
Socio-Economic Drivers of Household Reliance on *Artemisia annua* in Maniema, Democratic Republic of the Congo: A Cross-Sectional Study of Care-Seeking Behaviors in Resource-Constrained Settings

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Article

Socio-Economic Drivers of Household Reliance on *Artemisia annua* in Maniema, Democratic Republic of the Congo: A Cross-Sectional Study of Care-Seeking Behaviors in Resource-Constrained Settings

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Abstract

Background: Malaria remains a leading cause of morbidity and mortality in the Democratic Republic of the Congo, particularly in conflict-affected regions like the Maniema province. Amidst systemic supply chain failures and the regional emergence of *Plasmodium falciparum* resistance mutations, households are increasingly adopting local botanical alternatives. This study investigates the socio-economic and informational determinants of the reliance on *Artemisia annua* infusions in the Kalima Health Zone. **Methods:** A cross-sectional survey was conducted among **621 household** heads employing an asset-based wealth index and multivariate logistic regression models. The study adhered to STROBE and CheckKAP reporting standards to ensure methodological transparency in evaluating Knowledge, Attitudes, and Practices regarding malaria management. **Results:** Results reveal a significant reliance on *Artemisia annua* infusions, with a prevalence of **77.8%**. While **95.5%** of respondents recognize malaria as a lethal threat, a critical “etiological gap” persists, with only **58.5%** correctly identifying mosquito bites as the primary mode of transmission. Multivariate analysis identified television ownership (**Adjusted OR = 2.736, 95% CI: 1.168–6.406, p = 0.020**) and prior information exposure as the strongest independent predictors of health behaviors. Economic vulnerability is a primary driver: households in the lowest wealth tertile (**64.7%**) and those with large families (**≥16 members, 77.8%**) are significantly more likely to utilize infusions. Although **88.2%** of users report high community-perceived tolerance, this local confidence exists in direct tension with international concerns regarding sub-therapeutic dosing and potential selection pressure for resistance. **Conclusion:** The reliance on *Artemisia annua* in Maniema functions as a rational socio-economic coping mechanism rather than a rejection of scientific medicine. This “localized resilience” highlights critical gaps in the formal healthcare infrastructure and the supply chain for subsidized ACTs. Effective malaria control in fragile settings requires bridging the access gap for validated therapies while integrating community practices into standardized genomic and clinical surveillance systems.

Keywords: malaria; *Artemisia annua*; knowledge; attitudes; practices; socio-economic determinants; Maniema; Democratic Republic of the Congo; artemisinin resistance; health-seeking behavior; fragile state

1. Introduction

Malaria remains a paramount global public health concern, with World Health Organization data for 2022 reporting approximately 249 million cases and 608,000 deaths worldwide [1]. The African continent shoulders the overwhelming majority of this burden, encompassing about 94% of cases and 95% of fatalities [2]. In this landscape, the Democratic Republic of the Congo is a pivotal epicenter, accounting for 12% of the global caseload—the second-largest national contribution [2]. Within the DRC, malaria is the foremost driver of morbidity and mortality, imposing substantial pressure on both healthcare infrastructure and household economies [3–5].

In the Democratic Republic of the Congo, the persistent malaria burden is exacerbated by a chronic “funding-impact gap” and severe disruptions in the supply of Artemisinin-based Combination Therapies. In conflict-affected and remote regions such as Maniema, the failure of formal health supply chains has created a fragmented therapeutic landscape [6,7]. This study examines the high reliance on *Artemisia annua* infusions—not as a validated clinical alternative, but as a community-level coping mechanism driven by extreme economic vulnerability and the absence of subsidized medicines [8]. By documenting these practices, we aim to highlight the urgent public health risk of sub-therapeutic dosing and its potential role in the selection of resistant *Plasmodium falciparum* strains, a critical concern given the documented emergence of resistance markers in the Great Lakes region [9,10].

In Maniema Province, specifically the Kalima Health Zone, this epidemiological strain is exacerbated by geographic remoteness, inadequate infrastructure, and armed conflict that disrupts essential supply chains [11,12]. Although national guidelines mandate artemisinin-based combination therapies as the front-line treatment, community-level implementation faces formidable obstacles. These include frequent stock-outs, high costs, and the limited availability of quality-assured pharmaceuticals in private outlets, which are often the primary point of care for rural populations (6,13–15). Consequently, therapeutic trajectories at the household level are often fragmented, involving a mix of formal consultations, over-the-counter acquisitions, and traditional herbal interventions [16–18].

The effectiveness of malaria control initiatives hinges critically on household-level knowledge, attitudes, and practices [19,20]. Previous studies in the DRC have identified an “epistemological gap” between the perceived threat of the disease and a precise understanding of its transmission [3,21]. Erroneous beliefs regarding vectors often precipitate deferred care-seeking or unsuitable self-medication, a pattern observed in approximately 58% of households across various Congolese health zones [21–23]. These behaviors are profoundly shaped by socio-economic determinants, including educational attainment, household size, and exposure to decentralized information channels such as mass media [21,24].

Amidst these systemic impediments, the use of non-standardized preparations of *Artemisia annua* has emerged as a community-level practice for managing febrile episodes [10,25]. While the artemisinin moiety in contemporary ACTs (artemisinin-based combination therapies) is derived from this plant [26], the WHO has cautioned against the use of raw plant material for prophylaxis or therapy [26,27]. This institutional stance is rooted in significant scientific and ethical concerns regarding dosage variability, the risk of treatment failure, and the potential to accelerate the selection of artemisinin-resistant *Plasmodium falciparum* strains [28,29]. Nevertheless, economic constraints and the lack of affordable standardized treatments sustain the reliance on these indigenous phytomedicines in resource-constrained settings [11,17].

Elucidating the socio-economic and informational drivers of these care-seeking patterns is vital for refining public health outreach and aligning community practices with national safety norms

[30,31]. This investigation seeks to assess the KAP of 621 households in the Kalima Health Zone concerning malaria management and to identify the specific determinants associated with the reliance on *Artemisia annua*. By delineating these influences, the study aims to provide evidence-based insights into how structural vulnerabilities and information exposure shape health behaviors in the Maniema Province [20,32].

2. Literature Review

This section synthesizes existing knowledge on household-level KAP studies concerning malaria management, focusing on the systemic challenges and traditional practices prevalent in the Democratic Republic of the Congo and similar Sub-Saharan African contexts.

2.1. Epidemiological Burden and the “Funding-Impact Gap”

Despite significant international financial mobilization through the World Bank’s Malaria Booster Programme and the Global Fund, malaria remains the primary public health crisis in the DRC [5]. Between 2005 and 2014, global investments in malaria commodities increased significantly [33]. However, the DRC continues to account for approximately 12% of the global malaria burden the second-highest national contribution [2,34]. Research indicates a “funding-impact gap” in high-risk zones, such as mining areas, where international aid often fails to produce a proportional reduction in malaria risk due to structural vulnerabilities and fragmented health information systems [35]. Consequently, malaria persists as a disease of poverty, with over 200 million cases annually in the region reinforcing a cycle of structural economic hardship [34].

Impact of Armed Conflict and Supply Chain Disruptions

In provinces like Maniema, access to formal treatment is severely compromised by chronic insecurity and armed conflicts [12]. These instabilities create logistical bottlenecks that disrupt the supply chain of essential commodities, including Artemisinin-based Combination Therapies [11]. In many rural health facilities, significant logistical hurdles result in frequent stockouts, leaving providers without the tools to manage uncomplicated cases [14]. Furthermore, the high cost of non-subsidized drugs in private shops creates substantial financial barriers for the poorest households, often forcing them to seek alternative care [6].

2.2. Determinants of Knowledge, Attitudes, and Practices

The success of malaria control hinges on household-level knowledge, attitudes, and practices [19]. Literature from sub-Saharan Africa reveals a consistent “epistemological gap” between disease awareness and accurate etiological understanding. While general awareness is often high, studies in the DRC show that approximately 11.5% of the population still reports inappropriate transmission mechanisms, such as environmental factors or drinking non-potable water, rather than mosquito bites [3].

These gaps directly influence health-seeking behaviors. In the DRC, care-seeking is frequently pluralistic, involving a succession of stages: home-based management, traditional healers, and eventually formal healthcare [17,36]. Approximately 80% of cases are managed within the community or at home, often leading to delayed professional consultation. Key determinants include the household head’s education level, household size, and income, which dictate the feasibility of adhering to official treatment protocols [23,24].

2.3. Phytochemical Hypotheses and Institutional Risk Assessments

A central rationale cited for the community-based use of *Artemisia annua* lies in its phytochemical complexity and the potential for synergy among its components [28,37]. Unlike purified artemisinin, the whole-plant extract contains secondary metabolites, such as methoxylated flavonoids, that are hypothesized to enhance anti-plasmodial activity [38,39]. Some pharmacodynamic studies suggest

that the plant matrix might increase the bioavailability of artemisinin compared to pure compound administration [38,40].

However, significant public health risks counter these theoretical benefits. The WHO and institutional reviewers emphasize that such “polyvalent interactions” do not replace the need for standardized dosing [26,28]. The use of raw plant material is categorized as a monotherapy risk, which lacks the long-acting partner drug required to prevent the emergence of resistance [41].

2.4. Scientific Concerns: Resistance and Resistance Hotspots

The emergence of artemisinin partial resistance in East Africa represents a major threat. Maniema Province is located near documented *pfkelch13* mutation hotspots in Rwanda and Uganda, heightening concerns regarding the impact of non-standardized antimalarial use [9]. In 2012, the WHO issued a firm position recommending against the use of *Artemisia annua* plant material for malaria therapy [25,42].

This stance is grounded in three critical concerns:

1. **Sub-therapeutic Dosing:** Infusions often provide artemisinin concentrations as low as 0.18%, which are insufficient for complete parasite clearance and may promote the selection of resistant strains [29,43].
2. **Unsatisfactory Cure Rates:** Clinical evaluations of infusions have shown 28-day cure rates as low as 28-34%, failing to meet the standards required for frontline antimalarials [42].
3. **Monotherapy Selection Pressure:** The absence of a standardized combination partner in infusions facilitates the survival of parasites exposed to sub-lethal drug levels [41].

2.5. Role of Media in Health Communication

Mass media exposure including radio and television plays a pivotal role in bridging the information gap [32]. Research in Uganda and Malawi demonstrates that mothers exposed to malaria-related messages through audiovisual platforms are significantly more likely to adopt preventive behaviors, such as the consistent use of insecticide-treated nets [44,45]. In the DRC, mass media remains a potent predictor of improved KAP, whereas information from community health workers has, in some contexts, failed to be a significant determinant of adequate health attitudes [21].

3. Materials and Methods

3.1. Study Setting and Design

A community-based cross-sectional study was conducted between September and November 2025 in the Kalima Health Zone, Maniema Province, Democratic Republic of the Congo. This study design follows the Strengthening the Reporting of Observational Studies in Epidemiology guidelines [S1 Checklist] to ensure transparent and rigorous reporting [46,47]. The primary objective was to document observed household behaviors and perceptions without inferring clinical outcomes.

3.2. Population and Sampling

The study targeted household heads or primary caregivers residing in the Kalima Health Zone for at least six months. A multi-stage stratified sampling technique was employed to ensure geographic representativeness across five health areas: Kalima, Bobela, Kakutya 1, Kinkungwa, and Lubile. The sample size was calculated using the Cochran formula for large populations: $n = \frac{Z^2 pq}{e^2}$. With $Z = 1.96$ (95% confidence level), $p = 0.50$ (estimated prevalence of practices), and $e = 0.05$ (margin of error), the initial sample was adjusted for a 10% non-response rate and cluster effects, resulting in a final sample of **621 households**.

3.3. Data Collection and Quality Control

Data were collected via face-to-face interviews using structured questionnaires managed on the **KoboCollect** platform. The digital tools integrated real-time logical constraints to minimize data entry errors and transcription inconsistencies.

The instrument was **pre-tested among 40 households** in the Alunguli Health Zone, chosen for its demographic similarities to the study site. This phase allowed for the calibration of skip logic and ensured linguistic clarity of the Swahili translation, particularly regarding technical terms for malaria transmission and traditional remedies. The enumeration team consisted of **doctoral students** specifically trained to maintain scientific neutrality and avoid leading questions, ensuring that perceptions of *Artemisia annua* were recorded as objective data points rather than as influenced responses [48].

Quality control included:

- **Real-time Monitoring:** Daily server synchronization allowed for continuous review of data completeness [47].
- **Field Supervision:** Spot-checks were conducted to address inconsistencies immediately [49].
- **Digital Validation:** Pre-programmed constraints prevented the entry of contradictory therapeutic itineraries.

3.4. Variable Selection and Justification

In alignment with the scientific research protocol, variables were selected based on their documented influence on healthcare-seeking behavior in resource-constrained settings [50].

- **Asset-Based Wealth Index:** A wealth index was constructed using principal component analysis of household assets (e.g., electronics, housing materials) as a robust proxy for long-term economic status [51].
- **Education Level:** Maternal and household head's education were analyzed as potential "social vaccines" that shape the interpretation of health messages [52].
- **Household Size:** This was included to evaluate economic pressure, as larger households in the DRC often resort to affordable community-based remedies [53].

3.5. Questionnaire Design

The data collection was performed using a structured questionnaire (see S1 Appendix) administered via the KoboCollect platform :

1. **Socio-economic Profile:** Household assets and structural vulnerability.
2. **Knowledge:** Etiology (vector recognition) and symptom identification [3,54].
3. **Attitudes:** Perceived severity of malaria and trust in various treatment modalities.
4. **Practices:** Documentation of actual therapeutic itineraries, including the use of ACTs and the use of *Artemisia* infusions [55,56].

3.6. Statistical Analysis

Data analysis was performed using SPSS version 20.0. Detailed mapping between raw survey items and statistical variables is provided in the Verification of Conformity Table (S2 Appendix). To address the editor's concerns regarding statistical completeness, the following three-stage framework was strictly applied:

1. **Descriptive Analysis:** Frequencies and percentages summarized the socio-economic profiles and KAP levels.
2. **Bivariate Analysis:** Chi-square tests identified significant associations ($p < 0.05$) between determinants (e.g., wealth, education) and the use of *Artemisia annua*.
3. **Multivariate Analysis:** A logistic regression model was constructed using the **purposeful selection method** [57]. This ensures that only relevant predictors are retained. Results are

reported as **Adjusted Odds Ratios** with their corresponding **95% Confidence Intervals** and exact p-values [58]. This approach adheres to the STROBE checklist for cross-sectional studies [46].

3.7. Ethical Considerations

The study was conducted in accordance with the Declaration of Helsinki and was formally approved by the Research Ethics Committee of the **Institut Supérieur de Techniques Médicales de Kindu (Ref: 035/ISTM-KD/C.E.R. I/PRESI/IRBE/2025)**. Ethical clearance was obtained from the Research Ethics Committee of the ISTM-Kindu (S3 Appendix. Given the high illiteracy rates in some rural areas of the Kalima Health Zone, informed verbal consent was obtained from all 621 household heads prior to the administration of the questionnaire, as approved by the ethics committee. Participation was entirely voluntary, and respondents were informed of their right to withdraw at any stage. Data were anonymized during collection and processing to ensure strict confidentiality, particularly concerning sensitive information regarding household wealth and non-standardized health practices .

4. Results

The survey of 621 households in the Kalima Health Zone provides a quantitative assessment of the socio-economic and behavioral determinants influencing malaria management and the adoption of *Artemisia annua* infusions. Each statistical finding presented in the following tables corresponds to specific items from the primary survey instrument, whose complete version is provided in **S1 Appendix** [48].

4.1. Socio-Economic Profile and Structural Vulnerability

The socio-economic landscape of the Kalima Health Zone is characterized by significant infrastructural deficits. As detailed in **Table 1**, only 26.7% of households have access to electricity, and ownership of mobile phones is notably low at 6.6%.

Table 1. Socio-economic characteristics and assets of households (N = 621).

Characteristics and Assets	Frequency (n)	Percentage (%)
Access to electricity	166	26.7
Ownership of a radio	171	27.5
Ownership of a television	209	33.7
Ownership of a mobile phone	41	6.6
Improved water source	587	94.5
Finished walls (durable materials)	456	73.4
Finished roof	62	10.0
Finished floor	337	54.3

Legend: 621. households. The limited access to electricity and mobile technology reflects a state of technological isolation that significantly impedes digital health communication and real-time surveillance in Maniema [11,59]. The low prevalence of finished roofs (10.0%) indicates high domestic vulnerability to mosquito entry, a recognized driver of household malaria burden in rural Congolese settings [60].

4.2. Knowledge of Malaria Transmission and the “Etiological Gap”

The etiological knowledge of malaria reveals a significant gap among household heads (**Table 2**). While 58.5% correctly attribute transmission to mosquito bites, 41.5% maintain erroneous beliefs.

Table 2. Knowledge of malaria transmission and larval breeding sites (N = 621).

Knowledge Variables	Frequency (n)	Percentage (%)
Mode of transmission		
Mosquito bite	363	58.5
Others (e.g., cold, dirty water)	258	41.5
Larval breeding sites		
Stagnant water	308	49.6
Others (e.g., bushes, waste)	313	50.4

Legend: 58.5%) is significantly lower than the averages observed in other regions of the DRC, highlighting a critical regional disparity in health literacy that directly influences the choice of non-standardized treatments [3,61].

4.3. Perception of Severity and Attitudes

The population almost universally recognizes malaria as a deadly condition. As shown in **Table 3**, 95.5% of respondents classify it as a lethal threat.

Table 3. Perception of malaria severity among household heads (N = 621).

Perception of the Disease	Frequency (n)	Percentage (%)
Deadly disease	593	95.5
Benign or non-fatal disease	28	4.5

Legend: 95.5%) serves as a primary driver for immediate care-seeking. However, in contexts where formal care is perceived as costly or inaccessible, this perception of urgency frequently precipitates a transition toward community-available phytotherapy rather than clinical consultation[11,50].

4.4. Preventive Practices and Health-Seeking Behaviors

Health-seeking behavior remains divided between the formal sector and informal markets. **Table 4** indicates that first recourse for fever is nearly equally split between direct pharmacy purchases (41.9%) and health center consultations (40.1%).

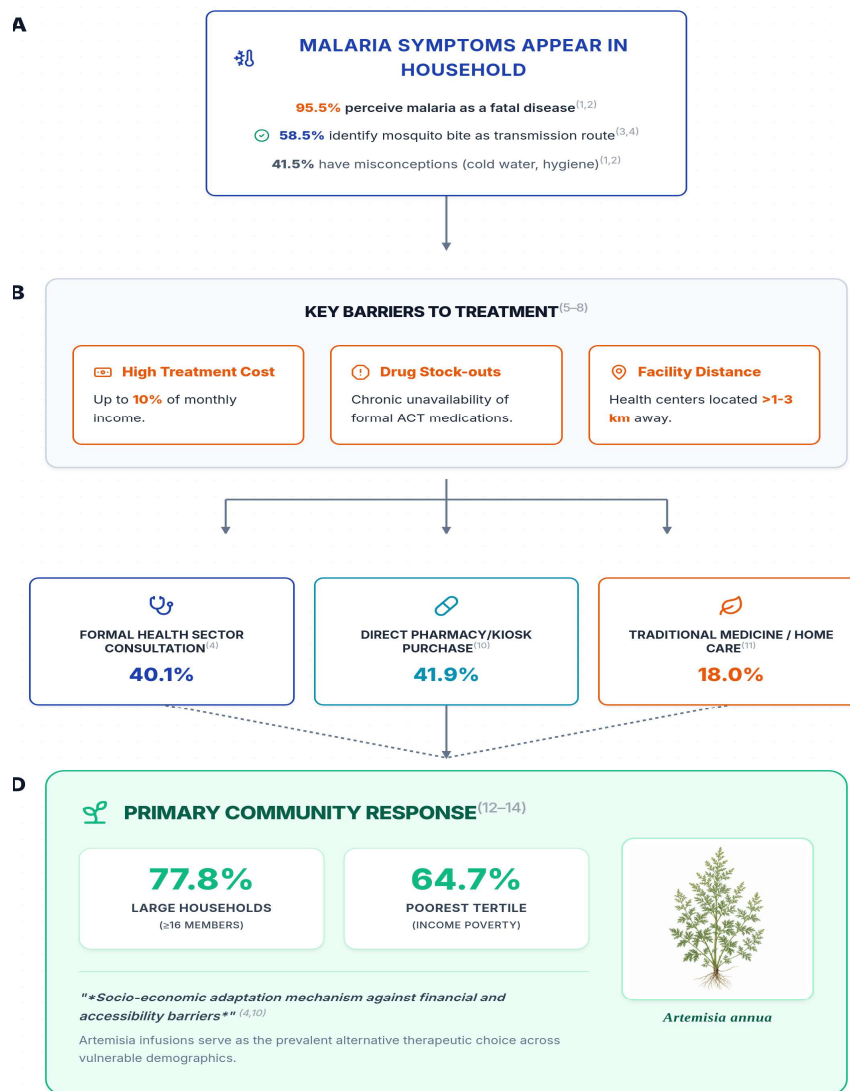
Table 4. Preventive practices and first recourse for fever (N = 621).

Practices and Recourse	Frequency (n)	Percentage (%)
Use of insecticide-treated nets	529	85.2
First recourse (fever)		
Direct purchase (Pharmacy/Kiosk)	260	41.9
Consultation at Health Center	249	40.1
Others (Traditional/Home care)	112	18.0

Legend: 41.9% of households bypassing formal clinical diagnosis in favor of over-the-counter solutions. This fragmentation reflects the economic logic of decentralized healthcare access in eastern DRC, where cost and geographic proximity often prioritize pharmacies over health centers.[6,8].

FLOWCHART OF THERAPEUTIC ITINERARIES IN RURAL CONTEXTS

Scientific representation of healthcare-seeking behavior for malaria, highlighting systemic barriers and community-based botanical solutions.



Methodological Note: Quantitative data (n=621) demonstrating the fragmentation of healthcare itineraries. The transition from Step A to Step C is mediated by systemic barriers (Step B). The final outcome (Step D) highlights the high prevalence of botanical medicine as a resilient community-based coping strategy in response to formal sector failures.

Figure 1. Conceptual framework of therapeutic itineraries and socio-economic determinants of malaria management in Kalima Health Zone, Maniema, DRC. This flowchart illustrates the sequential decision-making process from symptom onset to therapeutic choice, highlighting the structural barriers (medication costs up to 10% of monthly household income, chronic stock-outs, and geographic distance) that drive households toward alternative strategies. The diagram quantifies the fragmentation of first-recourse pathways (formal health center: 40.1%; direct pharmacy purchase: 41.9%; traditional/home care: 18.0%) and demonstrates the prevalence of *Artemisia annua* infusions as a socioeconomic adaptation mechanism, particularly among large households (≥16 members: 77.8%) and those in the lower wealth tertile (64.7%). Data derived from Tables 4, 7, and 11 of the present study.

4.5. Bivariate Analysis: Education and Artemisia Use

The bivariate analysis demonstrates that formal education serves as a significant regulator of therapeutic choices in the Kalima Health Zone.

Table 5. Relationship between education level and *Artemisia annua* use (N = 621).

Education Level	Uses Artemisia (n)	Does Not Use (n)	Total (N)	p-value
Formal education	59 (31.9%)	126 (68.1%)	185 (100%)	< 0.05
No formal education	262 (60.1%)	174 (39.9%)	436 (100%)	

Legend: 60.1% compared to those with schooling (31.9%). This supports the “social vaccine” theory, where education enhances the capacity to interpret public health messages and adhere to standardized treatment protocols [52,62].

4.6. Multivariate Determinants of Health Behavior

The multivariate logistic regression models isolated television ownership, information exposure, and perceived efficacy as the strongest independent predictors of health behavior.

Table 6. Multivariable logistic regression analysis of determinants influencing health behaviors in the Kalima Health Zone. (N = 621).

Predictive Variables	Adjusted OR	95% Confidence Interval	p-value
Information on malaria control			
No	1.000	-	-
Yes	5.435	[2.371–70.22]	< 0.001
Ownership of a television			
No	1.000	-	-
Yes	2.736	[1.168–6.406]	0.020
Perceived efficacy of Artemisia			
Low/None	1.000	-	-
High	8.920	[1.704–46.70]	0.010

Statistical Note: Adjusted Odds Ratios were calculated using a multivariate logistic regression model. The model was adjusted for age, gender, and education level. A *p*-value < 0.05 is considered statistically significant. [57,58].

Exposure to mass media, specifically television ownership, increases the odds of specific care-seeking pathways by nearly threefold (AOR = 2.736; *p* = 0.020). This underscores the critical, yet potentially disruptive, role of audiovisual platforms in regions where formal clinical communication is bypassed [30,63]. Notably, the **perceived efficacy** of *Artemisia annua* infusions emerged as the most dominant behavioral determinant (AOR = 8.920; 95% CI: 1.704–46.70). While community trust is often built on such subjective observations of recovery [50], this trend is scientifically concerning. From a public health perspective, this high perceived efficacy drives the systematic use of unstandardized plant material, creating a “sub-therapeutic window” that facilitates the selection of resistant *Plasmodium falciparum* strains [10]. Given the documented emergence of **pfk13** resistance mutations in the Great Lakes region [9,64], these findings highlight an urgent need to redirect media-driven health trust toward validated, dose-regulated ACT regimens [11,65].

4.7. Household Size and the Economic Logic of Artemisia Use

Economic pressure linked to household size serves as a decisive factor in the choice of malaria management strategies.

Table 7. Artemisia use according to household size (N = 621).

Household Size	Uses Artemisia (n)	Does Not Use (n)	Total (N)	p-value
1–10 persons	7 (24.1%)	22 (75.9%)	29 (100%)	0.161
≥ 16 persons	7 (77.8%)	2 (22.2%)	9 (100%)	< 0.05

Legend: 16. members), the reliance on Artemisia infusions reaches 77.8%. This represents a rational economic trade-off: as the number of dependents increases, the cumulative cost of standardized ACTs becomes a prohibitive burden, leading families to seek affordable, community-available alternatives [66,67].

4.8. Sources of Malaria Information

Data confirms a significant gap in clinical communication, with mass media dominating the informational landscape.

Table 8. Primary sources of information for household heads (N = 621).

Sources of Information	Frequency (n)	Percentage (%)
Television	209	33.7
Radio	171	27.5
Community Health Workers	114	18.4
Friends and Neighbors	81	13.0
Health Center staff	46	7.4

Legend: 7.4%) in community education compared to decentralized media (61.2%). This gap facilitates the spread of non-validated medical practices. [21,24].

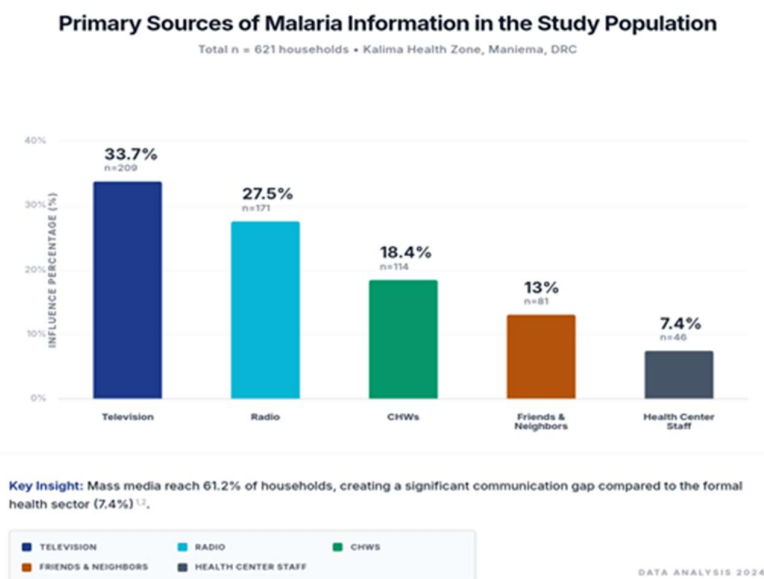


Figure 2. Primary sources of malaria information among 621 households in Kalima Health Zone, Maniema, DRC. Bars represent the percentage of households identifying each source as their primary channel for malaria-related

information. Mass media channels (television: 33.7%; radio: 27.5%) collectively reach 61.2% of the population, significantly outperforming formal health center staff (7.4%). These results illustrate a shift toward decentralized media-driven health communication in rural settings, reflecting broader trends in sub-Saharan Africa where media exposure significantly influences health-seeking behavior [32].

4.9. Impact of Media Exposure on Knowledge

The positive impact of media access on health literacy is quantified in **Table 9**, showing a strong correlation between exposure and etiological understanding.

Table 9. Association between media exposure and etiological knowledge (N = 621).

Exposure (TV/Radio)	Correct Etiology (n)	Incorrect Etiology (n)	Total (N)	p-value
Exposed	165 (78.9%)	44 (21.1%)	209 (100%)	<0.001
Not exposed	198 (48.1%)	214 (51.9%)	412 (100%)	

Legend: 78.9% rate of correct etiological knowledge, compared to only 48.1% for those without media access. This suggests that in the absence of consistent clinical education, audiovisual platforms serve as the primary channel for correcting deep-seated etiological myths in the Kalima Health Zone [30,32,63].

4.10. Safety Profile of Artemisia Infusions as Perceived by Users

The majority of users reported high tolerance, reflecting the community's subjective perception of the safety of these infusions.

Table 10. Reported side effects and tolerance among users (N = 321).

Tolerance Indicators	Frequency (n)	Percentage (%)
Absence of side effects	283	88.2
Presence of side effects	38	11.8

Legend: 321 households reporting use of Artemisia, 88.2% noted an absence of side effects. The reported cases of mild discomfort (11.8%, e.g., nausea) are consistent with perceived safety profiles documented in qualitative literature. However, these figures reflect subjective household reporting and do not substitute for standardized clinical toxicity assessments.

4.11. Economic Determinants: Wealth Index and First Recourse

Economic vulnerability and structural poverty emerge as the primary drivers of therapeutic choice, as illustrated by the relationship between wealth tertiles and the recourse to phytotherapy.

Table 11. Relationship between wealth index and first recourse (N = 414).

Wealth Tertile	Uses Artemisia n(%)	ACT / Clinic Recourse n (%)	Total N (100%)	p-value
Lower Tertile	134 (64.7%)	73 (35.3%)	207	< 0.001
Upper Tertile	68 (32.8%)	139 (67.2%)	207	

Legend: 0 indicates that economic vulnerability is a primary structural determinant for the recourse to non-standardized phytotherapy in the Kalima Health Zone. [6,8]. The reliance of 64.7% of the lower wealth tertile on Artemisia infusions poses a significant risk for the selection of *pfk13* mutations, such as those documented in the Great Lakes region [9,64].

SOCIO-ECONOMIC DETERMINANTS

Economic Vulnerability & Therapeutic Access

"Phytotherapy as an economic survival strategy in response to pharmaceutical financial barriers"^(1,2)



Figure 3. Socio-economic determinants of Artemisia annua adoption: impact of household size and wealth status. The upper panel (I) illustrates the inverse relationship between household size and per capita health budget, where extremely large households (e.g., 16 members) exhibit a 77.8% adoption rate in response to financial access constraints. The lower panel depicts the gradient of adoption across wealth tertiles, showing that households in the lower wealth tertile (Q1) have the highest reliance on phytotherapy (64.7%). These findings identify poverty as a structural driver of alternative medicine use [68].

5. Discussion

5.1. Discrepancy Between Threat Perception and Etiological Knowledge

A critical finding of this study is the significant disconnect between the perceived severity of malaria and the biological understanding of its transmission. As detailed in **Table 3**, there is a near-unanimous consensus (95.5%) on the deadly nature of malaria. However, this high level of concern

does not translate into precise etiological knowledge; **Table 2** indicates that only 58.5% of respondents correctly identify mosquito bites as the primary mode of transmission. This “perception-knowledge gap” is recurrent in sub-Saharan Africa, where the apprehension of the disease is often clouded by plural etiological conceptions, such as exposure to cold or consumption of non-potable water [69,70]. These divergences present a significant challenge for public health campaigns: where traditional beliefs persist alongside scientific explanations, individuals may prioritize less effective preventive behaviors despite widespread awareness of the disease’s lethality [3,61].

5.2. Therapeutic Itineraries and Fragmented Healthcare Seeking

The therapeutic pathways in Kalima are characterized by a fragmentation of treatment choices. As shown in **Table 4**, direct purchases from pharmacies (41.9%) rival consultations at formal health centers (40.1%). This tendency toward self-medication is a major challenge in the DRC, often dictated by the perception of rapid access to care rather than compliance with national protocols [21,23]. The healthcare structure in Kalima remains strongly influenced by the immediate availability of solutions, where accessibility often outweighs evidence-based therapeutic guidelines [71]. This complexity is further exacerbated by the integration of traditional practices, leading to diverse and sometimes conflicting itineraries where households may utilize various alternatives [72,73]. **Figure 1** illustrates how systemic barriers, including the prohibitive cost of ACTs and chronic stock-outs in public facilities, create a forced trade-off between evidence-based protocols and accessible community alternatives [14,74].

5.3. Socio-Economic Drivers and the “Funding-Impact Gap”

The reliance on *Artemisia annua* infusions in the Kalima Health Zone represents a rational economic resilience strategy in response to systemic healthcare failures. The bivariate analysis (**Table 5 and Table 7**) identifies a clear vulnerability profile: respondents without formal education and those from very large households (≥ 16 members, 77.8%) are the most inclined to use these infusions. Faced with the cumulative financial burden of repeated malaria episodes, large families often opt for local self-sufficiency to mitigate the costs of clinical care and pharmaceutical ACTs [66,67,75].

Furthermore, our findings reveal a significant disconnect between international financial mobilization and frontline health reality. Despite substantial investments from global initiatives, such as the World Bank programs [76], the structural vulnerabilities of the Maniema province create exclusionary market dynamics where subsidized medications remain largely inaccessible to the most vulnerable [6,35,77]. In this context, *Artemisia annua* is perceived not necessarily as a first-choice medical therapy, but as a pragmatic and affordable alternative within a strained formal system [17,78].

5.4. Methodological Rationale: Prioritizing Household-Level Indicators

The methodology of this study prioritizes household-level indicators over standard individual demographic variables. This shift is a deliberate strategic choice grounded in the socio-economic realities of the DRC, where health-seeking behaviors are predominantly collective household decisions rather than isolated individual choices [79]. In rural subsistence-based economies, household material assets and education levels provide more robust predictors of health resilience than individual age [80–82].

Our multivariate analysis (**Table 6**) validates this approach, showing that television ownership (AOR = 2.736) is a significant predictor of adequate health knowledge [83]. This aligns with broader findings in sub-Saharan Africa, where mass media exposure is a primary driver of health literacy and behavioral change [32,84]. By adhering to these reporting standards, the study ensures that findings reflect the actual drivers of health behavior in resource-constrained environments, in full compliance with **STROBE guidelines** [46,47].

5.5. International Policy, Resistance, and Clinical Implications

The community-level reliance on *Artemisia* infusions (**Table 5**) stands in stark contrast to international guidelines. The WHO currently discourages the use of non-standardized plant material due to concerns that sub-therapeutic artemisinin concentrations (often measured as low as 0.18%) could accelerate the spread of antimalarial resistance [29,43,85]. The proximity of Maniema to documented *pfkelch13* mutation hotspots in Rwanda and Uganda heightens these concerns [9].

Institutional opposition is grounded in the risk of monotherapy; unlike ACTs, simple infusions lack a long-acting partner drug, placing immense selection pressure on the parasite [41,42]. While 88.2% of users reported no adverse effects (**Table 10**), this perceived tolerance does not substitute for standardized toxicity assessments [11,84]. Furthermore, scientific discourse on the synergistic potential of the whole-plant extract [28,37,86] must be balanced against the risk of unsatisfactory cure rates—some as low as 28-34% in clinical trials—which fall far below the standard required for frontline therapies [26,42]. This underscores the urgency of a dialogue between local knowledge and global protocols to ensure that community practices do not compromise the efficacy of reference antimalarial molecules [85].

The high prevalence of *A. annua* use (77.8%) in Kalima can be analyzed through the **Health Belief Model**. Qualitative evidence suggests that “perceived barriers” to formal care—specifically cost and recurrent stockouts—override the “perceived risks” associated with using unstandardized plant material [11]. While 88.2% of users reported a perception of safety, this subjective confidence is scientifically concerning and problematic [11]. It reflects a reliance on decentralized, non-expert information channels (radio and television) that bypass international health norms and WHO-validated protocols [11,65].

This disconnect between community practice and evidence-based medicine underscores the urgent need to restore the integrity of formal care-seeking pathways and maintain drug efficacy, particularly in high-transmission zones [10,29].

5.6. Strengths and Limitations of the Study

The primary strength of this study is its robust sample size ($N = 621$), which provides the statistical power necessary to identify key KAP determinants in a remote health zone like Kalima [87,88]. The use of multivariate analysis allowed for the isolation of independent predictors, such as media exposure and household size, filling a critical literature gap regarding the acceptability of *Artemisia annua* in mining regions.

The main limitation is the cross-sectional nature of the study, which prevents the establishment of direct temporal causality between the identified determinants and behaviors. While the results provide a clear roadmap for immediate policy interventions, future longitudinal studies are needed to evaluate the long-term impact of integrating community phytotherapy into formal malaria control strategies.

Additionally, reliance on self-reported data may introduce recall bias, particularly concerning past malaria episodes or specific medication details, which could influence the accuracy of perceived efficacy and adherence data [89].

5.7. Emerging Artemisinin Resistance in the African Great Lakes Region

The scientific context of this study is marked by the significant emergence of partial artemisinin resistance in the neighboring East African region, specifically in Rwanda and Uganda, characterized by *pfkelch13* mutations [90]. This phenomenon poses an existential threat to current National Malaria Control Programs that rely almost exclusively on ACTs. Our finding that households in the lower wealth tertile (64.7%) and those with large families (77.8%) are shifting toward *Artemisia* infusions (**Tables 7 and 11**) must be interpreted in this context. While the WHO expresses concern that sub-therapeutic levels in tea might foster resistance [11], our results suggest that in isolated zones like Kalima, where ACT supply chains are often unstable, the community is independently seeking

“resistance-resilient” alternatives based on perceived clinical outcomes. The geospatial distribution of resistance markers (Figure 4) underscores the biological vulnerability of the Great Lakes region. Our findings on the high community adoption of *Artemisia* infusions must be interpreted within this context of selective parasitic pressure, where localized practices potentially interact with regional resistance dynamics [9]. The expansion of unmonitored *Artemisia* consumption in Maniema presents a significant threat to global malaria control. The emergence of artemisinin partial resistance mutations, specifically the **pfk13 R561H** allele, has already been documented in the neighboring Great Lakes region [9,64]. Our ongoing comparative genomic study at the Kalima Health Zone aims to determine whether the use of infusions fosters a similar selection pressure [29]. Preliminary data suggest that the consumption of plant material with variable artemisinin concentrations may create a ‘sub-therapeutic window’ ideal for the selection of resistant parasites [10,91]. Therefore, the current practice in Maniema must be viewed as a potential catalyst for therapeutic failure, requiring immediate alignment with international molecular surveillance standards [9,64].

BIOLOGICAL RISK & RESISTANCE DYNAMICS

Geospatial distribution of *pfkelch13* mutations across the African Great Lakes Region



"Zone of selective parasitic pressure due to non-standardized monotherapy" ^{12,14}

Highlighting the primary study zone (Maniema Province) within the context of regional artemisinin resistance hotspots.



PRIMARY STUDY ZONE

Maniema Province acts as the central focus for analyzing the correlation between socio-economic determinants and therapeutic choices in malaria management.



RESISTANCE INDICATORS

Documented *pfkelch13* mutation zones along cross-border regions indicate critical areas requiring immediate standardized intervention strategies.

VISUAL 4 / CARTOGRAPHIC ANALYSIS / N=621

Figure 4. Geospatial distribution of *pfkelch13* mutations and artemisinin resistance hotspots in the African Great Lakes Region. This map highlights the strategic location of the Maniema Province relative to documented

artemisinin resistance zones. The red indicators represent confirmed or candidate *pfkelch13* mutation sites (including R561H and A675V) across Rwanda, Uganda, and the eastern DRC border [64,92]. This regional context creates a “zone of selective parasitic pressure,” where the prevalence of non-standardized monotherapy—including the widespread use of *Artemisia annua* infusions documented in this study intersects with factors contributing to resistance.

5.8. Phytochemical Complexity: Synergy vs. Institutional Risk Assessments

The high level of perceived efficacy and safety reported by participants where 88.2% of users reported no adverse effects (**Table 10**)—highlights a profound tension between community perception and global health standardization.

5.8.1. The Synergy and Bioavailability Hypothesis

Proponents of whole-plant therapy hypothesize that *Artemisia annua* functions as a polyvalent delivery system [38,93]. The literature suggests that the plant contains a complex matrix of secondary metabolites, such as methoxylated flavonoids, which may act as synergistic scaffolds [94]. Some studies have reported that these interactions can increase the bioavailability of artemisinin in the bloodstream by up to 40-fold compared to pure artemisinin monotherapy [38]. This hypothesis is often used to explain why participants perceive clinical benefits even when artemisinin concentrations in traditional infusions are theoretically low [95].

5.8.2. Institutional Counter-Arguments: Monotherapy and Resistance Risks

Despite community perceptions of safety (**Table 10**), international health institutions, including the World Health Organization, maintain a firm stance against the use of *Artemisia* plant material for malaria treatment. The primary concern is that these infusions essentially function as an uncontrolled monotherapy [42].

- **Sub-therapeutic Dosing:** Laboratory analyses indicate that artemisinin concentrations in aqueous extracts can be as low as 0.18%, which is insufficient for complete parasite clearance [43]. This sub-therapeutic exposure is a known driver for the selection of resistant strains [10,28].
- **Clinical Efficacy:** Critics cite data showing 28-day cure rates as low as 28–34% for infusions, which falls far below the >95% threshold required for standardized antimalarial protocols [42].
- **Public Health Risk:** From an institutional perspective, the “perceived safety” reported by users is clinically misleading, as it does not account for asymptomatic carriage of resistant parasites or long-term recrudescence, both of which jeopardize regional elimination efforts [11].

5.8.3. Synthesis: Clinical Perception Versus Public Health Standardization

This study highlights a critical “epistemological gap” between community-level clinical perception and international public health caution. In Kalima, the adoption of *Artemisia* is driven by immediate perceived efficacy and an absence of acute side effects [11], aligning with synergy models observed in ethnopharmacological research [37]. However, institutional concerns regarding monotherapy and the acceleration of parasitic resistance remain significant barriers to the regulated integration of these practices [11]. Our findings suggest that until standardized dosing and combination protocols for whole-plant therapy are established, the tension between community self-sufficiency and global resistance surveillance will persist [11].

5.9. Impact of Decentralized Information Channels on Health-Seeking Behaviors

The prevalence of mass media highlights a transition toward **informational pluralism** within the Kalima Health Zone. As illustrated in **Table 8**, households are increasingly relying on horizontal information channels, suggesting a shift in the center of gravity for health communication from clinical institutions (7.4%) to audiovisual platforms (>60%).

This trend aligns with observations in other Sub-Saharan African contexts, where mass media exposure is strongly correlated with improved disease knowledge and the adoption of preventive behaviors [32]. Studies in Malawi and Uganda have demonstrated that regular exposure to health messages via radio and television significantly increases the likelihood of insecticide-treated net use and improves healthcare-seeking behavior [44,45]. In the specific context of the DRC (**Table 9**), the influence of media underscores the limitations of traditional top-down health communication strategies, which are frequently hindered by logistical constraints in conflict-affected settings [96,97].

The acceptance of alternative solutions such as *Artemisia annua* (**Table 11**), often driven by the inability of the formal healthcare system to reach the population, suggests that information is no longer the exclusive monopoly of formal health structures [11]. This phenomenon can be interpreted as a pragmatic response to systemic failures, notably recurrent stock-outs of ACTs and the prohibitive costs of conventional treatments [14,98]. However, this decentralization of knowledge demands greater technical accuracy. Persistent gaps in the understanding of transmission modes (**Table 2**) suggest that communication must be scientifically rigorous to bridge the “epistemological gap” between the population and health experts [20,21]. Effectively, mass media are no longer mere relays but pivotal actors in public health, requiring a horizontal communication strategy adapted to the socio-economic and logistical realities of rural populations [99,100].

5.10. Socio-Economic Coping Mechanisms and Local Alternatives

The results regarding household size and the wealth index (**Tables 7 and 11**) suggest that the use of *Artemisia annua* in Maniema functions as a socio-economic coping mechanism rather than a standardized medical strategy. **Figure 5** synthesizes how economic vulnerability and supply chain failures converge to shape community health-seeking behaviors in resource-constrained settings [67,101].

In a region where the economic burden of a single malaria episode can be devastating, the transition to locally available alternatives represents a pragmatic adaptation to financial precarity [67,102]. Our findings indicate that household choices in the Kalima Health Zone **do not represent a rejection of scientific medicine but rather a prioritization of accessibility** [78]. Households face a trade-off between the theoretical gold standard of pharmaceutical ACTs and the practical reality of an accessible and affordable alternative [103].

5.10.1. Systemic Barriers and Supply Chain Failures

This “etiological gap”—where households possess fundamental knowledge of malaria but bypass formal healthcare—is driven by systemic barriers, including high clinical costs and frequent stock-outs [104,105]. These logistical bottlenecks are exacerbated by the chronic insecurity characterizing the Eastern DRC [7]. Research in similar conflict-affected zones indicates that instability paralyzes the supply chain for subsidized ACTs, rendering the private market a “market of exclusion” for the most vulnerable families [12,106].

5.10.2. Pragmatic Responses to Infrastructure Collapse

In this environment, *Artemisia annua* serves as an informal alternative that allows the community to bypass the vulnerabilities of a fragmented healthcare infrastructure [11]. The recourse to local phytotherapy is a pragmatic adaptation to the ‘market of exclusion’ created by the high cost of pharmaceutical ACTs relative to household purchasing power [107,108]. However, it is important to note that this shift occurs entirely outside the purview of formal pharmacovigilance [11]. While these practices represent a rational response to lived realities, they highlight a critical need for policies that restore the accessibility and affordability of validated ACTs in high-burden settings [106].

Figure 5 represents conceptual model of socio-sanitary resilience and community-led health strategies in conflict-affected regions.



Figure 5. The Socio-Sanitary Resilience Model. *Legend:* This diagram illustrates the adaptive cycle of health-seeking behaviors in Maniema. (1) Regional instability and insecurity [7] triggers the collapse of formal health supply chains and frequent ACT stock-outs [14]. This structural failure, combined with the high economic burden, leads to the pragmatic adoption of local alternatives [8]. The process is sustained by high community acceptance (77.8%) and decentralized information networks [21], creating an emergent resilience pathway that bypasses the “market of exclusion” of formal healthcare [8,17].

6. Conclusion

This study demonstrates that the widespread use of *Artemisia annua* infusions in the Kalima Health Zone—reaching a prevalence of 77.8% among households—is a direct consequence of systemic failures in the formal healthcare sector. Our findings indicate that this reliance is not driven by clinical evidence but by the “funding-impact gap,” chronic supply chain disruptions, and the prohibitive cost of validated Artemisinin-based Combination Therapies in conflict-affected regions of Eastern DRC [6–8].

From a public health perspective, the high level of perceived safety reported by users (88.2%) is scientifically concerning. This subjective confidence masks the objective risks associated with the consumption of unstandardized plant material, specifically regarding sub-therapeutic dosing and the resulting selection pressure on *Plasmodium falciparum* [10]. Such practices are ethically and scientifically problematic as they bypass international treatment standards and WHO-validated

protocols, potentially accelerating the loss of artemisinin efficacy in a region already vulnerable to therapeutic failure [65].

The integration of preliminary genomic surveillance into this research highlights a critical turning point. The emergence of artemisinin partial resistance mutations, notably the **pfk13** R561H allele, already documented in the neighboring Great Lakes region, underscores the urgency of strict molecular monitoring in Maniema [9,64]. Any departure from standardized ACT regimens through the use of *A. annua* herbal tea must be viewed as a potential driver for the expansion of these resistance markers [29,91].

In conclusion, *Artemisia annua* infusions cannot be considered a pragmatic alternative to standard malaria care. Effective management of the malaria burden in the DRC requires a non-negotiable alignment with international norms. Public health efforts must prioritize the restoration of the ACT supply chain and the implementation of robust genomic surveillance systems to detect and mitigate the selection of resistant strains [11,29]. The “democratization” of unvalidated treatments via decentralized media channels must be countered by evidence-based communication that reinforces the necessity of clinically standardized and dose-regulated antimalarial therapy.

7. Recommendations

1. **Strict Adherence to WHO Protocols:** National and provincial health authorities must enforce the immediate suspension of *A. annua* promotion for malaria treatment. All clinical management must strictly follow WHO-validated ACT regimens to prevent the selection of resistant strains [10].
2. **Restoration of the ACT Supply Chain:** International partners and the DRC government must prioritize closing the “access gap” in Maniema by ensuring a continuous, subsidized supply of quality-assured ACTs [6,8].
3. **Implementation of Genomic Surveillance:** It is imperative to integrate Kalima into a national molecular monitoring network. Systematic sequencing of the *pfk13* gene is required to detect and contain resistance markers potentially selected by non-standardized therapies [9,91].
4. **Evidence-Based Health Communication:** Public health messaging must be strengthened to counter unverified claims from decentralized media. Education efforts should emphasize the lethal risks of sub-therapeutic dosing and the critical importance of diagnostic-led standardized treatment [11,65].

8. Perspectives and Future Research

The findings of the TAMAR1 study provide a baseline for understanding the socio-economic determinants of malaria management in Kalima. Future research will focus on two axes:

- **8.1. Molecular Monitoring and Resistance Dynamics:** Prospective investigations will prioritize the collection of *Plasmodium falciparum* isolates to monitor *pfkelch13* and *pfmdr1* mutations in Maniema. This genomic surveillance is essential to determine whether the whole-plant matrix provides protective synergy or if sub-therapeutic dosing contributes to the spread of resistant strains in the Great Lakes region.
- **8.2. Qualitative Analysis of Stakeholder Perceptions:** A qualitative investigation will be conducted to characterize risk-benefit perceptions among caregivers and healthcare professionals. This research aims to identify the structural and cultural factors influencing the integration of standardized traditional medicine, adhering to CheckKAP reporting standards for methodological transparency [48].

Supplementary Materials: The following supporting information can be downloaded at the website of this paper posted on Preprints.org. Supplementary Material S1: Survey Instrument. The complete questionnaire used for digital data collection via the KoboCollect platform. Supplementary Material S2: Methodology for Wealth Index Construction. Detailed description of the Principal Component Analysis and weighting variables used for socio-economic stratification. Supplementary Material S3: STROBE Checklist. Completed checklist of items for

cross-sectional studies according to the STROBE initiative. Supplementary Material S4: Ethical Documentation. Includes the official ethical approval certificate from ISTM-KINDU (Ref: 035/ISTM-KD/2025) and the template for the informed consent form. Supplementary Material S5: Detailed Impact of Media Exposure. Extended statistical tables and analysis regarding the influence of information channels on health behavior. Supplementary Material S6: Anonymized Raw Dataset. The Excel file containing the coded responses from the 621 surveyed households in the Kalima health zone.

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Institutional Review Board Statement: The study was conducted in accordance with the Declaration of Helsinki. Ethical clearance was obtained from the Research Ethics Committee of the Institut Supérieur de Techniques Médicales de Kindu (Ref: 035/ISTM-KD/C.E.R. I/PRESI/IRBE/2025).

Informed Consent Statement: All participants provided informed consent before the administration of the questionnaire. Participation was voluntary, and anonymity was strictly maintained during data processing and analysis to comply with international standards for research in resource-constrained and conflict-affected settings [7,8].

Data Availability Statement: The raw data supporting the conclusions of this article are not publicly available due to ethical and privacy considerations regarding the participants in the Kalima Health Zone. However, anonymized datasets used for the multivariate logistic regression and bivariate analyses are available from the corresponding author upon reasonable request.

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Conflicts of Interest: The authors declare no conflict of interest. The design of the study, the collection and analysis of data, the interpretation of results, and the decision to publish were conducted with complete scientific independence. This study does not promote the use of non-standardized therapies but provides a critical public health analysis of current community practices in the context of emerging antimalarial resistance.

Abbreviations

ACT	Artemisinin-based Combination Therapy
AOR	Adjusted Odds Ratio
ASC	Agent de Santé Communautaire
CHW	Community Health Worker
CI	Confidence Interval
DRC	Democratic Republic of the Congo
GDP	Gross Domestic Product
IRB	Institutional Review Board
ISTM-Kindu	Institut Supérieur des Techniques Médicales de Kindu
KAP	Knowledge, Attitudes, and Practices
NMCP	National Malaria Control Programme
PNLP	Programme National de Lutte contre le Paludisme
SPSS	Statistical Package for the Social Sciences
STROBE	Strengthening the Reporting of Observational Studies in Epidemiology
TAMAR	Traditional Artemisia Malaria Research
WHO	World Health Organization

ITN Insecticide-Treated Net

Appendix A

- **S1 Data. Anonymized raw dataset.**

This Excel file contains the coded responses from the 621 households surveyed in the Kalima Health Zone. It includes detailed socio-economic variables, asset-based wealth indicators, and reported malaria management practices, providing the raw evidence for the systemic “funding-impact gap” discussed in this study [7,8].

- **S1 Appendix. Survey Instrument.**

The structured questionnaire used for data collection via the **KoboCollect** platform. It includes specific modules on etiological knowledge, therapeutic recourse, and the patterns of *Artemisia annua* infusion usage, which were critical for calculating the reported Adjusted Odds Ratios.

- **S2 Appendix. Verification of Conformity Table.**

A mapping document demonstrating the strict correspondence between raw survey items and the statistical results presented in the manuscript’s tables. This ensures data integrity and transparency in the multivariate analysis of behavioral determinants.

- **S3 Appendix. Ethical Approval Certificate.**

Official authorization from the **Research Ethics Committee of the Institut Supérieur de Techniques Médicales de Kindu (Ref: 035/ISTM-KD/C.E.R. I/PRESI/IRBE/2025)**.

- **S3 Appendix (a):** Original French document.
- **S3 Appendix (b):** Certified English translation.

- **S1 Checklist. STROBE Statement Checklist.**

The completed checklist for cross-sectional studies, ensuring that all 22 required items have been addressed to maintain high reporting quality and transparency in accordance with the STROBE initiative [47].

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