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Article

A Comparison of the Robust Zero-Inflated and Hurdle Models with an Application to Maternal Mortality

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Abstract: This study evaluates the performance of count regression models in the presence of zero inflation, outliers, and overdispersion using both simulated and real-world maternal mortality dataset. Traditional Poisson and Negative Binomial regression models often struggle to account for the complexities introduced by excess zeros and outliers. To address these limitations, this study compares the performance of robust zero-inflated (RZI) and robust hurdle (RH) models against conventional models using the Akaike Information Criterion (AIC), Bayesian Information Criterion (BIC), and the Vuong test to determine the best-fitting model. Results indicate that the robust zero-inflated Poisson (RZIP) model performs best overall. The simulation study considers various scenarios, including different levels of zero inflation (50%, 70%, and 80%), outlier proportions (0%, 5%, 10%, and 15%), dispersion values (1, 3, and 5), and sample sizes (50, 200, and 500). Based on AIC comparisons, the robust hurdle Poisson (RZIP) and robust hurdle Poisson (RHP) models demonstrate superior performance when outliers are absent or limited to 5%, particularly when dispersion is low (1 or 3). However, as outlier levels and dispersion increase, the robust zero-inflated negative binomial (RZINB) and robust hurdle negative binomial (RHNB) models outperform robust zero-inflated Poisson (RZIP) and robust hurdle Poisson (RHP) across all levels of zero inflation and sample sizes considered in the study.

Keywords: robust regression; count data; outliers; overdispersion; zero inflation; maternal mortality

1. Introduction

Excess zeros are common in numerous fields, including healthcare, agriculture, ecology, and manufacturing industries [1,2]. A Zero-Inflated (ZI) model [3] argues that zero counts arise from a combination of two distributions: One distribution generates structural zeros, representing subjects who are not at all at risk of experiencing the event (and thus consistently produce zero counts). For instance, when quantifying specific high-risk behaviors, certain individuals may record a score of zero due to their lack of susceptibility to such health-risk behaviors [4]. The second distribution generates sampling zeros, representing individuals who are at risk but did not experience or report the event during the study period.

The justification for categorizing zeros into two categories is that a high proportion of zeros frequently results from the presence of a subgroup of patients who are not at risk for certain outcomes during the study period [3]. The probability of belonging to the zero inflation component is assessed using a zero-inflation probability model, while a standard count distribution, such as Poisson or Negative Binomial, represents the counts in the count component [5]. Conversely, a hurdle model [6] claims that all zero observations originate from a singular structural source, comprising a binary component to determine whether the response variable is zero or positive, alongside a truncated model, such as a truncated Poisson or truncated Negative Binomial distribution, for the positive data. Excess zeros indicate more zeros than the distribution we are modeling would expect. Zero-inflated and hurdle models have been used extensively in various research domains to model such data [2,7]. The traditional models, such as the standard Poisson and Negative Binomial models, often fail to address the complexity of outliers, overdispersion, and excess zeros simultaneously. The understanding and

useful comparison of the robust zero-inflated (RZI) and robust hurdle (RH) models remain largely unexplored, despite substantial advances in statistical modeling methods for count data [1,2]. Although both models address the frequent excess zeros seen in the count data, their fundamental tenets and estimating strategies are different.

Maternal mortality data often exhibit zero inflation, characterized by an excess of zero counts or units reporting no maternal deaths, compared to what standard count models such as Poisson or Negative Binomial would predict. [8,9]. Identifying factors that contribute to maternal mortality and formulating effective interventions is essential to minimize the increase in maternal mortality. In this context, there is a need to employ statistical models that can adequately handle the excessive zeros, overdispersion, and potential outliers that are often observed in maternal mortality [10]. Previous studies that have looked at factors affecting maternal death have used different analysis strategies, with some ignoring the underlying zero inflation [11,12].

Comparison of zero-inflated models with hurdle models is the main emphasis of the currently available literature on count data analysis with excessive zeros and outliers [2,10,13]. However, the robustness to outliers that these comparisons frequently neglect can have significant effects on the accuracy and reliability of the models' results. Robust zero-inflated models and robust hurdle models have been proposed to handle outliers in addition to zero inflation. There is a lack of comprehensive studies that directly examine the performance of robust hurdle and zero-inflated models in the presence of outliers. In addition, there has been little research on the application of these models to maternal mortality data [1,2,12], an important public health indicator. Using simulated data and data on maternal mortality, this study attempts to close these gaps by comparing the robust zero-inflated and hurdle models in the presence of outliers. Through this investigation, the study hopes to shed light on how well these models handle excessive zeros and outliers in count data, with an emphasis on enhancing modeling accuracy and forecasting rates of maternal death.

2. Methods

2.1. Overview of Count Data Models

2.1.1. Robust Zero-Inflated Models

Although ZIP and ZINB models handle excess zeros, they can be sensitive to outliers. The RZIP and RZINB models improve the standard ZI models by incorporating robust estimation techniques. The robust zero-inflated models (RZIP and RZINB), first proposed by [5] and later refined by [14], integrate Huber's M-estimation into standard ZIP/ZINB structures. The robust approach uses the Huber Ψ -function [15], to downweight extreme values during parameter estimation. In the RZI models, the parameters are estimated using a robust Expectation-Maximization (EM) algorithm by [5]. The M-step replaces traditional estimators with robust ones, using the Ψ – Huber function to assign lower weights to observations in the tails of the distribution:

$$\psi_c(y) = \begin{cases} j_1, & \text{if } y < j_1 \\ y, & \text{if } y \in [j_1, j_2], \\ j_2, & \text{if } y > j_2 \end{cases} \quad (1)$$

where j_1 and j_2 are the c and $(1-c)$ quintiles of the Poisson component [15]. The robustified equations in the M-step for the parameters of the RZI models α and β are given by:

For the zero-inflation component:

$$\frac{1}{n} \sum_{i=1}^n w(G_i) \left\{ z_i^{(r)} - \text{logit}^{-1}(G_i^T \alpha) \right\} G_i = 0. \quad (2)$$

For the count component:

$$\frac{1}{n} \sum_{i=1}^n (1 - z_i^{(r)}) w(B_i) \{ \psi_c(Y_i) - o_i(\beta, c) \} B_i = 0, \tag{3}$$

where $w(G_i)$ and $w(B_i)$ are weights designed to mitigate the influence of outliers, defined as $w(G_i) = \frac{1}{1 - \sqrt{h_i}}$, with h_i denoting the i^{th} diagonal element of $H = G(G^T G)^{-1} G^T$; a similar definition applies to $w(B_i)$ and $o_i(\beta, c) = \mathbb{E}\{\psi_c(Y_i) \mid Y_i\}$ represents an expected value for Ψ -Huber function. These robust adjustments help reduce the influence of outliers, making the RZI models more reliable in practice [5,14].

2.1.2. Robust Hurdle Models

The robust hurdle models used in this study build upon the methodology developed by [16], who proposed a robust version of the hurdle models that are based on standard hurdle models by incorporating bounded-influence estimation through the Huber Ψ -function to mitigate the influence of outliers [17]. For the binary hurdle component, we replace the standard logistic regression with a robust logistic regression using the Ψ -Huber function [15]. This ensures that outliers in the binary classification of zeros and non-zeros have less influence. The robust binary hurdle equation is given by:

$$\frac{1}{n} \sum_{i=1}^n w(G_i) \{ z_i^{(r)} - \text{logit}^{-1}(X_i \beta) \} G_i = 0,$$

where $z_i^{(r)}$ is an indicator variable for whether $Y_i = 0$, and $w(G_i)$ are robust weights to downweight outliers [18]. For the positive count component, the traditional count regressions are replaced with a robust count regression using the Ψ -Huber function [5,10]:

$$\frac{1}{n} \sum_{i=1}^n (1 - z_i^{(r)}) w(B_i) \{ \psi_c(Y_i) - \exp(X_i \gamma) \} B_i = 0.$$

Here, $\psi_c(Y_i)$ is the Huber function that reduces the impact of large residuals (outliers), and $w(B_i)$ weights are used further to control the influence of outliers. By robustifying both the binary hurdle and positive count components, the RH models are more resistant to data irregularities like outliers [10]. This robust approach ensures that extreme values and outliers do not overly affect the estimation of parameters, making the robust hurdle models more reliable in real-world data applications.

2.2. Simulation Study

Three different sample size scenarios (50, 200, and 500) were taken into account for the simulated dataset under the Negative Binomial distributions. For the count data produced using the NB distribution, various dispersion levels (1, 3, and 5) were taken into account for each sample size, along with structural zeros (0.5, 0.7, and 0.8) and outliers (0.0, 0.05, 0.10, and 0.15). A summary of the simulation scenarios considered in the study is shown below in Table 1. This produced $3 \times 3 \times 3 \times 4 = 108$ distinct simulation scenarios in all. Each scenario was run 1000 times to reduce the influence of simulation error, and the outcomes were averaged over the 1000 runs.

Table 1. Simulation Scenarios Considered in the Simulation Study.

Sample Size	Prop of Zeros	Dispersion	Outliers
			0.00
50	0.5	1	0.05
200	0.7	3	0.10
500	0.8	5	0.15

2.3. Model Comparison

To assess the performance of the six different models under different simulation scenarios, the study adopted the widely used model selection criteria: Akaike's information criteria (AIC) developed by [19]. AIC has been presented as a model selection criterion for comparing non-nested models based on maximum likelihood, utilizing the fitted log-likelihood function to identify the optimal model. The AIC evaluates the relative quality of a statistical model by rewarding goodness of fit while imposing a penalty that increases with the number of estimated parameters. As the log-likelihood is anticipated to rise with the addition of parameters to a model, the AIC criterion imposes a penalty on models with a greater number of parameters (q). The penalty function may also depend on n , the number of observations. This penalty prevents overfitting. Consequently, the AIC is defined as

$$AIC = -2\log(L) + 2q,$$

where L is the maximal likelihood function value for the estimated model, q is the number of degrees of freedom, and 2 is a tuning parameter to balance the information in the model with the residuals, according to the number of degrees of freedom. It is desirable to choose a model with the lowest AIC. The Bayesian Information Criterion (BIC) is defined as:

$$BIC = k \ln(n) - 2 \ln(L),$$

where L is the likelihood of the model, k is the number of parameters, and n is the sample size. When fitting models, it is possible to increase the likelihood by adding parameters, but doing so may result in overfitting. The BIC addresses this issue by introducing a penalty term for the number of parameters in the model. The penalty term in BIC is larger than the penalty term in AIC. The AIC was averaged in each of the simulation scenarios over 1000 repetitions.

For comparing non-nested models with different probability mass functions $p_1(\cdot)$ and $p_2(\cdot)$, the Vuong test [20] is employed. The test statistic V is calculated as $V = \frac{m}{sd(m)}$, where m is the mean of m_i , $sd(m)$ is the standard deviation of m_i , and n is the sample size. Here, $m_i = \ln\left(\frac{p_{1i}(y_i)}{p_{2i}(y_i)}\right)$. The Vuong test statistic follows a standard normal distribution. For example, at a significance level of 0.05, the first model is considered "closer" to the actual model if $V > 1.96$; conversely, the second model is deemed "closer" if $V < -1.96$. If $-1.96 \leq V \leq 1.96$, neither model shows superiority over the other, suggesting no significant difference in model fit. In cases where models have unequal numbers of parameters, m_i is adjusted to $m_i = \ln\left(\frac{p_{1i}(y_i)}{p_{2i}(y_i)}\right) - \frac{k_1 - k_2}{2\sqrt{n}} \ln(n)$, where k_1 and k_2 are the number of parameters in models 1 and 2, respectively. This adjustment accounts for the difference in parameter complexity between the models, ensuring a fair comparison in model selection based on their respective fit to the data.

3. Results

3.1. Simulation Study Findings

3.1.1. Initial Assessment of the Simulation Data

The NB model in Table A1 consistently achieves the lowest AIC across all sample sizes for the initial assessment of the simulation, where the parameters are set to zero, such as the inflation and outliers, confirming it as the best fit for data generated from an NB distribution. As expected, the NB model outperforms the Poisson model, since the data was simulated using an NB model, which is also reflected in its lower AIC value. While robust models like RZIP, RZINB, RHP, and RHNB are designed to handle complexities such as zero inflation and outliers, their AIC values remain higher in this scenario, where no excess zeros or outliers were introduced. These results emphasize the importance of selecting models aligned with the data's underlying structure, with the NB model excelling in cases of overdispersed count data.

3.1.2. AIC Comparison Across Regression Models

In this section, we describe the analysis of data generated with the NB regression model in sixteen different simulation scenarios with varying sample sizes (50, 200, 500), different levels of outliers (0.0, 0.05, 0.10, 0.15), and magnitudes of dispersion (1, 3, 5). Tables [A2-A10](#) display the averaged AIC model fit statistics for Poisson, NB, RZIP, RZINB, RHP, and RHNB regression models fitted on data generated with the NB regression model with different magnitudes of dispersion, outliers, and sample sizes. The AIC values reveal that the RZINB and RHNB models generally provide the best fit for data generated from an NB model, especially under conditions of higher proportions of zeros and levels of outliers. For example, with 1 dispersion level, 0.0% outliers, and a 50% proportion of zeros, the RZIP model achieves a lower AIC than the RZINB model. As the proportion of zeros increases and outliers increase, the RZINB and RHNB models consistently show improved performance, indicating their robustness in handling zero-inflated data. Conversely, the Poisson model and NB have higher AIC values than the other models, reflecting their limitations in scenarios characterized by overdispersion and excess zeros. These results highlight the importance of selecting appropriate modeling techniques that align with the underlying data distribution and characteristics, particularly in the presence of zeros and outliers.

3.1.3. Performance under Low Outlier Levels and Increasing Dispersion

The RZIP and RHP models, when the dispersion is 1, express superior performance in terms of model fit, particularly under conditions with no outliers (0% outlier level) or a low level of outliers (5% outlier level). This suggests that these models effectively handle zero-inflated datasets with minimal noise. Among them, the RZIP model consistently outperformed the RHP model across varying proportions of zeros (0.5, 0.7, 0.8), achieving the lowest AIC values. This highlights the robustness of RZIP in modeling highly zero-inflated data. These findings emphasize the efficacy of RZIP in accommodating zero inflation and managing datasets with either no or low extreme values. However, when the dispersion reached 3 and the sample size became 200 and above, the RZIP and RHP models demonstrated sensitivity to sample size and data characteristics as they were now outperformed by the RZINB and RHNB models. This reinforces their reliability in scenarios with increased dispersion and low levels of outliers, as evidenced by the results summarized in Tables [A2 - A5](#).

3.1.4. Performance under Moderate Outlier Levels and Increasing Dispersion

As the level of outliers in the data increases to a moderate threshold of 10% - 15%, both the RZIP and RHP models show a noticeable decline in performance when compared to more resilient models such as RZINB and RHNB. This trend is evident even when sample size and dispersion remain constant, highlighting the limitations of the RZIP and RHP models in handling moderate to high levels of outliers. As outliers continue to increase and reach 15%, RZIP and RHP persistently lag, suggesting that these models are less effective under conditions with a substantial presence of outliers. In Tables [A2](#) through [A10](#), findings consistently show that RZINB and RHNB outperform other models, especially under moderate and high outlier conditions. This higher performance is consistent across different percentages of zeros and sample sizes, making RZINB and RHNB the most reliable options for dealing with outlier-laden data.

As the dispersion parameter in the dataset increased from 3 to 5 and the proportion of outliers escalated from 0% to 5%, 10%, and 15%, notable patterns emerged in model performance. At an outlier threshold of 0%, 5%, and 10% the RZINB model demonstrated superior performance across various levels of zero-inflation (50%, 70%, and 80%) and sample sizes, archiving the lowest AIC. However, as the outlier threshold increased to 15%, the RHNB model surpassed RZINB in performance. RHNB emerged as the most reliable model under conditions of severe contamination, characterized by high proportions of outliers and substantial overdispersion. Its ability to handle excess zeros while maintaining robustness against noise induced by extreme values highlights its utility in challenging scenarios.

3.1.5. Influence of Sample Size on Model Performance

Examining the performance of RZIP, RHP, RZINB, and RHNB models across sample sizes of 50, 200, and 500 reveals key trends. Model performance varies significantly with sample size, dispersion, and outliers. RZIP and RHP perform well with smaller sample sizes (50) and dispersion of up to a maximum of 3, handling outliers up to 5% as shown in Table A5. However, as the sample size and dispersion increase or the outlier proportion exceeds 5%, these models lose accuracy. In contrast, RZINB and RHNB excel under these more challenging conditions, demonstrating superior stability and fit with larger samples, higher dispersion, and more outliers. This comparison emphasizes the importance of aligning model choice with data characteristics. RZIP and RHP are suited for simpler datasets, while RZINB and RHNB are more effective for complex datasets with greater variability and contamination.

3.2. Real Data Application

3.3. Description of the Study Sample

The empirical study sample consists of 222 patients admitted to different health organizations in Nairobi, Kenya, diagnosed with maternal health outcomes involving complications in delivery and labor. The study sample was 100% females, as expected since the focus was exclusively on maternal health. The definition of the variables in the dataset that the study uses includes maternal health outcomes and predictor variables related to delivery characteristics, maternal complications, antenatal care, and stillbirth.

3.3.1. Regression Diagnostics: Multicollinearity Test.

The analysis identified substantial correlations among several independent variables, indicating multicollinearity, as shown in Figure 1. This issue arises when predictor variables are highly correlated, leading to redundancy and inflated standard errors in the regression coefficients. As a result, estimates become unstable, and theoretically important variables may appear statistically insignificant, obscuring their true relationships with the outcome.

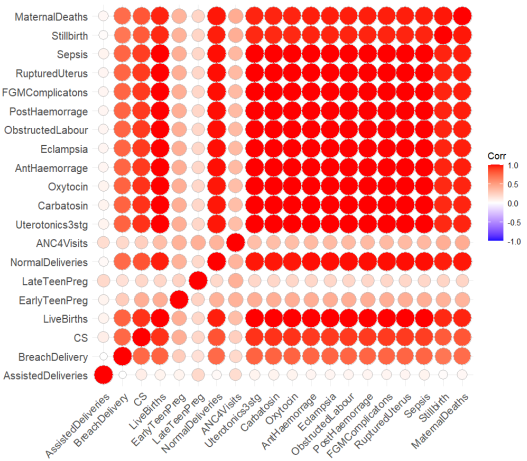


Figure 1. Graphical Representation of Multicollinearity.

After applying the correlation-based feature selection technique, the research study reassessed the correlations among the predictors. The updated correlation matrix shown in Figure 2 and VIF values in Table 2 indicate a significant reduction in multicollinearity, confirming the effectiveness of the selection process. By removing highly correlated variables, the updated model, now free from the detrimental effects of high multicollinearity, provided more reliable and interpretable estimates. The reduction in multicollinearity is expected to improve the stability and reliability of the coefficient estimates. However, it is important to approach the interpretation of the results with caution. The

relationships between predictors and the outcome variable should be evaluated within the context of the selected variables.

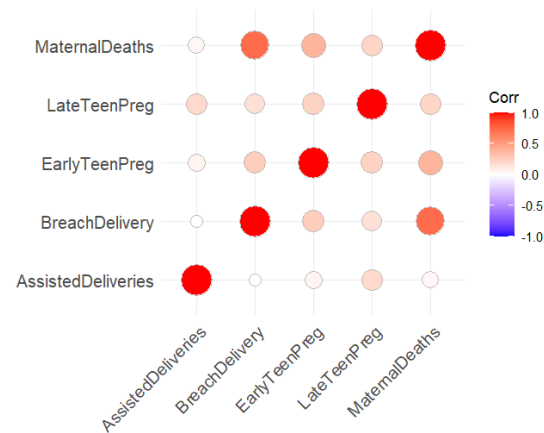


Figure 2. Reduced Correlated Variables.

Table 2. Correlation Matrix of Selected Variables

	Assisted	Breach	EarlyTeen	LateTeen	MaternalDeaths
AssistedDeliveries	1.000	0.001	0.064	0.199	0.035
BreachDelivery	0.001	1.000	0.264	0.157	0.734
EarlyTeenPreg	0.064	0.264	1.000	0.235	0.388
LateTeenPreg	0.199	0.157	0.235	1.000	0.222
MaternalDeaths	0.035	0.434	0.388	0.222	1.000

A list of some maternal characteristics that were considered as covariates in this study is provided in Table 3 Facilities that reported maternal fatalities and those that did not are the two categories for which the variables are presented. The percentages are calculated based on the row totals, which are the number of facilities that reported at least one occurrence from the breech birth, assisted delivery, early teen pregnancy, and late teen pregnancy categories. The largest contributing cause to maternal mortality, according to the statistics, is early teen pregnancy; 74.58% of the institutions that recorded early teen pregnancy also reported death. Other noteworthy variables include assisted delivery, late-adolescent pregnancy, and breech birth.

Table 3. Clinical Characteristics of the Study Population.

Factors	No death reported(%)	Death reported (%)
Assisted Delivery	28.79	71.21
Breech Delivery	52.69	47.31
Early Teen Pregnancy	25.42	74.58
Late Teen Pregnancy	50.88	49.12

Table 3 displays the main clinical characteristics of the study population. The mean age for early teenage pregnancy was 10.176 ($SD = 5.187$) and for late teenage pregnancy 18.829 ($SD = 8.289$).

3.4. Comparison of the Fitted Count Data Models

3.4.1. Model Evaluation

To fully assess and compare the performance of the model, the study uses the AIC and the BIC, which measure the fit of the model while penalizing complexity to avoid overfitting. Additionally, the Vuong test compares nonnested models, providing statistical evidence on whether one model significantly outperforms another. The Vuong test takes into account the model’s complexity, balancing goodness-of-fit against potential overfitting caused by increasing parameters.

3.4.2. Vuong Test

Table 4 shows the results of the Vuong test comparing different models. The significant p-values ($p < 0.01$ or $*p < 0.001$) suggest that zero-inflated and hurdle models are often better at detecting additional elements in the data, such as excess zeros, overdispersion, and outliers, compared to traditional Poisson and NB models. Although RZIP performs well in multiple comparisons and is a strong model for accurately representing the data, RHNB and RHP also demonstrate competitive performance, indicating their utility in specific contexts.

Table 4. Vuong Test Comparison for Different Models.

Model	RZIP	RZINB	RHP	RHNB	POIS	NB	Best Model
RZIP		0.004***	0.002***	0.003***	0.002***	0.000***	RZIP
RZINB			0.012**	0.011**	0.000***	0.000***	RZINB
RHP				0.011**	0.003***	0.002***	RHP
RHNB					0.003***	0.003***	RHNB
POIS						0.003***	NB
NB							

*** $p < 0.001$, ** $p < 0.01$

3.4.3. Model Comparison Using AIC and BIC

The comparison of all the fitted models for maternal death counts using Akaike information criteria and Bayesian information criteria. Table 5 below provides the AIC and BIC values used to choose the model that best fits the data.

Table 5. Estimated AIC and BIC for the Maternal Mortality Data.

Model	AIC	BIC
Poisson	660.2816	677.2950
NB	554.6014	575.0174
RZIP	366.8992	400.9260
RZINB	395.2032	432.6327
RHP	372.6716	406.6984
RHNB	374.6517	412.0811

The comparison of the performance of the model in Table 5 reveals that the RZIP model provided the best fit to the data, outperforming all other models based on AIC and BIC. The NB model showed considerable improvement over the standard Poisson model, indicating its ability to handle overdispersion in the data more effectively. Among the robust models, the RHP and RHNB models showed competitive performance but were still outperformed by the RZIP model. The RZINB model showed a slightly poorer fit compared to the RZIP, RHP, and RHNB models but performed better than the traditional Poisson and NB models. These findings generally emphasize the suitability of the RZIP model for this dataset, demonstrating its ability to effectively address zero inflation and outliers at approximately 5%.

In capturing the probability distribution of maternal deaths, each model shows a different performance as displayed in Figure 3, particularly for lower counts where the frequency of zeros is more prominent. The Robust Zero Inflated and Hurdle Models appear to fit the observed data more closely, as seen by their closer alignment with the black observed line for zero counts. These models, specifically designed to handle excess zeros, provide a better fit. For maternal mortality data, where zero inflation and overdispersion are likely, this suggests that robust zero-inflated and hurdle models may be more appropriate. Traditional models are outperformed by these robust count statistical models, as shown by the *Voungo test* and the *AIC/BIC*.

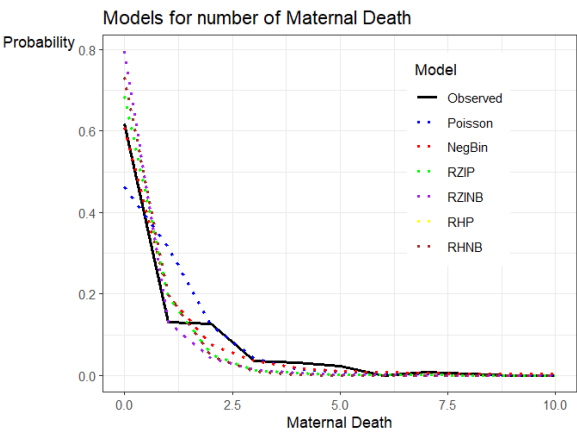


Figure 3. Probability Models for the Number of Maternal Deaths.

3.5. Robust Count Regression Estimation Results

A significant frequency of zero counts and outliers was observed in maternal mortality data. These observations were found to be beyond the anticipated range predicted by common count data distributions such as the Poisson and NB. These findings led to the theory that the data might be affected by two processes: one controlling the distribution of positive counts and another regulating the occurrence of zero occurrences. Outliers in the data suggest potential contamination with extreme values, which conventional models cannot account for. A RZIP model is more suitable for this research, as shown in Tables 4 and 5. In the following Table 6 the study displays parameter estimates and the robust standard error of the best-performing model, which is RZIP.

Table 6 displays or represents the estimated coefficients of the RZIP model for two parts, namely the count model and the zero model. The zero model explains the excess zeros in the data, while the count model concentrates on the count (frequency) of the event, which is maternal mortality in our case. Each component describes a distinct feature of the data.

Table 6. Model Estimation of Coefficients Using Robust Zero-Inflated Models.

Parameter	RZIP (Count Model)		RZIP (Zero Model)	
	Estimate (SE)	P-Value	Estimate (SE)	P-Value
Intercept	-0.8571 (0.1514)	<0.0001	-2.8706 (1.1909)	0.0159
BreachDelivery	0.1159 (0.0496)	0.0195	-0.1578 (0.4464)	0.7238
AssistedDeliveries	-0.0038 (0.0200)	0.8504	-16.7361 (15.3676)	0.2761
EarlyTeenPreg	0.0568 (0.0250)	0.0232	1.0192 (0.7228)	0.1585
LateTeenPreg	0.0219 (0.0150)	0.1443	0.1195 (0.0464)	0.0100

The count component of the RZIP model examines the relationship between maternal mortality and key predictors. The estimated intercept is -0.8571 (SE: 0.1514, $p < 0.0001$), which corresponds to an expected count of 0.4245 maternal deaths when all predictors are at their baseline levels. This significantly lower baseline suggests that, in the absence of specific risk factors, maternal mortality remains below the mean of the sample. Among the predictors, Breach Delivery has a statistically significant effect, with an estimated coefficient of 0.1159 (SE: 0.0496, $p = 0.0195$). This translates to a 12.3% increase in maternal mortality per unit increase in breach deliveries ($e^{0.1159} - 1 = 0.123$), reinforcing its role as a critical risk factor. Conversely, Assisted Deliveries does not exhibit a meaningful impact, with an estimated effect of -0.0038 (SE: 0.0200, $p = 0.8504$), corresponding to a -0.38% decrease in maternal mortality ($e^{-0.0038} - 1 = -0.0038$), though the effect is not statistically significant. Early-TeenPreg, however, shows a notable association, with an estimated coefficient of 0.0568 (SE: 0.0250, $p = 0.0232$), indicating a 5.84% increase in maternal mortality ($e^{0.0568} - 1 = 0.0584$). The statistical significance of this finding suggests that early teenage pregnancy is an important predictor of maternal mortality. LateTeenPreg, on the other hand, has an estimated effect of 0.0219 (SE: 0.0150, $p = 0.1443$),

corresponding to a 2.21% increase in maternal mortality ($e^{0.0219} - 1 = 0.0221$), but this effect is not statistically significant ($p > 0.05$), indicating that it may not be a strong predictor.

The zero-inflation component of the model evaluates factors influencing the probability of an excess zero count in maternal mortality. The estimated intercept is -2.8706 , suggesting a significantly lower probability of zero maternal deaths when all predictors are at their baseline levels. Among predictors, *BreachDelivery* has an estimated effect of -0.1578 (SE: 0.4464 , $p = 0.7238$), implying a 17.09% decrease in the odds of a zero count ($e^{-0.1578} - 1 = -0.1709$), although this effect is not statistically significant. Similarly, *AssistedDeliveries* has an estimated effect of -16.7361 (SE: 15.3676 , $p = 0.2761$) implying a -99.99% negative association with maternal mortality in the odds of a zero count ($e^{-16.7361} - 1 = -0.9999$), but this effect is not statistically significant. *EarlyTeenPreg* has an estimated effect of 1.0192 (SE: 0.7228 , $p = 0.1585$), suggesting that maternal mortality was a 1.77 times more likely to occur in the *EarlyTeenPreg* group in maternal mortality risk ($e^{1.0192} - 1 = 1.77$), but there is a lack of statistical significance ($p > 0.05$) prevents strong conclusions. In contrast, *LateTeenPreg* demonstrates a significant association, with an estimated coefficient of 0.1195 (SE: 0.0464 , $p = 0.00100$), indicating a 12.69% increase in maternal mortality risk ($e^{0.1195} - 1 = 0.1269$). The statistical significance ($p < 0.01$) supports its role as a key predictor in the zero-inflation model, suggesting that late teenage pregnancy may influence the likelihood of maternal mortality even in cases where mortality counts are low.

3.6. The RZIP Model Validation

The overdispersion test for the Poisson model gives the following result:

$$z = 2.8068, \quad p\text{-value} = 0.002502,$$

with the alternative hypothesis being that the true dispersion is greater than 1. The estimated dispersion is:

$$\hat{\phi} = 2.388353. \tag{4}$$

Since the *p-value* is below the threshold of 5% level of significance, we then reject the null hypothesis; instead, we accept the alternative hypothesis, indicating that the dispersion is significantly greater than 1. That is, the variance is greater than the mean, as it was stated earlier in Table 6. This suggests that the data exhibits overdispersion, which Poisson fails to account for.

Table 7. Model Validation Results.

Statistic	Value
Chi-Square Statistic	20809.280
Degrees of Freedom	6.000
P-value	0.198

The Chi-Square test in Table 7 was used to validate the model. The test statistic is 20809.28 with 6 degrees of freedom. The p-value is 0.198, which is greater than the typical significance level of 0.05. This indicates that there is no evidence to reject the null hypothesis. Thus, the fit of the model to the data is adequate, and there is no significant lack of fit based on this test.

Table 8. Likelihood Ratio Test Results.

Comparison	df1	df2	LogLik1	LogLik2	Chisq	p-value
ZIP vs RZINB	10	11	-173.45	-186.60	26.304	0.09
RZIP vs RHP	10	10	-173.45	-176.34	5.7724	0.06
RZIP vs RHNB	10	11	-173.45	-176.33	5.7525	0.47

The likelihood ratio tests (LRT) in Table 8 were performed to compare the fit of the model with different specifications. The test between RZIP and RZINB yielded a chi-square statistic of 26.304 with

a *p-value* of 0.06, suggesting weak evidence in favor of RHP but not at a conventional significance level. Comparisons between RZIP, RZINB, and RHNB resulted in *p-values* of 0.09, 0.06 and 0.47, respectively, indicating no significant improvement over RZIP. In general, while RHP shows slight improvement, the differences are not statistically strong, and RZIP remains a competitive choice based on these tests.

3.7. Overview of Application Results

3.7.1. Model Formulation of The Study

Count Part:

$$\log(\lambda_i) = -0.8571 + 0.1159 \cdot \text{BreachDelivery} - 0.0038 \cdot \text{AssistedDeliveries} + 0.0568 \cdot \text{EarlyTeenPreg} + 0.0219 \cdot \text{LateTeenPreg}.$$

Zero-Inflation Part:

$$\log\left(\frac{\pi_i}{1-\pi_i}\right) = 2.8706 - 0.1578 \cdot \text{BreachDelivery} - 16.7361 \cdot \text{AssistedDeliveries} + 1.0192 \cdot \text{EarlyTeenPreg} + 0.1195 \cdot \text{LateTeenPreg}.$$

Final Combined Mathematical Model: The probability Y_i is given by:

$$P(\text{MaternalDeaths}_i = y_i) = \begin{cases} \pi_i + (1 - \pi_i) \cdot e^{-\lambda_i}, & y_i = 0, \\ (1 - \pi_i) \cdot \frac{\lambda_i^{y_i} e^{-\lambda_i}}{y_i!}, & y_i > 0. \end{cases}$$

where:

$$\lambda_i = e^{\beta_0 + \beta_1 \cdot \text{BreachDelivery} + \beta_2 \cdot \text{AssistedDeliveries} + \beta_3 \cdot \text{EarlyTeenPreg} + \beta_4 \cdot \text{LateTeenPreg}},$$

and

$$\pi_i = \frac{1}{1 + e^{-(\gamma_0 + \gamma_1 \cdot \text{BreachDelivery} + \gamma_2 \cdot \text{AssistedDeliveries} + \gamma_3 \cdot \text{EarlyTeenPreg} + \gamma_4 \cdot \text{LateTeenPreg})}}.$$

The RZIP model provided a better understanding of maternal mortality data by addressing two key processes: one that explains the count of maternal deaths and another that accounts for the many zero outcomes. This model is particularly useful because it effectively handles data with excess zeros and outliers. The results showed that some factors, such as BreachDelivery and EarlyTeenPreg, had significant effects on maternal mortality counts, while others, such as AssistedDeliveries, did not. Similarly, the zero inflation model revealed which factors influenced the likelihood of observing no maternal deaths, with LateTeenPreg standing out as a meaningful predictor. In general, the RZIP model proved to be a powerful model for analyzing this complex data, providing insights into which factors are most important to focus on when developing strategies to reduce maternal mortality. It also highlighted the importance of separating the analysis of counts and zeros for more accurate conclusions.

4. Conclusion

This study examined the performance of various count regression models using both simulated and real maternal mortality data. The findings revealed that the RZIP model was the best performer when outlier levels were low (0%–5%), making it the most suitable model for such conditions. This result was consistent across both real and simulated data. However, as outlier levels and dispersion increased, the RZINB and RHNB models provided better fit and predictive accuracy. These models effectively handled datasets with extreme zero inflation and severe outliers, outperforming traditional Poisson and Negative Binomial models. The Vuong test further confirmed the importance of robust zero-inflated models like RZIP in capturing data complexities. In general, ZIP is recommended for datasets with minimal outliers ($\leq 5\%$), while RZINB and RHNB are better suited for highly dispersed data with severe outliers. These insights highlight the need for researchers to carefully assess model performance and assumptions when analyzing complex count data.

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Appendix A

Appendix A.1

Note: The bold numbers refer to the lower AIC (which determines the best model), and the ones that are in the block represent the second-lowest AIC.

Table A1. Comparing AIC Values for Models Fitted to Data Generated Using a NB Model.

Sample Size	Poisson	NB	RZIP	RZINB	RHP	RHNB
50	266.960	153.870	268.480	199.260	268.020	199.130
200	589.190	461.600	489.710	470.840	488.640	469.150
500	1896.760	1389.060	1650.340	1401.300	1649.590	1400.290

Table A2. AIC Fit Statistics with Varying Parameters, a Fixed Sample Size of 50, and a Dispersion of 1.

Outliers	Prop of Zero	Poisson	NB	RZIP	RZINB	RHP	RHNB
0.0	0.5	496.377	307.548	209.245	244.406	209.406	244.489
	0.7	382.985	295.174	203.395	250.639	203.697	250.616
	0.8	299.579	250.422	164.671	189.534	166.136	189.748
0.05	0.5	892.394	619.407	221.731	408.289	225.545	408.386
	0.7	651.145	462.172	355.345	253.034	355.238	253.397
	0.8	431.770	335.132	111.974	238.511	113.412	238.386
0.10	0.5	985.508	792.451	335.400	234.011	392.386	233.324
	0.7	590.654	489.585	264.072	259.122	264.009	259.544
	0.8	720.789	440.900	324.987	216.363	324.780	217.951
0.15	0.5	805.736	635.367	524.872	442.714	524.771	441.866
	0.7	864.878	786.379	529.374	362.166	529.329	362.849
	0.8	802.551	656.557	506.557	321.393	506.352	319.657

Table A3. AIC Fit Statistics with Varying Parameters, a Fixed Sample Size of 200, and a Dispersion of 1.

Outliers	Prop of Zero	Poisson	NB	RZIP	RZINB	RHP	RHNB
0.0	0.5	790.969	673.619	626.241	628.711	637.4850	639.259
	0.7	634.526	478.498	459.158	462.408	459.250	460.426
	0.8	508.746	344.618	343.351	355.219	343.578	355.186
0.05	0.5	1358.895	1081.735	699.238	705.374	703.072	781.635
	0.7	1071.338	602.092	490.695	594.989	500.646	595.087
	0.8	767.973	499.480	362.790	482.297	368.665	482.345
0.10	0.5	1847.062	1399.119	750.727	753.169	899.971	743.987
	0.7	1383.369	1119.060	887.516	519.300	887.508	521.188
	0.8	1273.901	985.569	720.022	501.215	719.685	499.567
0.15	0.5	2100.491	1650.317	792.049	782.836	796.301	783.722
	0.7	1758.836	1065.086	550.029	545.644	552.289	510.068
	0.8	1302.0951	999.867	707.985	425.134	707.974	410.876

Table A4. AIC Fit Statistics with Varying Parameters, a Fixed Sample Size of 500, and a Dispersion of 1.

Outliers	Prop of Zero	Poisson	NB	RZIP	RZINB	RHP	RHNB
0.0	0.5	1952.280	1684.040	1466.460	1579.420	1466.680	1580.030
	0.7	1587.879	1208.607	1145.725	1198.674	1146.982	1198.491
	0.8	1283.602	962.424	857.373	890.434	890.491	859.216
0.05	0.5	3352.670	2659.260	1743.133	2173.154	1757.532	2173.380
	0.7	2626.248	1847.196	1246.235	1311.159	1244.010	1311.525
	0.8	2113.394	1338.705	960.905	1120.507	990.635	1119.966
0.10	0.5	3666.695	2676.751	2456.783	1854.294	2456.701	1873.620
	0.7	3593.761	2316.144	1817.978	1310.983	1709.406	1314.567
	0.8	2753.619	1978.593	1598.149	1076.659	1598.086	1077.034
0.15	0.5	5709.157	3974.548	2186.390	1972.943	2186.629	1951.884
	0.7	4480.317	1367.343	2745.152	1365.166	2745.653	1361.781
	0.8	3471.394	2008.594	1899.432	1007.210	1895.444	1006.745

Table A5. AIC Fit Statistics with Varying Parameters, a Fixed Sample Size of 50, and a Dispersion of 3.

Outliers	Prop of Zero	Poisson	NB	RZIP	RZINB	RHP	RHNB
0.0	0.5	464.842	351.282	249.946	251.093	250.849	251.078
	0.7	532.040	410.725	309.592	310.436	309.739	310.684
	0.8	608.652	485.119	383.096	384.573	383.288	384.762
0.05	0.5	895.515	672.718	442.356	542.138	573.728	497.223
	0.7	782.124	650.333	413.902	496.301	442.678	499.847
	0.8	694.543	472.150	328.243	370.745	399.654	369.982
0.10	0.5	954.332	742.886	593.001	332.668	512.795	416.232
	0.7	912.765	731.921	572.581	419.562	573.478	452.482
	0.8	821.889	642.357	428.340	388.123	456.178	325.847
0.15	0.5	1064.543	834.251	673.892	489.328	578.652	390.412
	0.7	892.145	702.123	523.459	462.317	548.712	389.439
	0.8	781.473	601.314	489.762	384.908	412.658	368.434

Table A6. AIC Fit Statistics with Varying Parameters, a Fixed Sample Size of 200, and a Dispersion of 3.

Outliers	Prop of Zero	Poisson	NB	RZIP	RZINB	RHP	RHNB
0.0	0.5	1456.825	1302.717	1204.150	1154.234	1205.465	1156.786
	0.7	1267.547	1054.892	983.328	935.659	982.531	937.426
	0.8	1098.231	856.499	785.289	751.235	783.984	652.948
0.05	0.5	2103.451	1507.122	1376.453	1318.224	1378.945	1321.736
	0.7	1896.757	1459.478	1238.992	1189.630	1240.713	1187.521
	0.8	1768.343	1230.549	1124.325	1070.659	1126.277	1074.380
0.10	0.5	2450.921	1623.450	1509.382	1459.516	1512.872	1434.170
	0.7	2238.170	1498.214	1387.415	1329.425	1390.445	1327.236
	0.8	2023.460	1357.918	1243.356	1196.232	1246.145	1193.704
0.15	0.5	2697.354	2078.649	1670.475	1595.976	1673.832	1599.870
	0.7	2489.998	1925.23	1512.319	1453.178	1515.534	1450.142
	0.8	2267.102	1673.89	1378.672	1319.982	1380.324	1317.945

Table A7. AIC Fit Statistics with Varying Parameters, a Fixed Sample Size of 500, and a Dispersion of 3.

Outliers	Prop of Zero	Poisson	NB	RZIP	RZINB	RHP	RHNB
0.0	0.5	1903.415	1723.187	1567.120	1517.324	1569.687	1519.436
	0.7	1765.326	1498.554	1329.762	1285.382	1331.475	1287.767
	0.8	1593.760	1245.980	1176.340	1130.480	1178.340	1123.210
0.05	0.5	2403.809	1824.710	1698.325	1629.890	1701.346	1634.780
	0.7	2176.450	1689.340	1568.730	1514.380	1570.568	1512.097
	0.8	1978.230	1534.978	1432.199	1386.786	1435.413	1380.672
0.10	0.5	2732.435	2019.873	1902.354	1825.364	1905.152	1820.458
	0.7	2508.679	1875.768	1768.435	1703.523	1780.547	1716.352
	0.8	2304.560	1703.234	1612.958	1550.548	1615.340	1554.352
0.15	0.5	2954.787	2154.322	2050.153	1969.374	2052.78	1947.894
	0.7	2732.234	2013.354	1898.261	1823.543	1901.645	1816.976
	0.8	2534.889	1845.978	1743.584	1675.374	1746.182	1643.389

Table A8. AIC Fit Statistics with Varying Parameters, a Fixed Sample Size of 50, and a Dispersion of 5.

Outliers	Prop of Zero	Poisson	NB	RZIP	RZINB	RHP	RHNB
0.0	0.5	364.842	301.282	275.946	251.093	278.849	269.078
	0.7	532.104	410.725	349.592	310.436	345.739	315.684
	0.8	608.652	485.119	398.096	384.573	389.288	379.762
0.05	0.5	545.315	435.218	388.256	300.223	372.178	342.138
	0.7	482.124	410.333	343.902	276.847	330.678	296.301
	0.8	434.543	372.150	328.243	269.982	309.654	289.745
0.10	0.5	554.332	442.886	393.001	382.668	376.232	312.795
	0.7	512.765	431.921	372.581	272.482	349.562	303.478
	0.8	421.889	372.357	338.34	285.847	318.123	306.178
0.15	0.5	664.543	534.251	473.892	390.412	459.328	328.652
	0.7	592.145	502.123	423.459	399.439	408.712	372.317
	0.8	481.473	401.314	389.762	334.908	362.658	318.434

Table A9. AIC Fit Statistics with Varying Parameters, a Fixed Sample Size of 200, and a Dispersion of 5.

Outliers	Prop of Zero	Poisson	NB	RZIP	RZINB	RHP	RHNB
0.0	0.5	1567.134	1328.762	1256.455	1196.546	1258.012	1198.832
	0.7	1389.345	1149.211	1087.543	1030.213	1089.918	1032.314
	0.8	1221.788	987.485	923.678	870.568	926.34	878.845
0.05	0.5	2032.394	1534.291	1420.789	1361.899	1423.129	1364.329
	0.7	1854.678	1398.654	1289.632	1234.456	1291.876	1231.986
	0.8	1698.455	1245.589	1143.556	1101.765	1146.345	1087.554
0.10	0.5	2345.687	1658.384	1556.485	1487.832	1558.898	1489.132
	0.7	2187.425	1523.958	1423.76	1365.334	1426.142	1368.233
	0.8	1999.897	1376.435	1278.322	1223.928	1280.607	1222.485
0.15	0.5	2598.132	1787.344	1698.451	1627.982	1701.126	1629.232
	0.7	2387.445	1645.928	1545.768	1489.534	1548.678	1487.761
	0.8	2198.342	1498.726	1398.245	1343.132	1400.817	1341.627

Table A10. AIC Fit Statistics with Varying Parameters, a Fixed Sample Size of 500, and a Dispersion of 5.

Outliers	Prop of Zero	Poisson	NB	RZIP	RZINB	RHP	RHNB
0.0	0.5	4154.748	3576.354	2454.162	2397.192	2456.617	2398.760
	0.7	2899.445	2321.687	2145.314	2204.989	2143.938	2207.523
	0.8	2643.192	2045.898	1934.758	1889.766	1937.374	1787.564
0.05	0.5	3521.178	2676.435	2554.152	2489.342	2557.839	2487.554
	0.7	3254.120	2439.627	2321.495	2263.981	2324.766	2265.321
	0.8	2978.405	2178.324	2067.514	2013.425	2070.354	2015.236
0.10	0.5	3845.612	2789.567	2678.458	2618.192	2681.450	2607.341
	0.7	3576.334	2556.708	2434.120	2356.980	2437.761	2375.154
	0.8	3321.415	2287.854	2176.384	2110.213	2178.988	2116.697
0.15	0.5	4154.898	2923.667	2812.457	2732.728	2815.314	2724.189
	0.7	3898.475	2689.232	2576.778	2512.345	2579.989	2511.238
	0.8	3627.534	2435.412	2321.645	2267.689	2324.781	2265.671

Table A11. Model Estimation of Coefficients Using Robust Zero-Inflated Models.

Parameter	RHP (Count Model)		RHNB (Count Model)	
	Estimate (SE)	P-Value	Estimate (SE)	P-Value
Intercept	-0.8571 (0.1514)	<0.0001	-1.0239 (0.3020)	<0.0001
BreachDelivery	0.1159 (0.0496)	0.0195	0.1467 (0.1250)	0.2404
AssistedDeliveries	-0.0038 (0.0200)	0.8504	0.0072 (0.0315)	0.8193
EarlyTeenPreg	0.0568 (0.0250)	0.0232	0.1514 (0.0215)	<0.0001
LateTeenPreg	0.0219 (0.0150)	0.1443	0.0116 (0.0346)	0.7376
Parameter	RHP (Zero Model)		RHNB (Zero Model)	
	Estimate (SE)	P-Value	Estimate (SE)	P-Value
Intercept	-2.8706 (1.1909)	0.0159	-2.8867 (1.2799)	0.0241
BreachDelivery	-0.1578 (0.4464)	0.7238	-0.08897 (0.5621)	0.8742
AssistedDeliveries	-16.7361 (15.3676)	0.2761	-0.01931 (0.0747)	0.7959
EarlyTeenPreg	1.0192 (0.7228)	0.1585	0.2751 (1.3401)	0.8373
LateTeenPreg	0.1195 (0.0464)	0.0100	0.0700 (0.0699)	0.3171

Table A12. Model Estimation of Coefficients Using Robust Hurdle Models.

Parameter	RHP (Count Model)		RHNB (Count Model)	
	Estimate (SE)	P-Value	Estimate (SE)	P-Value
Intercept	-0.8527 (0.2694)	0.0016	-0.8753 (0.3306)	0.0081
BreachDelivery	0.1357 (0.0462)	0.0033	0.1476 (0.1172)	0.2080
AssistedDeliveries	0.0046 (0.0242)	0.8491	0.0047 (0.0256)	0.8534
EarlyTeenPreg	0.0539 (0.0273)	0.0484	0.0547 (0.0320)	0.0874
LateTeenPreg	0.0133 (0.0210)	0.5263	0.0126 (0.0226)	0.5770
Parameter	RHP (Zero Model)		RHNB (Zero Model)	
	Estimate (SE)	P-Value	Estimate (SE)	P-Value
Intercept	-0.5983 (0.1826)	0.0011	-0.4389 (0.2206)	0.0421
BreachDelivery	0.1003 (0.1335)	0.4529	0.0513 (0.0235)	0.0582
AssistedDeliveries	0.0074 (0.0342)	0.8275	0.0654 (0.0412)	0.05827
EarlyTeenPreg	-0.0943 (0.0507)	0.0627	-0.0853 (0.0761)	0.7681
LateTeenPreg	-0.0226 (0.0149)	0.1308	-0.0167 (0.0149)	0.8135

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