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Posted Date: 3 April 2025

doi: 10.20944/preprints202504.0283.v1

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## Article

# Concentrations of Progesterone (P<sub>4</sub>), Anti-Müllerian Hormone (AMH) and Haptoglobin (Hp) in Pregnant and Non-Pregnant Ewes and Their Association with Fetal Mortality, Weight and Twinning Rate

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**Simple Summary:** In ewes, it is possible to distinguish between pregnant (P+) and non-pregnant (P-) and ongoing pregnancy with fetal death (FD) animals with the P<sub>4</sub> test. AMH data also show an increase in FD animals. P<sub>4</sub>, AMH and Hp parameters vary according to the months. The highest values of P<sub>4</sub> and AMH data in May-June show that there are seasonal changes in these parameters. There are increases in P<sub>4</sub> and AMH data in case of singletons and twins.

**Abstract:** The study groups (n=40) included animals with ongoing pregnancy (P+; n=19), with fetal death (FD; n=12), and that were not pregnant (P-; n=8). Blood samples were taken on days 10, 20, 30, 40, 60, 80 and 150 post mating. USG controls were started on day 30. The P<sub>4</sub> values was a highly significant different between P+ and P- animals on all days ( $p<0.001$ ). In regards to AMH values, there was a significant difference between P+ and P- on the 30th day. P<sub>4</sub> increased significantly from day 60 to 80 and it continued until day 150. The values remained at basal levels in the P- animals. In FD and P-, the P<sub>4</sub> values reached its lowest values. In terms of P<sub>4</sub> values, a rapid decrease was observed in the P- group from day 20 onwards. When P<sub>4</sub> values was determined a significant statistically difference in P+ compared to FD. Differences in P<sub>4</sub> values were also observed between single and twin mothers around days 20 and 40. In terms of AMH, statistically significant differences were identified between P+ and FD groups on the days 10, 20 and 30. In May-June both P<sub>4</sub> and AMH values were found to be the highest in P+ sheep. Significant decreases were obtained in Hp values during the May-June period. AMH and Hp values were significantly higher in the body weight on the 10th day, and a significant decrease was observed in the values as the weights increased. These parameters were found to be important in P+ and P- discrimination, singleton and twinning discrimination (P<sub>4</sub>), FD determination (P<sub>4</sub>, AMH) and seasonal changes and weight changes (AMH, Hp).

**Keywords:** Ewe; pregnancy; progesterone; anti-Müllerian hormone; haptoglobin

## 1. Introduction

Sheep breeding holds an important place in animal farming and provides significant contributions to national economies and public health. The increase in sheep populations is largely

driven by higher global meat and dairy consumption, making sheep one of the most important livestock for the economy and industry due to their high production and reproduction characteristics [1]. However, early recognition of pregnancy and the determination of changes in the pregnancy process are essential due to the low number of modern breeding facilities and the fact that most breeding is pasture based [2].

The determination of litter size in ewes is vital for pregnancy management. Particularly, during the last 4-6 weeks of gestation, appropriate dietary rationing is essential for the health of the mother for adequate development of the fetuses in uterus and for a healthy birth weight. Underfeeding or reduced food intake can lead to the birth of weak offspring and metabolic diseases such as pregnancy toxemia. Therefore, adequate and balanced diets can prevent pregnancy toxemia, ensure appropriate birth weight and increase the survival rate of offspring in multiple pregnancies [3,4].

Despite extensive research on domestic animals' reproductive health, embryonic mortality remains a significant issue causing losses in both commercial breeding and scientific research. Although there is limited information on early fetal mortality in ewes, the rate of early fetal mortality varies between 3.5% and 12%. The diagnosis of pregnancy in ewes is possible with 100% accuracy through a frequency of 3.5 MHz by trans abdominal (TA) route from day 40 [2,5].

Haptoglobin (Hp) belongs to the group of plasma proteins of hepatic origin called acute phase proteins (APP). The acute phase response is physiological reaction that occurs in the first days following tissue injury and/or infection. In veterinary medicine, the determination of APP concentrations can provide useful information confirming the presence of an active inflammatory process. Studies have concluded that an Hp concentration of more than 0.4 g/L indicates an infection, and 0.2 g/L may indicate early or mild infection [6–8]. The concentration of APP is low in normal animal plasma; yet it increases 100 or 1000-fold due to inflammation and decreases abruptly 24-48 hours after injury and recovery. Some APPs are directly involved in the immune reaction of the animal, while others have the effect of protecting the tissue from pathogens and enzymes secreted by phagocytic cells [9,10].

Anti-Müllerian Hormone (AMH) is a dimeric glycoprotein, and a member of the transforming growth factor- $\beta$  (TGF- $\beta$ ) superfamily. It is produced by granulosa cells of early antral follicles in the ovaries. Pursuant to some studies, circulating blood AMH concentrations are a reliable endocrine marker for the size of the antral follicle population (AFP), is a key indicator of fertility [11]. In pregnant cows, a significant correlation was found between the number of small antral follicles counted by ovarian USG (Ultrasonography) and plasma AMH concentrations. Thus, these results suggest that the changes in AMH concentrations observed during the stage from pregnancy to the postpartum period are the result of numerical changes in the population of follicles secreting high AMH in the ovaries [12,13].

The concentration of progesterone ( $P_4$ ) in peripheral plasma rises gradually during the luteal phase in the first half of pregnancy, increases markedly at about 90 days post-mating, with levels peaking at 125 days post-mating and declining in the last few days before parturition. In sheep, during the first third of gestation,  $P_4$  is produced by the corpus luteum, production is taken over by the placenta after about 50 days post-insemination and removal of the ovaries after this day does not jeopardize fetal development [14,15].

This study aims to determine the changes in Hp, AMH and  $P_4$  values and the differences in P+, P- and FD cases determined by USG examinations during pregnancy in sheep. Additionally, the study aims to reveal the relationships between these parameters and phenomena such as maternal weight and twins.

## 2. Materials and Methods

### 2.1. Animals, Examinations and Sampling

This study consisted of 40 Assaf sheep ewes, with an average age of 3 years. All the animals were the same age. Day zero was determined as the day of mating, and the weight of the ewes was

measured on day 10, 80 and 150. Blood samples were collected (vena jugularis) on days 10, 20, 30, 40, 60, 80 and 150 after mating and serum samples were stored at -20°C until analysis. USG controls were started on the day 30 (Mindray DP-10vet; 5.0 Mhz; Linear probe) and USG controls were continued until day 150 in accordance with the days of blood collection. The days of fetal death / fetal loss were noted, and USG controls were continued until day 150 post mating. Ewes that had previous pregnancies but were not pregnant at the next examination were recorded as having experienced fetal death.

Blood samples collected in January-February (A2), March-April (A4) and May-June (A6) were classified to make comparisons between the relevant periods. The sheep were divided into three groups: P+= Animals with ongoing pregnancy (n=19); FD= Animals with fetal death (Determined after two ultrasonographic controls; Ewes that were pregnant in any of the controls and were determined to be non-pregnant in the subsequent control; n=12); P-= Animals that were determined to be non-pregnant by USG control on the 30th and 40th days of gestation and whose pregnancy did not continue and were not remated (n=8).

## 2.2. Quantification of P<sub>4</sub>, AMH, Hp in Sera

Demeditec Progesterone ELISA Kit (DE1651, Lot.23K92) was used to quantitatively assess P<sub>4</sub> levels in biological samples [16]. The ELISA procedure was performed following the manufacturer's instructions and a standard curve was generated to determine P<sub>4</sub> concentrations in unknown samples. The intra- and inter-assay coefficient of variations (%CV) were calculated as 3.06% and 6.45%, respectively. The results were expressed in ng/mL.

ANSHLABS AMH (Sheep) ELISA Kit (AL155, Lot.070722) was used for quantitative detection of AMH [17]. The ELISA procedure was performed according to the manufacturer's instructions. Intra- and inter-assay coefficient of variation (%CV) were calculated as 4.65% and 6.90%, respectively. Results were expressed in ng/mL.

A competitive ELISA kit (ABCAM, AB291064, Lot.10272621, Cambridge, CB2 0AX, UK) was used to quantitatively measure Hp concentration [18]. The ELISA procedure was performed following the manufacturer's instructions and a standard curve was generated to calculate Hp concentrations in unknown samples. The intra-assay and inter-assay coefficients of variation (%CV) were calculated as 4.19% and 7.00%, respectively. The results were given in µg/mL.

## 2.3. Statistical Analysis

SPSS Statistics 27.0, IBM, USA program was used for statistical analysis. Descriptive statistics were used to calculate the standard error ( $\pm$ SE) of the data. The homogeneity distribution of the values was tested using a Shapiro-Wilk normality test. For non-homogeneous data, the Kruskal Wallis test was applied to test the difference between two groups and the overall difference between all groups was identified and then the Mann Whitney U test was used to test the difference between each group. The Wilcoxon Test was used for samples that were not homogeneously distributed. T-Test was conducted for homogeneously distributed samples where  $p < 0.05$  was used as the statistical significance criterion.

## 3. Results

There was a high statistically significant difference between P+ and P- animals in terms of P<sub>4</sub> values on all days except day 10 ( $p < 0.001$ ;  $p < 0.0001$ ). P<sub>4</sub> values were significantly higher in P+. In terms of AMH values, there was a significant difference between P+ and P- animals only on the 30th day ( $p < 0.01$ ). Regarding the Hp values, there was no difference between P+ and P- animals on the days examined (Table 1).

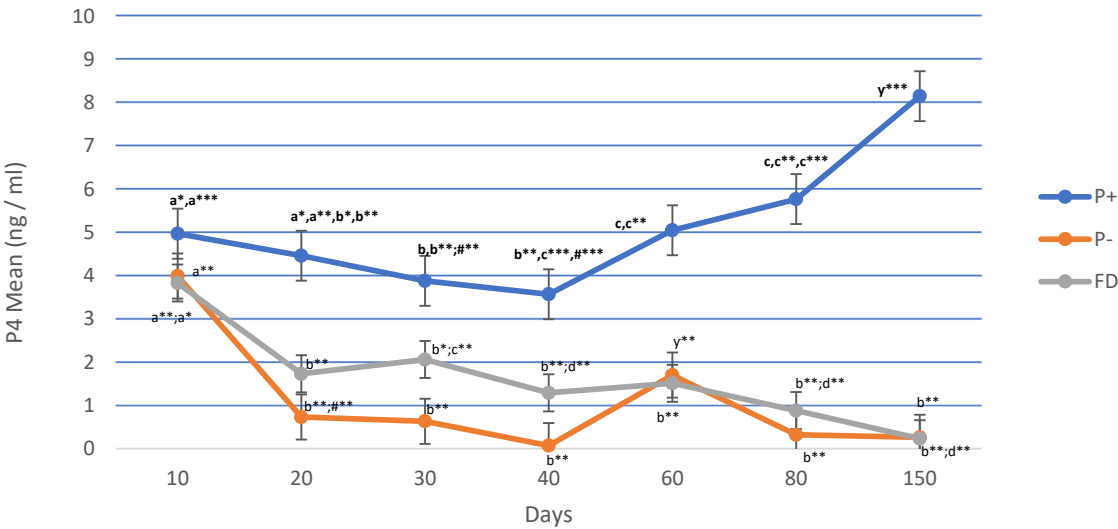
Although P<sub>4</sub> values were still high in P+ animals, they showed a significant decrease on days 30 and 40 (3.88 and 3.57 ng/mL) compared to day 10 (4.97 ng/mL), but increased significantly (5.05 and 5.77 ng/mL) from day 60 to day 80 ( $p < 0.001$ ) and remained at the same level until day 150 (8.15

ng/mL). In P- animals, there was a significant decrease starting from day 20 of gestation compared to day 10 ( $p < 0.01$ ) and this decrease remained at the same level until day 150 ( $<1$  ng/mL; only at day 60: 1.70 ng/mL). In FD cases, P<sub>4</sub> values started to decrease starting from day 20 (1.73 ng/mL) and this decrease reached lower levels ( $p < 0.01$ ;  $p < 0.001$ ) between days 40 and 150 (1.29 ng/mL and 0.23 ng/mL; Figure 1).

**Table 1.** Difference in P<sub>4</sub>, AMH and Hp Among P+ and P- Ewes. Results are presented in Mean  $\pm$  SE.

DAYS	P <sub>4</sub> (ng/mL)			AMH (ng/mL)			Hp ( $\mu$ g/ml)		
	P+	P-	<i>p</i>	P+	P-	<i>p</i>	P+	P-	<i>p</i>
10	4.97 $\pm$ 0.50	3.99 $\pm$ 0.74	n.s.	2.33 $\pm$ 0.36	2.00 $\pm$ 0.48	n.s.	613.92 $\pm$ 88.46	827.42 $\pm$ 196.72	n.s.
20	4.46 $\pm$ 0.57 <sup>(a***)</sup>	0.73 $\pm$ 0.39 <sup>(b***)</sup>	*** $p < 0.0001$	3.02 $\pm$ 0.79	1.55 $\pm$ 0.38	n.s.	1570.51 $\pm$ 206.54	1378.27 $\pm$ 296.17	n.s.
30	3.88 $\pm$ 0.23 <sup>(a***)</sup>	0.63 $\pm$ 0.46 <sup>(b***)</sup>	*** $p < 0.0001$	3.04 $\pm$ 0.68 <sup>(s**)</sup>	1.11 $\pm$ 0.29 <sup>(b**)</sup>	$p < 0.01$	523.13 $\pm$ 131.71	650.83 $\pm$ 202.15	n.s.
40	3.57 $\pm$ 0.24 <sup>(a***)</sup>	0.07 $\pm$ 0.01 <sup>(b***)</sup>	*** $p < 0.0001$	2.52 $\pm$ 0.58	1.14 $\pm$ 0.29	n.s.	724.33 $\pm$ 166.61	505.48 $\pm$ 110.85	n.s.
60	5.05 $\pm$ 0.63 <sup>(a**)</sup>	1.70 $\pm$ 0.75 <sup>(b**)</sup>	** $p < 0.0001$	2.54 $\pm$ 0.67	2.29 $\pm$ 0.91	n.s.	362.65 $\pm$ 85.75	671.17 $\pm$ 167.98	n.s.
80	5.77 $\pm$ 0.67 <sup>(a***)</sup>	0.32 $\pm$ 0.16 <sup>(b***)</sup>	*** $p < 0.0001$	1.28 $\pm$ 0.29	0.61 $\pm$ 0.16	n.s.	375.72 $\pm$ 60.59	471.86 $\pm$ 130.36	n.s.
150	8.15 $\pm$ 1.67 <sup>(a***)</sup>	0.26 $\pm$ 0.09 <sup>(b***)</sup>	*** $p < 0.0001$	1.52 $\pm$ 0.37	0.94 $\pm$ 0.22	n.s.	329.65 $\pm$ 31.65	289.90 $\pm$ 72.63	n.s.

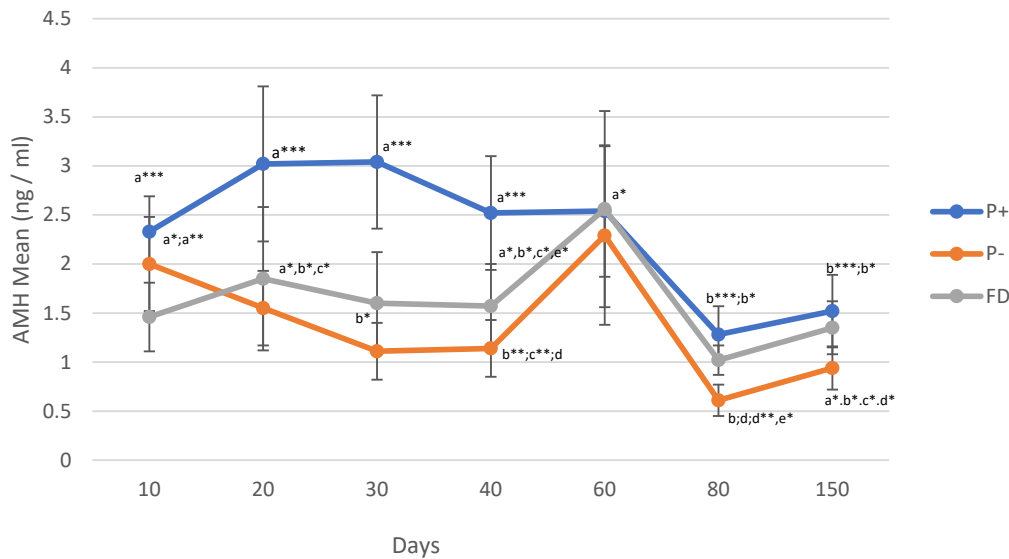
Different letters or asterisks in rows indicate differences between days (\*\*  $p < 0.01$ ; \*\*\*  $p < 0.0001$ ). n.s. means “statistically no significant difference”).



**Figure 1.** P<sub>4</sub> change in P+, P- and FD by days. Different letters or asterisk indicate differences between days (\* $p < 0.05$ ; \*\*  $p < 0.01$ ; \*\*\*  $p < 0.001$ ).

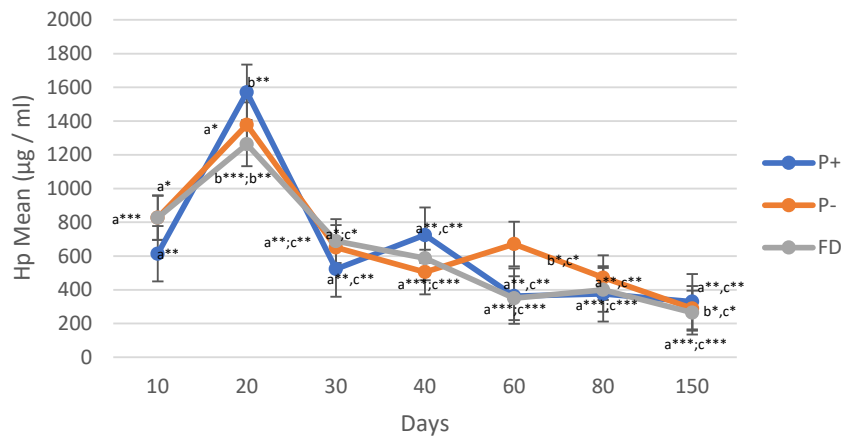
In P+, AMH values did not show any difference between days 10 and 60 but on 80th and 150th gestation days, AMH values decreased significantly ( $p < 0.001$ ) compared to other days. In P-animals, AMH values decreased continuously until the 80th and 150th days ( $p < 0.01$ ) except for the increase on the 60th day. There was no difference in AMH values between days in FD (Figure 2).





**Figure 2.** AMH changes in P+, P- and FD by days. Different letters or asterisk indicate differences between days (\* $p < 0.05$ ; \*\*  $p < 0.01$ ; \*\*\*  $p < 0.001$ ).

After a significant increase in Hp values, especially on day 20 of pregnancy ( $p < 0.001$ ), significant decreases were observed starting from day 30 of pregnancy until the 150th day ( $p < 0.001$ ). Similarly, Hp values in FD showed the same change as in pregnancy. In P- animals, significant decreases in Hp values were observed on days 80 and 150 ( $p < 0.05$ ; Figure 3).



**Figure 3.** Hp changes in P+, P- and FD by days. Different letters or asterisk indicate differences between days (\* $p < 0.05$ ; \*\*  $p < 0.01$ ; \*\*\*  $p < 0.001$ ).

In terms of P<sub>4</sub> values, a rapid decrease (0.73 ng/mL) was observed in P- animals starting from the 20th day, while P<sub>4</sub> values remained above 1 ng/mL (1.73 ng/mL) in FD animals on the 20th day. Starting from the 20th day until the 40th day, the P<sub>4</sub> value remained below 1 ng/mL in P- animals,

while the value was above 1 ng/mL in FD animals ( $p < 0.01$ ). On the following days, i.e., days 80 and 150, no statistically significant difference was identified between the two groups. There was no statistically significant difference between P- and FD in terms of AMH and Hp values in any period (Table 2).

**Table 2.** Comparison P<sub>4</sub>, AMH and Hp values in P- ewes and FD on different days. Results are presented in Mean  $\pm$  SE.

DAYS	P <sub>4</sub> (ng/mL)			AMH (ng/mL)			Hp ( $\mu$ g/ml)		
	P-	FD	<i>p</i>	P-	FD	<i>p</i>	P-	FD	<i>p</i>
10	3.99 $\pm$ 0.74	3.83 $\pm$ 0.59	n.s	2.00 $\pm$ 0.48	1.46 $\pm$ 0.35	n.s	827.42 $\pm$ 196.72	826.76 $\pm$ 255.12	n.s
20	0.73 $\pm$ 0.39 <sup>(a*)</sup>	1.73 $\pm$ 0.4 <sup>(b*)</sup>	<i>p</i> < 0.05	1.55 $\pm$ 0.38	1.85 $\pm$ 0.73	n.s	1378.27 $\pm$ 296.17	1262.95 $\pm$ 211.74	n.s
30	0.63 $\pm$ 0.46 <sup>(a**)</sup>	2.06 $\pm$ 0.40 <sup>(b**)</sup>	<i>p</i> < 0.01	1.11 $\pm$ 0.29	1.60 $\pm$ 0.52	n.s	650.83 $\pm$ 202.15	688.91 $\pm$ 214.04	n.s
40	0.07 $\pm$ 0.01 <sup>(a**)</sup>	1.29 $\pm$ 0.36 <sup>(b**)</sup>	<i>p</i> < 0.01	1.14 $\pm$ 0.2	1.57 $\pm$ 0.43	n.s	505.48 $\pm$ 110.85	586.84 $\pm$ 142.42	n.s
60	1.70 $\pm$ 0.75 <sup>(a**)</sup>	1.51 $\pm$ 0.43 <sup>(b**)</sup>	<i>p</i> < 0.01	2.29 $\pm$ 0.91	2.56 $\pm$ 1.00	n.s	671.17 $\pm$ 167.98	350.08 $\pm$ 64.88	n.s
80	0.32 $\pm$ 0.16	0.88 $\pm$ 0.37	n.s	0.61 $\pm$ 0.16	1.02 $\pm$ 0.15	n.s	471.86 $\pm$ 130.36	399.90 $\pm$ 82.29	n.s
150	0.26 $\pm$ 0.09	0.23 $\pm$ 0.06	n.s	0.94 $\pm$ 0.22	1.35 $\pm$ 0.27	n.s	289.90 $\pm$ 72.63	264.96 $\pm$ 34.59	n.s

Different letters in rows indicate the differences between groups (\* $p < 0.05$ ; \*\*  $p < 0.01$ ). n.s. means “statistically not significant”.

In P+ group P<sub>4</sub> levels, when the values were compared with FDs, there was a statistically significant difference between the two groups from day 20 and the mean values of P+ were significantly higher ( $p < 0.01$ ;  $p < 0.001$ ). In terms of AMH, statistically significant differences were identified between P+ and FD on days 10, 20 and 30 ( $p < 0.05$ ;  $p < 0.001$ ). In terms of Hp, there was no significant difference between P+ and FD (Table 3).

**Table 3.** Comparison of P<sub>4</sub>, AMH and Hp values on different days of pregnancy and fetal deaths. Results are presented in Mean  $\pm$  SE.

DAYS	P <sub>4</sub> (ng/mL)			AMH (ng/mL)			Hp ( $\mu$ g/ml)		
	P+	FD	<i>p</i>	P+	FD	<i>p</i>	P+	FD	<i>p</i>
10	4.97 $\pm$ 0.50	3.83 $\pm$ 0.59	n.s	2.33 $\pm$ 0.36 <sup>(a*)</sup>	1.46 $\pm$ 0.35 <sup>(b)</sup>	n.s	613.92 $\pm$ 88.46	826.76 $\pm$ 255.12	n.s
20	4.46 $\pm$ 0.57 <sup>(a**)</sup>	1.73 $\pm$ 0.47 <sup>(b**)</sup>	** <i>p</i> < 0.01	3.02 $\pm$ 0.79 <sup>(a*)</sup>	1.85 $\pm$ 0.73 <sup>(b)</sup>	n.s	1570.51 $\pm$ 206.54	1262.95 $\pm$ 211.74	n.s
30	3.88 $\pm$ 0.23 <sup>(a****)</sup>	2.05 $\pm$ 0.40 <sup>(b****)</sup>	*** <i>p</i> < 0.001	3.04 $\pm$ 0.68 <sup>(a*)</sup>	1.60 $\pm$ 0.52 <sup>(b*)</sup>	* <i>p</i> < 0.01	523.13 $\pm$ 131.71	688.91 $\pm$ 214.04	n.s
40	3.57 $\pm$ 0.24 <sup>(a****)</sup>	1.28 $\pm$ 0.36 <sup>(b****)</sup>	**** <i>p</i> < 0.0001	2.52 $\pm$ 0.58	1.57 $\pm$ 0.43	n.s	724.33 $\pm$ 166.61	586.84 $\pm$ 142.42	n.s
60	5.05 $\pm$ 0.63 <sup>(a****)</sup>	1.51 $\pm$ 0.43 <sup>(b****)</sup>	**** <i>p</i> < 0.0001	2.54 $\pm$ 0.67	2.56 $\pm$ 1.00	n.s	362.65 $\pm$ 85.75	350.08 $\pm$ 64.88	n.s
80	5.77 $\pm$ 0.67 <sup>(a****)</sup>	0.88 $\pm$ 0.37 <sup>(b****)</sup>	**** <i>p</i> < 0.0001	1.28 $\pm$ 0.29	1.02 $\pm$ 0.15	n.s	375.72 $\pm$ 60.59	399.90 $\pm$ 82.29	n.s
150	8.15 $\pm$ 1.67 <sup>(a****)</sup>	0.23 $\pm$ 0.06 <sup>(b****)</sup>	**** <i>p</i> < 0.0001	1.52 $\pm$ 0.37	1.35 $\pm$ 0.27	n.s	329.65 $\pm$ 31.65	264.96 $\pm$ 34.59	n.s

Different letters in rows indicate the differences between groups (\*\*  $p < 0.01$ ; \*\*\*  $p < 0.001$ ; \*\*\*\*  $p < 0.0001$ ). n.s. means “statistically not significant”.

Considering the study findings, there were statistically significant differences between A2 and A4 periods and the A2 and A6 periods regarding P<sub>4</sub> in P+ animals, and the mean values increased significantly during the following periods (A2: 4.46 ng/mL; A6 8.60 ng/mL;  $p < 0.0001$ ). In the

following periods, statistically significant increases were observed in AMH serum values in P+ animals in A6 period, compared to other periods ( $p < 0.05$ ;  $p < 0.0001$ ). On the other hand, statistically significant decreases were observed in Hp serum levels in P+ animals in A4 and A6 periods ( $p < 0.01$ ;  $p < 0.001$ ).

In P-, there was a significant decrease in Hp values in A6 period compared to A2 period ( $p < 0.01$ ). However, in P- ewes, neither P<sub>4</sub> nor AMH values showed any change in these periods. In terms of FD, a statistically significant continuous decrease was observed in P<sub>4</sub> and HP values in the following periods (Table 4).

**Table 4.** Changes in P<sub>4</sub>, AMH and HP values in different months. Results are presented in Mean ± SE.

Months	P <sub>4</sub> (ng/mL)			AMH (ng/mL)			Hp (µg/ml)		
	P+	P-	FD	P+	P-	FD	P+	P-	FD
A2	4.46±0.19(a***)	1.35±0.3(a)	2.23±0.26(a**,a***)	2.52±0.29(a*,a***)	1.5±0.1(9(a)	1.62±0.2(6(a)	857.97±89.78(a***)	840.50±116.90(a;b**)	841.37±108.23(a*)
A4	5.56±0.45(b***)	1.01±0.4(1(a)	1.20±0.29(b**)	1.91±0.38(b*)	1.5±0.5(0(a)	1.79±0.5(2(a)	369.19±51.79(b***)	571.52±105.88(a)	374.99±51.5(1(b*)
A6	8.60±1.71(b***,c**)	0.26±0.0(9(a)	0.23±0.06(b***)	8.15±1.67(b*,c***)	0.9±0.2(2(a)	1.36±0.2(7(a)	329.65±31.65(b***,c**)	289.90±72.63(*)	264.96±34.59(b*;c*)

Different letters in columns indicate statistical difference (\* $p < 0.05$ ; \*\* $p < 0.001$ ; \*\*\* $p < 0.0001$ ).

Based on the weights of animals on day 10, AMH serum values were significantly higher than the weights obtained on days 80 and 150 ( $p < 0.01$ ;  $p < 0.001$ ). The same result was also obtained in Hp serum values and the average value of serum values taken according to the weights on day 10 was significantly higher than the weights on days 80 and 150 ( $p < 0.05$ ;  $p < 0.01$ ). There was no change in P<sub>4</sub> values in relation to weights (Table 5).

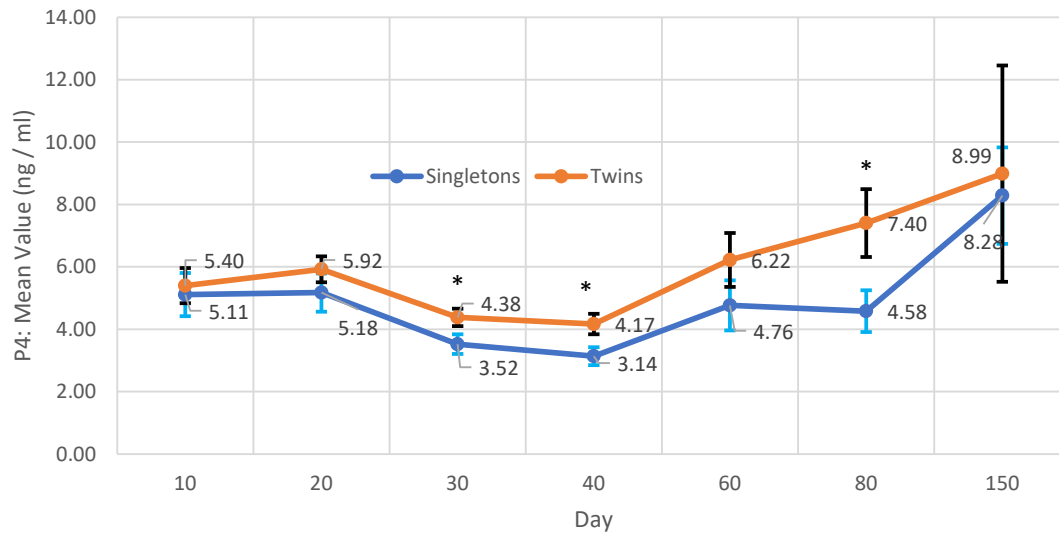
**Table 5.** Changes in P<sub>4</sub>, AMH and Hp values according to body weight measured on different days in pregnant ewes. Results are presented in Mean ± SE.

Weight measurement days (days)	Weights	P <sub>4</sub>	AMH	Hp
10	67.26±6.71	4.97±0.50(a*)	2.39±0.36(a***,a**)	613.91±88.46(a*,a**)
80	76.18±8.98	5.77±0.66(a*)	1.27±0.29(b***)	375.72±60.58(b*)
150	86.15±9.14	8.15±1.67(a*)	1.52±0.37(b**)	329.64±31.64(b*,b**)
p	p > 0.05	p > 0.05	a**:.b** p < 0.01 a***.b*** p < 0.001	a*.b* p < 0.05 a**:.b** p < 0.01

Different letters in columns indicate statistical difference (\* $p < 0.05$ ; \*\* $p < 0.001$ ; \*\*\* $p < 0.0001$ ).

When single births and twins were compared in terms of these parameters, a difference was obtained only in P<sub>4</sub> values. P<sub>4</sub> serum values of twin births were significantly higher than those of single births on days 30, 40, and 80 ( $p < 0.05$ ;  $p < 0.01$ ) (Figure 4).





**Figure 4.** Comparison of P<sub>4</sub> Values in Single and Twin Pregnancies (Single Offspring; n=11); Twin Offspring (n=8)). Different asterisks indicate differences between days (\* $p < 0.05$ ; \*\* $p < 0.01$ ).

#### 4. Discussion

Historically, various studies on P<sub>4</sub> changes during pregnancy and pregnancy detection in ewes have been conducted. However, the difference in P<sub>4</sub> levels between P+ and P- ewes, the determination of embryonic deaths / losses by P<sub>4</sub> levels, and the difference in P<sub>4</sub> levels between single and multiple litters are still controversial [19–21].

This study concluded that P<sub>4</sub> values increased significantly between days 10 and 150. This increase was found to be significantly higher ( $p < 0.001$ ) starting from the day 60 of gestation. A study by Mukasa-Mugerwa and Viviani (1992) found that P<sub>4</sub> values remained at high levels until approximately the 20th week. The authors revealed that there was a statistical difference between P<sub>4</sub> measurements made at weekly intervals ( $p < 0.001$ ). In the same study, serum P<sub>4</sub> values, which averaged 8.4 ng/mL in the first trimester (day 35), increased to 13.8 ng/mL in the second trimester (day 75) and remained approximately at this value in the third trimester, with the main decrease in P<sub>4</sub> values occurring on the 3rd day of prepartum [22]. Similarly, P<sub>4</sub> measurements on the days determined in our study revealed significant differences and an increase between the following days ( $p < 0.001$ ). Therefore, P<sub>4</sub> values reached the highest level on days 80 and 150. P<sub>4</sub> is released from the corpus luteum until approximately day 55 to 60 and after that, P<sub>4</sub> is additionally released from the placenta in sheep [23,24]. The reason for the increase in P<sub>4</sub> values on the days in question would be the additional P<sub>4</sub> produced from the placenta. The high level and capacity of luteal tissue in ewes until approximately day 142 of gestation indicates that there is a continuous steroidogenic release [25]. Kaulfuss et al. [26] also argued that this difference occurred due to the increase in P<sub>4</sub> in pregnant ewes due to multiple ovulations.

In the present study, the diagnosis of P+ or P- was determined by USG controls performed on days 30 and 40 and controls continued until day 150. Therefore, the blood values on days 10 and 20 were evaluated retrospectively. The data obtained from P- animals showed P<sub>4</sub> values, which were 3.99 ng/mL on day 10 after mating, decreased to less than 1 ng/mL starting from day 20, and decreased to 0.26 ng/mL on day 150. Karen et al. [27] found that the average P<sub>4</sub> serum value in P- animals was 0.4 ng/mL starting from the day 18 and P<sub>4</sub> values in these animals remained between 0.2 ng/mL and 0.4 ng/mL until day 50. This difference between P+ and P- animals was also experienced in a study

conducted by Al-Mousawe and Ibrahim [28]. In our study, the  $P_4$  value was 0.73 ng/mL on day 20 and 0.07 ng/mL and 0.32 ng/mL on days 40 and 80, supporting the findings of these authors. Statistically significant differences ( $p < 0.0001$ ) were obtained between P+ and P- ewes on all days except day 10, including the 150th day, and it was determined that the  $P_4$  values of P+ animals were significantly higher. Weigel et al. (1981) obtained the first serum sample on the 18th day, where the  $P_4$  values of ewes were significantly lower, and this low  $P_4$  level ( $<1.48$  ng/mL) persisted until the 70th day. One of the important methods to determine the difference between P+ and P- is the measurement of  $P_4$  ( $<1$  ng/mL) on days 17-21 after mating [27]. In this study, the mean values of  $P_4$  in P- ewes were  $> 1$  ng/mL on the 10th and 60th days and the values were found to be  $< 1$  ng/mL on the 20th day. In a study in which both Pregnancy Associated Glycoprotein (PAG) and  $P_4$  serum values were measured in goats, both PAG and  $P_4$  values were significantly lower in P- ewes between 22nd and 60th days. During this period,  $P_4$  values were found to be significantly lower in P- ewes (0.68 ng/mL (day 60) and 1.16 ng/mL (day 22) compared to P+ ewes (8.0 ng/mL and 2.8 ng/mL) [29]. It is emphasized that the non-return to estrous (NRE) method alone is not sufficient for the diagnosis of P- [30,31]. Therefore, within the context of this study, both NRE and USG methods were used together to determine P- [32].

Early embryonic deaths in ewes occur approximately 25%-50% of the time and are caused by luteal insufficiencies, inadequate release of  $P_4$  and failure of the uterus to recognize pregnancy due to various factors [33]. Embryonic deaths occur mostly before day 18 [34,35]. Late embryonic deaths occur on days 25-45, while fetal losses occur after day 45 [36]. In this study, FDs were determined after the controls on days 30 and 40. Embryonic deaths can be determined between the 25th and 45th days, and FDs can occur in later periods up to and including the 150th day [36]. FDs were identified on days 60, 80 and 150 in this study. The fetal mortality rate of this study was 30%. Our results showed that there was no statistically significant difference between P+ and FD in terms of  $P_4$  on day 10 after mating. On the other days when  $P_4$  serum values were examined (starting from day 20), there was a statistically significant difference ( $p < 0.0001$ ) between P+ and FD. However, serum  $P_4$  values were between 1.28 ng/mL and 2.05 ng/mL in FD between the days 20 and 60. Alternatively, the levels were determined to be  $< 1$  ng/mL on days 80 and 150. The fact that  $P_4$  values were significantly lower than the P+ group from the beginning and decreased to basal values on the days when fetal losses were determined may be an important indicator in terms of fetal losses. It was reflected that  $\geq 2.5$  ng/mL value was 91.4% successful in differentiating pregnancy diagnosis in P+ and this value was 98.3% and 85.3% successful in positive and negative diagnosis [19]. The fact that pregnancy levels were above this threshold, while FD levels were well below 2.5 ng/mL ( $< 1$  ng/mL), implies that these specific measurements could play a crucial role in predicting fetal losses.  $P_4$  measurements have been shown to be an important parameter in early or late embryonic deaths in ewes [37,38]. An important finding from this study is that  $P_4$  values were very low at different periods of FDs (8 ng/mL at day 60; 2 ng/mL at day 80; 2 ng/mL at day 150), especially starting from day 40.

Statistically significant differences in  $P_4$  values between single and twin lambs were determined at days 30, 40 and 80. Significant differences in  $P_4$  values between single and multiple lambs have been reported in different publications [39–41]. They attributed the higher  $P_4$  value in twin or triplet pregnancies, compared to single fetus pregnancies, to the increase in CL number. A high positive correlation was found between the number of fetuses, CL diameter and  $P_4$  values [42]. In our study, there was no difference between singletons and twins after day 80, which may be related to the release of other placental hormones besides  $P_4$  during this period. It should be noted that between days 30 and 80, the  $P_4$  values of twins were significantly higher than those of singletons. Research has demonstrated that placental  $P_4$  production initially increases between 50 and 70 days of gestation, followed by a second surge between 90 and 120 days. Both phases of heightened  $P_4$  secretion were observed in the increased  $P_4$  production in placental explants cultured in the lab, as well as in the activity of 3 beta-hydroxysteroid dehydrogenase within the tissue [43]. During this phase, the LH level remained consistently low and unchanged [23]. These hormonal changes after day 80 may have made it difficult to distinguish between singletons and twins

In consideration with the study results,  $P_4$  was statistically different between A2 and A4 months and A2 and A6 periods in P+ animals and the values increased significantly in the following months (A2: 4.46 ng/mL; A4: 5.56 ng/mL; A6 8.60 ng/mL;  $p < 0.0001$ ). According to a study conducted between June-September and March-May,  $P_4$  levels were found to be significantly higher in June-September than in March-May [44]. Since the highest  $P_4$  values were obtained in May-June under our study reinforces the idea that these values may be related to suitable air temperatures and comfortable shelter conditions offered according to the feeding and feeding periods from region to region. For example, Spencer and Bazer [45] revealed that prolactin hormone peaks in mother ewes starting from day 50 until day 120-130 of pregnancy. The fact that  $P_4$  values show a seasonal increase in values different from the  $P_4$  changes in the later stages of pregnancy suggests that these differences are seasonal.

AMH serum values decreased significantly in both P+ and P- sheep, especially on the days 80 and 150 compared to the initial data ( $p < 0.05$ ;  $p < 0.0001$ ). There were no changes in AMH serum values in FDs in the following days. AMH forms a wave-like dynamic profile during pregnancy. In pregnant heifers, AMH serum levels were high in the first trimester, while a significant decrease in serum levels was observed before or close to delivery. Immunohistochemistry studies have proven that AMH is expressed in healthy preantral and antral follicles on day 60 of gestation. Intrafollicular AMH concentration was not different in pregnant and non-pregnant cows at day 60. In this study, generally, no difference was found in AMH serum values on all days except day 30. Both the variation of AMH serum levels between days and the difference between P+ and P- on day 30 may be attributed to the low number of follicles releasing high levels of AMH [12]. In non-fertile ewes, the number of follicles is lower, resulting in lower AMH blood concentrations [46].

Interestingly, there were significant statistical differences ( $p < 0.05$ ;  $p < 0.001$ ) in AMH concentrations between P+ and FD on days 10, 20 and 30. There are very few publications on AMH in relation to pregnancy status, which leads to controversial results [47]. The results have shown that AMH is positively correlated with the number of histologically determined primordial, transitory primary, secondary and antral healthy follicles [48]. Hence, low AMH values caused low pregnancy rates in cows [49] and high AMH values eight days after artificial insemination increased pregnancy rates [50]. Our findings show that AMH serum values were significantly higher in P+ ewes from the 10th day until the 30th day compared to the FD group. The fact that high intrafollicular  $P_4$  and AMH values affect fertility also supports our findings in this study [47]. Consequently, there was no difference between P- ewes and FD indicates that high AMH values are more important in terms of ovarian activity.

An interesting finding in terms of AMH is that the values in P+ ewes increased to the highest level in A4. The increase of AMH serum value from 1.91 ng/mL in A4 months to 8.15 ng/mL in A6 months ( $p < 0.0001$ ) is a result that should be taken into consideration and reveals that AMH values change according to different months/seasons. To authors' knowledge, there is no publication on this subject directly related to the change of AMH by the seasons. AMH values did not show any difference in the gestation period until day 60, but significantly low values were detected on days 80 and 150. On the contrary, significant increases in AMH values were determined in the following A6 period. Moreover, malnutrition influences ovarian structures in heifers and accordingly decreases plasma AMH secretion [51]. This result can be explained by the provision of quality grass and feed in May-June and the ability of animals to move outside to pasture.

The absence of any seasonal change in the P- and FD group may be related to the decrease in the number and quality of follicles and follicle degeneration during this period (A6) [52]. Evaluating pregnancy rates due to seasonal variations is out of scope of the present study. It is essential to analyze the reproductive outcomes in a substantial herd in relation to the A6 period and the AMH values according to the variations in AMH. However, given that these values may fluctuate per country, it is essential to specify the country and the timeframe during which the elevated values are observed.

Within the framework of this study, AMH values decreased significantly with increasing sheep body weight compared to low body weight. In a study conducted in dogs, there were statistically significant differences in AMH serum values between small, medium and large giant breeds [53]. Likewise, the findings of Evci et al. [54], showed AMH values were low in dogs weighing < 10 kg, while the values decreased significantly in dogs weighing 25 kg. The AMH values obtained in sheep showed the same decreasing trend in this study. Such a trend of decreasing AMH levels may be a result of FSH release, and changes in follicle numbers due to weight gain, this decrease in AMH values due to FSH release was also reported by Monniaux et al. [12]. Additionally, the relationship between this decrease in AMH values and subclinical metabolic diseases should be examined in further study. It is noteworthy that changes in  $P_4$  values in relation to body weight did not show a statistically significant difference; however, AMH values were significantly lower with weight gain (correlation = -0.897). In terms of Hp, the same course was observed in P+ and P- sheep in the following days. On days 80 and 150, significant decreases were observed in both groups compared to the initial values. The fact that Hp values reached low levels in both FD and P- animals across all the days examined in the study indicates that Hp measurements are not an important parameter for FD discrimination. This situation was the same for P- and P+ and there was no significant difference between P- and P+. While statistically significant increases were obtained in AMH and  $P_4$  values in P+ animals in A6 ( $p < 0.0001$ ), in contrast Hp values showed a decreasing trend in all groups (P+, P- and FD). Therefore, seasons did not have a different effect on Hp in these groups. Pursuant to a study by Ulaankhuu et al. [10], Hp values were highest in February. In this study, no distinction was made between P+, P- and FD, and no difference was identified between such groups respectively indicating that seasons do not influence these factors in terms of Hp.

Hp has been shown to act as an indicator in various infectious diseases [55]. where significant increases in Hp values were observed in cases of pregnancy toxemia compared to normal healthy ewes [56–58]. These data show that Hp values are more influenced during infections or metabolic disorders.

As in AMH value, this study noted that significant decreases occurred in Hp serum values as ewe weights increased ( $p < 0.05$ ;  $p < 0.01$ ). On the other hand, Hp values showed significant decreases in the period two weeks before delivery [59]. In pigs, a high correlation between body weight gain and Hp serum levels was also identified accordingly [60]. Free hemoglobin has toxic and oxidative effects in the blood. By binding to hemoglobin, the formation of oxygen radicals is prevented by the effect of iron and thus oxidative damages through hemolysis are eliminated. Thus, Hp plays a role in the antioxidant system [59]. Hp also has a bacteriostatic effect because it binds iron and inhibits bacterial growth by binding iron [61]. Apparently, in the following days, body weight gain (depending on the growth of the offspring or pups) leads to a decrease in Hp values as the sheep's mechanism protects itself due to this above-mentioned mechanism.

## 5. Conclusions

In conclusion, this study found that the pregnancy process can be monitored based on the increases in  $P_4$  obtained depending on the days while the P+ and P- ewes can be determined from day 20 of pregnancy since FD can be revealed with low  $P_4$  serum results obtained compared to P+ ewes. Moreover,  $P_4$  values are significantly lower in ewes with low weight, concluding that special attention should be given to these animals. Determination of single and twin pregnancies from  $P_4$  values should be considered in terms of nutrition and protection against metabolic diseases. With regards to the AMH, the significant differences between P+ and FD from day 10 to day 30 suggests that this may be related to the poorer follicle quality of FD compared to the P+ group. Whether this is related to the Graaf follicle at the time of ram mating or to follicle wave follicles is the subject of a separate study. Where the mean AMH values were low (statistically not significant) in P- animals from day 20 onwards, and that there was a difference between P+ and P- animals only on day 30 suggests that there may be a relationship between AMH values and the continuation of pregnancy. The fact that  $P_4$  and AMH values were high in A6 period suggests that higher productivity can be

obtained by synchronization in ewes and intensifying ram siring in these months. The significant decrease in AMH values in ewes with high body weight in the later gestation days (150th day), together with other hormonal data, indicates that it may be an important parameter for impending parturition. The decreases in Hp values due to the increase in body weight indicate that the body regulates its own defense mechanism.

**Author Contributions:** Conceptualization, S.A., A.W and H.G.O.; methodology, S.A. and A.W; validation, S.A., A.W and S.S.; investigation, H.G.O., F.Z.T., I.D. and S.S.; resources, A.W.; data curation, H.G.O., S.A. and S.S; writing—original draft preparation, S.A. and H.G.O.; writing—review and editing, S.A., H.G.O., F.Z.T., I.D., S.S and A.W.; visualization, S.A. and H.G.O.; supervision, S.A. and I.D. All authors have read and agreed to the published version of the manuscript.

**Funding:** None.

**Institutional Review Board Statement:** The study was conducted according to the guidelines of the Declaration of Helsinki and approved by the Local Animal Ethics Committee of NEAR EAST UNIVERSITY, Nicosia, North Cyprus, Mersin 10-Turkey (Decision No.154/22.12.2022).

**Informed Consent Statement:** Not applicable.

**Data Availability Statement:** The data that support the findings of this study are available from the corresponding authors upon reasonable request.

**Acknowledgments:** The authors gratefully acknowledge Wayne Fuller for his insightful comments and thorough English language review. We also extend our sincere thanks to Melyos Hayvancılık Ltd. for generously providing the animal materials used in this study.

**Conflicts of Interest:** The authors declare no conflicts of interest.

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