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<u>Laxman Wagle</u>\*, Prachi Bhanvadia, Anuj Timshina, Mustafa Abdulmahdi, Ravindra Karmarkar

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Review

# Clostridium Cadaveris: A Rare Pathogen in Clinical Infections—A Case Report and Comprehensive Review of Literature

Laxman Wagle 1\*, Prachi Bhanvadia 1, Anuj Timshina 2, Mustafa Abdulmahdi 3 and Ravindra Karmarkar 4

- <sup>1</sup> Department of Internal Medicine, Ascension Saint Agnes Hospital, Maryland, USA
- <sup>2</sup> Department of Internal Medicine, Medstar Hospital, Maryland, USA
- <sup>3</sup> Department of Critical Care Medicine, Ascension Saint Agnes Hospital, Maryland, USA
- Infectious Disease Specialist, Johns Hopkins Medicine, Section Chief Ascension Saint Agnes Hospital, Maryland, USA
- \* Correspondence: waglelaxman6@gmail.com

**Abstract: Background:** Clostridium cadaveris is an anaerobic, spore-forming bacteria historically linked to human decomposition. It has emerged as a pathogen, particularly in immunocompromised individuals. Once considered non-pathogenic, recent evidence suggests its capacity to cause infections in vulnerable populations. Case Presentation: We present a 50-year-old woman with metastatic rectal adenocarcinoma undergoing chemotherapy with C. cadaveris infection. The patient had fever, anemia, and lower abdominal discomfort. Initial treatment included Zosyn followed by Meropenem, fluid resuscitation, and blood transfusion. Due to persistent bacteremia metronidazole was added to meropenem. Thereafter, the patient clinically improved and blood cultures were negative after ten days. Discussion: A review of 14 documented cases of C. cadaveris infections was done. Infection often occurs in patients with gastrointestinal disruption, chronic wounds, or invasive medical procedures and presents with symptoms of sepsis, fever, diarrhea, and abdominal symptoms. Immunocompromised individuals, especially those with cancer or undergoing chemotherapy, were affected. Antibiotic therapy, predominantly metronidazole, showed favorable outcomes. When observed, mortality was attributed to pre-existing comorbidities rather than the infection. Conclusion: C. cadaveris is a rare and potentially significant pathogen, particularly in vulnerable populations. Immediate recognition, diagnosis, and appropriate antibiotic therapy are important for improving the outcome. This review shows the requisite for further research and case documentation to broaden our knowledge of this uncommon pathogen and guide treatment strategies.

**Keywords:** Clostridium cadaveris; anaerobic infections; metastatic rectal adenocarcinoma; metronidazole; meropenem; malignancy-associated infections; antimicrobial susceptibility; GI tract infections; chronic wounds; emerging infections

## Introduction

Clostridium cadaveris is an anaerobic, spore-forming bacterium, first described by Klein in 1899 [1,2]. True to its name, it was initially identified as part of the "putrefying flora," associated with human decomposition and decaying tissues. Historically considered non-pathogenic to humans and linked to cadaveric environments, recent clinical evidence suggests its infectious potential [3]. While rare, C. cadaveris has been implicated in serious conditions such as sepsis, particularly in patients with compromised immunity, chronic wounds, or those undergoing invasive medical procedures.

A study by Brook and colleagues analyzed blood cultures collected from June 1973 to June 1985 at the microbiology laboratories of Walter Reed Army Medical Center in Washington, DC [4]. Their findings indicated that anaerobic bacteria were identified in 12% of patients with positive blood cultures and bacteremia caused by Clostridium species accounted for 0.5% to 2% of all cases [4,5]. The Clostridium genus, are pleomorphic anaerobic sporeforming bacilli and includes several species, such as C. perfringens, C. septicum, C. difficile, C. botulinum, C. tetani, C. sordellii, C. histolyticum and C. innocuum [6,7]. However, C. cadaveris remains exceptionally rare, with only 14 cases reported in the literature, primarily as individual case reports.

### **Case Presentation:**

A 50-year-old female with metastatic rectal adenocarcinoma, involving the liver and lungs, was admitted to the hospital from the cancer clinic while undergoing fifth-line chemotherapy. She presented with fever, lower abdominal discomfort, and anemia secondary to rectal bleeding. On admission, her vital signs showed a fever of 38.8°C and tachycardia with a heart rate of 120 beats per minute. Laboratory results revealed a hemoglobin level of 6.9 g/dL and leukopenia. Initial management with fluids and a blood transfusion led to partial improvement, but her fever persisted. Broad-spectrum antibiotics, vancomycin, and piperacillin-tazobactam were then initiated. A computed tomography (CT) scan of the chest, abdomen, and pelvis with intravenous contrast demonstrated progression of metastatic disease, including enlargement of the left ovarian metastasis, a new large right ovarian mass (Figure 1), slight worsening of pulmonary and hepatic metastases, and increased rectal mass/thickening (Figure 1), but no clear source of infection was identified.



**Figure 1.** Computed tomography showing a new large right ovarian mass (dotted white circle) and rectal mass/thickening (purple circle).

Initial blood cultures grew Clostridium cadaveris, and after 48 hours, vancomycin was discontinued, continuing piperacillin-tazobactam. By day seven, her white blood cell count increased to 13 K/uL with neutrophilia, and she remained febrile. Repeat blood cultures grew C. cadaveris. Imaging studies, including a repeat CT scan and transvaginal ultrasound, showed further evidence of metastatic disease, including a large cystic pelvic mass and bilateral ovarian metastases, but no definitive infectious focus was identified. Given recurrent bacteremia, additional workup was done to look for the source of infection. A WBC scan and echocardiogram did not reveal any infectious source. Upper gastrointestinal endoscopy showed a 3 cm hiatal hernia and non-bleeding erosive gastropathy, while flexible sigmoidoscopy revealed intermittent bleeding from a mass 20 cm from the anal verge (Figure 2), with suspicion of circumferential gastrointestinal bleeding as the source of bacteremia. Given the clinical findings, her chemotherapy port was removed, and antibiotic therapy was switched to meropenem.



Figure 2. Flexible sigmoidoscopic images showing ongoing intermittent bleeding from mass.

Blood cultures continued to grow C. cadaveris daily until day 9, prompting the addition of metronidazole to meropenem due to persistent bacteremia. After 48 hours of metronidazole therapy, blood cultures turned negative. The patient had a PICC line inserted following two consecutive negative blood cultures. She was discharged with ertapenem via the PICC line and oral metronidazole for 14 days after clearance of the bacteremia. Due to her advanced, refractory cancer and poor prognosis, palliative care was consulted. However, the patient expressed a desire to pursue alternative chemotherapy once the infections were resolved. She was scheduled for regular outpatient follow-up with her oncologist.

### **Discussion:**

Clostridium cadaveris, though typically considered non-pathogenic, can occasionally cause severe infections like bacteremia. These infections are more likely to occur in immunocompromised individuals, those with chronic wounds (e.g., pressure ulcers or long-standing osteomyelitis), patients undergoing invasive surgical procedures, or those with significant comorbid conditions, and trauma. Recent advancements in detecting anaerobes from clinical samples include methods like 16S rRNA gene sequencing, MALDI-TOF MS, multiplex PCR, and DNA hybridization and these

techniques enhance strain differentiation, aiding in infection characterization and antimicrobial susceptibility prediction [8].

A review of 14 cases revealed an average patient age of 49.1 years (range 11–75 years), with 7 female cases reported. Among the 13 individuals with documented immune status, 7 were immunocompromised, primarily due to malignancies, chemotherapy, or corticosteroid use for conditions like acute exacerbations of COPD. The immune status of one individual remained unspecified. While immunocompromised patients were predominantly affected, chronic wounds or surgical interventions were linked to cases in immunocompetent individuals.

### **Probable Sources of Infection:**

Disruption of the gastrointestinal (GI) tract plays a central role in the development of bacteremia. Although C. cadaveris is part of the normal flora of the skin and mucosa, its fastidious growth characteristics make it challenging to isolate, often leading to underdiagnosis. GI disruption has frequently been identified as the primary source of infection and is associated with conditions like spontaneous bacterial peritonitis, diverticular abscesses, splenic abscesses, and abscesses in the lesser sac [9-11]. An unusual case involved an immunocompetent individual working on a pig farm who developed pulmonary empyema with C. cadaveris isolated from pleural fluid, possibly related to handling deceased pigs [12]. Chronic wounds, including decubitus ulcers and osteomyelitis, trauma, and surgery can also be seen as potential sources. These reports emphasize the GI tract as the predominant origin of C. cadaveris bacteremia.

In our case, flexible sigmoidoscopy identified a fungating, partially obstructing mass approximately 20 cm from the anus, involving two-thirds of the lumen with oozing areas. This, combined with the patient's immunosuppression due to metastatic rectal adenocarcinoma, strongly indicated a GI source for the bacteremia. This observation reinforces the GI tract as the most common source of C. cadaveris infections.

Seven partial C. cadaveris genome assemblies exist, with the first complete sequence recently derived from cryopreserved colon adenocarcinoma tissue of a 67-year-old female patient [13]. These genomic analyses, especially regarding tissue necrosis in human diseases, help provide insights into its pathogenic mechanisms, resistance profiles, and virulence factors [13]. Further research is warranted to elucidate the mechanisms, clinical manifestations, and optimal management strategies for these infections.

### **Management Strategies:**

Since Clostridium cadaveris infections are rare, there are no established treatment guidelines. However, cases have been successfully treated with antibiotics such as penicillin, metronidazole, clindamycin, vancomycin, and carbapenems, with metronidazole being the most commonly used. Citron et al. assessed the in vitro effectiveness of glycolipodepsipeptide antibiotics (Ramoplanin, Teicoplanin, and Vancomycin) using an agar dilution technique to determine which drugs were active against C. cadaveris [14]. The choice of antibiotic depends on the bacteria's sensitivity, the infection site, the availability of drugs, and the doctor's decision.

Previous reports show that C. cadaveris is sensitive to antibiotics like metronidazole (MIC 0.25–0.35 mg/mL), clindamycin, cefoxitin, imipenem, vancomycin, meropenem, and amoxicillin/clavulanate, with no resistance to metronidazole or other antibiotics found. In 14 cases, seven were treated with metronidazole, while others received clindamycin, amoxicillin/clavulanate, imipenem-cilastin, or vancomycin. Kiu et al. isolated C. tertium LH009, C. cadaveris LH052, and three C. paraputrificum strains from preterm infants in neonatal intensive care units, sequencing their genomes with Illumina HiSeq [15]. Genomic analysis found resistance to tetracycline and methicillin, as well as phospholipases and toxins, providing insights to improve diagnosis and treatment, but more research is needed.

In our case, the patient was treated with oral metronidazole and intravenous ertapenem for 14 days, showing significant improvement. Although metronidazole seems effective, further studies are necessary to establish clear treatment guidelines.

# Clinical Features, Prognosis, and Mortality:

Yamamoto et al. studied Clostridium bacteremia at Shizuoka Cancer Center from 2004 to 2018, finding hepatobiliary infections and gastrointestinal tumors as the main sources, with Cl. perfringens and Cl. ramnosum being a common species, polymicrobial bacteremia in 62.5% of cases, and a 30-day mortality rate of 42.5%, but no cases of Cl. cadaveris [16]. Infections caused by **C. cadaveris** often present with symptoms such as, fever, diarrhea, joint pain, and abdominal pain. From the data available, the prognosis is generally favorable when appropriate treatment is administered, with 11 out of 14 reviewed cases showing improvement. Mortality appears linked more to underlying conditions than the infection itself, though the infection may exacerbate patient outcomes.

Three cases illustrate fatalities possibly related to **C. cadaveris** infections. One involved a female patient with bacterial peritonitis and chronic liver disease who succumbed to an upper GI hemorrhage. Another case described a patient with gastrointestinal symptoms, positive blood cultures, and cardiac findings, who died despite initial improvement with antibiotics. A third case involved a patient with chronic lymphocytic leukemia and pancytopenia, who experienced clinical deterioration despite treatment and ultimately died from multiorgan failure.

These cases highlight the need for heightened awareness and timely intervention to manage **C. cadaveris** infections effectively. Further documentation and studies are essential to improve understanding of the clinical characteristics, treatment outcomes, and prognosis associated with these rare infections.

Table 1. Summary of reported Clostridium Cadaveris infection cases.

Gender/Ag e	Probable Source of Infection	Antibiotic	Underlying disease	Co- Organism	Prognosis	Culture Source And Sensitivity/ Resistant
50 yr/Fe	Gastro- intestinal	IV Ertapenem and oral Metronidazole	Metastatic Rectal Adenocarcinoma and Liver metastases	None	Recovered	Blood
17yr/Fe[10 ]	Gastro- intestinal	Metronidazole and Surgical drainage	Autoimmune hepatitis, End-stage liver disease	None	Recovered	Splenic abscess
74yr/Fe[11 ]	Gastro- intestinal	Imipenem and Cilastin sodium and hydrocortisone	Metastatic Ovarian Adenocarcinoma	None	Recovered	Blood (Strain was sensitive to cefoxitin, clindamycin, imipenem, meropenem, metronidazole, and vancomycin)
32yr/M[17]	Osteomyelitis	Oral Clindamycin For 3 Months	Chronic Osteomyelitis	None	Recovered	Bone (sensitive to penicillin, tetracycline, erythromycin, fusidic acid, rifampicin, linezolid, vancomycin and metronidazole)
58yr/Fe[9]	Gastro- intestinal	Penicillin G	Alcoholic Chronic Liver Disease	-	Death due to Upper GI- bleeding	Ascites

						Blood
75yr/m [18]	Unknown	Metronidazole	COPD	None	Recovered	(Susceptible to Metronidazole (MIC- 0.32 mg/ml))
68yr/m [18]	Gastro- intestinal	Intravenous Amoxicillin/Cl avulanic Acid and Intravenous Metronidazole	Cardiovascular disease [pericarditis]	None	Died after initial period of improvement	Blood  (Susceptible to Metronidazole (MIC B/0.25 mg/ml))
72yr/Fe [19]	Decubitus Ulcer	Ceftriaxone plus Metronidazole  upgraded to for coverage of other co- organism Metronidazole, Oxacillin and Cefotaxime	Dual malignancies of breast cancer and locally advanced shoulder myxofibrosarcoma on radiotherapy. Infected sacral decubitus ulcer; stage IV	S. hominis, & P. mirabilis	Recovered	Blood  (Susceptibleto metronidazole minimum inhibitory concentration (MIC- of 0.032))
19yr/M [20]	Unknown	Metronidazole, Pip/Taz and oral Vancomycin	SMV thrombus	None	Recovered	Blood
42yr/M [21]	Decubitus Ulcer	Vancomycin and Rifampin	Paraplegic with necrotic decubitus with purulent discharge	MRSA	Recovered	Blood
33yr/M [12]	Unknown (? Aerosol)	amoxicillin/cla vulanate and pneumonectom y. and later Metronidazole was added and pericardiotomy done	Pulmonary empyema progressing to pericardial effusion	Clostridium difficile	Recovered	Pleural fluid  (Susceptible to amoxicillin/clavulanate and metronidazole.)
61yr/Fe [22]	Gastro- intestinal	Imipenem, Amikacin and [Vancomycin for Cl. Cadaveris]	Metastatic RCC [S/P Surgery] and Lesser sac abscess.	Escherichia coli & Bacteroides sp	Recovered	Blood  (But culture of the abscess grew Escherichia coli and Bacteroides sp.)
66yr/Fe [22]	Unknown	Mezlocillin, Gentamycin, Metronidazole later upgraded to Ceftazidime, Vancomycin Metronidazole and Tobramycin	Chronic lymphoproliferati ve disease	Corynebacte rium sp. & Bacillus sp	Died of multiple organ failure	Blood culture  (susceptible to clindamycin (MICB/0.25 mg/ml) and metronidazole (MICB/0.25 mg/ml))
60yr/Fe [23]	Iatrogenic	Intravenous clindamycin	Breast carcinoma with metastatic lytic lesion with septic arthritis in	None	Recovered	Bone debridement

			(S/P Total hip			
			arthroplasty)			
11yr/M [24]	Trauma	Empirically oral Amoxicillin- Clavulanate and Piperacillin- Tazobactam  upgrade to IV Cefepime and Daptomycin	Traumatic Nail entering knee	None	Recovered	Arthrocentesis
		and Sequential debridement				

### **Conclusion:**

This case report and literature review highlight the significant role of Clostridium cadaveris as a potential pathogen, especially in individuals with weakened immune systems or multiple comorbidities. Although traditionally considered non-pathogenic and linked to decaying tissues, C. cadaveris can lead to infections in situations, often related to gastrointestinal disturbances, chronic wounds, or invasive procedures and trauma. Treatment for C. cadaveris infections involves appropriate antibiotics, with metronidazole being the most commonly used. Furthermore, C. cadaveris shows susceptibility to various antibiotics, including carbapenems, clindamycin, and vancomycin; with no documentation of resistant cases. Early diagnosis and targeted therapy are crucial for achieving positive clinical outcomes. While the prognosis is generally favorable with proper treatment, severe underlying conditions may negatively impact recovery, and in some cases, C. cadaveris infections may contribute to clinical deterioration or death. This review vocalizes the need for greater clinical awareness of C. cadaveris as a potential pathogen, particularly in vulnerable patients. Further research, genomic study, and case documentation are essential to better understand its pathogenic mechanisms, clinical features, and optimal treatment strategies. Enhanced awareness and knowledge will help clinicians more effectively recognize and manage this rare but important condition, ultimately improving patient outcomes.

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