

Review

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Posted Date: 11 July 2025

doi: 10.20944/preprints202507.0984.v1

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Review

# Leveraging Epigenetic Biomarkers and CRISPR-Cas12a for Early Prostate Cancer Detection in Sub-Saharan Africa: Opportunities and Challenges

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#### **Abstract**

Prostate cancer is a major cause of cancer-related deaths among men in Sub-Saharan Africa, where late-stage diagnoses are common due to limited access to affordable and sensitive diagnostic tools. Early detection is essential to improve survival and reduce the disease burden. This review explores the integration of epigenetic biomarkers and CRISPR-Cas12a technology as a transformative approach for early, non-invasive prostate cancer detection in resource-limited settings. Among the many complexities of cancer development, molecular dysregulation plays a remarkable role, and epigenetic modifications such as DNA methylation, histone changes, and non-coding RNA expression have emerged as stable and specific biomarkers with significant potential for the early detection and characterisation of prostate carcinogenesis. However, their low concentration in body fluids presents a detection challenge. CRISPR-Cas12a, known for its high specificity and sensitivity, offers a promising solution. When combined with isothermal amplification and liquid biopsy techniques, it enables rapid, low-cost, and point-of-care diagnostics. This review proposes a low-cost, CRISPR-Cas12a-based diagnostic pipeline for detecting prostate cancer-specific epigenetic markers in liquid biopsies. The implementation of this technology in Sub-Saharan Africa could significantly improve early diagnosis, reduce mortality, and advance health equity.

**Keywords:** epigenetic signatures; CRISPR-Cas12a; prostate cancer; early detection; liquid biopsy; Sub-Saharan Africa

# 1. Introduction

Prostate cancer remains one of the leading causes of cancer-related deaths among men globally, with marked disparities in incidence, mortality, and healthcare access between developed and developing regions, particularly Sub-Saharan Africa [1]. In this region, prostate cancer is characterised by alarmingly high incidence and mortality rates, largely due to late-stage diagnoses. Projections indicate that by 2040, the number of prostate cancer cases in Sub-Saharan Africa could more than double, significantly increasing the burden of disease [2,3]. In Nigeria, for instance, prostate cancer is the most frequently diagnosed cancer among men, with an estimated 7.4% of the male population at risk of developing the disease before the age of 75 [4]. The high prevalence of late-stage diagnoses is often attributed to limited access to healthcare, inadequate public awareness, and the absence of widespread screening programs [5,6]. Cultural and socioeconomic barriers, such as stigma and misconceptions about cancer, further delay timely medical intervention, contributing to poorer clinical outcomes [7]. In addition to these systemic challenges, biological factors, including

genetic predispositions and environmental influences, are believed to contribute to the more aggressive forms of prostate cancer observed in men of African descent [8]. Among the genetic disorders, epigenetic modifications, such as DNA methylation and histone changes, play a critical role in prostate carcinogenesis and progression. These molecular changes hold potential as stable, specific biomarkers for early detection, particularly in minimally invasive liquid biopsy samples [9]. However, tumour-derived nucleic acids in such samples are often present at low concentrations, necessitating highly sensitive detection platforms. In this context, CRISPR-Cas12a (Cpf1) technology has emerged as a powerful diagnostic tool due to its programmability, high sensitivity, specificity, and suitability for low-resource settings [10]. When combined with the detection of epigenetic signatures, CRISPR-based assays can facilitate the identification of circulating tumour nucleic acids (CTNAs) from minimally invasive samples, such as blood, urine, or saliva [11]. This combination approach offers significant promise for improving early prostate cancer detection while addressing the limitations of prostate-specific antigen (PSA) testing, which often lacks specificity and may result in overdiagnosis and overtreatment [12]. The integration of epigenetic biomarkers with CRISPRbased diagnostics represents a particularly compelling approach for advancing precision oncology [10]. This review examines the synergistic application of epigenetic signatures and CRISPR-Cas12a diagnostics, highlighting their transformative potential for enhancing prostate cancer screening and diagnosis in Sub-Saharan Africa.

# 2. Epigenetic Signatures in Prostate Cancer

# 2.1. Overview of Epigenetics

Epigenetics is the study of heritable changes in gene expression that do not involve alterations to the underlying DNA sequence. These modifications include DNA methylation on cytosine bases and post-translational modifications of histone proteins such as methylation, acetylation, phosphorylation, and sumoylation [13]. Among these, DNA methylation is specifically the formation of 5-methylcytosine, a stable epigenetic mark that can persist through cell divisions and influence cellular phenotype across generations [13]. In normal mammalian cells, DNA methylation acts as a gene expression regulator. For instance, promoter regions of tumour suppressor genes such as TP53 and BRCA1 are typically unmethylated, allowing transcription factors and RNA polymerase to access DNA and activate gene expression [14] (Figure 1A). Conversely, hypermethylation of these promoter regions leads to chromatin condensation and the silencing of gene expression, preventing transcription factor binding and facilitating oncogenesis [14] (Figure 1B).

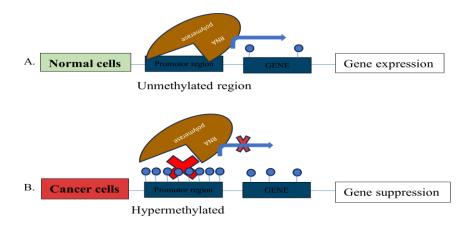


Figure 1. DNA methylation status in normal (A) and cancer (B) cells [14].

So, in cancer biology, epigenetics plays a crucial role in tumorigenesis, influencing processes such as cell differentiation, proliferation, and apoptosis. Aberrant epigenetic modifications can lead to the silencing of tumour suppressor genes or the activation of oncogenes, thereby contributing to

cancer development and progression [15]. The significance of epigenetics in cancer biology is underscored by its potential for therapeutic intervention. Epigenetic alterations, such as DNA methylation and histone modifications, can serve as biomarkers for cancer diagnosis and prognosis. Moreover, the development of epigenetic therapies, which aim to reverse these modifications, has emerged as a promising strategy in oncology [16,17]. These therapies are particularly relevant in the context of drug resistance, where epigenetic changes can confer a survival advantage to cancer cells [18].

# 2.1.1. Types of Epigenetic Modifications

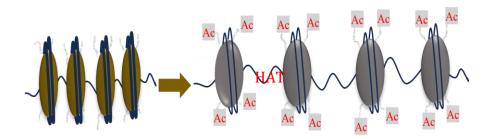
#### **DNA** Methylation

DNA methylation involves the enzymatic addition of methyl groups to the fifth carbon of cytosine residues within CpG dinucleotides, forming 5-methylcytosine [19]. This process is catalysed by DNA methyltransferases (DNMTs), which are classified functionally as "writers". Other associated proteins include "readers" such as methyl-binding domain proteins and zinc finger proteins, which interpret methylation marks to regulate gene expression, and "erasers," including the ten-eleven translocation (TET) enzymes that mediate active DNA demethylation. The TET enzymes oxidise 5-methylcytosine to form 5-hydroxymethylcytosine (5hmC), and further to 5-formylcytosine (5fC) and 5-carboxycytosine (5caC) [20]. These oxidised intermediates can be removed by base excision repair mechanisms involving thymine DNA glycosylase, ultimately restoring unmethylated cytosine (Figure 2).

Figure 2. DNA methylation pathway [21].

# Histone Modification

In eukaryotic cells, histones are key proteins that package DNA into nucleosomes, the fundamental units of chromatin [22]. Post-translational modifications of histones, including acetylation, methylation, phosphorylation, and ubiquitination, regulate chromatin structure and gene accessibility [23]. These modifications alter the interaction between histones and DNA, affecting the chromatin structure and gene accessibility. Histone acetylation, mediated by histone acetyltransferases (HATs), neutralises positive charges on histones and relaxes chromatin structure, promoting transcription (Figure 3). Histone deacetylases (HDACs) reverse this process, resulting in chromatin condensation and transcriptional repression [24]. Similarly, histone methyltransferases and demethylases regulate the addition and removal of methyl groups, influencing transcription in a position-dependent manner [25]. Histone modifications are dynamically regulated and are crucial for maintaining cellular identity and function [26].



**Figure 3.** Histone acetylation leads to relaxed chromatin structure. HATs: Histone acetyltransferase; Ac: acetyl groups [25].

# Non-Coding RNAs Mediated Regulation

Non-coding RNAs such as microRNA (miRNA) and long non-coding RNAs (lncRNAs) are functional RNA transcripts which are not translated into proteins [27]. They significantly contribute to the regulation of gene expression at transcription and post-transcriptional levels. miRNAs are 20 – 30 nucleotides long and can bind to complementary sequences on target mRNAs, leading to their degradation or translational inhibition [28]. lncRNAs, which exceed 200 nucleotides, modulate gene expression by interacting with chromatin-modifying complexes, altering chromatin architecture, or recruiting transcriptional co-repressors [29]. These non-coding RNAs are increasingly recognised as important regulators of cancer-related gene expression and potential targets for diagnostic and therapeutic strategies.

# 2.2. Common Epigenetic Markers Identified in Prostate Cancer

Alterations in epigenetic mechanisms play a significant role in prostate cancer development and progression [30], and many epigenetic aberrations in key genes have been identified (Table 1). One of the most prominent epigenetic markers in prostate cancer is DNA hypermethylation, particularly at tumour suppressor genes. Aberrant hypermethylation of genes involved in several cellular functions, ranging from cell cycle control, DNA repair, apoptosis, tumour invasion, signal transduction, tumour suppression and hormone response, are commonly observed in prostate cancer [31]. The GSTP1 gene, encoding for glutathione-S-transferase that plays a vital role in detoxification, is frequently methylated in over 90% of prostate cancer cases and rarely in normal prostate tissue, making it a highly specific marker for PCa [32,33]. Also, hypermethylation of the RASSF1A gene, a tumour suppressor gene, has been associated with tumour aggressiveness. Pidsley and colleagues [34] reported hypermethylation of the CRACR2A gene in metastatic prostatic tissue. Other frequently reported hypermethylated genes in PCa include the APC, RARβ2, CDH13, RASSF1a, PTGS2, CD44, and E-Cadherin. These epigenetic modifications disrupt normal cellular homeostasis and promote malignant transformation.

In addition to DNA methylation, histone modifications contribute to prostate cancer epigenetics. Increased trimethylation of histone H3 at lysine 27 (H3K27me3) has been associated with more aggressive PCa phenotypes [35], and overexpression of SIRT7, a histone deacetylase, has also been reported in prostate tumours [36]. In addition, reduced acetylation of histone H3 at lysine 9 (H3K9ac) has been linked with tumour development [37]. Although histone modifications offer valuable insights into the underlying mechanisms of prostate cancer development, investigating them remains technically demanding and expensive, limiting their current applicability in clinical settings.

MicroRNAs (miRNAs), on the other hand, represent another class of epigenetic regulators with significant diagnostic potential in PCa. Dysregulated miRNA expression patterns are frequently observed in prostate cancer with diagnostic potential. For instance, miR-21 has shown high diagnostic accuracy, with a sensitivity of 91% and specificity of 89% in distinguishing metastatic prostate cancer, making it a promising serum biomarker [38]. Also, miR-18a-5p, miR-125 b and miR-4534 have been reported to be upregulated in prostate cancer [41].

Table 1. Common epigenetic marks in prostate cancer.

<b>Epigenetic Maker</b>	Gene category	Gene	Ref
DNA hypermethylation	DNIA damaga yanaiy	GSTP 1	[35]
	DNA damage repair	MGMT	[41]
	Cell adhesion	CDH1	[42]
	Cen adriesion	T IMP3	[43]
		$RAR\beta 2$	[44]
	Tumour suppression and	APC	[45]
		RASSF1	[46]
	Apoptosis control	CRACR2A	[34]
		LGALS3	[47]
DNA hypomethylation	Detoxification and hormone	CVD1D1	[40]
	response	CYP1B1	[48]
	Tumor invasion	HPSE	[49]
Histone modification	Increased methylation	H3K27me3	[35]
	Decreased methylation	SIRT7	[36]
	Decreased acetylation	H3K9ac	[37]
miRNAs	Upregulation	MicroRNA-21	[38]
		MicroRNA-18a-5p	[39]
		MicroRNA-4534	[40]
		MicroRNA-375	[50]

GSTP 1: Glutathione S-Transferase Pi 1; MGMT: O-6-Methylguanine-DNA Methyltransferase; CDH1: Cadherin 1 (E-cadherin); TIMP3: Tissue Inhibitor of Metalloproteinases 3;RASSF1: Ras Association Domain Family Member 1; RAR $\beta$ 2: Retinoic Acid Receptor Beta 2; APC: Adenomatous Polyposis Coli; CRACR2A: Calcium Release Activated Channel Regulator 2A; LGALS3: Galectin-3 (Lectin, Galactoside-Binding Soluble 3); AR: Androgen Receptor; ER: Estrogen Receptor; CYP1B1: Cytochrome P450 Family 1 Subfamily B Member 1; HPSE: Heparanase; H3K27me3: Trimethylation of Lysine 27 on Histone H3; SIRT7: Sirtuin 7; H3K9ac: Acetylation of Lysine 9 on Histone H3.

Relevance to Early Detection: Stability, Specificity, and Detectability in Biofluids

The gold standard marker for prostate cancer, prostate-specific antigen (PSA), is highly sensitive but less specific and imprecise, as it can't reliably distinguish between prostate cancer and other conditions affecting the prostate, like prostatitis or benign prostatic hyperplasia [51]. The false positives generated by PSA tests often result in costly and invasive procedures, such as transrectal prostate biopsies and underscore the need for more accurate and non-invasive biomarkers [52]. Epigenetic markers offer a promising alternative due to their high specificity, detectability in liquid biopsies (e.g., urine and blood), and potential for early-stage detection [31]. Unlike protein-based biomarkers, epigenetic changes such as DNA methylation and miRNA expression are stable(58), can be measured quantitatively or qualitatively [55], and remain intact in diverse sample conditions, including EDTA-treated blood stored at 4°C, -20°C, or -80°C, as well as dried blood spots [56]. Aside from the stability of biomarkers in clinical practice, a crucial issue in biomarker assessment is clinical evidence of the test performance and affordability, which are critical to ensure the incorporation of new biomarkers in the clinical setting [57]. Furthermore, despite the emergence of novel epigenetic markers, there is a need to develop and adapt methods for the analysis of specific markers [58]. Several assays have been designed for the detection of epigenetic markers, one of which is the ProCaM<sup>TM</sup> methylation assay, which quantifies methylation of GSTP1, RARβ2 and APC in urine samples. In a cohort of 320 PCa patients and 384 controls, the assay demonstrated a sensitivity of 60% and specificity of 80% [59]. Notably, the ConfirmMDx assay, developed by MDxHealth, remains the only clinically approved methylation test for PCa. It assesses methylation of GSTP1, RASSF1, and

APC in histologically negative prostate biopsies, aiding in the decision-making process regarding repeat biopsies [60].

#### 2.3. Epigenetic Biomarkers in Sub-Saharan Populations

Research on epigenetic alterations that occur in various diseases, including PCa in African populations, is limited. Most studies on epigenetic markers for PCa are carried out on European and Asian populations, and there is a notable lack of data on the epigenetic alterations specific to African populations [61]. Although research on epigenetic markers in African populations remains limited, the field of epigenetics provides crucial insights into the complex interactions between genetic predispositions and environmental factors, particularly in the context of African populations. However, research targeting the unique epigenetic landscapes in these populations remains notably limited. One primary issue within the current landscape of epigenetic research in Africa is the overwhelming lack of studies focusing specifically on African populations. Oladipo et al. emphasise that the majority of epigenetic investigations have predominantly concentrated on individuals of European, Asian, and American backgrounds, leading to a significant oversight of potential epigenetic variations present in African ancestral groups [62]. The specific genetic and epigenetic mechanisms, such as the variation of cytosine modifications, could greatly influence the prevalence of conditions like cancer, which disproportionately affect minority groups in the U.S., including African Americans [63]. This indicates the necessity of expanding research to better understand the unique epigenetic factors at play within African populations. DNA methylation is associated with non-communicable diseases in a black South African cohort, demonstrating how African populations may exhibit unique epigenomic profiles that are not captured in existing global literature [64]. Furthermore, Africa's vast genetic diversity and varying environmental exposures present a unique opportunity to investigate environmental effects on epigenetic profiles; yet this potential remains underexplored due to a lack of localised research initiatives [65]. These findings accentuate an urgent need for comprehensive epigenomic studies designed to reflect the genetic and environmental complexities of African populations.

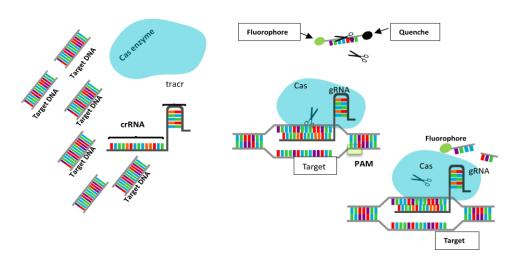
Additionally, pathogen-induced epigenetic alterations highlight the urgent need for research into how infectious diseases prevalent in Africa may contribute to cancer development through epigenetic mechanisms [66]. Conducting localised studies not only contributes to filling the knowledge void but also aids in developing tailored prevention and treatment strategies that address the unique health challenges faced by these populations.

# 3. CRISPR-Cas12a Technology for DNA Detection

CRISPR is an isothermal technique first developed for gene editing technology, and coupled with an amplification technique, it can be used for diagnostic purposes. It uses three principal elements, including the endonucleases called "Cas" enzymes (Cas9, Cas12a,b; Cas13;..)[67], the main role is to cut the target sequence at the specific site. The guide RNA (crRNA or gRNA), on the other hand, helps the endonuclease "Cas" enzyme to bind to the target sequence. It has two main parts: the trans-activating CRISPR guide RNA (tracrRNA) that will form a complex with the Cas Enzyme, and the CRISPR guide RNA site (crRNA) that will form a complex with the target sequence. These enzymes have been used to develop novel nucleic acid assays, where the activated Cas-crRNA complex can indiscriminately cleave surrounding non-target single-stranded nucleic acid reporters (labelled probes).

# 3.1. Mechanism of CRISPR-Cas12a

Cas12 enzymes are used in CRISPR-based diagnostics to target dsDNA and ssDNA, requiring a PAM site for dsDNA cleavage and collateral cleavage of ssDNA. DETECTR, one of the first Cas12-based detection methods, uses Cas12a to target dsDNA and trigger collateral cleavage of short ssDNA reporters carrying a fluorophore and a quencher to reveal the detection as seen in Figure 4 [67].



**Figure 4.** CRISPR-Cas12 principle for Nucleic Acid detection [67].

# 3.2. Workflow of CRISPR-Cas12a-Based Nucleic Acid Detection in Liquid Biopsies

Practically after Sample Collection (Urine, swab, blood, or other clinical specimen is collected), Nucleic acids are extracted using a rapid method (e.g., magnetic beads or spin columns). For field or low-resource settings, crude extraction buffers may be used. Following this step, the target gene is amplified to Enhance Sensitivity by using isothermal amplification (RPA or LAMP) targeting a specific pathogen gene or biomarker [67]. This step can take 10 to 30 minutes and works at a constant temperature (no thermocycler needed). So, after the pre-amplification of the target gene, the CRISPR reaction is set up by combining in a single tube: Cas12a enzyme, Specific crRNA, ssDNA reporter molecule with fluorophore-quencher or biotin-FAM for lateral flow and the Amplified product (or directly extracted DNA if the target is abundant). For the recognition and the activation, if the target DNA is present, it binds the crRNA-guided Cas12a complex, and Cas12a is activated and starts collateral cleavage of ssDNA reporters. This signal is read out either via fluorometric detection, in which the fluorescence is released and detected using a portable reader or smartphone-based device, or colourimetric via enzyme trans-cleavage and the release of LacZ<sup>a</sup> [68].

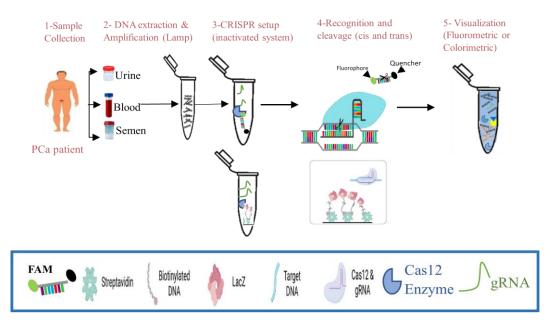


Figure 5. Work flow of CRISPR-cas12a DNA detection in liquid biopsies [67,68].

#### 3.3. Advances in CRISPR Diagnostics in Cancer

The advent of CRISPR-Cas12 technology among the different CRISPR systems has revolutionised various fields of molecular diagnostics, particularly in detecting mutations associated with various cancers. For instance, the system's application in detecting circulating EGFR mutations, which are critical in non-small cell lung cancer management, indicates that the CRISPR-Cas12a assay exhibits high sensitivity and could perform rapid evaluations of mutations, suggesting promising implications for real-time monitoring of cancer biomarkers [10]. Similarly, the same approach could be used for visual quantification of single-nucleotide variants (SNVs) associated with cancer, showcasing how the technology's adaptability can maintain high sensitivity and specificity across different cancer types [69]. By targeting various cancer-associated mutations and leveraging the unique properties of the CRISPR system, including its collateral cleavage activity, CRISPR-Cas12 is recognised as a highly reliable tool for diagnosing cancer-related alterations [70]. The system has the potential for detecting epigenetic changes in cancer, such as prostate cancer, particularly DNA methylation, as it is becoming an area of significant interest. Alterations in DNA methylation patterns can serve as early biomarkers for cancer detection [71]. In urologic cancers, including prostate cancer, epigenetic alterations, due to their stability and accessibility in body fluids, have promise as cancer biomarkers [71]. These epigenetic markers could be easily detected via the CRISPR-Cas12a system. For instance, systems integrating CRISPR-Cas12a with techniques like polymerase amplification could significantly enhance the sensitivity of detecting epigenetic modifications, enabling the identification of specific methylation patterns associated with cancer, like prostate cancer [72]. Alongside this, CRISPR technology can be engineered to identify and quantify microRNA expression, which is often altered in cancer states [73]. This dual approach could allow for a comprehensive diagnostic strategy encompassing both genetic and epigenetic alterations. Furthermore, notable advancements in CRISPR diagnostics indicate that localised, efficient detection methods could be developed for point-of-care testing, reducing dependencies on complex laboratory environments[74]. The ability of CRISPR-Cas12 systems to facilitate rapid and accurate detection, especially of epigenetic markers in prostate cancer, represents a significant step forward in personalised medicine and cancer management.

# 4. Synergistic Application: Epigenetics and CRISPR-Cas12a

#### 4.1. Workflow Integration

Using CRISPR-Cas12a to detect methylation patterns or non-coding RNAs in biofluids.

The integration of CRISPR-Cas12a and methylation-sensitive restriction enzymes (MSREs) provides a precise and amplification-free method to detect DNA methylation at single CpG resolution. The workflow follows a stepwise strategy that leverages the high specificity of MSREs for non-methylated DNA and the collateral cleavage activity of Cas12a for signal amplification [75].

The first step involves identifying CpG sites of clinical interest within the genome. A suitable protospacer adjacent motif (PAM) sequence (typically TTTV) must be present near the CpG site to enable Cas12a binding. crRNAs are then designed to hybridise to a region adjacent to the CpG, ensuring maximum R-loop formation and sensitivity. Optimal designs favour crRNA targeting regions proximal to the CpG site for the highest sensitivity in methylation detection.

Secondly, extracted genomic DNA is then treated with a specific Methylated Sensitive Restriction Enzyme (e.g., Acil, HpaII), which selectively cleaves unmethylated CpG-containing sequences. Methylated sequences remain intact after enzyme digestion, preserving the Cas12a target site.

Thirdly, the Cas12a protein is pre-incubated with the designed crRNA to form a ribonucleoprotein (RNP) complex. This RNP is mixed with the digested DNA sample and a reporter molecule (typically a single-stranded DNA labelled with a fluorophore and quencher pair). If the DNA is methylated and intact (not cleaved by MSRE), it will bind to the crRNA-Cas12a complex, activate trans-cleavage, and cleave the reporter, resulting in a measurable fluorescence signal.

Finally, for the detection and quantification of CpG methylated sites, the fluorescence could be monitored over time using a plate reader. The rate of fluorescence increase corresponds to the degree of Cas12a activation, which reflects the methylation status of the target site. Calibration with known methylated-to-unmethylated DNA ratios allows for quantitative assessment of methylation percentage. This system allows accurate detection of single-site methylation events without bisulfite conversion or PCR amplification. The emergence of CRISPR-Cas12 technology brings a new era in molecular diagnostics, particularly when compared to traditional methods such as quantitative Polymerase Chain Reaction (qPCR) and Next-Generation Sequencing (NGS). CRISPR-Cas systems, especially Cas12, offer notable advantages in terms of sensitivity, specificity, and operational simplicity over these conventional techniques. Traditional nucleic acid detection methods like qPCR and NGS rely heavily on amplification processes to detect target sequences. qPCR is known for its quantitative capabilities but often has limitations regarding sensitivity, particularly at low nucleic acid concentration [76]. In contrast, CRISPR-Cas12 technology exhibits collateral cleavage activity, which can significantly enhance signal detection without necessitating extensive amplification [77,78]. This allows for rapid detection in a simplified format, which is increasingly vital during outbreaks or early diagnosis, where time-to-results is critical. Cas12-based assays have demonstrated limits of detection (LOD) that can surpass those of qPCR, with reports suggesting they can detect nucleic acid at concentrations lower than traditional methods [79].

#### 4.2. Implementation in Resource-Limited Settings

The advent of CRISPR-based diagnostics represents a significant advancement in molecular biology and has the potential to revolutionise cancer (prostate cancer) screening and monitoring, especially in resource-limited settings[80]. The portability, cost-effectiveness, and simplicity of CRISPR-based systems, particularly CRISPR-Cas12 assays, make them attractive candidates for decentralised prostate cancer screening initiatives in rural areas. CRISPR diagnostic technologies, particularly those employing the Cas12 system, demonstrate a range of advantages, including high sensitivity, specificity, and ease of use. CRISPR/Cas systems are noted for their low-cost application and the ability to function effectively in resource-limited environments, making them suitable for widespread use in diagnostics[81]. Furthermore, the CRISPR-Cas12 has the potential to precisely



detect mutations, which can be tailored for various applications, enhancing its cost-effectiveness and suitability for routine clinical practices [82]. These attributes position CRISPR-based diagnostics as ideal for settings where traditional laboratory infrastructure is limited, facilitating access to essential cancer screening services. Additionally, portable detection devices leveraging CRISPR technology can significantly reduce logistical challenges associated with cancer diagnostics. Kaminski et al. note that the adaptability of CRISPR assays to point-of-care testing results in quicker diagnostic results compared to established laboratory methods [67]. By employing lateral flow assays or other portable platforms, communities in rural areas can access immediate results, enabling prompt clinical decision-making. Integrating CRISPR-based diagnostics into prostate cancer screening protocols has the potential to decentralise access to healthcare services, particularly in underserved rural populations. The affordability and ease of deploying CRISPR tests can effectively enhance the capacity for early detection of prostate cancer-specific biomarkers, including epigenetic alterations [83]. Given that prostate cancer is prevalent and often asymptomatic in its early stages, implementing readily accessible screening tools could substantially improve early diagnosis rates and patient outcomes.

Moreover, the operational efficiency of CRISPR diagnostics can facilitate extensive screening initiatives without the need for complex laboratory machinery. For instance, lateral flow assays utilising CRISPR technology have shown promise in providing rapid, user-friendly diagnostic results, which can be performed at community health centres or even at home[84]. These programs not only empower individuals to participate in their health monitoring but also serve to raise awareness and education regarding prostate cancer risks in these communities. In addition, the rapid and simplified detection methods can serve as a model for employing CRISPR technology to monitor epigenetic changes within populations at risk for prostate cancer. Epigenetic changes invariably precede genetic alterations in cancer development, and detecting these changes using CRISPR-generated biosensors could represent a novel method of screening that addresses the unique context of the population and could significantly reduce the burden on healthcare systems [85].

# 5. Challenges and Considerations

Technical Challenges

The deployment of CRISPR-based diagnostics in resource-limited settings is obstructed by infrastructural, technical, and ethical challenges. Many African health facilities lack reliable electricity and molecular biology infrastructure, limiting CRISPR integration [86]. Training healthcare personnel is crucial, especially in cancer and biotechnology centres [67]. Amplification-free CRISPR methods show low sensitivity, and multiplexing remains difficult in simple formats. There is also a trade-off between assay simplicity and sensitivity, often requiring complex multistep devices to achieve accurate results. There is also a trade-off between assay simplicity and sensitivity, often requiring complex multistep devices to achieve accurate results. Innovations like crRNA multiplexing, microfluidics, and smartphone-based readouts aim to improve usability [87].

The regulatory frameworks for CRISPR diagnostics are still evolving. As these tools detect genetic markers without genome editing, regulation must balance safety and accessibility [88]. This distinction may influence the regulatory processes, potentially easing some barriers while imposing rigorous standards in other areas. The WHO supports CRISPR diagnostics under its 2022–2030 STI (Sexually Transmitted Infections) strategy, emphasising ASSURED criteria including accuracy, sensitivity, user-friendliness, and affordability. The WHO also emphasises the development of cost-effective, rapid, and field-deployable diagnostics, particularly in low- and middle-income countries. CRISPR systems (e.g., Cas12, Cas13) are under active evaluation as they can be engineered to meet most or all ASSURED principles [87].

Affordability, reagent access, and trained staff remain concerns [89]. Community engagement and education are vital for building trust and promoting adoption [90]. Inclusive health literacy programs enhance acceptance and align CRISPR use with local needs [91]. In Comparison with

existing technologies such as qPCR and Next Generation Sequencing (NGS), CRISPR-Cas12a presents several advantages as point-of-care diagnostics in resource-limited settings, as presented below (Table 2).

Table 2. Comparison of CRISPR-Cas12a, qPCR, and NGS for Methylation and miRNA Detection.

Parameter	CRISPR-Cas12a	qPCR	Next Generation Sequencing (NGS)
Sensitivity	High (as low as 100 fM); enhanced by collateral cleavage [92]	Moderate–High; dependent on primer/probe design and efficiency	Very High; resolution dependent on sequencing depth [94]
Cost	Low to moderate; suitable for resource- limited settings [95]	Moderate; less expensive than NGS, but not easily multiplexed [93]	Highly costly reagents, equipment, and bioinformatics [94]
Speed	<2 hours ideal for point- of-care [96]	~1–2 hours real-time readout	Slow (days); long prep and data analysis [94]
Scalability	Moderate; being improved for high- throughput screening	Low to moderate; limited multiplexing	Very High; excellent for large sample sets [94]
Required Infrastruct ure	Minimal; no need for complex equipment [97]	Basic molecular lab setup(thermocycler)	High-end sequencing and data analysis infrastructure required [94]
Suitability for Resource- Limited Settings	Excellent, portable and cost-effective	Moderate; requires thermal cycler	Poor, impractical without advanced infrastructure
•	Emerging; can detect methylation via enzyme- based pre-treatment + CRISPR [75]	Possible with Me-PCR or qMSP; limited to known targets	Comprehensive; can map genome-wide methylation [94]
miRNA Detection	Achievable using Cas12a/crRNA targeting mature miRNA; under development	Well established with TaqMan or SYBR Green assays	High-resolution profiling of the entire miRNome

#### 6. Future Directions

The integration of CRISPR diagnostics and epigenetic research in Sub-Saharan Africa holds immense promise but requires tailored strategies. Current data on epigenetic markers largely exclude African populations, highlighting the urgent need for epigenome-wide association studies (EWAS) and African ancestry-informative markers (AIMs) to bridge genomic disparities [98]. There is a necessity for large-scale efforts to conduct epigenome-wide association studies (EWAS) that specifically target African populations, facilitating the identification of unique epigenetic markers associated with diseases prevalent in these demographics [98]. CRISPR-based tools must also be adapted to local contexts as portable, cost-effective kits are essential where lab infrastructure is limited [99]. Multidisciplinary collaboration among researchers, policymakers, and healthcare providers is vital to translate innovation into actionable solutions [100]. Stakeholder and community engagement, including education and regulatory harmonisation, will support equitable access and trust in these technologies [91].

# 7. Conclusion

The synergy between CRISPR-Cas12a and epigenetic markers offers a transformative path for early prostate cancer detection in Africa. Even though challenges remain, a context-driven, collaborative approach can significantly improve diagnostic access and outcomes, advancing health equity across the continent.

**Author Contributions:** Conceptualization, N.K.N. and O.O.O.; methodology, N.K.N.; software, I.F.K.; validation, N.K.N., E.C.A., and I.F.K.; formal analysis, N.K.N.; investigation, N.K.N.; resources, S.N.C. and O.O.O.; data curation, N.K.N., I.F.K.; writing the original draft preparation, N.K.N.; writing, review and editing, N.K.N., O.O.O., E.C.A., I.F.K., and S.N.C.; visualization, E.C.A.; supervision, O.O.O. and S.N.C.; project administration, N.K.N.; funding acquisition, N.K.N., O.O.O. All authors have read and agreed to the published version of the manuscript.

**Funding:** This study is funded by Science for Africa Foundation to the Developing Excellence in Leadership, Training and Science in Africa (DELTAS Africa) programme [Afrique One-ASPIRE, Del-15-008 and Afrique One-REACH, Del-22-011] with support from Wellcome Trust and the UK Foreign, Commonwealth & Development Office and is part of the EDCPT2 programme supported by the European Union. For purposes of open access, the author has applied a CC BY public copyright license to any Author Accepted Manuscript version arising from this submission. The funders have no role in the study.

Conflicts of Interest: The authors declare no conflicts of interest. The funders had no role in the design of the study; in the collection, analyses, or interpretation of data; in the writing of the manuscript; or in the decision to publish the results.

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