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## Article

# An Integrated Computational and Experimental Approach to Formulate Tamanu Oil Bigels as Anti-Scarring Agent

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**Abstract:** Tamanu oil has traditionally been used to treat various skin problems. The oil has wound-healing and skin-regenerating capabilities, and encourages the growth of new skin cells, all of which are helpful for fading scars and hyperpigmentation, as well as promoting an all-around glow. The strong nutty odor and high viscosity are the major disadvantages associated with their application. The aim of this study was to create bigels using tamanu oil for its anti-scarring properties. Bigels were prepared with Tamanu oil ranging from 5 to 20% along with micronized xanthan gum and evaluated for their pH, viscosity, and spreadability. In silico studies were performed to analyze the binding affinity of the protein with the drug, and the anti-scarring activity was established using a full-thickness excision wound model. In silico studies have reported that the components Calanolide A, Inophyllum C, and 4-Norlanosta-17(20),24-diene-11,16-diol-21-oic acid, and 3-oxo-16,21-lactone had docking scores of -9.8, -11.3, and -11.1, respectively with the cytokine TGF- $\beta$ 1 receptor. An acute dermal irritation study in rabbits showed no irritation, erythema, eschar, or edema. In vivo excisional wound healing studies performed on wistar rats and subsequent histopathological studies showed that bigels had better healing properties when compared to the commercial formulation (Murivenna oil). This study substantiates the wound healing and scar reduction potential of Tamanu oil bigels.

**Keywords:** bigel; *Calophyllum inophyllum*; Calanolide A; piscine collagen; tamanu oil; molecular docking; ADMET

## 1. Introduction

Damaged skin is repaired through wound healing, a complex biological process that includes hemostasis, inflammation, proliferation, and remodeling. The final three steps are essential in determining if healing is taking place naturally or if it is causing excessive extracellular matrix (ECM) protein production and fibrosis, which would indicate an aberrant healing [1]. The restoration of skin barrier function after wounding or damage plays a major role in preventing further damage to the skin. Extended wound healing may even hinder normal wound healing, resulting in scarring [1]. Scars are the normal and inevitable outcome of mammalian tissue repair. The perfect endpoint is tissue regeneration, along with the formation of new tissue as the original undamaged skin [2]. Scar formation may be due to the overproduction of connective tissue (collagen) and differences during the wound healing process. Millions of people experience scarring annually as a result of burns, trauma, or skin injury following surgery, which has an impact on mental health [3]. Keloid and hypertrophic scars are a prevalent issue as wound healing progress. Clinically, they are distinguished

by an excessive buildup of collagen due to damage to the dermis and subcutaneous regions. Growth factors and cytokines include transforming growth factor  $\beta$  (TGF- $\beta$ ), epidermal growth factor (EGF), fibroblast growth factor (FGF), and platelet-derived growth factor control this process (PDGF) [4].

The cytokine Transforming Growth Factor (TGF- $\beta$ ), which is released by many cell types involved in wound healing, is essential for the healing process. TGF- $\beta$  comprises three isomers, TGF- $\beta$ 1, TGF- $\beta$ 2, and TGF- $\beta$ 3, which together influence fibroblast proliferation, angiogenesis, and ECM synthesis by promoting the infiltration of inflammatory cells. In addition, TGF- $\beta$  prevents re-epithelialization [5,6]. The effects of various TGF- $\beta$  isoforms on wound healing may vary depending on the environment. TGF- $\beta$ 3 has also been reported to facilitate reduced scarring, but TGF- $\beta$ 1 may also mediate fibrosis in adult wounds. In order to treat both acute and chronic wounds as well as fibrosing illnesses, TGF- $\beta$ 3 may provide a scar-reducing therapy [7].

Since ancient times, tamanu oil, which is extracted from the nuts of the Tamanu tree (*Calophyllum inophyllum* Linn.), has been used for a variety of skin-care purposes. The plant is found primarily in Australia, East Africa, India, Malaysia, and the Pacific Ocean. The oil is dark green in color, with a nutty odor and disagreeable taste. Owing to the non-fatty constituents present in the oil, it is not edible. Tamanu oil has limited scientific evidence, although it is widely used to treat scars, burns, diabetic wounds, and abrasions [8]. The oil is reported to contain constituents such as calophyllolide, inophyllum C, inophyllum D, inophyllum E, inophyllum P, tamanolides D, tamanolide P, calanolide A, calanolide B, and calanolide D. Calophyllolide, the major constituent, is responsible for anti-coagulant, anti-inflammatory, anti-aging, wound healing, and anti-oxidant and anti-microbial properties [9–13]. Tamanu oil is also effective in scar removal, reduction of stretch marks, and treatment of psoriasis, eczema, skin allergies, sunburn, and acne. Extracts of the stem bark and seeds of *Calophyllum inophyllum* have also shown promising anti-arthritis activity in Freund's complete adjuvant-induced arthritis model in rats [14]. Calophyllolide, calophyllic acid, and inophyllum, as well as polyphenols with antioxidant properties, are components of *Calophyllum inophyllum* that are responsible for the ability of the plant to promote wound healing. However, the medicinal benefits of tamanu oil have only been reported and quantified in a small number of scientific investigations [15–19]. The oil has wound healing and skin-regenerating capabilities and encourages the growth of new skin cells, all of which are helpful for fading scars and hyperpigmentation, as well as promoting an all-around glow [20].

Oleogels and hydrogels, two distinctive solid-like formulations with useful qualities for cosmetic and medicinal applications, are combined to create a bigel. Bigel exhibits superior qualities to individual gels and is capable of delivering both hydrophilic and lipophilic active substances [2,21]. They are different when compared to creams and ointments as they are devoid of surfactants, enhance hydration of the stratum corneum, resulting in cooling and moisturizing effects, enhance permeability of drugs, can be prepared easily, and are water-washable [22,23].

The purpose of this study was to investigate the potential of Tamanu oil as an active ingredient for the development of bigels with significant scar-reducing properties. An *in silico* study elucidating its interaction with 5E8W (TGF- $\beta$  receptor type-1), a membrane-bound TGF beta receptor protein, was performed to demonstrate its clinical potential. The scar-free wound healing potential of tamanu oil was compared with that of Ayurvedic oil Murivenna®, which is recommended by Ayurvedic physicians for its wound healing and anti-inflammatory properties [24–26].

## 2. Results and Discussion

### 2.1. GC-MS characterization of Tamanu oil

The chemical composition of tamanu oil was determined by GC-MS and compared with previously reported data. The analysis revealed the presence of the main components Calanolide A, Calophyllolide (inophyllum derivative), and Inophyllum C, 4-Norlanosta-17(20),24-diene-11,16-diol-21-oic acid, 3-oxo-16,21-lactone (steroid lactone), along with fatty acids palmitic acid, oleic acid, linoleic acid, palmitic acid, stearic acid and hyenic acid (Table 1 and Figure S1). The retention times of the components were identified by comparison with reported literature [18]. The gas

chromatogram and corresponding mass spectra are shown in Figure S1. These constituents have been reported to possess antimicrobial, anti-inflammatory, antioxidant, wound healing, anti-HIV and antitumor activities [27–30]. Calophyllolide exhibits wound healing activity by reducing myeloperoxidase (MPO) activity and regulating inflammatory cytokines (IL-1 $\beta$ , IL-6, and TNF- $\alpha$ ). The pro-inflammatory cytokines-IL-1 $\beta$ , IL-6, and TNF- $\alpha$  are downregulated, whereas the anti-inflammatory cytokine IL-10 is upregulated by calophyllolide [31].

**Table 1.** Components identified in GC-MS analysis of Tamanu oil.

Sl.no.	Compounds	Component RT (min)	Structure
1	Calanolide A	31.03	C <sub>22</sub> H <sub>26</sub> O <sub>5</sub>
2	Calophyllolide	33.52	C <sub>26</sub> H <sub>24</sub> O <sub>5</sub>
3	Inophyllum C	24.91	C <sub>25</sub> H <sub>22</sub> O <sub>5</sub>
4	Oleic acid	26.16	C <sub>18</sub> H <sub>34</sub> O <sub>2</sub>
5	Linoleic acid	26.16	C <sub>18</sub> H <sub>32</sub> O <sub>2</sub>
6	Palmitic acid	23.27	C <sub>16</sub> H <sub>32</sub> O <sub>2</sub>
7	Stearic acid	26.38	C <sub>18</sub> H <sub>36</sub> O <sub>2</sub>
8	4-Norlanosta-17(20),24-diene-11,16-diol-21-oic acid, 3-oxo-16,21-lactone	29.66	C <sub>29</sub> H <sub>42</sub> O <sub>4</sub>
9	Hyenic acid /Pentacosanoic acid	25.28	C <sub>25</sub> H <sub>50</sub> O <sub>2</sub>

## 2.2. In silico studies -Molecular modeling

The extracellular matrix (ECM) is modulated by transforming growth factor beta (TGF- $\beta$ ), which increases collagen synthesis and controls the expression of numerous genes encoding the extracellular matrix-degrading matrix metalloproteinases (MMPs) [32]. Transforming growth factor beta 1 (TGF- $\beta$ 1) is a polypeptide member of the TGF- $\beta$  superfamily of cytokines that contributes to the progress of scar formation through its stimulatory effects on the manifestation of key ECM components and its inhibitory effects on the expression of MMPs in fibroblasts. Additionally, it stimulates collagen production in fibroblasts [33].

To analyze the binding and molecular interactions of the active constituents of tamanu oil with the potential therapeutic target TGF- $\beta$  type 1 kinase domain (T204D) in complex with staurosporine (PDB ID:5E8W), molecular docking studies were performed using PyRx 0.8 [34]. The predicted binding affinities of all identified constituents, as well as the bleomycin standard, are presented in Table 2. The interactions between the proteins and ligands are depicted in Figure 1a-j.

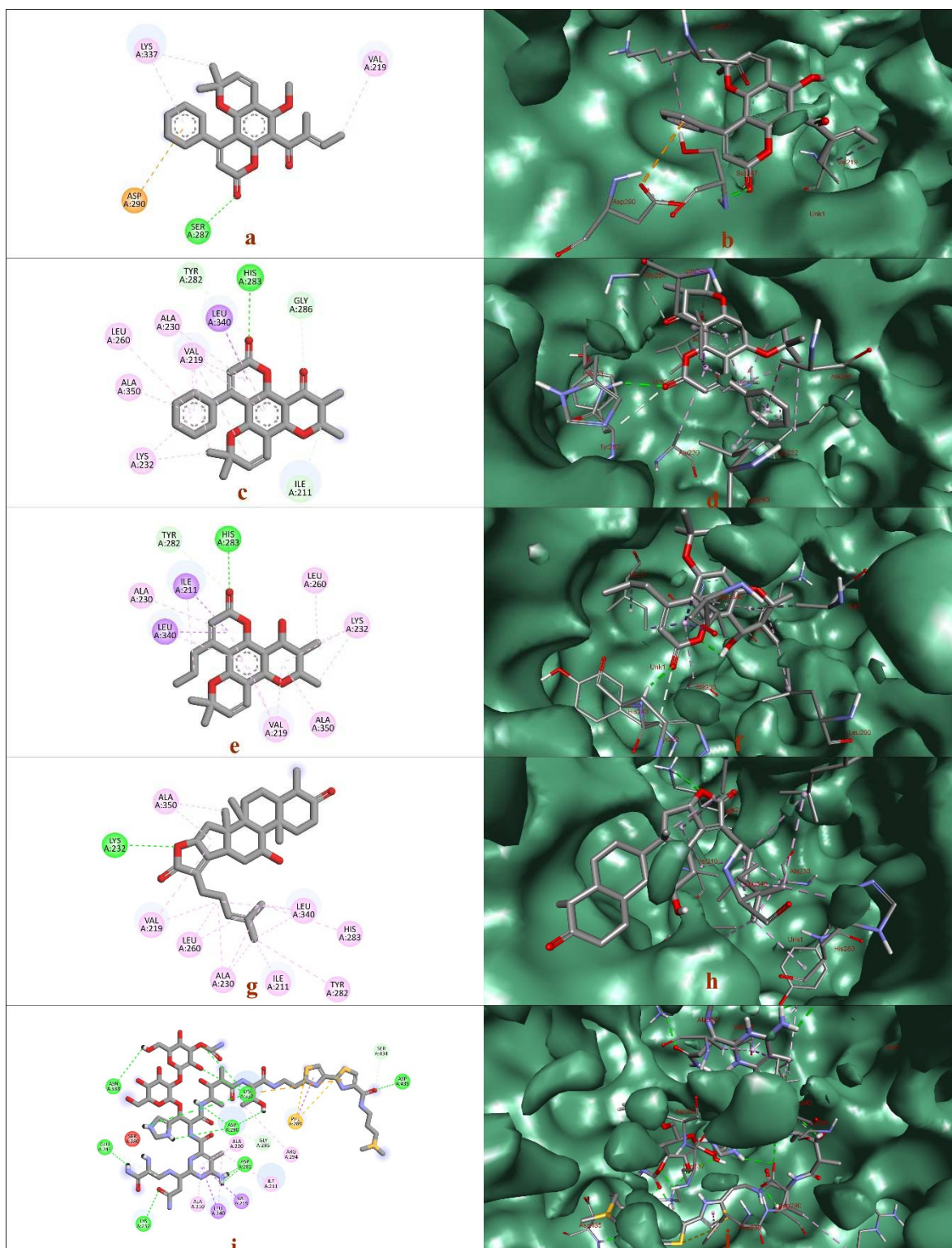
**Table 2.** Binding affinities of constituents of Tamanu oil with Staurosporine (5E8W).

Compounds	Docking score	Residues	Amino Acid	Distance (Å)	Type of Interaction
Calophyllolide	-8.6	219A	VAL	3.67	Hydrophobic
		219A	VAL	3.7	Hydrophobic
		337A	LYS	3.63	Hydrophobic
		287A	SER	2.3	Hydrogen
Inophyllum C	-11.3	219A	VAL	3.59	Hydrophobic
		219A	VAL	3.85	Hydrophobic
		230A	ALA	3.63	Hydrophobic
		232A	LYS	3.63	Hydrophobic
		232A	LYS	3.85	Hydrophobic
		260A	LEU	3.4	Hydrophobic
		340A	LEU	3.86	Hydrophobic
		340A	LEU	3.7	Hydrophobic
		350A	ALA	3.69	Hydrophobic

Calanolide A	-9.8	351A	ASP	3.41	Hydrophobic
		283A	HIS	2.47	Hydrogen
		211A	ILE	3.65	Hydrophobic
		211A	ILE	3.56	Hydrophobic
		219A	VAL	3.95	Hydrophobic
		232A	LYS	3.72	Hydrophobic
		260A	LEU	3.45	Hydrophobic
		340A	LEU	3.41	Hydrophobic
		280A	SER	2.77	Hydrogen
		280A	SER	2.88	Hydrogen
Oleic acid	-5.3	283A	HIS	2.31	Hydrogen
		211A	ILE	3.84	Hydrophobic
		219A	VAL	3.81	Hydrophobic
		219A	VAL	3.68	Hydrophobic
		260A	LEU	3.88	Hydrophobic
		340A	LEU	3.36	Hydrophobic
		340A	LEU	3.63	Hydrophobic
		350A	ALA	3.62	Hydrophobic
		351A	ASP	3.91	Hydrophobic
		280A	SER	2.21	Hydrogen
Linoleic acid	-6.4	280A	SER	2.56	Hydrogen
		211A	ILE	3.62	Hydrophobic
		219A	VAL	3.52	Hydrophobic
		219A	VAL	3.87	Hydrophobic
		232A	LYS	3.77	Hydrophobic
		232A	LYS	3.42	Hydrophobic
		249A	TYR	3.67	Hydrophobic
		249A	TYR	3.77	Hydrophobic
		260A	LEU	3.63	Hydrophobic
		262A	PHE	3.77	Hydrophobic
Palmitic acid	-5.9	351A	ASP	3.51	Hydrophobic
		280A	SER	3.35	Hydrogen
		280A	SER	3.25	Hydrogen
		283A	HIS	1.87	Hydrogen
		232A	LYS	3.77	Hydrophobic
		249A	TYR	3.74	Hydrophobic
		249A	TYR	3.71	Hydrophobic
		262A	PHE	3.45	Hydrophobic
		278A	LEU	3.58	Hydrophobic
		340A	LEU	3.58	Hydrophobic
Stearic acid	-5.6	283A	HIS	2.9	Hydrogen
		230A	ALA	3.63	Hydrophobic
		232A	LYS	3.6	Hydrophobic
		340A	LEU	3.61	Hydrophobic
		230A	ALA	3.06	Hydrogen
		280A	SER	2.54	Hydrogen
4-Norlanosta-17(20),24-diene-11,16-diol-21-oic acid, 3-oxo-16,21-lactone	-11.1	211A	ILE	3.56	Hydrophobic
		219A	VAL	3.85	Hydrophobic
		230A	ALA	3.63	Hydrophobic
		260A	LEU	3.98	Hydrophobic

		282A	TYR	3.87	Hydrophobic
		337A	LYS	3.73	Hydrophobic
		340A	LEU	3.86	Hydrophobic
		340A	LEU	3.15	Hydrophobic
		350A	ALA	3.77	Hydrophobic
		351A	ASP	3.87	Hydrophobic
		287A	SER	3.08	Hydrogen
		232A	LYS	4.09	Salt Bridge
		211A	ILE	3.34	Hydrophobic
		219A	VAL	3.59	Hydrophobic
Hyenic acid	-5	219A	VAL	3.32	Hydrophobic
		232A	LYS	3.63	Hydrophobic
		260A	LEU	3.72	Hydrophobic
		337A	LYS	3.99	Hydrophobic
		340A	LEU	3.98	Hydrophobic
		350A	ALA	3.81	Hydrophobic
		351A	ASP	3.72	Hydrophobic
		231A	VAL	3.29	Hydrogen
		211A	ILE	3.43	Hydrophobic
		219A	VAL	3.98	Hydrophobic
Bleomycin	-8.3	340A	LEU	3.86	Hydrophobic
		351A	ASP	3.71	Hydrophobic
		232A	LYS	3.16	Hydrogen
		245A	GLU	2.02	Hydrogen
		280A	SER	2.32	Hydrogen
		280A	SER	2.51	Hydrogen
		280A	SER	2.45	Hydrogen
		285A	HIS	3.01	Hydrogen
		287A	SER	3.33	Hydrogen
		290A	ASP	2.29	Hydrogen
		290A	ASP	2.22	Hydrogen
		290A	ASP	2.63	Hydrogen
		290A	ASP	2.75	Hydrogen
		290A	ASP	2.7	Hydrogen
		335A	LYS	3.05	Hydrogen
		337A	LYS	2.59	Hydrogen
		337A	LYS	2.2	Hydrogen
		338A	ASN	2.78	Hydrogen
		435A	ASP	2.84	Hydrogen
		289A	PHE	4.81	$\pi$ -Stacking
		337A	LYS	5.33	Salt Bridge





**Figure 1.** a & b - 2D and 3D interaction of Calophyllolide with 5E8W; c & d- 2D and 3D interaction of Inophyllum C with 5E8W; e & f - 2D and 3D interaction of Calanolide A with 5E8W; g & h - 2D and 3D interaction of Norlanosta-17(20),24-diene-11,16-diol-21-oic acid, 3-oxo-16,21-lactone ring with 5E8W; i & j - 2D and 3D interaction of Bleomycin with 5E8W.

According to Lipinski's rule of five, molecules with poor permeation will have molecular weight >500, log P > 5, hydrogen bond donor > 5 and hydrogen bond acceptor > 10. Among all the ligands investigated, Calanolide A showed a molecular weight of 370.445, Log P of 4.3801, one hydrogen

bond donor, and five hydrogen bond acceptors, suggesting good permeation characteristics (Table S1).

The absorption, distribution, metabolism, excretion, and toxicity (ADMET) of the constituents of tamanu oil were predicted using in silico methods (Table S2). [35].

2.3. Formulation of Bigels

Eight formulations containing 5-20% Tamanu oil were prepared. Formulations BG1- BG4 contained 1% micronized xanthan gum in the hydrogel phase, whereas BG5- BG8 contained 2 % micronized xanthan gum in the hydrogel phase. The concentrations of Tween 20 and Geogard® ECT were maintained at 3 % and 1 %, respectively, for all the formulations. The nutty odor of tamanu oil was masked with vanilla fragrance oil.

2.4. Evaluation of Bigel

All formulations were pastel green with a mild nutty odor, non-greasy, shiny texture, homogenous with good consistency, and easy washability. The fragrances of topical products can significantly affect customer acceptance and satisfaction. As a result, smell is an essential characteristic of cosmetics that consumers consider and appreciate during their selection [36]. The strong odor of the oil was masked by the vanilla fragrance.

2.4.1. pH

The regular use of cosmetics can help maintain skin health by controlling the pH of skin. In some skin disorders, topical products that correct skin pH should be part of the treatment plan. Therefore, it is crucial to carefully consider the pH and buffering capacity of topically applied products [37]. The pH of all formulations was found to be in the range of 5.58 - 6.04 (Table 3). All reported values are close to the pH of the skin and can be safely used topically without causing irritation or any other skin reactions [38].

2.4.2. Viscosity

The viscosities of all bigel formulations were in the range 220.4 to 391.5 cps. An increase in viscosity was observed with an increase in oil concentration, as reported in Table 3.

2.4.3. Spreadability

The spreadability of all bigel formulations was between 5.30 - 6.50 cm (Table 3). Spreadability is a function of the structural viscosity, lower viscosity, and better spreadability. The results confirmed a strong correlation between spreadability and viscosity values, signifying good application characteristics [39].

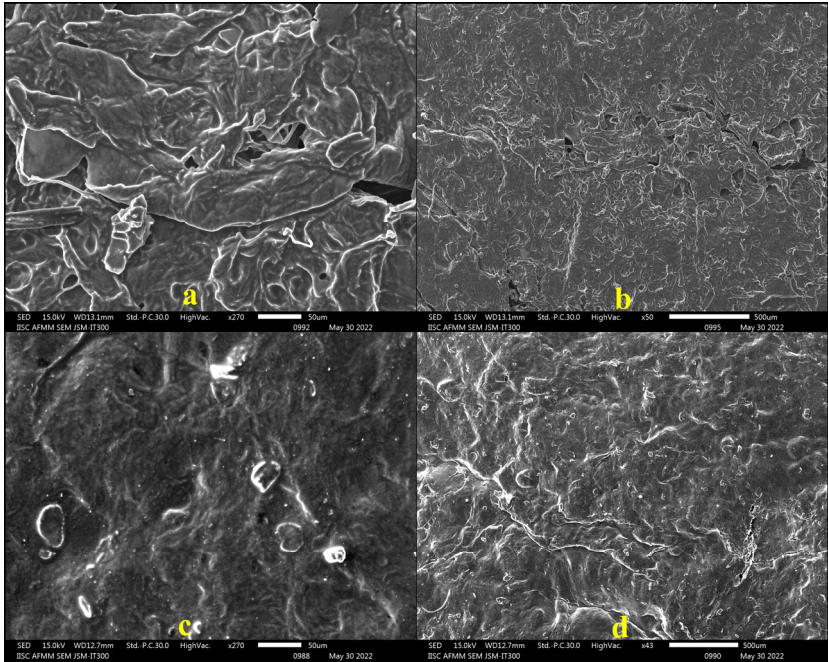
Table 3. Evaluation of bigels.

Parameters	BG1	BG2	BG3	BG4	BG5	BG6	BG7	BG8
pH	5.82±0.0	5.96±0.0	5.92±0.1	6.04±0.0	5.96±0.1	5.58±0.0	5.62±0.1	5.76±0.1
	5	6	2	7	7	3	3	0
Spreadability (cm)	6.50±0.3	6.10±0.2	5.93±0.2	5.63±0.3	5.46±0.4	5.36±0.0	5.30±0.1	5.26±0.1
	6	6	5	0	0	5	0	5
Viscosity (cps)	220.4±0.	238.9±0.	252.9±0.	273.8±0.	313.0±0.	337.4±0.	378.4±0.	391.5±0.
	96	85	65	05	15	25	05	28



2.4.4. SEM analysis

Scanning electron microscopic examination was performed to analyze the surface characteristics of the bigel. The micrographs of formulations BG4 and BG8 at 270X and 50X magnification as shown in Figure 2, revealed the presence of fibrous structures, which could be attributed to the entrapment of the oleogel within the hydrogel phase [40].

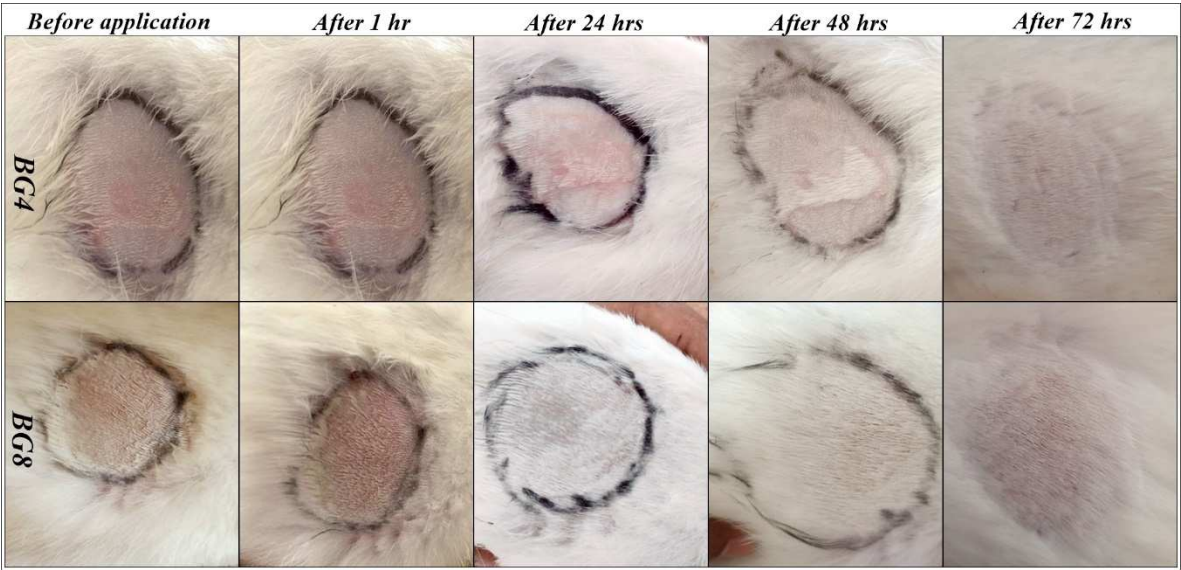


**Figure 2.** SEM micrographs of (a)-BG4 at 270X, (b)-BG4 at 50X, (c)-BG8 at 270X, (d)-BG8 at 50X.

2.5. *In vivo* studies

2.5.1. Acute dermal irritation studies

Formulations BG4 and BG8 containing highest concentration of Tamanu oil (20%) were selected for the test. The results of dermal irritation studies are shown in Figure 3. No responses, such as erythema, eschar, or edema, were visible on the rabbits after exposure to the bigels for 4 h. Thus, these formulations can be considered non-irritant and safe for topical application [41].

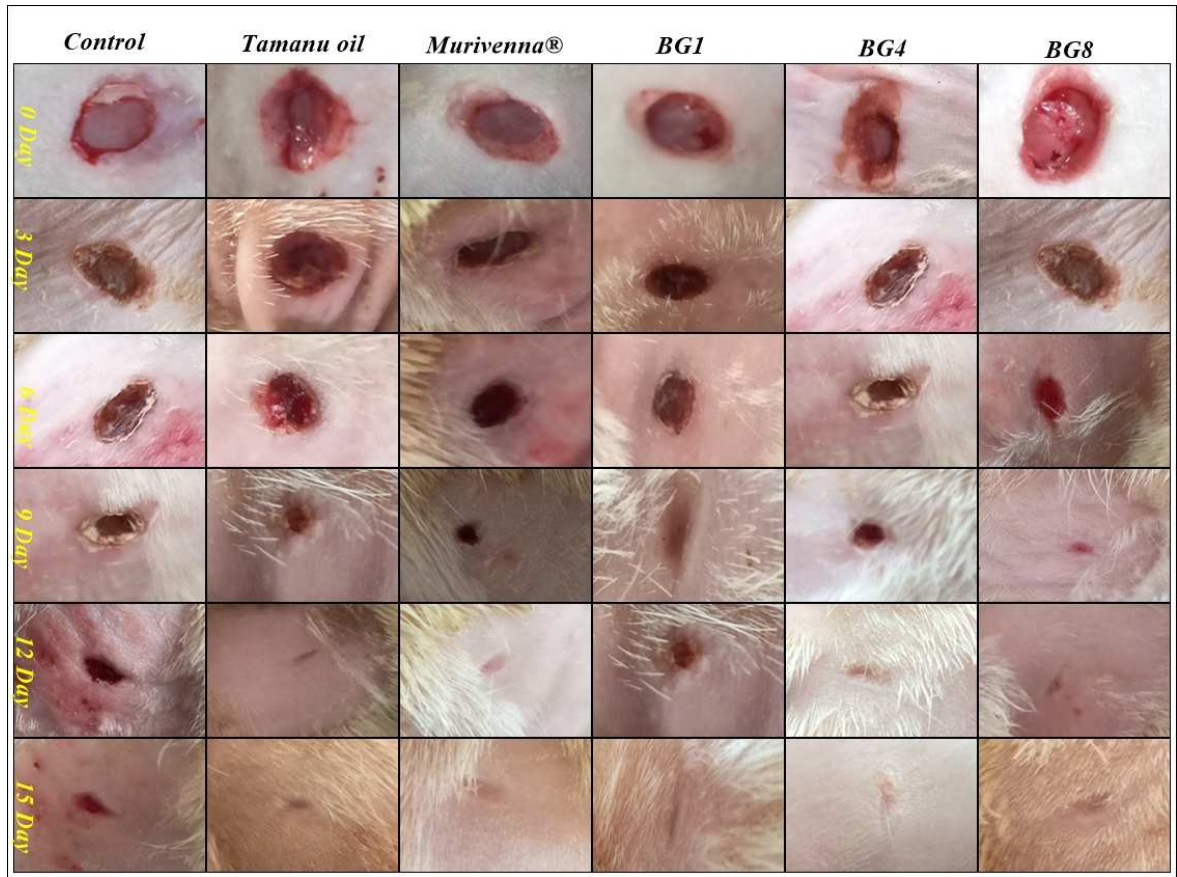


**Figure 3.** Photographs of dermal irritation studies carried out on rabbits.

2.5.2. In vivo wound healing studies

Based on the results obtained from the evaluation studies, formulations BG1, BG4, and BG8 were selected for the in vivo studies. An excision wound with a diameter of 6 mm was created in all the rats and further segregated for treatment. Five groups were treated with pure Tamanu oil, commercial formulation (Murivenna®) and test formulations separately, while the control group did not receive any treatment. Treatment was started 24 h post-wound induction and continued daily until complete healing was observed. The wound area was measured on days 3, 6, 9, 12, and 15 of the treatment. The excised wound treated with bigels showed significant wound contraction over a period of 12 days, indicating an accelerated re-epithelialization process compared to the untreated wound (control). The animals did not show any signs of necrosis, inflammation, or hemorrhage and survived throughout the study period. Although the BG4 and BG8 formulations significantly increased wound healing, the best results were observed with BG8 (100% wound contraction on day 12). Overall, the wounds healed and were completely sealed within 15 days post-wound induction, with no evidence of scars [37]. Representative images of wound healing and contraction data are presented in Figures 4, S2, and Table 4, respectively.

Epithelialization was observed on the wound area until the eschar had fallen off, without leaving any traces of a raw wound. The period of epithelialization was faster in the BG8 group as the eschar had fallen off on an average of 6.66 days (Table S3).



**Figure 4.** Representative images of wound control and wounds treated with standard and bigels for 15 days.

2.6. Histopathological Studies

Re-epithelialization and collagen production in full thickness wounds was assessed by H&E and Masson’s trichome staining. The microscopic examination of all skin specimens revealed successful



wound healing in all commercial and bigel treated animals (Figure 5 and Figure S3). The control group showed the presence of inflammatory cells, irregular connective tissues, poor collagen deposition and incomplete epithelial layer formation, in comparison to the treated groups. Tamanu oil and Murivenna treated groups showed more collagen fibre deposition, reduced inflammatory cells and partially developed connective tissues. Bigel treated groups exhibited normal architecture with well-developed epidermal layer and an abundance of collagen fibers [43].

Table 4. Statistical analysis of wound contraction.

Group	Control	Tamanu oil	Murivenna®	BG1	BG4	BG8
Day 3	0.573±0.0049	0.538±0.0047**	0.555 ±0.0042ns	0.561±0.0094 <sup>ns</sup>	0.511±0.0060**	0.505±0.0042**
Day 6	0.470±0.0057	0.460±0.0051 <sup>ns</sup>	0.451±0.0047*	0.463 ±0.0042 <sup>ns</sup>	0.415±0.00428**	0.405±0.0042**
Day 9	0.418±0.0094	0.350±0.0036**	0.358±0.0095**	0.380±0.0057**	0.273±0.0066**	0.248±0.0095**
Day 12	0.251±0.0104	0.112±0.0107**	0.098±0.0047**	0.1283±0.0060**	0.0833±0.0066**	0.00±0.00**
Day 15	0.083±0.0025	0.00±0.00**	0.00±0.00**	0.00±0.00**	0.00±0.00**	0.00±0.00**

All values represent the diameter of the wound (in cm) on different days of measurement and are expressed as mean ± SEM (n=6); one way ANOVA followed by Dunnet’s test where ns p>0.05, \* p<0.05, \*\* p<0.01, in comparison to control. (ns= non-significant, \* moderately significant, \*\* highly significant).

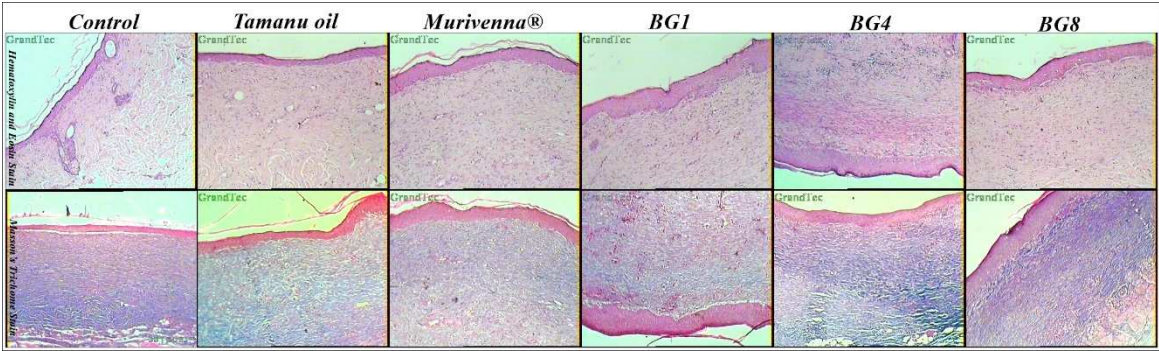


Figure 5. Photomicrographs (100x) showing H&E stain and MT stain section of skin tissues at day 15 for control, standard and formulation treated groups.

3. MATERIALS AND METHODS

3.1. Materials

Tamanu oil and Geogard® ECT were purchased from Moksha Lifestyle Products (India). Piscean collagen was procured from Himrishi Herbals, India and Xanthan gum from Shakthi enterprises, India.

3.2. GC-MS characterization of Tamanu oil

The chemical composition of tamanu oil was determined using Agilent 7890B Series Gas Chromatograph linked with 5977A Series Mass Selective Detector (Agilent Technologies, USA). The chromatographic column was HP-5ms (5% phenyl-methylpolysiloxane; Agilent Technologies, USA) of 30 m length; 0.25 mm internal diameter; and 0.25 µm film thickness. The flow rate of the carrier gas (99.99% pure helium) was maintained at 2.0 mL/min. 1.0 µL of sample (oil diluted with hexane) was injected in split mode (split ratio of 50:1; injector temperature, 290°C). The oven was programmed at 60°C as the initial temperature for 2 min, increased to 270°C at a rate of 4°C/min and then to 290 °C, at a rate of 10°C/min for a total duration of 65 min. The Mass Selective Detector was operated at an ion source temperature of 270 °C, with electron ionization at 70 eV. The peak areas are represented

by the percentage of each compound and their retention times was compared to the calibration curves of the internal standards for compound identification.

### 3.3. *In silico studies*

#### 3.3.1. Preparation of ligand and selection of Protein

Ligands selected from the GC-MS report were downloaded in sdf format from PubChem (<https://pubchem.ncbi.nlm.nih.gov/>). The structure of the protein target was selected and extracted from Research Collaboratory for Structural Bioinformatics Protein Data Bank (<https://www.rcsb.org/>). The protein with PDB ID- 5E8W was selected and downloaded in the pdb format.

#### 3.3.2. Preparation of Protein

Hetero atoms and ligands in the downloaded protein were removed using BIOVIA Discovery Studio (v4.5). The protein target was prepared by the addition of hydrogen atoms and saved in pdb format using Swiss-Pdb Viewer (v4.1).

#### 3.3.3. Molecular modeling studies

In order to analyze the binding and molecular interactions of identified active constituents of tamanu oil with therapeutic targets, molecular docking studies were carried out using PyRx with default settings and parameters. The X-ray-resolved crystal structures of the potential target TGF- $\beta$  type 1 kinase domain (T204D) in complex with staurosporine (PDB ID: 5E8W) were retrieved from the PDB with good resolution and R-free factor. Ligand was uploaded, minimized and converted to pdbqt format. The protein was incorporated into PyRx 0.8 software to get the docking score and the complex was prepared using PyMOL. 2D image was viewed in the Discovery studio using the complex prepared by PyMOL. Protein ligand interaction profile was analyzed by Protein-Ligand Interaction Profile to generate information about the interaction of protein with ligand [44]. ADMET profile was analyzed using the pkCSM ADMET descriptors algorithm protocol1 and the Discover Studio 4.0 (DS4.0) software package (Accelrys Software, Inc., San Diego, CA, United States).

### 3.4. *Formulation of Bigels*

Micronized Xanthan gum was dispersed in 10 mL water for 1h to obtain a gel like consistency. Geogard® ECT was added along with Vanilla fragrance to the above gel to form hydrogel phase. Tamanu oil and Tween-20 were mixed together and heated to 75°C to obtain an oleogel phase. The oleogel phase was slowly blended with the hydrogel phase to form a bigel.

Eight formulations were prepared containing 5-20 % of Tamanu oil (Table S5). Formulations BG1- BG4 were prepared with 1% micronized xanthan gum as the hydrogel and formulations BG5- BG8 contained 2% micronized xanthan gum in the hydrogel phase. The concentration of Tween 20 and Geogard® ECT (preservative) was maintained constant at 3% and 1% respectively for all formulations. Geogard ECT is a water-soluble, low odor and low color, broad spectrum preservative that offers broad spectrum protection in a variety of personal care products. It is a combination of Benzyl alcohol, salicylic acid and sorbic acid. Vanilla fragrance was used to mask the nutty odour of tamanu oil.

### 3.5. *Evaluation of Bigels*

#### 3.5.1. Organoleptic evaluation

The bigels were evaluated for its organoleptic properties like color, odour, homogeneity, consistency, phase separation, and texture.

#### 3.5.2. pH

The pH of all formulations were tested using a Digital pH meter (MK VI, Systronics, Ahmedabad). 1g of the bigel was dissolved in 100 mL of water and tested. The measurements were taken in triplicate, and the standard deviation was determined.

### 3.5.3. Spreadability

A good topical formulation should spread evenly during application. This was evaluated by preparing a thin smear of the bigel on a glass slide with the aid of another glass slide. A weight of 100g was placed over the glass plate for 5 min to obtain an even smear. The time taken to separate the slides was considered and the spreadability was calculated using the following formula [45].

$$S = M \times L/T$$

where, S is the spreadability, M is the weight applied, L is the length moved by the glass slide during separation and T is the time taken to separate the slides from each other.

### 3.5.4. Viscosity

The viscosity of all formulations was determined using Brookfield viscometer (Model DV-II+, Massachusetts, USA) with spindle number 4 at 10 rpm.

### 3.5.5. Scanning Electron Microscopic analysis

The surface characteristics of bigels were observed using Scanning Electron Microscopy (SEM/JSM-IT300, IISc Bangalore). Dried bigel specimens were coated with a thin layer of gold in an argon atmosphere, glued to aluminium stubs and observed at 50X and 270X magnification [38].

## 3.6. *In Vivo Studies*

### 3.6.1. Acute dermal irritation studies

The likelihood of bigels to cause dermal irritation was investigated on healthy female New Zealand white rabbits in accordance with OECD 404 [41] test guidelines. The experimental protocol was executed after obtaining prior approval from the Institutional Animal Ethical Committee (IAEC Ref No.: XXV/MSRFP/CEU/M-017/21.10.2021). All the rabbits were acclimatized to the facilities for 2 weeks and individually housed under controlled environmental conditions (20±3°C/ 50-60% RH) with 12 h light and 12 h dark cycle, maintained on a pellet diet and unrestricted supply of drinking water. The fur on the dorsal area of rabbits was carefully shaved 24 h before the test. The animals were distributed into groups of six randomly with one group for control and the other for the formulation. The formulations were applied on the shaved area and secured with gauze and non-irritating tapes. After the exposure period of 4 h, the formulation was removed by rinsing the area with water and the exposed area was closely monitored for any visible change (erythema, redness, and oedema). Observations were scored on a scale of 0-4, with 0 indicating the absence of erythema/oedema and 4 indicating severe erythema/ oedema. Scoring was carried out 60 min after removal of formulation, as well as 24, 48, and 72 h later.

### 3.6.2. In vivo wound healing studies

The scar free wound healing potential of bigels was determined by excisional wound model on male albino Wistar Rats (weight range of 200-350g). The fasted rats were weighed and anaesthetized with a mixture of Ketamine (80 mg/kg) and Xylazine (20 mg/kg) prior to wounding. The dorsal area was depilated and disinfected with 70% ethanol. A full thickness wound of 6 mm diameter was made using a sterile biopsy punch. The wounded rats were segregated into six groups (n=6) and treatment was carried out with Tamanu oil, commercial formulation (Murivenna®) and test formulations BG1, BG4 and BG8 while the control group did not receive any treatment. On the 3rd, 6th, 9th, 12th, 15th day, the wound area was measured using a scale and the % closure calculated [42].



$$\% \text{ Wound closure} = \frac{\text{Initial wound area} - \text{Specific day wound area}}{\text{Initial wound area}} \times 100$$

The number of days from the day of wound induction till the fall of eschar without leaving any raw wound behind was considered to be period of epithelialization.

### 3.7. Histopathological Studies:

At the end of 15-day treatment period, one animal from each group was anaesthetized with a mixture of ketamine and xylazine (80mg/kg and 20mg/kg, i.p respectively) and sacrificed. Restored skin samples from each group were carefully isolated and stored in 10% v/v formalin solution. The specimens were embedded in paraffin, divided into sections of 4µm thickness, and stained with Hematoxylin and Eosin (H&E) and Masson's trichrome for microscopic evaluation of epithelization, fibroblast proliferation, keratinization and collagen formation [40].

### 3.8. Statistical analysis

The wound contraction data was statistically analyzed by one-way ANOVA followed by comparisons with control group using Dunnett's test. GraphPad InStat 3.1 software was employed for statistical interpretations. Values with  $p > 0.05$  were considered not significant (ns),  $p < 0.05$  moderately significant (\*) and  $p < 0.01$  as highly significant (\*\*).

## 4. CONCLUSION

The main objective of the present study was to develop bigels of tamanu oil and assess its anti-scarring activity. Bigels were prepared with 5 to 20% tamanu oil and 1-2 % micronized xanthan gum. In silico studies were performed and it was found that the components Calanolide A, Inophyllum C and 4-Norlanosta-17(20),24-diene-11,16-diol-21-oic acid, 3-oxo-16,21-lactone had a docking score of -9.8, -11.3 and -11.1 respectively with 5E8W, a cytokine TGF-β1 receptor. The standard Bleomycin reported a docking score of -8.3. Acute dermal irritation performed on rabbits showed no irritation, erythema, eschar and oedema. In vivo wound healing studies were performed to compare the effectiveness of bigel formulations and standard (Murivenna oil) in healing and scar reduction. Based on results obtained, formulation BG8 was found to be better compared to all other formulations and the standard as it was able to heal the wound within 12 days without leaving behind a scar. Thus, the present study concludes that bigels of tamanu oil are a promising topical product with good scar healing activity.

**Supplementary Materials:** The following supporting information can be downloaded at: [www.mdpi.com/xxx/s1](http://www.mdpi.com/xxx/s1), Figure S1: Representative GC chromatogram of tamanu oil components; Figure S2: Graphical representation of % Wound Contraction; Figure S3: Photomicrographs (100x) showing H&E stain and MT stain section of skin tissues at day 15 for control, standard and formulation treated groups; Table S1: Molecular properties of selected Ligands; Table S2: Predicted ADMET properties of compounds; Table S3: Period of epithelialization in all groups; Table S4: Formulation of Bigels

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**Data Availability Statement:** Data are available in the article and the Supplementary Materials.

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