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Review

Extractive Economies, Invisible Burdens: Reframing Environmental Degradation in the Niger Delta as a Public Health Emergency

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Abstract

Rationale: The Niger Delta, one of the world's most resource-rich regions, has long borne the negative impacts of oil extraction, resulting in persistent pollution, ecosystem collapse, and infrastructural neglect. These issues, while well-documented, are rarely framed as a public health emergency requiring systemic intervention. The region's environmental degradation is not merely an ecological concern but a slow-moving public health crisis, driven by governance failures, regulatory fragmentation, and economic inequalities embedded in the extractive system. **Objective:** This study aims to reframe environmental degradation in the Niger Delta as a public health emergency and propose the Integrated Environmental-Health Accountability Framework (IEHAF) to address the multi-dimensional health impacts of pollution. The objective is to offer a new approach that links ecological damage to morbidity, mortality, and socioeconomic hardship, while emphasizing interdisciplinary research and policy reform. **Method(s):** Drawing from environmental epidemiology, hydrochemistry, biodiversity loss, and health systems research, this paper synthesizes existing knowledge to develop the IEHAF framework. It focuses on three domains: (1) environmental toxicity and ecological collapse, (2) human exposure, vulnerability, and adaptation, and (3) institutional accountability and policy inertia. These domains guide an analysis of how pollution exposure leads to health inequities and long-term socioeconomic consequences. **Results:** The IEHAF framework emphasizes that pollution is not only an environmental issue but a central determinant of health inequity. By linking environmental, health, and economic systems, the framework provides a holistic view of the long-term effects of extractive practices. It reveals how institutional inertia and policy fragmentation have worsened the crisis, deepening intergenerational poverty. **Conclusions:** Reframing environmental degradation as a public health emergency is vital for shifting policy responses from reactive to proactive. IEHAF offers a structured approach to integrate environmental governance, health surveillance, and social protection, essential for sustainable development in the region. **Recommendations:** Policymakers must adopt IEHAF in regulatory frameworks, integrate health outcomes into extractive licensing, and ensure systematic health screenings for affected communities. Researchers should prioritize long-term evaluations of IEHAF, while civil society should advocate for community-led environmental monitoring and corporate accountability. **Significant Health Statement:** Chronic exposure to pollutants in the Niger Delta leads to long-term health burdens, including gastrointestinal disorders, respiratory diseases, and neurological damage. The IEHAF framework emphasizes the need for early intervention, health surveillance, and

integrated policies to protect vulnerable populations, making the recognition of pollution as a central health determinant both a policy necessity and a moral imperative.

Keywords: environmental health; public health emergency; pollution exposure; integrated environmental-health accountability framework (IEHAF); governance; socioeconomic inequity; multi-pollutant exposure; health surveillance; extractive industries; Niger Delta

1. Introduction

The Niger Delta, one of the world's most resource-rich regions, has been the epicenter of oil and gas extraction for over five decades. While the region contributes significantly to Nigeria's national revenue, it simultaneously bears the heavy burden of environmental degradation [1-8], with oil spills, gas flaring, groundwater contamination, and soil toxicity becoming normalized aspects of daily life [9-15]. These environmental impacts have resulted in widespread ecological destruction, disrupting local livelihoods, agricultural systems, and the health of millions of people [16-26]. Despite the mounting evidence of environmental harm, the profound implications for public health remain significantly underappreciated, both within national policy frameworks and the global health discourse [16-26]. Numerous studies have documented the link between extractive industries and environmental pollution, yet there remains a stark absence of robust, integrated models that address the full scale of public health implications [27-35]. The Niger Delta's ongoing health crisis, driven by these environmental pollutants, is not merely a regional issue but a global concern with broader implications for public health, policy, and development [36, 37]. Existing environmental and health frameworks often treat pollution as a distinct environmental or regulatory issue rather than a systemic public health crisis [38-46]. This separation of environmental damage from its health consequences has limited the ability to address the compounded and often invisible burden faced by communities in the Niger Delta. Pollution's effects are rarely considered through the lens of chronic, multi-pollutant exposure that impacts public health over time. Exposure pathways, such as contaminated drinking water, toxic food chains, and air pollution from gas flaring, lead to complex health conditions, including gastrointestinal diseases, respiratory issues, and neurological impairments [28, 47-73]. However, the true burden extends beyond direct morbidity to include disruption of local livelihoods, food insecurity, displacement, and heightened psychological stress. These interconnected issues not only exacerbate public health risks but also entrench socio-economic inequalities and perpetuate cycles of poverty [74-78]. This gap in understanding the cumulative effects of environmental degradation on health has perpetuated a fragmented approach to policy responses, which typically focus on isolated instances of ecological damage without addressing the systemic, long-term consequences for human health. What remains largely unknown is how environmental degradation in the Niger Delta, specifically related to extractive practices, translates into complex health outcomes over time, particularly in resource-dependent communities. While the environmental effects of oil extraction have been extensively documented, the linkage between these ecological changes and direct health burdens remains poorly understood. This gap is compounded by the lack of integrated policy frameworks that connect environmental health with broader social determinants such as poverty, access to healthcare, and social protection. Many existing studies focus on isolated environmental or health impacts, but few have proposed an integrative model that captures the multi-dimensional nature of these challenges. By addressing these research gaps, we can better understand the full scope of the public health crisis and ensure that future policy responses are more holistic and targeted at preventing further harm. This perspective paper is both timely and necessary as it aims to provide an integrated framework that links extractive practices directly to public health outcomes through identifiable causal pathways. In response to this significant gap in research, we introduce the Integrated Environmental-Health Accountability Framework (IEHAF), a novel synthesis of environmental science, public health, and governance perspectives. IEHAF aims to reconceptualize environmental degradation in the Niger Delta as a public health emergency that

demands urgent policy attention and systemic reform. The primary objective of this study is to demonstrate how extractive economies in the Niger Delta have generated an invisible health burden, highlighting the need for comprehensive health surveillance, preventive measures, and governance reforms. By framing the environmental crisis as a public health issue, this perspective seeks to guide policymakers, researchers, and practitioners toward an integrated, sustainable approach to health and environmental governance in the Niger Delta and similar regions worldwide.

2. The Core Argument: The Integrated Environmental-Health Accountability Framework (IEHAF)

2.1. Genesis and Positioning of IEHAF

The health crisis unfolding in the Niger Delta is not a result of isolated oil spills or episodic contamination events; rather, it is a predictable outcome of a deeply embedded extractive system. This system is characterized by chronic hydrocarbon releases, groundwater contamination, regulatory fragmentation, and entrenched socioeconomic vulnerability that has systematically undermined both environmental and public health standards over decades [79-100]. While the region's environmental degradation has been extensively documented, its full impact on human health has not been adequately integrated into mainstream health policy. Central to this failure is the role of water systems, both surface and groundwater; as the most persistent and consequential exposure pathway for local populations [101-104]. Pollutants from oil extraction seep into these water sources, becoming vehicles for the transmission of toxic chemicals, which significantly elevate risks for waterborne diseases, heavy metal toxicity, and chronic health conditions [105-118]. Existing environmental assessments in the Niger Delta have consistently reported elevated concentrations of petroleum hydrocarbons, heavy metals, and other toxicants in drinking water sources [119-142]. However, these findings are often presented in isolation, without clear integration into a comprehensive public health framework. This fragmentation in data presentation obscures the real health consequences of the contamination, which are not only limited to immediate morbidity but extend to long-term effects such as economic productivity loss, food insecurity, and intergenerational vulnerability. Chronic exposure to pollutants exacerbates underlying socioeconomic challenges, perpetuating a cycle of poverty and poor health outcomes. **Figure 1** below illustrates how the environmental degradation resulting from oil extraction in the Niger Delta directly feeds into these multi-dimensional health burdens, highlighting the systemic links between ecological damage and public health risks.

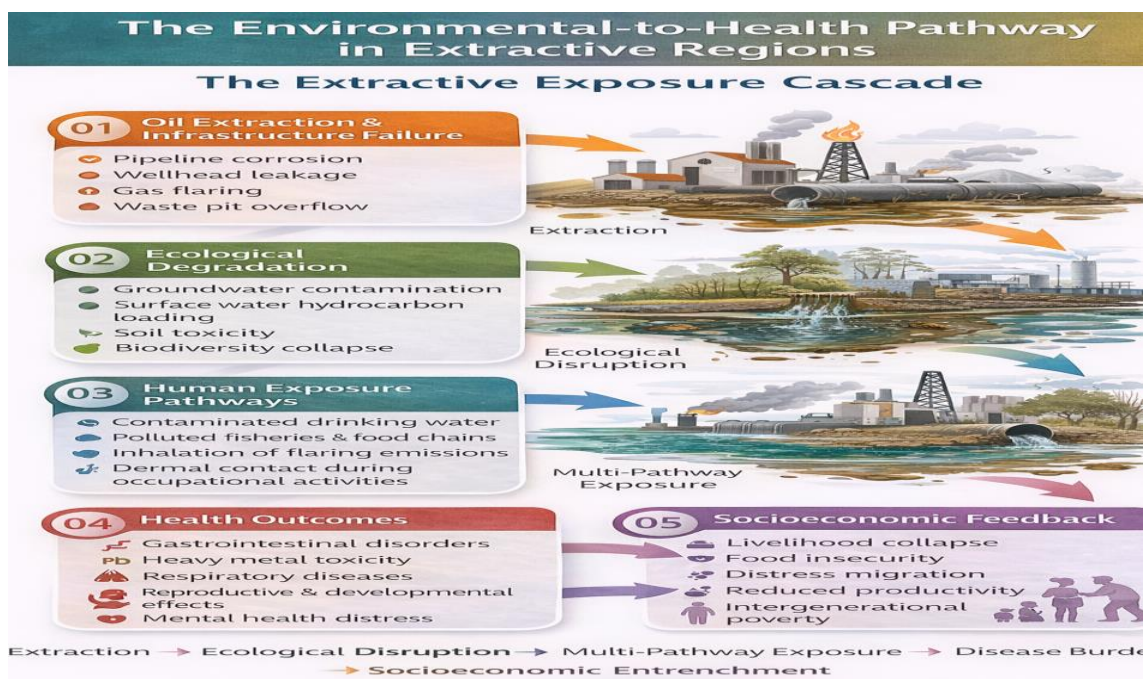


Figure 1. The Extractive Exposure Cascade. Source: Author design, 2026.

As depicted in Figure 1, the figure conceptualizes the flow of contaminants from extraction practices to public health outcomes, demonstrating the broader implications for communities reliant on compromised environmental systems. To address this complex issue, the Integrated Environmental–Health Accountability Framework (IEHAF) was developed. The framework synthesizes evidence from environmental toxicology, hydrochemical assessments in oil-producing communities, and public health studies linking multi-pollutant exposure to chronic disease [36-46]. In addition, it incorporates governance and regulatory analyses that expose structural accountability failures in the region's environmental oversight. Unlike conventional environmental risk assessments that typically focus on pollutant thresholds and compliance with legal limits, IEHAF is a normative, systems-level decision framework. It shifts the central question from “Are pollutant levels above permissible limits?” to “How does chronic, multi-pathway exposure, within a structurally unequal extractive system, translate into cumulative health injustice and social inequities?” This reframing is critical in understanding not just the toxicological impact but also the broader sociopolitical dimensions that exacerbate these health risks.

2.2. IEHAF as a Normative Decision Framework

By incorporating both environmental science and public health research, IEHAF provides a more holistic approach to health risk assessment. It transcends traditional risk assessments by recognizing the interdependencies between environmental degradation, governance failures, and health outcomes. The framework, therefore, functions as an accountability lens rather than just a monitoring tool. It seeks to identify where governance breakdowns amplify public health risks and where structural reforms are most needed. For example, existing studies have shown that regulatory loopholes and insufficient enforcement of environmental standards exacerbate the health impacts of oil pollution in the Niger Delta [143-152]. IEHAF highlights these governance failures, pushing for a more transparent and accountable regulatory framework that includes local communities in decision-making processes. Table 1, presented below, outlines the key contaminants commonly found in water sources and their associated health implications, reinforcing the need for comprehensive, long-term health monitoring. Unlike traditional tools, IEHAF integrates both environmental monitoring and health surveillance into a unified framework that not only detects contamination but also traces its long-term health consequences. This integrated approach allows for a more accurate understanding

of how environmental hazards translate into public health crises, thereby informing more effective health policies and regulatory measures. For example, by identifying the cumulative impact of pollution on childhood health, reproductive outcomes, and long-term chronic diseases, IEHAF can provide a roadmap for early intervention strategies and public health preparedness.

2.3. Moving Beyond Remediation: A Call for Structural Reform

Ultimately, the IEHAF calls for more than just remediation; it advocates for structural reform at both the regulatory and policy levels. The framework posits that unless governance structures are overhauled to ensure accountability, compliance, and transparency, the cycle of contamination and health inequity will persist. It proposes that environmental impact assessments (EIAs) be integrated with health impact assessments (HIAs) as part of the licensing process for all extractive activities [153]. This dual approach, which combines environmental protection with health surveillance, could transform the governance landscape in the Niger Delta. Moreover, it provides a framework that is not only applicable to the Niger Delta but also to other extractive regions where resource extraction undermines public health and exacerbates socioeconomic disparities [36, 37]. Thus, IEHAF complements environmental monitoring by providing a conceptual and policy tool that highlights the institutional responsibility for public health. As such, it serves as a vital instrument in the push toward sustainable and equitable extractive practices. The framework's introduction into the discourse surrounding environmental health in oil-producing regions represents a paradigm shift, one that emphasizes prevention, early detection, and accountability, rather than waiting for disasters to strike before responding.

3. The Environmental-to-Health Pathway in Extractive Regions

The environmental-to-health pathway in extractive regions like the Niger Delta is characterized by a cascading series of events that links oil extraction activities to health outcomes through multiple ecological and human exposure mechanisms. As outlined in Figure 1, this cascade begins with oil extraction and infrastructure failure, continues through ecological degradation, and ultimately leads to a range of health outcomes and socioeconomic impacts. The integration of these distinct stages reveals how the extractive economy directly affects public health through environmental contamination and how these effects are compounded by systemic governance failures and socioeconomic vulnerabilities. Understanding this pathway is critical in framing oil extraction as a public health crisis rather than just an environmental issue:

- i. **Oil Extraction & Infrastructure Failure:** The first stage in the environmental-to-health pathway is the extraction process itself, which includes significant infrastructure failures. Pipeline corrosion, wellhead leakage, and gas flaring are common occurrences that release hazardous substances into the environment. In addition, waste pit overflow often leads to uncontrolled discharges of toxic substances into both land and water systems. These operational failures expose the surrounding environment to chemicals that can persist for long periods, thereby ensuring that communities remain exposed to harmful toxins [27-37]. These pollutants initiate a chain reaction of environmental degradation that ultimately reaches the human population.
- ii. **Ecological Degradation:** Following the initial contamination, ecological degradation occurs through the contamination of groundwater, surface water hydrocarbon loading, and soil toxicity. Biodiversity collapse is another consequence of these pollutants, as aquatic and terrestrial ecosystems are severely affected by the introduction of hydrocarbons, heavy metals, and other toxic chemicals [1-15]. These ecological changes are particularly significant in the Niger Delta, where many local communities rely on fishing, agriculture, and water resources for their livelihoods. As Eli *et al.* [34] highlight, water contamination in particular serves as the central transmission mechanism,

linking oil extraction activities to health risks that affect the most vulnerable populations. This environmental degradation sets the stage for a multi-faceted public health crisis, as ecosystems and human health become increasingly interconnected.

- iii. **Human Exposure Pathways:** The next stage in the pathway involves human exposure to contaminants through several key pathways. The most direct and immediate form of exposure is through contaminated drinking water, which is often the primary source of water for many communities in the Niger Delta. Additionally, polluted fisheries and food chains contribute to chronic exposure, as aquatic organisms accumulate contaminants such as petroleum hydrocarbons and heavy metals. Inhalation of flaring emissions from gas flaring and dermal contact during occupational activities in contaminated environments also exacerbate exposure risks. As Saliu *et al.* [28] point out, these exposure pathways are not merely environmental parameters; they are the core mechanisms through which extractive activities translate into chronic disease burdens, particularly for vulnerable populations who have limited capacity to mitigate exposure.
- iv. **Health Outcomes:** The health consequences of these multiple exposure pathways are far-reaching and multifaceted. Immediate health outcomes include gastrointestinal disorders, caused by the ingestion of contaminated water, and respiratory diseases linked to inhaling the fumes from gas flaring. Over time, exposure to heavy metals such as lead and cadmium can lead to neurological damage, kidney failure, and developmental issues. In addition to these physical health outcomes, there are growing concerns about reproductive and developmental effects in communities living in proximity to extractive operations. As mental health distress rises due to both physical illness and the economic hardships caused by environmental degradation, these health outcomes further compound the vulnerabilities of affected populations [79-95]. Figure 1 provides a visual representation of these interlinked health risks, illustrating how exposure pathways lead to a range of health issues that further strain already fragile healthcare systems.
- v. **Socioeconomic Feedback:** The final stage in the extractive exposure cascade is the socioeconomic feedback loop, where health deterioration is tied directly to economic decline. As livelihoods collapse due to environmental damage and the loss of agricultural and fishing income, affected communities experience escalating food insecurity. This economic decline, coupled with distress migration, which is often a result of the collapse of local economies, leads to broader socioeconomic instability. Reduced productivity, both at the individual and community level, contributes to intergenerational poverty [36, 37], as future generations inherit the compounded effects of environmental pollution and health decline. This feedback loop highlights the urgency of addressing environmental degradation as a public health issue, emphasizing that prevention and remediation must be part of a larger strategy for socioeconomic recovery in the Niger Delta [1-8].

Thus, Figure 1 encapsulates the complex interaction between environmental degradation, human exposure, and health outcomes, ultimately leading to deep-rooted socioeconomic consequences. By understanding this pathway, policymakers and public health officials can better grasp the severity of the Niger Delta's environmental and health crisis, moving beyond immediate remediation efforts to implement long-term sustainable development and public health strategies that account for the full scope of these intertwined issues.

4. Multi-Pollutant Exposure and Water Contamination as the Central Health Determinant

Water systems in the Niger Delta serve as both ecological arteries and exposure amplifiers, making them central to understanding how extractive activities translate into chronic public health issues. These water systems, which are crucial to the survival of local populations, are increasingly compromised by a combination of pollutants, including petroleum hydrocarbons and heavy metals, that exceed permissible standards in many communities [96-104]. Hydrochemical analyses have consistently demonstrated high levels of contamination in both surface water and groundwater sources, leading to significant risks for local populations dependent on these water sources for drinking, cooking, and agriculture [154-162]. However, the health risks faced by communities in the Niger Delta cannot be understood in terms of single contaminants in isolation. Instead, the health crisis arises from chronic, low-to-moderate, multi-pollutant exposure, which exacerbates the impact of any single contaminant, creating a more complex and pervasive health burden. The challenge in the Niger Delta is not limited to the presence of these pollutants but is compounded by systemic infrastructure failures. Lack of alternative potable water sources, coupled with inadequate municipal treatment infrastructure, creates a situation where contaminated water becomes the only available resource for many communities [119-142]. As informal water storage practices become widespread in response to unreliable water access, the exposure risks are compounded further. The presence of pollutants in untreated water, coupled with storage in informal containers, creates a continuous exposure pathway, significantly raising the health risks for the population. Moreover, economic constraints limit access to bottled water, leaving most households with no viable options but to rely on polluted water sources. As a result, exposure becomes continuous, rather than episodic, as pollutants persist in the environment and in water sources year-round. This is particularly critical as chronic exposure leads to long-term, multi-system health outcomes, including gastrointestinal diseases, neurological impairments, and cancer [28, 163, 164]. The cumulative burden of these environmental health risks is particularly pronounced in communities where fishing and farming livelihoods are directly tied to the health of the local ecosystems [34]. Pollutants such as petroleum hydrocarbons and heavy metals bioaccumulate across trophic levels, meaning that they become increasingly concentrated as they move up the food chain [1-8]. For instance, contaminated water sources lead to the accumulation of these toxins in fish, which are then consumed by local populations. Similarly, agricultural produce exposed to polluted water or soil carries heavy metals that enter the human food chain. This reinforced ingestion pathway not only compounds health risks but also magnifies the socioeconomic vulnerability of communities whose livelihoods depend on fishing and farming. The failure to address water contamination thus perpetuates both health inequity and economic insecurity, reinforcing the cycle of poverty and health decline that plagues the region [36, 37, 74, 76].

While, IEHAF identifies three interacting domains that are crucial to understanding the health impacts of water contamination in extractive regions. These domains include: (1) Environmental Toxicity, which accounts for the contaminants introduced into the ecosystem through extractive activities; (2) Human Exposure, which details the multiple pathways by which communities come into contact with these toxins; and (3) Health Burden, which tracks the cumulative effects of prolonged exposure, leading to chronic diseases and disabilities. By situating water contamination at the center of this interaction, IEHAF underscores that the issue is not simply one of environmental management but one of public health governance. Effective health policies must therefore integrate

environmental monitoring and regulation to reduce the multi-pollutant exposure that is central to the region's health crisis. In summary, multi-pollutant exposure and water contamination form the core of the health challenges in the Niger Delta. The cumulative burden of these pollutants is made more severe by the lack of infrastructure, limited access to clean water, and economic constraints that leave communities dependent on contaminated resources. By integrating these factors into a comprehensive health framework, IEHAF offers a clear lens for understanding and addressing the long-term health implications of environmental degradation in extractive economies. The framework emphasizes that prevention, accountability, and integrated health-environmental policies are essential for mitigating the public health risks associated with water contamination and multi-pollutant exposure in regions like the Niger Delta.

5. The Three Core Domains of IEHAF

5.1. Domain I: Environmental Toxicity and Ecological Collapse

The first domain of the Integrated Environmental-Health Accountability Framework (IEHAF) focuses on environmental toxicity and ecological collapse, which results from the sustained introduction of pollutants such as hydrocarbons, heavy metals, and combustion by-products into aquatic and terrestrial systems. These pollutants can cause long-term environmental damage, impairing ecosystem function, and reducing the region's ability to support healthy human populations and wildlife. The introduction of these contaminants into the environment often results in structural ecosystem impairment, which means that the natural systems that support biodiversity, human health, and ecological services (e.g., water purification, food production, and carbon sequestration) are severely compromised.

5.1.1. Niger Delta-Specific Manifestations

In the Niger Delta, the effects of environmental toxicity are particularly pronounced:

- Persistent groundwater hydrocarbon contamination is one of the most visible signs of extractive industry-related pollution. Oil spills and pipeline leaks result in hydrocarbons seeping into groundwater, rendering it undrinkable and dangerous for both humans and wildlife.
- Heavy metal accumulation in soil and water has also been documented, particularly lead, cadmium, and zinc, which are released into the environment through the flaring of natural gas, improper disposal of toxic waste, and ongoing oil spills. These metals accumulate over time, leading to soil and water toxicity that affects food production, water sources, and overall ecosystem health.
- The loss of mangrove ecosystems is another major consequence, as the mangroves act as vital buffers against storm surges, provide habitats for biodiversity, and contribute to water purification. However, they are being destroyed by oil spills, land reclamation projects, and deforestation.
- Fisheries decline is particularly devastating for communities that rely on fish as their primary food source. Contaminated waterways have caused fish populations to decrease, reducing the availability of both protein and livelihoods for many local people.

5.1.2. Guiding Accountability Questions

To address environmental toxicity and its far-reaching consequences, the following questions should be asked:

- Are water monitoring systems longitudinal and transparent? Ensuring that water quality is consistently monitored over time and that data is made available to the public is crucial for understanding the long-term impacts of contamination.

- Do remediation standards account for cumulative toxicity? Remediation efforts must not only address immediate pollution but also take into account the cumulative effects of long-term exposure to multiple contaminants.
- Is ecosystem restoration linked to health surveillance metrics? Restoration projects should be designed to not only rehabilitate ecosystems but also track their progress in improving health outcomes, such as reductions in waterborne diseases or improvements in food security.

5.2. Domain II: Human Exposure, Vulnerability, and Behavioural Adaptation

The second domain focuses on how ecological damage translates into human disease through various exposure pathways. This is influenced by poverty, infrastructure deficits, and adaptive survival strategies that communities adopt in response to environmental degradation. While the introduction of pollutants into the environment is harmful in itself, the extent of harm to human health is magnified by social factors that dictate the degree of exposure and the vulnerability of populations. Poor communities often lack the means to avoid or mitigate exposure, resulting in disproportionate health impacts.

5.2.1. Critical Pathways

Several critical pathways exist through which communities are exposed to pollutants:

- Drinking untreated borehole or surface water is one of the most immediate pathways of exposure. Many communities in the Niger Delta rely on groundwater and surface water sources that have been contaminated by oil spills, gas flaring, and other extractive activities.
- Consuming contaminated fish is another direct exposure pathway. The contamination of aquatic ecosystems by petroleum hydrocarbons and heavy metals leads to the bioaccumulation of toxins in fish, which are then ingested by the local population.
- Inhalation of gas flaring emissions exposes nearby communities to toxic gases and particulate matter, leading to chronic respiratory problems.
- Occupational exposure during artisanal activities, such as fishing, farming, and working in contaminated oil fields, increases the likelihood of direct exposure to harmful pollutants.

5.2.2. Amplifiers of Risk

The health risks associated with these exposure pathways are compounded by several factors:

- Weak primary healthcare systems make it difficult for local populations to receive timely diagnosis and treatment for diseases caused by environmental contamination. Without proper healthcare infrastructure, the population is more susceptible to chronic conditions and infections.
- The absence of toxicological screening means that many health issues related to pollution go undiagnosed, and individuals who are exposed to harmful toxins may not receive appropriate treatment or preventative care.
- Socioeconomic constraints limit the ability of local communities to avoid exposure. For example, in many cases, people cannot afford bottled water or water filtration systems, forcing them to rely on contaminated sources.

5.2.3. Guiding Questions

To address the human health risks posed by environmental exposure, the following questions should be asked:

- Are vulnerable groups (pregnant women, children, fisherfolk) systematically screened? Vulnerable groups must be identified and prioritized for health screening to detect early signs of illness due to environmental exposure.

- Is safe water access treated as a health intervention? Access to clean water should be considered a public health intervention, requiring investment in infrastructure and regular water quality assessments.
- How do livelihood losses alter dietary and exposure patterns? Understanding how the collapse of local industries (e.g., fishing) affects dietary habits and exposure to pollutants is essential for developing targeted health interventions.

5.3. Domain III: Institutional Accountability and Policy Inertia

The third domain focuses on the failure of governance structures to effectively prevent, monitor, or remediate environmental contamination. The root cause of continued exposure to harmful pollutants in the Niger Delta is not just environmental damage but structural failures in regulatory frameworks, enforcement mechanisms, and public health systems.

5.3.1. Structural Failures

Several key structural failures perpetuate the problem:

- Fragmented regulatory oversight exists because multiple agencies are often responsible for regulating environmental health, leading to inconsistencies and inefficiencies in enforcement.
- Weak enforcement mechanisms mean that even when environmental regulations are in place, they are often not adequately enforced, allowing polluting companies to continue harmful practices without consequence.
- Delayed remediation responses have led to a slow recovery from oil spills and other environmental disasters. Despite the evidence of contamination, the process of cleaning up polluted areas is often delayed or inefficient, prolonging exposure for local communities.
- Limited community participation in monitoring results in a lack of local accountability and representation in decision-making processes. Communities should have the right to participate in environmental monitoring and hold both the government and corporations accountable for their actions.

5.3.2. Guiding Questions

To address governance failures and improve accountability, the following questions should be considered:

- Who bears legal and financial responsibility for long-term health monitoring? Identifying the parties responsible for funding and conducting long-term health surveillance is essential for ensuring that the impacts of contamination are consistently monitored.
- Are health-cost externalities internalized into extractive licensing? Extractive industries must be held accountable for the health costs they impose on local populations, which should be incorporated into the licensing and regulatory framework.
- Is environmental data publicly accessible and independently verified? Transparent access to data is essential for holding companies and regulators accountable. Publicly available, verified environmental data would allow communities to better understand the risks they face and advocate for action.

These three domains, environmental toxicity, human exposure, and institutional accountability, are interconnected and collectively shape the public health crisis in the Niger Delta. By addressing these domains, IEHAF offers a comprehensive framework for understanding and mitigating the environmental health risks posed by extractive industries. Through preventive measures, stronger regulatory frameworks, and community participation, the region can begin to address the deep-rooted health inequities caused by environmental degradation (Table 1 below).

Table 1. Documented Water Contaminants and Associated Health Implications in the Niger Delta.

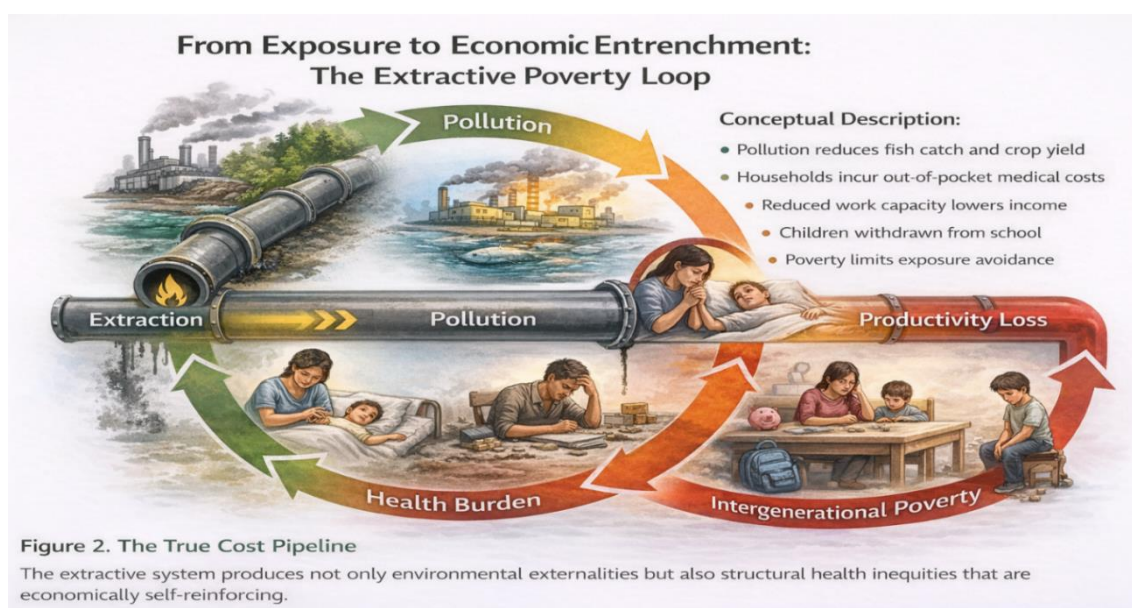
Contaminant Category	Primary Extractive Source	Environmental Medium	Exposure Pathway	Biological Mechanism / Toxicodynamics	Documented / Associated Health Effects	Population Groups Most Affected	Long-Term Public Health Implication
Petroleum Hydrocarbons (e.g., BTEX, PAHs, TPH)	Oil spills, pipeline leaks, artisanal refining	Surface water, groundwater, sediments	Drinking water, dermal absorption, ingestion of contaminated fish	Lipophilic bioaccumulation; hepatic enzyme disruption; oxidative stress	Gastrointestinal disorders (nausea, vomiting), liver toxicity (hepatocellular damage, cirrhosis), skin rashes, carcinogenic risk (from PAHs)	Fishing communities, children, pregnant women	Long-term liver disease burden, skin cancer incidence, systemic environmental contamination effects Chronic kidney disease prevalence, developmental disabilities, elevated blood pressure rates Increased maternal-child morbidity and mortality, chronic respiratory disease rates, cardiovascular risks Increased lifetime cancer risk, immune suppression, birth defects
Heavy Metals (Pb, Cd, Zn, Hg)	Produced water discharge, oil drilling effluents, soil leaching	Groundwater, surface water, aquatic biota	Drinking water, food chain bioaccumulation (fish, crops)	Lead (Pb) neurotoxicity (blood-brain barrier); Cadmium (Cd) renal tubular damage, zinc bioaccumulation	Neurodevelopmental delay (Pb), renal impairment (Cd), hypertension, reproductive toxicity, gastrointestinal disturbances	Children (neurodevelopment), women of reproductive age (pregnancy, fetal exposure)	Increased maternal-child morbidity and mortality, chronic respiratory disease rates, cardiovascular risks Increased lifetime cancer risk, immune suppression, birth defects
Combustion By-products (SO ₂ , NO _x , PM _{2.5} , Black Carbon)	Gas flaring, petroleum refining	Air, water deposition, soil	Inhalation, ingestion of contaminated rainwater	Pulmonary inflammation; oxidative stress; placental vascular impairment	Respiratory disease (asthma, bronchitis, emphysema), adverse pregnancy outcomes (low birth weight, preterm birth), cardiovascular disease	Infants, elderly, pregnant women, individuals with pre-existing respiratory conditions	Increased lifetime cancer risk, immune suppression, birth defects
Polycyclic Aromatic Hydrocarbons (PAHs)	Incomplete combustion (oil burning, flaring)	Surface water, food chain, sediment	Ingestion of contaminated fish and shellfish, dermal exposure	DNA adduct formation; mutagenic properties; carcinogenic risk	Carcinogenic risk (skin, lung, bladder cancer), immunotoxicity, oxidative damage	Fishing communities, workers in oil industries	Increased lifetime cancer risk, immune suppression, birth defects

Salinity & Total Dissolved Solids (TDS)	Produced water discharge, seawater intrusion, brine from drilling	Groundwater, surface water	Drinking water, irrigation, consumption of contaminated fish	Osmotic imbalance; renal stress; hypertension	Hypertension, dehydration, kidney strain	Rural households, farmers reliant on shallow wells for water	linked to PAH exposure
Endocrine Disrupting Chemicals (EDCs)	Petrochemical effluents, industrial additives	Surface water, groundwater	Drinking water, food chain	Hormonal receptor interference, thyroid disruption, gonadal impairment	Fertility issues, menstrual irregularities, developmental abnormalities	Adolescents, women of reproductive age	Long-term reproductive health decline, increase in endocrine-related cancers
Microbial Contamination (due to infrastructure damage)	Flooded oil-impacted sites, damaged boreholes	Groundwater, surface water	Oral ingestion	Gastrointestinal infection pathways	Cholera, diarrheal disease, typhoid fever, gastroenteritis	Children under five, immunocompromised individuals	Persistent waterborne diseases, hospital burden, stunted growth and cognitive development in children
Cyanides & Chemical Additives	Illegal refining, petrochemical discharges	Surface water, soil	Dermal exposure, oral ingestion	Inhibition of cellular respiration; hypoxia	Acute poisoning symptoms, neurological impairment (headaches, dizziness), dizziness	Local communities near artisanal refineries	Acute toxicity episodes, high emergency care burden

Source: Adapted from Morufu *et al.*, [10]; Olalekan *et al.*, [12]; Raimi & Sawyerr [13].

6. From Exposure to Economic Entrenchment: The Extractive Poverty Loop

The environmental damage caused by extractive industries in the Niger Delta extends far beyond ecological destruction and health burdens; it also leads to the economic entrenchment of poverty. This is exemplified by the Extractive Poverty Loop, a cycle in which environmental degradation, particularly pollution, exacerbates health risks, which in turn leads to economic loss and further poverty (see figure 2 below). The extractive industries do not only produce environmental externalities; they create deep, self-reinforcing structural health inequities. These inequities are both a cause and effect of poverty, as communities struggle to break the cycle of poor health, economic decline, and increased vulnerability to future environmental harms. The Extractive Poverty Loop can be understood as a process in which exposure to pollution not only results in immediate health issues but also catalyzes long-term economic hardship that is passed down through generations.



Source: Author design, 2026

1. **Pollution reduces fish catch and crop yield:** In regions where local populations rely heavily on fishing and agriculture, contamination of water and soil leads to declining yields. Pollutants such as hydrocarbons, heavy metals, and toxic by-products from gas flaring disrupt aquatic ecosystems, making fishing increasingly unproductive. Similarly, polluted soils, laden with toxic metals, impair crop growth, leading to food insecurity and loss of livelihood [163-175].
2. **Households incur out-of-pocket medical costs:** Health issues resulting from exposure to pollutants, such as gastrointestinal diseases, respiratory illnesses, and neurological impairments, impose heavy financial burdens on households. In many cases, local healthcare systems are weak or nonexistent, forcing families to pay out-of-pocket for medical treatment. This expenditure on healthcare diverts scarce financial resources, further limiting families' ability to invest in productive activities or escape poverty [85-90].
3. **Reduced work capacity lowers income:** As health deteriorates from prolonged exposure to environmental contaminants, work capacity diminishes. Workers, particularly those in informal or subsistence sectors like fishing and farming, find themselves unable to maintain full productivity. Illness, particularly chronic conditions resulting from toxic exposure, leads to absenteeism or early

retirement, reducing household income and perpetuating the poverty cycle [74, 76].

4. **Children withdrawn from school:** One of the most devastating effects of poverty exacerbated by pollution is the withdrawal of children from school. Families facing food insecurity, health crises, and economic hardship often prioritize immediate survival over long-term educational goals. As a result, children are taken out of school to help support the household or care for sick relatives, diminishing future prospects and trapping families in a cycle of poverty and low educational attainment. This dynamic has intergenerational consequences, as children who miss education are less likely to break out of the poverty cycle in adulthood [36, 37].
5. **Poverty limits exposure avoidance:** Finally, poverty itself limits the ability of communities to mitigate exposure to pollutants. In the Niger Delta, many households cannot afford the costs of water filtration, safe housing, or healthcare services that would allow them to avoid exposure to contaminated water or air. Moreover, impoverished households are often forced to rely on contaminated water sources because they lack access to cleaner alternatives. As pollution levels rise and resources become more constrained, the vulnerability to future exposure only increases, perpetuating the cycle.
6. **Cycle repeats:** This extractive poverty loop is not only self-reinforcing but also intergenerational. As children grow up in households affected by pollution, poor health, and economic hardship, they inherit the same structural vulnerabilities. The cycle of poverty, poor health, and environmental exposure is thus passed down, making it difficult for affected communities to break free from their current conditions. These dynamic highlights the urgent need for systemic reform to address both environmental and socio-economic inequities.
7. **The Extractive System: Environmental Externalities and Economic Inequity**

The extractive industries in the Niger Delta produce not only environmental externalities, such as pollution, but also economic externalities that exacerbate existing health inequities. As pollution from oil extraction directly impacts local health and livelihoods, the resulting economic loss in the form of lower productivity, reduced agricultural yields, and higher healthcare costs reinforces the entrenched poverty faced by many communities. The extractive system becomes self-perpetuating, as pollution and poverty act as feedback loops, further degrading the environment and hindering economic recovery. Moreover, the Niger Delta's reliance on extractive industries for economic sustenance compounds these challenges. The oil and gas sector has created a dependence on resource extraction, leaving local communities vulnerable to the economic fluctuations of the sector. As environmental damage worsens, the communities that depend on these resources for survival are left with few alternative livelihoods or resilience strategies. The overall economic and health vulnerability of these communities makes them particularly susceptible to the adverse effects of both local environmental degradation and global economic shifts [56-78]. The Extractive Poverty Loop described is not an isolated phenomenon but rather a systemic issue that calls for a

holistic approach to environmental and economic reform. Without addressing both the environmental pollution and its societal impacts, the Niger Delta will continue to face a future of persistent health crises, economic stagnation, and worsening poverty (see Table 2 below). The integration of public health initiatives, environmental remediation, and economic diversification into policy is critical to breaking this cycle and providing long-term sustainable development for the region [176-193].

Table 2. Health and Economic Pathways Linking Water Contamination to Poverty in the Niger Delta.

Pathway	Environmental Trigger	Immediate Health / Economic Impact	Intermediate Household-Level Effect	Long-Term Structural Consequence	Intergenerational Implication
Contaminated Water Ingestion	Hydrocarbon spills, heavy metal contamination, microbial pollution	Acute gastrointestinal illness, dermatological conditions, toxic exposure	Recurrent medical visits; school absenteeism; temporary work loss	Chronic disease burden (renal disease, liver dysfunction, neurodevelopmental delay); rising healthcare costs	Reduced cognitive attainment in children; diminished lifetime earning potential
Fisheries Collapse	Oil spills, sediment contamination, mangrove destruction	Decline in fish catch; immediate income loss among artisanal fishers	Reduced household protein intake; coping strategies (borrowing, asset sales)	Food insecurity; malnutrition; collapse of local blue economy	Stunting, impaired child development, long-term poverty transmission
Agricultural Yield Decline	Soil salinization, polluted irrigation water, acid deposition	Reduced crop productivity; harvest losses	Increased food prices; dietary compromise; rural indebtedness	Entrenched rural poverty; migration to urban informal settlements	Loss of agrarian livelihood skills; youth unemployment cycle
Healthcare	Pollution-induced morbidity	Out-of-pocket medical	Household financial strain;	Asset depletion; deepened	Persistent socioeconomic

Expenditure	(respiratory, renal, reproductive disorders)	Chronic illness;	spending; catastrophic health expenditure	diversion of education funds; borrowing at high interest	poverty; inability to invest in livelihood recovery	disadvantage to upward mobility
Reduced Labor Productivity	occupational exposure to polluted environments	Fatigue, absenteeism, reduced physical capacity	Lower household income; unstable employment	Reduced regional GDP contribution; suppressed economic growth	Structural underdevelopment of oil-producing communities	
Maternal and Child Health Impacts	Exposure to heavy metals, PAHs, air pollutants	Low birth weight; preterm birth; childhood infections	Increased caregiving burden; higher healthcare utilization	Elevated maternal and infant mortality rates; weakened human capital base	Lifelong health vulnerabilities; diminished educational attainment	
Psychosocial Stress & Displacement	Environmental loss, livelihood collapse, forced migration	Anxiety, depression, social conflict	Community fragmentation; erosion of social capital	Regional instability; weakened governance trust	Cycles of marginalization and social exclusion	

Source: Adapted from Perekibina *et al.*, [74]; Anthony *et al.*, [76]; Morufu *et al.*, [77].

8. Logical Pathway: From IEHAF to Action

The Integrated Environmental-Health Accountability Framework (IEHAF) provides a comprehensive, systems-level approach to understanding and addressing the interconnected issues of environmental degradation and public health in the Niger Delta. While the framework provides a conceptual blueprint, it must be translated into concrete actions that drive systemic change. The logical pathway from IEHAF to action involves integrating environmental surveillance, health monitoring, and governance reform to create a unified approach that addresses both ecological damage and its long-term health impacts. As depicted in Figure 3, the pathway emphasizes the need for comprehensive monitoring and policy reforms to bridge the gap between environmental data and health outcomes, thereby fostering a proactive rather than reactive response to environmental health crises.

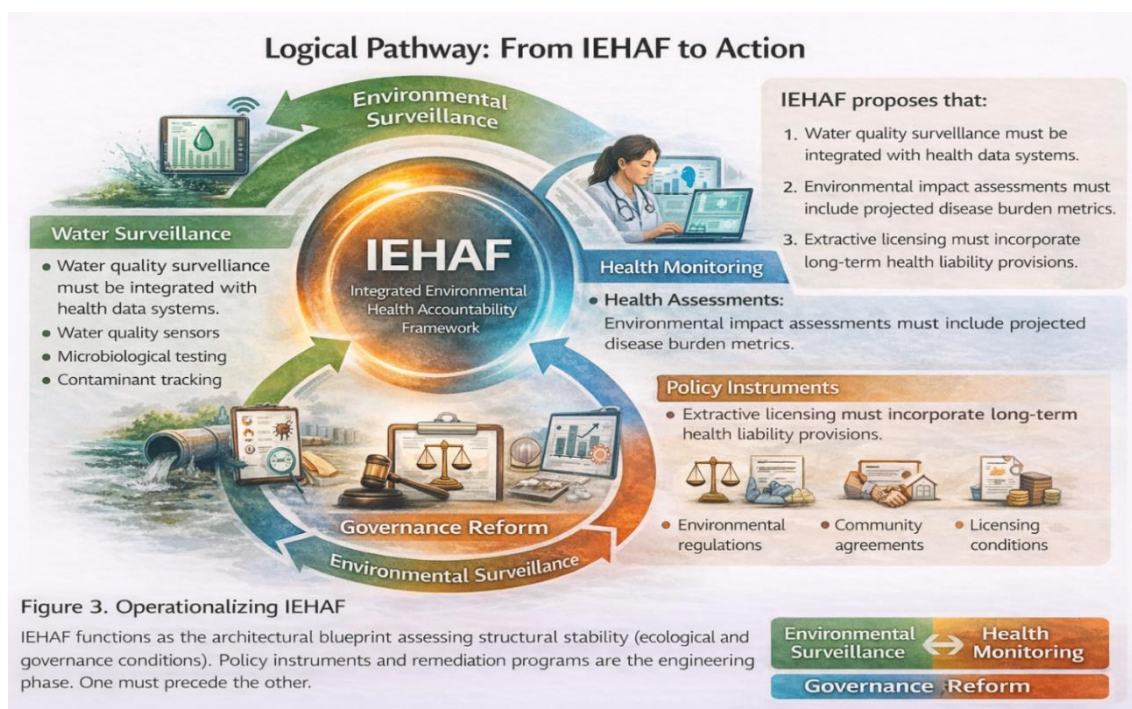


Figure 3. Operationalizing IEHAF. Source: Author design, 2026.

7. Environmental Surveillance

At the core of IEHAF is the integration of environmental surveillance with health data systems. The framework proposes that continuous monitoring of environmental pollutants, including petroleum hydrocarbons, heavy metals, and particulate matter from gas flaring, should be linked directly to health surveillance data. This integrated approach will allow policymakers to not only track pollution levels in the environment but also monitor how these pollutants translate into health outcomes such as gastrointestinal diseases, respiratory conditions, and neurological disorders. By aligning environmental and health monitoring systems, the framework ensures that real-time data is available to guide public health interventions. Furthermore, the surveillance systems must be transparent and publicly accessible, allowing local communities, researchers, and policymakers to identify emerging health risks before they escalate into larger crises [176-193]. As Saliu *et al.* [28] emphasize, data sharing between environmental agencies and health authorities is essential for creating an informed response to environmental health challenges. This collaborative monitoring will improve early detection and enable timely interventions, such as the provision of clean water, health screenings, or targeted treatments for affected populations.

8. Environmental Impact Assessments (EIAs)

Another crucial element of IEHAF is the inclusion of health metrics in Environmental Impact Assessments (EIAs). Traditionally, EIAs assess the environmental damage caused by extractive projects but rarely account for the long-term health burdens that result from pollution exposure. IEHAF proposes that projected disease burden metrics, such as the anticipated incidence of diseases related to contaminated water, air, and food, be incorporated into these assessments. This will help to quantify the human cost of environmental degradation and provide a more comprehensive picture of the consequences of extractive practices. By integrating health data into the EIA process, extractive industries will be required to consider the public health implications of their activities upfront. This will also help ensure that remediation strategies are designed not only to restore ecosystems but also to address the health disparities caused by pollution. For instance, if an oil spill is projected to increase

the risk of waterborne diseases in a community, the EIA will incorporate measures to mitigate this risk, such as the provision of alternative water sources or health interventions [143-153].

9. Extractive Licensing and Health Liabilities

The third key aspect of operationalizing IEHAF involves integrating long-term health liability provisions into the extractive licensing process. Currently, extractive industries are often held accountable for environmental damage, but the health consequences of their actions are rarely factored into the licensing agreements. IEHAF proposes that future extractive licenses include specific provisions for long-term health monitoring, health remediation, and financial responsibility for any health impacts caused by pollution [1-15]. This can include establishing health reserves or compensation funds for affected communities, which would cover the costs of medical care, lost income due to illness, and relocation costs for displaced populations. Including health liabilities in the extractive licensing process ensures that companies are held accountable for the long-term impact of their activities on both the environment and public health. It also incentivizes companies to adopt cleaner technologies and better safety practices to reduce pollution and associated health risks [194]. This shift toward proactive environmental-health governance will ultimately lead to more sustainable and socially responsible extractive industries.

9.1. IEHAF as an Architectural Blueprint

IEHAF functions as an architectural blueprint that assesses the structural stability of both the ecological and governance conditions in extractive regions. Just as an architect would design a building with consideration for long-term stability, IEHAF takes a long-term view of environmental and public health impacts, assessing the root causes of exposure and vulnerability. However, the blueprint alone is not enough. It must be followed by policy instruments and remediation programs that function as the engineering phase, the actual building of a system that can withstand the pressures of industrial exploitation and environmental degradation [1-8, 163, 164]. Just as in any construction project, the engineering phase (i.e., policy implementation and remediation) must follow the architectural design (i.e., IEHAF). The framework provides the structure for action, but it is through policy reform and governance improvements that the framework can be operationalized and made effective. This means that environmental surveillance, health monitoring, and regulatory reform must work in tandem to create a cohesive response that addresses both the symptoms and causes of the environmental health crisis in the Niger Delta [133-145].

9.2. The Need for Systemic Reform

In conclusion, the logical pathway from IEHAF to action requires systemic reform across multiple sectors. By integrating environmental surveillance, health data systems, EIAs, and extractive licensing, IEHAF provides the tools necessary to bridge the gap between ecological health and human well-being (see table 3 below). The framework emphasizes that proactive health measures, rather than reactive ones, should be the guiding principle for managing the environmental and health consequences of extractive industries. Through these reforms, IEHAF offers a comprehensive path forward that addresses the deep-rooted health inequities in the Niger Delta, ensuring that environmental health is central to sustainable development.

Table 3. Policy Translation Matrix: From Environmental Exposure to Structural Health Justice in the Niger Delta.

Actor	Immediate Action (Short-Term Response)	Intermediate Institutional Shift	Structural Reform (Long-Term Transformation)	Intended Public Health Outcome
Policymakers (Federal & State Governments)	Mandate integrated water–health surveillance; enforce transparent reporting of spills and flaring	Harmonize environmental, petroleum, and public health regulations; allocate budget lines for environmental health	Embed long-term health liability and remediation trust funds in extractive contracts; adopt polluter-pays enforcement mechanisms	Reduced exposure burden; institutional accountability; prevention-oriented governance
Public Health Agencies	Establish toxicological screening programs in oil-producing communities; deploy mobile clinics	Integrate environmental exposure indicators into routine health information systems; strengthen disease surveillance	Develop regional environmental health registries and longitudinal cohort monitoring systems	Early detection of chronic disease; life-course exposure tracking; improved health equity
Environmental Regulatory Bodies	Conduct independent water and soil quality audits; enforce compliance thresholds	Digitalize environmental monitoring systems; require cumulative impact assessments	Institutionalize health-inclusive Environmental Impact Assessments (EIAs) with projected disease burden metrics	Evidence-based regulation; reduced cumulative toxic exposure
Researchers & Academic Institutions	Quantify multi-pollutant cumulative risk; conduct biomonitoring studies	Develop interdisciplinary exposure–disease models linking ecology and economics	Model intergenerational economic burden of pollution; establish predictive risk mapping frameworks	Stronger causal evidence; policy-relevant burden-of-disease estimates
Civil Society & Community Organizations	Community-based water monitoring; risk communication campaigns	Participatory environmental governance platforms; social accountability reporting	Strategic litigation, transparency advocacy, and extractive revenue tracking	Empowered communities; improved environmental justice outcomes
Oil & Extractive Corporations	Immediate spill response and remediation; disclose emission inventories	Adopt transparent ESG reporting tied to measurable health indicators	Internalize environmental health costs; establish independent remediation and compensation funds	Corporate accountability; reduced long-term liability
International Partners & Donors	Technical support for exposure assessment and surveillance	Fund integrated environmental–health data systems	Support structural reforms aligned with global environmental justice frameworks	Strengthened institutional capacity; sustainable development alignment

Source: Adapted from Suleiman *et al.*, [16].

10. Discussion

10.1. Navigating Governance Tensions, Power Asymmetries, and Framework Limitations

10.1.1. Navigating Tensions: Environmental vs. Economic Interests

The Integrated Environmental-Health Accountability Framework (IEHAF) confronts an important tension in contemporary governance structures: the conflict between environmental sustainability and economic interests tied to extractive industries. This challenge is particularly pronounced in regions like the Niger Delta, where oil extraction is not only the backbone of the economy but also a primary driver of national revenue. However, the public health costs associated with environmental degradation are often externalized, meaning that the local communities bear the brunt of the damage, while the national economy continues to benefit from the resources extracted [153]. At the core of this tension lies the paradox that the wealth generated from resource extraction often undermines the very economic stability and public health of the regions involved. For instance, although oil revenues contribute significantly to the national economy, the health burden associated with pollution, including increased healthcare costs, lost productivity, and intergenerational poverty can actually slow down economic growth in these local areas. A wealth of studies has shown that the health costs of pollution (such as respiratory diseases, cancers, and waterborne illnesses) are substantial and long-lasting, often resulting in reduced workforce participation and productivity, which in turn impacts broader national economic growth [148-162]. The economic versus health equity conflict becomes even more critical when the health impacts of extractive activities are not sufficiently addressed by existing policies. This governance failure is rooted in a lack of political will to implement comprehensive environmental-health regulations due to the immense financial interests involved. For example, while the economic incentives for continued oil extraction remain high, the incentives to address health and environmental concerns are often weak [78]. Governments and corporations tend to prioritize immediate economic gains over long-term public health and environmental sustainability. As a result, the externalization of health costs, where the burden of pollution is unfairly placed on the local population rather than the corporations responsible, remains a major governance challenge [1-8]. This dynamic not only exacerbates health inequities but also perpetuates a system of injustice, where the poorest and most vulnerable communities are left to deal with the consequences of the very wealth generation that is supposed to benefit the entire nation.

10.1.2. Power Asymmetries and Policy Implementation

A critical challenge in the Niger Delta is the power asymmetry between multinational extractive industries and local communities. Multinational corporations and government entities wield considerable economic and political power, enabling them to influence policy decisions in ways that favor economic growth and industrial expansion, often at the expense of environmental and health concerns. This disproportionate power undermines the effectiveness of local governance structures and creates a scenario where the voices of local communities, who are most affected by environmental degradation, are systematically marginalized in decision-making processes. This imbalance leads to what can be described as a form of digital colonialism. In this context, communities in the Niger Delta are excluded from crucial decision-making processes, and they often lack the necessary technological resources, financial means, or political leverage to challenge the extractive industries' practices or demand greater accountability from corporations. As Saliu *et al.* [28] observe, the region's lack of effective community participation in environmental monitoring, policy-making, and litigation results in an absence of local accountability for the damage caused by extractive industries [190-196]. This power asymmetry not only leaves communities vulnerable but also limits their ability to shape policies that address their needs and concerns regarding health and environmental justice. In response to these power imbalances, IEHAF advocates for a more inclusive governance model that

empowers local stakeholders through participatory decision-making. This model emphasizes the importance of transparency, community-led initiatives, and accountability mechanisms that can shift the balance of power. For example, community-led water monitoring systems and environmental litigation can serve as critical tools for local actors to challenge the status quo and demand justice. Empowering local communities to actively participate in environmental surveillance and policy advocacy can help ensure that their health and environmental rights are prioritized. By giving affected communities a direct voice in policy processes, IEHAF aims to democratize environmental governance and ensure that it is both equitable and responsive to the needs of those most impacted by extractive activities.

10.1.3. Limitations of IEHAF

While IEHAF represents a significant advancement in integrating environmental health with social justice, it is not without its limitations. The most prominent of these is that IEHAF is fundamentally a conceptual framework, it is a tool for understanding the complex interactions between environmental degradation, public health, and socioeconomic inequities. However, its successful operationalization will require future research to address critical gaps, particularly in understanding the cumulative health effects of multi-pathway exposure to pollutants in communities. For example, there is a need for more comprehensive data on the long-term health outcomes of low-level, chronic exposure to a range of pollutants; data that is often difficult to obtain due to the lack of robust health surveillance systems in the Niger Delta. Additionally, data availability remains a major challenge, as the lack of coordinated environmental monitoring and data-sharing mechanisms between governmental and non-governmental entities hinders the development of comprehensive health profiles for affected populations. Moreover, the longitudinal nature of both environmental degradation and health outcomes complicates immediate action. The impacts of pollution are often felt over many years, and the delayed onset of chronic diseases such as cancer or neurological damage means that policy changes may not yield visible health benefits for several years or even decades. This challenge is compounded by cultural inertia and entrenched interests in both government and corporate sectors that may resist implementing new frameworks, particularly if they are perceived to threaten existing economic structures. The complexity of the Niger Delta's political economy, with its intricate relationship between extractive industries, government corruption, and community marginalization, further complicates the operationalization of IEHAF. Local communities may also be skeptical of new frameworks that promise reform but have not been demonstrated to lead to tangible outcomes in the past. Despite these challenges, IEHAF represents a significant step forward in bridging the gap between environmental health and social justice. By linking pollution mitigation to broader health, equity, and governance reform, it offers a framework for systemic change that is both inclusive and responsive to the needs of the most vulnerable populations. IEHAF provides a solid foundation for future policy-making, health interventions, and advocacy, offering a pathway to address the long-standing inequities in the Niger Delta.

11. Conclusion & Call to Action

11.1. Reaffirmation of IEHAF's Urgency

In conclusion, the environmental health crisis in the Niger Delta demands urgent, transformative action. This crisis is not only an environmental concern but a public health emergency that undermines the health, productivity, and future prosperity of the region's population. Oil extraction, with its accompanying pollution, is much more than an industrial hazard; it is a silent pandemic that causes widespread chronic diseases, exacerbates socioeconomic inequities, and impedes sustainable development. The damage caused by extractive industries in the Niger Delta goes far beyond the physical environment; its impacts on health systems, economic stability, and social fabric create a feedback loop of poverty and vulnerability. If left unaddressed, these issues will continue to undermine human potential and perpetuate a cycle of environmental destruction, poor

health, and intergenerational poverty. The Integrated Environmental-Health Accountability Framework (IEHAF) offers a critical tool to reframe this crisis within the public health paradigm. By viewing environmental degradation as an integral component of public health, IEHAF provides a roadmap for addressing the root causes of health inequities. It calls for systemic reform and a shift toward preventive measures rather than reactive responses, making the urgency for policy action clear. IEHAF is not only a conceptual framework, it is also a practical tool that can guide policy design, health interventions, and regulatory reform. Without embracing this framework, the Niger Delta will continue to suffer from a future dominated by unchecked industrial pollution and health disparities. Immediate policy action is critical to reversing these trends and improving the quality of life for affected communities.

11.2. Audience-Specific Calls to Action

- For policymakers, the time has come to integrate IEHAF principles into environmental regulation. The environmental-health nexus must no longer be an afterthought. We urge policymakers to adopt IEHAF as a foundational framework for extractive industry regulation, ensuring that health outcomes are integrated into licensing agreements and operational standards for oil and gas companies. By doing so, extractive industries would be held accountable not only for environmental damage but also for its direct consequences on public health, encouraging the adoption of sustainable practices that protect both the environment and the people who depend on it. This would also involve mandating environmental and health monitoring as part of any ongoing extractive project to ensure compliance and long-term remediation.
- For health practitioners, we call for the systematic screening of populations for waterborne diseases and other illnesses related to multi-pollutant exposure. These screenings should focus not only on acute conditions but also on the long-term health impacts of chronic exposure to pollutants like hydrocarbons and heavy metals. Furthermore, longitudinal health registries should be developed to track the cumulative health impacts of pollution over time, enabling policymakers to make data-driven decisions that better address public health needs. Health professionals must also advocate for community-based health education programs to raise awareness about pollution-related risks and encourage preventive health measures.
- For researchers, the immediate priority must be the long-term evaluation of IEHAF's application in real-world contexts. This includes pilot studies in affected communities to assess the framework's effectiveness in improving health outcomes, environmental quality, and community resilience. Researchers should also engage in cross-disciplinary collaboration to refine IEHAF, ensuring that it can be adapted to other extractive regions worldwide. Collaboration between public health experts, environmental scientists, and social scientists is crucial to fully understanding the interconnections between environmental degradation, public health, and socioeconomic factors. Additionally, researchers should contribute to building local capacity for data collection and analysis, enabling communities to better track their own health and environmental conditions.
- For civil society and community leaders, we call for grassroots environmental monitoring and advocacy efforts to demand greater transparency from both government bodies and extractive corporations regarding their environmental and health liabilities. Local communities must be empowered to take an active role in environmental monitoring, using tools such as community-led water quality assessments, environmental reporting platforms, and litigation to hold companies accountable. Communities must also advocate for better access to healthcare and alternative livelihoods in regions severely impacted by pollution. Transparency and community involvement are essential for creating a more just and equitable system of environmental governance in extractive regions.

The Integrated Environmental-Health Accountability Framework (IEHAF) provides the foundation for transforming how we view and address environmental degradation in extractive

economies. It challenges the status quo by recognizing the interconnectedness between environmental damage and public health, framing both as integral aspects of a broader social justice movement. By treating environmental degradation as a holistic public health crisis, we can break the vicious cycle of exploitation, pollution, and poverty that has plagued regions like the Niger Delta for decades. Through the systemic integration of environmental health, governance reform, and community empowerment, we can create a future where sustainable development and public health are not in opposition but are mutually reinforcing. If we act now, through policy adoption, public health interventions, research innovation, and community advocacy, we can ensure that future generations in the Niger Delta and other resource-dependent regions are not condemned to live in the shadow of unsustainable development practices. Together, we can create a world where public health and environmental sustainability go hand in hand, fostering a future where the benefits of natural resources are shared equitably, and the health and well-being of all people are safeguarded.

12. Recommendations

Based on the discussions and findings presented throughout these perspectives, the following recommendations are proposed to address the environmental health crisis in the Niger Delta and other resource-dependent regions:

i. **Integration of Environmental Surveillance with Health Monitoring Systems:** Policymakers and environmental agencies must establish longitudinal environmental surveillance programs that are directly linked with health data systems. This integration will allow for the real-time monitoring of environmental pollution levels and their corresponding health outcomes. By systematically tracking pollutants such as hydrocarbons and heavy metals in drinking water and food sources, authorities can better understand how long-term exposure impacts public health. This integration should be a priority in the design of public health infrastructures in extractive regions.

ii. **Incorporation of Health Metrics into Environmental Impact Assessments (EIAs):** It is essential that Environmental Impact Assessments (EIAs) now include projected disease burden metrics, particularly focusing on the public health consequences of pollution exposure. Governments should mandate that extractive companies include health projections as part of their licensing process, ensuring that they account for long-term health risks posed to local populations. This would ensure that potential environmental harms are fully understood and mitigated before projects are approved.

iii. **Health Liabilities in Extractive Licensing Agreements:** Future extractive industry licensing agreements should incorporate long-term health liabilities for corporations. Companies should be required to establish health compensation funds that provide financial support for communities affected by pollution. This includes coverage for medical expenses related to pollution-induced diseases, as well as health monitoring programs to track the cumulative impacts of contamination over time. Extractive industries should be held accountable for the long-term consequences of their activities on public health, ensuring that they bear the cost of healthcare and environmental restoration.

iv. **Strengthening Governance and Accountability Mechanisms:** Governments must strengthen regulatory oversight and enforcement mechanisms to hold extractive industries accountable for their environmental and health impacts. This includes regular audits, community-led monitoring systems, and transparency measures that ensure companies follow through on their environmental and health commitments. Community participation in decision-making processes should be

prioritized to ensure that affected populations have a voice in the policies that govern their health and environment.

v. **Community-Led Environmental Monitoring and Advocacy:** Local communities must be empowered through capacity building to take part in environmental monitoring and advocacy. Governments should support grassroots environmental initiatives that focus on water quality monitoring and health assessments, giving local populations the tools to demand accountability from corporations and policymakers. Civil society organizations should also be engaged to amplify community concerns and push for stronger environmental regulations that prioritize public health and sustainability.

13. Health Significance

The health significance of the Integrated Environmental-Health Accountability Framework (IEHAF) lies in its ability to bridge the gap between environmental degradation and public health inequities in regions affected by extractive industries. The Niger Delta represents a stark example of how industrial pollution, specifically from oil extraction, can lead to chronic health conditions, including gastrointestinal diseases, respiratory illnesses, and neurological disorders. These health issues are directly linked to pollution exposure through contaminated water, food chains, and air pollution. However, the cumulative effects of this exposure are often underestimated due to the lack of integrated monitoring between environmental pollution and health outcomes. IEHAF highlights that water contamination is not just an environmental concern but the central health determinant for many communities in the Niger Delta. As pollution levels increase in both surface and groundwater, the health burden, measured in terms of morbidity, mortality, and economic loss, grows exponentially. This creates a feedback loop where the region's economic instability is exacerbated by the direct and indirect health costs of pollution, which in turn limits the community's ability to address the root causes of degradation. The inability to address this crisis perpetuates poverty, as households spend large portions of their income on medical expenses, lose productivity due to illness, and experience reduced income from agriculture and fisheries. By operationalizing IEHAF, it is possible to move away from reactive policies that treat health impacts as isolated incidents, and instead adopt a proactive, systems-level approach that treats pollution as a central health threat. This includes integrating health metrics into environmental assessments, strengthening public health surveillance systems, and ensuring that extractive industries are financially responsible for the long-term health effects of their operations. Furthermore, health equity in extractive regions depends on addressing the socioeconomic dimensions of the health crisis. The framework underscores that vulnerable populations, particularly those dependent on fishing and farming, are disproportionately affected by contamination, and their health vulnerabilities are compounded by economic marginalization. IEHAF proposes a path to restore health justice by holding both corporations and governments accountable for the health outcomes of extractive practices, ensuring that sustainable development is prioritized over short-term economic gains. In conclusion, the health significance of IEHAF is clear: it offers a comprehensive, holistic framework for linking environmental degradation to public health outcomes. By shifting the focus from isolated health interventions to a broader environmental-health governance model, IEHAF can contribute to breaking the vicious cycle of pollution-induced illness and socioeconomic disadvantage. In doing so, it offers hope for a healthier, more resilient future for the Niger Delta and similar regions suffering from extractive exploitation. Thus, graphically it is represented as figure 4.



Figure 4. Integrated Environmental Health Accountability Framework Cycle.

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