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Article

Effectiveness of Rain Gardens for Managing Non-Point Source Pollution from Urban Surface Storm Water Runoff in Eastern Texas, U.S.

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Abstract: Extreme precipitation events are one of the common hazards in eastern Texas, generating a large amount of storm water. Water running off urban areas may bring non-point source (NPS) pollution to natural resources such as rivers and lakes. Urbanization exacerbates this issue by increasing impervious surfaces that prevent natural infiltration. This study evaluates the efficacy of rain gardens, a natural-based best management practice (BMP), in mitigating NPS pollution from urban stormwater runoff. Stormwater samples were collected at inflow and outflow points of three rain gardens and analyzed for various water quality parameters, including pH, electrical conductivity, fluoride, chloride, nitrate, nitrite, phosphate, sulfate, salts, carbonates, bicarbonates, sodium, potassium, aluminum, boron, calcium, mercury, arsenic, copper iron lead magnesium, manganese and zinc. Removal efficiencies for nitrate, phosphate, and zinc exceeded 70%, while heavy metals such as lead achieved reductions up to 80%. However, certain parameters, such as calcium, magnesium and conductivity showed increased outflow concentrations, attributed to substrate leaching. These increases resulted in a higher outflow pH. Overall, the pollutants were removed with an efficiency exceeding 50%. These findings demonstrate that rain gardens are an effective and sustainable solution for managing urban stormwater runoff and mitigating NPS pollution in eastern Texas, particularly in regions vulnerable to extreme precipitation events.

Keywords: rain garden; non-point source; water quality; best management practices; urban storm runoff; water pollution

1. Introduction

In settlement areas, urbanization has converted natural permeable land into impervious cover. The amount of impervious land in urban areas ranges from 20% in residential areas to as much as 85% in commercial areas [1]. These areas, such as parking lots, concrete roads, and cemented surfaces, prevent infiltration of water through the soil. Such process has significant impact on numerous biotic and abiotic components in the environment including watershed hydrology and water resources quality [2]. In streams, these impacts include higher peak stream flows which increases channel incision, bank erosion, and increased transport of sediment and other nonpoint pollutants [3]. Urban stormwater runoff in the United States of America is the leading concern of water quality impairment and it is also the third largest source of water impairment overall [4]. Urbanization's extensive transformation of natural landscapes into impervious surfaces underscores the urgent need to address the environmental challenges associated with urban stormwater runoff, particularly its profound effects on hydrology and water quality.

Stormwater runoff mainly consists of suspended solids, heavy metals and chlorides, while it may also contain oil, grease and other related hydrocarbons [5]. Heavy metals in stormwater are products of vehicular emission and industrial activities. They can be found in one to two order magnitudes greater than sewage effluent [6]. The sources of heavy metals in vehicular emissions include lead deposits from lead oxides, zinc from tire wear; copper, chromium and nickel from the wear of the plating, bearings, brake linings and other moving parts of the vehicle [7]. Roofing materials can also be significant sources of these pollutants, depending on the type of roofing material and atmospheric deposition parameters [8,9]. The impacts of urban storm runoff on the receiving water bodies depend on the ambient quality of the receiving water and the quantity of the water pollutants entering that water body [10]. Lead typically accumulates in stream sediments and can affect fish survival, growth, and reproduction [11]. Zinc and copper at certain concentrations are toxic to fish and macroinvertebrates as well [12]. Cadmium and chromium are mutagenic and carcinogenic to aquatic life [13]. Excess nutrients like nitrogen and phosphorus causes algal blooms, which can increase algal turbidity thus blocking sunlight and decay of excess biomass can consume stream dissolved oxygen [14]. Oil and grease can affect fish reproduction. Sediment particles deposited by storm runoff or resulting from channel erosion can endanger fish survival and reproduction [15], it can cover the stream bottom reducing available spawning habitat [16]. Therefore, the diverse pollutants in stormwater runoff, including heavy metals, hydrocarbons, nutrients, and sediments, pose significant ecological threats to aquatic ecosystems, underscoring the critical need for effective mitigation strategies to protect water quality and aquatic life.

Eastern Texas's unique geographic location, influencing by movements of seasonal air masses, including subtropical west winds, tropical storms, and a subtropical high-pressure system, makes it is prone to hurricane [17]. During recent decades, such extreme precipitation event has increased in its frequency and intensity in eastern Texas [18], leading to heavy storm and flooding risk has been more dramatically [19]. These climatic trends exacerbate the impacts of urbanization on watershed hydrology and water resources, as increased impervious cover amplifies stormwater runoff and diminishes natural infiltration processes [20]. Elevated runoff volumes overwhelm stormwater infrastructure, increasing the risk of flash flooding and pollutant transport into receiving water bodies. This has profound implications for water quality, including the introduction of heavy metals, nutrients, and sediments, which degrade aquatic habitats and threaten biodiversity. Furthermore, the altered hydrologic regime contributes to stream channel instability, erosion, and sedimentation, further impacting watershed health.

Rain gardens, a best management practice (BMP), mitigate urban stormwater impacts by enhancing infiltration, reducing runoff, and improving water quality [21–23]. These shallow, vegetated depressions capture and retain stormwater for infiltration, aquifer recharge, pollutant removal, and peak flow reduction [24]. Their design includes runoff conveyance, pretreatment, treatment, and maintenance [25] while mimicking natural hydrologic processes such as infiltration, filtration, adsorption, and decomposition (Prince George's County Department of Environmental Sciences, 1993). Additionally, their vegetation provides both functional hydrological benefits and aesthetic value (Dietz and Clausen, 2005).

Over the past two decades, numerous studies have demonstrated the multifunctional benefits of rain gardens, including improving microclimate, enhancing urban biodiversity by supporting plants and insects, and contributing to air quality improvement [26]. Recent research has focused on optimizing rain garden designs to enhance pollutant removal efficiency, such as implementing two-stage tandem rain gardens for improved retention [27], integrating polyculture plantings to increase pollutant removal rate [28], and modifying soil fauna to enhance microbial activity and pollutant breakdown [29]. These advancements highlight the ongoing efforts to refine rain garden functionality, making them more effective and adaptable for sustainable urban stormwater management.

Despite extensive research on BMPs, rain garden studies in recent five years are more focus on temperate regions [30]. However, their application in regions prone to extreme precipitation events,

such as the subtropical climate of eastern Texas, remains underexplored. Given the increasing frequency and intensity of extreme rainfall events in this area, evaluating the performance of rain gardens in such environments is critical to understanding their effectiveness under variable hydrological conditions.

Thus, the main purpose of the study was to evaluate the efficacy of raingardens as structural BMPs by measuring the surface runoff water quality in eastern Texas, USA. We hypothesized that 1) Rain gardens effectively reduce pollutant concentrations in stormwater runoff; 2) Variations in pollutant removal efficiency are influenced by site-specific factors such as soil composition and local geology. By this, we measured stormwater runoff from parking lots and buildings for various water quality parameters, including pH, electrical conductivity (EC), fluoride (F⁻), chloride (Cl⁻), nitrate (NO₃), nitrite (NO₂), phosphate (PO₄), sulfate (SO₄), salts, carbonates, bicarbonates, sodium (Na), potassium (K), aluminum (Al), boron (B), calcium (Ca), mercury (Hg), arsenic (As), copper (Cu) iron (Fe) lead (Pb) magnesium (Mg), manganese (Mn) and zinc (Zn), before it entered the rain gardens. After flowing through the rain garden, we measured water quality was again to determine the effectiveness of rain gardens in reducing/ treating NPS pollutants in urban stormwater runoff.

2. Materials and Methods

2.1. Study Area

The study was conducted at the Pineywoods Native Plant Center (PNPC), located on the northern edge of Stephen F. Austin State University (SFASU) in Nacogdoches, Texas, USA (31° 36' 11"N; 94° 39' 19" W). The PNPC spans 17 hectares and consists of a mix of uplands, mesic mid-slopes, and wet creek bottomlands. The area has a humid subtropical climate, characterized by hot summers and cool winters. Annual rainfall is relatively evenly distributed throughout the year, with April and May receiving the highest precipitation.

The primary contributing areas to the three rain gardens are upgradient parking lots and building rooftops (Figure 1). Each rain garden was designed to accommodate runoff from different infrastructure types and varied in size. Rain Garden 1 primarily receives runoff from the Raguet Elementary School parking lot, while Rain Garden 2 is supplied with runoff from the main office parking lot of the PNPC. Rain Garden 3 receives runoff from the Music Preparatory building parking lot at SFASU.

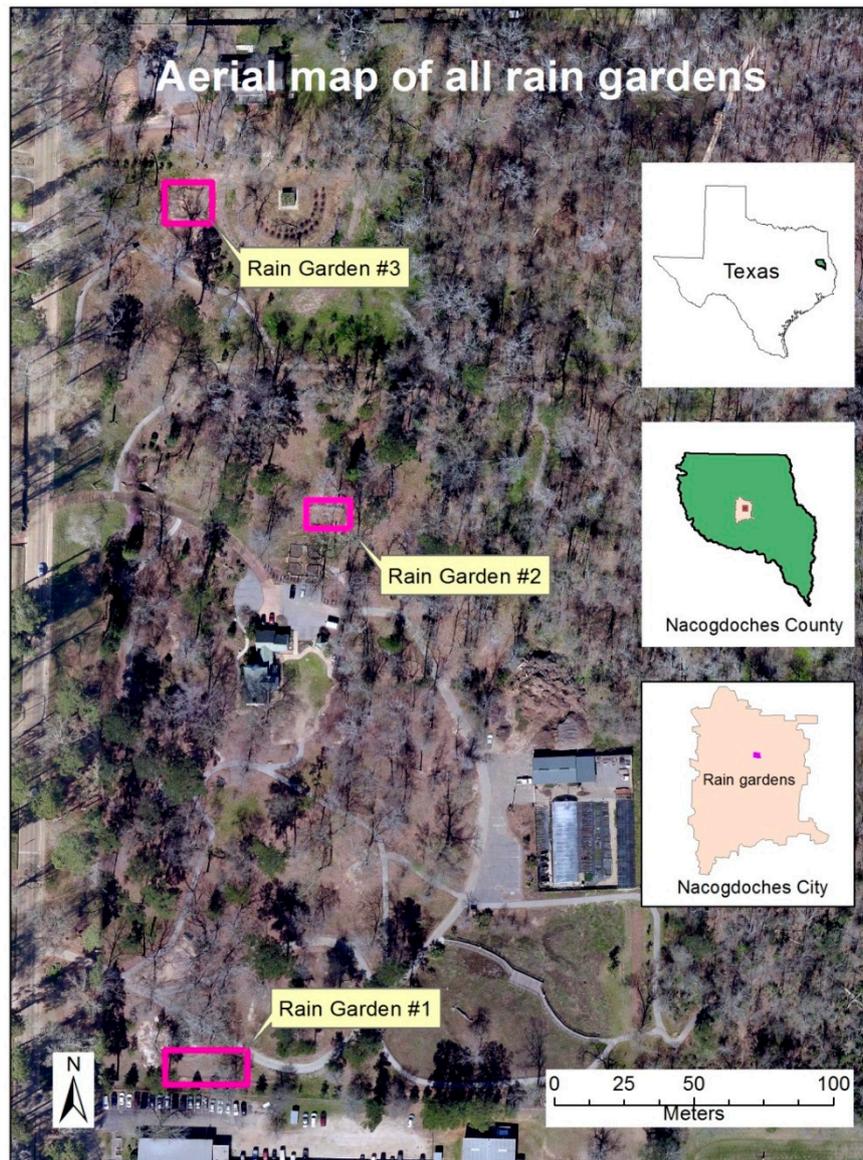


Figure 1. Aerial map showing the locations of rain gardens 1, 2, and 3 on the Stephen F. Austin State University campus in Nacogdoches, TX, USA. The map indicates the contributing drainage areas for each rain garden, including surrounding impervious surfaces such as parking lots, sidewalks, and buildings. These contributing areas were the primary sources of stormwater runoff sampled during the study.

Rain garden 1 is located on the soil of Attoyac-urban land complex (soil unit 8) with 0–4% slopes [31]. The major soil components include 40% urban land, 40% Attoyac and similar soils, and 20% minor components. The parent material consists of loamy alluvium with a moderately high to high saturated hydraulic conductivity (K_{sat}) of 1.45–5.03 cm/hr. Rain Garden 2 is situated on Trawick-Urban Land Complex soils (Soil Unit 65) with 8–20% slopes. The major soil components include 55% Trawick and similar soils, 30% urban land, and 15% minor components. The parent material is clayey residuum weathered from glauconite and sandstone. The K_{sat} is moderately high (0.51–1.45 cm/hr.), and the available water capacity is low (14.22 cm). Rain Garden 3 is located on a combination of Nacogdoches-Urban Land Complex soils (Soil Unit 47) and Trawick-Urban Land Complex soils (Soil Unit 65). For Soil Unit 47, the composition consists of 45% Nacogdoches and similar soils, 35% urban land, and 20% minor components. The parent material is clayey residuum weathered from glauconite

sandstone. The Ksat is moderately high (0.51–1.45 cm/hr.), and the available water capacity is 22.61 cm.

2.2. Rain Garden Design

The contributing area for each rain garden was determined through site evaluation and geospatial hydrological analysis. Rain gardens were constructed in accordance with the Knox County, Tennessee Stormwater Management Manual, prepared by AMEC Earth & Environmental Inc. [22]. Based on the guidelines outlined in this manual, the contributing areas for each rain garden were calculated to ensure optimal stormwater retention and treatment capacity (Table 1).

Table 1. Contributing area, impervious area, percentage of impervious area, calculated bed area, and constructed bed area (in square meters) for the three rain gardens.

Calculated area	Rain garden 1 (m ²)	Rain garden 2 (m ²)	Rain garden 3 (m ²)
Contributing area (A)	3807	2663	2635
Cumulative area of all impervious surfaces on the site impervious area (I _A)	1290	724	1015
Calculated bed area (A _F)	97	66	69
Constructed Bed area	154	89	92
Percent impervious area (I)	33.90%	27.20%	38.5

2.3. Structural Design

The flow of stormwater through a rain garden treatment system, beginning at the parking lot, serves as the primary source of runoff. The runoff water passed through multiple structures within the rain gardens before reaching the outflow, where treated water was collected for quality analysis. The first component of the system was an instrument box equipped with a Thermo Scientific® 1000 mL HDPE Nalgene® stormwater sampler and a Hobo® U24-001 temperature and conductivity data logger. An untreated runoff from the parking lot was first collected in the water sampler inside the instrument box for analysis before entering the rain garden for treatment.

A 0.15 m drainage pipe transported water from the pre-treatment instrument box into the rain garden, where it flowed onto the surface and temporarily pooled within a designated ponding zone, enclosed by a 0.25 m high berm. This area was planted with native eastern Texas vegetation; however, nitrogen-fixing plants were intentionally excluded from both the rain garden and the surrounding berm. The stormwater then infiltrated through the mulch and sand layers, where natural treatment processes such as sedimentation, adsorption, and microbial activity occurred.

Water percolating through these layers accumulated at the base of the rain garden and was directed through a series of 0.1 m drainage pipes before reaching the outflow instrument box. The outflow structure was equipped with the same sampling and monitoring equipment as the inflow, ensuring consistency in data collection for water quality analysis.

2.4. Cross Sectional Structure

The cross-sectional area of the rain gardens is divided into two major zones: the rooting zone and the drainage zone, comprising five distinct structural elements. The rooting zone consists of a mulch layer and sand layer. The mulch layer, approximately 0.15 m thick, is composed of dry leaves and finely shredded hardwood chips applied uniformly. This layer serves multiple functions, including filtering pollutants, preventing soil erosion, and supporting microbial activity for pollutant

degradation. Beneath the mulch layer, the 0.9 m sand layer acts as an infiltration medium, slowing runoff and promoting water percolation.

The drainage zone, located below the rooting zone, consists of three key layers: filter fabric, gravel, and perforated pipes. The filter fabric separates the rooting and drainage zones, providing additional filtration while acting as a root barrier and preventing organic matter from clogging the drainage system. Below this, a 0.2 m pea gravel bed (Figures 2 and 3) enhances stormwater storage capacity and prevents waterlogging in the upper layers. At the bottom, 0.1 m perforated drainage pipes, spaced 0.9 m apart, facilitate passive gravity drainage. These pipes are connected to a main discharge pipe that directs treated stormwater downgradient.



Figure 2. Installation of drainage pipes and pea gravel layer during the construction phase of Rain Garden 2 in Nacogdoches, TX, USA. After excavation, perforated drainage pipes were placed at the base of the rain garden to facilitate excess water outflow. The pea gravel layer, approximately 0.2 meters thick, was then evenly distributed over the pipes to enhance drainage efficiency and prevent clogging. This foundational layer supports proper water infiltration and contributes to the overall functionality of the rain garden system.

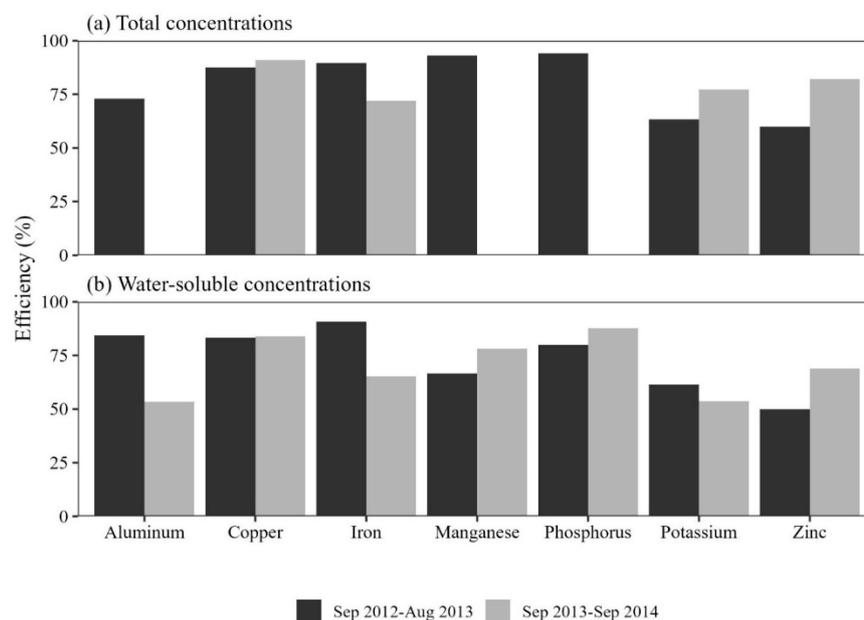


Figure 3. Comparison of the efficiency (%) of pollutant removals for water soluble (WS) and total concentrations (TC) for rain gardens during first (plant establishment, Sep. 2012-Aug. 2013) and second (Sep. 2013-Sep. 2014) years of study at three rain gardens in Nacogdoches, Texas, USA. Blank bars are left because some of the parameters were removed in specific rain garden.

A selection of native plants, including *Echinacea purpurea*, *Tradescantia humilis*, *Scutellaria ovata*, *Salvia lyrata*, *Phlox divaricate*, and *Chasmanthium latifolium*, were planted in the rain gardens due to their low maintenance requirements, pollutant uptake capacity, and adaptability to local growing conditions. These species also provide habitat and food sources for native fauna while enhancing the visual appeal of the rain gardens. No nitrogen-fixing plants were included, ensuring that nitrogen levels in the system were influenced solely by the soil and incoming stormwater.

2.5. Water Sample Collection

Water samples were collected in Thermo Scientific® 1000 ml HDPE Nalgene® stormwater sampler installed in the inflow and outflow collection boxes. Water collected in each bottle was transferred to a sample bottle which was then brought to the laboratory for chemical analyses. The water sampler inside the mounting kit automatically shuts off using a ball float valve after the bottle is full thus preventing dilution with later runoff.

Water samples collected from the rain gardens were taken to the SFASU Soil, Plant and Water Analysis Laboratory for preservation and analyses. Individual samples were analyzed for water quality parameters including pH, electrical conductivity (EC), fluoride (F⁻), chloride (Cl⁻), nitrate (NO₃), nitrite (NO₂), phosphate (PO₄), sulfate (SO₄), salts, carbonates, bicarbonates, sodium (Na), potassium (K), aluminum (Al), boron (B), calcium (Ca), mercury (Hg), arsenic (As), copper (Cu) iron (Fe) lead (Pb) magnesium (Mg), manganese (Mn) and zinc (Zn).

2.6. Conductivity and Temperature Measurement

Electrical conductivity and temperature were measured in the rain garden using a Hobo® U24-001 temperature and conductivity data logger. The loggers were placed inside the instrument box along with the mounting kit. and recorded conductivity standardized to 25°C. Data were offloaded after each qualifying event using a HOBO® waterproof shuttle (U-DTW-1).

2.7. Raingarden Soil Sampling

During the construction process, all three rain gardens were filled with material from the same source. However, an evaluation was necessary to ensure that the difference in performance among rain gardens was not attributable to variations in soil materials. Therefore, soil samples were randomly collected from the mulch layer and the top 30 cm of the sand layer. A total tissue digestion method was used to analyze the samples for nutrients and various metals. To analyze the difference in the soil of the rain gardens, an ANOVA test was performed. All normally distributed soil data were analyzed using the F- test ($\alpha = 0.05$) and non-normally distributed data were analyzed using the Kruskal-Wallis's test ($\alpha = 0.05$).

2.8. Sample Period Analysis

Two distinct sample periods were evaluated. The first period ranged from September 2012 to August 2013. This period signified the time immediately following construction. During this interval, it was anticipated that the performance of the rain garden would be non-representative as the vegetation was not fully established [21]. The second period extended from September 2013 through September 2014. This represented the first year after vegetation establishment. The results presented herein focus on the second period, although comparisons are made with the first period to evaluate overall performance of the rain gardens [32].

2.9. Statistical Analysis

Descriptive statistics were calculated for water quality parameters by rain garden. The water quality parameters before and after stormwater enters the rain garden were compared. Parameter concentrations were compared with the water quality standards established by the World Health Organization (WHO), the Texas Commission on Environmental Quality (TCEQ) and USEPA. The Shapiro-Wilks test for normality was conducted prior to performing any other statistical test. If the water sample data were normally distributed, then a parametric test (paired t-test) was conducted between contrasting rain gardens. For all non-normally distributed water sample data, the non-parametric Kruskal-Wallis test was performed ($\alpha = 0.05$). For concentrations below the method detection limit for a given chemical analysis, one-half of the method detection limit was utilized for calculation and statistical analysis. Pollutant removal efficiency was also evaluated and calculated for the rain gardens using the Formula (1):

$$\text{Efficiency (\%)} = \left[\frac{\text{Conc}_{in} - \text{Conc}_{out}}{\text{Conc}_{in}} \right] \times 100 \quad (1)$$

3. Results

During the study period (September 2013 to September 2014), a total of 25 storm runoff events were recorded. For each event, two water samples—one from the inflow and one from the outflow—were collected from each of the three rain gardens. However, in some instances, insufficient outflow prevented sample collection, resulting in a total of 135 samples obtained from the 25 storm events.

3.1. Precipitation and Environmental Conditions

Precipitation and weather monitoring were carried out at the weather station maintained by SFASU/United States National Weather Service (NWS). The weather station is located at Pecan Park, which is 2.5 km south of the rain gardens. Table 3 presents the total precipitation during the study period and long-term average precipitation (1901-2009). Nacogdoches received a total of 1168.7 mm precipitation during the study period which is slightly greater than the long-term average precipitation of 1125.1 mm. The highest amount of precipitation was recorded in October 2013. However, no significant differences were observed in monthly precipitation between the study and historical periods ($p = 0.192$, $\alpha = 0.05$)

Table 3. Monthly precipitation (mm) during the study period and long-term average precipitation (1901-2009) from the Stephen F. Austin State University/National Weather Service weather station.

Month	2013-2014	1901-2009	Difference
September	147.1	85.1	62.0
October	179.6	89.2	90.4
November	68.1	34.0	34.1
December	58.7	121.0	-62.3
January	44.5	103.9	-59.5
February	58.4	101.7	-43.3
March	90.9	99.5	-8.6
April	36.8	112.6	-75.8
May	178.1	127.3	50.8
June	56.9	98.3	-41.4
July	106.2	87.4	18.8
August	39.6	70.0	-30.4
September	103.9	85.1	18.8

Total	1168.7	1125.1	43.6
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3.2. Comparison with Water Quality Standards

The concentrations of water quality parameters were compared with the freshwater criteria provided by TCEQ for aquatic life protection. For parameters not included in this list, human health protection for specific toxic materials were used. Nutrient concentrations were compared with the standards set by USEPA and TCEQ. The concentrations of most water quality parameters were within the standard provided by TCEQ and USEPA. Aluminum was the only parameter that exceeded the criteria at both inflow and outflow. Copper concentrations were above the water quality standard at the inflow but after treatment by the rain garden, the concentration fell below the standard. No standard was provided by TCEQ for iron, however when compared to the secondary maximum contaminant standard set by USEPA, the concentrations exceeded this standard at all rain gardens. The higher iron concentrations may be attributed to the presence of iron oxide in the rain garden soil, which has a naturally higher iron content. Nitrite concentrations also exceeded the EPA standard of 1 mg/L at both inflow and outflow.

3.3. Concentrations of Metals

3.3.1. Copper

For water-soluble copper concentrations, the highest observed average concentration was 0.05 mg/L, which exceeds the water quality standard. The mean water-soluble copper concentration was significantly lower in the outflow waters for all three rain gardens (Table 4). For total copper concentrations, the highest average concentration was 0.09 mg/L, observed at the inflow of the Rain Garden 1. These results indicate that rain gardens are an effective BMP for removing copper (Table 4).

Table 4. Mean water-soluble concentrations (mg/L) for metals in samples collected from September 2013 through September 2014 for three rain gardens at the Piney Woods Native Plant Center in Nacogdoches, TX, USA. Bold underlined values are significantly greater within each rain garden pair (inflow vs outflow) at $\alpha = 0.05$.

Parameter	Rain Garden 1		Rain Garden 2		Rain Garden 3	
	Inflow	Outflow	Inflow	Outflow	Inflow	Outflow
Copper	<u>0.047</u>	0.010	<u>0.051</u>	0.011	<u>0.050</u>	0.008
Zinc	<u>0.013</u>	0.007	<u>0.015</u>	0.006	<u>0.022</u>	0.007
Arsenic	0.001	0.001	0.000	<0.001	<0.001	<0.001
Lead	0.001	0.001	0.000	0.001	<0.001	0.001
Iron	0.286	<u>0.679</u>	<u>0.248</u>	0.086	0.245	0.181
Aluminum	0.641	<u>19.311</u>	<u>4.360</u>	2.029	2.138	<u>14.124</u>
Magnesium	2.883	<u>5.521</u>	4.280	<u>23.575</u>	2.679	<u>10.540</u>
Manganese	0.005	0.011	<u>0.011</u>	0.003	0.024	0.026
Boron	0.023	0.026	0.035	<u>0.062</u>	0.022	0.044
Sodium	5.013	8.191	3.986	<u>14.848</u>	2.820	<u>18.081</u>

3.3.2. Zinc

The highest water-soluble zinc concentration, 0.28 mg/L, was observed in the outflow of Rain Garden 1. None of the observed concentrations exceeded the water quality standard of 0.215 mg/L. The TCEQ standard for zinc is determined based on water hardness. During the study period, total hardness was 205 mg/L, corresponding to a water quality standard of 0.215 mg/L. Similar to copper,

outflow concentrations of both total and water-soluble zinc were significantly lower across all three rain gardens (Tables 3 and 4).

3.3.3. Arsenic

The highest total arsenic concentration observed was 0.05 mg/L, while the highest water-soluble arsenic concentration was 0.01 mg/L. Both values were below the TCEQ water quality standard of 0.36 mg/L. Most concentrations were at or below the method detection limit, indicating minimal arsenic presence in the stormwater effluents. No significant differences in average concentrations were observed between inflow and outflow for any of the rain gardens.

3.3.4. Lead

The highest total lead concentration observed was 0.08 mg/L in the inflow of Rain Garden 1. This was a one-time occurrence during the experiment, while all other observations were below 0.02 mg/L. These concentrations remained below the water quality standard. Similar to arsenic, water-soluble Pb concentrations did not differ significantly between inflow and outflow across the three rain gardens.

3.3.4. Iron

The highest water-soluble iron concentration was observed in the outflow of Rain Garden 2 (2.04 mg/L), while the lowest recorded concentration was below the detection limit 0.003 mg/L. The highest total iron concentration observed during the study period was 13.197 mg/L in the outflow of Rain Garden 1. For both water-soluble and total iron concentrations, outflow concentrations were significantly lower than inflow in Rain Garden 2, whereas outflow concentrations were significantly higher than inflow in Rain Garden 1 (Tables 4 and 5). no significant differences were observed between inflow and outflow concentration in Rain Garden 3 for either form of iron.

Table 5. Total concentrations (mg/L) for metals in samples collected from September 2013 through September 2014 for three rain gardens at the Piney Woods Native Plant Center in Nacogdoches, TX, USA. Bold underlined values indicate concentrations that are significantly greater within each rain garden pair (inflow vs outflow) at $\alpha = 0.05$.

Parameter	Rain Garden 1		Rain Garden 2		Rain Garden 3	
	Inflow	Outflow	Inflow	Outflow	Inflow	Outflow
Copper	<u>0.095</u>	0.008	<u>0.071</u>	0.059	<u>0.069</u>	0.007
Zinc	<u>0.032</u>	0.010	<u>0.034</u>	0.008	<u>0.036</u>	0.006
Arsenic	0.002	0.003	0.005	0.001	0.002	0.001
Lead	0.006	0.004	0.005	0.002	<u>0.008</u>	0.004
Iron	1.060	<u>2.150</u>	<u>2.995</u>	0.843	1.478	1.023
Aluminum	1.127	<u>23.641</u>	<u>3.944</u>	2.380	12.368	6.365
Magnesium	2.279	<u>4.433</u>	3.135	<u>19.161</u>	2.394	<u>7.686</u>
Manganese	0.129	0.214	0.372	<u>0.982</u>	0.241	0.439
Boron	0.572	0.883	2.453	0.265	0.791	0.018
Sodium	3.136	<u>6.223</u>	4.589	8.507	1.736	8.986

3.3.5. Aluminum

For water soluble aluminum concentrations, average inflow concentrations were significantly lower than outflow concentrations in Rain Gardens 1 and 3 (Tables 4 and 5). However, in Rain Garden 2, water-soluble aluminum concentrations were significantly lower in the outflow than in the inflow. Similar patterns were observed for total aluminum, with inflow concentrations significantly lower

than outflow in Rain Garden 1, while inflow concentrations were significantly greater in Rain Garden 2. However, for total aluminum, no significant differences were observed between inflow and outflow in Rain Garden 3.

3.3.6. Magnesium

For water-soluble magnesium, the highest observed concentration was 54.220 mg/L in the outflow of Rain Garden 2, while the highest total magnesium concentration was 50.335/L. In all three rain gardens, outflow concentrations of both water-soluble and total Mg were significantly higher than inflow concentrations (Tables 4 and 5). This suggests that, rather than acting as a sink for Mg, the rain gardens function as a source, likely due to contributions from the soil fill materials and/or surrounding geology. This phenomenon will be further explored in the discussion section. However, as noted earlier, these concentrations remain below established water quality standards.

3.3.7. Manganese

For water soluble manganese, inflow concentrations were significantly higher than outflow concentrations in Rain Garden 2, while no differences were observed between inflow and outflow in the other two rain gardens. Similarly, for total Mn, inflow concentrations were significantly lower than outflow concentrations in Rain Garden 2, but no differences were observed between inflow and outflow in Rain Gardens 1 and 3 (Tables 4 and 5).

3.3.8. Boron

For water soluble boron, the highest average concentration observed was 0.062 mg/L in the outflow of Rain Garden 2 (Table 4). This concentration is below the provisional guideline value of 0.5 mg/L set by the WHO for drinking water. A significant difference was observed only in Rain Garden 2, where outflow concentrations were significantly higher than inflow concentrations. For total boron concentration, the highest average concentration observed was 2.452 mg/L in the inflow of Rain Garden 2 (Table 5), while the lowest recorded value was below the detection limit of 0.002 mg/L. No significant differences were observed between inflow and outflow concentrations for any of the rain gardens.

3.3.9. Sodium

For water soluble sodium, the highest concentration was 48.020 mg/L in the outflow of Rain Garden 2, while the lowest concentration was below the detection limit of 0.02 mg/L. Significant differences were observed in Rain Gardens 2 and 3, where mean outflow concentrations were higher than mean inflow concentrations (Table 4). However, no significant differences were found between inflow and outflow concentrations in Rain Garden 1. For total sodium, the highest concentration observed was 34.806 mg/L in the outflow of Rain Garden 3. A significant difference was observed only in Rain Garden 1, where outflow concentrations were higher than inflow concentrations (Table 5). However, no significant differences in total Na concentrations were found for Rain Gardens 2 and 3.

3.4. Concentrations of Plant Nutrients and Other Water Quality Parameters

3.4.1. Phosphorus

For water-soluble phosphorus, significant differences were observed in all three rain gardens (Table 6), with outflow concentrations significantly lower than inflow concentrations. Similarly, for total phosphorus, significant differences were found in all three rain gardens; however, outflow concentrations were significantly higher than inflow concentrations.

Table 6. Mean concentrations (mg/L) for nutrients and other parameters in samples collected from September 2013 through September 2014 for three rain gardens at the Piney Woods Native Plant Center in Nacogdoches, TX, USA. Bold underlined values indicate concentrations that are significantly greater within each rain garden pair (inflow vs outflow) at $\alpha = 0.05$.

Parameter	Rain Garden 1		Rain Garden 2		Rain Garden 3	
	Inflow	Outflow	Inflow	Outflow	Inflow	Outflow
Total Phosphorus	0.021	<u>0.215</u>	0.327	<u>0.437</u>	0.357	<u>0.639</u>
Dissolved Phosphorus	<u>0.130</u>	0.040	<u>0.145</u>	0.032	<u>0.234</u>	0.002
Nitrate	0.745	0.802	0.167	3.924	0.305	<u>2.616</u>
Nitrite	1.778	1.317	5.073	<u>10.376</u>	7.091	4.461
Total Potassium	1.243	1.882	<u>5.327</u>	1.761	<u>6.246</u>	1.419
Dissolved Potassium	2.484	3.647	5.327	3.980	<u>6.735</u>	3.113
Total Calcium	24.082	<u>41.950</u>	12.120	<u>76.572</u>	8.961	<u>57.325</u>
Dissolved Calcium	26.456	<u>49.006</u>	15.560	<u>81.820</u>	9.213	<u>67.789</u>
Total Sulfur	1.842	3.343	2.124	<u>8.717</u>	1.487	<u>5.136</u>
Dissolved Sulfur	2.308	<u>3.180</u>	2.199	<u>8.954</u>	1.748	<u>6.001</u>
pH	7.342	<u>7.545</u>	7.030	<u>7.497</u>	6.789	<u>7.352</u>
Electrical conductivity	185.700	<u>329.200</u>	215.000	<u>702.600</u>	162.100	<u>550.100</u>
Bicarbonate	93.161	187.400	78.299	<u>358.400</u>	47.502	<u>242.700</u>
Fluoride	0.261	0.260	0.289	0.174	0.311	0.311
Chloride	1.233	<u>2.118</u>	1.279	<u>6.386</u>	2.901	<u>12.899</u>

3.4.2. Nitrate

For nitrate concentrations, the highest observed value was 60.377 mg/L in the outflow of Rain Garden 3, exceeding the methemoglobinemia standard of 10 mg/L set by the EPA and TCEQ. However, this was a single occurrence during the entire observation period. In the outflow of Rain Garden 2, nitrate concentrations were below the detection limit for 21 out of 25 events. A significant difference was observed only in Rain Garden 3, where outflow concentrations were higher than inflow concentrations (Table 6).

3.4.3. Nitrite

For nitrite concentrations, the highest recorded value was 54.98 mg/L in the outflow of Rain Garden 3. This was a single occurrence, while all other readings in the same rain garden were below 12.5 mg/L. Most measurements exceeded the methemoglobinemia drinking water standard of 1 mg/L set by the EPA and TCEQ. A significant difference was observed only in Rain Garden 2, where outflow concentrations were lower than inflow concentrations (Table 6). No significant differences were observed in Rain Gardens 1.

3.4.4. Potassium

For water soluble potassium, the highest concentration observed was 29.83mg/L in the inflow of Rain Garden 3. No significant differences were found between inflow and outflow concentrations in Rain Gardens 1 and 2. However, in Rain Garden 3, a significant difference was observed, with the average inflow concentration at 6.735 mg/L and the average outflow concentration at 3.114 mg/L. For total potassium, the highest observed concentration was 38.093 mg/L. In Rain Garden 3, significantly lower concentrations were recorded in the outflow (Table 6). No significant differences were observed between inflow and outflow concentrations in Rain Gardens 1 and 2.

3.4.5. Calcium

The maximum water-soluble calcium concentration observed was 143.810 mg/L in the outflow of Rain Garden 1, while the minimum was 2.190 mg/L in the inflow of Rain Garden 3. In Rain Gardens 1 and 2, the average Ca inflow concentration was significantly lower than the outflow average concentration (Table 6). For total calcium, the highest recorded concentration was 156.680 mg/L, while the lowest was below the detection limit of 0.01 mg/L. The highest average concentration was 76.572 mg/L in the outflow of Rain Garden 2, whereas the lowest average concentration was 8.961 mg/L in the inflow of Rain Garden 3. In all three rain gardens, outflow Ca concentrations were significantly higher than inflow concentrations.

3.3.6. Sulfur

For water soluble sulfur, significantly different results were seen for all the rain gardens. The outflow concentrations were significantly higher than the inflow concentrations (Table 6). For total sulfur, concentrations were significantly different only in Rain Gardens 2 and 3 where the rain gardens had significantly higher concentrations in the outflow than in the inflow (Table 6).

3.4.7. pH

All pH observations in the rain gardens were below the TCEQ maximum water quality standard of 8.5. The highest recorded pH was 8.41 in the outflow of Rain Garden 3, while the lowest was 6.24 in the inflow of the same rain garden. A significant difference was observed in all three rain gardens, with outflow waters being more alkaline than inflow waters. This trend is expected due to the higher concentrations of base cations, such as calcium, magnesium, and sodium, in the outflow waters.

3.4.8. Electrical Conductivity

A significant difference in electrical conductivity was observed in all three rain gardens, with outflow values significantly higher than inflow values. Electrical conductivity remained within the TCEQ standard, except for Rain Garden 2. Similar to pH, the higher conductivity values in the outflow waters may be attributed to increased concentrations of sodium and other ionizing compounds.

3.4.9. Bicarbonate

For bicarbonate concentrations, significantly greater outflow concentrations were observed in rain gardens 2 and 3. In Rain Garden 1, inflow and outflow concentrations were similar.

3.4.10. Fluoride

No significant differences were observed between inflow and outflow fluoride concentrations in any of the rain gardens. Overall, fluoride concentrations were relatively low compared to established water quality standards.

3.4.11. Chloride

Chloride concentrations were significantly higher in the outflow waters than in the inflow waters for all three rain gardens. This suggests that, along with Ca, Mg, and Na, these rain gardens act as net sources of these elements. However, overall chloride concentrations remained low compared to established water quality standards, indicating no major concern regarding chloride levels.

3.5. *Water quality treatment performance over time for the rain gardens*

3.5.1. Changes in Metal Uptake Over Time–Total Concentrations

During the first year of the study in Rain Garden 1, total concentrations of aluminum, iron, magnesium, and sodium were significantly higher in the outflow (Table 7). In the second year, significant differences were also observed for calcium and phosphorus in addition to aluminum, iron, magnesium, and sodium. Total metals such as copper and zinc were effectively removed during the second year. Pollutant removal efficiency was highest for copper (91%), followed by zinc (68%) in the second year.

Table 7. Comparative study of significantly different total concentration of water quality parameters in rain garden during the first and second year of construction, based on outflow mean concentrations. Mean values highlighted in red indicate that the outflow concentration was higher than the inflow concentration. Mean values highlighted in yellow represent p-values where the inflow concentration was higher than the outflow concentration. Fields without values indicate no significant difference.

	Sep. 2012- Aug. 2013			Sep. 2013- Sep. 2014		
	Rain	Rain	Rain	Rain	Rain	Rain
	Garden 1	Garden 2	Garden 3	Garden 1	Garden 2	Garden 3
Aluminum	0.022	0.003		0.007	0.014	
Boron						
Calcium		<0.001	<0.001	<0.001	<0.001	<0.001
Copper		0.003	0.003	<0.001	<0.001	<0.001
Iron	0.020	<0.001		0.019	0.004	
Potassium		0.001	<0.001		0.002	<0.001
Magnesium	<0.001	<0.001	<0.001	<0.001	<0.001	<0.001
Manganese		<0.001	0.003		0.001	
Sodium	0.008	0.007	<0.001	0.011		
Phosphorus		<0.001	<0.001	0.001	0.006	<0.001
Lead		<0.001	0.151			
Sulfur		0.002	<0.001		<0.001	<0.001
Zinc		0.012	0.001	<0.001	0.002	<0.001

In Rain Garden 2, significantly higher outflow concentrations were observed for calcium, magnesium, sodium, and sulfur during the first year, while in the second year, calcium, magnesium, sulfur, manganese, and phosphorus also showed elevated outflow concentrations. However, many water quality parameters were significantly lower in the outflow during both years. In the first year, manganese, phosphorus, aluminum, copper, iron, potassium, and zinc had significantly lower concentrations in the outflow. In the second year, aluminum, copper, iron, potassium, and zinc remained significantly lower in the outflow.

In Rain Garden 3, calcium, magnesium, and sulfur had significantly higher outflow concentrations in both study years. Additionally, sodium showed higher outflow concentrations in the first year, while phosphorus exhibited higher outflow concentrations in the second year. Copper, potassium, and zinc had significantly lower outflow concentrations in both years, whereas potassium and manganese were removed only in the first year.

3.5.2. Changes in Metal Uptake Over Time–Water-Soluble Concentrations

In Rain Garden 1, during the first year of the study, significantly higher concentrations in the outflow were observed for aluminum, iron, magnesium, sodium, and calcium (Table 8). In the second year, significantly higher outflow concentrations were observed for aluminum, iron, magnesium, calcium, and sulfur. During the first year, water-soluble phosphorus was removed with an efficiency of 66.7%, while in the second year, it was removed with an efficiency of 69%. Additionally, copper and zinc were removed from the rain garden in the second year with efficiencies of 77.6% and 46.9%, respectively.

Table 8. Comparative study of significantly different water-soluble concentration of water quality parameters in raingarden during the first and second year of construction, based on mean concentrations. Mean values highlighted in red indicate that the outflow concentration was higher than the inflow concentration. Mean values highlighted in yellow represent p-values where the inflow concentration was higher than the outflow concentration. Fields without values indicate no significant difference.

	Sep. 2012- Aug. 2013			Sep. 2013- Sep. 2014		
	Rain	Rain	Rain	Rain	Rain	Rain
	Garden 1	Garden 2	Garden 3	Garden 1	Garden 2	Garden 3
Aluminum	<0.001	<0.001	0.037	<0.001	0.024	0.004
Arsenic						
Boron					0.010	
Calcium	<0.001	<0.001	<0.001	0.001	<0.001	<0.001
Copper		0.003	0.002	<0.001	<0.001	<0.001
Iron	0.002	<0.001	<0.001	0.009	0.001	
Potassium		0.003	0.001			<0.001
Magnesium	<0.001	<0.001	<0.001	<0.001	<0.001	<0.001
Manganese		<0.001			0.039	0.004
Sodium	0.020	<0.001	<0.001		<0.001	<0.001
Phosphorus	<0.001	<0.001	0.002	<0.001	0.001	<0.001
Lead						
Sulfur		<0.001	<0.001	0.042	<0.001	<0.001
Zinc		<0.001	0.007	0.012	0.002	<0.001

In Rain Garden 2, significantly higher outflow concentrations were observed for calcium, magnesium, sodium, and sulfur during both years. Significantly lower concentrations at the outflow were observed for aluminum, copper, iron, manganese, phosphorus, and zinc in both years. The only parameter removed in the first year was potassium, while boron was removed only in the second year.

In Rain Garden 3, during the first year, aluminum, copper, iron, potassium, zinc, and phosphorus had significantly lower concentrations at the outflow. In the second year, copper, potassium, zinc, and phosphorus were removed by this rain garden. Parameters with higher outflow concentrations in the first year included calcium, magnesium, sodium, and sulfur. In the second year, calcium, magnesium, sodium, sulfur, aluminum, and manganese had higher outflow concentrations.

3.5.3. Changes over Time–Total Concentrations

In Rain Garden 1, during the first year of the study, significant differences in the outflow were observed for electrical conductivity and sodium. In the second year, significantly higher outflow concentrations were also observed for pH, phosphate, and bicarbonate, in addition to electrical conductivity and salt.

In Rain Garden 2, significantly higher outflow concentrations were observed for pH, electrical conductivity, chloride, and nitrate-nitrite during the first year of the study. In the second year, higher outflow concentrations were observed for pH, electrical conductivity, chloride, nitrate-nitrite, phosphate, sulfate, salt, and bicarbonate.

In Rain Garden 3, higher outflow concentrations were observed for pH, electrical conductivity, chloride, sulfate, and salt throughout the two-year study period. During both years, phosphates had significantly lower concentrations in the outflow. In the second year, bicarbonate also had significantly higher outflow concentrations in addition to the other parameters.

3.6. Pollutant Removal Efficiency

Percentage efficiency calculations for the rain gardens indicated a total copper removal of nearly 90% (Figure 3). Water-soluble copper removal efficiency ranged from 77% to 83% across the three rain gardens. For parameters where outflow concentrations were lower than inflow concentrations, pollutants were generally removed with an efficiency of 50% or higher. The exceptions were water-soluble zinc and potassium, which exhibited lower removal efficiencies. When comparing efficiency percentages from different studies in the literature, copper removal was found to range from 36% to 93%. [33]. Phosphorus was removed with an efficiency ranging from 40% to 80%, while zinc was removed with an efficiency ranging from 31% to 99%. [34]. Comparing the results from the previous year's study, boron and fluoride were the only two parameters that were not removed in any rain garden during the first year but were removed in the second year. Copper, which was removed with higher efficiency in all three rain gardens during the second year, was not removed from all rain gardens in the first year.

3.7. Rain Garden Fill Materials

The fill materials for the rain gardens were sourced from the same location, so similar physicochemical properties were expected. However, soil analysis of the sand layer in the three rain gardens revealed significant differences for most of the variables (Table 10). The only parameters showing no significant difference were silver, cadmium, mercury, molybdenum, and selenium. In the mulch layer, half of the parameters exhibited significant differences. Nutrients such as sodium, calcium, magnesium, potassium, and phosphorus were significantly different, as were manganese, boron, copper, and sulfur. These significant differences may be one of the factors contributing to the increased concentration observed in the outflow for these parameters at the rain gardens.

Table 10. Mean concentrations (ppm) from rain garden fill materials by layer. Means preceded by different letters are significantly different at $\alpha = 0.05$.

Parameter	Mulch Layer (0- 3 cm depth)			Sand Layer (3- 24 cm depth)		
	Rain Garden 1	Rain Garden 2	Rain Garden 1	Rain Garden 2	Rain Garden 1	Rain Garden 2
Calcium	14302.94 a	11625.48 c	13349.22 b			
Magnesium	710.42 b	1762.96 a	1775.46 a	54.39 c	243.20 a	106.25 b
Phosphorus	451.04 c	527.37 b	763.39 a	29.14 c	75.48 a	45.43 b
Copper	8.08 a	6.40 c	7.66 b	0.32 a	0.01 c	0.17 b
Zinc	44.23 b	42.91 b	68.11 a	2.54 c	9.62 a	5.06 b

Aluminum	8793.44 b	10765.62 a	9063.87 b	5762.07 c	9617.47 a	6555.66 b
Iron	7367.88 c	8547.09 b	9393.83 a	1365.53 c	8064.03 a	3572.73 b
Manganese	177.83 c	323.04 b	430.67 a	9.62 c	51.64 a	22.74 b
Boron	12.92 c	21.46 b	25.77 a	0.14 b	5.60 a	0.70 b
Nitrogen	43.36 a	17.96 b	15.28 c	1.88 b	3.75 a	1.97 a
Sodium	43.23 b	16.59 c	50.22 a			

4. Discussion

This study evaluated the effectiveness of rain gardens in managing non-point source pollution in eastern Texas by analyzing water quality parameters at inflow and outflow points. Results showed that the rain gardens significantly reduced the concentrations of aluminum, copper, iron, potassium, zinc, boron, manganese, phosphorus, fluoride, and phosphate at the outflow, achieving a pollutant removal efficiency exceeding 50%. Similar removal efficiencies have been reported in rain garden systems, including one in Kurukshetra, India, which incorporated 75% topsoil and 25% compost and achieved a 49% pollutant removal efficiency [35]. A hybrid rain garden system in Korea, tested with synthetic runoff, demonstrated a 56% removal efficiency for heavy metals [36]. The mean concentrations of most water quality parameters were significantly lower in the outflow than in the inflow, confirming the effectiveness of rain gardens in treating urban stormwater runoff. Additionally, runoff estimates were calculated using the United States Department of Agriculture (USDA) Curve Number (CN) method to assess potential relationships between runoff volume and outflow concentrations, but no significant correlation was identified. Most water quality parameters in the outflow met the surface runoff standards established by the USEPA and TCEQ, reinforcing the viability of rain gardens as a sustainable stormwater management practice.

Total and water-soluble concentrations of most metals were lower in outflow water than in inflow, demonstrating the rain gardens' effectiveness in metal pollutant removal. Significant reductions in copper, zinc, and iron align with documented decreases in metal concentrations observed in bioretention systems designed for stormwater treatment [37]. Similarly, sandy substrates combined with organic amendments have been associated with reductions in heavy metal concentrations exceeding 50% [38]. Pollutant removal in rain gardens occurs through multiple mechanisms, including filtration, adsorption, precipitation, and biological treatment [39], all of which likely contributed to the reductions observed in this study. Bioretention systems remain among the most widely implemented best management practices for urban stormwater control, effectively reducing runoff volume, peak flows, and pollutant loads, including heavy metals.

In contrast, lead and arsenic showed no significant removal, which is consistent with Trowsdale and Simcock [40], who reported limited lead and arsenic reduction in bioretention systems due to their low mobility under typical pH conditions. The lack of significant removal may be attributed to the relatively low initial concentrations of these metals in the inflow, as well as their strong affinity for particulate matter rather than dissolved phases, which reduces their susceptibility to filtration and adsorption processes in the rain garden substrates [41].

However, aluminum and magnesium concentrations were higher in the outflow than in the inflow, likely due to underlying geological conditions or differences in fill material composition across the three study sites. Pondered runoff in the rain gardens was exposed to Weches Formation rock, known to contain elevated aluminum and magnesium levels due to its glauconitic and clay-rich composition [42]. The leaching of aluminum and magnesium from the Weches Formation could have contributed to the increased outflow concentrations, similar to observations of elevated dissolved metal concentrations in outflow water resulting from interactions with underlying geological substrates [43].

Laboratory analysis of the rain garden soil revealed significant differences in manganese concentrations among the three sites. The mulch layer in Rain Gardens 2 and 3 contained substantially higher manganese concentrations (1,762.96 mg/L and 1,775.46 mg/L, respectively) than

in Rain Garden 1 (710.42 mg/L), with statistically significant differences ($p < 0.0001$). In the sand layer, manganese concentrations also varied significantly, with Rain Garden 2 having the highest (243.20 mg/L), followed by Rain Garden 3 (106.25 mg/L) and Rain Garden 1 (54.39 mg/L). These variations may have contributed to the manganese levels detected in the outflow, as bioretention media composition strongly influences manganese and other metal leaching [44].

Elevated calcium concentrations in the outflow were likely due to the dissolution of calcium from the underlying soil. The parent material in Rain Gardens 2 and 3 consists of sandstone containing silica and calcium carbonate as cementing agents, which undergoes weathering and releases calcium into percolating water. In regions where the parent material comprises sandstone cemented with CaCO_3 , chemical weathering processes can release calcium into percolating water. The dissolution of calcite, a common form of CaCO_3 , in sandstone has been studied to understand its impact on reservoir properties. Research indicates that calcite dissolution rates in reservoir sandstones can be significant, leading to increased calcium levels in the surrounding water [45]. The elevated concentrations of calcium, sodium, and manganese can also alter pH and electrical conductivity, influencing the solubility and mobility of other metals. Higher pH values, such as those observed in the outflow in this study, can enhance metal precipitation and adsorption processes, ultimately improving the removal efficiency of certain heavy metals [46].

The performance of the rain gardens improved from Year 1 to Year 2 of the study. During the first year, vegetation was still establishing, but by the second year, woody perennials had matured, increasing pollutant uptake and enhancing overall stormwater treatment efficiency. Metal and nutrient removal efficiency in rain gardens has been shown to significantly improve as plant root systems develop and microbial communities become more active, reinforcing the role of vegetation maturity in optimizing bioretention performance over time [47].

Variability in removal rates among the rain gardens was influenced by differences in initial inflow water conditions and site-specific factors, particularly for aluminum, iron, manganese, sodium, boron, nitrate, and nitrite. This variation aligns with research indicating that rain garden performance is site-dependent and affected by hydrologic conditions, substrate composition, and pollutant loading rates [48]. Future studies should consider long-term monitoring and controlled experiments to further isolate the effects of substrate composition, vegetation type, and hydrologic variability on pollutant removal efficiency.

5. Conclusions

This study demonstrates that rain gardens are effective in reducing non-point source pollution from urban stormwater runoff. By facilitating infiltration and natural treatment processes, they significantly improve water quality while providing additional ecological and aesthetic benefits. However, site-specific factors, particularly geology and substrate composition, play a crucial role in their performance.

Further research is needed to evaluate metal accumulation in plant tissues over time and to conduct a more detailed classification of the geologic materials underlying the rain gardens. This would help clarify the specific differences observed in pollutant removal efficiency and potential sources of leached elements. Meanwhile, more focus is needed on plant tissue accumulation of metals over time and detailed geologic assessments to refine the understanding of pollutant removal dynamics in rain gardens.

Beyond their role in pollution mitigation, the rain gardens also provide aesthetic and ecological benefits, enhancing urban landscapes while effectively managing stormwater runoff. These findings support the use of rain gardens as a viable structural best management practice (BMP) for controlling non-point source pollution in urban environments, particularly in regions with increasing stormwater management challenges.

Figures and Tables

Table 2. Water quality criteria for surface water to protect human and aquatic health, as established by the United States Environmental Protection Agency and the Texas Commission on Environmental Quality, used in this study for evaluation.

Parameter	Suggested Criteria	Water Quality Standard	Maximum contaminant level	Source
Aluminum		0.991mg/L		TCEQ
Arsenic		0.34 mg/L	0.10	TCEQ
Mercury		2.4 mg/L	0.0002	TCEQ, USEP A
Copper		$0.96^{(0.9422(\ln(\text{hardness}))-1.3844)}$ mg/L		TCEQ,
Nitrate-N	0.3 mg/L	10 mg/L		TCEQ
Nitrite-N		1 mg/L	1	USEP A
Nitrate/Nitrite-N		10 mg/L	10	USEP A
Orthophosphate		0.10 mg/L		TCEQ
Sodium adsorption ratio	0.75 mg/L	1.5 mg/L		TCEQ
Lead		$0.889^{(1.273(\ln(\text{hardness}))-1.460)}$ mg/L	0.015	TCEQ, USEP A
Zinc		$0.978^{(0.8473(\ln(\text{hardness}))+0.8604)}$ mg/L		TCEQ
Fluoride			4	TCEQ

Table 9. Comparative study of significantly different water-soluble concentration of plant nutrients in rain garden during the first and second year of construction based on the p-value. The numbers in red are the p-values with outflow concentration higher than the inflow concentration. Mean values highlighted in yellow represent p-values where the inflow concentration was higher than the outflow concentration.

	Sep. 2012- Aug. 2013		Sep. 2013- Sep. 2014			
	Rain Garden 1	Rain Garden 2	Rain Garden 1	Rain Garden 2	Rain Garden 1	Rain Garden 2
pH			<0.001	<0.001	<0.001	<0.001
EC	0.003	<0.001	<0.001	<0.001	<0.001	<0.001
Fluoride						
Chloride		<0.001	<0.001		<0.001	<0.001
Nitrite					0.024	
Nitrate		<0.001				

Bicarbon ate	<0.001	<0.001	<0.001
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