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Posted Date: 8 September 2025

doi: 10.20944/preprints202509.0740.v1

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Article

# Lignocellulosic Biomass: A Sustainable Resource for the Paper Industry

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## Abstract

This research is mainly focussed on the prospects of producing pulp and paper from sustainable plant source. Fibers of matured *Luffa cylindrica* fruit were considered for this study. The chemical composition studies showed that these fibers contain 82.4% of holocellulose, 11.2% of lignin and 0.63% of ash. These fibers were observed through light microscope and the important fiber parameters such as fiber diameter, fiber lumen and cell wall thickness were measured. Based on the observed values, the derived indices that determine a fiber's suitability for pulping such as Runkel index, slenderness ratio, co-efficient of rigidity, flexibility co-efficient, Luce's shape factor and Solids factor of the fibers were evaluated. The derived indices, fiber morphology and chemical composition were found similar to the fibers used for paper and pulp production ascertaining the objectives.

**Keywords:** *Luffa cylindrica* fibers; chemical analysis; pulp and paper fiber morphology; derived indices; sustainability

## 1. Introduction

Paper is a very thin material used to prepare documents, paintings, wrappings and is prepared from wood and cellulose fibers. The basic raw material used for the production of paper is pulp, especially wood pulp. Wood pulp may be derived from both hard wood trees such as birch, aspen, eucalyptus and from softwood trees such as pine, spruce, hemlock and larch [1]. Papers are used as a medium for storing valuable information for a very large number of years and even now in this digital age the usage of paper and paper products is on the rise [2]. The Global paper consumption report says that more than 50kg of paper is currently used by every human and the paper consumption of 500 million tons during 2020 is expected to be doubled during 2050. Apart from writing and printing, paper is used for wrappings, billings, copying, education and communication making its need inevitable and its market capitalization is forecasted to be 370 billion U.S. dollars by 2027 [3]. All these applications lead to economic development of a country. The need and growth of paper usage can be witnessed from the increase in production of pulpwoods. It was reported that 60,18,36,690 m<sup>3</sup> of pulpwood were produced in 2010 and it rose to 70,86,40,761m<sup>3</sup> in 2019 which is 17.7% higher when compared to 2010 as per the United Nations (U.N.) statistics of Food and Agricultural Organization (FAO). This evinces that demand for pulp products will be increasing furthermore and hence alternate sources for producing pulp and paper products shall be vetted [4]. This stimulates us to maintain proper supply of pulp to the paper producing industries so that they remain unaffected. Bamboo is the main source for producing paper in India in addition to the wood fibers and agricultural residues [5]. About 40% of the paper needs are satisfied through imports. Similar to this many countries are unable to satisfy their paper needs and hence they cut trees and also try to mitigate paper imports using alternate source for producing paper and pulp. Deforestation

causes climatic change and other problems, hence, sustainable measures need to be undertaken so that they do not leave any carbon footprint [6]. To accomplish this, non-wood fibers are also studied for pulp and paper production. Hence, remnants of agricultural produces like rice straws, wheat straws, sorghum, reeds, phragmites, cotton stalks, abaca, sugarcane bagasse, *Bambusa stenostachya*, *Neosinocalamus affinis* and *Dendrocalamus strictus* are studied by researchers to convert waste into value pulp [7]. Generally varieties of Eucalyptus trees such as *Eucalyptus globules*, *Eucalyptus grandis*, *Eucalyptus camaldulesnsis*, *Eucalyptus regnans*, *Eucalyptus tereticornis* etc. were found as promising sources to produce paper and pulp [7–9]. All these varieties are fast growing and deliver fiber woods within five to ten years after planting. Hence they are mostly preferred for pulp and paper production. Studies on pulp and paper making show huge potential in lignocellulosic fibers and more new sources are also identified. In a recent review, it was reported that sugar palm fibers can be used for making cigarette papers. Discarded lignocellulosic fibers from *Cocos nucifera* fruit were explored recently for their prospects in pulp and paper production [10]. It was concluded that these fibers are a good source for pulp and paper production based on fiber morphology and derived indices.

The prime requirement of a fibrous and non-fibrous wood material to be used in making pulp and paper is dependent on its chemical composition and morphological features. Hence these characteristics are studied before deploying a material to be used for producing paper and pulp. The morphological characteristics include fiber length, fiber lumen diameter, cell wall thickness and the fiber diameter. The efficiency and the quality of the pulp being produced depend on these morphological characteristics. These characteristics vary adversely between species and within the species on account of various external factors such as climatic conditions, soil type, age and height of the plant [11].

Amongst the fiber parameters, fiber length influences tear strength and lengthy fibers are preferred in paper production due to their high tear strength. The strength of a paper, sheet density and the pulp yield are controlled by the fiber wall thickness. Fibers with large lumen width ensure better beating and fiber flattening and these fibers are called as thin-walled fibers. Considering all these parameters, certain derived indices were reported to evaluate the quality of pulp and paper produced using these fibers. Runkel ratio, Rigidity ratio, Slenderness ratio, Co-efficient of flexibility, Luce's shape factor and Solid's factor are some indices that aid in adjudicating a fiber's potential in making pulp of good quality. In addition to this, an investigation of the chemical contents such as the holocellulose and lignin in a fiber is imperative. High holocellulose and low lignin content are considered favourable for pulp and paper production [10].

In this study, fibers extracted from the ripened *Luffa cylindrica* fibers were considered to find their appropriateness for producing pulp and paper. *Luffa cylindrica* plant is an edible climber that belongs to the Cucurbitaceae family and a habitat of South Asia. This fruit when young is edible and taken as vegetable, while matured fruit is inedible with a strong naturally formed mesh of fibers and is used as bath sponge. Figure 1 shows a completely ripened and matured *Luffa cylindrica* fruit. Fibers of this fruit were studied by many researchers for making many useful products and it is declared as a cash crop for fabricating composites, making bath sponges, packaging items, air filters, medicines etc [12–14]. In order to meet out the increasing demand of pulp and paper products and to find out new sources for producing pulp and paper the *Luffa cylindrica* fibers were selected. This can reduce dependence and over exploitation of commonly used fibers for producing paper and can help in utilizing new and underutilized fibers for producing pulp and paper seamlessly. Hence in this study chemical composition, Fourier Transform Infrared (FTIR) spectroscopic analysis, morphological studies were conducted on the completely ripened *Luffa cylindrica* fibers.



**Figure 1.** Completely ripened and matured *Luffa cylindrica* fruit.

## 2. Material and Methods

### 2.1. Collection of Materials

*Luffa cylindrica* fibers were taken from a matured *Luffa cylindrica* fruit in a plant at Pattam village, Sivagangai District, Tamil Nadu State, India. The fruit was completely ripened and left undetached from the plant making it fibrous. This outer cover of this inedible fruit was peeled off and the inner core fibers were taken, cut and cleaned with tap water continuously several times to eliminate dirt, mud and other unwanted particles. Then they were washed using distilled water and kept under sunlight for a week and used for further studies.

### 2.2. Determination of Chemical Composition

The moisture content in the extracted fibers were expelled by placing the fibers in an oven maintained at 105°C for 4 hours before further analysis. The holocellulose and Klason lignin content were determined as per D1107-96 (2007) and D1106-96 (2007) standards respectively. A conical flask was taken and 180ml of distilled water was added to it. Then sodium acetate, sodium chloride and ethanolic acid of mass 8.6gms, 6.6gms and 5.7gms respectively were added to it. Fiber sample was placed inside the conical flask and was covered. It was kept under a fuming chamber for four hours whose temperature was maintained as 60°C. The solution changed its colour and the whitish sample was washed, filtered and dried in an oven at a temperature of 105°C for four hours and weighed. The ratio of the sample weight to the initial dry weight gives the weight% of holocellulose. A predetermined mass of the fiber was kept a bath containing sulphuric acid. The temperature of the bath was maintained at 15°C. After thorough mixing it was transferred to a water bath maintained at 15°C followed by heating the contents for four hours. Later the contents were filtered, dried and weighed. The weight ratio of this dried lignin to the initial moisture free mass shows the Klason lignin content. ASTM E1755-01 standard was used to find the % of ash content present in these fibers. Two grams mass of the fiber sample was dried in an oven at 100 - 105°C until its weight becomes constant. Carbon content present in the fibers was removed by heating the contents at a temperature of 550°C using a muffle furnace. This was continued after alternate cooling and heating until a constant weight is obtained and the weight is noted. The difference in weight of the sample before and after the heating shows the ash content present in the fibers.

### 2.3. Fourier Transform Infra-Red Spectroscopy

FTIR analysis of the *Luffa cylindrica* fibers taken from the ripened fruits was done using a Shimadzu (FTIR 8400S, Japan) spectroscope. Initially the cleaned fibers were powdered and pressed using Potassium bromide (KBr) powder forming pellets. The spectrum was recorded in the wave number ranging from 500 to 4000  $\text{cm}^{-1}$  at  $2\text{cm}^{-1}$  resolution. The analysis was conducted with a scan rate of 32scans/min.

### 2.4. Determination of Fiber Dimensions

Fiber morphology is an important structure that tells the prospects of a fiber to be used for producing paper and pulp. Fiber length, fiber diameter, lumen diameter and cell wall thickness were reported to control a fiber's suitability to be used in making paper [15]. In this study twenty samples of fibers were chosen and were observed through a light microscope (Coslab, India). The fiber morphology was studied in accordance with standards specified by International Association of Wood Anatomists (IAWA) (1989). Based on these dimensions of the fiber namely Fiber Diameter (FD), Fiber Length (FL), Lumen Width or Lumen Diameter (LW) and Fiber Wall Thickness (FWT) the derived parameters discussed in the subsequent section were evaluated.

### 2.5. Determination of Derived Indices of Fibers

The commonly used derived indices that are used for finding a fiber's potential in making pulp and paper are Runkel ratio, Co-efficient of flexibility, Slenderness ratio, Rigidity ratio, Luce's shape factor and Solid's factor. All these indices were evaluated using the following Equations (1) to (6) [16–19].

$$\text{Runkel ratio} = (2 \times \text{FWT}/\text{LW}) \quad (1)$$

$$\text{Slenderness ratio} = (\text{FL} / \text{FD}) \quad (2)$$

$$\text{Co-efficient of flexibility} = (\text{LW} / \text{FD}) \quad (3)$$

$$\text{Rigidity ratio} = (\text{FWT}/\text{FD}) \quad (4)$$

$$\text{Luce's shape factor} = (\text{FD}^2 - \text{LW}^2) / (\text{FD}^2 + \text{LW}^2) \quad (5)$$

$$\text{Solids factor} = (\text{FD}^2 - \text{LW}^2) \times \text{FL} \quad (6)$$

## 3. Results and Discussion

### 3.1. Chemical Composition

The chemical analysis test conducted on the *Luffa cylindrica* fibers shows that the holocellulose (Cellulose + hemicellulose) content in the fibers is found as 82.4% by weight. Fibers with holocellulose content greater than 33% are related to high pulp yield and are mostly preferred [20]. Most plant species contain more than 70weight% of holocellulose and it gives strength to the fibers and the internal stress is reduced. The holocellulose content of some fibers studied and found suitable for producing paper includes Tobacco stalks (67.79%), Canola stalk (73.6%), Paulownia (75.74%) and Reed (77.9%) [21]. The chemical constituents present in the *Luffa cylindrica* fibers are shown in Table 1. Lignin is another major constituent present in the lignocellulosic fibers. It adds rigidity to the plant and increases bonding strength. But lignin creates difficulties in breaking the fiber bonds during the process of pulping. More lignin content consumes more chemicals and time during the process of pulping which increases the pulping costs. Hence fibers with lignin content less than 30% are deemed fit for pulp and paper production. In this present study, the lignin content is 11.2% which is agreeable and lesser than the lignin content present in pulp producing fibers such Tobacco stalks (18.9%), Canola stalk (17.3%), Paulownia (20.5%) and Reed (18.7%) [21,22]. Ash is another constituent in fibers and it is the combustion residue left after heating the fibers to a temperature greater than 525°C. Presence of metal salts like carbonates, phosphates and oxalates of silicon, magnesium, manganese and iron represents the ash content in fibers. Lesser the ash content better is the pulp quality. Ash

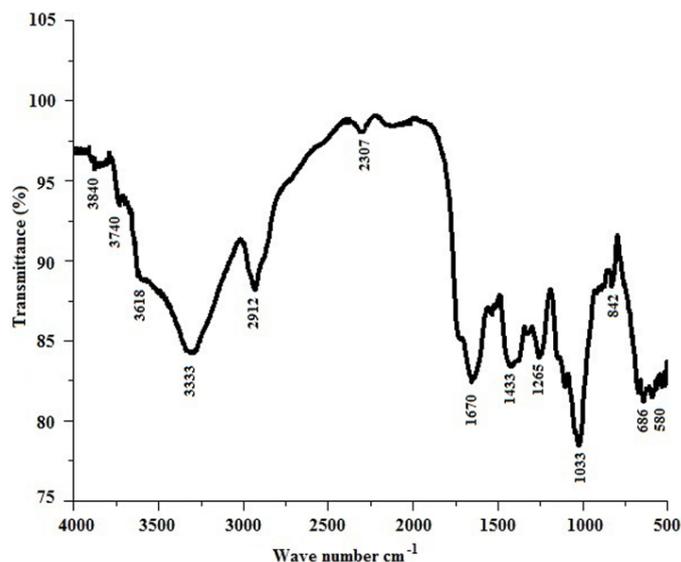
content in the *Luffa cylindrica* fibers was found as 0.63%. This is lesser than many fibers like cotton stalk (2.4%), reed (3.9%) and slightly more than Paulownia fibers (0.21%). All the constituents present in *Luffa cylindrica* fibers are favourable and within the admissible range evincing that these fibers can be suited for paper and pulp production.

**Table 1.** Chemical composition of some fibers used for pulp and paper making.

Fiber name	Holocellulose	Lignin	Ash content	References
	%	%	%	
<i>Eucalyptus grandis</i>	59.8	29.6	2.87	[1]
<i>Eucalyptus alba</i>	60.3	27.9	0.36	[6]
<i>Eucalyptus europhyllia</i>	64.2	26.5	0.98	[6]
Reed	77.9	18.7	3.9	[1]
<i>Paulownia</i>	75.4	20.5	0.21	[21]
<i>Canola stalk</i>	73.6	17.3	8.2	[21]
<i>Bamboosa vulgaris</i>	79.01	40.41	29.2	[23]
<i>Eucalyptus pellita</i>	71.07	25.5	-	[24]
<i>E. tereticornis</i>	66.5	28.2	1.12	[6]
<i>Luffa cylindrica</i>	82.4	11.2	0.63	Current work

### 3.2. Fourier Transform Infra-Red Spectroscopy

The FTIR spectrum of the *Luffa cylindrica* fiber is illustrated in the Figure 2. The spectrum shows a broad nose peak at 3333  $\text{cm}^{-1}$  which corresponds to the O-H stretching vibration of the polysaccharides present in the fibers [25]. Other peaks of less intensity are also seen at 3840, 3740 and 3618  $\text{cm}^{-1}$ . A sharp peak noticed at 2912  $\text{cm}^{-1}$  is associated with the C-H asymmetric stretching confirming the presence of fiber constituents especially cellulose in the fibers. The tiny peak at 2307  $\text{cm}^{-1}$  represents the O-H stretching of carboxylic acid. The sharp pointed peak at 1670  $\text{cm}^{-1}$  is ascribed to the carboxylic groups (C=O) of lignin and hemicellulose in the fibers. The peak at 1433  $\text{cm}^{-1}$  is associated to the  $\text{CH}_2$  bending vibrations showing the presence of cellulose in them. The stretching vibration of carbonyl ( $\text{C}=\text{O}$ ) bond is assigned to the peak at 1265  $\text{cm}^{-1}$  confirming the presence of lignin. The C-OH vibration that is assigned to hemicellulose is related to the sharp and pointed peak at 1033  $\text{cm}^{-1}$ . Small intensity peaks found at 842, 686 and 580  $\text{cm}^{-1}$  are assigned to the symmetric ring-stretching mode of glycosidic bonds representing the presence of polysaccharides in the fibers. Thus the peaks confirm the presence of fiber constituents from their functional groups.



**Figure 2.** FTIR spectrum of the *Luffa cylindrica* fiber.

### 3.3. Determination of Fiber Dimensions

#### 3.3.1. Fiber Length

The fiber lengths of the *Luffa cylindrica* fibers observed in this present study lie in the range 912 - 1108 $\mu\text{m}$ . The mean fiber length was found as  $995.6 \pm 53.92\mu\text{m}$ . The mean fiber length of these fibers is smaller than the non-wood fibers like tobacco stalks (1.23 $\mu\text{m}$ ) canola stalks (1.17 $\mu\text{m}$ ), corn stalk (1.32 $\mu\text{m}$ ) and reeds (1.39 $\mu\text{m}$ ) respectively and is more than rice straw stalks (0.89 $\mu\text{m}$ ) and paulownia (0.82  $\mu\text{m}$ ) [22,26]. Fiber length represents the count of bonding sites on the fiber that may be used to form fiber network. Long fibers provide resistance against tearing of papers and are preferred. Table 2 shows the dimensions of *Luffa cylindrica* fiber.

#### 3.3.2. Fiber Diameter

Fiber diameter is another morphological feature associated with pulp yield and fibers with small diameter provide flexibility and required paper density. They form high contact surface and paper made are strong with good tearing resistance. The mean fiber diameter in this present study was  $16.31 \pm 1.4 \mu\text{m}$ . This value is similar to the diameter of the bamboo, rice straw and reed fibers reported as 15.1 $\mu\text{m}$ , 13.5 $\mu\text{m}$  and 14.8 $\mu\text{m}$  respectively [27,28].

#### 3.3.3. Lumen Width

Fiber lumen width is a vital ultra structural parameter that is related to the mechanical strength, and thermal conductivity of the fibers. Lumen is a tiny aperture through which necessary nutrients are inducted into the fiber and is also related to the pulping process. Beating of pulp is a process involved in pulping and fibers with large lumen width are susceptible to permit more fluids into it so that pulp yield would be high. Small lumen do not allows more fluids to pass through them during pulping resulting in low yield of pulp. Hence fibers with large lumen width are preferred. The lumen width of *Luffa cylindrica* fibers were observed as  $10.4 \pm 1.29 \mu\text{m}$ . This value is quite comparable with the lumen width of *Canola stalk* (12.5 $\mu\text{m}$ ), *Corn stalk* (10.7  $\mu\text{m}$ ), and  $9.2 \pm 3\mu\text{m}$  [6,29].

#### 3.3.4. Fiber Cell Wall Thickness

Fiber cell wall is another anatomical parameter that should be considered for pulp production. Cell walls are initially thinner in nature during young stage and they become thicker towards maturity. It is used to find the age of a plant. Papers made from thick walled fibers are coarse with

less tensile strength and tearing resistance with large void content [30]. Hence thin walled fibers are preferred and in this study the fiber cell wall thickness of the fibers were found as  $3.11 \pm 0.76 \mu\text{m}$ . This value is smaller than many of the fibers confirming that these fibers are suitable for manufacturing papers that are dense and smooth. The fiber wall thicknesses of reed and bamboo fibers were reported as 3.2 and  $4.1 \mu\text{m}$  respectively [27].

**Table 2.** Dimensions of *Luffa cylindrica* fiber.

S.No	Fiber length	Fiber Diameter	Lumen diameter	Cell Wall Thickness
	$\mu\text{m}$	$\mu\text{m}$	$\mu\text{m}$	$\mu\text{m}$
1	956	15.2	9.3	2.9
2	984	16.2	9.5	3.4
3	964	14.7	10.3	2.3
4	1022	16.4	12.6	2.2
5	1014	16.2	10.2	3.2
6	1036	17.4	10.3	3.6
7	1012	18.6	14.2	2.4
8	956	15.3	11.1	2.3
9	976	15.8	8.9	3.4
10	932	16.8	10.8	3.2
11	912	14.6	11.1	2.1
12	948	14.4	9.4	2.5
13	914	14.2	10.4	2.2
14	1042	18.8	10.5	4.2
15	968	15.8	9.6	3.3
16	992	15.6	8.6	3.6
17	1068	17.8	12.4	2.6
18	1060	16.8	8.4	4.5
19	1048	17.2	10	3.7
20	1108	18.4	10.2	4.4
Mean	995.6	16.31	10.39	3.1
Median	988	16.2	10.25	3.2

Mode	956	16.2	10.3	3.4
Min	912	14.2	8.4	2.1
Max	1108	18.8	14.2	4.5
Range	196	4.6	5.8	2.4
STD	53.92	1.40	1.41	0.76
N	20	20	20	20

### 3.4. Derived Indices of Fibers

Fiber's capability to yield pulp and paper product can be verified using the derived indices. These derived indices help in identifying a fibers paper producing potential from the calculated derived indices namely Runkel ratio, co-efficient of flexibility, slenderness ratio, rigidity ratio and Luce's shape factor. These indices of the fibers were found and reported.

#### 3.4.1. Runkel Ratio

The Runkel ratio is the computed as the ratio of fiber cell wall thickness to its lumen width. It signifies the suitability of a fibrous material for pulp and paper production. The flexibility, bulkier nature and stiffness of a paper were computed using the relation. [22,31]. Thick walled fibers produce bulky and poor quality papers. Pulp produced using these fibers can be used as additives to replace hardwood fibers in small quantities to produce papers of various grades. Generally, fibers with Runkel ratio less than 1 are preferred for producing quality papers. In this study, Runkel ratio of the *Luffa cylindrica* fibers was found as 59.77%. This Runkel value is quite similar to the Runkel values of *Bambusa vulgaris*, *Setaria glauca* and *Oxythenantera abyssinica* reported as 0.55, 0.57 and 0.60 respectively [27,32]; Similar Runkel ratios were reported for *Crotalaria pallida* (0.60) and *Sida cordifolia* (0.69) fibers which were concluded to be suitable for pulp production.

#### 3.4.2. Slenderness Ratio

Slenderness ratio of a fiber is obtained by dividing the value of fiber length by fiber diameter. This factor shows the tearing property of paper. If the slenderness ratio of a fiber is greater than 33, then the fiber can be used for producing papers. But higher values are considered to produce high quality paper. Slenderness values are used to classify the elastic nature of a fiber. According to Ververis et al (2004), if the slenderness ratio is greater than 75, the fibers are high elastic fibers. If the slenderness ratio is between 50 and 75, then the fibers are elastic in nature. On the other hand if the slenderness values of the fibers are in the range from 30 to 50, they are rigid fibers and high rigid fibers have a very low slenderness values (< 30). The present study showed the slenderness of the *Luffa cylindrica* fibers as 61.04% producing that these fibers are elastic in nature and can be used for producing quality pulp. The slenderness ratio of *Alstonia boonei* was found and reported as 61% which is nearly equal to the slenderness value of the fibers used in the present study [33].

#### 3.4.3. Coefficient of Flexibility

Coefficient of flexibility of a fiber is usually expressed in percentage and is deduced from the ratio of lumen width to fiber diameter. This parameter determines the elasticity or rigidity nature of the fibers and controls the tensile strength, burst strength and folding endurance of the papers [34]. Coefficient of flexibility gives the bonding strength of individual fiber and by extension the tensile strength and bursting properties [35]. Based on coefficient of flexibility fibers are classified as highly rigid, rigid, elastic and highly elastic with their respective coefficient of flexibility values lesser than

0.3, between 0.3 and 0.5, between 0.5 and 0.75 and greater than 0.75. The present study showed that *Luffa cylindrica* fibers have coefficient of flexibility value as 0.637 confirming the elastic nature of fibers. Elastic fibers are best suited for producing writing and printing pages unlike rigid fibers that are used for packaging purposes. Fibers of this kind can be easily made into thin and strong sheets with large surface area and nice bonding. Similar kind of values (0.61 - 0.69) were obtained for *Alstonia boonei* fibers [33].

#### 3.4.4. Rigidity Coefficient

The cell wall thickness of a fiber is used to determine the tearing resistance and the rigidity of a fiber. Dividing the cell wall thickness and the diameter of fiber result in a parameter termed as Rigidity coefficient. It is a measure that specifies a fiber's pulp making capability with respect to conformability and energy requirements. Rigidity values less than 0.5 are considered suitable for making pulp. To be precise, the rigidity coefficient values of soft and hardwood fibers should respectively lie in the range 0.13 – 0.2 and 0.15 – 0.35 for making high strength papers. In the present case, the rigidity coefficient of *Luffa cylindrica* fibers is 0.19. This value confirms that these fibers require less energy and are highly conformable. The rigidity values that support the values of the present research are *Solanum lycopersicum* (0.23) and *Capsicum annuum var. grossum* 0.24 [27].

#### 3.4.5. Luce's Shape Factor

Luce's shape factor is an important fiber index and is directly related to paper sheet density and shows the measure of resistance of the pulp to beating. It was evaluated using the Equation 5 considering the fiber diameter and lumen width. Luce's shape factor values less than 0.5 are considered good for paper and pulp making, however, Eucalyptus species such as *Eucalyptus tereticornis*, *Eucalyptus camaldulensis* and *Eucalyptus globules* were reported to possess values of 0.72, 0.37 and 0.42 respectively [7,36]. All these species were reported to be used to making pulp and paper. It was reported that the Luce's shape factor lies between 0.51 and 0.73 for *Spondia mombin* fibers. The Luce's shape factor of *Luffa cylindrica* fibers is 0.42 which is less than 0.5 and agree with the values reported by researchers making these fibers fit for paper production.

#### 3.4.6. Solid's Shape Factor

Solid's shape factor is inversely associated with the resistance of pulp to beating and resistance of paper to bending. The fiber diameter, lumen width and fiber length are the fiber parameters that influence the Solid's shape factor of fibers. In this study the Solid's shape factor of *Luffa cylindrica* fibers is  $157.3685 \times 10^3 \mu\text{m}^3$ . This value is consistent with the values reported for *Alstonia boonei* and juvenile beech wood which was reported as  $140.380 \times 10^3 \mu\text{m}^3$ . The Hybrid Dwarf Yellow variety of *Cocos nucifera* fiber were reported to have a Solid's shape factor of  $146 \times 10^3 \mu\text{m}^3$  in line with the present research [37]. This factor yields high resistance of paper to bending and low resistance of pulp to beating. Papers with good strength were obtained from fibers with low Luce's Shape Factor and Solids Factor [27]. The derived indices of some fibers recommended for paper making is shown in Table 3.

**Table 3.** Derived indices of some common fibers used for paper making.

Fiber name	Runkel ratio	Slenderness ratio%	Coefficient of Flexibility	Rigidity Ratio	Luce shape factor	Solids Factor $\mu\text{m}^3$	References
<i>Chrysophyllum</i>							
<i>albidum</i>	0.55	46.9	0.64	0.177	0.41	346	[38]
<i>Saccharum</i>							
<i>officinarum</i>	2.479	69.77	29.12	0.722	84	634	[39]
<i>Eucalyptus</i>							
<i>tereticornis</i>	1.047	39.07	39.73	0.416	0.727	256	[40]
<i>Leucaena</i>							
<i>leucocephala</i>	0.59	-	0.63	-	0.41	-	[41]
<i>Biden spilosa</i>	0.46	47.33	69.01	-	0.33	-	[1]
<i>Eupatorium</i>							
<i>odoratum</i>	0.52	42.3	65.81	-	0.50	-	[1]
<i>Beema bamboo</i>	0.69-0.8	78.38-101.48	56.32-60.39	-	-	-	[32]
<i>Oxythenantera</i>			59.75-				
<i>abyssinica</i>	0.6-0.76	82.37-93.92	60.66	-	-	-	[32]
<i>Setaria glauca</i>	0.57	173.15	65.57	0.35	0.4	0.86	[27]
<i>Solanum torvum</i>	0.25	24.62	80.30	-	0.19	-	[27]
Tobacco stalk	1.16	50.59	63.26	-	-	-	[21]
<i>Pinus kesiya</i>	0.22	49.04	81.74	-	0.19	-	[27]
							Current
<i>Luffa cylindrica</i>	0.5977	61.04	0.637	0.19	0.42	157.36	work

The chemical composition studies, FTIR analysis and the fiber morphological observations on the *Luffa cylindrica* fibers have shown that these fibers are capable for producing pulp and paper. Holocellulose content present in the fibers is comparatively higher than many of the fibers used for pulp and paper production. Less proportion of lignin is another major advantage that is present in the fibers. This reduces the time and cost of pulping process. Also, the less Runkel ratio, rigidity coefficient, high slenderness ratio and coefficient of flexibility are some derived indices that support the fibers to be used for pulp production. In addition, other traits such as microfibrillar angle, fiber

surface roughness, or porosity also influence pulp and paper properties. *Luffa cylindrica* fruits are found in many places and do not require any special attention for its growth. Moreover, many different species of *Luffa* fruits are available and a judicious usage of these fibers can make this species as a viable cash crop.

#### 4. Conclusions

The chemical composition, FTIR spectroscopic analysis and fiber morphology studies conducted on the cellulosic fibers extracted from matured *Luffa cylindrica* fruits corroborated that these fibers can be used for pulp and paper production. This plant species do not require special and tedious procedures for its cultivation and do not leave any carbon footprint or any detrimental by product to the environment. The plant has excellent scope for material recovery and effective strategies can be developed for sustainable management and resource conservation.

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