

## Article

# Is *Fundulus heteroclitus* Intrusion Depleting Winter Marsh Pools of Native Fish Species?

Renata Gonçalves <sup>1,\*</sup>, Joana Cruz <sup>1</sup>, Radhouan Ben-Hamadou <sup>2</sup>, Maria Alexandra Teodósio <sup>1</sup>, Ana Dulce Correia <sup>3</sup> and Luís Chicharo <sup>4</sup>

<sup>1</sup> CCMAR, Centro de Ciências do Mar, Campus de Gambelas, 8005-139 Faro, Portugal; jrcruz@ualg.pt (JC); machichar@ualg.pt (MAT)

<sup>2</sup> Department of Biological and Environmental Sciences, College of Arts and Sciences, Qatar University, PO Box 2713, Doha, Qatar; benhamadou@qu.edu.qa

<sup>3</sup> Reckitt Benckiser Healthcare UK, Dansom Lane, HU8 7DS, Hull, United Kingdom; correia.ana10@gmail.com

<sup>4</sup> CIMA, Centro de Investigação Marinha e Ambiental, Campus de Gambelas, 8005-139 Faro, Portugal; lchichar@ualg.pt

\* Correspondence: rgoncalves@ualg.pt; Tel.: +351-289-800-051

**Abstract:** This work updates the characterization of winter fish communities in salt marsh areas of Guadiana estuary (SE-Portugal) and discusses the potential risks of habitat dominance by a non-indigenous species (NIS). To this effect, six field campaigns were carried out during winter season targeting the collection of fish species. Individuals from seven different families (marine and estuarine) were collected although the community was dominated by two estuarine species – the native *Pomatoschistus* sp. (goby) and the NIS *Fundulus heteroclitus* (mummichog). Goby controlled the majority of salt marsh habitats, except one specific, marsh pool, where extreme environmental conditions were registered, namely high temperature and salinity. Such conditions may have boosted the intrusion of mummichog in this area. This species is well adapted to a wide range of abiotic factors enabling them to colonize habitats where no predators inhabit. Impacts of mummichog intrusion in the Guadiana salt marsh area are still unpredictable since this is the first recorded in such high density. Nevertheless, in scenarios of increased anthropogenic pressure and, consequently, habitat degradation, there is a potential risk of mummichog spread to other habitats and therefore compete for space and food resources with native species.

**Keywords:** Guadiana estuary; salt marsh; non-indigenous species (NIS); anthropogenic pressures; habitat degradation.

## 1. Introduction

Worldwide, estuarine areas and their associated salt marsh habitats are described as highly productive and valuable aquatic ecosystems [1]. Due to high levels of primary production, large reserves of organic matter and habitat diversity, these areas are considered biochemical hotspots that offer optimal conditions for numerous birds and aquatic species [2]. These systems provide potential advantages for the growth and survival of young fish, namely high prey availability and refuge from predators [1] and, consequently, support the offshore stocks of economically valuable species [3,4]. The Guadiana estuary is no exception to this general observation since it provides an exceptionally suitable environment for fish spawning, breeding, feeding, and growth not only for estuarine but also economically important marine species, such as sardine *Sardina pilchardus*, seabream *Diplodus* sp., and sole *Solea* spp. [5,6].

Over the years, estuarine and coastal areas became increasingly affected by anthropogenic activities such as urbanization, industrialization, and tourism [7]. Also, these ecosystems have experienced degradation caused by climatic changes, namely high temperatures and low precipitation [8]. The completion of the Alqueva dam located 150 km from the Guadiana River

mouth promoted a reduction in freshwater inflow leading to the degradation of salt marsh vegetation in the lower Guadiana estuary [9]. Moreover, climate change scenarios, predict for this region an increase in temperature, length, and frequency of dry periods [8]. Predicted lower precipitation will potentiate retention of river waters and sediments by upstream dams and consequently the degradation of water quality and lack of sediment for plant accretion on salt marsh areas of the lower Guadiana estuary.

The resulting degradation observed in salt marsh habitats *per se* are a threat to associated fish species, but also increase the risk of invasion by exotic opportunistic species [10]. In the Guadiana estuary, a community shift has been already documented, including plankton and fish [9,11,12]. In addition, first occurrences of several marine invasive species have also been recorded, with potentially detrimental effects on native biota [13]. In 2008, the invasive species *Blackfordia virginica* (cnidarian) and *Palaemon macrodactylus* (caridean shrimp) were first observed within the Guadiana estuary [13]. For both species, there is the potential competition for space and resources with native species such as *Sardina pilchardus*, *Engraulis encrasicolus*, *Pomatoschistus* sp., *Solea* sp., *Diplodus* sp., *Syngnathus* sp.. Although the sources of introduction for *B. virginica* and *P. macrodactylus* to the Guadiana Estuary remain unknown, previous research has shown that reduction of variability of river flow in estuaries has facilitated the establishment of NIS species [14].

Occurrences of *Fundulus heteroclitus* (mummichog) are well documented in South of Spain but remain poorly documented in the Guadiana [5,6]. Mummichog is described as an opportunistic species due to its high tolerance to extreme and highly variable environmental conditions, namely high salinity and a wide range of temperature [15] which makes mummichog a potential candidate to invasive species.

The objectives of this work are: (a) to characterize winter fish communities in salt marsh areas of Guadiana estuary and their occurrence variability according to tide regime; (b) investigate the effect of environmental factors on fish species distribution; and (c) discuss the potential risks of habitat dominance by mummichog, an NIS species.

## 2. Results

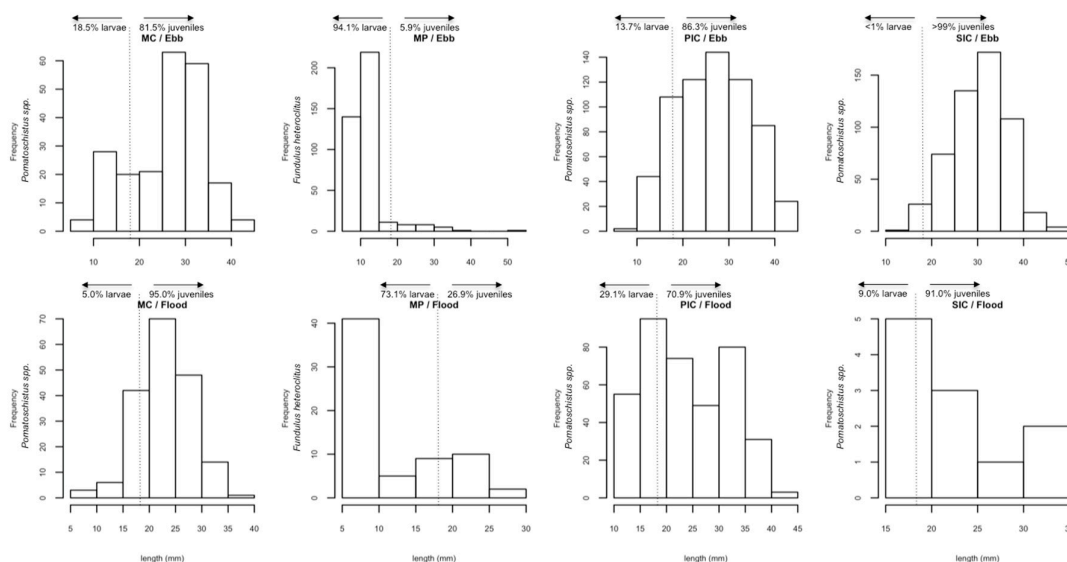
### 2.1. Composition of fish communities

A total of 2550 individuals from seven different families were collected from Guadiana estuary salt marshes. Among these, four were estuarine residents (goby, *Pomatoschistus* sp.; mummichog, *Fundulus heteroclitus*; sand smelt, *Atherina* sp., and pipefish, *Syngnathus* sp.). One species was marine seasonal (sardine, *Sardina pilchardus*), the other two were marine juveniles (seabream, *Diplodus* sp. and sole, *Solea* spp.). Catches were primarily dominated by the estuarine resident goby and secondarily by mummichog, which collectively made up more than 99% of the total catch.

Marine species were caught at larval stages, except the sole that was also caught in the juvenile stage. The estuarine resident pipefish was caught at the juvenile stage, goby at both larvae and juvenile and mummichog at all stages (from egg to adult). The majority of the captured gobies were juveniles (87%) and only 13% were larvae. Mummichog catches were dominated by larvae (91%) with only 9% of juveniles (Table 1, Figure 1).

**Table 1.** List of captured fish species during the study period in the lower Guadiana estuary salt marsh areas. N: total number; F (%): frequency; % of larvae; % of juveniles; Mean size (mm); Size range (mm); Spatial occupancy: MC “main channel”, PIC “principal intertidal creek”, SIC “secondary intertidal creek” and MP “marsh pool”.

Species	N	F (%)	Larvae (%)	Juveniles (%)	Mean size (mm)	Size range (mm)	Spatial Occupancy
<i>Atherina</i> sp.	1	0.04	-	100.0	36.0	-	MC
<i>Diplodus</i> sp.	1	0.04	100.0	-	16.0	-	PIC
<i>Fundulus heteroclitus</i>	479	18.93	90.6	9.4	12.1	1.6 - 52.0	MP
<i>Pomatoschistus</i> sp.	2043	80.75	13.0	87.0	27.1	7.0 - 47.0	MC, PIC, SIC, MP
<i>Sardina pilchardus</i>	2	0.08	100.0	-	27.0	26.0 - 28.0	MC, SIC
<i>Solea</i> spp.	3	0.12	66.7	33.3	13.2	6.5 - 26.0	MC
<i>Syngnathus</i> sp.	1	0.04	-	100.0	92.0	-	MP

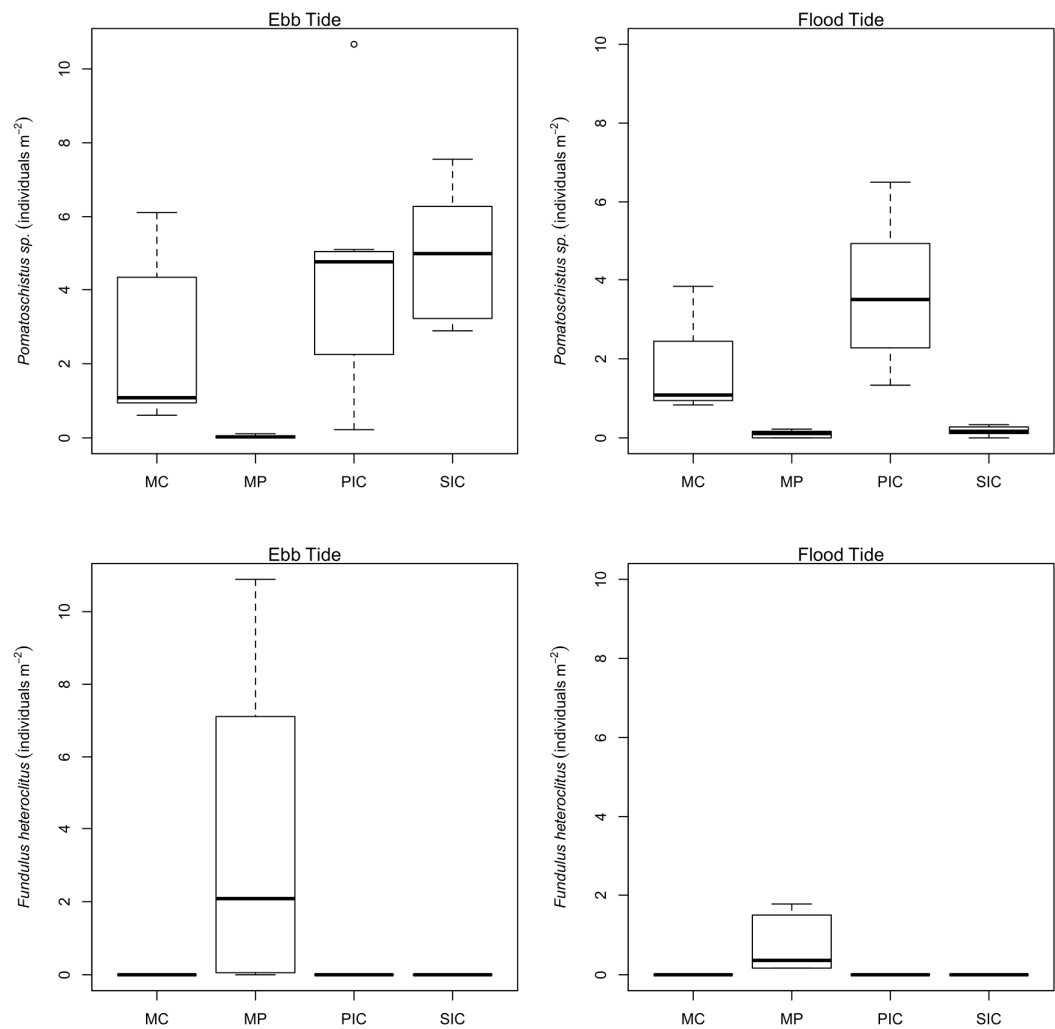


**Figure 1.** Size and frequency distributions of the two most abundant species per site and tide. Dotted vertical line indicates length at metamorphosis of each species (*Pomatoschistus* sp.: 17 mm; *Fundulus heteroclitus*: 18 mm).

## 2.2. Fish distribution among habitats

Overall, fish density was always higher during ebb tide except for MP habitat. PIC and SIC were the habitats with higher densities during the ebb tide. However, fish density in SIC abruptly dropped during the flood (Figure 2) and this habitat presented the lowest percentage of fish larvae (Figure 1). The analysis of variance performed with density data indicated that goby distribution varied significantly between habitats nested with the tide (two-way ANOVA: habitat  $\times$  tide  $p < 0.001$ ,  $df = 3$ , Table 2 and 3, Figure 2). The largest differences were found between MP and the remaining habitats. MC, PIC, and SIC were heavily used by fish during ebb tide. MC and PIC were the most and SIC the least used habitats during the flood. Gobies were present in all habitats while mummichog was exclusively observed in MP (Figure 2) justifying the extremely low habitat overlap between the two

species in both tide stages ( $Opf = 0.0036$  in the ebb tide and  $Opf = 0.0107$  in the flood). Moreover, marine species were never observed in MP habitat (Table 1).



**Figure 2.** Box plots of fish density (no. individuals  $m^{-2}$ ) of *Pomatoschistus* sp. and *Fundulus heteroclitus* per site and tide captured in the lower Guadiana estuary salt marsh area. The box includes observations from 25<sup>th</sup> to the 75<sup>th</sup> percentile, the horizontal line within the box represents the median value. Lines outside the box represent the 10<sup>th</sup> and 90<sup>th</sup> percentiles.

**Table 2.** Results of two-way factorial ANOVA performed on the fish density (no. individuals  $m^{-2}$ , squared root transformed) of the most abundant species (*Pomatoschistus* sp.) using habitat and tide as fixed factors. Level of significance: \* $p < 0.001$ .

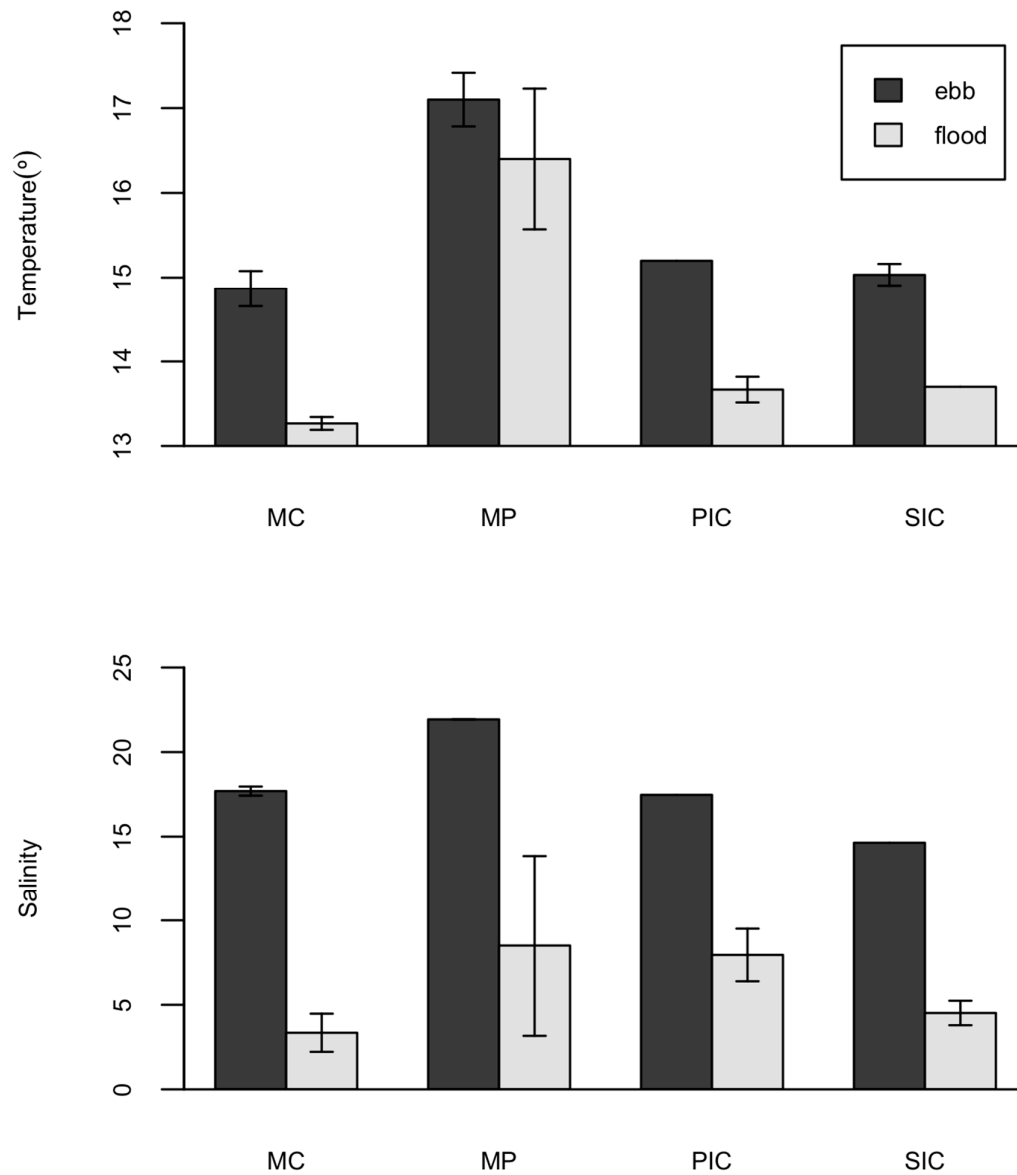
	df	Mean square	F ratio
Habitat	3	7.333	40.59 *
Tide	1	4.098	22.68 *
Habitat x Tide	3	2.243	12.42 *
Error	40	0.181	

**Table 3.** Results of Tukey (HSD) test for habitat comparisons in each tide state. Levels of significance: ns, not significant; \*\*\*p<0.001; \*\*p<0.01; \*p<0.05.

Tide	Habitat	P value
Ebb	MC vs PIC	0.009 **
	MP vs PIC	0.000 ***
	SIC vs PIC	0.999 ns
	MP vs MC	0.000 ***
	SIC vs MC	0.041 *
	SIC vs MP	0.000 ***
Flood	MC vs PIC	0.236 ns
	MP vs PIC	0.000 ***
	SIC vs PIC	0.000 ***
	MP vs MC	0.005 **
	SIC vs MC	0.020 *
	SIC vs MP	0.999 ns

### 2.3. Environmental parameters

Maximum water temperature was recorded in the MP habitat during the ebb (17.1°C) and minimum in the PIC during the flood (13.3°C). The temperature ranges within MC, PIC, and SIC was very similar. The patterns of temperature variation among sites were analogous in both tidal stages with a slight decrease in temperature observed during the flood (Figure 3). There was a negative correlation between temperature and goby larvae density, and a positive correlation between temperature and mummichog (larvae and juveniles) density (Table 4).

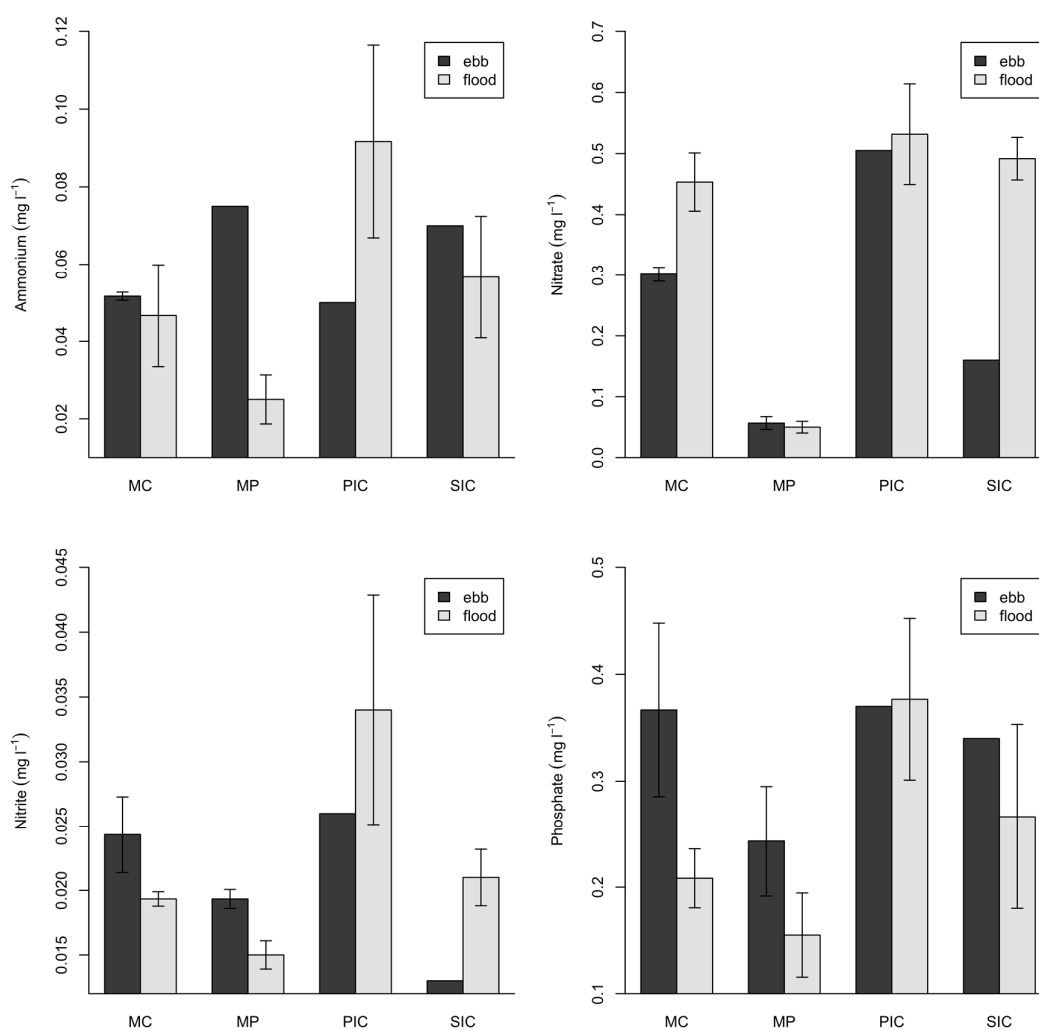


**Figure 3.** Spatial and tidal variation of temperature and salinity measured at each sampling site during the study period in the lower Guadiana estuary salt marsh areas.

**Table 4.** Results of Spearman correlation indices (rho) between larvae and juvenile densities of the two most abundant species and the environmental variables. Level of significance \* $p < 0.05$ .

	Density of <i>Pomatoschistus</i> sp.		Density of <i>Fundulus heteroclitus</i>	
	Juveniles	Larvae	Juveniles	Larvae
Temperature (°)	-0.244	-0.332*	0.564*	0.517*
Salinity	-0.105	-0.143	0.060	0.211
Dissolved Oxygen (mgL <sup>-1</sup> )	-0.208	-0.133	-0.084	-0.137
Cha (mgL <sup>-1</sup> )	0.109	0.214	0.160	0.031
Ammonium (mgL <sup>-1</sup> )	0.017	-0.103	0.048	-0.131
Nitrate (mgL <sup>-1</sup> )	0.467*	0.645*	-0.508*	-0.703*
Nitrite (mgL <sup>-1</sup> )	0.190	0.493*	-0.185	-0.213
Phosphate (mgL <sup>-1</sup> )	0.489*	0.361**	-0.310*	-0.250

Salinity ranged between 3 and 22 with significantly higher values during ebb. A peak of salinity, as for temperature, was also registered in the MP habitat in both tides (Figure 3). There was no correlation between salinity and fish density (Table 4). Dissolved oxygen (DO) concentration ranged between 5.6 and 9.3 mgL<sup>-1</sup> with higher values during the flood. The highest values (2.53 mgL<sup>-1</sup>) of chlorophyll *a* (Cha) were registered in the MC habitat during ebb tide and the lowest values (1.10 mgL<sup>-1</sup>) in SIC also during ebb tide. There was no correlation between fish density and both DO or Cha. Maximum of all nutrients concentration occurred in the PIC and minimum in the MP habitat except for nitrite (Figure 4). Nitrate concentration was extremely low in the MP during ebb and flood (0.065±0.025 and 0.050±0.022 mgL<sup>-1</sup>, respectively). Goby juvenile's density was positively correlated with nitrate and phosphate and goby larvae with nitrite, nitrate, and phosphate. There was a negative correlation between mummichog (larvae and juvenile) density and nitrate. Mummichog juveniles were negatively correlated also with phosphate (Table 4).



**Figure 4.** Spatial and tidal variation of macronutrients concentration (ammonium, nitrite, nitrate and phosphate) measured at each sampling site during the study period in the lower Guadiana estuary salt marsh areas.

### 3. Discussion

For the first time, the occurrence of mummichog in such high densities is reported in South Portugal and their potential risk for native species discussed. The present study was performed during winter months as it is guaranteed there is no overestimation of fish habitat colonization. Thus, fish density and diversity registered herein were relatively low, as expected for this season and region [5,6] and in other salt marsh areas of Portugal [16], North Europe [17,18] and United States [19,20]. All the seven fish genera captured had been previously observed in the study area [5,6] although mummichog in very low densities [5]. Goby and mummichog, two estuarine residents, the first being native and the later NIS, were the two dominant species. Overall, the degree of habitat overlap between this two species was very low in both tidal stages, as shown by the low values of Pianka's index. This indicates that the two species occupy different habitats with the NIS mummichog being exclusively present in an isolated habitat (MP). Gobies are among the most abundant genera all over European salt marshes [6,18,21], and are particularly successful in temperate estuarine environments [22]. The mummichog was introduced in southwestern Iberian Peninsula in 1970's apparently due to cross-contamination of ballast water of ships coming from the USA [23]. There are records of mummichog in southwest Spain [15], however, occurrences of mummichog in Portugal are poorly documented. [5] recorded their presence between 2001 and 2002 in Guadiana salt marsh subtidal creeks but as low as one individual in the total catch. In the salt marshes, marine species were mainly caught at larval stages, while estuarine residents occurred at both larval and juvenile stages. These results indicate that marine species use salt marshes mainly as a nursery area while estuarine residents depend on salt marshes during their entire life cycle [25].

Tides affected goby density in MC, PIC and SIC habitats in a similar way, with higher densities registered during ebb. [26] developed a model simulating current velocities in the lower Guadiana estuary for both tidal stages. Results indicate velocities of 5.3 cms-1 (SIC) and 12.9 cms-1 (MC) during the ebb and 8.8 cms-1 (SIC) and 15.8 cms-1 (MC) during the flood. Lower velocities in the ebb may facilitate fish spread throughout sampled salt marsh habitats especially for the younger of the year. In fact, changes in fish density according to the tide stages occur due to the movement of fish from permanently inundated areas towards the inundated intertidal areas with the flood tide [16]. It should be mentioned that even The presence of fish larvae in all sampled habitats, not only estuarine but also marine species, indicate an active habitat selection capacity since an early life stage. Previous studies performed in some of the fish genera caught during this investigation report larvae swimming speeds (Table 6) in the range of simulated current velocities by [26] supporting our hypothesis. It should be noted that although the model developed by [26] was calibrated with data recorded after the construction of the Alqueva dam, it is not guaranteed that similar velocities occurred during samplings. Results show that despite inter- and subtidal salt marsh creeks are not continuously available habitats, they play a major role not only for estuarine dependent but also marine species, and for both larvae and juvenile fish.

**Table 5.** Critical swimming speeds (Ucrit) of four marine fish larvae species.

Species	Ucrit range (cms <sup>-1</sup> )	Size range (mm)	Reference
<i>Sparus aurata</i>	3.0 – 19.3	6.2 – 14.1	[27]
<i>Atherina presbyter</i>	3.6 – 18.7	6.6 – 21.0	[28]
<i>Solea senegalensis</i>	0.0 – 5.0	3.5 – 7.5	[29]
<i>Sardina pilchardus</i>	1.6 – 9.5	7.9 – 23.4	[30]



MP was the most dissimilar habitat, both in terms of fish composition and environmental parameters, presenting the highest temperatures and salinities and lowest macronutrients concentration, namely nitrates and phosphates. Extreme abiotic conditions registered were caused by the lack of water renewal since the MP is only partially flushed during high tides. Mummichog inhabits a wide range of salinities but prefers the most saline sites, usually above 25 [15,24,31]. They present a great euryhaline range, covering 0 to 128, [32]. Altogether with their wide thermic acclimation range, this species is able to colonize new habitats with great success [31]. MP was also the habitat with the lowest concentration of macronutrients, in particular phosphates and nitrates. According to [33], phosphate and nitrate concentrations registered at MP indicate a low impacted area, in opposition to the other three habitats (SIC, PIC, MC) that presented typical values of moderate to high eutrophic sites. Nutrient enrichment is known to stimulate primary production causing a bottom-up enrichment of the food web, fostering increased fish biomass and body size [33]. Particularly, nitrogen and phosphorus enrichment stimulates benthic algae [34], which in turn stimulates infaunal and epibenthic invertebrates [35]. Benthic algae, infaunal and epibenthic invertebrates all serve as food resources for most estuarine dependent fish species [33]. However, a nutrient over-enrichment can have deleterious consequences, namely a decrease in dissolved oxygen leading to a reduction in fish growth rates [33]. Fish such as gobies, that make use of eutrophic environments, are not likely to stay long enough to experience the negative effect of hypoxia on their growth. As observed by [36], they invade the salt marshes through tidal creeks, forage there for up to a few hours and swim back at the ebb. Such habitats are available for a limited time dependent on tides. Instead, for the short periods, they colonize salt marsh creeks and main channel edge and benefit from the high availability of food, probably influenced by the high concentration of macronutrients [35]. Accounting on the lower concentration of macronutrients observed in MP, also a lower stimulation of primary production and consequently less food available may be expected for this habitat which might explain the lower occurrence of gobies.

Gobies are described as opportunistic carnivores feeding on prey according to its availability. Most important prey items in their diet are polychaetes, mysids, isopods and decapods [22]. Mummichog is also an opportunistic species but omnivore. Their diet is mainly based on amphipods, isopods, and snails [33]. There is some overlap on feeding preferences of both species but mummichog is highly flexible easily adapting to a more herbivory diet (plant tissues) in case of animal prey reduction [33].

Mummichog growth is quite fast, being able to reproduce within the first year of life. Their eggs are also quite big and the post-hatched larvae start with great advantages due to their size [24]. Such characteristics provide this fish species an opportunistic life-history strategy effectively adapting to habitats with extreme environmental conditions as observed in MP. Although goby is described as a widespread species, relatively tolerant to fluctuations in environmental conditions [37], the establishment of mummichog in MP suggests that this species is more competitive in this type of habitat [15]. In fact, the majority of the studies observed that mummichog is occupying extreme habitats (empty niches) not previously used by native fish species [24,31,38] as it seems to be the current scenario in Guadiana salt marshes accounting on the low degree of habitat overlap (Pianka's index) between gobies and mummichog. However, a species with such an expansion capacity, along with its productivity, must have a great influence on the local fish populations. [31] reported that the expansion of mummichog in South-western Spain has already negatively affected some native endemic species like the endangered *Lebias iberia*.

At least 35 NIS fish species have been introduced into the Iberian Peninsula in the last century and, although not all of them prospered, most are now widespread in this area especially linked to degraded environments [39]. Extensive urban development has occurred in the Guadiana River basin over the past century: the consequent reduction in river flow contributed to decreases in water quality [40]. The presence of mummichog does not necessarily imply that a successful invasion has occurred. We did, however, find specimens over a wide range of sizes (1.6 – 52.0 mm) and development stages that imply local reproduction. As so, mummichog must be classified as an NIS species in Guadiana salt marsh area, i.e. a species introduced outside its natural distribution that might survive and

subsequently reproduce. Not all NIS species turn into invasive defined as species with the potential to cause native species extinction, modify ecosystem processes and act as disease vectors [41]. However, some species out of their natural habitats lose their natural predators or control agents. As a result, they are able to increase to levels which are potentially detrimental to the native environment [41].

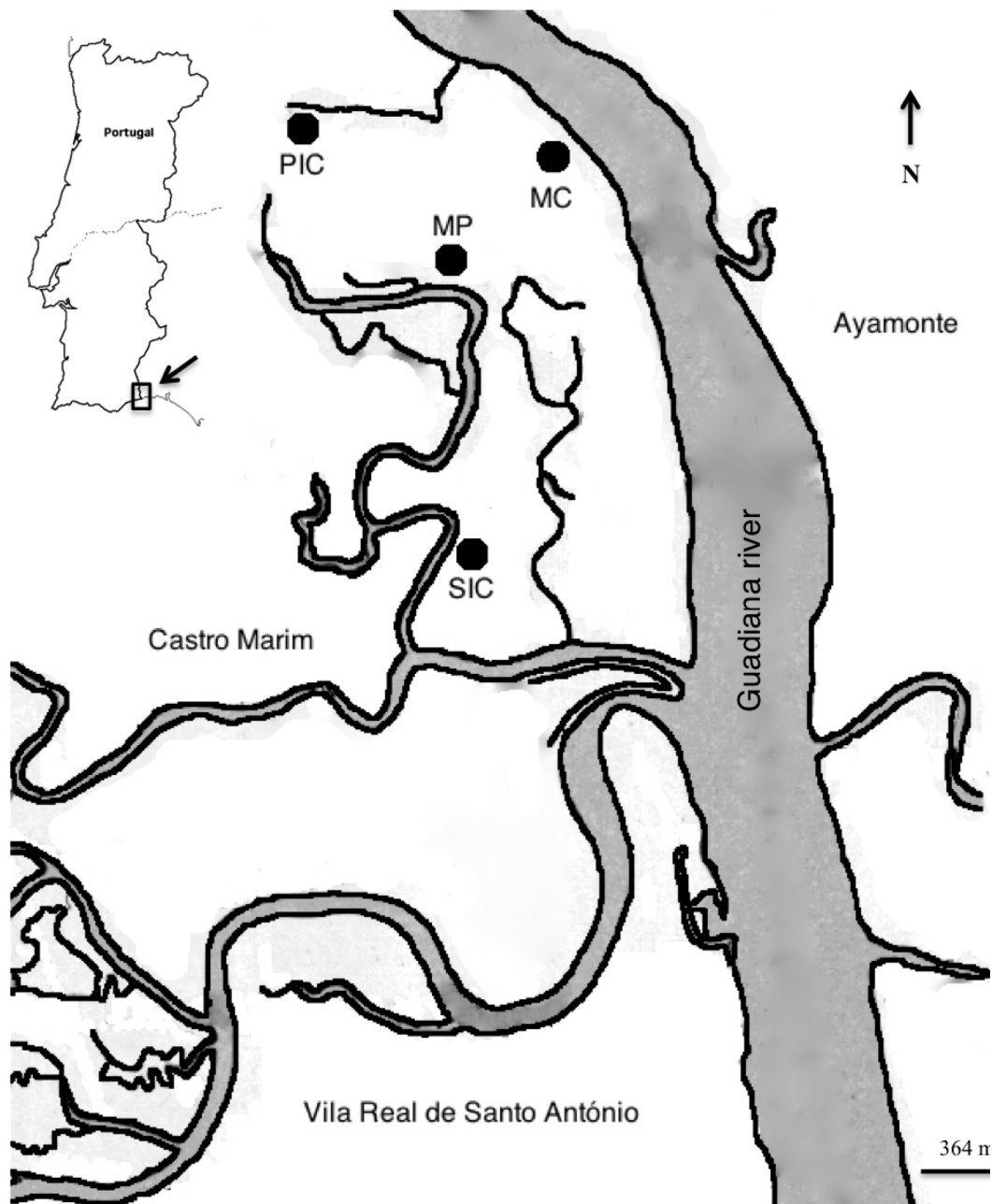
Mummichog establishment was recorded in an isolated and low attractive area for native species due to extreme environmental conditions registered. However, similar to what is happening in areas relatively close in South Spain, Guadiana salt marsh habitats are facing the threat of an expansion of this NIS species to close areas of great value for native species. Various measures are being taken to improve management of water bodies in the Guadiana river basin under the Water Framework Directive in conjunction with the new European Marine Strategy Framework Directive. The new strategic plan which came into force in 2016 and will be in action until 2021 provides for several measures that will potentially mitigate the risk of mummichog expansion, among them: (a) reduce or eliminate discharges of pollutants; (b) define and implement ecological flows; and (c) increase monitoring and supervising plans [42]. The authors recommend that future monitoring studies should be carried out in the study area to evaluate the effectiveness of the new measures implemented in control not only of this but other NIS species.

#### **4. Materials and Methods**

##### *4.1. Sampling and field methodology*

Larval and juvenile fishes were collected between January and February of 2013 at four sites in the Natural Reserve of Castro Marim and Vila Real de Santo António (South of Portugal) salt marsh area. The first sampling site, Main Channel (MC), was set on the edge of the main course of the Guadiana estuary; the second, Primary Intertidal Creek (PIC), a small creek directly connected to the main channel; the third, Secondary Intertidal Creek (SIC), also a small creek with secondary connection to the main channel; and the fourth, Marsh Pool (MP), an area permanently inundated due to the partially obstruction of water flow by a small dyke (Figure 5). A preliminary survey was performed in order to evaluate the adequacy of sampling points and methodologies to the characteristics of the habitats. Accessibility and representativeness were the main factors considered for the selection of sampling sites.

Animal handling was performed following the European Directive 2010/63/EU of European Parliament and of the Council of European Union on the protection of animals used for scientific purposes.



**Figure 5.** Geographical context of the Natural Reserve of Castro Marim and Vila Real de Santo António in Portugal and sampling sites localization in the Natural Reserve salt marsh area.

A total of six diurnal field campaigns were carried out weekly – three at the end of ebb and the other three at the end of flood tides. In each campaign and in each sampling site, larval and juvenile fish specimens were sampled for three consecutive times. Fishes were captured with a seine net (1 mm net size, 5 m length and 0.5 m height). Capture procedure consisted in encircling an area of approximately 18 m<sup>2</sup> near the edge of the main channel, intertidal creeks and marsh pool. One of the operators endured on a fixed point holding one of the extremities of the net, while the second one dragged the net manually in a circle, meeting the first one at the fixed point. When the two operators meet each other, the net was pulled close to the shore. The bottom of the net was equipped with weights in order to guarantee that remained in permanent and direct contact with the bottom. Each

seine took approximately 10 minutes and was performed for three times at each sampling point. Collected samples were immediately preserved in buffered formaldehyde solution (4% final concentration) for further analysis. Additionally, physical-chemical parameters (temperature, salinity, dissolved oxygen, and pH) were recorded at each station with a Yellow Springs Instruments (YSI Model 85) probe immersed approximately 10-20 cm from the water surface. Finally, and also for each point, water samples were collected from the surface for the analysis of dissolved inorganic macronutrients (ammonium,  $\text{NH}_4^+$ ; nitrate,  $\text{NO}_3^-$ ; nitrite,  $\text{NO}_2^-$ ; and phosphate,  $\text{PO}_4^{3-}$ ) and chlorophyll *a*. Samples were immediately stored in 330 mL containers in the dark and at low temperature, until further processing.

4.2. Laboratory analysis

In the laboratory, preserved marine juvenile fishes were measured for total length (precision  $\pm 1.0$  mm) and identified according to [43] and [44]. Fish larvae were measured for total length (precision  $\pm 0.1$  mm) and identified according to [45] and [46] under a stereomicroscope (Leica S8APO, Germany). Identified fish species were classified into ecological guilds, according to their biology and behavior reported in the literature (Table 6).

**Table 6.** Ecological guild definition of captured fish species during the study period in the lower Guadiana estuary salt marsh areas

Ecological guild	Definition	Reference
Estuarine resident	Spend their entire lives in the estuary	[47]
Marine seasonal	Have regular seasonal visits to the estuary, mainly as adults	[47]
Marine juvenile	Use the estuary as nursery ground, usually spawning and spending much of their adult life at sea with seasonal visits to the estuary	[47]

Chlorophyll *a* concentration was determined by filtering water samples through 0.7  $\mu\text{m}$  pore filters (Whatman GF/F, UK) without exceeding vacuum pressures of 100 mmHg. The filters were kept frozen until fluorimetric analysis using the Fluorimeter 10 AU Turner Designs (CA, USA). Finally, dissolved inorganic macronutrients concentrations were determined according to a spectrophotometric method using cell test photometric kits (Merck Millipore, NJ, USA) and the photometer (Spectroquant Nova 60, NJ, USA).

4.3. Data analysis

Two-way factorial analysis of variance (ANOVA) was used to test for differences in fish densities of the most abundant species (*Pomatoschistus* sp.) among sampling sites and tide stages. Both independent variables were considered as fixed factors. Fish density data was transformed to square root in order to reduce the heteroscedasticity of the data. Tukey’s HSD test was used for post hoc comparisons when significant differences were detected ( $p < 0.01$ ). The Spearman correlation coefficient was used to explore patterns of association among the environmental variables and the density of larvae and juveniles of the two most abundant species (*Pomatoschistus* sp. and *Fundulus heteroclitus*). The habitat niche overlap between *Pomatoschistus* sp. and *Fundulus heteroclitus* was evaluated through Pianka’s index [48], applied to the density of each species in each habitat sampled. Pianka’s formula is  $O_{pf} = \sum P_{ip} P_{if} \div \sqrt{\sum P_{ip}^2 \sum P_{if}^2}$ , where  $O_{pf}$  is Pianka’s measure of niche overlap between *Pomatoschistus* sp. and *Fundulus heteroclitus*;  $P_{ip}$  is the proportion of the resource *i* out of the

total resources used by *Pomatoschistus* sp.;  $P_{it}$  is the proportion of the resource  $i$  out of the total resources used by *Fundulus heteroclitus*;  $i$  could range from 1 to  $n$ , where  $n$  is the total number of habitats considered (in our case  $n = 4$ , the number of sampled habitats). The value of index  $O$  could range from 0 (no overlap) to 1 (full overlap). All statistics were applied using the open source software R version 2.15.1 [49].

**Acknowledgments:** The authors are indebted to Marília Claro, Katarzyna Sroczyńska, and Simão Santos, who helped with the field work. We are also grateful to anonymous authors who improved earlier drafts of this manuscript. This work was supported by the FCT (Portuguese Foundation for Science and Technology) through a PhD grant awarded to Renata Gonçalves (SFRH/47985/2008), the European Regional Development Fund (COMPETE program – Operational Competitiveness Programme), and by national funds from FCT through project UID/Multi/04326/2013.

**Author Contributions:** The contribution of each author was the following: Renata Gonçalves was involved on the work planning, field and laboratory work execution, data analysis and writing of the manuscript; Joana Cruz was involved on laboratory work execution and writing of the manuscript by giving scientific and editorial advice; Maria Alexandra Teodósio and Ana Dulce Correia were involved on data analysis and writing of the manuscript by giving scientific and editorial advice; Radhouane Ben-Hamadou was involved on work planning, data analysis and writing the manuscript by giving scientific and editorial advice; Luís Chicharo were involved on work planning and writing the manuscript by giving scientific and editorial advice.

**Conflicts of Interest:** The authors declare no conflict of interest. The founding sponsors had no role in the design of the study; in the collection, analyses, or interpretation of data; in the writing of the manuscript, and in the decision to publish the results.

## References

1. Vasconcelos, R.P.; Reis-Santos, P.; Fonseca, V.; Maia, A.; Ruano, M.; França, S.; Vinagre, C.; Costa, M.J.; Cabral, H. Assessing anthropogenic pressures on estuarine fish nurseries along the Portuguese coast: A multi-metric index and conceptual approach, *Sci. Total Environ.* **2007**, *374*, 199–215. doi:10.1016/j.scitotenv.2006.12.048
2. Barbier, E.B.; Hacker, S.D.; Kennedy, C.; Koch, E.; Stier, A.C.; Silliman, B.R. The value of estuarine and coastal ecosystem services. *Ecol Monogr.* **2011**, *81*(2), 169–193.
3. Beck, M.W.; Heck, K.L.; Able, K.W.; Childers, D.L.; Eggleston, D.B.; Gillanders, B.M.; Halpern, B.; Hays, C.G.; Hoshino, K.; Minello, T.J.; Orth, R.J.; Sheridan, P.F.; Weinstein, M.P. The Identification, Conservation, and Management of Estuarine and Marine Nurseries for Fish and Invertebrates. *Bioscience.* **2001**, *51*(8), 633. doi:10.1641/0006-3568(2001)051[0633:TICAMO]2.0.CO;2.
4. Able, K.W. A re-examination of fish estuarine dependence: Evidence for connectivity between estuarine and ocean habitats. *Estuar Coast Shelf Sci.* **2005**, *64*(1), 5–17. doi:10.1016/j.ecss.2005.02.002.
5. Veiga, P.; Vieira, L.; Bexiga, C.; Sa, R.; Erzini, K. Structure and temporal variations of fish assemblages of the Castro Marim salt marsh, southern Portugal. *Estuar Coast Shelf Sci.* **2006**, *70*, 27–38. doi:10.1016/j.ecss.2006.05.037.
6. Gonçalves, R.; Correia, A.D.; Atanasova, N.; Teodósio, M.A.; Ben-Hamadou, R.; Chícharo, L. Environmental factors affecting larval fish community in the salt marsh area of Guadiana estuary (Algarve, Portugal). *Sci Mar.* **2015**, *79*(1), 25–34. doi: 10.3989/scimar.04081.08a.
7. Cravo, A.; Lopes, B.; Serafim, A.; Company, R.; Barreira, L.; Gomes, T.; Bebianno, M.J. A multibiomarker approach in *Mytilus galloprovincialis* to assess environmental quality. *J Environ Monit.* **2009**, *11*(9), 1673–1686. doi:10.1039/b909846a.
8. IPCC. Climate Change 2007: Synthesis Report. Contribution of Working Groups I, II and III to the Fourth Assessment Report of the Intergovernmental Panel on Climate Change [Core Writing Team, Pachauri, R.K. and Reisinger, A. (eds.)]. IPCC, Geneva, Switzerland. **2007**. doi:10.1256/004316502320517344.
9. Crooks, J.A.; Chang, A.L.; Ruiz, G.M. Aquatic pollution increases the relative success of invasive species. *Biol Invasions.* **2010**, *13*(1), 165–176. doi:10.1007/s10530-010-9799-3.
10. Chícharo, M.A.; Chícharo, L.; Morais, P. Inter-annual differences of ichthyofauna structure of the Guadiana estuary and adjacent coastal area (SE Portugal / SW Spain): Before and after Alqueva dam construction. *Estuar Coast Shelf Sci.* **2006**, *70*, 39–51. doi:10.1016/j.ecss.2006.05.036.
11. Faria, A.; Morais, P.; Chícharo, M.A. Ichthyoplankton dynamics in the Guadiana estuary and adjacent coastal area, South-East Portugal. *Estuar Coast Shelf Sci.* **2006**, *70*, 85–97. doi:10.1016/j.ecss.2006.05.032.
12. Domingues, R.B.; Sobrino, C.; Galvão, H. Impact of reservoir filling on phytoplankton succession and cyanobacteria blooms in a temperate estuary. *Estuar Coast Shelf Sci.* **2007**, *74*(1–2), 31–43. doi:10.1016/j.ecss.2007.03.021.
13. Chícharo, M.A.; Leitão, T.; Range, P.; Gutierrez, C.; Morales, J.; Morais, P.; Chícharo, L. Alien species in the Guadiana Estuary (SE-Portugal/SW-Spain): *Blackfordia virginica* (Cnidaria, Hydrozoa) and *Palaemon macrodactylus* (Crustacea, Decapoda): potential impacts and mitigation measures. *Aquat Invasions.* **2009**, *4*(3), 501–506. doi:10.3391/ai.2009.4.3.11.
14. Bunn, S.E.; Arthington, A.H. Basic Principles and Ecological Consequences of Altered Flow Regimes for Aquatic Biodiversity. *Environ Manage.* **2002**, *30*(4), 492–507. doi:10.1007/s00267-002-2737-0.
15. Fernández-Delgado, C. Life-history patterns of the salt-marsh killifish *Fundulus heteroclitus* (L.) introduced in the estuary of the Guadalquivir river (South West Spain). *Estuar Coast Shelf Sci.* **1989**, *29*(6), 573–582. doi:10.1016/0272-7714(89)90011-5.
16. Ribeiro, J.; Bentes, L.; Coelho, R.; Gonçalves, J.; Lino, P.; Monteiro, P.; Erzini, K. Seasonal, tidal and diurnal changes in fish assemblages in the Ria Formosa lagoon (Portugal). *Estuar Coast Shelf Sci.* **2006**, *67*(3), 461–474. doi:10.1016/j.ecss.2005.11.036.
17. Koutsogiannopoulou, V.; Wilson, J.G. The fish assemblage of the intertidal salt marsh creeks in North Bull Island, Dublin Bay: seasonal and tidal changes in composition, distribution and abundance. *Hydrobiologia.* **2007**, *588*(1), 213–224. doi:10.1007/s10750-007-0664-z.
18. Green, B.C.; Smith, D.J.; Earley, S.E.; Hepburn, L.J.; Underwood, G.J.C. Seasonal changes in community composition and trophic structure of fish populations of five salt marshes along the Essex coastline, United Kingdom. *Estuar Coast Shelf Sci.* **2009**, *85*(2), 247–256. doi:10.1016/j.ecss.2009.08.008.



19. Desmond, J.S.; Zedler, J.B.; Williams, G.D. Fish use of tidal creek habitats in two southern California salt marshes. *Ecol Eng.* **2000**, *14*(3), 233-252. doi:10.1016/S0925-8574(99)00005-1.
20. West, J.M.; Zedler, J.B. Marsh-Creek Connectivity: Fish Use of a Tidal Salt Marsh in Southern California. *Estuaries*. **2000**, *23*(5), 699. doi:10.2307/1352896.
21. Laffaille, P. Composition of Fish Communities in a European Macrotidal Salt Marsh (the Mont Saint-Michel Bay, France). *Estuar Coast Shelf Sci.* **2000**, *51*(4), 429-438. doi:10.1006/ecss.2000.0675.
22. Leitão, R.; Martinho, F.; Neto, J.M.; Cabral, H.; Marques, J.C.; Pardal, M.A. Feeding ecology, population structure and distribution of *Pomatoschistus microps* (Krøyer, 1838) and *Pomatoschistus minutus* (Pallas, 1770) in a temperate estuary, Portugal. *Estuar Coast Shelf Sci.* **2006**, *66*(1-2), 231-239. doi:10.1016/j.ecss.2005.08.012.
23. Sierra, J. La aparición del pez momia en el Delta del Ebro amenaza al samaruc valenciano. *Las Prov.* **2006**, *20*(3), 6.
24. Gisbert, E.; López, M.A. First record of a population of the exotic mummichog *Fundulus heteroclitus* (L., 1766) in the Mediterranean Sea basin (Ebro River delta). *J Fish Biol.* **2007**, *71*(4), 1220-1224. doi:10.1111/j.1095-8649.2007.01579.x.
25. Mathieson, S.; Cattrijsse, A.; Costa, M.; Drake, P.; Elliott, M.; Gardner, J.; Marchand, J. Fish assemblages of European tidal marshes: a comparison based on species, families and functional guilds. *Mar Ecol Prog Ser.* **2000**, *204*, 225-242. doi:10.3354/meps204225.
26. Basos, N. GIS as a tool to aid pre- and post-processing of hydrodynamic models. Application to the Guadiana Estuary. M.Sc. Thesis, Algarve University, Faro, Portugal, 2013.
27. Faria, A.M.; Chicharo M.A.; Gonçalves E.J. Effects of starvation on swimming performance and body condition of pre-settlement *Sparus aurata* larvae. *Aquat Biol.* **2011**, *12*, 281-289. doi:10.3354/ab00345.
28. Faria, A.M.; Borges, R. Gonçalves, E.J. Critical swimming speeds of wild-caught sand-smelt *Atherina presbyter* larvae. *J Fish Biol.* **2014**, *85*(3), 953-959. doi:10.1111/jfb.12456.
29. Faria, A.M.; Muha, T.; Morote, E.; Chicharo, M.A. Influence of starvation on the critical swimming behaviour of the Senegalese sole (*Solea senegalensis*) and its relationship with RNA / DNA ratios during ontogeny. *Sci Mar.* **2011**, *75*(1), 87-94. doi:10.3989/scimar.2011.75n1087.
30. Silva, L.; Faria, A.M.; Teodósio, M.A.; Garrido, S. Ontogeny of swimming behaviour in sardine *Sardina pilchardus* larvae and effect of larval nutritional condition on critical speed. *Mar Ecol Prog Ser.* **2014**, *504*, 287-300. doi:10.3354/meps10758.
31. Gutiérrez-Estrada, J.C.; Prenda, J.; Oliva, F.; Fernández-Delgado, C. Distribution and Habitat Preferences of the Introduced Mummichog *Fundulus heteroclitus* (Linnaeus) in South-western Spain. *Estuar Coast Shelf Sci.* **1998**, *46*, 827-835. doi:10.1006/ecss.1997.0318.
32. Feldmeth, C.R.; Waggoner, J.P. Field measurements of tolerance to extreme hypersalinity in the California killifish, *Fundulus parvipinnis*. *Copeia.* **1972**, *3*, 592-594. doi:10.2307/1442940.
33. Lockfield, K.C.; Fleeger, J.W.; Deegan, L. Mummichog, *Fundulus heteroclitus*, Responses to Long-Term, Whole-Ecosystem Nutrient Enrichment. *Mar Ecol Prog Ser.* **2013**, *492*, 211-222. doi:10.3354/meps10495.
34. Elser, J.J.; Bracken, M.E.S.; Cleland, E.E.; Gruner, D.S.; Harpole, W.S.; Hillebrand, H.; Ngai, J.T.; Seabloom, E.W.; Shurin, J.B.; Smith, J.E. Global analysis of nitrogen and phosphorus limitation of primary producers in freshwater, marine and terrestrial ecosystems. *Ecol Lett.* **2007**, *10*(12), 1135-1142. doi:10.1111/j.1461-0248.2007.01113.x.
35. Posey, M.H.; Alphin, T.D.; Cahoon, L.; Lindquist, D.; Becker, M.E. Interactive effects of nutrient additions and predation on infaunal communities. *Estuaries.* **1999**, *22*(3), 785-792. doi:10.2307/1353111.24.
36. Lefeuvre, J.C.; Laffaille, P.; Feunteun, E. Do fish communities function as biotic vectors of organic matter between salt marshes and marine coastal waters? *Aquat Ecol.* **1999**, *33*(3), 293-299. doi:10.1023/A:1009956605842.
37. Elliot, M.; Hemingway, K.; Costello, M.J.; Duhamel, S.; Hostens, K.; Labropoulou, M.; Marshall, S.; Winkler, H. Links between fish and other trophic levels. In *Fishes in Estuaries*. Elliot, M., Hemingway, K.L., Eds.; Blackwell Science: Oxford, United Kingdom, 2002; pp. 54-123, ISBN:9780632057337.
38. Abraham, B.J. Species profiles: life histories and environmental requirements of coastal fishes and invertebrates (Mid-Atlantic) mummichog and striped killifish. *USFWS Biol. Rpt.* **1989**, *82*(11), 24pp.
39. Hermoso, V.; Blanco-Garrido, F.; Prenda, J. Spatial distribution of exotic fish species in the Guadiana river basin, with two new records. *Limnetica.* **2008**, *27*(1), 189-194.

40. Rocha, C.; Galvão, H.; Barbosa, A. Role of transient silicon limitation in the development of cyanobacteria blooms in the Guadiana estuary, south-western Iberia. *Mar Ecol Prog Ser.* **2002**, *228*, 35-45. doi:10.3354/meps228035.
41. Secretariat of the Convention on Biological Diversity. *Assessment and management of alien species that threaten ecosystems, habitats and species*. Abstracts of keynote addresses and posters presented at the 6<sup>th</sup> Meeting of the Subsidiary Body on Scientific, Technical and Technological Advice, Montreal, Canada, 12-16<sup>th</sup> March 2001.
42. Agência Portuguesa do Ambiente. Plano de Gestão da Região Hidrográfica do Guadiana 2016-2021. Personal communication, 2015.
43. Muus, B.J.; Dahlstrom, P. *Guide Des Poissons D'eau Douce et Pêche*. Quartier, A.A., Eds.; Delachaux & Niestlé: Neuchâtel-Paris, France, 1968; 248p.
44. Whitehead, P.J.P.; Bauchot M.L.; Hureau, J.C.; Nielsen, J.; Tortonese, E. *Fishes of the North-Atlantic and Mediterranean*. Whitehead, P.J.P., Eds.; UNESCO, UK, 1986; Volume 2, 1473p., ISBN:9230023086.
45. Russell, F.S. *The Eggs and Planktonic Stages of British Marine Fishes*. Academic Press: New York, USA, 1976; 539p. ISBN:0126040508.
46. Ré, P. *Ictioplâncton Estuarino Da Península Ibérica (Guia de Identificação Dos Ovos E Estados Larvares Planctónicos)*. Câmara Municipal de Cascais: Cascais, Portugal, 1999; 163p. ISBN:972-637-065-5.
47. Elliott, M.; Dewailly, F. The structure and components of european estuarine fish assemblages. *Aquatic Ecol.* **1995**, *29*(3-4), 397-417. doi:10.1007/BF02084239.
48. Pianka, E.R. The structure of Lizard Communities. *Annu Rev Ecol Syst.* **1973**, *4*(1), 53-74. doi: 10.1146/annurev.es.04.1101173.000413.
49. R Development Core Team. R: A Language and Environment for Statistical Computing. 2009.