

Article

Sinulariolide Suppresses Cell Migration and Invasion by Inhibiting Matrix Metalloproteinase-2/-9 and Urokinase through the PI3K/AKT/mTOR Signaling Pathway in Human Bladder Cancer Cells

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Abstract: Sinulariolide, a natural product extracted from cultured-type soft coral *Sinularia flexibilis*, possesses bioactivity against the movement of several types of cancer cell. However, the molecular pathway of its effects on human bladder cancer remain poorly understood. Using a human bladder cancer cell line as an *in vitro* model, this study investigated the underlying mechanism of sinulariolide against cell migration/invasion in TSGH-8301 cells. We found that sinulariolide inhibited TSGH-8301 cell migration/invasion, and the effect was concentration-dependent. Furthermore, the protein expressions of matrix metalloproteinases (MMPs) MMP-2 and MMP-9, as well as urokinase, were significantly decreased after 24-h sinulariolide treatment. Meanwhile, the increased expressions of tissue inhibitors of metalloproteinases (TIMPs) TIMP-1 and TIMP-2 were in parallel with an increased concentration of sinulariolide. Finally, the expressions of several key phosphorylated proteins in the mTOR signaling pathway were also downregulated by sinulariolide treatment. Our results demonstrated that sinulariolide has significant effects against TSGH-8301 cell migration/invasion, and its effects were associated with decreased levels of MMP-2/-9 and urokinase expression, as well as increased TIMP-1/TIMP-2 expression. The inhibitory effects were mediated by reducing phosphorylation proteins of the PI3K, AKT and mTOR signaling pathway. The findings suggested that sinulariolide is a good candidate for advanced investigation with the aim of developing a new drug for the treatment of human bladder cancer.

Keywords: sinulariolide; human bladder cancer; migration; invasion; PI3K/AKT/mTOR signaling pathway.

1. Introduction

Human bladder cancer is one of the most common cancers in the United States [1] and the ninth most common worldwide [2], accounting for approximately 5% of the mortality rate of all types of cancer in the US. It has been reported that bladder cancer causes more than 150,000 deaths

worldwide, and has been estimated to cause 15,500 deaths per year in the United States alone [3, 4]. The majority of human bladder cancers are diagnosed as urothelial carcinoma, known as transitional cell carcinoma (TCC), which is derived from the transitional epithelium [5]. TCCs are usually classified into non-invasive and invasive bladder cancer, or referred to as superficial and advanced bladder cancer, respectively. Non-invasive tumors remain within the transitional epithelium layer, whereas invasive tumors progress to grow deeper into the muscle layer of the bladder wall, and metastatic cells are likely to spread through the lymphatic system [6, 7].

Urothelial carcinoma is not only one of the most highly prevalent cancers diagnosed in adults; the incidence rate in the elderly is also increasing, particularly in the aging female population [8]. Although the combined use of surgery, radiotherapy and chemotherapy is the most common means by which to treat advanced bladder cancer, it is however often not an ideal option for the treatment of metastatic bladder cancer, for which the therapeutic outcomes are often limited and unsatisfactory. Therefore, alternative therapeutic approaches, such as immunotherapy and molecular targeted therapy through regulating signaling pathways of genomic and proteomic expressions, are of potential use in the diagnosis and treatment of metastatic TCC [9]. Carcinoma metastasis represents malignancy, tumor progression and cancer mortality. Migration and invasion of metastatic carcinoma cells have been found to lead to destruction of the extracellular matrix (ECM), and several signal transduction pathways are known to be involved in the processes.

Two proteolytic enzymes, matrix metalloproteinases (MMPs) MMP-2 and MMP-9, have been found to have extensively elevated levels in malignant tumors. Expressions of these enzymes are major characteristics of malignant invasion and metastasis of cancer cells, as these enzymes are able to function to degrade the ECM, and may promote the penetration of cancer cells into the basement membrane. MMP activation is facilitated by serine proteinases of the plasminogen/plasminogen activator system in a cascade reaction. Plasminogen proteins, cleaved by urokinase (also called urokinase-type plasminogen activator; uPA), are converted to plasmin with serine proteinase activity to activate MMPs. Studies have indicated that urokinase is also involved in tumor cell proliferation, metastasis and invasion, as well as angiogenesis. The activity of MMPs is blocked by endogenous protein regulators, known as tissue inhibitors of metalloproteinases (TIMPs). TIMPs are specific inhibitors of MMPs, and thus a correct balance between MMPs and TIMPs is crucial in normal tissue. [10] Imbalance between MMPs and their inhibitors leads to ECM degradation, which promotes metastasis of cancer cells. Therefore, MMP-2/-9 and urokinase have important roles in the pathological processes of ECM degradation, carcinoma metastasis and cell invasion. Inhibition of the protein expressions and enzyme activities of MMP-2/-9 and urokinase is considered to represent a potential therapeutic strategy to suppress cancer metastasis.

Sinulariolide is an active natural product that was originally isolated from cultured-type soft coral *Sinularia flexibilis*. Recently, it has been shown to possess activities against cancer cells, in particular inducing apoptosis in bladder cancer and melanoma cells [11,12]. Sinulariolide has also been found to suppress human hepatocellular carcinoma cell migration and invasion [13]. Therefore, in the present study, we explored the molecular mechanism of its inhibition effects on human bladder cancer cell migration and invasion. Overall, our results provided valuable information related to the use of sinulariolide in drug development, and revealed the strategy and mechanism of the action of sinulariolide as a potential agent effective against human bladder cancer.

2. Results

2.1. *Sinulariolide treatment and cell viability*

Before studying how sinulariolide affects cell migration and invasion, we first examined the cytotoxicity of sinulariolide against human bladder cancer TSGH-8301 cells. Using an MTT assay, a significant decrease in TSGH-8301 cell viability was seen in cells treated with 10 μ M or a higher concentration of sinulariolide, as shown in Figure 1. As a 20% cytotoxic effect was seen in cells treated with a concentration of 10 μ M, concentrations of 5, 7.5 and 10 μ M were used in subsequent

experiments in this study to ensure that the inhibitory effects of sinulariolide on TSGH-8301 cell migration and invasion were not caused by the cytotoxicity of the compound.

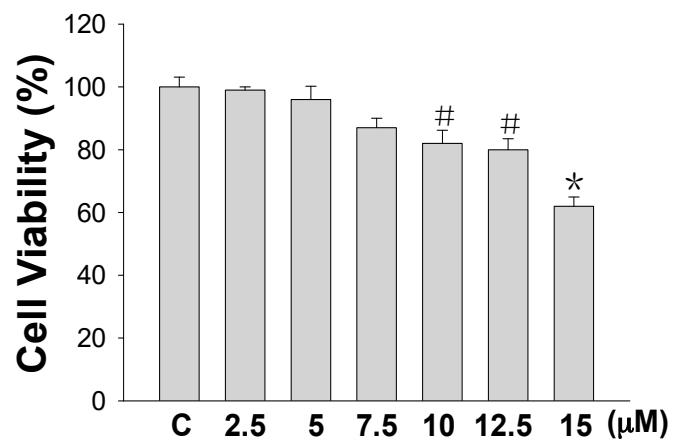


Figure 1. Cytotoxic effect of sinulariolide on TSGH-8301 cells. TSGH-8301 cells were treated with different concentrations of sinulariolide or vehicle control for 24 h, and cell numbers in each group were measured using MTT assays. The results are expressed as a percentage of the control, and significant differences are denoted (# $p < 0.05$, * $p < 0.001$).

2.2. Sinulariolide affects cell migration and cell invasion

We next examined the effects of sinulariolide on TSGH-8301 cells in terms of their migration and invasion through membrane inserts. The results indicated that sinulariolide inhibited TSGH-8301 cell migration and invasion at a concentration of 7.5 μ M or higher, and with increased sinulariolide concentrations, greater cell migration/invasion were observed (Figure 2). A concentration-dependent effect was seen, and concentrations of 7.5 μ M and 10 μ M had significant inhibition effects ($p < 0.05$).

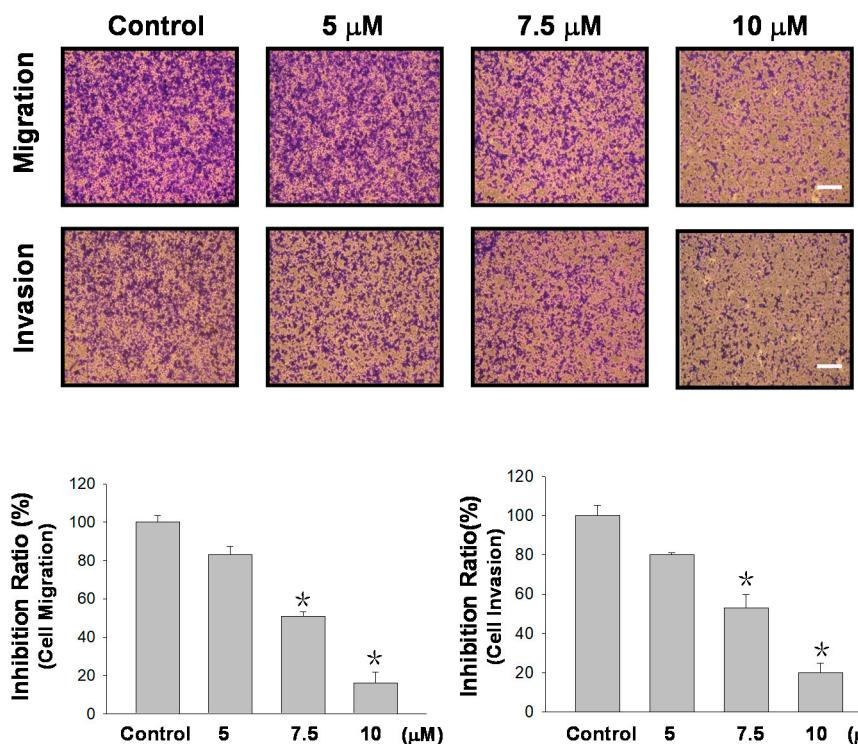


Figure 2. Sinulariolide inhibited TSGH-8301 cell migration and invasion. Sinulariolide inhibited TSGH-8301 cell migration and penetration through Transwell membranes. Control: cells treated with DMSO vehicle control ($n = 3$; three independent experiments).

2.3. *Sinulariolide regulates the protein expressions of MMP-2/-9, urokinase and TIMP-1/-2*

MMP-2/-9 are extracellular enzymes that promote ECM degradation and promote movement of tumor cells [14, 15]. Therefore, the expression levels of MMP-2 and MMP-9 can be used as indicators of cell motion and invasive activity, as well as the potential to induce angiogenesis in certain cell types. Gel zymography with gelatin was used in this study to detect secreted MMP-9 and MMP-2 activity. Figure 3 shows that sinulariolide treatment significantly reduced the enzyme activity of MMP-2 and MMP-9. We further used western blotting analysis to quantify the expressions of MMP-2 and MMP-9 and related proteins. The results indicated that sinulariolide inhibited the protein expression levels of MMP-2/-9 and urokinase, although the levels of TIMP-1/-2 were significantly increased (Figure 4).

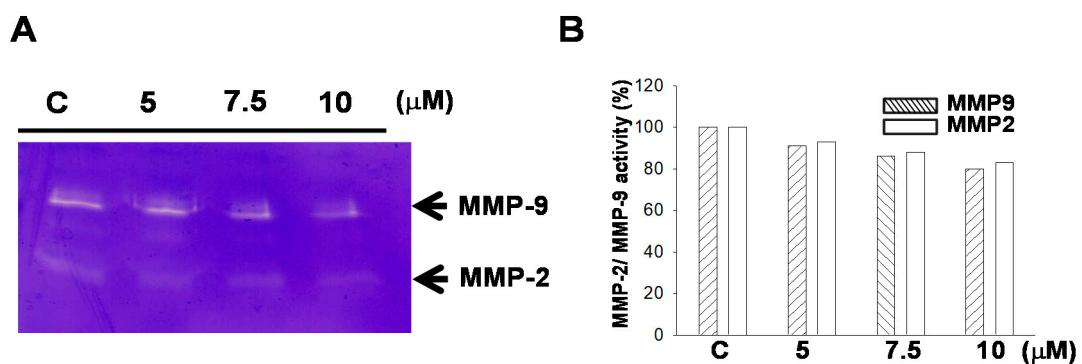


Figure 3. Sinulariolide suppressed MMP-2 and MMP-9 activities. TSGH-8301 cells were incubated with different concentrations of sinulariolide (5, 7.5 and 10 μ M) for 24 h. (A) In the end of incubation period, the culture media were collected, and gel zymography with gelatin was used to measure MMP-2 and MMP-9 activities. (B) Quantification of MMP-2 and MMP-9 using Image J 1.47 software (National Institutes of Health, Bethesda, MD, USA).

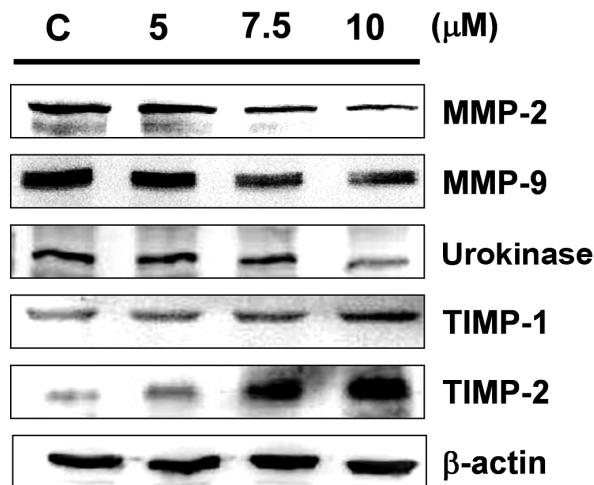


Figure 4. Sinulariolide suppressed MMP-2/-9 and urokinase protein expressions, and augmented TIMP-1/-2 protein expressions. Total cell lysates from TSGH-8301 cells treated with sinulariolide were analyzed in terms of their expression levels of MMP-2, MMP-9, urokinase and TIMP-1/-2 by western blotting. C: cells treated with DMSO vehicle only. β -actin was used as the protein loading control.

2.4. *Sinulariolide influences the mTOR signaling pathway*

We next investigated whether the effects of sinulariolide on cell migration and invasion were contributed to by the FAK/PI3K/AKT/mTOR signaling pathway (mTOR signaling pathway in short hereafter). Western blotting analysis demonstrated that cells treated with higher concentrations of sinulariolide had lower levels of phosphorylated focal adhesion kinase (FAK), phosphoinositide 3-kinases (PI3K), AKT and mTOR, while the total protein levels of these molecules were unaffected following sinulariolide treatment (Figure 5).

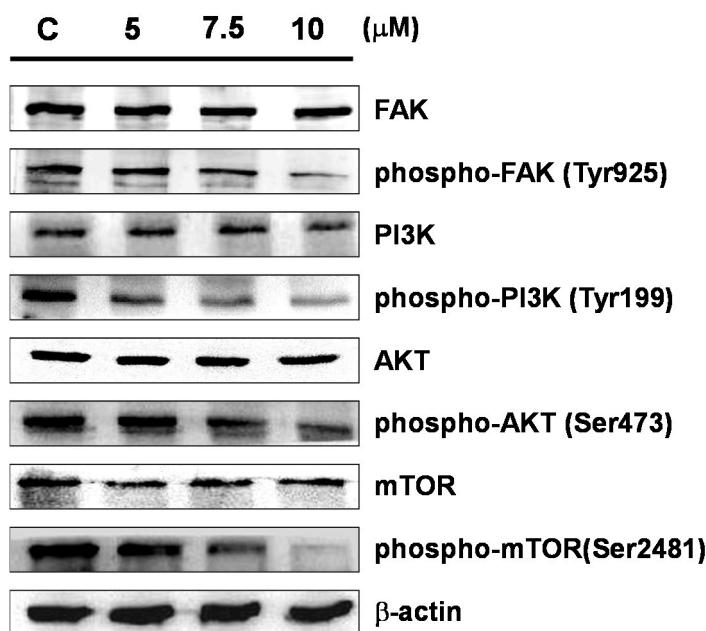


Figure 5. Sinulariolide regulated the expressions of key molecules of the mTOR signaling pathway in TSGH-8301 cells. Western blotting data demonstrated altered profiles of the expressions of FAK, phospho-FAK, phospho-PI3K, phospho-PI3K, Akt, phospho-Akt, mTOR and phospho-mTOR in TSGH-8301 cells treated with sinulariolide. C: cells treated with DMSO vehicle only. β -actin was used as the protein loading control.

2.5. *Inhibition of phospho-PI3K reduced the cell migration and MMP-2/MMP-9 and Urokinase protein expression*

To further examine the association between sinulariolide with the aforementioned PI3K/AKT pathways, LY292400, a phospho-PI3K inhibitor, was used to elucidate the cell migration inhibited by sinulariolide through PI3K/AKT pathway. The results indicated that the cell migration of the sinulariolide-treated TSGH-8301 cells reduced from 80% to 41% after treatment with LY292400 (10mM) (Figure 6A). Moreover, the expression levels of MMP-2, MMP-9 and urokinase were shown a significant reduction in sinulariolide-treated TSGH-8301 cells with the addition of LY292400 (Figure 6B). Therefore, we proposed that the cell migration of TSGH-8301 cells should be suppressed by sinulariolide through PI3K/AKT pathway.

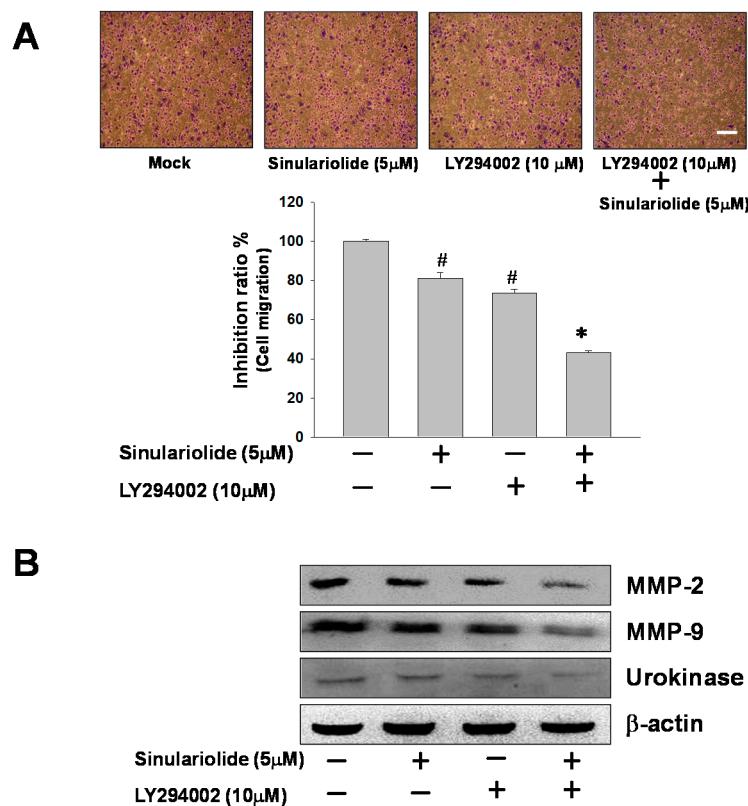


Figure 6. Inhibition of phospho-PI3K reduce the cell migration and MMP-2/MMP-9 and Urokinase protein expression in TSGH-8301 cells.(A) Sinulariolide and LY294002 inhibited TSGH-8301 cell migration and penetration through Transwell membranes. (B)Western blotting showed the protein expression profiles of MMP-2/MMP-9 and urokinase in TSGH-8301 cells treated with sinulariolide (5 μ M) and LY294002 (10 μ M). β -actin was used as the protein loading control.

2.6. *Sinulariolide inhibits the expressions of cell migration- and invasion-related proteins*

In order to identify the impacts of sinulariolide on cell migration- and invasion-related proteins, we analyzed the protein expressions of Ras, RhoA, growth factor receptor-bound protein 2 (GRB2), mitogen-activated protein kinase kinase 7 (MKK7) and MKK3 in cells after sinulariolide treatment by western blotting. The results indicated that sinulariolide inhibited the expressions of all these tested proteins, of which the expressions of GRB2, Ras, RhoA, MKK3 and MKK7 were inhibited by sinulariolide in a concentration-dependent manner (Figure 7).

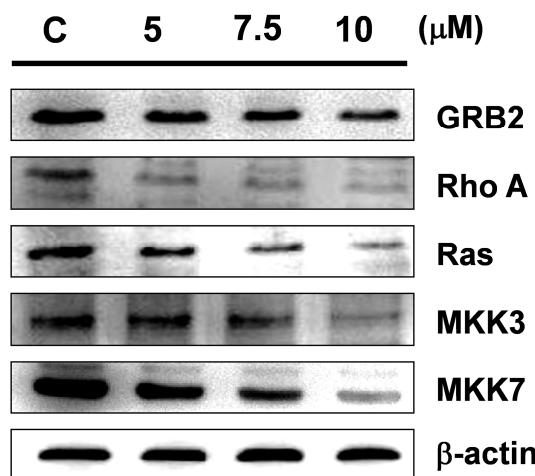


Figure 7. Sinulariolide treatment reduced the amounts of proteins associated with cell migration and invasion in TSGH-8301 cells. Western blotting showed the protein expression profiles of GRB2, RhoA, Ras, MKK3, and MKK7 in TSGH-8301 cells treated with various concentrations of sinulariolide. C: cells treated with DMSO vehicle only. β -actin was used as the protein loading control.

3. Discussion

The metastasis of cancer cells involves cell migration and invasion, and the mechanisms of cell migration and invasion include binding of cell surface receptors to their ligands and initiation of downstream molecules in the signaling mechanisms. This further results in the activation of relevant target signaling pathways, and leads to increased reorganization of the cytoskeleton [16]. In the current therapeutic approach, inhibition of the mechanism associated with tumor cell migration/invasion is the key to controlling cancer metastasis [16]. Many of the active ingredients isolated from corals have been shown to possess properties that prevent cancer cell proliferation and metastasis [12, 23].

The development and application of new anti-cancer drugs are considered extremely important. In previous studies, sinulariolide has been found to inhibit growth and induce programmed cell death in hepatocellular carcinoma cells, and may prevent metastasis of liver cancer [13]. In addition, a study also reported that sinulariolide promoted apoptosis in bladder cancer cells through the processes of mitochondrial inactivation and activation of p38AMPK [11]; however, no study has investigated whether it can inhibit cell migration and invasion in bladder cancer cells. In the present study, we used Transwell migration and invasion assays to assess the effects of sinulariolide on bladder cancer cells. Our results indicated that sinulariolide inhibited cell migration and invasion in TSGH-8301 bladder cancer cells in a dose-dependent manner (Figure 2).

At concentrations that resulted in significant inhibition of cell migration and invasion (at a concentration of 10 μ M), no significant cytotoxicity was observed (Figure 1). The results indicated that the inhibition effects on cell migration and invasion were not due to toxicity of sinulariolide to the cells. The results of the present study increased our understanding of the molecular mechanisms and physiological processes involved in physiological metastasis. Previous studies have clearly shown that MMPs play pivotal roles in stimulating the remodeling of the ECM, which is crucial for a tumor to become invasive [24,25]. Among MMPs, MMP-2/9 are considered to be key enzymes that mediate tumor invasion and metastasis [14, 26]. In addition, plasmin has been implicated in tumor invasion and metastasis, and its activator, urokinase, plays a dominant role in tumor metastasis [27]. Thus, the secretion of MMP-2/9 and urokinase by tumors to degrade and cleave the ECM could be a strategy by which tumors gain the capacity for invasion and metastasis [28]. In particular, in tumors in the early stages, prevention of overexpression of MMPs and reduction of the expressions of integrins and ECM proteins have been suggested to represent a useful strategy by which to control tumor growth. For instance, inhibition of MMP-2 expression by

MMP-2-specific siRNA has been implied to be a way in which to control cancer cell migration and invasion [29]. TIMPs were originally characterized as inhibitors of MMPs. A balance of TIMPs and MMPs can control the local activities of MMPs in tissues to avoid degradation of ECM proteins; however, a disturbed balance of TIMPs and MMPs is known to occur in malignant tumors, which leads to cancer cell migration and invasion. Study has shown that TIMP-1/2 and MMP-9 all play crucial roles in tumor cell growth and invasion of hepatocellular carcinomas [30, 31]. 11-Epi-sinulariolide acetate, which was originally isolated from cultured-type soft coral *Sinularia flexibilis*, has been reported to exert anti-metastatic effects on hepatoma HA22T cells. Lin et al. [32] also showed that the anti-metastatic activities of 11-*epi*-sinulariolide acetate were associated with decreases in the protein expressions of MMP-2/9 in HA22T cells. In the current study, we found that sinulariolide treatment decreased the protein expression levels of MMP-2/9 and increased TIMP-1/2 protein expressions in TSGH-8301 cells. As shown in Figure 4, the results suggested that the decreases in TSGH-8301 cell migration and invasion after sinulariolide treatment were regulated by MMP-2/9 and TIMP-1/2 interaction.

Studies of the molecular mechanism of the development of malignancy have shown that FAK contributes to cancer-cell motility and invasive activity by controlling the interaction between the ECM microenvironment and the tumor cells [33, 34]. FAK phosphorylates substrates as a scaffold, and focal adhesion induces signal transduction pathways that promote MMPs secretion, leading to degradation of ECM substrates and increased tumor cell adhesion on ECM substrates [35]. In addition, apart from being relevant to cell growth, the mTOR signaling pathway is also known to be involved in survival and differentiation of cells, as well as their invasive potential [36]. Furthermore, many studies have demonstrated that mTOR signaling contributes to the regulation of MMP-2/9 activities [37-39]. In this study, we found that sinulariolide treatment only inhibited the immunoreactivities of phosphorylated proteins in the PI3K/AKT/mTOR pathway (including FAK, PI3K, AKT and mTOR), and did not influence the level of total protein expression in the cells (Figure 5). In order to ensure that these signaling factors are responsible for the sinulariolide-induced inhibitory effects on cell migration, we blocked PI3K/AKT signaling in the presence of sinulariolide and evaluated cell migration in TSGH-8301 cells. Our results demonstrated that the specific PI3K inhibitor, LY294002, significantly suppressed the cell migration, and markedly inhibited the MMP-2/MMP-9 and urokinase proteins expression. (Figure 6) The findings support that sinulariolide may inhibit the signaling pathways related to cell migration, which is also inhibited by PI3K/AKT signaling.

In an invasive breast cancer cell line, GRB2 was found to regulate GTPases activation, and may also trigger ATF4 and ATF6 [40]. Rho GTPases control the actin cytoskeleton and promote cancer cell invasion [41, 42]. Another study demonstrated that treatment that suppressed RhoA signaling reduced the migration and invasive activity of human ovarian cancer cells [43, 44]. In our study, we found that sinulariolide treatment reduced the protein expression levels of GRB2, RhoA, Ras, MKK7 and MKK3 (Figure 7). Therefore, we inferred that sinulariolide induced reduction of MMP-2, MMP-9 and urokinase protein expressions in TSGH-8301 cells, and cell migration and invasion activities were regulated by inhibition of the mTOR signaling pathway.

In conclusion, sinulariolide inhibited TSGH-8301 cell migration and invasion, which involved decreases in the expressions of MMP-2/9 and urokinase, and increased TIMP-1/2 protein expressions. Our study of the signaling pathways involved in the inhibitory effects of sinulariolide showed that the mechanism is mediated by reductions in phosphorylated FAK, PI3K, AKT and mTOR proteins. Our findings suggested that sinulariolide is a great candidate for further development as a new drug for the treatment of bladder cancer.

4. Material and methods

4.1. Materials and antibodies

Sinulariolide was prepared from the extract of cultured-type soft coral *Sinularia flexibilis*, following the protocol published previously [45]. The compound was dissolved in dimethyl

sulfoxide (DMSO). Rabbit anti-human β -actin antibody, 3-(4,5-dimethylthiazol-2-yl)-2,5-diphenyltetrazolium bromide (MTT), LY294002 and other general chemicals were obtained from Sigma-Aldrich Corporation (St Louis, MO, USA). Goat anti-rabbit IgG with horseradish peroxidase (HRP) conjugate was purchased from EMD Millipore (Billerica, MA, USA). Chemiluminescent substrate for western HRP development was obtained from Pierce (Rockford, IL, USA). Rabbit antibodies against human MKK3, MKK7, GRB2, FAK, mTOR, phosphorylated-mTOR and RhoA were obtained from Epitomics Inc. (Burlingame, CA, USA). Rabbit antibodies against human TIMP-1 and TIMP-2 were purchased from ProteinTech Group Inc. (Rosemont, IL, USA). Rabbit antibodies against human MMP-2, MMP-9, urokinase, PI3K and phosphorylated-PI3K were obtained from Cell Signaling Technology Inc. (Danvers, MA, USA).

4.2 Cell culture and MTT assay

Human bladder cancer TSGH-8301 cells were purchased from the Taiwan Food Industry Research and Development Institute (Hsinchu, Taiwan). The cells were treated with various concentrations of sinulariolide (0, 2.5, 5, 7.5, 10, 12.5, 15 μ M) and incubated for 24 h before harvesting for further analyses. The viability of TSGH-8301 cells after sinulariolide treatment was assessed using MTT assays, as described previously [12]. TSGH-8301 cells were plated on 24-well polystyrene plates, at a seeding cell density of 1×10^5 cells per well. After 24 h of incubation with different concentrations of sinulariolide, the cells were processed following the MTT procedure. The plates were then analyzed using a microplate ELISA reader (Bio-Rad; Hercules, CA, USA) at the manufacturer's suggested setting. Samples for the MTT assay were analyzed in triplicate and were repeated at least three times for all the experiments.

4.3. Cell migration and invasion assays

The methods published by Neoh and coworkers [11] was used for the cell migration assay. Briefly, TSGH-8301 cells in serum-free media were plated into an uncoated Boyden chamber (Neuro Probe; Cabin John, MD, USA) at 5×10^4 cells per well. TSGH-8301 cells with or without sinulariolide treatment were cultured in a 37°C CO₂ incubator for 24 h to allow cells to migrate through the membrane. The invasion assay was performed as previously described by Yeh and colleagues [46]. Briefly, Transwell inserts with 8 μ m-pore-size polycarbonate membrane filters with a Matrigel coating (10 μ L 0.5 mg/mL each well; BD Biosciences; MA, USA) were used, and TSGH-8301 cells were seeded onto the coated membrane of the upper chamber. Regular cell culture medium containing serum was placed in the bottom chamber. In the end of incubation period, the cells invaded through the Matrigel-coated membrane to the lower chamber, and were then fixed with ice cold methanol. After staining with Giemsa solution (concentration = 5%; Merck; Germany), the cells were counted under a light microscope.

4.4. Determination of MMP-2/9 activities by zymography

Zymography assays with gelatin were used to determine MMP-2/-9 enzyme activities in the culture medium from TSGH-8301 cells following sinulariolide treatment. The experiment was performed as per the method described previously [47]. Briefly, TSGH-8301 cells were treated with sinulariolide at various concentrations (5, 7.5, 10 μ M) for 24 h. After concentrating the medium samples using a vacuum concentrator, MMP-2/-9 secreted from the cells were loaded onto non-reducing SDS-PAGE (10%) containing 0.2% gelatin for separation. After washing three times in 100 mM NaCl/50 mM Tris-HCl (pH = 7.5) buffer containing 2.5% Triton-X 100, the enzymes in the gels were incubated at 37°C for 24 h in 200 mM NaCl/50 mM Tris-HCl buffer (pH = 7.5) containing 1 mM CaCl₂, 0.02% NaN₃, 1 μ M ZnCl₂, and 2% Triton-X 100 for activation. The gels were then stained with standard protocol (with Coomassie blue R-250 dye), further de-stained, and then the activities of MMP-2/-9 were quantified using ImageJ software (NIH; MD, USA).

4.5. Western blot assay

Sinulariolide-treated samples and DMSO-treated control samples (total proteins = 25 µg) were separated by SDS-PAGE (12.5%), followed by transferring onto PVDF membrane (electric current = 400 mA, for 1.6 h). The membrane containing transferred proteins was blocked in PBS buffer containing 5% low-fat milk powder to eliminate nonspecific binding. After incubation with primary antibodies at 4°C overnight, the transferred membrane was incubated with secondary antibodies (dilution = 1/5,000 in blocking solution) for 2 h at 4°C. Chemiluminescence substrate solution (Pierce Biotechnology; Rockford, IL, USA) was used for visualization of the protein signals on the membrane.

4.6. Statistical analysis

Data from the MTT assay, cell migration assay from the Boyden chamber, and invasion assay from Transwell inserts derived from three independent experiments were collected for analyses. Analysis of variance (ANOVA) and the Tukey-Kramer test were used. The results were then plotted using Graphpad Instat software (San Diego, CA, USA).

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Author Contributions: Yu-Jen Wu and Chih-I Liu conceived, designed, and performed the experiments; Te-Chih Cheng and Zhong-Hao Din performed the experiments and analyzed the data; Jui-Hsin Su provided the sinulariolide compound and analyzed the data.

Conflicts of Interest: All of the authors declared no conflict of interest.

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