake

177 Potassium is engaged in nearly all the physiological processes of the plant, where the presence
178 of water is a must. These include stomatal regulation, translocation of photoassimilate, enzyme
179 activation, and leaf heliotropic movements. Also, K helps in water transportation and mineral
180 compounds translocation in the entire plant through the xylem vessels. In case if the K supply alters
181 from optimum level, the translocation of mineral compounds like nitrates (NO_3^-), phosphates
182 (PO_4^{3-}), calcium (Ca^{2+}), magnesium (Mg^{2+}) and amino acids is reduced in uptake [35].

183 4.5 Photosynthesis

184 Stomatal regulation during photosynthesis is a vital event that governs the continual
185 photosynthesis operation is significantly moderated by the amount of K retained in the plant [20].
186 Potassium deficiency results in reduced stomatal conductance increased mesophyll resistance and
187 lowered ribulose-1,5-bisphosphate carboxylase/oxygenase (RuBisCO) activity in plants that
188 eventually decreased the total photosynthesis rate [36]. The rate of photosynthesis in plants is
189 increased with the higher utilization and export of photoassimilates. Evidence showed that the
190 sucrose level in leaf increased in several-folds when the plants supplied with sufficient level of K
191 [36]. Also, both photosynthetic CO_2 fixation and utilization of photoassimilates reduced due to K
192 deficiency accelerated ROS production in a plant that ultimately hastens rapid photooxidative
193 damage [6].

194 Potassium commences the photosynthesis process by activating the ATPase enzyme thus generates
195 ATP in plant cell. Shingles and McCarty [37] suggested that ATPase performance is best while K
196 content in plant is in optimum level. Potassium controls the photosynthesis by sunlight interception.
197 Furthermore, K modulates the photosynthesis rate by adjusting leaf area per unit. Combination of
198 this two events triggers the photo assimilation pool in plant that retains continuous plant growth.
199 Leaf surface area and sunlight interception both reduced drastically when K is below the
200 requirement of plant [38]. The most significant function that K plays in regulating the stomatal
201 aperture is balancing between CO_2 entry and H_2O vapor removal from intercellular spaces.
202 However, the amount of CO_2 entry into the intercellular spaces represents the amount of
203 photosynthates production in leaf.

204 4.6 Nutrient balance

205 In K deficit condition, protein formation is hampered although the abundance of N supply,
206 therefore NO_3^- , amino acids, and amides accumulate in the cell [39]. Potassium activates nitrate
207 reductase (NR), a starch synthetase and these two enzymes make a balance by producing protein
208 and carbohydrate respectively. Therefore, the shortage of K leads to breakdown of these processes
209 and plant suffers although other nutrients are available. Potassium has a role in xylem and phloem
210 transport system. Consequently, Ca^{2+} , Mg^{2+} , NO_3^- and PO_4^{3-} , as well as plant hormones and enzymes,
211 cannot be translocated, and source-sink relationship disrupted [40]. Whereas, exogenous application
212 K at different growth stages decreases uptake of harmful nutrients, enhanced tolerance to abiotic
213 stress and boosting yield and yield contributing characters [41].

214 Another vital micronutrient Fe also has a synergistic relationship with K [42]. In case of Mo/K
215 deficiency reduces Fe uptake which leads to sterility of female flower parts at reproductive phase,
216 while Mo application increases nodulation in roots, further seed yield in lentil [43].

217 4.7 Reproductive development

218 Potassium plays roles in flowering, pollen germination as well as in seed development. Fan et
219 al. [44] found that externally applied K helps to increase the pollen germination rate also K increases

220 the tube growth in *Arabidopsis*. Choudhury et al. [45] described that sucrose, boric acid, and different
221 salts have a role in pollen germination, among them KNO_3^- also plays an important role in pollen
222 germination and development. Makhdam et al. [46] described that in some cases, yield depends on
223 the reproductive-vegetative ratio (RVR). If RVR is lower, it means vegetative growth is higher than
224 the reproductive growth, and in this case, the yield is reduced. Amanullah et al. [28] reported that
225 phenological development like flowering or physiological maturity delayed due to lower
226 application of K. Sadiq and Jan [47] observed that split application of K delayed flowering and
227 physiological maturity even after split application of 60 kg ha^{-1} K application but in case of 90 kg ha^{-1}
228 K application as a basal dose, days to tasseling, silking and physiological maturity was increased.
229 Asif et al. [48] showed that phenological development in maize increased with the application of 90
230 kg ha^{-1} K application and showed a positive relationship with number of split application of K. Full
231 dose of K helps to increase the flowering, number of grains and early physiological maturity. In *T.*
232 *aestivum*, K has an important role in grain filling stage. Application of K in a proper way significantly
233 increased the photosynthesis during the grain filling stage, and obviously, it has a positive role to
234 increase the grain number [49]. The higher amount of K helps to transfer of food material to develop
235 grains, thus decrease the amount of sterile grain. In *O. sativa*, when K was applied at 100 kg ha^{-1} ,
236 grain sterility was lower compared to no K application. At 100 kg K ha^{-1} , grain sterility was 22.60%
237 whereas without K it was 30.33% [50].

238 4.8 Yield

239 Potassium plays a role in biosynthesis, conversion, and allocation of metabolites that ultimately
240 increase the yield. Many research works strongly supported the opinion that K is directly or
241 indirectly responsible for higher yield of crops (Table 1). Islam and Muttaleb [50] experimented with
242 rice with various doses of K fertilizer. They reported that K helps to increase the N uptake as well as
243 N use efficiency that also helps in increasing the yield of rice. As a result, rice yield increased to 6.86 t
244 $\text{ha}^{-1} \text{ year}^{-1}$ with optimum doses of K, whereas without K the yield was $5.19 \text{ t ha}^{-1} \text{ year}^{-1}$. Cheema et al.
245 [51] found that K helps to increase the utilization of carbohydrates and it increases the leaf area
246 index, which helps to increase the dry matter accumulation and ultimately increase the yields in
247 *Brassica napus*. Uddin et al. [52] found that along with these attributes 1000 grain weight, grain yield
248 also increased with the use of K. Also, when other nutrients are in optimum condition, K played an
249 important role to increase the yield of NERICA 1 rice. Though other nutrients are available, without
250 K yield increase is not so much significant. Duan et al. [53] showed that yield of wheat increased by
251 about 0 to 17.6% when they applied NPK fertilizer compared to only NP, and in case of rice yield
252 increased by about 1.7 to 9.8 % after using NPK fertilizer to only NP. Raza et al. [54] showed that K
253 increased the spike length, a number of spikelets per spike, no. of grains and grain yield of wheat
254 under drought condition. K increased spike length by 21.8%, no. of spikelets/ spike increased by up
255 to 23.27%, no. of grains/spike increased by 39.24% and ultimately yield was increased by 30.77%
256 than without K application. Waraich et al. [55] reported that 2% KNO_3 application increased the
257 plant branches, plant height, and no. of balls/plant in *Gossypium hirsutum* but in case of ball weight,
258 1.5% foliar application is better. According to Colpan et al. [56], K plays a vital role to increase the
259 yield and yield components in *Lycopersicon esculentum*. They applied various doses of K viz. 0, 40, 80,
260 120, and $160 \text{ kg K}_2\text{O ha}^{-1}$ and found the highest yield (195.7 t ha^{-1}) with $120 \text{ kg K}_2\text{O ha}^{-1}$. Fruit size,
261 diameters of fruits, no. of fruits/plants, fruit weight all the yield contributing factors increased with
262 the application of K. Khan et al. [57] experimented to show the effect of K on *O. sativa* and *T.*
263 *aestivum*. They noticed that K increases the yield and yield contributing characters in both crops. In
264 case of *T. aestivum*, yield was about 13% higher, while in *O. sativa* it was about 50% higher with the
265 application of 60 kg ha^{-1} K compared to control.

266 4.9 Crop quality

267 Potassium is responsible not only for the higher production but also for the improved quality of
268 harvest. Thus K ensures high valued crops and benefits to growers. Sometimes, K is called the

269 “quality element” for better crop production and it is supported by many scientists. Yang et al. [58]
 270 showed that the protein percentage in *Z. mays* grain was higher where a balance N-P-K fertilizer was
 271 applied. But where only N-P fertilizer was applied protein percentage as well as grain quality was
 272 reduced. But in case of *T. aestivum*, when manure is applied with N-P-K the protein percentage was
 273 higher than the normal fertilization. In *T. aestivum* as well as in most of the cereal crops K helps in
 274 increasing better milling and baking qualities, more efficient use of nutrients, increase disease
 275 resistance and so on. In *G. hirsutum*, the important quality control parameters are fiber length,
 276 strength, uniformity, micronaire, color and so on. There are many research strongly support that,
 277 fiber quality depends on optimum K. When K supplies are not enough, osmotic potential of the fiber
 278 became more negative. Thus turgor pressure of the fiber decreased and primary fiber cell wall
 279 cannot be elongated ultimately results in shorter fibers [59]. Ginning out turn, fiber uniformity,
 280 length and strength increased when KNO_3 applied at 2% as a foliar spray [55]. According to Ashfaq
 281 et al. [60], K deficiency reduces the cotton yield and quality. Mehrandish et al. [61] showed that total
 282 soluble solids, soluble sugar content, refineable sugar, purity percentage of root juice of *Beta vulgaris*
 283 increased with the K application. Economakis and Daskalaki [62] explained, K increased dry matter,
 284 total soluble solids, firmness and vitamin C in tomato in both normal and saline condition.

285 Table 1: Effect of potassium on different crops to increase yield

Name of crops	K doses	Yield improvement	References
<i>O. sativa</i>	60 kg K_2O ha ⁻¹ .	Grain yield: 50%	[57]
<i>O. sativa</i>	40 kg K_2O ha ⁻¹ .	Grain yield: 35%	[63]
<i>O. sativa</i>	80 kg K_2O ha ⁻¹ .	Grain yield: 78.47%	[64]
<i>O. sativa</i>	93.96-112.03 kg K_2O ha ⁻¹	Grain yield: 32.17%	[50]
<i>T. aestivum</i>	108.42 kg K_2O ha ⁻¹	Grain yield: 10.66%	[65]
<i>O. sativa</i>	60 kg K_2O ha ⁻¹ .	Grain yield: 13%	[57]
<i>O. sativa</i>	40 kg K_2O ha ⁻¹ .	Grain yield: 21%	[63]
<i>O. sativa</i>	80 kg K_2O ha ⁻¹	Grain yield: 41.16%	[66]
<i>Lens culinaris</i>	42.16 kg K_2O ha ⁻¹	Grain yield: 34.16%	[67]
<i>C. annuum</i>	200 kg K_2O fed ⁻¹	Pod/fruit yield: 22.20%	[68]
<i>G. hirsutum</i>	112 kg K_2O ha ⁻¹	Lint yield: 10.18%	[69]
<i>G. hirsutum</i>	150 kg K_2O ha ⁻¹	Lint yield: 13.79%	[70]
<i>G. hirsutum</i>	180.70 kg K_2O ha ⁻¹	Lint yield: 5.7%	[71]
<i>S. tuberosum</i>	225 kg K_2O ha ⁻¹	Tuber weight: 13.34%	[72]
<i>S. tuberosum</i>	225 kg K_2O ha ⁻¹	Tuber yield: 78.11%	[73]
<i>S. tuberosum</i>	150 kg K_2O ha ⁻¹	Tuber yield: 22.41%	[74]
<i>Z. mays</i>	150 kg K_2O ha ⁻¹	Grain yield: 36.33%	[75]
<i>Z. mays</i>	48.19 kg K_2O ha ⁻¹	Grain yield: 33.12%	[76]
<i>Jatropha curcas</i>	60 kg K_2O ha ⁻¹	Oil yield: 17.30%	[77]
Strawberry	66% K_2O foliar spray	Weight of primary fruits: 6.2%	[78]
Strawberry	66% K_2O foliar spray	Weight of secondary fruits: 6.95%	[78]
<i>C. arietinum</i>	40kg K_2O /fad	Grain yield: 34.50%	[79]
<i>P. guajava</i>	75 g K_2O /plant/ year.	Fruit yield: 35.65%	[80]
<i>Carthamus tinctorius</i>	3 g K_2O /pot	Oil yield: 86.84%	[81]
<i>Arachis hypogaea</i>	75 kg K_2O /plant/ year	Seed yield: 44.2%	[82]
<i>Saccharum officinarum</i>	722.82 kg K_2O ha ⁻¹	Sugar yield: 30.17%	[83]
<i>Beta vulgaris</i>	72 kg K_2O /fed	Root yield: 24.83%	[84]
<i>V. radiata</i>	37.5 kg K_2O ha ⁻¹	Seed yield: 28.29%	[85]

Name of crops	K doses	Yield improvement	References
<i>L. esculentum</i>	120 kg K ₂ O ha ⁻¹	Seed yield: 30.9%	[56]

286 5. Potassium-induced abiotic stress tolerance

287 In the previous headings, we described the role of K in various growth and physiological
 288 parameters of plants under normal condition. Many plant studies also showed that K functions as a
 289 vital protector against abiotic stresses. It is mainly due to its role in maintaining ion homeostasis,
 290 cellular integrity and enzymatic activities (Table 2, 3 & 4). In the following sections, we will describe
 291 the role of K in conferring tolerance against major abiotic stresses.

292 5.1 Drought

293 In addition to growth and productivity, K plays a role in cell turgor maintenance, osmotic
 294 adjustment [6] and aquaporin functioning [27] under drought condition. Therefore, a close
 295 relationship between K nutritional status and plant drought resistance has been demonstrated
 296 (Table 2).

297 Sufficient supply of K can improve the plant dry matter than a lower concentration of K⁺ in soil
 298 under drought condition [86]. Increasing root growth through applying K improves the root surface
 299 under drought condition, which ultimately enhances the water uptake in plant cells [87].

300 It was observed that exogenous application of K not only improved the plant dry matter
 301 content and leaf area but also stimulated the water uptake when plants faced drought [88,89].
 302 During drought condition, excess ROS production in plants may exaggerate cellular lipid
 303 peroxidation leads an increase of cellular membrane permeability which is evidenced by increases
 304 of electronic leakage (EL) and MDA content [90,91]. Soleimanzadeh et al. [92] carried out an
 305 experiment with *Helianthus annuus* and reported that adequate supply of K⁺ significantly decreased
 306 MDA content under water shortage condition.

307 Kanai et al. [93] showed a relationship between aquaporin activities and
 308 K⁺-channel/transporter, where K deficiency remarkably changed the K⁺-channel activity resulted
 309 alteration of root hydraulic conductance and signal transduction with the consequent changes in
 310 aquaporin activity. Thus, reduction of root hydraulic conductance and water supply for
 311 transpiration was suppressed in time of K deficiency. According to Guo et al. [94], there is a positive
 312 correlation between water uptake and K⁺ absorption in *Phaseolus vulgaris*. Potassium mediated the
 313 xylem hydraulic conductance and maintained cell turgor, stomatal movement and sufficient gas
 314 exchange as part of drought adaptation [95].

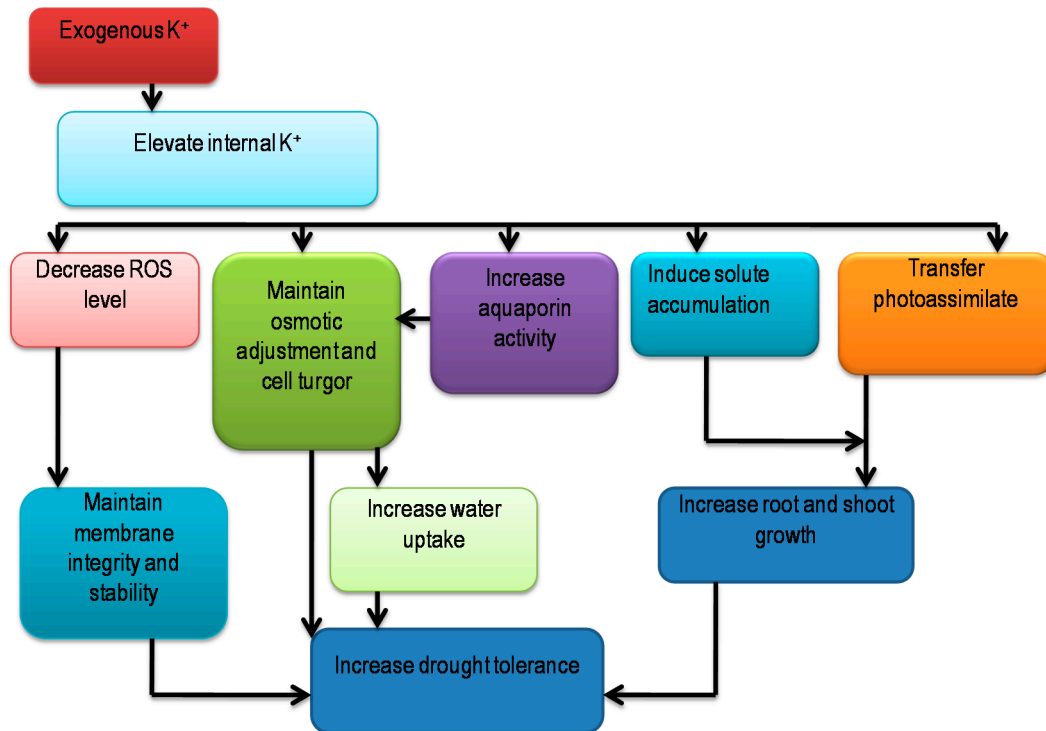
315 **Table 2.** Beneficial effect of exogenous application of potassium under Drought stress

Species and cultivars	Drought dose and duration	K doses	Protective effects	References
<i>Z. mays</i>	Withholding water 31d after planting	300 kg K ha ⁻¹	<ul style="list-style-type: none"> • Cell membrane stability increased • Decreased leaf water potential 	[96]
<i>Hibiscus rosa-sinensis</i>	Water deficit, 21d	10 mM K ₂ SO ₄	<ul style="list-style-type: none"> • Enhanced root dry matter • Increased root:shoot ratio 	[86]
<i>H. annuus</i>	Withholding irrigation at the end of growing period	100 kg K ha ⁻¹	<ul style="list-style-type: none"> • Improved shoot dry matter • Decreased MDA content • Improved enzyme activity (SOD, CAT, 	[92]

Species and cultivars	Drought dose and duration	K doses	Protective effects	References
			GPX)	
<i>Camellia sinensis</i>	Field capacity, 5 d	2% muriate of potash	<ul style="list-style-type: none"> • Increased Pro contents • Improved water use efficiency • Enhanced root starch reserved 	[97]
<i>T. aestivum</i>	15% PEG	10 mM K ₂ O	<ul style="list-style-type: none"> • Improved chl <i>a</i>, chl <i>b</i>, and car • Increased Pro content 	[98]
<i>T. aestivum</i>	20% PEG, 7d	7.5 mM K ₂ CO ₃	<ul style="list-style-type: none"> • Significantly increased shoot K⁺ • Decreased electrolyte leakage and MDA 	[99]
<i>Z. mays</i>	65 ± 5% water holding capacity of soil	0.42 g K kg ⁻¹ soil	<ul style="list-style-type: none"> • Strengthen the accumulation of K⁺ and • Osmotic nitriles in plants • Increased endogenous glycine betaine 	[100]
<i>H. vulgare</i>	50% soil water content	10 mM K ₂ CO ₃	<ul style="list-style-type: none"> • Decreased MDA content • Enhanced K⁺ content in plant • Decreased soluble carbohydrate 	[101]
<i>O. sativa</i>	Withholding irrigation 30d after transplanting, 10d lasted	120 kg K ha ⁻¹	<ul style="list-style-type: none"> • Increased shoot dry mass • Improved osmolytes synthesis 	[89]
<i>G. hirsutum</i>	At flowering stage withholding water for 8d followed by 75±5% soil relative water content	300 kg K ha ⁻¹	<ul style="list-style-type: none"> • Improved osmotic adjustment • Increased nitrogen metabolism • Enhanced free amino acid, sugars content 	[102]

316 It has been reported that K increased the production of organic osmolytes, especially in Pro
317 under drought condition [89]. When plant exposed to drought stress, Pro accumulation plays a
318 highly protective role in plants which involve in osmotic adjustment [103]. In several studies, it was
319 reported that under normal and drought stress conditions, Pro has been increased through K
320 application in *O. sativa* [104], *B. napus* [105] and *T. aestivum* [98]. Zhang et al. [100] observed in their
321 study that exogenous application of K increases the Pro content in *Z. mays* cultivars under drought
322 condition. At the same time, Ali et al. [106] reported that under drought stress K application increase
323 the shoot Pro content in *B. napus* in a dose-dependent manner. Similarly, Zahoor et al. [102] found
324 that K application generates the Pro content during drought stress in *G. hirsutum*.

325 Therefore, proper supplementation of K⁺ improves the osmotic adjustment and upgrades
326 plant's withstand ability against drought stress. Figure 2 illustrates the involvement of K in plants
327 tolerance under drought stress



328

329 **Fig. 2** Role of potassium under drought stress (Modified from Wang et al. [27])330 **5.2 Salinity**

331 Potassium is an important macro-nutrient, which plays essential roles related to osmotic
 332 adjustment, maintaining turgor, regulation of membrane potential, cytoplasmic homeostasis,
 333 protein synthesis, and enzyme activation under salt stress (Table 3) [107].

334 During salinity stress, osmotic effects and ion toxicity inhibited the plant root growth, which
 335 decreases nutrient uptake and translocation, especially K [27]. Sodium ion (Na^+) competes with K^+
 336 for major binding sites as key metabolic processes in cytoplasm, including both low-affinity
 337 (non-selective cation channels, NSCC) and high-affinity (KUP and high-affinity K^+ transporter,
 338 HKT) transporters that disturbs plant metabolism [20,27]. Under salinity, furthermore, salinity
 339 induces membrane depolarization and decrease membrane integrity, which results K^+ leakage
 340 through depolarization-activated outward-rectifying (KOR) K^+ channels [108]. It is crucial for plant
 341 growth and salt tolerance to keep cellular K^+ content above a certain threshold and maintain high
 342 Na^+/K^+ ratio. Thus, higher application of K, increases K^+ content in plant cells and reduces Na^+
 343 concentration, which increase the K^+/Na^+ ratio. HTK (high-affinity K^+ transporter) mediate
 344 Na^+ -specific transport or Na^+-K^+ co-transport, which has a vital role in tolerance to Na^+ [109,110].

345 **Table 3.** Beneficial effect of exogenous application of potassium under salinity stress

Plant species	Salinity (NaCl) doses	K doses	Protective effects	References
<i>T. aestivum</i>	100 mM	10 mM KCl	<ul style="list-style-type: none"> Increased shoot and root length Increased K^+/Na^+ ratio 	[111]
<i>Olea europaea</i>	100 mM	100 mM K_2SO_4	<ul style="list-style-type: none"> Reduced K^+ uptake Increased K^+ in leaves Improved osmotic potential 	[112]
<i>B. campestris</i>	80 mM	40 mg kg^{-1} soil	<ul style="list-style-type: none"> Improved photosynthetic traits Increased activity of antioxidant enzyme and the 	[113]

Plant species	Salinity (NaCl) doses	K doses	Protective effects	References
			ascorbate and glutathione content <ul style="list-style-type: none"> • Decreased the ion accumulation and oxidative stress traits in the leaves 	
<i>Z. mays</i>	70 mM	9 mM KCl	<ul style="list-style-type: none"> • Increased CAT activity, • Improved photosynthetic capacity, • Increased accumulation of K⁺ in the leaves 	[114]
<i>H. vulgare</i>	150 mM	10mM KNO ₃	<ul style="list-style-type: none"> • Decreased Na⁺/K⁺ ratio • Improved shoot and root height • Increased proline content 	[101]
<i>L. esculentum</i>	150 mM	2.39 mEq L ⁻¹ KH ₂ PO ₄	<ul style="list-style-type: none"> • Increased root and shoot weight • Improved photosynthetic pigment 	[115]
<i>A. hypogaea</i>	2 & 4 dS m ⁻¹	30 kg K ha ⁻¹	<ul style="list-style-type: none"> • Reduced uptake of Na⁺ from soil and lesser accumulation in leaf tissue • Increased plant biomass 	[116]
<i>S. lycopersicum</i>	75 mM	9 mM KNO ₃	<ul style="list-style-type: none"> • Minimized oxidative stress and increased photosynthesis • Decreased the antioxidant activities (SOD, CAT, GSH) • Increased leaf K⁺ levels and K⁺/Na⁺ ratio • Improved membrane stability index 	[117]
<i>B. vulgaris</i>	7.6 dS m ⁻¹	200 kg K ₂ O ha ⁻¹	<ul style="list-style-type: none"> • Improved shoot and root dry matter • Increased sucrose and sugar contents 	[118]

346 Taffouo et al. [119] found that K⁺ content was decreased from the root and shoots due to
 347 reduced uptake and translocation of K⁺ from root to shoot while increasing NaCl concentration in *V.*
 348 *subterranea*. But exogenous K⁺ can positively correlate with plant root and shoot growth during
 349 salinity stress and K⁺ deficient stage. Saida et al. [115] observed in their experiment that application
 350 of 2.39 mEq L⁻¹ KH₂PO₄ against 150 mM NaCl increased shoot and root fresh and dry weights of *L.*
 351 *esculentum* under salt stress. Fayez et al. [101] experimented with *H. vulgare* crop and found that
 352 under 150 mM NaCl stress shoot fresh weight and height decreased, but after treating with K
 353 improved shoots fresh weight and height of barley crop. Similarly, Amjad et al. [117] found in a
 354 study that application of 9 mM K improved the root and shoot dry weight under 75 mM NaCl stress
 355 in *S. lycopersicum*. Merwad [118] reported that higher salinity negatively affects tomato root, shoot,
 356 leaf and water use efficiency, recorded exogenous K⁺ can have a positive effect on most of the *B.*
 357 *vulgaris* cultivars under salt stress.

358 In previous section (5.1 Drought), it has been shown that exogenous application of K can
 359 improve the organic osmolytes synthesis, especially Pro. Shabala and Lew [120] observed that the
 360 quickness of cell recovery in osmotic stress was regulated by higher accumulation of K⁺, Cl⁻ and Na⁺

361 in epidermal root cells of *Arabidopsis*. Thus, higher Na⁺ concentrations are toxic for cell metabolism;
362 that's why it is essential to maintain cytosolic K⁺ contents at a constant level for plant metabolic
363 process [121, 122]. A constant cytosolic K⁺ concentration is attributed to the consumption of vacuolar
364 K during K⁺-deficient situation [27]. Fayez et al. [101] observed that salinity increased Na⁺/K⁺ ratio in
365 *H. vulgare*, which significantly decreased after application of K⁺ and increased K⁺/Na⁺. As well,
366 Chakraborty et al. [116] suggested that external K⁺ application can have reduced the Na⁺ uptake by
367 adjusting the tissue ionic balance in *A. hypogaea*.

368 5.3 Extreme temperature

369 When temperature is more than 35-40°C, plants suffer from extreme temperature stress. Almost
370 all the plants suffer from this stress. Extreme temperature disrupted the various biochemical
371 reactions and metabolism which are highly related with the temperature [3]. Nutrient management
372 is one of the best options for extreme temperature stress tolerance and among all the nutrients K
373 plays a significant role to cope up with the temperature stress. Potassium helps to activate the
374 various physiological and metabolic processes and increases the tissue water potentiality which
375 helps in extreme temperature stress tolerance. During high temperature stress plants accumulate
376 various types of osmolytes to overcome the damages caused by the stress. K may works as an
377 osmolytes and helps to maintain stomatal conductance to avoid the damages [123]. In K deficient
378 plant, not only photosynthetic electron transport pathway but also NADPH oxidizing enzyme
379 reaction produces ROS [5]. In this case K helps plant by protein synthesis, stimulate various
380 enzymatic reaction, carbohydrate production and by increasing water use efficiency. In heat stress
381 condition, foliar spray of potassium orthophosphate (KH₂PO₄) helps to increase the heat tolerance of
382 wheat by preventing leaf damages [124]. When a significant amount of K lost from the chloroplast
383 the photosynthesis is reduced. In this situation, K application helps to tolerate the heat stress, by
384 increasing the photosynthetic ability in wheat. Foliar application of K also helps to increase the
385 translocation and accumulation of photosynthates as well as the dry matter. These are related to
386 stress resistance that ultimately helps the plant to increase the yield [125].

387 When plant faces chilling or freezing stress K regulated mechanisms like photosynthesis, and
388 carbon assimilation, metabolism, and phloem activity are down-regulated. Inhibition of these
389 processes produced ROS and caused oxidative damage within the cell as light energy cannot be
390 utilized [126]. But sufficient K supply can be reduced these damages to the chilling or freezing
391 stressed plants [6]. Seed treatment with KCl in cold sensitive maize variety showed better ROS
392 defense and ultimately greater tolerance [21]. Plants facing freezing stress were evidenced to lose
393 apoplastic water due to freezing, which causes dehydration; and sufficient K supply adjusts the
394 osmotic potential and decreases freezing-induced dehydration [27]. Several field trails reports on
395 various crops also point out the similar phenomena—sufficient K supply can eliminate the frost
396 damage [127].

397 5.4 Toxic metals/metalloids

398 Toxic metal/metalloids contamination in soil is drastically increasing day by day owing to fast
399 industrialization, which generates the tremendous trouble to world agriculture [128]. The most
400 obvious reaction of plants under metal/metalloids toxicity is inhibition of other essential nutrient
401 uptake and alteration in almost all the physiological processes including disturbance in stomatal
402 action, alterations in membrane functions, inhibition of photosynthesis, upsetting the activities of
403 several key enzymes, generation of excess ROS, reduction of water potential etc. [129,130].
404 Continuous reduction of plant growth and development ultimately leads to yield loss as well as food
405 insecurity. Hence, toxic metal remediation from soil or increasing plant tolerance or resistance
406 against stress is a very urgent task for plant scientists. Since K plays a crucial role in activation of
407 several enzymes, synthesis of protein, photosynthetic activity, osmoregulation, movement of
408 stomata, transfer of energy, phloem transport, cation-anion balance and stress resistance [27], so it is

409 using as plant protector against most of the abiotic stress including metal/metalloids toxicity (Table
410 4).

411 Use of K against Cd toxicity confirmed its positive effect by ameliorating Cd-induced oxidative
412 damages in *Vicia faba* [131]. In this study, 6 mM K was used in combination with 200 μ M Cd for
413 inspecting the role of it. Cd stress reduced the growth parameters (shoot and root length), decreased
414 chl content, alter enzyme activity and increased MDA content of plants. On the contrary, the
415 addition of K in Cd-treated plant increased the activity of catalase (CAT) and superoxide dismutase
416 (SOD); decreased MDA content; increased chl content as well as the growth of the plant. Song et al.
417 [132] experimented with the peach plant by using elevated exogenous K (10 mM) against Zn toxicity
418 (2 mM). They observed that Zn damages plant by altering physiological process and nutritional
419 balance. On the other hand, K mitigated Zn toxicity by improving photosynthesis, antioxidant
420 defense systems, and plant K nutritional status. Potassium also upregulated the genes concerned
421 with K acquisition, transport, and homeostasis. Zaheer et al. [133] experimented by cultivating
422 gladiolus in Cd-contaminated growing media (50 mg kg⁻¹) and supplemented with K and silicon
423 (Si). They found considerably increased in hydrogen peroxide (H₂O₂) and MDA content. In contrast
424 supplementation of K with Si in Cd-stressed plant decreased the content of H₂O₂ and MDA by
425 upregulating the activity of antioxidant enzymes which helps to improve plant condition through
426 increasing root and shoot length, number of leaves, dry matter, and chl content. The application of K
427 along with Si also improved production of protein and Pro in the Cd-treated plant. Furthermore,
428 they improved the uptake of essential mineral constituent including Ca, Mg, Mn, and S.
429 Interestingly Liu et al. [134] demonstrated that K deficiency increased the activity of different
430 enzymes of rice seedlings which protects them from Cd toxicity.

431 Table 4: Exogenous potassium-induced heavy metal stress tolerance in plants

Plant species	Metal doses	K doses	Protective effects of K	References
<i>V. faba</i>	200 μ M Cd, 7 d	6 mM K, 7 d	<ul style="list-style-type: none"> • Increased shoot and root length • Increased chl content • Increased proline content • Increased activity of SOD and CAT • Decreased MDA content 	[131]
<i>Prunus persica</i>	2 mM ZnCl ₂ , 10 d	10 mM KCl, 10 d	<ul style="list-style-type: none"> • Improved photosynthesis • Activated antioxidant defense systems • Improved plant K nutritional status 	[132]
<i>Gladiolus grandiflora</i>	50 mg kg ⁻¹ CdSO ₄ .8H ₂ O, 60 d	200 mg L ⁻¹ K along with 200 mg L ⁻¹ Si, 60 d	<ul style="list-style-type: none"> • Reduced content of MDA and H₂O₂ • Increased root and shoot length • Increased shoot and root dry weight • Increased chl content • Upregulated enzyme activity 	[133]

432 5.5 Hight light

433 Several examples illustrated the combined effect of high light intensity and abiotic stress, which
434 caused rapid leaf chlorosis resulted from impaired photosynthesis and photooxidative damages
435 [135,136]. With the severity of stress, photosynthetic ability, RuBisCO activity, quantum yield and
436 electron transport disrupted in tomato [137]. When plants face insufficient K supply leaf chlorosis
437 increased at high light [6]. This severity increases due to enhanced activity of ascorbate peroxidase
438 (APX) and glutathione peroxidase (GPX), and lower activity of RuBisCO [36,6]. But, leaves under

439 partial shade exhibit lower chl destruction. Also, utilization of photoassimilates also reduced within
 440 the plants under insufficient K supply [138], and transport of sucrose via the phloem decreased
 441 [139]. Thus, K is required in a great quantity to utilize the absorbed high light, CO₂ fixation, and
 442 source-sink relation. Hence, plants receiving high light intensity may have greater K demand.

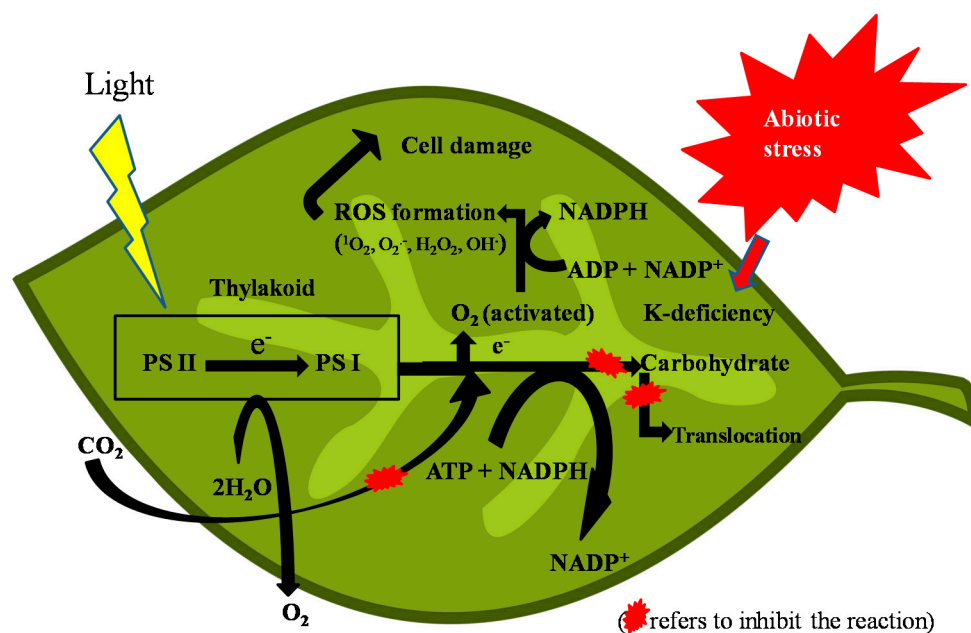
443 5.6 Waterlogging

444 Among the abiotic stress waterlogging is an important barrier for crop production and affected
 445 at least 10% of the global agricultural land. When the root zone is waterlogged plants face a severe
 446 shortage of oxygen supply (hypoxia or anoxia), which in terms disrupt the respiration process in
 447 roots resulted in energy shortage to the cells. The key mechanism is avoiding K⁺ loss, at the time of
 448 hypoxia or anoxia, which gives resistance to plants in waterlogging condition [140; 141].

449 Several researchers have reported the effect of exogenous K application for ameliorating the
 450 adverse effects due to waterlogging. Increased plant height, photosynthetic capacity, chl content was
 451 reported in cotton due to K supplementation under waterlogging condition. They also found greater
 452 nutrient uptake by the plant as a result of higher K⁺ applied to soil or foliage [142]. Application of K a
 453 higher dose improves non-structural carbohydrates (NSC) contents, photosynthetic pigments
 454 content and higher antioxidative activity as well as lower lipid peroxidation in submerged rice [143].

455 6. Role of potassium in the detoxification of reactive oxygen species

456 Various abiotic stresses cause overproduction of ROS such as singlet oxygen (¹O₂), superoxide
 457 (O₂^{•-}), H₂O₂ and hydroxyl radical (OH[•]) [125], alkoxy radical (RO[•]), peroxy radical (ROO[•]) and
 458 organic hydroperoxide (ROOH) [144,145]. Inside plant cells low concentrations of ROS acts as a
 459 signaling molecule to protect the plants from stresses, while higher concentrations of ROS enhance
 460 the lipid peroxidation, oxidation of proteins, inhibition of enzyme activities, activation of the
 461 programmed cell death (PCD) pathway and ultimately leading to cell death [146]. During
 462 photosynthetic electron transport and membrane-bound NADPH (nicotinamide adenine
 463 dinucleotide phosphate) oxidase, increased the formation of ROS in plant cells under stress, which
 464 induces K deficiency. Hence, it was suggested that exogenous use of K⁺ could decrease the ROS
 465 formation by maintaining the plant photosynthetic electron transport and diminishing the action of
 466 NADPH oxidase ([6]; Table 1; Figure 3).



467

468

Fig. 3 Schematic representation of ROS formation in a leaf under stress (Modified from Cakmak [6]).

469 While plants exposed to environmental stresses like the drought that enhance the requirement
 470 of K⁺ and furthermore, increase the oxidative damage to cells by inducing the formation of ROS
 471 especially during photosynthesis [27]. At the time of drought stress, CO₂ fixation limited in plants
 472 which impacts on stomata regulation, transfer of light into chemical energy and translocation of
 473 photosynthates from source to sink ([147,148]; Figure 3). Due to impairment of photosynthetic CO₂
 474 fixation, plant molecular O₂ is activated and increased ROS production within the plant cell [6,27],
 475 which causes degradation of photosynthetic pigment and cellular membranes. Sangakkara et al.
 476 [149] found a positive role of K⁺ by reducing ROS formation and increasing the net photosynthesis
 477 rate under water stress condition on *V. radiata* and cowpea *V. unguiculata*. Walp. Egilla et al. [88]
 478 observed in a study that adequate K⁺ availability to *H. rosa-sinensis* under drought stress reduced the
 479 inhibition of photosynthesis through mitigating ROS formation. Likewise, Milford and Johnston
 480 [150] suggested that K⁺ plays a vital role in stomata opening and closing, transpiration and
 481 photosynthesis of plant cells. As well as Raza et al. [54] experimented with *T. aestivum* under
 482 drought condition and found that application of 1.5% K⁺ decreased the ROS formation and
 483 improved the transpiration and photosynthesis rate. Thus, it was suggested that an adequate supply
 484 of K under drought condition improved the photosynthetic CO₂ fixation, export of photosynthates
 485 from source to sink organs and preventing the photosynthetic electron transport to O₂. As a result,
 486 the formation of ROS reduced [6, 27].

487 During saline condition, low K increased the toxicity of Na⁺ in plant tissue. Thus, K⁺/Na⁺ ratio
 488 decreased and led to the ROS formation, which effects on stomatal closure, inhibition of the plant
 489 photosynthesis activity and increase the oxidative damage [151]. Higher production of ROS due to
 490 severe salinity leads to cellular membrane damage. As a result of K⁺ leak from the plant cell due to
 491 activation of K efflux channels, this leads to programmed cell death [152]. External use of K in a
 492 saline growing medium involved in improving salt tolerance through reduced ROS formation in *T.*
 493 *aestivum* [153], *Z. mays* [154] and *O. sativa* [155]. Application of K enhanced the antioxidant enzyme
 494 activities such as SOD, CAT, and peroxidase (POD) on *Zingiber officinale* [156], which reduced the
 495 ROS formation in plant cells. Zheng et al. [157] suggested that application of suitable KNO₃
 496 detoxified the ROS through increased SOD, CAT and POD enzyme activities in *T. aestivum* under
 497 salt stress. Jan et al. [158] reported that SOD, CAT and APX enzyme activities enhanced, while
 498 applying K under salt stress thus, detoxified the ROS.

499 Table 5. Exogenous application of potassium detoxified the ROS formation under stress conditions

Plant species	Levels of stresses	K doses	Protective effects	References
<i>V. radiata</i>	Drought (25% and 50% field capacity)	3 mM K	<ul style="list-style-type: none"> • Reduced ROS production • Enhanced the rate of net photosynthesis 	[149]
<i>L. esculentus</i>	60 mM NaCl	5 mM KH ₂ PO ₄	<ul style="list-style-type: none"> • Improved chl content • Decreased ROS production • Increased dry matter • Increased water used efficiency 	[159]
<i>H. rosa-sinensis</i>	Water deficit after 54 days of transplanting	10 mM K ₂ SO ₄	<ul style="list-style-type: none"> • Increased rate of net photosynthesis, transpiration, and stomatal conductance • Improved leaf water content and leaf water relations by decreasing the Ψπ 	[88]
<i>T. aestivum</i>	100 mM NaCl	16 mM	<ul style="list-style-type: none"> • Increased SOD, CAT and POD activity 	[157]

Plant species	Levels of stresses	K doses	Protective effects	References
		KNO ₃	<ul style="list-style-type: none"> Reduced the formation of ROS 	
<i>O. sativa</i>	200 mM NaCl	11.8 mM KNO ₃	<ul style="list-style-type: none"> Decreased ROS production Improved photosynthetic performance 	[154]
<i>T. aestivum</i>	Water deficit at milking stage	1.5% K	<ul style="list-style-type: none"> Reduced ROS production Improved transpiration and photosynthesis 	[54]
<i>Z. mays</i>	70 mM NaCl	9 mM KCl	<ul style="list-style-type: none"> Increased CAT activity Improved photosynthetic capacity Increased accumulation of K⁺ in the leaves 	[114]
<i>S. lycopersicum</i>	150 mM NaCl	9 mM KNO ₃	<ul style="list-style-type: none"> Minimized oxidative stress and increased photosynthesis Decreased the antioxidant enzymes' activities (SOD and CAT) Increased leaf K⁺ levels and K⁺/Na⁺ ratio Improved membrane stability index 	[117]
<i>T. aestivum</i>	500 mg kg ⁻¹ NaCl	50 mg kg ⁻¹ KNO ₃	<ul style="list-style-type: none"> Increased SOD, CAT, APX activity Improved photosynthetic capacity Reduced ROS formation 	[158]

500 NADPH-oxidizing enzymes reduce one electron O₂ to O₂⁻ by using NADPH as an electron
501 donor ([6]; Figure 3). Moreover, NADPH oxidase activity substantially enhanced under K
502 deficiency, increasing NADPH-dependant O₂⁻ production. Cakmak [6] found that K deficiency
503 increased the NADPH oxidase activity in the cytosol of bean (*P. vulgaris*) root, with a corresponding
504 increase in the NADPH-dependant O₂⁻ generation, but exogenous K decreased NADPH oxidase
505 activity. Most likely, K deficiency is the main reason for the increase of NADPH oxidase through
506 generations of ABA. Peuke et al. [160] experimented *Ricinus communis* and found that K deficiency
507 increased the biosynthesis of ABA in roots and increased the translocation of ABA from root to
508 shoot. Moreover, ABA has likewise been appeared to be effective in increasing the accumulation of
509 H₂O₂ and O₂⁻ in plant roots [161], which ultimately increase the ROS formation but this is needed to
510 clear in future studies [27]. It is clear that an improvement of K maintains the photosynthetic electron
511 transport and inhibiting the NADPH oxidase activities, which reduce the ROS formation in plants.

512 7. Interaction of potassium with other biomolecules

513 Potassium plays an important role in growth, development, yield as well as metabolism of the
514 plant, at the same time it has some interactive regulatory function with other biomolecules.
515 Therefore, K deficiency leads to dysfunction of numerous physiological and biochemical processes,
516 for example, water balance, enzyme activity, and charge balance, as well tolerance to biotic and
517 abiotic stress [162]. Potassium is also essential for the function and performance of many plant
518 enzymes—at least 60 enzymes require K⁺ as a cofactor for activation [163]. These enzymes regulate

519 the vital metabolic mechanisms in arable plants [164,20]. For increasing substrate attraction, K bound
520 with the specific binding site of inactive enzymes and resulted in their activation, those involved in
521 various metabolic and physiological mechanisms. Several types of research suggested that the
522 activity of NR, RuBisCO, starch synthase, sucrose phosphate synthase, β -amylase, invertase,
523 phosphofruktokinase, and pyruvate kinase greatly depends on the K sufficiency of plants [165,166]
524 Among the biomolecules carbohydrate had greater interactive relation with K. When plants get
525 enough K, they synthesize large biomolecules, for example, cellulose, starch, protein, etc. As a result,
526 the number of small molecules like free sugars, amino acids, organic acids and amides content
527 reduced in the cell, while the concentration of phenols increased that aid in plant resistance [167] and
528 increased the response of plants to abiotic stress [168]. Carbohydrates, mostly hexose content
529 decreased in leaves due to sufficient K supply which was transported to another plant organ due to
530 better phloem activity. On the other hand, K deficiency resulted in decreased activity of pyruvate
531 kinase and/or increased invertase activity that reduces the concentration of starch in leaf because of
532 inhibition of starch synthase [36].

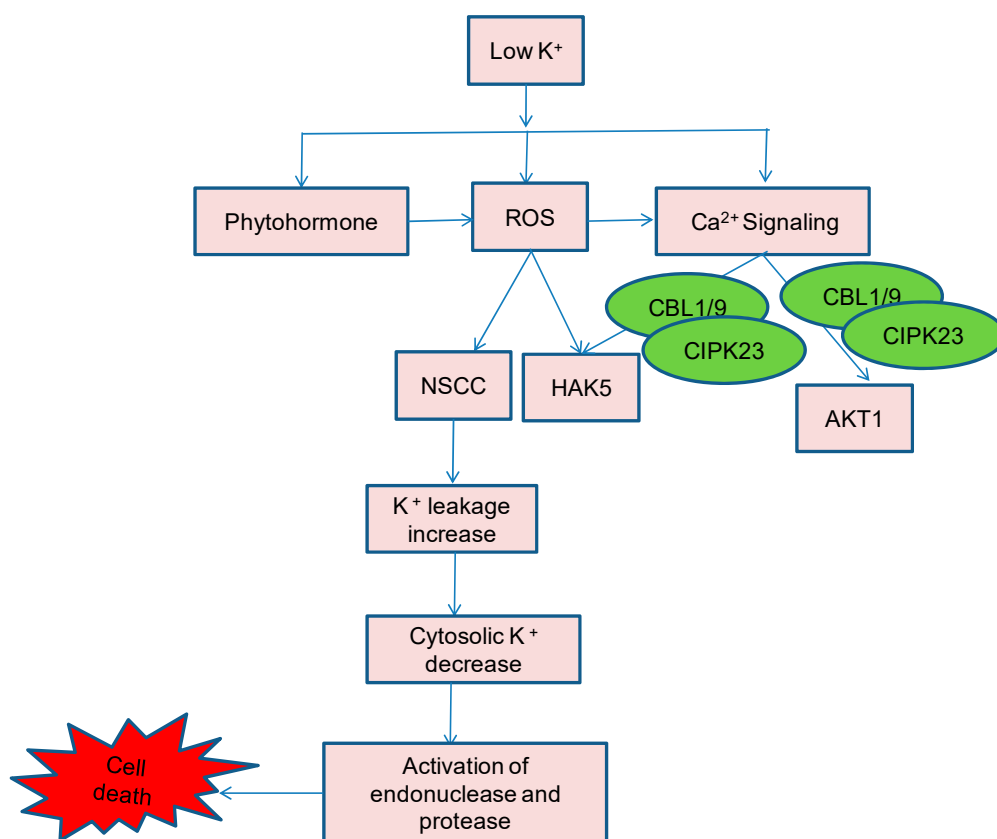
533 Potassium has an optimistic relationship with plant hormone synthesis also [169]. When K
534 concentration in the cell is low jasmonic acid (JA) and auxin biosynthesis are upregulated [170], but
535 ethylene synthesis increased to two-fold in *Arabidopsis* when suffering from K-starvation [171]. and
536 other biological function, decreased in roots and xylem sap, leading to sucrose accumulation,
537 whereas cytokinin concentration in leaf and xylem sap decreased, when plants get sufficient amount
538 of K [172,162]. Ethylene—another important plant hormone, mediated root morphology and
539 stimulate ROS biosynthesis to tolerate low K condition in *Arabidopsis* [173]. Exogenous application of
540 K and NAA can interact significantly to increase in growth and yield of *V. radiata* [174]. A similar
541 result was also obtained by applying K and GA₃ on rice [175], K and SA on olive tree at salinity [176].
542 Increased levels of JA, hydroxy-12-oxo-octadecadienoic acids (HODs) and 12-oxo-phytodienoic acid
543 (OPDA) were obtained under K-starved condition along with up-regulation of the 13-LOX pathway
544 indicates the transcript levels of several biosynthetic enzymes with K interaction [177]. These
545 phenomena are the indication of hormonal balance due to K interaction.

546 Polyamines have a role in wide range of environmental stresses, involved in various
547 physiological processes. Their concentration in cellular level increased at K deficit condition in *Avena*
548 *sativa* [178]. When plant faces any stress, they accumulate polyamines at a higher concentration.
549 Polyamines have significant interaction with K in cellular level and regulate plasma membrane K⁺
550 channel of guard cell for modulating stomatal regulation [179]. They also reported that spermidine,
551 spermine, cadaverine, and putrescine powerfully block the opening and closer of stomata, which
552 provided a link among stress, stomatal regulation, and polyamines level.

553 8. Potassium-induced abiotic stress signaling

554 In the dynamic environment, K⁺ content in the soil may not be remaining same over the
555 growing period of a crop. Interestingly, plant root can sense the fluctuation in K availability. Sensing
556 the K deficiency by plant root, series of events take place in the plant at the molecular level to cope
557 up with this condition. From signal perceiving to adaptive responses, some signaling components
558 are involved (Fig. 4). For example, Ca²⁺ signaling, ROS, microRNA, membrane potential and
559 phytohormone are the signaling components [9,180]. Under K⁺ deficient condition, CIPK23 (a
560 protein kinase) activates the K transporter AKT1 by phosphorylation. Calcium sensors, CBL1 and
561 CBL2 regulate the activation of CIPK23 [181]. Later on, low K⁺-induced two distinct Ca signal read
562 by CBL1/9 was observed in *A. thaliana* [182]. Then CBL1/9 regulates the AKT1 by activating
563 CBL1/9-CIPK23 complexes [182]. Overexpression of type III peroxidase, *RCL3* increased the
564 production of ROS as well as HAK5 expression. However, mutant lacking this gene reduced both
565 ROS production and HAK5 expression, indicating a relationship between ROS and low K⁺ response
566 [183]. Potassium channel like NSCC and GORK are very sensitive to ROS. Under the saline
567 condition, ROS-mediated activation of NSCC and GORK is the main reason for K⁺ pool reduction in
568 the cytosol ([13,184]. Prolonged K⁺ deficiency in the cytosol activates different endonucleases and

569 protease which in turn cause cell death [13]. Phytohormones such as ethylene, auxin, cytokinin and
 570 JA are also involved in low K⁺-induced signaling process. Under K⁺ deficient condition, *HAK5*
 571 transcription is regulated by the upstream signaling molecule ethylene and ROS ([185]. However,
 572 cytokinin content decreases under low K⁺ stress to regulate *HAK5* by inducing ROS [185]. A K⁺
 573 transporter in rice has found to be regulated by JA ([186]. Involvement of microRNAs in nutrient
 574 homeostasis in plants has been reported in many studies. For example, using gene chip
 575 overexpression of *OsmiR399* increased the nutrient content in the plant including K⁺. Under nutrient
 576 starvation, *OsmiR399* expression increases [187]. Taken together, different complex pathways are
 577 interlinked to sustain crop growth and productivity. Elucidation of a complex pathway that induced
 578 by K⁺ signaling allow us to engineer the pathway in a way to ensure optimum K⁺ level in the plant.



579

580 **Fig. 4** K-induced signaling in the plant. ROS: Reactive oxygen species; NSCC: Non-selective cation
 581 channel; HAK5 and AKT1: K⁺ transporter, CBL1/9: calcineurin B-like proteins, CIPK23: A protein
 582 kinase.

583 10. Conclusion

584 Potassium is very important for plant survival under both normal and stress condition. It is not
 585 only a part of the chemical structure but also plays vital regulatory function in biochemical and
 586 physiological processes that contribute to plant growth and development. Proper use of K with other
 587 nutrients helps to attain sustainable productivity and quality of crops and ensure nutritional food
 588 security for animal and human being. As a sessile organism, plant is continuously disturbed by a
 589 range of abiotic and biotic stresses. Among the abiotic stresses, drought, salinity, toxic metal, high
 590 temperature, chilling, high light intensity, waterlogging, etc. confirmed their deleterious functions in
 591 crop plants. Important physiological activities including photosynthesis are greatly hampered under
 592 most of the abiotic stresses, which lead to increase toxic ROS in a plant cell. But adequate K supply
 593 to the plants during stress condition can lessen the production of ROS and improve the plant condition.
 594 Potassium also works in plant signaling system which helps to defend some stresses by activating

595 antioxidant defense system. This review assesses K involvement in normal plant growth and in
 596 increasing tolerance/resistance against different stress conditions. This review would help to design
 597 K-based future research work for the betterment of modern agriculture.

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