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Article

# Pointing on the Other Side: Do Dogs follow Contralateral Points?

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Simple Summary: Studies exploring whether dogs can understand human communication have become very popular, particularly studies of point following. We found that different kinds of points (same-side vs different side), the distance between the point and the referent, and the position (standing or seated) of the pointer all affect dogs' success rates. Specifically, while most dogs can follow same-side points, less than half can follow points that cross the body. These findings all together suggest that dogs can learn same-side points by simple associative mechanisms, but that cross-body points can only be followed by dogs that understand the communicative intent behind the point.

**Abstract:** The study of dog point following has been increasingly popular, at least partially due to the initial claims that dogs outperform apes and the suggestion that our domestication process caused dogs to have a biological capacity to communicate with humans. We take the view that dog pointing is more complicated than was initially reported, and in this study, we explore several potential variables that may make a difference. Our variables include point type (ipsilateral (same-side) vs contralateral (cross-body) points), position (standing vs seated), and distance (proximal vs distal). We find that most dogs follow ipsilateral points while less than half of the dogs in our sample follow contralateral points, and that position and distance also affect dogs' success. We suggest that dogs acquire ipsilateral points via associative mechanisms, but that contralateral points require the dogs to understand the humans' communicative intent.

Keywords: dogs; point following; communication; associative mechanisms; canine; social learning

#### 1. Pointing to the Other Side?

One of the most prized traits of the domestic dog (*Canis lupus familiarus*) is their ability to cooperate and interact across the species boundary with humans [1]. For many years, dogs have been integrated into human society, assisting with physical tasks such as guarding the home, hunting for food, and herding sheep and cows, but also acting as companions. Through selective breeding, dogs have been purposefully developed to be comfortable working in diverse conditions and also to respond to human communication, whether whistled, spoken, or gestured [1]. Because of this history, the initial reports that dogs could spontaneously follow human pointing gestures better than apes [2,3] seemed to make sense. However, as an increasing number of dog pointing studies are published, the picture of exactly how and when dogs are successful at pointing tasks is becoming progressively less clear [4,5,6]. Two kinds of variables that have been shown to change point comprehension, pointer position and point type, are explored here.

#### 1.1. Points, Dogs, and Humans

Pointing cues are one class of fundamental human communicative gestures that draw attention to a specific object or subject - called deictic gestures [7]. People use various cues to guide or redirect

an individual's attention and indicate an item of interest. Such cues can include a vocal cue (e.g., "Look!"), gazing (i.e., moving their eyes to look at the object, sometimes accompanied by a head turn), or a physical gesture (e.g., traditional human points involving the arm and index finger, lip points, or even head jerks). Physical gestures, such as conventional pointing, can vary in many ways. For example, points can be from the hand on the same side as the object (ipsilateral) or from the opposite hand (contralateral); points can also be close to the object in question (proximal) or further away (distal). Points are so fundamental to human communication that children as early as 12 months can follow the gaze of their mother, and by 15 months, they can follow an ipsilateral distal point when accompanied by a gazing cue [8,9]. Early comprehension of points clearly develops from the social environment and stimulation received by a human child [8,10] however, the ability to learn a task so easily and early - as well as the ubiquity of pointing comprehension across the human species - indicates a biological capacity arising from human evolution [11,12].

Numerous studies have systematically tested dogs' ability to follow human pointing gestures [8,6,13]. Studies commonly involve a gestural cue or signal, which is directed toward an object hiding a food reward [6,13]. Some researchers have argued that dogs' success at these tasks indicates that humans have bred into dogs a capacity to spontaneously read human communicative signals like points [14,12,15,16]. However, if this were true, dog pointing literature would demonstrate a clear trend of success amongst canine subjects in following pointing cues, which is not the case [17,18,5,6].

#### 1.2. Alternate Explanations

One argument for the biological nature of point following in dogs came from a study comparing hand reared wolf puppies to hand reared dog puppies in which the dog puppies performed significantly better than the wolf puppies, who performed at chance level [15]. Yet this same study reported that socialized wolf puppies performed significantly better at eight months of age than they had at four months, demonstrating that social learning of points was occurring even for non-domesticated canines [15]. Similarly, previous dog pointing experiments have demonstrated that as trials progressed the average success rate for the dogs increased [19]. Socialized wolves similarly show an increase in success rates as trials progress [15,20,21]. Findings such as these suggest that a dog's ability to follow human pointing gestures (often with the reception of food) increases over time through learning, either socially or through associative mechanisms.

In addition to learning over trials, we might predict that with age comes greater opportunity to become familiar with human gestural cues. In general, older dogs seem to outperform younger dogs, but in stray dogs, the opposite is true. Bhattacharjee [22] reported that stray puppies successfully followed human pointing cues above chance levels, but older stray dogs failed the same test, indicating a potential decline in this behavior as dogs mature without consistent human contact. All these data may indicate that consistent human contact is the main predictor of point following behavior in dogs, but much further research is needed.

## 1.3. Point Types and Positions

There is also an ongoing debate about the types of pointing gestures dogs can reliably follow. While some studies, such as those by Wobber [16] and Riedel [19], demonstrate that dogs can successfully track a proximal contralateral point, especially when accompanied by a gaze cue, others, including [23,8,24], suggest that dogs only reliably follow distal contralateral points when the experimenter remains standing. These findings were echoed in the recent ManyDogs study where a large sample of dogs from various locations failed to follow seated (kneeling) contralateral points [25]. However, all of these results were dependent upon varying methodological practices. For example, Elgier et al., [23] found that only the dogs that had been previously exposed to ipsilateral proximal pointing were able to follow contralateral distal pointing from the outset of testing. And Lakatos et al., [8] reported that crossbody points accompanied by a full arm extension yielded results above chance, while crossbody points involving a bent elbow resulted in performance below chance.

Soproni et al. [26] varied the form of the pointing gesture in order to determine the critical visual features of this signal. The results of this study suggested that dogs are sensitive to the relation

between the hand/arm and the torso; that is, they infer the directionality of the gesture by observing the direction in which the arm/hand (or part of) protrudes from the upper body. Similarly, Lakatos et al. [8] found that cross–forward pointing was difficult for dogs. Here, the cross–forward pointing meant that while the arm was fully extended and directed toward the opposing side of the body, no part of the arm (including elbow) protruded beyond the body of the experimenter. Research has suggested that the longer the extension is, the further the receiver's attention is drawn in the cued direction [27]. Clearly, position and point type have substantial effects on point following behavior in dogs, and we hope to clarify some of those effects.

#### 2. Materials and Methods

#### 2.1. Participants

Fourteen dogs at the Humane Society of South Mississippi (HSSM) in Gulfport and eighteen pet dogs recruited from the general population and tested at the University of South Alabama (SouthAl) in Mobile, AL., served as participants. The HSSM group was chosen from the general population of the shelter and both samples included a variety of ages, breeds, and backgrounds (see supplemental materials for details).

#### 2.2. Materials

In both locations, dogs were tested with large red solo cups as the main materials. Two cups were stacked and taped together, with 3-5 training treats sandwiched between and holes punched in the top cup to control for olfactory cues. Treats were sourced from reputable pet supply companies and were approved by the owners.

#### 2.3. Procedures

#### 2.3.1. Acclimation and Training

In both locations, dogs were tested in a minimum room size of 10′ X 10′ and the procedures were approved by the respective IACUC. Three researchers would lead the dog into the testing room and allow them time to acclimate to the new surroundings, feeding them occasional treats until any signs of anxiety faded. Five training trials were then run, consisting of one researcher R1 holding the dogs′ leash at one side of the room, another researcher R2 placing a cup on the floor with a treat underneath, and R3 actively recording experimental progress. The dog was then released to approach the cup. As soon as the dog touched the cup in any way, the cup was flipped over by R2 and a treat was given to the dog. Notes and quantitative data were then placed into a secured spreadsheet by R3. If the dog failed to approach the cup or high levels of anxiety were noted, testing was discontinued.

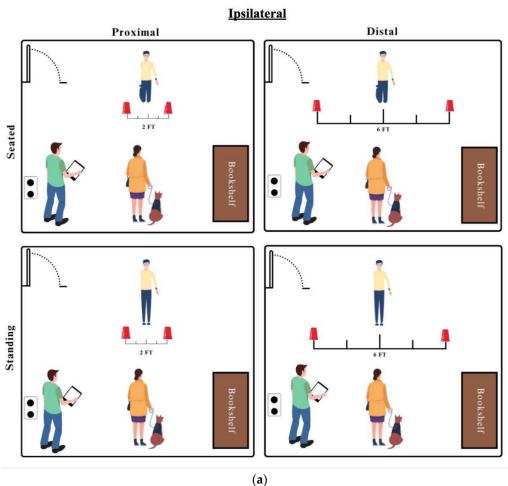
#### 2.3.2. Testing

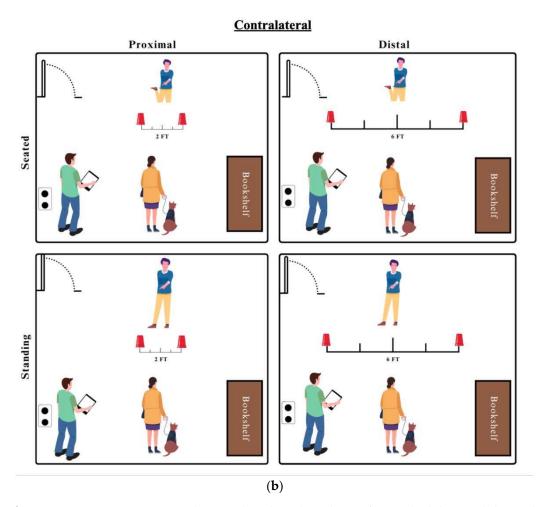
Test trials involved R2 placing two cups on the floor and pretending to hide treats in both cups, while hiding a treat in only one. The researcher would then point to the correct cup with the ipsilateral (same side) or contralateral (opposite side) hand with the variations described below. (see Fig 1)

#### Variations

At HSSM, 12 dogs were tested on both ipsilateral and contralateral points. The dogs were initially tested on a variety of ostensive cues, such as no eye contact. R2 could vary her eye gaze between the dog and the cup, the cup and her own gesture, the gesture and the cup or between all three. It was quickly determined that the dogs were not following the points well, even with all of the ostensive cues in place, so the final two dogs were tested only on contralateral points, without the gaze variations. No difference in the results were noted between those two procedures. A total of 10 trials of ipsilateral points (for the first 12 dogs) and 20 trials of contralateral points (for all 14 dogs) were collected with R2 alternating gaze between the dog, gesture, and correct cup.

At South Alabama, trials were designed to test the effects of distance and researcher position. Therefore dogs were tested with R2 standing or seated and with the cups separated by the 6 ft distance used at HSSM (distal) or by 2 feet (proximal), for a 2X2 distance by position design. The order of conditions presented were counterbalanced (some seated first, some standing first) with distance counterbalanced trial by trial, for a total of 10 trials in each of the 4 condition combinations (seated/proximal, seated/distal, standing/proximal, standing/distal) (see Fig 1). No ostensive cues were predetermined; R2 was instructed to look toward the dog as seemed natural, without specific gaze alteration instructions. Nine dogs completed all 40 trials with ipsilateral points and eight completed the 40 trials with contralateral points - two dogs completed both point types (Clover and D-O).





**Figure 1.** a. Images representing the 4 total ipsilateral conditions for SouthAl dogs and the study setup. b. Images representing the 4 total contralateral conditions for SouthAl dogs and the study setup.

### 3. Results

#### 3.1. Ipsilateral vs Contralateral Points

Both samples of dogs were able to follow ipsilateral points significantly better than chance levels (SouthAl t(8) = 3.64, p<.01, HSSM t(11) = 8.86, p<.001). The dogs at HSSM were also above chance levels on contralateral points however, the dogs at SouthAl were below chance on contralateral points across the position conditions (SouthAl t(8) = 0.41, p=0.69, HSSM (t(13) = 8.89, p<.001), possibly due to their low performance on seated contralateral points (HSSM only had standing contralateral points). Both samples of dogs, however, performed better on ipsilateral than contralateral points (SouthAl t(15) = 2.39, p=.03, HSSM t(24) = 3.34, p<.01, see Fig. 2).

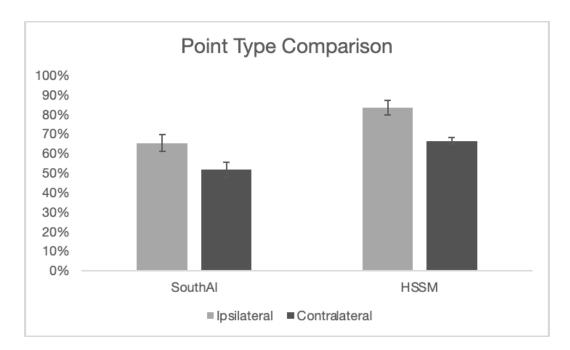
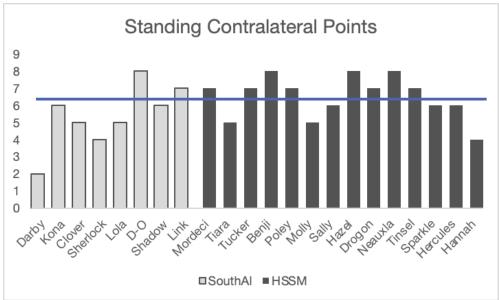


Figure 2. Percentage correct for ipsilateral and contralateral point types for the two groups.

#### 3.2. Group Comparison

To compare the two groups, we tested the first 10 trials of the HSSM contralateral points (only standing and distal) against the 10 trials of the SouthAl contralateral standing distal points. The dogs tested at SouthAl (M = 6.45, N = 11) and HSSM (M = 6.5, N = 14) did not perform significantly different from each other in this comparison (t(23) = -.08, p > .05) with both groups above chance on their performance (SouthAl (t(10)=3.2, p < .01), HSSM (t(13)=4.58, p < .001), but further exploration shows that this success is driven by only 45% of the dogs (10/22 were above chance (see Figure 3)).



**Figure 3.** Correct trials out of 10 on standing contralateral points by dogs from both SouthAl and HSSM. Line represents chance level as measured by binomial test (7/10).

This is in contrast to the dogs' performance on the Ipsilateral version of this task where 11 out of 12 dogs scored above chance at HSSM and 6 out of 9 scored above chance at SouthAl (81% scored > 7/10, binomial test).

Looking across conditions, if tested as a group, the dogs did not show significant improvement from their first 10 trials to their last 10 trials (t(24)=-0.17, p=.433). However, if we limit the sample to dogs that failed to perform above chance in the first 10 trials, significant improvement was seen (t(10)=2.59, p<.05) and 8 out of 11 dogs scored higher in their last 10 trials than in their first 10 trials (Fig. 4).

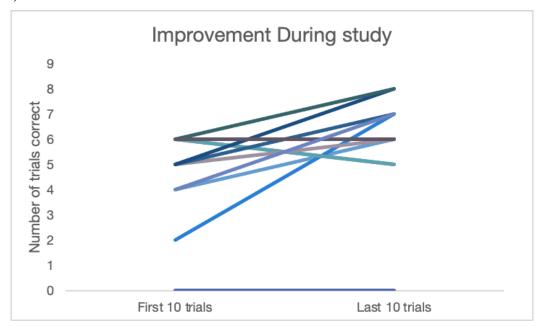


Figure 4. Improvement over study for dogs that were below chance on their first 10 trials.

#### 3.3. Position and Point Types

The South Alabama dogs were tested on the two different point types in 4 different conditions seated vs standing and proximal vs distal distances (both point to occluder and between occluder distance). Dogs performed differently across these conditions (see Fig. 5), however the only significant differences were a stronger performance in ipsilateral vs contralateral points (F(1, 672)=13.47, p<.001) and a three-way interaction between the two position differences and the point type (F(1, 672)= 5.53, p<.05). As can be seen in figure 5, the only individual conditions in which the dogs were above chance were with ipsilateral points: seated/proximal and standing/distal. This contrasted with their poorer performance on the contralateral seated/proximal condition, resulting in the only two post-hoc significant differences (Tukey's <.01 ipsilateral seated/proximal and ipsilateral standing/distal vs contralateral seated/proximal).

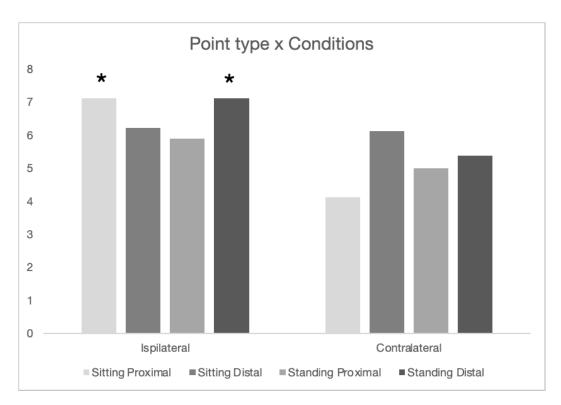


Figure 5. Number of correct trials out of 10 for the SouthAl in the eight conditions.

#### 4. Discussion

Our data show that while dogs, as a group, seem to successfully follow point gestures, the pattern is often more complicated on closer inspection. While the dogs were above chance when their data were combined, 81% of the dogs could follow an ipsilateral point, but only 45% could follow a contralateral point. These data suggest that some dogs can certainly follow points, but others cannot and for others still, it is dependent on the type of point. These findings are of particular interest because although overall group data is very useful when discussing species norms, it is less useful when arguing for biological differences. If all dogs followed all points, the argument for a biological capacity for point following in dogs looks very different than if only some dogs follow some points. In fact, this pattern of point following is very reminiscent of the patterns seen in apes (see below), suggesting much more evolutionary continuity than had been claimed in the past [28-30].

Some researchers have suggested that shelter dogs are not representative of the broader dog population on cognitive or communicative tasks [6,20,31,32]. However, our data do not suggest population differences between the pet dogs and the shelter dogs in this task as the groups did not perform significantly differently from each other on the conditions that overlapped. This similarity casts doubt on the hypothesis that human interaction is key for learning to follow points [33-37]. Shelter dogs' level of human interaction is characterized by brief occurrences, such as food provision, cage cleaning activities, or when given yard access. Pet dogs experience more intimate interactions and are often near humans, creating contrasting socialization contexts. As both groups performed equally well, one could argue that human interaction is not essential, although shelter dogs have also been shown to learn point following behaviors quickly [32]. Both groups of dogs in this study also showed evidence of quick learning (8/11 dogs that failed their first 10 trials improved their performance in their last 10 trials), supporting, instead, the idea that dogs' abilities to follow some points do require minimal human interaction. It is important to note that many of the pet dogs were tested within weeks of COVID-19 restrictions being lifted, which is to say it is likely it was the first time in at least 6 months that they were in a novel environment. Therefore, the pet dogs may have had higher levels of anxiety than would be the norm, potentially negatively influencing their performance. However, shelter dogs are living in an extremely high-stress environment, and so likely these data do not reflect peak performance by either group.

The dogs performed best on ipsilateral-seated-proximal points and ipsilateral-standing-distal points. These point types could be characterized as those in which it is most apparent that the pointing finger is closer to one cup than the other. In contrast, the dogs did worst on contralateral-proximal points (both seated and standing), in which the point is arguably the least visibly prominent on one side or the other. Interestingly, these types of proximal points (where the finger is not close to the correct occluder) are the point types most difficult for apes to discern as well [28-30].

Notably, the dogs' differing abilities across point types contradict many researchers' assertion that dogs successfully follow points because they have a biological instinct to attend to human communication [12,11]. They also cast doubt upon claims of other researchers that dogs are demonstrating an understanding of the point gesture as a communicative act [38,39], which would suggest that dogs are demonstrating an awareness of human mental states and the human desire to share knowledge. The different point types are equally communicative, so the biological predisposition or understanding of communicative acts should result in similar responses to all point types. So, where does that leave us, hypothesis-wise?

#### 5. Conclusions

We suggest that different mechanisms support learning of different kinds of point-following at least in dogs. Ipsilateral points are the easiest to learn and require only minimal interaction with humans. This suggests to us that ipsilateral points are learned through associative mechanisms. Simple association of "body part closest to cup" means "treat in that cup" could be learned in few trials with no need for a communicative hypotheses, particularly since adjacency and distance have been shown to be important variables for dogs' search behavior [40,41]. Human interaction effects could be explained by social facilitation - an increase in executing a particular behavior in the presence of other social group members. Studies have demonstrated social facilitation effects in dogs - showing that dogs tend to synchronize their behaviors with their owner, and also favor strangers that synchronize with them [42,43]. Dogs have been shown to utilize social facilitation effectively in learning tasks [44]. Therefore, the nearness of a human, or the body part of a human, to one side or the other could result in quick associative learning.

In the case of contralateral points, however, we argue that dogs may require a deeper understanding of communicative intent. Because contralateral points are confusing in many aspects (e.g., the point does not necessarily end in a position closest to the referent, the motion crosses over the body, potentially passing through the referential space, indicating the incorrect occluder), the dogs are presented with a more difficult task. It also seems most likely that dogs that follow contralateral points have the most flexible understanding of the point gesture, potentially even comprehension of the communicative nature of the gesture. In our study, that group would be limited to only 45% of our sample, leaving many questions unanswered. How did those dogs learn the communicative nature of points? Is there a biological difference between the dogs that learn and those that do not? Is that difference similar to the differences in dogs that can learn spoken words or use button communication devices meaningfully [45,46]. The future of dog communication research is rich with possibilities.

This section may be divided by subheadings. It should provide a concise and precise description of the experimental results, their interpretation, as well as the experimental conclusions that can be drawn.

**Supplementary Materials:** The following supporting information can be downloaded at www.mdpi.com/xxx/s1, data sheet.

**Author Contributions:** Conceptualization, H. L..; methodology, H. L..; data collection, H.L., K.W., J.V., C.B. and S.B..; data analysis, H.L., K.W., J.V.; writing—original draft preparation, H.L., K.W., J.V., C.B., and S.B.; writing—review and editing, H.L., K.W., J.V., C.B., and S.B. All authors have read and agreed to the published version of the manuscript.

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10

**Informed Consent Statement:** All owners signed an informed consent agreement to participate and presented vaccination documentation. Dogs voluntarily consented to test procedures by participation - any refusal to participate was respected.

**Data Availability Statement:** Data is available in the Supplementary Materials.

**Conflicts of Interest:** The authors declare no conflicts of interest.

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