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Communication

# Evaluating a Targeted Antimicrobial Stewardship Program to Combat Resistance in a Veterinary Referral Hospital

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## Simple Summary

Antimicrobial-resistant infections in pets, such as dogs and cats, represent a growing concern in veterinary medicine due to their complexity and associated health risks. This study explored strategies to optimize antibiotic use within a veterinary hospital. The study found that broad-spectrum antibiotics were frequently prescribed, often without a clearly justified clinical indication. In response, the hospital implemented an antimicrobial stewardship program aimed at guiding veterinarians in evidence-based antibiotic selection, incorporating laboratory diagnostics, and promoting safer prescribing practices. Following implementation, overall antibiotic use was decreased by approximately 50%, and the prevalence of multidrug-resistant bacterial strains significantly declined. These findings underscore the effectiveness of antimicrobial stewardship in reducing drug resistance, enhancing patient outcomes in veterinary care, and potentially limiting zoonotic transmission of resistant pathogens to humans.

## Abstract

Antimicrobial resistance is an increasing concern in companion animal practice; however, effective mitigation strategies in veterinary referral hospitals remain underexplored. This study investigated whether antimicrobial stewardship interventions guided by hospital-specific resistance patterns and prescribing data, could improve resistance outcomes in a secondary care veterinary setting. Using data from 2016 to 2018 at the University of Tokyo Veterinary Medical Center, a targeted intervention was developed and implemented in early 2019, and its impact was evaluated until 2024. The intervention included Gram staining based presumptive pathogen estimation, antibiogram-guided antimicrobial selection, clinician education, and regular feedback on prescribing practices. By 2020, overall antimicrobial use had reduced by over 50%, with marked reductions in the use of carbapenems and fluoroquinolones. By 2022, the prevalence of extended-spectrum  $\beta$ -lactamase-producing *Escherichia coli* and *Klebsiella* spp. decreased from 53% to 24% and 78% to 7%, respectively. However, methicillin-resistant staphylococci remain prevalent in approximately 50% of cases. These findings suggest that hospital-tailored antimicrobial stewardship programs can lead to meaningful reductions in resistance among gram-negative pathogens. However, additional strategies are necessary to address persistent resistance in gram-positive organisms.

**Keywords:** antimicrobial stewardship; antibiogram; antimicrobial resistance; extended-spectrum  $\beta$ -lactamase; methicillin-resistant staphylococci

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## 1. Introduction

Antimicrobial resistance (AMR) in companion animals, particularly dogs and cats, has been steadily increasing and is now a significant concern in veterinary clinical practice. Although various antimicrobial stewardship programs (ASPs) have been proposed to mitigate this trend [1-3], effective strategies for reducing resistance rates in small animal practice, especially in veterinary referral hospital settings, remain underdeveloped. Inappropriate antimicrobial use is influenced by multiple factors, including institutional prescribing culture, diagnostic limitations, and case complexity, particularly in secondary or referral facilities [4,5]. Effective interventions must be context-specific and guided by data generated in each hospital environment.

Previous studies have shown that restricting the use of third-generation cephalosporins and fluoroquinolones can reduce the prevalence of methicillin-resistant staphylococci (MRS) and extended-spectrum  $\beta$ -lactamase (ESBL)-producing *Escherichia coli* in primary care veterinary settings [6]. Furthermore, cumulative antibiograms have proven useful for monitoring resistance trends and guiding antimicrobial selection [7]. However, no study has employed antibiogram-based approaches to identify hospital-specific hazard factors or determine critical control points for resistance emergence in veterinary referral hospitals. Moreover, although antimicrobial use and resistance data collected within hospitals offer valuable insights, such internal monitoring systems have not been widely leveraged to design tailored interventions.

We hypothesized that characterizing current antimicrobial use and resistance patterns, followed by the implementation of targeted interventions based on these findings, could effectively reduce hospital-associated AMR. Therefore, this study aimed to develop a hospital-specific cumulative antibiogram, evaluate local antimicrobial use and resistance patterns, and assess their utility in identifying key intervention points to reduce AMR in a secondary care companion animal hospital.

## 2. Materials and Methods

### 2.1. Analysis of Antimicrobial Use and Resistance for Identification of Critical Control Points

This study was conducted at the University of Tokyo Veterinary Medical Center, a secondary referral hospital providing advanced care for companion animals. Clinical bacterial isolates and antimicrobial prescription data from August 2016 to August 2018 were retrospectively analyzed to identify hospital-specific hazard points contributing to AMR. For historical comparison, dispensing records from 2013 to 2014 were also reviewed to evaluate trends in second-line antimicrobial use.

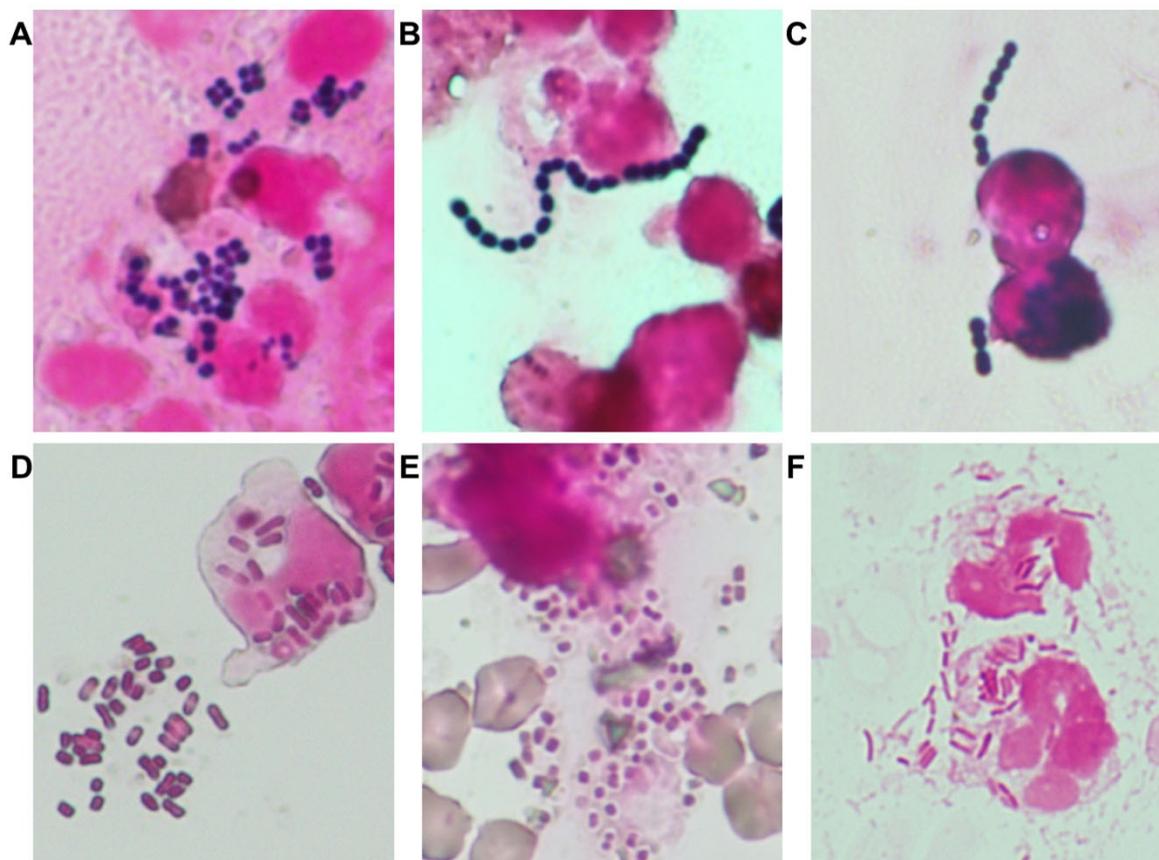
Bacterial identification and antimicrobial susceptibility testing (AST) were outsourced to the Sanritsu Zelkova Veterinary Laboratory and conducted in accordance with the Clinical and Laboratory Standards Institute (CLSI) M100-S26 or CLSI VET01-S guidelines. Antimicrobial use was calculated as days of therapy [8] based on prescription counts. Annual cumulative antibiograms were constructed to visualize susceptibility trends for major pathogens, particularly *Staphylococcus pseudintermedius* and *Enterobacteriaceae*. These data were integrated to perform hazard analysis and identify critical control points where inappropriate or high-risk prescribing practices may contribute to resistance emergence.

### 2.2. Intervention Strategy

Based on the analysis of the 2016–2018 data, several concerns regarding antimicrobial use were identified, consistent with findings from previous studies [4,5]. These included empiric prescriptions without pathogen identification, a lack of effective second-line options for multidrug-resistant organisms, excessive use of carbapenems and fluoroquinolones, and misinterpretation of AST results

due to reporting on intrinsically resistant organisms. In response, a hospital-specific antimicrobial stewardship intervention was initiated in January 2019. All strategies were implemented as non-mandatory recommendations without enforcement authority. The core components included:

**1. Proactive use of Gram staining:** Gram staining was implemented as a frontline diagnostic tool to guide early pathogen estimation, particularly for six major organisms relevant to small animal medicine (Figure 1), as supported by prior studies [9-11]. Gram staining results were used in conjunction with antibiogram trends and clinical severity to guide empirical therapy.



**Figure 1.** Representative gram-staining images of clinically relevant bacterial pathogens in companion animals. gram-positive cocci: (A) *Staphylococcus* spp.—These bacteria typically appear in grape-like clusters due to symmetrical division in two perpendicular planes, often forming tetrads. This characteristic arrangement serves as a distinguishing feature that aids in the visual identification of *Staphylococcus* species. (B) *Enterococcus* spp.—Usually observed in short chains or pairs, these cocci are oval or slightly elongated. Chains generally contain fewer than seven cocci. *Enterococcus* species are notable for their intrinsic resistance to cephalosporins. (C) *Streptococcus* spp.—Appear as long, uniform chains, typically with seven or more cocci per chain. Penicillin-class antimicrobials remain the first-line treatment for infections caused by *Streptococcus* spp. gram-negative rods: (D) *E. coli*—These rods typically have a width-to-length ratio ranging from 1:2 to 1:3. (E) *Klebsiella* spp.—Generally thicker than *E. coli*, they may possess a visible capsule, resulting in a blurred or halo-like outline under the microscope. (F) *Pseudomonas* spp.—These organisms appear as long, narrow, and sometimes curved rods, often displaying uneven staining. They exhibit intrinsic resistance to many antimicrobials, and fluoroquinolones are commonly used as first-line agents.

**2. Empirical therapy optimization:** Empirical treatment protocols were revised based on Gram stain results and annual antibiogram data to identify and eliminate ineffective antibiotic choices. Narrow-spectrum agents were prioritized, and the use of broad-spectrum antibiotics was discouraged unless supported by microbiological evidence. Additionally, pharmacokinetic/pharmacodynamic (PK/PD)-based dosing regimens have been developed for certain antibiotics using Monte Carlo simulations [12].

**3. Restriction of high-risk antimicrobials:** Use of high-risk agents, particularly carbapenems and fluoroquinolones, was restricted to cases supported by culture and sensitivity data.

**4. Refinement of AST result reporting:** Laboratory reporting protocols were modified to suppress susceptibility data for organisms with known intrinsic resistance, thereby preventing clinicians from misinterpreting AST reports and inadvertently prescribing ineffective agents.

Additionally, structured educational sessions on antimicrobial resistance, prescribing principles, and optimal stewardship practices were provided to veterinary interns and clinical staff. The intervention's effectiveness was evaluated by comparing antimicrobial use patterns and resistance rates before and after the intervention.

### 2.3. Statistical Analysis

Bayesian inference was used to identify antimicrobial classes that were significantly overprescribed relative to national trends. The higher of the 2016 or 2020 national usage proportions (based on official sales data from the National Veterinary Assay Laboratory: [https://www.maff.go.jp/nval/yakuzai/yakuzai\\_p3\\_6.html](https://www.maff.go.jp/nval/yakuzai/yakuzai_p3_6.html)) was used as the prior. Institutional prescription counts were used to update the beta distribution, and posterior distributions were generated by drawing 10,000 samples using the Rbeta function in R. Overprescription was considered statistically significant if the posterior probability was  $> 0.95$ .

To assess resistance trends from 2017 to 2024, binomial logistic regression was performed with year as a continuous predictor. The log-odds slope and corresponding odds ratio (OR) per year were calculated to evaluate significant changes in resistance rates. All analyses were performed in R (v4.4.1) using the ggplot2 (v3.5.1), dplyr (v1.1.4), tidyr (v1.3.1), and multcomp (v1.4.26) packages.

## 3. Results

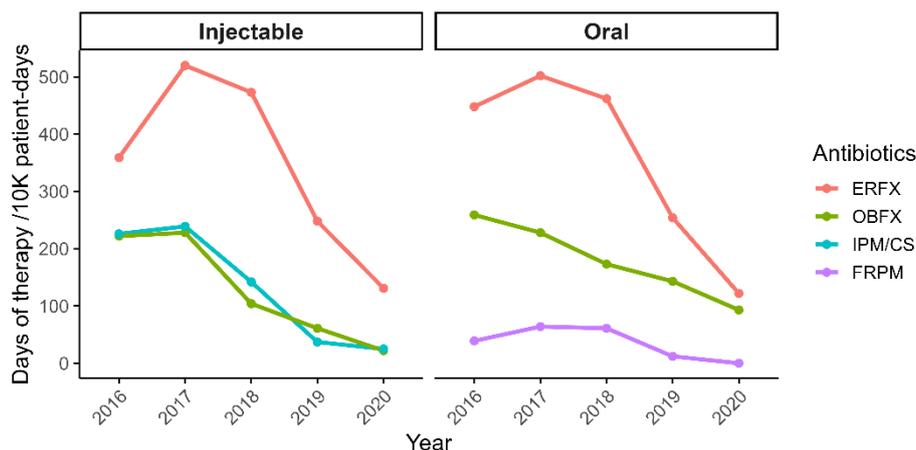
### 3.1. Bacterial Epidemiology, Antimicrobial Resistance, and Identification of Critical Control Points

Between August 2016 and August 2018, 878 clinical bacterial isolates were collected from the University of Tokyo Veterinary Medical Center. The six most frequently identified organisms were *Staphylococcus* spp. (n = 214), *E. coli* (n = 185), *Enterococcus* spp. (n = 125), *Klebsiella* spp. (n = 96), *Streptococcus* spp. (n = 56), and *Pseudomonas* spp. (n = 45) (Figure 1). Among these, antimicrobial resistance was notably prevalent: MRS accounted for 64% of *Staphylococcus* spp. isolates; ESBL-producing *E. coli* and *Klebsiella* spp. were detected in 51% and 78% of respective isolates

Bayesian analysis revealed that as early as 2013, the institutional use of fluoroquinolones and carbapenems significantly exceeded the national usage proportions, with posterior probabilities surpassing 0.99. This trend persisted through 2016, during which additional overprescription of penems was also identified (posterior probability = 1.00), indicating sustained overuse of multiple broad-spectrum agents. Integrating AST results with dispensing data identified several potential critical control points, including the empirical overuse of second-line agents, insufficient prioritization of narrow-spectrum alternatives, and inconsistent antimicrobial selection based on Gram-staining results and clinical severity.

### 3.2. Impact of Intervention on Antimicrobial Use and Resistance Trends

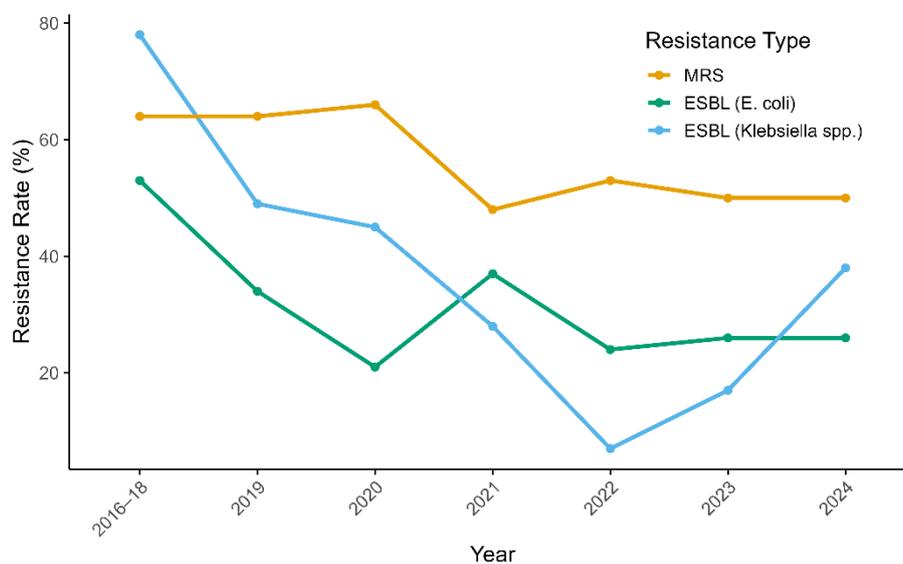
Following the implementation of antimicrobial stewardship interventions, prescription rates documented in medical records decreased by over 50% by 2020, with total days of therapy per 10,000 patient-days declining from 5,262 to 2,575. Notably, usage of injectable antimicrobials showed marked reductions: imipenem/cilastatin decreased by 88%, enrofloxacin (ERFX) by 71%, and orbifloxacin (OBFX) by 88%. Oral formulations followed similar trends, with ERFX and OBFX decreasing by 72% and 90%, respectively, and faropenem was completely discontinued (100% reduction; Figure 2).



**Figure 2.** Trends in antimicrobial prescriptions for companion animals from 2016 to 2020. Antimicrobial prescription trends for companion animals between 2016 and 2020 are expressed as days of therapy per 10,000 patient-days. The data are categorized by route of administration, with oral agents shown on the left and injectable agents on the right. OBFX: orbifloxacin; ERFX: enrofloxacin; FRPM: faropenem; IPM/CS: imipenem/cilastatin.

Corresponding shifts in resistance rates were also observed, particularly among gram-negative bacteria. By 2022, the prevalence of ESBL-producing *E. coli* decreased from 53% to 24%, while that of ESBL-producing *Klebsiella* spp. dropped from 78% to 7%. In contrast, MRS prevalence remained high, showing only a modest decline (from 64% to 53%). To assess these trends, binomial logistic regression was performed using data from 2017 to 2022. A statistically significant decreasing trend in resistance was observed for all three pathogens. The OR per year was 0.90 ( $p = 0.0179$ ) for MRS, 0.78 ( $p = 2.00 \times 10^{-6}$ ) for ESBL-producing *E. coli*, and 0.55 ( $p = 9.38 \times 10^{-11}$ ) for ESBL-producing *Klebsiella* spp.

In September 2022, stewardship leadership transitioned from the original lead (TM) to a successor (RF). During 2023–2024, MRS rates remained stable at 50%, the prevalence of ESBL-producing *E. coli* remained at 26%, and ESBL-producing *Klebsiella* spp. increased from 17% to 38% (Figure 3). To assess the potential effect of leadership change on resistance patterns, a separate logistic regression was used to compare resistance rates between the two-year periods before (2021–2022) and after (2023–2024) the transition. The ORs for the earlier period relative to the latter were 1.02 ( $p = 0.918$ ) for MRS, 1.31 ( $p = 0.310$ ) for ESBL-producing *E. coli*, and 0.70 ( $p = 0.498$ ) for ESBL-producing *Klebsiella* spp., indicating no statistically significant impact of the leadership transition on resistance trends.



**Figure 3.** Trends in antimicrobial resistance rates among companion animal isolates from 2016 to 2024. The analysis presents annual proportions of antimicrobial-resistant isolates identified through clinical microbiological testing of companion animals. To evaluate the annual trends in antimicrobial resistance, binomial logistic regression was performed using the year as a continuous predictor from 2017 to 2022. MRS showed a modest but statistically significant decline in resistance rates over time (odds ratio [OR] per year = 0.90,  $p = 0.0179$ ). In contrast, more pronounced reductions were observed for ESBL-producing *E. coli* (OR = 0.78,  $p = 2.00 \times 10^{-6}$ ) and ESBL-producing *Klebsiella* spp. (OR = 0.55,  $p = 9.38 \times 10^{-11}$ ). MRS: methicillin-resistant staphylococci; ESBL: extended-spectrum  $\beta$ -lactamase.

#### 4. Discussion

The antimicrobial stewardship intervention implemented at our secondary referral hospital led to a substantial reduction in overall antimicrobial use and coincided with marked improvements in resistance rates among gram-negative bacteria. By 2020, total antimicrobial prescriptions had decreased by over 50%, with the most significant reductions observed in broad-spectrum agents such as carbapenems and fluoroquinolones. These reductions were temporally associated with declines in the prevalence of ESBL-producing *E. coli* and *Klebsiella* spp., which decreased from 53% to 24% and from 78% to 7%, respectively, by 2022. These findings are consistent with previous studies highlighting the role of  $\beta$ -lactam and fluoroquinolone restriction in mitigating resistance among Enterobacteriaceae [6,13], and reinforce the clinical utility of cumulative antibiograms for empirical treatment selection.

In contrast, the prevalence of MRS declined only modestly, from 64% to 53% by 2022, and remained stable at approximately 50% thereafter. This limited response suggests that our stewardship strategies were less effective in controlling resistance among MRS. Although previous studies have reported reductions in MRS rates following antimicrobial stewardship efforts [6,7], several factors may have limited effectiveness in this study. These include suboptimal adherence to stewardship recommendations, continued empirical use of  $\beta$ -lactam antibiotics for presumed staphylococcal infections, and insufficient de-escalation based on culture results. Additionally, unlike gram-negative organisms, which are primarily driven by antimicrobial selective pressure, MRS prevalence may not be as responsive to stewardship interventions alone [14]. Therefore, additional strategies such as decolonization protocols and enhanced infection control measures may be required to achieve further reductions.

Although stewardship leadership transitioned in September 2022 from the original lead (TM) to a new clinician (RF), statistical analysis revealed no significant changes in resistance rates across the 2021–2022 and 2023–2024 periods. ORs comparing the earlier to the latter period were 1.02 for MRS, 1.31 for ESBL-producing *E. coli*, and 0.70 for ESBL-producing *Klebsiella* spp. However, the increase in ESBL-producing *Klebsiella* from 17% to 38% during the latter period suggests a potential weakening of stewardship impact, warranting further attention. These findings underscore the importance of continuity in program leadership, consistent institutional support, and structured handovers to maintain long-term effectiveness. Periodic reviews of antibiogram trends are also essential to adapt interventions to evolving resistance dynamics.

This study has several limitations. First, the adoption rate of individual recommendations was not assessed due to the voluntary nature of the interventions. Nevertheless, institution-wide prescribing and resistance data were used to determine the overall effect. Second, the distinct effects of each intervention component were not analyzed separately, as they were implemented as part of a coordinated strategy. Third, external infection control practices associated with the COVID-19 pandemic, such as increased handwashing, masking, and environmental sanitation, may have influenced resistance trends. However, the use of multi-year pre- and post-intervention data helped mitigate this limitation and supported the internal validity of the findings.

## 5. Conclusions

Hospital-specific antimicrobial stewardship programs, including in-hospital education and antibiotic selection guided by antibiograms, have been effective in reducing resistance among gram-negative bacteria. These programs also show promise in controlling MRS, although continued efforts are needed to address the persistent resistance in gram-positive bacteria.

**Author Contributions:** Conceptualization, methodology, software, visualization, validation, and writing—original draft preparation TM; investigation, TM and RF; data curation, TM, RF, and YT; writing—review and editing TM, RF, YT, DN, SN, TN, RN, and YM; All authors have read and agreed to the published version of the manuscript.

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**Institutional Review Board Statement:** Ethical review and approval were waived for this study because all data were obtained retrospectively from routine clinical records and microbiological test results, with no identifiable patient information, and no additional procedures beyond standard clinical care. The antimicrobial stewardship interventions implemented during the study were non-mandatory recommendations without enforcement, and all activities were conducted under the institutional ethical guidelines for clinical quality improvement and surveillance.

**Informed Consent Statement:** Not applicable.

**Data Availability Statement:** The data presented in this study are available on request from the corresponding author due to institutional policy and the inclusion of clinical records that may contain sensitive or indirectly identifiable information.

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**Conflicts of Interest:** The authors declare no conflicts of interest.

## Abbreviations

The following abbreviations are used in this manuscript:

AMR Antimicrobial Resistance  
ASP Antimicrobial Stewardship Program  
AST Antimicrobial Susceptibility Testing  
CLSI Clinical and Laboratory Standards Institute  
ERFX Enrofloxacin  
ESBL Extended-Spectrum  $\beta$ -Lactamase  
MRS Methicillin-Resistant Staphylococci  
OBFX Orbifloxacin  
OR Odds Ratio  
PK/PD Pharmacokinetic/Pharmacodynamic

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