

Brief Report

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Brief Report

Association of Hepatitis B Virus e Antigen with HBV Viral Load in Botswana

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Abstract: (1) Background: Hepatitis B virus (HBV) viral load (VL) is useful in determining treatment eligibility, however, due to high costs associated with the test, hepatitis B e antigen (HBeAg) is recommended as a proxy for HBV VL in resource-limited settings. (2) Methods: We used 299 archived plasma samples with hepatitis B surface antigen (HBsAg), HBeAg, and HBV VL (cut-off of 20,000 IU/mL and 200,000 IU/mL) results from people living with human immunodeficiency virus (PLWH). HBeAg and HBV VL results were analyzed to evaluate the use of HBeAg to determine CHB treatment eligibility and qualification of HBV prevention of mother-to-child transmission (PMTCT) prophylaxis for the first time in Botswana. (3) Results: Approximately 70.8% and 87.5% of participants with HBeAg-positive serology had HBV viral loads ≥20,000 IU/mL and 200,000 IU/mL respectively. Using logistic regression, the odds of having a qualifying HBV VL for CHB treatment and PMTCT prophylaxis were respectively 55.5 and 110.4 times higher in participants with positive HBeAg serology indicating a statistically significant association between HBeAg status and HBV VL. (4) Conclusions: HBeAg detection may not always correlate with high HBV VL, warranting further research focusing on this association, and other biomarkers that correlate better with HBV VL.

Keywords: hepatitis B virus; HBeAg; HBV viral load; HIV; Botswana

1. Introduction

Hepatitis B virus (HBV) infection is a global health concern classified as the seventh-leading cause of death worldwide [1]. In 2019, it was reported that 296 million people had chronic HBV (CHB) infections, and there were approximately 1.5 million new infections. HBV leads to 820,000 deaths annually [2]. Human immunodeficiency virus (HIV) and HBV share similar transmission routes and previous studies have reported rapid progression of HBV infection to cirrhosis, liver failure, and hepatocellular carcinoma (HCC) among people with HIV/HBV [3–6]. In 2021 it was estimated that the national HIV prevalence in Botswana was 20.8% among adults of 15-64 years, with 0.2% annual

incidence [7]. The prevalence HIV/HBV in Botswana has been found to range between 1.74% and 10.6% [5,8–10]. These statistics urgently call for a clear policy on HBV treatment in PLWH particularly as Botswana does not routinely screen for HBV among PLWH initiating antiretroviral therapy (ART).

All CHB patients with HIV co-infection are supposed to be enrolled for treatment using recommended nucleoside analogues (NAs) while HBV mono-infected individuals with treatment-qualifying HBV viral loads should be considered for disease monitoring if they tested positive for HBsAg [11]. According to the WHO, the most effective NAs to inhibit HBV are tenofovir and entecavir (ETV) [2]. Nucleoside reverse transcriptase inhibitors (NRTI), such as lamivudine (3TC), ETV, tenofovir (TFV) and their derivatives, directly block viral DNA polymerase [12]. In 2000, Botswana endorsed WHO recommendations for hepatitis B vaccine administration within 24 hours after birth, followed by three doses at 2, 3, and 4 months to reduce perinatal and early horizontal transmission [13]. Currently, tenofovir disoproxil fumarate (TDF), 3TC, and dolutegravir (DTG), (TLD) is the first-line regimen for HIV treatment in Botswana. The regimen is also effective against HIV/HBV coinfection as both TDF and 3TC have anti-HBV activity [14].

The diagnosis and clinical monitoring of HBV infection is based on the use of serological tests for the detection of viral antigens such as HBsAg and HBeAg as well as molecular assays for quantification of HBV viral load (VL) [15]. Clinically HBeAg is a significant non-particulate protein that indicates HBV replication, infectivity and disease severity because of its immunomodulatory properties and association with high HBV VL [16]. A positive HBeAg test indicates elevated or high levels of the virus as a result of active viral replication while a negative HBeAg result indicates low or no virus in the blood [17–19]. Quantification of HBV VL requires expensive equipment which is scarce in rural communities of middle-income countries like Botswana. Thus, there is a need for an alternative assay that is affordable and easy to use where nucleic acid tests (NAT) are not readily available. This study therefore aimed to evaluate the use of HBeAg as a proxy for HBV VL to determine treatment eligibility for the first time in Botswana.

2. Materials and Methods

2.1. Study Population

This was a retrospective and cross-sectional study which utilized plasma samples (n=299) of confirmed HBsAg positive participants from two parent studies, Bomolemo study and Botswana Combination Prevention Project (BCPP) [5,20]. Bomolemo (2008-2009) assessed the effectiveness and tolerability of Truvada as the NRTI backbone used in first-line highly active antiretroviral therapy (HAART) for adults in Botswana. The study enrolled 309 PLWH who were treatment-naïve, 18 years or older and had CD4+ T-cell counts less than or equal to 250 cells/mm³, or had an acquired immune deficiency syndrome defining illness [21]. The BCPP study (2013-2018) determined the certainty that, implementation of an improved combination prevention package, will substantially reduce population-level, cumulative HIV incidence in a specified geographical region over the course of three years. The BCPP study enrolled 12610 participants aged 16-64 in 30 rural and peri-urban communities in Botswana, regardless of CD4+ T-cell counts or degree of HIV disease [22].

2.2. Laboratory Investigations

All laboratory tests were performed according to manufacturer's instructions at the Botswana Harvard HIV reference laboratory (BHHRL) using de-identified data from the two previous studies. Initially, 3603 plasma samples of which 300 were from Bomolemo study and 3303 were from the BCPP study were screened and selected based on their HBsAg status as determined by the Murex kit (Murex Version 2, Diasorbin, Dartford, UK). From the 3603 samples [5,20], 299 plasma samples tested HBsAg positive (HBsAg+) and were enrolled in the current study. The HBsAg+ samples were further tested for HBeAg using the Monolisa™ HBeAg-Ab PLUS kit (Bio-Rad, Hercules CA, USA) and anti-HBc immunoglobulin-M (IgM) using the Monolisa™ anti-HBc Plus 1 Plaque (Bio-Rad, Marnes-la-Coquette, France) as per the manufacturer's instructions. HBV viral load was quantified on HBsAg+

samples using the COBAS AmpliPrep/COBAS TaqMan HBV Test version 2.0 (Roche Diagnostics, Mannheim, Germany) which has a broad linear range of 20 IU/mL - 1.7x108 IU/mL, Figure 1.

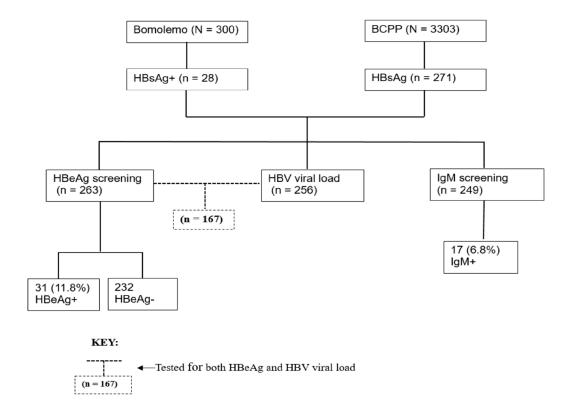


Figure 1. Participants screening algorithm for the HBV biomarkers. Abbreviations: BCPP, Botswana Combination Prevention Project; HBsAg, hepatitis B surface antigen; HBeAg, hepatitis e antigen; IgM, hepatitis B core antibody immunoglobulin-M; +, positive; -, negative.

2.3. Statistical Analysis

HBV VL cut-off of \geq 20,000 IU/mL was used to determine treatment eligibility for CHB patients while a cut-off of \geq 200,000 IU/mL was used for qualification for HBV PMTCT using WHO guidelines. A lower HBV viral load cut-off of 2,000 IU/mL was also investigated. Ordinal logistic regression was used to determine the association between HBV viral load categories and HBeAg status. All statistical analyses were done in the STATA version 18.0 (StataCorp LLC, College Station, Texas, USA).

3. Results

3.1. Description of Study Participants

A total of 299 HBsAg+ participants were selected from the database of the two studies, of whom most were female (63.9%) with a median age of 41 (IQR: 31-50). Most participants 216/298 (72.5%) had undetectable HIV viral load and were on ART 235/299 (78.6%). The majority of those on ART were on TDF-containing regimen 93/167 (55.7%) and 67/167(40.1%) were on 3TC-containing regimen (Table 1). Only 31/263 (11.8%) of the selected participants had positive HBeAg status, while 39/176 (22.2%) had HBV viral load equal or greater than 2000 IU/mL, Table 1.

Table 1. Clinical and socio-economic description of study participants.

Characteristics	HBsAg+ (N=299)
Sex, n (%)	
Female	191 (63.9)
Male	108 (36.1)
Age, years, median (IQR)	41 (35 –50)

HBV viral load, IU/mL, n (%), n=176	
TND	48 (27.3)
<2,000	89 (50.6)
≥2,000	39 (22.2)
HBeAg status, n (%), n=263	, ,
Positive	31 (11.8)
Negative	232 (88.1)
Anti-HBc IgM status, n (%), n=249	,
Positive	17 (6.8)
Negative	232 (93.2)
HIV suppression, n (%), n=298	,
Undetectable	216 (72.5)
Detectable	82 (27.5)
ART status, n (%)	
On ART	235 (78.6)
ART-naïve	61 (20.4)
ART defaulter	3 (1.0)
ART type, n (%), n=167	
None-3TC, none-TDF containing	7 (4.2)
3TC containing	67 (40.1)
TDF containing	93 (55.7)
Duration on ART, years, median (IQR), n=212	6.3 (3.8 – 9.4)
Education, n (%), n=269	
Non-formal	37 (13.8)
Primary	98 (36.4)
Secondary	121 (45.0)
Higher than secondary	13 (4.8)
Marital status, n (%), n=270	
Single/never married	207 (76.7)
Married	50 (18.5)
Divorced/separated/widowed	13 (4.8)
Employment status, n (%), n=265	
Employed	108 (40.8)

¹ Abbreviations: 3TC, lamivudine; TDF, tenofovir Disoproxil Fumarate; HBsAg, hepatitis B surface antigen; HBeAg, hepatitis e antigen; HIV, human immunodeficiency virus; ART, antiretroviral therapy; IQR, interquartile range; TND, target not detected.

157 (59.2)

3.2. Association of HBeAg and HBV Viral Load

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Out of the 299 participants, only 167 consisting of 105 females and 62 males had both HBeAg and HBV VL results. Out of the 167 participants tested for both HBeAg and viral load, 23/167 (13.8%) had positive HBeAg serology while 144/167 (86.2%) had negative HBeAg serology. There was a strong positive association between HBV VL categories and HBeAg status when using both guidelines for treatment of CHB patients and for PMTCT qualification. Approximately 70.8% of participants with a viral load of equal or greater than 20,000 IU/mL also tested positive for HbeAg, [OR 55.5 (95% CI: 16.7 − 184.30], p-value<0.001. However, 29.2% of participants with a viral load equal or greater than 20,000 IU/mL tested negative for HbeAg. When using the PMTCT qualification guidelines viral load cut-offs, 87.5% of participants who have a viral load ≥200,000 IU/mL tested positive for HBeAg, therefore leaving 12.5% of participants testing negative for HBeAg, Table 2.

Table 2. Association of HBeAg and HBV viral load.

	HBeAg positive	OR (95% CI)	*p-value
Treatment for CHB			
<20,000, (n=143)	6 (4.2)		
≥20,000, (n=24)	17 (70.8)	55.5 (16.7 – 184.3)	< 0.001
PMTCT qualification			
<200,000, (n=151)	9 (6.0)		
≥200,000, (n=16)	14 (87.5)	110.4 (21.7 – 562.3)	< 0.001

Abbreviations: *Logistic regression p-value; HBeAg, hepatitis e antigen; CHB, chronic hepatitis B; PMTCT, prevention of mother-to-child transmission; OR, odds ratio; CI, confidence interval.

4. Discussion

In this report, we investigated the validity of using HBeAg as a proxy for high viral loads for recommending HBV PMTCT prophylaxis and also for initiating HBV ART. As expected, we found an association between HBV VL and HBeAg detection. Our study showed a positive HBV VL and HBeAg association as majority, 70.8% and 87.5% of participants with positive HBeAg serology also had viral loads that qualified them for treatment for CHB and HBV PMTCT prophylaxis respectively suggesting active viral replication. Our results are consistent with what was found by Chen and colleagues who showed that HBeAg levels of signal-to-cutoff ratio 768 S/CO could adequately cover majority (94%) of their HBV carrier patients with HBV DNA >2 × 107 copies/mL [18]. Based on the results obtained we are 95% confident that the odds of patients with HBV VL qualifying them for CHB treatment (≥20,000IU/mL) are 55.5 times higher in participants having a positive HBeAg serology. This finding is statistically significant as it indicates an association between the HBeAg status and the viral loads of participants qualifying for CHB treatment. Similarly, there is 110.4 times higher odds for participants with viral loads qualifying for PMTCT HBV treatment (≥200,000IU/mL), to have a positive HBeAg serology.

The sole use of HBeAg would however miss out other participants who would test negative for HBeAg while having high viral loads. Despite the notion that positive HBeAg serology is associated with high HBV viral loads, there were some discrepancies noted in our study as 12.5% and 29.2% of participants with negative HBeAg serology had HBV VL qualifying for HBV PMTCT and CHB treatment respectively. These participants would therefore be rendered ineligible for HBV treatment if the HBeAg assay is used instead of NAT. Also, the proportion of such participants is similar to what was found by Funk and colleagues, who reported that about 15–20% of HBeAg negative patients in Asia, the Middle East, Mediterranean basin and southern Europe had high viral DNA (>104 copies/ml) [23]. This discrepancy can be due to the fact that CHB patients with negative HBeAg serology have naturally occurring core promoter mutations that might increase the replication efficacy of HBV which can led to faster progression to liver cirrhosis than in HBeAg-positive participants [24].

Additional discrepancies were noted in our study from the 6/143 (4.2%) and 19/151 (6.0%) participants with low HBV VL despite having positive HBeAg serology thus qualifying them for CHB treatment and HBV PMTCT respectively. This discrepancy could be attributed to the fact that HBeAg levels could vary up to 1000-fold among people with positive HBeAg serology as a result of their varying genotypes developing different mutations in the regions of the HBV genome that code for HBeAg17. We did not include sequencing results in our study however chances are, the majority of the individuals with low HBV VL were genotype A, as lower HBV DNA levels in both the HBeAgpositive and HBeAg-negative phases are among the distinctive clinical characteristics of subgenotype A1 carriers 15. Additionally, genotype A (80%) has the highest prevalence in Botswana followed by D (18.6%) and E (1.4%) [25].

The presence of participants with positive HBeAg serology having low or undetectable HBV viral load could be attributed to the ART they were receiving [26]. Approximately 56% of participants in our study were on the TDF containing regimen which inhibits DNA polymerase functionality thus preventing HBV replication by vying for DNA synthesis during virus transcription with

deoxyadenosine 5'-triphosphate. The presence of this anti-viral therapy results in low viral loads and hepatitis e antibody positive seroconversion [27]. We did not quantify HBeAg in our study, therefore these participants may have had low HBeAg levels.

5. Limitations

There were a few limitations in this study. Genotyping was not done for all participants and as a result, genotypic results were not included in the study; nonetheless, majority of participants with known HBV genotypes (90%) were subgenotype A1, which would result in biased analysis due to the limited number of alternative genotypes if genotypic results were incorporated in this study. However, understanding genotypes is crucial because various genotypes develop distinct mutations in the areas of the HBV genome that code for HBeAg and having sufficient data of the varying genotypes is critical for carrying out an effective analysis. From the 167 participants that were tested for both HBeAg and HBV DNA, only a small portion of them (23/167) had a positive HBeAg serology thus limiting the credibility of the analysis of the HBeAg marker. All the participants in this study were living with HIV and we are therefore unable to determine if the HIV infection had any impact on the results. Future studies should explore the same questions in HBV monoinfected individuals. Additionally, majority of the participants tested for both HBeAg and HBV DNA were on ART that included TDF and/or 3TC which could have affected the credibility of the HBeAg marker as a predictor of HBV DNA because the anti-HBV activity.

6. Conclusions

In conclusion the study provides significant data that highlights the positives and limitations of use of HBeAg as a proxy for HBV viral load to determine CHB treatment eligibility and for qualification of HBV PMTCT. The limitations should be taken into account whenever using HBeAg as a proxy for HBV viral loads. Furthermore, these discordances call for additional research including complete HBV genome genotyping, HBeAg quantitative assay and a cohort of participants with variables that do not affect the functionality of the HBeAg marker to determine causes of discordance between HBV viral load and HBeAg.

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Informed Consent Statement: Written informed consent was obtained from participants in the Bomolemo and BCPP studies.

Data Availability Statement: Data is available upon request from authors.

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