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Posted Date: 6 July 2024

doi: 10.20944/preprints202407.0488.v1

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*Article*

# Interest of Lung Ultrasound in the Management of Acute Heart Failure in Post-Emergency Service

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**Abstract:** (1) Background: LUS has emerged as a simple, rapid and non-invasive method for the dynamic assessment of pulmonary congestion, a major prognostic factor and a therapeutic target in AHF. (2) Methods: In the single-center prospective observational study, 42 patients hospitalized for AHF in the post-emergency polyvalent medicine department of CHU Grenoble were successively included between May 2021 and July 2022. Clinical examination, LUS and electrolyte panel results were collected daily. Vital status was assessed 30 days after the last LUS. The primary endpoint was the evolution of the number of B-lines according to the dose of diuretic administered ; (3) Results: We performed 188 LUS. Our patients were elderly (85.8 [SD 8.1]) and comorbid. The median number of B-lines decreased from 17 at admission to 7 in the middle of the hospital stay, then stagnated until discharge. Simultaneously, the median dose of diuretics, initially stable at a maximum of 40 mg/d IV, decreased to 20mg/d IV by the end of hospital stay. Patients with CKD had a higher mean number of B-lines at entry (24.2 [SD 11.6]) compared to those without CKD (8.2 [SD 8.8]). However, the evolution of B-lines number was independent of creatinine levels. 30-day all-causes mortality was significantly related to the number of B-lines at discharge (15.2 [SD 10.1] in deceased patients versus 3.9 [SD 5.4] in living patients,  $p < 0.001$ ) ; (4) Conclusions: In the absence of a gold standard, LUS appears to be an additional tool for optimizing the management of AHF.

**Keywords:** acute heart failure; pulmonary congestion; lung ultrasound

## 1. Introduction

The Heart failure is a major public health problem. In France, this frequent and growing pathology affects 2.3% of the adult population and is responsible for 70,000 deaths per year. Acute heart failure (AHF) is one of the leading cause of hospitalization in patients over 65 years old, with hospital stays that are often long and expensive [1].

Pulmonary congestion appears as a major prognostic factor in AHF [2,3], and therefore represents an important therapeutic target [4]. However, it is poorly evaluated by the usual methods used in the medical ward. Clinical evaluation is not very sensitive for its detection [5], even by experienced physicians, and pulmonary auscultation is poorly reproducible. These clinical evaluation is not standardized, yet it represents the usual patient monitoring and is used to adapt diuretic therapy. Studies are currently underway to standardize this care, such as the CARESS protocol within the PRODUCT HF study [6].

LUS is an easy-to-use, rapid, reproducible and non-invasive method that offers bedside evaluation of pulmonary congestion status [7]. Minimal training is required and reproducible results

are obtained after 30 minutes to 1 hour of practice [8]. A B-line, or comet tail, is an ultrasound artefact characterized by a vertical hyperechogenic line starting from the pleural line, not fading, and moving synchronously with the lung sliding. It reflects the presence of engorged interlobular septa, areas where air is in close contact with water, leading to decreased air content and increased lung density due to differences in acoustic impedance. The number of B-lines increases with the reduction in air content. They are correlated with the presence of an alveolar-interstitial syndrome, with a sensitivity and a specificity of 93% [9,10].

The value of LUS for the diagnosis of AHF has already been proven, particularly in patients admitted to the emergency department (ED) for acute dyspnea [8–10]. Monitoring B-lines could be interesting for tracking pulmonary congestion, allowing for treatment in AHF patients and improving their prognosis. Additionally, diuretic administration is followed by a rapid decrease in the number of B-lines [11].

In this prospective observational study, we will correlate the evolution of B-lines with diuretic posology and clinic and biologic signs of pulmonary congestion in patients admitted with AHF in a polyvalent medicine unit.

## 2. Materials and Methods

### 2.1. Study Design

We conducted this single-center prospective cohort study in the internal medicine department of Grenoble Alpes University Hospital (CHUGA). This department admits a large number of patients directly from the ED and with any type of medical pathologies.

The senior doctors working in this department are emergency physicians, general practitioners, geriatrics and internists.

### 2.2. Population

Patients admitted to the internal medicine department from ED between May 18, 2021, and July 15, 2022, were screened for inclusion. Patients are eligible if they are over 18 years-old and present an AHF at admission. The diagnosis is assessed by two senior physicians, according to the diagnostic criteria of the European Society of Cardiology (ESC) guidelines [12]. Patients undergoing hemodialysis, those with pneumonectomy or lung fibrosis and those under guardianship or deprived of freedom are excluded.

### 2.3. Heart Failure Treatment and Protocol

Patients are treated for AHF according to usual practices and with the help of a protocol created by the cardiologists at CHUGA, which summarize the guidelines of the ESC [Appendix A]. This protocol uses clinical assessment, weight and diuresis to guide therapeutic adjustments, ultrasound techniques are not available in the department. The protocol has been in use for several months before the start of the study and physicians were encouraged to follow it. However, adaptation of diuretic posology were left to their discretion.

### 2.4. Lung Ultrasound Protocol

For each patient, LUS is performed at admission and daily by a senior physician from the department who is not in charge of the patient and is blinded to clinical and biological findings.

The patient's position can influence the number of B-lines [7,13], *raison why*, for each LUS at bedside, we positioned our patients in a 30° supine position using adjustable beds. Inspired by the BLUE-protocol of Lichtenstein [10,14] and according to the expert consensus document [15], four points on each hemithorax are analyzed : two anterior points, between the sternum and the anterior axillary line, one under the clavicle and one under the nipple ; and two lateral points, between the anterior and posterior axillary lines, one superior and one inferior.

For each area, the number of B-lines is counted, and the presence of pleural effusion is recorded. In areas where pleural effusion is present, the number of B lines is not counted. Results are reported on a paper form [Appendix B], completed by the physician for each exam, and kept sealed.

GE Healthcare Vivid T8 echograph device is used, with a 3.5-5 MHz phased array transducer at an imaging depth of four to six centimeters. The depth is set according to the department's standard practices to ensure standardized image reading, it could be adjusted according to the patient's size.

Most of the physicians already had an echography certification, while others completed a theoretical and practical course before starting the inclusions.

### *2.5. Follow-Up / Data Collection*

Medical information about the patient's status is recorded at admission and updated daily by the physician responsible for the patient [Appendix C] in a nominative data collection notebook [Appendix D].

Demographic variables (age, sex), past medical history and comorbidities (Modified Charlson score), usual treatments, heart failure characteristics (aetiology, ejection fraction), physical examination findings and clinical variables (height, weight, vital signs, heart failure signs and symptoms), as well as results of electrocardiogram, chest radiography and biological test (hemogram, electrolyte panel and renal function, martial assessment, liver function test, natriuretic peptides, troponin, and nutritional status) are recorded at admission.

Every day, including the day of discharge, clinical signs and symptoms of heart failure, vital parameters, administered diuretic treatment, and available electrolyte panel are recorded.

On the day of discharge, we collect information on the triggering factor of cardiac decompensation, whether iron was administered during hospitalization, nutritional and kinetic assessment, and planned follow-up (both biological and medical). Patients who remain in the hospital after the resolution of AFH for a social issue (institutionalization or implementation of home help) or secondary medical issue are considered discharged after 48 hours of stable diuretic treatment.

Vital status and possible rehospitalization are enquired 30 days after the last LUS by reviewing hospital medical records or via phone calls to the patient, their family, or their attending physician.

### *2.6. Study Outcomes*

The primary endpoint examined is the daily measurement of the number of B-lines in LUS compared to the evolution of diuretic doses.

Several secondary outcomes are assessed : the evolution of the number of B-lines according to clinical signs of cardiac overload (crackles and lower limbs oedemas) and the agreement between them at hospital discharge ; the evolution of the number of B-lines according to plasma creatinine level; and the prognostic value of LUS at discharge in predicting readmission for AHF and all-causes mortality at 30 days.

We also aim to assess the feasibility of daily monitoring of LUS during working days, as well as the interobserver reproducibility of LUS by two doctors on the same group of patients, on the same day.

### *2.7. Statistical Analysis*

We calculated that with a sample size of 42, a two-sided 95% confidence interval for a single mean will extend one from the observed mean, assuming that the standard deviation is known to be 3,28 and the confidence interval is based on the large sample z statistic.

For the statistical analysis, the duration of follow-up for each patient was divided into four parts, with 100% representing the total time of hospitalization. A descriptive statistical analysis was performed on the baseline characteristics of the population. Continuous variables are reported as median (interquartile range [IQR]) or mean value (standard deviation [SD]), as appropriate. Categorical variables are expressed as percentage (%).

In the analysis of the primary endpoint, we first used a Join Point regression model describing B-lines and diuretic posology. Then, a temporal trend analysis was performed on the evolution of the number of B-lines and posology of diuretics. A linear regression model was employed to model the linear trend and to compare trends according to the hospitalization duration threshold defined as 0% (admission), 25%, 50%, 75% et 100% (discharge). Adjustment for patient age was performed.

The assessment of the evolution of the number of B-lines according to clinical signs of cardiac overload, the relationship between B-lines and crackles at discharge and the evolution of B-lines count according to plasma creatinine level was performed using the same analysis as the primary endpoint.

The prognostic value of LUS at discharge for predicting readmission or all-causes mortality at 30 days was analyzed using a linear regression model.

For the reproducibility study, we calculated a correlation coefficient : an intraclass correlation coefficient for the quantitative variable (B-lines) and a Kappa coefficient for the qualitative variable (pleural effusion).

Statistical significance was set at  $p < 0.05$ . All analysis was performed using the programs RStudio (Version 2022.07.1, PBC, Boston, MA) and Jamovi (Version 2.3.13.0, Sydney, Australia).

### 2.8. Ethical Aspects

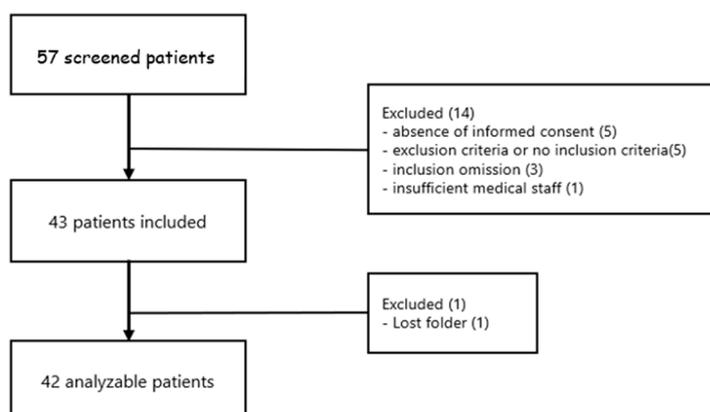
The study protocol and its review were approved by an institution review board (Comité de Protection des Personnes Est III), on November the 4<sup>th</sup> of 2020 [Appendix F] and on March the 3<sup>rd</sup> of 2022 [Appendix G], respectively. This study was conducted in accordance with the principles of the Declaration of Helsinki.

Patients received oral and written information about the nature of the study, its objectives and expected benefits. Their non-opposition was recorded by one of the senior physicians involved in the research project, in accordance with the French law for observational study with usual care. If patients were unable to decide for themselves, the consent was obtained from their support person.

## 3. Results

### 3.1. General Characteristics

From May 25, 2021, to July 14, 2022, 57 patients hospitalized for AHF were screened, and 43 were included in the study. Finally, 42 patients were analyzed due to the loss of a file (Figure 1). No patients were lost for follow-up.



**Figure 1.** Flow chart.

The population was elderly (average age, 85.8 + 8.2 years), mainly masculine (61.9%) and had multiple comorbidities (Charlson Comorbidity Index (CCI) 8.5 + 2.3). Additionally, 73.8% of patients had a known heart disease and received an average daily dose of 135,5 mg of furosemide at home (range 0-1000mg). (Table 1).

**Table 1.** Characteristics of the study population.

	No	Mean (SD) or No. (%)
<b>Baseline characteristics</b>		
Age, years (extremes)	42	85.8 (SD 8.2) (71.7 - 98.8)
Male gender	42	26 (61.9%)
BMI (kg/m <sup>2</sup> )	39	26.5 (SD 6.2)
Charlson Comorbidity Index	42	8.5 (SD 2.3)
Chronic kidney disease	42	22 (52%)
Hypertension	42	32 (76%)
Diabetes	42	18 (43%)
<b>Previous cardiac history</b>		
Know heart disease	42	31 (73.8%)
LVEF	25	49.8 (SD 13.5)
Daily <i>per os</i> furosemide posology (mg)	42	132.5 (SD 231.5)
<b>Triggering factor of AHF</b>		
Unknown	42	8 (19,0%)
Anaemia	42	9 (21,4%)
Pneumopathy	42	8 (21,4%)
Atrial fibrillation	42	5 (11,9%)
Other bacterial infections (pyelonephritis, erysipelas)	42	4 (9,5%)
Recent decrease in diuretic treatment	42	2 (4,8%)
Non-compliance in healthcare	42	2 (4,8%)
Pulmonary embolism	42	1 (2,4%)
Altitude hypoxemia	42	1 (2,4%)
Covid-19	42	1 (2,4%)
<b>Biological and radiography characteristics at admission</b>		
Haemoglobin (g/dL)	42	11.2 ( SD 1.9)
Ferritin (ng/ml)	30	167.1 (SD 199.2)
Transferrin saturation (%)	30	12.4 (SD 9.1)
Creatinine (µmol/L)	42	134.9 (SD 55.0)
Urea (mmol/L)	42	14.7 (SD 9.5)
Natremia (mmol/L)	42	139.8 (SD 3.8)
Kalemia (mmol/L)	41	4.2 (SD 0.7)
NT-pro BNP (ng/L)	41	9041 (SD 8770.6)
Albumin (g/L)	35	32.1 (SD 5.6)
Signs of pulmonary oedema on chest radiography	36	30 (83.3%)
<b>During hospitalization</b>		
Length of hospitalization (days)	42	8.0 (5.1)
Furosemide posology IV received in ED (mg)	42	122.4 (SD 214.5)
Furosemide posology IV/24h on admission (mg)	42	159.2 (SD 256.5)
Intra-venous iron supplementation	42	24 (57.1%)
Dietetic consultation	42	15 (35,7%)
Physiotherapy	42	25 (59,5%)
Therapeutic patient education	42	5 (11,9%)
<b>At discharge</b>		
Daily <i>per os</i> furosemide posology (mg)	42	153.9 (SD 268.5)
Biological check-up at 7 days	42	22 (52,4%)
Consultation with attending physician at 7 days	42	18 (42,9%)
Consultation with cardiologist at 20 days	42	20 (47,6%)

BMI = body mass index ; LEVF = left ventricular ejection fraction ; AHF = acute heart failure ; NYHA = New York Heart Association ; BNP = brain natriuretic peptide ; ED = emergency department ; IV = intra venous.

The Table 2 presents the clinical examination findings, creatinine level, as well as the furosemide posology and number of B-lines at different times during hospitalization.

Table 2. Characteristics evolution of the patients during hospitalization.

		Admission (0%)	25%	50%	75%	Discharge (100%)
<b>Weight loss</b>						
Mean (SD) [count]		-	-0,8 (-0,4) [24]	-1,7 (-0,8) [22]	-1,6 (-1,2) [21]	-2,7 (-1,6) [20]
<b>Dyspnoea (self-evaluation)</b>						
Mean (SD) [count]		5.1 (3.2) [34]	3.3 (2.9) [25]	2.1 (2.5) [26]	1.8 (2.3) [25]	1.7 (2.2) [28]
<b>NHYA</b>						
Mean (SD) [count]		3.1 (1.0) [35]	2.3 (1.0) [27]	2.2 (1.0) [27]	2.1 (0.9) [23]	2.2 (0.9) [27]
<b>Orthopnoea</b>	<b>Yes</b>	36.6% [15]	14.7% [5]	9.7% [3]	7.4% [2]	2.6% [1]
<b>% of total [count]</b>	<b>No</b>	63.4% [26]	85.3% [29]	90.3% [28]	92.6% [25]	97.4% [37]
<b>Asthenia (self-evaluation)</b>						
Mean (SD) [count]		5.6 (3.0) [31]	4.4 (2.7) [23]	3.9 (3.0) [20]	3.3 (3.2) [18]	3.2 (2.6) [21]
<b>Crackles</b>	<b>No</b>	24.4% [10]	32.3% [10]	35.5% [11]	30.0% [9]	44.7% [17]
<b>% of total [count]</b>	<b>Base</b>	26.8% [11]	38.7% [12]	48.4% [15]	53.3% [16]	31.6% [12]
	<b>1/4 lung</b>	12.2% [5]	6.5% [2]	6.5% [2]	10.0% [3]	21.1% [8]
	<b>1/2 lung</b>	29.3% [12]	22.6% [7]	9.7% [3]	6.7% [2]	2.6% [1]
	<b>3/4 lung</b>	7.3% [3]	0.0% [0]	0.0% [0]	0.0% [0]	0.0% [0]
<b>VM abolition</b>	<b>No</b>	61.0% [25]	75.0% [24]	63.3% [19]	63.3% [19]	84.2% [32]
<b>% of total [count]</b>	<b>Base</b>	22.0% [9]	9.4% [3]	23.3% [7]	26.7% [8]	10.5% [4]
	<b>1/4 lung</b>	4.9% [2]	6.2% [2]	3.3% [1]	3.3% [1]	5.3% [2]
	<b>1/2 lung</b>	7.3% [3]	6.2% [2]	6.7% [2]	6.7% [2]	0.0% [0]
	<b>3/4 lung</b>	2.4% [1]	3.1% [1]	3.3% [1]	0.0% [0]	0.0% [0]
	<b>All lung</b>	2.4% [1]	0.0% [0]	0.0% [0]	0.0% [0]	0.0% [0]
<b>Lower limbs oedema</b>	<b>No</b>	33.3% [14]	50.0% [16]	14 (46.7%)	48.3% [14]	56.8% [21]
	<b>Ankle</b>	28.6% [12]	21.9% [7]	12 (40.0%)	44.8% [13]	45.1% [13]
<b>% of total [count]</b>	<b>Knee</b>	28.6% [12]	25.0% [8]	3 (10.0%)	6.9% [2]	5.4% [2]
	<b>Thigh</b>	9.5% [4]	3.1% [1]	1 (3.3%)	0.0% [0]	2.7% [1]
<b>Creatinine (µmol/l)</b>						
Mean (SD) [count]		133.7 (55.1) [42]	139.1 (51.8) [30]	139.8 (54.0) [26]	144.1 (58.5) [21]	142.8 (57.5) [30]
<b>Furosemide posology (IV, mg)</b>						
Mean (SD) [count]		162.1 (SD 259.0) [42]	147.4 (224.7) [35]	124.0 (220.2) [36]	80.5 (137.4) [34]	77.0 (134.2) [42]
<b>Pleural effusion</b>	<b>Yes</b>	61.5% [8]	60.0% [15]	48.0% [12]	46.2% [12]	35.7% [10]
<b>% of total [count]</b>	<b>No</b>	38.5% [5]	40.0% [10]	52.0% [13]	53.8% [14]	64.3% [18]
<b>B-lines left</b>						
Mean (SD) [count]		9.1 (7.5) [13]	6.8 (5.1) [25]	5.6 (5.1) [25]	4.8 (4.1) [26]	4.5 (3.5) [28]
<b>B-lines right</b>						
Mean (SD) [count]		9.8 (7.1) [13]	8.2 (6.9) [25]	6.3 (4.8) [25]	6.0 (4.2) [26]	3.9 (4.0) [28]
<b>Total B-lines</b>						
Mean (SD) [count]		18.1 (13.0) [13]	13.4 (10.2) [25]	11.9 (9.4) [25]	10.8 (7.8) [26]	8.4 (6.8) [28]

NHYA = New York Heart Association ; VM = vesicular murmur ; IV = intra venous.

### 3.2. Reproducibility and Feasibility

After comparing 17 exams conducted by two different physicians, the intraclass correlation coefficient obtained for the total number of B lines was 0,809 (IC 95% : 0.556 – 0.955) and the Cohen's kappa coefficient for the presence of pleural effusion was 0,764 (IC 95% : 0.403 – 1.00).

The 42 patients analyzed accumulated 237 working days of hospitalization. A total of 188 LUS were performed, representing 79,3% of the working days. In other words, 20,7% of the LUS were missing during patient follow-up.

### 3.3. LUS B-Lines, Posology Diuretics, Clinical and Biological Parameters

The number of B-lines decreases promptly and importantly at the beginning of hospitalization with the diuretic therapy, then stabilizes in the middle and remains so until discharge. Diuretic posology remains stable at beginning of hospitalization, then decreases towards the middle and until discharge (Figure 2).

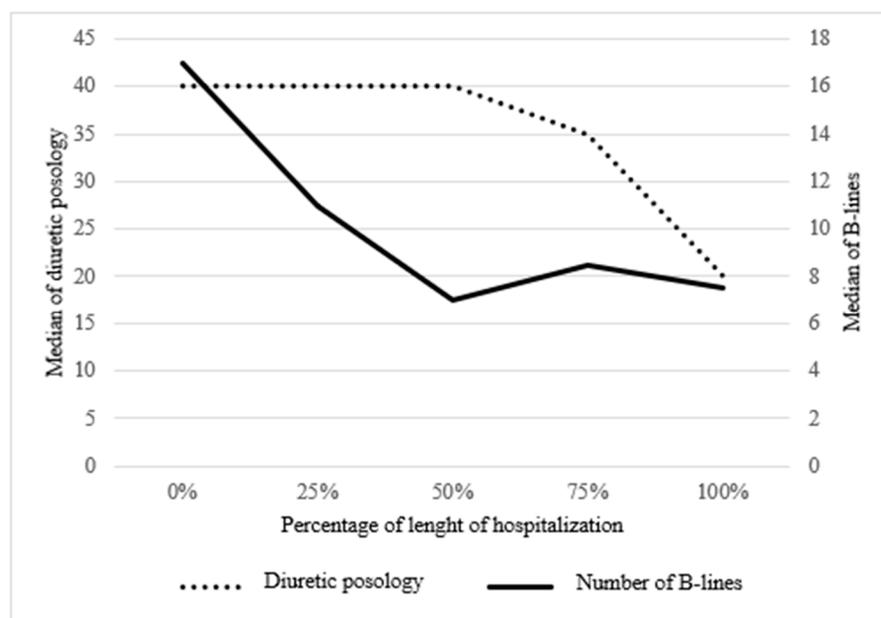


Figure 2. Evolution of median B-lines and median diuretic posology according to time.

The crackles also decrease during hospitalization, without any significant relationship to the number of B-lines (Table 3).

Table 3. Evolution of number of B-lines according to crackles.

Hospitalization time	Intensity of clinic sign	No.	B-lines mean (SD) [count]	p value <sup>1</sup>
Admission (0%)	Absent		14.7 (9.1) [3]	0.295
	Moderate <sup>a</sup>	13	12.8 (14.4) [5]	
	Severe <sup>b</sup>		25.4 (12.3) [5]	
25%	Absent		10.3 (11.4) [10]	0.824
	Moderate <sup>a</sup>	31	8.7 (9.9) [14]	
	Severe <sup>b</sup>		11.7 (11.1) [7]	
50%	Absent		9.8 (11.8) [11]	0.539
	Moderate <sup>a</sup>	31	9.1 (8.3) [17]	
	Severe <sup>b</sup>		3.0 (3.6) [3]	
75%	Absent		12.8 (9.4) [9]	0.223
	Moderate <sup>a</sup>	30	7.4 (7.9) [19]	

	Severe <sup>b</sup>		4.5 (6.4) [2]	
	Absent		6.6 (7.1) [17]	
<b>At discharge (100%)</b>	Moderate <sup>a</sup>	39	3.9 (6.4) [21]	0.055
	Severe <sup>b</sup>		20.0 (NA) [1]	

<sup>a</sup>Crackles in bases and 1/4 lung <sup>b</sup>Crackles in 1/2, 3/4 and all lung. <sup>1</sup> Linear Model ANOVA.

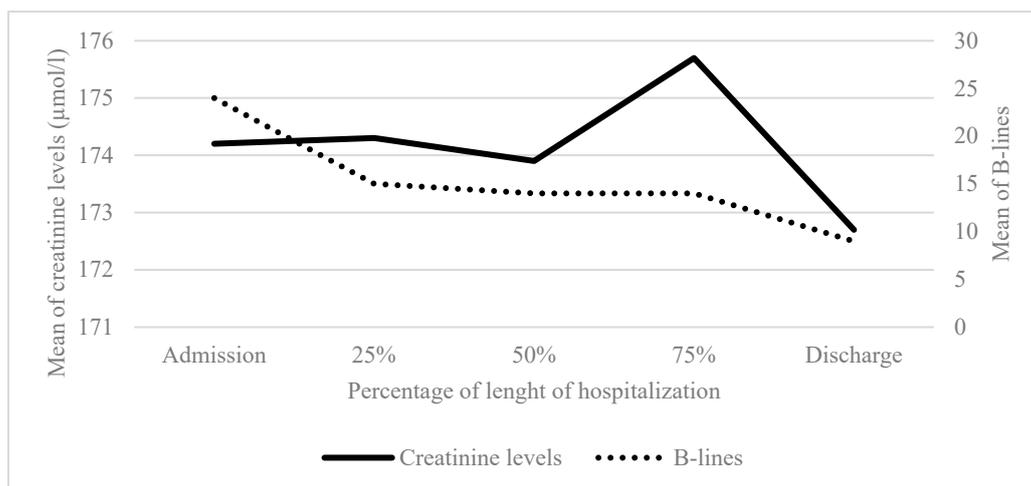
At discharge, there is no significant connection between the number of B-lines and the presence or intensity of crackles. (Table 4).

**Table 4.** Correlation between crackles intensity and the number of B-lines at discharge.

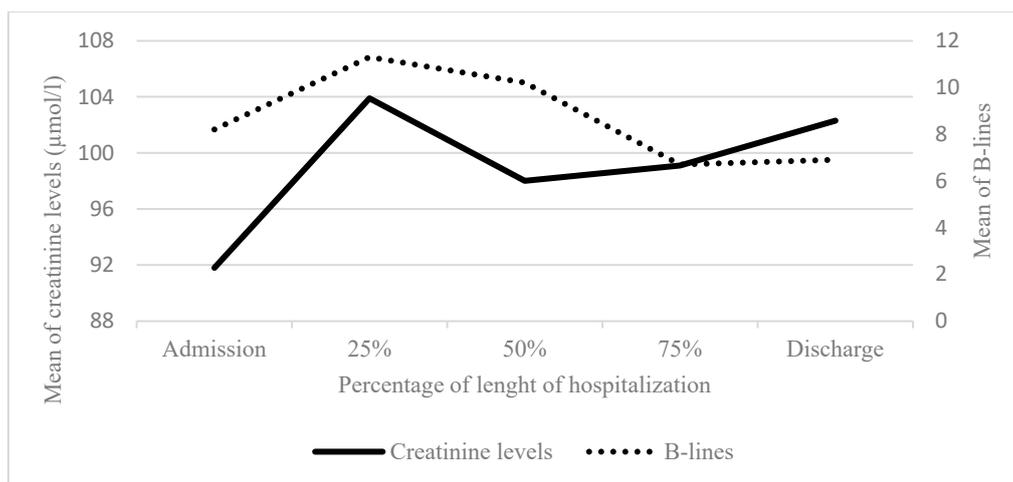
At discharge	No crackles	Bases crackles	¼ lung crackles	½ lung crackles	¾ lung crackles	All lung crackles	p-value <sup>1</sup>
<b>B lines</b>							
Mean (SD)	6.6 (7.1) [17]	4.1 (7.2) [13]	3.6 (5.4) [8]	20.0 (NA) [1]	0.0 (NA) [0]	0.0 (NA) [0]	0.124
[count]							

<sup>1</sup> Linear Model ANOVA.

Twenty-two patients (52%) had a known history of chronic kidney disease (CKD) with a baseline average creatinine value of 155.7  $\mu\text{mol/l}$ . Their average value was 174.2  $\mu\text{mol/l}$  at hospital admission and remained relatively stable throughout the hospital stay (Figure 3). Among them, 15 (68%) suffered acute kidney injury (AKI). AKI was present in 11 patients (50%) at admission and 4 patients (18%) developed it during hospitalization. The 20 patient (48%) without a history of CKD had an average creatinine level at admission of 91.8  $\mu\text{mol/l}$ , which also remained stable throughout their hospital stay (Figure 4). Among them, seven patients (35%) suffered from AKI with 2 patients (10%) having AKI at admission and an additional 5 patients (25%) developing it during hospitalization. Table 5 shows that, at admission, patients with a history of CKD had a significantly higher number of B-lines than those without a history of CKD. There was no relationship observed between the evolution of the number of B-lines and creatinine levels.



**Figure 3.** Evolution of number of B-lines and creatinine levels according to time in patients with a history of CKD. CKD = Chronic kidney disease.



**Figure 4.** Evolution of number of B-lines and creatinine levels according to time in patients without a history of CKD. CKD = Chronic kidney disease.

**Table 5.** B-lines evolution according to creatinine measurement.

Hospitalization time	CDK history	No.	Creatinine in µmol/l mean (SD) [count]	B-lines mean (SD) [count]	p value <sup>1</sup>
Admission (0%)	Yes	22	174.2 (43.1) [22]	24.2 (11.6) [8]	0.023
	No	20	91.8 (26.9) [20]	8.2 (8.8) [5]	
25%	Yes	22	174.3 (43.8) [15]	14.6 (9.4) [16]	0.450
	No	20	103.9 (31.4) [15]	11.3 (11.7) [9]	
50%	Yes	22	170.5 (49.8) [15]	13.7 (10.2)[12]	0.373
	No	20	98.0 (21.7) [11]	10.2 (8.7) [13]	
75%	Yes	22	171.8 (56.6) [13]	14.4 (8.5) [14]	0.008
	No	20	99.1 (23.3) [8]	6.7 (3.9) [12]	
At discharge (100%)	Yes	22	169.8 (57) [18]	9.2 (7.5) [18]	0.406
	No	20	102.3 (26.9) [12]	6.9 (5.2) [10]	

<sup>1</sup> Linear Model ANOVA.

Within one month of hospitalization, 5 patients (12%) died and 7 patients (20%) were re-hospitalized for AHF. Only one of the deceased patients died after readmission for AHF. The relationship between the number of B-lines and the vital status at 30-days discharge is statistically significant with a p-value < 0.001 (Table 6).

**Table 6.** B-lines at discharge according to vital and hospital status 30-days after discharge.

At 30-days after discharge		B-lines mean (SD) [count] at discharge	p-value <sup>1</sup>
Vital status	Death (all causes)	15.2 (10.1) [5]	<0.001
	Alive	3.9 (5.4) [37]	
Hospital status for AHF	Readmission	4.9 (5.4) [8]	0.469
	No readmission	4.1 (5.7) [30]	

<sup>1</sup> Linear Model ANOVA.

#### 4. Discussion

In this prospective monocentric study conducted in a post-urgency ward, we interested the relationship between the number of B-lines on LUS, the administrated diuretic posology, and the clinical and biological signs of cardiac overload in hospitalized patients with AHF. We observed an important decrease in the number of B-lines during the first half of hospitalization, followed by a stabilization trend, and a stabilization trend then, while the diuretic posology decreased during the second part of hospitalization. At discharge, some of the patients presented subclinical pulmonary overload without crackles but with the persistence of B-lines. The presence of B-lines at discharge is significantly associated with a higher risk of mortality at 30-days.

Previous studies examining the relationship between LUS B-lines and diuretic posology in hospitalized patients outside cardiology and intensive care unit are limited. Pang et al [16] conducted a pilot trial wherein patients consulting for AHF and pulmonary congestion in the ED were divided into two groups to compare standard care and a LUS-guided strategy-of-care in the first six hours. Patients in the intervention group showed a consistent numerical reduction in B-lines during hospitalization, suggesting that protocol driven therapy may facilitate a faster congestion reduction. Panuccio et al [17] conducted a pilot study in hospitalization patients for AKI in nephrology ward. They showed that LUS is superior to clinical examination for detecting interstitial lung edema, notably in preclinical stages of congestion. Cardiology groups have also assess the utility of LUS in adjusting diuretic treatment in outpatient settings. For example, Rivas-Lasarte et al. [18] used LUS to monitor patients after a hospitalization for AHF and showed that patients with LUS-guided adjustment of diuretic treatment had fewer urgent visit, fewer hospitalization for lower all-cause mortality rates (HR = 0.518 [CI 95% : 0.268-0.998 ; p = 0.049]) compared to those with standard follow-up.

Our results are consistent with previous studies that report a discrepancy between clinical pulmonary congestion, notably crackles, and LUS B-lines. This discrepancy can occur at both admission and discharge, as some patients may have subclinical pulmonary fluid overload that is not detectable through clinical examination. LUS can identify this clinically silent pulmonary edema. In the study by Platz and al. [7], 35% of patients with acute heart failure did not have crackles at admission, whereas only 6% did not have B-lines. At discharge, Rivas-Lasarte and al. [19] found that 40% of their patients who were "lung dry" to auscultation still had subclinical fluid overload detected by LUS, which seems to have similarly poor prognosis as overt clinical pulmonary congestion. The poor interobserver agreement of crackles at lung auscultation can also participate to this discrepancy. For Panuccio et al [17], in patients with AKI, the agreement between lung crackles and LUS-B lines was poor ( $\kappa = 0.02$ ,  $p = 0.63$ ). Ramos-Hernandez et al [20] compared the interobserver agreement of LUS and lung auscultation, finding good reproducibility for B-lines ( $\kappa = 0.81$  [CI 95% : 0.81 – 0.83]) but poor reproducibility for crackles ( $\kappa = 0.18$  [CI 95% : 0.16 – 0.20]).

Evaluating lung congestion in patients with AKI is a challenging task. Panuccio et al [17] showed that in patients with AKI hospitalized in nephrology ward, hidden lung congestion is more frequent in apparently euvoletic and hypovolemic patients. Approximately 30% of their euvoletic and hypovolemic patients presented clear-cut cardiovascular congestion. For Ruggenti et al [21], patients with AHF and concomitant AKI require urgent and effective therapy, as the combination of both is a stronger predictor of mortality. The emphasize that the priority must be pulmonary decongestion without being limited by altered renal markers. Blair et al [22] noted that AKI appearing in-hospital reflects aggressive decongestion, as it is frequently associated with reductions in natriuretic peptides, blood pressure and body weight, which are good prognostic factors. We did not find studies focusing on LUS and the clinical or biological signs of AKI during episodes of AHF. In our study, patients with a history of CKD had more B-lines at admission than those with healthy kidneys. This relationship was significant only at admission. During hospitalization, creatinine levels remained steady in both groups while the number of B-lines decrease.

The lack of clearance of B-lines at the discharge seems to be associated with a high risk of adverse events, such as ED consultation, readmission for AHF, and all-causes mortality. Our results of 30-day all-cause mortality and readmission for AFH are consistent with data of the American Heart

Association, which reports rates of 10% and 20-25% respectively, in patients older than 65 years following an episode of AHF [23]. Cogliati et al [3] who studied in-patients in an internal medicine department, found that the sonographic score was significantly associated with adverse events at 100days, with a hazard ratio (HR) of 1.19 (IC 95% : 1.05-1.14 ;  $p = 0.005$ ). Similarly, E. Platz et al [24] found a strong relationship between the risk of adverse event and a high number of B-lines at discharge, with an unadjusted HR at 60 days of 3.30 (IC 95 % CI : 1.52-7.17 ;  $p = 0.002$ ). In our study, we found a significant relationship between the number of B-lines and 30-days all-causes mortality. However, we did not find a connection between the number of B-lines and the risk of readmission, which is inconsistent with literature.

Gargani et al [4] and Miglioranza et al [25] concluded that the presence of fewer than 15 B-lines at discharge identifies a subgroup at extremely low risk of adverse event. Using this threshold to determine prognosis, we observed that among our deceased patients, four out of five had  $\geq 15$  B-lines, whereas among the surviving patients, only two out of 37 had  $\geq 15$  B-lines.

We focused on all-cause mortality and did not collect the cause of death. ~~Other~~ Several factors may contribute to explain this high mortality rate. The average age in the aforementioned studies were 70, 53 and 71 years respectively. Like us, only Cogliati et al [3] were interested in elderly patients. The mean age of our patient was 85.6 years (range : 71.7 – 98.8), and age is a known strong and independent predictor of mortality in patients with HF [26]. Furthermore CCI is an independent predictor of mid-term post-discharge mortality among elderly HF patients [27]. A CCI  $\geq 5$  is associated with an age-adjusted HR of 77.3 (IC 95% 74.7-79.8) for 1-year mortality [28] and our average CCI was 8.5 (range : 5 – 17). The prognosis seems to be influenced not only by pulmonary edema but also by the triggering factors and underlying conditions [29,30].

#### 4.1. Strengths

Our study has several strengths. First, we performed 8-zones LUS according to recommendations by international consensus statement [15] and interpreted in real time. LUS were performed with patients in the same position, using the same ultrasound device and configuration.

Second, although the extrapolation of our results may be limited by the small sample size and the single center approach, we performed a large number of LUS (188). Two main factors may explain the low number of patients included : first, the Covid-19 pandemic (the department only admitted Covid-19 patients during the months of December 2021 and January 2022, and three covid-19 clusters slowed down admissions); second, other departments in our hospital also admitted these patients (cardiology, geriatrics and short-stay hospitalization unit).

Third, most studies evaluating LUS are conducted in a cardiology or an intensive care units, with few are conducted in a polyvalent medicine ward. Our patients are mainly elder and have multiple comorbidities, bringing our study population closer to a geriatric population than to cardiology patients, who are often younger.

Fourth, practitioners performing the LUS were blinded to the clinical examination. Even though LUS was not performed by the same physician every day, the intraclass correlation coefficient for the number of B-lines was excellent (0,809 [IC 95%: 0.556 – 0.955]) and comparable to that found in other studies. For instance, Russel et al [31] reported a coefficient of 0,74 after a trial of approximately 11 exams and two hours of theoretical class. Miglioranza et al [25] reported a coefficient of 0.98 (95% IC : 0.98-0.99 ;  $p < 0.0001$ ) in a set of 20 consecutive patients, M. Mazzola et al [32] found a coefficient of 0.98 ( $p < 0.0001$ ) in 50 LUS videos evaluated by an expert reader.

Fifth, although doctors were free to prescribe treatment doses based on their assessment, our study positively impacted the implementation of standardized care protocols for AHF treatment in the department.

#### 4.2. Limitations

To our knowledge, our study had some limitations. First, the absence of a consensus definition of cardiac congestion and the lack of a gold standard to verify its presence are significant limitation for the diagnosis of AFH. Consequently, physicians relied on a set of clinical, biological and imaging

criteria to establish the diagnosis before including a patient, as recommend by the ESC [12]. There is also no consensus on the definition of ultrasound pulmonary congestion, which is why we decided to count the number of B-lines without setting a specific cut-off. We did not exclude patients with pleural effusion. We decided to record "0" when a pleural effusion prevented the counting of B-lines, which likely leads to an underestimation of congestion. This is also one of the limitations of our study.

Second, we did not perform daily LUS on each patient during working days as planned, we completed 79,3% of the intended exams. This can be explained by the high workload and the need for sufficient senior doctors to hold the blind. We did not find other studies that performed daily LUS, making this an original feature. Gargani et al [4] performed LUS at admission and discharge with 100% feasibility, Mazzola et al [32] conducted LUS at admission, and 24 and 48 hours after admission, and before discharge.

Third, during their stay in the ED, our patient received furosemide (an average of 122 mg IV). Some patients stayed for several hours, and we have no ultrasound data from this period. B-lines are dynamic and quickly impacted by diuretic treatment [7]. Consequently, our clinical and ultrasound examination may have shown fewer signs of congestion than when patients first arrived at ED. Pang et al [16] showed that patients with LUS-guided therapy in the ED had a significantly greater reduction in B-lines in the first 48 hours compared to those receiving usual care ( $p = 0.04$ ).

Fourth, the detection of B-lines does not necessarily imply the cardiogenic origin. Other pathologies can also cause of B-lines. None of our patients presented with ARDS and we excluded patients with fibrosis and pneumonectomy. However, we included patients with infectious pneumonia, which is a common trigger for AHF. We used the total number of B-lines for our analysis, which can be increased in such cases and may constitute a confounding factor. Nevertheless, according to Mazzola et al [32], LUS can monitor pulmonary decongestion in patients with AHF, whether they have associated pneumonia or not.

Fifth, we conducted the study without considering the left ventricular ejection fraction. Yang et al [33] did not find significant differences in the B-lines between heart failure with preserved ejection fraction (HFpEF) and reduced ejection fraction (HFrEF) groups. Conversely, Palazzuoli et al [34] found that patients with HErEF had more B-lines compare to them with HEpEF at admission ( $p$ -value = 0.04) and at discharge ( $p$ -value = 0.009). These studies are discordant, indicating a need for further research.

## 5. Conclusions

Over the last decade, pleuropulmonary ultrasound has emerged as an additional tool for diagnosing and monitoring patients who suffer from heart failure.

In this prospective observational study conducted in a multidisciplinary medical ward, we observed a trend towards stagnation in the number of B-lines at the end of hospitalization, while the administered diuretic posology continued to decrease. At the time of discharge, some of our patients presented a subclinical pulmonary overload. Subject to small patient numbers and the limitations describe above, we found a significant relationship between the number of B-lines at discharge and the risk of death at 30 days.

In the absence of a gold standard for the quantitative assessment of cardiac overload, LUS is an valuable tool that could help optimize the management of congestion, particularly when it becomes subclinical, thereby improving the 30-days prognosis. A randomized interventional study is needed to assess the value of echo-guided therapeutic management in conventional non-cardiology hospital settings.

**Author Contributions:** Conceptualization, A. Grember, C. Cheval and P. Dumanoir ; methodology, A. Grember, C. Cheval, P. Dumanoir and A. Bellier ; software, A. Bellier ; validation, P. Dumanoir and L. Bouillet ; formal analysis, A. Bellier, P. Dumanoir and E. Bel Alonso; investigation, R. Papillon, L. Mairot, A. Deroux and P. Dumanoir; resources, P. Dumanoir and L. Bouillet ; data curation, E. Bel Alonso, A. Grember and C. Cheval; writing—original draft preparation, E. Bel Alonso; writing—review and editing, P. Dumanoir and L. Bouillet ; visualization, E. Bel Alonso.; supervision, P. Dumanoir; project administration, P. Dumanoir. All authors have read and agreed to the published version of the manuscript.

**Funding:** This research received no external funding.

**Institutional Review Board Statement:** The study protocol and its review were approved by an institution review board (Comité de Protection des Personnes Est III), on November the 4<sup>th</sup> of 2020 (Appendix 6) and on March the 3<sup>rd</sup> of 2022 (Appendix 7) respectively. This study was conducted in accordance with the principles of the Declaration of Helsinki.

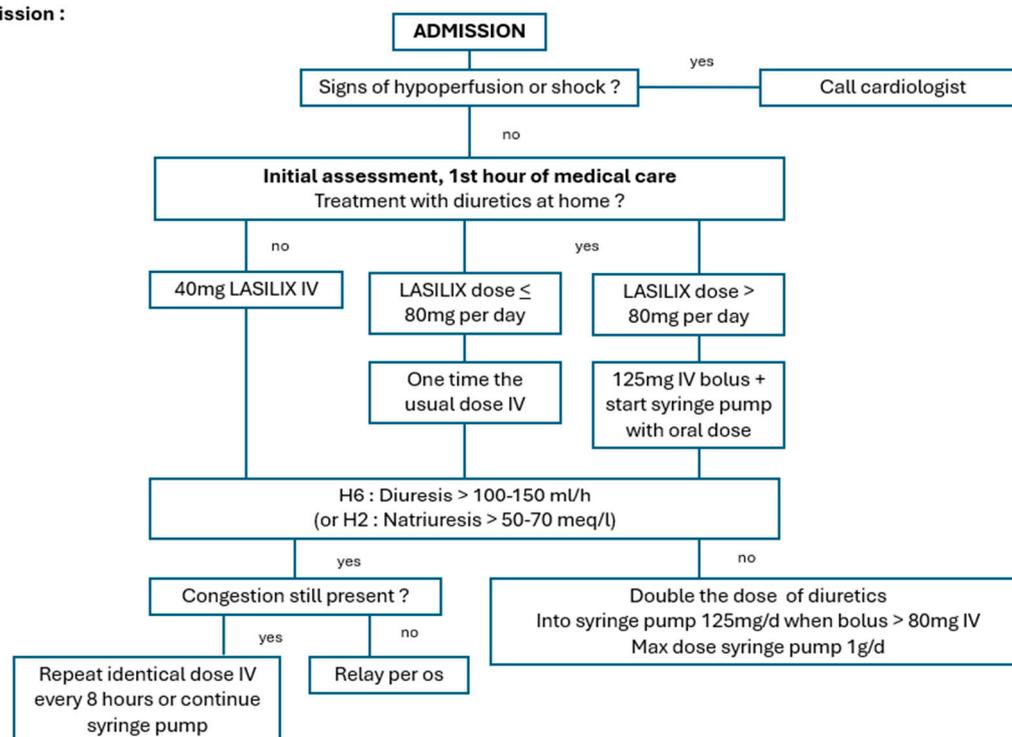
**Informed Consent Statement:** Patients received oral and written information about the nature of the study, its objectives and expected advantage. Their non-opposition was recorded by one of the senior physicians implied in the research project, according with the French law for observational study with usual care. If patients were unable to decide for themselves, consent from the support person was collected.

**Data Availability Statement:** We encourage all authors of articles published in MDPI journals to share their research data. In this section, please provide details regarding where data supporting reported results can be found, including links to publicly archived datasets analyzed or generated during the study. Where no new data were created, or where data is unavailable due to privacy or ethical restrictions, a statement is still required. Suggested Data Availability Statements are available in section "MDPI Research Data Policies" at <https://www.mdpi.com/ethics>.

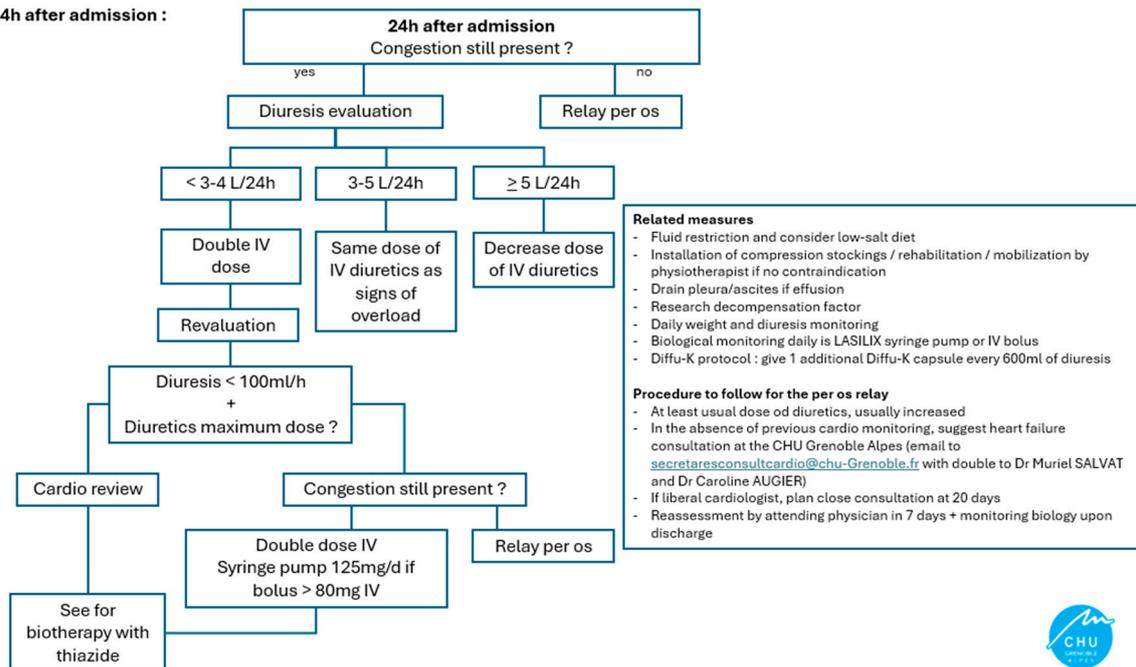
**Conflicts of Interest:** The authors declare no conflicts of interest.

## Appendix A. Diuretic Adaptation Protocol

- At admission :



- 24h after admission :



## Appendix B. Paper Form to Report LUS Results

EPPICA

Version 2 of 12/14/2021

**Data collection sheet**

EPPICA number patient :

Physician's name :

**TO BE COMPLETED DAILY**

DATE : .../.../...

TIME : ...

<b>Left Upper Blue Point</b>	<b>Right Upper Blue Point</b>
Number of B-lines :	Number of B-lines :
<b>Left Lower Blue Point</b>	<b>Right Lower Blue Point</b>
Number of B-lines :	Number of B-lines :
<b>Left Axillary</b>	<b>Right Axillary</b>
Number of B-lines :	Number of B-lines :
<b>Left Posterior base</b>	<b>Right Posterior base</b>
Number of B-lines :	Number of B-lines :
Pleural Effusion : yes – no	Pleural Effusion : yes – no

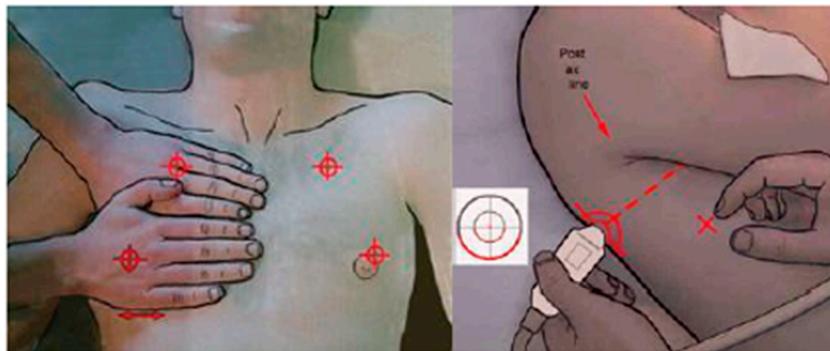


Image from Lichtenstein, D.A. Lung ultrasound in the critically ill. *Arch. Intensive Care* 4, 1 (2014). <https://doi.org/10.1186/2110-5820-4-1>

Two hands (the same size as the patient) are placed in this way, starting from the clavicle. The middle of the upper hand determines the upper BLUE-point. The middle of the lower palm, the lower BLUE-point. Starting transversely from the lower BLUE-point, a line crosses the posterior axillary line. This crossing, or as far back as possible, defines the PLAPS-point (posterior base).

## Appendix C. Follow-Up Table

Description of the data collected	Pre inclusion J0 (entry into service)	Inclusion T0	Daily during hospitalization	Follow-up visit 30 days (+/- 3 days) after the last ultrasound
Subject Information		✓		
Checking eligibility criteria	✓	✓		
Collection of clinical data		✓	✓	
Collection of biological data		✓	✓*	
Ultrasound		✓	✓	
Collection of rehospitalizations or vital status				✓
Medical record review				✓

## Appendix D. Data Collection Notebook

EPPICA

Patient No.:  
Version 3.0 of 12/14/2021

# Data collection WORKBOOK

## EPPICA study

EPPICA patient number:

ENTRY date , time and service :

.../.../... : ... ..

EXIT date and time :

.../.../... : ... ..

EXIT location:

EPPICA

Patient No.:  
Version 3.0 of 12/14/2021**TO BE COMPLETED UPON ADMISSION**

DATE : .../.../...

**History (medical and surgical):**

<input type="checkbox"/> Diabetes <input type="checkbox"/> Complicated <input type="checkbox"/> Excl. VAT <input type="checkbox"/> COPD <input type="checkbox"/> Chronic renal failure <input type="checkbox"/> Hepatocellular insufficiency <input type="checkbox"/> OSA <input type="checkbox"/> PAD, peripheral vascular pathology <input type="checkbox"/> Others:	Elements used to calculate the Charlson comorbidity index: <input type="checkbox"/> Dementia <input type="checkbox"/> Myocardial infarction <input type="checkbox"/> Chronic pulmonary pathology <input type="checkbox"/> Stroke / TIA <input type="checkbox"/> Sequel hemiplegia <input type="checkbox"/> Solid tumor <input type="checkbox"/> With metastases <input type="checkbox"/> Leukemia <input type="checkbox"/> Lymphoma <input type="checkbox"/> AIDS
---	---

Heart disease:  No  Yes: (specify)

Last LVEF (%): ...

**Usual treatments :**

- Furosemide  Dosage: ...
- Other diuretics: ...
- Beta blocking
- IEC / SCBA 2
- Calcium channel blocker
- Entresto (sacubitril + valsartan)
- Dapaglifozide
- Other treatments: ....

Constants				
Size	Weight (after weighing)	Cardiac frequency	Respiratory rate	Arterial pressure
_____ cm	_____ kg	_____ bpm	_____ /min	____/____ mmHg

EPPICA

Patient No.:  
Version 3.0 of 12/14/2021

Physical examination	
<b>Dyspnea</b> (assessed by patient)	0 – 1 – 2 – 3 – 4 – 5 – 6 – 7 – 8 – 9 – 10
<b>NYHA Stadium</b>	1 – 2 – 3 – 4
<b>Orthopnea</b>	Yes No
<b>Asthenia</b> (assessed by patient)	0 – 1 – 2 – 3 – 4 – 5 – 6 – 7 – 8 – 9 – 10
<b>Thoraco-abdominal swing</b>	Yes No
<b>Draw</b>	Yes No
<b>Crackling</b>	No – Bases – ¼ fields – ½ fields – ¾ fields – Total
<b>Abolition of gallbladder murmurs</b>	No – Bases – ¼ fields – ½ fields – ¾ fields – Total
<b>Lower limb edema</b>	No – Ankles – Knee – Root of thigh
<b>Jugular turgor</b>	Yes No
<b>Hepatojugular reflux</b>	Yes No
<b>Hepatomegaly</b>	Yes No

<b>ECG</b>	<input type="checkbox"/> Normal <input type="checkbox"/> ACFA <input type="checkbox"/> Branch block G <input type="checkbox"/> Branch block D <input type="checkbox"/> Signs of ventricular hypertrophy
<b>Lung radio</b>	<input type="checkbox"/> Kerley B Lines <input type="checkbox"/> Symmetrical bilateral flaky perihilar opacities (butterfly-like) <input type="checkbox"/> Pleural effusions <input type="checkbox"/> Apex vascular redistribution <input type="checkbox"/> Cardiomegaly
<b>ETT on admission</b>	<input type="checkbox"/> Not done <input type="checkbox"/> Yes: LVEF = ... %

EPPICA

Patient No.:  
Version 3.0 of 12/14/2021

Biology			
Na (mmol/L)		TP (%)	
K (mmol/L)		TSH (mIU/L)	
Bicarbonates (mmol/L)		Troponins (ng/L)	
Creatinine ( $\mu$ mol/L)		NT pro BNP (ng/L)	
Urea (mmol/L)		Albumin (g/L)	
Hemoglobin (g/L)		Prealbumin (g/L)	
Hematocrit (%)		HbA1c (%)	
Ferritin ( $\mu$ g/L)		Bilirubin (mmol/L)	
Saturation coefficient			

**FUROSEMIDE received in the emergency room:**

Dosage:                      mg

Route of administration:

**Other notable treatments received in the emergency room:****FUROSEMIDE prescribed upon entry into the department:**

Prescribed dosage:                      mg

Route of administration:

**Other notable treatments prescribed upon entry into the department:**

EPPICA

Patient No.:  
Version 3.0 of 12/14/2021**TO BE COMPLETED EVERY DAY**

<b>DATE</b>	.../.../...	.../.../...	.../.../...
<b>BP (mmHg)</b>	.../...	.../...	.../...
<b>HR (bpm)</b>			
<b>EN (/min)</b>			
<b>Weight (kg) after weighing</b>			
<b>Dyspnea 0 to 10</b>			
<b>NYHA 1 to 4</b>			
<b>Orthopnea</b>	Yes No	Yes No	Yes No
<b>Asthenia 0 to 10</b>			
<b>Crackling</b>	No – Bases – ¼ fields – ½ fields – ¾ fields – Total	No – Bases – ¼ fields – ½ fields – ¾ fields – Total	No – Bases – ¼ fields – ½ fields – ¾ fields – Total
<b>Abolition MV</b>	No – Bases – ¼ fields – ½ fields – ¾ fields – Total	No – Bases – ¼ fields – ½ fields – ¾ fields – Total	No – Bases – ¼ fields – ½ fields – ¾ fields – Total
<b>IMO</b>	No – Ankles – Knee – Root of thigh	No – Ankles – Knee – Root of thigh	No – Ankles – Knee – Root of thigh
<b>Diuresis / 24h</b>			
<b>Biology</b>	N / A : K: Bicarbonates: Creatinine:	N / A : K: Bicarbonates: Creatinine:	N / A : K: Bicarbonates: Creatinine:
<b>Furosemide (specify route of administration)</b>	Prescribed dosage (/24h):	Prescribed dosage (/24h):	Prescribed dosage (/24h):
	Change:	Change:	Change:
<b>Fluid restriction (to specify)</b>	Yes No ...	Yes No ...	Yes No ...

EPPICA

Patient No.:  
Version 3.0 of 12/14/2021**TO BE COMPLETED UPON EXIT**

Triggering factor for acute heart failure (if identified): ....

NT-pro BNP output: ....

Furosemide dosage prescribed : ....

Compression stockings  Yes  NoIron deficiency highlighted during the stay:  Yes  NoIf yes: iron supplementation:  Yes IV or PO  NoDietitian consultation:  Yes  NoPhysiotherapy:  Yes  NoTherapeutic education:  Yes  NoBiomonitoring on D7 prescribed  Yes  NoMT consultation J7  Yes  NoCardio consultation D20  Yes  No

EPPICA

Patient No.:  
Version 3.0 of 12/14/2021

***TO BE COMPLETED on D30 of leaving hospital***

Date of call: .../.../...

Patient status:     Alive  Deceased

Early rehospitalization for heart failure:    Yes     No

Appendix E. Notice of the Committee for the Protection of Persons – November the 3<sup>rd</sup> 2020**COMITÉ de PROTECTION des PERSONNES EST-III**

Hôpital de Brabois, Rue du Morvan - 54511 VANDŒUVRE-LES-NANCY Cedex  
Téléphone : 03 83 15 43 24 - Télécopie : 03.59.62.06.02 - Courriel : cppest.3@chru-nancy.fr

Projet de recherche enregistré  
Sous les références  
N°ID-RCB: 2020-A02413-36  
N° CNRIPH: 20.09.07.57902  
N° CPP : 20.10.05  
N°9550

Le Comité a été saisi le 28 octobre 2020 par Mr Mériquie SORRENTINO, Directrice du CHU Grenoble Alpes, représentant le CHU de Grenoble Alpes, promoteur, pour l'examen des modifications apportées suite à une première étude le 6 octobre 2020 du projet de recherche mentionné au 3<sup>e</sup> de l'article L1121-1 du Code de Santé Publique, intitulé :

**Intérêt de l'échographie pleuro pulmonaire dans la prise en charge thérapeutique des patients hospitalisés pour décompensation cardiaque aiguë en service de médecine conventionnelle (EPPICA).**  
Dont l'investigateur est Mme le Dr Perrine DUMANOIR – Unité Post Urgences – CHU Grenoble Alpes

Le Comité a examiné ces modifications lors de sa séance du 3 novembre 2020. Ont participé aux délibérations :

- les membres du Collège n°1 :  
Catégorie 1 : Mme Lupceci (Titulaire), Mr Peton (Titulaire), Mr Perrin (Titulaire),  
Catégorie 3 : Mr Bureau (Suppléant),  
Catégorie 4 : Mr Pfeiffer (Titulaire),
- les membres du Collège n°2 :  
Catégorie 5 : Mr Martinet (Titulaire),  
Catégorie 6 : Mme Humbert (Suppléante),  
Catégorie 7 : Mme Batt (Titulaire),  
Catégorie 9 : Mme Boutet (Suppléante), Mr Gris (Suppléant)

Le Comité a adopté la délibération suivante : **AVIS FAVORABLE** pour :

Courrier de demande d'avis (PDF signé + Document WORD)	01.09.2020
Formulaire de demande d'avis + page de signature	01.09.2020
Protocole + page de signature	1.0 du 25.08.2020
Résumé	1.0 du 25.08.2020
Lettre d'information et de non opposition	1.0 du 25.08.2020
Liste des investigateurs	1.0 du 25.08.2020
CVs des investigateurs	NA
Bordereau d'enregistrement RCB	21.08.2020
CRF	1.0 du 25.08.2020

mercredi 4 novembre 2020

La Vice-Présidente

Martine BATT


**COMITÉ de PROTECTION des PERSONNES EST-III**

Hôpital de Brabois, Rue du Morvan - 54511 VANDŒUVRE-LES-NANCY Cedex  
Téléphone : 03 83 15 43 24 - Télécopie : 03.59.62.06.02 - Courriel : cppest.3@chru-nancy.fr

Mme Catherine PORTAL  
ARC promoteur  
DRU – cellule de promotion  
CHU Grenoble Alpes

Projet de recherche enregistré  
Sous les références  
N°ID-RCB: 2020-A02413-36  
N° CNRIPH: 20.09.07.57902  
N° CPP : 20.10.05  
N°9550

Madame,

Je vous prie de bien vouloir trouver ci-joint l'avis du Comité concernant le protocole intitulé :

**Intérêt de l'échographie pleuro pulmonaire dans la prise en charge thérapeutique des patients hospitalisés pour décompensation cardiaque aiguë en service de médecine conventionnelle (EPPICA).**

Veuillez agréer, Madame, l'assurance de ma sincère considération.

La Vice-Présidente

Martine BATT



**NB :** Le comité demande au promoteur d'apporter les modifications dans un délai de 12 jours à partir du téléchargement de l'avis sur le portail CNRIPH. Veuillez, s'il vous plaît, veiller à ce que les documents ayant fait l'objet de modifications soient nouvellement datés/verrouillés et téléversés sur le site SI CNRIPH, onglet « réponses ». Il convient également de prévenir par mail le CPP contenant la liste des documents transmis avec dates et numéros de version.

## Appendix G. Notice of the Committee for the Protection of persons – Review of protocol on March the 1rd 2022

### COMITÉ de PROTECTION des PERSONNES EST-III

Hôpital de Brabois, Rue du Morvan - 54511 VANDŒUVRE-LES-NANCY Cedex  
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Projet de recherche enregistré  
Sous les références  
N°ID-RCB: 2020-A02413-36  
N° RIPHE: 20.01658.201005  
N° CPP : 20.10.05  
N°9550

Le Comité a été saisi le 24 janvier 2022 par Mr Monique SORRENTINO, Directrice du CHU Grenoble Alpes, représentant le CHU de Grenoble Alpes, promoteur, pour l'examen d'une modification substantielle n°2 apportée au projet de recherche mentionné au 3° de l'article L1121-1 du Code de Santé Publique, intitulé :

Intérêt de l'échographie pleuro pulmonaire dans la prise en charge thérapeutique des patients hospitalisés pour décompensation cardiaque aiguë en service de médecine conventionnelle (EPPICA).

Dont l'investigateur est Mme le Dr Perrine DUMANOIR - Unité Post Urgences - CHU Grenoble Alpes

Le Comité a examiné cette modification substantielle n°1 lors de sa séance du 1<sup>er</sup> mars 2022. Out participé aux délibérations :

- les membres du Collège n°1 :

Catégorie 1 : Mme le Dr Luporsi, M. le Pr Lecompte, Mme le Dr Wirth, M. le Pr Wahl, M. le Dr Voiriot, M. le Dr Bossi

Catégorie 2 : M. le Dr Chomé, M. le Dr Peton

Catégorie 3 : M. Bureau,

Catégorie 4 : M. Pfeiffer, Mme Hertz

- les membres du Collège n°2 :

Catégorie 5 : M. le Pr Martinet, Mme Mauss

Catégorie 6 : Mme Humbert

Catégorie 7 : Mme Olech, Mme Lievaux

Catégorie 8 : Mme Hebling Manache, M. Lacroix, Mme Juppont

Le Comité a adopté la délibération suivante : **AVIS FAVORABLE** pour la modification substantielle n°2 à savoir :

Courrier de demande d'avis MS2 au CPP (PDF signé + WORD)	10.01.2022	COU
Protocole + page de signature	V3.0 du 14.12.2021	PRO
Lettre d'information et de non opposition	V2.0 du 14.12.2021	INF
CRF	V3.0 du 14.12.2021	CRF
Tableau de l'historique des mises à jour du protocole	V3.0 du 14.12.2021	DOC
Tableau de comparaison	10.01.2022	DOC
Courrier justifiant l'absence de FMSA	10.01.2022	COU
Formulaire ID-RCB	11.01.2022	DOC
CV BEL ALONSO Elena	12.01.2022	CV

jeudi 3 mars 2022

La Présidente  
Elisabeth LUPORSI



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Madame,

Je vous prie de bien vouloir trouver ci-joint l'avis du Comité concernant la modification substantielle n°2 apportée au protocole intitulé :

Intérêt de l'échographie pleuro pulmonaire dans la prise en charge thérapeutique des patients hospitalisés pour décompensation cardiaque aiguë en service de médecine conventionnelle (EPPICA).

Veuillez agréer, Madame, l'assurance de ma sincère considération.

La Présidente

Elisabeth LUPORSI



NB : Le comité demande au promoteur d'apporter les modifications dans un délai de 12 jours à partir du téléchargement de l'avis sur le portail CNRIPH. Veuillez, s'il vous plaît, veiller à ce que les documents ayant fait l'objet de modifications soient nouvellement datés/versionnés et téléversés sur le site SI CN RIPHE, onglet « réponses ». Il convient également de prévenir par mail le CPP contenant la liste des documents transmis avec dates et numéros de version.

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