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Article

Fetal Week 20 as the Mechanical Turning Point of Retroperitoneal Fascial Lamination: A Poisson-Effect Framework

Mechanobiology of Retroperitoneal Fasciae

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Abstract

This study presents a theoretical mechanobiological model explaining the multilaminated architecture of retroperitoneal fasciae. Classical peritoneal fusion theories cannot account for either these organized laminae or the 10-week delay between early visceral fixation and definitive fascial formation. We propose that early localized tension at 10–12 gestational weeks forms the inner renal fascial layer, whereas a systemic tension field emerging around 20 weeks—driven by axial skeletal ossification, pelvic expansion, and exponential volumetric growth—induces orthogonal Poisson-effect compression, poroelastic fluid exudation, and LOX-mediated cross-linking to generate the laminated outer layer. To illustrate this framework, we examined a pure clinical cohort of adult renal vacancy (n=3) from 5,509 CT scans. Despite lifelong absence of the kidney, a continuous outer fascial layer persisted, indicating that its formation is tension-driven rather than organ-dependent. This natural subtraction phenomenon resolves the long-standing discrepancy between classical dissection and modern imaging and supports a systemic mechanobiological origin for retroperitoneal fascial lamination.

Keywords: fascia; retroperitoneal space; mechanobiology; poisson effect; embryology; poroelasticity; lysyl oxidase; renal agenesis

1. Introduction

The developmental mechanisms underlying the complex fascial planes of the retroperitoneal space have been debated since the late nineteenth century. Historically, retroperitoneal fasciae were categorized by classical peritoneal fusion theories (Toldt, 1879) and distinct fixation apparatus models (Zuckerkindl, 1883; Gerota, 1895). Although Gerota's original illustration (1895) depicted the renal fascia as a two-layered structure, later authors—notably Marks and subsequently Raptopoulos—remarked that this bilaminar configuration strikingly paralleled modern radiological observations, even though its developmental significance remained unclear for decades. Hayes (1950) later introduced the concept of "migration fasciae," suggesting that mechanical stress from visceral growth induces localized mesenchymal condensation.

By contrast, these compartmentalized descriptive models leave critical developmental enigmas unresolved: • Structural inadequacy: Simple mesothelial apposition cannot account for the highly organized, multilaminated architectures universally observed in modern high-resolution microanatomy. • Temporal discrepancy: There is a significant 10-week latency between early organ fixation (10 weeks) and definitive fascial lamination (20 weeks) in the posterior pancreatic and renal regions (Cho et al., 2009). • Clinical contradiction: Historical macroscopic dissections suggest complete fascial agenesis in the absence of a kidney (Tobin, 1944), whereas modern cross-sectional imaging reveals that the normal posterior renal fascia is a bilaminar structure (Raptopoulos et al.,

1986). How the connective tissue meshwork behaves when the primary organ is absent remains a highly contested missing link.

To align, stratify, and fixate connective tissue, sustained tension and its corresponding orthogonal compression are essential. Here, the fundamental principle of the Poisson effect—where a material stretched in one direction undergoes proportional compression in orthogonal directions—becomes the theoretical key.

Taken together, we aim to resolve this 150-year contradiction by integrating fetal histology, biomechanics, and a natural subtraction experiment. We hypothesize that the 20-week systemic tension field, driven by fetal volumetric expansion and musculoskeletal rigidification, acts as the primary mechanobiological driver that sculpts the outer layer of the posterior renal fascia through Poisson-effect orthogonal compression and poroelastic compaction.

2. Conceptual and Analytical Approach

This section describes a conceptual and analytical framework rather than an experimental methodology. No new data were generated.

To elucidate the physical drivers of fascial morphogenesis, this study employed a theoretical synthesis integrating diverse developmental data with clinical radiological illustration. First, classical and modern high-resolution fetal histological literature was re-evaluated along a strictly aligned chronological axis to identify synchronization phenomena in fascial emergence. Second, fundamental principles of solid and fluid mechanics—specifically the Poisson effect, hoop stress governed by the square-cube law, and biphasic poroelasticity (Mow et al., 1980)—were applied to the undifferentiated three-dimensional mesenchymal meshwork. Third, to illustrate whether fascial lamination is strictly organ-dependent or driven by broader systemic tension, we conducted a retrospective radiological review of 5,509 consecutive abdominal CT scans to isolate a pure cohort of adult “renal vacancy” (congenital agenesis or severe dysplasia/involution with no surgical history). By analyzing the fascial architecture when the localized tension generator (the kidney) is absent, we utilized this cohort as a biomechanical “subtraction experiment” to test the physical autonomy of the remaining fascial planes.

3. Results and Theoretical Synthesis

3.1. Asymmetry and Temporal Sequencing in Fetal Retroperitoneal Development

Histological studies demonstrate that the inner layer of the renal fascia initially emerges circumferentially around the developing kidney at 10–12 weeks of gestation (Matsubara et al., 2009; Figure 2). This early, localized formation is biomechanically interpreted as the result of localized hoop stress—the circumferential tension generated within a surrounding envelope by radial expansion due to the growth of the internal kidney (Fung, 1990)—triggering an early, localized Poisson effect.

In contrast, a comparative synthesis reveals a striking synchronicity in the broader, systemic maturation of retroperitoneal fasciae. Baumann (1945) documented the establishment of Toldt’s fascia at approximately 18–20 weeks. Cho et al. (2009) identified a critical transition beginning at 20 weeks, where the posterior pancreatic fascia transforms into a distinct laminated structure. Matsubara et al. (2009) similarly confirmed that the multilaminated architecture of the outer layer of the posterior renal fascia becomes histologically definitive around the same 20-week period. This chronological intersection pinpoints Week 20 as a key biomechanical threshold for macroscopic fascial lamination.

3.2. Mechanobiological Basis of Fascial Layer Formation

The formation of distinct fascial layers is understood through three sequential mechanobiological processes:

1. Fibroblast alignment along dominant macroscopic tension vectors (Ingber, 2003).

2. Orthogonal extracellular matrix (ECM) compression dictated by the Poisson effect and poroelasticity (Lakes, 1991).
3. Enzymatic stabilization via LOX-mediated cross-linking.

As the undifferentiated mesenchymal field is stretched laterally and axially by somatic growth, the tissue must physically thin in the perpendicular direction. In a hydrated embryonic tissue, this orthogonal compaction forces the exudation of interstitial fluid, resulting in laminar separation according to biphasic poroelastic principles (Mow et al., 1980). Finally, lysyl oxidase (LOX) catalyzes covalent cross-links between these densely packed fibers (Kagan & Li, 2003), ensuring the irreversible chemical fixation of these structures into distinct laminae (Figure 3).

3.3. Reinterpreting the 20-Week Synchronization Phenomenon

The synchronous clarification of multiple retroperitoneal fasciae around 20 weeks strongly implies a shared mechanobiological driver. Within this framework, the Poisson effect serves as a unifying principle. The stabilizing kidney creates early local tension, forming the inner layer of the renal fascia at 10–12 weeks. Later, as systemic structures integrate around 20 weeks, multi-axial tension induces orthogonal Poisson-effect compression, generating the laminated outer layer of the posterior renal fascia. The 10-week latency indicates that early fixation merely integrates the viscera into a developing tension network; true lamination occurs only when the systemic tension field reaches a critical threshold.

3.4. Terminological Clarification and Clinical Implications

To avoid conceptual confusion regarding historical terminology, this manuscript defines the posterior structure strictly as the “outer layer of the posterior renal fascia,” and treats the “lateroconal fascia” simply as its continuous anterior extension (Figure 4). Regarding the lateroconal fascia, which Congdon et al. (1941) historically defined as the lateral fusion of the anterior and posterior renal fasciae, Matsubara (2009) utilized this term to encompass both the outer layer of the posterior renal fascia and its anterior extension.

Clinically, this mechanobiological framework provides a fundamental explanation for the avascular dissection planes utilized in oncological surgery. Kinugasa et al. (2008) meticulously demonstrated that optimal retroperitoneal dissection should proceed along specific multi-layered fascial boundaries based on embryological architecture. Our model reveals that these empirically established surgical planes correspond precisely to the tension-aligned layers generated by poroelastic compaction. Recognizing these protective planes as mechanically derived structures—rather than mere fusion scars—provides a robust scientific anatomical foundation for standardizing embryologically sound surgical interventions.

This explains why pathological high-pressure fluid (e.g., in acute pancreatitis) functions as a hydraulic separator, re-infiltrating the ECM and reopening the orthogonal cleavage planes originally established by the Poisson effect (Ishikawa et al., 2006).

3.5. Radiological Validation in Renal Vacancy: The Subtraction Experiment

To empirically validate this systemic, Poisson-effect-driven framework, we analyzed the natural subtraction experiment of adult renal vacancy. From 5,509 CT scans, three rare cases of pure renal vacancy were identified (Cases 1 and 3 with true unilateral agenesis and “pancake” adrenal glands; Case 2 with severe dysplasia/involution leaving a mere 2-cm dysplastic remnant). In all three cases, despite the absolute lifelong absence of an expanding renal “core,” a continuous fascial plane definitively persisted (Figure 5).

Quantitative measurements via 3D Slicer demonstrated that this persisting plane (~1.52 mm in thickness, compared to the normal bilaminar composite of 1.85 mm) continuously tethered the peritoneal sac to the posterior abdominal wall. This uniform reduction in thickness is considered to reflect the developmental subtraction of the organ-dependent “inner layer,” leaving the tension-

driven “outer layer” intact. This structural autonomy provides decisive evidence that macroscopic fascial lamination is ultimately governed by a systemic tension field, rather than merely local visceral growth.

4. Discussion

4.1. Resolving the Historical Debate on the Bilaminar Renal Fascia

Although Gerota’s original illustration (1895) depicted the renal fascia as a two-layered structure, the developmental and functional significance of this bilaminar arrangement remained unrecognized for nearly a century. A renewed appreciation emerged only in the mid-1980s, when Marks et al. (1986) reported that their radiological observations of posterior renal fascial planes bore a striking resemblance to Gerota’s original depiction—an unexpected concordance that prompted them to reconsider the anatomical complexity of this region. Shortly thereafter, Raptopoulos et al. (1986) provided a more systematic radiological characterization, demonstrating that the posterior renal fascia is not a single sheet but a bilaminar structure, thereby establishing the modern imaging-based framework that classical dissection had failed to capture.

Classical dissection studies, most notably by Tobin (1944), had concluded that the renal fascia may be entirely absent in cases of renal agenesis, reinforcing the long-standing assumption that its formation depends strictly on the presence of the kidney. Subsequent fetal studies further clarified that these two layers arise from distinct developmental mechanisms (Matsubara et al., 2009), suggesting that the outer layer may not be simply a passive extension of the inner, kidney-dependent layer.

Our radiological cohort of renal vacancy ($n = 3$) provides a decisive subtraction experiment that directly tests this historical debate. When the kidney—the presumed generator of localized radial tension—is absent from the developmental equation, the inner layer expectedly fails to form. However, in all cases, a continuous outer fascial layer persisted throughout adulthood. This finding reconciles the long-standing discrepancy between classical dissection and modern imaging: the inner layer is indeed organ-dependent, but the outer layer is a system-generated, tension-derived structure that forms independently of renal presence. By isolating the outer layer in its “naturally subtracted” state, our data reveal its functional autonomy and identify it as a product of the systemic tension field that converges around 20 gestational weeks.

4.2. Maturation of Internal Anchors and the External Envelope

The 10-to-20-week latency represents a cumulative preparatory phase for this systemic tension field. The generation of effective tension requires non-deformable internal anchors. Primary ossification centers in the vertebral column progressively expand through 20 weeks, transforming the spine into a rigid central pillar (Bagnall et al., 1977). Concurrently, the ilium undergoes rapid radial expansion into the human-specific fan shape (iliac flare) toward mid-gestation (~20 weeks) (Baumgart et al., 2018; Senevirathne et al., 2025).

Simultaneously, the fetal external envelope undergoes a profound mechanical transformation. Fetal growth curves demonstrate that volumetric expansion begins to exponentially outpace linear growth around 20 weeks (Hadlock et al., 1991). Governed by the square-cube law, this surge places immense outward pressure on the fetal surface. Crucially, the epidermis transitions into a keratinized, mechanically inextensible shell between 18 and 21 weeks (Hardman et al., 1999). This geometric mismatch—rapid internal volumetric expansion versus limited surface extensibility—creates a mechanical collision that forces the fetal body into a state of global tension.

4.2.1. Developmental Prerequisites from Pelvic Morphogenesis

Building upon this structural transformation, recent developmental work by Senevirathne et al. (2025) provides a crucial upstream framework for interpreting the present mechanobiological model.

Their study demonstrated that the human ilium acquires its uniquely broad, laterally flared geometry through two key developmental innovations: a heterotopic reorientation of the iliac growth plate and a heterochronic, externally biased ossification sequence. These morphogenetic shifts—absent in other primates—establish the fundamental geometric preconditions for the lateral traction vectors that become mechanically relevant in mid-gestation.

When these findings are integrated with the temporal synthesis of Verbruggen and Nowlan (2017), who showed that the most rapid phase of iliac expansion occurs precisely during mid-gestation, a coherent developmental hierarchy emerges. The genetic and cellular mechanisms described by Senevirathne et al. define the shape and material distribution of the pelvis, whereas the present model identifies the moment—around 20 gestational weeks—when this genetically specified geometry becomes mechanically integrated into a systemic tension network. In this view, the 20-week convergence represents the point at which structure enables function: the rigidified spine and expanded iliac flare begin to transmit fetal motor forces efficiently, amplifying both static volumetric tension and dynamic traction. Thus, the *Nature* findings do not compete with the current mechanobiological model; rather, they provide its essential morphogenetic substrate, clarifying why the Poisson-effect-driven lamination of retroperitoneal fasciae emerges only after the pelvis has acquired its human-specific geometry.

4.3. *The Biomechanical Tipping Point and Systemic Manifestations*

Consequently, caught between rigidifying bony anchors and an inextensible external envelope, the intervening retroperitoneal mesenchyme experiences an abrupt escalation of multi-axial tension. Following the physical principles of Poisson's ratio, this stretching forces orthogonal compression within the tissue, directly driving the sudden lamination of the outer layer of the posterior renal fascia.

This biomechanical convergence represents a systemic phase transition extending far beyond the retroperitoneum. Connective tissue sheaths of the human fetal sciatic nerve undergo dramatic structural compaction precisely around 21 weeks (Pummi et al., 2004). These concurrent events strongly support the presence of a systemic tension field.

Furthermore, this static tension network is powerfully amplified by a biomechanical positive feedback loop involving fetal motor activity. Before 15 weeks, the highly compliant fetal skeleton fails to effectively transmit muscular forces (Nowlan, 2015). However, as the vertebral column ossifies (Bagnall et al., 1977) and the iliac flare expands (Baumgart et al., 2018) toward week 20, these rigidified structures provide the essential mechanical anchors for efficient muscle contraction. As a result, gross fetal body movements, particularly coordinated kicking, significantly intensify in both frequency and transmissible force from 20 weeks onward (de Vries et al., 1982; Patrick et al., 1982). This transition generates rhythmic, dynamic traction on the retroperitoneal mesenchyme. We propose that these dynamic tension spikes synergize with static volumetric expansion to actively align fibroblasts and accelerate the poroelastic fluid exudation required for definitive fascial lamination.

4.4. *Lymphatic Maturation, Poroelastic Compaction, and Cross-linking*

While the Poisson effect dictates orthogonal compression, physiological fixation requires fluid drainage and enzymatic bonding. The fetal lymphatic system acquires functional systemic drainage capacity between 14 and 16 weeks (Bekker et al., 2005). As Poisson-effect compression occurs around 20 weeks, mature lymphatics facilitate poroelastic fluid exudation, bringing dispersed collagen fibers into extreme physical proximity. This provides the essential spatial prerequisite for lysyl oxidase (LOX) to catalyze covalent cross-linking (Kagan & Li, 2003), chemically locking the lamination and explaining why fascial laminae do not re-expand.

4.5. Comparative Anatomy Implications

Although the Poisson effect is universal in mammalian soft tissues, the highly specialized multilaminated architecture of the human retroperitoneum appears intimately tied to hominin bipedalism. Quadrupedal mammals lack the uniquely flared ilium required for upright posture, suggesting this specific lateral traction vector is a geometric prerequisite for human-like fascial lamination; however, detailed comparative biomechanical analysis remains beyond the scope of this study.

4.6. Limitations and Future Directions

While this mechanobiological model aligns with histological observations and is validated by our cross-sectional radiological subtraction experiment, it remains a theoretical synthesis. Future empirical validation—such as directly quantifying in vivo retroperitoneal tissue stiffness and tension vectors in utero using advanced high-resolution fetal MRI or ultrasound elastography—will be essential to directly measure the proposed tension network.

5. Conclusions

In conclusion, the systemic tension field converging at 20 weeks of gestation acts as the primary mechanobiological driver that sculpts the outer layer of the posterior renal fascia through Poisson-effect orthogonal compression. Our natural subtraction experiment using adult renal vacancy provides decisive evidence for this structural autonomy, ultimately resolving the 150-year anatomical contradiction regarding retroperitoneal fascial formation.

By identifying the 20-week systemic tension field as the mechanobiological trigger for fascial lamination, this study provides a unifying framework linking fetal biomechanics, developmental anatomy, and clinical radiology.

Tables

Table 1. Chronological Synthesis of Retroperitoneal Fascial Development and Associated Mechanobiological Events.

Clinical Gestational Age	Anatomical/Biomechanical Events	Mechanobiological Significance	Key References
10–12 weeks	<ul style="list-style-type: none"> • Early pancreatic fixation to the posterior wall • Circumferential emergence of the inner layer of the renal fascia • Morphogenetic blueprint of iliac flare geometry established via cartilage shift 	<p>Localized tension & spatial vector preparation: Viscera asynchronously integrate into the nascent tension network. Pelvic cartilage establishes the future posterolateral traction vector, though still too compliant to generate systemic tension.</p>	<p>Cho et al. (2009) Matsubara et al. (2009) Senevirathne et al. (2025)</p>
14–16 weeks	<ul style="list-style-type: none"> • Functional maturation of the fetal lymphatic system (terminal venous connections) 	<p>Physiological preparation: Establishes systemic drainage capacity required for poroelastic fluid exudation during later</p>	<p>Berger (1999) Bekker et al. (2005)</p>

		Poisson-effect compression.	
		Dynamic pre-conditioning & the square-cube law: The spine stiffens into a central pillar. Volumetric expansion outpaces surface area, generating massive outward pressure. Collision with epidermal maturation produces profound systemic hoop stress.	Bagnall et al. (1977) Singh & Archana (2008) Hadlock et al. (1991)
18–20 weeks	<ul style="list-style-type: none"> Progressive ossification of the vertebral column Epidermal keratinization and completion of the inextensible cutaneous envelope Volumetric growth begins to exponentially surge (square-cube law) 		
Around 20 weeks	<ul style="list-style-type: none"> Somatic rigidification: cumulative 3D pelvic expansion and ossification reach a biomechanical threshold Fascial lamination: synchronous definitive clarification of Toldt's fascia, posterior pancreatic fascia, and the multilaminated outer layer of the posterior renal fascia 	The temporal mechanical trigger & Poisson effect: As anchors stiffen into rigid levers, growth forces are transmitted without dissipation. The resulting tension spike induces orthogonal compression (Poisson effect), forcing fluid exudation and subsequent LOX cross-linking to complete fascial lamination.	Baumann (1945) Cho et al. (2009) Matsubara et al. (2009) Verbruggen & Nowlan (2017) (Current Model)
(The Chronological Intersection)			

Table 2. Systemic Manifestations of the Biomechanical Convergence Around 20 Weeks.

Anatomical System	Event at ~20 Weeks	Biomechanical Significance	Key References
Skeletal System	Ossification of vertebral column	Rigid central pillar for tension transmission	Bagnall et al. (1977) Baumgart et al. (2018);
	Expansion/ossification of iliac flare	Establishes lateral lever for whole-body tension	Senevirathne et al. (2025)
Cutaneous Envelope	Epidermal keratinization	Inextensible shell generating systemic hoop stress	Hardman et al. (1999)
Somatic Growth	Exponential volumetric expansion	Square-cube law drives global tension	Hadlock et al. (1991)
Musculoskeletal Motor System	Intensification of fetal kicking and gross body movements	Dynamic tension spikes actively align fibroblasts and accelerate poroelastic compaction	Nowlan (2015); de Vries et al. (1982); Patrick et al. (1982)
		Rhythmic loading reinforces tension network	Nowlan (2015)
Respiratory Physiology	Sharp increase in FBMs	Thorax becomes stable mechanical frame	Bagnall et al. (1977);
	Rib cage rigidity increases		

	Surfactant production begins	Stabilizes alveoli → consistent FBMs	Verbruggen & Nowlan (2017) Avery & Fletcher (1974); Clements (1957)
Lymphatic System	Systemic drainage capacity matures	Promotes irreversible poroelastic compaction	Bekker et al. (2005)
Fascial Structures	Lamination of Toldt's fascia	Reflects systemic tension threshold	Baumann (1945)
	Lamination of posterior pancreatic fascia	Occurs after 10-week latency	Cho et al. (2009)
	Lamination of outer layer of posterior renal fascia	Multi-axial tension + Poisson-effect compression	Matsubara et al. (2009)
Peripheral Nervous System	Compaction of sciatic nerve sheaths	Pelvic traction induces Poisson compression	Pummi et al. (2004)

Table 3. Clinical Characteristics and Quantitative Radiological Analysis of the Renal Vacancy Cohort (n=3). Extracted from a primary screening of 5,509 consecutive non-surgical abdominal CT scans.

Case	Age/Sex	Radiological Diagnosis	Adrenal Morphology	Fascial Thickness (Vacancy Side)	Fascial Thickness (Normal Side)	Difference (Δ)
1	53/F	True Left Renal Agenesis	"Pancake" (lying-down)	1.49 mm	1.88 mm	-0.39 mm
2	47/F	Severe Left Renal Dysplasia/Involution (renal nubbin)	Normal	1.46 mm	1.82 mm	-0.36 mm
3	89/M	True Left Renal Agenesis	"Pancake" (lying-down)	1.62 mm	Excluded*	N/A
Mean				1.52 mm	1.85 mm	-0.38 mm

*Case 3 normal side was excluded from the average due to the presence of localized contralateral inflammation affecting fascial planes.

Figure Legends

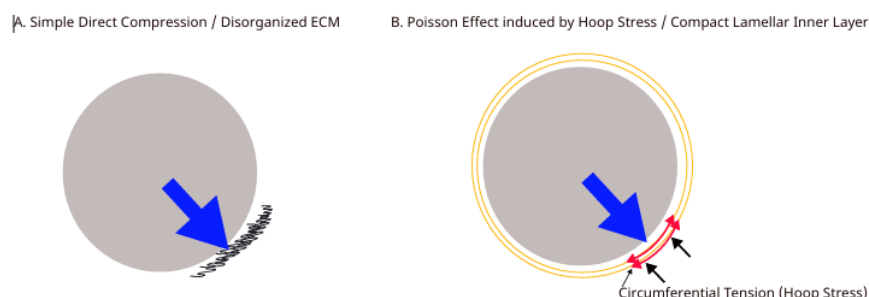


Figure 1. Theoretical comparison of mechanical tissue deformation: Direct Compression vs. Poisson Effect. (A) Simple Direct Compression/Disorganized ECM: The classical model implies that multidirectional or localized compressive forces (e.g., from visceral expansion) act directly upon the undifferentiated mesenchymal meshwork. Physically, this merely squashes the extracellular matrix (ECM) in a disorganized manner, failing to produce aligned fascial sheets. (B) Poisson Effect induced by Hoop Stress/Compact Lamellar Layer: In the current model, when the internal mass expands against an inextensible envelope, it generates circumferential

tension (hoop stress). This sustained multi-axial tension forces an obligatory orthogonal compression (the Poisson effect) within the intervening tissue. This highly directional compaction actively aligns and condenses the ECM into the organized, compact lamellar structures characteristic of true retroperitoneal fasciae.

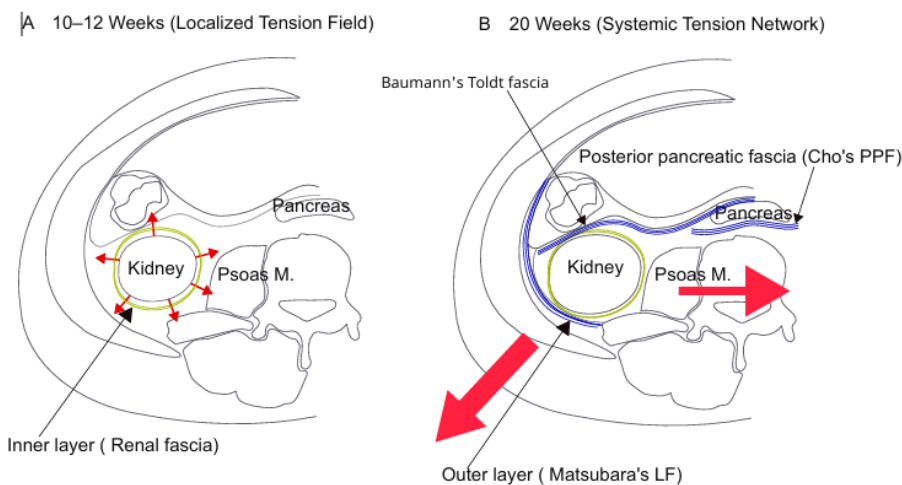


Figure 2. Spatiotemporal and biomechanical asymmetry in the development of the posterior renal fascia.

This diagram illustrates the chronological discrepancy in fascial emergence. The inner layer of the renal fascia forms early (10–12 weeks) driven by localized hoop stress from the expanding kidney, whereas the multilaminated outer layer is established significantly later (around 20 weeks) as a direct consequence of the systemic biomechanical convergence and macroscopic tension network completion.

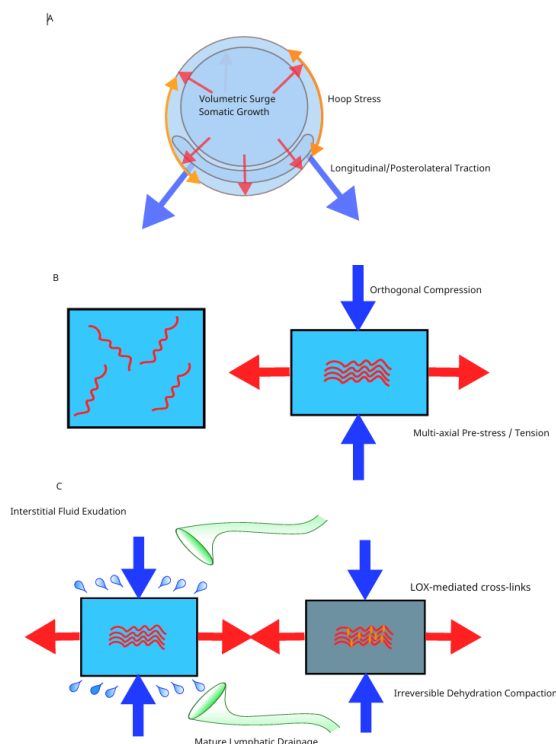


Figure 3. Biomechanical mechanism of retroperitoneal fascial formation around 20 weeks of gestation.

(A) Macroscopic Tension Convergence: At approximately 20 weeks, the fetal trunk experiences a unique convergence of mechanical forces. Rapid visceral volumetric expansion (red arrows)

encounters the resistance of the inextensible keratinized epidermis (hoop stress; orange arrows), while the iliac flare provides a potent posterolateral anchor (blue arrows). This creates a high-pressure mechanical field within the extraperitoneal space.

(B) Geometric Transformation via the Poisson Effect: Under multi-axial tension, the loose, hydrated mesenchyme undergoes a geometric shift. Stretching along the longitudinal and circumferential axes triggers orthogonal compression (blue arrows), flattening the tissue. This “Poisson effect” forces disorganized collagen fibers into a dense, laminated planar arrangement.

(C) Irreversible Fixation via Poroelastic Compaction and Cross-linking: The mechanical compression drives interstitial fluid out of the extracellular matrix (exudation; blue droplets). The functional maturation of the lymphatic system (green) at this stage ensures the permanent removal of this fluid, leading to poroelastic compaction. Finally, LOX-mediated covalent cross-linking chemically locks the approximated collagen fibers. This transition from a transient fluid-state to a definitive solid-state laminae completes the formation of the adult-type fascia.

CT images are displayed with soft-tissue window settings (W: 200, L: 120).

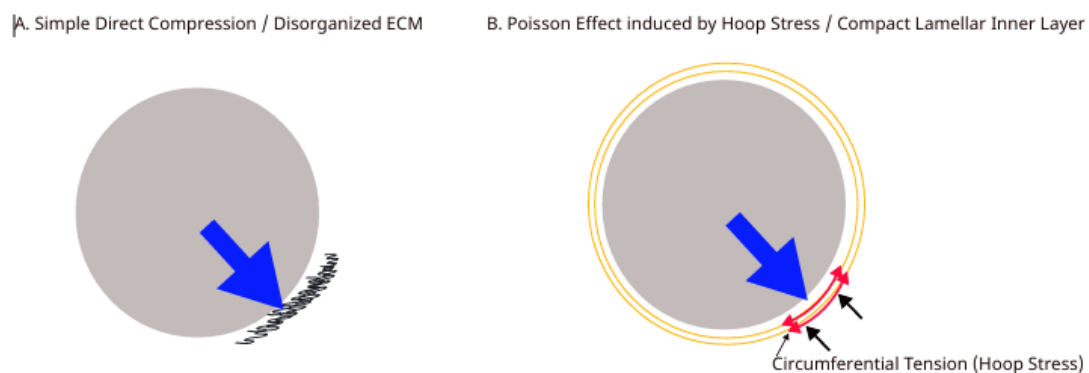


Figure 4. Conceptual and terminological mapping of the retroperitoneal fasciae.

This schematic provides a terminology map to resolve historical discrepancies. It highlights the evolution from Congdon’s (1941) macroscopic definition (historical “migration fascia”) to Matsubara’s (2009) microscopic re-evaluation. To avoid conceptual confusion, this study defines the posterior structure as the “outer layer of the posterior renal fascia” and the “lateroconal fascia” strictly as its continuous anterior extension.

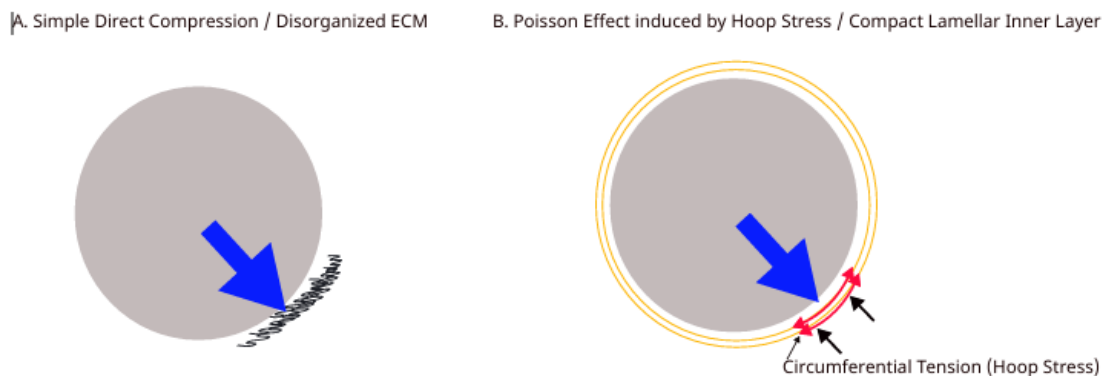
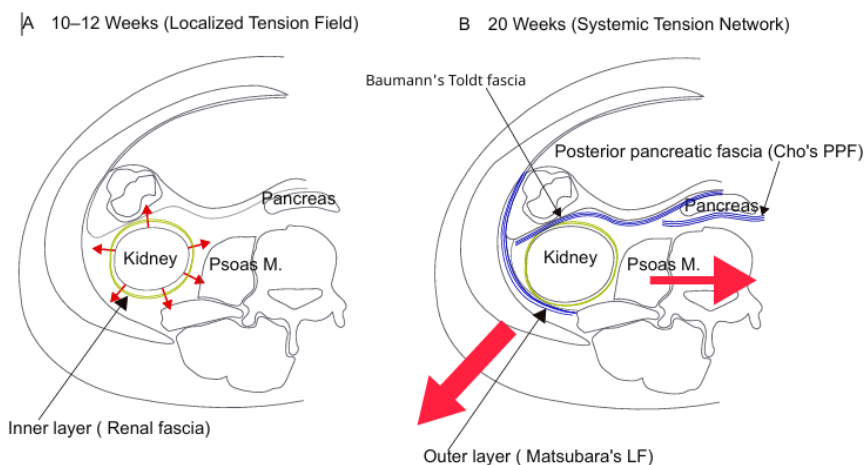


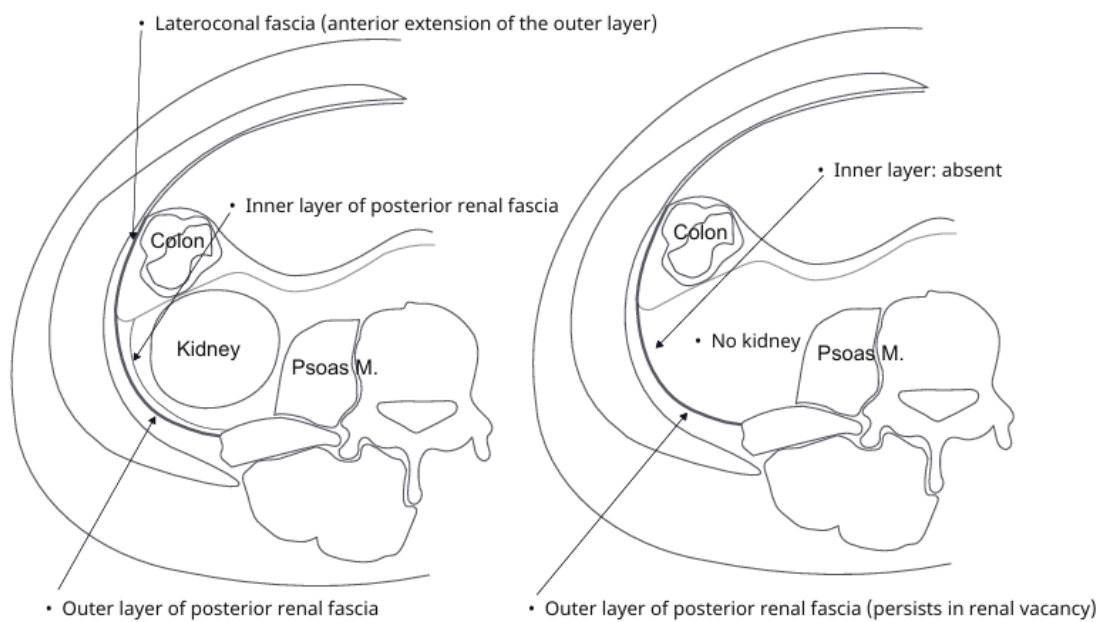
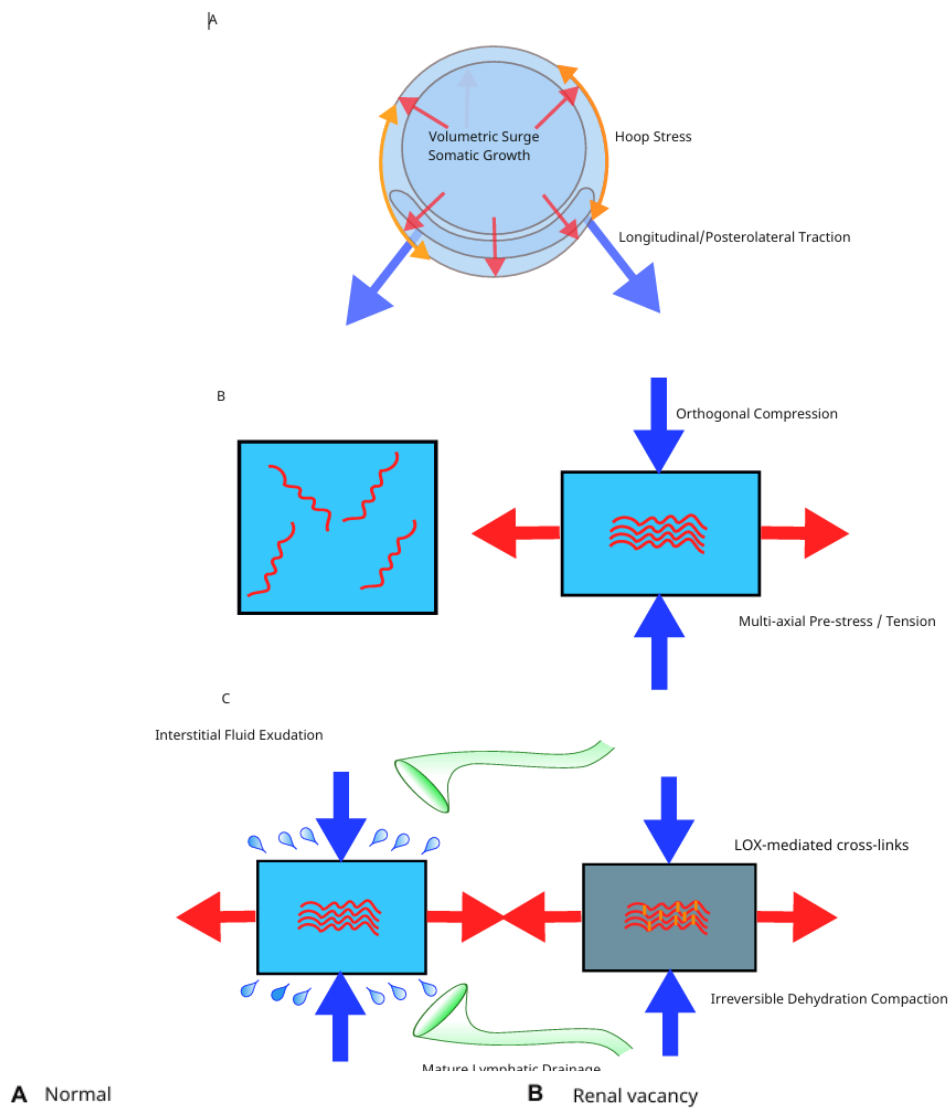
Figure 5. Radiological Validation through the “Subtraction Experiment” of Renal Vacancy.

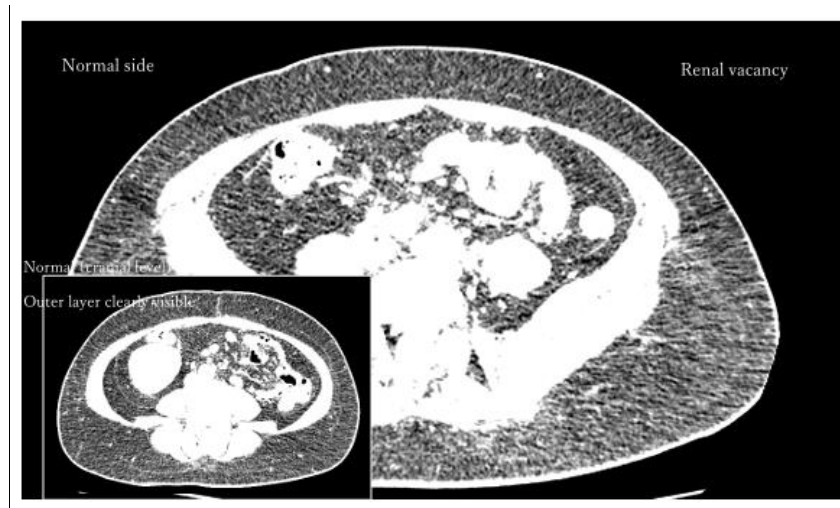
Axial unenhanced computed tomography (CT) images demonstrating the persistence of the outer fascial layer in the absence of a localized renal mass. (A) Normal right retroperitoneum showing the thick, bilaminar composite posterior renal fascia. (B) Left renal agenesis (Case 1). Despite the absolute lifelong absence of an organ-derived “inner layer” (resulting in a proportionally reduced total fascial thickness of ~1.5 mm), a continuous outer fascial plane definitively persists. This plane actively anchors the descending colon and peritoneal sac to the posterior retroperitoneal wall, providing decisive evidence for its autonomous formation via the systemic tension network rather than localized organ expansion. Inset: Axial CT image at a more cranial level on the normal side, where the outer layer is clearly visible. CT images are displayed with soft-tissue window settings (W: 200, L: 120).

CT images are displayed with soft-tissue window settings (W: 200, L: 120).

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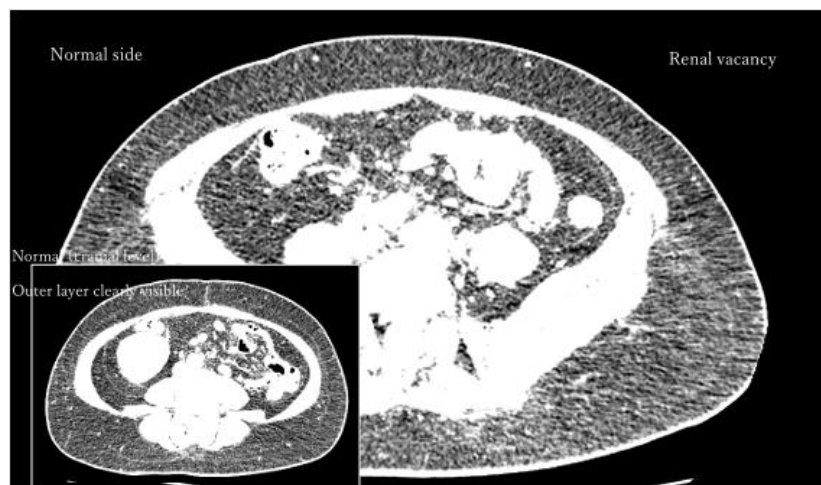
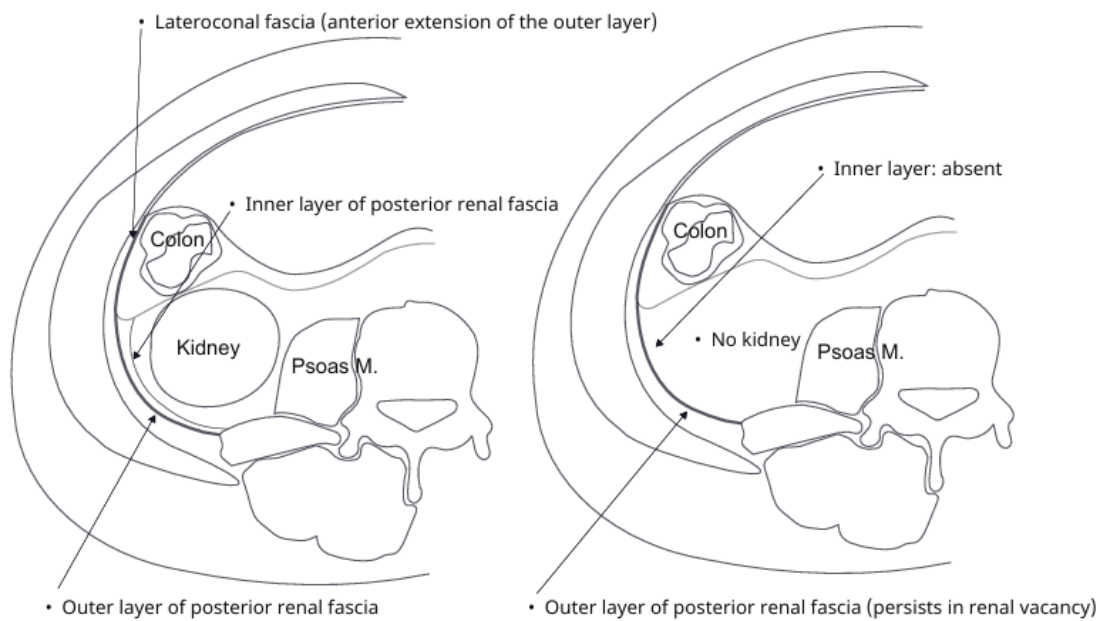






A Normal

B Renal vacancy



Author Contributions: H.T. conceived the study, performed the literature synthesis, developed the mechanobiological model, analyzed the radiological data, and wrote the manuscript.

Data Availability: The radiological data supporting the findings of this study are restricted due to patient privacy protocols but may be requested from the corresponding author. All other information is derived from previously published literature.

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Conflicts of Interest Statement: The author declares no conflicts of interest.

Ethics Statement: This retrospective study was approved by the Institutional Review Board (IRB) of Gakkentoshi Hospital (Approval No. GT-R6-07-12-1). The requirement for written informed consent was waived due to the retrospective nature of the study, and an opt-out mechanism was provided via the hospital's official website in accordance with national ethical guidelines.

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