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Article

Characterization of Antimicrobial Resistance Patterns and Resistance Genes of Enterococci from Broiler Chickens

Tam Tran ^{1,*}, Niamh Caffrey ¹, Haskirat Grewal ¹, Yuyu Wang ¹, Rashed Cassis ², Chunu Mainali ², Sheryl Gow ³, Agnes Agunos ⁴, Sylvia Checkley ¹ and Karen Liljebjelke ¹

- Department of Ecosystem and Public Health, Faculty of Veterinary Medicine, University of Calgary, 3280 Hospital Dr. NW, Calgary, AB, Canada T2N 4Z6
- ² Alberta Agriculture and Forestry, 6909 116 Street, Edmonton, AB, Canada T6H 4P2
- Western College of Veterinary Medicine, University of Saskatchewan, 52 Campus Dr, Saskatoon, SK, Canada S7N 5B4
- ⁴ Public Health Agency of Canada, Center for Foodborne, Environmental and Zoonotic Infectious Diseases, 370 Speedvale Avenue West, Suite #201, Guelph, ON N1H 7M7
- * Correspondence: Tam Tran. Current mailing address: Norwegian Research Centre AS (NORCE), Nygårdstangen, 5838, Bergen, Norway. Email: tran@norceresearch.no. Phone: (+47) 56 10 78 95

Abstract: Enterococci, commonly found in the normal intestinal flora of humans and animals, have emerged as an important human pathogen. A total of 184 isolates (88 isolates in 2015 and 96 isolates in 2016) were collected from 46 flocks. Two predominant enterococcus species were identified: *Enterococcus faecalis* (59%) and *Enterococcus faecium* (~39%). Resistance to penicillin was significantly decreased in the overall enterococci community, while it remained unchanged in the multi-class resistant (MCR) community. We identified *emeA* and *efrAB* genes, which encode efflux pump systems, in 93% (26/28) of the multi-class resistant (MCR) isolates with (intermediate) resistance to levofloxacin. The *ermB* gene was present in all MCR strains with resistance to erythromycin. The *lsa* gene was detected in 87% (84/97) of the MCR isolates with resistance to quinupristin/dalfopristin. About 82.2% of MCR strains in 2015 and 100% of MCR strains in 2016 carried insertion sequence IS256, which is known to be associated with AMR genes conferring resistance to erythromycin, gentamicin and vancomycin in enterococci. These results support the need for monitoring AMR in Gram positive bacteria in poultry production, specifically in broiler chicken farms, to complement current AMR data, and developing a timely intervention framework.

Keywords: Enterococci – Antimicrobial resistance – Poultry production – Resistance genes – Multidrug resistance

1. Introduction

The broiler chicken sector has continued to grow in Canada since 2012 and contributed \$6.8 billion to Canada's Gross Domestic Product (2016) [1]. Over the past 30 years, per capita consumption of broiler chicken in Canada has been continuously increasing from 19.9 kg to 32.8 kg. In Alberta, the poultry industry provided 8,031 total jobs, contributed \$623 million to the GDP and paid \$203 million in taxes in 2016 [2].

Enterococci, previously classified as group D in the genus *Streptococcus*, have now been recognized as a distinct and unique genus [3]. They are gram positive bacteria that mainly inhabit the gastrointestinal tract of animal and humans [4]. However, they can be found anywhere in the environment (soil, surface water, sewage, plants, dairy products and raw retail meats, etc.) due to their great adaptability and persistent nature [5, 6]. There was evidence of a transmission from pigs to human during an outbreak of *E. faecium* related-sepsis in China [7]. Thousands of domestic pigs died of hemorrhagic shock, while 40 local farmers who were in contact with them were hospitalized

with severe illness. A more recent study showed the relatedness of vancomycin-resistant *E. faecium* strains originating from humans and animals [8].

Some species and strains can cause life-threatening infections in people due to virulent traits such as aggregation, adhesins, cytolysin, gelatinase, extracellular surface proteins and pheromones [9]. Two enterococci species that are of great human clinical concern are *Enterococcus faecalis* and *Enterococcus faecium* [10]. The estimated number of hospitalization related to enterococcal infection in the US was 130,922 in 2003 and 125,134 in 2004 [11]. Nosocomial enterococci are associated with various infections, such as urinary tract infections, intra-abdominal and pelvic abscesses (post-surgery wound infections), bacteremia, central nervous system and neonatal infections and, in rare cases, respiratory tract infections, osteomyelitis, or cellulitis [12]. Not only do enterococci cause nosocomial infection in humans, but they also cause systemic infection in a variety of birds [13, 14]. *E. faecium* led to septicemia in ducklings, goslings, chickens, etc., while *E. faecalis* caused amyloid arthropathy in chickens. *E. hirae* was associated with encephalomalacia with vascular thrombosis and meningitis in broiler chicks. More recently, *Enterococcus cecorum*, primarily responsible for vertebral canal osteomyelitis, has emerged in Canadian flocks [15].

Intrinsic resistance in enterococci include the resistance to β -lactams and cephalosporins, aminoglycosides, trimethoprim-sulfamethoxazole, lincosamides and streptogramins [10, 16]. This could occur due to chromosomal resistance genes, such as the *lsa* gene in *E. faecalis*. *E. faecalis* and *E. faecium* have different mechanisms of intrinsic resistance; hence, their resistance phenotypes differ [16]. For instance, *E. faecalis* is intrinsically resistant to clindamycin, streptogrammin A and B because it carries the *lsa* gene encoding ATP-binding cassette efflux pump on its chromosome [16]. *E. faecium* harbors another putative efflux pump encoded by the intrinsic *msrC* gene which confers low-level resistance (MIC 1–2 mg/ml) to streptogramin B compounds only [16]. However, not all resistance mechanisms in enterococci are well-understood. In addition to their intrinsic resistance to some antimicrobial agents, enterococci have shown the ability to acquire new AMR genes via plasmids and other mobile genetic elements or by chromosomal mutations [17]. Resistance against β -lactams, aminoglycosides (high level resistance), glycopeptides and streptogramins has been reported to be acquired via mobile genetic elements [10].

Mobile genetic elements are nucleic acid elements such as plasmids, and transposons which play a role in horizontal dissemination of AMR genes among bacterial community members [17]. Pheromone-responsive plasmids, which are self-transferable (conjugative) narrow-host-range plasmids such as pADI, pAM373 and pCF10, have been thoroughly studied in enterococci [10, 18]. Enterococcal pheromones are small peptide fragments which are essential for cell-cell communication and high-frequency plasmid transfer in enterococci [19]. Their host range appears to be restricted to *E. faecalis*. Among them, only pCF10 has been shown to carry the *tet(M)*-containing conjugative transposon Tn925. Well-known broad-host-range Inc18 plasmids including pAMβ1 and pIP501 also contribute to disseminating AMR genes. Plasmid pAMβ1 harbors macrolide resistance genes, and pIP501 encodes genes for macrolides and chloramphenicol resistance. These plasmids have been shown to be transferable among enterococci species and between enterococci with other species (staphylococci and streptococci).

Enterococci transposons are fairly versatile and plastic elements which play a crucial role in the emergence and dissemination of AMR genes among enterococci [18]. Based on their composition and structure, they can be categorized into three groups: composite transposons, Tn3 family transposons and conjugative transposons [10, 18]. Composite transposons contain flanking insertion sequence (IS) elements which confer mobility for this transposon group [20]. The typical structure of composite transposons has two IS elements in a direct or inverted orientation with resistance genes in between. The Tn3 family transposons carry two enzymes: a transposase (TnpA) and a resolvase (TnpR) which promotes the intracellular movement of transposons within or between different replicons on a single genome of a strain [21]. IS256 is located as part of multiple composite transposons such as Tn4001 (*Staphylococcus aureus*), Tn4031 (*Staphylococcus epidermidis*), Tn5281 (*E. faecalis*), Tn5384 (*E. faecalis*). Tn5281 confers resistance to gentamicin, while Tn5384 confers resistance to erythromycin and high levels of gentamicin [22–24]. The last group, conjugative transposons, are the most important group

of transposons in AMR dissemination since they are able to move between various species, particularly between enterococci and streptococci. These transposons harbor all essential genes including recombinase/integrase gene (*int*) and excisionase gene (*xis*) which facilitate their intercellular transfer.

The Canadian Integrated Program for Antimicrobial Resistance Surveillance (CIPARS) monitors AMR in food-animals including poultry (turkeys and broiler chickens) at various points along the poultry production continuum. The vast majority of the antimicrobials used in Canadian poultry target Gram positive bacteria, though CIPARS does not focus on AMR research for Gram positive bacteria in poultry. To complement CIPARS research, this study characterized AMR patterns in fecal enterococci isolates from Alberta broiler chicken farms in 2015-2016. It also identified phenotype-associated resistance genes and associated mobile genetic elements.

2. Materials & Methods

2.1. Description of Sampling Method, Bacterial Isolation and Growth Condition

Pooled fecal samples were collected from a total of 46 flocks according to routine CIPARS methodology [25]. Briefly, the barn was arbitrarily divided into quadrants and 1 pooled fecal sample that consisted of 10 individual droppings was collected from each quadrant. A total of 4 pooled fecal samples were collected per farm. Enterococci isolation from broiler chicken feces was performed by Alberta Agriculture and Forestry in 2015 and 2016. The fecal sample was diluted (1 in 10) into Buffer Peptone Water (BPW) and incubated at 35°C for 24h. The primary enrichment was then plated onto selective agar, ENT (Enterococcosel Agar) and SBA (Slanetz and Bartley Agar) and incubated at 35°C and 42°C, respectively, for 24h. Typical colonies were streaked onto BAP (Blood Agar) for purity and incubated at 35°C for 24h. Isolates resembling enterococci were re-streaked to ENT and SBA and incubated at 35°C and 42°C, respectively, for 24-48hr. Typical colonies were confirmed biochemically with sugars (L-arabinose, D-mannitol, and α -methyl-D-glucoside), 6.5% NaCl and catalase testing. Four isolates per flock were then shipped to the University of Calgary for further characterization.

Tryptic soy agar (TSA) and tryptic soy broth (TSB) were purchased for enterococci cultivation from Criterion (1430 West McCoy Lane, Santa Maria, CA 93455, USA) and Becton Dickinson (2100 Derry Road West Suite 100, Mississauga, ON L5N 0B3). Enterococci were cultured at 37°C under aerobic conditions. Mueller-Hinton (MH) agar was purchased from Becton Dickinson company to be used for antimicrobial susceptibility tests.

2.2. Antimicrobial Susceptibility Assays

Disc diffusion was performed to characterize the AMR profile of isolates according to the Clinical and Laboratory Standards Institute (CLSI) guidelines [26]. Ready-to-use antibiotic discs were purchased from BD and Oxoid companies (1926 Merivale Rd, Nepean, ON K2G 1E8). Zone diameters were recorded and used to interpret resistance phenotypes based on zone diameter breakpoints of each drug in CLSI guidelines [26]. Screening tests for high-level aminoglycoside resistance (gentamicin and streptomycin) were performed using 120-µg gentamicin and 300-µg streptomycin discs which were made by adding antibiotic solution to blank discs at appropriate concentrations [27].

Isolates considered MCR (resistance to ≥ 3 drug classes) were subjected to susceptibility testing for daptomycin using daptomycin 256 - 0.015 μ g/ml M.I.C. Evaluator Strips (MA0125) purchased from the Oxoid company.

2.3. Enterococci Speciation

Enterococci were identified using a PCR assay as described previously [28]. In this method, species-specific genes encoding D-alanyl-D-alanine ligase (ddle. faecalis or ddle. faecium) or alternatively the ligase responsible for intrinsic vancomycin resistance (vanC-1 in E. gallinarum and vanC-2/3 in E. casseliflavus/E. flavescens) [28]. Isolates that were not able to be identified using above method were

subsequently identified using the method described by Zaheer et al. [29]. This method targets *groES-EL* spacer region which is hypervariable among *Enterococcus* species.

2.4. Detection and Identification of Resistance Genes

A PCR assay was used to identify various AMR genes in MCR isolates based on their phenotypes as described previously [30–38]. G-Biosciences Taq DNA Polymerase, purchased through the VWR biobar (HSC building, University of Calgary), was used in all PCR reactions. For each type of AMR gene, we randomly picked one or two PCR products at desired sizes, purified them, and sent them for sequencing (http://www.ucalgary.ca/dnalab/sequencing) to confirm their sequences. Primers are listed in Table 1.

Table 1. List of primers used in this study.

n.	DCD P 1 :	C' (1)	D (
Primers	PCR Product	Size (bp)	Reference
ddl1_F 5'-ATCAAGTACAGTTAGTCTT-3'	ddl _{E.faecalis}	941	[28]
ddl1_R	FOd		
5'-ACGATTCAAAGCTAACTG-3'			
ddl2_F			
5'-GCAAGGCTTCTTAGAGA-3'	ddlE.faecium	550	[28]
ddl2_R		000	[20]
5'-CATCGTGTAAGCTAACTTC-3'			
vanC1_F			
5'- GGTATCAAGGAAACCTC-3'	vanC1E. $gallinarum$	822	[28]
vanC1_R		0 22	[20]
5'- CTTCCGCCATCATAGCT-3'			
vanC2-F			
5'-CTCCTACGATTCTCTTG-3'	vanC2 E.casseliflavus &	439	[28]
vanC2-R	E.flavescens	107	[20]
5'-CGAGCAAGACCTTTAAG-3'			
Ent-ES-211-233-F	<i>groES-EL</i> spacer	variable	[29]
5'- GHACAGAAGTRAAATAYGAAGG-3'	region	(~200bp)	
Ent-EL-74-95-R			
5'- GGNCCTAABGTHACTTTNACTG-3'			
emeA_F	emeA	1137	[30, 31]
5'-AGTATGATGTACTTAGCAATTTC-3'			
emeA_R			
5'-CATCTTATTTCGATTTAAAAATAAC-3'			
efrA_F	efrA	1048	[32, 33]
5'-TTGGCTTTATGACGCCAGTG-3'			
efrA_R			
5'-CGTGCGATAGCTAAACGTTG-3'			
efrB_F	efrB	1513	[32, 33]
5'-CCTTATTTAACTGGATTACCAAC-3'			
efrB_R			
5'-GAATAGTTGATAGGCGGTGG-3'	_		
ermB_F	ermB	713	[34, 35]
5'-ATTCTCAAAACTTTTTAACGAGTG -3'			
ermB_R			
5'- CCTCCCGTTAAATAATAGATAAC-3'		0.5-	
lsa_F	lsa	825	[36]
5'-CGTAAAGCTGCATCAATTTTGC -3'			
lsa_R			

5'-CATTATTCACAGCAAACTACG-3' vatG_F 5'-CATTATTGCACAGCAAACTACG-3' vatG_R 5'-TTCCAGGAAAACCATACACCT-3' vatG_R 5'-TTCCAGGATTACCACCAAC-3' vgaD_F 5'-CAACTGGAGCAGCTGTTA-3' vgaD_R 5'-CAACCGGACTAATCTTTTG-3' vatD_F 5'-CACACCGGATAATCTTTTG-3' vatD_F 5'-CACTCAATAGGACCAGACTGTA-3' vatD_F 5'-CACTCAATAGGACCAGTGTA-3' vatD_R 5'-TCCAGCTAACATGTATGGCG-3' vatE_F 5'-ACTTAACCTGACCCAAATGC-3' vatE_B 5'-CGTTCAAATCTTTGGTCCG-3' S256c_F Primers flanking ef0529 S256c_R 5'-CATCAATACCCCAAACTGTATGAAATAATG-3' S256c_F 5'-CACTCAATACCCCAAACTGTATGACGA' VatE_G 5'-CACTCAATATCCCCAACACTGTATGAAATAATG-3' S256c_F 5'-CACCAACACACACACTGTATGGAACGA' S256c_F 5'-CACCAACACACACACACACCACACCA' S256c_F 5'-CACCAACAACTGTATGCAAACTATCATA-3' S256c_F 5'-CACCAACAAAACGAACCC-3' S256c_F 5'-CACCCAACAAAACGAACCC-3' S256c_F 5'-CACCAACAAAACGAACCC-3' S256c_F 5'-CACCCAACAAAACGAACCC-3' S256c_F 5'-CACCCAACAAAACTTCATTAACA-3' S256c_F 5'-CACCCAACAAAACTATCATTAAAT-3' S256c_F 5'-CACCCAACAAAACCAACCC-3' S256c_F 5'-CACCCAACAAAACCAACCC-3' S256c_F 5'-CACCCAACAAAACCAACCC-3' S256c_F 5'-CACCCAACAAAACCAACCC-3' S256c_F 5'-CACCCAACAAAACCAACCC-3' S256c_F 5'-CACCCAACAAAACCAACCC-3' S256c_F 5'-CACCCAACAAAACCCAATCATTAAAT-3' S256c_F 5'-CACCCAACAAAACCCAATCATTAAAT-3' S256c_F 5'-CACCCAACAAAACCAACCCTTTCATTGC-3' S256c_F 5'-CACCCAACAAAACCAACCCTTTCATTGC-3' S256c_F 5'-CACTATAACCCAACAACCCAATCCATTCATTAAAT-3' S256c_F 5'-CACCCAACAAAACCCAACCCTTTCATTGC-3' S256c_F 5'-CACCCAACAAACCCAACCCTTTCATTGC-3' S256c_F 5'-CACCCAACAAACCCAACTCTTTCATTGC-3' S256c_F 5'-CACCCAACAAACCCAACTCTTTCATTGC-3' S256c_F 5'-CACCCAACAAACCCAACTCTTTCATTGC-3' S256c_F 5'-CACCCAACAACCCAACCCCCAACCAACCCAACCCAAC	5'- AATGGCTCCTGTATCAAAAATC -3' mefA_F	mefA	911	[34, 35]
5'-CATTATTGCACAGCAAACTACG-3' vatG_F vatG_F vatG_G S'-CTGGGAAAAGCATACACCT-3' vatG_R 5'-TTGCAGGATAACACCAAC-3' vgaD_F vgaD_F vgaD_B 5'-CAACTGGAGCGAGCTGTTA-3' vgaD_R 5'-GAACAGCCGGATAATCTTTG-3' vatD_F vatD_F vatD_S	5'- GGCAAGCAGTATCATTAATCAC -3'			
vatG_F 5'-GTGGGAAAAGCATACACCT-3' vatG_R 5'-TTGCAGGATTACCACCAAC-3' vgaD_F 5'-CACACTGGAGCGAGCTGTTA-3' vgaD_F 5'-GACAGCGGGAGCAGCTGTTA-3' vgaD_R 5'-GACAGCCGGATAATCTTTTG-3' vatD_F 5'-GACAGCCGGATAATCTTTTG-3' vatD_F 5'-GCTCAATAGGACCAGGTGTA-3' vatD_R 5'-TCCCAGCTAACATGTATGGCG-3' vatE_F 5'-ACTATACCTGACGCAAATGC-3' vatE_R 5'-CGTTCAAAATGTATGGCG-3' vatE_R 5'-CATTGGTAAATTGGAATGAAATGA' vatD_G 5'-CATTGGTAAATTTGCCG-3' IS256c_R 5'-CATTCAACATGTATGGTA-3' IS256c_R 5'-CTCTAATACCCTAACAATGTATGA' IS256c_R 5'-CGTCAATAGCAAAAATAATGA' IS256c_R 5'-CGCTATTTTTTAGCAAACTATGAAAATAATG-3' IS256c_F 5'-GGCCAATTTTTTAGCAAACTATGAAAATAATG-3' IS256c_F 5'-GGCTATTTTTTAGCAAACTATGAAAATAATG-3' IS256c_F 5'-GGCTATTTTTTAGCAAACTATGAAAATAATG-3' IS256c_F 5'-GGCTATTTTTTAGCAAACTATGAAAATAATG-3' IS256c_F 5'-GGCTATTTTTTAGCAAACTATGAAAATAATG-3' IS256c_F 5'-GGCTATTTTTTAGCAAACTATGAACG-3' IS256c_F 5'-GGCCAACAAAAACGAAGCC-3' IS256c_F 5'-GGCCCAACAAAAACGAAGCC-3' IS256c_F 5'-GGCCCAACAAAAACTAACTCG-3' IS256c_F 5'-GGCCCAACAAAAACTAACTCG-3' IS256c_F 5'-GGCCCAACAAAAACTAACTCG-3' IS256c_F 5'-GGCCCAACAAAAACTAACTCG-3' IS256c_F 5'-GGCCCAACAAAACTAACTCG-3' IS256c_F 5'-GGCCCAACAAAACTAACTCG-3' IS256c_F 5'-CGGTTATAGTAAGAAATTATCCC-3' IS256c_F 5'-CGGTTATAGTAACCACACAATTCATTAAAT-3' \$\begin{array}{cccccccccccccccccccccccccccccccccccc	_			
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2.5. Insertion Sequence Detection

PCR was used to determine the presence of insertion sequence IS256 as previously described [39]. Additionally, a new primer set (IS256t_F & IS256t_R) was designed to target the internal region of IS256. PCR assay was carried out with the following thermal cycling profile: initial denaturation at 95°C for 5 min, 30 cycles of amplification (denaturation at 94°C for 1 min, annealing at 55°C for 1 min, and extension at 72°C for 1.30 min), and a final extension at 72°C for 5 min in a Bio-Rad T100TM Thermal Cycler (Mississauga, Ontario L5T 1C9).

2.6. Statistical Analysis of Data

Associations between antibiotics, antibiotic classes, year and species of *Enterococcus* were examined using two sample tests of proportions, taking into account clustering of isolates within flocks when appropriate. *Rho* was calculated based on the Intraclass Correlation Coefficient (ICC) computed following a mixed effects unconditional logistic regression of the drug of interest taking clustering within flock into account. Logistic regression using robust variance estimation allowing for clustering of isolates within flocks was used to examine the association of variables such as species and year with the outcomes of interest. Robust variance estimation relaxes the standard errors allowing for independence within flocks. A *P* value of 0.05 was considered statistically significant in all statistical analyses. All analyses were completed in Stata 15 (StataCorp. 2017. *Stata Statistical Software: Release 15.* College Station, TX: StataCorp LLC).

3. Results

3.1. Surveillance of AMR in Enterococci Isolates from Broiler Chicken Farms in 2015-2016 (Fig. 1)

Enterococci were present in all fecal samples, with a recovery rate of 100%. There were 34/88 (39) and 50/96 (52%) isolates susceptible to all drugs tested or resistant to up to two drug classes in 2015 and 2016 respectively. In contrast, in 2015 and 2016 there were 54/88 (61%) and 46/96 (48%) isolates MCR (resistant \geq three drug classes) respectively.

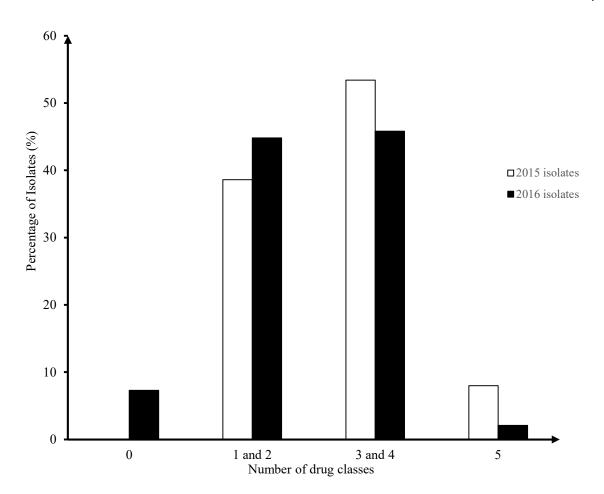


Figure 1. Comparison of AMR patterns between enterococci in year 2015 and 2016.

Resistance to 0-2 classes of antibiotics was compared with resistance to three or more classes of antibiotics using logistic regression while controlling for year. There was no significant difference in the number of isolates resistant to three or more classes from 2015 to 2016 (OR = 0.58, P = 0.160, 95% CI 0.27-1.24). All 2015 isolates were resistant to at least one drug class. The proportion of isolates resistant to five drug classes in 2015 (7/88, 8%) compared with 2016 (2/96, 2.1%) was not statistically significantly different (OR = 0.25, P = 0.08, 95%, CI = 0.05 – 1.20).

3.2. Speciation of Enterococcus Isolates from Bbroiler Chicken Farms (Table 2)

The two predominant enterococci species that inhabit the chicken GI tract are *Enterococcus faecalis* (n = 109) and *Enterococcus faecium* (n = 72). The percentage of these enterococci species was similar in 2015 (E. faecalis = 52 (48%)), E. faecium = 35 (49%)) and 2016 (E. faecalis = 57 (52%)), E. faecium = 37 (51%) among our isolates. The percentage of E. faecalis isolates was found to be 20% higher than that of E. faecium isolates in both years' isolate collections. Other enterococci species identified included E. faecalis in 2015) and E. faecalis in 2016).

Table 2. Species of enterococci isolated from poultry farms in 2015-2016.

		20)15			20	16	
Enterococcus species	Name	Percentag	Number e of MCR isolates	D (Number of isolates	Percentage	Number of MCR isolates	Percentage
Enterococcus faecalis	52	59%	37	43%	57	59%	29	30%

Enterococcus faecium	35	40%	17	20%	37	39%	16	17%
Enterococcus durans	1	1%	-	-	-	-	-	-
Enterococcus hirae	-	-	-	-	2	2%	1	1%
Total	88	100%	54	63%	96	100%	46	48%

In both years, the percentage of MCR E. faecalis isolates was about as twice as that of MCR E. faecium isolates. E. faecalis decreased from 37/52 (42.5%) in 2015 to 29/57 (31%) in 2016. Meanwhile, a slight decrease in MCR isolates of E. faecium species (3%) was observed. There was no significant change in the odds of an isolate being MCR between E. faecium and E. faecalis when also controlling for year (OR = 0.54, P = 0.112, 95% CI = 0.25-1.15). The only E. durans isolate was identified in 2015 and was not MCR. Among two E. hirae isolated in 2016, one showed resistance to 3 drug classes (aminoglycoside, macrolide and nitrofurantoin).

3.3. Characterization of Overall AMR Profile – Frequency Distribution per Antimicrobial Agents in Year 2015-2016 Categorized by Drug Classes (Fig. 2)

Among tested drug classes, 157/184 (85%), 128/184 (70 %) and 90/184 (49%) of isolates in both years were resistant to streptogramin, macrolide and tetracycline respectively. Resistance to streptogramins was evenly distributed across both years (\sim 85%). Resistance to macrolides declined from 65/88 (74 %) in 2015 to 63/96 (66 %) in 2016, and resistance to tetracyclines declined from 49/88 (56%) in 2015 to 41/96 (43%) in 2016. The reduction in resistance to each of these drugs over the two year period was not significant.

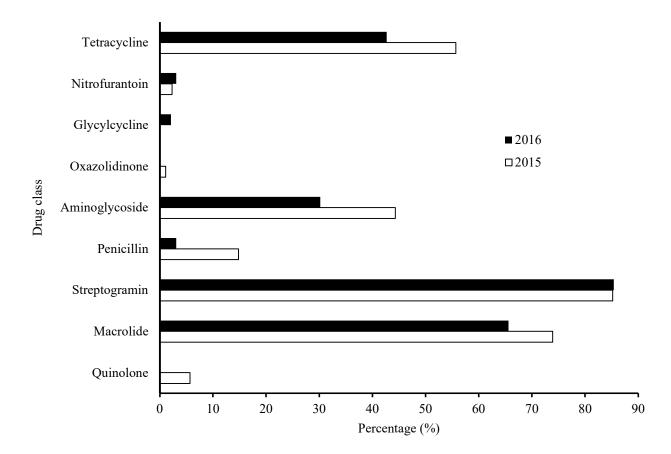


Figure 2. The distribution of enterococcus isolates' AMR phenotype by drug classes in year 2015-2016.

Thirty-seven percent of isolates (n = 68) were resistant to aminoglycosides. There was a declining trend of resistance to aminoglycosides (approximately 14% decrease) between 2015 (n = 39/88, 44%) and 2016 (n = 29/96, 30%). Aminoglycosides were the only drug class that had two antibiotics used in the susceptibility test: gentamicin and streptomycin. A significantly larger proportion of samples were resistant to streptomycin than gentamicin in 2015 and 2016 (Two sample test of proportions, Z = 4.3728, P value = <0.0001 in both years). Most isolates were resistant to either streptomycin or gentamicin; only two isolates in 2015 and one in 2016 showed resistance to both of them.

Only 13/88 (15%) and 3/96 (3%) of isolates were resistant to penicillin (drug: ampicillin) in 2015 and 2016 respectively. The decrease in resistance between the two years was statistically significant (Fisher's exact P value = 0.007).

Very few enterococci (<10%) showed resistance to nitrofurantoin, glycylcycline, oxazolidinone and quinolone. One isolate in 2015 was resistant to oxazolidinone and five to quinolones, but none were found in 2016. Conversely, only 2 isolates in 2016 were resistant to glycylcycline, while there was none in 2015. In both years, no isolates were resistant to glycopeptide and cyclic lipopeptide. Due to high costs, only MCR isolates were tested for resistance to cyclic lipopeptides.

3.4. Characterization of AMR Profile – Frequency Distribution per Antimicrobial Agents in MCR Community in Year 2015-2016 Categorized by Drug Classes (Fig. 3)

Only MCR isolates (resistant to \geq 3 drug classes) were selected for further investigation of their AMR profile. Around 93% of MCR isolates were resistant to either streptogramins or macrolides. The percentage of MCR isolates exhibiting resistance to aminoglycosides increased slightly from 57% in 2015 to 59% in 2016. Very few MCR isolates were resistant to nitrofurantoin (n = 4), glycylcycline (n = 1), oxazolidinone (n = 1) and quinolone (n = 5).

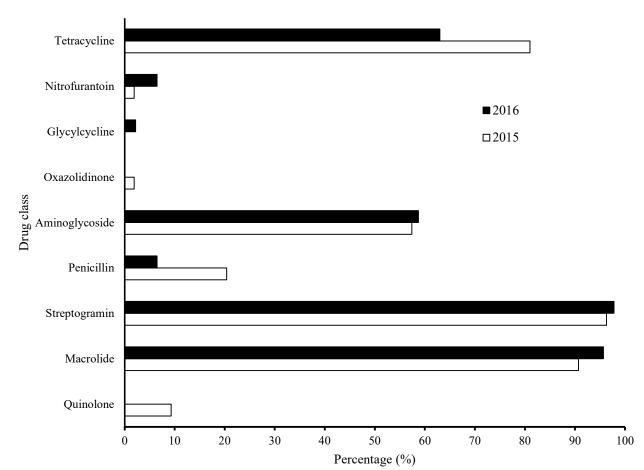


Figure 3. The distribution of enterococcus MCR isolates' AMR phenotype by drug classes in year 2015-2016.

Only 14 isolates were MCR when considering penicillin drug class (11 in 2015, 3 in 2016). The decrease from 2015 to 2016 was not significant.

The percentage of MCR isolates exhibiting resistance to tetracycline decreased from 81.5% in 2015 to 63% in 2016. The odds of an isolate being resistant to tetracycline was 10.3 times higher when the isolate was MCR, while also controlling for year (OR = 10.3, P = <0.0001, 95% CI = 4.4-24.1).

3.5. Characterization of AMR Patterns of Isolates Resistant to a Combination of Three or More Antimicrobials

Resistance to a combination of doxycycline, erythromycin and quinupristin was the most common AMR pattern in both years (n = 14 in 2015, n = 18 in 2016) (Table 3). *E. faecalis* isolates were predominant in this pattern; there was no *E. faecium* in 2016 displaying this pattern. The second most common resistance pattern was the above pattern with the addition of streptomycin (Table 3). Twelve isolates exhibited this resistance pattern in 2015 and six in 2016. Similarly, *E. faecalis* isolates were also predominant in this pattern, and none of *E. faecium* in 2016 displayed this pattern. Resistance to a combination of streptomycin, erythromycin and quinupristin was also a common resistance pattern with four isolates resistant in 2015 and 11 in 2016. Only *E. faecium* isolates were found to have this resistance pattern. There were no significant changes in resistance between 2015 and 2016 in any of these resistance patterns.

Table 3. AMR patterns of isolates resistant to a combination of three or more antimicrobials.

D-11	2015		2016		Total
Pattern	E. faecalis	E. faecium	E. faecalis	E. faecium	
AMP-DOX-ERY	0	1	0	0	1
AMP-DOX-ERY-GEN-QD	1	0	0	0	1
AMP-DOX-ERY-STR-QD	1	1	0	1	3
AMP-DOX-LVX-NIT-QD	1	0	0	0	1
AMP-DOX- LVX-QD	1	0	0	0	1
AMP-ERY-QD	3	2	0	0	5
AMP-ERY- STR-QD	0	0	0	2	2
DOX-ERY-GEN-QD	3	0	1	0	4
DOX-ERY-GEN-STR-QD	2	0	1	0	3
DOX-ERY-LVX-STR-QD	2	0	0	0	2
DOX-ERY-LZD-STR-QD	1	0	0	0	1
DOX-ERY-QD	9	5	18	0	32
DOX-ERY-STR	0	1	0	0	1
DOX-ERY-STR-QD	11	1	6	0	18
DOX-GEN-QD	2	0	1	0	3
DOX-STR-QD	0	1	1	0	2
ERY-LVX-QD	0	1	0	0	1
ERY-NIT-QD	0	0	0	1	1
ERY-STR-QD	0	4	0	11	15
ERY-NIT-QD-STR-TGC	0	0	0	1	1
GEN-ERY-QD	0	0	1	0	1
Total	37	17	29	16	99

Antimicrobial abbreviation: GEN = gentamicin, STR = Streptomycin, AMP = Ampicillin, ERY = erythromycin, LZD = Linezolid, VAN = Vancomycin, QD = Quinupristin, TGC = Tigecycline, DAP = Daptomycin, LVX = Levofloxacin, NIT = Nitrofurantoins, DOX = Doxycycline.

Interestingly, the other enterococci species in our study displayed different AMR patterns. The *E. durans* isolate found in 2015 was resistant to both streptomycin and nitrofuratoins, and intermediate to both doxycycline and quinupristin. One out of two *E. hirae* in 2016 displayed a combined resistance to streptomycin, erythromycin and nitrofurantoins. The other *E. hirae* isolate was susceptible to all tested antimicrobials.

3.6. Characterization of AMR Patterns of Isolates with Intermediate Resistance in Combinations of Three or More Antimicrobials (Table 4)

When considering intermediate resistance phenotypes, resistance to levofloxacin and vancomycin appeared quite often in a variety of patterns which included intermediate resistance. Levofloxacin (drug class: quinolones) resistance appeared in eight out of 11 different patterns; vancomycin (drug class: glycopeptides) resistance appeared in five out of 11 different patterns. But these patterns occurred only among 2015 isolates.

Table 4. The number of isolates (intermediate) resistant to a combination of 3 or more antimicrobials.

Pattern	2015		2016	2016		
	E. fae	calis E. fae	cium E. faecalis	E. faec	—— Total ium	
dox-ery-lzd	1	0	0	0	1	
lox-ery-van	1	0	0	0	1	
lox-lvx_qd	0	1	0	0	1	
lox-lvx-qd-str	0	1	0	0	1	
ox-lvx-str	0	2	0	0	2	
ry-lvx-lzd-tgc	1	0	0	0	1	
ry-str-van	2	0	0	0	2	
x-lzd-str-tgc-van	1	0	0	0	1	
vx-lzd-van	1	0	0	0	1	
vx-nit-van	1	0	0	0	1	
x-str-van	1	0	0	0	1	
otal	9	4	0	0	13	

Pattern	2015	2016	Total
	2013	2010	Total
DOX-ERY-lvx-QD	3	0	3
DOX-ERY-lvx-QD-STR	3	0	3
DOX-ery-QD	0	6	0
ERY-QD-str	0	5	5
dox-ERY-QD	0	6	6
dox-ERY-lvx-QD-str	3	0	3

Antimicrobials in uppercase represent resistant phenotypes. Antimicrobials in lowercase represent intermediate phenotypes. Antimicrobial abbreviation: GEN = gentamicin, STR = Streptomycin, AMP = Ampicillin, ERY = erythromycin, LZD = Linezolid, VAN = Vancomycin, QD = Quinupristin, TGC = Tigecycline, DAP = Daptomycin, LVX = Levofloxacin, NIT = Nitrofurantoins, DOX = Doxycycline.

3.7. The Association of Phenotype and Genotype in MCR Isolates 2015-2016

There were five MCR strains in 2015 that showed resistance to levofloxacin (class: quinolone). The *emeA* gene was detected in all five of these strains, while *efrA* and *efrB* genes were present in four of five. We also tested 20 out of 21 MCR strains in 2015 that showed intermediate resistance to levofloxacin. They all carried efflux pump genes; *emeA*, *efrA* and *efrB*. Two strains in 2016 displayed intermediate resistance to levofloxacin, and they both harbored *emeA*, *efrA* and *efrB* genes.

Two genes, *ermB* and *mefA*, were screened in MCR strains that showed resistance to erythromycin (class: macrolide). The *ermB* gene were present in all 49 MCR strains from 2015 and 44 MCR strains from 2016 batch (100%). The *mefA* gene was not detected in these isolates.

Two genes *lsa* and *mefA* were screened in MCR strains that showed resistance to quinupristin (QD). The results showed that 96% (50/52) of the MCR strains in 2015 and 84% (38/45) MCR strains in the 2016 batch harbored *lsa* gene. Among 50 *lsa*-detected strains in 2015, 37 and 13 strains were *E. faecalis* and *E. faecium*, respectively. The other two strains that did not carry *lsa* gene were speciated as *E. faecium*. Twenty-nine *E. faecalis* and 16 *E. faecium* in 2016 carried the *lsa* gene. The remaining 7 strains from 2016 that did not carry *lsa* gene were all *E. faecium*. Four PCR products of *lsa* gene amplification from both *E. faecalis* and *E. faecium* were purified and sent for sequencing. Multiple sequence alignment revealed that they were all distinct in sequence and the single nucleotide polymorphisms (SNPs) varied between isolates (Figure 4). Although the SNPs were all different, the sites of the SNPs were all the same. Also, the *lsa*-like gene amplified from *E. faecium* (53.4) shared 99% nucleotide sequence identity with the *E. faecalis lsa* gene from Genbank database (Access No. AY587982.1). None of these strains had the *mefA* gene detected. None of MCR *E. faecium* isolates that were resistant to QD had any *vat/vga* genes detected.

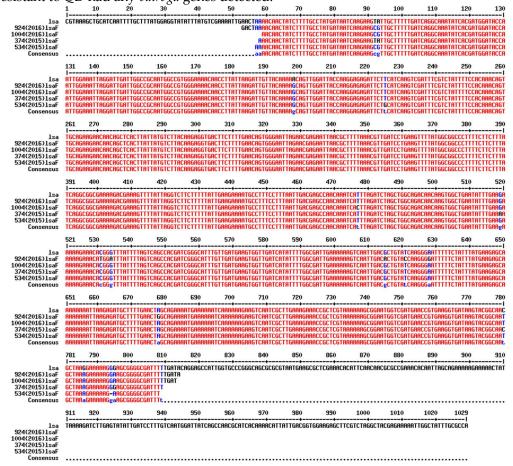


Figure 4. Multiple sequence alignment of *lsa* gene amplification from four isolates against *lsa* gene from Genbank database (Access No. AY587982.1) using online tool (http://multalin.toulouse.inra.fr/multalin/). Two of them (92.4 and 100.4) were *E. faecalis* isolates from 2016 batch, and the other two (37.4 and 53.4) were *E. faealis* and *E. faecium*, respectively, from 2015 batch.

3.8. Insertion Sequence

IS256 were PCR-amplified in MCR strains from 2015 and 2016. No PCR products were obtained using flanking primers that were designed and used in a previous study [39]. However, we were able to amplify IS256 products when using new primer set which targeted the internal region of IS256.

The sequence of PCR product was confirmed by Sanger sequencing. Our sequencing results matched with IS256 sequence (EF_0125) on Tn4001 in *E. faecalis* (strain ATCC 700802 / V583). IS256 was present in 82.2% of MCR strains in 2015 and 100% of MCR strains in 2016.

4. Discussion

Resistance to individual antimicrobial agents identified in this study were lower than that reported in The Netherlands in 2002 for gentamicin (7% versus 44%), quinupristin (92% versus 88%), vancomycin (0% versus 80%) and erythromycin (70% versus 80%) [40]. Enterococci isolated from poultry litter samples collected from poultry houses in the eastern United States in 2004 reported resistance to erythromycin of 69% in *E. faecalis*, comparable to 62% in *E. faecalis* in the current study. In this study however, the prevalence of erythromycin resistance in *E. faecalis* and *E. faecium* was higher at 82% compared with 34% in the US study. Resistance to ampicillin in both *E. faecalis* and *E. faecium* was low in both studies. High levels of resistance to quinupristin were recorded in both studies [41]. However, there are variations in methodology for isolation and antibiotic susceptibility testing of enterococci to consider.

There were no statistically significant differences in the number of MCR strains and general overall AMR profiles between 2015 and 2016. A slight decrease in monensin use as feed additives was also observed over two years (data not shown). With such a small sample size, it is not feasible to draw any conclusions from statistical analysis of these isolates. The association between ionophores used in agricultural and antibiotic resistance in human health is not yet clear [42, 43]. Therefore, precautions in using these compounds as feed additives still need to be taken seriously. Future ongoing surveillance will help unravel their effects on antibiotic resistance issues and ultimately on animal/human health.

AMR profiles showed that the top three prevalent distribution frequencies were individually considering resistances towards streptogramin, macrolide and tetracycline. Our results showed some similarities with a previous study where they looked at enterococci from broiler chickens in the Fraser Valley of British Columbia, Canada [44]. However, upon a closer comparison, there were some discrepancies between their study and ours. The percentage of resistant isolates towards streptogramin, macrolide and tetracycline were 85%, ~70%, and ~50%, respectively. Meanwhile, in their study, they were ~75%, ~65%, and 90%, respectively. The percentage of poultry isolates resistant to tetracycline was higher among enterococcus collected in the study conducted in BC (90%) versus those collected in our study conducted in AB (50%).

Enterococcus species in poultry were mainly comprised of two species E. faecalis and E. faecium [45]. These two species are the most prevalent enterococci species in human infection. They are pathogenic due to their AMR, extracellular proteins (toxins), extra chromosome, mobile genetic elements, cell wall components, biofilm formation, adherence factors, and colonization factor [9]. Among the isolates collected in both years of our study the proportion of these two species (3/2) remained unchanged, with a higher proportion of E. faecalis than E. faecium. These results are in agreement with a study of enterococci species on a poultry farm in North Georgia [45]. Additionally, they found that antimicrobial usage on this farm had no effect on enterococci species. In contrast, E. faecium isolates were more common than E. faecalis isolates in other studies [40, 44].

Two efflux pumps, EmeA, a NorA homolog of *Staphylococcus aureus*, and EfrAB, a heterodimeric ABC transporter, were present in most MCR isolates that showed (intermediate) resistance to quinolones (26/28). Quinolone resistance in enterococci can be due to either mutation in genes encoding gyrase and topoisomerase IV, or efflux pump systems that actively pump antimicrobials out of cell [10]. Efflux pump systems are the main mechanism of resistance to different types of antimicrobial agents in many bacteria. The gene *emeA* has been shown to be responsible for a decreasing susceptibility to several structurally unrelated compounds, including quinolones, in an *emeA* mutant *E. faecalis* strain [30, 31]. In another study, the *emeA* gene was detected in 26.3% of *E. faecalis* and 72.6% of *E. faecium* isolates [35]. The second efflux pump associated with quinolone resistance in enterococci is EfrAB, an ABC-type multidrug efflux pump. This efflux pump was characterized in drug-hypersensitive *E. coli*, and showed the ability to excrete many compounds, such

as norfloxacin, ciprofloxacin, doxycycline, acriflavine, ,4',6-diamidino-2-phenylindole, tetraphenylphosphonium chloride, daunorubicin, and doxorubicin [32]. In this study, all but one MCR quinolone-resistant strains carried genes for both efflux pumps. More interestingly, MCR strains that displayed intermediate resistance to quinolone also carried these efflux pump genes. This suggests that these efflux pumps may not be the main determinant of quinolone resistance in our isolates, assuming that these pumps were functional.

Macrolide resistance mechanisms in enterococci include both enzyme activity (*ermB* gene) and efflux pumps (*mefA* gene). The *erm* gene encodes for a 23S rRNA methylase which modifies ribosome structure, rendering the strain resistant to macrolides [46]. The *mefA* gene product, an efflux pump, is known to pump macrolide out of the cell, but this mechanism confers resistance less efficiently than the mechanism of target modification (*ermB* gene) [10]. None of the tested strains in our study had the *mefA* gene detected, while all of them harbored *ermB* gene. Hence the main macrolide resistance mechanism in this study was very likely due to the ribosome target modification activity of the *ermB* gene product. The methylation of a specific adenine in the 23S rRNA of the 50S ribosomal subunit results in decreasing binding affinity of the macrolide for the ribosome [34]. A correlation between the presence of *ermB* gene and macrolide resistance strains was also reported in previous studies [34, 46]. The *ermB* gene was present in 39 of 40 highly erythromycin-resistant enterococcus isolates (MIC >128 g/ml) of different species including *E. faecium*, *E. faecalis*, *E. durans*, *E. avium*, *E. hirae* and *E. gallinarum* [34].

Only *E. faecalis* exhibits intrinsic resistance to QD while *E. faecium* is normally QD-susceptible [36]. The *lsa* gene encoding a putative ABC transporter is located only in the *E. faecalis* genome, not in the genomes of other enterococci [36]. Further investigations continued to support its role in QD-resistance in enterococci [36]. However, full knowledge of its action mechanism remains undiscovered. In our study, a high portion of MCR strains with resistance to QD carried the *lsa* gene (96% in 2015 and 84% in 2016). The number of MCR *E. faecalis* with resistance to QD always exceeded that of MCR *E. faecium*. Surprisingly, we identified the *lsa* gene in a majority of the MCR *E. faecium* resistant to QD among our isolates. This is interesting because, to our knowledge, there has not been any report of an *E. faecalis lsa* homolog found in *E. faecium*. Recently the *lsa*(E) gene located on a novel plasmid-borne multidrug resistance gene cluster was reported in *E. faecium* [47]. However, this gene does not have much sequence identity in common with the *lsa* (also known as *lsa*(A)) gene intrinsically present in *E. faecalis* [48].

Acquired resistance mechanisms in QD-resistant *E. faecium* were known to be involved with *vat/vga* genes. The *vat* genes encoding streptogramin acetyltransferase enzymes, such as *vatD* (*satA*) and *vatE* (*satG*), were proven to be necessary for expression of QD resistance in *E. faecium* [49]. Other newly identified genes, *vgaD* and *vatG*, also conferred resistance to QD in *E. faecium* [37]. The *vga* genes, including *vgaA*, *vgaB*, and *vgaC*, encoding ATP-binding ABC transporter, were well-characterized in QD-resistant staphylococci [50–53]. The *vgaD* gene, however, was first identified as an ABC transporter in QD-resistant *E. faecium* [37]. However, none of those genes were detected in our MCR *E. faecium* with resistance to QD.

Dissemination of AMR genes in enterococci occurs due to the involvement of mobile genetic elements such as transposons, plasmids, and IS elements. IS256 is one of the three most common IS elements in enterococci [54]. The presence of this IS element was shown to be associated with various AMR genes conferring resistance to erythromycin, gentamicin and vancomycin [55, 56]. In a previous study, they designed primers complementary to unique DNA sequences flanking IS256 copies (six on the chromosome and four on plasmids) [39]. None of PCR products for IS256 were detected using primers published in this previous study. Nevertheless, IS256 was detected in both *E. faecalis* and *E. faecium* isolates using our newly designed primers complementary to a highly conserved internal region of IS256. This suggests that the locations of IS256 in our isolate genomes were different from those in the fully sequenced genome of *E. faecalis* V583. Future whole genome sequencing work will help us know how many copies there are in our isolate's genomes and pinpoint their locations. The prevalence of the IS256 in our MCR isolates (82% of MCR isolates in 2015 and 100% of MCR isolates

in 2016) might explain the high distribution frequencies of macrolide and aminoglycoside resistance among our MCR isolates.

5. Conclusions

Characterization of various AMR profiles and patterns in enterococci from broiler chickens in Alberta in 2015-2016 provided insights into the diversity and prevalence of AMR across different enterococci species in broiler chickens in Alberta. The study further emphasized the role of broiler chickens as reservoir of resistant Gram positive bacteria and their genetic elements. The *lsa* gene, which is normally located only in the *E. faecalis* genome, was also found in QD-resistant *E. faecium* isolates. IS256 was detected in both *E. faecalis* and *E. faecium* isolates, but its location got shifted compared to those reported in a previous study. Future studies are required to elucidate molecular mechanisms of quinolone resistance in our MCR isolates, the location of IS256 as well as the function of the *lsa* gene in QD-resistant *E. faecium* isolates of this study. This study could serve as a baseline for future surveillance of AMR in enterococci and to complement current AMR surveillance.

Authors' contributions: SC, KL, SG, CM conceptualized the research idea and obtained research funding. AAF (PI:SC). SG and AA developed the CIPARS AMU-AMR farm surveillance framework, farm surveillance tools (questionnaire) and protocols, and validated the recovery and AMR datasets. Bacterial isolation and initial antimicrobial susceptibility testing were performed by RC. TT and KL were responsible for experimental design. TT, HG and JW conducted research and laboratory analysis. NC conducted statistical analysis. TT and NC designed and drafted the manuscript. All authors contributed to manuscript development. The authors read and approved the final manuscript.

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Competing interests: The authors declare that they have no competing interests.

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